



Join us at the Community Centre for a Day centered around spreading kindness.

Motivational Children/Youth Speaker TBA: 10:00 a.m. Lunch (provided by us): 12:00 p.m.

Anishinaabemowin Vision Boards with Sophie Solares: 1:00 pm.
All children must be accompanied by an adult.



Be Kind T-shirt's **Kids Sizes only** (Limited quantities available)

FEBRUARY 3, 2022 10:00 A.M - 3:00 P.M

MAAWN DOOSH GUMIG AAMJIWNAANG COMMUNITY CENTRE



Aamjiwnaang Chief & Council

Agenda Item Submission

Information and Deadlines

- * Regular Council Meetings 1st & 3rd Monday of every month. If Monday falls on a statutory holiday the meeting is generally held the following day. Please note, that from time to time meetings may be cancelled or postponed.
- Deadline Tuesday's prior to the regularly scheduled meeting date, by 12:00 noon, for Band Manager review.
- * Agenda Item Request Form is available at reception for the following locations: Administrative Complex (Band Office), E'Mino Bmaad-Zijig Gumig (Health Centre) & Maawn Doosh Gumig (Community Centre); and, on the Aamjiwnaang website.
- Your completed request form can be submitted in person or email, you may also wish to attach additional documentation and information to support your request (i.e. acceptance letters, budget, personal summary, etc.).
- * Requests will be reviewed by the Band Manager, to ensure that the appropriate personnel/ department have the opportunity to respond or resolve the request, prior to being placed on the Council agenda.
- * The guidelines set out above are in place to ensure that the flow of information to and from the Council table is efficient, and that your matter is addressed and resolved in a timely manner.

If you have discussion items for Chief and Council on:

<u>February 6th, 2023</u>

Your information is due by:

<u>January 31st, 2023</u>

Milgwech, for your co-operation and understanding.

Ashley Jackson, Aamjiwnaang Council Clerk ajackson@aamjiwnaang.ca

NOTICE – <u>Aamjiwnaang Seniors</u>

RE: Seniors Travel and Recreation Funding

Chief and Council along with the Community Services Committee have developed a new Seniors Travel and Recreation Funding Policy to help assist Seniors with Travel and Recreational activities. This application is for Seniors who have reached the age of fifty-five (55) years and over. The maximum funding is \$500/CA per fiscal year. Applications can be picked up at the Community Centre or Band Office. For more information please contact the Community Centre – 519-491-2160

COUNCIL AGENDAS

Presently a copy of the Council Agenda is posted on the front doors of the Band Office and Community Centre.

If you would like to receive an "electronic" copy of the Council Agenda, please send an email to: pnahmabin@aamjiwnaang.ca providing your name and-band-number.

Only band members can receive an electronic copy of the Agenda.

Thank you.

Patrick Nahmabin

Community Information Officer



Aboriginal Affairs and

Northern Development Canada

IF YOU DO NOT HAVE THE MANDATORY IDENTIFICATION TO OBTAIN A STATUS CARD, PLEASE CALL: 1-800-567-9604

- Advise the call centre representative that you want to obtain a Temporary Confirmation of Registration Document (TCRD).
- They will ask a series of questions to confirm your identity and then mail a Temporary Confirmation of Registration Document (TCRD) to you.
- This document will state your registration number and can be used in place of a Status Card to access benefits and services.

NOTICE - Band Members

RE: Youth Funding Policy / Funding Applications

Chief and Council along with the Community Services Committee have developed a new Funding Policy to help our youth with their Sports, Arts and Recreational activities. This application is for youth to the age of 25 years. The maximum funding is \$800/CA per fiscal year. This maximum will take into consideration LNHL reimbursement and any other recreational funding. Applications can be picked up at the Community Centre or Band Office. For more information please contact the Community Centre – 519-491-2160

Shayna Williams

Raecine Johnson

Shelley Nahmabin

Tracy Buffalo Richard Gilbert

Rylee Gould

Kyla Myer

Alissa Myers

Mino Dbishkaayin-Happy Birthday

Sebastian Adams	Jan. 27	John Steele	Feb. 5
Patricia Glauner	Jan. 27	Keisha Walker	Feb. 5
Jessica Anne Gray	Jan. 27	Lillian Williams	Feb. 5
James Plain	Jan. 27	Danica Bolger	Feb. 6
Trenton Rogers	Jan. 27	Charlotte Chenery	Feb. 6
Mary Lee Schmidt	Jan. 27	Steven Fisher	Feb. 6
Anthony Williams	Jan. 27	Errnol David III Gray	Feb. 6
Sydney Bird-Little	Jan. 28	Belinda King	Feb. 6
Lance Rising	Jan. 28	Gracie Lewis	Feb. 6
Shaylee Doxtator	Jan. 29	Shawn Lee Nahmabin	Feb. 6
Phyllis Fisher	Jan. 29	Andrew Parker	Feb. 6
Courtney Mammarella	Jan. 29	Teresa Rogers	Feb. 6
Norma Maness	Jan. 29	Micah Runcorn	Feb. 6
Michael Meza	Jan. 29	Thomas Stager	Feb. 6
Alan Dale Plain	Jan. 29	Jacen Barr	Feb. 7
Carole Rose	Jan. 29	Donovan Gold	Feb. 7
Tannis Ayer	Jan. 29	Ronald Gray	Feb. 7
Julie Plain	Jan. 30	Noah A Joseph	Feb. 7
Ruby Fisher	Jan. 30	Meilah Maness	Feb. 7
Wilson Plain Jr.	Jan. 30	Marion Waters	Feb. 7
Jaiden Aviles	Jan. 31	Patricia L Williams	Feb. 7
Tanisha Cottrelle	Jan. 31	Sara Williams	Feb. 7
Lorna Hubert	Jan. 31	Amanda Drummond	Feb. 8
Skye Lawrence	Jan. 31	Jacob Karttunen	Feb. 8
Lynda Rogers	Jan. 31	Layla Karttunen	Feb. 8
Alicia Vallieres	Jan. 31	Dallas Jeffrey Rain Nahmabin	Feb. 8
Theodore White Jr.	Jan. 31	James Bourgeois	Feb. 9
Zoey Wilson	Jan. 31	Braden Ludlow-Maness	Feb. 9
Jordan Windover	Feb. 1	Anthony R Plain	Feb. 9
Marcus Gray	Feb. 1	Jusup Simon	Feb. 9
Avery Matte	Feb. 2	Rachael Simon	Feb. 9
Tristan Nahmabin	Feb. 2	Xander Stocum	Feb. 9
Trinity Smith	Feb. 2	Elsie Williams	Feb. 9
Liyah Wilson	Feb. 2	Lisa Williams	Feb. 9
Arianna Wilson	Feb. 3	Alyssa Viscount	Feb. 9
Albert Bourque	Feb. 4	Brody Young	Feb. 9
Brandi Joe	Feb. 4		
Glen Oliver	Feb. 4		11
Rachel Piche	Feb. 4		Hapı
Diana Rogers	Feb. 4	R	7 th Birt
Roger White	Feb. 4		/" Birt

Feb. 4

Feb. 5



Happy 7th Birthday Rylee Love your Family



ATTENTION TO ALL MEDICAL DRIVERS!!!

