



# The Aamjinaang First Nation

## CHIPPEWA TRIBE-UNE





## **Aamjiwnaang Chief & Council**

### **Agenda Item Submission**

### **Information and Deadlines**

- \* Regular Council Meetings - 1st & 3rd Monday of every month. If Monday falls on a statutory holiday the meeting is generally held the following day. Please note, that from time to time meetings may be cancelled or postponed.
- \* Deadline - Tuesday's prior to the regularly scheduled meeting date, by 12:00 noon, for Band Manager review.
- \* Agenda Item Request Form is available at reception for the following locations: Administrative Complex (Band Office), E'Mino Bmaad-Zijig Gumig (Health Centre) & Maawn Doosh Gumig (Community Centre); and, on the Aamjiwnaang website.
- \* Your completed request form can be submitted in person or email, you may also wish to attach additional documentation and information to support your request (i.e. acceptance letters, budget, personal summary, etc.).
- \* Requests will be reviewed by June Simon, Band Manager, to ensure that the appropriate personnel/department have the opportunity to respond or resolve the request, prior to being placed on the Council agenda.
- \* The guidelines set out above are in place to ensure that the flow of information to and from the Council table is efficient, and that your matter is addressed and resolved in a timely manner.

If you have discussion items for  
Chief and Council on:

**July 6, 2020**

Your information is due by:

**June 30, 2020**

Miigwech, for your co-operation and understanding.

Ashley Jackson, Aamjiwnaang Council Clerk  
[ajackson@aamjiwnaang.ca](mailto:ajackson@aamjiwnaang.ca)

## **COUNCIL AGENDAS**

Presently a copy of the Council Agenda is posted on the front doors of the Band Office and Community Centre.

If you would like to receive an "electronic" copy of the Council Agenda, please send an email to: [pnahmabin@aamjiwnaang.ca](mailto:pnahmabin@aamjiwnaang.ca) providing your name and band number.

Only band members can receive an electronic copy of the Agenda.

Thank you.  
Patrick Nahmabin  
Community Information Officer



**Aboriginal Affairs and**

**Northern Development Canada**

**IF YOU DO NOT HAVE THE  
MANDATORY IDENTIFICATION TO  
OBTAIN A STATUS CARD,  
PLEASE CALL: 1-800-567-9604**

- Advise the call centre representative that you want to obtain a Temporary Confirmation of Registration Document (TCRD).
- They will ask a series of questions to confirm your identity and then mail a Temporary Confirmation of Registration Document (TCRD) to you.
- This document will state your registration number and can be used in place of a Status Card to access benefits and services.

## Medical Travel Drivers

Terry Plain (Monis)	C: 519-402-5535
Sheila Firth	C: 519-383-1073
Christine Plain	C: 519-466-0054
Fenton (Wimpy) Plain	H: 519-491-5248 C: 519-466-8717 H: 519-336-6323
Muriel (Toddy) Joseph	C: 519-312-2403
Ron Simon	H: 519-332-4433
Marion Waters	C: 519-312-5283
Stephanie Rogers	C: 519-328-1767

## Wheelchair Accessible Van Driver

Brenda Maness 519-490-8444

## NOTICE - Band Members

RE: Youth Funding Policy / Funding Applications

Chief and Council along with the Community Services Committee have developed a new Funding Policy to help our youth with their Sports, Arts and Recreational activities. This application is for youth to the age of 25 years. The maximum funding is \$800/CA per fiscal year. This maximum will take into consideration LNHL reimbursement and any other recreational funding. Applications can be picked up at the Community Centre or Band Office. For more information please contact the Community Centre – 519-491-2160

## NOTICE – Aamjiwnaang Seniors

RE: Seniors Travel and Recreation Funding

Chief and Council along with the Community Services Committee have developed a new Seniors Travel and Recreation Funding Policy to help assist Seniors with Travel and Recreational activities. This application is for Seniors who have reached the age of fifty-five (55) years and over. The maximum funding is \$500/CA per fiscal year. Applications can be picked up at the Community Centre or Band Office. For more information please contact the Community Centre – 519-491-2160

## How to get Help

Find the right time and place to talk. Be calm, caring, non-threatening. Listen. Talk about the concerns by using facts and accurate information. Encourage the person to see a doctor. Encourage the person to seek professional help.

## Where to Get Help

Emergency 911

Kids Help Phone 1-800-668-6868

Distress Line 519-336-3000

LGBTQ Two Spirited Youth Line 1-800-268-9688 – OR –

Text: 647-694-4275

Bluewater Health Addictions and Problem Gambling: 519-464-4400 ext. 5370

Withdrawal Management 519-332-4673

Women's Interval Home 519-336-5200

Sarnia-Lambton Children's Aid Society 519-336-0623

Westover Addiction Assistance 1-800-721-3232

Windsor Withdrawal Management (detox) 519-257-5225

Grand River Withdrawal Management (detox) 519-749-4318

London Withdrawal Management (detox) 519-432-7241

Lambton Mental Health Crisis Line 519-336-3445

Victim Services Support Line 1-888-281-3665 ext. 5238

Alcoholics Anonymous 519-337-5211

Drug & Alcohol Registry of Treatment 1-800-565-8603

Aamjiwnaang Mental Wellness 519-332-6770

Pregnancy Centre 519-383-7115

Sexual Assault Victims 519-337-3320

Problem Gambling 1-888 230-3505

**For more information or support please call :  
519-332-6770**



## Aamjiwnaang COVID-19 Screening and Testing

The Aamjiwnaang Health Centre is now offering COVID-19 screening and testing to residents of Aamjiwnaang First Nation.

All screening will be done over the phone and testing will be completed by appointment only. If you have symptoms, think you may have been exposed or wish to be tested for any reason:

- Call the Health Centre at 519-332-6770 ext. 305 and leave a voicemail with contact information
- Screening will be done on the telephone with a nurse
- You will receive an appointment for testing date and time
- Testing is completed at the Aamjiwnaang Health Centre (alternate arrangements can be made for individuals with limited mobility)

Testing can only determine if you *currently* have the virus, not if you have had it in the past. Please call if you have any questions.

### **Aamjiwnaang Community Screening & Testing By Appointment Only – call 519-332-6770 ext. 305**

Anyone living outside Aamjiwnaang First Nation within Lambton County:

**Sarnia-Lambton Assessment Centres** - People must call their primary health care provider for referral to the assessment centre. The assessment centre will call the patient to schedule an appointment. Walk-ins are not allowed.

