



The Aamjiwnaang First Nation CHIPPEWA TRIBE-UNE

Details and QR code on page 27 of the Tribe-une



COMMUNITY
ENERGY
PLAN

SURVEY

COMPLETE BY
MARCH 1ST, 2022

TO BE ENTERED INTO A DRAW FOR THE CHANCE TO
WIN ONE OF MANY PRIZES!



**SURVEY CAN BE DONE
ONLINE, IN PERSON
OR OVER THE PHONE.
CONTACT EMMA FRANKLIN
FOR MORE INFORMATION
efranklin@aamjiwnaang.ca
(519)330-2955**

THE DRAW WILL TAKE PLACE
AFTER THE SURVEY CLOSSES
ON MARCH 2ND, 2022

PRIZES INCLUDE
2 LENOVO 11" 64GB TABLETS
2 \$50 PETRO CANADA GIFT CARDS
1 \$50 RACK N' ROLL GIFT CARD
1 \$50 CALM N' SCENTS GIFT CARD

DRAW PRIZES!





Aamjiwnaang Chief & Council

Agenda Item Submission **Information and Deadlines**

- * Regular Council Meetings - 1st & 3rd Monday of every month. If Monday falls on a statutory holiday the meeting is generally held the following day. Please note, that from time to time meetings may be cancelled or postponed.
- * Deadline - Tuesday's prior to the regularly scheduled meeting date, by 12:00 noon, for Band Manager review.
- * Agenda Item Request Form is available at reception for the following locations: Administrative Complex (Band Office), E'Mino Bmaad-Zijig Gumig (Health Centre) & Maawn Doosh Gumig (Community Centre); and, on the Aamjiwnaang website.
- * Your completed request form can be submitted in person or email, you may also wish to attach additional documentation and information to support your request (i.e. acceptance letters, budget, personal summary, etc.).
- * Requests will be reviewed by the Band Manager, to ensure that the appropriate personnel/ department have the opportunity to respond or resolve the request, prior to being placed on the Council agenda.
- * The guidelines set out above are in place to ensure that the flow of information to and from the Council table is efficient, and that your matter is addressed and resolved in a timely manner.

If you have discussion items for
Chief and Council on:
March 7th, 2022

Your information is due by:
March 1st, 2022

Miigwech, for your co-operation and understanding.

Ashley Jackson, Aamjiwnaang Council Clerk
ajackson@aamjiwnaang.ca

COUNCIL AGENDAS

Presently a copy of the Council Agenda is posted on the front doors of the Band Office and Community Centre.

If you would like to receive an "electronic" copy of the Council Agenda, please send an email to: pnahmabin@aamjiwnaang.ca providing your name and band number.

Only band members can receive an electronic copy of the Agenda.

Thank you.

Patrick Nahmabin

Community Information Officer



Aboriginal Affairs and

Northern Development Canada

**IF YOU DO NOT HAVE THE
MANDATORY IDENTIFICATION TO
OBTAIN A STATUS CARD,
PLEASE CALL: 1-800-567-9604**

- Advise the call centre representative that you want to obtain a Temporary Confirmation of Registration Document (TCRD).
- They will ask a series of questions to confirm your identity and then mail a Temporary Confirmation of Registration Document (TCRD) to you.
- This document will state your registration number and can be used in place of a Status Card to access benefits and services.

NOTICE – Aamjiwnaang Seniors

RE: Seniors Travel and Recreation Funding

Chief and Council along with the Community Services Committee have developed a new Seniors Travel and Recreation Funding Policy to help assist Seniors with Travel and Recreational activities. This application is for Seniors who have reached the age of fifty-five (55) years and over. The maximum funding is \$500/CA per fiscal year. Applications can be picked up at the Community Centre or Band Office. For more information please contact the Community Centre – 519-491-2160

NOTICE - Band Members

RE: Youth Funding Policy / Funding Applications

Chief and Council along with the Community Services Committee have developed a new Funding Policy to help our youth with their Sports, Arts and Recreational activities. This application is for youth to the age of 25 years. The maximum funding is \$800/CA per fiscal year. This maximum will take into consideration LNHL reimbursement and any other recreational funding. Applications can be picked up at the Community Centre or Band Office. For more information please contact the Community Centre – 519-491-2160

How to get Help

Find the right time and place to talk. Be calm, caring, non-threatening. Listen. Talk about the concerns by using facts and accurate information. Encourage the person to see a doctor. Encourage the person to seek professional help.

Where to Get Help

Emergency 911

Kids Help Phone 1-800-668-6868

Distress Line 519-336-3000

LGBTQ Two Spirited Youth Line 1-800-268-9688 – OR –Text: 647-694-4275

Bluewater Health Addictions and Problem Gambling: 519-464-4400 ext. 5370

Withdrawal Management 519-332-4673

Women’s Interval Home 519-336-5200

Sarnia-Lambton Children’s Aid Society 519-336-0623

Westover Addiction Assistance 1-800-721-3232

Windsor Withdrawal Management (detox) 519-257-5225

Grand River Withdrawal Management (detox) 519-749-4318

London Withdrawal Management (detox) 519-432-7241
Lambton Mental Health Crisis Line 519-336-3445

Victim Services Support Line 1-888-281-3665 ext. 5238

Alcoholics Anonymous 519-337-5211

Drug & Alcohol Registry of Treatment 1-800-565-8603

Aamjiwnaang Mental Wellness 519-332-6770

Pregnancy Centre 519-383-7115

Sexual Assault Victims 519-337-3320

Problem Gambling 1-888 230-3505

For more information or support please call : 519-332-6770

Medical Travel Drivers:

Terry Plain (Monis) 519-402-5535

Sheila Firth 519-383-1073

Christine Plain 519-466-0054

Muriel (Toddy) Joseph 519-336-6323 or
519-312-2403

Ron Simon 519-331-7607

Marion Waters 519-312-5283

**Wheelchair Accessible
Van Driver:**

Contact the Health Centre at
519-336-6770

Medical Transportation Clients:

If you are riding with a contract driver, please respect the following COVID precautions::

- Wear a face covering at all times.
- Sanitize your hands before getting in.
- Sit in the back seat, passenger side to maintain distance.
- Ask the driver if you can open your window if weather allows.
- Cancel your trip if you are in self-isolation or feeling unwell.

Our drivers are volunteers and have the right to accept or deny any trip request. All of our drivers must be fully vaccinated or undergo regular COVID testing. To protect their own safety, drivers may choose to accept or deny trips based on your vaccination status. IF they ask, please be respectful.

We value our drivers and appreciate your understanding and respect, Miigwech.

Medical Travel Information

If you live on reserve and drive yourself or a status individual living on-reserve to an appointment, you are eligible for private mileage to help with the cost of gas.

The eligibility for mileage is for on-reserve only and appointments must be funded by OHIP or NIHB (eg. doctors, hospital, dental, optometry, lab work) and must be within our catchment area – up to London, Chatham or Windsor.

(eg. Aamjiwnaang to Sarnia = \$7.32 for private mileage)

Trips to pick up prescription medications are not covered.

Medical Travel slips can be found at the Health Centre.

The slip must be filled out completely and signed and dated by the service provider. Incomplete slips will not be accepted.

Medical travel slips are to be submitted to the Health Centre for payment.

The next date for slips to be handed in is by Monday, September 27 and bi-weekly after that on Monday's.

**ATTENTION TO ALL
MEDICAL DRIVERS!!!
Medical Travel slips
are now due by
Monday's at noon.**

Seniors Prescription Drug Coverage

When a senior in Ontario turns 65, their medications are automatically covered by a program call the Ontario Drug Benefit Program, This program charges a deductible (Client pays for the first \$100 towards their medications every year starting on August 1) and a co-payment (up to \$6.11 per prescription)

If you have status you do not have to pay the deductible or the co-payment. If you are charged a deductible or co-payment at the pharmacy, please provide them with your status card and those charges should be covered by the Non-Insured Health Benefits Program (Indigenous Services Canada). If you end up paying out of pocket, please contact Peggy at the Health Centre 519-332-6770 ext. 320

FYI—Payments and Reimbursements

If you are submitting paperwork to Peggy Rogers, for reimbursements or payments, could you please have it submitted by Mondays, noon.

Please remember to include all of your contact information:

Name, Mailing Address and a phone number you can be reached at or an email.

I do follow-ups when paperwork is submitted.

Miigwech,
Peggy Rogers,
Administrative Assistant
Aamjiwnaang Health Centre
519-332-6770, ext. 320
progers@aamjiwnaang.ca

FYI—Ambulance Bills

IF you have received an ambulance bill, please ensure that the hospital has your status card on file. If they do not have your status card on file, you will receive a bill for these services.

If you receive a bill for an ambulance, you can call the Patient Accounts Office at the hospital and submit your status card number to them.

The Patient Accounts Office phone is listed at the top of your invoice.

The Patients Accounts Office will then submit your bill to NIHB (Indigenous Services Canada) for payment.



COVID-19 Information for Individuals with Symptoms

If you have any of these symptoms:

- Fever/chills
- Cough
- Shortness of breath
- Decrease/loss of smell and taste

OR

If you have two or more of these symptoms:

- Extreme fatigue
- Runny nose/nasal congestion
- Sore throat
- Headache
- Muscle aches/joint pain
- GI Symptoms (i.e. vomiting or diarrhea)

It is highly likely that you have a COVID-19 infection.

