



AAMJIWNAANG FIRST NATION'S

# Chippewa Tribe-UNE

AAMJIWNAANG CHILD &amp; FAMILY WELL-BEING IN PARTNERSHIP WITH RIGHT TO PLAY PRESENTS



## THE HAUNTED TRAIL

### IT'S BACK!

**October 29 & 30 2026****Thursday Oct 29th**

- Trail only: 6:30PM to 8:30PM

**Friday Oct 30th**

- Dinner hotdogs chips & drink: 5:00PM
- Costume contest: 6:00PM
- Trunk or Treat (Hosted by Community Services): 5:00-7:00
- Candy toss: 6:45
- Trunk or Treat Contest: 1<sup>st</sup> - \$100 2<sup>nd</sup> - \$75 3<sup>rd</sup> - \$50
- Haunted trail starts 7:00PM to 10:00PM

**Open to the Community!**

Haunted trail is located behind the ball diamond at the walking path.  
If you would like to volunteer on the scare team please reach out to

Ashley Williams

[ashleywilliams@aamjiwnaang.ca](mailto:ashleywilliams@aamjiwnaang.ca)

For more information, contact Matt or Carrie

[misaac@aamjiwnaang.ca](mailto:misaac@aamjiwnaang.ca)[carrie.plain@aamjiwnaang.ca](mailto:carrie.plain@aamjiwnaang.ca)

# Mino Dbishkaayin-Happy Birthday

|                      |         |                                  |         |
|----------------------|---------|----------------------------------|---------|
| Brian Adams          | Oct. 9  | Barry Baker                      | Oct. 17 |
| Neesha Antone        | Oct. 9  | Wenonah Cottrelle                | Oct. 17 |
| Tabatha DeWit        | Oct. 9  | Jessica Preston                  | Oct. 17 |
| Dallas Plain         | Oct. 9  | Shelley Prong                    | Oct. 17 |
| Danielle Rogers      | Oct. 9  | Derrick Oliver                   | Oct. 17 |
| Steven Grant         | Oct. 10 | Stephanie Rogers                 | Oct. 17 |
| Bridan Hardcastle    | Oct. 10 | Christie Smith                   | Oct. 17 |
| Nadine Elie          | Oct. 10 | Damian Smith                     | Oct. 17 |
| Thomas Slade         | Oct. 10 | Heather Stager                   | Oct. 17 |
| Cheyenna Williams    | Oct. 10 | Kree White                       | Oct. 17 |
| Susan Abril          | Oct. 11 | Daniel Jason Williams            | Oct. 17 |
| Seth Fontaine        | Oct. 11 | Myrna Williams                   | Oct. 17 |
| Philip Joseph        | Oct. 11 | William Smith                    | Oct. 18 |
| Alyssa Johnson       | Oct. 11 | Daniel Brown                     | Oct. 18 |
| Allen Maness         | Oct. 11 | Autumn Chalcraft                 | Oct. 18 |
| Jay White            | Oct. 11 | Corey Hanna                      | Oct. 18 |
| Abigail Bois         | Oct. 12 | Erik Kirkby                      | Oct. 18 |
| Meka Soutter         | Oct. 12 | Neil Riley                       | Oct. 18 |
| Denise Buchanan      | Oct. 13 | Tawnya Sandy                     | Oct. 18 |
| Christin Dennis      | Oct. 13 | Lana Forestell                   | Oct. 19 |
| Ericca Plain         | Oct. 13 | William Robert George Jr.        | Oct. 19 |
| Dean Reid            | Oct. 13 | Evelynn Joseph                   | Oct. 19 |
| Constance Robinson   | Oct. 13 | Silas Joseph                     | Oct. 19 |
| Stephanie Lock       | Oct. 14 | Shawn Lamb                       | Oct. 19 |
| Isaiah Joseph        | Oct. 14 | Tracey Parker                    | Oct. 19 |
| Mary Ann Joseph      | Oct. 14 | Christina Large                  | Oct. 20 |
| Amber White          | Oct. 14 | Justin Lediet                    | Oct. 20 |
| Olivia Cloud         | Oct. 15 | Denise Wright                    | Oct. 20 |
| Desirre Knowles      | Oct. 15 | Siddra Yellowman                 | Oct. 20 |
| Mary DeGurse         | Oct. 15 | Gregory Maness                   | Oct. 21 |
| Nicholas Elijah      | Oct. 15 | Keegan Nahmabin                  | Oct. 21 |
| Ethan Fisher         | Oct. 15 | Jeffery Edward Plain             | Oct. 21 |
| Madison Joseph       | Oct. 15 | Adelynn Rose Plain-Van Den Assem | Oct. 21 |
| Tyson Morales-Rogers | Oct. 15 | Alexander Rogers                 | Oct. 21 |
| Tammy Plain          | Oct. 15 | Cara Adams                       | Oct. 22 |
| Diane Rogers         | Oct. 15 | Quentin Angelo                   | Oct. 22 |
| James Sandy          | Oct. 15 | Richard Kelly Bressette II       | Oct. 22 |
| Joshua Sandy         | Oct. 15 | Nash Broines Jr.                 | Oct. 22 |
| Jessica Smith        | Oct. 15 | Shawn Little II                  | Oct. 22 |
| Roy Adams            | Oct. 16 | Robin Maness                     | Oct. 22 |
| Karen Gold           | Oct. 16 | Chasity Martens                  | Oct. 22 |
| Brianne Lediet       | Oct. 16 | Noble Patrick Nahmabin           | Oct. 22 |
| Vicki Maydwell       | Oct. 16 | Avery Robertson                  | Oct. 22 |
| Christian Rogers     | Oct. 16 | Joseph Leroy Rogers              | Oct. 22 |
| Ryan Rogers          | Oct. 16 | Raymond White                    | Oct. 22 |
| Jennifer Whiteye     | Oct. 16 | Michael Paul Williams            | Oct. 22 |
| Ivy Snake            | Oct. 16 |                                  |         |

# Aamjiwnaang's Halloween

## TRUNK or TREAT

### **Correction Notice!!!!**

**Trunk or Treat will not be on Halloween night this year. We will be working with Child and Family Well-Being on their Halloween Event on October 30. The Trunk or Treat will be on October 30 at the Haunted Trail area.**

### **Contest for Best Decorated Trunk**

**1<sup>st</sup> ~ \$100, 2<sup>nd</sup> ~ \$75, and 3<sup>rd</sup> ~ \$50**

**Come out early to set up your decorations!**



# AAMJIWNAANG FIRST NATION Band Council

978 TASHMOO AVENUE  
SARNIA, ONTARIO  
N7T 7H5  
Phone: 519-336-8410  
Fax: 519-336-0382

## Notice

The Aamjiwnaang Leadership Council is seeking letters/forms of interest from Aamjiwnaang Bendaazijig (members) to serve on the Standing Committees for the 2026-2029 term. Please submit your letter/form of interest to:

Standing Committees of Council 2026-2029  
c/o James Wrightman, Governance Officer  
978 Tashmoo Ave.  
Sarnia, Ontario, N7T 7H5 or  
Fax: 519-336- 0382 or  
Email: [jwrightman@aamjiwnaang.ca](mailto:jwrightman@aamjiwnaang.ca)

Please clearly state your first (1<sup>st</sup>), second (2<sup>nd</sup>), and third (3<sup>rd</sup>) choice in your letter. The deadline for submissions, October 26<sup>th</sup>, 2026, at 4:00 P.M.

If you have any questions about the Standing Committees of Aamjiwnaang don't hesitate to get in touch with James Wrightman at 519-336-8410 Ext; 219 or email at [jwrightman@aamjiwnaang.ca](mailto:jwrightman@aamjiwnaang.ca)

Standing Committees of Council are:

- Accessibility Committee (2 Councillors & 3 Band Members)
- Community Services (2 Councillors & 3 Band Members)
- Economic Development (2 Councillors & 3 Band Members)
- Education (2 Councillors & 3 Band Members)
- Employment Works (2 Councillors & 3 Band Members)
- Environment (2 Councillors & 3 Band Members)
- Health (2 Councillors & 3 Band Members)
- Housing (2 Councillors & 3 Band Members)
- Governance (2 Councillors & 3 Band Members)
- Community Safety (2 Councillors & 3 Band Members)

# Aamjiwnaang First Nation

## Standing Committee – Letter of Interest

**Deadline: October 26<sup>th</sup>, 2026**

**Submit To:**

James Wrightman, Governance Officer  
 978 Tashmoo Avenue, Sarnia, ON N7T 7H5  
 Fax: 519-336-0382  
 Email: [jwrightman@aamjiwnaang.ca](mailto:jwrightman@aamjiwnaang.ca)

Full Name: \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Phone Number: \_\_\_\_\_  
 Email Address: \_\_\_\_\_

Standing Committees (please mark your 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> choices)

|                      |  |                  |  |
|----------------------|--|------------------|--|
| Community Services   |  | Health           |  |
| Economic Development |  | Housing          |  |
| Education            |  | Governance       |  |
| Employment Works     |  | Community Safety |  |
| Environment          |  | Accessibility    |  |

**Reason for Seeking a Position**

*(Briefly explain why you wish to serve on a Standing Committee.)*

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**Background and Experience – NOT REQUIRED TO SERVE ON A COMMITTEE**

*(Include work experience, education, volunteer service, personal achievements, interests, or hobbies.)*

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**Additional Notes or Career Goals** *(Optional)*

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Signature\_\_\_\_\_

Print Name\_\_\_\_\_

Date\_\_\_\_\_

## NOTICE TO AAMJIWNAANG BAND MEMBERS RE: DISTRIBUTION

FRIDAY, DECEMBER 4, 2026  
8:45 – 12:00 PM to 1:00 – 4:45 PM

\$1,100.00 CDN/band member at  
Maawn Doosh Gumig Community Centre, 1972 Virgil Ave  
Deadline for changes: Friday, November 13

### Eligible Members please note:

- To update or verify mailing addresses or direct deposit information, please contact the Finance department at (519) 336-8410 or email [finance@aamjiwnaang.ca](mailto:finance@aamjiwnaang.ca).
- Calculation for distribution is based on a percentage of last year's own source revenue

### Arrears

- Be advised we will be enforcing the Finance Policy for anyone having an account with Aamjiwnaang that is not in good standing (ex. Housing, Post secondary, etc). We will be applying the distribution cheque to the outstanding account.
- **Accounts must be in good standing as of October 31, 2026 to receive distribution.**
- No minor children's shares will be held for arrears.

### Payments for minor children will be made as follows:

- Payments for minor children will be made to the biological custodial parent, provided that person is an Aamjiwnaang Band member.
- Payments for minor children whose biological custodial parent is not an Aamjiwnaang Band member will be held in trust until the child attains legal age.
- Custodial caregivers receiving distribution shares for minors prior to November 30, 2024 will continue to receive payments until the minor child(ren) turns 18.
- If requested, proper documentation must be provided.

### Direct Deposit (Canadian bank accounts only):

- Cheques will be available for in-person pickup or direct deposit.
- If you received direct deposit last year and your account information **has** changed, you must notify Finance.
- Account name must match member name

### Direct Deposit (US accounts):

- Cheques will be available for in-person pickup or direct deposit.
- Direct deposit is now available for Canadian **and US** bank accounts.
- A fee of \$10 Canadian will be charged for US deposits
- For US bank accounts:
  - Email banking information (bank form or void cheque) to [finance@aamjiwnaang.ca](mailto:finance@aamjiwnaang.ca) **no later than October 31**. You must provide banking information **each year**, even if it hasn't changed.
  - A test deposit will be sent by **November 9**.
  - You must confirm receipt of test deposit no later than **November 13**. Be sure the email address provided is monitored.

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DISTRIBUTION AUTHORIZATON FORM 2026

I, \_\_\_\_\_, Band # \_\_\_\_\_ give  
\_\_\_\_\_ authorization to pick up my distribution cheque on my behalf.

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Signature

Date

**\*\*Please submit a copy of status card with this form\*\***  
Fax: 519-336-0382 or email: [finance@aamjiwnaang.ca](mailto:finance@aamjiwnaang.ca)





### **Attention Members!**

Appointments will be required for membership services. Some services can be requested by phone or through email. Picking up or dropping off paperwork such as forms, letters, etc., does not require an appointment. The Membership Office is now assisting with estates. Also, as a reminder, there is a two-week waiting period for lost or stolen status cards. If your card has been lost or stolen, please notify the Membership Office as soon as possible to prevent any delay in getting a new card. Contact the Membership Office by:

Phone: 519-336-8410, Ext. 230  
Email: [cadams@aamjiwnaang.ca](mailto:cadams@aamjiwnaang.ca)

## **Attention ODSP Clients**

Janet Wilkinson will be available for in-person appointments at the Maawn Doosh Gumig  
**October 14th, 2026**

**from 9am—4pm**

If you need to contact Janet Wilkinson please call  
519-337-3735 Ext 2266



### **Indigenous Services Canada**

**IF YOU DO NOT HAVE THE  
MANDATORY IDENTIFICATION TO  
OBTAIN A STATUS CARD,  
PLEASE CALL: 1-800-567-9604**

- Advise the call centre representative that you want to obtain a Temporary Confirmation of Registration Document (TCRD).
- They will ask a series of questions to confirm your identity and then mail a Temporary Confirmation of Registration Document (TCRD) to you.
- This document will state your registration number and can be used in place of a Status Card to access benefits and services.

