



AAMJIWNAANG FIRST NATION'S

Chippewa Tribe-UNE

Senior & Youth

VALENTINE'S CARD MAKING & DINNER

come join us and make a Valentines Day card for someone special in your life.

1 Senior & 1 Youth

Must call and contact Megan to sign up

DATE

12 FEB 2024

TIME

4 -6 PM

PLACE

**Maawn Doosh Gumig -
Youth Room**



519 491-2160

EXT -104

Mino Dbishkaayin-Happy Birthday

Danielle Bird	Jan. 26	Brandi Joe	Feb. 4
Jocelyn Hajas	Jan. 26	Glen Oliver	Feb. 4
Christen Hignett	Jan. 26	Rachel Piche	Feb. 4
Victoria Maydwell	Jan. 26	Diana Rogers	Feb. 4
Taylor A Plain	Jan. 26	Roger White	Feb. 4
Silas Sanderson-Gray	Jan. 26	Shayna Williams	Feb. 4
Lacey Williams	Jan. 26	Tracy Buffalo	Feb. 5
Sebastian Adams	Jan. 27	Richard Gilbert	Feb. 5
Patricia Glauner	Jan. 27	Rylee Gould	Feb. 5
Jessica Anne Gray	Jan. 27	Raecine Johnson	Feb. 5
James Plain	Jan. 27	Kyla Myers	Feb. 5
Trenton Rogers	Jan. 27	Alissa Myers	Feb. 5
Mary Lee Schmidt	Jan. 27	Shelley Nahmabin	Feb. 5
Anthony Williams	Jan. 27	John Steele	Feb. 5
Sydney Bird-Little	Jan. 28	Keisha Walker	Feb. 5
Lance Rising	Jan. 28	Lillian Williams	Feb. 5
Shaylee Doxtator	Jan. 29	Danica Bolger	Feb. 6
Phyllis Fisher	Jan. 29	Charlotte Chenery	Feb. 6
Courtney Mammarella	Jan. 29	Steven Fisher	Feb. 6
Michael Meza	Jan. 29	Errnol David III Gray	Feb. 6
Alan Dale Plain	Jan. 29	Belinda King	Feb. 6
Carole Rose	Jan. 29	Gracie Lewis	Feb. 6
Tannis Ayer	Jan. 29	Shawn Lee Nahmabin	Feb. 6
Julie Plain	Jan. 30	Andrew Parker	Feb. 6
Ruby Fisher	Jan. 30	Teresa Rogers	Feb. 6
Wilson Plain Jr.	Jan. 30	Micah Runcorn	Feb. 6
Jaiden Aviles	Jan. 31	Thomas Stager	Feb. 6
Tanisha Cottrelle	Jan. 31	Jacen Barr	Feb. 7
Lorna Hubert	Jan. 31	Donovan Gold	Feb. 7
Skye Lawrence	Jan. 31	Ronald Gray	Feb. 7
Lynda Rogers	Jan. 31	Noah A Joseph	Feb. 7
Alicia Vallieres	Jan. 31	Meilah Maness	Feb. 7
Theodore White Jr.	Jan. 31	Marion Waters	Feb. 7
Zoey Wilson	Jan. 31	Patricia L Williams	Feb. 7
Marcus Gray	Feb. 1	Sara Williams	Feb. 7
Avery Matte	Feb. 2	Amanda Drummond	Feb. 8
Tristan Nahmabin	Feb. 2	Jacob Karttunen	Feb. 8
Trinity Smith	Feb. 2	Layla Karttunen	Feb. 8
Liyah Wilson	Feb. 2	Dallas J R Nahmabin	Feb. 8
Arianna Wilson	Feb. 3		
Albert Bourque	Feb. 4		



Happy 8th Birthday Rylee. Love Your Family

SOCIAL INSURANCE NUMBER CLINIC

This is not an information session or a workshop; instead, the representative will meet with each applicant privately, review documents, and issue the SIN confirmation on the spot if the applicant qualifies. All are welcome to attend; this is on a first come, first serve basis.



Must have birth certificate and another form of identification.

The representative will also be able to assist with Passport applications, unemployment insurance, and old age pension.

Aamjiwnaang Community Centre

Tuesday, January 30, 2023

2:00—5:00pm

If you have any questions please contact Mellissa Medeiros at (519) 336-8410 ext. 249



Rhynos Renovations

Ryan Pitre

519-312-7537



Roger Williams' AUTHENTIC NATIVE CRAFT SHOP

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STORE HOURS
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Sunday - 12 pm - 5 pm

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(at the end of Indian Road)
Sarnia, ON

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- HERBAL TEAS
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- CLASSES & WORKSHOPS
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- CRYSTALS
- CEREMONY ITEMS

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174 CHRISTINA ST. N
SARNIA, ONTARIO

TNT Auto Detailing & Upholstery

Call for free quote or to book appointment

Auto Detailing Upholstery & Carpet Cleaning

Greg Gray (Owner) - (226)-964-2227
1909 Virgil Ave-Sarnia, Ontario

If you would like to submit artwork, drawings or anything at all for the Tribe-une, leave them at the Community Centre for the editor or email them to editor@aamjiwnaang.ca
All submissions subject to editor approval.






Natural Bodycare **Natural Skincare** **Coconut Soy Candles**

PLEASE VISIT:
WWW.INTENTIONNATURAL.CA
FOR THE MOST UPDATED INFORMATION

FREE DELIVERY WITHIN LAMBTON COUNTY

Featured Products:
Body Mist, Bath bombs,
Vitamin C face cleanser,
Deodorant, Face serum,
Whipped Body butter,
Scented lip balms, Natural
creams, Magnesium Cream,
Coconut soy candles, Sage
burners, Sweetgrass
braid

INTENTION A NATURAL COMPANY
Indigenous
OWNED BUSINESS
intentionnaturalco@gmail.com



Aamjiwnaang Health Centre
1300 Tashmoo Ave
Sarnia, ON N7T 8E5

T: 519-332-6770
F: 519-332-8925
www.aamjiwnaang.ca

January 22, 2024

Emergency Winter Shelter

The Mental Wellness Team is working to open a temporary emergency winter shelter at the Resource Building (blue building beside the Band Office). The space will be open to Aamjiwnaang community members experiencing homelessness who cannot be housed through existing programs (e.g. The Inn of the Good Shepherd). The hours of operation will be 7 days a week from 11pm to 7am. Staff are also planning a daytime drop-in for outreach services during regular business hours.

Staff are currently preparing the space and hiring temporary workers, with the hopes of opening by mid-February. More details to come as we get closer to opening.

Miigwetch

Aamjiwnaang Mental Wellness Team



AAMJIWNAANG FIRST NATION Band Council

978 TASHMOO AVENUE
SARNIA, ONTARIO
N7T 7H5
Phone: 519-336-8410
Fax: 519-336-0382

January 24, 2024

Cultural Centre/Multi-Purpose Building

Attention Aamjiwnaang First Nation Members,

The Aamjiwnaang Cultural Centre (ACC) Project Team has been working with Burkhart Gilcrest Architects Inc. (BGAI) to develop a design concept for the Cultural Centre/Multi-Purpose Building to be shovel ready for Chief and Council to make a decision regarding the project.

The ACC project team and BGAI undertook a cultural expressions exercise, identifying cultural aspects to be incorporated in the building design concept. The cultural aspects were put into themes in the Cultural Expressions & Meaning Report, which was made into large display boards.

At the AFN Community Open House on September 28, 2023, Community Engagement took place with the ACC project team and BGAI in attendance to discuss the overall project with community members and walk them through the display boards. Further to the community verbal feedback, members were also given the opportunity to complete and submit a cultural expression survey form. The form was also made available through the members only website portal. Approximately 115 community members attended the Open House with 15 surveys being submitted.

Based on the community feedback the Cultural Expressions & Meaning Report was updated and reviewed by the ACC project team. Attached for your reference is a copy of the Report.

BGAI will begin work on the design of the building layout incorporating the cultural aspects identified in the Report.

Respectfully,

Aamjiwnaang Cultural Centre Project Team

c.c. Harrison Plain, Band Manager

Please see attached, Cultural Expressions & Meaning Report

Copies of the report will be available at the Maawn Doosh Gumig front desk, sent out with the emailed copy of this issue as an additional document, and will be sent out as a special insert with the February 9th issue.



Aamjiwnaang First Nation Chippewas of Sarnia

EMPLOYMENT OPPORTUNITY

Position Title: Governance Officer (Repost)

Location: Sarnia, ON

Duration: Permanent

Posting Closes/Deadline: February 16th, 2024

Tentative Interview Dates: February 23rd/26th, 2024

Overview of the Position

The Governance Officer oversees all governance initiatives as determined by Aamjiwnaang Chief and Council strategic plan, assists with the development of legal and regulatory compliance of community laws and by-laws and applicable organization policies and procedures with a focus on mitigating risk.

All employees are to work in compliance with the Occupational Health and Safety Act.

