

AAMJIWNAANG FIRST NATION'S
Chippewa Tribe-UNE

NEW!
Culture &
Language
Department

OPEN HOUSE

January 4-7PM
28th

Maawn Doosh Gumig
(519)491-2160



Questions?

Contact Sophie

sophies@aamjiwnaang.ca

**Food &
Door
Prizes!**



Mino Dbishkaayin-Happy Birthday

Joshua Greer	Jan.16	Rachel Jones	Jan.23
Selena Mejia-Smith	Jan.16	Sandra Lacroix	Jan.23
Lucy Myers	Jan.16	Sandy Waring	Jan.23
Frieda Stewart	Jan.16	Harold Zee	Jan.23
James Adams	Jan.17	Hailey Gies	Jan.24
Verna Cottrelle	Jan.17	Randy Boudreau	Jan.24
Jackson Joseph	Jan.17	Lillian Bressette	Jan.24
Theodore Simon	Jan.17	Alaric Campbell	Jan.24
Brady Medeiros	Jan.18	Ronald Kimmel Jr	Jan.24
Natalie Nahmabin	Jan.18	Chance Maness	Jan.24
Byron Bird	Jan.18	Midajah Rogers	Jan.24
Mazl Ohayon	Jan.18	Denay Shaw	Jan.24
Sienna Pego	Jan.18	Donovan Fisher-Cristovao	Jan.25
Audrey Williams	Jan.18	Whittney Fisher-Cristavao	Jan.25
Raven Williams	Jan.18	Kyro Joe	Jan.25
Sadie Buchanan	Jan.19	David Nahmabin	Jan.25
Sharren Fisher	Jan.19	Janice Nelles	Jan.25
Nickinini Matthew	Jan.19	Marcellus Plain	Jan.25
Malysha Williams	Jan.19	Connie Rogers	Jan.25
Maverick Albert	Jan.20	Malikai Solares	Jan.25
Silas Fontaine	Jan.20	Christopher Stover	Jan.25
Holly Foster	Jan.20	Anthony Williams	Jan.25
Tiffany Gilbert	Jan.20	Raisa Williams	Jan.25
Noal Grondin	Jan.20	Danielle Bird	Jan.26
Alexandria Maness	Jan.20	Jocelyn Hajas	Jan.26
Bryan Mills	Jan.20	Christen Hignett	Jan.26
Brandon Nahmabin	Jan.20	Victoria Maydwell	Jan.26
Ernest Plain	Jan.20	Taylor A Plain	Jan.26
Joshua Plain	Jan.20	Silas Sanderson-Gray	Jan.26
Heather Robertson	Jan.20	Lacey Williams	Jan.26
Christopher Flegg	Jan.21	Sebastian Adams	Jan.27
Ezekiel Jackson-Bressette	jan. 21	Patricia Glauner	Jan.27
James Gray	Jan.21	Jessica Gray	Jan.27
Tirah Oliver	Jan.21	James Plain	Jan.27
Bertram Partin	Jan.21	Trenton Rogers	Jan.27
Carrie Plain	Jan.21	Mary Lee Schmidt	Jan.27
Corrie Wilkinson	Jan.21	Anthony Williams	Jan.27
Barry Bird	Jan.22	Sydney Bird-Little	Jan.28
Corina Lawrence	Jan.22	Lance Rising	Jan.28
Cassidy Nahmabin	Jan.22	Shaylee Doxtator	Jan.29
Deon Wrightman	Jan.22	Courtney Mammarella	Jan.29
John Darren Adams	Jan.23	Michael Meza	Jan.29
Donald Gray	Jan.23	Alan Dale Plain	Jan.29
Lynda Hajas	Jan.23	Carole Rose	Jan.29
Dawn Carter (was Kulanda)	Jan.23	Tannis Ayer	Jan.29



AAMJIWNAANG CHILD & FAMILY WELL-BEING

LIFTING OUR YOUTH

Round dance

JANUARY 17TH 2026

INVITED HEAD STAFF

EMCEE

John "Meeg" Snake

YOUTH CO'EMCEE

Zaidis Deleary

STICK MAN

Ray "Shkawb" Deleary

YOUTH STICK MAN

Aspen Deleary

**INVITED SINGERS**

Sheldon Primeaux

John Syrette

Lorne Pawis

William "Sticks" Cottrelle

INVITED WOMENS BACK-UP SINGERS

Kaylyn Kewageshig

Tanya Leah Bird

INVITED YOUTH SINGERS

Waseskwan Linklater

JJ Robinson

Liam Peters

INVITED YOUTH WOMENS BACK-UP SINGERS

Mackenzie Nolan-Summers

Joycee Snake

- Feast at 5:00PM
- Round dance starts at 7:00PM
- Snack break at 9:30PM
- Giveaway 11:11PM
- Closing 12:00AM



All Singers welcome and will be recognized

Feast bundles are encouraged!
Participants will be entered into a draw

SUBSTANCE FREE EVENT!

SPECIAL: SPOT DANCE'S
BEST RIBBON SHIRT
BEST RIBBON SKIRT

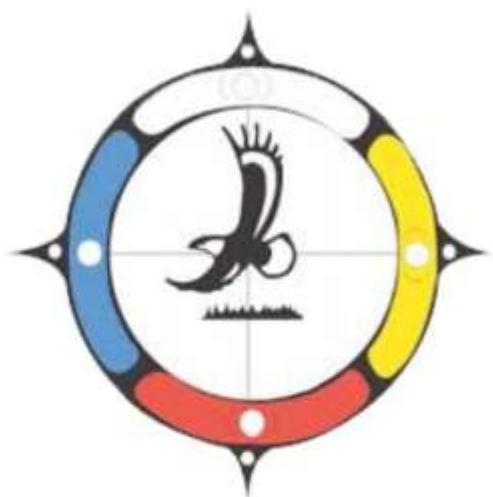
LOCATION: 1972 VIRGIL AVE, SARNIA
ONTARIO N7T-7H5
AAMJIWNAANG COMMUNITY CENTRE

LIMITED SPACE FOR VENDORS FOR MORE INFO CONTACT MATTHEW ISAAC

519-336-8410 EXT 206

MISAAC@AAMJIWNAANG.CA

ANISHINAABEMOWIN-TEG INC.



ZHAABWITOON MAANDA PII!

(SAVE THE DATE!)

March 26-28, 2026

Naadmowaadaa Eshkiniigjik Wii Anishinaabemowaat

(LET'S HELP OUR YOUTH TO SPEAK OUR LANGUAGE)

**32nd Annual Anishinaabemowin-Teg Inc.
Conference at:**

To book by
phone call:
519-451-0444

Hotel
Reservation
GROUP Code:
0326ATEG

**100 Kellogg Lane
London, ONT. N5W 0B4**

<https://100kellogglane.com/>

QR code
for
reservation



The Hard Rock Hotel

to book your room go to: <https://bit.ly/ATEG2026>

Email at: anishinaabemowinteg@gmail.com



Sign Up is now open for the draw to be sent to the Anishinaabemowin Teg Inc Language Conference.

This years conference will be held in London, ON. If you are chosen we will cover Travel, Hotel, Meals and Registration fees for yourself and one guest. You will be responsible for all other costs associated with this opportunity.

Deadline to sign up for the draw is March 9, 2026 at 8:00pm

The draw will be conducted on March 10, with successful entrants being notified as soon as possible.

To sign up for the draw, contact the Maawn Doosh Gumig at (519) 491-2160 and leave your NAME, the name of your guest, contact number.

If you were sent by Aamjiwnaang First Nation last year you are not eligible to sent again this year.

Attention On-Reserve Community Members



Dead or dangerous trees could be removed as per Aamjiwnaang's tree removal policy.

If you have any trees to be considered, please contact Public Works to have your address included.

Include the number of trees and type of trees, if known.

Trees will be looked at and submitted to Council for consideration.

Please note that your request may not be approved.

Call 519-336-0510 and leave your name, address, and tree information.

Attention Members!

Appointments will be required for membership services. Some services can be requested by phone or through email. Picking up or dropping off paperwork such as forms, letters, etc., does not require an appointment. The Membership Office is now assisting with estates. Also, as a reminder, there is a two-week waiting period for lost or stolen status cards. If your card has been lost or stolen, please notify the Membership Office as soon as possible to prevent any delay in getting a new card. Contact the Membership Office by:

Phone: 519-336-8410, ext. 230

Email: cadams@aamjiwnaang.ca

Aamjiwnaang First Nation PUBLIC WORKS DEPT.



The designated after-hours phone line for infrastructure service emergencies, basement back ups, animal control requests or winter maintenance issues, will be one main contact.

**After-hours Phone Number:
519-331-3596**

Please continue to use garage number during regular office hours.

Office hours 8am – 4pm , Monday to Friday

**Garage Phone Number:
519-336-0510**

For security issues contact the security phone line. The security team will be on duty daily from 8:00 p.m. to 4:00 a.m.

**Security Phone Number:
519-490-5927**



AAMJIWNAANG FIRST NATION Band Council

978 TASHMOO AVENUE
SARNIA, ONTARIO
N7T 7H5
Phone: 519-336-8410
Fax: 519-336-0382

December 18, 2025

BILL S-2

Media coverage immediately after the Senate's amendments to Bill S-2 that included the second-generation cut-off and the one-parent rule, have led many to believe that these changes are finalized and will automatically become law. This is not accurate.

Where Bill S-2 Actually Stands

This has passed the full Senate.

The bill has now been forwarded to the House of Commons and is currently at the second reading. From there it will undergo the following:

1. Second Reading
2. Standing Committee on Indigenous and Northern Affairs
3. Report Stage
4. Third Reading

Nothing in Bill S-2 comes into effect unless both the House of Commons and Senate pass it. The Bill must then receive Royal Assent.

The House is on break for 6 weeks and is expected to be recalled on January 26, 2026, but this date could change.

Canada continues to frame Bill S-2 as being strictly about the Nicholas court case on Enfranchisement. Canada has not accepted that this is the timely opportunity to fix long-standing discrimination, including the second-generation cut-off. The Senate can propose amendments, but the Government can reject them once the bill goes to the House. If the House of Commons makes any changes to Bill S-2, the bill must return to the Senate so both chambers agree on the exact same wording. Only after both the Senate and the House approve the same text, can it receive Royal Assent. Until then, nothing changes in law.

First Nations still have an opportunity right now to ensure our voices are heard and shape the final bill. This is an important moment to ensure that members of our families and our future generations are welcomed back into our Family Circles and not, once again, left behind by federal legislation.

Please keep an eye out on our page for a virtual information session with ISC in January 2026.



AAMJIWNAANG FIRST NATION

POLICY AND GUIDELINES FOR APPLYING FUNDING For Adult Recreation Fund

POLICY

Purpose of the funds:

The Chief and Council has set aside an amount of Band Funds to assist Adults between the age of 26 and 59 years of age, with the cost of recreational activities.

What we cannot fund:

1. Individual payments, without receipts. (i.e. distribution of per capita funding)
2. Individual applicants for profit (i.e., Gambling/Lottery).
3. Electronics: including Computers, Laptops, iPad, Gaming Systems, etc.

Eligible applicants:

1. Registered Band Members of Aamjiwnaang First Nation

Committee will take into consideration all requests made by the individual or group to the Aamjiwnaang First Nation. Maximum allowed funding is \$300 (CAN) per/fiscal year (April 1 – March 31).

