



# AAMJIWNAANG FIRST NATION'S Chippewa Tribe-UNE

The summer camps are in full swing this week as the Maawn Doosh Gumig is once again filled with the sound of children.

The Right to Play summer activities kicked off this past Wednesday, The weather didn't cooperate but they kept up their spirits regardless.

The children's summer camp also got its start this week with 51 children enrolled and participating in fun activities such as reading, dancing, crafts and the splashpad when the weather permits.

We look forward to a fun and safe summer with these kids.





**Aamjiwnaang Chief & Council**

**Agenda Item Submission**

**Information and Deadlines**

- \* Regular Council Meetings - 1st & 3rd Monday of every month. If Monday falls on a statutory holiday the meeting is generally held the following day. Please note, that from time to time meetings may be cancelled or postponed.
- \* Deadline - Tuesday's prior to the regularly scheduled meeting date, by 12:00 noon, for Band Manager review.
- \* Agenda Item Request Form is available at reception for the following locations: Administrative Complex (Band Office), E'Mino Bmaad-Zijig Gumig (Health Centre) & Maawn Doosh Gumig (Community Centre); and, on the Aamjiwnaang website.
- \* Your completed request form can be submitted in person or email, you may also wish to attach additional documentation and information to support your request (i.e. acceptance letters, budget, personal summary, etc.).
- \* Requests will be reviewed by the Band Manager, to ensure that the appropriate personnel/department have the opportunity to respond or resolve the request, prior to being placed on the Council agenda.
- \* The guidelines set out above are in place to ensure that the flow of information to and from the Council table is efficient, and that your matter is addressed and resolved in a timely manner.

If you have discussion items for Chief and Council on:

**August 8th, 2022**

Your information is due by:

**August 1st 2022**

Miigwech, for your co-operation and understanding.

Ashley Jackson, Aamjiwnaang Council Clerk  
[ajackson@aamjiwnaang.ca](mailto:ajackson@aamjiwnaang.ca)

**NOTICE – Aamjiwnaang Seniors**

**RE: Seniors Travel and Recreation Funding**

Chief and Council along with the Community Services Committee have developed a new Seniors Travel and Recreation Funding Policy to help assist Seniors with Travel and Recreational activities. This application is for Seniors who have reached the age of fifty-five (55) years and over. The maximum funding is \$500/CA per fiscal year. Applications can be picked up at the Community Centre or Band Office. For more information please contact the Community Centre – 519-491-2160

**COUNCIL AGENDAS**

Presently a copy of the Council Agenda is posted on the front doors of the Band Office and Community Centre.

If you would like to receive an “electronic” copy of the Council Agenda, please send an email to: [pnahmabin@aamjiwnaang.ca](mailto:pnahmabin@aamjiwnaang.ca) providing your name and band number.

Only band members can receive an electronic copy of the Agenda.

Thank you.

Patrick Nahmabin

Community Information Officer



Aboriginal Affairs and

Northern Development Canada

**IF YOU DO NOT HAVE THE MANDATORY IDENTIFICATION TO OBTAIN A STATUS CARD, PLEASE CALL: 1-800-567-9604**

- Advise the call centre representative that you want to obtain a Temporary Confirmation of Registration Document (TCRD).
- They will ask a series of questions to confirm your identity and then mail a Temporary Confirmation of Registration Document (TCRD) to you.
- This document will state your registration number and can be used in place of a Status Card to access benefits and services.

**NOTICE - Band Members**

**RE: Youth Funding Policy / Funding Applications**

Chief and Council along with the Community Services Committee have developed a new Funding Policy to help our youth with their Sports, Arts and Recreational activities. This application is for youth to the age of 25 years. The maximum funding is \$800/CA per fiscal year. This maximum will take into consideration LNHL reimbursement and any other recreational funding. Applications can be picked up at the Community Centre or Band Office. For more information please contact the Community Centre – 519-491-2160



## ATTENTION TO ALL MEDICAL DRIVERS!!!

### Medical Travel slips are now due by Monday's at noon.

**Medical Travel Drivers:**

**Terry Plain (Monis)** 519-402-5535  
**Sheila Firth** 519-383-1073  
**Christine Plain** 519-466-0054  
**Muriel (Toddy) Joseph** 519-336-6323 or 519-312-2403

**Ron Simon** 519-331-7607  
**Marion Waters** 519-312-5283  
**Wheelchair Accessible Van Driver:**  
 Contact the Health Centre at 519-336-6770

**CHECK OUT THIS HEALTH INFORMATION**

**Did you know:**

Community Members:

Please remember that if you have a prescription for any kind of equipment; you should try to go to a registered provider to see if the items can be covered under Non-Insured Health Benefits (NIHB). If you are unsure if they are a registered provider, you can always ask them before ordering or paying for an item. Give the provider your status card number and they will check or send off forms to NIHB to see if the items are covered. In some cases, you may have to pay a fee if the item is not fully covered but you could be reimbursed. Some recognized providers are:

Shoppers Wellwise - Exmouth St., True North - Confederation St.,



[This Photo](#)

If you are unsure, you can give me a call at 519-332-6770, ext. 320. If I am unavailable, please leave a detailed message with your contact information.

**Are you interested in becoming a Medical Driver?**

Responsibilities:

- Transportation to and from medical appointments for on-reserve members.
- Maintaining accurate records of all trips.

Requirements:

- Must have a valid driver's license, clean driver's abstract, proof of insurance related to the 'carriage of passengers', provide recent police check and Safety Standards Certificate for your vehicle.
- Some financial assistance is available to help offset these additional expenses. To learn more, please contact Peggy Rogers at the Health Centre.
- Ability to maintain strict confidentiality

**Please contact Peggy Rogers at the Health Centre (519) 332-6770. Miigwech!**

**Hospital information:**



If you have an appointment at the Hospital or are admitted, don't forget to self-identify as First Nations and that they have your status card on file.

If you have needed to take an ambulance to the hospital and have received a bill from the hospital, contact the Patients Account Office at the hospital and submit your status card. The Patients Accounts Office will submit your bill to NIHB for payment. You also can contact me at 519-332-6770, ext. 320 if you need assistance.

[This Photo](#) by Unknown Au-

**How to get Help**

Find the right time and place to talk. Be calm, caring, non-threatening. Listen. Talk about the concerns by using facts and accurate information. Encourage the person to see a doctor. Encourage the person to seek professional help.

**Where to Get Help**

**Emergency 911**

**Kids Help Phone 1-800-668-6868**

**Distress Line 519-336-3000**

**LGBTQ Two Spirited Youth Line 1-800-268-9688 – OR –Text: 647-694-4275**

**Bluewater Health Addictions and Problem Gambling: 519-464-4400 ext. 5370**

**Withdrawal Management 519-332-4673**

**Women’s Interval Home 519-336-5200**

**Sarnia-Lambton Children’s Aid Society 519-336-0623**

**Westover Addiction Assistance 1-800-721-3232**

**Windsor Withdrawal Management (detox) 519-257-5225**

**Grand River Withdrawal Management (detox) 519-749-4318**

**London Withdrawal Management (detox) 519-432-7241  
Lambton Mental Health Crisis Line 519-336-3445**

**Victim Services Support Line 1-888-281-3665 ext. 5238**

**Alcoholics Anonymous 519-337-5211**

**Drug & Alcohol Registry of Treatment 1-800-565-8603**

**Aamjiwnaang Mental Wellness 519-332-6770**

**Pregnancy Centre 519-383-7115**

**Sexual Assault Victims 519-337-3320**

**Problem Gambling 1-888 230-3505**

**For more information or support please call :  
519-332-6770**

**Attention ODSP Clients**

Pam Kelly will be returning for in person appointments

**August 10th, 2022 from 9am—4pm**

Continuing with every 2nd Wednesday of each month

**\*\*New location at the Community Centre\*\***

If you need to contact Pam please call 519-337-3735 ext 2280



**AAMJIWNAANG Mental Wellness**

If you feel overwhelmed with stress and it is affecting you in a negative way, please reach out for help. We want to help you in any way we can.