Responsibilities

1. Systems and Operations

- Assisting in the development and implementation of the Chief and Council strategic plan through:
- Effective reporting and provide strategic advice on the implementation
- Effective implementation of the Comprehensive Community Plan and Leadership Strategic Plan
- Maintain and provide accurate records and documents of relevance
- Collaboratively work with Chief and Council, Aamjiwnaang Administration and local Provincial Territorial Organization's (PTO's)
- Assist in the establishment of new governance and management procedures as they relate to the Aamjiwnaang Chi'Naaknigewin
- Assess strengths and weaknesses, strategy, and governance, and their impact while identifying opportunities and risks
- Ensure accuracy and compliance with relevant legislation
- Steering the governance and leadership capacity development services
- Assist in planning program and services for advisory services and develop funding proposals as directed
- Support the process in identifying funding
- Prepare an annual work plan detailing, goals, projects and timelines for activities assigned that is in line with the strategic direction of the organization
- Responsible to maintain and report on all financial transaction related to governance

2. Administration

- Ensure the requirements and practice of governance and risk management framework are embedded throughout the organization
- Monitor external Indigenous governance initiatives and participate as a technical resource within AFN (and other) governance as required
- Regularly review governance processes, policies, and procedures, focusing on continuous improvement
- Attend Band Council meetings and other meetings as directed by the Band Manager

- Act as a liaison between Chief and Council, Administration, and Band Members as required
- Provide conference, workshop, and meeting planning support to ensure successful planning and execution of general and committee meetings
- Ability to lead/facilitate meetings
- Ensure that all business of governance, are conducted in a responsible, confidential, and ethical way

3. Other duties as assigned.

Minimum Requirements

- Appropriate post-secondary qualifications (diploma or degree equivalent) in governance, policy and risk management, or equivalent experience
- 3-5 years of administrative or policy development experience
- Substantial proven experience in taking responsibility for governance and risk management practices, including laws and policy
- Proven experience and qualification in risk management and the development of frameworks related to risk based on legislative, community, and other influencing factors
- Proven experience and ability to prepare policy and law related documents in a timely manner
- Prior experience in development and/or managing First Nation-related partnerships
- Minimum five (5) years of working with/for a First Nation community

Knowledge, Skills, and Abilities

- Collaborative, analytical, and objective thinking
- Organizational, analytical, and research skills
- Critical thinking, attention to detail, problem solving, and persuasion skills
- Ability to maintain strict confidentiality standards
- Proven ability in interpreting a range of legislation that is often complex in nature
- Ability to work independently and to perform well with minimal supervision
- Ability to learn quickly and to leverage change as opportunities for success
- Ability to navigate competing agendas and competing interests in order to achieve consensus
- Excellent work ethics and is outcome driven
- Be familiar with the Comprehensive Community Plan (CPP)
- Fluent in professional Microsoft Office 365 (Word, Excel, and PowerPoint)
- Ability to utilize a search engine
- Knowledge of iCompass Data Management System an asset

Personal Attributes

The incumbent must maintain strict confidentiality in performing the duties of this position and must also demonstrate the following personal attributes:

- Demonstrated high degree of personal integrity and credibility and the ability to represent AFN with professional competence
- Interest in First Nation community development, organizational development, and effective governance

Other Considerations

In accordance with Section 16 Special Programs of the Canadian Human Rights Act, preference will be given to Aamjiwnaang Band Members with relevant education/experience (R.S.C 1985, c. H-6, s16 (1-3)).

Application Process

If you are interested in this opportunity, kindly forward your resume and cover letter via mail, email, or fax to:

Aamjiwnaang First Nation
978 Tashmoo Avenue
Sarnia, ON
N7T 7H5

Attention: Ashley Fisher, Human Resources Officer

Or

humanresource@aamjiwnaang.ca

Or

519-336-0382 fax

For more information, check us out online at www.aamjiwnaang.ca

PLAN A™

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CHATHAM
WINDSOR
ELGIN
POWERED BY jointheateam

DOES YOUR CURRENT CAREER CHECK ALL OF THESE BOXES?



WE'RE HIRING
NURSES, PSWs
& NURSING
STUDENTS!

Employee Benefits

- | | | |
|--|----------------------------------|--|
| <input type="checkbox"/> Extended Health Care^ | <input type="checkbox"/> Dental^ | <input type="checkbox"/> Paramedical Coverage^ |
| <input type="checkbox"/> Employee Assistance Program | <input type="checkbox"/> Vision^ | <input type="checkbox"/> Life Insurance^ |

Staff Incentives and Perks

- | | | |
|--|--|---|
| <input type="checkbox"/> Recognition | <input type="checkbox"/> Wage Enhancements | <input type="checkbox"/> Paid CNO & Vulnerable Sector Police Check^ |
| <input type="checkbox"/> Contests and Incentives | <input type="checkbox"/> Further Education | |
| <input type="checkbox"/> Giveaways | <input type="checkbox"/> Referral Bonuses | |
| | <input type="checkbox"/> Work Life Balance | |

^30+hr/week, after completing first 90 days

CURRENT RATES OF PAY

+\$7/hour bonus on all last minute shifts.

RNs.
\$51/hr

RPNs.
\$35-37/hr

UCPs.
\$27/hr

PSWs.
\$23-28/hr*

RSAs.
\$18.50/hr

*Includes the \$3/hour LTC permanent wage enhancement

APPLY TO:
WINDSOR



APPLY TO:
SARNIA
CHATHAM



APPLY TO:
ELGIN



windsor@jointheteam.com

sarniachatham@jointheteam.com

elgin@jointheteam.com

THANK YOU FOR YOUR INTEREST IN JOINING THE **A** TEAM

ASK US
ABOUT
PERMANENT
FULL-TIME
POSITIONS!

3 STEP HIRING PROCESS

STEP 1.
**Interview &
Documents**

Date

STEP 2.
**Policies &
Procedures**

Date

STEP 3.
**Agreements
Session**

Date

Below is a list of mandatory documentation
required for your employee file to be completed:

☐ **Proof of Education.**
Registration, diploma, or certificate.

☐ **3-5 References.**
Must be from health care
professionals in a supervisory role.

☐ **CPR.**
Current, not expired.

☐ **CPIC/Vulnerable Sector
Check.**
6 months new.

☐ **Surge Training.**
Paid online training provided by
Plan A after Step 2.*

☐ **COVID-19 Vaccination.**
Covid-19 vaccination status,
vaccination is **not** mandatory but
can change at anytime.**

☐ **TB Test 1.**
Required every 2 years.

☐ **TB Test 2.**
Does not expire.

☐ **N95 Respiratory Mask Fit.**
Within 2 years of the certification date.

☐ **Flu Shot.**
Most recent season.

*10 hours of online training will be provided through Surge Learning after
Step 2: Policies and Procedures. Payment for Surge will be applied to the
first pay after begin date.

**As required by the government or ministry. Long-term care
home and retirement home policies may differ.

SUBMIT YOUR
DOCUMENTS HERE



PLAN **A**

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PLAN A

RENFREW
LANARK

\$5000 of Tuition Support!



Are you currently enrolled in a Nursing Program?

Plan A is looking for health care students, like you, to invest in your future through the Plan A Continued Education Program. Qualified students enrolled in an RPN or RN program can receive up to **\$5000 of support per year** and the opportunity to work as a PSW accommodating your school schedule with Plan A!

Eligibility

- Canadian citizen or permanent resident/landed immigrant and resident of Ontario
- Currently enrolled in an RPN or RN program
- Reside in Sarnia Lambton, Chatham-Kent, Lanark County or the United Counties of Leeds and Grenville

Qualifications

- Must have a valid driver's license and reliable vehicle
- Must be available for 4 weekend shifts per month (30 hours)
- Must maintain a minimum 70% GPA
- Available to work a minimum of 1 year for every year the candidate receives tuition support from Plan A

How to Apply:

1. Submit your resume
2. Submit Proof of enrollment into a full-time RPN or RN program in Windsor-Essex, Chatham-Kent, Sarnia-Lambton, Lanark County, or the United Counties of Leeds and Grenville
3. Attend an interview and provide references and letter(s) of recommendations
4. Get selected and complete the Plan A 3 Step hiring process!

**SEND YOUR
RESUME &
LEARN MORE**



YOU ARE INVITED TO
VALENTINE'S DAY

*Dinner &
Entertainment*

**Thursday
FEB 8th**

5-8pm

door prizes

at the Maawn Doosh Gumig
Dinner : 05:00pm
Entertainment begins at: 06:00pm

*With Special Guest Nolan
Wilde from Brother's Wilde*

To sign up please call Roberta @ 332-6770 Ext. 313

Open to adults 18+

**In partnership Community
Wellness, Health Promotion, &
Seniors Program**

Valentine's Day

Themed Sensory Bin

Recommended for ages 4+ (Adult supervision required).

Disclaimer: Small parts included, please supervise while your child plays with this sensory bin.



Included in bin

- Filler
- Sorting Containers
- Sorting Tool
- Sorting Items
- Valentine Craft
- Fine Motor Activity

Pickup will be Friday, February 9th from 9:00 a.m. – 4:00 p.m. at the Aamjiwnaang Health Centre.

20 bins will be available and it will be first come first serve.

*Limited to 1 bin per family

HOMEBOUND LUNCH PROGRAM

The goal of the Seniors Congregate Dining Program is socialization. In response to increasing requests for deliveries and recognizing that some seniors cannot attend due to mobility issues, we have created the Homebound Lunch Program. It is available for Aamjiwnaang First Nation community members age 55+ who live on reserve and cannot attend Congregate Dining due to mobility issues.