What you must do:

1. Self-isolate immediately. See the table below to see how long you should self-isolate for.

If you are:	Self-isolate for:
<ul style="list-style-type: none"> • Fully vaccinated* against COVID-19 • Less than 12 years old 	5 days after your symptoms started
<ul style="list-style-type: none"> • Not fully vaccinated • Immunocompromised • Admitted to hospital because of COVID-19 related illness 	10 days after your symptoms started
<ul style="list-style-type: none"> • Severely ill and require care in the ICU • Severely immuno-compromised* 	20 days after the date you started to have symptoms

- Before ending your self-isolation period, your symptoms need to be improving for at least 24 hours (48 hours for gastrointestinal symptoms such as diarrhea and vomiting) and no fever present.

Important Notes About Self-Isolation

- **All members of your household** (regardless of their vaccination status) will need to self-isolate while you are self-isolating.
- The day that your symptoms started or your test was collected is day 0 of your self-isolation period. This means that the first day of your 5 or 10 day self-isolation period is the day after your symptoms started or the day after your test was collected.
 - **Example of a 5 day isolation period:** Individual had symptoms that started January 4th and was tested on January 5th, test came back positive. January 4th is day 0 of their isolation period and January 5th is day 1. This individual would have to isolate until January 9th at midnight and can discontinue isolation on January 10th.

January						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4 Symptom Onset Day 0	5 Test Date Test is Positive Day 1	6 Day 2
7 Day 3	8 Day 4	9 Day 5	10 Discontinue Isolation	11	12	13

- If you are in distress, go to the nearest emergency department or call 9-1-1 (experiencing significant trouble breathing, chest pain, fainting or have significant worsening of any chronic disease symptoms). Be sure to tell them that you are COVID-19 positive so correct precautions can be used to decrease the transmission of the virus.
- If self-isolation is complete after 5 days, regardless of vaccination status or age, for a total of 10 days from symptom onset, you must:
 - Continue to wear a well-fitted mask in all public settings.
 - Not visit anyone who is immunocompromised or at higher risk of illness (i.e., seniors).
 - Not visit any highest risk settings.

2. Notify your close contacts.***

- Please let your close contacts know that they have been exposed to COVID-19.
- Advise your close contacts to follow the directions on the fact sheet: **COVID-19 Information for Close Contacts.**
 - If your close contact **lives** in a highest risk setting they must self-isolate for 10 days from the last time you were in contact with them (even if they are fully vaccinated)
 - If your close contact **works, volunteers or attends** a highest risk setting they, should not attend for 10 days from your last contact with them (even if they are fully vaccinated); workers should notify their employer of their exposure and follow any work restriction guidelines

3. Getting tested for COVID-19.

- People living in First Nation communities are eligible to be tested for COVID-19. If available, you can choose to get tested with a rapid antigen, rapid molecular or PCR test.

How To Self-Isolate

- Stay home, do not leave your house.
- Do not have visitors.
- Avoid contact with people in your home as much as possible.
- As much as possible, stay in a separate room away from others and use a separate bathroom, if possible. If you are in a room with other people, keep a distance of at least 2-metres from others and wear a well-fitted face mask.
- Wash your hands often with soap and water or alcohol-based hand sanitizer.
- Sneeze and cough into your sleeve.

***Fully vaccinated means it has been at least 14 days since you received: the full series of a COVID-19 vaccine authorized by Health Canada (e.g., 2 doses of Moderna, Pfizer-BioNTech OR AstraZeneca/COVISHIELD, or one dose of Janssen [Johnson & Johnson]) or any combination of such vaccines OR one or two doses of a COVID-19 vaccine not authorized by Health Canada (e.g., Sinopharm) followed by one dose of a COVID-19 mRNA vaccine authorized by Health Canada (e.g., Pfizer-BioNTech or Moderna) OR three doses of a COVID-19 vaccine not authorized by Health Canada (e.g., Abdala).*

****Highest risk settings include: hospitals (including complex continuing care facilities and paramedic services) and congregate living settings (long-term care, retirement homes, First Nation elders homes or care lodges, group homes, shelters, hospices and correctional institutions).**

***** A close contact is anyone you spent at least 15 minutes (or several short periods of time) with in close proximity (you were less than 2 meters away from them), without appropriate protective measures (for example wearing a mask and/or using PPE) in the 48 hours prior to the day your symptoms started or if you have no symptoms prior to the day your positive test was collected.**



AAMJIWNAANG FIRST NATION

85% Campaign

The COVID vaccine is our SHOT to be together again. When we reach 85% on-reserve vaccination rate, we will celebrate with a PRIZE GIVEAWAY! Dispell the myths, encourage others and reduce serious illness.



PRIZES:
\$1000 CASH
Playstation 5 (PS5)
10 x \$100 visa gift cards
20 x \$50 visa gift cards



TO ENTER:

Fill out a ballot and submit to the Health Centre. We will continue to post updates as we get closer to our goal.

Open to all Aamjiwnaang community members

Miigwech to everyone for doing your part during the pandemic

COVID-19: IMMUNE SYSTEM BOOSTERS



Zinc

Lean meats, seafood, milk, whole grains, beans, seeds, and nuts • **Important for wound healing**



Vitamin C

Broccoli, cantaloupe, kale, oranges, strawberries, tomatoes, guava, and lychee • **Protect cells from oxidative stress, a product of infection or chronic inflammation**



Iron

Lentils, spinach, tofu, and white beans • **Aids in non-specific immunity, the body's first line of defense**



Vitamin E

Nuts, seeds, wheat germ, green leafy vegetables, avocado, and shrimp • **Helps protect cells from oxidative stress**



Vitamin A

Sweet potatoes, carrots, red bell pepper, spinach, black-eye peas, and mango • **Helps regulate our immune response**



Vitamin B6

Green vegetables, chickpeas, cold-water fish such as tuna or salmon • **Supports more efficient reactions between different parts of our immune system**

85% VACCINE CAMPAIGN DRAW



Fill out this ballot for a chance to win some great prizes once we reach our goal! Open to Aamjiwnaang community members. You may use this ballot for your household. We will enter each name into the draw. Please submit to the Health Centre.

ADDRESS:	
NAME(S)	PHONE NUMBER(S)



Ontario is distributing **free rapid antigen tests** to help reduce the spread of COVID-19.



What is a Rapid Antigen Test?

- This is an easy-to-use test that looks for evidence of the COVID-19 virus.
- Results are available in 15 minutes and **do not** need to be confirmed by a PCR test.
- Rapid Antigen Tests can be used at home. For information, please refer to the following:
 - instructions provided inside the test.
 - [video](https://www.youtube.com/watch?v=CBBd4JRWtsg) on how to use rapid antigen tests <https://www.youtube.com/watch?v=CBBd4JRWtsg>

Who Should Use a Rapid Antigen Screening Test?

- Rapid antigen tests can be used by people experiencing COVID-19 symptoms including one of:
 - fever and/or chills;
 - cough;
 - shortness of breath;
 - decrease or loss of taste or smell; OR
 - **Two or more of:**
 - runny nose/nasal congestion
 - headache
 - extreme fatigue
 - sore throat
 - muscle aches/joint pain
 - gastrointestinal symptoms (i.e. vomiting or diarrhea)
- While one-off testing (e.g. before a social gathering) by people not experiencing COVID-19 symptoms and without a known exposure is generally not recommended, if you choose to use a rapid antigen test in this way complete it as close to the event as possible (e.g. ideally within a few hours of the event) and know that a negative result could be a false negative.
- Close contacts should self-isolate in accordance with guidance.

What Does My Test Result Mean?

Positive Rapid Antigen Test Result

- It is highly likely that you have COVID-19.
- Self-isolate immediately:
 - For at least 5 days (if fully vaccinated or under 12 years old) or 10 days (if not fully vaccinated or immunocompromised) from when your symptoms started and until you have no fever and symptoms have been improving for 24 hours (or 48 hours if gastrointestinal symptoms), whichever is longer.
 - If you live, work, attend, or volunteer in a highest risk setting¹, let them know that you had a positive result and follow the direction you are given.
 - Household members (including anyone fully vaccinated) must self-isolate while you are self-isolating.
 - Notify people that you have come into **close** contact with starting 48 hours before your symptoms developed and until you began to self-isolate.
 - If you are concerned about your symptoms, contact your health care provider or Telehealth (1-866-797-0000).

Negative Rapid Antigen Test Result

- If you have COVID-19 symptoms, and your test is negative, you may still have COVID-19.
- Use another rapid antigen test 24-48 hours after your first negative test. If it is negative you most likely do not have COVID-19. Self-isolate until your symptoms are improving for at least 24 hours (or 48 hours if gastrointestinal symptoms).

¹ Highest risk settings include hospitals (including complex continuing care facilities and paramedic services) and congregate living settings, including Long-Term Care, retirement homes, First Nation elder care lodges, group homes, shelters, hospices and correctional institutions.