**CRISIS LINES**

**EMERGENCY 911**

Southwest First Nations Crisis Response 1-866-289-0201

First Nations Hope for Wellness 1-855-242-3310

Child & Youth Crisis Line 1-833-622-1320

Kids Help Phone 1-800-668-6868

Text CONNECT to 686868

Sarnia Distress Line 519-336-3000

National Indian Residential School Crisis Line 1-866-925-4419

**BUSINESS HOURS 519-332-6770**

Tracey George ext. 317 cell: 226-349-5712

Max Cryderman ext. 327 Secondary School Mental Wellness

Ashley Maness ext. 324 Elementary School Mental Wellness

Gabby MacDonald ext. 325 School Mental Wellness

Roberta Bressette ext. 313 Community Wellness

Amy Vandersteen ext. 301 Administration & Family Wellbeing

Kayla Joseph ext. 328 Addictions & Diversion Youth

Michelle Waiters ext. 321 cell: 519-333-8787 Addictions & Diversion

Alphonse Aquash ext. 315 cell: 519-490-5956 Addictions & Diversion

**Miigwech. Stay Safe.**



**Aamjiwnaang First  
Nation  
Public Works Dept.**

978 Tashmoo Ave.  
Sarnia, Ontario  
N7T 7H5  
Phone: (519) 336-8410  
Fax: (519) 336-0382

**The new designated after-hours phone line for the infrastructure service emergencies, basement back-ups, animal control requests, or winter maintenance issues. There will be one main contact number that will be used for those occurrences.**

**The after-hours phone number is:**

**519-331-3596**

**Please continue to use the band garage number during regular office hours. The Garage number is 519-336-0510.**

**Leave a message if no one answers.**

**Alternatively, you can call Wilson Plain Jr. during regular hours at 519-330-8749.**

**Migwech**

**TNT Auto Detailing & Upholstery**  
*Call for free quote or to book appointment*

**Auto Detailing  
 Upholstery & Carpet Cleaning**

Greg Gray (Owner) - (226)-964-2227  
 1909 Virgil Ave-Sarnia, Ontario

**TAX FREE**

**FURNITURE WAREHOUSE**

Thursday to Saturday 11 am - 5 pm  
 Sunday - 12 pm - 5 pm

**Great Prices!**

1647 Williams Drive  
 (at the end of Indian Road)  
 Sarnia, ON

 **Roger Williams' AUTHENTIC NATIVE CRAFT SHOP**

**Lots to choose from & Great Gift Ideas!**

**STORE HOURS**  
 Monday ~ Saturday  
 10:00 am ~ 6:00 pm  
 Phone 519-344-1243

 **Rhynos Renovations**

Ryan Pitre  
**519-312-7537**

*Calm 'n Scents®*  
 AROMATHERAPY & METAPHYSICAL STORE

**WE MAKE CUSTOM KITS!**

HERBAL TEAS  
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 CLASSES & WORKSHOPS  
 BOOKS  
 BATH & BODY PRODUCTS  
 JEWELRY  
 CRYSTALS  
 CEREMONY ITEMS

**100%**  
 ANISHINAABE OWNED & OPERATED

174 CHRISTINA ST. N  
 SARNIA, ONTARIO

If you would like to submit artwork, drawings or anything at all for the Tribe-une, leave them at the Community Centre for the editor or email them to [editor@aamjiwnaang.ca](mailto:editor@aamjiwnaang.ca)  
 All submissions subject to editor approval.

**Intention A Natural**  
 CUSTOM ALL NATURAL BATH AND BODY & WELLNESS PRODUCTS

**Company**



To order visit: [intentionnatural.ca](http://intentionnatural.ca)  
 free delivery within Lambton county

## Engineering Science Quest ESQ Science Camp July 4—8

For one week kids attended the yearly science camp which is partnered with the University of Waterloo. The kids take part in activities that help them understand scientific principles, physics and even learn a little about computer language coding. It's a great opportunity for children to get acquainted with STEM related learning.



**First Week of summer camp and the first week starting for this years crop of summer students.**





# AAMJIWNAANG FIRST NATION CHIPPEWAS OF SARNIA

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## EMPLOYMENT OPPORTUNITY

**Position Title:** Greenhouse Technician  
**Location:** Sarnia, ON  
**Duration:** Full-Time Permanent  
**Posting Closes/Deadline:** July 25<sup>th</sup>, 2022  
**Tentative Interview Date:** July 27<sup>th</sup>, 2022

### Position Summary:

Under general supervision of the Environment Coordinator, the Greenhouse Technician will maintain greenhouse plant materials, including watering, feeding, pruning, propagation, testing, and pest management; operate environmental control equipment, maintain greenhouse facility, including installation, maintenance, and repair of special equipment. Will participate in research projects as well as rain garden installations.

### Responsibilities:

- organize tool and safety equipment storage area
- Familiar with receipt writing and handling money.
- organize Natural Pest Management system (primarily in the greenhouse)
- develop a list of sites and a schedule for seed collection and cuttings at a number of natural areas containing valuable native plant material that we do not expect to obtain through rescue. This sourcing will help to re-build populations of rare plants.
- research types of containers/quantities to be used for propagation, based on available space
- research propagation books/sites specific to native plants of this region – organize information resources for shared use
- Maintain storage and propagation areas
- develop a documentation and cataloguing system for rescued plants, gathered seeds and greenhouse stock
- propagation (by division) of plants obtained through rescues
- seed cleaning, cataloguing and storage
- monitor collected seed for moisture, vermin
- research seed propagation techniques specific to each type of collected seed
- seed preparation – stratification, scarification
- transplant propagules
- document propagation success rates (ongoing inventory)

- monitor stored plant material
- monthly progress reports

**Knowledge, Skills and Abilities:**

- Use a variety of hand tools and equipment
- communicate effectively in both oral and written form
- receive and give instructions
- perform a variety of physical labor including bending, kneeling, reaching, and standing for long periods of time
- lift and carry, tools, equipment, and materials
- set priorities
- plan and coordinate work schedules

**Requirements:**

- Graduation from a post-secondary in horticulture preferred.
- Working knowledge of and commitment to the rescue and propagation of native plant species on the Aamjiwnaang First Nation.
- Experience in collecting information to develop databases and documentation for a catalogue system of the rescued plants, gathered seeds and green house stock.
- A high degree of initiative and self-direction; good analytical, organisational and communication skills.
- Well-developed interpersonal skills; strong interest in greenhouse propagation.
- Ability to establish and maintain effective communications and working relationships with staff and the public as required.
- Sufficient strength and physical dexterity to perform duties and responsibilities of this job, including heavy lifting.
- Ability to work in a hot/humid greenhouse environment
- A positive personality and willingness to learn the role of Greenhouse Technician
- Attention to detail and experience in sales and customer service an asset

**Other Considerations:**

In accordance with Section 16 Special Programs of the Canadian Human Rights Act, preference will be given to Aamjiwnaang Band Members with relevant education/experience (R.S.C 1985, c. H-6, s16 (1-3)).

**Application Process:**

If you are interested in this opportunity, kindly forward your resume and cover letter via mail or email or fax or in person to (for a copy of the complete job description please email request):

Aamjiwnaang First Nation  
978 Tashmoo Avenue  
Sarnia, ON  
N7T 7H5  
Attention: Human Resources  
Or  
[HumanResource@aamjiwnaang.ca](mailto:HumanResource@aamjiwnaang.ca)  
Or  
519-336-0382 fax

For more information, check us out online at [www.aamjiwnaang.ca](http://www.aamjiwnaang.ca)



# AAMJIWNAANG FIRST NATION CHIPPEWAS OF SARNIA

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## EMPLOYMENT OPPORTUNITY

**Position Title:** School Resource Teacher

**Location:** Aamjiwnaang Kinomaage Gamig (school), Sarnia, ON

**Duration:** Full-Time Permanent – 10-month term

**Posting Closes/Deadline:** July 28<sup>th</sup>, 2022

**Tentative Interview Date:** August 2<sup>nd</sup>, 2022

### Position Summary:

The Resource Teacher is an education professional who provides support to the school in a variety of areas to support student achievement and wellbeing. The Resource Teacher will provide opportunities for differentiating instruction, build literacy and numeracy strategies and work with classroom teachers to strengthen our instructional capacity; case manage students in a small school environment and ensure adequate data collection to monitor student academic and social growth and report learning outcomes.