**If you are in distress (e.g. significant trouble breathing, chest pain, fainting, or have a significant worsening of any chronic disease symptoms), call 9-1-1 or go to the nearest Emergency Department.**

*Miigwech to the support from SOAHAC, Lambton Public Health and Bluewater Health.*



June 18, 2020

**AAMJIWNAANG  
FIRST NATION  
Band Council**

978 TASHMOO AVENUE  
SARNIA, ONTARIO  
N7T 7H5  
Phone: 519-336-8410  
Fax: 519-336-0382

## **UPDATE NOTICE**

### **Attention Aamjiwnaang Band Members :**

**ALL Aamjiwnaang First Nations building closures will be extended until FURTHER NOTICE.**

As we move into Stage 2 and Ontario begins to slowly reopen businesses, services and public spaces through the Framework for Reopening our Province. We have established an advisory team to make recommendations based on this framework, to slowly lift restrictions in our community. This team will continue to meet and recommend, as changes are introduced.

In person community programming and events will be cancelled until further notice as well. We are advising against any large gatherings. With this being said, many programs and events have been modified to resume virtually to the best of their ability.

Employees are working from home as needed, checking emails and phones daily. Please visit our website to view our updated staff directory with work from home numbers included. If you require services, please contact the appropriate department for assistance.

Our primary concern is the health and welfare of the community, so we will continue to evaluate the situation and make decisions that are in the best interest of Aamjiwnaang. We encourage you

to review information available to make decisions for yourself and your family.

During this time we also encourage you to check in on loved ones and community members, whether it's a phone call, text, or facetime. It is important to keep in touch and be there for one another during times like this.

As this situation develops, we will continue to meet regularly and provide updates when necessary. During this time we encourage you to read and stay educated through information posted by the World Health Organization and Health Canada and the Ontario Ministry of Health.

If you develop symptoms, visit <https://www.ontario.ca/page/2019-novel-coronavirus> to take the self assesment or contact your primary care provider for screening and further instruction. If your symptoms are extremely severe, call 911. Residents of Aamjiwnaang can call 519-332-6770 ext. 305 for screening and testing.

Miigwetch,

Chief, Council, and Staff of Aamjiwnaang



June 18, 2020

# AAMJIWNAANG FIRST NATION Band Council

978 TASHMOO AVENUE  
SARNIA, ONTARIO  
N7T 7H5  
Phone: 519-336-8410  
Fax: 519-336-0382

## **Reopening of Programs and Services**

### **GENERAL GUIDELINES**

Gathering sizes are limited to 10 and distancing rules are in effect, unless otherwise indicated. Non-essential gatherings are strongly discouraged. We have established safe practices for staff when reporting to the office or required to meet with a client in-person.

### **Funerals and Weddings**

Funerals and weddings will be permitted at the Community Centre and the Church as per the following:

- Number of guests will be limited to 50 people in the gym and outdoors. Number of guests in the church will be limited to 37.
- Receptions following a wedding or funeral are not allowed, as this is considered a non-essential social gathering
- No food will be allowed, as self-serve food is not considered safe
- There will be a 2-hour time limit, since risk increases with prolonged contact

A Funeral Home was also consulted in the development of these guidelines. Further, they suggested:

- Families invite attendees and do not publish information about the service
- Attendees wear a mask

### **Church Services**

Church services will be limited 37 people, based on 30% capacity. Children's programs will not be allowed.

## **Outdoor Spaces**

The following outdoor spaces may open, with gathering size and distancing rules in effect:

- Skate park
- Pavilion
- Ball diamonds – groups of 10 for practice only

## **The following outdoor spaces will remain closed:**

- Playgrounds
- Splash pad – while permitted to open, it does not seem feasible to meet the requirement of sectioning off high touch surfaces, such as the play structures and slide

## **Health Services**

- Outdoor fitness programs with up to 10 people, distancing and no shared equipment
- In-person essential visits: nursing, foot care, mental health and addictions

Miigwetch,

Chief, Council, and Staff of Aamjiwnaang



June 18<sup>th</sup>, 2020

## AAMJIWNAANG FIRST NATION Band Council

978 TASHMOO AVENUE  
SARNIA, ONTARIO  
N7T 7H5  
Phone: 519-336-8410  
Fax: 519-336-0382

### **Re: Aamjiwnaang Business Licencing Program**

Dear Aamjiwnaang First Nation Members:

Aamjiwnaang First Nation's Chief and Council passed a Moratorium on Business Development on the First Nation on July 22, 2019. Chief and Council deemed it necessary for the health, welfare, safety and environment of the members of Aamjiwnaang First Nation to establish a Business License Program.

In May 2020, the community was engaged through survey participation to gain feedback on the Business Licensing Program. On June 9<sup>th</sup>, 2020 Council received a summary report of the survey findings along with a presentation of the Business Licensing Program **draft** package.

At the Regular Council Meeting, on June 15<sup>th</sup>, 2020 Council approved in principle the **draft** Business Licensing Program package. The package which includes **drafts** of the Business By-Law and BCR, Application Form, Fee Schedule, and Process/Flow Chart will be posted for 60 days effective June 18<sup>th</sup>, 2020 on the Aamjiwnaang First Nation website.

Your feedback and any questions you may have can be sent by email to the Economic Development Department:

Carole Delion, Development Coordinator: [cdelion@aamjiwnaang.ca](mailto:cdelion@aamjiwnaang.ca)

Barb Urlacher, Special Projects Liaison Worker: [burlacher@aamjiwnaang.ca](mailto:burlacher@aamjiwnaang.ca)

James Wrightman, Economic Development Administrative Assistant:  
[jwrightman@aamjiwnaang.ca](mailto:jwrightman@aamjiwnaang.ca)

Respectfully,

Aamjiwnaang Chief and Council

## Indigenous Internship Opportunities

### Experience working in the Ontario Public Service (OPS) – grow your future.

The OPS is dedicated to recruiting and advancing top talent while building a diverse public service that is reflective of Ontario's population and communities. These exciting opportunities offer recent Indigenous post-secondary graduates the opportunity to develop their careers and gain valuable work experience with one of Canada's Top 100 Employers.