To learn more about public access to rapid antigen tests, visit ontario.ca/rapidtest

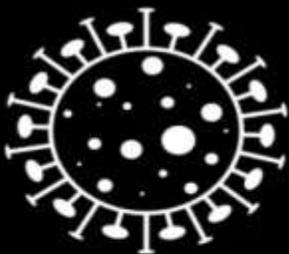
NOT FOR RESALE





RAPID TEST KITS & MEDICAL MASKS

AVAILABLE AT THE HEALTH CENTRE FOR COMMUNITY
MEMBERS



Coronavirus
COVID-19

COVID TESTING

MONDAY – FRIDAY

**Aamjiwnaang community members with
SYMPTOMS and CLOSE CONTACTS**

REGISTER ONLINE:

form.jotform.com/213576146125050

Cut off time for same day appointment – 8:30am

**If you or a family member do not have access to a
computer call 519-332-6770 ext. 309**





TOBACCO ALLOCATION DISTRIBUTION NOTICE

February 2022

All Aamjiwnaang Band Members who are interested in retailing quota cigarettes through the Ministry of Finance are asked to submit a complete application in a **SEALED**

ENVELOPE to:

Band Manager
978 Tashmoo Ave
Sarnia, ON
N7T 7H5

APPLICATIONS AND THE APPROVED POLICY ARE AVAILABLE AT THE BAND OFFICE.

- Complete application must be received by **4:30 PM on March 11, 2022**.
- Applicants must have the ability to purchase a minimum number of cartons in advance.
- Insurance Policy
- Late applications for request of quota cigarettes **will not** be considered.
- Incomplete applications **will not** be considered.
- Cigarettes include Export A, Players, DuMaurier and other non-generic brands.
- A decrease in allocation may occur year to year due to an increase in retailers.
- For business that received an allocation in 2021/2022 **YOU MUST PAY THE TOBACCO surcharge** for the period of April 1, 2021 to March 31, 2022 by **March 11, 2022**. If this fee is not paid you will not be eligible for quota for 2022/2023.
- **TOBACCO CONTROL FOR MINORS**
 - a) Chief and Council is conscious of provider compliance to eliminate the ability of children and youth younger than nineteen to purchase tobacco products in community retail operations.
 - b) Retailers shall sell tobacco in accordance to federal guidelines regarding "the sale of tobacco to minors".



AAMJIWNAANG FIRST NATION CHIPPEWAS OF SARNIA

EMPLOYMENT OPPORTUNITY

Position Title: Early Childhood Educator

Location: Sarnia, ON

Duration: Casual On-Call

Posting Closes/Deadline: Open

Position Summary:

The Early Childhood Educator will provide a quality caring and supportive child care program to members of the Aamjiwnaang community. You will be responsible for the academic, social-emotional growth and development of all children in your care, which may include infant/toddlers and/or preschool age children; develops partnerships with parents and caregivers, in accordance with the goals and curriculum plans of the centre and the philosophy and policies of the Centre and in compliance with the Child Care and Early Years Act. This position reports to the Child Care Centre Supervisor.

Responsibilities:

1. Plan, carry out, and assess developmentally appropriate activities and experiences in harmony with the centre's philosophy
 - Provide a daily balance of active/quiet, indoor/outdoor, and individual/group activities
 - Establish and carry out a daily activity schedule that incorporates child directed activity, care routines and transition times
 - Organize space, equipment and materials before activities
 - Assist children in expressing themselves by listening and responding with questions or comments that extend conversations
 - Use a variety of teaching techniques including modelling, observing, questioning, demonstrating, and reinforcing
 - Encourage and assist children to practice self help daily
 - Plan and carry out experiences that foster an understanding of a variety of cultures and value systems
 - Provide opportunity for child directed play experience
 - Plan and carry out activities that encourage problem solving
 - Provide experiences and play materials that actively promote diversity and acceptance in interactions and attitudes
 - Participate in short and long term planning and evaluation and staff program reviews

- Learn and use the activities and skills provided to assist children in developing the necessary coping skills for addressing unique life issues
2. Individualize the curriculum
 - Set Observe how children use materials and interact with each other and adults
 - Use observations to expand play and plan activities that recognize individual difference
 - Initiate referrals or additional services for parents and children
 3. Ensure guidance of children's behaviour that encourages positive self-concept
 - Set reasonable behaviour expectations consistent with center's philosophy and policies
 - Provide positive guidelines such as redirecting, positive language, and positive reinforcement
 - Immediately address problem behaviour without labelling the child
 - Follow behaviour guidance and policies established by the centre and consistent with accepted practice in the field
 4. Ensure the child's environment is healthy and safe
 - Follow the centre's procedures for administering medications and maintaining health records
 - Report all accidents, injuries and illnesses to the supervisor or delegate and record such incidents in the daily log book and as a serious occurrence if necessary
 - Monitor the environment for hazards
 - Update self daily on children's allergies and other special conditions
 - Establish daily eating routines that are fun for children
 - Attend to children's physical needs for toileting, diapering, eating and sleeping as promptly as possible
 5. Ensure positive communication with parents
 - Plan for parent conferences
 - Discuss the programs daily events and the child's daily progress with parents
 - Accommodate the parent's instructions for daily routines when possible within group routines
 - Encourage parents to participate whenever possible
 6. Contribute to the ongoing operations of the centre
 - Follow licensing requirements
 - Carry out the responsibilities assigned to you
 - Attend regular staff meetings
 - Maintain confidentiality of all information related to the centre's children, their parents, and staff
 - Plan and carry out annual personal development
 - Keep up to date with early childhood advocacy developments
 - Maintain regular attendance and punctuality
 7. Promote the centre within the community
 - Actively participate in Aamjiwnaang staff activities whenever possible
 - Maintain a positive working relationship with other Aamjiwnaang staff and others who work within the building

Knowledge, Skills and Abilities:

- Believes in and practices the mission, goals of the program
- Ability to build trust and positive relationships with families in the program
- Act as a role model of appropriate behaviour
- Ability to work cooperatively as a member of the childcare team, facilitating a team environment through personal behaviour, work contributions and the sharing of expertise and knowledge
- Participates in the developing of new ideas and methods for program enhancement and has the ability to adjust and adapt to changes
- Ability to be energetic, resilient and maintains a sense of humour when personal resources challenged
- Achieves results with positive outcomes for children in the program
- Effective interpersonal skills under all types of conditions, exhibiting a supportive, positive approach
- A high degree of personal initiative with good planning and organizational skills
- Maintains timely and accurate files
- Continuing personal and professional development in related areas
- Ability to lift (up to 25 kg)

Requirements:

- Post Secondary Diploma in Early Childhood Education or related field an asset
- Current ON Registration (College of ECE) an asset
- Sensitivity to Native issues

Other Considerations:

In accordance with Section 16 Special Programs of the Canadian Human Rights Act, preference will be given to Aamjiwnaang Band Members with relevant education/experience (R.S.C 1985, c. H-6, s16 (1-3).

Application Process:

If you are interested in this opportunity, kindly forward your resume and cover letter via mail or email or fax or in person to:

Aamjiwnaang First Nation
978 Tashmoo Avenue
Sarnia, ON
N7T 7H5
Attention: Ashley Fisher, Human Resources Officer
Or
humanresource@aamjiwnaang.ca
Or
519-336-0382 fax

For more information, check us out online at www.aamjiwnaang.ca



Southwest Ontario
Aboriginal Health
Access Centre

Nurse (RPN or RN)

**Location: E'Mino Bmaad-Zijig Gamig
(Aamjiwnaang Health Centre), Sarnia**
Status: 1 x Full-Time Permanent
Posting Date: February 15, 2022

Southwest Ontario Aboriginal Health Access Centre (SOAHAC) is a diverse, dynamic, multiservice Indigenous health and wellness agency. We strive to provide quality, wholistic health services by sharing and promoting traditional and western health practices to enable people to live in a more balanced state of well-being. SOAHAC provides services to Indigenous people including those who live on and off reserve, status, non-status, Inuit, and Metis within the Southwest, Waterloo Wellington and Erie St Clair regions. SOAHAC has a mandate of ensuring that health services are accessible, of high quality, and are culturally appropriate. It is SOAHAC's objective to build health care capacity within Indigenous communities. Currently, we are seeking the services of a **Nurse (RN or RPN)** to join our interdisciplinary staff team to work on site at E'Mino BmaadZijig Gamig (Aamjiwnaang Health Centre) in Sarnia.

Reporting to the Director of Health Services, E'Mino Bmaad-Zijig Gamig (Aamjiwnaang Health Centre) as well as to the Integrated Care Manager of SOAHAC Chippewa, the Registered Practical Nurse (RPN) or Registered Nurse (RN) supports the primary care providers in the provision of comprehensive primary care and preventative services to Indigenous clients across the lifespan. The RPN/ RN will support community members of Aamjiwnaang First Nation and the clinical team servicing the community by performing nursing related duties that are within the RPN/ RN scope of practice. This position will be located on site at E'Mino BmaadZijig Gamig (Aamjiwnaang Health Centre).

