



AAMJIWNAANG FIRST NATION'S

Chippewa Tribe-UNE



AAMJIWNAANG CHILDREN & YOUTH SERVICES

MARCH BREAK FUN-TIVITIES

We've got your March
Break covered with fun
activities all week long!
For children and youth 0-18!



Monday, March 13
10:00-11:30 AM

**LAMBTON COUNTY
LIBRARY**

Tuesday, March 14
10:00-11:30 AM

**CROCK A
DOODLE**

Wednesday, March 15
*afternoon TBA

**PAINTING
WITH MOSES**

Thursday, March 16
10:00-11:30 AM

**COOKIE
DECORATING**

Reminders:

- ✓ Children must be accompanied by an adult
- ✓ Limited quantities available
- ✓ Light snacks, juice, and water will be provided

Maawn Doosh Gumig

Aamjiwnaang Community
Centre Banquet Room
1972 Virgil Ave.

Register with Nicole!

nmaness@aamjiwnaang.ca

Hope to see you there!



Aamjiwnaang Chief & Council

Agenda Item Submission

Information and Deadlines

- * Regular Council Meetings - 1st & 3rd Monday of every month. If Monday falls on a statutory holiday the meeting is generally held the following day. Please note, that from time to time meetings may be cancelled or postponed.
- * Deadline - Tuesday's prior to the regularly scheduled meeting date, by 12:00 noon, for Band Manager review.
- * Agenda Item Request Form is available at reception for the following locations: Administrative Complex (Band Office), E'Mino Bmaad-Zijig Gumig (Health Centre) & Maawn Doosh Gumig (Community Centre); and, on the Aamjiwnaang website.
- * Your completed request form can be submitted in person or email, you may also wish to attach additional documentation and information to support your request (i.e. acceptance letters, budget, personal summary, etc.).
- * Requests will be reviewed by the Band Manager, to ensure that the appropriate personnel/ department have the opportunity to respond or resolve the request, prior to being placed on the Council agenda.
- * The guidelines set out above are in place to ensure that the flow of information to and from the Council table is efficient, and that your matter is addressed and resolved in a timely manner.

If you have discussion items for
Chief and Council on:

March 6th, 2023

Your information is due by:
February 28th, 2023

Miigwech, for your co-operation and understanding.

Ashley Jackson, Aamjiwnaang Council Clerk
ajackson@aamjiwnaang.ca

NOTICE – Aamjiwnaang Seniors

RE: Seniors Travel and Recreation Funding

Chief and Council along with the Community Services Committee have developed a new Seniors Travel and Recreation Funding Policy to help assist Seniors with Travel and Recreational activities. This application is for Seniors who have reached the age of fifty-five (55) years and over. The maximum funding is \$500/CA per fiscal year. Applications can be picked up at the Community Centre or Band Office. For more information please contact the Community Centre – 519-491-2160

COUNCIL AGENDAS

Presently a copy of the Council Agenda is posted on the front doors of the Band Office and Community Centre.

If you would like to receive an “electronic” copy of the Council Agenda, please send an email to: pnahmabin@aamjiwnaang.ca providing your name and band number.

Only band members can receive an electronic copy of the Agenda.

Thank you.

Patrick Nahmabin

Community Information Officer



Aboriginal Affairs and

Northern Development Canada

**IF YOU DO NOT HAVE THE
MANDATORY IDENTIFICATION TO
OBTAIN A STATUS CARD,
PLEASE CALL: 1-800-567-9604**

- Advise the call centre representative that you want to obtain a Temporary Confirmation of Registration Document (TCRD).
- They will ask a series of questions to confirm your identity and then mail a Temporary Confirmation of Registration Document (TCRD) to you.
- This document will state your registration number and can be used in place of a Status Card to access benefits and services.

NOTICE - Band Members

RE: Youth Funding Policy / Funding Applications

Chief and Council along with the Community Services Committee have developed a new Funding Policy to help our youth with their Sports, Arts and Recreational activities. This application is for youth to the age of 25 years. The maximum funding is \$800/CA per fiscal year. This maximum will take into consideration LNHL reimbursement and any other recreational funding. Applications can be picked up at the Community Centre or Band Office. For more information please contact the Community Centre – 519-491-2160

Mino Dbishkaayin-Happy Birthday

Ava Archer-Lewis	Feb. 24	Brenda Maness	Mar. 2
Camryn Kelly	Feb. 24	Justin Rogers	Mar. 2
Deborah Ayers	Feb. 24	Anthony Allen	Mar. 3
Johanna Bird	Feb. 24	Amanda-Dawn Arseneault	Mar. 3
Gary Fawcett	Feb. 24	Shoniqua Bunce	Mar. 3
Dakota Gray	Feb. 24	Samuel Miller	Mar. 3
Kai James-Gilliam	Feb. 24	Julian Oliver	Mar. 3
Michaela Jennings	Feb. 24	Tesha Oliver	Mar. 3
Jeffrey R Plain	Feb. 24	Zechariah Runcorn	Mar. 3
Jill Rogers	Feb. 24	Wilfred L Gray	Mar. 4
Brandon Williams	Feb. 24	Brittany Simon	Mar. 4
Roger F Williams	Feb. 24	Scott Maness	Mar. 4
Evan Smith	Feb. 25	Rihanna Plain-Nahmabin	Mar. 4
Towana Brooks	Feb. 25	Justin Smith-White	Mar. 4
Havana Maness	Feb. 25	Stephanie Tully	Mar. 4
Nolan Maydwell	Feb. 25	Darryl Brooks	Mar. 5
Bella Plain-Pagano	Feb. 25	Kole Huggins	Mar. 5
Ezekiel Adams	Feb. 26	Joyce Lancaster	Mar. 5
Dakota Clark-Nahmabin	Feb. 26	Chenoa Plain	Mar. 5
Nora Maness	Feb. 26	Sherwood K Rogers	Mar. 5
Stanford Plain	Feb. 26	Dakota Williams	Mar. 5
Elizabeth Akiwenzie	Feb. 27	Jaymee Nahmabin	Mar. 6
Delsyn Cottrelle-McManus	Feb. 27	Nathan Shaw	Mar. 6
Owen Fisher	Feb. 27	Ivy L Sinopole	Mar. 6
Daniel M Plain	Feb. 27	Ethan Pentland	Mar. 6
Ramon Rosales	Feb. 27	Susan Williams	Mar. 6
Melissa Sauve	Feb. 27	William Adrian Cottrelle	Mar. 7
Haley Sinopole	Feb. 27	Melissa Joseph	Mar. 7
Rachel Williams	Feb. 27	Kareem Alexander	Mar. 8
Tawny Daws	Feb. 28	Nicholas Cottrelle	Mar. 8
Kenneth Maness Jr.	Feb. 28	Elizabeth Jackson	Mar. 8
Joseph Plain	Feb. 28	Vincent Joseph	Mar. 8
Nicholas Williams	Feb. 28	Bailey Maness	Mar. 8
Jaqub Terrance Hewitt	Feb. 29	Cain Gould	Mar. 9
Elissa Joseph	Mar. 1	Miimiikwe Spring Bird	Mar. 9
Iris King	Mar. 1	Anthony M Plain	Mar. 9
Charles P Maness	Mar. 1	Sean Rogers	Mar. 9
Keegan Rich	Mar. 1	Rain Simpson	Mar. 9
Haiden Williams	Mar. 1	Ashley Williams	Mar. 9
Gabriel Elijah	Mar. 2	Ashton Williams	Mar. 9
Adrienne Jacobs	Mar. 2		
Jacob Johnson	Mar. 2		

Welcome!

June Simon



Interim Band Manager

Chief, Council, and Staff have welcomed back June Simon as our Interim Band Manager. June has been appointed by Council to assist staff and community members on a short term basis while the hiring process takes place.



Contact

jrsimon@aamjiwnaang.ca
519-336-8410 x288



Happy 2nd Birthday
Cain, lots of love from
your family.



ATTENTION TO ALL MEDICAL DRIVERS!!!

Medical Travel slips are now due Fridays before 4:30pm.

Medical Travel Drivers:

Terry Plain (Monis) 519-402-5535
 Sheila Firth 519-383-1073
 Christine Plain 519-466-0054
 Muriel (Toddy) Joseph 519-336-6323 or 519-312-2403

Ron Simon 519-331-7607

Marion Waters 519-312-5283

Wheelchair Accessible Van Driver:

Contact the Health Centre at
 519-336-6770

CHECK OUT THIS HEALTH INFORMATION

Did you know:

Community Members:

Please remember that if you have a prescription for any kind of equipment; you should try to go to a registered provider to see if the items can be covered under Non-Insured Health Benefits (NIHB). If you are unsure if they are a registered provider, you can always ask them before ordering or paying for an item. Give the provider your status card number and they will check or send off forms to NIHB to see if the items are covered. In some cases, you may have to pay a fee if the item is not fully covered but you could be reimbursed. Some recognized providers are:

Shoppers Wellwise - Exmouth St., True North - Confederation St.,



[This Photo](#)

If you are unsure, you can give me a call at 519-332-6770, ext. 320. If I am unavailable, please leave a detailed message with your contact information.

Hospital information:

If you have an appointment at the Hospital or are admitted, don't forget to self-identify as First Nations and that they have your status card on file.

