



AAMJIWNAANG FIRST NATION'S

# Chippewa Tribe-UNE



LAMBTON'S  
**CHILDREN**  
LAMBTON'S  
**FUTURE**

Consider a career as an  
Early Childhood Educator (ECE)  
at [lambtonchildcare.ca](http://lambtonchildcare.ca)

## CAREER FAIR

Child Care providers across Lambton County are looking to recruit full and part time positions including Early Childhood Educators, Educator Assistants, Support Staff and Licensed Home Child Care Positions

DATE, TIME & LOCATION:

**Thursday, September 21<sup>st</sup>**  
**10am-2pm**

**Sarnia Legion Branch 62**  
**286 Front Street North**



**DROP-IN EVENT**  
**NO PRE-REGISTRATION REQUIRED**

This event is open to the public to network, apply for positions, discuss opportunities, learn more about careers in the industry, and gather information for friends and family who may be interested. *The WorkPlace* will be present to provide employment-related supports and discuss potential free training opportunities. **You do not need to be a registered early childhood educator to attend!**

**All attendees will be entered  
to WIN a prize for attending!**

**[www.lambtonchildcare.ca](http://www.lambtonchildcare.ca)**

# Mino Dbishkaayin-Happy Birthday

Lucas Aquash	Aug. 25	Jordan Adams	Sept. 1
Barbara Gray	Aug. 25	Kristin Bolger	Sept. 1
Richard Lucas	Aug. 25	Calvin Chad	Sept. 1
Chase Adams	Aug. 26	Owen Freeman	Sept. 1
Giizhik Bressette	Aug. 26	Wendy George	Sept. 1
David Edward Jacobs	Aug. 26	Nathan Gray	Sept. 1
Tehya Johnston	Aug. 26	Trudy Groom	Sept. 1
Gary McNickle	Aug. 26	Rayah Isaac	Sept. 1
Jason Monk	Aug. 26	Trevelyan James	Sept. 1
Charles Edward Nahmabin Jr.	Aug. 26	Christopher Joseph	Sept. 1
Jaicene Oliver	Aug. 26	River Fox Rogers	Sept. 1
Knute Oliver	Aug. 26	Lewis Rising	Sept. 1
Sally Parkinson	Aug. 26	Lareina Rising	Sept. 2
Billie Joe Rogers	Aug. 26	Alexander Fisher	Sept. 2
Zalonah Rogers-St Jean	Aug. 26	Karla Laws	Sept. 2
Joanne Smith	Aug. 26	Darryl Maness	Sept. 2
Heather Angelo	Aug. 27	Kaiya Rogers	Sept. 2
Niaomi M Durston	Aug. 27	Duane Stone	Sept. 2
Andrea Grondin	Aug. 27	Jada Williams	Sept. 2
Paula Hall	Aug. 27	Rhonda Bois	Sept. 2
Kirsten Moulard	Aug. 27	Zailen Firth	Sept. 3
Patricia Oliver	Aug. 27	Elijah Gray	Sept. 3
Ty Robertson	Aug. 27	Rosemary Herron	Sept. 3
Tamara Rogers	Aug. 27	Kendall Jacobs	Sept. 3
Tammy Simon	Aug. 27	Gerald Maynard Maness	Sept. 3
Donna Wiley	Aug. 27	Christopher Pitre	Sept. 3
Cheryl Williams	Aug. 27	Clyde Simon	Sept. 3
Jeffery Williams	Aug. 27	Kevin Williams	Sept. 3
Avery Fearn	Aug. 28	Charlotte Depaepe	Sept. 4
Angela Jacobs	Aug. 28	Shari Eyre	Sept. 4
Jeffrey Joseph	Aug. 28	David Jacobs	Sept. 4
Gail Reid	Aug. 28	Mateo Martinez	Sept. 4
Laura Rogers	Aug. 28	Christopher Rogers	Sept. 4
Nimkii-Waasmokwe Walker	Aug. 28	Dawn Marie Smith	Sept. 4
Melanie Williams	Aug. 28	Brian Bois	Sept. 5
Silas Hanna-Miller	Aug. 29	Arabella Gilbert	Sept. 5
Christian Page	Aug. 29	Luke Grondin	Sept. 5
Barry Plain	Aug. 29	Robert Maness	Sept. 5
Danielle Schornick	Aug. 30	Julie Pouget	Sept. 5
Nathan Adams	Aug. 30	Tammy Rogers	Sept. 5
Wyatt L Archer-Wroblewski	Aug. 30	Darren Cottrelle	Sept. 6
Patricia Adams	Aug. 30	Ferne Cottrelle	Sept. 6
Aaron Ayers	Aug. 30	Christopher Dumouchel	Sept. 6
Robert Battista	Aug. 30	Sheila Firth	Sept. 6
Joseph Gray (Brickey)	Aug. 30	Jason Williams	Sept. 6
Linda Collier	Aug. 30	Tyler Williams	Sept. 6
LaDonna Maness	Aug. 30	Twila Wilson	Sept. 6
Isaiah McNickle	Aug. 30	William Bird	Sept. 7
Neesa Nahmabin	Aug. 30	Kiona Buffalo	Sept. 7
Kaden Plain	Aug. 30	Justin Firth	Sept. 7
Logan Rogers	Aug. 30	Beverly Fisher	Sept. 7
Rhonda Rogers	Aug. 30	Jennifer Hiller	Sept. 7
Gabriel Smith	Aug. 30	Keegan Kewaquom	Sept. 7
Amiara Walker	Aug. 30	Karen Long	Sept. 7
Melissa Boone	Aug. 31	Trevor Romlewski	Sept. 7
Amanda Keusch	Aug. 31		
Michael Montemayor	Aug. 31		
Renee Rogers	Aug. 31		
Willard Williams	Aug. 31		
Hunter Stocum	Aug. 31		

HAPPY  
BIRTHDAY

Miigwetch



MENT LIST: INTENTION SCENT,  
SWEETGRASS, SAGE, CEDAR, LAVENDER,  
CHAMOMILE, TUBIFLUA VANILLA, SWEET  
ORANGE, CREAMSCENT, WATERBURY, FILL  
PINEAPPLE, BEEFEEBRY, GREEN APPLE,  
STRAWBERRY, CHOCOLATE, PINK ORANGE,  
COCONUT FUMPHIRE, PINK CARMELITE,  
LEMONGRASS, SATIN, MINT, PANGELINE,  
PEACHES & CREAM, CASHEMERE, SAC CHIMPA,  
DRAGON'S BLOOD, PEPPERS FANTAS, CITRUS  
CANDY, FILL APPLE CIDER, CINNAMON BEN,  
CHERRYTHUS EYE, CREAMY KALONIC, MAPLE,  
MUSKAMON, CITRONELLA, CHERRY, SAGE & CEDAR

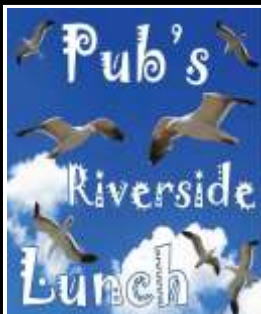
### Coconut Soy Candles

**FREE DELIVERY WITHIN  
LAMBTON COUNTY**

Body Mist, Bath bombs,  
Vitamin C face cleanser,  
Deodorant, Face serum,  
whipped Body butter,  
tinted lip balms, Natural  
cream, Magnesium Cream,  
Coconut soy candles, Sage  
bunches, Sweetgrass  
incense

OWNED BUSINESS

intentionnaturalco@gmail.com



**Hours: Monday to Friday 11:30am to 5:00pm**

Menu:				Fresh Cut Fries	3.50	6.00	8.00
Sausage (hot or mild)	7.50	11.00		Poutine	6.00	8.00	12.00
Jumbo Hotdog	5.50	8.50		Chili Cheese Fries	6.00	8.00	12.00
Jumbo Coney dog	6.50	9.50		Supreme Fries	7.00	9.00	13.50
Nishmosh	7.50	10.50		Bowl of Chili	6.00		
Hamburger	6.00	9.50		Jumbo Pickle	2.50		
Cheeseburger	7.00	10.50		Loaded Nachos*	9.00		
Bcn Cheeseburger	8.50	13.00					
Chicken Burger	7.50	11.00		*Comes with sour cream and salsa on the			
Riverside Burger	9.50	13.50		side			
BLT on a Bun	5.00	8.00					
Regular Coney dog	3.50	6.50					
Regular Hotdog	3.00	6.00		Upgrades:			
				Gravy		1.75	
	Sm	med	lrg	Poutine in Combo		2.00	
Caesar Salad	5.00		9.00	Supreme in Combo		3.00	
w/ Grilled chkn	8.00		14.00	Caesar Salad in Combo		3.00	