### Responsibilities:

- Coordinate early learning supports for primary age children
- Demonstrate an ability to differentiate academic instruction
- Provide coaching and modeling to classroom teachers and support staff and participate in small group instruction and student engagement.
- Ensure that appropriate resources are available for effective learning and teaching
- Maintain a regular and visible presence in the classroom to include co-teaching
- Lead staff for school-based team meetings
- Work as a team to administer Test of Preschool Early Literacy (TOPEL), and other assessments for students
- Build sustainability for the continued growth of literacy and numeracy using programs such as Daily 5, Heggerty Phonemics and Jump Math
- Be willing to provide in-house training to school staff
- Act as a liaison between the family and community/clinical services to support the designing and implementation of the student's Individual Support Plan (ISP)
- Plan for student transitions
- Submit internal reports to supervisor as required
- Supply teach when needed

**Requirements:**

- Degree in Education and in good standing with the Ontario College of Teachers
- Ability to work positively with other staff members.
- Proven successful experience working with students with a range of exceptionalities.
- High level of appreciation and sensitivity to Indigenous issues, beliefs, and values.
- Must successfully pass the vulnerable sector screening and criminal record check.
- Excellent technology skills and ability to multi-task
- Knowledge of Indigenous culture an asset.
- Excellent oral and written communication skills

**Other Considerations:**

In accordance with Section 16 Special Programs of the Canadian Human Rights Act, preference will be given to Aamjiwnaang Band Members with relevant education/experience (R.S.C 1985, c. H-6, s16 (1-3)).

**Application Process:**

If you are interested in this opportunity, kindly forward your resume and cover letter via mail or email or fax (for a copy of the complete job description please email request):

Aamjiwnaang First Nation  
978 Tashmoo Avenue  
Sarnia, ON  
N7T 7H5  
Attention: Ashley Fisher  
Human Resources Officer  
Or  
[humanresource@aamjiwnaang.ca](mailto:humanresource@aamjiwnaang.ca)  
Or  
519-336-0382 fax

For more information, check us out online at [www.aamjiwnaang.ca](http://www.aamjiwnaang.ca)



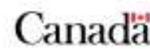
## Interested in learning how to succeed as an apprentice?

Join SLWDB in partnership with Aamjiwnaang Alternative and Continuing Education Program as we host a session for individuals interested in the trades and new apprentices. Join representatives from Can-Weld and LIUNA to discuss these exciting skilled trades. Learn what you need to succeed!

**August 3<sup>rd</sup> 1:00 pm-3:00 pm**  
**Maawn Doosh Gumig Community and Youth Centre**  
**1972 Virgil Ave**  
**Sarnia, ON**

Register at:

<https://tinyurl.com/47c4zrpk>



This Employment Ontario project is funded in part by the Government of Canada and the Government of Ontario

*The Sarnia-Lambton Native Friendship Centre is getting an upgrade, as is the affordable housing supply for the area's urban Indigenous population.*

Tyler Kula

Jul 06, 2022 · 3 days ago · 3 minute read · [Join the conversation](#)



Rezoning has been approved for a planned 40-unit affordable housing building for Sarnia-Lambton's urban Indigenous, and the new home of the Sarnia-Lambton Native Friendship Centre. (City of Sarnia image)

The Sarnia-Lambton Native Friendship Centre is getting an upgrade, as is the affordable housing supply for the area's urban Indigenous population.

### Article content

The plan right now is to break ground this September on a 40-unit affordable housing building on Confederation Street, beside the Good Shepherd's Lodge, said Cathy Connor, director of housing development with the property owner, Ontario Aboriginal Housing Services.

Sarnia city council recently approved rezoning needed for the \$18-million five-storey project, which will also become the new home for the friendship centre, currently located on Lochiel Street, Connor said.

"They have existing housing there," she said about the centre's current location, explaining about a half-dozen units were added five or six years ago, "but when they put the housing in, they very quickly realized that their wait lists became more than their units were ever going to support."

Even 40 units – half one-bedroom, 10 with two bedrooms and 10 with three bedrooms – will only make a dent in the growing demand, Connor said.

"It won't completely resolve the wait list," she said.

If all goes according to schedule, the construction of the housing complex should take from 16 to 18 months, she said.

Rents will be 80 per cent of median market rates, she added.

"We're new to Sarnia and we're excited to be there," she said, noting the friendship centre, the City of Sarnia and the County of Lambton have been great partners.

The 940 Confederation St. property was severed from the adjacent Good Shepherd Lodge lands more than a decade ago, and then sold to the County of Lambton for \$100,000 in 2019, City of Sarnia officials said.

The county donated the land – previously home to the Lambton Shrine Club and vacant since the club's facility was demolished in 2017 – to Ontario Aboriginal Housing Services, which provides affordable housing for Indigenous people living off reserve in Ontario, officials said.

Plans for the build, led by Two Row Architect, have been in the works now for several years, Connor said.

The friendship centre is expected to occupy the main floor and part of the second and will offer programming to residents, she said.

That programming can be essential for healing for people who need cultural touchstones and aren't used to an urban environment, Sarnia Coun. Brian White said.

"I think this is a great proposal and it fills a great gap in our community," he said.

Coun. Terry Burrell was the lone opposition vote on rezoning, predicting the plan, which provides fewer than one-third the parking spaces normally required, will lead to problems.

"I just see this as a disaster looming," said the councillor, calling it "a way overdevelopment of the site."

Project agents with Monteith Brown Planning Consultants said many municipalities are ditching parking requirements in circumstances like this to help put a dent in a widespread affordable housing shortage in the province.

Most residents of this building aren't expected to own a car while the residence is near bus routes, shopping and fast-food restaurants, officials said.

There's also overflow parking available at the lodge property, they added. The property will make use of the lodge's driveway, council heard.

### Article content

Individual projects are supposed to stand on their own merits, Burrell argued.

Outside of a 54-unit affordable housing project on Maxwell Street – with a 24-unit expansion in the works – there's little affordable housing in Sarnia right now, Coun. Mike Stark noted.

"We need to have projects like this," he said. "We need to accommodate them."

Sarnia should also re-examine its parking requirements for similar mixed-use projects, Mayor Mike Bradley suggested.

"The world is changing on parking in every city," he said, "so I think we need to take a good look at our bylaw and have that discussion."

[tkula@postmedia.com](mailto:tkula@postmedia.com)



# COVID RESOURCES

## RAPID TEST KITS & MASKS AVAILABLE AT THE HEALTH CENTRE

**TESTING:  
AAMJWNAANG**

Tuesdays & Thursdays 9-10am. Register online  
[form.jotform.com/213576146125050](http://form.jotform.com/213576146125050)

**TESTING:  
SARNIA-LAMBTON**

[lambtonpublichealth.ca/2019-novel-coronavirus/testing-criteria](http://lambtonpublichealth.ca/2019-novel-coronavirus/testing-criteria)

**SCREENING**

[covid-19.ontario.ca/self-assessment](http://covid-19.ontario.ca/self-assessment)

**SCHOOL & CHILDCARE  
SCREENING**

[covid-19.ontario.ca/school-screening](http://covid-19.ontario.ca/school-screening)

**VACCINE**

[getthevaccine.ca](http://getthevaccine.ca)

**EXPOSURE**

[covid-19.ontario.ca/exposed](http://covid-19.ontario.ca/exposed)

Stay home when you're sick. Clean your hands. Wear a mask in crowded indoor spaces.

[www.aamjiwnaang.ca](http://www.aamjiwnaang.ca)

AAMJIWNAANG HEALTH CENTRE NOW OFFERING

# BIRTH CONTROL CLINIC

**SCHEDULE YOUR APPOINTMENT TODAY**



**APPOINTMENTS AVAILABLE EVERY TUESDAY AND THURSDAY FROM 1:30PM-4PM.  
(OTHER DATES AVAILABLE BY REQUEST BY CALLING MIKEESHA AT 519-332-6770 EXT. 309)**

**ONLINE: [HTTPS://OUTLOOK.OFFICE365.COM/OWA/CALENDAR/STIDROPIN@SOAHAC.ON.CA/BOOKINGS/](https://outlook.office365.com/owa/calendar/stidropin@soahac.on.ca/bookings/)**

**MUST BE 16 YEARS OR OLDER OR ACCOMPANIED BY PARENT/GUARDIAN**

**Next  
Scheduled  
market on  
August  
13th, 2022**

Indigenous artisans,  
crafters, vendors  
and food vendors

**2ND SATURDAY OF THE  
MONTH FROM MAY -  
DECEMBER  
9:00AM TO 1:00PM  
1972 VIRGIL AVE –  
UNDER THE PAVILION**

# **GWETAANDAAWE MARKET**

For More Information Contact Barb Urlacher at [burlacher@aamjiwnaang.ca](mailto:burlacher@aamjiwnaang.ca)  
or 519 336-8410

# Cancer Awareness

## Walk 2022



*We all know someone who is either battling, is a survivor, or who have succumb to cancer. Let's take a day to honor them and spread awareness!*

**Wednesday | Aug 17th | 10am  
Maawn Doosh Gumig**

*If you are a survivor and would like to participate and/or have a loved one who you've lost to cancer please call Roberta at the Health Centre.*

**Route: Begins at the Maawn Doosh Gumig around the Senior's Complex & back.**

**Lunch will be provided. Please call Roberta @ 332-6770 ext. 313. to sign up.**

Made with PosterMyWall.com

## Tribe-une Notice: Change in delivery

This is just to let everyone know that during the summer months we will be increasing the publication frequency of the Tribe-une.