If you have needed to take an ambulance to the hospital and have received a bill from the hospital, contact the Patients Account Office at the hospital and submit your status card. The Patients Accounts Office will submit your bill to NIHB for payment. You also can contact me at 519-332-6770, ext. 320 if you need assistance.

Attention ODSP Clients

Pam Kelly will be returning for in person appointments

March 8th, 2022 from 9am—4pm

Continuing with every 2nd Wednesday of each month

****New location at the Community Centre****

If you need to contact Pam please call

519-337-3735 ext 2280

Band Buildings Smoking Policy

Just a reminder that all Band buildings are Non-Smoking buildings.

Smoking will not be permitted at any outdoor location within a radial distance of nine (9) meters from any doorway, entrance, or exit from any AFN building. AFN is a smoke-free workplace.

No smoking or vaping is permitted on company premises by employees, contractors, or visitors at any time, except within any designated smoking areas. In accordance with the **Non-smokers' Health Act, AFN will ensure that persons refrain from smoking in any workspace under the control of the employer.** Non-smoking signs will be placed at all entrances identifying the policy.



Aamjiwnaang Health Centre SOAHAC Nurse
Monday to Friday - 8:30AM-4:30PM
519-332-6770 ext. 309 or mbressette@soahac.on.ca

- Free Condoms
- Pregnancy Tests
- COVID Testing
- Tobacco Cessation with Nicotine Replacement Therapy

- STI testing
- Free birth control
- Headlice Screening/Treatment
- Diabetic Retinopathy Screening





Aamjiwnaang First Nation

Public Works Dept.

978 Tashmoo Ave.
 Sarnia, Ontario
 N7T 7H5
 Phone: (519) 336-8410
 Fax: (519) 336-0382

The designated after-hours phone line for the infrastructure service emergencies, basement back-ups, animal control requests, Security Issues or winter maintenance issues. There will be one main contact number that will be used for those occurrences.

The after-hours phone number is:

519-331-3596

Please continue to use the band garage number during regular office hours.

The Garage number is **519-336-0510**.

Leave a message if no one answers.



BASKETBALL

SKILLS CAMP

MARCH 13-16

MAAWN DOOSH GUMIG GYM
 (AAMJIWNAANG COMMUNITY CENTRE GYM)

AGES 13-18	10:00am - 12:00pm
AGES 6-12	1:00pm - 3:00pm

Registration is required!
Only 16 spots available for each group.

To register: Email apetit@aamjiwnaang.ca or
 Call **519-332-6770 ext. 332**

Help reduce the spread of respiratory viruses

Respiratory viruses increase in the fall and winter. This year, several respiratory viruses are circulating at the same time, including:

- COVID-19
- flu (influenza)
- respiratory syncytial virus (RSV)

Preventing the spread

Respiratory viruses spread in several ways. That's why using several layers of protection is the most effective way to help reduce your risk of getting and spreading viruses.

It's important to:



get your annual flu shot



stay up to date with your COVID-19 vaccinations



stay home when sick



wear a mask in public indoor settings



clean your hands often



improve indoor ventilation when possible by opening a window or door



avoid touching your face with unclean hands



cover your coughs and sneezes with a tissue or the bend of your arm



clean and disinfect high-touch surfaces and objects frequently



pay attention to public health alerts and advice in your community

For more information: Canada.ca/respiratory-viruses



Public Health
Agency of Canada

Agence de la santé
publique du Canada



TNT Auto Detailing & Upholstery

Call for free quote or to book appointment

Auto Detailing Upholstery & Carpet Cleaning

Greg Gray (Owner) - (226)-964-2227
1909 Virgil Ave-Sarnia, Ontario



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Gift Ideas!**

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Monday ~ Saturday
10:00 am ~ 6:00 pm
Phone 519-344-1243

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Sunday - 12 pm - 5 pm

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1647 Williams Drive
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Sarnia, ON



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Ryan Pitre
519-312-7537

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To order visit: intentionnatural.ca
free delivery within Lambton county

If you would like to submit artwork,
drawings or anything at all for the Tribe-
une, leave them at the Community Centre
for the editor or email them to
editor@aamjiwnaang.ca
All submissions subject to editor approval.



TOBACCO ALLOCATION DISTRIBUTION NOTICE

February 2023

All Aamjiwnaang Band Members who are interested in retailing quota cigarettes through the Ministry of Finance are asked to submit a complete application in a **SEALED ENVELOPE** to:

Band Manager
978 Tashmoo Ave
Sarnia, ON
N7T 7H5

APPLICATIONS AND THE APPROVED POLICY ARE AVAILABLE AT THE BAND OFFICE **STARTING FEBRUARY 28TH, 2023.**

- Complete application must be received by **4:30 PM on March 10, 2023.**
- Applicants must have the ability to purchase a minimum number of cartons in advance.
- Copy of Registered Business Number. Supporting documents included.
- Insurance Policy
- Late applications for request of quota cigarettes **will not** be considered.
- Incomplete applications **will not** be considered.
- Cigarettes include Export A, Players, DuMaurier and other non-generic brands.
- A decrease in allocation may occur year to year due to an increase in retailers.
- For business that received an allocation in 2022/2023 **YOU MUST PAY THE TOBACCO surcharge** for the period of April 1, 2022, to March 31, 2023 by **March 10, 2023.** If this fee is not paid you will not be eligible for quota for 2023/2024.
- **TOBACCO CONTROL FOR MINORS**
 - a) Chief and Council is conscious of provider compliance to eliminate the ability of children and youth younger than nineteen to purchase tobacco products in community retail operations.
 - b) Retailers shall sell tobacco in accordance to federal guidelines regarding "the sale of tobacco to minors".



AAMJIWNAANG FIRST NATION CHIPPEWAS OF SARNIA

EMPLOYMENT OPPORTUNITY

Position Title: Team Cleaner

Location: Sarnia, ON

Duration: Casual On Call, 4:00 p.m. – 12:00 a.m.

Posting Closes/Deadline: Open

Position Summary:

To maintain and ensure a high standard of cleanliness for Aamjiwnaang First Nation in all public and staff areas in our buildings as part of a team. Team Cleaners will clean the following buildings, Seniors Building, Annex, Resource Centre, Public Works, Fieldhouse, Administration (Band Office), Education Centre/Portable, Social Services Building and the Health Centre.

Responsibilities:

Within Aamjiwnaang we have Team Cleaning specialists that are independently deployed in a systematic method and perform assigned cleaning tasks in designated areas based on allotted time. By focusing primarily on one type of work, each Team Cleaning member becomes more skilled, more effective at the job, and more knowledgeable about proper safety procedures for that job. Each specialist role involves specific tools and tasks, as well as performance standards.

There are four distinct positions within our Team Cleaning (all of Team Cleaners will be trained on each specialized area):

Light-duty Specialist

- empties the trash and recycling bins
- dusts and disinfects all horizontal surfaces
- cleans telephones
- spot cleans horizontal and vertical surfaces as needed
- picks up paper clips, paper and pencils from floor
- spot-cleans door glass
- positions trash in a strategic location for the Utility Specialist to pick up and take to the dumpster

Vacuum Specialist

- vacuums all areas
- checks to see the trash was emptied
- removes crumbs, ashes or other spills on furniture
- repositions all furniture correctly
- turns out lights upon completion of the room and secure area as required

Restroom Specialist

- empties the garbage
- cleans/disinfects and sanitizes fixtures and mirrors
- Spot-cleans and disinfects partitions and doors
- Refills toilet tissue and refills all other dispensers
- Sweeps and mops tile floors
- Checks all fixtures and makes a note of any damage or burned-out light bulbs to the Team Leader

Utility Specialist

- hauls the trash out of the building that has been accumulated by the other specialists
- cleans the brass, blinds and carpet where needed
- mopping of floors
- does any damp or wet mopping
- handles light maintenance and other specialty services

Other:

- Other duties as assigned

Knowledge, Skills and Abilities:

- Knowledge of the Workplace Hazardous Materials Information System
- Ability to read and understand labels and instructions, particularly on the use and application of cleaning chemicals and products (Material Safety Data Sheets)
- Ability to work cohesively, efficiently and effectively in a team environment, with consideration, respect, honesty integrity and accountability
- Ability to respond appropriately in a team environment and show sensitivity and initiative, by encouraging and supporting other team members
- Good verbal communication and public relation skills
- Good organizational skills
- Ability to work unsupervised
- Good time management skills and working to deadlines
- Proficient in the ability to operate cleaning equipment
- Ability to work flexible working hours and or public holidays

Requirements:

- High School Diploma or equivalent required
- Criminal Check (no older than 12 months)
- Extensive experience in all aspects of general cleaning, including window treatments
- Strong experience in the use of floor polishing and other cleaning equipment
- Current G Class Driver's License and reliable transportation
- Training in the awareness of cleaning products, their use and ability to use

Application Process:

If you are interested in this opportunity, kindly forward your resume and cover letter via mail or email or fax or in person to (for a copy of the complete job description please email request):

Aamjiwnaang First Nation
978 Tashmoo Avenue
Sarnia, ON
N7T 7H5

Attention: Ashley Fisher
Human Resources Officer

Or

humanresources@aamjiwnaang.ca

Or



519-336-0382 fax

For more information, check us out online at www.aamjiwnaang.ca

AAMJIWNAANG


EDUCATION DEPARTMENT

Statistics on Elementary Absenteeism


WHAT IS CHRONIC ABSENCE?