PROCESS

Applications can be picked up at the Community Centre, Administration Office or on the Aamjiwnaang Website

1. Application must be fully completed and signed.
2. Briefly describe the activity or purpose of request.
3. Total cost, including applicant(s) contribution must be included.
4. A review will be done to ensure that the proposal meets the criteria.
5. Application will be reviewed and approved by the Community Services Committee.
6. If the proposal does not meet the requirements the applicant will be notified by the Community Service Coordinator, stating the reason why it does not meet the criteria.
7. The applicant will be notified by the Community Services Coordinator, of the decision of the Committee.
8. **All receipts** must be submitted for auditing purposes and HST rebate to the Finance Department. Handwritten receipts are to be supported with proof of payment.
9. Payments can be made to organization or association, with an official valid invoice.



AAMJIWNAANG FIRST NATION

Request for Adult Recreation Funding

Date Received: _____

CONTACT INFORMATION

Name: _____

Band No#: _____

Phone #: _____

Cell #: _____

Address: _____

E-Mail: _____

Do you have Direct Deposit set up with our Finance Department:

YES NO

INFORMATION of EVENT

Event/Project Attending: _____ Date(s): _____

Attach all supporting documents

Registration Fees: _____

Attach all supporting documents

Other Costs (Equipment, Etc.): _____

Attach all supporting documents

Transportation (Driving, Flying, Train, etc.): _____

Attach all supporting documents

Please return the completed form and supporting documents to the Community Services Department, at the Community Centre.

DECLARATION

It is agreed to provide the necessary documents as required and requested.

If funding is approved; it is agreed that any/all Reporting Requirements will be followed through in a timely manner. It is understood that failure to meet the Reporting Requirements will affect any future requests.

It is confirmed that the information contained in this application and the accompanying documents is true, accurate and complete.

Signature: _____

Date: _____

Notice of Ratification Vote

Notice is hereby given that a Ratification Vote of the *Aamjiwnaang First Nation* will be held at the *Aamjiwnaang Maawn Doosh Gumig Community & Youth Centre* on Friday the 23rd day of January, 2026, from nine o' clock (9:00) a.m. until eight o'clock (8:00) p.m. in order to determine if the eligible Voters of Aamjiwnaang First Nation approve the "Dawaabmang'waa Niigaanzijig" – 'Election Law'.

Notice is hereby given that the an Information Meeting will *Aamjiwnaang Maawn Doosh Gumig Community & Youth Centre* on Friday the 19th day of December, 2025, beginning at 2 o'clock (2:00) p.m. and lasting for at least three hours and will be able to be attended remotely, for the purpose of informing the voters of the proposed amendments to the laws governing the elections of said First Nation – the Election Law. Any eligible voter can receive the link to attend the Information Meeting remotely by completing the Request for Remote Attendance. A completed Request for Remote Attendance can be hand delivered or mailed to the Ratification Officer before the time set for the information meeting. Request for Remote Attendance forms not received by the Ratification Officer before the time set for Information Meeting are void.

Please note that any eligible voter may submit questions to be answered during the meeting by using a Voter Question form. A completed Voter Question form can be hand delivered or mailed to the Ratification Officer before the time set for the information meeting. Mailed Question forms not received by the Ratification Officer before the time set for Information Meeting are void. Any eligible voter present, in-person or remotely, may ask questions orally at the Information Meeting.

Members of Aamjiwnaang First Nation eighteen (18) years of age and older as of the date of the Ratification Vote, are eligible to vote, PROVIDED THEIR NAME IS LISTED ON THE VOTERS' LIST of Aamjiwnaang First Nation.

A copy of this notice along with the entire proposed Election Law, Request for Remote Attendance form, and Voter Question form, has been hand delivered to all eligible voters with an on-reserve address listed with the First Nation and mailed to all eligible voters with an off-reserve address listed with the First Nation. Additionally, all members with an off-reserve address listed with the First Nation will also receive a Mail-In Ballot initialed by the Ratification Officer, envelope to secure the Ballot, pre-labeled return envelope with post pre-applied, Voter Declaration Accompanying the Mail-in Ballot form, and Instructions for Mail-In Voting.

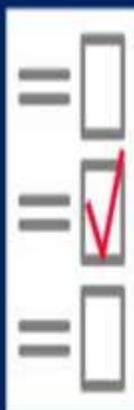
Any eligible voter with an on-reserve address listed with the First Nation can request a Mail-In Ballot by hand delivering or mailing a completed Request for Mail-int Ballot to the Ratification Officer, which has been provided. Mailed Requests for Mail-In Ballot forms not received by the Ratification Officer before the time set for Opening of the Polls are void.

Given under my hand Aamjiwnaang First Nation, in the Province of Ontario, this 1st day of December, 2025.

Cara Adams, Ratification Officer



PMB #617
268 McGregor Side Rd
Sarnia, ON
N7T 7H5
Phone: 519-504-3262



ONE WEEK until the Ratification Vote of:

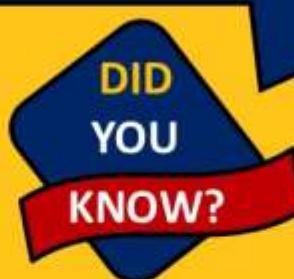
Aamjiwnaang Inaakonigewin— Dawaabmang'waa Niigaanzijig



(Aamjiwnaang Law:
Selecting Leaders)



Aamjiwnaang's proposed election law brings **stronger, clearer rules for mail-in voting** and **Introduces early in-person voting days (advance polls)** — giving members extra opportunities to vote in person!



Vote on Friday, January 23, 2026

From 9am—8pm

Maawn Doosh Gumig—1972 Virgil Ave



Roger Williams'

A U T H E N T I C

NATIVE CRAFT SHOP

Lots to choose From & Great Gift Ideas!

STORE HOURS

Monday ~ Saturday
10:00 am ~ 6:00 pm
Phone 519-344-1243



FURNITURE WAREHOUSE

Thursday to Saturday 11 am - 5 pm
Sunday - 12 pm - 5 pm

Great Prices!

1647 Williams Drive
(at the end of Indian Road)
Sarnia, ON



Intention
A Natural Company







SCENT LINE: INTENTION SCENT,
SWEETGLOSS, SAGE, CEDAR, LAVENDER,
CHAMOMILE, TARTIAN VANILLA, SWEET,
ORANG, CHAMOMILE, VISTERBELLIN, TEE,
PINEAPPLE, BLUEBERRY, GREEN VINE,
STRAWBERRY, CHOCOLATE, PINA COLADA,
COCONUT PARADISE, PINK GRAPEFRUIT,
LEMONGRASS, SWEET MANGO, YLANG-
YLANG & CREAM, CASSIA, SAGE CHAMPA,
HIBISCUS BLOOM, PINK VINE, FRESH COTTON,
CANDY, TALL APPLE, CEDAR, CHAMOMILE,
CHRISTMAS LILY, CREAMY BANOG, WHEAT,
SUNSHINE, COTTONELLA, LEMON & CERASS

Natural Bodycare

PLEASE VISIT:
WWW.INTENTIONNATURAL.CA
FOR THE MOST UPDATED INFORMATION

Featured Products:
Body Mist, Bath bombs,
Vitamin C face cleanser,
Deodorant, Face serum,
Whipped Body butter,
Baked Lip balm, Natural
cream, Magnesium Cream,
Coconut soy candles, Sage
bundles, Sweetgrass
braids

Natural Skincare

FREE DELIVERY WITHIN
LAMBTON COUNTY

Coconut Soy Candles

INTENTION
A NATURAL
COMPANY
Indigenous
OWNED BUSINESS
■ intentionnaturalco@gmail.com

Calm 'n Scents®

AROMATHERAPY & METAPHYSICAL STORE

WE MAKE
CUSTOM KITS!

HERBAL TEAS
ESSENTIAL OILS
SMUDGE SUPPLYS
INCENSE
CLASSES & WORKSHOPS
BOOKS
BATH & BODY PRODUCTS
JEWELRY
CRYSTALS
CEREMONY ITEMS

100%
ANISHINAABE
OWNED & OPERATED

174 CHRISTINA ST. N
SARNIA, ONTARIO

Rhynos
Renovations
Ryan Pitre
519-312-7537

52ND ANNUAL LNHL

March 15-19. 2026

CALL OUT FOR AAMJIWNAANG U7-TYKE PLAYERS

*no prior hockey
experience necessary

**DEADLINE FOR
REGISTRATION IS
JANUARY 22nd**



Message or Email Corrie Plain
corrieplain@hotmail.com



Southern First Nations
Secretariat

Microsoft Excel: Basics



Date & Time:
January 29, 2026
9:00am - 4:00pm

Location:
Munsee-Delaware Nation Community Centre
533 Thomigo Road, Muncey ON, N0L 1Y0

Join us for an in-person Excel workshop to build a stronger understanding of its many features. Using a "hands-off" teaching style, we'll maximize learning time through demonstrations rather than data entry. Whether you're new to Excel or looking to advance your skills, this seminar will help you:

- Build spreadsheets confidently
- Analyze data effectively
- Create detailed reports, charts, and calculations
- Explore key Excel tools: shortcuts, formatting, hyperlinks, and macros
- Learn through practical, hands-on techniques designed for real-world use

Who Should Attend:

- Anyone who would like to become more familiar with Excel's newest features, functions and capabilities.
- Beginning Excel users who need to get up to speed fast.

Register:

To register, please contact Lori Fisher, Executive Assistant by email exec.assistant@sfn.on.ca or phone 519-692-5868 ext. 234. Please register early as spots are limited!

Microsoft Excel: Beyond the Basics



Date & Time:
February 25, 2026
9:00am - 4:00pm

Location:
Antler River Seniors Complex
20723 Muncey Road, Muncey ON, N0L 1Y0

In this workshop, you'll learn how to make Excel work for you — using formulas, database functions, macros, and shortcuts to manage data efficiently and confidently handle even the most complex spreadsheets.

You will also:

- Improve the quality, accuracy, and usefulness of every worksheet
- Automate tasks and save time with the Visual Basic Editor
- Create visually engaging charts with customized graphics
- Collect, format, and analyze data efficiently
- Develop and manage PivotCharts® with ease

Who Should Attend:

This seminar is the next logical step for users who have mastered fundamental Excel skills. It is suggested that participants follow up the Microsoft Excel - Basics program with this Beyond the Basics course.

Register:

To register, please contact Lori Fisher, Executive Assistant by email exec.assistant@sfn.on.ca or phone 519-692-5868 ext. 234. Please register early as spots are limited!



29
JANUARY

3:00pm
while supplies last

On and off reserve Aamjiwnaang members. One person per household. No registration needed, bring your own bag! First come, first serve while supplies last

Maawn Doosh Gumiig – 4972 Virgil Ave, Sarnia, Ontario

**DRIVES AVAILABLE PLEASE CALL BILLI JO
THE DAY OF AT 226-932-7585**

QUESTIONS? BRJACOBS@AAMJIWNAANG.CA



Southern First Nations
Secretariat





E-nangaabe-jig
Health Services

Preventive Health Program

Services provided by a Registered Nurse from Twin Bridges Nurse Practitioner-Led Clinic

- ✓ Blood pressure Check
- ✓ Diabetes Screening - blood sugar & foot checks
- ✓ Chronic disease prevention education
- ✓ Cancer prevention education
- ✓ Discuss routine cancer screening options
- ✓ Smoking cessation advice
- ✓ HPV testing (previously known as PAP test)
- ✓ Pregnancy testing
- ✓ Information on emergency contraception (Plan B)
- ✓ Sexual Health - testing for sexually transmitted infections
- ✓ Labwork (must have Life Labs requisition from GP or specialist)
- ✓ Wound assessment

Why Register?

Walk a Healthier Path

Take Care of Your Whole Self!

Support for Your Health Journey

Early Detection Saves Lives

LET'S TALK PREVENTION!