### **Aamjiwnaang First Nation PUBLIC WORKS DEPT.**



The designated after-hours phone line for infrastructure service emergencies, basement back ups, animal control requests or winter maintenance issues, will be one main contact.

After-hours Phone Number:

**519-331-3596**

Please continue to use garage number during regular office hours.

Office hours 8am – 4pm , Monday to Friday

Garage Phone Number:

**519-336-0510**

For security issues contact the security phone line. The security team will be on duty daily from 8:00 p.m. to 4:00 a.m.

Security Phone Number:

**519-490-5927**



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 : @pubsrividelunch  
 : pubsrividelunch@gmail.com



# Aamjiwnaang First Nation

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## EMPLOYMENT OPPORTUNITY

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**Position Title:** Human Resources Assistant

**Location:** Sarnia, ON

**Duration:** Permanent

**Posting Closes/Deadline:** October 13<sup>th</sup>, 2026

**Tentative Interview Date(s):** October 19<sup>th</sup>/20<sup>th</sup>, 2026

### Position Summary

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The Human Resources Assistant assists with the administration of the day-to-day operations of the human resources functions and duties. The HR assistant carries out responsibilities in some or all the following functional areas: recruiting, HRIS, employee relations, training and development, benefits, compensation, organization development, executive administration, and employment.

### Responsibilities

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The HR Assistant has partial responsibility for these areas:

- recruiting and staffing logistics;
- performance management and improvement tracking systems;
- employee orientation, development, and training logistics and recordkeeping;
- assisting with employee relations;
- personnel committee facilitation and participation;
- company employee communication;
- compensation and benefits administration and recordkeeping;
- employee safety, welfare, wellness, and health reporting; and
- employee services;
- maintaining employee files and the HR filing system;
- assisting with the day-to-day efficient operation of the HR office.

Primary Objectives:

- Safety of the Workforce
- Human Resources Information Systems (HRIS – ADP)
- Benefits Administration
- Training and Development
- Employment
- Employee Relations
- Compensation
- Organization Development
- Executive Administration

Other:

- Assumes other duties as assigned

### Knowledge, Skills, & Abilities

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- Excellent computer skills, including Word and Excel in a Microsoft Windows environment.
- Effective oral and written communication skills.
- General knowledge of various employment laws and practices.
- Experience in administration of benefits and other HR programs.

- Excellent interpersonal skills.
- Skills in database management and record keeping.
- Able to exhibit a high level of confidentiality.
- Excellent organizational skills.
- Must be able to identify and resolve problems in a timely manner.
- Must be able to gather and analyze information skillfully.

### **Minimum Requirements**

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- A Post-Secondary diploma is required – Human Resources, Executive Office Administration, Business Administration.
- One to two years of administrative experience, plus Human Resources diploma or willing to obtain
- One to two years of human resources experience preferred;
- Experience in the recruitment and selection process preferred;
- Professional in Human Resources (CHRP) certification an asset

### **Other Considerations**

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In accordance with Section 16 Special Programs of the Canadian Human Rights Act, preference will be given to Aamjiwnaang Band Members with relevant education/experience (R.S.C 1985, c. H-6, s16 (1-3).

### **Application Process**

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If you are interested in this opportunity, kindly forward your resume and cover letter via mail, email, or fax to:

Aamjiwnaang First Nation  
978 Tashmoo Avenue  
Sarnia, ON  
N7T 7H5  
Attention: Human Resources

Or  
[humanresource@aamjiwnaang.ca](mailto:humanresource@aamjiwnaang.ca) with subject line: JOB APPLICATION: HUMAN RESOURCES ASSISTANT  
Or  
519-336-0382 fax

For more information, check us out online at [www.aamjiwnaang.ca](http://www.aamjiwnaang.ca)

## NOTICE of ELECTION

Notice is hereby given to the Electors of the Aamjiwnaang First Nation that a poll will be held to elect one (1) Chief and nine (9) Councillors on Friday, the 16<sup>th</sup> day of October 2026 from 9:00 a.m. until 8:00 p.m. at the Maawn Doosh Gumig Community Centre, 1972 Virgil Ave., Sarnia ON.

The votes will be counted at Community Centre immediately after the close of the Poll. The results will be declared immediately following the count and posted on social media.

Please note that any Elector may vote by mail in ballot. If an on-reserve voter is unable to be present on October 16, 2026, please contact the Electoral Officer at the below cell phone number or email to make arrangements for a mail-in ballot.

Off-reserve voters will have a ballot placed in the mail. If you did not receive a notice of nomination meeting in the mail, then you should update your mailing address if you wish to receive a mail-in ballot.

Given under my hand this 8<sup>th</sup> day of September 2026.



Vaughn Johnston  
Electoral Officer

Cell/Text: 906.379.8796  
Email: vaughn\_johnston@hotmail.com

Box 610, PO Main  
Sarnia, ON N7T 7J4

PO Box 331  
Sault Ste Marie, MI 49783

## **AAMJIWNAANG FIRST NATION**

***The following eligible band members will have their names appear on the ballot as a candidate for the Chief & Council election set for Friday, October 16, 2026***

| <b>Candidates for Chief</b> |
|-----------------------------|
| NAHMABIN, Janelle           |
| PLAIN, Christopher          |

| <b>Candidates for Councillor</b> |
|----------------------------------|
| <del>ADAMS, John Q.</del>        |
| BRANTON, Jodi                    |
| CLARK, White-Lightning           |
| CROWLEY, Sherri                  |
| DEGURSE, Steven                  |
| GEORGE, Crystal                  |
| HENRY, Darren                    |
| HUETE-JACOBS, Anthony            |
| JACKSON, Michael                 |
| MANESS, Erica                    |
| MANESS Sr., James E.             |
| NAHMABIN, Kristal                |
| PLAIN, Bonnie                    |
| PLAIN, J. Kenneth                |
| PLAIN, Marina                    |
| PLAIN, Nesyre                    |
| PLAIN, Pamela                    |
| PLAIN Jr., Wilson                |



Vaughn Johnston, EO

**September 15, 2026**

**PRIORITIES**

Governance • Economic Development  
Youth & Opportunity • Housing &  
Environment



[anthonyhuetejacobs.ca/council](http://anthonyhuetejacobs.ca/council)

# ANTHONY HUETE-JACOBS

*Candidate for Aamjiwnaang First Nation Councillor*

Boozhoo, my name is Anthony Huete-Jacobs. I was born in Sarnia and grew up spending time in Aamjiwnaang with my family. My grandmother, Audrey Jacobs, has volunteered in the community for many years, and my father, Tony Jacobs, was involved in youth programming. Some of my early memories include visiting family, swimming, riding down Tashmoo and volunteering with my dad's Right to Play program.

As I got older, I became involved in community leadership, helping establish the Aamjiwnaang Youth Council and later serving as its Chair, while also serving on the Chippewa Industrial Development Limited Board and participating on Aamjiwnaang's Education and Governance committees.

From 2021 to 2024, I worked with Natural Resources Canada supporting programs involving Indigenous communities. I am now in my third and final year of Computer Programming and Analysis at George Brown College, while continuing to build experience in technology, entrepreneurship and community-focused initiatives.

**I want to continue giving back, support the next generation and help create more opportunities for our people and community.**

- Thank you, Anthony Huete-Jacobs

## Councillor Bio: Marina Plain / Misko Giizhik Kwe

My Anishinabe Noozwin means Red Cedar Woman, I am Eagle Clan from Aamjiwnaang with roots from Wiikwemikoong and Stony Point. I'm a wife, mother, daughter granddaughter, aunt & friend. I am also an intergenerational Residential School Survivor.

My late parents were Marie Simcoe (Plain) and Alphonse Norris Shawana; I am thankful to share that I chose great parents. I've gained many of my strengths as an Anishishinabek Kwe from them and my ancestors. The gifts of vision, Anishinaabemowin & resilience have been passed onto me, it's an honor to advance them in my family and community.

I've been involved in the work of passing our Aamjiwnaang Chi Naaknigewin, Custom Election code & the Anishinabek Education Agreement. I bring to the Council table experience with respect to advocacy for Women, Children, families, member rights, in addition to this I've been in discussions regarding Clench, Treaty Rights, UNDRIP, at Municipal, Provincial & Federal tables. Please feel free to call, text or if you see me, wave me down to chat, 519-328-0942 or [mdplain@gmail.com](mailto:mdplain@gmail.com)

I seek your continued support,

**Chi Miigwetch, Marina Plain**





## VOTE JODI BRANTON FOR COUNCIL!





### ENVIRONMENT

- ✎ hold those accountable for toxic leaks
- ✎ begin mapping pipelines running through Aamjiwnaang
- ✎ strengthen department with external funding

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### CULTURE

- ✎ development of culture committee
- ✎ support cultural centre and museum
- ✎ inclusion for all members with off-reserve liaison position





### EDUCATION

- ✎ ensure students are academically ready to attend off-reserve schools
- ✎ create on-reserve school board
- ✎ curriculum specialist and principal role

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Aanii! I'm Jodi (Biimskanodin) Branton and I currently live in Waawiliyaataanong (Detroit). I've dedicated my career to teaching our culture and promoting education- with degrees in Culture & History and Education, I have the experience and knowledge to fulfill the goals I've listed. As the former education coordinator for Aamjiwnaang I expanded the budget, built long lasting programs, fought for control of post-secondary funds and more support for those who care for and teach our children. I continued cultural and educational work at the Smithsonian National Museum of the American Indian in Washington DC and through my own cultural consulting business. Mostly volunteer based, I collaborate with museums, schools, libraries, zoos as well as many other organizations to ensure our culture is appreciated, not appropriated. I recently developed Manoomin (wild rice) curriculum for the Kinooamaadziwin Education Body.

Through on reserve programming, I've been able to attend craft workshops, make regalia and reenter the powwow circle. This has been a very healing time for me and I'm grateful for all Aamjiwnaang offers. As a proud mother of three amazing children, I'm continually humbled and inspired by their chosen paths which encourage me to keep learning, growing and giving back. I'm also an advocate and strong voice for environmental and Indigenous causes- working to protect the land, air and water on both sides of the border. We have members living all over turtle island, I hope to close that disconnect with off reserve members and ensure they feel part of the community. Guided by the seven grandfather teachings, I bring both formal education and cultural knowledge to the role of Councillor. I ask for your support on October 16th and would be honored to serve my community. Miigwech!

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*Let's Get in touch*


Facebook- Jodi Branton


IG- @biimskanodin


Email- biimskanodin@gmail.com

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I am always happy to chat about what the community's thoughts and concerns are as well as why I'm a great choice to represent Aamjiwnaang on council. Please get in touch with me if you're available for a home visit- also if you live in SE Michigan I'd love to stop by and meet more off reserve members!

### Notice - Regarding Elections 2026



Sorry for the confusion but due to medical needs of my family I will not be able to continue running in this years council election. Thank you Cheryl Williams and Todd Williams for nominating me but for now I will be placing a greater effort into caring for my son.

Thanks,  
John Q Adams



# VOTE

## *Crystal George*

for council



Miigwech to my big sister Tracey George for having faith in me and nominating me to represent Aamjiwnaang First Nation as a councillor, and to my Auntie Aug for seconding my nomination. I am deeply grateful for your support and encouragement.

I am the second-oldest daughter of Annette (ZeeBee) George and Terrance (Fix It) George baa. Ryan Ebere and I will celebrate our first wedding anniversary in November 2026; however, we have been together for almost nine years.

I have practiced law for 20 years, specializing in child protection. I served as Band Representative for Aamjiwnaang First Nation from 2011 to 2015 and again from 2018 to 2023. I currently serve as counsel for Walpole Island First Nation in child protection matters. Sharing my knowledge and experience by teaching law students and band representatives has provided me with a renewed sense of purpose.

From 2018 to 2025, I served as a director on the boards of the Canadian Mental Health board and the Sarnia-Lambton Native Friendship Centre board.

My experience, skills and knowledge are transferrable to the elected position as a councillor. If elected, I will be a strong and passionate advocate for our community. I believe in being accountable and transparent.

My priorities are the environment, employment, education, health, as well as the overall wellbeing of our children, youth, and families.

I am available on October 6, 2026 and October 13, 2026 if you would like to meet with me to get to know me better, ask questions and discuss priorities. I can be reached at [crystal.george@rocketmail.com](mailto:crystal.george@rocketmail.com).

## YOUR VOTE MATTERS!



**On October 16, 2026 vote Chris Plain for Chief and put experience to work for Aamjiwnaang.**

## VOTE CHRIS PLAIN FOR CHIEF OF AAMJIWNAANG



**FOR YOUR CONSIDERATION,  
IF YOU HAVEN'T CAST YOUR VOTE YET!**



PLEASE FEEL FREE TO CONTACT ME ANYTIME IF THERE ARE ANY ISSUES YOU WOULD LIKE TO DISCUSS. MY CONTACT INFORMATION IS AS FOLLOWS:

**CHRIS PLAIN**  
CELL: 519 464-8410  
EMAIL: CHRIS\_PLAIN@HOTMAIL.COM

### Priorities

As Chief my priorities will be:

- Protection of our environment
- Improve the state of our community infrastructure so that we can bring members home
- Advance our economic interests for the benefit of our community both now and in the future
- Advance our legal interests
- Enhance relationships with Sarnia leadership and in the area
- Increase engagement and communication with Aamjiwnaang members through various forums.