You can expect a Tribe-une to come out every Friday starting this week, July 15th to August 26th, after which time we will resume regular publication at 2 week intervals. Miigwech, and have a great summer

# Lunch & Learn



Monday, July 15th, 12pm  
Aamjiwnaang Health Centre

## Neighbours Friends & Family

- Learn to recognize warning signs & risk factors domestic violence
- Learn how to respond safely & supportively
- How to have a conversation about suspected abuse



Neighbours, Friends & Families



Senate, Legislature, Council and/or Committee on  
Violence Against Women

To sign up please call Roberta at  
**332-6770 ext. 313.**



# TOBACCO FREE EVENT

FRI . AUG . 12TH

# OUTDOOR

*Concert  
&  
Corn Roast*

FEATURING BROTHER'S WILDE

7-9PM | MAAWN DOOSH GUMIG | 1972 VIRGIL AVE  
BRING YOUR LAWN CHAIRS. NO SIGN UP REQUIRED.

QUESTIONS? PLEASE CALL 332-6770 EXT.313.

**THE HELP YOU JUST MIGHT NEED TO KICK THE HABIT IS OUT THERE!!!!**

# Lunch & Learn

## STOP program information session



**FRIDAY, JULY 22ND**  
**12PM -1PM**  
**AAMJIWNAANG HEALTH CENTRE**

*Would you like to know about more about our new Nicotine Replacement Therapy program offered at the Health Centre?*

*Come out and join us for lunch and a short information presentation. We'll be happy to answer any questions you may have.*

**To sign up please contact Roberta at 332-6770 ext. 313**

# Are you interested In kicking the habit?



## The Aamjiwnaang Health Centre now offers NICOTINE REPLACEMENT THERAPY

- ➡** You must be at least 18 years old.
- ➡** Currently using commercial tobacco.
- ➡** Or have quit within 30 days.

To schedule an appointment please call Roberta at 332-6770 ext.313 or Mikeesha at ext. 309.

**Wednesday, July 27th, 2022  
at 10 AM SHARP - 2 PM**



**FEAST BUNDLE  
WORKSHOP**



**With Right to Play &  
Youth Programming**

Come join us for a cultural teaching on  
feast bundles, and build your OWN  
feast bundle to take home.

For Youth ages **12-18**

**SPACE LIMITED!**

To register, please email **Cody**  
at **cwhite@aamjiwnaang.ca**

or **Adreena** at

**abenner@aamjiwnaang.ca**



# Aamjiwnaang Native Plant Nursery

*Maajiigin*

*Gumig*

"place where plants start to grow"

door prize draw each day  
2-for-1 deals



## Saturday's in July

9th, 16th, 23rd

Daily from

9:00 am - 1:00 pm





Please join us

# Men's Wellness

**5PM START**  
Arts & Crafts Room

AT MAAWN DOOSH GUMIG  
COMMUNITY CENTRE

Questions please call Alphonse 519.490.5956  
If you need a ride please call or text Amy 519.384.1955

July 14 & 28

*We hope to see you there!!*





# Aamjiwnaang First Nation

## Community Energy Plan Newsletter #3

### Thank you to everyone who participated in our Open House!

An Open House for the Aamjiwnaang Community Energy Plan (CEP) Project was held on May 30 and 31, 2022 at the Community Centre. Approximately 35 participants provided feedback on the CEP.

The purpose of the Open House was to:

- Review the draft vision statement
- Share your thoughts on the draft Energy Conservation Measures (ECMs)
- Discuss energy conservation on Aamjiwnaang with the Project Team

Below are the top five ECMs participants identified for community and residential buildings.

#### Community Buildings

- Increase the efficiency of boiler/furnace systems
- Install LED lighting
- Install light sensors
- Install (more) rooftop solar panels
- Make upgrades to the building

#### Residential Buildings

- Install LED lighting
- Increase energy efficiency of fuel-fired furnace systems
- Make upgrades to the building
- Establish minimum efficiency standard for equipment
- Install solar panels

#### Why prepare a Community Energy Plan?

- Use energy more efficiently;
- Reduce energy costs;
- Reduce greenhouse gas emissions;
- Create more opportunities to attract businesses and jobs;
- Increase the security of our energy supply; and
- Enhance our resiliency to climate change.

#### Top 3 Community Energy Projects

- Community Solar Project – 100 kW Solar Farm
- Community Micro-Grid
- Back-up Generator for Key Buildings

#### We need your input!

Share your thoughts on the draft vision statement for the CEP by July 8<sup>th</sup>, 2022.

Visit <https://forms.gle/b4DJ8Z4dD3YeGYNZ8> or scan the QR Code with your phone or tablet:



You can also contact our Community Energy Champion, Emma Franklin at [efranklin@aamjiwnaang.ca](mailto:efranklin@aamjiwnaang.ca) or (519)330-2955 to provide feedback or to be added to the mailing list.



Aamjiwnaang First Nation  
Community Energy Champion

#### What's next?

Based on the feedback received, we will be drafting the CEP! Stay tuned for more online engagement opportunities!



# Attention Aamjiwnaang Seniors 55 +

## ELVIS PRESLEY SONGS WORD SEARCH PUZZLE



- |                   |                   |                  |                  |
|-------------------|-------------------|------------------|------------------|
| ALL SHOOK UP      | DEVIL IN DISGUISE | JAILHOUSE ROCK   | STUCK ON YOU     |
| ALWAYS ON MY MIND | GIRL HAPPY        | KING CREOLE      | SUSPICIOUS MINDS |
| BLUE SUEDE SHOES  | HEARTBREAK HOTEL  | LOVE ME TENDER   | TEDDY BEAR       |
| BURNING LOVE      | HOUND DOG         | LOVING YOU       | UNCHAINED MELODY |
| CLAMBAKE          | IN THE GHETTO     | RETURN TO SENDER | VIVA LAS VEGAS   |

[www.WordSearchAddict.com](http://www.WordSearchAddict.com)

Who doesn't like Elvis? Who hasn't shook those hips? So come and have some FUN

Complete the word search for a chance to win a gift card

Deadline July 25, 2022

Draw date will be Live on FACEBOOK—July 28th, 2022

Name: \_\_\_\_\_ Phone# \_\_\_\_\_

Drop off at mail slot located at the Health Center

# Aamjiwnaang Seniors 55+ ONLY



Let's turn back time and re-live moments from the past with an exciting and dynamic tribute to the Swedish pop super group ABBA!

Powerful harmonies, high energy dance, and the unforgettable hits of ABBA make this contemporary musical tribute one not to be missed.

“Dancing Queen, Take a Chance on me, Fernando, and Mamma Mia”

Are only the beginning of this nostalgic musical journey.

They are coming directly from the theatres in Branson, Missouri.