Call Now To Register
519-332-6770 or
226-776-9030 ext.111

Upcoming Dates:
January 13
February 10
March 10
Time:
9:30am - 2pm

Location:
Aamjiwnaang First Nation Health Centre
1300 Tashmoo Ave

Southwestern First Nations Mobile Crisis Response Team

24/7 MOBILE CRISIS LINE
1 (866) 289 - 0201



Who We Serve:

- Aamjiwnaang First Nations
- Kettle & Stony Point First Nations
- Chippewas of the Thames First Nation
- Munsee-Delaware Nation

24/7 Mobile Crisis Line 1 (866) 289 - 0201

When to Call - What is Crisis?

- Overdose, Addiction, or Recovery Challenges
- Suicidal thoughts or behaviors
- Abduction or Missing Persons
- Homicide or Violent Crimes
- Natural or Environmental Disasters

24/7 Mobile Crisis Line 1 (866) 289 - 0201

When to Access Crisis Services:

- Feeling depressed, anxious, overwhelmed, or exhausted
- Having thoughts of self-harm, suicide or harming others
- Experiencing conflict with family, friends, or at work
- Using drugs or alcohol to cope with stress or emotions

We're Here to Help!
Our team provides culturally safe, confidential, and compassionate support to First Nations community members in need - anytime, day or night.



AAMJIWNAANG HEALTH CENTRE

DIETICIAN SERVICES

Our Registered Dietician is available to support community members with nutrition counselling, weight management or any other nutritional information you may require. Whether you are looking to improve your overall health, manage a condition, or support family wellness, our dietician is here to help!

OPEN TO AAMJIWNAANG COMMUNITY MEMBERS.

Services available once a month (every 3rd Tuesday of the month)

TO BOOK AN APPOINTMENT, CALL THE HEALTH CENTRE AT 519-332-6770

Aamjiwnaang Child and Family Well-Being

CAREGIVER SUPPORT GROUP

January 2026

THUR JAN 8	SELF-CARE & GOAL SETTING 12:30pm - 2:30pm Child and Family Well-Being Building
THUR JAN 15	REBOUND: PARENTING PRE-TEENS AND TEENS 10:00am - 12:00pm Community Centre
THUR JAN 22	TRADITIONAL PARENTING See flyer on Aamjiwnaang Child and Family Well-Being Facebook page
THURS JAN 29	NO GROUP - COMMUNITY GROCERY GIVEAWAY

All sessions have limited space available please sign up by emailing Patty at pgilbert@aamjiwnaang.ca or by phone at 519-330-3554.

If we received a large amount of sign ups a draw will be required



E'Mino Bmaad-Zijig Gamig

ZHAWENISMISHI NAAM

Day Drop In Wellness Building (Blue Building)

- Day time drop in
- Cool down or warm up
- Food and drinks
- Workshops
- Safe space

Monday - Friday
9 am - 4 pm





Vision Benefits

NON-INSURED HEALTH BENEFITS

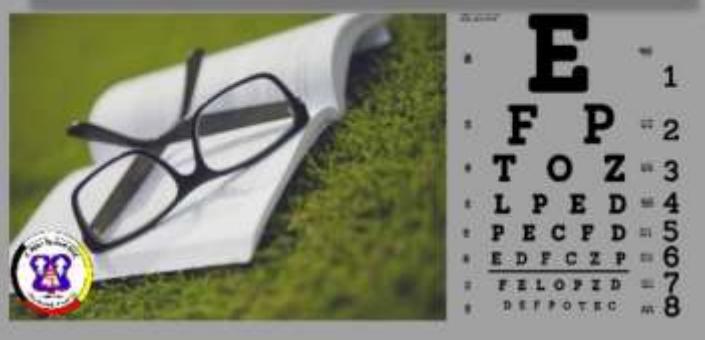
Did you know Non-Insured Health Benefits covers eye exams and corrective eyewear on a CALENDAR YEAR? For example, if an adult gets glasses on Dec 31, 2025 they are eligible again on Jan 1, 2027.

General Guidelines:

Children: eye exam and corrective eyewear 1 per calendar year
 Adults: eye exam and corrective eyewear 1 every 2 calendar years
 Seniors 65+: eye exam 1 per calendar year, corrective eyewear 1 every 2 calendar years

There are also special guidelines for clients with specific medical & eye conditions. Visit: <https://nihb-ssna.express-scripts.ca/en>

Questions? Call the NIHB client information line at 1-800-640-0642





THE LIGHTING OF THE 8TH FIRE CONFERENCE

Save the Date

March 10-12, 2026



This year's Conference will bring together Traditional Knowledge, Western Science & Political Leaders to discuss the importance of water and all the corners of life it touches.

We will be incorporating ceremony, wellness spaces and provide forums for open discussions.



Aamjiwnaang First Nation

EMPLOYMENT OPPORTUNITY

Position Title: Administrative Assistant – Finance

Location: Sarnia, ON

Duration: 1-Year Contract, Maternity Leave Coverage

Posting Closes/Deadline: January 23rd, 2026

Tentative Interview Date(s): January 28th-29th, 2026

Position Summary

Under the direction of the Finance Manager, the Administrative Assistant is responsible for providing day-to-day administrative and clerical support to the Finance department. This position performs a wide variety of administrative support services, all of which contribute to the efficient and professional operation of the Finance department. Within a customer-service oriented environment, the incumbent is responsible for providing reception, information services, and administrative assistance. It is expected that the incumbent is well organized and possesses excellent time management skills.

Responsibilities

Administrative Assistance

- Perform general clerical duties including organizing, filing, and photocopying documents and files, etc.
- Document scanning
- Orders, organizes and maintains office supplies and consumables
- Operates office equipment – personal computer (MS Office environment), fax/copier/scanner
- Participate and attend Finance Committee Meetings and any other meetings which pertain to Aamjiwnaang First Nation Finance.
- Provides support to committee; recording and transcribing minutes, preparing agenda packages and arranging logistics of meetings
- Provides administrative support as required
- Other duties as required and assigned by the Finance Manager
- Assists in meeting deadlines for various tasks as required

Other:

- Other duties as assigned.

Knowledge, Skills, & Abilities

- Excellent oral and written communication skills
- Excellent public relations, including an appreciation of the need for confidentiality, tact and discretion
- Knowledge in all areas of up-to-date office practice and procedures
- Experience preparing meeting agendas, minutes, letters and memos accurately
- Attention to detail and proofreading skills
- Filing and document organization
- Proficient Microsoft Office skills
- Ability to adapt to rapidly changing priorities
- Ability to work independently and as a member of a team
- Ability to work autonomously

Minimum Requirements

- Post-Secondary diploma preferred – Office Administration, Business Administration, Accounting, or other related field
- Ontario Secondary School Diploma required
- Experience in Sage 300 program an asset
- Customer Service skills
- Sensitivity to Indigenous issues

Other Considerations

In accordance with Section 16 Special Programs of the Canadian Human Rights Act, preference will be given to Aamjiwnaang Band Members with relevant education/experience (R.S.C 1985, c. H-6, s16 (1-3).

Application Process

If you are interested in this opportunity, kindly forward your resume and cover letter via mail, email, or fax to:

Aamjiwnaang First Nation
978 Tashmoo Avenue
Sarnia, ON
N7T 7H5
Attention: Ashley Fisher, Human Resources Officer
Or
humanresource@aamjiwnaang.ca
Or
519-336-0382 fax

For more information, check us out online at www.aamjiwnaang.ca

Aamjiwnaang Mental Wellness team presents

Mental Health First Aid

Learn how to support someone going through a mental health crisis.

2-day training

February 12th & 13th

10am -3pm

- Recognize Symptoms
- Empowers Individuals
- Creates Supportive Environments

Your help can make a real difference!

 Maawn Doosh Gumig 1972 Virgil Ave.

 Questions? Contact Roberta
@ 332-6770 Ext. 313

 Scan QR code to sign up.
Deadline to sign up is Jan.12





Aamjiwnaang First Nation

EMPLOYMENT OPPORTUNITY

Position Title: Anishinaabemowin Language Educator

Location: Sarnia, ON

Duration: Permanent, 10 month position (September to June annually)

Posting Closes/Deadline: January 30th, 2026

Tentative Interview Dates: February 4th/5th, 2026

Position Summary

The Anishinaabemowin Language Educator will provide Ojibwe language at the Aamjiwnaang Kinomaage Gamig school. Make cultural connections and strengthen student learning to traditions, story, song and land-based learning. The Anishinaabemowin Language Educator works in collaboration with classroom teachers to plan, facilitate and deliver language that supports the overall language revitalization strategy within our community.

Responsibilities

1. Develop lesson plans, assessments, evaluations and provide Language Instruction for all grades assigned
2. Create and provide long-range plans to guide the instruction delivery
3. Inspire and mentor students to develop pride in their ancestral language and motivate them to use language through speaking anishinaabemowin, art, music and other experiences within their daily lives
4. Collaborate with other Language Instructors and Teachers in the development of Anishinabemowin language, resources and curriculum to inform classrooms of language learning outside of language classroom specific
5. Lead and promote land-based experiences
6. Provide effective classroom management
7. Develop and maintain language progress reports and term report cards on students
8. Maintains strict confidentiality of all information related to the children, parents, and staff
9. Attend workshops, training sessions, and conferences as it pertains to the program.
10. Interact with staff and community in a positive and professional manner
11. Assist in other areas as needed from time to time as designated by Manager.
12. Comply with Aamjiwnaang First Nation Personnel Policies and Procedures as well as Aamjiwnaang Kinomaage Gamig school Policies and Procedures

Other:

Other duties as assigned.

Knowledge, Skills, and Abilities

- Ability to work as part of a team and work collaboratively with others
- Strong verbal and written communication skills.
- Organizational and time management skills.
- Ability to use Microsoft Office

Minimum Requirements

Minimum: Member of Ontario College of Teachers (OCT) Certification

Other Requirements:

- Knowledge of culture, history and customs of the Anishinabek Nation
- Excellent rapport with young people in a mentoring role
- Positive interpersonal skills and willingness to work collaboratively and in cooperation within a team environment
- Knowledge in smart board, I-pad technology, and other technologies
- Provide a criminal reference check with vulnerable sector search
- Valid CPR and First Aid Certificate

Other Considerations

In accordance with Section 16 Special Programs of the Canadian Human Rights Act, preference will be given to Aamjiwnaang Band Members with relevant education/experience (R.S.C 1985,c. H-6, s16 (1-3).

Preference may be given to First Nation candidates with relevant on reserve employment and/or those with knowledge and understanding of Aamjiwnaang and history and community.

Application Process

If you are interested in this opportunity, kindly forward your resume and cover letter via mail, email, or fax to:

Aamjiwnaang First Nation
978 Tashmoo Avenue
Sarnia, ON
N7T 7H5
Attention: Ashley Fisher, Human Resources Officer
Or
humanresource@aamjiwnaang.ca
Or
519-336-0382 fax

For more information, check us out online at www.aamjiwnaang.ca

**Ongoing Anishinaabemowin
Class with Sonja George
Wednesday's
6-8pm
Maawn Doosh Gumig**



**For more info contact Sophie Solares
Sophies@aamjiwnaang.ca 519-491-2160**



Aamjiwnaang First Nation

EMPLOYMENT OPPORTUNITY

Position Title: Consultation & Accommodation Officer

Location: Sarnia, ON

Duration: Permanent

Posting Closes/Deadline: January 30th, 2026

Tentative Interview Date(s): February 4th/5th, 2026

Scope of the Position

The Consultation and Accommodation Officer is responsible for providing comprehensive administrative and organizational support for all development opportunities, managing inquiries from all corporations, government, or proponents interested in partnering with Aamjiwnaang within the guidelines of Band initiatives. The Consultation and Accommodation Officer is responsible for performing a variety of administrative duties, including but not limited to managing all communications regarding development inquiries, support in the creation and maintenance of agreements, ensuring all opportunities are managed to completion, handling all correspondence and any other related activities, as established by the Governance Officer.