I am pleased to put my name forward for Chief of Aamjiwnaang. This is a position that I have had the honour to hold in previous years, and I humbly ask Aamjiwnaang members to consider supporting me for Chief once again.

### Proven Leadership

I am proud to be from Aamjiwnaang. I care about our community, and I know what it takes to be Chief. Over my years in leadership, I have learned many important lessons that prepare me to lead our community. Today, our community faces unique challenges as well as exciting opportunities. We find ourselves in a time of economic uncertainty in both this province and this country, and I believe that my experience and knowledge will be a valuable asset to our community in the years ahead.

I was elected to Aamjiwnaang Council in my early 20's and Chief shortly thereafter. It was certainly a lot of responsibility for a young person and overall, it has been a blessing to me. During my time as Chief of Aamjiwnaang our education and health services grew stronger, and we worked hard to improve our governance and finance department. We also prioritized the child welfare department, and increasing awareness about the importance of caring for our environment.

I believe we must balance acting on economic opportunities with ensuring the protection of the land we live on and the water that has sustained our people since we have been here. As Chief, I will work with the elected council members to advance responsible development that will provide benefits to our community while ensuring our environment is protected.



# VOTE PAM PLAIN

For Aamjiwnaang Council  
2026 - 2028



## Who I am...

Boozhoo, Waabshki Giizhik Naagek Kwe ndigo, Migizi ndoodem, Anishinaabe/Potawatomi niin daaw! Pam Plain zhaagnaashiimkaaz. Aamjiwnaang ndbendaagwas!

Hello my name is White Cedar Bark Woman, I am Eagle clan, Ojibwe/Potawatomi, My roots are in Aamjiwnaang. My maternal grandparents are Clarence & Sarah Plain iban, my mother Sharon Plain iban. I was born and raised in Aamjiwnaang, until my mid forties I moved to attend University to obtain my Social work degrees, BSW & MSW.

### Priorities

- Accountability
- Communication
- Community Wellness
- Transparency

### Communication, Accountability & Transparency

- It is vital for Chief & Council to communicate and consult with community during times of growth as well as times of concern.
- I will always speak up and ensure that we are following our own laws and Band Council Resolutions.
- The Aamjiwnaang Chi'Naaknigewin is our law making process that must be followed.

### Community Wellness

- Healing & wellness is important for us to move forward in a loving and kind way for the betterment of the coming generations.
- I will always support those that struggle and are looking for healing opportunities and support.

## What I contribute to the table...

As a Registered social worker; I am trained in many areas of social development and Indigenous ways of knowing and healing. Throughout my work experience, I have sat at community level tables to be the voice for our people.

Currently:

- I sit on the Governance and Inherent Jurisdiction committees for Aamjiwnaang.
- Anishinaabemowin and our culture are an important part of who we are as a nation.

I have contributed to the:

- Anishinaabek Nation Child Wellbeing Program;
- community consultation & policy & program development Nogdawindamin;
- child & youth mental health & addictions SOAHAC;
- Clinical lead Biigajiisakaan at Atlohsa

As an Anishinaabe kwe knowledge carrier I am fully grounded and live mino bimaadziwin!

### My Committment

At the council table, I will ensure to be a voice for the people with respect and humility. I will address issues and stand in my truth to ensure the best outcomes for the community. I have experience sitting at tables to maintain focus on the issues, and utilizing the 7 grandfather teachings as my foundation.

# A VOICE FOR THE PEOPLE

Questions can be emailed to : [Chitwaakwe2013@gmail.com](mailto:Chitwaakwe2013@gmail.com)



# DELAWARE NATION COUNCIL

Moravian of the Thames Band

Phone: (519) 692-3036  
Fax: (519) 692-0502

B.R. #3  
THAMESVILLE, ON  
N0P 2X0

September 18, 2026

To: Member Nations of the London District Chiefs Council  
RE: Notification – 2026 Deer Herd Reduction at Rondeau Provincial Park and Traditional Deer Harvest at Clear Creek Conservation Area

The London District Chiefs Council has decided that Eelunapeewi Lahkeewit (Delaware Nation) and Bkejwanong (Walpole Island) will co-manage this years Deer Herd Reduction and Traditional Deer Hunt. This co-management arrangement is in partnership with Ontario Parks.

The 2026 Deer Herd Reduction (DHR) will take place at Rondeau Provincial Park:

- Saturday November 21, 2026 and Sunday, November 22, 2026
- Saturday December 5, 2026 and Sunday, December 6, 2026

The traditional Deer Harvest will take place at Clear Creek Forest Provincial Park:

- Saturday, November 28, 2026 and Sunday, November 29, 2026
- Saturday, December 12, 2026 and Sunday, December 13, 2026

Members from the following First Nations are invited to participate:

- Eelunapeewi Lahkeewit (Delaware Nation)
- Caldwell First Nation
- Chippewas of the Thames First Nation
- Munsee Delaware Nation
- Oneida Nation of the Thames
- Six Nations of the Grand River (Delawares)
- Bkejwanong (Walpole Island)
- Aamjiwnaang (Sarnia)

## CO-MANAGEMENT

Bkejwanong will be coordinating hunters from their own community as well as Aamjiwnaang. They will host qualifying shoots for these two communities separate from the qualifying shoot held at Moraviantown. They will be doing their own notification processes. Hunters from Bkejwanong and Aamjiwnaang should contact Joel Wright, [joel.wright@wfn.org](mailto:joel.wright@wfn.org).

## ELIGIBILITY

To be eligible hunters must:

- Be registered status members of one the First Nations listed above;

- Participate and pass in a qualifying event on one of the scheduled dates;
- Complete and submit the application form to the email address below by the listed due date.

## FIREARM REGULATIONS

### Rondeau Provincial Park

- Only scoped, high power rifles (.243 to .270 caliber) are permitted
- Hunters must qualify with the rifle they intend to use during the Deer Herd Reduction
- Bows are not permitted at the Rondeau hunt.

### Clear Creek

- Shotguns using slug ammunition, no "buck shot" allowed
- Bows are allowed at Clear Creek
- No high powered rifles
- Hunters must qualify with the shotgun and or bow that they intend to use at the Clear Creek hunt.

## PROCESSING OF DEER

- All Hunters must process their own deer in the designated area. Rondeau park staff will provide a station to dress and clean your deer. No field dressing is allowed in the park.
- We are working on setting up a cleaning station for Clear Creek also.
- Park staff will also be collecting biological data from the deer harvested.

## QUALIFYING

To qualify with your chosen firearms, three shots must be within the specified target area. Distances will be set for Bow, shotgun and scoped rifle.

### Qualifying Dates:

- Saturday, October 17 and Sunday, October 18, 2026
  - 10 am to 3 pm
- Saturday, October 24 and Sunday, October 25, 2026
  - 10 am to 3 pm

### Location for Qualifying:

Taylor Whiteye's property  
14729 River Line  
Moraviantown, ON

All hunters qualifying are expected to be ready to shoot, no practice shots or scope set ups. Please do this before hand.

All shooters are expected to follow gun safety rules and guidelines. Failure to do so may result in the shooter being disallowed from the hunt for safety reasons.

There will be 25 to 28 potential sites for Rondeau and 25-30 sites for Clear Creek. All qualifying hunters may not be selected to hunt on all dates. A fair selection process will be used to select the dates and sites for the deer hunt. Our goal is to include as many hunters as possible but keep in mind the number of sites are limited.

To Register, please send the completed application form to the following email address:

[dhr@delawarenation.on.ca](mailto:dhr@delawarenation.on.ca)

All personal information collected will be used solely for identifying firearms restrictions and will be kept confidential.

**REGISTRATION WILL CLOSE ON OCTOBER 15<sup>TH</sup>, 2026**

For further information please contact the DHR Coordinators, Geoff Stonefish, [Geoff.stonefish@delawarenation.on.ca](mailto:Geoff.stonefish@delawarenation.on.ca) or Joel Wright, [joel.wright@wfn.org](mailto:joel.wright@wfn.org).

On behalf of the Eelunapeewi Lahkeewit, the London District Chiefs Council and Parks Ontario, we thank everyone in advance for their cooperation and wish all a successful hunt!

Sincerely,

*Justin Logan*  
Chief Justin Logan

cc: London District Chiefs Council  
Brad Conner, Rondeau Park Superintendent  
Darren Jacobs, Will Noah, Zach Stonefish – Volunteer DHR Coordinators

## 2026 Deer Herd Reduction and Traditional Harvest Application Form

|                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                |      |             |
|--------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|-------------|
| Name                                                               | Date of Birth:                                                                                                                                                                                                                                                                                                                                                                                 |      |             |
| First Nation                                                       | <input type="checkbox"/> Eelunapeewi Lahkeewit<br><input type="checkbox"/> Caldwell First Nation<br><input type="checkbox"/> Chippewas of the Thames First Nation<br><input type="checkbox"/> Munsee Delaware Nation<br><input type="checkbox"/> Oneida Nation of the Thames<br><input type="checkbox"/> Six Nation of the Grand River (Delawares)                                             |      |             |
| Status Number                                                      | *Bkejwanong and Aamjiwnaang hunters please contact Joel Wright,<br><a href="mailto:joel.wright@wfn.org">joel.wright@wfn.org</a>                                                                                                                                                                                                                                                                |      |             |
| Firearm to be used (circle please)                                 | .243                                                                                                                                                                                                                                                                                                                                                                                           | .270 | Shotgun Bow |
| Preferred Dates (please check the dates you are available to hunt) | Rondeau Provincial Park<br><input type="checkbox"/> Saturday November 21, 2026 and Sunday, November 22, 2026<br><input type="checkbox"/> Saturday December 5, 2026 and Sunday, December 6, 2026<br><br>Clear Creek<br><input type="checkbox"/> Saturday, November 28, 2026 and Sunday, November 29, 2026<br><input type="checkbox"/> Saturday, December 12, 2026 and Sunday, December 13, 2026 |      |             |
| Acknowledgement                                                    | Signature<br><br>Date                                                                                                                                                                                                                                                                                                                                                                          |      |             |

## Meet the Highschool Co-op student

My name is Chloe Briggins

### About Me!

I am Chloe Briggins, a Co-op student gaining a hands-on experience in a community health setting and learning from nurses and many wellness professionals. I am excited to learn more about community health, wellness, and the different ways we can support people by making healthy choices.



### WHAT IS HEALTH PROMOTION?

Health promotion focuses on helping individuals improve their health and well-being. It includes sharing health information, encouraging healthy habits, connecting people with resources and creating programs and activities that support a healthier community.

### WHAT I DO

As a Health Promotion Co-op student, I spend time alongside nurses and wellness staff, observing and learning about their day-to-day work life. I also assist with health promotion activities and events, while learning from the staff and community. My responsibilities include helping with event planning, preparing health and nutrition information, and learning about different approaches to health and wellness.




## LAND FOR SALE

- 5 ACRES
- TASHMOO AVE

DIRECT INQUIRIES AND OFFERS TO  
BRENDA MANESS:  
BRENDAMANESS2015@GMAIL.COM



## Aamjiwnaang Community Engagement Session



The Aamjiwnaang Environment Department and Shell Manufacturing Centre Corunna, invite you to an engagement session to learn about Shell's SO<sub>2</sub> Minimization Project and the installation of a Vapour Recovery Unit on a tank.

Monday November 2, 2026  
5:00 – 7:00  
Maawn Doosh Gumig Community and Youth Centre  
1972 Virgil Ave.,

### Agenda

5:00 - Dinner and Presentation  
6:00 - Individual conversations with project team members

Door prizes will be drawn throughout the evening. Child-minding will be available.

If you have any questions, please contact Courtney or Keisha in the Environment Department at 519-336-8410

OCTOBER 2026

## COMMUNITY OFFICER HONoured WITH HEROES BEYOND THE BADGE AWARD

Constable Tyler Callander has been recognized with the Heroes Beyond the Badge Award from the Ontario Association of Chiefs of Police, a prestigious honour that celebrates individuals who make a meaningful difference in their communities through service, compassion, and dedication.



The award was presented on September 28, 2026, in recognition of Callander's outstanding commitment to the Aamjiwnaang community. Beyond his professional responsibilities, he has devoted countless personal hours to building relationships, supporting community members, and fostering trust.



While accepting the award, Callander shared a simple but powerful message from a fellow hockey coach:

"It's not that hard to be a good person."

Representing Aamjiwnaang First Nation at the ceremony were Chief and Council, along with Callander's family, friends, and colleagues, who gathered to celebrate the achievement.

In her remarks, Chief Nahmabin reflected on the impact Callander has had on the community and the relationships he has built over the years.

"We embrace you and your family as part of our community," said Chief Nahmabin. "There have been times when I have reached out to Tyler outside of regular working hours during difficult circumstances. The way he shows up for our community goes beyond his badge. It speaks to the kind of person he is."

For many in Aamjiwnaang, Callander's commitment extends beyond policing. His willingness to be present, offer support, and connect with community members has strengthened relationships and made a lasting impact.

Aamjiwnaang First Nation congratulates Constable Callander on this well-deserved recognition and thanks him for his continued service, dedication, and friendship to the community.

