



The Aamjiwnaang First Nation
CHIPPEWA TRIBE-UNE

Drive-By Christmas



Holiday Plans with Socially Distancing in mind...

Saturday December 19th

12 noon - 3 pm

Santa Claus Greetings

The big guy is taking a break from his busy schedule to help with our giveaway!



Drive By Giveaway

Drive by at the Community Centre starts at 12 noon until 3 pm or until all the gifts are gone.

House Decorating Contest

1st - 2nd - 3rd

No need to sign up!

If you decorated your house, you are entered!

Winners will be announced on Dec. 19th.





Aamjiwnaang Chief & Council

Agenda Item Submission **Information and Deadlines**

- * Regular Council Meetings - 1st & 3rd Monday of every month. If Monday falls on a statutory holiday the meeting is generally held the following day. Please note, that from time to time meetings may be cancelled or postponed.
- * Deadline - Tuesday's prior to the regularly scheduled meeting date, by 12:00 noon, for Band Manager review.
- * Agenda Item Request Form is available at reception for the following locations: Administrative Complex (Band Office), E'Mino Bmaad-Zijig Gumig (Health Centre) & Maawn Doosh Gumig (Community Centre); and, on the Aamjiwnaang website.
- * Your completed request form can be submitted in person or email, you may also wish to attach additional documentation and information to support your request (i.e. acceptance letters, budget, personal summary, etc.).
- * Requests will be reviewed by the Band Manager, to ensure that the appropriate personnel/ department have the opportunity to respond or resolve the request, prior to being placed on the Council agenda.
- * The guidelines set out above are in place to ensure that the flow of information to and from the Council table is efficient, and that your matter is addressed and resolved in a timely manner.

If you have discussion items for
Chief and Council on:
January 18th, 2021

Your information is due by:
January 12th, 2021 4:00pm

Miigwech, for your co-operation and understanding.

Ashley Jackson, Aamjiwnaang Council Clerk
ajackson@aamjiwnaang.ca

COUNCIL AGENDAS

Presently a copy of the Council Agenda is posted on the front doors of the Band Office and Community Centre.

If you would like to receive an "electronic" copy of the Council Agenda, please send an email to: pnahmabin@aamjiwnaang.ca providing your name and band number.

Only band members can receive an electronic copy of the Agenda.

Thank you.

Patrick Nahmabin

Community Information Officer



Aboriginal Affairs and

Northern Development Canada

**IF YOU DO NOT HAVE THE
MANDATORY IDENTIFICATION TO
OBTAIN A STATUS CARD,
PLEASE CALL: 1-800-567-9604**

- Advise the call centre representative that you want to obtain a Temporary Confirmation of Registration Document (TCRD).
- They will ask a series of questions to confirm your identity and then mail a Temporary Confirmation of Registration Document (TCRD) to you.
- This document will state your registration number and can be used in place of a Status Card to access benefits and services.

Medical Travel Drivers

Terry Plain (Monis)	C: 519-402-5535
Sheila Firth	C: 519-383-1073
Christine Plain	C: 519-466-0054
Muriel (Toddy) Joseph	H: 519-336-6323
	C: 519-312-2403
Ron Simon	H: 519-332-4433
Marion Waters	C: 519-312-5283

Wheelchair Accessible Van Driver

Brenda Maness 519-490-8444

NOTICE - Band Members

RE: Youth Funding Policy / Funding Applications

Chief and Council along with the Community Services Committee have developed a new Funding Policy to help our youth with their Sports, Arts and Recreational activities. This application is for youth to the age of 25 years. The maximum funding is \$800/CA per fiscal year. This maximum will take into consideration LNHL reimbursement and any other recreational funding. Applications can be picked up at the Community Centre or Band Office. For more information please contact the Community Centre – 519-491-2160

NOTICE – Aamjiwnaang Seniors

RE: Seniors Travel and Recreation Funding

Chief and Council along with the Community Services Committee have developed a new Seniors Travel and Recreation Funding Policy to help assist Seniors with Travel and Recreational activities. This application is for Seniors who have reached the age of fifty-five (55) years and over. The maximum funding is \$500/CA per fiscal year. Applications can be picked up at the Community Centre or Band Office. For more information please contact the Community Centre – 519-491-2160

Who to Call During Christmas Break:

Emergency 911

Kids Help Phone 1-800-668-6868

Distress Line 519-336-3000

Bluewater Health Addictions and Problem Gambling: 519-464-4400 ext. 5370

Withdrawal Management 519-332-4673

Women's Interval Home 519-336-5200

Sarnia-Lambton Children's Aid Society 519-336-0623

Lambton Mental Health Crisis Line 519-336-3445

Victim Services Support Line 1-888-281-3665 ext. 5238

Alcoholics Anonymous 519-337-5211

NEW YEARS DAY FEAST NEWS!!!!

The New Years Feast is going to be looking a little different this year due to Covid-19 concerns and restrictions.

New Years Dinners will be distributed in a drive-thru fashion from the Maawn Doosh Gumig Community Centre

We will begin handing out dinners at **12pm on January 1st, 2021** until they are all gone.

Have a safe and happy holidays

NOTICE!!

To Aamjiwnaang Band Members

The Finance Department can now accept email transfers.

Transfers can be sent to finance@aamjiwnaang.ca only and must include:

Name, address, contact number, email address and payment detail (rent, mortgage payment, etc)

Receipts will be sent to the email address provided unless otherwise requested.

Boozhoo, Aanii,

If you have any paper work to be submitted to Peggy Rogers for reimbursements or payments, could you please have it submitted by Mondays, noon. Please submit all your contact information with your paperwork - name, mailing address, and phone number that you can be reached at.

Miigwetch,

Peggy Rogers,
Administrative Assistant,
Aamjiwnaang Health Centre,
519-332-6770, ext. 320.
progers@aamjiwnaang.ca

MEDICAL TRANSPORTATION PAYMENTS

The Health Centre will issue 1 additional payment before the holidays. Upcoming deadlines to submit your transportation forms:

- December 14 for payment on December 17
- January 4 for payment on January 7

Happy Holidays!





AAMJIWNAANG FIRST NATION

YEARS OF SERVICE AWARDS

Aamjiwnaang First Nation would like to extend our sincere gratitude to the following employees for their outstanding dedication and service.

RETIREMENTS

Terry Plain
Rosa John
June Simon
Joanne Culley

30 YEARS OF SERVICE

Carole Delion
Selina (Kim) Henry

15 YEARS OF SERVICE

Becky Maness

10 YEARS OF SERVICE

Ashley Fisher
Christine James
Sara Plain



25 Main Street, P.O. Box 61, Grand Bend, Ontario N0M 1T0 * (519) 238-2402
huronshoresunitedchurch@gmail.com * www.huronshoresunitedchurch.com

8 December, 2020

Chief Plain
And Band Council
Aamjiwnaang First Nation
By email

Friends,

I am writing with great sadness to express my own personal condolences, and the condolences of the congregation of Huron Shores United Church on the passing of Elder Geraldine Robertson on December 4, 2020.

Geraldine visited our community of faith regularly, and became a friend to our Right Relations Working Group. With wisdom and great kindness, she shared her personal story, and helped to build a bridge of friendship with settler people. One member of our group, the late Marie Strapp, became a dear personal friend, when it was discovered that both had been at Mt. Elgin School at the same time, one as a student and one as a very young member of staff, over 50 years prior. Marie even had several photographs of Geraldine Maness (as she was at the time) in her personal album. Their late-in-life friendship was deep and meaningful to them both.

Geraldine's courage in testifying to what she had lived through her Residential School experience, especially at the Mohawk school, led us to realize the depth of pain and suffering not only of her own but of many children. She travelled throughout the United Church of Canada opening the eyes of any who met her. As a true leader among us, we were honoured to nominate her for both the Order of Ontario and the Order of Canada, the first of which she received.

We remain committed to the work of reconciliation which Geraldine supported so passionately. In COVID-19 times it is difficult to work together. But our commitment is as strong as ever. Please think of us as allies and friends, in the long work which will not be completed in our lifetimes. It is what Geraldine would expect of us all.

With a profoundly saddened heart, I write,

Kate Crawford (Rev. Dr.)
Minister

*"Our relationship with God and each other strengthens us, and helps make the world a better place.
We welcome and include **everyone** into congregational life."*

COVID-19 Assessment Centres in Sarnia-Lambton

For up-to-date testing information and hours, visit:

<https://lambtonpublichealth.ca/2019-novel-coronavirus/testing-criteria/#public>

Which testing location is right for me?

Public Assessment Centres may be accessed by appointment by anyone who has symptoms of COVID-19 or are individuals who do not have symptoms but are at high risk for COVID-19 due to close contact with confirmed cases.