Requirements:

- Current registration as an RPN/ RN with the College of Nurses of Ontario (CNO)
- Graduate from a recognized RPN or RN program
- 2-3 years clinical experience; preferably in a multi-disciplinary team setting; working in any/ all areas of primary care, chronic disease management, preventative care, mental health and addictions
- Knowledge of culture and experience with local Indigenous communities in Southwestern Ontario
- Strong organizational skills with the ability to work effectively and independently
- Strong attention to detail and assessment skills
- Ability to establish and maintain effective working relationships with others and across teams
- Computer literacy, including skills in word processing, email, MS Office, and Electronic Medical Records programs
- Travel within Aamjiwnaang First Nation and area, as well as SOAHAC sites as required
- Willingness to participate in Indigenous Cultural Safety Training, teachings and ceremonies.
- Clean and current vulnerable sector police check as a condition of employment
- Valid government issued driver's license, personal auto insurance and access to reliable vehicle
- Up to date immunization record including at least 2 COVID-19 vaccines

Responsibilities**Clinical Community Nursing***Direct:*

- Within the scope of practice as defined by the College of Nurses of Ontario (CNO), the registered or practical nurse (RN/RPN) will provide comprehensive primary care services to clients of all ages; this includes primary prevention, health education, comprehensive physical exams, wound care, perform first aid, administer immunizations and other injections, chronic disease management, etc.,
- Visits take place predominantly in the clinic setting but may also include telephone contact and outreach visits as required
- Accept telephone calls from clients, triage concerns and take appropriate action
- Deliver well-baby clinics in collaboration with the Dago Maajiigoog Binoojiinyag (Little Spirits Growing Together) Program
- Provide coverage for the Community Health Nurse and other nursing staff
- Ensure effective and efficient use is made of all resources available to SOAHAC in order to respond to the healing and wellness needs of the community

Indirect:

- Provide clinical support for other community health professionals
- Review client laboratory results, procedure reports and consultation notes and arrange appropriate follow-up/referrals as required
- Contact clients via telephone to discuss results as needed
- Documentation of all client contact, both direct and indirect
- Ensure that all client-based information is kept confidential at all times

Case Management

- Conduct wholistic, client centered assessments using chart review, assessment and interview taking into consideration the social determinants of health
- Create client care plans linking primary care, traditional healing, and other community resources to more fully address the clients' needs
- Work with other health professionals to ensure that a broad range of services are available to clients
- Advocate on behalf of the client with regards to equitable access to "traditional healing" and "western" health services as directed by client
- Collaborate with community staff, other health professionals and external agencies to ensure coordination of care

Community Education

- Collaborate with community staff to identify and address gaps in community education with a focus on wholistic wellness, cancer prevention/screening and sexual health
- Health promotion activities; prepare culturally appropriate materials for bulletins, newsletters and displays
- Plan, develop and deliver educational workshops, group classes and individual counseling
- Provide education on health literacy, patient rights and self-advocacy
- Promote patient self management through education and skill-building

Other

- Conduct intakes with new SOAHAC clients ensuring that a wholistic process is followed
- Refer and consult with SOAHAC primary care if illness or treatment is outside of the RN/RPN's scope of practice
- Refer and consult with traditional healing as needed
- Assist in reviewing, maintaining and ordering medical supplies
- Document all client contact, both direct and indirect into the EMR
- Commitment to continuous professional development and continuing education
- Participate in and support the community Nursing Practice Council

- Routinely participates in staff meetings
- Develop, monitor and evaluate an annual workplan and program budget
- Teaching and training of student placements on an occasional basis as required

Note: This job may require additional responsibilities and duties as assigned by E'Mino Bmaad-Zijig Gamig and/or Southwest Ontario Aboriginal Health Access Centre

Please Note: This position is a full-time permanent @ 35 hours (5 days) per week. Salary is competitive and subject to experience. Comprehensive benefits and pension package included.

SOAHAC values diversity and is an equal opportunity employer; however, hiring preference will be given to qualified Indigenous applicants (please self-identify). SOAHAC is committed to providing employment accommodation in accordance with the Ontario Human Rights Code and the Accessibility for Ontarians with Disabilities Act. If you require accommodation to apply or if selected to participate in an assessment process, please advise Human Resources.

If you are interested in applying for this position, please forward your cover letter and resume to:

Email: **careers@soahac.on.ca**

Please include Subject Line: **RPN or RN (*please specify*) - Aamjiwnnaang Health Centre**

Attention: **Human Resources
Southwest Ontario Aboriginal Health Access Centre
425 - 427 William Street,
London, ON N6B 3E1**

Closing Date: **March 1, 2022**

Please visit Southwest Ontario Aboriginal Health Access Centre online at: www.soahac.on.ca or like us on www.facebook.com/soahac to learn more about us!

We thank everyone for their interest; however, only those selected for an interview will be contacted.



**SUPPORT
ONTARIO
YOUTH**

Presents...

TOOLS IN THE TRADES BOOT CAMP

Support Ontario Youth presents the Tools in the Trades Boot Camp!

A **FREE** workshopping event that helps bridge the gap between the skills you have and what employers are seeking. This event is open to adults that are interested in apprenticeships and working in the trades.

There will be events hosted across Ontario including Niagara, Toronto, Ottawa, North Bay, Kingston, Durham, and Kitchener.

Kick-start your career by meeting with potential employers and possibly sign an apprenticeship agreement on the spot!

All participants will receive:

- **FREE** basic apprenticeship tool kit worth \$250!
- A fun day of hands-on learning with tools used in the trade
- Learn about what employers are looking for
- Gain resume and interview skills
- Meet potential employers at the event who are looking to hire apprentices
- **FREE** lunch will be provided

Do not miss this opportunity to gain valuable contacts with Support Ontario Youth staff who will help guide you on your career path!

For more information, contact us at:
bootcamp@supportontarioyouth.ca

SUMMER TRAINING PROGRAMS

The Canadian Armed Forces (CAF) offers five summer training programs that are six weeks in duration, combining military training with cultural awareness.

The CAF will pay for your travel to and from the program and will provide living accommodations, food, clothing and all equipment. While you are in the program, you are a member of the CAF and as such you will be paid for your participation.

Go to FORCES.CA to see which exciting summer training opportunity is right for you.



FORCES

JOBS  EMPLOIS

ALL FIVE SUMMER TRAINING PROGRAMS

BEGIN WITH A FOUR-DAY CULTURE CAMP. THE CAMP IS DESIGNED TO EASE THE TRANSITION FROM A CIVILIAN TO MILITARY LIFE-STYLE. THE CULTURE CAMPS FOCUS ON COMMON SPIRITUAL BELIEFS AND ARE LED BY INDIGENOUS ELDERS.



BOLD EAGLE

Bold Eagle is an Army training program open to Indigenous people living in Western Canada or Northwestern Ontario. Participants train in Wainwright, Alberta.



RAVEN

Raven is the Pacific Navy program open to Indigenous people from across Canada. Participants train in Esquimalt, British Columbia.

These programs will introduce you to military training with the option to remain in the CAF at the end. The training provides members with the Primary Reserve (PRes) Basic Military Qualification (BMQ) and is taught by military instructors. Subjects include

- » GENERAL MILITARY KNOWLEDGE
- » WEAPONS HANDLING
- » NAVIGATION
- » FIRST AID
- » DRILL
- » SURVIVAL SKILLS

ELIGIBILTY

- » Be an Indigenous person (First Nation [Status or Non-Status], Métis or Inuit)*required for all programs.
- » Be a Canadian citizen *required for all programs
- » Be at least 16-years-old (parental or legal guardian consent isrequired if under 18). *Must be 17-years-old for CFEAP.
- » Must have completed at least Grade 10 or 24 credits of Quebec Secondaire IV
- » Meet the Canadian Armed Forces common enrolment medical standard



BLACK BEAR

Black Bear is an Army training program open to Indigenous people from across Canada. Participants train in Oromocto, New Brunswick.



CARCAJOU

Carcajou is an Army training program open to Indigenous people from across Canada. Participants train in Valcartier, Quebec. *delivered in French with English assistance.



GREY WOLF

Grey Wolf is an Army training program open to Indigenous people living in Ontario. Participants train in Meaford, Ontario.

For More Information or Questions
 Sgt Ray Starks 226-346-0790
 Raymond.starks@forces.gc.ca





Indigenous Tourism Ontario (ITO) and the Tourism Innovation Lab have launched the 2nd edition of the Skode Program, an initiative to spark new Indigenous tourism ideas and experiences that authentically represent, celebrate, and promote Indigenous culture, heritage, language, cuisine and communities in Ontario.

The program matches selected applicants with a mentor and provides a \$5,000 non-repayable contribution to advance their new tourism ideas to the next level of development. **Applications are being accepted until March 4th.** Following a review by a jury of Indigenous tourism leaders, entrepreneurs and partner representatives, finalists will be invited to a virtual pitch session being held on March 29th where three winners will be selected.

Learn more at www.tourisminnovation.ca/ITO



**Notice to Members of Aamjiwnaang First Nation
Apprentices WANTED**

Carpenters Local 1256 is now accepting applications!

Submit resume and proof of WHMIS to:

Krystle Randall at krystle@carpentersunionsarnia.ca

For FREE online WHMIS training go to

http://aixsafety.com/wp-content/uploads/articulate_uploads/WHMIS-2015-AIX-Safety-V3/story_html5.html

(be sure to save your certificate!)