Bring your knowledge, experience and perspectives to the **Ontario Public Service**. Working with a team of engaged professionals and dedicated leaders, you'll take the next step in your career in a dynamic environment that provides opportunities for personal growth, competitive salary, mentorship, learning and development opportunities, and work-life balance. The ministry has immediate opportunities for interns in the following roles:

- **[Indigenous Affairs Project Intern \(Job ID 149767\) – 435 James Street South, Thunder Bay](#)**  
We're looking for a motivated professional to join our dynamic team to provide project management support and apply your research, analytical, and communication skills to advance reconciliation initiatives in our ministry.
- **[Strategic Services Intern \(Job ID 149768\) – 933 Ramsey Lake Road, Sudbury](#)**  
Showcase and expand your strong project management and policy analysis skills in this unique opportunity with the Mines and Minerals Division of the Ministry of Energy, Northern Development and Mines. We are looking for a dynamic individual to join our team to assist in the development of a wide range of programs, policies and strategic initiatives related to the divisional goal to support prosperous and sustainable economic growth in Ontario's mineral exploration and mining sector. The successful candidate will have the support of a professional and welcoming team, a hands-on manager to ensure your success and development, and you will be assigned a mentor who will help in your professional growth.
- **[Indigenous Energy Policy Intern \(Job ID 149770\) – 77 Grenville Street, Toronto](#)**  
Join the Energy Networks and Indigenous Policy Branch where you will support the team in providing analysis and advice on energy projects and for policy development for energy issues, which require consultation with other provincial ministries and levels of government.
- **[Policy Intern \(Job ID 149771\) – 160 Bloor Street East, Toronto](#)**  
Join the Strategic Planning and Economic Policy Branch where you will support the team by assisting on various projects and studies; conducting research and analysis; helping to prepare proposals, communications and implementation plans; and participating on various committees and working/project groups.
- **[Policy Intern \(Job ID 149772\) – 160 Bloor Street East, Toronto](#)**  
Join our ADMO team to provide project management support and apply your research, analytical, and communication skills by assisting on projects and diverse work within our division; and participating on various committees and working/project groups related to socio-economic issues that impact Indigenous people and communities, such as violence against Indigenous women and girls, community action or social emergencies. Our division leads, facilitates and/or coordinates operational initiatives related to mutual priorities and emerging issues with Indigenous people and communities, Ontario ministries, the federal government, other jurisdictions and organizations.
- **[Program and Service Delivery Intern \(Job ID 149773\) – 160 Bloor Street East, Toronto and 300 Water Street, Peterborough](#)**  
The successful candidate will be working with our research and assessment, negotiation, and implementation teams to analyze Ontario's land claims process and identify opportunities for ongoing improvements, consistent with government priorities.

- **[Human Resources Intern \(Job ID 149774\) – 159 Cedar Street, Sudbury](#)**  
Joining a dynamic Human Resources team, you will work on a variety of programs and initiatives in areas such as labour relations, talent management, inclusion, employee engagement and recognition, health and safety, and performance management. You will conduct research, analyze data, and assist with projects and issues management. This is an opportunity to build your HR knowledge and skills, and you will have a mentor to assist in maximizing your assignment.
- **[Project Coordinator Intern \(Job ID 149776\) – 933 Ramsay Lake Road and 3767 Hwy 69 South, Sudbury](#)**  
Join our dynamic team where you will provide project planning and implementation support to the ministry's Indigenous initiatives related to Indigenous awareness programming, economic development, and the mineral sector.
- **[Communications Intern \(Job ID 149786\) – 77 Grenville Street, Toronto](#)**  
Working within the Communications Services Branch, you will assist in the ministry's communications, enabling you to gain experience in areas such as marketing, media relations, multi-media campaigns, issues analysis, stakeholder engagement, graphic design and digital media applications.
- **[Business and Financial Planning Intern \(Job ID 149797\) – 160 Bloor Street East, Toronto](#)**  
You will work in the Corporate Management Branch of the Ministry of Indigenous Affairs, where you will use your accounting and financial management knowledge, acquiring hands-on experience in a public sector setting.

**Note:** These temporary positions are contracts of up to 12 months in duration.

### **How do I qualify?**

#### **Mandatory**

For all positions:

- You must have graduated from a college or university, with a degree, diploma or post-graduate certificate, within the past 5 years.
- You must be an Indigenous person (i.e. First Nations, Métis, Inuit).

For job-specific details, including salary, position duties and full qualifications, and to apply online, by June 25<sup>th</sup>, 2020, visit [www.ontario.ca/careers](http://www.ontario.ca/careers) and enter the **applicable Job ID number** in the Job ID search field. Please follow the instructions to submit your application. Faxes are not being accepted at this time.

**Note:** [View Frequently Asked Questions \(FAQ\) for Indigenous Self-Identification](#)

If you require accommodation in order to participate in the recruitment process, please contact us at [www.gojobs.gov.on.ca/ContactUs.aspx](http://www.gojobs.gov.on.ca/ContactUs.aspx) to provide your contact information. Recruitment Services staff will contact you within 48 hours. Only those applicants selected for further screening or an interview will be contacted.

The Ontario Public Service is an inclusive employer. Accommodation will be provided in accordance with Ontario's *Human Rights Code*.

[www.ontario.ca/careers](http://www.ontario.ca/careers)



## ESSENTIAL SERVICES DURING BAND CLOSURE

The following services will be provided by Health Centre staff and partners to help support community members during this health crisis. Please limit contact to regular business hours. Remember to check in on your loved ones and other members who may be isolated or in need.

### **Dago Maajiigoog Binoonjiinyag** – assistance with breastfeeding, advice for parents

Supervisor Malynda Maness-Henry (519) 330-7020

Nurse Joanne Culley (519) 330-6243

Staff will doing outreach calls with their clients

### **Children and Youth Services/Jordan's Principle** – assistance with Jordan's Principle applications, access to virtual services/Pathways

Supervisor Rachael Simon (519) 466-7440

Assistant Nicole Maness (519) 918-1204

### **Wheelchair Accessible Van** - scheduling

Clerk Kim Waters (226) 349-5859

### **Home and Community Care** – hospital discharge

Administrator Marcella Kudaka (519) 384-4473

Nurse Elizabeth Cronk (226) 349-4222

### **Senior's Outreach age 65+** – grocery/medication pick up for those who need assistance

Senior's Worker Becky Adams (519) 331-5717

Staff are making weekly phone call check-ins for seniors age 65+ on-reserve.