Individuals who SHOULD get tested:

- Individuals who have at least one **symptom of COVID-19**.
- Individuals without symptoms who have had ongoing, close contact with a confirmed positive case while they have been infectious or have had similar acquisition exposure to the case (i.e. through work or social settings).
- Individuals without symptoms who are contacts of an outbreak investigation.
- Individuals without symptoms but part of high-risk populations such as staff and residents at Long-Term Care facilities.
- Individuals without symptoms who have had exposure to a confirmed case but do not share acquisition exposure.
- Individuals visiting a Long-Term Care facility for an *indoor* visit.
- Individuals who need to confirm they are COVID negative before international travel.

Individuals who SHOULD NOT get tested:

- Low risk individuals who are not experiencing symptoms.
- Low risk individuals who have not had close contact with a confirmed case of been in a setting with known exposure.
- Individuals visiting a Long-Term Care facility for an *outdoor* visit.

All Public Assessment Centres are accessed by appointment only. Please follow the instructions below to book an appointment at a location you choose.

Sarnia Lambton COVID-19 Assessment Centres

(1) Twin Bridges Nurse Practitioner-Led Clinic

153 Christina Street South, Sarnia

Book your appointment: www.tbnpic.com

Phone for appointments ONLY if they have no access to internet.

Call: [226-776-9030](tel:226-776-9030)

French and sign language is available.

(2) Rapids COVID-19 Assessment Centre

Rapids Family Health Team

1150 Pontiac Drive, Sarnia

Please book online by going to testing.getcorigan.ca.

Choose from available times and schedule tests when it is convenient for you. If unable to book online, call: 519-491-5395

Pharmacy Testing Centres

COVID-19 testing is available at select pharmacies only if you **are not** showing symptoms (asymptomatic) **and** meet any of the following criteria:

- will be visiting a long-term care home
- are a worker or resident of a specific outbreak site, including a long-term care home, retirement home or school
- are [eligible for testing](#) as part of a targeted testing initiative as determined by the Ministry of Health or Ministry of Long-term Care, which includes Indigenous people

You will need to call a participating pharmacy to book an appointment.

- [260 Indian Rd, Sarnia – Shoppers Drug Mart – 519-337-3727](#)
- [481 London Rd, Sarnia – Hogan Pharmacy – 519-332-1032](#)
- [1206 Michigan Ave, Sarnia – Shoppers Drug Mart – 519-541-9064](#)

Test Results

Lambton Public Health or the Aamjiwnaang Health Centre will contact you **only if you have a positive COVID-19 test result**. All individuals can access their test results from the provincial website: covid-19.ontario.ca.

Test results are typically available in 2-10 days and depends on testing volume at the time. Lambton Public Health does not receive test results sooner than what is available on the provincial website. Please only call Lambton Public Health for test results if:

- You or your dependents do not have a health card
- Your test result is taking longer than 10 days
- You are unable to access the website

If you have difficulties accessing the portal for your test result, please call Lambton Public Health at [519-383-8331](tel:519-383-8331).

If you have received a negative test result, please continue to follow [public health safety measures](#) to help prevent the spread of COVID-19. Direction will be provided if you have a positive COVID-19 test result.



Help prevent COVID-19 during the
HOLIDAY SEASON

SAFEST: GATHER ONLY WITH PEOPLE YOU LIVE WITH

No one wants to spend the holidays sick or in isolation. Here is the latest public health advice to help prevent spread during the holidays:

- Limit all non-essential social activities
- Avoid non-essential travel
- If you need to see someone, be safe about it:
 - Stay apart when you are indoors
 - Wear masks
 - Try not to gather around meals
 - Try to keep your visits short
 - Visit with as few as possible and as little as possible
 - Don't see anyone when you aren't feeling well

Remember to check in on our seniors and others who may be feeling isolated and lonely. Make a phone call or reach out online. If you need to visit in-person; keep your distance, wear a mask and keep it short.

**Let's keep Aamjiwnaang
safe this holiday season**



What you need to know about the COVID-19 vaccine for Canada

Working to bring Canadians a safe and effective COVID-19 vaccine



Vaccination is one of the most effective ways to prevent the spread and reduce the impact of infectious diseases, whether it's seasonal flu or childhood infections. A safe and effective vaccine(s) for COVID-19 will protect us against the novel coronavirus and will be an important step to safely resume normal life in Canada and around the world. The Government of Canada is working on all possible fronts to secure access to safe and effective vaccines and related supplies for Canadians. Here is what Canadians need to know about a future COVID-19 vaccine.



Only vaccines that are safe and effective will be approved for use in Canada. Canada is recognized around the world for its high standards for [drug and vaccine review, approvals](#) and [monitoring systems](#); these will not be compromised. The Government of Canada has gained real-time access to manufacturer clinical trial data for the most promising vaccine candidates, and is working with the global regulatory community to make sure COVID-19 vaccines are safe and effective before regularity approval is granted.



A vaccine will be available to everyone. Because of the unprecedented global funding and collaboration, more than 150 vaccine candidates are being researched around the world at this time. The Government of Canada is [investing in made-in-Canada research](#) and [has already made advanced purchase agreements](#) of many hundreds of millions of doses of the most promising vaccine candidates from around the world. This will give Canadians access to safe and effective vaccines as soon as they are ready. Not all vaccines will make it past the finish line, so that's why we are purchasing in advance a number of the most promising vaccine candidates. Health Canada is focusing on [reviewing and approving](#) COVID-19 vaccines as quickly as possible, while ensuring that they are well-studied and safe.



Because there will be limited quantities at first, once a vaccine is approved for use, key populations will need to be prioritized. We expect to have a limited supply of just a few million doses in the early weeks and months once Health Canada approves a vaccine(s) for use in Canada. That means governments will work together and continue to seek input from independent experts, like the [National Advisory Committee on Immunization](#) (NACI), to make decisions about how to prioritize vaccination. This will allow us to make the most impact by protecting high-risk populations and those who help keep our pandemic response, society and economy running. When there are enough vaccine(s) available, the vaccination program will be expanded.



Government
of Canada

Gouvernement
du Canada

Canada



Building up immunity takes time. One dose of vaccine may not be enough to provide individual protection. You may need to get a second shot to allow your body to develop adequate immunity. We don't yet know what level of immunity in the population is sufficient to achieve [community immunity](#). Until that time, Canadians should continue to wash their hands, [stay home](#) when sick, maintain [physical distancing](#), [wear a face mask as appropriate](#), and keep using good [cough](#) and [surface](#) hygiene.



COVID-19 vaccines will be free. As more vaccines are made and distributed, we expect to be able to offer free vaccination to every Canadian who wants one. We know that we live in a global community, so we have committed to making sure [low and middle-income economies around the world will also have access](#) to safe and effective COVID-19 vaccine(s). Until we're all protected, we're still at risk of a resurgence of illness from COVID-19.



Vaccination is a choice you should make to protect yourself, your family and community. Vaccination is a [personal choice](#) that the vast majority of Canadians agree is part of good health and important for prevention of serious disease.



We are committed to working with Canadians and keeping you informed. Things are bound to change, and so too will our approaches. We will rely on Canada's well-established public health system, the expertise and insights of researchers, health professionals, industry, community leaders and Indigenous knowledge to guide us through this journey to bringing Canadians a safe and effective COVID-19 vaccine. You can stay up to date by visiting [Canada.ca/coronavirus](#) and trusting [credible sources](#) of information.

We can all do our part in preventing the spread of COVID-19. For more information, visit

[Canada.ca/coronavirus](#)

or contact 1-833-784-4397

REMINDER



PLEASE BOOK AN APPOINTMENT

Appointments are a measure to help prevent the spread of COVID:

- Staff will work with you to determine if services can be provided in a safer way, such as telephone or virtually
- We space appointments so our waiting area does not become too busy
- If the employee you are hoping to see is not available, it will save you an unnecessary trip and contact with others

Miigwech for your help in keeping Aamjiwnaang safe

HELP PROTECT OUR COMMUNITY
FROM COVID-19



Please wear a
FACE COVERING

when:

- You are inside a public space
- You are less than 6 feet from someone you don't live with

REMINDER: LIMIT CLOSE CONTACT TO
HOUSEHOLD MEMBERS ONLY





Lambton Public Health
160 Exmouth Street
Point Edward, ON N7T 7Z6

Telephone: 519-383-8331
Toll-free: 1-800-667-1839
Fax: 519-383-7092
www.lambtonhealth.on.ca

November 24, 2020

Dear Principals and Vice Principals:

Re: Grade 7/8 community vaccination clinics

Due to COVID-19, student vaccination clinics will look a little different this year. Lambton Public Health nurses will be offering hepatitis B, human papillomavirus (HPV), and meningococcal vaccinations to all Grade 7 students at community clinics. Grade 8 students who missed their second dose of hepatitis B and HPV vaccines are also eligible to attend these clinics.

As we work towards the common goal of high vaccine uptake and low vaccine preventable disease rates, Lambton Public Health is asking for your help in promoting these clinics to all Grade 7/8 students and their families by including the attached information in school newsletters, email and/or Seesaw/Google Classroom.