**AAMJIWNAANG BENDAAZIIG SPOTLIGHT****NICO WILLIAMS****Exhibit at Museum London: October 31, 2026 to April 4, 2027**

Museum London will feature *Bingo*, a solo exhibition by Aamjiwnaang First Nation artist Nico Williams, from October 31, 2026, to April 4, 2027. The exhibition showcases large-scale beadwork and sculptures inspired by everyday objects and explores themes of chance, community, value, and Indigenous beadwork traditions.

The exhibition includes *Tribute to a Warrior* (Dudley George), a recently acquired work by Museum London.

The piece is a life-sized beaded replica of the plaid jacket worn by Dudley George during the 1995 Ipperwash occupation and protest.

A public exhibition celebration will be held at Museum London on November 19, 2026, at 7:00 p.m. Nico Williams will be in attendance. The free event will also feature opportunities to connect with the community and learn more about the exhibition.



<https://museumlondon.ca/exhibition/nico-williams-bingo/>



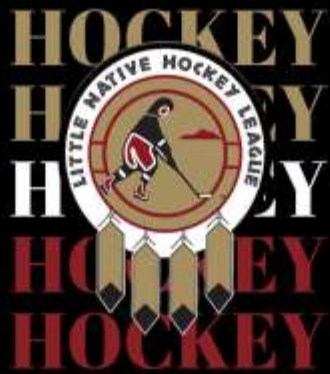
| SUN                                             | MON                       | TUE                | WED                      | THU                                      | FRI                                        | SAT                   |
|-------------------------------------------------|---------------------------|--------------------|--------------------------|------------------------------------------|--------------------------------------------|-----------------------|
| 1<br>RIGHT TO PLAY<br>FIRST NATION INDEPENDENCE |                           |                    |                          | 1<br>Team Building                       | 2                                          | 3<br>AAMJIWNAANG      |
| 4                                               | 5<br>Jays Care            | 6<br>Manhunt       | 7<br>Wellness Wednesday  | 8<br>BINGO                               | 9                                          | 10                    |
| 11                                              | 12<br>Thanksgiving Monday | 13<br>Archery      | 14<br>Game & Craft Nite  | 15<br>Apple Picking<br>bring status card | 16<br>Reaper's Realm<br>*sign up required* | 17                    |
| 18                                              | 19<br>Jays Care           | 20<br>Disc Golf    | 21<br>Wellness Wednesday | 22<br>Pool Tournament                    | 23<br>Youth Vibe Nite                      | 24                    |
| 25                                              | 26<br>Jays Care           | 27<br>Floor Hockey | 28<br>Horror Movie Night | 29<br>Haunted Trail<br>No RTP            | 30<br>Haunted Trail                        | 31<br>HAPPY HALLOWEEN |



**Dago Maajiigoog Binoojiinyag**  
Binaakwi Giizis-Falling Leaves Moon  
October 2026



| Sunday-Name<br>Giizhigad                                  | Monday Shkintan<br>Giizhigad                                                                | Tuesday-Nilzho<br>Giizhigad                                        | Wednesday-Nswi<br>Giizhigad                                                  | Thursday-Nilwo<br>Giizhigad                                                             | Friday-Naano<br>Giizhigad        | Saturday-<br>Ngodwaaswi<br>Giizhigad |
|-----------------------------------------------------------|---------------------------------------------------------------------------------------------|--------------------------------------------------------------------|------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|----------------------------------|--------------------------------------|
| Paula for<br>Transportation call or<br>text: 226-349-2427 |                                                                                             |                                                                    |                                                                              | 1 Pumpkin planters<br>with Aaron<br>1pm-3pm<br><b>Time change</b>                       | 2<br><b>Sign up required</b>     | 3                                    |
| 4                                                         | 5<br>Binaakwi Giizis<br>Craft<br>10am-12pm<br>430pm-630pm                                   | 6<br>Play Group &<br>Craft<br>1pm-3pm                              | 7<br>Handprint<br>Turkeys crafts<br>10am-12pm<br>Turkey Craft<br>430pm-630pm | 8 Medicine (salve)<br>Workshop<br>with Joanne<br>10am-12pm<br><b>Sign up required</b>   | 9                                | 10                                   |
| 11                                                        | 12<br><b>Closed<br/>Happy<br/>Thanksgiving</b>                                              | 13<br><b>No programming<br/>staff in training</b>                  | 14<br>Salt dough<br>keepsakes<br>10am-12pm<br>430pm-630pm                    | 15 Candle making<br>with Medicines with<br>Tara<br>10am-12pm<br><b>Sign up required</b> | 16                               | 17                                   |
| 18                                                        | 19 Walking out<br>ceremony<br>10am-2pm<br><b>Invite only<br/>No evening<br/>programming</b> | 20<br>Coffee filter<br>tealight Jilbay<br>(ghost) craft<br>1pm-3pm | 21<br>Literacy Fun &<br>Craft<br>10am-12pm<br>430pm-630pm                    | 22 Parent Craft<br>(TBA)<br>10am-12pm<br><b>Sign up required</b>                        | 23                               | 24                                   |
| 25                                                        | 26 Open house<br>All band buildings<br>5pm-8pm<br><b>Flyer coming soon</b>                  | 27<br>Halloween craft<br>1pm-3pm                                   | 28 Halloween Fun<br>activities<br>10am-12pm<br>430pm-630pm                   | 29 Grocery Giveaway<br>10am                                                             | 30<br><b>Happy<br/>Halloween</b> |                                      |



## 2027 LNHL COACH CALL-OUT

WE ARE NOW ACCEPTING  
EXPRESSIONS OF INTEREST FROM  
THOSE WHO WOULD LIKE TO COACH  
FOR THE 2027 LNHL SEASON.

IF YOU WOULD LIKE TO SUPPORT OUR  
YOUNG ATHLETES AND HELP CREATE  
A POSITIVE & ENCOURAGING TEAM  
ENVIRONMENT, PLEASE COMPLETE  
OUR SHORT FORM.

MORE INFORMATION,  
PLEASE CONTACT:  
SHAUNA EYRE  
519-491-2160 EXT. 112



## SCHOOL YEAR PROGRAMMING IS BACK!



### RIGHT TO PLAY

Starting on  
**September 15, 2026**

Tuesday, Wednesday  
& Thursday

3pm-6pm

AGES 12-18

To protect, educate, and  
empower children to rise  
above adversity using the  
power of play

Sports Leadership    Culture  
Wellness



# Ongoing Anishinaabemowin Class with Sonja George Wednesday's 6-8pm Maawn Doosh Gumig



**For more info contact Sophie Solares**  
**Sophies@aamjiwnang.ca 519-491-2160**



**We Need Volunteers**

**CAN YOU SPARE AN HOUR?  
WE'RE LOOKING FOR FRIENDLY  
VOLUNTEERS TO HELP WITH:**

- SHARING IDEAS
- PLANNING
- CELEBRATING ANISHINAABE WAYS!

Contact: MARINA PLAIN call or text 519-328-0942

**AAMJIWNAANG CHILD AND FAMILY  
WELL-BEING**

**Caregiver Support  
Group**  
OCTOBER 2026

- Oct 1st**  
12:30pm - 2:30pm  
**Building Healthy Routines**  
Make and Take Apple Crisp
- Oct 8th**  
1:00 pm  
**Sipkens - 10 Participants**  
Barrel Planter
- Oct 15th**  
12:30pm - 2:30pm  
**Cooking on a Budget**  
Make and Take - Prep Stew
- Oct 22nd**  
12:30pm - 2:30pm  
**Halloween Craft**  
Make and Take Door Signs

Contact:  
Vicki Jacobs  
519-336-8410 ext 292  
vjacobs@aamjiwnaang.ca  
To Sign Up  
974 Tashmoo Ave, Sarnia



**AAMJIWNAANG Mental Wellness**

If you feel overwhelmed with stress and it is affecting you in a negative way, please reach out for help.  
We want to help you in any way we can.

**CRISIS LINES**

**EMERGENCY 911**

Suicide and Crisis Helpline Call 9 8 8 Text 9 8 8

CMHA—Mental Health First Response 1-800-307-4319

First Nations Hope for Wellness 1-855-242-3310

Child & Youth Crisis Line 1-833-622-1320

Kids Help Phone 1-800-668-6868 or Text CONNECT to 686868

National Indian Residential School Crisis Line 1-866-925-4419

**BUSINESS HOURS 519-332-6770**

|                            |                                                                                          |
|----------------------------|------------------------------------------------------------------------------------------|
| Amy Vandersteen ext. 301   | Administration and Program Support                                                       |
| Tracey George ext. 317     | Supervisor, Registered Psychotherapist and Art Therapist                                 |
| Roberta Bressette ext. 313 | Community & Cultural Wellness                                                            |
| Ashley Maness ext. 324     | Elementary Student Mental Wellness                                                       |
| Max Cryderman ext. 327     | Secondary Student Mental Wellness                                                        |
| Kayla Joseph ext. 328      | Youth Addictions & Diversion Outreach                                                    |
| Michelle Walters ext. 321  | Addictions & Diversion Outreach cell: 519-333-8787<br>Zhaawemishinaam Team Lead ext. 211 |
| Alphonse Aquash ext. 315   | Addictions & Diversion Outreach cell: 519-490-5956                                       |

**Zhaawemishinaam Drop In (Blue Building) 519-336-8410 ext. 211**

Lellani Williams and Gage Oliver

Mijweech. Stay Safe.

**AAMJIWNAANG MENTAL WELLNESS TEAM 519-332-6770**

Amy Vandersteen, Mental Wellness Administration and Program Support, ext. 301

Tracey George BA, RP, CATA, CFP ext. 317 cell: 226-349-5712  
Registered Psychotherapist and Registered Art Therapist, Trauma and Resiliency Practitioner, Intake, supervision, program coordination, crisis response and suicide intervention, debriefing, counselling, psychoeducation, Redpath.

Roberta Bressette, Community & Cultural Wellness, ext. 313  
Traditional Healer coordinator, Cultural Activities, MH Crisis and Suicide Intervention, Health Promotion, Wellness Workshops, MMIWG & 2SLGBTQ+, Bullying Awareness and Prevention

Ashley Maness, Elementary Student Mental Wellness, ext. 324  
Culturally safe wellness checks with students in elementary schools, teaching cultural wellness activities for coping, Redpath for children and youth, Girl Group (outreach activities for youth), MH Crisis and Suicide Intervention.

Max Cryderman, Secondary Student Mental Wellness, ext. 324  
Culturally safe wellness checks with students in secondary schools, promoting cultural wellness, strategies for coping, Redpath for children and youth, Young Men's Group (outreach activities for youth), Young Adults Group, MH Crisis and Suicide Intervention.

Kayla Joseph, Youth Addictions & Diversion Outreach, ext. 328  
Youth addictions prevention and intervention, court diversion, referrals for treatment centres, pre-treatment and aftercare, Redpath, MH Crisis and Suicide Intervention, Mental Wellness Drop In (day program, harm reduction, transient and homeless centre).

Michelle Walters, Addictions & Diversion Outreach, ext. 321 cell: 519-333-8787  
Zhaawemishinaam Team Lead 519-336-8410 ext. 211  
Addictions prevention and intervention, court diversion, referrals for treatment centres, family support, pre-treatment and aftercare, MH Crisis and Suicide Intervention, Redpath, Recovery Group, Zhaawemishinaam Drop In (day program, harm reduction, transient and homeless centre).

Alphonse Aquash, Addictions & Diversion Outreach, ext. 315 cell: 519-490-5956  
Addictions prevention and intervention, court diversion, Culture-based pre-treatment and aftercare, MH Crisis and Suicide Intervention, Cultural connection for ceremony, Redpath, Recovery Group, Mental Wellness Drop In (day program, harm reduction, transient and homeless centre).

# BUILD. GROW. EXPAND.

An 8-week Entrepreneurship Workshop Series for New & Established Business Owners

Whether you're thinking about starting a business, just getting started, or already running an established business, this entrepreneurship workshop series is for you!

Join us for 8 weeks of learning, planning, building, and taking meaningful steps toward a stronger, more successful business.



Please scan the QR code to register.

<https://forms.cloud.microsoft/i/2Du4Gf4aAg>



The Aamjiwnaang Economic and Development Department and Education Department are collaborating with Community Futures Lambton to provide this opportunity to the community.

Community Futures Lambton is a small, locally focused team dedicated to supporting entrepreneurs and strengthening businesses across Lambton County.



# BUILD. GROW. EXPAND.

All sessions to be held at Maawn Doosh Gumig - 1972 Virgil Ave, Sarnia ON

\*\*Completion certificate offered to those who complete the entire 8 weeks\*\*

**SEPT 29**

5:00PM - 7:00PM

Business Model Canvas

Turn your idea into a clear picture of how your business could work.

Map out how your business works today. Assess what's working and what could use improvements.

**OCT 6**

5:00PM - 7:00PM

What is your why? + Value Proposition

Clarify the purpose behind your business idea - identify what will make it meaningful and valuable to your customers.

Reconnect with your business purpose.



**OCT 13**

5:00PM - 7:00PM

Digital Marketing Pt. 1

Identify who your ideal customers are, where to reach them, and how to communicate the value of your business.

**OCT 20**

5:00PM - 7:00PM

Digital Marketing Pt. 2

Build a practical marketing strategy that supports your goals and feels realistic to manage.