### **Covid-19 Patients** – packages are available for patients who have been diagnosed with covid-19

Nurse Gail Nahmabin (519) 330-7184

### **Nurse Practitioner**

Call Twin Bridges for an appointment/screening (226) 776-9030

**Food Bank** – \$100 gift cards were distributed to each household in lieu of food bank being closed

### **Mental Wellness** – please call or text for support services

Supervisor Tracey George (226) 349-5712 (call or text)

Addictions Outreach Team (519) 333-8787 (call or text)

New supplies will be handed out by appointment only.

Alphonse Aquash – court, addictions (519) 490-5956 (call or text)

Max Cryderman – secondary students (519) 330-1140 (call or text)

Gabby Macdonald – elementary students (519) 330-1140 (call or text)

**Mental Health Providers:**

Tina Hunter – trauma, grief	(519) 491-7717 (call only)
Jenny Jolly – trauma, grief	(519) 491-7717 (call only)
Christy Primmer	(519) 384-5715 (call or text)
Jessica Joseph – CMHA	(519) 330-3253 (call or text)

**24 Hour Crisis Services:**

First Nations Hope for Wellness	1-855-242-3310 (call)
Talk for Healing	1-855-554-4325 (call or text)
Kids Help Phone	1-800-668-6868
Text CONNECT to 686868	
Yellow Ribbon Ask4Help	1-800-273-8255
Text 741741	
Sarnia Distress Line	519-336-3000
Mental Health Crisis Service	519-336-3445

**MEDICAL TRANSPORTATION** – drivers will be available for essential trips only: dialysis, cancer treatment, methadone, urgent medical

**Medical Drivers**

Terry Plain (Monis)	C: 519-402-5535
Sheila Firth	C: 519-383-1073
Christine Plain	C: 519-466-0054
Fenton Plain (Wimpy)	H: 519-491-5248
	C: 519-466-8717
Muriel (Toddy) Joseph	H: 519-336-6323
	C: 519-312-2403
Marion Waters	C: 519-312-5283
Stephanie Rogers	C: 226-349-2858

**Wheelchair Accessible Van Driver**

Brenda Maness	519-490-8444
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If you have a cough, fever please do not call our drivers as they are not equipped to prevent the spread of coronavirus. You may get approval for a taxi as below.

**Special Trips** – prior approvals for trips beyond the London to Windsor area and taxi trips

Admin Assistant Peggy Rogers	(519) 312-3852
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Medical transportation cheques will continue to be processed every other week. Please submit your forms in the Health Centre drop-box beside the front entrance on Mondays. Extra forms will be available for pick up at the Petro Canada gas station. Cheques will be mailed.

# Engineering Science Qube

Virtual Summer Camp

## Virtual Summer Camp 2020



### Hey Aamjiwnaang, ESQ is coming to you!

We couldn't imagine a summer without ESQ, so we're going virtual.

University of Waterloo's Engineering Science Quest will be running virtual camp for the Aamjiwnaang community from July 6 - August 21 2020.

Join us every Wednesday to exploring and discover the endless possibilities of science, technology, engineering and math through fun activities and games.

**Every Wednesday**  
**10:30am-12:00pm**

**July 6- August 21**  
**\*No camp August 5**

To learn more about how the camp works, please visit our website



**bit.ly/ESQube**



**For Registration Information**

Contact Winterson Rogers at [wrogers@aamjiwnaag.ca](mailto:wrogers@aamjiwnaag.ca).  
Messages can also be left at (519) 491-2160



**Please be aware that this camp is for children in grades 2 to 5**

# Dago Maajigoog Binoojiinyag

Mskoomin Giizis-Raspberry Moon



July 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	29 <b>Red and White week</b>	30	1 <b>Happy Canada Day!</b>	2	3 	4 <b>Summer /Water Toy Giveaway 10am-12 pm</b>
5	6 <b>Butterfly Craft/ Photo</b>	7	8	9	10	11
12	13 <b>Rock Painting</b>	14 	15 <b>Some Special Draws Happening this month!</b>	16	17 <b>Movie Pack Draw Flyer on FB Page</b>	18 <b>Movie Pack Delivery</b>
19	20 <b>How are you keeping Cool?</b>	21	22	23	24	25
26	27 <b>At home:Tye Dye (Kits provided)</b>	28	29	30 <b>Tent Draw Flyer on FB Page</b>	31 <b>Tent Delivery</b>	
	<b>Here is this month activities Please keep checking our FB page for extra activities &amp; Flyers</b>	<b>Virtual Paint Night TBA</b>		<b>Keep posting weekly activity participation on FB Page!</b>	<b>For Families With Children 0-6 and prenatal!</b>	<b>Any Questions Please Email: bmaness @aamjilwnaang.ca</b>

## Congregate Dining Schedule

For those that have signed up for the Congregate Dining program, these are the meals planned:

Date	Main Dish	Side Dish	Fruit/Veg	Grain	Dessert
July 8 & 15	Indian Tacos			Water	Jello
July 22 & 29	Sausage on a Bun	Coleslaw	Apple	Water	Cookies
Aug 5 & 12	Burgers	Potato Salad	Cob Corn	Water	Cake
Aug 19 & 26	Chicken Kabobs	Pasta Salad	Chips	Water	Apple Pie

Sign up is closed at the current time



PAINT THIS DOOR HANGER!

PAINTING  
WITH KIM

**Seniors 55+**

**Paint live  
on Facebook**

SIGN UP WITH BECKY @ 519 331 5717

Thursday July 7, 2020

**1pm**

## AAMJIWNAANG FOOD BANK CLIENTS

The Food Bank is still closed as a precaution to help limit the spread of COVID-19. We are offering assistance to replace your use of the Food Bank. If we can help you, please contact Natalie at (519) 312-1600 (text or call) by Wed. July 8, 2020. We are following the Food Bank Policy, which covers on-reserve households, once per month.



# Large Item Pick-up!!

**Large item** pickup will be held from  
July 6th- July 10<sup>th</sup>.

Household garbage  
will **NOT** be collected.



# Notice From Environment Department

Chief & Council approved the installation of a new Air Pointer at the Chippewa Day Nursery.

The Air Pointer is very similar to the one that was installed just North of the Band Office.

The date of the installation is yet to be determined.

Keep an eye out for future updates.

AREA AP-2 POTENTIAL SITE LOCATION: CHIPPEWA DAY NURSERY 10-140 m SOUTH OF AREA AP-2



# Nishnaabeman! - Speak Ojibwe!

Boozhoo kina wiiya! As part of a language and culture revitalization initiative here are some new words you can practice with your family and friends.



