



Aamjiwnaang First Nation

EMPLOYMENT OPPORTUNITY

Position Title: Summer Student (Post Secondary Posting) - Health Promotion Assistant

Location: Sarnia, ON

Duration: 35 Hours/week (June 1st, 2026 - August 21st, 2026)

Posting Closes/Deadline: May 20th, 2026

Tentative Interview Dates: May 25th-29th, 2026

Position Summary

Under the direction of the Health Promotion Supervisor(s), the Health Promotion Assistant will support community wellness initiatives by assisting with health promotion programming, coordinating recreational activities, and contributing to food security efforts through the local food bank. The student will also observe and learn from nursing staff, gaining exposure to community-based clinical services such as wound care, immunizations, chronic disease management, and tobacco cessation support. This role is ideal for post-secondary students interested in health and community wellness.

Responsibilities

- Health Promotion and Education:
 - Assist in planning and delivering health promotion programs (e.g., diabetes awareness, mental wellness, nutrition education)
 - Support the development and distribution of educational materials (posters, tribe-une posts, social media content)
 - Participate in community events
 - Promote healthy lifestyles through culturally appropriate and inclusive approaches
- Food Bank Support:
 - Assist with food bank operations (filling orders, shopping, storage, etc)
 - Maintain cleanliness, organization, and inventory of food bank supplies
 - Support community initiatives related to traditional foods, nutrition, and food sovereignty where applicable
 - Ensure respectful, confidential, and compassionate service to all clients
- Recreation and Sports Nights:
 - Plan, organize, and facilitate community sports nights and physical activity events
 - Set up and take down equipment needed for activities
 - Encourage participation across all age groups, with a focus on inclusivity and fun
 - Integrate cultural elements into recreation where appropriate (e.g., traditional games, teachings, etc.)
- Clinical Learning & Health Services Exposure:
 - Observe and support community health nursing services under supervision
 - Gain exposure to services such as:
 - Wound care and basic clinical procedures
 - Immunization clinics
 - Chronic disease prevention and management (e.g., diabetes care)
 - Tobacco cessation programming
 - Assist with clinical flow, preparation of supplies, and health education (within scope and under direction)
 - Maintain strict confidentiality and professionalism in all clinical settings
- Administrative and General Support
 - Assist with program planning, registration, and attendance tracking
 - Create educational flyers, handouts, social media content
 - Maintain accurate records and documentation in EMR

- Support other community health initiatives as needed

Knowledge, Skills, & Abilities

- Organizational and planning
- Time management skills and the ability to prioritize work
- Data management
- Attention to detail and accuracy
- Problem-solving
- Adaptability
- Teamwork
- Communication skills - verbal and written
- Strict adherence to confidentiality practices
- Valid Drivers License (and access to reliable vehicle preferred)
- First Aid & CPR Certification
- Criminal Record Check/Vulnerable Sector Check

Working Conditions

- Combination of indoor and outdoor work
- May include evenings or weekends
- Physical tasks such as lifting groceries, and setting up equipment

Minimum Requirements

- Currently enrolled in a post-secondary program (e.g., Public Health, Nursing, Social Work, or related field).
- Must be between the ages of 15-30 years of age at the start of employment.
- Must have a Social Insurance Number.
- Must have a bank account.
- Must have completed pre-employment program requirements (Youth Leadership Training, Food Handlers, etc).
- Excellent communication and interpersonal skills.
- Ability to work independently and as part of a team.

Other Considerations

In accordance with Section 16 Special Programs of the Canadian Human Rights Act, preference will be given to Aamjiwnaang Band Members with relevant education/experience (R.S.C 1985, c. H-6, s16 (1-3)).

Application Process

If you are interested in this opportunity, kindly forward your resume and cover letter via mail, email, or fax to:

Aamjiwnaang First Nation
978 Tashmoo Avenue
Sarnia, ON
N7T 7H5

Attention: Ashley Fisher, Human Resources Officer
Or

humanresource@aamjiwnaang.ca with subject line: JOB APPLICATION – HEALTH PROMOTION ASSISTANT (SUMMER STUDENT)

Or
519-336-0382 fax

For more information, check us out online at www.aamjiwnaang.ca