Home Care Nurse Assessment required to verify eligibility

Eligibility Criteria:

- Mobility issues which prevent seniors from safely attending the Congregate Dining Program, including but not limited to:
 - Wheelchair bound
 - Temporary post-discharge recovery
 - Severe illness resulting in high risk falls or other injury

Please call the Aamjiwnaang Health Centre to book an assessment with the Home Care Nurse to determine eligibility.

519-332-6770 x302

*Current individuals who are receiving delivery from Congregate Dining should expect an assessment to be completed in the next week or two. Annual assessments will be completed and/or more frequently depending on each individual situation. Miigwech for your understanding.

Senior Coffee Time DROP-In

Senior Coffee Time
Senior's Building 1-3pm
Feb 6 & 20, 2024

GAME NIGHT UPDATE

Game Night
Seniors Building 6—8pm
Feb 13, 2024
Pot Luck Game Night
Feb 27, 2024
From 5 -8pm

Senior Updates

CONGREATGE DINING

FOR THE MONTH OF FEBRUARY
LUNCH WILL BE FEBRUARY 14 & 28,
2024

DO TO UNPREDICATABLE WEATHER
THANK YOU FOR UNDERSTANDING

On-behalf of the Seniors a big huge
shout out to CJ White for the
wonderful donation of Venison
SENIORS definitely appreciate it

Thank you

♥ *happy* ♥
Valentine's
♥ *day* ♥

SENIOR & YOUTH
VALENTINE CARD MAKING
AND DINNER
ON

FEBRUARY 12, 2024
FROM 5 TO 730PM
YOU MUST SIGN UP WITH
MEGAN NAHMABIN

519-491-2160

Leave detailed message

WITH WEATHER BEING
COLDER AND SNOW
PLEASE BE SAFE
BLACK ICE HIDES
&
DANGEROUS ROADS HIDE
&
SLIPPERINESS Is
EVERYWHERE
PLEASE TAKE CAUTION

Home and Community Care Hospice Like Space Naming Contest

The Home Care Program is holding a naming contest for the hospice like space which is being built at 1702 St. Clair Parkway. This building will be available to any community member and their families for end-of-life care.

The name will be in in Anishinaabemowin with an English translation.

If you have a name you would like to be considered, please submit the form published here in the Tribune to the Health Centre – attention Robin Wood.

The deadline for submissions will be February 21st. Submissions will be presented to the Health Committee where a name decision will be decided.

Naming Contest

For the

Hospice Like Space

Your Name: _____

Name you propose for the Hospice Like Space in Anishinaabemowin:

Meaning of the name in English:

Thank you for your submission.

The Health Committee will review all submissions and pick the winning name.

The winning submission will receive \$300.00.

*Please return this form to the Health Centre, Attention: Robin Wood



Family Friendly Open Swim

A smaller, quieter, and warmer environment for families.

SATURDAY, FEBRUARY 3RD, 2023
2:30pm - 3:30pm

**Pathways Health Centre
Therapeutic Indoor Pool**

1240 MURPHY ROAD, SARNIA, ON

Swim limited to 20 people. Open to Aamjiwnaang Children & Youth plus one caregiver.

REGISTRATION REQUIRED
Please email lwilliams@aamjiwnaang.ca by Thursday, February 1st @ 4:00pm
(Draw will take place if sign-up exceeds 20)

*Please include child's name, age, and caregiver name when registering



AAMJIWNAANG CHILDREN AND YOUTH SERVICES PRESENTS... CULTURAL NIGHTS

MONDAY NIGHTS IN JANUARY WE WILL HAVE PRESENTERS TO TEACH BEADING, SEWING, DRUMMING AND SINGING AT THE BIG DRUM! PARENTS AND YOUTH (OVER 10 YEARS OF AGE) ARE ENCOURAGED TO COME OUT.

NO EXPERIENCE NECESSARY

JANUARY 15TH
BEADING 101 AND DRUMMING

JANUARY 22ND
SEWING SKIRTS/SHIRTS AND DRUMMING

JANUARY 29TH
SEWING SKIRTS AND DRUMMING
5:30PM - 7:30PM
MAAWN DOOSH GUMIG

Contact lwilliams@aamjiwnaang.ca Leanne Williams or misaac@aamjiwnaang.ca Matt Isaac



Family Harvest Fund

DEADLINE EXTENDED!

One-time funding to promote access and harvesting of traditional foods through hunting, fishing, trapping and medicine gathering

Up to \$500 per family or household

Eligible Expenses:

- Harvesting equipment & supplies
- Training, certification and licensure (eg. hunter safety, fishing license)
- Outdoor shelter (eg. ice fishing tent, blind)
- Outdoor clothing (eg. waders, hunting jacket)
- Processing & preservation (eg. butcher fees, preservation equipment)

Ineligible:

- Firearms & ammunition
- Freezers

Receipts accepted until March 1, 2024
Please pick up an expense form at the Health Centre and return completed with original receipts

Questions? rsimon@aamjiwnaang.ca



family ACTIVITY FUND

To provide opportunity for families with children & youth under 18 to participate in recreational activities together as a family.

Up to \$250 per family with a child under 18

Examples of Eligible Expenses:

- Movies, performances & shows
- Museum & other special interest venues
- Adventure parks
- Family recreation (eg. bowling, YMCA, mini golf)

Ineligible:

- Children's only activities
- Activities funded by the Youth Recreation Fund

Receipts accepted until February 2, 2024
Please pick up an expense form at the Prevention Building and return completed with original receipts

Questions? rsimon@aamjiwnaang.ca

BOWLING

Family Pass

SPENDING TIME TOGETHER HELPS STRENGTHEN BONDS BETWEEN FAMILY MEMBERS, FOSTERING TRUST, UNDERSTANDING, AND OPEN COMMUNICATION. ENGAGING IN ACTIVITIES AND SHARING EXPERIENCES WITH FAMILY WILL CREATE LASTING MEMORIES!

AAMJIWNAANG FAMILIES WITH CHILDREN AGES 17 YEARS AND UNDER ARE WELCOME TO COME PICK UP A PASS FOR AN EXCURSION TO MARCIN BOWL AT YOUR LIESURE.

**ONE PASS
PER FAMILY**



**PICK UP FROM LEANNE OR MATT AT THE
PREVENTION BUILDING**

Join us for a family bus trip to...

Disney ON ICE INTO THE MAGIC



At Budweiser Gardens,
February 24th 2024

Departing Aamjiwnaang Community Centre at 12:30pm,
Showtime is 3pm

Limited tickets available! **REGISTRATION REQUIRED!** Virtual registration can be accessed via QR code. If registration fills up, registrants will be entered into the draw for seats. Deadline to sign up is February 9th 2024. You will be contacted via phone call if you are selected to attend.

Sign up is limited to Aamjiwnaang children/youth and up to 2 caregivers (max 4 names) **unless there are more than 2 children in your immediate family**

Questions?
Rachael 519-332-6770 ext 330
rsimon@aamjiwnaang.ca



Aamjiwnaang Children
& Youth Presents...

13 MOONS LAND BASE LEARNING TRADITIONAL HUNTING, FISHING AND TRAPPING TEACHING CAMP



Offering a safe learning experience rooted in land connection
following the 13 Moons cycles.

Families with children ages 10 to 17 are encouraged to sign up for
this amazing experience!

To sign up or for questions email Leanne
lwilliams@aamjiwnaang.ca



**SATURDAY FEBRUARY 10TH 2024
BUS LEAVING COMMUNITY CENTRE
8AM ARRIVING BACK FOR 4PM.**



Aamjiwnaang Children & Youth School PD day event.



Families with children 12 years of
age and younger are invited to sign
up for our PD day excursion to the
London Children's Museum

Friday February 2nd 2024
bus leaving Community Centre
10am sharp arriving back for 4pm

Inquiries Leanne
lwilliams@aamjiwnaang.ca
519-336-8410 ext206

Sign up using the code or link below



<https://forms.office.com/r/ZB8jkA4jRy>

AAMJIWNAANG CHILDREN & YOUTH SERVICES CAREGIVERS RETREAT



PRACTICING SELF-CARE AND SELF-COMPASSION CAN HELP GROW OUR MENTAL RESILIENCE, WHICH CAN HAVE A BIG IMPACT ON OUR QUALITY OF LIFE, RELATIONSHIPS WITH OTHERS, AND HOW MUCH ENERGY WE HAVE TO GIVE TO THE WORLD.

**CAREGIVERS OF CHILDREN 17 YEARS AND UNDER ARE INVITED TO
REGISTER FOR OUR MINI PAMPERING SESSION
LUNCH 11-12:30PM BROWNSTONES 1000 FINCH DRIVE
IPM LAMBTON COLLEGE SALON & SPA 1457 LONDON ROAD
SCAN THE QR CODE TO REGISTER
QUESTIONS: LEANNE OR MATT
LWILLIAMS@AAMJIWNAANG.CA MISAAC@AAMJIWNAANG.CA**



HAND DRUM WORKSHOP

with Matthew Isaac

February, 15, 2024
6pm to 8pm

Open to Aamjiwnaang Children
17 years and under

Children must be accompanied by
a parent or caregiver

Limited spots, registration required

Email or call Matt

519-336-8410 ext 206

misaac@aamjiwnaang.ca

The hand drum

A sacred item used
in many different
ceremonies.

A great way to start
that connection with
our culture through
drumming and
singing.

