



The Aamjiwnaang First Nation

**CHIPPEWA TRIBE-UNE**

Issue No. 19:21  
October 25, 2019  
Editor: Shawnacey Fay



*Remembrance Day*  
*Let We Forget*

**Aamjiwnaang Remembrance Day Service**

Will be held on:

Friday, November 8, 2019  
At 11:00 AM

At the Aamjiwnaang Cenotaph  
Lunch to follow at St. Clair United Church

Please note that all Band Operations will be closed on:  
Monday, November 11, 2019.



## **Aamjiwnaang Chief & Council Agenda Item Submission Information and Deadlines**

- \* Regular Council Meetings - 1st & 3rd Monday of every month. If Monday falls on a statutory holiday the meeting is generally held the following day. Please note, that from time to time meetings may be cancelled or postponed.
- \* Deadline - Tuesday's prior to the regularly scheduled meeting date, by 12:00 noon, for Band Manager review.
- \* Agenda Item Request Form is available at reception for the following locations: Administrative Complex (Band Office), E'Mino Bmaad-Zijig Gumig (Health Centre) & Maawn Doosh Gumig (Community Centre); and, on the Aamjiwnaang website.
- \* Your completed request form can be submitted in person or email, you may also wish to attach additional documentation and information to support your request (i.e. acceptance letters, budget, personal summary, etc.).
- \* Requests will be reviewed by June Simon, Band Manager, to ensure that the appropriate personnel/department have the opportunity to respond or resolve the request, prior to being placed on the Council agenda.
- \* The guidelines set out above are in place to ensure that the flow of information to and from the Council table is efficient, and that your matter is addressed and resolved in a timely manner.

If you have discussion items for  
Chief and Council on:

**Monday, November 18th, 2019 by 5 PM**

Your information is due by:

**Tuesday, November 12th, 2019 by 3 PM**

Miigwech, for your co-operation and  
understanding.

Lynn M. Rosales, Aamjiwnaang Council Clerk  
[lrosales@aamjiwnaang.ca](mailto:lrosales@aamjiwnaang.ca)

## **COUNCIL AGENDAS**

Presently a copy of the Council Agenda is posted on the front doors of the Band Office and Community Centre.

If you would like to receive an "electronic" copy of the Council Agenda, please send an email to: [pnahmabin@aamjiwnaang.ca](mailto:pnahmabin@aamjiwnaang.ca) providing your name and band number.

Only band members can receive an electronic copy of the Agenda.

Thank you.  
Patrick Nahmabin  
Community Information Officer



**Aboriginal Affairs and  
Northern Development Canada**

**IF YOU DO NOT HAVE THE  
MANDATORY IDENTIFICATION TO  
OBTAIN A STATUS CARD,  
PLEASE CALL: 1-800-567-9604**

- Advise the call centre representative that you want to obtain a Temporary Confirmation of Registration Document (TCRD).
- They will ask a series of questions to confirm your identity and then mail a Temporary Confirmation of Registration Document (TCRD) to you.
- This document will state your registration number and can be used in place of a Status Card to access benefits and services.

**AAMJIWNAANG FIRST NATION**  
**NOTICE TO BAND MEMBERS RE: DISTRIBUTION**  
**FRIDAY, DECEMBER 6, 2019**

**\$735.00 at Maawn Doosh Gumig Community Centre, 1972 Virgil Ave**

**8:45-12:00 PM and 1:00-4:45 PM**

**Eligible Members:** To inform us about births during the year, changes to address or child custody arrangements please call: **Carolyn Nahmabin**, Membership Officer 519-336-8410 ext. 230 or email [cnahmabin@aamjiwnaang.ca](mailto:cnahmabin@aamjiwnaang.ca)

**To ensure payment on Dec.6 changes must be received by Nov.15, 2019**

**Please note:**

- To authorize another person to pick up your cheque, please fill in the form below. The forms are also available at the Band Office or on our website at [www.aamjiwnaang.ca](http://www.aamjiwnaang.ca)
- **For Aamjiwnaang Band members with custody of minor children, proper documentation must be provided; otherwise money will be put in Trust.**
- Any member who wishes to have their distribution mailed must contact the Band Office to update and/or verify their current mailing address.
- Finance Department is **offering Direct Deposit to Canadian Bank accounts only.** If interested, please provide your banking information or a void cheque.
- **Be advised that we will be enforcing the Finance Policy for anyone having an outstanding debt with Aamjiwnaang, and is 3 months or more in arrears. We will be applying the distribution cheque to the outstanding account. No Children's distribution cheques will be held for arrears.**
- Calculation for distribution is based on a percentage of last year's own source funding, such as wind farm, pipeline and increase in revenue account in Ottawa that was not committed to operating Band programs.

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**DISTRIBUTION FORM**

I, \_\_\_\_\_ Band # \_\_\_\_\_ give  
\_\_\_\_\_ authorization to pick up my distribution cheque on my  
behalf.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

**\*\*Please submit a copy of status card with this form**  
Fax to: 519-336-0382 or email: [finance@aamjiwnaang.ca](mailto:finance@aamjiwnaang.ca)

## Medical Travel Drivers

Terry Plain (Monis)	C: 519-402-5535
Sheila Firth	C: 519-383-1073
Christine Plain	C: 519-466-0054
Fenton (Wimpy) Plain	H: 519-491-5248 C: 519-466-8717
Muriel (Toddy) Joseph	H: 519-336-6323 C: 519-312-2403
Ron Simon	H: 519-332-4433
Marion Waters	C: 519-312-5283
Keith Rogers	H: 519-491-8702 C: 519-331-9735

## Wheelchair Accessible Van Driver

Brenda Maness 519-490-8444

## NOTICE - Band Members

RE: Youth Funding Policy / Funding Applications

Chief and Council along with the Community Services Committee have developed a new Funding Policy to help our youth with their Sports, Arts and Recreational activities. This application is for youth to the age of 25 years. The maximum funding is \$800/CA per fiscal year. This maximum will take into consideration LNHL reimbursement and any other recreational funding. Applications can be picked up at the Community Centre or Band Office. For more information please contact the Community Centre – 519-491-2160

## NOTICE – Aamjiwnaang Seniors

RE: Seniors Travel and Recreation Funding

Chief and Council along with the Community Services Committee have developed a new Seniors Travel and Recreation Funding Policy to help assist Seniors with Travel and Recreational activities. This application is for Seniors who have reached the age of fifty-five (55) years and over. The maximum funding is \$500/CA per fiscal year. Applications can be picked up at the Community Centre or Band Office. For more information please contact the Community Centre – 519-491-2160

## How to get Help

Find the right time and place to talk. Be calm, caring, non-threatening. Listen. Talk about the concerns by using facts and accurate information. Encourage the person to see a doctor. Encourage the person to seek professional help.

## Where to Get Help

Emergency 911

Kids Help Phone 1-800-668-6868

Distress Line 519-336-3000

LGBTQ Two Spirited Youth Line 1-800-268-9688 – OR –

Text: 647-694-4275

Bluewater Health Addictions and Problem Gambling: 519-464-4400 ext. 5370

Withdrawal Management 519-332-4673

Women's Interval Home 519-336-5200

Sarnia-Lambton Children's Aid Society 519-336-0623

Westover Addiction Assistance 1-800-721-3232

Windsor Withdrawal Management (detox) 519-257-5225

Grand River Withdrawal Management (detox) 519-749-4318

London Withdrawal Management (detox) 519-432-7241

Lambton Mental Health Crisis Line 519-336-3445

Victim Services Support Line 1-888-281-3665 ext. 5238

Alcoholics Anonymous 519-337-5211

Drug & Alcohol Registry of Treatment 1-800-565-8603

Aamjiwnaang Mental Wellness 519-332-6770

Pregnancy Centre 519-383-7115

Sexual Assault Victims 519-337-3320

Problem Gambling 1-888 230-3505

**For more information or support please call :**

**519-332-6770**

**Aamjiwnaang First Nation Chippewa Tribe-Una Newsletter Entry from NWMO**

**Headline: The NWMO is building on a 16-year history of Indigenous engagement**



**By Greg Plain, Senior Engagement Advisor, Aboriginal Relations, NWMO**

*This is the third of six columns in our second series.*

In the last installment, I talked about how the Nuclear Waste Management Organization (NWMO), where I work, is responsible for implementing Canada’s plan for the safe, long-term management of used nuclear fuel.