Barb Urlacher, Special Projects Liaison Worker
519-336-841 Ext. 227
burlacher@aamjiwnaang.ca



Krystle Randall, Carpenters Union 1256
519-344-2352 Ext. 3
krystle@carpentersunionsarnia.com

Aanii Aamjiwnaang!

Aamjiwnaang Binoojiinyag Kino Maagewgamgoons would like to share some exciting news with you our community family!

Our wonderful cooks Nicole and Rachel applied for a Creative Count Grant Program through Lambton County, and they were successful with their application!

This particular grant program supports building cultural capacity, strengthening the creative community, defining unique identity, and enriching the quality of life. ABKM showed interest in this grant program for the Anishinaabe Indigenous Food Sovereignty Initiative. Along with updating and replacing cookware and other small appliances, we hope to explore other land-based activities to teach food sovereignty.

On behalf of the staff & students of ABKM, Chi-Migwech Creative County Grant Program!

Leanne Williams
Aamjiwnaang Binoojiinyag Kino Maagewgamgoons
Supervisor



**AAMJIWNAANG FIRST NATION****HOUSING DEPARTMENT**

978 Tashmoo Ave.

Sarnia, ON N7T 7H5

Telephone: 519-336-8410

Fax: 519-336-0382

www.aamjiwnaang.ca**ATTENTION AAMJIWNAANG FIRST NATION MEMBERS:**

The Aamjiwnaang First Nation Housing Department is now accepting **NEW APPLICATIONS** for a two (2) bedroom duplex. Applications must be completed and have all requested information attached. Incomplete applications will not be accepted.

Band Rental Unit is located at 212 White Circle., the rental rate for this two (2) – bedroom unit is \$600.00/month plus utilities (electricity, gas, and water).

This successful applicant will have to pay the first month's rent of \$600.00 plus meet the following conditions before moving in and receiving keys.

- The successful applicant will have to supply their own appliances.
- The successful applicant will have to sign a rental agreement with the First Nation.
- The successful applicant must provide proof of content's insurance coverage.
- The successful applicant will have to have all utilities in their name before moving in.
- The successful applicant must have a move in inspection done before moving in.

Applications can be picked up at the Band Office, online at www.aamjiwnaang.ca or by email. Applications must be returned to the Housing Department no later than **March 4, 2022, by 4:00pm.**

***** IF YOU SUBMITTED AN APPLICATION PRIOR TO THIS POSTING YOU WILL HAVE TO RE-SUBMIT A NEW APPLICATION. NO EXCEPTIONS. *****

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978 Tashmoo Ave.

Sarnia, ON N7T 7H5

Telephone: 519-336-8410

Fax: 519-336-0382

www.aamjiwnaang.ca**ATTENTION AAMJIWNAANG FIRST NATION MEMBERS:**

The Aamjiwnaang First Nation Housing Department is now accepting **NEW APPLICATIONS** for a two (2) bedroom senior's rental unit. Applications must be completed and have all requested information attached. Incomplete applications will not be accepted.

Band Rental Unit is located at 1195 Chippewa Cres., the rental rate for this two (2) – bedroom unit is \$400.00/month utilities included (electricity, gas, and water).

This successful applicant will have to pay the first month's rent of \$400.00 plus meet the following conditions before moving in and receiving keys.

- The successful applicant will have to supply their own washer and dryer.
- The successful applicant will have to sign a rental agreement with the First Nation.
- The successful applicant must provide proof of content's insurance coverage.
- The successful applicant must be 55+.
- The successful applicant must have a move in inspection done before moving in.

Applications can be picked up at the Band Office, online at www.aamjiwnaang.ca or by email. Applications must be returned to the Housing Department no later than **March 4, 2022, by 4:00pm.**

***** IF YOU SUBMITTED AN APPLICATION PRIOR TO THIS POSTING YOU WILL HAVE TO RE-SUBMIT A NEW APPLICATION. NO EXCEPTIONS. *****

**AAMJIWNAANG FIRST NATION****HOUSING DEPARTMENT**

978 Tashmoo Ave.

Sarnia, ON N7T 7H5

Telephone: 519-336-8410

Fax: 519-336-0382

www.aamjiwnaang.ca**ATTENTION AAMJIWNAANG FIRST NATION MEMBERS:**

The Aamjiwnaang First Nation Housing Department is now accepting **NEW APPLICATIONS** for a one (1) bedroom senior's rental unit. Applications must be completed and have all requested information attached. Incomplete applications will not be accepted.

Band Rental Unit is located at 1840 #11 Virgil Ave., the rental rate for this one (1) – bedroom unit is \$400.00/month utilities included (electricity, gas, and water).

This successful applicant will have to pay the first month's rent of \$400.00 plus meet the following conditions before moving in and receiving keys.

- The successful applicant will have to sign a rental agreement with the First Nation.
- The successful applicant must provide proof of content's insurance coverage.
- The successful applicant must be 55+.
- The successful applicant must have a move in inspection done before moving in.

Applications can be picked up at the Band Office, online at www.aamjiwnaang.ca or by email. Applications must be returned to the Housing Department no later than **March 4, 2022, by 4:00pm.**

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Aamjiwnaang First Nation

Community Energy Plan Newsletter #2

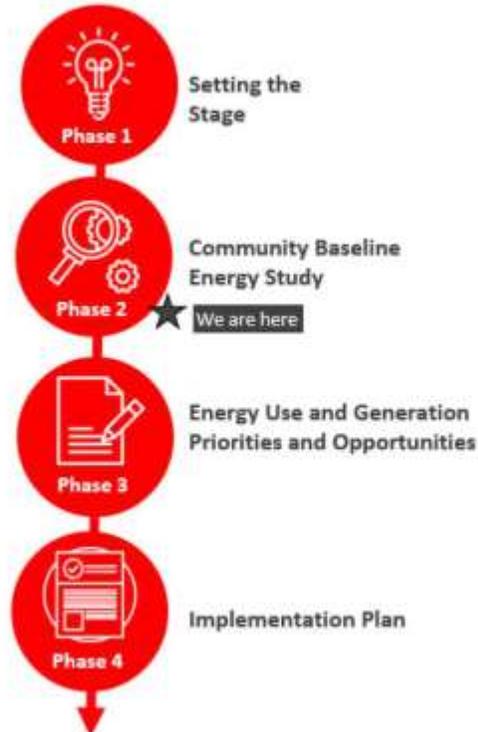


Aamjiwnaang is preparing a Community Energy Plan!

In July 2020, funding was received from the Independent Electricity System Operator (IESO) to develop the Aamjiwnaang First Nation Community Energy Plan (CEP). A CEP helps communities make informed decisions on how to conserve and use energy in the most efficient way possible!

Project Update

We have completed the Baseline Energy Study. The study summarizes current energy use in our homes and community buildings. This will help us to identify opportunities to be more efficient in how we use energy.



Why prepare a Community Energy Plan?

A CEP will provide a guiding document for our community to:

- Use energy more efficiently
- Reduce energy costs
- Reduce greenhouse gas emissions
- Create more opportunities to attract businesses and jobs
- Increase the security of our energy supply
- Enhance our resiliency to climate change

Community Energy Plan Survey!

Share with us your energy use habits and ideas for improvement. Complete the survey by **Tuesday, March 1st, 2022** to be entered into the **PRIZE DRAW**.

Ways to fill out the survey:

Online at <https://www.surveymonkey.com/r/RLVMR5H>

Hard copy, which can be picked up and dropped off at the Health Centre.

Over the **phone and in-person** by contacting our CEP Champion, **Emma Franklin**. Contact information below.

Scan the **QR Code** with your phone or tablet:



More Questions?

We will be hosting one-on-one and/or small focus group discussions this spring on community energy planning.

Contact **Emma Franklin** at efranklin@aamjiwnaang.ca or **(519)330-2955** to be added to the mailing list.



Aamjiwnaang First Nation

Community Energy Plan



Community Energy Plan Survey!

Aamjiwnaang is preparing a Community Energy Plan!

Share with us your energy use habits and ideas for improvement.

Complete the survey by **Tuesday, March 1st, 2022**

to be entered into the **PRIZE DRAW**.

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Online at <https://www.surveymonkey.com/r/RLVMR5H>



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Emma Franklin. Contact information below.

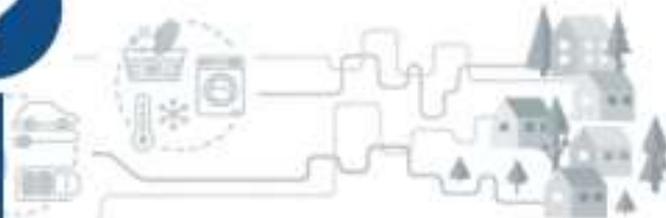
Scan the **QR Code** with your phone or tablet:



More Questions?

Contact **Emma Franklin** at
efranklin@aamjiwnaang.ca

or (519)330-2955.