HEART HEALTH AWARENESS DAY



**COME BY TO LEARN ABOUT
HEART HEALTH AND WHAT
YOU CAN DO TO HELP
PREVENT HEART DISEASE.**



**Lunch &
Snacks
Provided!**

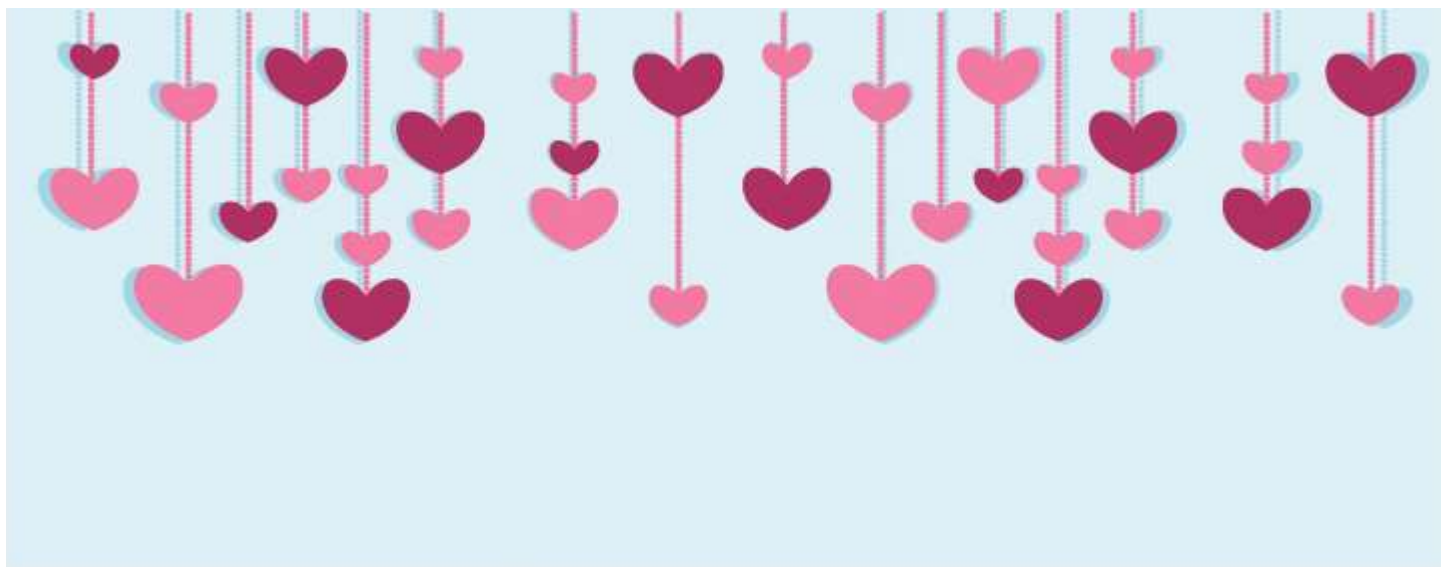
Please submit any heart health questions to cbressette@aamjiwnaang.ca

**MAAWN
DOOSH
GUMIG**

**THURSDAY
FEBRUARY
22ND**

**10:30AM-
3:30PM**

TO REGISTER: Please call Mikeesha or Celsie at 519-332-6770.



AAMJIWNAANG HEALTH CENTRE

Valentine Beaded Heart Pin Class (with Elaina Wrightman)

THURSDAY, FEB. 8, 2024 – 1 PM – 4 PM AT THE HEALTH CENTRE



PLEASE CALL NATALIE AT
(519) 332-6770, EXT. 326
TO SIGN UP.

*LIMITED SPACE.



Children and Youth Service Presents:

Jordin Tootoo

FEB
1, 2024**5:30PM**
-
8:00PM

All the Way: My Life on Ice

It seemed as though nothing could stop Jordin Tootoo on the ice. The captain, a fan favourite, a star in international competition, Tootoo was always a leader. And when he was drafted by Nashville in 2001, he became a leader in another way — the first player of Inuk descent to play in the NHL.

All the challenges and pressure would have been more than enough for any rookie, but Tootoo faced something far more difficult: the tragic loss of his older brother before his first shift for the Predators. Though he played through it, Tootoo suffered from many of the same problems that have plagued so many people from his community. In 2010, he checked himself into rehab for alcohol addiction. To some, it may have seemed as though a promising career had come to an end too soon, but that's not the way Tootoo saw it.

In this bold and inspirational keynote, Tootoo shares a searing, honest tale of how in rising to every challenge, he almost fell short in the toughest game of all.

Tootoo made history as the first Inuk player to be drafted by the NHL. Over his 13-year career, he played for the Nashville Predators, Detroit Red Wings, New Jersey Devils, and Chicago Blackhawks, banking 161 points, including 65 goals, in 723 career games. A trailblazer both on and off the ice, Tootoo has since become a vocal mental health advocate dedicated to giving back to his communities. He speaks to the power of creating a culture of inspired inclusivity and explores what real teamwork looks like, both at home and work.

KEYNOTE ADDRESS MEET & GREET BOOK SIGNING
COMMUNITY CENTRE

Snow tubing!

WITH AAMJIWNAANG CHILDREN & YOUTH
SERVICES

FEB
18

RIVER VALLEY TUBE PARK
4725 LINE 1
ST. MARYS, ON N4X1C6

FAMILIES WITH CHILDREN AGES 4 TO 17 ARE WELCOME TO
REGISTER USING THE QR CODE OR LINK.

PLEASE NOTE ALL CHILDREN UNDER 12 MUST BRING AND
WEAR A HELMET.

HELMET RENTALS ARE AVAILABLE AT **YOUR** COST
DINNER VOUCHER WILL BE HANDED OUT UPON ARRIVAL AND
YOU WILL EAT BEFORE TUBING-BETWEEN 3PM AND 4PM
OUR RESERVED TUBING TIME IS 4:30 TO 6:30 PM

**BUS LEAVING
COMMUNITY CENTRE
1:30PM SHARP!**

ANY QUESTIONS
LEANNE

LWILLIAMS@AAMJIWNAANG.CA

River Valley Tubing Sunday
February 18th 2024





A vibrant poster for a movie night event. At the top, a red curtain is pulled back to reveal a dark blue background with white stars. In the center, a large, glowing yellow sign with a black border contains the text "MOVIE NIGHT" in large, bold, pink letters, and "TROLLS BAND TOGETHER" in smaller, white, sans-serif letters below it. Above the sign, there are illustrations of a pink troll with a blue drink, a large red and white striped popcorn bucket with "POP" written on it, and a clapperboard. Below the sign, a group of seven troll characters are standing. At the bottom of the poster, there are two more troll characters: one on the left with a colorful flower crown and one on the right with a large pink flower in its hair. The background of the bottom section is red, resembling theater seats.

MOVIE NIGHT
TROLLS BAND TOGETHER

FRIDAY FEBRUARY 16, 2024 | 6PM - 8PM

Join us at the Sarnia Lambton County Library for a Movie Night!
Popcorn and refreshments provided before the movie and during
breaks, **NO food or drinks allowed in theatre.**
Sensory items available to provide your kiddo an enjoyable
experience.

REGISTRATION IS REQUIRED

Lambton County Library
124 Christina St S, Sarnia

Please register by
scanning the QR code.



AAMJIWNAANG CHILDREN & YOUTH SERVICES



Child and Family Services

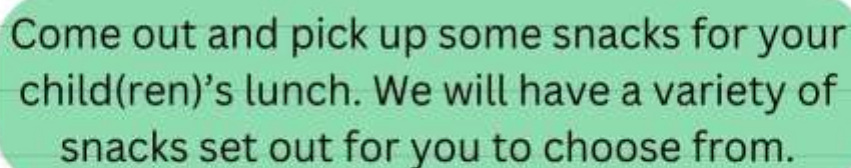
SNACK PROGRAM



Monday January 29, 2024
Thursday February 22, 2024

Between 9:00am - 4:00pm

Child and Family Services Building
974 Tashmoo Avenue
(Behind band office, first newer building)



Come out and pick up some snacks for your child(ren)'s lunch. We will have a variety of snacks set out for you to choose from.

Open to families with children Junior Kindergarten to Grade 8

For more information please contact us :

brjacobs@aamjiwnaang.ca

Call : 519-336-8410 ext. 223





AAMJIWNAANG CHILDREN & YOUTH SERVICES

RS GUSTAFSON

ART. CULTURE. CONNECTING.

This husband and wife artist duo are committed to cultural preservation through the arts. Together, they dedicate their lives to carrying on artistic forms specific to Ojibwe culture and we are excited to have them visit our community!

We have three different 2 day workshops planned and Aamjiwnaang families with children 17 years and younger can register for ONE.

If you would like to attend a workshop, please scan the QR code to make your selection and register.

FEBRUARY 20 & 21 INFANT TIKINAAGAN

An indigenous parenting practice once restricted and now reclaimed. Provide the same nurturing ways and comfort to your infant that your ancestors did!



FEBRUARY 23 & 24 TOY TIKINAAGAN

Indigenize spaces and strengthen cultural identity by incorporating ancestral traditions in your child's play!



FEBRUARY 25 & 26 SPLIT TOE MOCCASINS

Learn how to make a pair of Ojibwe style moccasins. Once you learn the technique, you will be able to make a pair for everyone in your family!