## Outdoor Play

The warm weather has arrived! Let's learn some kidwinan we can use outside with our family.

Zhaagnaashimowin	Anishinaabemowin	Pronunciation
I am swimming	Nbigis	N-bi-gis
He/she is swimming	Bgizo	B-gi-zo
I am sweating	Ndo Bwez	N-do-bwez
He/she is sweating	Bwezo	Bwe-zo
It is hot	Gzhaate	G-zhaw-teh
Bicycle	Ditibiwebishkigan	Di-ti-bi-web-ish-ki-gun
Pail	Niimbaagan	Neem-baw-gun
Shovel	Moonhigan	M-own-hi-gun
Sand	Negaw	Ne-guw
Ball	Bkwaakod	B-kw-awk-od
He/she is fishing	Giigoonhke	Gee-g-ownh-ke
Strawberry Picking	O'Dehminke	O-deh-min-ke
Make a fire	Boodwen	B-owe-d-wen
Water the garden	Nsaabaawdoon gitgaanensim	N-saw-baw-w-d-own Git-gawn-en-sim

Created by Jessie Plain

## O'Dehmin Giizis – Strawberry Moon

*The strawberry is a symbol of forgiveness and peace. It serves as a reminder to let go of our judgements and differences with others.*

*The strawberry is like a heart and can be referred to as the heart berry.*

*Similar to a strawberry plant with its leaves, runners and roots connected to the berry, our hearts are connected to all parts of our body, mind, spirit, and emotions.*





# Aamjiwnaang First Nation Junior Kindergarten Online Registration

Link can be found at:

Scan the QR Code ->

[www.facebook.com/AamjiwnaangEd](https://www.facebook.com/AamjiwnaangEd)

[www.aamjiwnaang.ca/junior-and-senior-kindergarten](http://www.aamjiwnaang.ca/junior-and-senior-kindergarten)



## Girls & Boys born in 2016

- \* Must reside in Aamjiwnaang,
- \* Must provide Birth Certificate/Status Card &
- \* Up to date Health Card & Immunization Record

Clear photos can be emailed to:  
[khenry@aamjiwnaang.ca](mailto:khenry@aamjiwnaang.ca)

Please note: registration is not complete until the above identification & documentation have been received

Due to pandemic procedures,  
Principal/Teacher Kim Henry is reachable  
via email at [khenry@aamjiwnaang.ca](mailto:khenry@aamjiwnaang.ca)



**AAMJIWNAANG CHILDREN  
& YOUTH SERVICES**

# Virtual Resource Support for Families!

Our program is excited to announce that we are available to support families from a distance with any challenges they may be facing while being at home with their children.

**Some of the things we can assist with are:**

- Toilet training
- Bedtime routines
- Challenging behaviour
- Late talkers
- Activities of daily living

We are here to consult with families and discuss what your child's needs are. We will connect you with a member of our team who is best fit to support you and your child!

**IF INTERESTED, CONTACT US!**

**TEXT OR CALL:** (519) 981-1204

**EMAIL:** [rsimon@aamjiwnaang.ca](mailto:rsimon@aamjiwnaang.ca)

**MESSAGE US ON FACEBOOK:**

Aamjiwnaang Children & Youth Services



# Circle of Security

I N T E R N A T I O N A L™

*Early Intervention Program for Parents & Children*

**The Circle of Security Parenting program will help you to secure, understand, and strengthen the relationship between child and parent. This 8 week program will support you:**

- To understand your child's needs
- To support your child's ability to successfully manage emotions
- To enhance the development of your child's self esteem
- To honour your innate wisdom and desire for your child to be secure

**Where: Virtual Online Class**

**When: Tuesday 10am - 11:30am**

**July 7 - August 25, 2020**

**Who: Caregivers of children 0 - 6**

**Register with Nicole, [nmaness@aamjiwnaang.ca](mailto:nmaness@aamjiwnaang.ca)**



# YOUTH WELLNESS

## VIRTUAL DISCUSSION

For youth entering grade 9

As well as parents/guardians

## Topics

Mental health & Wellness Resources

Coping skills

young men's & Girls Group,

open discussion on thoughts and feelings concerning highschool

And much more!

July 15th & August 20th @ 1:00 pm

Contact Max & Gabby to register: 519

330-1140 (Call or text)





FREE DRAW 2020

# SUMMER FUN



*Please comment on the original post to be added  
for a basket full of FUN. Or you can call/text  
Amy to sign up at 519.384.1955*

Games | Pool Toys | Prizes  
**Aamjiwnaang Health Centre**



Delivery date will be Friday  
June 26, 2020

Open to Aamjiwnaang Members

# FAMILY MOVIE NIGHT & Antonio's Pizza

**FRIDAY  
JULY 3, 7, 31  
4PM**

Please comment on original post  
or text/call Amy at 519.384.1955  
for a chance to WIN

I will deliver to your home

Movie TBA

FROM THE COMFORTS OF  
YOUR LIVINGROOM

I will  
tag/call/text  
winners on  
Thursday, July  
2nd





**\*\*STARTING JUNE 30, 2020!  
SIGN UP ONLY (LIMITED TO 10)**

# **KETTLE BELL CLASS (ADULTS 16 +)**

Tuesday mornings – 10:30 am – 11:30  
am

At the Community Centre Pavilion

\*This class will be practicing Social Distancing  
Protocol.



Come out for an hour, only an hour of an awesome cardio and weight exercise program which enhances and strengthens all of your muscle groups (including your heart!)

We will be limiting this class to 10 (including the instructor). Please bring your own mat. (Yoga)

AAMJIWNAANG  
HEALTH CENTRE

FOR INFORMATION  
AND SIGN UP,  
CONTACT NATALIE AT  
(519) 312-1600 (TEXT  
OR CALL)



**AAMJIWNAANG CHILDREN  
& YOUTH SERVICES**

# SUMMER CIRCLE TIME

Join Melanie & Wendy twice a week in July and August for some Virtual Circle Time Fun!

**Who:**  
Children  
Ages 0-6  
Years

**What:** Two Virtual Circle Times each week. One day will focus on literacy and language skills and one day will be hands-on activities!

**When:** Twice a week in July & August (specific dates TBD)

**Where:** Virtually (more information to follow)

EMAIL: [nmaness@aamjiwnaang.ca](mailto:nmaness@aamjiwnaang.ca) if you would like to join or for further information!