Responsibilities

- Deliver and execute high-quality administrative support to programs and services in alignment with legislative and community requirements by:
 - Ensuring well-defined process, information collection, and documentation standards
 - Reporting on and providing advice regarding engagements with other corporations, organizations or government
 - Coordinating effective communications and issue resolution with key stakeholders
- Under the guidance of the Governance Officer, ensure that Indigenous culture and language concepts are integrated into all aspects of managing development opportunities for the Band
- Function as the primary point of contact for all consultation requests related to Band land, pipelines, partnerships, or any impact to asserted rights
- Assist in the establishment of new procedures as they relate to gathering and managing inquiries, consultation requests and development of Band resources and assets
- In partnership with Aamjiwnaang departments and other Band stakeholders, remain informed of private, Provincial and Federal and departmental services, initiatives, and funding or partnership opportunities
- Liaise with relevant agencies, professional associations, and other department leaders regarding agreements and services as required
- Work in partnership with Development department team members and other AFN staff to support the development of new programs and proposals to meet identified community needs
- Attend appropriate workshops, seminars and training sessions as required to remain current on topics of concern to your role and scope of responsibility
- Promote a positive image of Aamjiwnaang to the public

Minimum Requirements

- Certificate/diploma in public administration, governance, policy and risk management or equivalent area of study/experience
- Minimum of 1 year of experience in administrative support services
- Proven experience and ability to understand policy and law-related documents in a timely manner
- Prior experience in developing and/or managing First Nation-related partnerships

- Experience (work or lived) in First Nations, understanding the needs, challenges, and political environment is an asset
- A valid driver's license and access to a vehicle

Knowledge, Skills, and Abilities

- Working knowledge in departmental area of discipline
- Knowledge of First Nations development initiatives/services and how that impacts the Aamjiwnaang community
- Knowledge of First Nations bylaws, politics and specific issues related to development
- Knowledge of and ability to apply core First Nations values to deliver culturally appropriate services
- Able to support the vision, purpose, and values of AFN
- Sensitivity and respect for Indigenous issues
- Knowledge of relevant legislation and regulations related to agreements and development
- Public relations skills, including an appreciation of the need for tact, and a positive, cheerful, and informed approach with the public
- Able to maintain networks and relationships both inside and outside of the organization with relevant organizations and community partners
- Able to work independently and to perform well with minimal supervision
- Proven research and persuasion skills
- Able to communicate effectively using oral, written, visual and non-verbal communication skills
- Able to learn quickly and to leverage change as opportunities for success
- Organizational, analytical, and objective with a critical eye for detail
- Able to work collaboratively, and think critically with a focus on solutions
- Proficient in associated software, programs, etc.

Personal Attributes

- Maintain confidential information, from time to time, in performing the duties of this position
- Demonstrate integrity and credibility and the ability to represent AFN with professional competence
- Interest in First Nation well-being, home and community care, and community

Other Considerations

In accordance with Section 16 Special Programs of the Canadian Human Rights Act, preference will be given to Aamjiwnaang Band Members with relevant education/experience (R.S.C 1985, c. H-6, s16 (1-3)).

Preference may be given to First Nation candidates with relevant on reserve employment and/or those with knowledge and understanding of Aamjiwnaang and history and community.

Application Process

If you are interested in this opportunity, kindly forward your resume and cover letter via mail, email, or fax to:

Aamjiwnaang First Nation
978 Tashmoo Avenue
Sarnia, ON
N7T 7H5

Attention: Ashley Fisher, Human Resources Officer

Or

humanresource@aamjiwnaang.ca

Or

519-336-0382 fax

For more information, check us out online at www.aamjiwnaang.ca

IMPROVE YOUR Computer Skills



ATTENTION AAMJIWNAANG!!



Click, Learn, Connect — Start Your Digital Journey Today!

Designed for ADULTS aged 18-64 years of age



COME LEARN THESE SKILLS & MORE



Computer Operations

Learn how to operate a computer step by step. From powering it on to logging off, and everything in between!



Email & Other Communication Programs

Learn how to send messages, share photos and files, stay connected with family, and friends.



Navigating Internet & Social Media

Learn how to search for information, visit websites, watch videos, and connect with others safely.

JOIN ANY OF THE DROP-IN SUPPORT SESSIONS

All sessions will be in the computer lab at Maawn Doosh Gumig

Monday, January 19th
between 1-3PM

Wednesday, January 21st
between 1-3PM

Monday, January 26th
between 1-3PM

Wednesday, January 28th
between 1-3PM

Monday, February 2nd
between 1-3PM

Wednesday, February 4th
between 1-3PM

Monday, February 9th
between 1-3PM

Wednesday, February 18th
between 1-3PM

Contact Judith for information:
519-336-8410 ext: 212 or
jbeauchamp@aamjiwnaang.ca



Get SET

Skills, Education and Training

Canada 100

EMPLOYMENT
ONTARIO

Ontario 100



Aamjiwnaang First Nation

Maawn Doosh Gumig Community & Youth Centre
(1972 Virgil Ave, Sarnia, ON)

Friday January 23 - 5:00 - 8:30pm
 Saturday Jan. 24 & Sunday Jan. 25 - 9:30 am- 4:00 pm
 Monday Jan. 26 - 5:00 - 8:30 pm
 (Graduation Ceremony & Dinner)



8 SPOTS LEFT! REGISTER NOW!

REGISTER TODAY!



Scan the QR Code to register online!

FREE YOUTH ENTREPRENEURSHIP CAMP (INDIGENOUS YOUTH AGES 11-18)

Explore the basics of business, team building, games & more! Learn how to turn your ideas into reality!

EACH YOUTH RECEIVES \$100 MASTERCARD FOR PARTICIPATING • THE WINNING TEAM RECEIVES \$250 EACH!

AT THE COMMUNITY CELEBRATION DINNER JANUARY 26!



DREAM CAMP INCLUDES:

Dinner - Friday
 Breakfast & Lunch - Saturday & Sunday
 Graduation Dinner - Monday

Hoodie and other fun Arc'teryx Swag

Team Coaches to help Youth tackle Challenges and develop valuable business, teamwork and life skills such as negotiating, public speaking & budgeting.

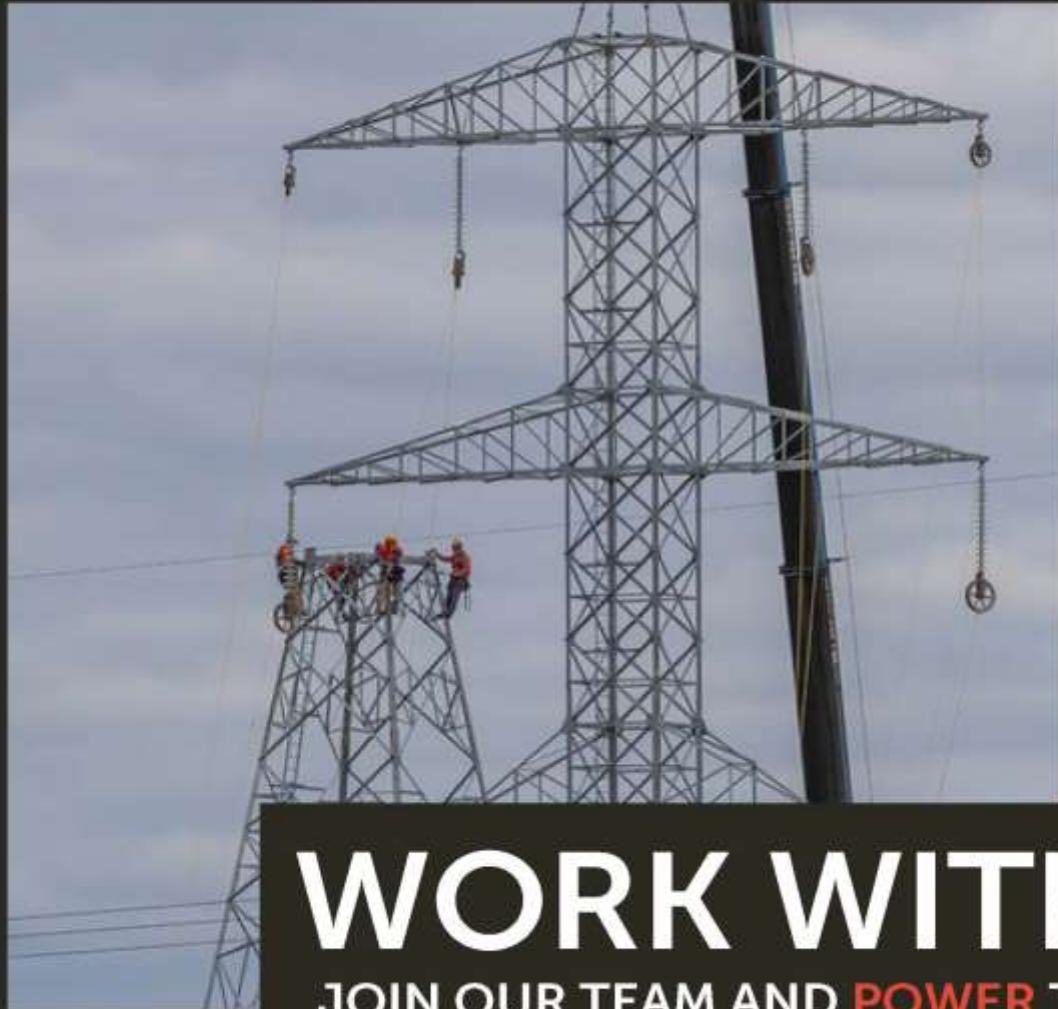
Lots of hands-on activities to create a start-up plan and Team Pitch video for YOUR business ideas.

Email: jay.falkus@bearslairtv.com or rowan@bearslairtv.com



EMPOWERED BY:





WORK WITH US

JOIN OUR TEAM AND **POWER THE FUTURE**

Apply directly for jobs here.



1 QR CODE

Don't forget to sign up to receive notifications when new positions are posted.

2 WAYS TO APPLY:

2 EMAIL

For general consideration and/or future employment, send your resume by email to
ontariojobs@forbesbrosltd.ca

All candidates will be contacted to confirm receipt of their resume.

Be sure to include the **role** you are interested in and the **Indigenous community** you're from.



Always get a prescription for medical equipment and supplies

Find a provider/vendor who bills NIHB directly and avoid paying out of pocket

If you live off-reserve and need to travel out of town for a medical appointment, call 1-800-640-0642 for transportation and if eligible; hotel and meals.

Non-Insured Health Benefits

Medical Equipment & Supplies

Ask your provider for a **prescription** and take it to a **vendor who bills NIHB**. Examples in Sarnia include TRUE NORTH and WELLWISE. If you purchase without a prescription, you are not eligible for reimbursement. Some common examples include walkers and CPAP equipment.

Ambulance

NIHB pays a portion of your ambulance bill so you need to **show your status card** when you check in at the hospital. If you receive an ambulance bill in the mail, call the accounting department at the hospital and give them your status number.