Medical Travel slips are now due Fridays before 4:30pm.

Medical Travel Drivers: Ron Simon 519-331-7607

Terry Plain (Monis) 519-402-5535 **Marion Waters** 519-312-5283

Sheila Firth 519-383-1073 Wheelchair Accessible Van Driver:

Christine Plain 519-466-0054 Contact the Health Centre at

Muriel (Toddy) Joseph 519-336-6323 or 519-312-2403 519-336-6770

CHECK OUT THIS HEALTH INFORMATION

Did you know:

Community Members:

Please remember that if you have a prescription for any kind of equipment; you should try to go to a registered provider to see if the items can be covered under Non-Insured Health Benefits (NIHB). If you are unsure if they are a registered provider, you can always ask them before ordering or paying for an item. Give the provider your status card number and they will check or send off forms to NIHB to see if the items are covered. In some cases, you may have to pay a fee if the item is not fully covered but you could be reimbursed. Some recognized providers are:

Shoppers Wellwise - Exmouth St., True North - Confederation St.,



This Phot

If you are unsure, you can give me a call at 519-332-6770, ext. 320. If I am unavailable, please leave a detailed message with your contact information.

Are you interested in becoming a Medical Driver?

Responsibilities:

Transportation to and from medical appointments for on-reserve members.

Maintaining accurate records of all trips.

Requirements:

Must have a valid driver's license, clean driver's abstract, proof of insurance related to the 'carriage of passengers', provide recent police check and Safety Standards Certificate for your vehicle.

Some financial assistance is available to help offset these additional expenses. To learn more, please contact Peggy Rogers at the Health Centre.

Ability to maintain strict confidentiality

Please contact Peggy Rogers at the Health Centre (519) 332-6770. Miigwech!

Hospital information:



If you have an appointment at the Hospital or are admitted, don't forget to self-identify as First Nations and that they have your status card on file.

If you have needed to take an ambulance to the hospital and have received a bill from the hospital, contact the Patients Account Office at the hospital and submit your status card. The Patients Accounts Office will submit your bill to NIHB for payment. You also can contact me at 519-332-6770, ext. 320 if you need assistance.

This Photo by Unknown Au-

SOME MORE IMPORTANT HEALTH INFORMATION

Community Members:

Please remember that if you have paperwork or reimbursements, PLEASE include your contact details: name, phone number, or email address.



If you are expecting a payment or reimbursement, you may not have included your phone number or email for me to contact you. I do follow up phone calls/emails when I receive your paperwork. I can be reached at 519-332-6770, ext. 320, Peggy.

The deadline for submissions is Mondays, noon, milgwech!

SENIORS PRESCRIPTION DRUG COVERAGE

When a senior in Ontario turns 65, their medications are automatically covered by a program call the Ontario Drug Benefit Program. The program charges a <u>deductible</u> (Client pays for the first \$100 towards their medications every year starting on August 1) and a co-payment (up to \$6.11 per prescription)

If you have status, you do not have to pay the deductible or the co-payment. If you are charged a deductible or co-payment at the pharmacy, please provide them with your status card and those charges should be covered by the Non-Insured Health Benefits Program (Indigenous Services Canada). If you end up paying out of pocket, please contact Peggy at the Health Centre, 519-332-6770, ext. 320.

Are you interested in becoming a Medical Driver?

Responsibilities:

- Transportation to and from medical appointments for on-reserve members.
- Maintaining accurate records of all trips.

Requirements:

- Must have a valid driver's license, clean driver's abstract, proof of insurance related to the 'carriage of passengers', provide recent police check and Safety Standards Certificate for your vehicle.
- Some financial assistance is available to help offset these additional expenses. To learn more, please contact Peggy Rogers at the Health Centre.
- · Ability to maintain strict confidentiality

Please contact Peggy Rogers at the Health Centre (519) 332-6770. Milgwech!

How to get Help

Find the right time and place to talk. Be calm, caring, nonthreatening. Listen. Talk about the concerns by using facts and accurate information. Encourage the person to see a doctor. Encourage the person to seek professional help.

Where to Get Help

Emergency 911

Kids Help Phone 1-800-668-6868

Distress Line 519-336-3000

LGBTQ Two Spirited Youth Line 1-800-268-9688 – OR –Text: 647-694 -4275

Bluewater Health Addictions and Problem Gambling: 519-464-4400 ext. 5370

Withdrawal Management 519-332-4673

Women's Interval Home 519-336-5200

Sarnia-Lambton Children's Aid Society 519-336-0623

Westover Addiction Assistance 1-800-721-3232

Windsor Withdrawal Management (detox) 519-257-5225

Grand River Withdrawal Management (detox) 519-749-4318

London Withdrawal Management (detox) 519-432-7241 Lambton Mental Health Crisis Line 519-336-3445

Victim Services Support Line 1-888-281-3665 ext. 5238

Alcoholics Anonymous 519-337-5211

Drug & Alcohol Registry of Treatment 1-800-565-8603

Aamjiwnaang Mental Wellness 519-332-6770

Pregnancy Centre 519-383-7115

Sexual Assault Victims 519-337-3320

Problem Gambling 1-888 230-3505

For more information or support please call: 519-332-6770

Attention ODSP Clients

Pam Kelly will be returning for in person appointments

February 8th, 2022 from 9am-4pm

Continuing with every 2nd Wednesday of each month

New location at the Community Centre

If you need to contact Pam please call 519-337-3735 ext 2280



AAMJIWNAANG Mental Wellness

If you feel overwhelmed with stress and it is affecting you in a negative way, please reach out for help. We want to help you in any way we can.

CRISIS LINES

EMERGENCY 911

 Southwest First Nations Crisis Response
 1-866-289-0201

 First Nations Hope for Wellness
 1-855-242-3310

 Child & Youth Crisis Line
 1-833-622-1320

 Kids Help Phone
 1-800-668-6868

Text CONNECT to 686868

Sarnia Distress Line 519-336-3000
National Indian Residential School Crisis Line 1-866-925-4419

BUSINESS HOURS 519-332-6770

Tracey George ext. 317 cell: 226-349-5712

Max Cryderman ext. 327 Secondary School Mental Wellness
Ashley Maness ext. 324 Elementary School Mental Wellness
Gabby MacDonald ext. 325 School Mental Wellness
Roberta Bressette ext. 313 Community Wellness
Army Vandersteen ext. 301 Administration & Family Wellbeing
Kayla Joseph ext. 328 Addictions & Diversion Youth
Michelle Waiters ext. 321 cell: 519-333-8787 Additions & Diversion

ext. 315 cell: 519-490-5956 Addictions & Diversion

Milgwech. Stay Safe.



Alphonse Aquash

<u>Band</u> <u>Buildings</u> <u>Smoking</u> <u>Policy</u>

Just a reminder that all Band buildings are Non-Smoking buildings.

Smoking will not be permitted at any outdoor location within a radial distance of nine (9) meters from any doorway, entrance, or exit from any AFN building. AFN is a smoke-free workplace. No smoking or vaping is permitted on company premises by employees, contractors, or visitors at any time, except within any designated smoking areas. In accordance with the Non-smokers' Health Act, AFN will ensure that persons refrain from smoking in any workspace under the control of the employer.