I’m proud to say that since its inception in 2002, the NWMO has been walking shoulder to shoulder with Indigenous peoples.

This is manifest in many ways, as illustrated in the yellow diagram below. We have an Indigenous engagement team building relationships in communities, as well as an Indigenous relations team ensuring there are robust policies to guide this work. There is Indigenous representation on our senior leadership team, Board of Directors and Advisory Council.

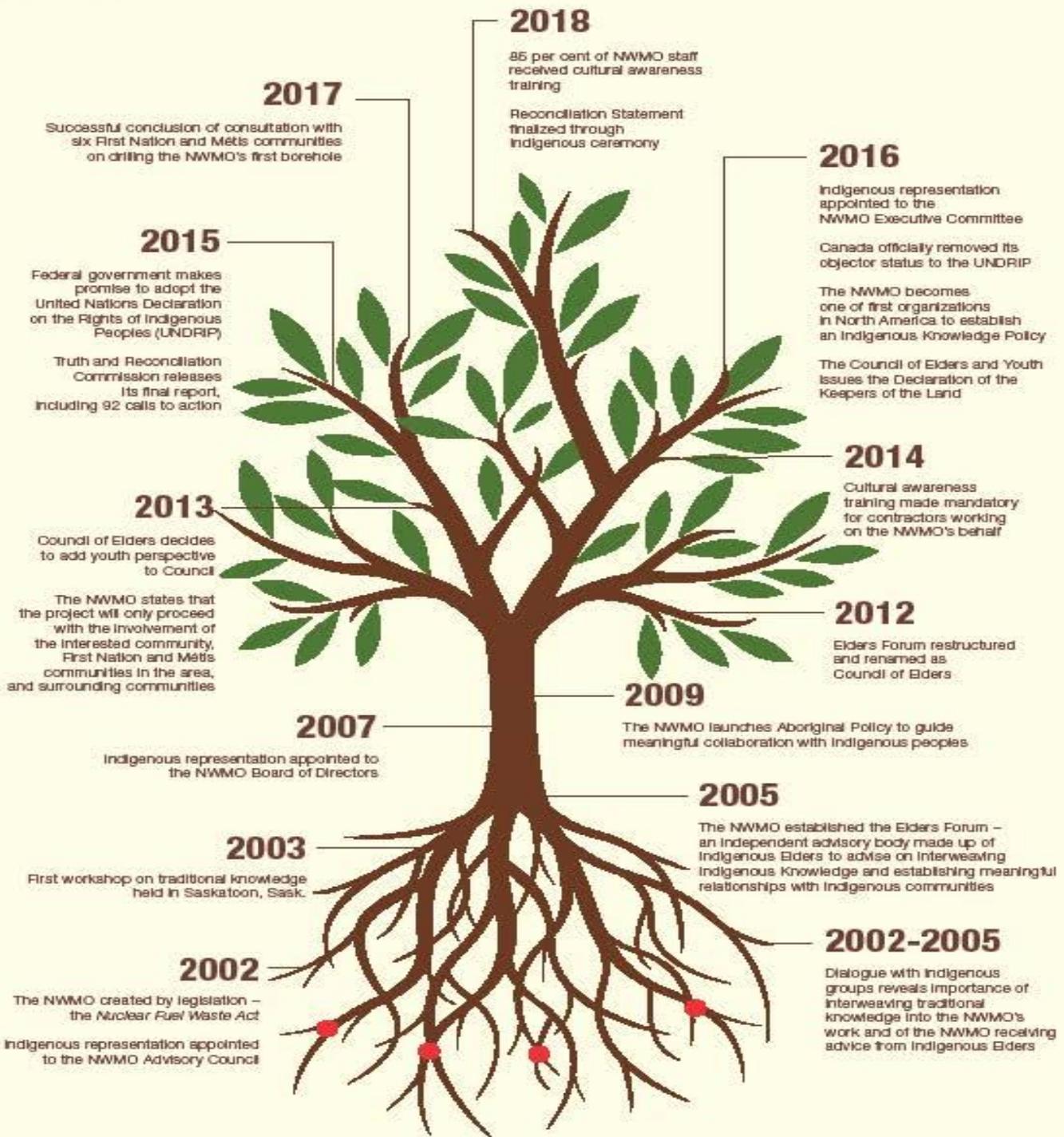
We receive guidance from a Council of Elders and Youth, an advisory body made up of First Nation and Métis Elders and Youth. The emphasis of the council is applying Indigenous Knowledge in implementing APM, and protecting air, land, fire, water, plants, medicines, animals and humans.

In addition, our staff and contractors participate in Indigenous cultural awareness training. All of this is important because it means that Indigenous voices are being heard and Indigenous perspectives are being included as the NWMO implements Canada’s plan.

In my next column, I’ll discuss how our Reconciliation Statement came to be, and what it means. You can always get more information at [www.nwmo.ca](http://www.nwmo.ca), or by contacting us at [askthenwmo@nwmo.ca](mailto:askthenwmo@nwmo.ca). Follow us on Facebook, Instagram and Twitter @nwmocanada.

**Below: This diagram helps to illustrate the NWMO’s commitment to Indigenous engagement.**

# MILESTONES IN INDIGENOUS RELATIONS



**Other points of interest**

Equitable funding programs for Indigenous communities | Equitable funding for community recognition programs | Indigenous Knowledge project funding available to Indigenous communities | Traditional land use and occupancy study funding for Indigenous communities





**Winners of both divisions.**

**Congratulations on your success and in making all of Aamjiwnaang proud!**

**Keep up the hard work!**



# UPDATE

- **LNHL CALL FOR MANAGERS AND TEAMS. ANYONE INTERESTED IN MANAGING A TEAM IN 2020? CONTACT JAMIE OR VERLYNN AT THE COMMUNITY CENTRE AT: 519-491-2160.**
- **60's SCOOP DEADLINE LATE CLAIMS FORM AVAILABLE BEFORE NOVEMBER 28, 2019. GO TO THEIR WEBSITE FOR MORE INFORMATION.**
- **FREE TO A GOOD HOME. HUGE DOG HOUSE. CAN BE PICKED UP AT 1230 TASHMOO. YOU WILL NEED TWO PEOPLE TO MOVE IT...VERY HEAVY AND COMES APART IN TWO PIECES.**
- **TRUNK AND TREAT WILL ONLY BE HELD AT THE COMMUNITY CENTRE IF THE WEATHER IS RAINY AND COLD.**

## MOBILE MARKET

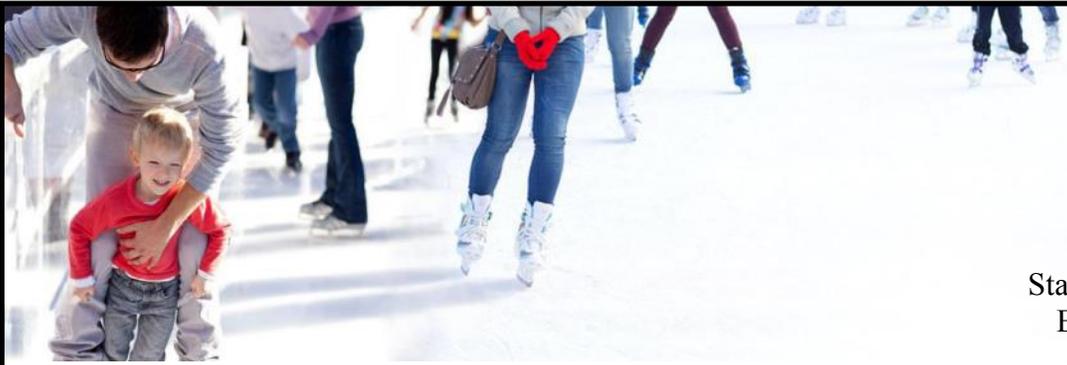


The Inn of the Good Shepherd's Mobile Market has started coming to Aamjiwnaang on Mondays – 12:30 pm – 1:30 pm.