Sign up for a Client Account

- Create a secure, online personal account with Express Scripts
- You can view claims, and submit reimbursement requests
- Use a computer (cannot be done on a mobile device) to visit nihb-ssna.express-scripts.ca/en
- Use your name, birthdate and status number exactly as they appear on your status card
- If you have problems with your account call 1-888-441-4777

Email (for general inquiries only – no client claims): nihb-ssna@sac-isc.gc.ca

Client Information Line: 1-800-640-0642

NIHB Program Information & Resources: nihb-ssna.express-scripts.ca/en

Trusted Source Clinic

Registration Under the Indian Act & Secured Certificate of Indian Status



Southern First Nations Secretariat is facilitating a clinic for Registration Under the Indian Act and Secured Certificate of Indian Status (SCIS) applications, in partnership with Aamjiwnaang First Nation.

We will:

- Help you complete your application
- Take your photo on-site
- Verify your identity, documents, and make copies – no guarantor needed, and you keep your original documents
- Send your application to ISC on your behalf

Have a Question?

Ravynne Rich
Trusted Source Coordinator
✉️ : trustedsource@sfns.on.ca
📞 : 519-692-5868 ext 243
226-219-6864

SCIS:

To apply for a SCIS, you must be Registered Under the Indian Act as well as be:

- 16 years of age or older; or
- 15 years of age and younger with a parent or guardian.

Registration Under the Indian Act:

As a Trusted Source, we only offer support in applying for Registration Under the Indian Act, we do not have authority to determine who is qualified to receive registration.

When:

Thursday, February 12, 2026
10am to 4pm

Where:

Aamjiwnaang Community Centre
1972 Virgil Ave
Sarnia, ON
Meeting Room B

Book an appointment at the SFNS office for another day.

calendly.com/trustedsource-sfns/registration-scis-appointments



Trusted Source Clinic

Registration Under the Indian Act & Secured Certificate of Indian Status



Southern First Nations
Secretariat

What You Need

You will need to bring these documents to the clinic.

For *Registration Under the Indian Act* applicants:

- Your proof of birth document
- Government-Issued Photo ID

For *Secured Certificate of Indian Status* applicants:

- Government-issued Photo ID
- Status Registration Number (not required if registering under the Indian Act at clinic)

Government-Issued Photo ID Requirements

- Your Name
- Date of Birth
- Your Photo
- Your Signature
- Be Valid (Not Expired)

Examples of ID that meet requirements:

- Drivers License
- Canadian Passport

Have a Question?

Ravynne Rich

Trusted Source Coordinator

✉ : trustedsource@sfns.on.ca

📞 : 519-692-5868 ext 243
226-219-6864

Proof of Birth Document Criteria

Your birth document must contain the following core identity information:

- Must contain parental information (at least one parent stated on the birth document)
- Must be issued by a government authority, (provincial/territorial/federal government, vital statistics)
- Must be issued in English or French (or accompanied by a professionally translated version)
- Must contain the individual's personal information (name, date of birth, place of birth, date of issuance, birth registration number, and certificate number)

Damaged Birth Documents

The core identity information must be visible and undamaged. The birth document will **not** be accepted if all **three of the following criteria are missing or illegible**:

- Certificate Number
- Birth Registration Number
- Date of Issuance

If applying for a child, both parents must be present to sign, or the non-applying parent may sign the application prior to.



First Nations Child and Family Services
and Jordan's Principle Settlement



The Claims Period for the Removed Child Class and Removed Child Family Class opened on **March 10, 2025**.

Eligibility



The Removed Child Class

- First Nations individuals who, while under the Age of Majority, were removed from their homes between April 1, 1991, and March 31, 2022, by Child Welfare Authorities
- The removal from home happened while the Child or their Caregiving Parents or Caregiving Grandparents were Ordinarily Resident on Reserve or living in the Yukon
- The placement was funded by Indigenous Services Canada (ISC)



The Removed Child Family Class

Caregiving Parents and Caregiving Grandparents of a Removed Child who:

- Are the biological or adoptive parents, biological or adoptive grandparents, or Stepparents who are First Nations
- Lived with, assumed and exercised parental responsibilities over the Removed Child at the time the Child was removed
- Were the ones the Removed Child was first removed from

How to submit a Claim

Submit your Claim Form, copy of your valid government-issued identification and any required documents to the Administrator at Portal.FNChildClaims.ca or by email, fax or mail.

The Administrator cannot accept Claims submitted on behalf of another person unless:

- The Claim is submitted by a legally appointed Personal Representative on behalf of a Person Under Disability
- The Claim is submitted on behalf of a deceased person by the executor of their estate or an eligible heir

If you believe you are eligible under more than one Class, submit a separate Claim Form for each Class.

Timelines

Adult Class Members have until March 10, 2028, to submit their Claim. Minors can submit two years before reaching Age of Majority and have three years from the date they become an adult to submit their Claim. Adult Family Class Members must submit their Claim by March 10, 2028, regardless of the age of the associated Removed Child.

Representatives of Class Members who passed away after March 10, 2025, while under the Age of Majority, have three years from the date of death to submit a Claim.

Removed Child Class Claims will be assessed on an ongoing basis. Removed Child Family Class Claims will be assessed four years after their Claims Period opened to ensure competing Claims for the same associated Removed Child can be resolved.

Support

You do not have to pay anyone to submit your Claim or to receive payment under this Settlement.



Visit www.FNChildClaims.ca for information and resources to help complete your Claim form, including guides and instructional videos.



If you have questions about your Claim, call the Administrator toll-free at 1-833-852-0755. If you need additional support, the Administrator may connect you to a Claims Helper.



Mental health and wellness support is available 24 hours a day through Hope for Wellness at 1-855-242-3310 or www.HopeForWellness.ca and through the Kids Help Phone at 1-800-668-6868 or by texting FIRSTNATIONS to 666666.

soon here:



www.FNChildClaims.ca



FIT-MALL

WALKING



LAMBTON MALL

Monthly Incentive Draws for participants!

9:30AM-10:30AM

Wednesday January 14th
Wednesday January 21st
Wednesday January 28th

Questions? Call Mikeesha ext. 309



E-nangaabe-jig Health Services

PREVENTATIVE CARE PROGRAM:

SEATED: LENGTH & STRENGTH



Join us for our weekly chair exercises to improve your range of motion, increase strength, circulation and balance!



E-nangaabe-jig Health Services

MAAWN DOOSH GUMIG COMMUNITY CENTRE
1:00PM-2:00PM
WEDNESDAY JANUARY 14TH
WEDNESDAY JANUARY 21ST
WEDNESDAY JANUARY 28TH

Questions? Call Mikeesha 519-332-6770 ext. 309

Preventative Care Program:

WII MOVE WEDNESDAYS



Join us every Wednesday for a fun, low-pressure Wii Fit session focused on strength, balance, and improving your brain health! Perfect for all fitness levels!

Every Wednesday in January
(Starting January 14th)
2:30PM - 3:30PM
Maawn Doosh Gumig

Questions? Call Mikeesha ext. 309



E-nangaabe-jig Health Services

Aamjiwnaang Health Centre

DIABETES SUPPORT GROUP



Monday, January 19, 2026 - 10 am prompt! Health Centre

*This is an open support group which is facilitated by a dietitian, Diabetes educator/nurse & Health Centre staff. No sign up required. Transportation is available if needed. Please contact Natalie at (519) 332-6770, ext. 326.

29

Weekday Public Skate

Mondays & Fridays
12:30pm - 2:00pm

Wednesdays
10:30am  12:00pm

* Excluding Holidays and Tournaments. Dates and times may be subject to change.
\$2.50 per Person
\$10.75 per Family (max. 2 Adults)



MOORE SPORTS COMPLEX

Sunday Public Skate

Sundays
1:00pm - 2:15pm

* Excluding Holidays and Tournaments. Dates and times may be subject to change.
\$4.50 per Adult
\$3.50 per Child
\$10.75 per Family (max. 2 Adults)



MOORE SPORTS COMPLEX

The cost of these mooretown programs will be covered by the Health Centre. To be covered you must notify the staff that you are a member of Aamjiwnaang First Nation.

★★★

SHINNY HOCKEY

ADULTS 18+

TUESDAYS: 9:00AM TO 10:00AM

PRICE: \$5 PER PERSON

SCAN ME 

see website for details

MUST REGISTER BEFORE OR UPON ARRIVAL
PLEASE CALL 519-867-2651
OR SCAN THE QR CODE

MOORE SPORTS COMPLEX

★★★

FAMILY SHINNY HOCKEY

MONDAY FEBRUARY 16, 2026

11:00AM TO 12:00PM

PRICE: \$5 PER PERSON

KIDS AGES 6 TO 12 AND SUPERVISING ADULTS 18+

SCAN ME 

KIDS MUST BE IN FULL GEAR

see website for details

MUST REGISTER BEFORE OR UPON ARRIVAL
PLEASE CALL 519-867-2651
OR SCAN THE QR CODE

MOORE SPORTS COMPLEX

Group Fitness Classes!

Click here to register. Sign up using a daily pass, 10-class pass or a membership
 Registration is required, limited spaces available.

MOORE SPORTS COMPLEX - FITNESS SCHEDULE

Effective Jan 5th - June 27th, 2026

Time	Monday Hall 1	Tuesday Hall 1	Wednesday Hall 1	Thursday Hall 1	Saturday Hall 1
8:30 AM					
8:45 AM					
9:00 AM					
9:30 AM					
10:45 AM					
11:00 AM					
12:00 PM					
12:15 PM					
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6:45 PM					
7:00 PM					
7:15 PM					
7:30 PM					
7:45 PM					
*Schedule subject to change					
MOORE SPORTS COMPLEX			REGISTRATION DONE THROUGH NICHIC.COM		
For more information call: PH: 510-867-2482 Email: customerservice@mooresportscomplex.com			Group Fitness Classes - Registration with MSC		
			Spin Classes - Registration with MSC		
			Yoga Classes - Registration with MSC		

A dark grey sign with white text. At the top, 'FITNESS CLUB HOURS' is written in large, bold, white, sans-serif capital letters. Below this, 'HOURS MAY BE SUBJECT TO CHANGE' is written in a smaller, white, sans-serif font. The main text lists the daily operating hours: Monday through Thursday are 7:30am - 9:00pm; Friday is 7:30am - 7:30pm; Saturday is 8:00am - 7:00pm; and Sunday is 9:00am - 4:00pm. At the bottom of the sign is a cartoon illustration of two people working out. On the left, a woman in a blue tank top and blue leggings is using a grey elliptical machine. On the right, a man in a blue tank top and blue shorts is sitting on a grey bench, holding a red dumbbell in each hand. The background of the sign features a pattern of small, light-grey polka dots.



WEDNESDAY OR SATURDAY
OPTION AVAILABLE.
FIRST SESSION BEGINNING ON
FEBRUARY 4TH.

6 WEEK PERSONAL FITNESS TRAINING PROGRAM

Mobility & Independence
Strength & Endurance
Weight Management & Body Composition
Health & Wellness
Social & Emotional Wellbeing

PLEASE CONTACT ROBERTA @
THE # BELOW TO SIGN UP

332-6770 Ext. 313



Maawn Doosh Gumig
1972 Virgil Ave.

Open to Aamjiwnaang Band Members 18+

ANTI-BULLYING EVENT

PD Day

January 30, 2026

Keynote Speaker, Workshops, & Youth Sweat

9:30-2:30pm

Maawn Doosh Gumig

Youth Sweat to follow

Lunch Included

T-shirt giveaway for those in attendance

Youth 11 & under must be accompanied by an adult.