**August 18th, 2022 Senior Bus Trip Walters Music Venue**

**Bus Leaves at 11am from Community Center - SHARP**

**ONLY 21 sets of tickets so you MUST SIGN UP with Becky**

**519-332-6670 EXT # 312**

**LIVE - FACEBOOK Draw will be August 2, 2022**

# Senior Coffee Time DROP-In



**Come on out to enjoy a coffee / tea and sit and talk ...let's get out of being all couped up in the house. Snacks will be provided**

**NO SENIOR COFFEE TIME JULY 12, 2022**

**July 26, 2022**

**From 1-3pm**

**Seniors Building—Lounge**

**COME ON OUT and SIT and CHAT ... See you soon**

# GAME NIGHT UPDATE

**Game Nights will be Tuesday July 5th & July 19th, 2022 from 5 to 8pm**

**Located at Seniors Building Lounge**

**Come on out and have some fun and a snack.**



## Senior Updates

**July 9th, 2022 Aamjiwnaang Market**

**July 12, 2022 Senior & Youth Picnic in the Park**

**July 21, 2022 Produce Boxes**

**July 6, 13, 20, 27, 2022 Congregate dining**

**There will be NO CONGREGATE DINING in the month of AUGUST**

**Please remember heat stroke can happen very quickly always hydrate and rest in the shade. Have a wonderful SUMMER**

**Enjoy your time with family and friends**



# Hole In One Contest!

Prize details to be announced soon!



## 3RD ANNUAL London District Chiefs Council GOLF TOURNAMENT

Benefiting Regional Youth Initiatives

**AUGUST 5, 2022**

**Registration Deadline: July 29, 2022**

### 4 Person Scramble

Willow Ridge Golf & Country Club Ltd.  
439 Chatham St. S.  
Blenheim, ON

LIMITED 50%  
DISCOUNT FOR  
A JUNIOR  
YOUTH  
GOLFER\*  
REGISTRATION

### Registration

**\$125 PER PLAYER**

### INCLUDES:

- ✓ CART
- ✓ STEAK DINNER
- ✓ MULLIGAN

Online - <https://form.jotform.com/221794057421051>

Portia Shipman, Golf Tournament Coordinator  
Email: portia.shipman@gmail.com  
Phone: 226-627-6228

*\*Junior youth golfer must be an LDCC Member Nation Youth aged 6 - 16 years.*



**AAMJIWNAANG CHILDREN  
& YOUTH SERVICES**

# **OT & SPEECH ON THE BEACH**

**Children ages 1-4 years**

**Join us for a morning of games  
and activities targeting Gross &  
Fine Motor skills and Language  
Development**

- WATER PLAY
- SAND CASTLE BUILDING
- SAND SEARCH & FIND
- BEACH GAMES
- SNACK PROVIDED
- WEAR SWIM ATTIRE
- SHADED TENT
- PLEASE BRING SUNSCREEN

**WHEN:**

**WEDNESDAY, JULY 20TH**

**10:00AM - 11:30AM**

**WHERE:**

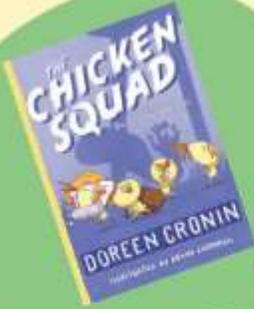
**CANATARA BEACH  
MEET AT THE LIFE GUARD STATION**

**DROP-IN EVENT - NO REGISTRATION REQUIRED!  
EMAIL [APETITIT@AAMJIWNAANG.CA](mailto:APETITIT@AAMJIWNAANG.CA) FOR MORE INFO!**

**Rain date July 27th from  
10:00am-11:30am**



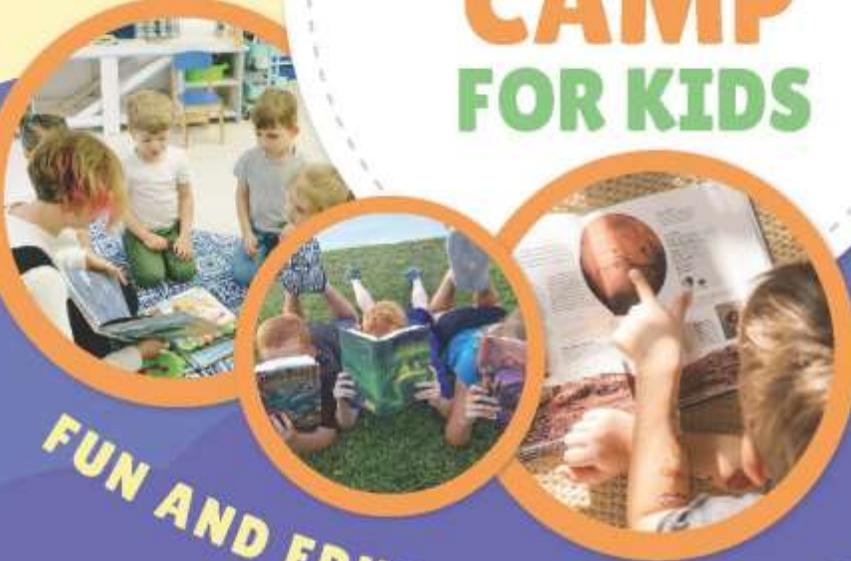
**AAMJIWNAANG CHILDREN & YOUTH SERVICES**



**AUGUST**  
2nd-4th  
3PM-4PM

# LITERACY CAMP FOR KIDS

**GRADES**  
**2-4\***



**FUN AND EDUCATIONAL LITERACY RELATED  
ACTIVITIES AND GAMES**

**RULES OF READING**  
**CHARACTER, SETTING, PLOT**  
**COMPREHENSION OF  
NEW WORDS**

**FOUNDATIONS FOR  
SUCCESSFUL READING**  
**SPELLING GAMES**  
**CONFLICT & RESOLUTIONS**

**MAAWN DOOSH GUMIG**

**REGISTER  
TODAY:**

**MLEFAIVE@AAMJIWNAANG.CA**  
**(519) 332-6770 EX: 332**

\*This camp is for children in Grades 2-4 who are needing some extra literacy support. Limited space is available. Deadline to register is July 25, 2022.



AAMJIWNAANG  
CHILDREN & YOUTH  
SERVICES

**E'Mino  
Bmaad-Zijig  
Gamig  
(Health  
Centre)**



**For 3  
Months to  
5 Years**

# ASQ Summer Screening Hub

**Drop-In Developmental  
Screens**



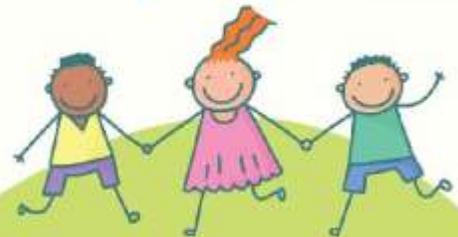
**Tuesday, Aug 9th &  
16th | 1pm-3pm**

**Wednesday, Aug 10th  
& 17th | 9am-11am**



**Drop in, complete  
a screen for  
your child and  
receive a \$10.00  
Gift Card!**

**No Sign  
Up  
Required!**



**For more information:**

**Email: [rsimon@aamjiwnaang.ca](mailto:rsimon@aamjiwnaang.ca)**

**Call 519-332-6770 | EX: 330**

**Join the Nurturing the  
Seeds Study for an  
additional \$10.00 Gift Card!**

## Local Produce. Local Access.

### MISSION STATEMENT

## OUR GOAL

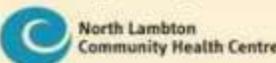
With the help of our incredible Program Partners & Sponsors, we set out to ensure every member of our community, regardless of their income status, has access to fresh, nutritious produce throughout the summer season. The Inn of The Good Shepherd's Mobile Market, stocked with fresh, nutritious, locally-grown produce, makes weekly stops at select locations all throughout Lambton County. Community members are welcomed to choose some no-cost items for their households each week!

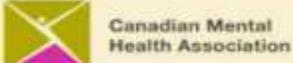
**LEAD PROGRAM SPONSOR**



### COMMUNITY HEALTH PARTNERS

We are so pleased and grateful to welcome back our community health partners. Look for them at our markets every week. Come for the healthy food, stay a while to develop your healthy lifestyle.




**REACH OUT TO THE INN**

**115 John St  
Sarnia, ON  
(519)344-1746**




**2022**

**LEAD PROGRAM SPONSOR**






## SNACK PACKS

Summertime is all about freedom & fun! As school winds down for break, so do the breakfast and lunch programs many kids rely on. That's why we partnered with Food Banks Canada: After the Bell & Noelle's Gift to fight summertime hunger! At each Mobile Market stop, Snack Packs are available to all Elementary students. Bursting with fresh, tasty, nutrient-dense, kid-friendly snacks to keep kids engines running all summer. First come, First Served. While Supplies Last.