**LIKE our Facebook Page to stay up to speed on dates, times and more info!**



# AAMJIWNAANG HEALTH CENTRE Mental Wellness Facebook Pages

 Follow us on Facebook 

We can be found through the Aamjiwnaang Health Centre Facebook page or simply search the titles of the pages.

Our Mental Wellness Team are open to messages, texting, calling or video chats... please reach out to set up a time. We have also been busy with fun challenges and giveaways. Our Traditional Healer, Wendy Hill can be accessed through the Health Centre page as well.

## **Aamjiwnaang Student / Youth Wellness**

Gabriella MacDonald is the administrator. Please check out our page for tips on coping with the Covid 19 Lockdown. Reach out to Gabby for help if you are struggling or to simply say hi.

*She can also be reached at 519-330-1140*  
**Aamjiwnaang Young Men's Group**

Max Cryderman is the administrator of this page. Young Men's Group is all about helping young men reach their potential through cultural teachings, learning social skills and mental wellness activities.

Please look at this page to reach out to Max for tips on coping or to simply say hi.

*Max can also be reached by phone at 519-330-1140*

## **Aamjiwnaang Outreach Team**

Rhona Stewart and Kayla Joseph are the administrators of this page. Check it out and if you have any questions regarding substance use concerns, would like to ask about coping through COVID 19 or to simply say hi.

*Rhona and Kayla can be reached at 519-333-8787*

## **Girls Group**

Kayla Joseph is the administrator of this group. It is a private group but can be accessed through our Health Centre Facebook page. Girls Group on Facebook is all about empowering, coping and teaching life skills, healthy relationships and self-care.

Girls Group goal is to "build each other up and maintain a healthy lifestyle."

You can connect with any of the Mental Wellness Team through the Aamjiwnaang Health Centre page as it is monitored during business hours. Please leave us a message. Or connect by texting or calling 226-349-5712. Miigwech. Stay Safe.





# PEDIATRIC ORAL HEALTH

Dentistry for Better



Kid's Dental Health

There are **1,440**

minutes in a day. But your teeth needs only 4 minutes of them.

Children spend their most of the time in watching tv, playing indoor and outdoor games, using computer, sleeping and so on. Make sure they give 4 minutes to brush their teeth daily.

## Brushing

Just for **2 mins**

& **2ce** a day can help prevent painful dental problems.



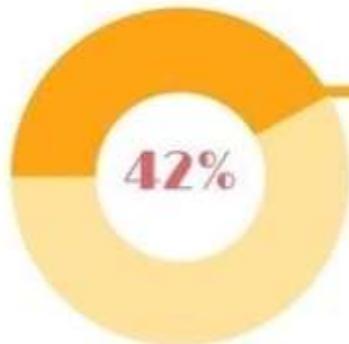
Oral disease causes parents to miss their approx 25 million working hours per year to take care of their kid's dental health.



Oral disease causes kids to miss their approx 50 + million school hours per year because of the extreme pain in teeth.

**Tooth Decay** is the **#1** chronic infectious disease affecting children in Unites States. Dental decay is 5 times more common than asthma.

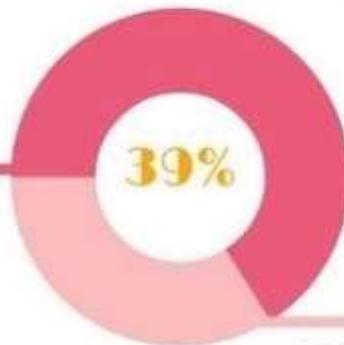
Ouch my toothache!!!



Tooth Decay affects 42% of children aged 2-11 years in US.



39% children ages 5-11 years have had a tooth filling.



20% children ages 5-11 years have cavities that aren't filled.

# Steps to better dental health for KIDS



## Fun Tooth Brushes & Flavored Tooth Paste

Always keep a variety of colorful, fun toothbrushes for kids to choose from everyday. Also, use some additional fun accessories like funny floss holders.

Use flavored toothpaste that increase interest of your kid in brushing.



## Healthy Eating, Limit Snacks & Sugar

Teach your children which food is good for them and which can cause severe pain in their teeth.

Show them examples so that they can better understand. Ask them to eat healthy, limit on snacks and sugary food products.



## Reward them, if they follow your Instructions

Reward your kids when they follow your instructions for daily brushing and flossing.

You may gift them some games, toys or let them go for an outing, movie etc. It will boost them to do a great job brushing and flossing.