The Health Centre will be offering transportation to those unable to get to this free market. Please call (519) 332-6770 if you need a ride. \*Starting Monday, Aug 22!

Don't forget your bags!

**Every Monday until November (except holidays)**  
**Community Centre Pavilion 12:30 - 1:30 pm**



Starting: October 11, 2019  
Ending: March 20, 2019

## MOORETOWN SPORTS COMPLEX - AAMJIWNAANG SKATE TIMES

Rink	Day	Date	Start Time	End Time
2	Friday	October 25	7:30 PM	8:30 PM
2	Friday	November 1	7:30 PM	8:30 PM
2	Friday	November 8	7:30 PM	8:30 PM
2	Friday	November 22	7:30 PM	8:30 PM
2	Friday	November 29	7:30 PM	8:30 PM

### Chippewa Industrial Developments Ltd.

As a follow-up to our Open House last month, we invite community members to participate in a short questionnaire with a chance to win a gift certificate.

Please call us at 519-336-9053 to answer the following 4 questions. The prize winner will be drawn on November 15<sup>th</sup>.

#### Questions:

- What Corporate Projects are Aamjiwnaang First Nation involved in?
- Where are the Projects located?
- What size are the Projects?
- Where is our next Project located that is currently under construction?

Please call 519-336-9053 to give us your answers and enter your name in the contest.

### Interested in having Anishinaabemowin sent to your email?

### Now you can!

Ojibwe words of the week are currently sent out to band staff along with pronunciation break down and voice clips. Now community members can get access to the words of the week too by signing up with your email. Words are sent out every Monday.

Contact Jessie Plain at the resource building to sign up or call: 519-336-8410.



**AAMJIWNAANG FIRST NATION  
JOB DESCRIPTION**

**Position Title: Band Council Clerk**  
**Department: Administration**  
**Posting Closes/Deadline: November 1st, 2019**

**Job Status: Permanent Full Time**  
**Reports To: Band Manager**

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**Position Summary**

Under the direction of the Band Manager, the Band Council Clerk is responsible for providing day-to-day administrative and clerical support to the Chief and members of Council and to the Band Manager. This position performs a wide variety of administrative support services, all of which contribute to the efficient and professional operation of the Administration department, specifically the Chief's office. It is expected that the incumbent is well organized and possesses excellent time management skills.

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**Duties and Responsibilities**

- Attends staff and Council meetings; prepares agendas; takes and prepares minutes and Band Council resolutions; does follow-up on action items
- Photocopies, sends and receives fax messages.
- Maintains archival filing system for all Band Council items and minutes with the use of iCompass
- Researches and prepares draft correspondence, memoranda and reports
- Schedules requests for appearance at council
- Makes travel and meeting arrangements for Chief and Council
- Responds to telephone and personal enquiries by providing information or directing questioner to appropriate staff.
- Provides highly confidential secretarial services; transcribes, types and files correspondence, memoranda, minutes, agendas and reports using the iCompass database
- Provide general clerical support and administrative assistance as required to the Chief and members of Council
- Performs other related duties as may be reasonably be required

**Other:**

- Other duties as assigned

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**Minimum Requirements**

- Graduation from a post-secondary program in business or office administration
- Advanced clerical and organizational skills; good knowledge of office practices
- Excellent computer skills with demonstrated ability to accurately record and transcribe meeting minutes
- Good interpersonal and public relations skills; adherence to confidentiality



## AAMJIWNAANG FIRST NATION JOB DESCRIPTION

### **Personal Attributes**

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- Be honest and trustworthy
- Be respectful
- Possess cultural awareness and sensitivity
- Be flexible
- Demonstrate sound work ethics
- Demonstrate keen attention to detail, precision and thoroughness

### **Other Considerations**

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Preference may be given to Indigenous candidates or those with knowledge and understanding of Aamjiwnaang history and community.

### **Working Conditions**

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#### Physical Demands

The Band Council Clerk will spend long hours sitting and using office equipment and computers, which can cause muscle strain. The Band Council Clerk will also have to do some lifting of supplies and materials from time to time. Some work is required after office hours and on weekends.

#### Environmental Conditions

The Band Council Clerk is in a busy, open area office and will be faced with constant interruptions and must meet with others on a regular basis.

#### Sensory Demands

The Band Council Clerk must spend long hours in intense concentration. The incumbent must also spend long hours on the computer entering information which requires attention to detail and high levels of accuracy.

#### Mental Demands

There are several deadlines associated with this position, which may cause significant stress. The successful candidate must also deal with a wide variety of people on various issues.

**Application Process:** If you are interested in this opportunity, kindly forward your resume and cover letter via mail or email or fax or in person to (for a copy of the complete job description please email request):

Aamjiwnaang First Nation 978 Tashmoo Avenue Sarnia, ON N7T 7H5

Attention: Deanna Bishop Human Resources Officer Or [humanresource@aamjiwnaang.ca](mailto:humanresource@aamjiwnaang.ca)

Or 519-336-0382 fax

For more information, check us out online at [www.aamjiwnaang.ca](http://www.aamjiwnaang.ca)



**CONTRACT EMPLOYMENT OPPORTUNITY  
AAMJIWNAANG FIRST NATION & NORTH LAMBTON  
COMMUNITY HEALTH CENTRE  
Afterschool Program Leader**



**Employment Term:** Contract = October 15, 2019 to June 26, 2020

**Supervision:** This position will be based out of the Aamjiwnaang Community Centre and under the supervision of the Community Services Coordinator and Health Promotion Team Leader.

**Qualifications:**

- A Degree or Diploma in Health Promotion or Child and Youth Worker or Early Childhood Educator, or a related discipline.
- Experience facilitating programs for children and youth aged 6-13 years.
- Strong communication and group facilitation skills.
- Basic computer skills with proficiency in Microsoft Word, Excel, Power Point and Publisher.
- Access to reliable transportation.

**Responsibilities:**

- Participate in the planning of programs based on needs of children and youth, identifying potential partners, assist with implementing outreach and promotion strategies and assist with evaluating outcomes.
- Develop, facilitate, promote and evaluate the Afterschool Programs.
- Assist supervisor with reporting to Afterschool Program specific funders (i.e. gathering pictures, promotional materials, statistics for interim and year end reports).
- Responsible for maintaining a tracking list of inventory of equipment onsite and offsite.
- Supervise Youth Leaders and volunteers at the Afterschool program ensuring they conduct themselves in a safe and appropriate manner.
- Responsible for gathering and submitting monthly statistics to supervisor.
- Provide a written report to the supervisor monthly regarding monthly activities, for funding requirements.
- Other related duties as assigned.

**Rate of Pay:** \$18.00 per hour plus 10% in lieu of benefits.

Include a cover letter, resume and three references.

**Forward to:** Jodi Peters  
Human Resources Assistant  
North Lambton Community Health Centre  
#3 – 59 King Street West  
Forest, Ontario N0N 1J0  
jpeters@nlchc.com  
Fax: 519-786-3023

**Drop off:** Maawn Doosh Gumig Community & Youth Centre  
1972 Virgil Avenue  
Sarnia, Ontario N7T 7H5



ONE CIRCLE  
**ENTREPRENEURSHIP  
WORKSHOPS**

**8 free sessions for aspiring entrepreneurs**

Learn how to create and run a business, while also establishing contacts to help with success of your business.

October 23rd, 30th,  
November 6th, 13th, 20th, 27th,  
December 4 & a final pitch competition  
January 15th  
5:30 PM - 7:30 PM  
Aamjiwnaang Community Centre  
Refreshments will be provided.