**SPECIAL THANKS TO PROGRAM SPONSOR**



Starting July 4<sup>th</sup>

## Mobile Market Schedule

MONDAYS		
9:30AM - 10:30AM	PETROLIA ST PAULS UNITED	4169 PETROLIA LINE
11:00AM - 12:00PM	CORUNNA ALL SAINTS CHURCH	393 LYNDOCH STREET
12:30PM - 1:30PM	AAMJIWNAANG COMMUNITY CENTRE	1972 VIRGIL AVENUE
2:00PM - 3:00PM	LAMBTON COLLEGE	LOT #17 (SUNCORE BUILDING)
TUESDAYS		
9:30AM - 10:30AM	FOREST CONTACT HOUSE	6276 TOWNSEND LINE
11:00AM - 12:00PM	THEDFORD - MEADOWVILLE	76 MILL STREET
12:30PM - 1:30PM	KETTLE POINT HEALTH CENTRE	6275 INDIAN LINE
WEDNESDAYS		
9:15AM - 10:15AM	WYOMING	587 ONTARIO STREET
10:45AM - 11:45AM	WATFORD UNITED CHURCH	555 ONTARIO STREET
12:15PM - 1:15PM	ALVINSTON TOWNSHIP OFFICE	3236 RIVER ROAD
FRIDAYS		
9:30AM - 10:30AM	ROGER STREET	PARKING LOT
11:00AM - 12:00PM	KATHLEEN AVENUE	PARKETTE
12:30PM - 1:30PM	YMCA CAREER CENTRE	660 OAKDALE AVENUE
2:00PM - 3:00PM	VICTORIA STREET NORTH	VETERAN'S PARK



RIGHT TO PLAY

## July 2022

Monday	Tuesday	Wednesday	Thursday	Friday
				1 <b>Holiday</b>
4	5	6	7	8
-----No Camp-----				
11 <b>No Camp</b>	12 Canatara Park	13 Senior Yard Clean Up	14 Fishing Day	15 <b>No Camp</b>
18 <b>No Camp</b>	19 Guest Speaker	20 Water War Day	21 Painting/splash pad	22 <b>No Camp</b>
25 <b>No Camp</b>	26 Skate Park	27 Guest speaker (Feast Bundle Workshop)	28 Car Wash Day	29 <b>No Camp</b>



RIGHT TO PLAY

## August 2022

Monday	Tuesday	Wednesday	Thursday	Friday
1 <b>Holiday</b>	2 Medicine Walk	3 Senior Yard Clean up	4 Animal Farm/ Park	5 <b>No Camp</b>
8 <b>No Camp</b>	9 Drum Making	10 Cultural Day	11 Lambton College Visit	12 <b>No Camp</b>
15 <b>No Camp</b>	16 Pinery Park	17 Fear Factor Day	18 Outside Water Day	19 <b>No Camp</b>
22	23	24	25	26
-----No Camp-----				
29 <b>No Camp</b>	30 <b>No Camp</b>	31 BBQ (Community Centre)		

Dago Maajigoog Binoojiinyag  
Mskoomin Giizis-Raspberry Moon~July 2022

Legend: Zoom In person Posted On Facebook

Please look for specific sign up times Contact Becky to sign up through Facebook or email bmaness@aamjiwnaang.ca

Sunday - Name Giizhigad	Monday - Shkintam Giizhigad	Tuesday -Niizho Giizhigad	Wednesday - Nswi Giizhigad	Thursday - Niiwo Giizhigad	Friday - Naano Giizhigad	Saturday - Ngodwaaswi Giizhigad
	Sign up still required on Monday -diner will be provided		Programming for prenatal &families 0-6		1 Closed	2
3 Question of the week? What your favorite summer food ?	4 Water fun games 5pm	5 Land Based Exploration 10am Blue water bridge	6 Anishinaabemowin Book Club 7pm	7 Splash pad & Lunch 10am –12pm	8	9
10	11 Sun Safety & Water Safety With Heather 5pm	12	13 Staff Training No Programing	14	15	16 Fishing Derby 10am
17Question of the week? What is your family favorite outdoor activity?	18 Christmas in July 5pm	19 Open art painting at the beach 10 am	20 Toddler Check -in 1pm 12-24months Anishinaabemowin Circle with Sophie 7pm	21 Teddy Bear Picnic In Bear Park 10am	22	23
24	25 Tie Dye Bring your own shirt 5pm	26 Moon Time Teaching 10am-12pm	27 Anishinaabemowin Circle with Sophie 7pm	28 Reiki with Vanessa Time slots max 6 ppl	29	30
31						

We also have transportation for programming! Please Contact Becky



### WOMEN'S MONTHLY COOKING CLASS

Aamjiwnaang Health Centre

TUESDAY, JULY 26, 2022 | 12:00 PM  
HEALTH CENTRE

COME OUT AND TRY DELICIOUS RECIPES WHILE LEARNING ABOUT WAYS TO IMPROVE YOUR HEALTH!

CALL NATALIE AT (519) 332-6770, EXT. 326 TO SIGN UP.



### AAMJIWNAANG HEALTH CENTRE DIABETES SUPPORT GROUP



Monday, July 18, 2022  
10 am til noon.  
(last class til Sept.)

This is an open group that is led by a dietitian and Health Centre staff.

\*RIDES PROVIDED IF NEEDED. CALL (519) 332-6770, EXT. 326

Health Centre



### AAMJIWNAANG HEALTH CENTRE FOOD BANK



Food Bank hours:

Tuesdays, 10 am til noon.

Thursdays, 10 am til noon.

\*3 day rations based on family size.

This is on-reserve, once a month assistance, head of household (one per household).

\*Bring bags if you have them.



West Lambton Community Health Centre & Aamjiwnaang Health Centre present

### Adult Wii Fun & Games Drop In!

(Refreshments will be served)

Monday, July 11—1 pm to 3 pm in the Seniors Lounge at Community Centre

Monday, July 25—1 pm to 3 pm—Seniors Lounge

Monday, August 8—1 pm to 3 pm—Seniors Lounge

Monday, August 22—1 pm to 3 pm— Seniors Lounge

\*\*For more information, please contact Natalie at (519) 332-6770, ext. 326.



# Aamjiwnaang Seniors 55+

**Self Care is very important and beneficial**  
**I have invite Ann Marie Proulx to come a**  
**provide Cedar Foot Soaks and**  
**Sound Meditation**  
**ON**  
**Saturday July 23rd, 2022**  
**GYM from 10 - 2pm**

**Light morning snack and Lunch will be provided**  
**Deadline to sign up will be**  
**July 15th, 2022**

**Limited space**  
**Please contact Becky to sign up**  
**519-332-6770 Ext 312**

**If need be a LIVE draw on FACEBOOK**  
**will be Monday July 18th, 2022**

## WOMENS WELLNESS

# Stress Management

**July 21st**  
**Health center**  
**5pm-7pm**

**CALL GABBY FOR MORE INFO**  
**519-332-6770**  
**EXT 325**

### Aamjiwnaang Housing Department

#### Spring home maintenance & tips

- Check furnace and air exchanger filters. Clean or replace filters when they are dirty.
- Test the smoke detector and replace the battery.
- Check the fire extinguisher pressure gauge. Get extinguisher re-charged if needed.
- Inspect the basement for signs of water leakage.
- Check the siding and outside of your home for winter damage.
- Clean any debris from the eaves trough and downspouts. Reattach any sections that are loose.
- Inspect the grade and landscaping for property damage.
- Inspect windows and doors for operation and screens for needed repairs.
- Inspect foundation walls for cracks and leaks.
- Check furnace and air exchanger filters. Clean or replace filters when they are dirty.
- Check the chimney for and wood-burning appliance at the end of the heating season.



#### Contents Insurance Reminder

It is the responsibility of the tenant to provide contents insurance for their unit. The Housing Department is not responsible for sewer damage, sewer backup, or flooding.

As per the Housing Policy and your signed housing agreement, each tenant is to provide a copy of their contents insurance policy to the housing department.

Contact an insurance broker for more information.