Ontario elementary schools have 194 days of school per year. Students who miss 19 days of school or more (10%) are considered chronically absent.




CHRONIC ABSENCE AND HIGH SCHOOL DROPOUT RATES

A recent study found that students who missed an average of two days per month in elementary school stood a 60% chance of dropping out in grade nine.




QUICK FACTS

According to Charity Intelligence, if a student misses 2 days of school each month from grade 1 through grade 9, by grade 10 that student will have missed an entire year of school.




School attendance is critical to student's academic success, but more importantly, research shows that low performance at school generally leads to a more difficult life with less access to good jobs.




AAMJIWNAANG ELEMENTARY

For the 2021/2022 school year chronic absence among Aamjiwnaang public elementary students was reduced from 27% in semester 1 to 10% in semester 2!





EQAO

When absenteeism is correlated to student achievement, there is a direct relationship to achievement on the EQAO assessment for students in grades three and six.



KINDERGARTEN

Research indicates that absenteeism in kindergarten is associated with negative grade one outcomes, such as: greater absenteeism in the future, and lower student achievement in math, reading, and general knowledge.



Aamjiwnaang First Nation Chippewas of Sarnia

EMPLOYMENT OPPORTUNITY

Position Title: Band Manager

Location: Sarnia, ON

Duration: Permanent

Posting Closes/Deadline: March 2nd, 2023

Tentative Interview Date(s): March 8th & 9th, 2023

Scope of the Position

Reporting to Chief and Council, the Aamjiwnaang Band Manager will oversee all operations of the Band. The Aamjiwnaang Band Manager will ensure that all operations are conducted in a respectful and responsible way, ensuring that all decisions and actions meet the relevant legislation, policies and procedures. He/she is responsible for all financial transactions, programs and services created and implemented by Band Council, and all staff.

The Aamjiwnaang Band Manager is responsible for managing all Band operations and services including but not limited to; Administration, Finance, Public Works, Community Services, Social Services, Education, Housing, Lands Management, Environment and Health Services. He/she also acts as liaison between other government agencies and departments, private industry business and any other individuals, groups or agencies operating in the community. The Aamjiwnaang Band Manager must ensure that anyone conducting business or programs in the community is responsible to the Band, any and all legislation, policies and procedures, and Band and community members.

The Aamjiwnaang Band Manager must provide records and documents to the relevant governments and agencies, when requested. He/she must also ensure that all business and operations are conducted in a responsible, confidential and ethical way.

Purpose of the Position

Aamjiwnaang Band Manager is responsible for the management, administration and delivery of all Band programs and services in order to ensure that the needs of Band Members are met in a reasonable, effective and efficient manner.

Responsibilities

1. Manage all operations for Aamjiwnaang

- Ensure that all Band operations are conducted within relevant legislation policies and procedure
- Coordinate development and implementation of policies, procedures and programs
- Supervise equipment and facility use and maintenance
- Ensure filing and record keeping systems are established and maintained

2. Manage financial operations

- Be familiar with all budget and funding requirements
- Be familiar with all government financial legislation, policies and procedures
- Coordinate the preparation of the budget

- Must be knowledgeable with generally accepted accounting procedures
- Ensure monthly financial statements and reports are completed
- Review all monthly financial statements
- Establish and ensure internal financial controls

3. Manage and supervise Band Staff

- Recruit and hire staff
- Ensure proper staff evaluations are conducted in a timely manner
- Monitor training and development of Band staff
- Initiate corrective action when necessary

4. Manage the delivery of Band programs and services

- Develop proposals for program funding
- Ensure program funds are expended appropriately
- Establish and maintain program policies, procedures and standards
- Evaluate the effectiveness of program and program delivery

5. Coordinate community development activities

- Be familiar with the community development plan
- Assist in coordination and implementation of the community development plan
- Evaluate the community assessment as required
- Research potential funding, programs and projects as required

6. Provide Band Council support and administration

- Coordinate Band elections
- Coordinate operations in the Band Office
- Attend all Band Council meetings and other meetings as directed by Chief and Council
- Prepare the agenda, information and resources for Band Meetings and Band Council Members
- Maintain and circulate minutes of Band Council Meetings
- Act as a liaison between Band Council and Band Members
- Ensure that all Band Council business is conducted with relevant legislation, policies and procedures
- Facilitate the exchange of information between Band Council and Band Members
- Convey Council decisions to the public
- Work with Council to develop a strategic plan.

7. Other duties as assigned.

Minimum Requirements

- Post-secondary Education in Business/Finance or related discipline
- Minimum of 5 years working with/for a First Nation community
- Minimum of 5 years experience with staff supervision
- Exceptional technical ability using Microsoft Office (Word, Excel, PowerPoint) and internet research
- Excellent interpersonal, communication (written and verbal), customer service, organizational, analytical, problem solving and research skills, ethics and cultural awareness
- Experience using a Human Resources Information System (HRIS) (ADP) is an asset
- Valid Class "G" driver's license and reliable vehicle to use between office locations
- Will be subject to a Criminal Reference Check

Knowledge, Skills, and Abilities

Knowledge

The Incumbent must have proficient knowledge in the following areas:

- Financial management and generally accepted accounting principles
- Budgeting
- Human resources management
- Program evaluation
- An understanding of relevant legislation, policies and procedures including the Indian Act
- An understanding of the culture and political environment
- An understanding of the roles and responsibilities of Boards

Skills and Abilities

The incumbent must demonstrate the following areas:

- Team leadership and management skills
- Financial management skills
- Supervisory and human resource management skills
- Contract management skills
- Strategic planning skills
- Analytical planning skills
- Decision making skills
- Negotiation skills
- Effective verbal and listening communication skills
- Computer skills including the ability to operate spreadsheet and word processing programs at a highly efficient level
- Effective written communication skills including the ability to prepare reports, policies and motions
- Effective public relations and public speaking skills
- Research and program development skills
- Stress management skills
- Time management skills

Personal Attributes

The incumbent must maintain strict confidentiality in performing the duties of the Aamjiwnaang Band Manager and must also demonstrate the following personal attributes.

- Demonstrate a dedication to the position and the community
- Demonstrate sound work ethics
- Maintain standards of conduct
- Be respectful
- Possess cultural awareness and sensitivity
- Be consistent and fair
- Be flexible

Other Considerations

In accordance with Section 16 Special Programs of the Canadian Human Rights Act, preference will be given to Aamjiwnaang Band Members with relevant education/experience (R.S.C 1985, c. H-6, s16 (1-3)).

Application Process

If you are interested in this opportunity, kindly forward your resume and cover letter via mail, email, or fax to:

Aamjiwnaang First Nation
978 Tashmoo Avenue
Sarnia, ON
N7T 7H5
Attention: Ashley Fisher, Human Resources Officer
Or
humanresource@aamjiwnaang.ca
Or
519-336-0382 fax

For more information, check us out online at www.aamjiwnaang.ca



**SOUTHWEST
APPRENTICESHIP
NETWORK**
EST. 2021

Nominate an
Employer Today for
an Excellence in
Apprenticeship
award!

Help us recognize an employer who excels in
apprenticeship training!

Find the guidelines and nomination form at:
<https://www.surveymonkey.com/r/886SV5H>



AAMJIWNAANG FIRST NATION CHIPPEWAS OF SARNIA

EMPLOYMENT OPPORTUNITY

Position Title: Personal Support Worker's (PSW)

Location: Sarnia, ON

Duration: Casual on Call

Posting Closes/Deadline: Open

Position Summary:

To deliver homecare to the Aamjiwnaang First Nation community members. Homecare services include: Respite care, housekeeping services, meal preparation, personal care, assistance with routine activities of daily living, simple non-nursing bedside care, and childcare for children whose regular care taker is absent or recovering as a result of illness or accident. Reports to and works under the direction of the Home and Community Care Program Manager

Responsibilities:

- Experience and knowledge in meeting the needs of clients and /or families.
- Following the care plan, observing and reporting any substantial findings and/or changes in the client's behavior to the appropriate member of the healthcare team.
- Working under the supervision of a Registered Healthcare Professional such as a Registered Nurse (RN) or a Registered Practical Nurse (RPN).
- Performing delegated tasks (only if they are trained to perform the delegated task).
- Assisting with ambulation, positioning and transferring using mechanical lifts.
- Assisting or providing total personal care such as toileting, bathing and perineal care.
- Assisting with eating, dressing and grooming.
- Documentation of Activities of Daily Living (ADL's) and other findings.
- Reporting behavioral and clinical changes to a Registered Nurse, Registered Practical Nurse, Resource Nurse or Manager.
- Self-actualization by helping client reach maximum potential.
- Sensitive to the well-being of children, families, and those who are elderly, handicapped, disabled, ill or convalescent.
- Ability to teach basic homemaking skills through instruction and demonstration.
- Ability to use their homemaking skills in a simple, practical manner.
- Ability to maintain therapeutic relationships.
- Overall competency in working under pressure.
- Experience in providing general care and support.
- Knowledge of home care services.
- Proficient in written and oral communication.