For more information please contact:  
**BARB URLACHER**  
Special Projects Liaison Worker,  
Economic Development Department  
(519) 336-8410 ext. 227

Are you interested in a career in Carpenter Local 1256?

November 5th, 2:00pm to 3:00pm & 6:00pm to 7:00pm a  
Local 1256 representative will be accepting resumes  
and providing information.

Maawn Doosh Guming  
1972 Virgil Ave



### Attention Dental Hygienists

Pending approval, we will be starting a visiting hygiene service in April, two – three days per month. Services include screening, treatments and oral health promotion for children ages 0-7. If you are interested in being considered as our provider, please submit your resume to: [splain@aamjiwnaang.ca](mailto:splain@aamjiwnaang.ca) by November 1<sup>st</sup>. Miigwech.



Biindigan / All Welcome

**CULTURE**  
&  
**Heritage**  
E'MAAWIZIDIJIG

The Heritage and Culture Club invites you to participate in  
planning club (community) activities.

#2019 #Unity #Bimaadziwin

Contact any member or Marina Plain @519-519-0942

Fb: Aamjiwnaang Culture and Heritage

**Transportation to Lambton College Shuttle Service Schedule**

*\* Please be ready 5 minutes before your scheduled pick-up\**

*\*Shuttle will arrive before and wait 5 mins prior to departure time & departs promptly\**

<i>Times are subject to change</i>	Depart	Monday	Tuesday	Wednesday	Thursday	Friday
<b>AM RUN #1</b> (Drop off Only)	Snack Shack	7:25 am	7:25 am	7:25 am	7:25 am	7:25 am
	Community Centre	7:30 am	7:30 am	7:30 am	7:30 am	7:30 am
	Health Centre	7:35 am	7:35 am	7:35 am	7:35 am	7:35 am
	Bus stop (White Cir)	7:40 am	7:40 am	7:40 am	7:40 am	7:40 am
	Band Office	7:45 am	7:45 am	7:45 am	7:45 am	7:45 am
	<b>*NEW TIMES*</b>	<b>Arrive at Lambton</b>	<b>8:00 am</b>	<b>8:00 am</b>	<b>8:00 am</b>	<b>8:00 am</b>
<b>AM RUN #2</b>	Snack Shack	9:40 am	9:40 am	9:40 am	9:40 am	9:40 am
	Community Centre	9:45 am	9:45 am	9:45 am	9:45 am	9:45 am
	Health Centre	9:50 am	9:50 am	9:50 am	9:50 am	9:50 am
	Bus stop (White Cir)	9:55 am	9:55 am	9:55 am	9:55 am	9:55 am
	Band Office	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am
	<b>Arrive at Lambton</b>	<b>10:15 am</b>	<b>10:15 am</b>	<b>10:15 am</b>	<b>10:15 am</b>	<b>10:15 am</b>
	<b>Depart Lambton</b>	<b>10:35 am</b>	<b>10:35 am</b>	<b>10:35 am</b>	<b>10:35 am</b>	<b>10:35 am</b>
	<b>Arrive at Aamjiwnaang</b>	<b>10:50 am</b>	<b>10:50 am</b>	<b>10:50 am</b>	<b>10:50 am</b>	<b>10:50 am</b>
<b>MID-DAY RUN</b> (Drop off Only)	Snack Shack	11:40 am	11:40 am	11:40 am	11:40 am	11:40 am
	Community Centre	11:45 am	11:45 am	11:45 am	11:45 am	11:45 am
	Health Centre	11:50 am	11:50 am	11:50 am	11:50 am	11:50 am
	Bus stop (White Cir)	11:55 am	11:55 am	11:55 am	11:55 am	11:55 am
	Band Office	12:00 pm	12:00 pm	12:00 pm	12:00 pm	12:00 pm
	<b>Arrive at Lambton</b>	<b>12:15 pm</b>	<b>12:15 pm</b>	<b>12:15 pm</b>	<b>12:15 pm</b>	<b>12:15 pm</b>
<b>PM RETURN #1</b>	<b>Depart Lambton</b>	<b>2:05 pm</b>	<b>2:05 pm</b>	<b>2:05 pm</b>	<b>2:05 pm</b>	<b>2:05 pm</b>
	<b>Arrive at Aamjiwnaang</b>	<b>2:25 pm</b>	<b>2:25 pm</b>	<b>2:25 pm</b>	<b>2:25 pm</b>	<b>2:25 pm</b>
<b>PM RETURN #2</b>	<b>Depart Lambton</b>	<b>4:35 pm</b>	<b>4:35 pm</b>	<b>4:35 pm</b>	<b>4:35 pm</b>	<b>4:35 pm</b>
	<b>Arrive at Aamjiwnaang</b>	<b>5:00 pm</b>	<b>5:00 pm</b>	<b>5:00 pm</b>	<b>5:00 pm</b>	<b>5:00 pm</b>

**REGISTRATION:** Please register for the shuttle service by sending your class schedule with contact number as well as emergency contact information to [chenoaplain@aamjiwnaang.ca](mailto:chenoaplain@aamjiwnaang.ca)

**PICK UP & DROP OFF POINTS:**

- Health Centre – Tashmoo Avenue
- Bus Stop – White Circle
- Band Office – Tashmoo Avenue
- Snack Shack – St. Clair Pkwy
- Community Centre – Virgil Avenue
- Lambton College – Pond Entrance

**DRIVER CONTACT:** Arno Yellowman between shuttle hours only 7:20 am – 5:00 pm



COMMUNICATION IS KEY  
Drug, Alcohol & Fragrance-Free Program  
MIIGWECH FROM THE EDUCATION DEPARTMENT

*Revised September 4, 2019*



## AAMJIWNAANG ALTERNATIVE & CONTINUING EDUCATION

The Aamjiwnaang Alternative & Continuing Education Program will work together to take care of the whole person.

We will work in groups and one on one with you as you choose your goal path!

- Cultural pride and independence
- Secondary School Credit
- Postsecondary
- Employment
- Apprenticeship

We will then work with you to help meet your goals through learning that will be relevant to you.

The AACE Program works closely with our onsite Credit Granting Program. Helping community members achieve their OSSD!





FOR MORE INFORMATION CONTACT: EMILY WILLIAMS AT THE RESOURCE BUILDING  
MONDAY-FRIDAY 8:30AM-4:30PM (519) 336-8410 EXT. 285

WE ARE LOOKING FOR SOMEONE TO  
UPGRADE FOR AN APPRENTICESHIP

COME UPGRADE IN GENERAL!

# NEED YOUR GRADE 12 ENGLISH CREDIT?

**JOIN US FOR A NEW  
TEACHER INSTRUCTED CLASS!**

Wednesday's Starting  
October 2, 2019 for 12 weeks  
11:30am - 2:30pm



Location: Aamjiwnaang Resource Centre  
Contact: Emily Williams or Terry Plain at 519.336.8410 ext. 285  
Office Hours: Monday - Friday 8:30 am - 4:30 pm

## E' Maawizidijig Heritage & Culture Club

We are accepting names to join our mailing list. Must be an Aamjiwnaang band member and provide a name of person who referred you.