**OCT 27**

5:00PM - 7:00PM

Financial Literacy Pt. 1

Build confidence with your finances! Learn about key financial statements, what numbers mean, and how they can be used to make informed decisions.

**NOV 3**

5:00PM - 7:00PM

Financial Literacy Pt. 2

Build an understanding of the costs behind your product or service. Explore how to set prices that work for your customers while also being profitable.

**NOV 10**

5:00PM - 7:00PM

Financial Literacy Pt. 3

Look ahead by building realistic revenue and expense projections of your business. Identify future financial needs to make informed decisions as your plan.

**NOV 17**

5:00PM - 7:00PM

Business Plan Development

Bring all the pieces of your business idea together to create a clear and practical plan!



## Aamjiwnaang Alternative and Continuing Education Program

Hours of Operation: Monday-Thursday 9:30AM-2:30PM

Location: 976 Tashmoo Ave, Sarnia ON N7T 7H5

Interested in obtaining your high school diploma?



Want to learn valuable skills such as computer basics, English, math, or time management?

Reach out to Aamjiwnaang Alternative and Continuing Education Program to plan your educational journey!

Contact Us:

519-336-8410 Ext. 212

[adultlearning@aamjiwnaang.ca](mailto:adultlearning@aamjiwnaang.ca)



Aamjiwnaang Education  
Department Presents

## TRADE UP AAMJIWNAANG



Support Ontario Youth will be offering a hands-on presentation to AFN Secondary Students (Ages 14-18) about skilled trades, opportunities and apprenticeships.

- Pizza dinner
- Gifts and prizes
- Limited transportation available (By request only)
- Hands on construction activity
- Career personality test assessments

SIGN UP USING QR

CODE BELOW!



October 22nd  
5pm-8pm  
Education Building  
Limited Spots!



Questions or Inquires please contact  
Tyson Rogers  
[trogers@aamjiwnaang.ca](mailto:trogers@aamjiwnaang.ca) or 519-336-8410, ext 218



AAMJIWNAANG HEALTH CENTRE



**TOTAL BODY FITNESS** (WITH DIANE TUCKEY)  
(STARTING BACK UP ON TUESDAY, SEPT. 8, 2026)

Total Body Fitness is a program which is designed to focus on each of our muscle groups. We use kettle bells & dumbbells in the class based on which weights you are comfortable with. There are also abs, cardio & balance portions combined with the weights. We do a warm-up before starting the class as well as a cool down at the end.

TUESDAYS &  
THURSDAYS  
STARTING AT 6 PM  
- 16+

COMMUNITY  
CENTRE GYM

BRING YOUR MAT IF  
YOU HAVE &  
BOTTLED WATER!

BRING YOUR  
POSITIVE ATTITUDE  
& DETERMINATION!

CONTACT NATALIE AT  
(519) 332-6770, EXT. 326  
FOR FURTHER INFO.

AAMJIWNAANG HEALTH CENTRE

## GENTLE SLOW FLOW YOGA

(With Monica Gillis)

Wednesday evenings – 6 pm  
starting back up Sept. 9, 2026!

**Community Centre – Bring your  
mat!**

Contact Natalie at (519) 332-6770, ext. 312 for  
further info. No sign up required, Ages 16+

AAMJIWNAANG HEALTH PROMOTION

# CHAIR YOGA

WITH NEESA NAHMABIN

JOIN US FOR SEATED CHAIR YOGA TO IMPROVE YOUR  
RANGE OF MOTION, INCREASE STRENGTH,  
CIRCULATION AND BALANCE!  
PERFECT FOR NEW BEGINNERS OR THOSE WITH LIMITED MOBILITY.

THURSDAY OCTOBER 1<sup>ST</sup>, 8<sup>TH</sup>, 15<sup>TH</sup>, 22<sup>ND</sup>, AND 29<sup>TH</sup>  
1PM-2PM  
MAAWN DOOSH GUMIG (SENIORS LOUNGE)

QUESTIONS? CALL MIKEESHA EXT. 309

## Weight Management & Body Composition

With Josh Sandy

6-Week Program for Seniors 60+

- Begins Monday, September 28**  
(no class October 12)
- 6:00 PM–7:00 PM**
- Maawn Doosh Gumig**

No sign up required.  
For questions, please contact Roberta at 332-8074

Aamjiwnaang Health Centre - Health Promotion



## SOUP SOCIAL & GAMES



Thursday, Oct. 15, 2026 - Noon - Health Centre.  
Soups will be first come, first serve. Eat in, no take outs. Limited space. No sign up necessary!

Come out for a tasty bowl of soup and play a card game or a dice game or catch up with a friend! Contact Natalie @ (519) 332-8074, ext. 328 for further info.



**Stay Healthy This Season**



**AAMJIWNAANG HEALTH CENTRE**

### Come & Get Your Flu, COVID, and/or RSV Shot!

Protect yourself, your family, and your community by getting your annual flu and covid vaccines. A one time dose of RSV vaccine is also available for First Nations people who are over the age of 60



**Tuesday Oct 20, 2026**  
**Maawn Doosh Gumig 9:00am - 3:00pm**




Appointments are recommended  
Please scan the QR code to register for an appointment



**CALL FOR MORE INFORMATION:**  
**519-332-8074 EXT 308 OR 309**

# CANCER AWARENESS WALK

**We have all been affected by Cancer in some way; Let's take a day to honor our loved ones and spread awareness!**

**TUESDAY, OCTOBER 27TH**  
**1PM-3PM**  
**MAAWN DOOSH GUMIG COMMUNITY & YOUTH CENTRE**

We will begin at the Maawn Doosh Gumig, head down Virgil Ave, around Chippewa Cres, and back.

**MEMORIAL**  
If you would like to submit a picture of your loved one for our memorial, please email to [rbressette@aamjiwnaang.ca](mailto:rbressette@aamjiwnaang.ca)

**SURVIVORS**  
Call out to our Warriors who are currently battling cancer or are survivors. If you would like to join us, please contact Roberta at 332-8074 ext. 313.

**A LIGHT LUNCH WILL BE SERVED FOLLOWING OUR WALK.**

**AAMJIWNAANG DENTAL OFFERED THROUGH COHI**

## CHILDREN'S DENTAL HEALTH CARE

For Aamjiwnaang Community Members aged 0-10 years




**SCAN ME**

**FILL OUT THE ONLINE FORM TO REGISTER FOR OUR DENTAL CARE SERVICES**

\* Every year a new medical history form must be signed. Please notify the dental team if there are any health changes for your child throughout the school year.

**General Check-Ups!**  
Every three-four months the Dental Hygienist on site takes a look in your child's mouth for any signs of decay or other dental related issues.

**We come to you!**  
Our hygienist is mobile and can meet your child for screenings at their school or daycare. We provide service at DMB, ABKM, AKG, Lansdowne, Hannah, and also offer appointments at the health centre!

**Teeth Cleaning!**  
We recommend your child has their teeth cleaned at their regular dental office every six months. We are here for any dental questions you may have in between visits.



**Meet our Dental Hygienist:**  
Courtney Ricciuto-Thompson  
RDH, OMT



**Questions? Contact us!**  
[afndental@gmail.com](mailto:afndental@gmail.com)  
519-332-6770 ex. 330

**ATTENTION AAMJIWNAANG YOUTH****YOUTH LEADERSHIP & BUDGETING**

January 30, 2027 @ 9:00am

**SAFE FOOD HANDLING –**

February 6, 2027 @ 9:00am

**CUSTOMER SERVICE –**

April 10, 2027 @ 9:00am

**FIRST AID & CPR –**

February 27-28, 2027 @ 9:00am

**FINANCIAL LITERACY – TBA****RESUME BUILDING – TBA****INTERVIEW SKILLS – TBA**

For the Summer Student Program 2027 all Aamjiwnaang Youth/Students interested in participating will require the above training courses to apply for the Aamjiwnaang Summer Employment Program 2027. I will be offering each Program on the weekends to accommodate all youth wishing to take the training programs. The Leadership Training Program is mandatory starting January 1, 2027 to apply for Summer Student Employment. The training program will not be an option or offered during the summer months.

All training programs offered will be open to all Aamjiwnaang Band members that are interested. Lunch and light snacks will be served at each training course.

Please contact: Melissa Williams– Employment & Training

[mdwilliams@aamjiwnaang.ca](mailto:mdwilliams@aamjiwnaang.ca) or [employment.training@aamjiwnaang.ca](mailto:employment.training@aamjiwnaang.ca)

226-776-0880 Ext. 105

**An Employment & Training application must be filled out prior to the training start date.**

AAMJIWNAANG FIRST NATIONS 8TH ANNUAL

**HOME & MAINTENANCE SHOW****TUESDAY OCTOBER 27, 2026**

- Learn about home maintenance and repairs
- Meet with our contractors and Housing Committee Members/Staff
- Dinner will be provided for the first 100 attendees
- Door prizes to be won

**5:00 P.M - 7:00 P.M**  
**MAAWN DOOSH GUMIG**  
 1972 Virgil Ave

**COME GATHER INSPIRATION FOR YOUR NEXT HOME IMPROVEMENT PROJECT!**

For more information call Olivia at 519-336-8410 ext. 238

**AAMJIWNAANG HEALTH CENTRE****GROWING Independence GROUP**

**For Aamjiwnaang Youth Aged 8-14**

A fun, supportive program helping youth with diverse learning needs build everyday skills, confidence, and independence!

⑨ Aamjiwnaang Health Centre CHR Room

**MONTHLY PROGRAMS!**

Targeting a variety of everyday and functional skills!

Dinner, activities, transportation provided!

Scan the QR Code to Register

**UPCOMING PROGRAMS:**

**Tuesday, September 29<sup>th</sup> 4-6pm**

- Truth & Reconciliation, Goal Setting, Responsibility

**Thursday, October 29<sup>th</sup> 4-6pm**

- Halloween, Road Safety, Decision Making

**Tuesday, November 24<sup>th</sup> 4-6pm**

- Holiday Cheer, Healthy Family Relationships

Questions?

[mlefaive@aamjiwnaang.ca](mailto:mlefaive@aamjiwnaang.ca)  
 (519) 332-6770 ex. 330

**REGISTER TODAY!**

**AAMJIWNAANG Industry Community Information Forum**

November 12, 2026 @ Maawn Doosh Gumig  
 1972 Virgil Ave, Sarnia, ON, N7T 7H5

Multiple Industry proponents are coming to Aamjiwnaang to inform the community about their current plans and project. Community members are encouraged to join in the opportunity to ask questions, voice concerns and make their voices heard.

Session 1: 3:00pm – 4:30pm

Dinner: 4:30pm – 5:30pm

Session 2: 5:30pm – 7:00pm

Door Prize Draw: 7:00pm

\*Passport will be provided and must be filled to be eligible for door prizes\*

Follow Aamjiwnaang Environment on Facebook



**Aamjiwnaang Health Centre**

# Christmas Turkey & Produce Giveaway

Open to Aamjiwnaang band members on and off reserve.  
ONE entry per household.  
Program Commitment Policy is in effect for this giveaway.  
Scan QR code to sign up. Deadline Nov. 19<sup>th</sup> at 12PM.

 **Pick up: Thursday December 3rd**

 **12-4PM**

 **984 Tashmoo Ave (St. Clair United Church, beside band office)**

Questions? Call Natalie ext. 326



**ECONOMIC DEVELOPMENT**

# GWETAANDAAWE MARKET VENDOR CALLOUT

As part of a pilot project aimed at fostering True Reconciliation and ensuring market sustainability, the Economic Development Department will open the doors of the Gwetaandaaawe Market to non-Indigenous vendors to encourage inclusivity and cultural exchange.

**MARKET DATES:**

- October 3<sup>rd</sup>
- November 7<sup>th</sup>
- December 5<sup>th</sup>

**LOCATION:**

1972 Virgil Ave, Sarnia, ON  
Maawn Doosh Gumig Community Centre

Contact Joel Piché @ [jpiche@aamjiwnaang.ca](mailto:jpiche@aamjiwnaang.ca) or 519-336-8410 ext 242



# HONOURING THE ST. CLAIR RIVER

Join friends and neighbours for an engaging evening exploring fish and wildlife research happening throughout the St. Clair River.  
Free to attend—more details coming soon!