# Rhynos Renovations

*Ryan Pitre*

## 519-312-7537



## FURNITURE WAREHOUSE

Thursday to Saturday 11 am - 5 pm  
Sunday - 12 pm - 5 pm

### Great Prices!

1647 Williams Drive  
(at the end of Indian Road)  
Sarnia, ON



## Roger Williams' AUTHENTIC NATIVE CRAFT SHOP

**Lots to choose from & Great Gift Ideas!**

**STORE HOURS**  
Monday ~ Saturday  
10:00 am ~ 6:00 pm  
Phone 519-344-1243

## Calm 'n' Scents®

### AROMATHERAPY & METAPHYSICAL STORE

**WE MAKE CUSTOM KITS!**

- HERBAL TEAS
- ESSENTIAL OILS
- SMUDGE SUPPLIES
- INCENSE
- CLASSES & WORKSHOPS
- BOOKS
- BATH & BODY PRODUCTS
- JEWELRY
- CRYSTALS
- CEREMONY ITEMS

**100% ANISHINABE OWNED & OPERATED**



174 CHRISTINA ST. N  
SARNIA, ONTARIO



## \*New Program Hours

DO YOU NEED HELP WITH ENGLISH, MATH OR COMPUTER SKILLS?  
DO YOU WANT TO WORK ON YOUR JOB READINESS SKILLS?

*Come see us at the Adult Learning Program!*

Classroom Hours with Teacher Available:

Monday	9:30am - 2:00pm
Tuesday	9:30am - 2:00pm
Wednesday	9:30am - 2:00pm
Thursday	9:30am - 2:00pm

Effective: Wednesday February 22, 2023

Call us: 519-336-8410 ext. 285  
Email us: [lbs@aamjiwnaang.ca](mailto:lbs@aamjiwnaang.ca)

We are open Monday to Friday 8:30am - 4:30pm  
Recreation Centre 778 Tashimoo Avenue, Sarnia

## TNT Auto Detailing & Upholstery

*Call for free quote or to book appointment*

### Auto Detailing Upholstery & Carpet Cleaning

Greg Gray (Owner) - (226)-964-2227  
1909 Virgil Ave-Sarnia, Ontario

If you would like to submit artwork, drawings or anything at all for the Tribe-une, leave them at the Community Centre for the editor or email them to [editor@aamjiwnaang.ca](mailto:editor@aamjiwnaang.ca)  
All submissions subject to editor approval.



## AAMJIWNAANG FIRST NATION

978 Tashmoo Ave.  
Sarnia, Ontario N7T 7H5  
Ph.: 519-336-8410  
Fax: 519-336-0382

July 25, 2023

Attn Aamjiwnaang Membership,

Please look forward to the upcoming referendum vote to take place on October 23rd 2023. The vote is for the continued Designation of the existing Chippewa Industrial Development Limited (CIDL) Industrial Park.

A voters package will be mailed out automatically to all membership who are registered on the mail-in voters list previously for the 2022 Election for Chief and Council.

To be registered on the mail-in voters list or to update your address please contact James Wrightman at [designation@aamjiwnaang.ca](mailto:designation@aamjiwnaang.ca) or call the band office at (519) 336 8410.

For updates stay tuned to the Chippewa Tribe Une.

Miigwech,

Aamjiwnaang Administration Staff



# AAMJIWNAANG FIRST NATION CHIPPEWAS OF SARNIA

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## EMPLOYMENT OPPORTUNITY

**Position Title:** Personal Support Worker's (PSW)

**Location:** Sarnia, ON

**Duration:** Permanent Part Time

**Posting Closes/Deadline:** August 28<sup>th</sup>, 2023

### Position Summary:

To deliver homecare to the Aamjiwnaang First Nation community members. Homecare services include: Respite care, housekeeping services, meal preparation, personal care, assistance with routine activities of daily living, simple non-nursing bedside care, and childcare for children whose regular care taker is absent or recovering as a result of illness or accident. Reports to and works under the direction of the Home and Community Care Program Supervisor.

### Responsibilities:

- Experience and knowledge in meeting the needs of clients and /or families.
- Following the care plan, observing and reporting any substantial findings and/or changes in the client's behavior to the appropriate member of the healthcare team.
- Working under the supervision of a Registered Healthcare Professional such as a Registered Nurse (RN) or a Registered Practical Nurse (RPN).
- Performing delegated tasks (only if they are trained to perform the delegated task).
- Assisting with ambulation, positioning and transferring using mechanical lifts.
- Assisting or providing total personal care such as toileting, bathing and perineal care.
- Assisting with eating, dressing and grooming.
- Documentation of Activities of Daily Living (ADL's) and other findings.
- Reporting behavioral and clinical changes to a Registered Nurse, Registered Practical Nurse, Resource Nurse or Supervisor.
- Self-actualization by helping client reach maximum potential.
- Sensitive to the well-being of children, families, and those who are elderly, handicapped, disabled, ill or convalescent.
- Ability to teach basic homemaking skills through instruction and demonstration.
- Ability to use their homemaking skills in a simple, practical manner.
- Ability to maintain therapeutic relationships.
- Overall competency in working under pressure.
- Experience in providing general care and support.
- Knowledge of home care services.
- Proficient in written and oral communication.



**Knowledge, Skills and Abilities:**

- Ability to work independently and as part of a team
- Ability to work with diverse and high-risk populations
- Strong interpersonal skills
- Ability to follow oral and written directions well
- Ability to adapt to changing needs of clients

**Requirements:**

- Personal Support Worker (PSW) Certification from a recognized educational institution
- Grade 12 or equivalent
- Police record check (CPIC) current, within 2 years
- Immunizations current
- CPR and First Aid certificate
- WHMIS training
- Safe Food Handler's certificate
- Gentle Persuasive Approach certificate
- High level of appreciation and sensitivity to Indigenous issues, beliefs, and values
- Must have reliable transportation
- Available to work flexible hours, including evenings and weekends

**Other Considerations:**

Preference may be given to Indigenous candidates with relevant on reserve employment and / or those with knowledge and understanding of Aamjiwnaang and history and community.

**Application Process:**

If you are interested in this opportunity, kindly forward your resume and cover letter via mail or email or fax or in person to:

Aamjiwnaang First Nation  
978 Tashmoo Avenue  
Sarnia, ON  
N7T 7H5  
Attention: Ashley Fisher, Human Resources Officer  
Or  
[humanresource@aamjiwnaang.ca](mailto:humanresource@aamjiwnaang.ca)  
Or  
519-336-0382 fax

For more information, check us out online at [www.aamjiwnaang.ca](http://www.aamjiwnaang.ca)



# Aamjiwnaang First Nation Chippewas of Sarnia

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## EMPLOYMENT OPPORTUNITY

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**Position Title:** Team Cleaner

**Location:** Sarnia, ON

**Duration:** Contract to May 2024

**Hours:** Monday-Friday 4:00 p.m. – 12:00 a.m.

**Posting Closes/Deadline:** September 6<sup>th</sup>, 2023

**Tentative Interview Date(s):** September 11<sup>th</sup>, 2023

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### Purpose of the Position

To maintain and ensure a high standard of cleanliness for Aamjiwnaang First Nation in all public and staff areas in our buildings as part of a team. Team Cleaners will clean the following buildings, Seniors Building, Annex, Resource Centre, Public Works, Fieldhouse, Administration (Band Office), Education Centre/Portable, Social Services Building and the Health Centre.

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### Responsibilities

Within Aamjiwnaang we have Team Cleaning specialists that are independently deployed in a systematic method and perform assigned cleaning tasks in designated areas based on allotted time. By focusing primarily on one type of work, each Team Cleaning member becomes more skilled, more effective at the job, and more knowledgeable about proper safety procedures for that job. Each specialist role involves specific tools and tasks, as well as performance standards.