Community clinics will be scheduled starting the week of December 7, 2020.

We appreciate your help in the process as we strive to support a healthy and safe school environment. If you have any further questions, feel free to give me a call at 519-383-8331 ext. 3503 or toll free 1-800-667-1839.

Regards,

Crystal Palleschi
Supervisor, Health Protection

FREE Grade 7 Vaccines!

Attention all parents/guardians of students in Grade 7/8! You won't always be able to protect your children, but you can make sure their immunizations are up to date. Protect your child from three preventable diseases - hepatitis B, HPV and meningococcal disease.

Due to COVID-19, students who normally get their shots at school will need to book an appointment at a community clinic. All grade 7 students and grade 8 students who missed their second dose of hepatitis B and/or HPV last year are eligible to attend these clinics.

Starting November 30th, book an appointment online at <https://getcorigan.ca/> or call 519-383-8331 or toll free 1-800-667-1839.

Our first clinics will be held between December 7th and December 18th. Additional clinics will be added in 2021.

Already immunized? Report your child's immunization records:

- directly through eHealth Ontario (<https://lph.icon.ehealthontario.ca/>)
- by email immunization@county-lambton.on.ca
- by phone at 519-383-8331

For more information on the Hepatitis B, Human Papillomavirus (HPV) and Meningococcal vaccines visit: <https://lambtonpublichealth.ca/health-info/immunizations-vaccines-for-kids/>.



**Lambton
Public Health**

160 Exmouth Street
Point Edward, ON N7T 7Z6
Telephone: 519-383-8331
Toll free: 1-800-667-1839
www.lambtonpublichealth.ca

YOUR CHILD IS SICK...

AND was told not to attend school/child care
(by the [Ontario COVID-19 School and Child Care Screening Tool](#))

If your child has **ONE** or more symptom(s) in question 1
or **TWO** or more symptoms in question 2 of the screening tool.

They must complete **ONE** of the following to return to school or child care:

1. Get tested for COVID-19. Your child must isolate at home until a **NEGATIVE** result is received **AND** they are feeling well for at least 24 hours (no fever, without using medicine and no vomiting or diarrhea for at least 48 hours). Lambton Public Health will contact those who test positive with further direction.
2. Contact a Health Care Provider (HCP). If a HCP gives a different diagnosis, your child may return once feeling well for 24 hours (no fever, without using medicine and no vomiting or diarrhea for at least 48 hours) **OR** as directed by the HCP. A medical note is not required.
3. If you decide not to complete one of the other options, your child must isolate at home for 10 days from the day symptoms started **AND** be well for 24 hours (no fever, without using medicine and no vomiting or diarrhea for at least 48 hours).

If your child has only **ONE** symptom in question 2 of the screening:

Your child may return to school/child care after 24 hours if their symptom has improved and they are feeling well (no vomiting or diarrhea for at least 48 hours).

If your child's symptom persists, worsens, or if new symptoms develop, please follow guidance in options 1-3 above.

NOTE: **Other children in the household** may attend school/child care unless advised otherwise by Lambton Public Health. Children who are **sent home with symptoms** of COVID-19 should complete the Ontario COVID-19 School and Child Care Screening Tool for guidance on when to return to school/child care. Children who are informed they are a **close contact of someone who has tested positive** for COVID-19 must self-isolate, monitor for symptoms and follow direction from their Health Care Provider or Lambton Public Health. If you have recently **returned to Canada** you must self-isolate ([quarantine](#)) and stay home whether you have symptoms or not.

Revised 14OCT2020 - Adapted with permission from Chatham-Kent Public Health.



**Lambton
Public Health**

LambtonPublicHealth.ca



AAMJIWNAANG FIRST NATION CHIPPEWAS OF SARNIA

EMPLOYMENT OPPORTUNITY

Position Title: Team Cleaner

Location: Sarnia, ON

Duration: Permanent

Posting Closes/Deadline: December 15, 2020

Position Summary:

To maintain and ensure a high standard of cleanliness for Aamjiwnaang First Nation in all public and staff areas in our buildings as part of a team. Team Cleaners will clean the following buildings, Seniors Building, Annex, Resource Centre, Public Works, Fieldhouse, Administration (Band Office), Education Centre, Community Centre and the Health Centre.

Responsibilities:

Within Aamjiwnaang we have Team Cleaning specialists that are independently deployed in a systematic method and perform assigned cleaning tasks in designated areas based on allotted time. By focusing primarily on one type of work, each Team Cleaning member becomes more skilled, more effective at the job, and more knowledgeable about proper safety procedures for that job. Each specialist role involves specific tools and tasks, as well as performance standards.

There are four distinct positions within our Team Cleaning (all of Team Cleaners will be trained on each specialized area):

Light-duty Specialist

- empties the trash and recycling bins
- dusts and disinfects all horizontal surfaces
- cleans telephones
- spot cleans horizontal and vertical surfaces as needed
- picks up paper clips, paper and pencils from floor
- spot-cleans door glass
- positions trash in a strategic location for the Utility Specialist to pick up and take to the dumpster

Vacuum Specialist

- vacuums all areas
- checks to see the trash was emptied
- removes crumbs, ashes or other spills on furniture
- repositions all furniture correctly
- turns out lights upon completion of the room and secure area as required

Restroom Specialist

- empties the garbage
- cleans/disinfects and sanitizes fixtures and mirrors
- Spot-cleans and disinfects partitions and doors
- Refills toilet tissue and refills all other dispensers
- Sweeps and mops tile floors
- Checks all fixtures and makes a note of any damage or burned-out light bulbs to the Team Leader

Utility Specialist

- hauls the trash out of the building that has been accumulated by the other specialists
- cleans the brass, blinds and carpet where needed
- mopping of floors
- does any damp or wet mopping
- handles light maintenance and other specialty services

Other:

- Other duties as assigned

Knowledge, Skills and Abilities:

- Knowledge of the Workplace Hazardous Materials Information System
- Ability to read and understand labels and instructions, particularly on the use and application of cleaning chemicals and products (Material Safety Data Sheets)
- Ability to work cohesively, efficiently and effectively in a team environment, with consideration, respect, honesty integrity and accountability
- Ability to respond appropriately in a team environment and show sensitivity and initiative, by encouraging and supporting other team members
- Good verbal communication and public relation skills
- Good organizational skills
- Ability to work unsupervised
- Good time management skills and working to deadlines
- Proficient in the ability to operate cleaning equipment
- Ability to work flexible working hours and or public holidays

Requirements:

- High School Diploma or equivalent required
- Criminal Check
- Extensive experience in all aspects of general cleaning, including window treatments
- Strong experience in the use of floor polishing and other cleaning equipment
- Current G Class Driver's License and reliable transportation
- Training in the awareness of cleaning products, their use and ability to use

Application Process:

If you are interested in this opportunity, kindly forward your resume and cover letter via mail or email or fax or in person to (for a copy of the complete job description please email request):

Aamjiwnaang First Nation
978 Tashmoo Avenue
Sarnia, ON
N7T 7H5
Attention: Human Resources Officer
Or
humanresources@aamjiwnaang.ca
Or
519-336-0382 fax

For more information, check us out online at www.aamjiwnaang.ca

A Quick Announcement from our Neighbours at Suncor



Boozhoo, Aamjiwnaang!

After nine years leading the Sarnia refinery, I will be moving on to a new role within Suncor as of February 1, 2021. While I am excited about this new adventure at this stage in my life, I will miss being in your community, and working with Chief and Council and the Environment Department.

Getting to know the people of Aamjiwnaang has been a deeply rewarding experience for me. Attending events like the annual Pow Wow and Earth Day Community Cleanup have been highlights every year. I would like you to know how much I appreciate how welcome I've felt in the community, and I deeply appreciate the patience and understanding many have demonstrated with me as I pursued my education and awareness journey. I have truly learned a lot and I will carry all those lessons with me for the rest of my life.

I am happy to share that Conor Poutney will become the new refinery vice president in February. Conor has roots here in Sarnia, having previously worked at the refinery. Conor is keen to continue to work with the Aamjiwnaang First Nation community and further strengthen our relationship. We look forward to introducing you to him!

Chi Miigwech,
Mark Hiseler
Sarnia refinery vice president



AAMJIWNAANG FIRST NATION CHIPPEWAS OF SARNIA

EMPLOYMENT OPPORTUNITY

Position Title: Personal Support Worker (PSW) Senior's Apartment Complex

Location: Sarnia, ON

Duration: Permanent Part Time

Posting Closes/Deadline: January 4, 2021

Position Summary:

To deliver homecare to the Aamjiwnaang First Nation home care clients living at the senior's apartment complex. Homecare services include: respite care, housekeeping services, meal preparation, personal care, assistance with routine activities of daily living, delegated tasks, and simple non-nursing bedside care. Reports to and works under the direction of the Home and Community Care Program Manager.