QUESTIONS: LEANNE OR MATT
LWILLIAMS@AAMJIWNAANG.CA
MISAAC@AAMJIWNAANG.CA



Join us at our

LDCC First Nations Health Policy Focus Group

for Aamjiwnaang First Nation Community Members

Your Health, Our Priority

SFNS is hosting an event to discuss the First Nations Health Policy and ways the community can improve healthcare experiences.

This session will be limited to 50 people and dinner will be provided.



The first 2,000 respondents will receive a \$10.00 gift card.

DATES:

- » Thursday, February 15, 2024
5:30pm - 7:30 pm
- » Friday, February 16, 2024
5:30pm - 7:30 pm

LOCATION:

- » Maawn Doosh Gumig Banquet Room
1972 Virgil Ave, Sarnia, ON

To complete the survey, scan the QR code below:



SCAN ME

TO REGISTER: Please register with Michaela Nahmabin-Hiltz by email at mnahmabin-hiltz@sfns.on.ca or by phone at 519-859-7561.

Note: The survey is password protected, please contact Michaela to participate.



Southern First Nations Secretariat

YOUR HEALTH, OUR PRIORITY

SFNS is gathering community input about how First Nations access healthcare services and how we can improve First Nations health outcomes.

The survey is for creating a comprehensive First Nations Health Policy where the eight First Nations with membership to the LDCC can work with healthcare providers to co-create equitable and accessible healthcare systems.

The first 2,000 respondents will receive a \$10.00 gift card.

Survey submissions will be accepted until February 29, 2024

To complete the survey, scan the QR code below:

SCAN
ME



<https://form.jotform.com/233456053925054>

Survey Password:
#Healthiswealth



First Nations Health Policy Survey



Southern First Nations
Secretariat



For more information or alternative survey formats contact:

Michaela Nahmabin-Hiltz
mnahmabin-hiltz@sfns.on.ca



To ensure that the survey input accurately reflects community needs, the survey has been password protected. **Please do not post on social media.**



JORDAN'S PRINCIPLE



Do you know a First Nation child aged 0-18 who has a disability or medical condition whose needs are not being met, either on or off reserve? Jordan's Principle may provide assistance with Mental health, Medical equipment, Speech Therapy and so much more.

Start the process by contacting the dedicated Jordan's Principle Call Centre and Help Line:

Jordan's Principle Call Centre

English: 1-855-JP-CHILD
(1-855-572-4453)
French: 1-833-PJ-ENFANT
(1-833-753-6326)
Email: InfoPubs@aandc-aandc.gc.ca

Christian Hebert
Jordan's Principle Navigator | Anishinabek Nation
Christian.Hebert@anishinabek.ca

Marina Plain
Jordan's Principle Navigator | Anishinabek Nation
Marina.Plain@anishinabek.ca



Jordan's Principle Background

About Jordan:

Jordan River Anderson (5 years) of Norway House Cree Nation had a rare muscular disorder (Carey Fineman Ziter Syndrome) which required hospitalization from birth. After his first two years of hospital stay doctor's felt he could return home. However, he died in hospital in 2005 after a drawn-out court battle between Federal & Provincial (Manitoba) Governments over who was financially responsible to pay for his in-home medical care.

Jordan's Principle applies to all government services and states that when a jurisdictional dispute arises, the government of first contact MUST fund the services, then resolve the jurisdictional dispute later.

Definition of Jordan's Principle

Jordan's Principle is reflective of the non-discrimination provisions of the United Nation Convention of the Rights of the Child and Canadian domestic law that does not allow differential treatment on the basis of race or ethnic origin.

"When a government service is not necessarily available to all other children or is beyond the normative standard of care, the government department of first contact will still evaluate the individual needs of the child to determine if the requested service should be provided to ensure substantive equality in provision of services to the child, to ensure culturally appropriate services to the child and/or safeguard the best interests of the child" ** CHRT Ruling**

Jordan's Principle – Addressing the needs of First Nation children in a timely manner.

Programs and Services

Health Canada's Jordan's Principle will provide funding supports to all Health, Social and Educational needs including the following:

- ❖ Allergies
- ❖ Anemia
- ❖ Anxiety Disorder
- ❖ Arthritis
- ❖ Asthma
- ❖ Attention Deficit Disorder/ Attention
- ❖ Deficit Hyperactivity Disorder
- ❖ (ADD/ADHD)
- ❖ Autism Spectrum Disorder
- ❖ Blindness or Serious vision problems
- ❖ Cancer
- ❖ Chronic ear infections
- ❖ Dental Problems
- ❖ Developmental delay/ disorder
- ❖ Diabetes
- ❖ Epilepsy
- ❖ Fetal Alcohol Spectrum Disorder (FASD)
- ❖ Hearing impairments
- ❖ Heart Condition
- ❖ Hepatitis
- ❖ Infections/Injury
- ❖ Kidney Problems
- ❖ Learning Disorders
- ❖ Mood Disorders (e.g., Depression)
- ❖ Post-Traumatic Stress Disorder
- ❖ Speech/Language Difficulties
- ❖ Stomach/Gastro-intestinal Difficulties
- ❖ Suicide Risk
- ❖ Thyroid Problems
- ❖ Trauma
- ❖ Tuberculosis
- ❖ Diagnosis not currently available

Please contact christian.hebert@anishinabek.ca or marina.plain@anishinabek.ca should you have any questions.



Grief & Loss **With Pam** **Plain** **6 - Sessions**

Aamjiwnaang Health Centre

February 7th - March 20th

No Class March break

9:30am - Noon

There's Power in Healing

Grief can come from many life events/changes such as the death of a loved one, loss of a job, relationship, home, or health/mobility but YOU have the ability to HEAL.

Don't stay stuck. Life is short; learn to find the beauty in life again.

To sign up please call Roberta at 332-6770 ext. 313.

**NIMKII BENESI GAASKANAABAGWE NIMIDWIN
THUNDERBIRD LODGE DESHKAN ZIIBIING
SUNDANCE CEREMONY PREP**

Saturday, February 10, 2024

NOON-6PM

Aamjiwnaang

Maawn Doosh Gumig Gymnasium



Questions?

Please
contact:

Alphonse
Aquash -
5194905956

Betsy
Kechego -
5197197584

**Everyone is welcome and invited to come
and attend this beautiful healing ceremony.**

**Join us as we support and prepare our
Sundancers for their upcoming dance in July.
A sacred fire will be lit for the community to
come and offer prayers and semaa offerings
and a feast to follow after the ceremony.**

AAMJIWNAANG HEALTH CENTRE

YOGA CLASS



**WEDNESDAYS 6:40 pm - *Note Day & Time Change
at the Comm. Centre.**

Bring your mat if you have one.

**Come on out, give yoga a try for your mind,
body & spirit!**

- Namaste



Aamjiwnaang Health Centre



PAINT CLASS WITH JOHN WILLIAMS



THURSDAY, FEB. 29, 2024 – HEALTH CENTRE
1 PM – 4 PM

**PLEASE SIGN UP WITH NATALIE AT (519) 332-6770, EXT. 326. DEADLINE IS
MON. FEB. 26 – NOON. *LIMITED SPACE. WILL DO DRAW ON WHEEL IF
NECESSARY, ON TUESDAY, FEB. 27/24.**

Aamjiwnaang Health Centre



GROCERY GIVEAWAY



*Open to on & off reserve Aamjiwnaang band members. Please bring your bags.

Community Centre gym

THURSDAY, FEBRUARY 15, 2024 – 10:00 am.

Contact: Natalie Nahmabin, Health Promotion Worker • Call: (519) 332-6770, ext. 326, for further info.

• **Email: nnahmabin@aamjiwnaang.ca**

AAMJIWNAANG HEALTH CENTRE & WEST LAMBTON HEALTH CENTRE



MENS COOKING CLASS



Tuesday, February 20, 2024

Noon – Health Centre

Come on out and try delicious recipes while learning about ways to improve your health.

Call Natalie at (519) 332-6770, ext. 326 to sign up.

Rides provided if needed.



WOMEN'S MONTHLY COOKING CLASS

Aamjiwnaang Health Centre

TUESDAY, FEBRUARY 13, 2024 | 12:00 PM
HEALTH CENTRE

****WE ARE NOW ABLE TO PROVIDE TRANSPORTATION TO THOSE WHO NEED A RIDE. ****

COME OUT AND TRY DELICIOUS RECIPES WHILE LEARNING ABOUT WAYS TO IMPROVE YOUR HEALTH!

Call Natalie at (519) 332-6770, EXT. 326 TO SIGN UP AND IF YOU WILL NEED A RIDE.



AAMJIWNAANG HEALTH CENTRE

DIABETES SUPPORT GROUP

Monday, February 19, 2024 – 10 am
prompt!
Health Centre



*This is an open support group which is facilitated by a dietitian, Diabetes educator/nurse & Health Centre staff.

*Transportation is available if needed. Please call Natalie at (519) 332-6770, ext. 326.