STRONG
PEOPLE STAND UP
FOR THEMSELVES,
BUT THE STRONGEST
PEOPLE
STAND UP FOR OTHERS



Sereena Nahmabin is a proud Aamjiwnaang First Nation band member and a police officer with six years of service at the London Police Service. In 2018, Sereena launched her social media platform, She Warrior, as a space for empowerment, resilience, accountability and advocacy. Through her online presence, she has personally experienced the realities of online bullying. Drawing from both her professional background in policing and her lived experience, Sereena will share valuable insights on the impacts of online bullying, how it manifests, and strategies for navigating digital spaces safely and confidently.



Please Use QR Code to register!

Email Carrie or Matt for more information
misaac@aamjiwnaang.ca carrie.plain@aamjiwnaang.ca

AAMJIWNAANG CHILD & FAMILY WELL-BEING



FAMILY DAY BOWLING

NO DRUGS OR ALCOHOL



lanes and
shoe's are
covered

SUNDAY

FEB 8

1PM - 3PM

Food &
Drinks are
included

to register scan
the QR code



MARIN BOWL

609 Helena St, Point Edward, ON N7V 1S2

PHONE: 519-336-8410 EXT 206

Misaac@aamjiwnaang.ca

Regalia Making

Child &
Family
Well-Being

Every other Thursday

5:00-7:30

Maawn Doosh Gumig

Starting
February 5
& 19



Pow wow season will come fast! Get started on your child's regalia with helpers from our community.

Drop in style

Limited child minding spaces available

No sign up required. Working space will be available for all community members.

Email Carrie Plain for more information
carrie.plain@aamjiwnaang.ca



Aamjiwnaang Child & Family Well-being **Pow wow drum night's**



"Come join us whether you're experienced or no experience at all"



- Location: Aamjiwnaang Maawn Doosh
Guming Community Centre 1972 Virgil Ave,
Sarnia, ON

Time 5:30 PM to 7:00 PM

Thursday February 12, 2026

Thursday February 26, 2026

Thursday March 5, 2026

Thursday March 12, 2026

*For more information contact: Matthew Isaac
misaac@aamjiwnaang.ca*



Aamjiwnaang Child & Family Well-being



MARCH BREAK WATER PARK

TRIP TO NIAGARA FALLS
MARCH 16-18 2026 TWO NIGHTS STAY!

*Buses leave the Community Centre at 12:00PM
Sharp! & return home leaving hotel at check out
11:00AM Sharp!*

There will be a wheel draw for spaces, Families with Children attending Little NHL are not eligible.

To register scan the QR code



*This is a
Drug &
Alcohol
free trip!*



More Information :

Contact Matt or Carrie



519-336-8410 ext 206



misaac@aamjiwnaang.ca

carrie.plain@aamjiwnaang.ca

COMMUNITY WELLNESS PRESENTS

BREASTPLATES

WITH MARLEY & TALON

Aamjiwnaang Health Centre



To sign up, please scan the QR code. Deadline to register February 19th with draw taking place February 20th.

Mar. 3rd • 9AM to 4PM
Aamjiwnaang Health Centre

Question? Please contact
Roberta at 332-6770 Ext. 313

For Aamjiwnaang members who currently do not have a breast plate.



STAY SAFE

Prevent Respiratory Illness

Influenza and other respiratory illnesses are on the rise.
Help reduce the spread and protect yourself & others.



Reducing the Spread:

- Stay up to date with your vaccinations (including COVID-19, Influenza and RSV)
- Stay home when you are sick or feeling unwell
- Wear a well-fitted mask when appropriate
- Wash your hands regularly with soap and water
- Cover coughs and sneezes with a tissue or inside of your elbow
- Improve indoor ventilation when possible by opening a window or door

Influenza vaccines are available at the Health Centre. Please call the Health Centre at 519-332-6770 to book an appointment.

For more information or questions, please call ext. 309 or 308.



Personal Finance & Cooking On Budget

With Samantha Doxator

Thursday, February 5th

10am -2pm

Aamjiwnaang Health Centre

- **CREATE A BUDGET**
- **TRACK YOUR CASH FLOW**
- **SAVE FOR EMERGENCIES**

MEAL PLANNING

Learn to cook healthy meals while staying on a budget.

To sign up, please scan the QR code.

Questions? Please contact Roberta at 332-6770 ext.313



Questions? Please contact Roberta at 332-6770 ext.313



TISGEN PAINT IT WITH JOHN WILLIAMS JANUARY 27TH, 2026 4-7PM

Limited Space



Sign up here
Closes January 23rd

SENIORS INFO CORNER

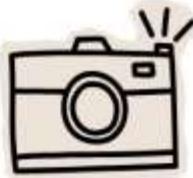
February

3
FEBRUARY **SENIOR COFFEE TIME**
SENIORS COMPLEX



**WELCOME
BACK**
CONGREGATE
DINNING
RESUMES

5
FEBRUARY **SCRAPBOOKING**
GANIGIWE



4
FEBRUARY

10
FEBRUARY **GAME NIGHT**
SENIORS COMPLEX



12
FEBRUARY **VALENTINES DAY CRAFT**
SEPERATE FLYER



17
FEBRUARY **SENIOR COFFEE TIME**
SENIORS COMPLEX

*Valentine's
Day*

19
FEBRUARY **SCRAPBOOKING**
GANIGIWE

SENIORS 60+

Valentine Craft



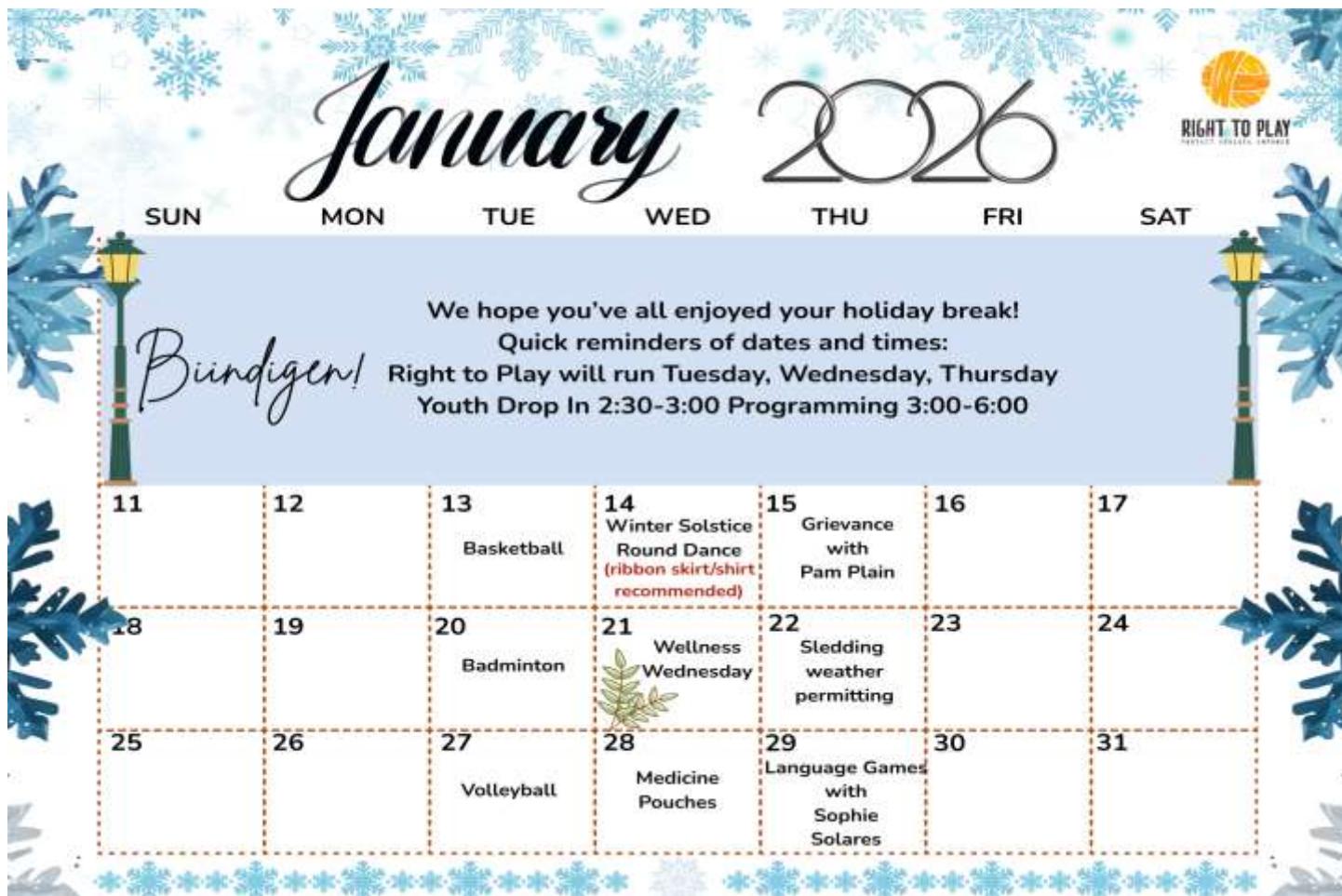
February 12, 2026
12pm - 4pm

CRAFT, LUNCH
PROVIDED

Ganigiiwe

Call Becky ext
312 to register

Draw will take
place if needed



Dago Maajiigoog Binoojiinyag
Mnidoo Giizis— Spirit Moon
January 2026



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Happy New Year!</i>				1	2	3
4	5	6	7	8	9	10 Dads Program Bird Feeder & breakfast 10am-12pm
11	12 Mason Jar craft northern light 10am-12pm 5pm-7pm	13 Make and take snow dough 1pm-3pm	14 Mnidoo Giizis 10am-12pm Book & Craft Night 5pm-7pm	15 Parenting Topic: Parenting Pre- teens hosted by rebound 10am-12pm	16	17
18	19 Northern Lights watercolors salt painting 10am-12pm 5pm-7pm	20 Bboon Collage 1pm-3pm	21 Goonens Resist art 10am-12pm 5pm-7pm	22 Play Group and Goon Nini Craft 10am-12pm	23	
25	26 Bboon Bneshiinyag Craft 10am-12pm Biskoonyen (get dressed) 5pm-7pm	27 Wikwaan Craft 1pm-3pm	28 Open House for DMB program 4-7	29 Grocery Giveaway 3pm-7pm	30	31

We also have transportation available for programming call or text Paula 226-349-2427

DAGO MAAJIIGOOG BINOONIINYAG OPEN HOUSE

Dago Maajiigoog
Bihooonyag

**JAN 28TH
4-7**

Families who are expecting or have children 0-6 years are warmly invited to join us for an open house. Come meet our team, learn about available supports, ask questions and connect with other families in a welcoming environment.

OUR PROGRAM:

- ✓ Playgroup
- ✓ Home Visits
- ✓ Breastfeeding Support
- ✓ Weekly Parenting Topic



LOCATED AT THE COMMUNITY CENTER



Hours of Operation: Monday-Thursday 9:30AM-2:30PM

Interested in obtaining your high school diploma?

Reach out to Aamjiwnaang Alternative and Continuing Education Program to plan your educational journey!



Want to learn valuable skills such as computer basics, English, math, or time management?

Contact Us:
519-336-8410 Ext. 286
adultlearning@aamjiwnaang.ca





ASQ SCREENING HUB

FAMILIES IN THE NURTURING THE SEED STUDY ARE ENCOURAGED TO
COME TO THIS SCREENING HUB TO CONTINUE WITH THEIR NEXT STEPS!
NEW FAMILIES ARE ALSO WELCOME TO ATTEND!



Complete an initial Ages & Stages Questionnaire on
your child to receive \$10.00!
Join the study and receive an additional \$20.00!
Dinner, transportation & activities included!