Each submission will be entered into a draw for a bi- monthly gift card for 50.00. Draws will take place at the end of October , December , February and April 2020 - Chi Miigwetch

To enter, please contact Marina Plain  
mdplain@gmail.com



## Sustainability FUNDRAISER

**50/50**  
Bi Monthly draw  
First draw will be Oct 26

**3 FOR 5.00 OR 2.00 EACH**



**50/50 RAFFLE**  
See a Heritage member for tickets -or-  
Contact Marina Plain  
mdplain@gmail.com

Made with PosterMyWall.com

Are you interested in a career as a  
**Personal Support Worker**

For more information visit us on  
**October 29th**  
**2:00pm - 6:00pm**



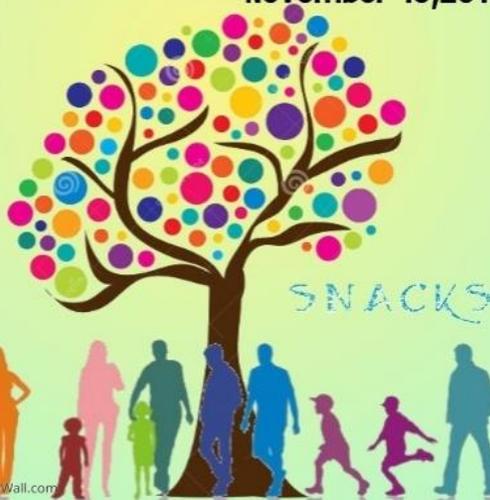
**Maawn Doosh Gumig**  
**1972 Virgil Avenue**

*When we have each other, we have everything*

**FAMILY SUPPORT GROUP**  
**ADDICTION EDUCATION**  
**& SUPPORT**

**5 TO 7 PM AT HEALTH**  
**CENTRE**

**November 5, 2019**  
**November 19, 2019**



Made with PosterMyWall.com



**2<sup>ND</sup> ANNUAL**  
**DIABETES WELLNESS DAY**

**FRIDAY, NOVEMBER 29, 2019 – 9:30 AM – 3:30 PM**  
**MAAWN DOOSH GUMIG COMMUNITY CENTRE**

**GUEST SPEAKERS – CRYSTAL BOMBERRY;**  
**DIABETES WELLNESS WORKER**

**EUNICE HENRY;**  
**TRADITIONAL MEDICINE PRACTITIONER**

**LUNCH & SNACKS WILL BE PROVIDED**

**PLEASE CALL (519) 332- 6770 AND SIGN UP**  
**WITH RECEPTION BY NOV. 22, 2019**





# Jordan's Principle

Do you know a child with a need who cannot access a publicly funded service or program that is available to other children?

## What is it?

Jordan's Principle is a child first and needs-based principle used to ensure that First Nations children, living on and off reserve, have equal access to all public services, devices, and/or programs when they need them

## Social services

Meal programs  
Meals and preparation for special dietary needs  
Specialized summer camp  
Personal support worker

## Education

Assistive technologies and electronics  
Psycho-educational assessments  
Specialized school transportation  
Tutoring services  
School supplies

## Who to Contact

Rachael Simon  
Children's Support Worker  
519.344.4132  
[rsimon@aamjiwnaang.ca](mailto:rsimon@aamjiwnaang.ca)  
Jordan's Principle Call Centre:  
1-855-JP-CHILD (1-855-572-4453),  
open 24 hours a day, 7 days a week

## Health Services

Home support and personal care  
In-home nursing/respite  
All rehabilitation therapy  
Nutritional supplements  
Medical supplies and equipment  
Medical testing  
Addiction services  
Assessment and screenings

## What you need to apply

Child's or Parent's Status Card  
Child's address  
Child's DOB  
Services required and cost  
Letter of supports for service from professional (e.g., counsellor, doctor, teacher, dietician)  
Any supporting documentation (e.g., assessments, IEP, prescriptions)



# JOIN US!



## *Nurturing the Seed* relationships matters

*Nurturing the Seed* is a resource that was developed by Infant Mental Health Promotion with the guidance of Elders and Indigenous advisors.



Provides families with everyday activities to help your little one grow and learn to be happy and healthy in **Heart**, **Mind**, **Body** and **Spirit**, by supporting the parent/caregiver **relationship** with their young child.

### CONTACT:

Rachael Simon

Children's Support Worker

Aamjiwnaang Binoojiinyag Maagewgamgoons

1900 Virgil Ave, Sarnia, ON N7T 8E5

T: 519-344-4132 x28 | F: 519-344-6956

rsimon@aamjiwnaang.ca

## ABOUT THE PROJECT

Your community leaders from **Aamjiwnaang First Nations** are excited about it and want to understand if the activities will help young children grow and learn in your region.

## WHAT IS THE PROJECT?

With your permission, a staff member will meet with you and your child and will complete the **Ages and Stages Questionnaires (ASQ)**.



## WHY SHOULD I PARTICIPATE?

- Your child will get a plan to support their growth and development
- Your community will learn more about the well-being of its youngest children and their families.

As a **thank you** for participating, you will receive a total of **\$50** worth of gift cards.

THE AAMJWNAANG HEALTH  
CENTRE

22  
NOV

Gift card  
for each  
participant!

# BREAST CANCER

*Group Screening*

A mammogram is a safe, quick, effective way to spot early signs of cancer. Breast cancer occurs most often in women 50-74 years of age. That's why its so important to get screened with a mammogram - even if you feel well.

WHARF LUNCH 12PM | BLUEWATER HEALTH 1PM - 3PM

To sign up please contact Heather or Roberta at 332-6770.

You must be between the ages of 50-74 and not screened last year.

Limited to 10 participants. Transportation available.

Made with PosterMyWall.com

## Cancer Screening Campaign

Did you go for a routine screening and have cancer detected?

We are looking for community members who are willing to write a few sentences about their screening process in hopes to encourage more community members to be screened.

The campaign will take place the entire month of October



If interested please, contact Heather at the Health Center 519-332-6770 ext 305

# Flu Shot available now

The Flu Vaccine Protects Me  
The Flu Vaccine Protects You

- The flu vaccine is safe. You cannot get the flu from a flu vaccine.
- Pneumonia and flu are a leading cause of death among Native elders.
- Please get a flu vaccine each year to protect you and your family.

Call the Health Centre at (519) 332-6770 to book your flu shot appointment.

### Aamjiwnaang & Twin Bridges

## NURSE PRACTITIONER CLINIC

**DO YOU NEED A FAMILY DOCTOR? ARE YOU LOOKING FOR A CHANGE?**

#### Aamjiwnaang Health Centre hours:

**Monday** all day  
**Wednesday** afternoon  
**Thursday** all day

Accepting new patients from Aamjiwnaang, including community members and families.

To register or book an appointment, please call the Health Centre at 519-332-6770.



**Twin Bridges**  
Nurse Practitioner-Led Clinic

# TOBACCO Cessation

## 6-Week Program



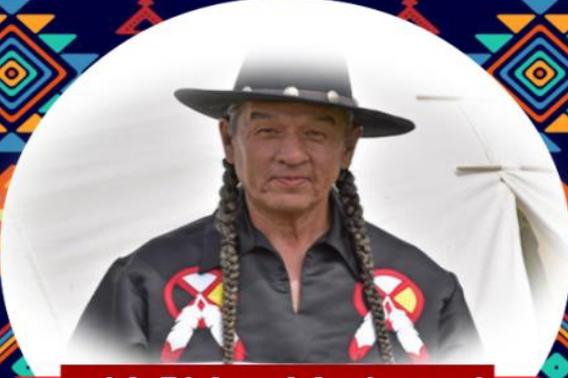
This is a no pressure, non-judgemental support program designed to assist you with reducing or quitting smoking. If you are interested please call the Health Centre to sign up.

**WEDNESDAY'S  
OCTOBER 23RD - NOVEMBER 27TH  
NOON  
AAMJIWNAANG HEALTH CENTRE**

Lunch will be provided. Please call the Health Center at 332-6770.

Made with PosterMyWall.com

# FASTING



**with Richard Assinewai**

**NOVEMBER 12TH**  
**9AM - 12PM**

Following the workshop Richard will be available for one on one sessions. If you would like an appointment or if you would like to sign up for the workshop please call the Health Centre at 332-6770.

## AAMJIWNAANG'S Coat Drive

**OCT28 - NOV5**

**DROP OFF-LOCATION:**  
AAMJIWNAANG HEALTH CENTRE  
1300 TASHMOO AVE

Help keep someone warm this winter by donating winter coats, hats, mitts, and boots that are in good usable repair. Other items will not be accepted. Please watch for upcoming Community Giveaways.