Knowledge, Skills and Abilities:

- Ability to work independently and as part of a team
- Ability to work with diverse and high-risk populations
- Strong interpersonal skills
- Ability to follow oral and written directions well
- Ability to adapt to changing needs of clients

Requirements:

- Personal Support Worker (PSW) Certification from a recognized educational institution
- Grade 12 or equivalent
- Police record check (CPIC) current, within 2 years
- Immunizations current
- CPR and First Aid certificate
- WHMIS training
- Safe Food Handler's certificate
- Gentle Persuasive Approach certificate
- High level of appreciation and sensitivity to Indigenous issues, beliefs, and values
- Must have reliable transportation
- Available to work flexible hours, including evenings and weekends

Other Considerations:

Preference may be given to Indigenous candidates with relevant on reserve employment and / or those with knowledge and understanding of Aamjiwnaang and history and community.

Application Process:

If you are interested in this opportunity, kindly forward your resume and cover letter via mail or email or fax or in person to:

Aamjiwnaang First Nation
978 Tashmoo Avenue
Sarnia, ON
N7T 7H5
Attention: Ashley Fisher, Human Resources Officer
Or
humanresource@aamjiwnaang.ca
Or
519-336-0382 fax

For more information, check us out online at www.aamjiwnaang.ca

WE ARE LOOKING FOR PEOPLE WHO IDENTIFY AS:

Indigenous
Black
Racialized
2SLGBTQ+
Bilingual-French Speaking
To join our team.

JOB POSTING: CHILD PROTECTION WORKER

FULL TIME PERMANENT

February 17, 2023

Opportunity Details

All candidates must be fully vaccinated against COVID-19

At the Sarnia-Lambton Children's Aid Society, we recognize that:

- There is an over representation of Indigenous, Black and 2SLGBTQ+ families in the child welfare system
- Systemic racism and colonization have shaped how we provide service and have harmed and continue to harm those we serve
- Children, youth and families should have the right to receive service in the language they understand best
- We need to change the way our system works with children, families and communities
- To change how we work, we need to change who we are and how we make decisions

This is where you come in.

If you are ...

- Committed to standing up for people's rights, being anti-racist, being anti-transphobic, and celebrating all the different parts that make someone who they are;
- Prepared to advocate boldly for the changes that are needed in the child welfare system; and
- Willing to actively participate in change ... **then we invite you to come join us.**

To learn more about this opportunity, please contact us at:

Human Resources

Sarnia-Lambton Children's Aid Society
161 Kendall Street, Point Edward, Ontario N7V 4G6
humanresources@slcas.on.ca

CLOSING DATE:

Monday, March. 13, 2023

All candidates must be fully vaccinated against COVID-19

We welcome applications from racialized groups, First Nation Inuit or Métis persons, persons with disabilities, persons of any sexual orientation, and persons of any gender identity or gender expression. Accommodations are available for applicants with disabilities throughout the recruitment process in accordance with the Ontario Human Rights Code.



OPPORTUNITY DETAILS

CHILD PROTECTION WORKER

There are positions available in:

- **Indigenous Services**
- **Ongoing Protection**
- **Intake Protection**

Duties would include:

- **Indigenous Service:** to provide culturally responsive prevention and protection services, including investigation/assessment and ongoing protection services to Indigenous children and families; to consult with the First Nation, Inuit or Métis community in the provision of service to the family.
- **Intake and Ongoing:** to provide investigation/assessment and ongoing child protection services to children and families as per Ministry regulations and agency policies/standards.

Qualifications Considered:

- *Authorized Child Protection Worker* would be considered an asset;
- Indigenous Studies Degree, BSW, or BA with direct child welfare experience. Consideration will be given to other educational backgrounds such as a College Diploma in Social Services or Child & Youth Work.
- Bilingual- French Speaking would be considered an asset;
- Ability to identify your own privilege and biases and how they impact your daily work - particularly racism; anti-Black racism; anti-Indigenous racism; hetero sexism, transgender inequity and classism.
- Indigenous persons with lived experience within these communities. Persons with experience working with Indigenous communities is required for Indigenous services.
- Knowledge of Indigenous history, people, cultures and communities and a demonstrated ability to engage with the communities;
- Preference will be given to persons with extensive experience working with other cultural and/or 2SLGBTQ+ communities, and/or possess lived experience within these communities.

BINGO

Seniors of Aamjiwnaang Meat Bingo

**Will be held at the
Maawn Doosh Gumig Community and
Youth Centre**

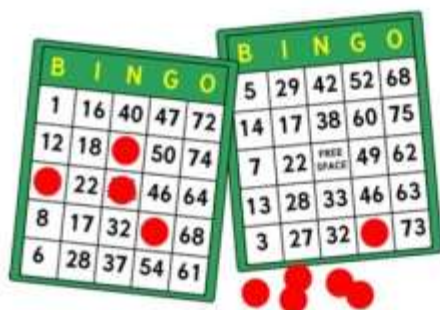
On

March 1st, 2023 at 6:00 pm

Kitchen opens at 5pm

Everyone welcome to play

Ages 10+ with adult supervision





Aamjiwnaang Children & Youth Services and Dago
Maajiigoog Binoojiinyag are pleased to present our:



2023 Virtual Conference

CREATING SYSTEMS THAT SUPPORT INDIGENOUS CHILDREN & YOUTH

Children and youth are the future agents of change. As service providers, it is our job to support the dignity and well-being of Indigenous children and youth, their families and communities. Join us as we explore how we can improve services to meet the needs of Indigenous children and youth, as well as foster the achievement of their full potential.

MARCH 1ST | 1-3:30 PM:

Decolonizing Trauma Work

TINA ARMSTRONG

MARCH 8TH | 1-3:30 PM:

Supporting Indigenous Children
and Families impacted by Prenatal
Opioid Exposure

DR. SERENE KERPAN &
DR. JENNIFER WALKER

MARCH 22ND | 1-3:30 PM:

Creating Safer Spaces for
2SLGBTQAI+ folx, Their Families
and Allies

CRYSTAL FACH (GIIZHIK)

MARCH 29TH | 1-3:30 PM:

Promoting the Wellbeing of
Indigenous Children and Youth
through Healthy Relationships

DR. CLAIR CROOKS

REGISTRATION IS NOW OPEN!

Email rsimon@aamjiwnaang.ca to get
the link to register!

Please Note:

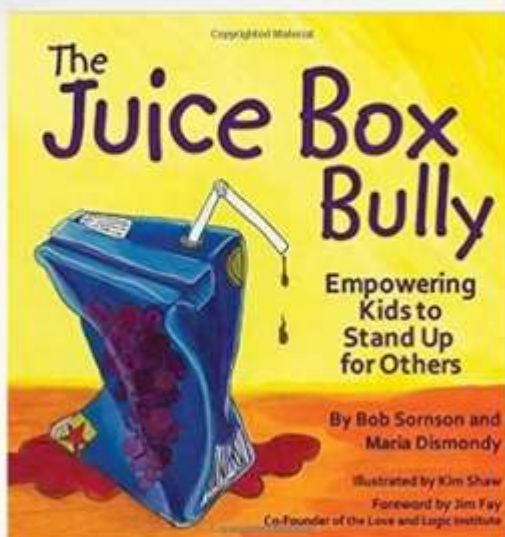
You will be required to register for each day you would like to attend!

FIRST 100 PARTICIPANTS REGISTERED WILL RECEIVE
AN ECO FRIENDLY SWAG BAG!



SPREADING KINDNESS

Book in a Bag



1st - 3rd Grade Reading Level



1st - 3rd Grade Reading Level

Pick up date: Monday February
27, 2023

From: 8:30am - 4:30pm

At: The Aamjiwnaang Health
Centre

(Delivery available for those who
can't come during that time).

LIMITED QUANTITIES AVAILABLE
FIRST COME FIRST SERVE.

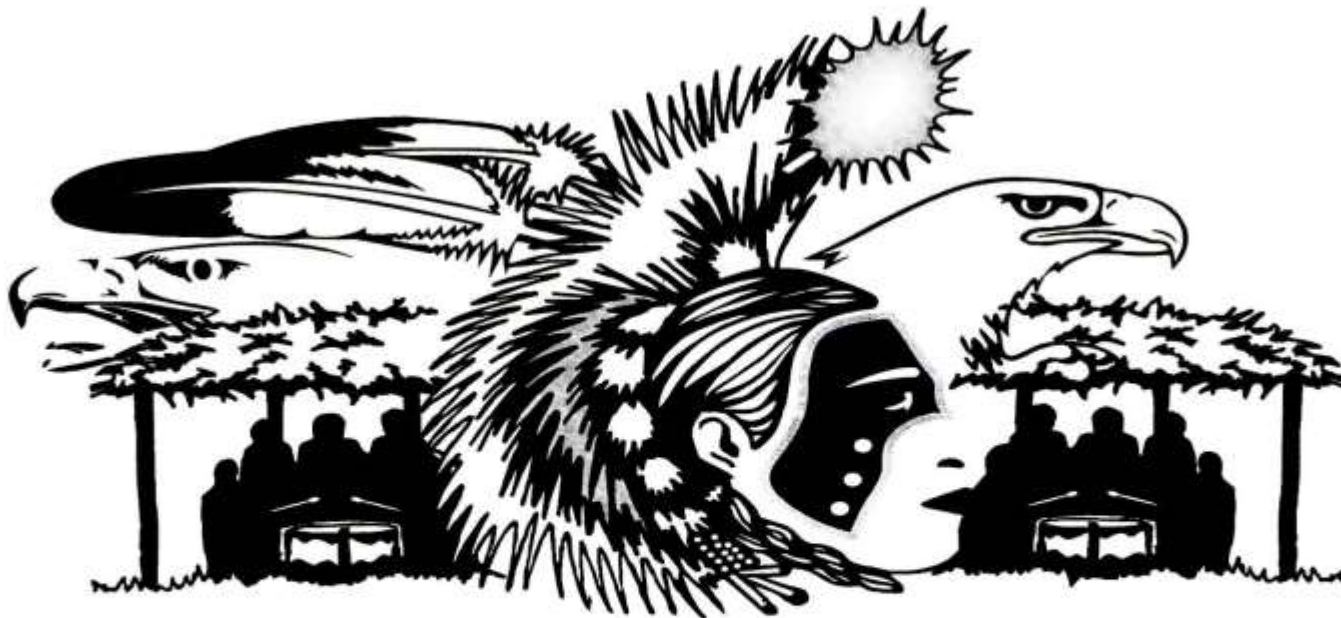
EACH BAG INCLUDES:

1 book and 4 activities:

- Kindness Catcher
- Positivity Bingo
- Chit Chat Cards
- Kindness Craft

OPEN TO ALL AGES.