SAVE the DATE

Focused on Students in Grades 6-12 from:

Chippewas of the Thames
Oneida Nation of the Thames
Chippewas of Kettle & Stony Point
Eelinaapéewi Lahkéewit
(Moravian of the Thames)
Walpole Island
Caldwell First Nation
And Host Nation:
Aamjiwnaang First Nation

Exhibitors Please Contact:

Melissa Medeiros
519-336-8410 Ext. 249

Mmedeiros@aamjiwnaang.ca

Students/Teachers Please Contact:
Your Employment & Training Office

March 6, 2024

8

March 7, 2024

**AAMJIWNAANG
FIRST NATION**



**Maawn Doosh Gumlg
Community Centre**
1972 Virgil Avenue
Sarnia, ON N7T 7H5



Teva Canada Inc has issued a recall for Pediatrix Acetaminophen Oral Solution due to a higher than acceptable amount of acetaminophen (approximately 185mg/5mL rather than 160mg/5mL that is listed on the label).



If you have any of the recalled products, return them to where you bought them or the pharmacy for disposal, do not use!

If your child shows signs/symptoms of acetaminophen overdose (symptoms can include: nausea, vomiting, lethargy, sweating, loss of appetite and pain in stomach) call poison control or emergency services.

For any questions, please contact Celsie at the Aamjiwnaang Health Centre 519-332-6770 ext 308 or

Teva Canada Customer Care at 1-800-268-4129



Dago Maajiigoog Binoojiinyag Gchi Manidoo Giizis-Great Spirit Moon January 2024



Sunday-Name Giizhigad	Monday Shkintan Giizhigad	Tuesday-Niizho Giizhigad	Wednesday-Nswi Giizhigad	Thursday-Niwo Giizhigad	Friday-Naano Giizhigad	Saturday-Ngodwaaswi Giizhigad
	1 ← Christmas Holidays →	2	3	4	5	6
7 WINTER Kisses SNOWFLAKE Wishes	8 ← No Programming this week →	9	10	11	12	13
	15 Paper Plate Winter Tree 10-12 Family Bingo 5-7	16 Snowflake Salt Craft 1-3	17 Mitten Craft 10-12 Snowman Name 5-7	18 Cedar Foot Soak and Pedicures 10-12	19 Sign up is Required. Draw will take place if needed →	20 Buckskin mittens 9-2 Limited to 10 Participants
21	22 Handprint Birds 10-12 Homemade Bird Feeders 5-7	23 Paint Splat Penguin 1-3	24 Winter Animal Craft 10-12 Winter animal craft & Creation story 5-7	25 Women Health Topics with Heather 10-12	26	27 
28	29 Penguin Craft 10-12 5-7	30 Handprint Snowflake Art 1-3	31 Snow Globe 10-12 5-7			

We also have transportation available from Paula 226-349-2427



RIGHT TO PLAY

January 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1 No Program	2 No Program	3 No Program	4 No Program	5 No Program
8 No Program	9 No Program	10 No Program	11 No Program	12 No Program
15 No Program	16 FIRST DAY BACK Sports Night	17 Regular Programming	18 Gym Night with Guest Constable Tyler	19 No Program
22 No Program	23 Sports Night	24 Regular Programming	25 Regular Programming	26 No Program
29 No Program	30 Sports Night	31 Regular Programming		



BOOST YOUR WELLNESS

Personal trainer Diane Tuckey will be available every Thursday morning starting September 14, 2023 10am-11am in the Community Centre fitness room to help you improve your health and wellbeing. Open to all community members 18+ years.

Thursdays 10am-11am
Community Centre
Fitness Room

BENEFITS OF PHYSICAL ACTIVITY

- DECREASES STRESS
- LOWERS BLOOD PRESSURE
- IMPROVES BALANCE
- BOOSTS ENERGY AND MOOD
- LOWERS RISK FOR CHRONIC DISEASES
- WEIGHT CONTROL
- IMPROVES SLEEP

Questions? Contact Celsie at the Health Centre at 519-332-6770 ext 308 for more information



****WE WILL RESUME WITH 'TOTAL BODY FITNESS' ON TUESDAY, JAN. 9, 2024.****

AAMJIWNAANG HEALTH CENTRE

TOTAL BODY FITNESS (WITH DIANE TUCKEY)

Total Body Fitness is a program which is designed to focus on each of our muscle groups. We use kettle bells & dumbbells in the class based on which weights you are comfortable with. There are also abs, cardio & balance portions combined with the weights. We do a warm-up before starting the class as well as a cool down at the end.

TUESDAYS
STARTING AT 6 PM
- 16+

COMMUNITY
CENTRE GYM

BRING YOUR MAT IF
YOU HAVE &
BOTTLED WATER!

BRING YOUR
POSITIVE ATTITUDE
& DETERMINATION!

LET'S GET OUR
BODIES MOVING!

CONTACT NATALIE AT
(519) 332-6770, EXT. 326
FOR FURTHER INFO.




- YOUR MENTAL HEALTH MATTERS -

WEDNESDAY'S

Grief & Trauma COUNSELLING

With Pam Plain MSW

Aanii, Boozhoo

Waabshki Giizhik Nagek Kew ndiga Migizi ndoodem, Aamjiwnaang dbendaagwas.

Greetings, my name is Pam Plain, I am from and reside in my community of Aamjiwnaang First Nation. Pam is a registered social worker who has been working in the field in multiple capacities, including healing & wellness with a cultural foundation to her field of practice since 2009. Pam is considered a natural helper & uses her spiritual intuition and ways of knowing to assist her clients on their healing path, utilizing many cultural practices and traditional medicines embedded throughout her work. She is very knowledgeable with western counselling theories and intermixes cultural practices with a two-eyed seeing approach to her work. Pam works with children, youth, and adults (ages 10 & up).

AAMJIWNAANG HEALTH CENTRE
1300 Tashmoo Ave., Sarnia ON

To schedule an appointment please call the Health Centre reception @ 332-6770.

Your Mental Health Matters

NEED TO TALK?



Willie's Adventures

COLORADO AVALANCHE

VS

DETROIT RED WINGS



Thursday Feb. 22nd at 7:00pm

\$220 CDN or \$160 US Per Person

Badder Coach Bus, Ticket (Lower Level)

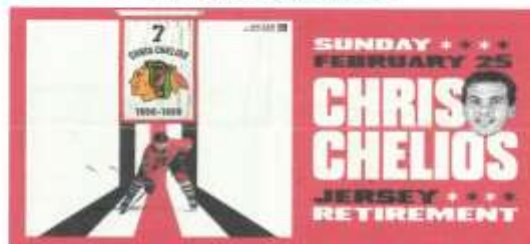
Bus will leave BAD DOG Corunna at 2:30 PM
 Sharp & Food Basics Sarnia at 3:00 PM Sharp.
 Point Edward Arena at 3:15 pm Walsh's Port
 Huron at 4:30 pm approx. Soft Sided Coolers
 allowed. For ticket's contact Willie at 519-384-
 1957 or willie@cogeco.ca

DETROIT RED WINGS

VS

CHICAGO BLACK HAWKS

AT THE UNITED CENTER, CHICAGO



February 24 - 26/24

2 to a Room \$500 US Per Person

3 To a Room \$450 US Per Person

4 To a Room \$425 US Per Person

INCLUDES: Badder Coach Bus, 2 Nights Hotel (Hilton Garden Inn-State St - 2 Queen Beds and Breakfast), Ticket to Game Sec. 308. Bus leaves Bad Dog Corunna at 9:00 am, Food Basics Sarnia at 9:30 am and Pt. Edward Arena at 9:45 am. \$100 US Non-Refundable Deposit required to secure seat ONLY 30 AVAILABLE. With remainder due Jan. 19th. Contact Willie at 519-384-1957 or willie@cogeco.ca



AutoRama

Cobo Hall, Detroit Michigan

Saturday March 2nd

\$80US or \$100CDN Per Person

Includes: Ticket, Badder Coach Bus, and Goody Bag. After the show we will be stopping at Ciccarelli's Sport's Bar for a Snack.

Bus leaves Two Water Corunna at 7:00am SHARP and Food Basics Sarnia at 7:30 am SHARP. Pt. Edward Arena at 7:45 am. Walsh's Party in Port Huron at 8:45 am approx. Contact Willie's Adventures at 519-384-1957 or willie@cogeco.ca

ROAD TRIP TO BUFFALO NY



At KEYBANK CENTER, Buffalo New York

March 29 - 31/24

Includes: Badder Coach Bus, 2 Nights at the Howard Johnstons Hotel by The Falls (2 Queen Beds), Lower Level Ticket to March 30th Game. Then returning Sunday.