**Coat Giveaway**  
November 7th  
9am - 12pm  
4pm - 6pm

For Info: 519-332-6770 EXT.313



**Aanii/Boozhoo,**

My name is Elizabeth Cronk and I am the new Community Care Nurse Case Manager. I am a registered practical nurse and I have experience working in the home care and community setting as a visiting nurse and clinical supervisor.

I am looking forward to caring for our community members and building friendships.

If you have any questions or concerns, please call 226-349-4222 or the Health Centre 519-332-6770.

See you out in there!

## Seniors 65+

### ODB/NIHB Update



Non-Insured Health Benefits will cover the \$100 deductible for the Ontario Drug Benefit program for those 65+. Ask your pharmacist to send the paperwork to Non-Insured for coverage.

**HAVE YOU BEEN ASKED TO PAY A DEDUCTIBLE OR A CO-PAY BY YOUR PHARMACIST?**

For more information call NIHB:  
**1-800-640-0642**

Or contact the Health Center:  
**519-332-6770**

Made with PosterMyWall.com

COLOURING PAINTING CRAFTS

**ADULT STRESS RELIEVER  
DROP IN**

Tues Oct. 29 - 1 pm-3pm  
Thurs Nov. 14 - 2 - 4 pm

HEALTH CENTRE

*Aamjiwnaang Health Centre* Refreshments will be available.  
Call Natalie at (519) 332-6770 for more info.

**COOK & LEARN  
'MEALS FOR ONE (OR TWO)'  
THURS. OCT. 31/19  
AT 10 AM - NOON**

JOIN US FOR A COOKING CLASS FOR THOSE WHO WANT TO LEARN HOW TO PREPARE HEALTHY 'MEALS FOR ONE'. THIS CLASS IS FACILITATED BY SARAH KIDD, DIETITIAN.

PLEASE CALL THE HEALTH CENTRE AT (519) 332-6770 TO SIGN UP!

**MEN'S COOKING CLASS**  
AAMJIWNAANG HEALTH CENTRE

**TUESDAY, Nov. 12/19 - 12:30 PM - 2:30 PM**

OPEN TO COMMUNITY MEMBERS. IF INTERESTED, PLEASE CONTACT HEALTH CENTRE AT (519) 332-6770. TRANSPORTATION PROVIDED IF NEEDED.

**Aamjiwnaang Food Bank**

Wishes to thank the  
**Friday Night  
Aamjiwnaang Golf League**  
For their very generous donation  
of canned/dry goods to the  
Aamjiwnaang Food Bank as well  
as the financial donation!  
*Miigwech to all who donated!*  
**Very much appreciated!**



## PRIMARY CARE

with the Nurse Practitioners

**NOW AVAILABLE 2.5 DAYS PER WEEK!**

Call Aamjiwnaang Health Centre to book your appointment or register as a new patient.



Assessment



Diagnosis



Treatment

Media with DoctorMyWell.com




## HEALTHY NEW YOU! EXERCISE CLASS

EVERY TUESDAY (STARTING SEPT. 17/29) AND THURSDAY – 10:30 AM – 11:30 AM

HEALTHY REFRESHMENTS (WATER & FRUIT) AVAILABLE.

**'HEALTHY NEW YOU' EXERCISE CLASS**

COME EXERCISE TO PROMOTE WELLNESS, PREVENT DISEASE/ILLNESS & FEEL BETTER TO BE RID OF ACHES & PAIN

AAMIJWNAANG COMMUNITY CENTRE – EXERCISE ROOM – PERSONAL TRAINER, WILL OFFER ONE ON ONE TRAINING!




## KETTLE BELL CLASS

(ADULTS 16 +)

Tuesday evenings – 5:00 pm – 6 pm

At the Community Centre

Come out for an hour, only 1-hour of an awesome cardio and weight exercise program which enhances and strengthens all your muscle groups (including your heart!)

Do your body and your health a favour to get fit and stay fit!

AAMIJWNAANG HEALTH CENTRE

FOR INFORMATION, CONTACT NATALIE AT (519) 332-6770



## Fall & Winter Clothes/Books Giveaway!

Sat. Oct. 26/19 – 10 am – 1 pm

Community Centre Banquet Room

We are having another Seasonal Giveaway, so gather fall/winter coats, winterwear, warm clothes that you'd like to get rid of! We are also asking that if you have books to get rid of, bring them in!

Small household items are still welcome as well!

Bring in bags (for people to bag up) and we ask that you set up your things on tables provided. (You don't have to stay).

Bring your donations to the Banquet Room at 9 am to set up.

We donate what's left over to the Inn of the Good Shepherd.

For further information, contact Natalie at the Health Centre (519) 332-6770.






Our interactive, practical workshops support suicide prevention initiatives all over the world. Virtually anyone can learn the skills to save a life, and more than 1,000,000 people have attended since 1983. With a variety of workshops to suit all needs, there is a program for everyone who wants to help.

ARE YOU INTERESTED IN LEARNING HOW TO HELP SOMEONE AT RISK OF SUICIDE?

ASIST Suicide Intervention Training

**November 21—22, 2019**

Maawn Doosh Gumig Community Centre

8:30am—4:30pm

Please call to register.

519-332-6770

Seats are limited



**NATIVE WIND CONSULTING**

# UPCOMING MEN'S WELLNESS

**SEP  
9**

DINNER, CRAFTS & CONVERSATION  
6-8 PM

**SEP  
23**

DINNER, CRAFTS & CONVERSATION  
6-8 PM

**OCT  
7**

DINNER, CRAFTS & CONVERSATION  
6-8 PM

**OCT  
21**

DINNER, CRAFTS & CONVERSATION  
6-8 PM

**NOV  
4**

DINNER, CRAFTS & CONVERSATION  
6-8 PM

Transportation available please call the Health Centre at 519.332.6770  
**Maawn Doosh Gumig**

## FYI – Lambton Elderly Outreach:

### Announcement

#### RESPITE SERVICES\* New Pricing\*

Effective February 1<sup>st</sup>, we can offer reduced rates for Respite Services. New decreased rates: \$10.00 per hour for up to 30 hours per month. Additional hours are available at our Personal Support Services rate of \$20.00 per hour. If you are needing help with Respite Services, please feel free to contact us at:

*Lambton Elderly Outreach*

*Monday to Friday 8 – 4:30 pm*

*1-519-845-1353*



Canadian Mental  
Health Association  
Lambton Kent  
Mental health for all

Association canadienne  
pour la santé mentale  
Filiale de Lambton Kent  
La santé mentale pour tous

## Mental Health Support

With Jessica Joseph, RPN

**Monday - Friday**

**8:30 am – 4:30 pm**

**Aamjiwnaang Health Centre**

*Walk-In and Appointment's Available*

*Call the health center at 519-332-6770 Ext 325*

*Seniors of Aamjiwnaang  
News & Updates...*

**55 & over: Program updates  
will be posted here!**

## Congregate Dining Menu for September & October, 2019

Date Main and Side Dish Veggies Grain Dessert

Assorted Sandwiches & Soup

30/10 (Beef Barley & Cream of Broccoli)



Asst Veggies & Dip



Carrot Cake



**Seniors +55  
November 14, 2019  
Dinner @ 5 pm  
Stokes Inland**

**Movie will be of your choice  
that evening  
You must sign for  
each thing item...**

**Limited space - must contact Becky Adams**

**519-332-6770 ext#312**

## Senior Game Night Begins



**Senior Game Nights are as followed  
Every Mondays  
November 18 & 26**

**Where you ask? - Seniors Building  
What time you ask? 6—8pm  
Come on out for socialization  
with some cool peeps and have  
coffee and snack**

**Sorry for any inconvenience for  
missing Game Nights, as I am working  
along side the Mental Wellness Team  
with the affects of Residential School.  
So please keep an eye out for flyers  
of upcoming events.**