For any questions please email: apettit@aamjiwnaang.ca



The 2023 Pow Wow Committee is seeking quotes for beaded crowns.

BEADED CROWN TENDER

- 1) Jr. Aamjiwnaang Princess
- 2) Sr. Aamjiwnaang Princess
- 3) Aamjiwnaang Ambassador

Must have:

- 1) Aamjiwnaang logo
- 2) Ojibwe floral design

Tender must include:

- 1) Drawing of design and colors.
- 2) Type of closing on back of crown (elastic, lacing).
- 3) Size.
- 4) Start/finish date.
- 5) References or photos of previous beaded crowns.
- 6) Name, Phone number, Address, Email & preferred method of contact.

Crowns are required to be finished by June 1, 2023, and submitted to the pow wow coordinator.

DEADLINE TO SUBMIT QUOTE: MARCH 17, 2023, BY 4:00PM TO:

Tracy Williams
978 Tashmoo Ave.
Sarnia, Ontario N7T 7H5 or by email to
twilliams@aamjiwnaang.ca





The 2023 Pow Wow Committee is seeking quotes for sashes.

SASH TENDER

- 1) Jr. Aamjiwnaang Princess
- 2) Sr. Aamjiwnaang Princess
- 3) Aamjiwnaang Ambassador
- 4) Aamjiwnaang Brave

Must have:

- 1) Aamjiwnaang logo
- 2) Ojibwe floral design
- 3) Wording (60th Aamjiwnaang Pow Wow)
- 4) Year (2023 - 2024)
- 5) Fringe

Tender must include:

- 1) Drawing of design and colors.
- 2) Cost/Materials being used.
- 3) Start/finish date.
- 4) Length and width of sash.
- 5) Name, Phone number, Address, Email & preferred method of contact.

Sashes are required to be finished by June 1, 2023, and submitted to the pow wow coordinator.

DEADLINE TO SUBMIT QUOTE: MARCH 17, 2023, BY 4:00PM TO:

Tracy Williams
978 Tashmoo Ave.
Sarnia, Ontario N7T 7H5 or by email to
twilliams@aamjiwnaang.ca





**AAMJIWNAANG HEALTH CENTRE &
WEST LAMBTON HEALTH CENTRE**

BALANCE MINI- FAIR

- Come test your balance and learn some new tips & tricks with the Occupational Therapists, Kinesiologist & exercise specialist! (West Lambton Health Centre)
- Get information on local programs and services to help you stay upright this winter!

**Tuesday, Feb. 28,
2023**

12 pm – 4 pm

**Seniors Lounge –
Community
Centre**

DOOR PRIZES!

Refreshments!

**DROP IN – NO
SIGN UP
REQUIRED.**

**For further info.,
contact Natalie at
(519) 332-6770,
ext. 326.**



AAMJIWNAANG HEALTH CENTRE & WEST
LAMBTON HEALTH CENTRE

*Heart Health
Lunch & Learn –
'Heart Health' month*

Wed. Mar. 1, 2023,
12 PM TIL 1:30 PM

- Come and enjoy lunch and a talk about Heart Health related topics.
- Call Natalie at (519) 332-6770, ext. 326 to sign up. Limited seating.



LUNCH WILL
BE SERVED

DOOR
PRIZES

BP CHECKS

HEART
HEALTHY
RECIPE
HANDOUTS

SAVE THE DATE **CELEBRATING** **30 YEARS OF** **INDIGENOUS EDUCATION** **AT** **LAMBTON COLLEGE**

March 2, 2023 11:00am-1:00pm
Lambton College Gymnasium
& Indigenous Student Centre C1-130



**The Indigenous Student Centre is hosting a
celebratory event for their 30th Anniversary!**

**Guest Speakers, Indigenous Student Centre Archive Exhibit,
Free lunch provided and more!**

RSVP: Holly.Altiman@lambtoncollege.ca or 519-479-2383

**AAMJIWNAANG JIBWAABIIGAMOWAG YOUNG PEOPLES COUNCIL &
AAMJIWNAANG HEALTH CENTRE PRESENTS:**

Honoring New Life - Spring Round Dance

March 31st, 2023

Feast 5pm

Singing to follow

Midnight Snack 10pm

**Maawn Doosh Gumig Community and Youth Centre
1972 Virgil Avenue, Sarnia, ON
N7T 8E5**

**Emcee: Biindigegizhig Deleary
Stickman: Matthew Isaac**

INVITED SINGERS:

**William Sticks Cottrelle
Nolan Smoke
Kyle Big Canoe
Lorne Pawls
Hunter Shipman
Sheldon Primeaux
Caden Pego**

All singers welcome and will be recognized

CONTESTS:

Best dressed:

1st-\$100.00

2nd-\$75.00

3rd-\$50.00

Hand Drum contest:

\$300, winner takes all

NON-INVITED SINGERS ONLY

SPECIALS:

Spot Dances

Youth Side Step

Adult Side Step

Potato Dance

Children's Dance

Two-Step

All children must be accompanied by an adult | Substance free event

Contact:

Patrick Nahmabin, Community Information Officer | Phone: (519)-336-8410 | Email: youthcouncil@aamjiwnaang.ca

The Bonfire

With Dr. Elio lafrate

March 9th

Aamjiwnaang Health Centre



In this exciting 2 hour educational workshop you will hear about the the brutal facts of the current health crisis our world is enduring. It focuses on the current evidence that chronic diseases are directly related to bad habits and lifestyle choices. We focus mostly on stress, physical inactivity and inappropriate diet consumption.

This program focuses on 3 sections to help people make healthier lifestyle choices. We correlate the key lifestyle theme with an element required to get a gear campfire burning brightly.

A Fire Requires:

1. Fuel - How to Eat
2. Air - How to Move
3. Spark - How you Think

To sign up please contact Roberta at 332-6770 Ext. 313

PERSONAL FINANCE Workshop

With Samantha Doxtator

Budgeting

*Valuable
info*

Saving

**Tuesday, March 28th
10AM-3PM**

+DEALING WITH DEPT +BUDGETING

+USING CREDIT WISELY +INCREASING INCOME

MAAWN DOOSH GUMIG

**To sign up please call Roberta @
332-6770 ext.313**

Volunteer Tax Clinics



Need help with your Income Tax return?

If your income is modest and your tax situation is simple, volunteers from our Community Volunteer Income Tax Program can help you free of charge!

Wednesday March 22 from 9:30am - 3:30pm

**Maawn Doosh Gumig Community Centre
1972 Virgil Ave.
Aamjiwnaang FN**

**To book an appointment please contact Winterson at
519-491-2160**



This service is provided by The Inn of the Good Shepherd



Go to canada.ca/taxes-help or call 1-800-959-8281
for more information.



Canada Revenue
Agency

Agence du revenu
du Canada



United Way
Sarnia-Lambton





***New**

Program Hours

DO YOU NEED HELP WITH
ENGLISH, MATH OR COMPUTER SKILLS?

DO YOU WANT TO WORK ON YOUR
JOB READINESS SKILLS?

*Come see us at the
Adult Learning Program!*

Classroom Hours with Teacher Available:

Monday	9:30am - 2:00pm
Tuesday	9:30am - 2:00pm
Wednesday	9:30am - 2:00pm
Thursday	9:30am - 2:00pm

Effective: Wednesday February 22, 2023

Call us: 519-336-8410 ext. 285

Email us: lbs@aamjiwnaang.ca

We are open
Monday to Friday 8:30am - 4:30pm
Resource Centre 978 Tashmoo Avenue, Sarnia

Hosted by: Indigenous Student Council & Indigenous Student Centre

POW WOW

@ Lambton College



Thursday, April 6, 2023

11am to 3pm

Athletics & Fitness Centre

FREE ADMISSION

Head Female Dancer: Marie Cameron

Head Male Dancer: Talon White-Eye

Head Drum: Black River

Emcee: Danny Deleary

Arena Director: Ernest Walker

- Drums must register to attend
- First 50 dancers registered will receive honorarium
- Schools must register
- Feast to follow pow wow

SPECIAL: HAND DRUM CONTEST

1ST = \$300, 2ND = \$200, 3RD = \$100

Doors Open – 10:00 am

Grand Entry – 11:00 am

EVERYONE WELCOME



INFORMATION / REGISTRATION

Holly Altman:

519-479-2383 | holly.altman@lambtoncollege.ca

Vendors - Food Booth - Participation Prizes - Information Booths



Mental Health
Commission
of Canada

Commission de
la santé mentale
du Canada

Mental Health
First Aid Canada



AAMJIWNAANG

Mental Health First Aid

MHFA is the help provided to a person developing a mental health problem, experiencing a mental health crisis, or a worsening of their mental health.