**THURSDAY,
JANUARY 22, 2026 FROM 4-7PM**

AT MAAWN DOOSH GUMIG

Text Paula for a ride at 226-349-2427

QUESTIONS? MLEFAIVE@AAMJIWNAANG.CA

To help us ensure all participants have a smooth experience, we kindly ask families to leave the screening hub once their child's screens are complete and they have had a chance to have dinner and complete the activity. We truly appreciate your understanding and cooperation in helping us keep things running smoothly for everyone.



Aamjiwnaang Developmental Services is Offering Funding Application Help

Did you know the Ontario Government offers financial support to help families with the costs of caring for a child with disabilities?

WHO IS ELEGIBLE?

- Parents or guardians of a child with a disability who is under 18 years of age and lives at home with you.
- Your total household income is \$76,920 or less.

Other factors that contribute:

1. Size of your family
2. Severity of disability
3. Extraordinary related costs

DISABILITY RELATED COSTS:

- Travel to appointments, hospitals, etc. related to the child's disability
- Special shoes, clothes, extra linens, laundry costs
- Incontinence supplies
- Medical supplies
- Parental relief such as respite
- Social programs

ASSISTANCE FOR CHILDREN WITH SEVERE DISABILITIES (ACSD)

If you are a parent or guardian who is caring for a child with a disability you may be able to get financial support through ACSD! Those eligible can receive between **\$25** and **\$665** a month to help with disability-related costs.

WHAT IS NEEDED TO APPLY:

- Child's health card
- Social Insurance Number (SIN) for you and your spouse
- Proof of Canadian citizenship for parent & child (Status card, birth certificate, Canadian passport, etc.)
- Parent's Ontario driver's license
- Notice of Assessment
- Most recent Canada Child Benefit notice
- List of expenses related to the child's disability

<https://www.ontario.ca/page/assistance-children-severe-disabilities-program>  Ontario



**IF YOU WOULD LIKE HELP WITH THIS PROCESS, CONTACT
MELA NIE!**



519-332-6770 ex. 330



mlefaive@aamjiwnaang.ca

MANDAAMIN

With Samantha Doxator



Tuesday, February 3rd
Aamjiwnaang Health Centre
9am-4pm

Come out and learn how to lye corn, clean it & preparing it for soup!

We will be crafting beautiful cornhusk doll pins.

To sign up,
please scan the
QR code.

Questions? Contact Roberta
at 332-6770 Ext. 313



Registration will close January 26th with a live draw taking place January 28th.



THERAPEUTIC MASSAGE THERAPY



Keely Bressette, RMT

Keely's a Registered Massage therapist from Aamjiwnaang First Nation. She graduated from the Massage Therapy program at Lambton College in 2021 and has been practicing for 2 years. She is trained to treat soft tissue, covering a wide variety of conditions.

WHAT CAN MASSAGE THERAPY DO FOR YOU?

- REDUCE PAIN & TENSION
- IMPROVE CIRCULATION & LYMPH FLOW
- INCREASE MOBILITY
- AIDS IN RECOVERY

If you're interested in booking an appointment, please contact the Health Centre reception at 332-6770 ext. 304

For Aamjiwnaang band members who do not have extended health benefits for massage therapy.

MEDICAL TRANSPORTATION

NEXT DEADLINE

Friday, January 16 &

Thursday, January 29 at

4:00 pm.

ANISHINAABE LODGE

UPDATES & REMINDERS

- There is a new contact for lodge bookings (see below)
- Please take all belongings and garbage with you when your session is complete
- Please report any issues to the Education Department



ACCEPTABLE USES:

- Community Events
- Practicing Culture
- Teachings
- Gatherings

FOR BOOKINGS

Education Reception
519-336-8410 ext 286
or email
educationreception@aamjiwnaang.ca

Save
the
Date

Stay tuned for
booking info!



28th
March



Veterinary Wellness Clinic
Maawn Doosh Gumig

Includes vaccinations, heart worm testing, microchip, & deworming.
Flea & tick meds available for additional \$.

Dogs \$45
Cats \$40

Open to Aamjiwnaang Band /Community Members ONLY.
This is a wellness clinic only. Spay/Neuter will be in the fall.

Getty Stock

Drop-in Night: Aamjiwnaang Environmental Data Justice Lab

Join our Aamjiwnaang team members to talk about previous projects, future project ideas, and to create more grassroots Aamjiwnaang-led environmental data and resources.

5 PM to 7 PM

February 18, 2026

**Maawn Doosh Gumig
1972 Virgil Ave, N7T 7H5**

www.landandrefinery.org



Traditional Healing

One on One Sessions

With

WENDY HILL



February 24th & 25th

Please call the Health Centre at 332-6770 ext. 304 to schedule your appointment.



Questions? Please call Roberta @ 332-6770 ext. 313.



WINTER MEAT & PRODUCE GIVEAWAY



Thursday February 19th | 10-2PM | Maawn Doosh Gumig

On and off reserve Aamjiwnaang members. ONE entry per household (please indicate on sign up if you're a single or family household). Sign ups will be accepted until February 6th at 12PM. Pick ups ONLY, there will be no delivery available. No draw will be held.

THE COMMITMENT FEE IS IN EFFECT FOR THIS GIVEAWAY



Scan QR Code
to sign up:



Questions?

Natalie Nahmabin
Call 519-332-6770 ext. 326

WILLIE'S ADVENTURES

ROAD TRIP TO BUFFALO NY



At KEYBANK CENTER, Buffalo New York

March 13-15/26

Includes: Badder Coach Bus, 2 Nights at the Howard Johnstons Hotel by The Falls (2 Queen Beds), Lower Level Ticket to March 14th Game. Then returning Sunday.

2 in a Room - \$600 PP CDN

3 in a Room - \$560 pp CDN

4 in a Room - \$520 pp CDN

\$100 NRF deposit secures your spot with the remainder due Friday Jan. 16th

Bus leaves Foodland Corunna at 12:00 pm Sharp and Food Basics Sarnia at 12:30 pm Sharp

Contact Willie at 519-384-1957 or willie@cogeco.ca

MONTREAL CANADIANS

vs

DETROIT RED WINGS



@ Little Caesars Arena Detroit

Thurs. March 19th at 7:00pm
\$220 CDN or \$170 US Per Person

Badder Coach Bus, Ticket (Lower Level)

Bus will leave Foodland Corunna at 2:30 PM Sharp & Food Basics Sarnia at 3:00 PM Sharp also Point Edward Arena at 3:30 PM Sharp. Meijer's Marysville at 4:30 pm. Soft Sided Coolers allowed. For ticket's contact Willie at 519-384-1957 or willie@cogeco.ca



COMERICA PARK, DETROIT

Toronto Blue Jays vs Detroit Tigers

\$185 C & \$135 US PP

(PER GAME)

**Sat May 16th & Sun May 17th
(BOTH GAMES ARE AT 1:00 PM)**

Badder Coach Bus, Ticket (Sec-RFBAL Adirondack Chairs & Terrace Seats on a First Paid bases), Bus leaves Foodland Corunna at 8:30am SHARP, Food Basic's Sarnia at 9:00am SHARP. Point Edward Arena at 9:30am. Only soft-sided coolers are allowed. Ticket's available from Willie's Adventures at 519-384-1957 or willie@cogeco.ca



B *Badder*

we're still looking to cast more actors to join the cast of *Bear Grease*!

We are seeking Triple Threat Performers – Dancers, Singers, and Actors – to join the cast of *Bear Grease* for both stage and screen.

REQUIREMENTS:

- Age Range: 21–35
- Skills: Strong in singing, acting, and dance (hip hop, jazz, and theatre styles preferred)
- Eligibility: Must have a valid passport and be able to work in both the U.S. and Canada
- Identity: Actors must be Indigenous to the Americas.

HOW TO APPLY

Please submit the following:

- 1) Head shot, Resume & and Audition Reel consisting of:
- 2) 1-Minute Singing Video (any genre that shows your range)
- 3) 1-Minute Dance Video (hip hop or theatre preferred)
- 4) 1-Minute Acting Monologue or Scene

Send submissions to: BearGreaseLive@gmail.com

Please share this email with anyone you think might be interested, and help us spread the word.

We hope to see you at one of our upcoming shows.

Thank you for your support!

Love, Peace and Bear Grease,
Uncle Cloud

THE LIGHTHOUSE MINISTRY

Joshua 1:8

BIBLE STUDY

WEDNESDAY JAN 28th 2026

6PM

Hart Pastor Crystal Dowling

Minister Craig & Bonnie McFarlane

Praise & Worship Lee Font

1972 VIRGIL AVE, AAMJIWNAANG

THE LIGHTHOUSE MINISTRY

MINISTER KAREN TAYLOR

PASTOR CRYSTAL DOWLING

EVIDENCE OF *Hope*

REVELATION 12:11

Clinton Bressette

Matthew Kelly

Amelia Smith

Sam McJaughney

Otis Williams

JAN 17, 2026 | 10AM - 2PM

1972 VIRGIL AVE

AAMJIWNAANG COMMUNITY CENTRE

MUSICIAN LEE FONT

THE LIGHTHOUSE MINISTRY AAMJIWNAANG

Pastor Crystal Dowling

Assistant Minister Karen Taylor

Invites you to join us for

Holy Communion

Every Sunday

2pm

13 "Enter by the narrow gate; for wide is the gate and broad is the way that leads to destruction, and there are many who go in by it. 14 [c]Because narrow is the gate and [d]difficult is the way which leads to life, and there are few who find it.

Matthew 7:13-14

NKJV

123 Maness CRT Aamjiwnaang

226-886-3812

THE LIGHTHOUSE MINISTRY AAMJIWNAANG

BIBLE STUDY

EVERY WEDNESDAY

6PM

Hart Pastor Crystal Dowling

With Teacher Craig & Bonnie McFarlane

123 Maness CRT Aamjiwnaang

2 Timothy 2:15 NKJV

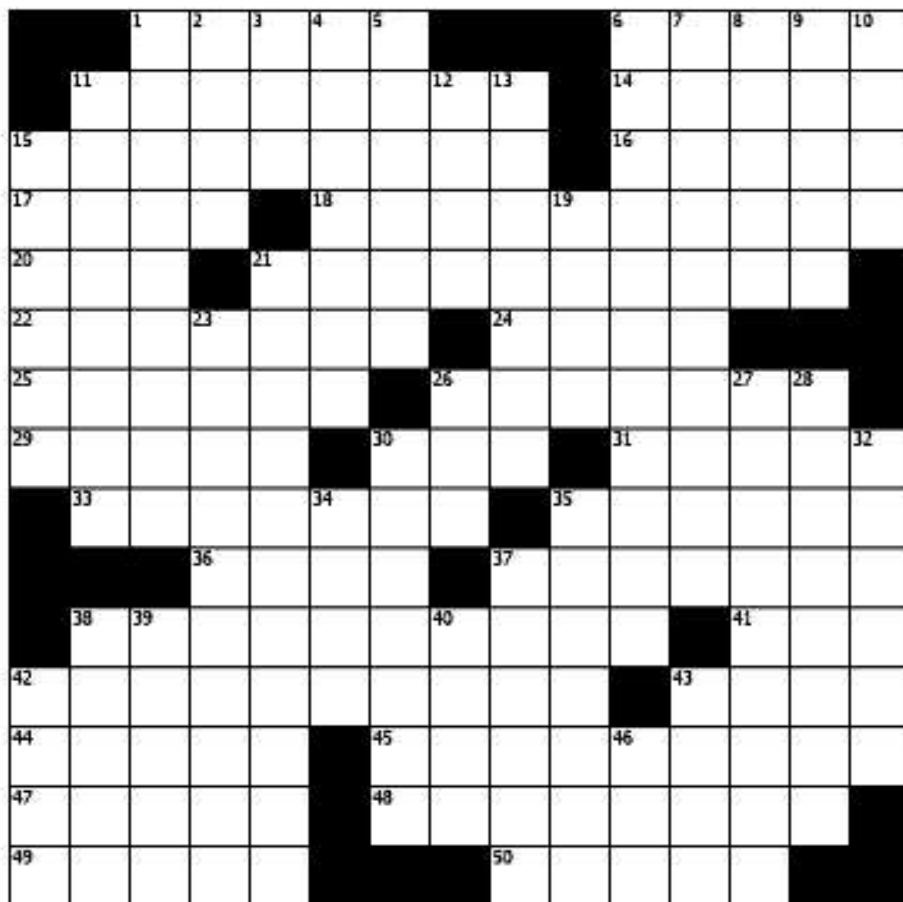
123 Maness CRT Aamjiwnaang

226-886-3812

CROSSWORDS

Across

1. "Ghostbusters" co-writer
6. Fell off
11. Pre-prom purchase
14. Tours Tuesday
15. Ruined
16. Win by __
17. Giant star et al.
18. Rats
20. Tropical strangler
21. Electricity creator
22. Erasers
24. Actress Talbot
25. Keep away from food
26. Tries again
29. From head __
30. Super finish
31. "I __ Song (in My Heart)": 1974 hit