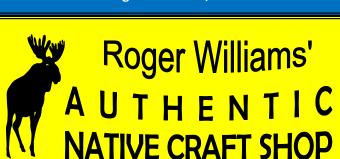
Non-smoking signs will be placed at all entrances identifying the policy.

TNT Auto Detailing & Upholstery

Call for free quote or to book appointment

Auto Detailing
Upholstery & Carpet Cleaning

Greg Gray (Owner) - (226)-964-2227 1909 Virgil Ave-Sarnia, Ontario



Lots to choose From & Great Gift Ideas!

STORE HOURS
Monday ~ Saturday
10:00 am ~ 6:00 pm
Phone 519-344-1243



If you would like to submit artwork, drawings or anything at all for the Tribeune, leave them at the Community Centre for the editor or email them to editor@aamjiwnaang.ca
All submissions subject to editor approval.



Thursday to Saturday 11 am - 5 pm Sunday - 12 pm - 5 pm

Great Prices!

1647 Williams Drive (at the end of Indian Road) Sarnia, ON



Intention A Natural

CUSTOM ALL NATURAL BATH AND BODY & WELLNESS PRODUCTS



To order visit: intentionnatural.ca free delivery within Lambton county







Aamjiwnaang First Nation <u>Public Works Dept.</u> 978 Tashmoo Ave. Samia, Ontario N7T7H5 Phone: (519) 336-8410

Phone: (519) 336-8410 Fax: (519) 336-0382

The designated after-hours phone line for the infrastructure service emergencies, basement back-ups, animal control requests, Security Issues or winter maintenance issues. There will be one main contact number that will be used for those occurrences.

The after-hours phone number is:

519-331-3596

Please continue to use the band garage number during regular office hours.

The Garage number is 519-336-0510.

Leave a message if no one answers.

Aamjiwnaang Health Centre SOAHAC Nurse Monday to Friday - 8:30AM-4:30PM 519-332-6770 ext. 309 or mbressette@soahac.on.ca



- Free Condoms
- Pregnancy Tests
- COVID Testing
- Tobacco Cessation with Nicotine Replacement Therapy
- STI testing
- Free birth control
- Headlice Screening/Treatment
- Diabetic Retinopathy Screening



AAMJIWNAANG FIRST NATION CHIPPEWAS OF SARNIA

EMPLOYMENT OPPORTUNITY

Position Title: Youth Engagement Support

Location: Sarnia, ON

Duration: Contract Until December 22, 2023, Part-Time (15 Hours/week)

Posting Closes/Deadline: January 27th, 2023 Tentative Interview Date(s): January 31st, 2023

<u>Position Summary</u>: The Youth Engagement Support will work with the Community Energy Champion to assist with the coordination and facilitation of monthly community energy workshops. The position will require the successful applicant to be available to work in the evenings and on weekends. The Youth Engagement Support will be specifically focused on youth engagement and promotion of energy initiatives using social media platforms.

Responsibilities:

- Assist in the coordination and preparation of monthly community energy workshops
- Promote community energy workshops using social media platforms
- Create engaging content for Community Energy Champion social media platforms
- Assist in facilitating and taking pictures during community energy workshops
- Research best practices and activities for community workshops and fieldtrips
- Provide administrative support and assist with gathering resources for workshops and field trips

Knowledge, Skills and Abilities

- Interest in learning about Energy Conservation Measures and Community Energy Planning
- Comfortable presenting and facilitating workshops with members of the public
- Ability to create engaging content regarding energy efficiency projects and programs
- Experience using social media platforms on behalf of an organization is an asset
- Positive attitude and highly develop interpersonal skills
- Working knowledge of Microsoft Office programs
- Valid G2 or G driver's license and access to reliable transportation an asset
- Professional, punctual, and proud representative of Aamjiwnaang First Nation

Requirements:

- Must be a student enrolled in secondary school or a post-secondary program
- Must have a Social Insurance Number
- Must be under the age of 30

Other Considerations

Preference may be given to Indigenous candidates with relevant on reserve employment and / or those with knowledge and understanding of Aamjiwnaang and history and community.

Application Process:

If you are interested in this opportunity, kindly forward your resume and cover letter via mail or email or fax or in person to:

Aamjiwnaang First Nation
978 Tashmoo Avenue
Sarnia, ON
N7T 7H5
Attention: Ashley Fisher
Human Resources Officer
Or humanresource@aamjiwnaang.ca
Or 519-336-0382 fax

For more information, check us out online at www.aamjiwnaang.ca





AAMJIWNAANG FIRST NATION CHIPPEWAS OF SARNIA

EMPLOYMENT OPPORTUNITY

Position Title: Administrative Assistant - Corporation

Location: Sarnia, ON

Duration: Full-Time Permanent

Posting Closes/Deadline: February 16th, 2023

Tentative Interview Date(s): February 17th & 21st, 2023

Position Summary:

The Administrative Assistant will project a professional and pleasant impression of our client in all communications and to perform a wide variety of administrative and support duties including but not limited to general office, commercial property management, development, and leasing. Ensure that industry leading levels of customer service and facilities are provided to all customers in a friendly, accurate and efficient manner.

Responsibilities:

- Manages the main telephone, professionally answering and redirecting calls appropriately.
- Greets visitors at reception and directs them appropriately.
- · Perform regular programming and troubleshooting duties related to telephone
- Always monitors the whereabouts of staff members so they can be located quickly.
- Process and distribute incoming and outgoing faxes and courier packages.
- Maintain contact databases.
- Document scanning and e-filing.
- Orders, organizes, and maintains office supplies and consumables.
- Operates office equipment personal computer (MS Office environment), fax/copier/scanner, telephone system (programs & maintains)
- Provides travel support for Corporation Manager, ensuring travel needs and competitive prices are met.
- Researches and provides information materials, such as electronic data (Internet) for projects and special assignments.
- Maintains calendars, contact databases, and appointments.
- Provides administrative support as required.
- Assist in notification of any tenant rental increases; seasonal notices, i.e., Lawn cutting, snow removal.
- Set up and maintain files, materials, information, schedules, and related data.
- Responsible to maintain and ensure integrity of the tenant emergency contact list.
- To field calls from tenants and assist in resolution of their problem/concern either directly
 or ensuring that the message is forwarded to the appropriate individual to handle

- Working with tenants to assist with any maintenance matters; schedule repairs, obtain necessary purchase orders/cheque requisitions as needed as well as obtaining bids from outside contractors.
- Organizing office move-in and move-outs.
- Maintains knowledge of key clients and contacts
- Acts as a liaison with the Board of Directors as needed.
- Prepares the calendar for the Board of Directors and Corporations
- Coordinates corporate Board/Shareholders meetings with legal advisors and financial advisors.
- Prepares, gathers, and relays confidential information and material on a regular basis.
- Organizes and schedules meetings including contacting individuals, booking rooms, catering arrangements, preparation of meeting materials.
- Organizes special events as required. This includes invitations, RSVPs, facility bookings, catering, purchase requisitions as needed, audio visual, collaboration with other staff/departments/external contacts, preparation of materials for event, accommodation arrangements, verifying facility contracts and follow-up work as needed
- Attends meetings, records, prepares and distributes minutes and agendas and meeting packages, contacts participants and follows up on items as needed

Other:

Other duties as assigned.