**Thank you—Sincerely Becky Adams**

# ONLY FOR SENIORS 55+

## THE AUSTRALIAN BEE GEES SHOW

A TRIBUTE TO THE BEE GEES



# Friday November 1, 2019

### **Limited tickets available**

**Please contact Becky at**

**519-332-6770**

**If not there leave message on date/time and phone number when you have called ... I will contact you if you have made it on the list, and you can come pick up tickets directly from me in the office.**

**Deadline is October 28, 2019**

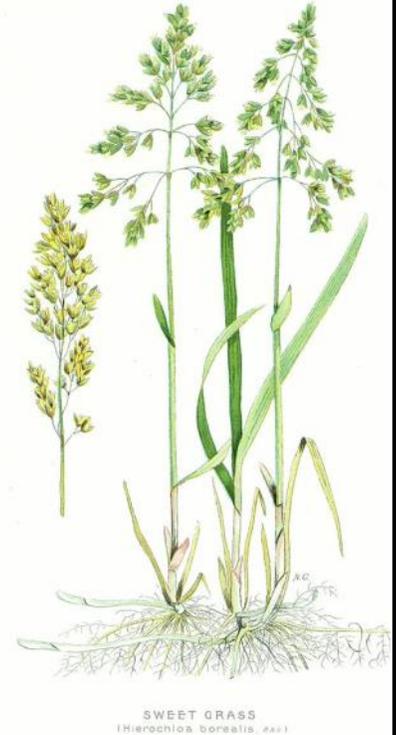
# Traditional Medicine with Ron Sands

**November 9, 2019  
Community Centre  
Banquet Room  
9-2 pm**

**Come on out a learn how  
to make a salve**

**Calling all Seniors - 55 +  
Dinner is provided**

**Contact Becky to sign up  
519-332-6770**



## SENIORS 55+



# SAT. NOVEMBER 16

## Cedar bath foot soak & sound meditation

Niimi Manidoo Consulting – Self Care Workshop  
Come and join us for a nice cup of cedar tea and a soothing foot soak! Sound Healing techniques with our traditional hand drum and rattle will be used to catalyze your meditation by removing and releasing blockages and returning you to your natural vibration, with a traditional smudging session to start.

**Some Benefits of a Cedar Bath Foot Soak Sound Meditation Include: \*Reduces Stress and Anxiety \*Promotes Emotional Health and Wellbeing \*Enhances Self-Awareness**

Where: Health Centre

---

Start Time: 10:00AM

---

Please call to register!

---

Come and join us for  
some self care and a  
nice cup of cedar tea!

---

Lunch Provided

Home and  
Community  
Care  
Contact Becky  
Adams  
519-332-6770

# CROSSWORDS

## Across

- 1. Male sheep
- 5. Talented
- 9. Directional symbol
- 14. Impresses greatly
- 15. Ogle
- 16. \_\_\_\_ Witherspoon of "Just Like Heaven"
- 17. Gold fabric
- 18. Brainstorm
- 19. Syrup tree
- 20. Expert
- 21. Writing tables
- 22. Goad
- 23. Actor Charlton \_\_\_\_
- 25. Sit for an artist
- 27. Opposer
- 31. Distress call
- 34. Fall bloom
- 37. Declaration
- 39. Mets' old stadium
- 40. Flat surface
- 41. Indian of Peru
- 42. Holiday hunter's prize (2 wds.)
- 44. Poker stakes
- 45. CIA employee (abbr.)
- 46. St. Louis's state
- 48. Purple fruit
- 50. Sneeze need
- 54. French cheese
- 56. Smell
- 59. Fourth mo.
- 60. Pass on
- 62. VIP's car
- 63. Besides
- 64. Over
- 65. Bullring cries
- 66. Employed
- 67. Calendar numbers
- 68. Camper's home
- 69. Fence entrance

1	2	3	4		5	6	7	8		9	10	11	12	13
14					15					16				
17					18					19				
20				21						22				
23			24						25	26				
			27			28	29	30				31	32	33
34	35	36			37					38				
39				40						41				
42				43						44				
45				46					47					
		48	49						50			51	52	53
54	55					56	57	58				59		
60					61	62					63			
64						65					66			
67						68						69		

## Down

- 1. Designer \_\_\_\_ Lauren
- 2. In the know
- 3. Office notes
- 4. Compass direction (abbr.)
- 5. Foreigners
- 6. Garden plots
- 7. Onionlike veggie
- 8. Ages
- 9. Branch
- 10. Gathers crops
- 11. Symbolize
- 12. Nordic capital
- 13. Unwanted plant
- 21. Performer
- 24. Trick or \_\_\_\_!
- 25. Tennis's \_\_\_\_ Sampras
- 26. Raw metal
- 28. The British \_\_\_\_
- 29. Does' mates
- 30. Latin dance
- 32. Single time
- 33. Terminals (abbr.)
- 34. Between ports
- 35. Thick carpet
- 36. Aircraft's first aviator (2 wds.)
- 38. Short skirts
- 40. Very proper
- 43. Outback bird
- 44. Diva's offering
- 47. Ultimate
- 49. Take off
- 51. Chip dip
- 52. Troubled
- 53. Wear down
- 54. Actor \_\_\_\_ Pitt
- 55. Songstress \_\_\_\_ McEntire
- 56. Very many (2 wds.)
- 57. Work up
- 58. Sign
- 61. Sure!
- 63. Summer mo.

CROSSWORD SOLUTION FOUND WITHIN THE TRIBE-UNE NEWSLETTER



# Fall Feast & Clan Teachings

**OCTOBER 26**

**Time: 11 - 2**

**Location: Maawn Doosh Gumig**

Everyone Welcome  
Turkey Dinner provided  
Guest Speakers:  
Clans: Cecil Isaac  
Family Tree: Diane Aiken  
Turkey Dinner provided  
Door Prizes  
Book Giveaway  
Community Event

**\*iPAD DRAW \* 50/50 \*Free Door Prizes**

**Side dish donation welcome**

**C u l t u r e & H e r i t a g e C l u b**

# Maa jtaadaa

( Let's start speaking Ojibwe)

## Anishinaabemowin interactive Sessions

With Gordon Paquette

Saturday November 9th & 23rd  
10 am - 12 pm

**Aamjiwnaang Community Centre**

You're Invited to come and join in some interactive games in  
ojibwe. This is open to all ages, fun for the whole family!  
Practice our language; while having some laughs!

- > Family Time
- > Fun Interactive Games
- > Learning our Ojibwe Language!

### WHO'S THIS FOR? EVERYONE!

Please call Sophie or Becky to sign-up at  
the community centre 519-491-2160



# Aamjiwnaang

## Environmental Health Information Sharing Day

### HIGHLIGHTS

- Cancer Risk Associated with Outdoor Air Exposure in AFN
- Digital Storytelling
- Birth Ratio Update
- Water Testing for 100+ chemicals
- Summary of past projects
- ...and more