**Down**

33. Pitcher Herb of the '20s- '30s Yankees	1. Singles Web site name	12. Organic body	34. "Yes __?"
35. Song syllables	2. Dazzles	13. Less forgiving	35. One involved in a tie-up
36. Cruel one	3. Aug. hours in Denver	15. Fail	37. Speaker booster
37. Bit of activism	4. You can dig it	19. Rod in a roast	38. Totaled
38. Old social center	5. Calyx leaves	21. Noted fictional structural design	39. Some yellow bars
41. Historic Vietnamese town Dien Bien __	6. Come out of	feature	40. Nobel Institute city
42. Pens	7. Bike feature	23. Northeast college town	42. Macro ending
43. "__ it get to me"	8. Flat-bladed grass	26. Asian soldier	43. "__ the One": Elvis hit
44. NBC newsman Roger	9. Corsair or Pacer	27. Tube writings	46. Gulf of Bothnia country: Abbr.
45. Drinking aids	10. Quiets (down)	28. Some horror films	
47. Totally	11. How runners-up finish	30. Northern hazes	
48. By unspecified means, informally		32. Keen	
49. Exodus leader			
50. Reporters			

For Up-To-Date News and Information on First Nations you may visit:

Chiefs of Ontario visit:

<http://www.chiefs-of-ontario.org/>

Anishinabek Nation visit:

<http://www.anishinabek.ca/>

Assembly of First Nations visit:

<http://www.afn.ca/>

Southern First Nation Secretariat:

<http://www.sfns.on.ca/>

Crown Indigenous Relations and Northern Affairs:

<https://www.canada.ca/en/crown-indigenous-relations-northern-affairs.html>

Indigenous Services Canada:

<https://www.canada.ca/en/indigenous-services-canada.html>

Job Search Websites

OFIFC www.ofifc.org/

Nokee Kwe www.nokekwe.ca/

Southern First Nation Secretariat, www.sfns.on.ca/index.html

N'Amerind Friendship Centre (London) www.namerind.on.ca/

Anishnawbe Health Toronto <http://www.aht.ca/>

SOAHAC London, Chippewas of the Thames, Owen Sound, <http://www.soahac.on.ca/>

Six Nations (Ohsweken, ON), www.sixnations.ca/

Other Job Search Engines:

- <http://www.aboriginalcareers.ca/>
- <http://ca.indeed.com/Aboriginal-jobs>
- <http://www.wowjobs.ca/jobs-aboriginal-jobs>
- <http://www.turtleisland.org/front/front.htm>
- <http://www.eluta.ca/>
- <http://www.monster.ca/>
- <http://www.workopolis.com/>
- <http://www.jobs.ca/>
- <http://www.servicecanada.gc.ca/eng/sc/jobs/jobbank.shtml>
- <http://www.ofifc.org/>



JORDAN'S PRINCIPLE

Do you know a First Nations child that hasn't reached their 18th birthday who has a medical, social, educational, or cultural unmet need?

Jordan's Principle may provide assistance to remedy that unmet need and assist the child and family, whether they live on or off reserve.

Start the process by contacting the dedicated Jordan's Principle Call Centre and Help Line:

English: 1-855-JP-CHILD
(1-855-572-4453)

French: 1-833-PJ-ENFAN
(1-833-753-6326)

Email: InfoPubs@aadnc-aandc.gc.ca

Christian Hebert
Jordan's Principle Navigator
Anishinabek Nation
Phone: 705-497-9127, ext. 2306
E-mail: christian.hebert@anishinabek.ca

Marina Plain
Jordan's Principle Navigator
Anishinabek Nation
Phone: 519-328-0942
E-mail: marina.plain@anishinabek.ca



FOR AAMJIWNAANG BAND & COMMUNITY MEMBERS



PRENATAL OR HAVE A NEW BABY IN THE HOUSE?

REACH OUT FOR A...

WELCOME BABY KIT & SERVICES

HEATHER ROBERTSON AT 519-332-6770 EXT 305
OR

MALYnda MANESS HENRY AT 519-332-6770 EXT 311



CHECK OUT OUR FACEBOOK GROUP: AAMJIWNAANG
DROP IN DAGO MAAJIGOOG BINOJIINYAG



ATTENTION TO ALL MEDICAL DRIVERS!!!

Medical Travel slips are now due
Fridays before 4:30pm.



FYI - Health Benefits under Indigenous Services Canada

The Non-Insured Health Benefits Program (NIHB) -

This Photo by Un-
(Indigenous Services Canada) is a National Program administered by Health Canada providing coverage for:

Dental, Drugs, Medical Supplies & Equipment, Medical Transportation, Vision Care, and Short-Term Crisis Intervention Mental Health Counselling.

Client Questions? - contact the NIHB client information line at: 1-800-640-0642

Using your Benefits: When you present your status card to any health provider, as if they bill directly to NIHB before obtaining the service. Ensure the health care provider verifies that the product/treatment is an eligible benefit listed on NIHB

Be Aware: If you are asked to pay upfront, it can take 6-8 weeks to be reimbursed, and you may not get reimbursed if the benefit was not pre-approved. You may want to seek out a provider that does bill directly to NIHB. The Drug or product may be an exception benefit requiring the provider to call the Drug Exception Centre at 1-800-580-0950

Benefits Outside of Canada: You must purchase travel health insurance if you travel outside of Canada. If you are a migrant worker or a full time student working or studying outside of Canada, call NIHB to ask about coverage at 1-800-640-0642. More information can be found at <https://www.sac-isc.gc.ca/eng>

Reimbursements: Mail your reimbursement form along with your original receipts and a copy of your prescription to:

NIHB/FNIHB

Health Canada, address locator 1902D

200 Eglantine Driveway, 2nd Floor

Ottawa, Ontario K1A 0K9

Medical Travel Drivers:

Terry Plain (Monis) 519-402-5535

Sheila Firth 519-383-1073

Christine Plain 519-466-0054

Muriel (Toddy) Joseph 519-336-6323 or 519-312-2403

Kailey Maness 519-328-5366

Jill (Henry) Smith – 519-384-0076

Ron Simon 519-331-7607

Wheelchair Accessible Van Driver:

Contact the Health Centre at 519-336-6770

Attention ODSP Clients

Janet Wilkinson will be available for
In person appointments

February 11th, 2026
from 9am—4pm

If you need to contact Janet Wilkinson
please call
519-337-3735 ext 2266



Aamjiwnaang Chief & Council

Agenda Item Submission

Information and Deadlines



- * Regular Council Meetings - 1st & 3rd Monday of every month, **starting at 5:00pm**. If Monday falls on a statutory holiday the meeting is generally held the following Monday. Please note, that from time to time meetings may be cancelled or postponed.
- * Deadline - Tuesday's prior to the regularly scheduled meeting date, by 12:00 noon, for Band Manager review.
- * Agenda Item Request Form is available at reception for the following locations: Administrative Complex (Band Office), E'Mino Bmaad-Zijig Gumig (Health Centre) & Maawn Doosh Gumig (Community Centre); and, on the Aamjiwnaang website.
- * Your completed request form can be submitted in person or email, you may also wish to attach additional documentation and information to support your request (i.e. acceptance letters, budget, personal summary, etc.).
- * Requests will be reviewed by the Band Manager, to ensure that the appropriate personnel/ department have the opportunity to respond or resolve the request, prior to being placed on the Council agenda.
- * The guidelines set out above are in place to ensure that the flow of information to and from the Council table is efficient, and that your matter is addressed and resolved in a timely manner.

If you have discussion items for

Chief and Council on:

February 2nd, 2026

Your information is due by:

Tuesday January 27th 2026 at 4:00pm

Miigwech, for your co-operation and understanding.

Ashley Jackson, Aamjiwnaang Council Clerk

ajackson@aamjiwnaang.ca



COUNCIL AGENDAS

Presently a copy of the Council Agenda is posted on the front doors of the Band Office and Community Centre.

If you would like to receive an “electronic” copy of the Council Agenda, please send an email to:

pnahmabin@aamjiwnaang.ca providing your name and band number.

Only band members can receive an electronic copy of the Agenda.

Thank you.

Patrick Nahmabin
Community Information Officer

RE: Seniors Travel and Recreation Funding

Chief and Council along with the Community Services Committee have developed a new Seniors Travel and Recreation Funding Policy to help assist Seniors with Travel and Recreational activities. This application is for Seniors who have reached the age of Sixty (60) years and over. The maximum funding is \$800/CA per fiscal year. Applications can be picked up at the Community Centre or Band Office. For more information please contact the Community Centre – 519-491-2160

Seniors, Adult, Youth and Security Fund applications to be submitted by Thursday at noon

RE: Youth Funding Policy / Funding Applications

Chief and Council along with the Community Services Committee have developed a new Funding Policy to help our youth with their Sports, Arts and Recreational activities. This application is for youth to the age of 25 years. The maximum funding is \$800/CA per fiscal year. This maximum will take into consideration LNHRL reimbursement and any other recreational funding. Applications can be picked up at the Community Centre or Band Office. For more information please contact the Community Centre – 519-491-2160



Indigenous Services Canada

IF YOU DO NOT HAVE THE
MANDATORY IDENTIFICATION TO
OBTAIN A STATUS CARD,
PLEASE CALL: 1-800-567-9604

- Advise the call centre representative that you want to obtain a Temporary Confirmation of Registration Document (TCRD).
- They will ask a series of questions to confirm your identity and then mail a Temporary Confirmation of Registration Document (TCRD) to you.
- This document will state your registration number and can be used in place of a Status Card to access benefits and services.

CHIPPEWA TRIBE-UNE

1972 Virgil Avenue
Sarnia, Ontario N7T 7H5
Phone: 519-491-2160 or

Fax: 519-491-0912
E-mail: editor@aamjiwnaang.ca

**The next issue is due out on:
Friday, January 30th, 2026
The deadline for submissions is
Wednesday, January 28th, 2026
at 12:00pm**

Please submit your documents in
Word, Excel, or Publisher formats or
info can be hand written; jpeg for
pictures.

**This paper and past editions can also
be found on the Aamjiwnaang website
at: www.aamjiwnaang.ca**

If you have stories that you would like to
share, please submit them to the Editor
at : editor@aamjiwnaang.ca

CROSSWORD SOLUTION