Knowledge, Skills and Abilities:

- Strong inter-personal and organizational skills
- High degree of professionalism and dedication to self, co-workers, and clients
- · Candidate must be able to work independently.
- Priorities change often and quickly in this position and the candidate must be flexible and willing to change roles or responsibilities as required.
- Working knowledge and experience with computer publishing, presentation software programs and accounting, spreadsheets and MS Word and Excel
- Time management skills

Requirements:

- High School Diploma or equivalent required; Post Secondary preferred
- A minimum of one year experience in a customer service-related industry and one-year administrative work

Application Process:

If you are interested in this opportunity, kindly forward your resume and cover letter via mail or email or fax or in person to (for a copy of the complete job description please email request):

Aamjiwnaang First Nation 978 Tashmoo Avenue Sarnia, ON N7T 7H5

Attention: Ashley Fisher, Human Resources Officer

Or

HumanResource@aamjiwnaang.ca

Or

519-336-0382 fax

For more information, check us out online at www.aamjiwnaang.ca

ATTENTION AAMJIWNAANG YOUTH

- FIRST AID/CPR February 25-26, 2023
 - WHMIS April 28, 2023
- SAFE FOOD HANDLING June 9, 2023
- WORKER HEALTH & SAFETY April 28, 2023
 - LEADERSHIP TRAINING
 - BUDGETING
 - CUSTOMER SERVICE February 3, 2023
 - RESUME BUILDING
 - INTERVIEW SKILLS

For the Summer Student Program 2023 all Aamjiwnaang Youth/Students wanting to participant will require the above training courses to apply for the Aamjiwnaang Summer Employment Program. I will be offering each Program twice to accommodate all youth wishing to take the training programs.

All training programs offered will be open to all Aamjiwnaang Band members that are interested.

Lunch and light snacks will be served at each training course.

Please contact: Melissa Medeiros - Employment & Training

mmedeiros@aamjiwnaang.ca

519-336-8410 Ext. 249

An Employment & Training application must be filled out prior to training start date.



Babysitter Course

Location: Maawn Doosh Gumig

Date: January 28, 2023

Time: 9:00am - 4:00pm

Contact Employment & Training - Melissa Medeiros at 519-

336-8410 ext. 249 or mmedeiros@aamjiwnaang.ca to

register. An Employment & Training application form must be completed to register for training.



First Aid and CPR

Location: Maawn Doosh Gumig

Date: February 25-26, 2023

Time: 9:00am - 4:00pm

Contact Employment & Training - Melissa Medeiros at 519-

336-8410 ext. 249 or mmedeiros@aamjiwnaang.ca to

register. An Employment & Training application form must

be completed to register for training.



Beginners Kickboxing Class

Kickboxing classes will be offered starting

Thursday, January 26, 2023 at the Community Centre

First Session

Youth ages 10-17

6:00 - 6:45 pm

Second Session

Adults 18+

7:00 - 7:45pm

If you have any questions, contact Melissa Medeiros at 519-336-8410 or mmedeiros@aamjiwnaang.ca



CONTACT US

Patrick Nahmabin at 519-336-8410 email

youthcouncil@aamjiwnaang.ca

CALL OUT: COMMUNITY ROUND DANCE FEAST

LOOKING FOR A TENDER FOR CATERED COMMUNITY ROUND DANCE FEAST & LATE NIGHT SNACK

C/O Patrick Nahmabin, Community Information Officer at 978 Tashmoo Ave. Sarnia, on n7t 7h5 Fax:519-336-0382 or Email: youthcouncil@aamjiwnaang.ca

On January 23rd 2023, Chief and Council approved Aamjiwnaang Jiibwaabiigamowag Young Peoples council to hold a Round dance for the community with a feast prior to the dance and a snack later in the evening.

The Feast and round dance will be held March 31st 2023, at the Maawn Doosh Gumig and is estimated for 200 people, looking for tender to include food and drinks, paper supplies and utensils for both the feast meal Starting at 5pm and late night snack in the evening.

if interested please contact Aamjiwnaang young Peoples Council staff member Patrick Nahmabin with a menu & cost break down along with your name, contact information by Friday February 10th, 2023.

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(LIMITED SPACE)

SAVE THE DATE

MARCH 31ST, 2023

FEAST: 5PM

ROUND DANCE: 7PM

AAMJIWNAANG FIRST NATION

0 0

MAAWN DOOSH GUMIG: COMMUNITY AND YOUTH CENTRE

1972 VIRGIL AVENUE, SARNIA, ON, CANADA N7T 8E5 MORE INFORMATION TO COME.

VENDORS

LOOKING TO HELP SPONSOR THIS EVENT?

Contact:

Patrick Nahmabin Community Information Officer Phone: (519)-336-8510

or

Email:

youthcouncil@aamjiwnaang.ca

NIMKII BINESI GAASKANAABAGWE NIMIDWIN THUNDERBIRD LODGE DESHKAN ZIIBIING



February 4th, 2023 Noon-6:00pm Aamjiwnaang Maawn Doosh Gumig: community center gymnasium

Everyone is invited and is welcomed to attend our Sundance Preperation Ceremony and sweatlodge. This is a powerful healing ceremony that has changed many lives, families and communities. We gather under the tree of life and pray to the Creator and lift those prayers with songs and semaa offerings. There will be a potluck feast at the end

if you have any questions call:

Alphonse Aquash 519-490-5956 Waawaaskone Kiizhigo 519-719-7584



Aamjiwnaang Children/Youth Services Presents:



Land Based Youth Exchange

Ages: 12 - 18 years

SATURDAY, FEBRUARY 25, 2023

Walpole Island ice fishing
*Leave Community Centre at 9am return at
3pm*

FRIDAY, MARCH 17, 2023

Aamjiwnaang Sugar Bush Fish Fry in the bush Tapping maple trees

Space is limited, registration is required

To register or ask questions: please contact Rachael Simon rsimon@aamjiwnaang.ca 519-918-1204







Aamjiwnaang Children/Youth Services and Mental Wellness Presents:



Winter Mitten Making Workshop

Ages: 12 - 18 years



Space is limited, registration is required

To register or ask questions: please contact Max Cryderman mcryderman@aamjiwnaang.ca 519-330-1140



SAVE THE DATE CELEBRATING 30 YEARS OF INDIGENOUS EDUCATION LAMBTON COLLEGE

March 2, 2023 11:00am-1:00pm Lambton College Gymnasium & Indigenous Student Centre C1-130



The Indigenous Student Centre is hosting a celebratory event for their 30th Anniversary!

Guest Speakers, Indigenous Student Centre Archive Exhibit, Free lunch provided and more!