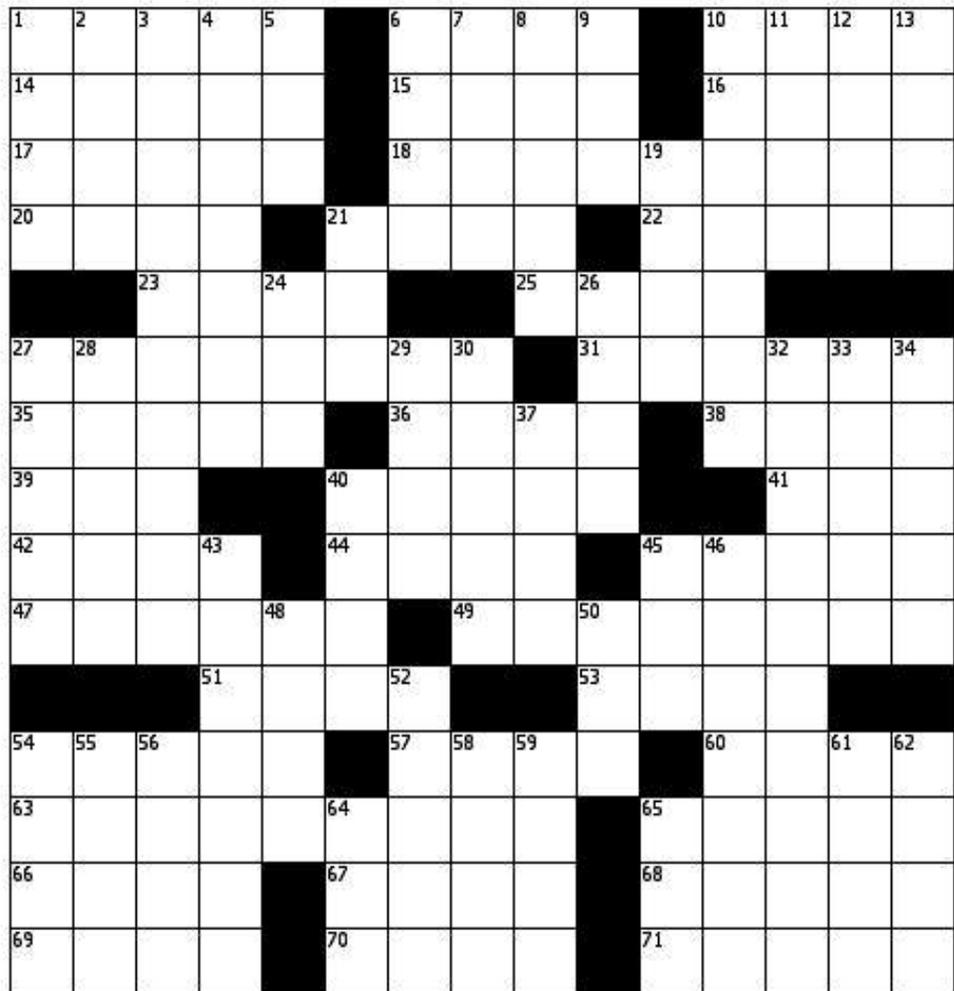
## Find Right Dentist

Pediatric Dentists has expertise on kids dentistry and they are specialized dentists who know how to deal with kids.

# CROSSWORDS

## Across

1. Poe's middle name
6. Pre-Easter period
10. Eden dweller
14. \_\_\_\_ Witherspoon of "Walk the Line"
15. Shakespeare's river
16. Fence door
17. Black pool ball
18. Christmas doorway decoration
20. Tibet's continent
21. Skilled
22. Not appropriate
23. City haze
25. Snow vehicle
27. Gave in
31. Legislates
35. Dodge
36. Musician \_\_\_\_ McEntire
38. Ocean vessel
39. Allow
40. Greased
41. Exist
42. Wrought \_\_\_\_
44. \_\_\_\_ Sampras of tennis
45. Actress Sophia \_\_\_\_
47. Oppressive ruler
49. Firebug
51. Fair (hyph.)
53. Medical "at once!"
54. Overact
57. Broad
60. Rodents
63. Unofficial law enforcer
65. Venomous snake
66. She, in Nice
67. Very sharp
68. Woody or Tim
69. Poetic contraction
70. Military force
71. Run, as colors



## Down

1. Locale
2. Hawaiian garlands
3. Lawmaker
4. Embarrassed
5. Court divider
6. Mary's pet
7. Like a villain
8. Nuzzles
9. Blasting substance (abbr.)
10. Schedules
11. Statistics
12. On the peak
13. Track competition
19. Legal claim
21. FBI employee (abbr.)
24. \_\_\_\_ in a million
26. Be in first place
27. Kindled again
28. All
29. Cleveland's lake
30. Letter after gamma
32. Philanthropic
33. Grows weary
34. Depleted
37. Root \_\_\_\_
40. Selects
43. More unpleasant
45. Building site
46. Enjoying a winning streak (3 wds.)
48. Christmas song
50. Compass point (abbr.)
52. Proprietor
54. Steady
55. 5,280 feet
56. Leer
58. News story
59. Refuse
61. Forest plant
62. Beach grains
64. Alias inits.
65. Metered vehicle

CROSSWORD SOLUTION FOUND WITHIN THE TRIBE-UNE NEWSLETTER

# Mino Dbishkaayin-Happy Birthday

Brittany Jacobs	June 26	Shawna Oliver	July 1	Zoe Doxtater	July 6
Joseph James-Feeny	June 26	Travis White	July 1	Brooke Fearnis	July 6
Angela Bird	June 27	Tyrant Walker-Shawnoo	July 2	Gregory T Fisher	July 6
Benjamin Bird	June 27	Cynthia Gray	July 2	Sarah Ann Fontaine	July 6
Jordan Eagleson-Plain	June 27	Carter Hawkins	July 2	Eve MacGregor	July 6
Marie Nahmabin	June 27	Ryan John	July 2	Layla Noah	July 6
Travis Yendall	June 27	Kevin M Maness	July 2	Nicholas Shipman-Cottrelle	July 6
Tammy Akiwenzie	June 28	Sandra Shorey	July 2	Ronald A Simon	July 6
Kyle Albert	June 28	Tina Washington	July 2	Athena Cottrelle-McManus	July 6
Fischer Brooks	June 28	Christopher Whiteye	July 2	Roberta Bressette	July 7
Hunter Dhillon	June 28	Savanna Williams	July 2	Chelsey Cottrelle	July 7
Ashley Eagleson-Plain	June 28	Randall Bird	July 3	Mackenzie Cottrelle	July 7
Shelley Redmond	June 28	Deanna Gray	July 3	Gregory L Fisher	July 7
Rachel Rogers	June 28	Mariah Plain	July 3	Bernice Pettit	July 7
Kari White	June 28	Cheyenne Rogers	July 3	Joanne Rogers	July 7
Reynold C Williams`	June 28	Vicki Marshall	July 3	Kyle Simon	July 7
Curtis Lee Plain	June 29	Chantel Petit-Dawn	July 3	Kelly Snook	July 7
Alana Rogers	June 29	William W Nahmabin	July 4	Angelica Schmitt	July 8
June Simon	June 29	Darrell Riley	July 4	Jon Ellerhorst	July 8
Chantelle Wight	June 29	Derrick Rogers	July 4	Annette Gray	July 8
Kathryn Aviles	June 30	Ronald C Simon	July 4	Adam Nahmabin	July 8
Donald Birchard	June 30	Ronald Stager	July 4	Shane Nahmabin	July 8
Rolling-Thunder Cloud Clark	June 30	Theresa Walker	July 4	Cheryl Deacon	July 9
Tania James	June 30	Zachery Grider	July 5	Ashlynn Fisher-Cristovao	July 9
James Joseph	June 30	Juanita Jacobs	July 5	Carole Gray	July 9
Michael Rescigno	June 30	Monica Shipman	July 5	Layla Maness	July 9
Blake Simon	June 30	Gena Sinopole	July 5	Kimberly Shore	July 9
Cole Stewart	June 30	Tara Smith	July 5	Ray Whitcher	July 9
Antoinette Harbin	July 1	Tyler Steadman	July 5	Terry W Williams	July 9
Kerry Malone	July 1	Katie Courchesne	July 6	HAPPY BIRTHDAY!!!!	