There are four distinct positions within our Team Cleaning (all of Team Cleaners will be trained on each specialized area):

#### Light-duty Specialist

- Empties the trash and recycling bins
- Dusts and disinfects all horizontal surfaces
- Cleans telephones
- Spot cleans horizontal and vertical surfaces as needed
- Picks up paper clips, paper and pencils from floor
- Spot-cleans door glass
- Positions trash in a strategic location for the Utility Specialist to pick up and take to the dumpster

#### Vacuum Specialist

- Vacuums all areas
- Checks to see the trash was emptied
- Removes crumbs, ashes or other spills on furniture
- Repositions all furniture correctly
- Turns out lights upon completion of the room and secure area as required

#### Restroom Specialist

- Empties the garbage
- Cleans/disinfects and sanitizes fixtures and mirrors
- Spot-cleans and disinfects partitions and doors



- Refills toilet tissue and refills all other dispensers
- Sweeps and mops tile floors
- Checks all fixtures and makes a note of any damage or burned-out light bulbs to the Team Leader

**Utility Specialist**

- Hauls the trash out of the building that has been accumulated by the other specialists
- Cleans the brass, blinds and carpet where needed
- Mopping of floors
- Does any damp or wet mopping
- Handles light maintenance and other specialty services

**Other:**

- Other duties as assigned

**Minimum Requirements**

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- High School Diploma or equivalent required
- Criminal Check (no older than 12 months)
- Extensive experience in all aspects of general cleaning, including window treatments
- Strong experience in the use of floor polishing and other cleaning equipment
- Current G Class Driver's License and reliable transportation
- Training in the awareness of cleaning products, their use and ability to use

**Knowledge, Skills, and Abilities**

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- Knowledge of the Workplace Hazardous Materials Information System
- Ability to read and understand labels and instructions, particularly on the use and application of cleaning chemicals and products (Material Safety Data Sheets)
- Ability to work cohesively, efficiently and effectively in a team environment, with consideration, respect, honesty integrity and accountability
- Ability to respond appropriately in a team environment and show sensitivity and initiative, by encouraging and supporting other team members
- Good verbal communication and public relation skills
- Good organizational skills
- Ability to work unsupervised
- Good time management skills and working to deadlines
- Proficient in the ability to operate cleaning equipment
- Ability to work flexible working hours and or public holidays

**Other Considerations**

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In accordance with Section 16 Special Programs of the Canadian Human Rights Act, preference will be given to Aamjiwnaang Band Members with relevant education/experience (R.S.C 1985, c. H-6, s16 (1-3).

**Application Process**

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If you are interested in this opportunity, kindly forward your resume and cover letter via mail, email, or fax to:

Aamjiwnaang First Nation  
978 Tashmoo Avenue  
Sarnia, ON N7T 7H5  
Attention: Ashley Fisher, Human Resources Officer  
Or  
[humanresource@aamjiwnaang.ca](mailto:humanresource@aamjiwnaang.ca)  
Or  
519-336-0382 fax



# Aamjiwnaang First Nation Chippewas of Sarnia

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## EMPLOYMENT OPPORTUNITY

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**Position Title:** Labourer

**Location:** Samia, ON

**Duration:** Permanent

**Posting Closes/Deadline:** September 8<sup>th</sup>, 2023

**Tentative Interview Date(s):** September 14<sup>th</sup>/18<sup>th</sup>, 2023

### Purpose of the Position

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This position performs general property, building repairs and maintenance services, including but not limited to grass cutting and landscaping. This position reports to the Public Works Coordinator.

### Responsibilities

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#### Major Accountabilities:

- Basic building and maintenance repairs
- Spread topsoil, lay sod; plant flowers, grass, shrubs, and trees; and perform other duties to assist in the maintenance and construction of landscapes.
- Cut grass, rake, fertilize and water lawns; fall and spring clean-up weed gardens, prune shrubs and trees; snow removal and salting of sidewalks and parking lots; and perform other maintenance duties as directed by the coordinator or delegate.
- Follow all health & safety regulations including wearing appropriate protective equipment and following Material Safety Data Sheets (MSDS) for safe handling of fertilizers, herbicides, pesticides and other dangerous chemicals.
- Clean working areas and maintain tools and equipment. Complete daily inspection sheet
- Report defects or breakdowns of equipment to Coordinator or Maintenance Lead.

#### Tools & Equipment:

- Packers, chain saws, hedge shears, sod cutters, pruning saws, cut-off saws, chainsaws, mowing equipment, string & bush trimmers, power blowers, turf rollers, rototillers, etc.
- Hand tools such as shovels, rakes, hammers, wheelbarrows, picks, pruning shears, handheld and hose-end sprayers, saws, soil cultivators, water sprinklers, etc.
- Snow plow operator in winter months (when required)

### Minimum Requirements

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- Ontario Secondary School Graduation Diploma or equivalent
- Full Class 'G' Ontario Driver's License an asset
- Must have reliable transportation

### Knowledge, Skills, and Abilities

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#### Knowledge

- Reading: WHMIS labels, equipment manuals, complete logs and incident reports, job instructions and procedures
- Ability to follow instruction
- Able to work in a team

- Willingness to learn
- Problem solving
- Customer Service
- Communication skills
- Ability to lift and work in diverse weather conditions i.e., wet and/or humid conditions, hot or cold weather

### **Personal Attributes**

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- Punctual
- Reliable
- Cooperative
- Attention to detail
- Self-responsibility
- Ability to work independently
- Adaptable/flexible
- Initiative in daily duties

### **Other Considerations**

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In accordance with Section 16 Special Programs of the Canadian Human Rights Act, preference will be given to Aamjiwnaang Band Members with relevant education/experience (R.S.C 1985, c. H-6, s16 (1-3)).

### **Application Process**

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If you are interested in this opportunity, kindly forward your resume and cover letter via mail, email, or fax to:

Aamjiwnaang First Nation  
978 Tashmoo Avenue  
Sarnia, ON  
N7T 7H5  
Attention: Ashley Fisher, Human Resources Officer  
Or  
[humanresource@aamjiwnaang.ca](mailto:humanresource@aamjiwnaang.ca)  
Or  
519-336-0382 fax

For more information, check us out online at [www.aamjiwnaang.ca](http://www.aamjiwnaang.ca)





**AAMJIWNAANG FIRST NATION**

**HOUSING DEPARTMENT**

978 Tashmoo Ave.

Sarnia, ON N7T 7H5

Telephone: 519-336-8410

Fax: 519-336-0382

[www.aamjiwnaang.ca](http://www.aamjiwnaang.ca)

**REQUEST FOR MAINTENANCE/REPAIRS**

*(Band Rentals and CMHC units only)*

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

DATE SUBMITTED: \_\_\_\_\_

**DESCRIPTION OF WORK REQUESTED:**

\_\_\_ GENERAL MAINTENANCE

\_\_\_ ELECTRICAL

\_\_\_ OTHER

\_\_\_ HEATING & COOLING

\_\_\_ PLUMBING

BRIEF DESCRIPTION OF REQUEST FOR MAINTENANCE/REPAIRS:

**OFFICE USE ONLY**

DATE RECEIVED:

FOLLOW UP TAKEN:

Aamjiwnaang, please use this form when making requests for maintenance to the Housing department, Thank You!!

# Senior Coffee Time DROP-In

**Senior Coffee Time will be  
September 5, & 19th, 2023  
Senior s Building**

**There will be  
CONGREGATE Dining**

## Senior Updates

Band Operations closed

On Monday September 4th, 2023

**Please keep eye out for Flyer**

**Senior & Youth**

**Dinner & Movie**

**Sign up will be with Megan at  
community center**

**Also Women's Wellness events will be  
posted on Health Center Page**

**Orange Shirt Day September 30, 2023**

**Please watch for events in tribe une  
and Health Center Page**



## GAME NIGHT UPDATE

**Game Night will be  
September 12th, 2023**

**6-8pm**

**POTLUCK NIGHT will be  
September 26th, 2023  
Senior's Complex**

**Welcome back Senior's, hope you had a wonderful summer holiday. Were entering into September and fall will be here in no time, colors are changing and we will soon see the colors of yellow and red, and unfortunately it will get cooler.**

**See you all at Congregate Dining!**



# Travelling Seniors Meetings

*Travelling seniors meetings will be held on every 2nd Wednesday of the month at 6PM in the Seniors Room at the Maawn Doosh Gumig Community and Youth Centre.*

*Come out and get involved in the future of our seniors group!!*



**Travelling Senior's Meat Bingo**

- Family Size Meat Packages
- Food Sale (starts at 5pm)
- Every Bingo gets a prize

August 31st / **START AT 6PM**

Get a 2 strip book @ \$20  
And get 1 strip for \$5 more

*This is a Travelling Seniors Fundraiser event*  
Maawn Doosh Gumig Community Centre



## Wills & Estate PLANNING

For assistance with Will Writing and Estate Planning the Lands Department will be available at the Community Centre on Tuesdays 9-2pm @ Maawn Doosh Gumig Community Centre



For more information contact the Lands Department at (519) 336 8410 EXT 291



## NOTICE

### OFFICE CLOSURE

#### STAFF APPRECIATION EVENT

DEAR MEMBERS,

**ALL BAND BUILDINGS WE WILL BE CLOSED**

**STARTING AT 12PM**

**ON AUGUST 31ST, 2023**

Please note that Thursday cheques will be available for pickup starting at 8:30am at the Band Office

The Community Centre will be open regular hours

Offices will return to regular working hours on Friday, September 1st.