 **WEDNESDAY, OCTOBER 21, 2026**

 **5:30 PM: DOORS OPEN  
6:30 PM: DINNER  
7:15 PM: PRESENTATIONS**

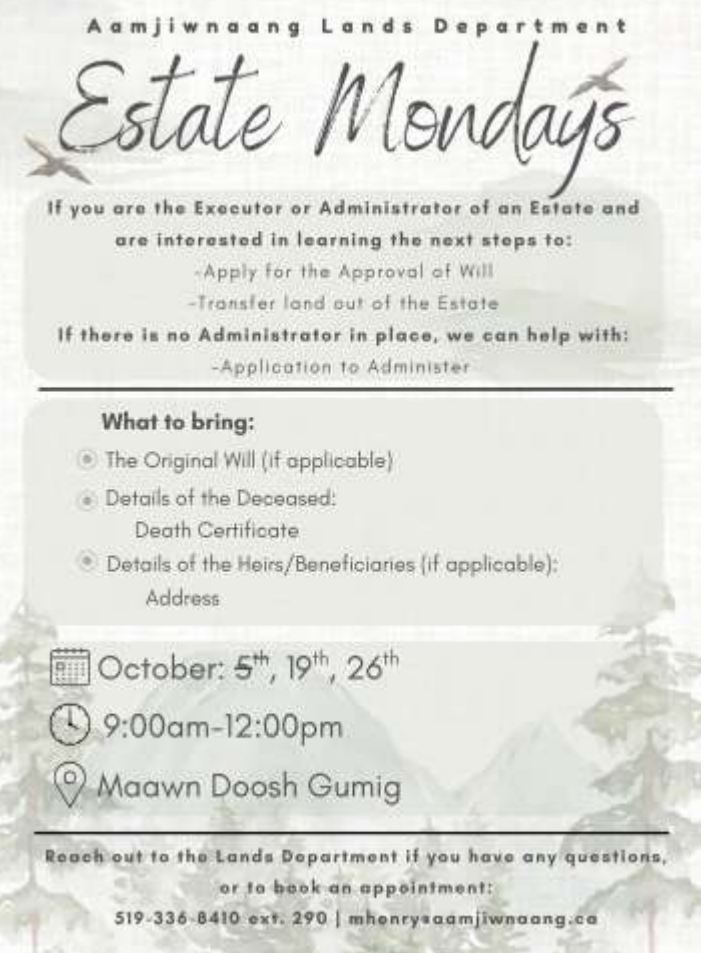
**BOGEY'S INN AND VENUE**  
2845 St. Clair Parkway,  
Sombra, Ontario

**REGISTER BY OCTOBER 7<sup>TH</sup>**



<https://bit.ly/4AbOtmF>

Presented by the Canadian Remedial Action Plan Implementation Committee for the St. Clair River Area of Concern



**Aamjiwnaang Lands Department**

# Estate Mondays

If you are the Executor or Administrator of an Estate and are interested in learning the next steps to:

- Apply for the Approval of Will
- Transfer land out of the Estate

If there is no Administrator in place, we can help with:

- Application to Administer

**What to bring:**

- The Original Will (if applicable)
- Details of the Deceased:  
Death Certificate
- Details of the Heirs/Beneficiaries (if applicable):  
Address

 **October: 5<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>**

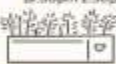
 **9:00am-12:00pm**

 **Maawn Doosh Gumig**

Reach out to the Lands Department if you have any questions, or to book an appointment:  
519-336-8410 ext. 290 | [mhenry@aamjiwnaang.ca](mailto:mhenry@aamjiwnaang.ca)

# Aamjiwnaang Child and Family Well-Being

## OCTOBER 2026

| SUN | MON                                                                                                           | TUE                                                              | WED                                                                          | THU                                                                                                                                                         | FRI                                                                                                                                           | SAT                                                                                                                  |
|-----|---------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------|------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|
| 27  | 28                                                                                                            | 29                                                               | 30                                                                           | 1                                                                                                                                                           | 2                                                                                                                                             | 3                                                                                                                    |
| 4   | 5                                                                                                             | 6                                                                | 7                                                                            | 8<br>Caregiver Support Group - Sipkani<br>12:30pm-2:30pm<br>              | 9<br>Reapers Realm - Child and Youth<br>6:15pm-10:30pm<br> | 10                                                                                                                   |
| 11  | 12<br>Happy Thanksgiving<br> | 13                                                               | 14<br>Snack Program - 9-4<br>Young Moms Group - 12-2<br>Hunting 101 Prep 9-5 | 15<br>Caregiver Support Group - Cooking on a Budget<br>12:30pm-2:30pm<br> | 16                                                                                                                                            | 17<br>Canadas Wonderland Trip<br> |
| 18  | 19<br>Land Hunting Info Booths 11am - 3pm<br>Young Mens Group 3-5:30                                          | 20<br>Youth Deer Hunt 10am - 3pm<br>Circle of Security 5pm - 7pm | 21<br>Youth Deer Hunt 10am - 3pm<br>Young Moms Group - 12-2                  | 22<br>Caregiver Support Group - Halloween Craft - 12:30pm-2:30pm<br>Pool Stargazing<br>Chickenpot Meat 5pm<br>Youth Duck Hunt                               | 23<br>Youth Deer Hunt 10am - 3pm                                                                                                              | 24                                                                                                                   |
| 25  | 26                                                                                                            | 27<br>Circle of Security 5pm - 7pm                               | 28<br>Young Moms Group - 12-2                                                | 29<br>Grocery Giveaway 10am<br>Haunted Trail 6:30-8:30                                                                                                      | 30<br>Haunted Trail 5-10<br>                               | 31<br>HAPPY HALLOWEEN<br>         |

## GROCERY GIVEAWAY SIGN UP



In an effort to streamline the processing of those coming to the Grocery Giveaway we would ask that you please take some time to fill out the QR Code Form before you come to the Giveaway. **Miigwetch.**



Wednesday October 21 at 5 pm

# Community Open House

Hosted by Aamjiwnaang First Nation and Hydro One



## Event overview

**Date:**

Wednesday October 21,  
2026

**Time:**

5:00 pm to 7:00 pm

**Venue:**

Maawn Doosh Gumig  
Community Centre

**Aamjiwnaang First Nation** and **Hydro One** are working together to share information on the St. Clair, Longwood to Lakeshore, Windsor Lakeshore and Energizing Essex County transmission line projects. Contractors, Forbes Bros. and Valard will have representatives present to answer employment, training and procurement questions. Learn about the 10% ownership Aamjiwnaang has in the Chatham to Lakeshore transmission line and the opportunity to own a portion of future lines once they are energized.

## An evening of good food, prizes and information:

- **Menu:** Lasagna (*meat and vegetarian*), caesar salad, fresh bread and delicious desserts
- **Draws for Door Prizes:** Items from artists and vendors from the GWETAANDAAWE Market and more!

**Dinner will be served at 5:30 pm**

**Door prizes to be won!**

## For more information

**Kelly Williams**

Consultation and Accommodation Officer  
KWilliams@Aamjiwnaang.ca

**Shadicia Michalik**

Coordinator, Indigenous Partnerships  
Shadicia.Michalik@HydroOne.com



## NURTURING THE SEED

Developmental Screening for Aamjiwnaang Community  
Members aged 0-5 years



# ASQ Fall Screening Hub

**Tuesday, October 20, 2026**  
**4:00-7:00 pm**

MAAWN DOOSH GUMIG

Support your child's milestones by completing an Ages and Stages developmental screen! Learn about their strengths, access helpful supports, and take part in the Nurturing the Seed study to help improve services for families in our community.

Children who are returning study members or  
first-time screens will receive a gift card!

FALL MAKE & TAKE ACTIVITY FOR KIDS, CHILD MINDING,  
DINNER, & CONNECTION WITH OTHER FAMILIES

If you need transportation please email [mlefaive@aamjiwnaang.ca](mailto:mlefaive@aamjiwnaang.ca)



Aamjiwnaang Developmental Services Care Team

# Big Feelings, Calm Bodies

## Understanding Self-Regulation & Strategies to Support Your Child



## Parent Engagement Night

Join us for an interactive evening  
focused on

- Self-Regulation
- Co-Regulation
- Practical Strategies
- Support for your Child's Regulation Needs

Information presented by  
Occupational Therapist  
Anna Marie Cooney.

**REGISTRATION REQUIRED!**  
Limited spaces & draw will take place  
if necessary

Child minding available.

Thursday,  
**October 22, 2026**  
5:00 - 7:00 PM  
Maawn Doosh Gumig

SCAN ME!



Participation Policy will be in effect for all Health Centre Events.

Questions? [apettit@aamjiwnaang.ca](mailto:apettit@aamjiwnaang.ca)



To celebrate October being Occupational Therapy Month, we will be hosting a fun Emotion Tracking Contest! 🎃 This activity will allow you to track your child's emotions throughout the month of October. Simply fill in one ghost each day to show how your child is feeling, and at the end of the month, take a photo of your completed colouring page and submit it to [apettit@aamjiwnaang.ca](mailto:apettit@aamjiwnaang.ca) for a chance to win a self-regulation-themed prize!

## OCTOBER 2026!

©ToolsToGrow®

### Instructions:

- Color a ghost each day to help determine how you are feeling for that day.
- Each ghost has a number for the day of the month.
- Use the color legend to indicate how you are feeling at the time of coloring.
- Or, color toward the end of the day to indicate how you were feeling most of the day.
- When the month is finished, your ghosts will show a picture of your emotions over time.

## A BOO-TIFUL BUNCH OF feelings!

### LEGEND

|                   |                                                                                                                   |
|-------------------|-------------------------------------------------------------------------------------------------------------------|
| <br><b>Blue</b>   | <input type="checkbox"/> Sad<br><input type="checkbox"/> Sick<br><input type="checkbox"/> Tired/Bored             |
| <br><b>Green</b>  | <input type="checkbox"/> Happy<br><input type="checkbox"/> Calm<br><input type="checkbox"/> Focused               |
| <br><b>Yellow</b> | <input type="checkbox"/> Worried<br><input type="checkbox"/> Frustrated<br><input type="checkbox"/> Excited/Silly |
| <br><b>Red</b>    | <input type="checkbox"/> Mad/Angry<br><input type="checkbox"/> Annoyed<br><input type="checkbox"/> Scared         |

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CHILD & FAMILY WELL-BEING

# CHRISTMAS



## *Family Photos*



Maawn Doosh Gumig  
November 20 & 21, 2026

Sr's Room

Use the QR Code to sign up.

1 Photo per family.

Limit 6 people (or immediate family)

*Making Memories Photography*



# PENDLETON BIISKOWAAGAN (JACKET)

with Tracy Toulouse

BREAKFAST



LUNCH



**October 27<sup>th</sup> & 28<sup>th</sup>**

**9 am - 3 pm**

**Maawn Doosh Gumig**

**MUST COMMIT TO THE 2 DAYS**



**SIGN UP →**



Questions? Sophie 519-491-2160

# AAMJIWNAANG

## FAMILY SUPPORT GROUP

**OCTOBER 14, 2026**

Please join us for a conversation about your concern with a loved one who is struggling with mental health, substance use or addictions.

### HEALTH CENTRE

**Wednesdays 5PM-6PM**

- ▶ Do you have questions about how to help your loved one with anxiety or depression?
- ▶ Do you have concerns and questions about helping someone who uses substances like alcohol or opiates?
- ▶ Do you have questions about how to take care of yourself through this stressful time?

If so, this group is for you. **AGES 18+**

Please call 519-332-6770 ext. 317 for more info or email [tgeorge@aamjiwnaang.ca](mailto:tgeorge@aamjiwnaang.ca)

## IMPROVE YOUR Computer Skills

Click, Learn, Connect — Start Your Digital Journey Today!  
Designed for ADULTS aged 18+ years of age

All sessions will be at the Education Building between 2:30pm-4:30pm

October Drop in Sessions - Wednesdays

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|-----|
|     |     |     |     | 1   | 2   | 3   |
| 4   | 5   | 6   | 7   | 8   | 9   | 10  |
| 11  | 12  | 13  | 14  | 15  | 16  | 17  |
| 18  | 19  | 20  | 21  | 22  | 23  | 24  |
| 25  | 26  | 27  | 28  | 29  | 30  | 31  |

COME LEARN THESE SKILLS & MORE

- Computer Operations
- Email & Other Communication Programs
- Navigating Internet & Social Media

Contact Judith for information: 519-336-8410 ext: 212 or [jbeauchamp@aamjiwnaang.ca](mailto:jbeauchamp@aamjiwnaang.ca)

Get SET Skills, Education and Training | CanacEd | EMPLOYMENT ONTARIO | Ontario



## ZHAWENIMISHINAAM WELLNESS CLINIC

The Zhawenimishinaam Wellness Clinic is a low-barrier health service offered through the Aamjiwnaang Health Centre's nurses. Our goal is to provide compassionate, respectful, and accessible care to community members in a safe and welcoming environment.

We believe everyone deserves access to care with dignity, kindness, and respect. Whether you have a health concern, need information, or simply want to check in, we are here to support!

**EVERY THURSDAY (STARTING OCT 8TH)**  
**1:00PM-3:00PM**  
**ZHAWENIMISHINAAM (BLUE BUILDING)**

**SERVICES OFFERED:**

- Basic wound care
- Blood pressure checks
- Foot screenings
- Sexual health education and supplies
- Health navigation and referrals
- Wellness support

**NO REGISTRATION. EVERYONE WELCOME!**

**QUESTIONS? CALL 519-336-8410 EXT. 211 OR 519-332-6770 EXT. 309**



## Temporary Health Centre

Phone number until further notice

**519-332-8074**



# BALANCE BASICS

Join us for a fun and practical Balance Basics Workshop with Tonia Nisbet!

Learn simple movement strategies to help you:

- 💪 Build strength and stability
- ⚖️ Improve your balance and coordination
- 🛡️ Reduce your risk of falls and injuries

Whether you're looking to improve your balance, build your confidence, or simply learn new ways to keep your body strong — this workshop is for you!

Wednesdays in October  
Oct. 14<sup>th</sup>, 21<sup>st</sup>, and 28<sup>th</sup>  
10:30AM-11:30AM  
Maawn Doosh Gumig

No registration required.