2 in a Room - \$550 PP CDN

3 in a Room - \$500 pp CDN

4 in a Room - \$460 pp CDN

\$100 NRF deposit secures your spot with the remainder due Friday Jan. 19th

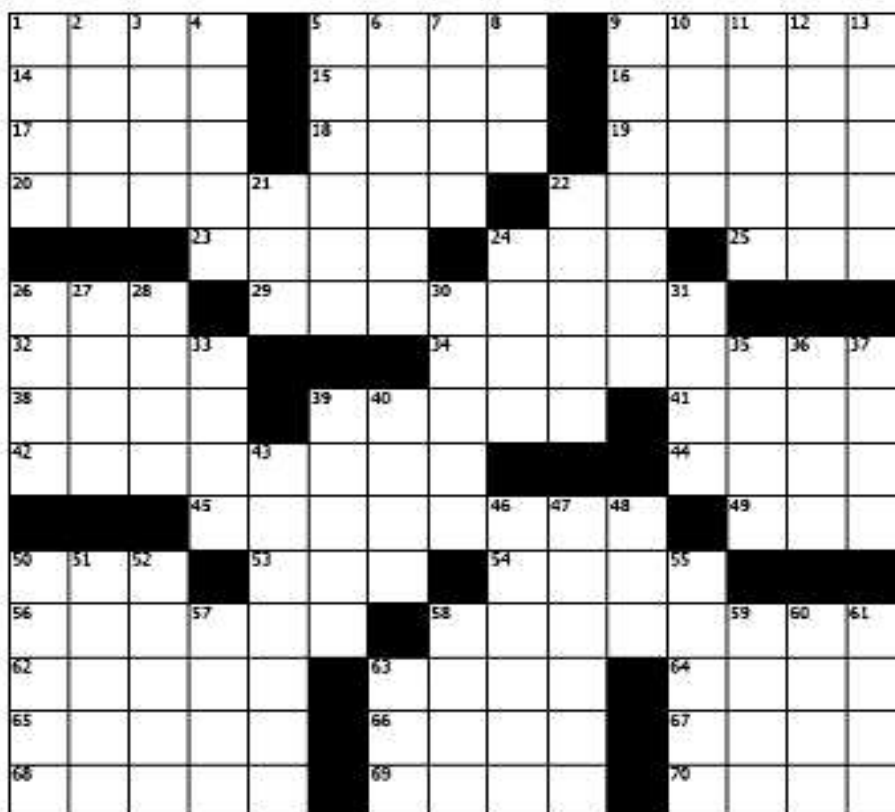
Bus leaves Two Water Corunna at 4:30 pm Sharp and Food Basics Sarnia at 5:00 pm Sharp

Contact Willie at 519-384-1957 or willie@cogeco.ca

CROSSWORDS

Across

1. Movie
5. Wise man
9. Wrong
14. Location
15. Metallic rocks
16. Mr. Claus
17. Quarrel
18. Telescope glass
19. Wave type
20. Rough calculation
22. Briny
23. Curve
24. Snow runner
25. Paid notices
26. Telepathy (abbr.)
29. Coast
32. Lion's sound
34. Loan charge
38. Norway's capital
39. Outdated
41. Scent
42. Juan's hat
44. Lima's locale
45. Weirdness
49. Originally named
50. Fore's opposite
53. Itinerary word
54. ____ Marie Presley
56. Go off the tracks
58. Ballroom dance
62. Guinness and Baldwin
63. Conserve
64. Three squared
65. Hangar occupant
66. Plow-pulling animals
67. Immoral
68. Starchy tuber (sl.)
69. Storage containers
70. Hardens



Down

1. Fortune
2. Spring bloom
3. Exited
4. "The Godfather" organization
5. Consolation
6. R&B singer ____ Franklin
7. Heredity unit
8. Curvy turn
9. Dancer Fred ____
10. Send a letter
11. Delhi's country
12. Endure
13. Shoppers' delights
21. "____ Robinson"
22. Emulate Michelle Kwan
24. Male offspring
26. Love god
27. Fair (hyph.)
28. Hand part
30. Buffalo
31. Let fall
33. Lounging garment
35. Genesis location
36. Sensitive
37. Correct
39. Hazard
40. Diva's solo
43. Rewriter
46. Gridiron number
47. Ambulance alarms
48. Compass direction (abbr.)
50. Conform
51. Gent (sl.)
52. Act toward
55. Rice and Frank
57. Skin woe
58. Long skirt
59. Bestow
60. Army division
61. Slippery creatures
63. Cry



Connect with us
energytransfer.com

f t i n o i g



Please share this important safety information with others – anyone who plans to dig.



FACTS ABOUT PIPELINE SAFETY IN YOUR COMMUNITY

Know, Recognize, Respond






Energy Transfer, a Texas-based energy company founded in 1955 as a small interstate natural gas pipeline company, is now one of the largest and most diversified master limited partnerships in the United States. Strategically positioned in all of the major U.S. production basins, the company owns and operates a geographically diverse portfolio of energy assets, including natural gas, interstate and interstate transportation and storage assets. Energy Transfer operates more than 251,000 km of natural gas, crude oil, natural gas liquids and refined products pipelines and related facilities, including processing, storage, fractionation, blending and various acquisition and marketing assets in 44 states.

Pipelines are a critical part of America's infrastructure. Pipelines are the safest method of transporting the fuel and products that we rely on every day.

You are viewing this because Energy Transfer, or one of its affiliates, operates a pipeline in your area. We ask that you review the following important safety information and encourage you to share it with others and retain it for future reference.




Legend: Natural Gas, Natural Gas Liquids, Crude Oil, Refined

If you would like more information, please visit us at energytransfer.com or call our toll-free emergency number at 877-795-7275.

We are strongly committed to operating a safe, reliable pipeline system. As part of that commitment, we strive to enhance public safety and environmental protection through increased public awareness and knowledge.

Sanoco Pipeline operates a geographically diverse energy portfolio of pipelines, terminaling and marketing assets. Sanoco Pipeline operates the Mariner West pipeline, which originates in Houston, Pennsylvania and traverses across the St. Clair River from Marysville, Michigan to transport natural gas liquids to Sarnia, Ontario and is regulated by the Canada Energy Regulator (CER).

To learn more regarding location and products transported, please visit our Pipeline Locator at www.energytransfer.com/pipeline-locator.



PRODUCT: NATURAL GAS LIQUIDS

KNOW

Pipeline Safety

Our pipelines are regularly tested and maintained using cleaning devices, diagnostic tools and cathodic protection. We perform regular patrols along our routes to ensure the security and integrity of our pipelines. For the safety of our system and for the people around it, we monitor pipeline operations 24 hours a day, 365 days a year.

Along the Right-of-Way

Right of way provides a permanent, limited access to the privately owned property to enable us to operate, inspect, repair, maintain and protect our pipeline. Rights of way must be kept free of structures and other obstructions. Property owners should not dig, plant, place or build anything on the right of way without notifying Ontario One Call and receiving authorization from our company personnel, who must be present for all excavation.

See Something, Say Something

Neighbors like you can help us maintain a safe, secure and reliable pipeline system and keep your community safe by alerting us to potential problems before they become pipeline emergencies. If you observe any unusual or suspicious persons, vehicles, or activities near our pipeline facilities, such as unauthorized digging, people loitering, recording/surveillance activities, shooting or using a firearm or tampering with equipment, please call us immediately at 877-839-7475. In the event of an emergency or immediate threat, you should always contact local law enforcement.



RESPOND

Don't ever assume you know where underground utilities are located.

One of the greatest challenges to safe pipeline operations is the accidental damage caused by excavation. In accordance with regulations, a damage prevention program has been established to prevent damage to our pipelines from excavation activities, including mechanical and non-mechanical equipment, excavators and activities before existing grade.

Ontario One Call (www.onecall.com) must be notified at least five working days prior to any excavation. Company personnel must be present for all excavation near our facilities. All excavation near the pipeline, including crossing with another facility, any ground disturbance, or operating a vehicle or mobile equipment across the pipeline, requires the authorization of Sanoco Pipeline.

ALWAYS CALL OR CLICK BEFORE YOU DIG.

WAIT THE REQUIRED AMOUNT OF TIME.

RESPECT THE MARKS.

DIG WITH CARE.



Wait for the call to be received. Marking could be either by point, flag or stakes.

APWA Color Code

- Proposed excavation
- Existing underground utility
- Under power lines, cables, conduit and hydrocable
- Communications, alarm, fire alarm, radio or control
- Pipeline color
- Excavated water right-of-way and other lines
- Two feet above pipeline or ground surface
- Ground surface line

RECOGNIZE

Pipelines are typically made of steel, covered with a protection coating and buried approximately a meter underground. For your safety, markers are used to indicate the approximate location of pipelines. The markers contain the name of the pipeline operator, product being carried and emergency contact information. Keep in mind that pipelines may not follow a straight line between markers as the markers indicate the exact location and depth of the pipeline.

Leaks from pipelines are unusual, but you should know what to do in the unlikely event one occurs. You can recognize a leak by the following signs:

SIGHT	SOUND	SMELL
<ul style="list-style-type: none"> Continuous bubbling or wet or flooded areas. Dead or discolored vegetation in a given area. Dead blowing from a hole in the ground. Fences, or a leak has ignited. Ice around a leak. Vapor cloud or mist. 	<ul style="list-style-type: none"> Blowing or hissing sound. 	<ul style="list-style-type: none"> Distortion in its natural state. However a faint smell may be present.

Product Characteristics and Hazards

NGL is flammable and can ignite when it comes into contact with an ignition source. Exposure can cause respiratory irritation including bronchitis and asthma. NGL may contain hydrogen sulfide (H₂S). May cause asphyxiation, burns, bodily injury, toxicity, and property damage.

Emergency Preparedness

When managing an emergency, protecting lives and the environment remains a concerted team effort. We strive to build partnerships with emergency responders and public officials in order to share resources, establish reported lines of communication, and provide education needed to safely respond to a pipeline related emergency. Our intent is to exchange information, evaluate potential emergency scenarios and discuss how to coordinate efforts.

Upon notification of a potential emergency, we will dispatch trained company personnel immediately. Response times will vary based on time of day, weather conditions, available personnel and incident location. While personnel are en route, please remain in contact with the pipeline company.