RSVP: Holly. Altiman@lambtoncollege.ca or 519-479-2383

February 7 & 21, 2023 Seniors Complex from 1 to 3pm





GAME NIGHT UPDATE

Game Night will be February 14th 6-8pm

POTLUCK GAME NIGHT February 28th, from 5 to 8pm Located at Senior's Building

Senior Updates

Congregate Dining will commence on February 1st, 2023 Massages with Joanne Cheechoo (Dixon) can be booked with Becky February 2023 Bookings - are available

This is for SENIORS ONLY





ONLY for SENIORS - LET'S TEST YOUR KNOWLEDGE

Complete the questions for a CHANCE

To win a Golden Palace gift Card

All questions must be completed and submitted in Health Center Mail Slot

Deadline February 24, 2023 Draw date February 27, 2023 VIA FACEBOOK LIVE

Name:	Number:	

- 1.) Bill Withers offered "When you're not strong, I'll be a friend, I'll help you carry on" Can you name his hit song?
- 2.) This girl had Eric Clapton "Begging, darling, please" Back in 1971. Can you name her?
- 3.) The Righteous Brothers crooned "Oh my love, my darling, I've hungered for your touch" What's the title of their 1965 hit?
- 4.) Ben E. King assured us that "No, I won't be afraid, Just as long as you" do what particular action?
- 5.) There was a weather observation in 1965 that "All the leaves are brown, And the sky is gray" What's the location specific called?
- 6.) The Temptations tempted us by saying "I've got so much money honey, the bees envy me" So what can make them feel this way, you think?
- 7.) The King warned "Kiss me, my darling, Be mine tonight, tomorrow will be too late" what's the title of his ultimatum?
- 8.) This 1965 hit sent us a morose greeting with the opening "Hello darkness, my old friend" What song was it?
- 9.) The British invasion started with the Fab Four singing "Oh yeah, I tell you something, I think you'll understand" Name that crossover song?
- 10.) ABBA told us to "See that girl, watch that scene" who's this figure we need to watch out for?



Organization with Samantha



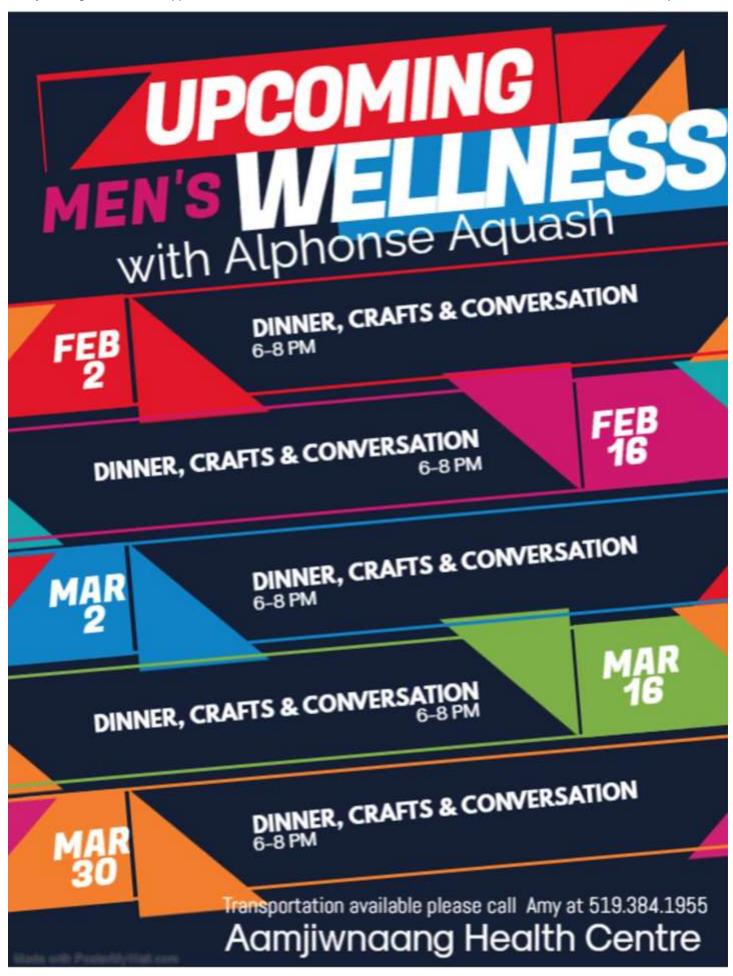
Feb.7th

10AM-12PM MAAWN DOOSH GUMIG

To sign up please call Roberta @ 332-6770 ext.313

Space is limited. If needed a draw will take place on February 2nd.





Recovery Group

EVERY Tuesday from 5PM - 7PM

Aamjiwnaang Health Centre

1300 Tashmoo Ave

For more information please contact Kayla/Michelle/Alphonse/Amy at 519.332.6770









JAN. 28, 2023

11:00 AM - 2:00 PM

FEB. 3, 2023

11:00 AM - 2:00 PM

SEED CLEANING WORKSHOPS

Maawn Doosh Gumig Community & Youth Centre – Arts and Craft Room

Dylan Henry (Greenhouse Technician) will provide community members with knowledge and demonstrate different techniques for seed cleaning. Environment Staff and volunteers had participated in seed collection in the fall and would like your help to clean and prepare for Spring planting.

Every participant will receive a gift card and door prizes to be won!

Aamjiwnaang First Nation



Fun learning experience!!



Light Snacks & Beverages will be served



Aamjiwnaang Greenhouse
- Maajiigin Gumig "Place
where plants start to
grow"

519-336-8410

Facebook Pages:

Aamjiwnaang Greenhouse

Aamjiwnaang Environment















Attention members of SFNS First Nations:

Looking for a job, apprenticeship, internship or mentoring opportunity?



The SFNS Skills Bank will connect you with employers looking for skilled workers!

For a limited time, register now and receive a \$5 Tim Horton's e-Gift Card!







To register, scan the QR code or visit www.sfnsgetset.com



Attention Employers:

Looking to hire skilled First Nations employees? The **SFNS Job Bank** will connect you with members of local First Nations who are excited to bring their skills and experience to your business!

To get started, scan the QR code or visit www.sfnsgetset.com

Supported by SISC.

















AN ENERGY SCAM REMINDER

It has come to our attention that KW Energy Home Solutions have been cold calling residents to sell them insulation upgrades and claim to provide the service and financing through the Ontario Electricty Support Program (OESP).

The OESP offers a credit to eligible households on their electricity bill. It does not cover the cost of retrofits, such as insulation upgrades. Please do not respond to cold calls from KW Energy Home Solutions or set up an appointment with them.

Please report any suspicious activity to Emma Franklin, Community Energy Champion (519)330–2955 | efranklineaamjiwnaang.ca





TRADITIONAL HEALING SCHEDULE

FEBRUARY



Joanne Dixon February 15th & 16th



Wendy Hill February 9th & 10th

TO SCHEDULE AN APPOINTMENT PLEASE CALL DOROTHY OR KIM @ RECEPTION AT 519-332-6770.



AAMJIWNAANG HEALTH CENTRE

REFLEXOLOGY

(WITH DAKOTA IRELAND, ONEIDA)

- Reflexology is the application of pressure to areas on the feet (or the hands). Reflexology is generally relaxing and may help alleviate stress.
- The theory behind reflexology is that areas of the foot correspond to organs and systems of the body. Pressure applied to the foot is believed to bring relaxation and healing to the corresponding area of the body.