Responsibilities:

- Follow the care plan established for the client.
- Observe and report substantial findings and/or changes in the client's condition or behavior to the appropriate member of the healthcare team.
- Work under the supervision of a Registered Healthcare Professional such as a Registered Nurse (RN) or a Registered Practical Nurse (RPN).
- Perform delegated tasks (when trained to perform the delegated task).
- Assist with ambulation, positioning and transferring using mechanical lifts.
- Assisting or providing total personal care such as toileting, bathing and perineal care.
- Assist with eating, dressing, and grooming.
- Documentation of care.
- Help client reach their maximum potential daily independence.
- Attends staff meetings.
- Contributes to Home and Community Care (HCC) team activities.
- Attends education sessions as organized for HCC.
- Looks for training and education opportunities for own education and professional development.
- Maintain client confidentiality.

Knowledge, Skills and Abilities:

- Experience and knowledge in meeting the needs of clients and /or families.
- Sensitive to the well-being of children, families, and those who are elderly, handicapped, disabled, ill or convalescent.

- Knowledge of chronic illness
- Knowledge of palliative care
- Knowledge of Home Care Standards and Guidelines
- Ability to teach basic homemaking skills through instruction and demonstration.
- Ability to use their homemaking skills in a simple, practical manner.
- Ability to maintain therapeutic relationships.
- Overall competency in working under pressure.
- Experience in providing general care and support.
- Knowledge of home care services.
- Proficient in written and oral communication.

Requirements:

Experience:

- Recent work as a PSW
- Experience and knowledge in working with First nation People preferred
- Experience with a holistic approach an asset

Education:

- Personal Support Worker (PSW) Certification from a recognized educational institution
- Grade 12 or equivalent
- CPR and First Aid certificate
- WHMIS training
- Safe Food Handler's certificate
- Gentle Persuasive Approach certificate
- Computer literacy
- Wound and foot care certificate an asset

Other

- Police record check (CPIC) current, within 2 years
- Immunizations current
- Willing to work flexible hours
- Annual medical examination and certification by a physician who states the worker is in good health and physically fit for the duties as a homemaker.
- Performs other related duties as assigned by the HCC Program Manager.

Application Process:

If you are interested in this opportunity, kindly forward your resume and cover letter via mail or email or fax or in person to (for a copy of the complete job description please email request):

Aamjiwnaang First Nation
 978 Tashmoo Avenue
 Sarnia, ON N7T 7H5
 Attention: Human Resources Officer

Or

HumanResource@aamjiwnaang.ca

Or

519-336-0382 fax

For more information, check us out online at www.aamjiwnaang.ca



AAMJIWNAANG FIRST NATION CHIPPEWAS OF SARNIA

EMPLOYMENT OPPORTUNITY

Position Title: Personal Support Worker's (PSW)

Location: Sarnia, ON

Duration: Casual on Call

Posting Closes/Deadline: Ongoing

Position Summary:

To deliver homecare to the Aamjiwnaang First Nation community members. Homecare services include: Respite care, housekeeping services, meal preparation, personal care, assistance with routine activities of daily living, simple non-nursing bedside care, and childcare for children whose regular care taker is absent or recovering as a result of illness or accident. Reports to and works under the direction of the Home and Community Care Program Manager

Responsibilities:

- Experience and knowledge in meeting the needs of clients and /or families.
- Following the care plan, observing and reporting any substantial findings and/or changes in the client's behavior to the appropriate member of the healthcare team.
- Working under the supervision of a Registered Healthcare Professional such as a Registered Nurse (RN) or a Registered Practical Nurse (RPN).
- Performing delegated tasks (only if they are trained to perform the delegated task).
- Assisting with ambulation, positioning and transferring using mechanical lifts.
- Assisting or providing total personal care such as toileting, bathing and perineal care.
- Assisting with eating, dressing and grooming.
- Documentation of Activities of Daily Living (ADL's) and other findings.
- Reporting behavioral and clinical changes to a Registered Nurse, Registered Practical Nurse, Resource Nurse or Manager.
- Self-actualization by helping client reach maximum potential.
- Sensitive to the well-being of children, families, and those who are elderly, handicapped, disabled, ill or convalescent.
- Ability to teach basic homemaking skills through instruction and demonstration.
- Ability to use their homemaking skills in a simple, practical manner.
- Ability to maintain therapeutic relationships.
- Overall competency in working under pressure.
- Experience in providing general care and support.
- Knowledge of home care services.
- Proficient in written and oral communication.

Knowledge, Skills and Abilities:

- Ability to work independently and as part of a team
- Ability to work with diverse and high-risk populations
- Strong interpersonal skills
- Ability to follow oral and written directions well
- Ability to adapt to changing needs of clients

Requirements:

- Personal Support Worker (PSW) Certification from a recognized educational institution
- Grade 12 or equivalent
- Police record check (CPIC) current, within 2 years
- Immunizations current
- CPR and First Aid certificate
- WHMIS training
- Safe Food Handler's certificate
- Gentle Persuasive Approach certificate
- High level of appreciation and sensitivity to Indigenous issues, beliefs, and values
- Must have reliable transportation
- Available to work flexible hours, including evenings and weekends

Other Considerations:

Preference may be given to Indigenous candidates with relevant on reserve employment and / or those with knowledge and understanding of Aamjiwnaang and history and community.

Application Process:

If you are interested in this opportunity, kindly forward your resume and cover letter via mail or email or fax or in person to:

Aamjiwnaang First Nation
978 Tashmoo Avenue
Sarnia, ON
N7T 7H5
Attention: Human Resources Officer
Or
humanresource@aamjiwnaang.ca
Or
519-336-0382 fax

For more information, check us out online at www.aamjiwnaang.ca

LAMBTON-KENT REGION ABORIGINAL TEACHER EDUCATION PROGRAM



PROGRAM FEATURES

Graduates of this program will graduate with a **Bachelor of Education** degree with a focus in the Primary-Junior divisions (K-6).

The Aboriginal Teacher Education Program (ATEP) is a community-based professional program that provides candidates with an opportunity to specialize in Aboriginal Education with many courses being taught by Aboriginal professors. ATEP fosters excellence and pride in Aboriginal Education by empowering candidates to excel in their individual growth as teachers, learners, partners, and role models.

ADMISSION

- Grade 12 Diploma *Only self-identified Aboriginal applicants may apply with a Grade 12 diploma*
- Undergraduate Degree
- Application Form
- Transcripts, Statement of Aboriginal Experience, and a Resume
- Two Letters of Support from Aboriginal Community Members
- A Background in Aboriginal Education

PROGRAM LENGTH

2.5 Years -- Full Time and Intensive Delivery

CAREER PATHS

Graduates will be prepared to teach in First Nations and provincial schools and will have the skills and knowledge to be effective in meeting the current and future educational needs of their communities.



PRACTICUM

Candidates will be placed on 18 weeks of experiential based practicum throughout their 2.5 years in the program in a First Nations and/or Provincial school(s).

Candidates will also have the opportunity to complete a unique 90-hour Alternative Practicum which offers the opportunity for candidates to participate in cultural-based activities such as ceremonies, language learning, land-based education, and much more.

TRANSITIONAL CERTIFICATE OF QUALIFICATION AND REGISTRATION (TCOQR)

Provides the opportunity for eligible candidates who self-identify as First Nations, Métis, or Inuit and who are already teaching in a school setting to receive approval from the Faculty of Education to qualify for the Ontario College of Teachers (OCT) Transitional Certificate of Qualification and Registration (Transitional CoQR) which allows them to complete practicum requirements while continuing to work in their classroom teaching positions.

Application Deadline : December 31st, 2020

For more information and for a **sample schedule** please visit: <https://educ.queensu.ca/atep-community>

For assistance with the application process, please contact the ATEP Central Office at their toll-free number at 1-800-862-6701 or via email at atep@queensu.ca.



Queens
UNIVERSITY

FACULTY OF
EDUCATION



Aboriginal Teacher Education Program (ATEP)
(community-based)

The community-based ATEP provides an opportunity to specialize in Indigenous education in a community setting and qualifies graduates for Ontario College of Teachers certification.

- ATEP is for Primary-Junior divisions (JK-Grade 6).
- Students attend a July session at Queen's University in Kingston and attend the rest of their classes at Kenjgewin Teg, the Mushkegowuk Territory site, or the Lambton-Kent site. Classes are held in the community over extended weekends each month.
- The program begins in May and runs over 6 terms (summer, fall, winter, fall, winter, summer)
- Especially suited to Aboriginal students interested in Aboriginal education, mature students and those with experience in Aboriginal education, those looking to expand their skills as Aboriginal language teachers, and those seeking to prepare themselves for teaching in a remote setting. Non-Aboriginal students are also encouraged to apply.
- ATEP can be entered with a high school diploma (Grade 12) or equivalent if you are of Aboriginal Ancestry or can be entered with an undergraduate degree. All candidates receive a Bachelor of Education.
- Courses are adapted to local contexts and needs, and include Aboriginal perspectives, balancing Aboriginal-specific and student-centered learning with knowledge of the teaching/learning process and research on Aboriginal education.