**NOTE:** Inspections are available every Monday. Call to book an appointment.

#### Housing Committee

- June Simon** - Chairperson, Councillor
- Lareina Rising** - Councillor
- Ashley Jackson** - Committee Member
- Frieda Stewart** - Committee Member
- Randi Rogers** - Committee Member
- Rachael Simon** - Youth Council Member

#### Housing Staff

**Tracy Williams** - Housing Coordinator  
 978 Tashimoo Ave.  
 Sarnia, ON N7T 2E5  
 Phone: 519-336-8410 ext. 237  
[tracy@amjnwang.ca](mailto:tracy@amjnwang.ca)

**Sidra Yellowman** - Youth Housing Assistant  
 Phone: 519-336-8410 ext. 238  
[sidrayellowman@amjnwang.ca](mailto:sidrayellowman@amjnwang.ca)

**Garnet Williams** - Housing Maintenance  
[garnet@amjnwang.ca](mailto:garnet@amjnwang.ca)

## Aamjiwnaang Lands Department

# DROP IN

Refreshments provided

The Lands Department is now open to the community for assistance, questions and discussion related to the following topics:

Estates/Estate Planning

Land Use Planning

CP Land/Transfers

Traditional Land Use

Matrimonial Real Property (MRP)

Tuesdays 9-4  
 Maawn Doosh Gumig  
 Aamjiwnaang Community Centre

**Tuesday 5-7 PM**

**AAMJIWNAANG COMMUNITY MEMBERS**

# RECOVERY *Group*



- Peer Support**
- Life Skills**
- Addiction Education**
- Mental Health Support**
- New Connections**

Please call ahead and book a spot because space is limited.

Rides are provided - call Amy to set up transportation.

**AT COMMUNITY CENTRE**  
**519-332-6770 EXT: 301**

**Safe place to share your recovery journey with others. Dinner, story sharing, song, smudge, and prayers to aid in the healing of wounds caused by addictions.**

Want to learn Ojibwe from the comfort of your own home on your Apple device? Now you can!!

## AAMJIWNAANG DA ANISHNAABEMYING

"Aamjiwnaang Let's Speak Ojibwe!"

**NOW AVAILABLE ON THE APPLE APP STORE!**

Brought to you from the Aamjiwnaang Education Department, Language & Culture

**Our own Aamjiwnaang Language App features 23 categories with audio recordings, spelling, and songs.**





**Roxanne White MSW, RSW**

A community inded wholistic practice which uses a trauma informed, anti-oppressive approach. Using strategies from leading frameworks as well as traditional healing methods.

**Can Help in the following areas:**

- Grief and Loss
- Stress, Anxiety, Low Mood and Depression
- Healthy relationships
- Mental health & Addictions
- Support for those who have a family member with a mental illness
- Cultural Identity

Life is full of challenging times and everyone needs a helping hand occasionally. I support clients in identifying the issues surrounding those challenges that are stopping them from experiencing their lives to the fullest.

**Currently servicing clients online or by telephone**

Appointments and inquiries can be made on my website at [www.circleofdiscovery.ca](http://www.circleofdiscovery.ca)

or by calling 519-464-2270

**\*Counselling fees are covered through Indigenous Services Canada for those who qualify for NIHB \*Approved Sunlife provider**

**\*Independently owned and operated.**

**\*Not affiliated with any other organization.**

### PUBS RIVERSIDE LUNCH



**826-776-1527**

#### MENU

REALLY HUNGRY? TRY A COMBO "INCLUDES SM FRY AND DRINK" **\$3.00**

#### UPGRADE YOUR FRIES

GRAVY	1.25
POUTINE	2.00
CHILI CHEESE	2.00
SUPREMED	3.00
SM CAESAR SALAD	3.00

#### LIGHTER MENU \$

B.L.T ON BUN	5.00
BOWL OF CHILI	6.00
CAESAR SALAD	SM 5.00
	LRG 8.00
LOADED NACHOS	8.00
JUMBO PICKLE	2.00

#### DRINKS \$

POP	1.00
WATER	1.00
JUICEBOX	.75
GATORADE	2.00

**MONDAY - FRIDAY 1130-500**

*come get your munchies on*

<b>FRESH CUT FRIES</b>	<b>\$</b>
SM 3.00 M 5.00 LRG 7.50	
<b>POUTINE • CHILI CHS FRIES</b>	
SM 5.00 M 7.00 LRG 11.00	
<b>SUPREMED FRIES</b>	
SM 6.00 M 8.00 LRG 12.00	
<b>HAMBURGER CHS BURGER</b>	
5.50 6.50	
<b>CHICKEN BURGER</b>	
7.00	
<b>RIVERSIDE BURGER</b>	
8.50	
<b>SAUSAGE NISHMOSH</b>	
7.00 7.00	
<b>JUMBO DOG JUMBO CONEY</b>	
5.50 6.50	

# Willie's Adventures

**DETROIT TIGERS vs**  
**TORONTO BLUE JAYS**

at Sky Dome, Toronto



**Saturday - July 30<sup>th</sup>**

**Floppy Hat Day**

**\$200 pp CDN**

Limo Bus with Washroom and Ticket (Sec 233R)  
Limo leaving Two Waters Corunna at 10:00 am & Food Basics Sarnia at 10:30 am. Soft Sided coolers allowed. Contact Willie's Adventures at 519-384-1957 or willie@cogeco.ca

**DETROIT TIGERS**

**"SWEET LOU NIGHT"**

**Tampa Bay Rays vs Tigers**

Saturday August 6<sup>th</sup> @ 6:10 pm



First 10,000 get a Jersey

**\$150 CDN PP**

Coach Bus and Terrace Seat (Sec.116)

Bus leaves Two Waters Corunna 2:00 pm Sharp and Food Basics Sarnia 2:30 pm Sharp. Soft Sided Coolers allowed with a Stop at Tom & Jerry's Party Store. Contact Willie's Adventures at 519-384-1957 or willie@cogeco.ca

  
**Canada's  
Wonderland**



**Saturday, August 13/22**

**\$180 CDN**

**Badder Coach Bus, Ticket to Park,  
All Day Food Voucher.**

Coach Bus leaves Two Waters Corunna at 7:00am , Maawn Doosh Gumig at 7:30am and Food Basics at 8:00am. Soft sided coolers allowed. Will leave Wonderland at 7:00 pm Sharp. Contact Willie at 519-384-1957 or willie@cogeco.ca



**Thursday (THANKSGIVING) -**

**November 24th - 12:30 PM**

**Buffalo Bills vs Detroit Lions**

**\$330 CDN - Limo Coach Bus, Ticket Sec 135,**

**Munchies ( Ribs, Chicken Fingers, Wagon Wheels)**

Bus leaves Two Waters Corunna 7:30 am SHARP and the Moose Lodge, Sarnia 8:00 am SHARP. We will be stopping at Kroger's, Soft Sided Coolers Allowed. NO STRYFOAM COOLERS. Contact Willie at 519-384-1957 or at willie@cogeco.ca