Hosted by the Lambton College Indigenous Student Council
& Indigenous Student Centre

INDIGENOUS SPRING EQUINOX CELEBRATION

ROUND DANCE
SPRING TEACHINGS & ACTIVITIES
CRAFT VENDORS | FOOD VENDOR

Saturday, March 19, 2022

@ 1:00pm - 6:00pm

Centennial Park (Downtown)

430 Front St. N, Sarnia, ON N7T 7V4

You are invited to come & celebrate the coming of Spring.
There will be draws, activities, toonie table and spot dances.
Please bring cash for vendors and draws.

This is an outdoor event, but there will be warming tents.
Please dress for the weather - Snow, rain or shine. Current
covid protocols will be in place.

Everyone Welcome!

For more information, contact: Holly.Altiman@lambtoncollege.ca,
call 519-542-7751, ext. 3494 (leave msg) or 519-402-3911 (call or text)



Indigenous
Student Centre
Lambton College



Main dish

Fried Bologna Casserole Is What's For Dinner Tonight

Author: The Chef

Cuisine: American

Recipe type: Main dish

Ingredients

- 8 slices bologna
- 3 tablespoons butter
- 1 onion, chopped
- 4 cups warm mashed potatoes
- 1½ cups shredded Cheddar cheese

Instructions

1. Preheat oven to 350 degrees F (175 degrees C). Grease a 1½ quart baking dish.
2. Heat a skillet over medium-high heat. Fry the bologna slices in the hot skillet until browned on both sides, about 1 minute per side. Drain on a paper towel-lined plate. Wipe excess grease from the skillet, reduce heat to medium, and stir in the butter and onion. Cook and stir until the onion has softened and turned translucent, about 5 minutes. Stir the onions into the warm mashed potatoes.
3. Spread ¼ of the mashed potatoes into the prepared baking dish. Layer with 2 of the fried bologna, and sprinkle with ¼ of the cheese. Repeat with the remaining ingredients.
4. Bake uncovered in the preheated oven until the cheese is bubbly, and the center is hot, about 30 minutes.



Are you interested in Violin Lessons for your kids? At no cost to the family! Instrument and music supplied

El Sistema is a free community supported music program for kids, offering high-level instruction outside school programs, with millions enrolled across the world

**Comprehensive instruction straight from orchestra professionals to new students
Opportunity for onstage performance with regular concerts through the year**



**Aamjiwnaang project will start with violin instruction
This is an El Sistema Aeolian project, delivered by the International Symphony Orchestra of Sarnia & Port Huron**

If there is an interest, this program could start as early as mid January 2022. Please call the Community Centre 519-491-2160, leave name/name of child and contact info.

Nominate a Senior for Meat Package

We are going into our third year of this Pandemic, and every senior is having a hard time.

It's always nice to be thought of I would like you to TAKE SOME TIME TO THINK OF SOMEONE THAT WILL APPRECIATE THE THOUGHT, and THAT SOMEONE IS THINKING OF THEM



Draw dates will be as followed:

- March 3, 2022**
- March 10, 2022**
- March 24, 2022**
- March 31, 2022**

Deadline February 28, 2022

I Nominate : _____

Name of person AND phone number being nominated

Signature : _____

Signature & Date of Nominator

Please drop off at Health Center Slot box—Attention Becky Adams

Senior to Senior Peer Connection Lunch & Learn Workshop



Virtual Digital Safety & Connection

Lambton Mental Wellness Centre, Family Counselling Centre, Community Law School Sarnia Lambton, Age-Friendly Sarnia, and Literacy Lambton are excited to respond to the new reality and necessity to learn and apply technological literacy to our day-to-day activities within our community. Our organizations have come together to offer a Peer to Peer workshop for older adult community members (50+).

Workshop Summary

This program offered through ZOOM, will provide participants with an opportunity to utilize some of the technological skills they already have, as well as increase their knowledge through training as it relates to cyber security, identity theft, and other online scams.

FREE REGISTRATION

AT: Lambtonmentalwellnesscentrestaff@outlook.com

DATES: Tue March 1st, Thurs March 3rd, OR Wed March 9th, 2022 (please Choose 1)

TIME: 12:00-1:00

WHERE: Virtual Sessions VIA ZOOM

Literacy Lambton is available If you need a little Technology boost to access ZOOM

OUR FREE GIFT TO YOU FOR PARTICIPATING.....

The first 50 individuals to register for one the workshops will be provided with a Tim Hortons gift card to support you to purchase your lunch as you learn virtually.

A DOOR PRIZE WILL BE AWARDED AT THE CONCLUSION OF EACH SESSION

FOLLOW-UP COMMUNITY VOLUNTEER OPPORTUNITY

Many individuals report feeling satisfaction and purpose when they are able to contribute and stay connected to their communities while supporting others who may be in need. Therefore, once participants complete the workshop they may have the opportunity to participate in filling volunteer positions where the exchange of technical know-how could be shared with their peers.



Aamjiwnaang children & Youth services and
Mental Wellness presents

BOOK IN A BAG ACTIVITY KIT



February Theme: Feelings and Emotions

Each kit includes the book and activities
related to feelings and emotions

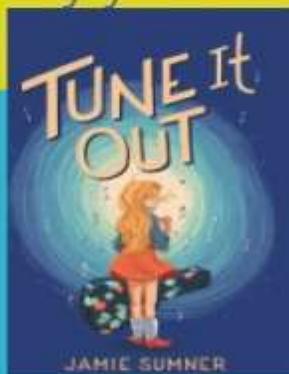
LIMITED KITS ARE AVAILABLE

Email: nmaness@aamjiwnaang.ca

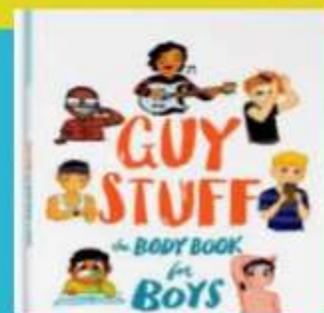
please specify your childs age



8-10



11-13



11-13

ENVIRONMENT WORKER

Boozhoo

N'indewaymaagooniidoog,
Ishkode Aanahkwado Kwe
N'dizhnikaaz, Ojibwe/
Bowdaywadamii Anishinabe
N'daaw Makwa N'doodem,
Aamjiwnaang N'doonjibaa, Nizo Mideo....



Greetings all my Relations, My spirit name is Fire in the Clouds Woman and I am Bear Clan as was my Father, My heart sounds from where the waters flow at the spawning stream, I am Ojibwe and Pottawatomi decent, and I am second degree Midewiwin....

My English/Indian Act Name is - Lynn Marie Rosales (nee: Washington)

After considerable thought and deliberation I decided to leave my position as Aamjiwnaang's Governance Officer and have made a lateral move to the environment department and will be continuing my work with Aamjiwnaang as the Environment Worker.

I am extremely excited to be embarking on this new journey with the Environment Team and look forward to continuing my good work here in this place, in this time, not only for today, but for generations yet to come.

It may take a short time to familiarize myself with new projects and such, but what I know for sure is that the team does extensive information sharing, community engagement, planning educational activities for the community, and engaging with ministry officials and key stakeholders of chemical valley.

My office is located in the Annex building and I can be reached there anytime during regular work hours.

Miigwech/Thank You
Lynn M. Rosales
Environment Worker
Aamjiwnaang



MUKWA NDOODEM



with Anzoked, Shaage Ndoodem
(Perry McLeod-Shabogesc, Crane Clan)

FEBRUARY 28, 2022
5 - 7 PM EST

Are you a member of the Mukwa (Bear) Clan? Come learn more about your Clan with Anzoked (Perry McLeod-Shabogesc), The One Who Tells Stories. Perry is the Manager for Cultural Services at Niinjaansinaanik Child & Family Services in Dokis First Nation. He is also an Elder/Helper/Resource Person for Wasauksing, Shawanaga, Magnetawan, Henvey, Dokis and Wahnapitae First Nations.



Following the virtual workshop, all participants will receive a Mukwa Item AND a stamp on their Weshkiniljig Cultural Passport to be entered in to win a grand prize draw!

**If you're unsure of which Clan you belong to, we encourage you to wait and attend our upcoming Waabizheshii (Marten) Clan Teachings.*



REGISTER ONLINE AT:
WWW.ANISHINABEK.CA/
REGISTER-YOUTHPROGRAM

WWW.ANISHINABEK.CA/



AAMJIWNAANG ICAN PROGRAM

Aamjiwnaang Community Centre
Monday, Wednesday, Thursday
3:00pm - 6:00pm

- Brothers Wilde - March 9th
- **No** Program March 14, 16, 17
Due to March Break ☹️
- Please remember no boots or wet shoes in the gym! If you have indoor shoes, please bring them.
- We will be increasing our outside play time so have your child dress for the weather.

PROGRAM LEADER CONTACT
INFORMATION
Patti Larsen:
226-932-0786
plarsen@nlchc.com

March 2022

MON	TUES	WED	THURS	FRI
	1	2 Winter Olympics 	3 Team Challenges!!	4
7 Sports Day Floor Hockey 	8	9 RAINBOW SNACK & BROTHERS WILDE 	10 Therapy Dog 	11
14	15	16	17	18
MARCH BREAK!!				
21 Sports Day Badminton 	22	23 Games Day Dodgeball 	24 Arts & Crafts 	25
28 Sports Day Floor Hockey 	29	30 Games Day Relay Games 	31 Team Challenges!!	