Queen's University is situated on traditional Anishinaabe and Haudenosaunee Territory.



SERVICES AND RESOURCES

- Four Directions Indigenous Student Centre is available on Queen's campus, as well as the ATEP Student Lounge and Resource Centre.
- Access to elders is available both on campus at Queen's and at Kenjgewin Teg, the Mushkegowuk Territory site, and the Lambton-Kent site.
- Staff are available during and between classes to provide administrative and student support.
- Various events are organized in partnership with Aboriginal organizations throughout the duration of the program.

PRACTICA

- There are 18 weeks of practicum placements that may be completed in the candidate's home region First Nation schools and/or Provincial schools with a significant Aboriginal population.

LEARN & EARN

- Candidates who are already teaching in a school setting may be eligible to complete practicum requirements while continuing to work in their positions.
- After successfully completing the first term (spring/summer one) of the program, candidates who are of Aboriginal Ancestry are eligible to apply for a Transitional Certificate of Qualification which allows candidates to work in a school board, gain valuable practical experience and complete their practicum while also earning an income.

educ.queensu.ca/atep-community



If you missed the IBEW Local 530 Information Session and would like to apply, here is what you need to know...

Application deadline is December 31, 2020

- Include a resume
- Include transcripts of your OSSD or GED; must have senior Math, English, and Science.
- Include transcripts for any post-secondary program you have taken that is related to the field.
- Complete the application form below, or find it at:

<https://www.lu530.com/wp-content/uploads/2019/12/app.Application2.pdf>

Please note: If you are enrolled in the Electrical Techniques certificate program or in your second year of the Electrical Power Distribution & Control Technician and want to join IBEW 530 **NOW** is the time to apply!

If you have any questions regarding applying to the Union contact Barb Urlacher, Special Projects Liaison Worker at burlacher@aamjiwnaang.ca

Application for Apprenticeship in the Electrical Trade

For the Lambton Electrical Apprenticeship Council

YOU MUST HAVE GRADUATED FROM A SECONDARY SCHOOL WITH THE FOLLOWING SUBJECTS TO LEVEL FOUR:
•ENGLISH •MATHEMATICS •SCIENCE – AND PROVIDE A TRANSCRIPT OF YOUR HIGH SCHOOL MARKS.

Please Print

Date _____

NAME _____
LAST FIRST MIDDLE

ADDRESS _____ CITY _____ POSTAL CODE _____
STREET NO. & NAME

TELEPHONE _____

WHAT IS YOUR PRESENT CONDITION OF HEALTH? _____

ARE YOU COLORED BLIND? _____

ARE YOU WILLING TO TAKE A MEDICAL? _____

ARE YOU COMFORTABLE WORKING AT HIEGHTS? _____

ARE YOU CLAUSTROPHOBIC? _____

DO YOU SUFFER FROM ANY MENTAL OR PHYSICAL CONDITIONS/LIMITATIONS, WHICH WOULD IMPAIR YOUR ABILITY TO PERFORM DUTIES IN RELATION TO THE CONSTRUCTION INDUSTRY?

HAVE YOU APPLIED FOR AN ELECTRICAL APPRENTICESHIP BEFORE? YES NO

IF SO, WHERE? _____ WHEN? _____

ARE YOU RELATED TO OR KNOW ANYONE IN THE ELECTRICAL INDUSTRY? YES NO

IF SO, WHO? _____ RELATIONSHIP _____

LIST YOUR PRESENT EMPLOYER AND ALL PREVIOUS EMPLOYERS:(ATTACH RESUME & REFERENCES)

COMPANY	ADDRESS	HOW LONG	KIND OF WORK
---------	---------	----------	--------------

SIGNED _____

DATE: _____

CHRISTMAS



WEIGHT MANAGEMENT CHALLENGE

December 18th - January 4th

An average Christmas meal can be upward of 3000 calories. With all the baking, dinners, etc. it can be difficult to maintain a healthy weight. Our challenge is to stay within 2 lbs of your weight to be entered into win one of 3 prizes.

Fitbit Sense or 1 of 2 pairs of Nike shoes!!!

Weigh-in's will be done by appointment only OR you may chose to DM a video using a digital scale to Roberta Bressette (all videos will be deleted once weight is recorded). Please call Roberta at 519-332-6770 ext 313.

DEADLINE TO WEIGH IN IS THURSDAY, DECEMBER 17TH.

AAMJIWNAANG SENIORS 55+

Meat DRAW

Draw & Delivery Date:

January 14 & 28th, 2021

February 11th & 25th, 2021

March 11th & 25th, 2021

Meat Package includes

Chicken breast, pork chops, 2lbs bacon, 2lbs hamburger, and small roast

Deadline is January 13th, 2021

Winter Word Scramble

- | | |
|---------------------------|--------------------------|
| 1.) MNAWNOS | 6.) THO CCOOHLTEA |
| 2.) YPHAP WEN RYEA | 7.) SMTIENT |
| 3.) CIE TISAKNG | 8.) FAKSSWONLE |
| 4.) ZAZRDLIB | 9.) SFCRA |
| 5.) RNWTIE | 10.) OOGIL |

Everyone will have a chance to WIN something from the WHEEL

Please submit forms to Health Center Front Door Mail Slot

I NEED FORMS TO BE SUBMITTED IN OFFICE

To enter a CHANCE to WIN—GOOD LUCK to EVERYONE

THANK YOU—Becky

AAMJWNAANG'S On-Reserve Repair Program



Who Is Eligible?

Private home owners on reserve are eligible to apply for assistance.



Eligible Repairs

Only emergency repairs immediately required for continued safe occupancy of a home are eligible for assistance.

Examples include, but not limited to:

- Repair or replace non-functioning heating system, or hot water tanks.
- Repair structural issues or water infiltration from damaged foundation, roof, or exterior walls.
- Repair plumbing so adequate supply of portable water is available.
- Electrical repairs necessary to correct health and safety hazards.
- Repair or replace damaged flooring to correct safety hazards. Windows, and Doors.



Extra Information

IMPORTANT: Any work carried out before application is approved in writing is not eligible. Once approved, all work must commence within 30 days and be completed within 90 days.

What Assistance is available?

Assistance is in the form of a contribution which does not have to be repaid. The maximum contribution amount is \$16,000 per unit.

For more information contact the Housing Department



www.aamjiwnaang.ca
Call Us: 519-336-8410 ext. 237

AAMJIWNAANG



Online Grief Support

If you are struggling with loss of a loved one please reach out. We are here and we want to help 519-332-6770.

We hope you find comfort with those you love but if you need something more one of the following sites may be helpful.

www.grieving.com

www.griefincommon.com

www.griefhealingdiscussiongroups.com

www.griefanonymous.com

First Nations Hope for Wellness 1-855-242-3310



Virtual Support

Contact us for more information

519-337-0537

Illness and Caregiver support- ext. 126

Adult bereavement support - ext. 123

Caring Hearts Children's Program - ext. 114

supportiveservices@sjhospice.ca



AAMJIWNAANG Mental Wellness Team

If you feel overwhelmed with stress and it is affecting your life in a negative way, please reach out for help. We want to help you in any way we can.

Tracey George 226-349-5712

Max Cryderman 519-330-1140

Gabby MacDonald

Rhona Stewart 519-333-8787

Kayla Joseph

Alphonse Aquash 519-490-5956

In an emergency call 911

Please refer to the full list of crisis numbers in the TribeOne.

First Nations Hope for Wellness 1-855-242-3310

Kids Help Phone 1-800-668-6868

Text CONNECT to 686868

Sarnia Distress Line 519-336-3000

You can connect with any of the Mental Wellness Team through the Aamjiwnaang Health Centre page as well, it is monitored during business hours. Please leave us a message. Or connect by texting/calling 226-349-5712 or calling 519-332-6770.



Dago Maajiigoog Binoojiinyag
 Manidoo –Giizisoons Giizis-Little Spirt Moon
 December 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1 Christmas Trivia Sheet posted		2 Ojibwe Circle With Sophie 11am	3 Christmas Make and Take 11am & 7pm	4	5	
6	7 Complete the Christmas Trivia Sheet	8	9 Ojibwe Circle With Sophie 11am Christmas trivia due @ 4:30	10 Crock pot Recipe with Sarah Kidd 11am on zoom Christmas trivia	11 Christmas trivia pick or delivery 20 Winners!	12	
13	14	15 No Programming	16	17	18	19	
20	21	22	23	24	25	26	
27							

For prenatal and families with children 0-6

The Spirit of Christmas is bright and magical. When you start to feel it , it will enchant you with hope and wonder that lasts beyond the holiday season.

Mna Gitchi Twa Giizhgad

Happy Holidays from Staff of Dago Maajiigoog Binoojiinyag

Miigwech

Want to learn Ojibwe from the comfort of your own home on your Apple device? Now you can!!