Topics to be covered:

Mental Health and Stigma, Substance-related disorders

Mood-related disorders, Anxiety and trauma-related disorders

Psychotic disorders

Please call or email to register:

519-332-6770 ext. 317 or tgeorge@aamjiwnaang.ca

MARCH 20—21, 2023

830am—430pm

MAAWN DOOSH GUMIG

Snacks and a light lunch will be provided



AAMJIWNAANG HEALTH CENTRE

REFLEXOLOGY

(WITH DAKOTA IRELAND, ONEIDA)

- Reflexology is the application of pressure to areas on the feet (or the hands). Reflexology is generally relaxing and may help alleviate stress.
- The theory behind reflexology is that areas of the foot correspond to organs and systems of the body. Pressure applied to the foot is believed to bring relaxation and healing to the corresponding area of the body.



**Reflexology with
Dakota Ireland,
Oneida**

**Tuesday, March 7,
2023**

**1 hour appointments
are available starting
from 10 am to 3 pm.**

**Open to
Aamjiwnaang
community members
18+.**

**Call the Health
Centre at (519) 332-
6770 to book an
appointment.**

***Appointments are
limited to one every
other month.***

Senior Coffee Time DROP-In



Senior Coffee Time will be
March 7, 21, 2023
Seniors Complex from 1 to 3pm

May your troubles be less
and your blessings be more
And nothing but happiness
come through your door



GAME NIGHT UPDATE

Game Night will be
March 28, 2023
Which it is also
POTLUCK NIGHT
from 5 to 8pm

Located at Senior's Building

Senior Updates

Congregate Dining there will be NO CONGREGATE DINING
On March 1st, and March 15th, 2023

Massages with Joanne Cheechoo (Dixon) can be booked with Becky
March 2023 Bookings - are available

This is for SENIORS ONLY

Becky will be off on Holidays March 13 to 17, 2023



AAMJIWNAANG HEALTH CENTRE & WEST LAMBTON HEALTH CENTRE

MEN`S COOKING CLASS



Tuesday, March 21, 2023

Noon – Health Centre

**Come on out and try delicious recipes while learning
about ways to improve your health.**

Call Natalie at (519) 332-6770, ext. 326 to sign up.

Rides provided if needed.





WOMEN'S MONTHLY COOKING CLASS

Aamjiwnaang Health Centre

TUESDAY, MAR. 14, 2023 | 12:00 PM
HEALTH CENTRE

COME OUT AND TRY DELICIOUS RECIPES WHILE LEARNING ABOUT WAYS TO IMPROVE YOUR HEALTH!

CALL (519) 332-6770, EXT. 308 TO SIGN UP.





Monday, March 13th

MAAWN DOOSH GUMIG | 9AM-3PM

SPACE IS LIMITED!

To sign up please call Roberta at 332-6770 ext.313.
If necessary a live draw will take place March 6th.

ATTENTION AAMJIWNAANG YOUTH

- FIRST AID/CPR – February 25-26, 2023
- WHMIS – April 28, 2023
- SAFE FOOD HANDLING – June 9, 2023
- WORKER HEALTH & SAFETY – April 28, 2023
- LEADERSHIP TRAINING
- BUDGETING
- CUSTOMER SERVICE – February 3, 2023
- RESUME BUILDING
- INTERVIEW SKILLS

For the Summer Student Program 2023 all Aamjiwnaang Youth/Students wanting to participant will require the above training courses to apply for the Aamjiwnaang Summer Employment Program. I will be offering each Program twice to accommodate all youth wishing to take the training programs.

All training programs offered will be open to all Aamjiwnaang Band members that are interested.

Lunch and light snacks will be served at each training course.

Please contact: **Melissa Medeiros – Employment & Training**

mmedeiros@aamjiwnaang.ca

519-336-8410 Ext. 249

An Employment & Training application must be filled out prior to training start date.



Beginners Kickboxing Class

Kickboxing classes will be offered starting

Thursday, January 26, 2023 at the Community Centre

First Session

Youth ages 10 -17

6:00 – 6:45 pm

Second Session

Adults 18+

7:00 – 7:45pm

If you have any questions, contact Melissa Medeiros
at 519-336-8410 or mmedeiros@aamjiwnaang.ca

QUILT RAFFLE

St. Joseph's
Hospice
Sarnia Lambton

TICKETS: \$5 EACH

Tickets can be purchased at both
St. Joseph's Hospice Residence
(140 Water St. - at anytime)
& St. Joseph's Hospice Resource Centre
(475 Christina St. N. - from Monday to Friday,
8:30 a.m. to 4:30 p.m.)

DRAW DATE: MAY 12, 2023

LICENSE #M851923



Quilt donated by Jack Smith & Carol Cote



- YOUR MENTAL HEALTH MATTERS -

WEEKLY BEGINNING
WEDNESDAY'S **11TH JAN**

NEED
TO
TALK?

Grief & Trauma COUNSELLING

With Pam Plain MSW

Aanli, Boozhoo

Waabshki Giiizhik Nagek Kew ndigo Migizi ndoodem, Aamjiwnaang dbendaagwas.

Greetings, my name is Pam Plain, my roots are in Aamjiwnaang First Nation and reside in London, ON

Pam is a registered social worker who has been working in the field in multiple capacities, including healing & wellness with a cultural foundation to her field of practice since 2009. Pam is considered a natural helper & uses her spiritual intuition and ways of knowing to assist her clients on their healing path, utilizing many cultural practices and traditional medicines embedded throughout her work. She is very knowledgeable with western counselling theories and intermixes cultural practices with a two-eyed seeing approach to her work. Pam works with children, youth, and adults (ages 10 & up)

AAMJIWNAANG HEALTH CENTRE
1300 Tashmoo Ave., Sarnia ON

To schedule an appointment please call the Health Centre reception @ 332-6770.

Website: www.Aamjiwnaang.ca

Your Mental Health Matters



AAMJIWNAANG

MEMORY BOOKS

A scrapbook to hold the memories of a loved one who has died.

Pictures, writings, drawings, keepsakes, etc. compiled in a scrapbook to celebrate and honour the life of the one you lost. Timing of your loss is not a qualifier to participate in this group. Loved ones who recently began their Spirit Journey or those who have been gone for some time. This will be a safe place to mourn and celebrate your loved one with others who are grieving as well.

HEALTH CENTRE

February 6—March 27, 2023

1pm—3pm

This group is open to adults.

Light snacks will be provided.

Please call or email Tracey to register. 519-332-6770 ext. 317

tgeorge@aamjiwnaang.ca

Miigwech

Photo Credit: Matthew Goulais

UPCOMING MEN'S WELLNESS

with Alphonse Aquash

**FEB
2**

DINNER, CRAFTS & CONVERSATION
4-7PM

**FEB
16**

DINNER, CRAFTS & CONVERSATION
4-7PM

**MAR
2**

DINNER, CRAFTS & CONVERSATION
4-7PM

**MAR
16**

DINNER, CRAFTS & CONVERSATION
4-7PM

**MAR
30**

DINNER, CRAFTS & CONVERSATION
4-7

Transportation available please call Amy at 519.384.1955
Aamjiwnaang Health Centre

Aamjiwnaang Children/Youth Services Presents:



Land Based Youth Exchange

Ages: 12 - 18 years

SATURDAY, FEBRUARY 25, 2023

Walpole Island ice fishing

Arrive to Community Centre @ 8:45am

Bus is leaving promptly at 9am returning at 3pm

FRIDAY, MARCH 17, 2023

Aamjiwnaang Sugar Bush

Fish Fry in the bush

Tapping maple trees

Space is limited, registration is required

To register or ask questions:
please contact Rachael Simon
rsimon@aamjiwnaang.ca
519-918-1204

Please join us

Recovery Group

EVERY Tuesday from 5PM - 7PM



Aamjiwnaang Health Centre


1300 Tashmoo Ave

For more information please contact
Kayla/Michelle/Alphonse/Amy at
519.332.6770




AAMJIWNAANG HEALTH CENTRE

CHAIR YOGA
(Adults 18+)
WITH LISA ARNOLD



Starts on Thursday, January 12 – 1 pm (for 45 min.)
Senior's Lounge – Community Centre

Contact Natalie, Health Promotion Worker, at (519) 332-6770, ext. 326 for further info.



AAMJIWNAANG HEALTH CENTRE

KETTLE BELL & CARDIO CLASS (with Diane Tuckey)



RING IN 2023 WITH A HEALTHIER & FIT 'NEW YOU'! YOUR BODY WILL THANK YOU FOR IT!

CLASS WILL RESUME ON WEDNESDAY, JAN. 11, 2023 – 6 PM IN THE GYM.

BRING MAT IF YOU HAVE ONE AND A BOTTLE OF WATER.