March Newsletter



I know this year has not started off the way we wished it would have, yet I'm determined to make the afterschool program a positive time for all who come. We can work together to make this happen by following all health protocols. We will be increasing our cleaning procedures, enjoying more fresh air, stopping throughout the program to wash or sanitize hands and enforcing mask wearing at all times. If your child(ren) comes to program not feeling well or becomes unwell during program a phone call or text home will be made to ask that you pick your child(ren) up right away. We want to help keep everyone safe and healthy. If you are not able to pick them up you will need to arrange for your emergency person to pick up your child(ren) ASAP!

Each day before your child comes to program I ask that you send me a text stating they are symptom free as per the self assessment screening tool [Coronavirus \(COVID-19\) self-assessment \(ontario.ca\)](#) and are coming to program.

Also, I wanted to remind everyone that we have a no technology policy (i.e. cellphones, tablets, laptops etc) during the duration of program. If your child(ren) need to get ahold of you they are welcome to call you with the program phone. As well, if you need to relay a message to them please text or call the program phone.

I appreciate you following our protocol as we are doing our best to keep everyone safe and healthy.

Looking forward to seeing your child(ren) Thursday February 24, 2022 😊

"Brothers Nolan and Ethan Wilde found a strong passion for writing and sharing music and have been running since. When they started playing at small shows locally in 2018 they found out how much fun it was and in 2019 the brothers were able to successfully win the North American Country Music Association International Duo of the Year. Other awards that year were the Sarnias Battle of the Bands winners. Once the pandemic struck it gave the boys an opportunity to write many songs and this year they are set to release their first album. They've overcome adversity and are on the road to chase their dreams."





Dago Maajigoog
Binoojinyag

March 2022- Maple Syrup ZIISSBAAKDOKE GIIZAS SUGAR MOON MARCH

Legend: Zoom In person Invite Posted On Facebook Programming for prenatal and families 0-6yrs old

Please look for specific sign up times Contact Laura to sign up through Facebook or email lmele@aamjiwnaang.ca. We still have a limit of how many people we are allowed in program. We will also be posting videos through out the month of March about different activities. We also have transport for programming! Contact Laura for more information.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6 Asking your child: Who is one woman that you know (family or friend) that you look up to?	7 Family Dream Catcher making @6pm-7:30 (15 kits) Gym	8 Play group 9-11 and 1-3 (1 family per time slot) Paper Flower Making	9 Anishinaabemowin circle with Sophie @7pm online And craft	10 Boys Ribbon Shirt making 20 individuals 10-12pm (gym)	11 	12 
13	14 Making a Magnifying glass (15 kits) @6pm-7:30 (Gym)	15 Play group 9-11 and 1-3 (1 family per time slot) St Patrick Craft	16 Anishinaabemowin circle with Sophie @7pm And craft	17 11am-Love Food, Waste Less and Save Money with Kim LaBelle	18	19 Syrup Making in the brush 10am-3pm More details to follow
20 Asking your Child What is your favourite thing to do before you go to sleep?	21 Starting a Garden 15 Kits @6pm -7:30 (Gym)	22 Play group 9-11 and 1-3 (1 family per time slot) Animal stain glass made of tissues of paper	23 Anishinaabemowin circle with Sophie @7pm And craft	24 11 am Cooking with Laura	25 	26
27 	28 Family Gym Night @6pm -7:30 (Gym)	29 Play group 9-11 and 1-3 (1 family per time slot) I spy Bottle With natural items from around Aamjiwnaang	30 Anishinaabemowin circle with Sophie @7pm And craft	31 10 am Shaker With Been 25 kits in Gym	The third moon of Creation is Sugar Moon, as the maple sap begins to run, we learn of one of the main medicines given to the Anishinaabe which balances our blood and heals us. During this time, we are encouraged to balance our lives as we would our blood sugar levels. This moon also teaches us the time of year when the sap is running for maple sugar harvest. This is celebrated as the Anishinaabe new year.	

Moccasin Making Workshop

March 16, 2022



FOR AAMJIWNAANG YOUTH - AGES 13-18

WHERE: Maawn Doosh Camig

LIMITED SPOTS!!

Must sign up to Participate!!!

To sign up, email: nmaness@aamjiwnaang.ca

AAMJIWNAANG WINTER PHOTO CONTEST

We are looking for photos from nature to use for our online publications and for brochures. We have also decided to use the photos in a calendar. The pictures must show images that evoke feelings of peace, calm, and inspiration. They must be taken by members of Aamjiwnaang and be taken on Aamjiwnaang First Nation. Some examples: water, trees, sunrise, sunset, native plants, etc. Your pictures will be given photo-credit upon each use. Please forward images to: tgeorge@aamjiwnaang.ca or post them in the comments.

The 5 chosen photos will win a prize.

Please submit your photos by March 7th, 2022.

Mligwech

PHOTO CREDIT: TERRY FISHER, AAMJIWNAANG FN



Let's talk energy savings

First Nations Conservation Program

Have you recently received a new appliance from the FNCP and are having issues?

The contact numbers for service by appliance brand are:

Danby:	1-800-263-2629
Electrolux / Frigidaire:	1-800-265-8352
Mabe (Moffatt/GE)	1-800-361-3400
Whirlpool:	1-800-807-6777
Perfectaire	1-866-996-9255
Haier	1-877-470-9174
Amana	1-800-807-6777

Please be advised that all appliances delivered through the FNCP have a 1-year Warranty. You will need to know the model and serial # of your appliance when making a service call. If you do not have this information, please contact us.

If you have any other questions or concerns, please call:
FNCP toll free line 1-844-349-8972

Seniors Congregate dining

CANCELLED!

Attention all Senior's

We will be cancelling our Congregate Dining for the months of January & February 2022

Due to unpredictable weather, it was hard decision to make... But for the safety of our seniors and workers it was decided to cancel for the 2 months.

Hopefully when we start back up in March 2022 We shall be sitting together and sharing a meal back inside the community center.

Stay safe & Stay warm

I wanted to take this opportunity to say a huge thank you and I appreciate everyone of you.

Billie-jo Oliver (delivery)

Natalie Nahmabin

Gabriella McDonald

and to all Health center staff that stepped in to help

These people have made it possible for our drive thru—thank you

CANCELLED!

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Our own Aamjiwnaang Language App features 23 categories with audio recordings, spelling, and songs.




Meet our Post-Secondary Team



LAURA SPERO - POST-SECONDARY COUNSELLOR
My role with post-secondary is to support our sponsored students to ensure they are successful in their academic journey. I can help navigate the post-secondary system, as it can be very daunting. If needing to change a program, course load or anything else as it relates to ones academic goals, then I am the person I can support, guide, and always help. I will be the first to say, if I do not know the answer right away, I will find out and get back to you! Miigwech!



JOEL PICHÉ - ACADEMIC ADVISOR
My role with post-secondary is to prepare our secondary students for a successful transition into post-secondary, help our students apply for post-secondary funding, answer education related questions, and promote educational content through social media. Please never hesitate to reach out with questions! Miigwech!



MERCEDES REDMOND - NIIGAN GDZHIIMAH ASSISTANT
My role with post-secondary is inputting student data and information into Outcomes Student Information System, also referred to as Osultran. I also assist with administrative tasks, as needed.



CHENOA PLAIN - EDUCATION SERVICES ADMINISTRATIVE ASSISTANT
My role with post-secondary is the administrative tasks of providing letters to institutions and students as needed, as well as completing financial requirements for post-secondary education. I also assist with compiling application information and reporting to the Education Coordinator as well as the Education Committee. Miigwech!



VICKI WARE - EDUCATION COORDINATOR
My role with post-secondary is overseeing the program as a whole, reporting to the Education Committee as well as Chief & Council. I also handle the appeal process for the post-secondary department. Letters and supporting documents can be sent to vware@aamjiwnaang.ca. Miigwech!

CONTACT US
 POST-SECONDARY@AAMJIWNAANG.CA
 WWW.AAMJIWNAANG.CA/EDUCATION
 928 TASHIMOO AVENUE, SARNIA, ON N7T 2H5
 519.338.8410

	<p style="text-align: center;">Roxanne White MSW, RSW</p> <p>A community minded wholistic practice which uses a trauma informed, anti-oppressive approach. Using strategies from leading frameworks as well as traditional healing methods.</p>	<p>Can Help in the following areas:</p> <ul style="list-style-type: none"> Grief and Loss Stress, Anxiety, Low Mood and Depression Healthy relationships Mental health & Addictions Support for those who have a family member with a mental illness Cultural Identity
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Life is full of challenging times and everyone needs a helping hand occasionally. I support clients in identifying the issues surrounding those challenges that are stopping them from experiencing their lives to the fullest.

Currently servicing clients online or by telephone

Appointments and inquiries can be made on my website at www.circleofdiscovery.ca or by calling 519-464-2270

*Counselling fees are covered through Indigenous Services Canada for those who qualify for NIHB *Approved Sunlife provider

*Independently owned and operated.

*Not affiliated with any other organization.