AAMJIWNAANG DA ANISHNAABEMYING

"Aamjiwnaang Let's Speak Ojibwe!"

NOW AVAILABLE ON THE APPLE APP STORE!

Brought to you from the Aamjiwnaang Education Department, Language & Culture

Our own Aamjiwnaang Language App features 23 categories with audio recordings, spelling, and songs.



Nishnaabeman! - Speak Ojibwe!

Boozhoo kina wiya! As part of a language and culture revitalization initiative here are some new words you can practice with your family and friends.

Mna Gitchi Twaaw Giizhgad – Merry Christmas

Use the kidwinan with your family and friends in language!

Zhaagnaashimowin	Anishinaabemowin	Pronunciation
Winter	Bboon	B-bow-n
Angel	Aanjiins	Aw-n-jeens
Reindeer	Adikoons	Ad-i-k-own-s
Christmas Tree	Shingwaak Mtig	Sh-ing-w-awk-m-tig
Santa	Miishaakdoon	Mee-sh-awk-d-own
Present/Gift	Shaapkigaans	Sh-aw-p-ki-g-awns
Bell	Gdotaagan	G-dot-aw-gun
Snow	Goon	G-own
Snowman	Goon-nini	G-own-ni-ni
Snowflake	Goonens	G-own-ens
It is snowing	Zoogpo	Z-owe-g-po
It is icy	Mkomiikaa	M-ko-mee-kaw
It is cold	Gsinaa	G-sin-aw
Big Spirit Moon/ December	Gchi-Manidoo Giizis	G-chi-Man-i-dow-gee- z-is
Spirit Moon/ January	Manidoo Giizis	Man-i-dow-gee-z-is
Happy New Year	Mna Shki-Bboong	M-nu-Sh-ki-B-bow-ng

Created by Jessie Plain

Mdweston Tataaganan (Jingle Bells)

Mdwe-stoon, Mdwe-stoon

Ring, ring

Niiw tataa-gan-an

Those Bells

Kina gwa ezhaayin

Wherever you go

G'waab-min-wen-daa-gwas

You will have lots of fun

Nishnaabeman! - Speak Ojibwe!

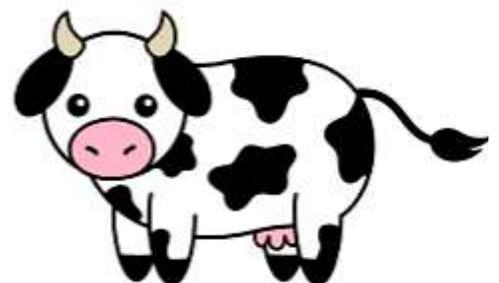
Boozhoo kina wiiya! As part of a language and culture revitalization initiative here are some new words you can practice with your family and friends.

Wesiinyag - Animals

Use the kidwinan with your family and friends in language!

Zhaagnaashimowin	Anishinaabemowin	Pronunciation
Cow	Bzhiki	B-zhi-ki
Pig	Gookoosh	G-owe-k-owe-sh
Horse	Bezhoognzhii	Bez-h-g-owe-gn-zhee
Rooster	Naabesenh	N-aw-be-se-nh
Chicken	Baakaakwenh	B-aw-kaw-kwe-nh
Duck	Zhiishiib	Zhee-shee-b
Monkey	Damaakmeshiinh	Du-maw-k-mesh-ee-nh
Rabbit	Waabooz	W-aw-b-owe-z
Skunk	Zhigaag	Zhi-g-aw-g
Fox	Waagosh	W-aw-gosh
Wolf	M'hiingan	M-heen-gun
Cat	Gaazhag	G-aw-zh-ug
Dog	Nimooch	Ni-m-owe-h
Squirrel	Jidmoonh	Jid-m-owe-h

Created by Jessie Plain





RECOVERY GROUP

THURSDAYS 5-7PM

MAAWN DOOSH GUMIG



COMMUNITY CENTRE
PLEASE CALL TO SIGN UP
519-332-6770 EXT 328

LEAVE CONTACT INFO IF TRANSPORT
REQUIRED

ADDICTION SUPPORT & RECOVERY SKILLS



**IS YOUR FAMILY BEING
AFFECTED BY ADDICTION?**

WE CAN HELP!

**INFORMATION & EDUCATION ON
SUBSTANCE AND THE DISEASE OF
ADDICTION CALL THE OUTREACH
TEAM AT HEALTH CENTRE**

**519-332-6770 EXT
321 & 328**

Congregate Dining Schedule

For those that have signed up for the Congregate Dining program, these are the meals planned:

Date	Main Dish	Side Dish	Fruit/Veg	Drink	Dessert
December 2nd and 9th	Roast Beef	Potatoes and Gravy	Carrots and Corn	Water	Fruit Fluff
January 6th and 13th	Spaghetti and Meat Sauce	Garlic Bread	Green Salad	Water	Cake
January 20th and 27th	Pulled Pork Sandwiches	Chicken and Rice Soup	Veggies and Dip	Water	Dessert

Sign up is closed at the current time

Attention Seniors

I hope everyone is doing well and staying home, this has been hard for everybody with social distancing.

NOW that we are in Stage 3

We still want to ensure the safety of our Elders/Seniors, and protect against COVID-19

If you are in NEED of a MASK please contact

Becky Adams

519-331-5717, also in office on Tuesdays and Thursdays

From 1230-430pm

Are you interested in a Drop-In Companion visitor?

Loneliness and feeling isolated is a painful feeling....

If you or a loved one is in need of a friendly visitor to play cards with, do a puzzle, make a cup of tea or simply sit down and chat with, then a Drop-In Companion is just what you need!

Aamjiwnaang Home and Community Care Program is hoping to start up this service to the community in the future, if there is enough interest. If you think this service would be beneficial for yourself or a loved one, please call Marcella Kudaka or Elizabeth Cronk at the Health Centre and leave us your name and number.

Please call: 519-332-6770 Ext 302 or Ext 314

Season of Advent

Dates: Advent is the beginning of the church year for most churches in the Western tradition. It begins on the fourth Sunday before Christmas Day, which is sometimes the last Sunday in November, and ends on Christmas Eve at sundown. Sometimes the fourth Sunday of Advent is Christmas Eve.

Meaning of Name: The term *Advent* comes via Old English from the Latin *adventus* ("arrival"). It is a combination of *ad* (to) + *venire* (come). In Advent, we are anticipating the arrival of the baby Jesus as well as the Second Coming of Christ.

Meaning of Name: The word *Christmas* comes from Old English *Cristes mæsse* or "Christ's mass," referring to the worship service in celebration of Christ's birth.

As we travel through this time, we are possibly finding it hard to get into the spirit of the season. We are worried about COVID 19, we are worried how we will be able to gather as family at Christmas, and we are wondering when all of the struggles we are in the middle of will end.

I can't answer the "when", but I can promise you that the Creator who made you is aware of your struggles and will be with you in the midst of them. I am sure that you will not be alone through these times if you just call out to Creator God to give you patience, strength, wisdom and hope.

Where there is hope there is the promise of better times ahead.

As we move through this Christmas season, don't lose hope. Don't lose yourself in the darkness of fear, despair.

Remember to reach out with love and friendship to those around you, whether they be family, friend, neighbour or stranger.

When we reach out, we get back the reason for this season. To give and receive hope, peace, love and joy.

Blessings to one and all through this season and beyond.

Rev. Brenda Mac Main and St. Clair United Church Family



Christmas Craft
With Samantha Doxator

DECEMBER 17th

ZOOM
1PM - 3PM

*Native Ornament
Dolls!*



Space is limited. Spots will be determined using the Wheel of Names draw on Dec. 15th. To enter your name you **MUST** call the Health Centre at 519-332-6770.

AAMJIWNAANG HEALTH CENTRE



Coping Through HOLIDAY

St. Joseph's
Hospice
Soothe Lamiton

This year we will be providing families with grief packages. There will be materials for you to complete as a family; in addition, we will be posting a taped story reading and candle lighting on our FB page.

To sign up please contact Roberta Bressette
at 332-6770 ext. 313.

I will need to know the number and age of
the children in your family.