Questions? Call Celsie ext. 308 or Mikeesha ext. 309



Aamjiwnaang Health Centre



## DIABETES 101

**WITH LOWER LIMB  
PRESERVATION NURSE -**

*Lexi Avina*



Join us to learn about:

- What diabetes is and how it affects your body
- How to better manage your blood sugar
- Why foot and lower-limb health is important
- How to prevent foot wounds and complications



**Monday  
October 19<sup>th</sup>**



**5-7PM**



**Aamjiwnaang  
Health Centre**

**Scan QR code to  
sign up:**



QUESTIONS? CALL CELSIE EXT. 308 OR MIKEESHA EXT. 309

Aamjiwnaang Child and Family Well-Being Facilitating:

# CIRCLE OF SECURITY

## Parenting Group

Circle of Security is an eight (8) week parenting group where participants are able to learn about the attachment they have with their children and why it is so important. This program will give you skills and knowledge to dealing with difficult behaviours and how you see your child in those moments. Participants will have the opportunity to participate in great group discussion to further thier learning together!

Participants must attend all sessions to receive their certificate of completion.

**Starting Date: October 20, 2026**

**Time: 5:00pm- 7:30pm (each session)**

### What you will learn:

- Why attachement is crucial
- Understand emotional neeeds
- Meeting needs of children
- Being bigger, stronger, wiser and kind
- Learn your "Shark Music"

### Session Schedule:

- October 20, 2026
- October 27, 2026
- November 3, 2026
- November 10, 2026
- November 17, 2026
- November 24, 2026
- December 1, 2026
- December 8, 2026



Transportation



Child Care



Dinner

### Contact Us to Register

Brittany 519-330-1540 / brjacobs@aamjiwnaang.ca

Vicki 519-328-2229 / vjacobs@aamjiwnaang.ca

Heather hrobertson@aamjiwnaang.ca



November 15th  
November 20th



# National Addictions Awareness Week



**SUNDAY** - Breakfast / Recognition Awards

**MONDAY** - Diabetic Support Group

**TUESDAY** - Medicine Workshop / Community Sweat

**WEDNESDAY** Ron Kanutski - Addiction workshop

**THURSDAY** Soup Social / Community Dance

**FRIDAY** - Narcan Training





# SKILLED TRADES EXPO & APPRENTICESHIP PATHWAYS PANEL

Explore careers in the skilled trades, connect with local exhibitors, and learn about apprenticeship pathways at the Skilled Trades Expo and Panel Discussion.



Explore hands-on activities



Learn about in-demand trades

**17** Wednesday, October 14

- 11:00 a.m. to 5:00 p.m.
- Panel is at 4:00 to 5:00 p.m.

**Lambton College**

**No registration required**

THANK YOU TO OUR SPONSORS:



This Employment Ontario program is funded in part by the Government of Canada and the Government of Ontario.

## AAMJIWNAANG CHILD & FAMILY WELL-BEING



# LAND BASED LEARNING

## Fall Deer Hunting Season 2026

Hunters safety talk

Date: October 14th

Community Centre.

5:00PM to 8:00PM

Hunting dates: October

Deer hunt 20,21 & 23

Duck hunt Oct 22 leave AFN

4:30AM!

deer hunts start out from

Community Centre at

6:00AM!

*This is a great opportunity to learn the proper steps to safe hunting & harvesting with traditional and cultural infused teachings. It's important as First Nations People to practice our rights to hunting & fishing. You must complete the HUNTING SAFETY DAY to be eligible to participate on hunting day, where you'll be paired up with a local hunter to do a morning hunt on the day you choose to hunt. "keeping in mind hunts start at sunrise"*

*\*For ages 12 to 18\**

For more info contact Matthew or Carrie  
[misaac@aamjiwnaang.ca](mailto:misaac@aamjiwnaang.ca) or [carrie.plain@aamjiwnaang.ca](mailto:carrie.plain@aamjiwnaang.ca)



SIGN UP WITH QR CODE

Child & Family Well-Being

# Hunting 101

LEARN ABOUT THE LIFECYCLE  
OF A DEER, TRADITIONAL  
TEACHINGS, HUNTING  
SEASONS, SAFETY BASICS, &  
WHAT TO EXPECT DURING  
COMMUNITY HUNTS.

Maawn Doosh Gumig  
October 14  
5-8pm

\*Those wanting to attend youth hunts during harvest week must attend this session. If you cannot attend, please contact Matt or Carrie.

[misaac@aamjiwnaang.ca](mailto:misaac@aamjiwnaang.ca)   [carrie.plaine@aamjiwnaang.ca](mailto:carrie.plaine@aamjiwnaang.ca)



# AAMJIWNAANG LAND-BASED HARVEST EVENTS WEEK

For more  
information  
contact  
Matt & Carrie

**MONDAY  
OCT**

**19**

## Hunting info booths

- Schools 11:00AM to 3:00PM
- Hunter demonstrating show & tell
- Deer, Ducks, Fishing, Turkey, Trapping & more.
- Open to Community 5:00PM to 8:00PM



Child & Family  
Well-Being



**TUESDAY  
OCT**

**20**

## Youth deer hunt

- Youth deer hunt for those that are selected
- Skinning a deer 10:00AM to 12:00PM
- Trapping & skinning 1:00PM to 3:00PM

**WEDNESDAY  
OCT**

**21**

## Youth deer hunt

- Youth deer hunt for those that are selected
- Cleaning deer if harvested

**THURSDAY  
OCT**

**22**

## Youth Duck Hunt

- Youth duck hunt on Walpole Island for those that are selected
- Duck cleaning demonstrating 12:30PM
- Evening hunt for Adults that registered

**FRIDAY  
OCT**

**23**

## Community Feast

- Youth hunt for those selected
- Archery, Games, craft 3:00PM
- Community feast 6:00PM
- Hunting talk "traditional values"
- Story telling from hunters
- Calling Contest

misaac@aamjiwnaang.ca  
Carrie.plian@aamjiwnaang.ca

 **The Lighthouse Ministry**

# Sunday SERVICE

**2:00 pm**

Make a joyful shout to the Lord, all you lands!  
Serve the Lord with gladness; Come before His presence with singing  
Psalms 100:1-2 NKJV

**All Are Welcome**

*"It is my hearts desire for all to come to the knowledge of our Lord and Savior Jesus Christ"*

Lead Pastor  
Crystal Dowling

Assistant Minister  
Karen Taylor

**123 Maness Court  
Aamjiwnaang  
Sarnia, ON  
226-886-3812**

 **THE LIGHTHOUSE MINISTRY**

# WOMAN'S Conference

**Thursday October 22nd 2026**

**4-8 pm**

MAAWN DOOSH GUMIG  
1972 VIRGIL AVE  
AAMJIWNAANG

*Hosted By:*

**PASTOR CRYSTAL D** **MINISTER KAREN T** **MINISTER GLADYS W** **MINISTER CARLA M**

**TO REGISTER CONTACT  
PASTOR CRYSTAL 226-886-3812  
OR BY FACEBOOK MESSENGER**

 *The Lighthouse Ministry*

16 All Scripture is given by inspiration of God and is profitable for doctrine, for reproof, for correction, for instruction in righteousness,  
17 that the man of God may be complete, thoroughly equipped for every good work.  
18 Timothy 3:16-17 NKJV

# MID-WEEK SERVICE

**TIME IN THE PRESENCE OF THE LORD**

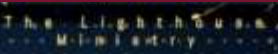
**6:00 PM**

**123 MANESS COURT, AAMJIWNAANG  
SARNIA, ON  
226-886-3812**

Lead Pastor  
Crystal Dowling

Assistant Minister  
Karen Taylor

Teachers  
Craig & Bonnie McFarlane

 *The Lighthouse Ministry*

# Special SERVICE

**Time 5:00pm**

**SEPTEMBER 25TH 2026**

**1972 Virgil Ave Aamjiwnaang**

**HOSTS: Pastor Crystal Dowling & Minister Karen Taylor**

**Acts 1:8 NKJV**

Jack & Lisa Dilday

Hosts of Kingdom News Now Tv Program

# ***WILLIE'S ADVENTURES***

## **MAPLE LEAFS vs BLACKHAWKS**



**February 22-24 /2025**

Includes: Ticket Sec 207, Coach Bus, 2 Nights at Hilton Garden Inn Downtown Chicago

**2 People in a Room \$560 Per Person US**

**3 People in a Room \$500 Per Person US**

**4 People in a Room \$470 Per Person US**

Bus leaves Foodland Corunna at 9:00 am Sharp, Food Basics Sarnia at 9:30 am Sharp and Point Edward Arena at 10:00 am Sharp.

Contact Willie at 519-384-1957 or [willie@cogeco.ca](mailto:willie@cogeco.ca)



## **SHOPPING AT SHIPSHAWANA & SHOW And LANSING MICHIGAN MALL**



**November 16-18, 2026**

Includes: Badder Coach Bus, 2 - Nights at the Van Buren Hotel, Shipshewana - 2 Queen Beds, Breakfast each Morning - Shopping in Shipshewana and Lansing Michigan and Dinner and Show at the Blue Gate Theater featuring "THE GATLIN BROTHERS" - 2 people in a room per person \$450, 3 people in a room per person \$410, and 4 to a room in a room per person \$395. All prices in American Funds. Bus will pick-up in Foodland Corunna at 7:00 am SHARP and Food Basics Sarnia at 8:00 am SHARP and Point Edward Arena at 8:30am SHARP. Contact New Willie's Adventures - 519-384-1957 or [willie@cogeco.ca](mailto:willie@cogeco.ca)

\$100 US secures your spot with balance due Oct. 5<sup>th</sup>, 2026



## **TRIP TO PIGEON FORGE/GATLINBERG**

&

## **GREAT SMOKY MOUNTAINS NATIONAL PARK**



**OCTOBER 20 - 25 / 2026**

Trip includes Badder Coach Bus, 5 Nights at Econo Lodge Riverside, Pigeon Forge, Breakfasts and Dinners each day, Dinner and Show at Hatfield and McCoy's, Dolly Parton's Pirate Adventure Dinner Show, Micro Midget Wrestling and Comedy Barn Theater, Dinner at Carino's and Applewood Farmhouse Restaurant. Guided tour of the Ole Smokey Mountains with a Free Tasting at the Ole Smokey Moonshine. Shopping in Gatlinburg and at the Outlet Shopping Mall. Also Dollywood for the Harvest and Lumi Nights Festivals and \$40 Meat Card - Cash Back Provided. Meal going and coming at the Golden Corral. Also some Free Time to do your own exploring of Pigeon Forge. \*\*And a stop on our return at Buc-ee's.\*\*

**2 in a room - \$1570.00 US Per Person**

**3 in a room - \$1420.00 US Per Person**

**4 in a room - \$1340.00 US Per Person**

Coach Bus leaves Foodland Corunna at 5:00 am, Food Basic's Sarnia at 5:30 am and Point Edward Arena at 6:00 am. \$200 US Non-Refundable deposit secures your spot with remainder due September 1st, 2026. Contact New Willie's Adventures at 519-384-1957 or [willie@cogeco.ca](mailto:willie@cogeco.ca)

## **WEEK 8 - NFL FOOTBALL**



@ Ford Field Detroit Michigan

**SUNDAY NOVEMBER 1st @ 1:00pm**

**\$550 CDN or \$370 US**

Includes: Coach Bus and Ticket (Upper Bowl)

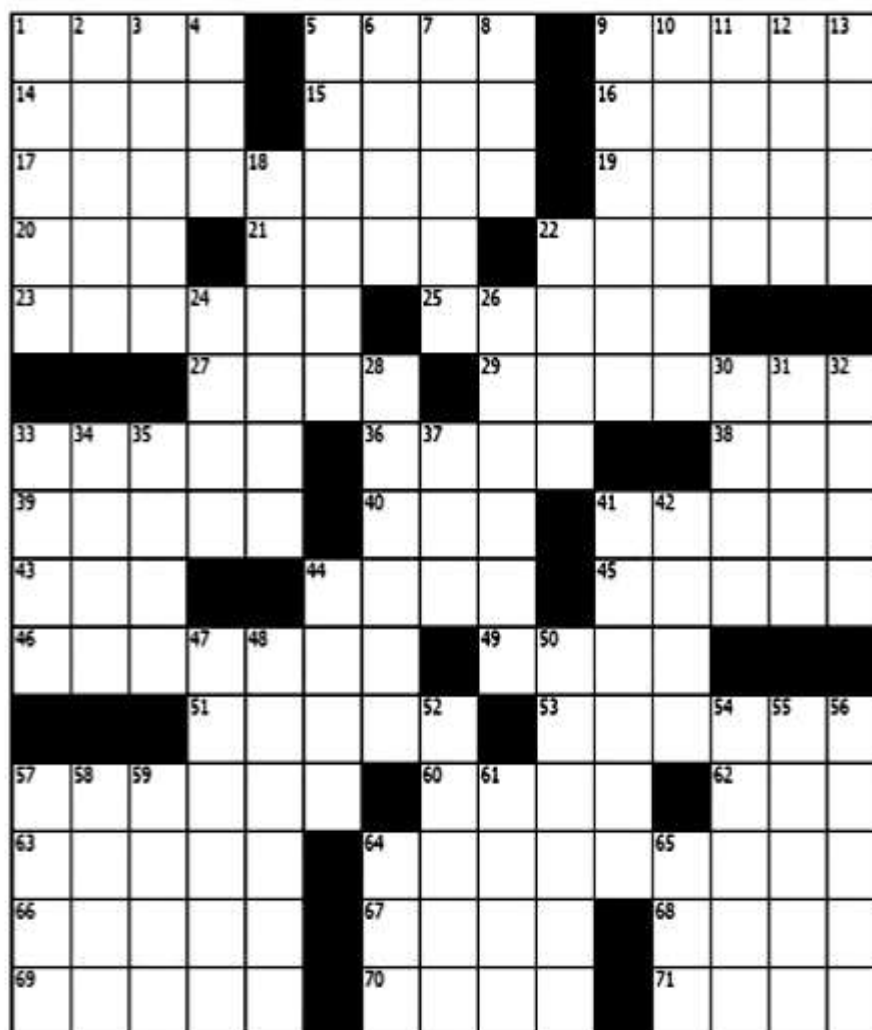
Bus leaves Foodland Corunna at 8:00am Sharp, Food Basics Sarnia at 8:30am Sharp and Point Arena at 9:00am Sharp. Soft sided coolers allowed. Will be stopping and pickup at Meijers in Marysville at 10:00 approx.. Contact Willie at Willie's Adventures at 519-384-1957 or [willie@cogeco.ca](mailto:willie@cogeco.ca)