Reflexology with Dakota Ireland, Oneida

Tuesday, Feb. 7 & 21, 2023

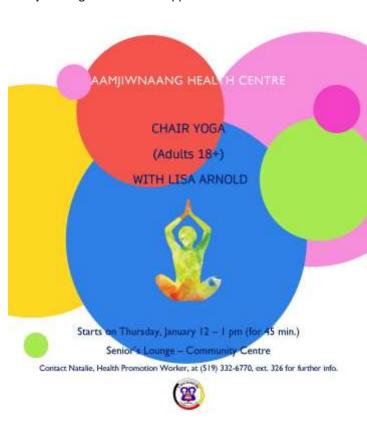
1 hour appointments are available starting from 10 am to 3 pm.

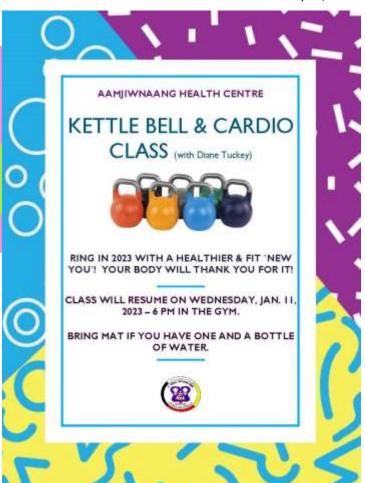
Open to

Aamjiwnaang community members

18+.

Call the Health
Centre at (519) 3326770 to book an
appointment.
*Appointments are
limited to one every
other month.*







BOOST YOUR WELLNESS (WITH DIANE TUCKEY)

EVERY TUESDAY AND THURSDAY -10:30 am - 11:30 am

- Open to Aamjiwnaang community members 18+.
 - BRING YOUR WATER BOTTLE!

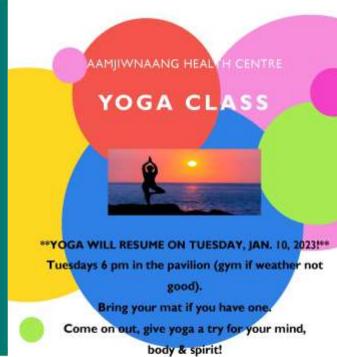
BOOST YOUR WELLNESS!

TO PROMOTE WELLBEING, COME **OUT TO FAMILIARIZE** YOURSELF WITH THE **EQUIPMENT IN THE EXERCISE ROOM AT** THE COMMUNITY CENTRE. THERE IS A PERSONAL TRAINER (DIANE TUCKEY) WHO WILL BE ON SITE TO ASSIST YOU.

AAMJIWNAANG COMMUNITY CENTRE -EXERCISE ROOM



Centre for further irmation at (519) 332-



- Namaste



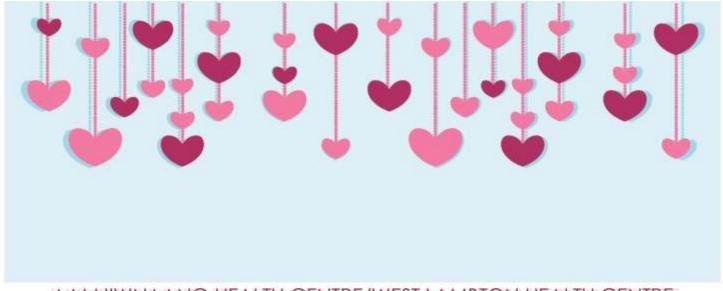
AAMJIWNAANG HEALTH CENTRE & WEST LAMBTON HEALTH CENTRE

MAKE N TAKE COOKING CLASS

- This cooking class is for Aamjiwnaang community members who would like to learn how to prepare fast, healthy new recipes.
- A cooking demo is shown by Samantha, West Lambton Heatlh Centre which we sample, then you are given a kit to take home to prepare!



Call Natalie at (519) 332-6770, ext. 326 to sign up before the date.



AAMJIWNAANG HEALTH CENTRE/WEST LAMBTON HEALTH CENTRE



DIABETES SUPPORT GROUP

Monday, Feb. 27, 2023 10:00 am til noon at the Health Centre



*This is an open support group which is facilitated by a dietitian, diabetes educator and Health Centre staff.

Rides are available if needed. Call Natalie at (519) 332-6770, ext. 326.

AAMJIWNAANG HEALTH CENTRE



GROCERY GIVEAWAY



THURSDAY, FEB.23, 2023 - 10 AM

COMMUNITY CENTRE GYM – This is open to Aamjiwnaang community members, on and off reserve. One person per household, please.

AAMJIWNAANG HEALTH CENTRE & WEST LAMBTON HEALTH CENTRE

MEN'S COOKING CLASS



Tuesday, February 21, 2023

Noon - Health Centre

Come on out and try delicious recipes while learning about ways to improve your health.

Call Natalie at (519) 332-6770, ext. 326 to sign up.

Rides provided if needed.





AAMJIWNAANG HEALTH CENTRE

IMPORTANT CHANGE -SIGN UP AND LIVE DRAW

COMMUNITY PRODUCE GIVEAWAY – FEB. 16, 2023

- We will be holding a draw for on and off- reserve members for 200 produce boxes. This will be based on one entry per household.
- You must be able to pick up your box if selected or let us know who will be picking up your box if unable to do so.
- The deadline for sign up is Monday, Feb. 10, 2023 at 4 pm.
- Please sign up on this post for your household only.
- You can also call (519) 332-6770, ext. 326 to sign up for your household.

Thursday, February 16, 2023

9:30 am - Noon

Community Centre

Gym door

Will be doing live draw on our Facebook page on Tuesday, Feb. 14.





WOMEN'S MONTHLY COOKING CLASS

Aamjiwnaang Health Centre

TUESDAY, FEB. 14, 2023 | 12:00 PM
HEALTH CENTRE

COME OUT AND TRY DELICIOUS RECIPES WHILE LEARNING ABOUT WAYS TO IMPROVE YOUR HEALTH!

CALL (519) 332-6770, EXT. 308 TO SIGN UP.





AAMJIWNAANG

MEMORY BOOKS

A scrapbook to hold the memories of a loved one who has died.

Pictures, writings, drawings, keepsakes, etc. compiled in a scrapbook to celebrate and honour the life of the one you lost. Timing of your loss is not a qualifier to participate in this group. Loved ones who recently began their Spirit Journey or those who have been gone for some time. This will be a safe place to mourn and celebrate your loved one with others who are grieving as well.

HEALTH CENTRE

February 6—March 27, 2023

1pm-3pm

This group is open to adults.

Light snacks will be provided.