The Aamjiwnaang Health Centre presents a workshop on:

GRIEF



WITH ELVA JAMIESON

Tuesday, December 15th

6pm - 8:30pm

Live on Zoom

**To sign up please contact
Roberta Bressette at
519-332-6770 ext. 313. or email
rbressette@aamjiwnaang.ca**



RECOVERY DURING THE HOLIDAY SEASON

1. Discuss with family and emotional supports prior to holidays that you will possibly need extra support during the upcoming weeks. Holidays are often spent with family and friends and some of us in Recovery do not have close ties anymore and we feel very down. Make a plan with your supports how they can help us during this time. Could be a text, a phone call, a drive, a coffee
2. Share contact info with people in group if you wish so you can contact each other for support.
3. Focus on getting through just TODAY or just this HOUR if necessary. REMEMBER your goals for the future say them out loud to yourself or write them down
4. Make a list of HOLIDAY joys that don't include alcohol or drugs. Examples going to see light displays, arts and crafts with kids or nieces and nephews, baking & community events
5. Think ahead of places you might go and the likelihood if there will be alcohol or drugs there. Remember alcohol lowers our impulse control and while intoxicated we can quickly escalate to substance use. If you are unsure if substance will be at where you are going have a plan, a safe person to talk to and a way to leave. Ask your family to plan an alcohol - free Christmas Day with you
6. If you "MUST" go somewhere where substance is present check in with your support before you leave and immediately after arriving home. Do not attend alone if at all possible. Always take a healthy support
7. Often we think of loved ones who are now with Creator during the holidays and it makes us sad. Make sure you share with others these thoughts and also share a positive memory of your holiday time spent together during the past. Light a candle in memory or talk/pray to them.



How to Help

Find the right time and place to talk. Be calm, caring, non-threatening. Listen. Talk about the concerns by using facts and accurate information. Encourage the person to see a doctor. Encourage the person to seek professional help. If you feel scared or threatened, please go to a safe place and call the police. Please reach out if you are in need of help.

Where to Get Help

Emergency 911 – Mental Health Crisis Team

Kids Help Phone 1-800-668-6868 or Text CONNECT to 686868

Yellow Ribbon Ask4Help Suicide 1-800-273-8255 or text 741741

First Nations Hope for Wellness 1-855-242-3310

Lambton Mental Health Crisis Line 519-336-3445

Distress Line 519-336-3000

LGBTQ Two Spirited Youth Line 1-800-268-9688 Text: 647-694-4275

Bluewater Health Addictions and Problem Gambling 519-464-4400 ext. 5370

Withdrawal Management 519-332-4673

Women's Interval Home 519-336-5200

Sarnia-Lambton Children's Aid Society 519-336-0623

Westover Addiction Assistance 1-800-721-3232

Windsor Withdrawal Management (detox) 519-257-5225

London Withdrawal Management (detox) 519-432-7241

Victim Services Support Line 1-888-281-3665 ext. 5238

Alcoholics Anonymous 519-337-5211

Drug & Alcohol Registry of Treatment 1-800-565-8603

Aamjiwnaang Mental Wellness 519-332-6770 (office hours)

Sexual Assault Victims 519-337-3320

Problem Gambling 1-888-230-3505

For more information or support please call 519-332-6770

Mino Dbishkaayin-Happy Birthday

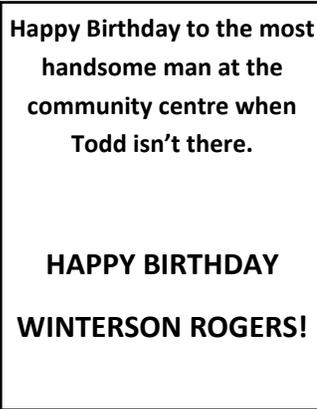
December 11th	December 14th	December 17th	December 20th
Zackery Brette	Yvonne Becerra	Amanda Bird	Jennifer Brander
Dale Crawford	George Grant	Justin Cottrelle	Marsha Grant
Michael Jackson	Bobbi Jean Gray	Dallas Sinopole	Lisa Ham
Barbara Knowles	Coady Oliver	Rosella Spero	Reezon Parker
Leonard Lucas	Barry Plain	Jaden Stewart	Shawn Plain
Dakota Morton	Bryce Rogers	Ruby Williams	Taylor M Plain
Normand Vallieres	Cody Williams	River Rogers	Rosamond Simon
December 12th	December 15th	Amanda Vallieres	December 21st
Taylor Gray	Edward Akiwenzie	December 18th	Chynna Brooks
Peggy Moore	Elvira Clark	James Archer-Lewis	Evan Brown
Sharee Nahmabin	Hayden Graham	Christopher Scott-Stocum	David Lacourse
Kadence Rogers-James	Lance Harding	Gage Simon	Emily McKay
Theodore White	Taylor Jackson	Daniel W Williams	Mark Pevec
Daniel L Williams	Joseph Harlie Jacobs	Jarrod Wrightman	Nerissa Pevec
Sophie H Williams	Samuel Jacobs	December 19th	Winterson Rogers
December 13th	Nehemiah Joseph	Veronica W Adams	Gary Solomon
Vincent Cronk-Pitre	Tiffani Lavallee	Dalton Bressette	Robert Stone
Janice Martin	Philip Maness	Amber Cottrelle	Robert Verdon
Willie Grondin	Carol Miller	Laila Cottrelle	Ashley Wright
Richard Oliver	Carolyn Nahmabin	Carlos George	December 22nd
Fern Della Wells	Maya Ramos-Rogers	Kenneth Harvey	Vicky Barnier
Jasmine White	Korie Rogers	Mya James	Kyle Cottrelle
	Joseph Stocum	Shawna Joseph	Rylee Crowe
	Holly Vallieres	Steven McNickle	Jordan Day
	December 16th	Grayson Plain	Jacinda DeWit
	Diana Bressette		Chris Harvey
	Casey Delorme		Mia Iacobelli
	Sharon Kota		Alexandra Doxtator
	Edward Ransom-Oliver		Charlene Nahmabin
	Julius Sinopole		



Mino Dbishkaayin-Happy Birthday

December 23rd	December 27th	December 31st	January 3rd
Kaleb Bird	Jonathan Bird	Josiah Bressette	Jacqueline Cunningham
Isabelle David	Jessica Isaac	Cheryl Evans	Alyssa Plain
Aleks Gergi-Rogers	Brandon Joseph	Stephanie MacGregor	Darrius Sinopole
Arlene Gray	Aliyah Joseph	Blake Medeiros	Randall Williams
Faith Plain	Connie Sinne	Lacey Rogers	Benjamin Yardley
Kim Williams	December 28th	Mark Rogers	January 4th
December 24th	Kenneth Collier	Gerald Smith	Hunter Adams
Robert Allan Adams	Leo Cronk-Pitre	Oshkiwesemawan Stone	Charmaine D'Amato
Michelle DeWit	David Lavallee	Michael Thompson	Sydney DeGurse
Nicole Levert	Cara Maness	Christopher Vallier	Daanis Fisher
Charles Plain	Jennifer Pimentel	Celsie Williams-Bressette	Alexa Giorgi
Tara-Lynn Rising	Christine Plain	January 1st	Anthony Huete-Jacobs
Mary Tinney	December 29th	Melanie Birchard	Elijah Noah
December 25th	Jordan Gray	Selina Cottrelle	Leona Rogers
Debra David-Accetta	Justine Koglin	Jaylynn Graham	Dylan Smith
Cameron Gray	Little Owl Woman Matte	Nangwaabiikwe Gray	Bryan Williams
Braydon Kiyoshk	Kelly Rogers	Saige-Ruby Hallett-Plain	Mandy Van Den Assem
December 26th	Michael T Williams	Lorna Lawrence	January 5th
Michael James Adams	Benjamin Worsley	Wanda Maness	Aubrey Kolberg
Tadra Bird	Emily Harding	Shirley Oliver	Olivia Rising
Shirley Chaisson	December 30th	Tyson Plain	Daniel Fisher-Plain
Ronald Jacobs	Maverick Cady	Krislyn Rogers	Harley George-Walker
Jeffrey Land	Stewart David	Cayley Simpson	Cody Grider
Myranda Maness	Terri Joseph	January 2nd	Darlene Joseph
Jamie Munoz	Marshall Maness	Derrick Bressette	Vince Joseph
Susan Rogers	Chase Rogers	Linda Bressette	Raven Nahmabin-Hiltz
	Brianna Simms	Montee Henry	Theresa Piche
	Kayden Simon	Allison Ireland	David D Plain
		Garnet L Williams	Mitchel Williams

Mino Dbishkaayin-Happy Birthday

January 6th	January 9th	January 11th	January 13th
Isabelle Baker Michael James Real Levert Mary Ann Maness Nicholas Nahmabin Jinelle Chalcraft Russell Williams	Julie Bird Alexander Bourgeois Ariana Fotinakis Marion Maness Gabbi Noah Janice Rogers-Feather	Adam Alton Philemon A Bird Charmaine Jacobs Melissa Maness Neela Martinez Angela Shanks	Jackson Antila Mikeesha Bressette Vicky Doxtator Malcolm James Megan Lee Nahmabin Kaden Plain Lacey White
January 7th	January 10th	January 12th	January 14th
Rebecca Adams Tyler Corner Jamie Hanna Kenneth Lewis Ava Malone	Niah-Envy Bird Amy Crober Samuel Dennis Wesley George Robert Nahmabin Calista Plain Katera Marsden Steven Stone Ivan Wright	Jessica Adams Raymond Fisher Natalia Gray-Nahmabin Richard O White	Klorissa Yardwood Jennifer Bright Capryse Dube Esther Elie Evelyn Giorgi Cheryl Gail Johnson Lisa Joseph Kenneth Maness III Robert McNickle Steven Spero Steven Stager Angela Walker Isaiah King
January 8th			
Juanita Riley Diana Faith Gray Patricia Joseph Richard Levert Melissa Medeiros Dana Nahmabin Salvatore Plain Arno Yellowman Jasmine Selina Marie Jossalynn Gray			