## Happy Birthday Rach!

Celebrating on June 28<sup>th</sup>, what an awesome day that was!

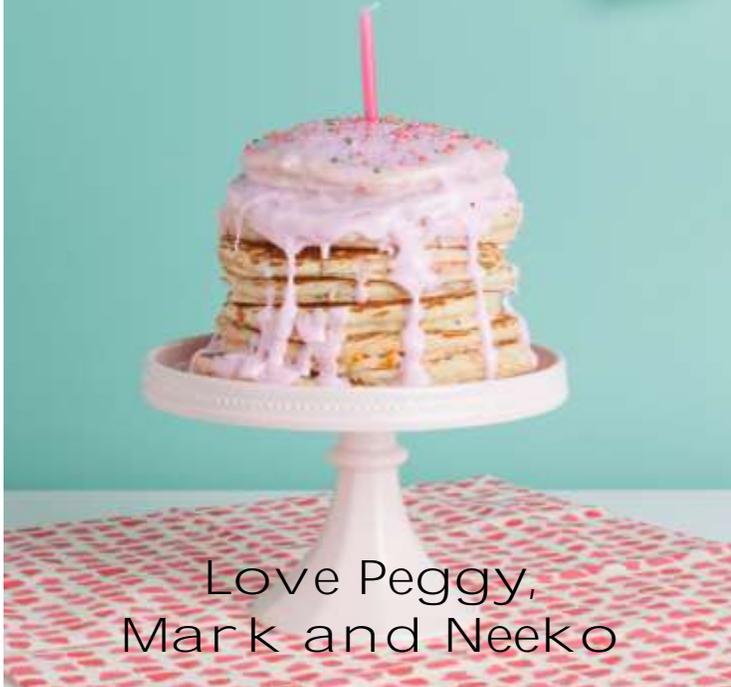
You were greeted in this world by the Snowbirds fly by!

Have a fantastic day because you deserve it!

Love Mom, Neeko and Monk



Happy Birthday  
Shelley on June 28th!  
Have an awesome day,



Love Peggy,  
Mark and Neeko

## Happy Birthday Hugh

Happy Birthday  
Hugh on June  
28th!

Love you cuz,  
from Peggy

## Job Search Websites

OFIFC [www.ofifc.org/](http://www.ofifc.org/)

Nokee Kwe [www.nokekwe.ca/](http://www.nokekwe.ca/)

Southern First Nation Secretariat, [www.sfns.on.ca/index.html](http://www.sfns.on.ca/index.html)

N'Amerind Friendship Centre (London) [www.namerind.on.ca/](http://www.namerind.on.ca/)

Anishnawbe Health Toronto <http://www.aht.ca/>

SOAHAC London, Chippewas of the Thames, Owen Sound,  
<http://www.soahac.on.ca/>

Six Nations (Ohsweken, ON), [www.sixnations.ca/](http://www.sixnations.ca/)

### Other Job Search Engines:

- <http://www.aboriginalcareers.ca/>
- <http://ca.indeed.com/Aboriginal-jobs>
- <http://www.wowjobs.ca/jobs-aboriginal-jobs>
- <http://www.turtleisland.org/front/front.htm>
- <http://www.eluta.ca/>
- <http://www.monster.ca/>
- <http://www.workopolis.com/>
- <http://www.jobs.ca/>
- <http://www.servicecanada.gc.ca/eng/sc/jobs/jobbank.shtml>
- <http://www.ofifc.org/>

**For Up-To-Date News and Information in the  
First Nations Political Arena you may visit:**

**Chiefs of Ontario visit:**

<http://www.chiefs-of-ontario.org/>

Union of Ontario Indians visit:

<http://www.anishinabek.ca/>

Assembly of First Nations visit:

<http://www.afn.ca/>

Southern First Nation Secretariat

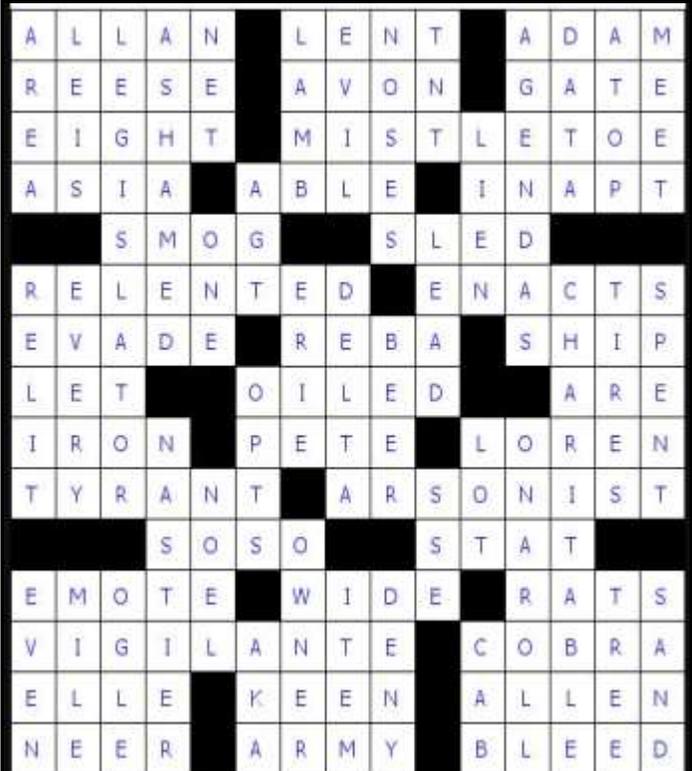
<http://www.sfns.on.ca/>

Aboriginal Affairs & Northern

Development Canada

<http://www.aadnc-aandc.gc.ca/>

# CROSSWORD SOLUTION



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**The next issue is due out on**

**Friday, July 10th, 2020**

**The deadline for submissions is  
Wednesday, July 8th, 2020 at 12:00 pm**

Please submit your documents in

**Word, Excel, or Publisher** formats or info  
can be hand written; **jpeg** for pictures.

**This paper and past editions can also be  
found on the Aamjiwnaang website at:**

[www.aamjiwnaang.ca](http://www.aamjiwnaang.ca)

If you have stories that you would like to  
share, please submit them to the Editor at :

[editor@aamjiwnaang.ca](mailto:editor@aamjiwnaang.ca)