# Crossword puzzle

## Across

1. Blot
5. Heidi's mountains
9. Bellybutton
14. Corned beef dish
15. Suds maker
16. Spry
17. Criminal's helper
19. Ringle
20. "Cry \_\_\_\_ River" (2 wds.)
21. Sty sound
22. Certain leathers
23. Baseball blunders
25. Revere
27. Greek letter
29. Wondrous
33. Juan's goodbye
36. Rather and Quayle
38. Pod inhabitant
39. West Point student
40. Muhammad \_\_\_\_
41. Things
43. Bard's "before"
44. Eye amorously
45. "\_\_\_\_ disturb" (2 wds.)
46. Oceanfront
49. Dragon's home
51. Got out of bed
53. Beethoven work
57. Minister
60. Immense
62. Dusting cloth
63. Once more
64. Astronomer's tool
66. Artistic category
67. Greek deity
68. Prophecy
69. Trimmed the border
70. Looks over
71. Pub missile



## Down

1. Dishonor
2. Nervous walker
3. Hollywood award
4. Common article
5. Aid
6. Waterfowl
7. Winter coat
8. Foreign agent
9. Mother \_\_\_\_
10. Concurs
11. Contended
12. More
13. Not so much
18. Most painful
22. Female pigs
24. Wind instrument
26. Frontiersman \_\_\_\_ Boone
28. Proverbs
30. Overt
31. Office message
32. Direction
33. Top cards
34. Risk
35. Original thought
37. Every bit
41. Simpletons
42. Shredded
44. Stench
47. Sarcastic writing
48. Pressed
50. Appraise
52. Each
54. Perfume
55. Thin candle
56. FBI employee
57. Knight's assistant
58. Ancient
59. Caroled
61. Lily species
64. Summer shirt
65. Massachusetts Cape

## Chiefs of Ontario visit:

## Anishinabek Nation visit:

## Assembly of First Nations visit:

**Southern First Nation Secretariat:**

## Crown Indigenous Relations and Northern Affairs:

## Indigenous Services Canada:

<https://www.canada.ca/en/indigenous-services-canada.html>

## Job Search Websites

[www.sixnations.ca/](http://www.sixnations.ca/)

- <http://www.ofifc.org/>





ATTENTION TO ALL MEDICAL DRIVERS!!!

Medical Travel slips are now due  
Fridays before 4:30pm.

### Medical Travel Drivers

Terry Plain (Monis) - 519-402-5535

Sheila Firth - 519-383-1073

Christine Plain - 519-466-0054

Muriel (Toddy) Joseph -

519-336-6323 or 519-312-2403

Kailey Maness - 519-328-5366

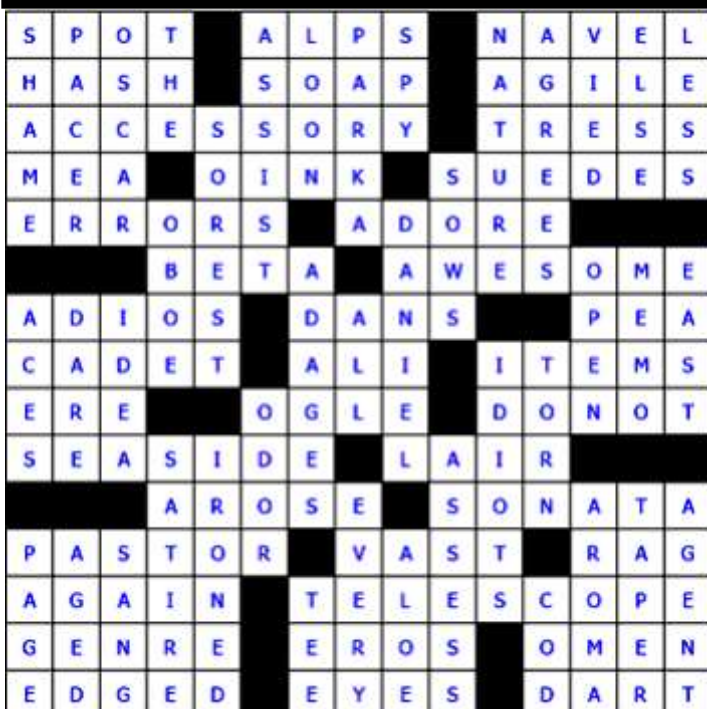
Jill (Henry) Smith - 519-384-0076

Ron Simon - 519-331-7607

### Wheelchair Accessible Van Driver:

Contact the Health Centre  
at 519-336-6770

## CROSSWORD SOLUTION



This Photo by Un-

### FYI - Health Benefits under Indigenous Services Canada

#### The Non-Insured Health Benefits Program (NIHB) - (Indigenous Services

Canada) is a National Program administered  
by Health Canada providing coverage for:

Dental, Drugs, Medical Supplies &  
Equipment, Medical Transportation, Vision  
Care, and Short-Term Crisis Intervention  
Mental Health Counselling.

Client Questions? - contact the NIHB client  
information line at: 1-800-640-0642

Using you Benefits: When you present your  
status card to any health provider, as if they  
bill directly to NIHB before obtaining the  
service. Ensure the health care provider  
verifies that the product/treatment is an  
eligible benefit listed on NIHB

Be Aware: If you are asked to pay upfront, it  
can take 6-8 weeks to be reimbursed, and you  
may not get reimbursed if the benefit was not  
pre-approved. You may want to seek out a  
provider that does bill directly to NIHB. The  
Drug or product may be an exception benefit  
requiring the provider to call the Drug  
Exception Centre at 1-800-580-0950

Benefits Outside of Canada: You must  
purchase travel health insurance if you travel  
outside of Canada. If you are a migrant  
worker or a full time student working or  
studying outside of Canada, call NIHB to ask  
about coverage at 1-800-640-0642 More  
information can be found at <https://www.sac-isc.gc.ca/eng>

Reimbursements: Mail your reimbursement  
form along with your original receipts and a  
copy of your prescription to;

NIHB/FNIHB

Health Canada, address locator 1902D

200 Eglantine Driveway, 2nd Floor

Ottawa, Ontario K1A 0K9



## **Aamjiwnaang Chief & Council**

### **Agenda Item Submission**

### **Information and Deadlines**



- \* Regular Council Meetings - 1st & 3rd Monday of every month, **starting at 5:00pm**. If Monday falls on a statutory holiday the meeting is generally held the following Monday. Please note, that from time to time meetings may be cancelled or postponed.
- \* Deadline - Tuesday's prior to the regularly scheduled meeting date, by 12:00 noon, for Band Manager review.
- \* Agenda Item Request Form is available at reception for the following locations: Administrative Complex (Band Office), E'Mino Bmaad-Zijig Gumig (Health Centre) & Maawn Doosh Gumig (Community Centre); and, on the Aamjiwnaang website.
- \* Your completed request form can be submitted in person or email, you may also wish to attach additional documentation and information to support your request (i.e. acceptance letters, budget, personal summary, etc.).
- \* Requests will be reviewed by the Band Manager, to ensure that the appropriate personnel/ department have the opportunity to respond or resolve the request, prior to being placed on the Council agenda.
- \* The guidelines set out above are in place to ensure that the flow of information to and from the Council table is efficient, and that your matter is addressed and resolved in a timely manner.

**If you have discussion items for Chief and Council on:**

**Monday October 19th, 2026**

**Your information is due by:**

**Tuesday October 13th 2026 at 12:00pm**

Miigwech, for your co-operation and understanding.

Ashley Jackson, Aamjiwnaang Council Clerk

[ajackson@aamjiwnaang.ca](mailto:ajackson@aamjiwnaang.ca)



### **COUNCIL AGENDAS**

**Presently, a copy of the Council Agenda is posted on the front doors of the Band Office and Community Centre.**

**If you would like to receive an "electronic" copy of the Council Agenda, please send an email to [mmatiland@aamjiwnaang.ca](mailto:mmatiland@aamjiwnaang.ca) providing your name and band number**

***Only band members can receive an electronic copy of the agenda.***

**Thank you,**

***Michelle Maitland***

**Community Information Officer**

## Youth, Adult & Seniors Recreation Funds

Chief and Council along with the Community Services Committee have developed a new Funding Policy to help our youth with their Sports, Arts and Recreational activities.

**Youth up to the age of 25 years** can fill out an application with the maximum funding being **\$800/CA per fiscal year**.

**Seniors who have reached the age of 60 years (and above)** can fill out an application with the maximum funding being **\$800/CA per fiscal year**.

**Adults between the age of 26 and 59 years** can fill out an application with the maximum funding being **\$300/CA per fiscal year**.

*These maximums will take into consideration LNHL reimbursement and any other recreational funding*

This is a reimbursement program so receipts must be submitted with your applications. Weekly deadline to submit applications is Thursday @ noon

Applications can be picked up at the Community Centre or Band Office. For more information please contact the Community Centre – 519-491-2160

***Seniors, Adult and Youth applications are to be submitted weekly by Thursday at noon***

### **CHIPPEWA TRIBE-UNE**

1972 Virgil Avenue

Sarnia, Ontario N7T 7H5

Phone: 519-491-2160

E-mail: [editor@aamjiwnaang.ca](mailto:editor@aamjiwnaang.ca)

The next issue is due out on: **Friday, October 23rd, 2026**

The deadline for submissions is **Wednesday, October 21st, 2026**  
**at 12:00pm**

Please submit your documents in **Word, Excel, or Publisher** formats or info can be hand written; **jpeg** for pictures.

**This paper and past editions can also be found on the Aamjiwnaang website at: [www.aamjiwnaang.ca](http://www.aamjiwnaang.ca)**

If you have stories that you would like to share, please submit them to the Editor at : [editor@aamjiwnaang.ca](mailto:editor@aamjiwnaang.ca)



# Aamjiwnaang First Nation

## Land Acquisition Strategy: Community Survey

*This survey is intended for Aamjiwnaang members to share feedback on Land Acquisition. Land Acquisition in this context means to acquire lands outside of Aamjiwnaang's existing boundaries. If Aamjiwnaang membership determines there is in fact a need to acquire land, this survey will be further utilized to determine specific needs that may be addressed through creating a "Land Acquisition Strategy". The feedback in this survey is important to determine community needs and priorities within this strategy.*

**SURVEY DUE DATE:** November 30<sup>th</sup> 2026

Submit to:

Mariah Henry  
(519) 336 8410 ext 290  
[Mhenry@aamjiwnaang.ca](mailto:Mhenry@aamjiwnaang.ca)

Danielle Nahdee  
(519) 336 8410 ext 291  
[dnahdee@aamjiwnaang.ca](mailto:dnahdee@aamjiwnaang.ca)

**Please select your age category:**

- a. Young adult (18-25)
- b. Adult (26-54)
- c. Senior (55+)

**2. Are you currently residing:**

- a. On-Reserve
- b. Off-Reserve

**3. Are you currently a homeowner?**

- a. Yes, I am a homeowner on-reserve
- b. Yes, I am a homeowner off-reserve
- c. No, I am not a homeowner

**4. Is there a need for Aamjiwnaang to acquire/purchase lands off-reserve?**

- a. Yes
- b. No

**5. What are the top land use needs that Aamjiwnaang should prioritize in the Land Acquisition Strategy. (Please rate top 3 priorities, #1 as most important)**

- ☐ Residential
- ☐ Business Development Opportunities
- ☐ Food Sovereignty (Agriculture, Farming, Fishing & Hunting)
- ☐ Ecological Zones (Environmentally protected zones)
- ☐ Community Services (School, Daycare, Recreation)
- ☐ Other:

**6. Should we pursue land acquisition in areas where we have a significant amount of members residing?**

- a. Yes, it's important for acquired land to be in close proximity of members
- b. No, the strategy should remain open to acquiring land nationally and internationally
- c. The location should be selected based on how to best address community needs/priorities

**7. Share your Vision. If Aamjiwnaang acquired lands outside of the current First Nation boundaries; what do you envision? How does this look? How does it benefit the community?**