# Mino Dbishkaayin-Happy Birthday

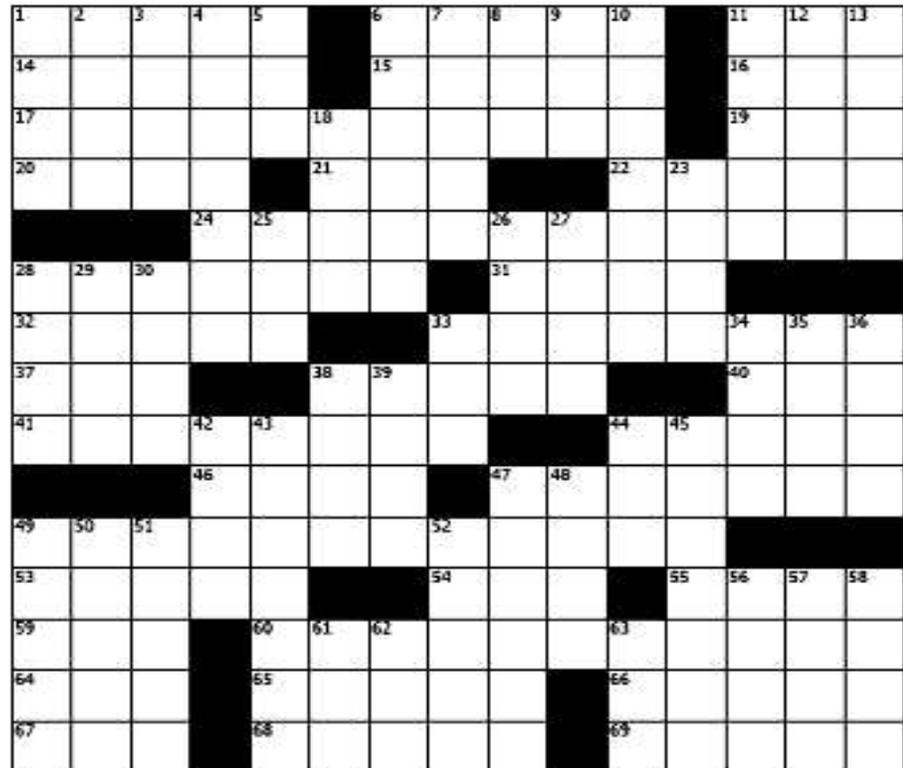


Demra Hanna	July 15	Janice Smith	July 18
Noah S Joseph	July 15	Laura Spero	July 18
Raymond A Williams	July 15	Terrance Walker	July 18
Joseph E Bird	July 16	Nicolas Williams	July 18
Helena Cornelius	July 16	Avery Camilla Adams	July 19
Farron Joseph Jr.	July 16	Nawana Adams	July 19
Diane Love	July 16	Macklyn Beauchesne	July 19
Jamie Maracle	July 16	Roxanne Oliver	July 19
Brooklyn Williams	July 16	Gerald Plain Jr.	July 19
Matthew Isaac	July 17	Destiny Williams	July 19
Nicole Maness	July 17	Leland Yendall	July 19
Nicole Gooding	July 17	Amber Brooks	July 20
Maddox Sinopole	July 17	Waasaya Cottrelle	July 20
Michele Bourque	July 18	Koshay Matte	July 20
Brandee Brooks	July 18	Linda Plain	July 20
Justin Ellerhorst	July 18	Nicona Smith	July 20
Negaunee Gray	July 18	Miranda DeLauter	July 21
Steven Maness	July 18	Nicholas Ross Plain	July 21
Lily Myers	July 18	Tracy M Williams	July 21
Amanda Plain	July 18	Adrienne Zimmerman	July 21

# CROSSWORDS

**Across**

- 1. Response to "Are not!"
- 6. Pipsqueak
- 11. Nickname for Margaret
- 14. Hollandaise, e.g.
- 15. "PG-13" giver, say
- 16. Swiss river
- 17. Privileged group
- 19. Bathing suit top
- 20. Skating jump
- 21. From \_\_ Z
- 22. Boston hoopsters, for short
- 24. Excluded from a 17-Across
- 28. Cowboy hat
- 31. Southwestern Indian
- 32. Like yesterday's fashions



**Down**

- 33. "One moment"
- 37. Part of a play
- 38. Sudden increase in power
- 40. Altar words
- 41. Drivers who won't let you pass
- 44. Marseilles morning
- 46. Not imaginary
- 47. Formal act
- 49. It gets the grease
- 53. God with a bow and arrow
- 54. \_\_ Lingus: Irish carrier
- 55. "Ah, me"
- 59. Doofus
- 60. Altar offering
- 64. Bout ender, briefly
- 65. "Eight Days \_\_"
- 66. Sales rep
- 67. Sun. talk
- 68. Months and months
- 69. Grinch creator

**Down**

- 1. Largest continent
- 2. Tailless cat
- 3. Melody
- 4. Leopardlike cats
- 5. Not 'neath
- 6. Son of Poseidon
- 7. "The \_\_ the Worlds"
- 8. List ender: Abbr.
- 9. Fam. reunion attendee
- 10. Moral principle
- 11. Artist Picasso
- 12. Keep one's \_\_ the ground
- 13. Clutch
- 18. "The Censor" of Rome
- 23. Charles Lamb's pen name
- 25. Put into action
- 26. Ruffian
- 27. Stockings
- 28. Warm up in the ring
- 29. Mexican food staple
- 30. "I'm not a \_\_, am I?"
- 33. PSAT takers
- 34. In \_\_: as originally placed
- 35. Revise text
- 36. Ice cream holder
- 38. Drench
- 39. Like the storied duckling
- 42. Eins, zwei, \_\_
- 43. Progress
- 44. West of "My Little Chickadee"
- 45. Like a zoo escapee
- 47. Arab chieftains
- 48. Shore bird
- 49. Glasgow residents
- 50. Earth tremor
- 51. Excited about
- 52. Toddler in a pool, e.g.
- 56. Stead
- 57. Landers and Sothern
- 58. Some NCOs
- 61. Lamb's mom
- 62. Narc's org.
- 63. Neon or freon

### Job Search Websites

OFIFC [www.ofifc.org/](http://www.ofifc.org/)

Nokee Kwe [www.nokekwe.ca/](http://www.nokekwe.ca/)

Southern First Nation Secretariat, [www.sfns.on.ca/index.html](http://www.sfns.on.ca/index.html)

N'Amerind Friendship Centre (London) [www.namerind.on.ca/](http://www.namerind.on.ca/)

Anishnawbe Health Toronto <http://www.aht.ca/>

SOAHAC London, Chippewas of the Thames, Owen Sound,  
<http://www.soahac.on.ca/>

Six Nations (Ohsweken, ON), [www.sixnations.ca/](http://www.sixnations.ca/)

#### Other Job Search Engines:

- <http://www.aboriginalcareers.ca/>
- <http://ca.indeed.com/Aboriginal-jobs>
- <http://www.wowjobs.ca/jobs-aboriginal-jobs>
- <http://www.turtleisland.org/front/front.htm>
- <http://www.eluta.ca/>
- <http://www.monster.ca/>
- <http://www.workopolis.com/>
- <http://www.jobs.ca/>
- <http://www.servicecanada.gc.ca/eng/sc/jobs/jobbank.shtml>

For Up-To-Date News and Information in the  
First Nations Political Arena you may visit:

Chiefs of Ontario visit:

<http://www.chiefs-of-ontario.org/>

Union of Ontario Indians visit:

<http://www.anishinabek.ca/>

Assembly of First Nations visit:

<http://www.afn.ca/>

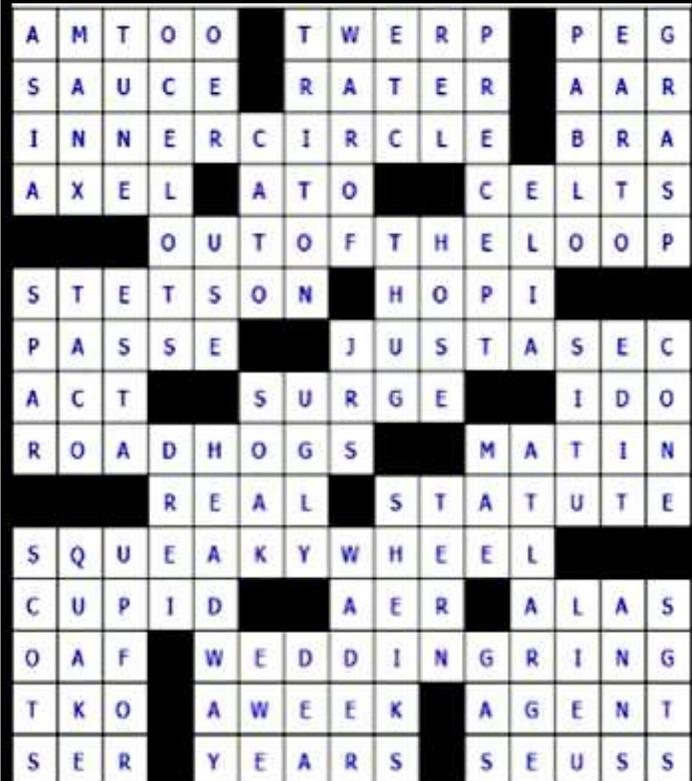
Southern First Nation Secretariat

<http://www.sfns.on.ca/>

Aboriginal Affairs & Northern  
Development Canada

<http://www.aadnc-aandc.gc.ca/>

# CROSSWORD SOLUTION



## CHIPPEWA TRIBE-UNE

1972 Virgil Avenue

Sarnia, Ontario N7T 7H5

Phone: 519-491-2160 or Fax: 519-491-0912

E-mail: [editor@aamjiwnaang.ca](mailto:editor@aamjiwnaang.ca)

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[www.aamjiwnaang.ca](http://www.aamjiwnaang.ca)

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