Please call or email Tracey to register. 519-332-6770 ext. 317

tgeorge@aamjiwnaang.ca

Miigwech

Photo Credit: Matthew Goulais

F

Dago Maajiigoog Binoojiinyag Mkwa Giizis-Bear Moon February 2023

Sunday - Name Giizhigad	Monday - Shkintam	Tuesday -Niizho Giizhigad	Wednesday - Nswi Giizhigad	Thursday - Niiwo Giizhigad	Friday - Naano Giizhigad	Saturday - Ngodwaaswi
Green is in person Purple Staff Training /Closed			1 Mkwa Fort Fun Activities 5pm	2 Tobacco Pouches & Bear clan teaching	೯	4
5	Sensory Fun with water & ice 5pm	7 Valentine Craft 1-3	Staff in First Aid & Cpr Training No Program	9 Crock a Doodle Craft 10-12 Sign up required Limited to 15	01	11
12	13 Valentine Book and Craft Activity 10-12	14 Valentine Party 11-1 Zaagidwin Giizhgigad	Eagle book & canvas craft 5pm	16 Growth Chart with Kim 10-12 Sign up required Limited to 15	11	
The state of the s	20 Closed Enchiyaang Giizhigad Family Day	21 Bear Craft 1-3	22 Dabjige (Digging) junk shopping 10-1	23 Staff Training	24 Staff Training	25
26	Sensory Bags 10-12	28 Making Apple Ring Donuts Snacks 1-3				

We Also have transportation for programming! Please Contact Paula 226-349-2427

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KIBH I IU PLAY		rebruary 2023	2	
Monday	Tuesday	Wednesday	Thursday	Friday
		1 Regular programming	2 Youth Cooking	3 No Program
6 No Program	7 Sports Night	8 Regular Programming	9 No Program (Off for training)	10 No Program
13 No Program	14 Sports Night	Live and Learn Guest Speaker (4:00 – 5:30)	16 Regular Programming	17 No Program
20 No Program	21 Sports Night	22 Regular programming	Youth and Senior Movie and Dinner Night (off site)	24 No Program
27 No Program	28 Sports Night			

Right to Play, Boys & Girls Group Presents

February 15th, 2023

Live and Learn

with guest speaker Pam Plain
OPEN TO YOUTH 12-18

4:00 - 5:30



Light refreshments will be provided
Please joins us at the Maawn Doosh
Gumig, Youth Room.

1972 Virgil Ave, Sarnia, ON N7T 7Y3
For more information please contact:
cwhite@aamjiwnaang.ca
(519) 491-2160 ext. 106

Willie's Adventures

Little Caesars Arena

Detroit Michigan

Tuesday, Feb. 7th at 7:30 PM

Nurse Appreciation Night



\$200 Cdn or \$160 US

Preferred Coach Bus, Ticket (Lower Level). Bus leaves Bad Dog Corunna at 4:00 PM SHARP and Food Basics at 4:30 PM SHARP. Soft Sided coolers allowed and stopping at Tom & Jerry's Party Store. For Ticket's contact Willie at 519-384-1957 or willie@cogeco.ca

MICHIGAN vs MICHIGAN STATE



"DUEL IN THE D"

at Little Caesars Arena, Detroit, Michigan Featuring Sarnia's Nash Nienhuis, Port Huron Jacob Truscott & St Clair Mark Estapa & Tiernan Shoudy

Sat. Feburary 11th at 8:00 PM \$100 US or \$140 CDN

Coach Bus and Ticket (Lower Bowl Sec.112)
Bus leaves from Two Water Brewing Corunna at 3:30pm,
Food Basics Sarnia 4:00pm, Pt.Edward Arena at 4:15pm.
Soft Sided Coolers Only. Pick-Up and Stop Tom & Jerry's
Port Huron. Contact Willie's Adventures at 519-384-1957
or willie@cogeco.ca



TORONTO MAPLE LEAFS vs CHICAGO BLACKHAWKS

UNITED CENTER, CHICAGO

SAT. FEBUARY 18th TO MON. 20th (Monday is a Holiday Family Day)

GAME IS SUNDAY 19th at 5:00 PM

**Includes - Coach Bus, 2 Nights at the Embassy Suites, State St. - 2 Double Beds, 2 Hr. Managers Party and Breakfast - Downtown Chicago, Ticket to Game ** 2 in a Room Per Person \$650, 3 in a Room Per Person \$575, and 4 in a Room Per Person \$530 all in U.S. Funds. \$100 U.S. non-refundable deposit secures your spot. Remainder to be PAID by January 16th. Bus leaves Two Waters Corunna at 9:00 am Sharp and Food Basics at 9:30 am. Contact Willie at 519-384-1957 or willie@cogeco.ca

Carrie Underwood

The Denim & Rhinestones Tour



Sun • Feb 26, 2023 • 7:30 PM

\$180 CDN or \$150 US

Includes: Preferred Coach Bus & Ticket (Sec.224)
Bus leaves Two Waters Corunna at 3:00 pm, Food Basics
Sarnia 3:30 pm and Pt.Edward Arena 4:00 pm.
And the Tom & Jerry's Party Store at 5:15 pm.
Soft Sided coolers allowed.

Contact Willie at 519-384-1957 or willie@cogeco.ca

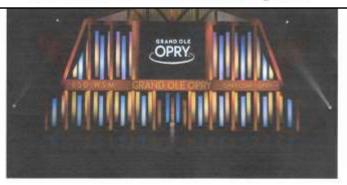
ST.PADDY'S IN PORT HURON



PORT HURON ST. PADDY'S PUB CRAWL

\$60 CDN - Coach Bus Saturday, March 11th, 2023

Bus leaves Two Waters (Corunna) at 10:30 am SHARP & Food Basics at 11:00 am SHARP and goes to the Brass Rail and returns at 7:00 pm SHARP Contact Willie at 519-384-1957 or willie@cogeco.ca



Nashville

March 30 - April 3/23

Included: Coach Bus, 4 Nights Accommodation at "HYATT PLACE DOWNTOWN NASHVILLE with Breakfast, 2 Queen Beds, and Sofa Bed in each Room. Ticket's to Grand Ole Opry and before Opry \$30 Gift Card for Supper at the Aquarium Restaurant, and Dinner, Show and Dancing at Wild Horses Saloon, and Lunch going to and from Nashville at the Golden Corral, Dayton Ohio. 4 in a room \$1065 US per Person, 3 in a Room \$1165 US per Person and 2 in a Room \$1365 US per Person. Bus leaves Two Water Brewing Co, Corunna at 5:00 am SHARP, Maawn Doosh Gumig at 5:30 am SHARP and Food Basics at 6:00 am SHARP. Contact Willie at 519-384-1957 or willie@cogeco.ca

Non-Refundable with remainder due February 27, 2023.





Boston Bruins

VS

Detroit Red Wings

@ Little Ceasars Arena Deroit

Sun. March 12th, 2023 at 1:30 PM

\$230 CDN Sec.104, Coach Bus & Ticket
Bus leaves Twin Waters, Corunna at 9:00 am Food Basics
at 9:30 am SHARP & Pt. Edward Arena 9:45 am. Small Soft
Sided Coolers Allowed "NO STYROFOAM" stopping at
Tom & Jerry's Party Store. Contact Willie's Adventures at
519-384-1957 or willie@cogeco.ca
Preferred Charters at 1-810-982-7433