BOOST YOUR WELLNESS (WITH DIANE TUCKEY)

EVERY TUESDAY AND THURSDAY –
10:30 am – 11:30 am

- Open to Aamjiwnaang community members 18+.
- BRING YOUR WATER BOTTLE!

BOOST YOUR WELLNESS!

TO PROMOTE WELLBEING, COME OUT TO FAMILIARIZE YOURSELF WITH THE EQUIPMENT IN THE EXERCISE ROOM AT THE COMMUNITY CENTRE. THERE IS A PERSONAL TRAINER (DIANE TUCKEY) WHO WILL BE ON SITE TO ASSIST YOU.


AAMJIWNAANG COMMUNITY CENTRE – EXERCISE ROOM



Contact Gail at the Health Centre for further information at (519) 332-6770.

AAMJIWNAANG HEALTH CENTRE

YOGA CLASS




****YOGA WILL RESUME ON TUESDAY, JAN. 10, 2023!****

Tuesdays 6 pm in the pavilion (gym if weather not good).

Bring your mat if you have one.

Come on out, give yoga a try for your mind, body & spirit!

- Namaste



AAMJIWNAANG HEALTH CENTRE/WEST LAMBTON HEALTH CENTRE

ADULT (18+) Wii Fun & Games Drop In
We are back to Monday afternoons! — 1 PM



Come out and play bowling, golf, balance exercises, skiing, yoga, soccer, so much to choose from!
Contact Natalie at (519) 332-6770, ext. 326 for further info.

Feb. 13/23 | 1 pm – 3 pm | Comm. Centre
Mar. 6/23
Mar. 20/23




AAMJIWNAANG HEALTH CENTRE &
WEST LAMBTON HEALTH CENTRE

MAKE N TAKE COOKING CLASS

- This cooking class is for Aamjiwnaang community members who would like to learn how to prepare fast, healthy new recipes.
- A cooking demo is shown by Samantha, West Lambton Health Centre which we sample, then you are given a kit to take home to prepare!

Call Natalie at (519)
332-6770, ext. 326 to
sign up before the
date.

Monday, February
27, 2023

4:30 pm – 6 pm

Health Centre

AAMJIWNAANG HEALTH CENTRE

FOOD BANK



Food Bank hours:
Tuesdays, 10 am til noon.
Thursdays, 10 am til noon.
***3 day rations based on family size.**
This is on-reserve, once a month assistance, head of household (one per household).
***Bring bags if you have them.**




AAMJIWNAANG HEALTH CENTRE/WEST LAMBTON HEALTH CENTRE



DIABETES SUPPORT GROUP

Monday, Feb. 27, 2023
10:00 am til noon at the Health Centre



*This is an open support group which is facilitated by a dietitian, diabetes educator and Health Centre staff.

Rides are available if needed. Call Natalie at (519) 332-6770, ext. 326.

Willie's Adventures

Carrie Underwood

The Denim & Rhinestones Tour



Sun • Feb 26, 2023 • 7:30 PM

Little Caesars Arena, Detroit, MI

\$180 CDN or \$150 US

Includes: Preferred Coach Bus & Ticket (Sec.224)

Bus leaves Two Waters Corunna at 3:00 pm, Food Basics

Sarnia 3:30 pm and Pt. Edward Arena 4:00 pm.

And the Tom & Jerry's Party Store at 5:15 pm.

Soft Sided coolers allowed.

Contact Willie at 519-384-1957 or willie@cogeco.ca

ST.PADDY'S IN PORT HURON



PORT HURON ST.PADDY'S PUB CRAWL

\$60 CDN - Coach Bus

Saturday, March 11th, 2023

Bus leaves Two Waters (Corunna) at 10:30 am SHARP

& Food Basics at 11:00 am SHARP and goes to the

Brass Rail and returns at 7:00 pm SHARP Contact

Willie at 519-384-1957 or willie@cogeco.ca



Boston Bruins

vs

Detroit Red Wings

@ Little Caesars Arena, Detroit

Sun. March 12th, 2023 at 1:30 PM

\$230 CDN Sec.104, Coach Bus & Ticket

Bus leaves Twin Waters, Corunna at 9:00 am Food Basics

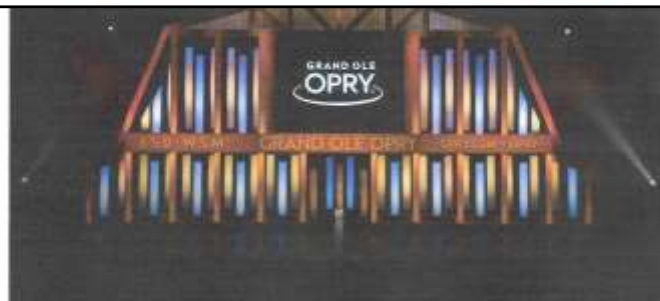
at 9:30 am SHARP & Pt. Edward Arena 9:45 am. Small Soft

Sided Coolers Allowed "NO STYROFOAM" stopping at

Tom & Jerry's Party Store. Contact Willie's Adventures at

519-384-1957 or willie@cogeco.ca

Preferred Charters at 1-810-982-7433



Nashville

March 30 - April 3/23

Included: Coach Bus, 4 Nights Accommodation at "HYATT PLACE DOWNTOWN NASHVILLE with Breakfast, 2 Queen Beds, and Sofa Bed in each Room. Ticket's to Grand Ole Opry and

before Opry \$30 Gift Card for Supper at the Aquarium Restaurant, and Dinner, Show and Dancing at Wild Horses Saloon, and Lunch

going to and from Nashville at the Golden Corral, Dayton Ohio. 4 in a room \$1065 US per Person, 3 in a Room \$1165 US per Person

and 2 in a Room \$1365 US per Person. Bus leaves Two Water

Brewing Co, Corunna at 5:00 am SHARP, Maawn Doosh Gumig at

5:30 am SHARP and Food Basics at 6:00 am SHARP. Contact

Willie at 519-384-1957 or willie@cogeco.ca

A \$100 US Deposit secures your spot.:

Non-Refundable with remainder due February 27, 2023.

TRIP TO TAMPA BAY



VS



April 11-14/23

2 to a Room \$1165 US Per Person**3 To a Room \$975 US Per Person****4 To a Room \$900 US Per Person**

INCLUDES: Flight to Tampa and Return (Southwest), 3 Nights Hotel (Embassy Suites- 2 Queen Beds and Sofa Bed with 2 Hr. Managers Party each Day and Breakfast), Ticket's to Both Games, Shuttle to and from Airport (Preferred Charters & Blu One Transit). Sting Stamkos T-Shirt. Bus leaves Bad Dog Corunna at 2:00 am, Food Basics Sarnia at 2:30 and Pt. Edward Arena at 2:45. \$100 US Non-Refundable Deposit required to secure seat ONLY 30 AVAILABLE. With remainder due Feb. 20th. Contact Willie at 519-384-1957 or willie@cogeco.ca

TORONTO BLUE JAYS

VS

DETROIT TIGERS

At Comerica Park, Detroit

Saturday July 8th @ 1:10 PM

\$140 cdn Per Person**Bleacher Seat (Sec.105)**

Includes: Coach Bus, Ticket,

Bus leaves Two Waters Corunna @ 9:30am SHARP and Food Basics, Sarnia @ 10:00am SHARP.

Ticket's Available from

Willie's Adventures at 519-384-1957 & willie@cogeco.ca

TORONTO BLUE JAYS

VS

DETROIT TIGERS

*At Comerica Park, Detroit*

Sunday, July 9th @ 1:40pm

\$ 160cdn pp**Terrace Seat (Sec.140)**

Includes: Coach Bus, Ticket, Bus leaves Two Waters, Corunna at 10:00 am SHARP, Food Basics at 10:30 am Sharp. Soft Sided Coolers allowed & stopping at Tom & Jerry's Party Store.
Contact Willie at 519-384-1957 or willie@cogeco.ca
You now pay by etransfer



BUS TRIP TO CHICAGO

August 24-27 / 23

Includes: Badder Coach Bus, 3 Nights at the Embassy Suites, State Street, Chicago - 2 Queen Beds, 2 Hour Managers Party and Breakfast each Morning - 2 Day Double Decker Bus Pass, and Boat Ride Saturday Night featuring Fireworks - 2 people in a room per person \$900, 3 people in a room per person \$750, and 4 to a room in a room per person \$625. All prices in American Funds. Bus will pick-up in Two Waters Corunna at 7:00 am Sharp and Maawn Doosh Gumig at 7:30 am Sharp and Food Basics Sarnia at 8:00 am Sharp. Contact Willie - 519-384-1957 or willie@cogeco.ca \$100 US secures your spot with balance due July 10th



St. Clair United Church
978 Tashmoo Ave.

SEE YOU IN CHURCH
THIS Sunday

Service starts | **10:30AM**

Everyone welcome!




JORDAN'S PRINCIPLE

Do you know a First Nations child aged 0-18 who has a disability or medical condition whose needs are not being met, either on or off reserve?

Jordan's Principle may provide assistance with Mental Health, Medical Equipment, Speech Therapy and so much more.