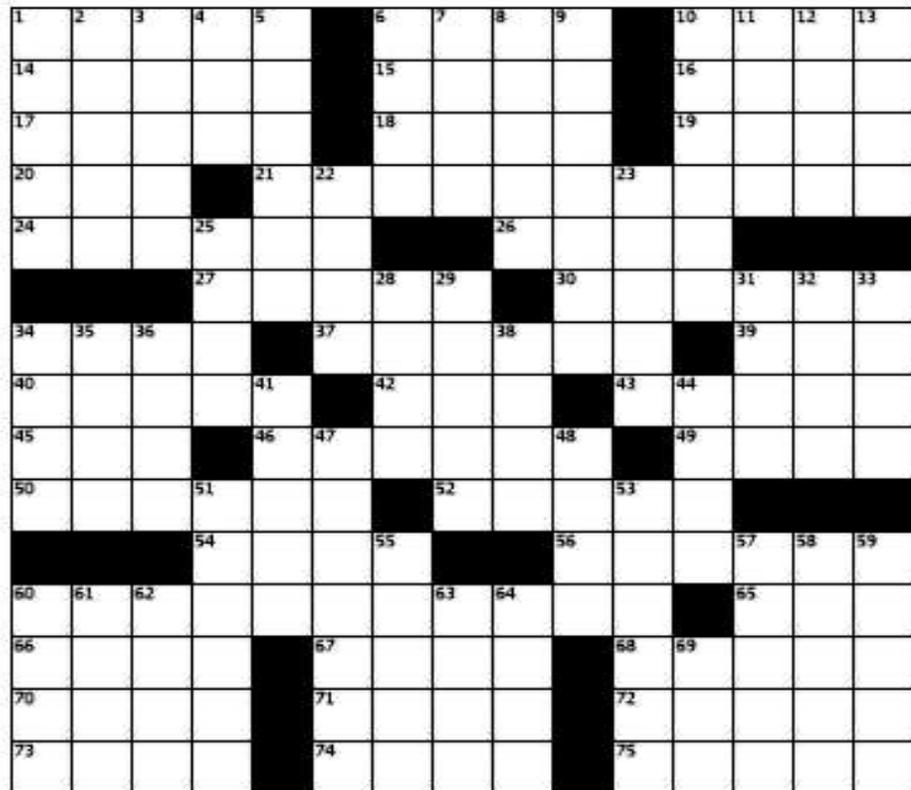


Darrius & Julius would like to thank the Dreamcatcher Foundation for their support with their 2019-2020 Hockey Season. Even though it was short it was still sweet, and they are enjoying their 2020-2021 season, in which part of their season was carried over from last season to this season. Chi-Miigwech!

CROSSWORDS

Across

1. Pointed weapon
6. Solid ground
10. Top
14. Chinese mammal
15. Done
16. Citi Field predecessor
17. Poker stakes
18. Dubuque's locale
19. Misdeeds
20. Neckwear
21. Massachusetts' neighbor
24. Shriek
26. Feels remorse
27. Breathing
30. Fatal
34. Broadway hit
37. Plaid
39. Astonish
40. Campfire remains
42. Also not
43. Hollers
45. Lamb's lament
46. Wanted
49. Suit part
50. Type of staircase
52. Mysterious
54. Metallic rocks
56. Crossword direction
60. Think about
65. Play the ponies
66. Opera song
67. Memorable periods
68. Make amends
70. Engrossed
71. Bottle part
72. Honking birds
73. Different
74. Ball holders
75. Artist's prop



Down

- | | | |
|------------------------|-----------------------|-----------------------|
| 1. Minor disagreements | 23. Quite little | 48. Mild oath |
| 2. Sudden fright | 25. Leisure | 51. Revolve |
| 3. Door sign | 28. Barn ornament | 53. Cold era (2 wds.) |
| 4. Citrus drink | 29. Wear down | 55. Shopping frenzy |
| 5. Scoundrel | 31. Healthy | 57. Reed instruments |
| 6. Cut of meat | 32. Carpenter's tools | 58. Sight or smell |
| 7. Stratford-upon-____ | 33. For fear that | 59. Hard metal |
| 8. More modern | 34. City vehicles | 60. Feel concern |
| 9. Famous vampire | 35. Urgent acronym | 61. Of the mouth |
| 10. Aid | 36. Asian language | 62. Puppy bites |
| 11. Stylish | 38. Birch or spruce | 63. Shoestring |
| 12. List of choices | 41. Type of drum | 64. Inquires |
| 13. Bridge position | 44. Continually | 69. ____ bag |
| 22. Fail to include | 47. Carbon, e.g. | |

ANIMAL CONTROL OFFICER

Brian Bois & Public Works
Department
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For animal control issues only!

- Primary duties are to follow up on loose dog complaints and monitor quarantined dogs.
- If you are a dog owner and your dog is loose, it is your responsibility to retrieve your dog.
- Traps available at Band Garage for use by community members. 519-336-0510

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Job Search Websites

OFIFC www.ofifc.org/

Nokee Kwe www.nokekwe.ca/

Southern First Nation Secretariat, www.sfns.on.ca/index.html

N'Amerind Friendship Centre (London) www.namerind.on.ca/

Anishnawbe Health Toronto <http://www.aht.ca/>

SOAHAC London, Chippewas of the Thames, Owen Sound,
<http://www.soahac.on.ca/>

Six Nations (Ohsweken, ON), www.sixnations.ca/

Other Job Search Engines:

- <http://www.aboriginalcareers.ca/>
- <http://ca.indeed.com/Aboriginal-jobs>
- <http://www.wowjobs.ca/jobs-aboriginal-jobs>
- <http://www.turtleisland.org/front/front.htm>
- <http://www.eluta.ca/>
- <http://www.monster.ca/>
- <http://www.workopolis.com/>
- <http://www.jobs.ca/>
- <http://www.servicecanada.gc.ca/eng/sc/jobs/jobbank.shtml>

For Up-To-Date News and Information in the
First Nations Political Arena you may visit:

Chiefs of Ontario visit:

<http://www.chiefs-of-ontario.org/>

Union of Ontario Indians visit:

<http://www.anishinabek.ca/>

Assembly of First Nations visit:

<http://www.afn.ca/>

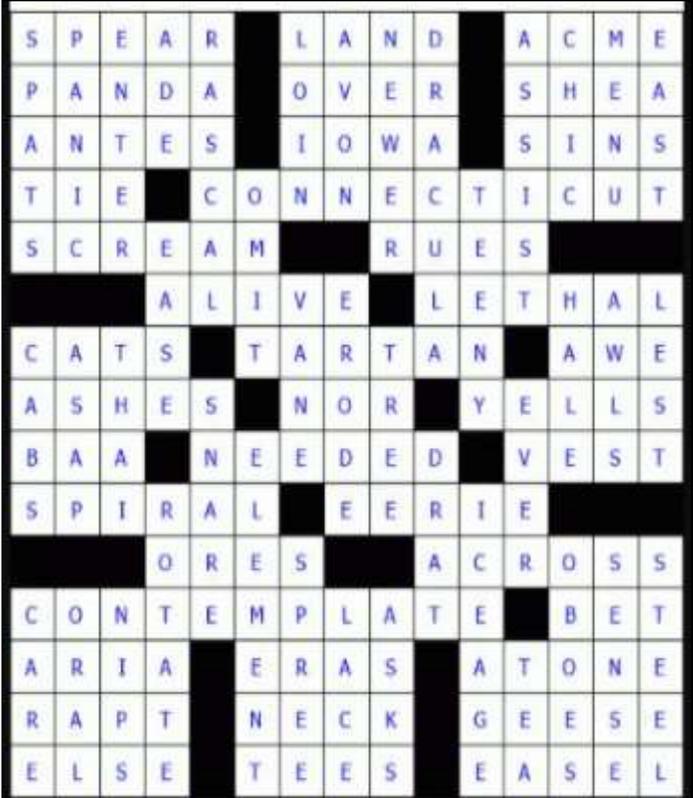
Southern First Nation Secretariat

<http://www.sfns.on.ca/>

Aboriginal Affairs & Northern
Development Canada

<http://www.aadnc-aandc.gc.ca/>

CROSSWORD SOLUTION



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The deadline for submissions is
**Wednesday, January 13th, 2021 at
12:00pm**

Please submit your documents in

Word, Excel, or Publisher formats or info
can be hand written; **jpeg** for pictures.

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www.aamjiwnaang.ca**

If you have stories that you would like to
share, please submit them to the Editor at :
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