## Maajiigin Gumig Greenhouse Hours of Operation



**OPEN**

**No Cash Sales  
>>-<<  
Debit Sales  
Only**

Monday - CLOSED  
Tuesday - CLOSED  
Wednesday  
10:00 AM - 4:00 PM  
Thursday  
10:00 AM - 4:00 PM  
Friday  
10:00 AM - 4:00 PM  
Saturday - CLOSED  
Sunday - CLOSED

**Native Plants  
are  
available  
in various  
sizes and  
varieties**



## JORDAN'S PRINCIPLE

Do you know a First Nations child aged 0-18 who has a disability or medical condition whose needs are not being met, either on or off reserve?

Jordan's Principle may provide assistance with Mental Health, Medical Equipment, Speech Therapy and so much more.

Start the process by contacting the dedicated Jordan's Principle Call Centre and Help Line:  
Jordan's Principle Call Centre  
English: 1-855-JP-CHILD  
(1-855-572-4453)  
French: 1-833-PJ-ENFAN  
(1-833-753-6326)  
Email: InfoPubs@aadnc-aandc-gc.ca

Christian Hebert  
Jordan's Principle Navigator  
Anishinabek Nation  
Phone: 705-497-9127, ext. 2396  
Email: christian.hebert@anishinabek.ca

Marina Plain  
Jordan's Principle Navigator  
Anishinabek Nation  
Phone: 519-328-0942  
Email: marina.plain@anishinabek.ca

Followed:  
www.anishinabek.ca




## TRUTH & RECONCILIATION T-SHIRT DESIGN Contest

**IT'S TIME  
TO VOTE!**

Winner will receive an honorarium!

SCAN THE CODE BELOW TO CAST YOUR VOTE FOR THE T-SHIRT DESIGN WINNER!



Voting ends: **AUGUST 25, 2023**

The winning design will be chosen by a community vote and will be printed on t-shirts for Truth & Reconciliation Day!



## AAMJIWNAANG HEALTH CENTRE - SPORTS NITE - WEDNESDAYS IN AUG. (AUG. 30<sup>TH</sup> - LAST ONE!)

# CORNHOLE



**WE WILL BE PLAYING CORNHOLE  
BEHIND THE HEALTH CENTRE AT  
6 PM ON WEDNESDAYS**

**FOR MORE INFO. CALL NATALIE AT (519) 332-6770,  
EXT. 326.**





# *Women's Sweat*

**MONDAY, SEPTEMBER 11TH**

**With  
WENDY HILL**



**BEGINS @ 6PM  
Bear Park  
Maawn Doosh Gumig**



**Questions? Please call Roberta @ 332-6770 ext. 313.**

Respectful of the Land



BE THE HEART OF OUR COMMUNITIES

Looking for two volunteer

# Board Members



## MISSION

As First Nations people, the Creator has entrusted us with the sacred responsibility for protecting all our children based on our customs, culture, values, and beliefs. MCFS aspires to meet this responsibility and to enhance the social harmony in our communities by implementing best practices and shared responsibility to support and improve the equality of life for our families and for the next generation.

## our communities are:

- ✓ Aamjiwnaang First Nation
- ✓ Caldwell First Nation
- ✓ Eelunaapeewii Lahkeewit
- ✓ Munsee Delaware Nation
- ✓ Oneida Nation of the Thames
- ✓ Kettle & Stony Point First Nation

**Interest Meeting:**  
**September 8, 2023**

**Closes:**  
**September 22, 2023**

**contact: Mike George**  
**Director of Corporate Services**  
**519-289-1117 ext 230**

**mike.george@mnaasged.com** or visit **www.mnaasged.ca**



**Mnaasged Child  
and  
Family Services**



**Aamjiwnaang Police Cruiser Design**

Good day Aamjiwnaang Community Members,

I am currently seeking a community member who would be interested in designing my police cruiser. As many of you are aware, I am currently driving around the community in a white pickup truck. The Sarnia Police Service is seeking the support of the Aamjiwnaang Community looking for any artist, graphic designer, student or member of the community to submit a design /concept for the cruiser.

The deadline for submissions will be September 15<sup>th</sup>, 2023.

Below are a few examples of similar police cruiser designs:



Anyone interested can contact me directly for more information:

Email – [tcallander@police.sarnia.on.ca](mailto:tcallander@police.sarnia.on.ca)

Phone or Text – 519-328-1184

Or stop in and see me at the community center any time before then.

Miigwech!

Tyler Callander

Aamjiwnaang Community Officer

Sarnia Police Service

## WANT TO SHARE HOW YOU FEEL ABOUT HOW THE MEDIA COVERS STORIES IN AAMJIWNAANG FIRST NATION?



Join us Saturday August 26<sup>th</sup> from 11am to 1pm  
FOR A COMMUNITY PEER REVIEW  
at the community centre

We will be reviewing the findings of the workshops held in July,  
and coming up with some recommendations for the future.

Includes food from the Travelling Seniors, and a 50\$ honorarium (in the form of a gift card)

For more information contact:  
Laurence Butet-Roch, [lbr@yorku.ca](mailto:lbr@yorku.ca)

This is part of a doctoral research study being conducted by  
Laurence Butet-Roch, a PhD student in Environmental Studies at York University

The project has been approved by Band and Council  
and is supported by the Environment Committee





## BEARS' LAIR Youth **Camps**

# NOVEMBER 24-27, 2023

AAMJIWNAANG FIRST NATION  
930AM-4:00 PM



### FREE 3 - DAY YOUTH ENTREPRENEURSHIP CAMP (INDIGENOUS YOUTH AGES 11-18)

Join us to explore the basics of business and learn how to run your own company!  
We provide all of the food, prizes and inspiration for three fun-filled days of learning with Bears' Lair coaches & mentors. Learn how to turn your ideas into reality!

**ONE TEAM WINS \$250 EACH!**  
AT THE COMMUNITY CELEBRATION DINNER AUGUST 18TH!

## REGISTER TODAY!

#### DREAM CAMP INCLUDES:

- Breakfast & Lunch
- Shirt & Swag
- Team Coaches to help Youth tackle Challenges and develop valuable business, teamwork and life skills such as negotiating, public speaking and budgeting.
- Lots of hands-on activities to create a start-up plan and Team Pitch video for YOUR business ideas.



**SCAN QR CODE TO REGISTER**  
Email [rowan@BearsLairTV.com](mailto:rowan@BearsLairTV.com)





**Come stand in solidarity with the Land  
Defence Alliance to protect the land and  
water!**

**Date: Wednesday September 27th, 2023,  
12pm in Queen's Park, Toronto  
The bus will leave Maawn Doosh Gumig at  
8am and return at 9pm**


Five First Nations from Northern Ontario will come to Toronto to lead a march calling on Premier Ford to end unwanted mining activity on their Territories. These five strong First Nations have formed a historic alliance to protect their lands and waters in the face of mounting concerns about encroachment on their territories by mining exploration companies who have been enabled by the Ford Government.

To register for the free bus trip to Toronto: [Add a little bit of body text](#)


For more information about the alliance: <https://freegrassy.net/>

Please email Vanessa Gray for questions  
[vanessa@indigenousclimateaction.com](mailto:vanessa@indigenousclimateaction.com)

AAMJIWNAANG  
**EDUCATION DEPARTMENT**




Statistics on Elementary  
Absenteeism



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### WHAT IS CHRONIC ABSENCE?


Ontario elementary schools have 194 days of school per year. Students who miss 19 days of school or more (10%) are considered chronically absent.




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### CHRONIC ABSENCE AND HIGH SCHOOL DROPOUT RATES


A recent study found that students who missed an average of two days per month in elementary school stood a 60% chance of dropping out in grade nine.





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### QUICK FACTS

According to Charity Intelligence, if a student misses 2 days of school each month from grade 1 through grade 9, by grade 10 that student will have missed an entire year of school.



School attendance is critical to student's academic success, but more importantly, research shows that low performance at school generally leads to a more difficult life with less access to good jobs.



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### EXCUSED ABSENCE

A student will be considered chronically absent even if they have been excused from school by a parent.

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### EQAO

When absenteeism is correlated to student achievement, there is a direct relationship to achievement on the EQAO assessment for students in grades three and six.



### KINDERGARTEN

Research indicates that absenteeism in kindergarten is associated with negative grade one outcomes, such as: greater absenteeism in the future, and lower student achievement in math, reading, and general knowledge.

# Cancer Awareness

## Walk 2023

*We all know someone who is either battling, is a survivor, or who have succumb to cancer. Let's take a day to honor them and spread awareness!*

**Friday, September 8th 7-9pm**  
**Maawn Doosh Gumig - Bear Park**

*If you are a survivor and would like to participate and/or have a loved one who you've lost to cancer please call Mikeesha at 332-6770 ext 309 by September 1st.*

**Themed Laps!!!**  
Survivors  
Deadiest Auntie  
Neon  
Bubbles  
Roc Your Mocs

**Music & Prizes!!!**

Questions? Please call Mikeesha at 332-6770 ext. 309.