Mino Dbishkaayin-Happy Birthday

Evan Smith	Feb. 25	Joyce Lancaster	Mar. 5
Towana Brooks	Feb. 25	Chenoa Plain	Mar. 5
Havana Maness	Feb. 25	Sherwood K Rogers	Mar. 5
Nolan Maydwell	Feb. 25	Dakota Williams	Mar. 5
Bella Plain-Pagano	Feb. 25	Jaymee Nahmabin	Mar. 6
Ezekiel Adams	Feb. 26	Ethan Pentland	Mar. 6
Dakota Clark-Nahmabin	Feb. 26	Nathan Shaw	Mar. 6
Nora Maness	Feb. 26	Ivy Sinopole	Mar. 6
Stanford Plain	Feb. 26	Susan Williams	Mar. 6
Elizabeth Akiwenzie	Feb. 27	William Adrian Cottrelle	Mar. 7
Delsyn Cottrelle-McManus	Feb. 27	Melissa Joseph	Mar. 7
Owen Fisher	Feb. 27	Nicholas Cottrelle	Mar. 8
Daniel M Plain	Feb. 27	Elizabeth Jackson	Mar. 8
Ramon Rosales	Feb. 27	Vincent Joseph	Mar. 8
Melissa Sauve	Feb. 27	Bailey Maness	Mar. 8
Haley Sinopole	Feb. 27	Miimiikwe Spring Bird	Mar. 9
Rachel Williams	Feb. 27	Cain Gould	Mar. 9
Tawny Daws	Feb. 28	Anthony M Plain	Mar. 9
Kenneth Maness Jr.	Feb. 28	Sean Rogers	Mar. 9
Nicholas Williams	Feb. 28	Rain Simpson	Mar. 9
Jaqub Terrance	Feb. 29	Ashley Williams	Mar. 9
Elissa Joseph	Mar. 1	Ashton Williams	Mar. 9
Iris King	Mar. 1	Courtney Bird-Little	Mar. 10
Charles P Maness	Mar. 1	Jordan D'Amato	Mar. 10
Keegan Rich	Mar. 1	Lindsay Gray	Mar. 10
Haiden Williams	Mar. 1	Andrew Leavitt	Mar. 10
Gabriel Elijah	Mar. 2	Jasmine Wright	Mar. 10
Adrienne Jacobs	Mar. 2		
Jacob Johnson	Mar. 2		
Brenda Maness	Mar. 2		
Justin Rogers	Mar. 2		
Anthony Allen	Mar. 3		
Amanda-Dawn Arseneault	Mar. 3		
Shoniqua Bunce	Mar. 3		
Samuel Miller	Mar. 3		
Julian Oliver	Mar. 3		
Tesha Oliver	Mar. 3		
Wilfred L Gray	Mar. 4		
Brittany Simon	Mar. 4		
Scott Maness	Mar. 4		
Rihanna Plain-Nahmabin	Mar. 4		
Justin Smith-White	Mar. 4		
Stephanie Tully	Mar. 4		
Darryl Brooks	Mar. 5		
Kole Huggins	Mar. 5		



**Happy 1st
Birthday
Cain, lots
of love
from your
family.**

CROSSWORDS

Across

- 1. Places for earrings
- 6. Moonshine containers
- 10. Bank conveniences
- 14. Separated
- 15. Archipelago component
- 16. Gather what's been sown
- 17. Clark's boss
- 18. Butcher's inventory
- 19. Doll's word
- 20. "...__ saw Elba"
- 21. Tom, Dick and Harry
- 23. Collie of TV
- 25. Winter toy
- 26. Oriole's home
- 29. Magazine bigwig
- 33. Pre-owned
- 38. Istanbul money
- 39. Now!
- 40. Blackjack card
- 41. Tilt
- 42. Trade center
- 43. Underdeveloped countries
- 46. Author Welty
- 48. Take a show on the road
- 49. Fall flowers, for short
- 51. Place for shadow
- 56. Stay-at-home spouses
- 61. Sole
- 62. All the time
- 63. Be durable
- 64. Handbag
- 65. Raise, as a child
- 66. Diminutive ending
- 67. Annexed
- 68. Small equine
- 69. Caspian and Red
- 70. "The defense __!"

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56	57	58						59	60			61		
62					63						64			
65						66					67			
68						69					70			

Down

- 1. Boutonniere site
- 2. Puccini output
- 3. Reveals
- 4. "To __ human . . ."
- 5. Farmyard enclosure
- 6. Guitarist Hendrix
- 7. __-friendly
- 8. Tumbler
- 9. Took up residence
- 10. Tanklike mammal
- 11. Home or Visitors
- 12. Role for Roz
- 13. Hot tubs
- 21. Rancher's purchase
- 22. Actor Beatty
- 24. Place for the night
- 27. Former Iranian leader
- 28. Unspoken but understood
- 30. Wedding-cake layer
- 31. Spoken
- 32. "The Fountainhead" writer
- 33. Unchanged
- 34. Jacob's twin
- 35. Cut-up
- 36. Vision science
- 37. Sleuth Wolfe
- 43. Mexican meal
- 44. Club fees
- 45. Humorously mocking
- 47. Daiquiri ingredient
- 50. Enjoy the ice
- 52. Keep away from
- 53. Christmas song leapers
- 54. Map detail
- 55. Actions
- 56. Arthur Marx's instrument
- 57. Scone spread
- 58. Response to a pun
- 59. "Como __ usted?"
- 60. Numbered rds.
- 64. Norm



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 Sunday - 12 pm - 5 pm

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 Sarnia, ON



AAMJIWNAANG Mental Wellness

If you feel overwhelmed with stress and it is affecting you in a negative way, please reach out for help. We want to help you in any way we can.

Crisis Lines:

In an emergency call 911

National Indian Residential School Crisis Line 1-866-925-4419

First Nations Hope for Wellness 1-855-242-3310

Child & Youth Crisis Line 1-833-622-1320

Kids Help Phone 1-800-668-6868

Text CONNECT to 686868

Sarnia Distress Line 519-336-3000

Business Hours:

Tracey George 226-349-5712

Max Cryderman 519-330-1140

Ashley Maness 519-332-6770 ext. 324

Gabby MacDonald 519-332-6770 ext. 328

Roberta Bressette 519-332-6770 ext. 313

Amy Vandersteen 519-384-1955

Michelle Walters 519-333-8787

Alphonse Aquash 519-490-5956

You can connect with any of the Mental Wellness Team through the Aamjiwnaang Health Centre Facebook page as well. Miigwech. Stay Safe.



Aamjiwnaang First Nation
Public Works Dept.

978 Tashmoo Ave.
 Sarnia, Ontario
 N7T 7H5
 Phone: (519) 336-8410
 Fax: (519) 336-0382

Effective Friday, October 8, 2021, there will be a new designated after-hours phone line for the infrastructure service emergencies, basement back-ups, animal control requests, or winter maintenance issues. There will be one main contact number that will be used for those occurrences.

The after-hours phone number is:
519-331-3596

Please continue to use the band garage number during regular office hours. The Garage number is 519-336-0510. Leave a message if no one answers.

Alternatively, you can call Wilson Plain Jr. during regular hours at 519-330-8749.

Migwech

Job Search Websites

OFIFC www.ofifc.org/

Nokee Kwe www.nokekwe.ca/

Southern First Nation Secretariat, www.sfns.on.ca/index.html

N'Amerind Friendship Centre (London) www.namerind.on.ca/

Anishnawbe Health Toronto <http://www.aht.ca/>

SOAHAC London, Chippewas of the Thames, Owen Sound,
<http://www.soahac.on.ca/>

Six Nations (Ohsweken, ON), www.sixnations.ca/

Other Job Search Engines:

- <http://www.aboriginalcareers.ca/>
- <http://ca.indeed.com/Aboriginal-jobs>
- <http://www.wowjobs.ca/jobs-aboriginal-jobs>
- <http://www.turtleisland.org/front/front.htm>
- <http://www.eluta.ca/>
- <http://www.monster.ca/>
- <http://www.workopolis.com/>
- <http://www.jobs.ca/>
- <http://www.servicecanada.gc.ca/eng/sc/jobs/jobbank.shtml>

For Up-To-Date News and Information in the First Nations Political Arena you may visit:

Chiefs of Ontario visit:

<http://www.chiefs-of-ontario.org/>

Union of Ontario Indians visit:

<http://www.anishinabek.ca/>

Assembly of First Nations visit:

<http://www.afn.ca/>

Southern First Nation Secretariat

<http://www.sfns.on.ca/>

Aboriginal Affairs & Northern
Development Canada

<http://www.aadnc-aandc.gc.ca/>

**CROSSWORD
SOLUTION**

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CHIPPEWA TRIBE-UNE

1972 Virgil Avenue
Sarnia, Ontario N7T 7H5
Phone: 519-491-2160 or Fax: 519-491-0912
E-mail: editor@aamjiwnaang.ca

The next issue is due out on

Friday, March 11th, 2022

**The deadline for submissions is
Wednesday, March 9th, 2022 at 12:00pm**

Please submit your documents in

Word, Excel, or Publisher formats or info
can be hand written; **jpeg** for pictures.

**This paper and past editions can also be
found on the Aamjiwnaang website at:**

www.aamjiwnaang.ca

If you have stories that you would like to
share, please submit them to the Editor at :

editor@aamjiwnaang.ca