TRIP TO TAMPA BAY



VS





April 11-14/23

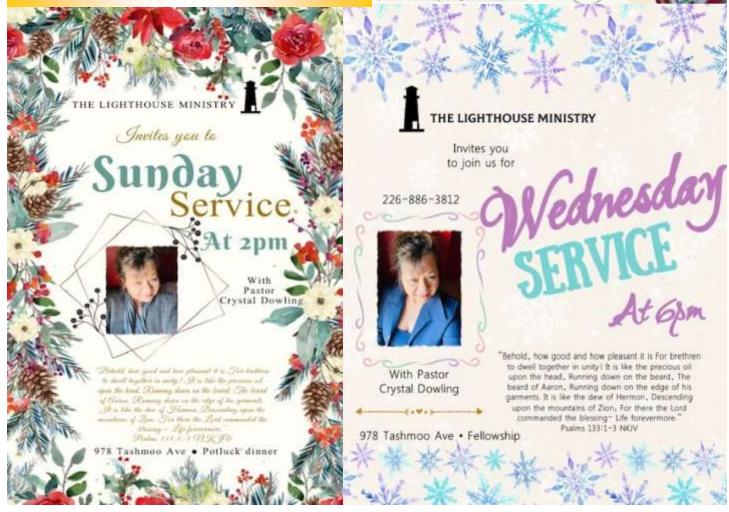
2 to a Room \$1165 US Per Person 3 To a Room \$975 US Per Person

4 To a Room \$900 US Per Person

INCLUDES: Flight to Tampa and Return (Southwest), 3 Nights Hotel (Embassy Suites- 2 Queen Beds and Sofa Bed with 2 Hr. Managers Party each Day and Breakfast), Ticket's to Both Games, Shuttle to and from Airport (Preferred Charters & Blu One Transit). Sting Stamkos T-Shirt. Bus leaves Bad Dog Corunna at 2:00 am, Food Basics Sarnia at 2:30 and Pt. Edward Arena at 2:45. \$100 US Non-Refundable Deposit required to secure seat ONLY 30 AVAILABLE. With remainder due Feb. 20th, Contact Willie at 519-384-1957 or willie@cogeco.ca







CROSSWORDS

Across

- 1. Speed trap device
- 6. Moved quickly
- 10. Gator's cousin
- 14. Rocker ___ Cooper
- 15. Dressed in
- 16. Promise
- 17. Hazard
- 18. Huron's neighbor
- 19. Ceremonial act
- 20. Locale
- 21. Diminishes
- 23. Amusement
- 25. Vigilant
- 26. Roker and Pacino
- 29. Musical works
- 33. The Grim ____
- 35. Traded goods
- 40. Feel concern
- 41. Love to pieces
- 43. Go by taxi
- 44. Coiled
- 46. Straighten up
- 48. High military rank
- 50. Army insect
- 51. Classic song
- 55. On an ocean trip
- 57. Honor roll (2 wds.)
- 61. Confess
- 65. Move quickly
- 66. Rewrite
- 67. Loop of rope
- 68. Always
- 69. Wishing ____
- 70. Certain woodwinds
- 71. Decorate anew
- 72. Valley
- 73. Put back to zero

1	2	3	4	5		6	,	8	9		10	11	12	13
14	+			77	-	15	98	1	- 23	1	16	+		+
17	╁	382	-	- 88		18	762	-8-	-25	-53	19	+	- 10	1
20	+	95		+	ı	21	92	+	-	22	1	+	+	+
	4	4	23	-	24		1			25	×.	+	300	+
26	27	28	4	29	+	+	30	31	32		3			
33	+	35	34	3	+		35	-	3		36	37	38	39
40	1	38	1	-8	41	42		+	- 3		43	1	45	1
44	+	*-	+	45	1	╁	-38-		46	47		1	300	
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51	52	23	54	+			4	55	÷.	+	56	٠.	÷	
57	+	30		0	58	59	60	8		61		62	63	64
65	+	+	6		66					67	9	+	8	+
68	+	-8-	2		69	-	*	-		70	×.	+	10	+
71	+	+	-	-	72	-	4	-	-	73	-	+	+	+

Down

- 1. Sharp blows
- 2. A Baldwin brother
- 3. Desperate
- 4. Serving perfectly
- 5. Set free
- 6. Norway's neighbor
- 7. Skin opening
- 8. Rocker ____ Clapton
- 9. Stag
- 10. Reef material
- 11. Salary boost
- 12. Furry swimmer
- 13. Trunk
- 22. Bridge position

- 24. Group spirit
- 26. Circle parts
- 27. Jump
- 28. Eastern garment
- 30. Dwelling
- 31. Roofing goo
- 32. Stadiums
- 34. ___ capita
- 36. Age
- Film legend _____
- Hayworth
- 38. Eve's home
- Fender damage
- Cozy retreat
- 45 Matures

- 47. Mrs. Roosevelt
- 49. Baby's toy
- 51. More unusual
- 52. Depart
- 53. Ventured
- 54. Preface
- 56. Mud brick
- 58. Indecent
- 59. Inspiration
- 60. Window ledge
- 62. Cows' calls
- 63. Words of
- comprehension (2
- wds.)
- **64**. Exam

Job Search Websites

OFIFC www.ofifc.org/

Nokee Kwe www.nokeekwe.ca/

Southern First Nation Secretariat, www.sfns.on.ca/index.html

N'Amerind Friendship Centre (London) www.namerind.on.ca/

Anishnawbe Health Toronto http://www.aht.ca/

SOAHAC London, Chippewas of the Thames, Owen Sound,

http://www.soahac.on.ca/

Six Nations (Ohsweken, ON), www.sixnations.ca/

Other Job Search Engines:

- http://www.aboriginalcareers.ca/
- http://ca.indeed.com/Aboriginal-jobs
- http://www.wowjobs.ca/jobs-aboriginal-jobs
- http://www.turtleisland.org/front/front.htm
- http://www.eluta.ca/
- http://www.monster.ca/
- http://www.workopolis.com/
- http://www.jobs.ca/
- http://www.servicecanada.gc.ca/eng/sc/jobs/jobbank.shtml

For Up-To-Date News and Information in the First Nations Political Arena you may visit: Chiefs of Ontario visit:

http://www.chiefs-of-ontario.org/

Union of Ontario Indians visit:

http://www.anishinabek.ca/

Assembly of First Nations visit:

http://www.afn.ca/

Southern First Nation Secretariat

http://www.sfns.on.ca/

Aboriginal Affairs & Northern

Development Canada

http://www.aadnc-aandc.gc.ca/

SOLUTION C E W 0 R E 0 L A T н Ε 1 E R T Ε Ε E N E E C R E D A 5 E 5 L E R G A M Ë A 5 5 E Ε R 8 A R Т E R E D c E D 0 R E D E 1 A R E D N E A E L G E R A L S E A E ٨ E N 5 L 5 Т A D T 1 E т N 0 0 5 D D 1 E W 0 E E Ē L L 8 0 E R D R

CROSSWORD

CHIPPEWA TRIBE-UNE

1972 Virgil Avenue Sarnia, Ontario N7T 7H5 Phone: 519-491-2160 or Fax: 519-491-0912 E-mail: editor@aamjiwnaang.ca

The next issue is due out on:

Friday, February 10th, 2023

The deadline for submissions is Wednesday, February 8th, 2023 at 12:00pm

Please submit your documents in Word, Excel, or Publisher formats or info can be hand written; jpeg for pictures.

This paper and past editions can also be found on the Aamjiwnaang website at:

www.aamjiwnaang.ca

If you have stories that you would like to share, please submit them to the Editor at : editor@aamjiwnaang.ca