# GRIEF AFTER SUICIDE

## WITH PAM PLAIN

### WEDNESDAY, SEPTEMBER 6TH

## 10AM - 12PM

### AAMJIWNAANG HEALTH CENTRE



To sign up please contact Roberta Bressette @ 519-332-6770 ext. 313.

**NATIONAL SUICIDE AWARENESS MONTH**





# **BOOST YOUR WELLNESS** (WITH DIANE TUCKEY)

**EVERY THURSDAY starting Sept. 14, 2023 – 10 am – 11 am**

Open to Aamjiwnaang community members 18+.

- **BRING YOUR WATER BOTTLE!**

**BOOST YOUR WELLNESS!**

---

**TO PROMOTE WELLBEING, COME OUT TO FAMILIARIZE YOURSELF WITH THE EQUIPMENT IN THE EXERCISE ROOM AT THE COMMUNITY CENTRE. THERE IS A PERSONAL TRAINER (DIANE TUCKEY) WHO WILL BE ON SITE TO ASSIST YOU.**

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**AAMJIWNAANG COMMUNITY CENTRE – EXERCISE ROOM**

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Contact Celsie at the Health Centre for further information at (519) 332-6770.

Do you want to learn new skills on how to help others with suicidal thoughts?

## ASSIST TRAINING

Applied Suicide Intervention Skills Training



**DATE: SEPTEMBER 26TH & 27TH**

**TIME: 9AM - 4PM**

**PLACE: MAAWN DOOSH GUMIG**



*Mental Health Matters*

To sign up please call Roberta @ 332-6770 ext. 313.

**NATIONAL SUICIDE AWARENESS MONTH**



## INTERNATIONAL OVERDOSE AWARENESS DAY

31ST AUGUST

Learn the signs of Overdose and how to Help

**AUGUST 30, 2023**

Health Centre, noon—1pm

Lunch provided.

Call 519-332-6770 ext. 317 to register.



# You Have A Purpose

With Traditional Healer Wendy Hill

Aamjiwnaang Health Centre

Monday, September 11th

10am

To sign up please call Roberta @ 519-332-6770 Ext. 313.

Lunch will be provided.

**National Suicide Awareness Month**



## UNDERSTANDING MENTAL ILLNESS & SUICIDE RISK

**Lunch & Learn**

**Learn How Mental Illness  
can affect a persons risk of  
suicide.**

- ▶ In Canada, 12 people die by suicide each day.
- ▶ Suicide rates among men are 3x higher compared to women.
- ▶ Suicide is the **SECOND** leading cause of death among youth & young adults.
- ▶ Help is Available.
- ▶ **SPEAK UP, REACH OUT!**

**Following the Lunch &  
Learn a Memorial Garden  
dedication will take place.**

SEPTEMBER 20TH, 2023

**12PM-2PM**

AAMJIWNAANG HEALTH  
CENTRE

**JOIN US**

CALL: 519-332-6770  
EXT. 313 TO SIGN UP

AAMIJWNAANG HEALTH CENTRE

## YOGA CLASS



**\*\*STARTING BACK UP ON THURS. SEPT. 14<sup>TH</sup>\*\***

Thursdays 6 pm  
at the comm. Centre.

**Bring your mat if you have one.**


**Come on out, give yoga a try for your mind,  
body & spirit!**

- Namaste



AAMIJWNAANG HEALTH CENTRE


## CHAIR YOGA (Adults 16+) WITH LISA ARNOLD



**\*\*PLEASE GIVE ME SOME FEEDBACK ON WHICH TIME OF DAY WORKS BEST, I.E.,  
MORNINGS, AFTERNOONS OR EVENINGS. THIS CLASS IS ONLY 45. MIN.**

Senior's Lounge – Community Centre

Contact Natalie, Health Promotion Worker, at (519) 332-6770, ext. 326 for further info.



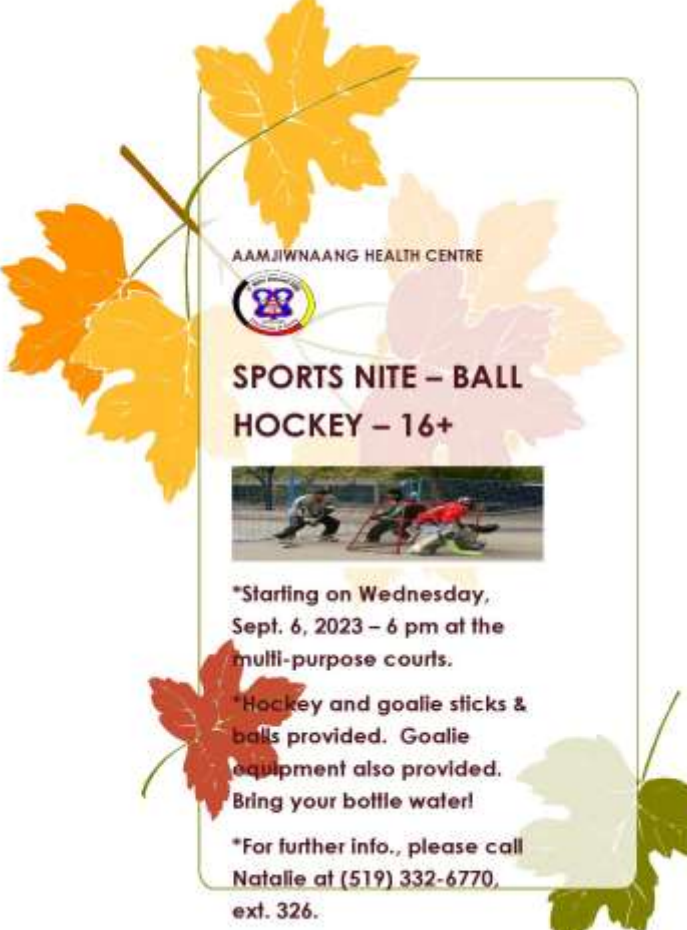

Aamjiwnaang Health Centre

## COMMUNITY GROCERY GIVEAWAY


**THURSDAY, SEPTEMBER 21, 2023 - 10 AM**  
COMMUNITY CENTRE GYM

**\*Please bring your own bags if you have.  
One person per household, on & off-  
reserve Aamjiwnaang members only.**


For further information, please contact Natalie at (519)  
332-6770, ext. 326.

AAMIJWNAANG HEALTH CENTRE



## SPORTS NITE – BALL HOCKEY – 16+



**\*Starting on Wednesday,  
Sept. 6, 2023 – 6 pm at the  
multi-purpose courts.**

**\*Hockey and goalie sticks &  
balls provided. Goalie  
equipment also provided.  
Bring your bottle water!**

**\*For further info., please call  
Natalie at (519) 332-6770,  
ext. 326.**





## WOMEN'S MONTHLY COOKING CLASS

Aamjiwnaang Health Centre

TUESDAY, SEPTEMBER 12, 2023 | 12:00 PM  
HEALTH CENTRE

COME OUT AND TRY DELICIOUS RECIPES WHILE LEARNING ABOUT WAYS TO IMPROVE YOUR HEALTH!

Call Natalie at (519) 332-6770, EXT. 326 TO SIGN UP.



## AAMJIWNAANG HEALTH CENTRE & WEST LAMBTON HEALTH CENTRE

## MENS COOKING CLASS



Tuesday, September 19, 2023

Noon – Health Centre

Come on out and try delicious recipes while learning about ways to improve your health.

Call Natalie at (519) 332-6770, ext. 326 to sign up.

Rides provided if needed.



AAMJIWNAANG HEALTH CENTRE & WEST LAMBTON HEALTH CENTRE

## MAKE N TAKE COOKING CLASS

- This cooking class is for Aamjiwnaang community members who would like to learn how to prepare fast, healthy new recipes.
- A cooking demo is shown by Samantha, West Lambton Health Centre which we sample, then you are given a kit to take home to prepare!



Monday,  
September 25,  
2023

4:30 pm – 6 pm

Health Centre

Call Natalie at (519) 332-6770, ext. 326 to sign up before the date.

Aamjiwnaang  
Health  
Centre/West  
Lambton Health  
Centre

## Diabetes Support Group

Sept. 18, 2023 10:00 am Prompt! til noon. Health Centre

\*This is an open support group which is facilitated by a dietitian, Diabetes educator/nurse & Health Centre staff.

\*Transportation is available if needed. Please call Natalie at (519) 332-6770, ext. 326.



Ninth Day of the Ninth Month is  
Fetal Alcohol Spectrum Disorder Awareness Day!