Sanoco Pipeline coordinates and conducts annual emergency response drills with participation of the Canadian Energy Regulator and the Ministry of the Environment, Conservation and Parks as well as First Nations, Anishinabewong Emergency Coordinator and emergency responders from Sarnia and St. Clair Township. Our emergency plan is available at our website: www.energytransfer.com/content/uploads/2023/11/Mariner-West-ERP.pdf.

What should I do if I suspect a leak?

- Report the issue immediately, as fast as possible, in an open, agreed location. Follow direction of local emergency response agencies.
- Minimize any excavation or digging work in or near the site.
- Avoid any open flames or other sources of ignition.
- Warn others to stay away.
- From a safe location, call local emergency agencies, and notify the pipeline company.
- Do not attempt to extinguish a pipeline fire.
- Do not attempt to operate pipeline valves.

24-HOUR EMERGENCY NUMBER: 877-839-7475



ATTENTION TO ALL MEDICAL DRIVERS!!!

Medical Travel slips are now due Fridays before 4:30pm.

Medical Travel Drivers:

Rose Cottrelle (requires Notice) 226-776-8971

-Available M-F, Thurs/Fri not after 2pm

Terry Plain (Monis) 519-402-5535

Sheila Firth 519-383-1073

Christine Plain 519-466-0054

Muriel (Toddy) Joseph 519-336-6323 or 519-312-2403

Ron Simon

519-331-7607

Marion Waters

519-312-5283

Wheelchair Accessible Van Driver:

Contact the Health Centre at 519-336-6770

Rose Cottrelle (requires Notice) 226-977-7128

-Available M-F, Thurs/Fri not after 2pm

FYI - Health Benefits under Indigenous Services Canada

The Non-Insured Health Benefits Program (NIHB) - (Indigenous Services Canada) is a National Program administered by Health Canada providing coverage for:

Dental, Drugs, Medical Supplies & Equipment, Medical Transportation, Vision Care, and Short-Term Crisis Intervention Mental Health Counselling.

Client Questions? - contact the NIHB client information line at: 1-800-640-0642

Using you Benefits: When you present your status card to any health provider, as if they bill directly to NIHB before obtaining the service. Ensure the health care provider verifies that the product/treatment is an eligible benefit listed on NIHB

Be Aware: If you are asked to pay upfront, it can take 6-8 weeks to be reimbursed, and you may not get reimbursed if the benefit was not pre-approved. You may want to seek out a provider that does bill directly to NIHB. The Drug or product may be an exception benefit requiring the provider to call the Drug Exception Centre at 1-800-580-0950

Benefits Outside of Canada: You must purchase travel health insurance if you travel outside of Canada. If you are a migrant worker or a full time student working or studying outside of Canada, call NIHB to ask about coverage at 1-800-640-0642 More information can be found at <https://www.sac-isc.gc.ca/eng>

Reimbursements: Mail your reimbursement form along with your original receipts and a copy of your prescription to;

NIHB/FNIHB

Health Canada, address locator 1902D

200 Eglantine Driveway, 2nd Floor

Ottawa, Ontario K1A 0K9

NOTICE – Aamjiwnaang SeniorsRE: Seniors Travel and Recreation Funding

Chief and Council along with the Community Services Committee have developed a new Seniors Travel and Recreation Funding Policy to help assist Seniors with Travel and Recreational activities. This application is for Seniors who have reached the age of fifty-five (55) years and over. **The maximum funding is \$800/CA per fiscal year. Effective immediately.** Applications can be picked up at the Community Centre or Band Office. For more information please contact the Community Centre – 519-491-2160

NOTICE - Band MembersRE: Youth Funding Policy / Funding Applications

Chief and Council along with the Community Services Committee have developed a new Funding Policy to help our youth with their Sports, Arts and Recreational activities. This application is for youth to the age of 25 years. The maximum funding is \$800/CA per fiscal year. This maximum will take into consideration LNHL reimbursement and any other recreational funding. Applications can be picked up at the Community Centre or Band Office. For more information please contact the Community Centre – 519-491-2160



Aamjiwnaang First Nation
Public Works Dept.

978 Tashmoo Ave.
Sarnia, Ontario
N7T 7H5
Phone: (519) 336-8410
Fax: (519) 336-0382

The designated after-hours phone line for the infrastructure service emergencies, basement back-ups, animal control requests, Security Issues or winter maintenance issues. There will be one main contact number that will be used for those occurrences.

The after-hours phone number is:

519-331-3596

Please continue to use the band garage number during regular office hours.

The Garage number is 519-336-0510.

Leave a message if no one answers.

Attention ODSP Clients

Pam Kelley will be available for in person appointments

February 14, 2024 from 9am—4pm

Continuing with every 2nd Wednesday of each month

****New location at the Community Centre****

If you need to contact Pam Kelley please call

519-337-3735 ext 2266



Aamjiwnaang Chief & Council

Agenda Item Submission **Information and Deadlines**

- * Regular Council Meetings - 1st & 3rd Monday of every month. If Monday falls on a statutory holiday the meeting is generally held the following day. Please note, that from time to time meetings may be cancelled or postponed.
- * Deadline - Tuesday's prior to the regularly scheduled meeting date, by 12:00 noon, for Band Manager review.
- * Agenda Item Request Form is available at reception for the following locations: Administrative Complex (Band Office), E'Mino Bmaad-Zijig Gumig (Health Centre) & Maawn Doosh Gumig (Community Centre); and, on the Aamjiwnaang website.
- * Your completed request form can be submitted in person or email, you may also wish to attach additional documentation and information to support your request (i.e. acceptance letters, budget, personal summary, etc.).
- * Requests will be reviewed by the Band Manager, to ensure that the appropriate personnel/department have the opportunity to respond or resolve the request, prior to being placed on the Council agenda.
- * The guidelines set out above are in place to ensure that the flow of information to and from the Council table is efficient, and that your matter is addressed and resolved in a timely manner.

**If you have discussion items for
Chief and Council on:**

November 28th, 2023

Your information is due by:

December 4th, 2023 at 4:00pm

Last council meeting of 2023

Miigwech, for your co-operation and understanding.

Ashley Jackson, Aamjiwnaang Council Clerk
ajackson@aamjiwnaang.ca

COUNCIL AGENDAS

Presently a copy of the Council Agenda is posted on the front doors of the Band Office and Community Centre.

If you would like to receive an "electronic" copy of the Council Agenda, please send an email to: pnahmabin@aamjiwnaang.ca providing your name and band number.

Only band members can receive an electronic copy of the Agenda.

Thank you.

Patrick Nahmabin

Community Information Officer



Aboriginal Affairs and

Northern Development Canada

**IF YOU DO NOT HAVE THE
MANDATORY IDENTIFICATION TO
OBTAIN A STATUS CARD,
PLEASE CALL: 1-800-567-9604**

- Advise the call centre representative that you want to obtain a Temporary Confirmation of Registration Document (TCRD).
- They will ask a series of questions to confirm your identity and then mail a Temporary Confirmation of Registration Document (TCRD) to you.
- This document will state your registration number and can be used in place of a Status Card to access benefits and services.

Job Search WebsitesOFIFC www.ofifc.org/Nokee Kwe www.nokekwe.ca/Southern First Nation Secretariat, www.sfns.on.ca/index.htmlN'Amerind Friendship Centre (London) www.namerind.on.ca/Anishnawbe Health Toronto <http://www.aht.ca/>SOAHAC London, Chippewas of the Thames, Owen Sound,
<http://www.soahac.on.ca/>Six Nations (Ohsweken, ON), www.sixnations.ca/**Other Job Search Engines:**

- <http://www.aboriginalcareers.ca/>
- <http://ca.indeed.com/Aboriginal-jobs>
- <http://www.wowjobs.ca/jobs-aboriginal-jobs>
- <http://www.turtleisland.org/front/front.htm>
- <http://www.eluta.ca/>
- <http://www.monster.ca/>
- <http://www.workopolis.com/>
- <http://www.jobs.ca/>
- <http://www.servicecanada.gc.ca/eng/sc/jobs/jobbank.shtml>

**For Up-To-Date News and Information in the
First Nations Political Arena you may visit:**

Chiefs of Ontario visit:<http://www.chiefs-of-ontario.org/>

Union of Ontario Indians visit:

<http://www.anishinabek.ca/>

Assembly of First Nations visit:

<http://www.afn.ca/>

Southern First Nation Secretariat

<http://www.sfns.on.ca/>

Aboriginal Affairs & Northern

Development Canada

<http://www.aadnc-aandc.gc.ca/>**CROSSWORD
SOLUTION****CHIPPEWA TRIBE-UNE**

1972 Virgil Avenue

Sarnia, Ontario N7T 7H5

Phone: 519-491-2160 or Fax: 519-491-0912

E-mail: editor@aamjiwnaang.ca**The next issue is due out on:****Friday February 9th, 2024****The deadline for submissions is****Wednesday February 7th, 2024 at 12:00pm**

Please submit your documents in

Word, Excel, or Publisher formats or info
can be hand written; **jpeg** for pictures.**This paper and past editions can also be
found on the Aamjiwnaang website at:**www.aamjiwnaang.caIf you have stories that you would like to
share, please submit them to the Editor at :editor@aamjiwnaang.ca