Start the process by contacting the dedicated Jordan's Principle Call Centre and Help Line:
Jordan's Principle Call Centre
English: 1-855-JP-CHILD
(1-855-572-4453)
French: 1-833-PJ-ENFAN
(1-833-753-6326)
Email: InfoPubs@aadnc-aandc-gc.ca

Christian Hebert
Jordan's Principle Navigator
Anishinabek Nation
Phone: 785-497-9127, ext. 2386
Email: christian.hebert@anishinabek.ca

Marina Plain
Jordan's Principle Navigator
Anishinabek Nation
Phone: 519-326-0942
Email: marina.plain@anishinabek.ca

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www.anishinabek.ca







THE LIGHTHOUSE MINISTRY

Invites you to

Sunday Service
At 2pm

With Pastor Crystal Dowling



"Behold, how good and how pleasant it is for brethren to dwell together in unity! It is like the precious oil upon the head, Running down on the beard, The beard of Aaron, Running down on the edge of his garments. It is like the dew of Hermon, Descending upon the mountains of Zion: For there the Lord commanded the blessing—Life forevermore."
Psalms 133:1-3 NKJV

978 Tashmoo Ave • Potluck dinner



THE LIGHTHOUSE MINISTRY

Invites you to join us for

226-886-3812

Wednesday SERVICE
At 6pm



With Pastor Crystal Dowling

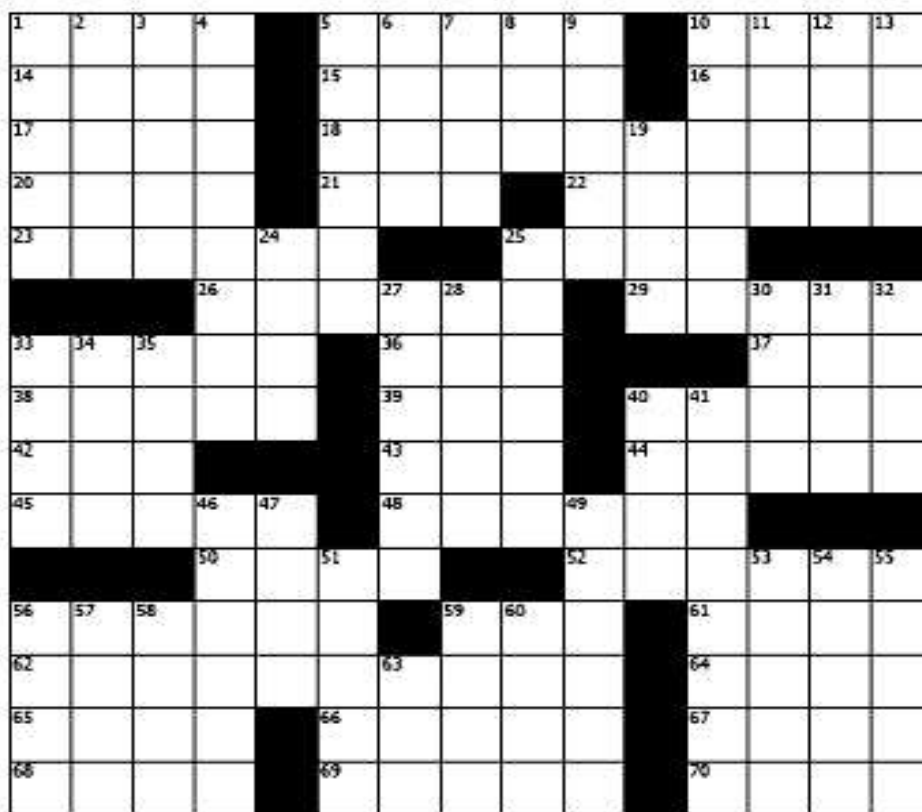
"Behold, how good and how pleasant it is For brethren to dwell together in unity! It is like the precious oil upon the head, Running down on the beard, The beard of Aaron, Running down on the edge of his garments. It is like the dew of Hermon, Descending upon the mountains of Zion, For there the Lord commanded the blessing— Life forevermore."
Psalms 133:1-3 NKJV

978 Tashmoo Ave • Fellowship

CROSSWORDS

Across

1. Pronounce indistinctly
5. Salamanders
10. Brave person
14. Whetstone
15. Occurrence
16. Moistureless
17. Connecting words
18. Having a backbone
20. Track event
21. Exist
22. Wipes clean
23. Trip to the bank, e.g.
25. Spring flower
26. President Ronald ____
29. Snaky shapes
33. Seasons
36. Dated
37. Have creditors
38. Rely on
39. Brewery product
40. ____ mignon
42. Poet's "still"
43. Hosiery shade
44. Perfumes
45. Harry Potter's skill
48. Whole
50. Alaskan city
52. Approached
56. Fidel ____
59. Sternward
61. Fluid rock
62. Satisfactory
64. List entry
65. Comparison word
66. More faithful
67. King's title
68. Posted
69. Many times
70. Playthings



Down

1. Dishonor
2. Hermit
3. Beneath
4. Begins anew
5. Reno's locale
6. Eternally
7. "Wish You ____ Here"
8. Explosive inits.
9. Ranch animal
10. Pester
11. Periods in history
12. Religious ceremony
13. Certain poems
19. French cheese
24. Cozy place
25. Set in from the margin
27. Pointed beard
28. Edgar ____ Poe
30. Perform alone
31. Water container
32. Solidifies
33. Flower part
34. Vicinity
35. Respiratory organ
40. Golfer's cry
41. Noble-minded one
46. Purpose
47. Company (abbr.)
49. New doctor
51. Slogan
53. Math proportion
54. Each
55. Noblewomen
56. Broadway hit
57. Long (for)
58. Read rapidly
59. Border on
60. Take flight
63. Pound sound

Job Search Websites

OFIFC www.ofifc.org/

Nokee Kwe www.nokekwe.ca/

Southern First Nation Secretariat, www.sfns.on.ca/index.html

N'Amerind Friendship Centre (London) www.namerind.on.ca/

Anishnawbe Health Toronto <http://www.aht.ca/>

SOAHAC London, Chippewas of the Thames, Owen Sound,
<http://www.soahac.on.ca/>

Six Nations (Ohsweken, ON), www.sixnations.ca/

Other Job Search Engines:

- <http://www.aboriginalcareers.ca/>
- <http://ca.indeed.com/Aboriginal-jobs>
- <http://www.wowjobs.ca/jobs-aboriginal-jobs>
- <http://www.turtleisland.org/front/front.htm>
- <http://www.eluta.ca/>
- <http://www.monster.ca/>
- <http://www.workopolis.com/>
- <http://www.jobs.ca/>
- <http://www.servicecanada.gc.ca/eng/sc/jobs/jobbank.shtml>

**For Up-To-Date News and Information in the
First Nations Political Arena you may visit:**

Chiefs of Ontario visit:

<http://www.chiefs-of-ontario.org/>

Union of Ontario Indians visit:

<http://www.anishinabek.ca/>

Assembly of First Nations visit:

<http://www.afn.ca/>

Southern First Nation Secretariat

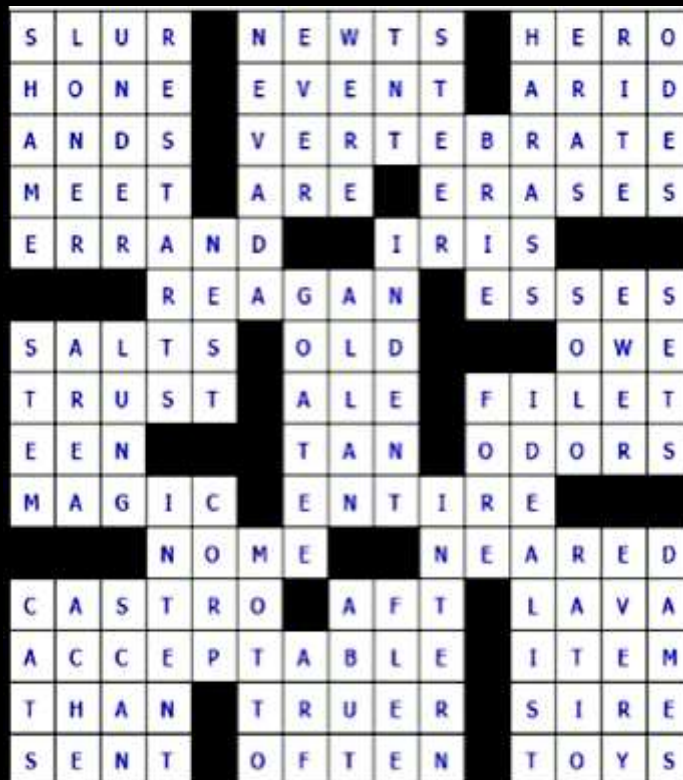
<http://www.sfns.on.ca/>

Aboriginal Affairs & Northern

Development Canada

<http://www.aadnc-aandc.gc.ca/>

CROSSWORD SOLUTION



CHIPPEWA TRIBE-UNE

1972 Virgil Avenue

Sarnia, Ontario N7T 7H5

Phone: 519-491-2160 or Fax: 519-491-0912

E-mail: editor@aamjiwnaang.ca

The next issue is due out on:

Friday, March 10th, 2023

**The deadline for submissions is
Wednesday, March 8th, 2023 at 12:00pm**

Please submit your documents in

Word, Excel, or Publisher formats or info
can be hand written; **jpeg** for pictures.

**This paper and past editions can also be
found on the Aamjiwnaang website at:**

www.aamjiwnaang.ca

If you have stories that you would like to
share, please submit them to the Editor at :

editor@aamjiwnaang.ca