Children/Youth Services and Dago  
Maajiigoog Binoojiinyag presents:

# *FASD & Florals Workshop*

Wednesday, September 13, 2023

5PM - 7PM

Community Centre

Join us for dinner to discuss FASD &  
make a fall themed planter!

Registration required by phone or text:  
519-918-1204

Deadline to register is Thursday, September 7th

**\*\*Space is limited to 25 participants\*\***

Child-minding available



AAMJIWNAANG HEALTH CENTRE/WEST LAMBTON HEALTH CENTRE



## BONE HEALTH CLASS - (4 weeks)

Starting Monday, September 11, 2023 - 1 pm - 3:30 pm

Seniors Lounge at Community Centre



This is a very valuable & informative 4 - part series on Bone Health is being offered to Aamjiwnaang Community members who wish to learn how to maintain bone health for prevention of osteoporosis, brittle bones, fall prevention, etc. This would consist of educational presentations from various health professionals as well as learning some preventative exercises with an Occupational Therapist who would be facilitating the 4 weeks.

Please contact Natalie at (519) 332-6770, ext. 326 to sign up.



**AAMJIWNAANG HEALTH CENTRE**

## **TOTAL BODY FITNESS** (WITH DIANE TUCKEY)

Total Body Fitness is a program which is designed to focus on each of our muscle groups. We use kettle bells & dumbbells in the class based on which weights you are comfortable with. There are also abs, cardio & balance portions combined with the weights. We do a warm-up before starting the class as well as a cool down at the end.

**TUESDAYS  
STARTING  
SEPTEMBER 5, 2023  
AT 6 PM – 16+**

**COMMUNITY  
CENTRE GYM**

**BRING YOUR MAT IF  
YOU HAVE &  
BOTTLED WATER!**

**BRING YOUR  
POSITIVE ATTITUDE  
& DETERMINATION!**

**LET'S GET OUR  
BODIES MOVING!**

**CONTACT NATALIE AT  
(519) 332-6770, EXT. 326  
FOR FURTHER INFO.**







# Back to school kidwenan (words)

By Sophie Solares

EarlyON Anishinaabemowin

 Bus	Binoo-jiin daa-ban
 Pencil	Zhib-ii-gaans
 You draw	Mzin-bii-gen
 You write	Zhib-ii-gen
 Scissors	Moozh-wa-gan
Cut it	Giish-ko-dan
 Desk/table	Doop-win
 Color/paint it	Tis-gen
 Glue it	d-gok-we-san
 Carpet	Naa-kan
 Chair	Pab-win
Come sit	Bi-mad-bin
Very good job	Aap-chi-go nish-in
Help me	Naad-mo-shin



# Dago Majiigoog Binoojiinyag Datagaagomin Giizis-Blackberry Moon August –2023



Sunday - Name Giizhigad	Monday - Shkintam Giizhigad	Tuesday -Niizho Giizhigad	Wednesday - Nswi Giizhigad	Thursday - Niiwo Giizhigad	Friday - Naano Giizhigad	Saturday - Ngodwaaswi Giizhigad
		1 Walk along River & Lunch 10am-12pm	2 Farmers Market 10am Cineplex TBA	3 Sensory Fun 10am-12pm	4	5
6	7 Closed	8 Point Edward Splash Pad and Fries 11am	9 <sup>h</sup> Pirate Day 5pm-7pm	10 Wrap around Beaded Earring with Courtney 10am-12pm	11 Limited to 15 sign up required	12
13 Sign up Required During Drop in time ONLY	14 Trip to KUSTERMANS 9:30am	15 Beach Day 11am-1pm	16 Tye Dye Day 5pm-7pm	17 Baby Food Fun 10am-12pm	18	19
20	21 Play Group 10am-12pm	22 Splash Pad Day Aamjiwnaang 11am –1pm	23 Super Hero Day 5pm-7pm	24 Bubble Fun 10am-12pm	25	
27	28 Play Group 10am-12pm	29 Water Fun Outside 11am-1pm	30 Summer End Celebration 5pm-7pm	31 Play Group & Craft 10am-12pm		

We also have transportation for programming! Please Contact Paula 226-349-2427



# Willie's Adventures

## MONDAY NIGHT FOOTBALL



@ Ford Field Detroit Michigan

**OCTOBER 30<sup>th</sup> @ 8:15pm**

**\$440 CDN or \$320 US**

Includes: Coach Bus and Ticket (Sec 137 Lower Bowl)  
Bus leaves Two Water Corunna at 4:00pm Sharp, Food Basics  
Sarnia at 4:30pm Sharp and Point Brewery at 4:45pm Sharp.  
Soft sided coolers allowed. Will be stopping at Watsh's in  
Port Huron. Contact Willie at Willie's Adventures at  
519-384-1957 or willie@cogeco.ca



Mount Pleasant Michigan

## SOARING EAGLE CASINO

**Nov. 24<sup>th</sup> - 26<sup>th</sup>**

Includes: Coach Bus, Ticket to "Wheel of Fortune", 2 Nights at  
Soaring Eagle, \$100 US Food Voucher at Casino,  
Shopping in Frankenmuth on Sunday.

- . 2 People to a Room - \$750 CDN Per Person
- . 3 People to a Room - \$600 CDN Per Person
- . 4 People to a Room - \$500 CDN Per Person

Bus Leaves Two Water Corunna 9:00 am Sharp, Maawn Doosh Gumig at 9:30  
am Sharp, and Food Basics Sarnia at 10:00 am Sharp and Point Brewery at  
10:15 am Sharp. Contact Willie at 519-384-1957 or e-transfer payment to  
willie@cogeco.ca.

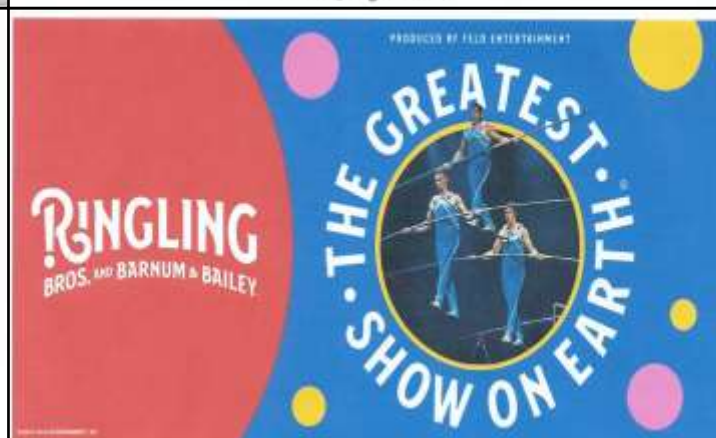


@ Ford Field Detroit Michigan

**SUNDAY Nov. 19<sup>th</sup> @ 1:00pm**

**\$320 CDN or \$240 US**

Includes; Coach Bus and Ticket (Sec 137 Lower Bowl)  
Bus leaves Two Waters Corunna at 7:30am Sharp, Food Basics  
Sarnia at 8:00 am Sharp and Point Brewery at 8:15 am Sharp.  
Soft sided coolers allowed. Will be stopping at Kroger in  
Port Huron. Contact Willie at Willie's Adventures at  
519-384-1957 or willie@cogeco.ca



At Little Caesars Arena, Detroit Michigan

**Sunday Nov. 19<sup>th</sup> at 11:00am**

**\$130 CDN Per Person**

**Ticket and Coach Bus**

Bus leaves Two Waters Corunna at 7:00 am,  
Maawn Doosh Gumig at 7:30 am, Food Basics  
Sarnia at 8:00 am, Pt Edward Arena at 8:15 am.  
Returning home ½ hr after show ends. Contact  
Willie at 519-384-1957 or willie@cogeco.ca



**WILLIE'S ADVENTURES**  
**Detroit Red Wings Trips 2023-24**  
**Coach Bus & Lower Level Seating**

Sat, Nov. 4 vs. Bruins - \$280

Thurs, Nov. 9 vs. Canadiens - \$230

Thurs, Nov. 30 vs Blackhawks - \$250

Thurs, Jan. 11 vs Oilers - \$250

Sun, Jan. 21 vs. Lightning - \$280

Thurs, Feb. 22 vs. Avalanche - \$250

Mon, Apr. 15 vs. Canadiens - \$230

**All prices in Canadian .**

Contact Willie at 519-384-1957 or willie@cogeco.ca



**THANKSGIVING DAY GAME**

**November 23rd at 12:30 PM**

**Green Bay Packers vs Detroit Lions**

**\$380 US & \$500 CDN**

Badder Coach Bus, Ticket Sec. 137, Food and Hoodie. Only 40 tickets available. Bus leaves Two Water Corunna at 7:30 am, Food Basics Sarnia at 8:00 am SHARP and Point Brewery at 8:15am. Contact Willie at 519-384-1957.

E-Mail is willie@cogeco.ca





**Indigenous Artisans, Crafters,  
Vendors & Food Vendors!**

# GWETAANDAWE MARKET

**1st SATURDAY  
OF THE MONTH:**  
 APRIL, MAY, JUNE,  
 NOVEMBER, DECEMBER  
**& 2nd SAT. of OCTOBER**  
**9am-2pm**

**1972 Virgil Ave.**  
**Aamjiwnaang First Nation**  
**(South of Sarnia)**



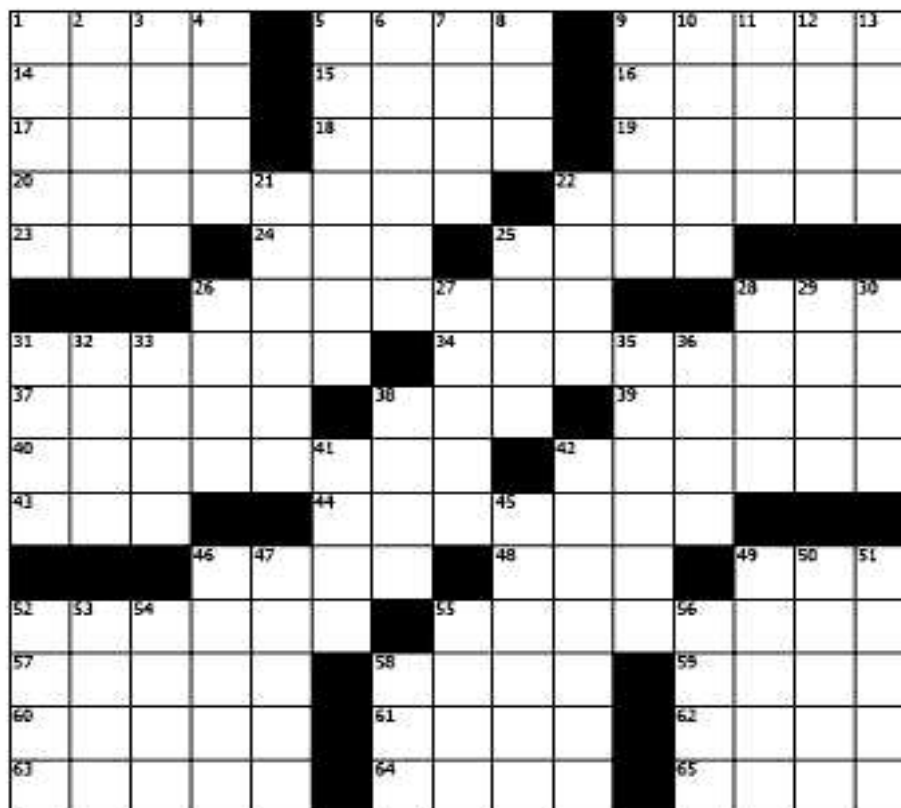
For more info. contact Barb Urlacher at: burlacher@aamjiwnaang.ca • 519-336-8410



# CROSSWORDS

## Across

1. Foremost
5. Actress \_\_\_\_ Bancroft
9. Fight site
14. More
15. Make waterproof
16. Name tag
17. Distance measure
18. Recipe measures (abbr.)
19. Heavenly scales
20. Ingests too much
22. Rodeo ropes
23. Gel
24. Nothing
25. Delicate
26. Professions
28. Dress edge
31. Comfort
34. Restore confidence
37. Burst forth
38. Somber
39. Spring month
40. Spray cans
42. Scheduled
43. Compass reading (abbr.)
44. Naps
46. Soothing ointment
48. Actor \_\_\_\_ Robbins
49. Director \_\_\_\_ Brooks
52. Trinidad and \_\_\_\_
55. Aggravate
57. Stand up
58. Smell
59. Hurt
60. Old Roman language
61. Took a cab
62. Scorch
63. Vote in
64. Ran, as colors
65. Acting award



## Down

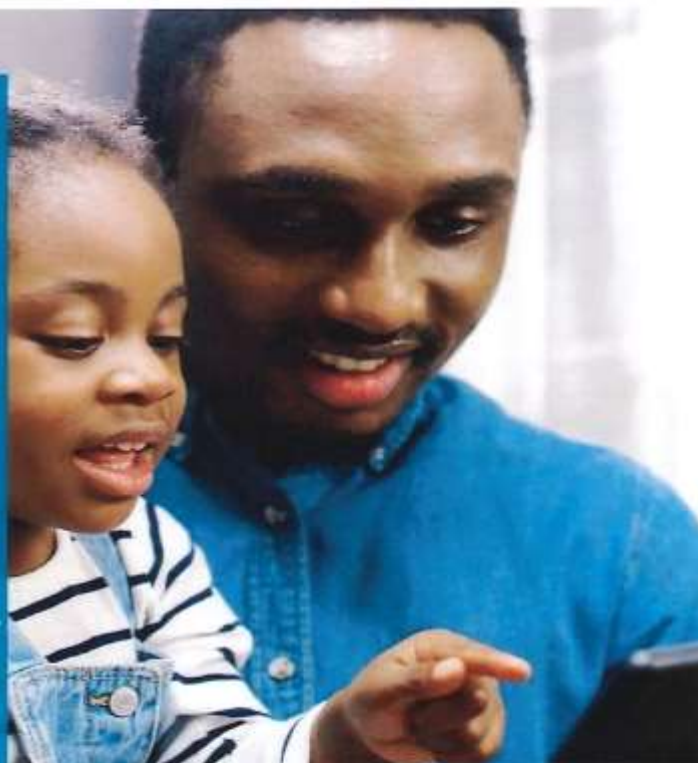
1. Office notes
2. Animated
3. Tiny landmass
4. Poetic contraction
5. Dancer Fred \_\_\_\_
6. Cuddle
7. Siestas
8. Raised railroads
9. Edgar \_\_\_\_ Poe
10. Elevate
11. Recedes
12. Roman fiddler
13. Woeful cry
21. Puts into effect
22. \_\_\_\_ Kudrow of "Friends"
25. Dancer \_\_\_\_ Astaire
26. Guitar device
27. Wipe away
28. Harm
29. Pennsylvania city
30. Merge
31. Large bodies of water
32. Crude metals
33. Attract
35. Deli sausage
36. Resorts
38. Svelte
41. Nordic capital
42. Mixed
45. Took long steps
46. Fundamental
47. Go-between
49. Manly
50. Patriot \_\_\_\_ Allen
51. Cautious
52. Story
53. Uttered
54. Nip
55. Golden calf, e.g.
56. Poise
58. Globe

# Empower your health journey with ConnectMyHealth

ConnectMyHealth is a digital health tool that provides you with an online, single access channel to view your health records from participating hospitals in southwestern Ontario.

ConnectMyHealth can be used on desktop and mobile devices – and it's free to use!

For more information, ask your healthcare provider, visit <https://info.ConnectMyHealth.ca> or scan



ConnectMyHealth is made possible through a collaboration between Hamilton Health Sciences, Ontario Health, and your local Ontario Health Team.

**ConnectMyHealth** is a digital health solution that provides you with an online, single access channel to view your health records from many hospitals in southwestern Ontario. ConnectMyHealth can be used on desktop and mobile devices, and there's no cost to use it! ConnectMyHealth is an effective way to access your health records, and truly empower your health journey.

ConnectMyHealth lets you view your health information in real-time from participating healthcare organizations, and may include:

- Radiology reports, and where available, their corresponding images
- Cardiology-related reports, and where available, their corresponding images
- Laboratory test results
- Clinical reports, such as discharge summaries from hospital visits
- Select medication information
- Allergies documented during hospital visits
- Pathology and Genetics reports
- Details of past and upcoming hospital visits, where available

Other key features include:

- **New Results Alerts:** Subscribe to be notified by email when you've got new results available to view in ConnectMyHealth; your New Results page displays first when you log in, for easy access and viewing
- **Patient Dashboard:** Organize the types of health records (modules) that are most important to you
- **Patient Visits Timeline:** See when your upcoming hospital appointments are scheduled for, where available

**If you have any questions, please contact Celsie or Mikeesha at the Health Centre 519-332-6770.**

To see a list of the types of health records that can be available to you using ConnectMyHealth, visit: <https://info.connectmyhealth.ca>.

## READY TO REGISTER?



Scan the code, or visit [info.connectmyhealth.ca/register](https://info.connectmyhealth.ca/register), and sign up today!







## ATTENTION TO ALL MEDICAL DRIVERS!!!

**Medical Travel slips are now due Fridays before 4:30pm.**

### Medical Travel Drivers:

Terry Plain (Monis) 519-402-5535  
 Sheila Firth 519-383-1073  
 Christine Plain 519-466-0054  
 Muriel (Toddy) Joseph 519-336-6323 or 519-312-2403

Ron Simon 519-331-7607

Marion Waters 519-312-5283

### Wheelchair Accessible Van Driver:

Contact the Health Centre at  
 519-336-6770

## FYI - Health Benefits under Indigenous Services Canada

The Non-Insured Health Benefits Program (NIHB) - (Indigenous Services Canada) is a National Program administered by Health Canada providing coverage for:

Dental, Drugs, Medical Supplies & Equipment, Medical Transportation, Vision Care, and Short-Term Crisis Intervention Mental Health Counselling.

Client Questions? - contact the NIHB client information line at: 1-800-640-0642

Using you Benefits: When you present your status card to any health provider, as if they bill directly to NIHB before obtaining the service. Ensure the health care provider verifies that the product/treatment is an eligible benefit listed on NIHB

Be Aware: If you are asked to pay upfront, it can take 6-8 weeks to be reimbursed, and you may not get reimbursed if the benefit was not pre-approved. You may want to seek out a provider that does bill directly to NIHB. The Drug or product may be an exception benefit requiring the provider to call the Drug Exception Centre at 1-800-580-0950

Benefits Outside of Canada: You must purchase travel health insurance if you travel outside of Canada. If you are a migrant worker or a full time student working or studying outside of Canada, call NIHB to ask about coverage at 1-800-640-0642 More information can be found at <https://www.sac-isc.gc.ca/eng>

Reimbursements: Mail your reimbursement form along with your original receipts and a copy of your prescription to;

**NIHB/FNIHB**

Health Canada, address locator 1902D  
 200 Eglantine Driveway, 2nd Floor  
 Ottawa, Ontario K1A 0K9

**NOTICE – Aamjiwnaang Seniors****RE: Seniors Travel and Recreation Funding**

Chief and Council along with the Community Services Committee have developed a new Seniors Travel and Recreation Funding Policy to help assist Seniors with Travel and Recreational activities. This application is for Seniors who have reached the age of fifty-five (55) years and over. The maximum funding is \$500/CA per fiscal year. Applications can be picked up at the Community Centre or Band Office. For more information please contact the Community Centre – 519-491-2160

**NOTICE - Band Members****RE: Youth Funding Policy / Funding Applications**

Chief and Council along with the Community Services Committee have developed a new Funding Policy to help our youth with their Sports, Arts and Recreational activities. This application is for youth to the age of 25 years. The maximum funding is \$800/CA per fiscal year. This maximum will take into consideration LNHL reimbursement and any other recreational funding. Applications can be picked up at the Community Centre or Band Office. For more information please contact the Community Centre – 519-491-2160



Aamjiwnaang First Nation  
Public Works Dept.

978 Tashmoo Ave.  
Sarnia, Ontario  
N7T 7H5  
Phone: (519) 336-8410  
Fax: (519) 336-0382

The designated after-hours phone line for the infrastructure service emergencies, basement back-ups, animal control requests, Security Issues or winter maintenance issues. There will be one main contact number that will be used for those occurrences.

The after-hours phone number is:

**519-331-3596**

Please continue to use the band garage number during regular office hours.

The Garage number is 519-336-0510.

Leave a message if no one answers.

**Attention ODSP Clients**

Pam Kelly will be returning for in person appointments

**September 13th, 2022 from 9am—4pm**

Continuing with every 2nd Wednesday of each month

**\*\*New location at the Community Centre\*\***

If you need to contact Pam please call  
519-337-3735 ext 2280

Sept  
23rd



**FAMILY  
NAMING  
CEREMONY**

With Pam & Farley

**AAMJIWNAANG  
HEALTH CENTRE**

To sign up, please  
contact Roberta  
@ 332-6770 ext.  
313.







## **Aamjiwnaang Chief & Council**

### **Agenda Item Submission** **Information and Deadlines**

- \* Regular Council Meetings - 1st & 3rd Monday of every month. If Monday falls on a statutory holiday the meeting is generally held the following day. Please note, that from time to time meetings may be cancelled or postponed.
- \* Deadline - Tuesday's prior to the regularly scheduled meeting date, by 12:00 noon, for Band Manager review.
- \* Agenda Item Request Form is available at reception for the following locations: Administrative Complex (Band Office), E'Mino Bmaad-Zijig Gumig (Health Centre) & Maawn Doosh Gumig (Community Centre); and, on the Aamjiwnaang website.
- \* Your completed request form can be submitted in person or email, you may also wish to attach additional documentation and information to support your request (i.e. acceptance letters, budget, personal summary, etc.).
- \* Requests will be reviewed by the Band Manager, to ensure that the appropriate personnel/department have the opportunity to respond or resolve the request, prior to being placed on the Council agenda.
- \* The guidelines set out above are in place to ensure that the flow of information to and from the Council table is efficient, and that your matter is addressed and resolved in a timely manner.

**If you have discussion items for  
Chief and Council on:  
September 11th, 2023  
Your information is due by:  
September 5th, 2023 at 4:00pm**

Miigwech, for your co-operation and understanding.

Ashley Jackson, Aamjiwnaang Council Clerk  
[ajackson@aamjiwnaang.ca](mailto:ajackson@aamjiwnaang.ca)

## **COUNCIL AGENDAS**

Presently a copy of the Council Agenda is posted on the front doors of the Band Office and Community Centre.

If you would like to receive an "electronic" copy of the Council Agenda, please send an email to: [pnahmabin@aamjiwnaang.ca](mailto:pnahmabin@aamjiwnaang.ca) providing your name and band number.

Only band members can receive an electronic copy of the Agenda.

Thank you.

Patrick Nahmabin

Community Information Officer



**Aboriginal Affairs and  
Northern Development Canada**

**IF YOU DO NOT HAVE THE  
MANDATORY IDENTIFICATION TO  
OBTAIN A STATUS CARD,  
PLEASE CALL: 1-800-567-9604**

- Advise the call centre representative that you want to obtain a Temporary Confirmation of Registration Document (TCRD).
- They will ask a series of questions to confirm your identity and then mail a Temporary Confirmation of Registration Document (TCRD) to you.
- This document will state your registration number and can be used in place of a Status Card to access benefits and services.

**Job Search Websites**OFIFC [www.ofifc.org/](http://www.ofifc.org/)Nokee Kwe [www.nokekwe.ca/](http://www.nokekwe.ca/)Southern First Nation Secretariat, [www.sfns.on.ca/index.html](http://www.sfns.on.ca/index.html)N'Amerind Friendship Centre (London) [www.namerind.on.ca/](http://www.namerind.on.ca/)Anishnawbe Health Toronto <http://www.aht.ca/>SOAHAC London, Chippewas of the Thames, Owen Sound,  
<http://www.soahac.on.ca/>Six Nations (Ohsweken, ON), [www.sixnations.ca/](http://www.sixnations.ca/)**Other Job Search Engines:**

- <http://www.aboriginalcareers.ca/>
- <http://ca.indeed.com/Aboriginal-jobs>
- <http://www.wowjobs.ca/jobs-aboriginal-jobs>
- <http://www.turtleisland.org/front/front.htm>
- <http://www.eluta.ca/>
- <http://www.monster.ca/>
- <http://www.workopolis.com/>
- <http://www.jobs.ca/>
- <http://www.servicecanada.gc.ca/eng/sc/jobs/jobbank.shtml>

**For Up-To-Date News and Information in the  
First Nations Political Arena you may visit:**

**Chiefs of Ontario visit:**

<http://www.chiefs-of-ontario.org/>

Union of Ontario Indians visit:

<http://www.anishinabek.ca/>

Assembly of First Nations visit:

<http://www.afn.ca/>

Southern First Nation Secretariat

<http://www.sfns.on.ca/>

Aboriginal Affairs & Northern  
Development Canada

<http://www.aadnc-aandc.gc.ca/>

**CROSSWORD  
SOLUTION**

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**CHIPPEWA TRIBE-UNE**

1972 Virgil Avenue

Sarnia, Ontario N7T 7H5

Phone: 519-491-2160 or Fax: 519-491-0912

E-mail: [editor@aamjiwnaang.ca](mailto:editor@aamjiwnaang.ca)

**The next issue is due out on:**

**Friday September 8th, 2023**

**The deadline for submissions is  
Wednesday September 6th, 2023 at  
12:00pm**

Please submit your documents in

**Word, Excel, or Publisher** formats or info  
can be hand written; **jpeg** for pictures.

**This paper and past editions can also be  
found on the Aamjiwnaang website at:**

[www.aamjiwnaang.ca](http://www.aamjiwnaang.ca)

If you have stories that you would like to  
share, please submit them to the Editor at :

[editor@aamjiwnaang.ca](mailto:editor@aamjiwnaang.ca)