*Craft table*

*Bouncy Castle*

*Facepainting & Balloons*

*Door prizes*

NEW  
DATE

**NOVEMBER 2**

**MAAWN DOOSH GUMIG**

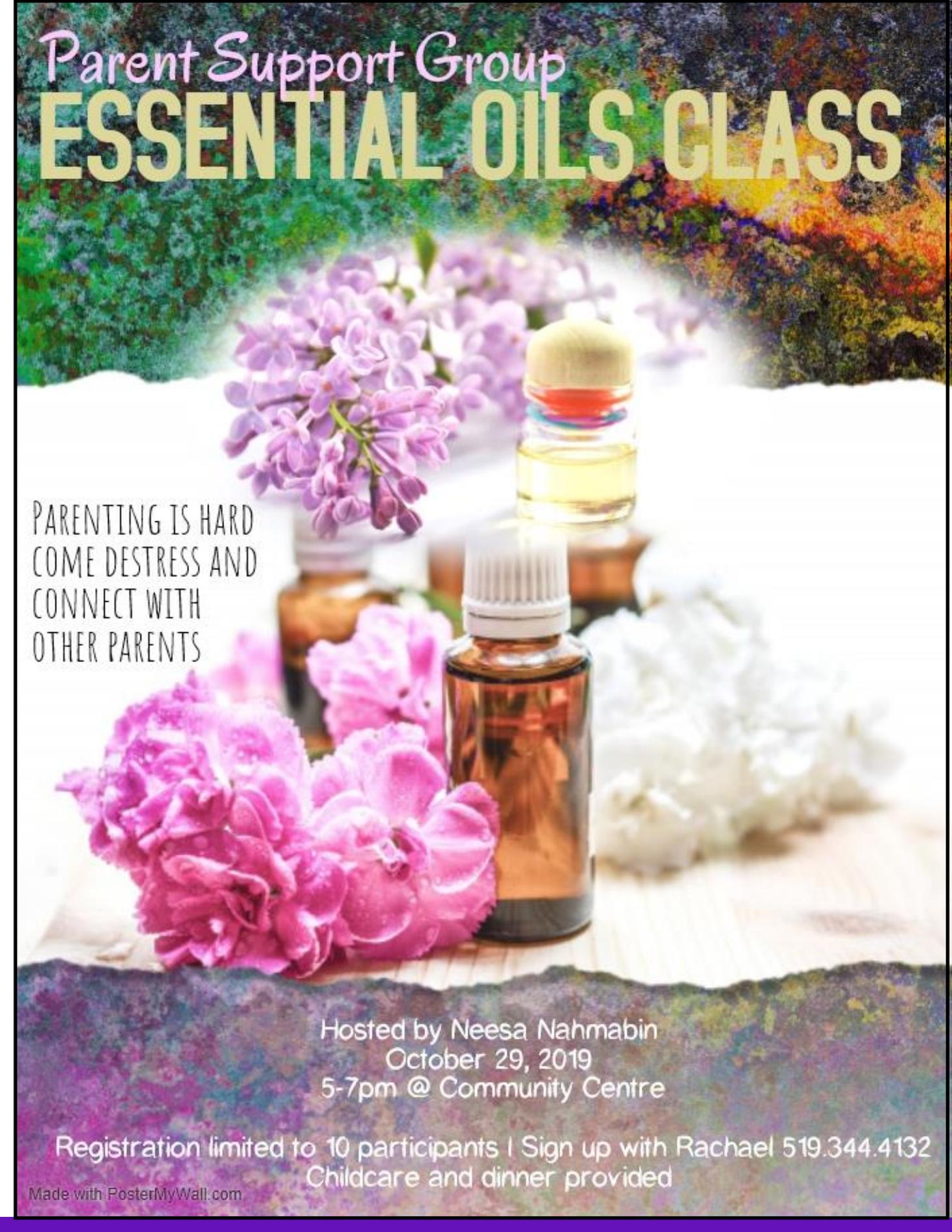
**DROP IN: 10:00AM - 2:00PM**

**LUNCH STARTS AT 11:00**

### NEW FINDINGS, RECOMMENDATIONS, CURRENT & NEW PROJECTS

Project funding provided by the Canadian Institutes of Health Research with support from Cancer Care Ontario Indigenous Cancer Control Unit and CAREX Canada. For more info call the Health Centre 519-332-6770.





Parent Support Group

# ESSENTIAL OILS CLASS

PARENTING IS HARD  
COME DESTRESS AND  
CONNECT WITH  
OTHER PARENTS

Hosted by Neesa Nahmabin  
October 29, 2019  
5-7pm @ Community Centre

Registration limited to 10 participants | Sign up with Rachael 519.344.4132  
Childcare and dinner provided

Made with PosterMyWall.com



It's the annual Pumpkin Smash, so get ready for a monster mash dance! And don't forget, scare up a fright costumes are a must on this night!

**Wednesday, October 30th**

**5:00 - 7:00 pm**

Maawn Doosh Gumig  
Community Centre

Come join us for some  
music and treats!



It is that time of the year again. When all the little ghouls and goblins of Aamjiwnaang Day Care and Pre-K will be Trick or Treating!

The kindergarten and P2 will start their tour on Wednesday, October 30th. The kindergarten and P2 (34 kids) will first head to the Band Office (9:45 am), Health Centre (10:30 am) and then The Community Centre (11:00 am)

The infants, toddlers, and P1 (23 kids) will head to The Community Centre approx. 11 am. **57 children** will be coming to the Community Centre.

For more information call Leanne at: 519-344-5831

Please join us for

*PD Day*

**FUN**

Fun activities  
Bouncy House and slide  
Lunch

**FRIDAY, OCTOBER 25, 2019**  
**10AM - 2PM**

Maawn Doosh Gumig Community Centre GYM

A circular logo for the organization, featuring a stylized figure and text.

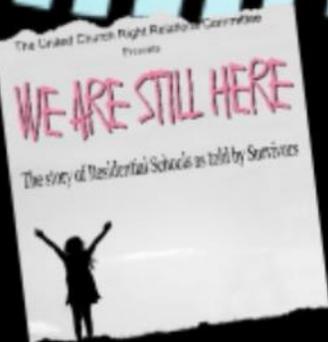
Trauma Education Series

# IT'S FILM TIME!



MAAWN DOOSH GUMIG  
Community Centre

**PARENTAL  
ADVISORY**  
EXPLICIT CONTENT



A great selection of must see films

Sept. 30th **WE'RE STILL HERE**

Oct. 21st **AFTERSHOCK**

Nov. 4th **WE WERE CHILDREN**



*Light snacks & refreshments available*



Please be advised content may be too strong for children; 16 and under **MUST** be accompanied by an **ADULT**.

# NAAW



## 2019 National Addictions Awareness Week

### Call for Nominations

The 2019 NAAW Committee would like to announce a call for nominations for the following awards:

#### ***“Bertha Adams Award for Living the Good Life”***

To be eligible one must live a healthy lifestyle, experience a life altering change of overcoming addiction. Must be the age of 26 or older.

#### ***“Peggy Bird Award for Youth Living the Good Life”***

This award is for those ages 13—25. To be eligible the nominees must abstain from substances; exhibit excellent attendance at school or have graduated, and must be involved in the community.

To nominate a candidate please write a paragraph or two explaining why you believe your nominee should receive the award. You can email the submission to [tgeorge@aamjiwnaang.ca](mailto:tgeorge@aamjiwnaang.ca) or drop it off at the Health Centre.

**DEADLINE: NOVEMBER 4th @ 4:00PM**

We will be presenting the awards at the NAAW Breakfast. Please feel free to call if you have questions or concerns.

519-332-6770

**N.A.A.W**  
**Chief & Council**  
**BREAKFAST**

Sunday November 17

Opening prayer & Breakfast at 8:30AM

Recovery Recognition to follow

**Recovery Recognition**  
 Maawn Doosh Gumig Community Centre

**NAAW**  
**National Addictions Awareness Week**

**DIABETIC SUPPORT GROUP**

**Let's Talk Stigma**

November 18, 2019  
 9:30 - noon  
 Aamjiwnaang Health Centre

**NAAW**  
**National Addictions Awareness Week**

NO ONE is ever too broken, too scarred, or too far-gone to create change. Never stop fighting. Never lose faith.

**RECOVERY DINNER**

Tuesday, November 19, 2019  
 5PM - 8PM  
 Maawn Doosh Gumig Community Centre

**STOP STIGMA**

**NAAW**  
**National Addictions Awareness Week**

**WE ARE SO PROUD OF YOU!**  
**STOMPING OUT STIGMA**

**Dinner and CONVERSATION about Vaping**

**Girl's Group**  
 November 20, 2019  
 5PM - 7PM  
 Aamjiwnaang Health Centre

**NAAW**  
**National Addictions Awareness Week**

**NOV 21**

NAAW National Addictions Awareness Week

**DINNER & a SHOW**

FEATURING ARTISTS:  
**Brother's Wilde**

**Dinner starts at 5PM; Music starts at 6**

**Maawn Doosh Gumig Community Centre**

Please call 519.332.6770 to sign up!

**NOV 25**

**5 PM - 8 PM**

**BLANKET EXERCISE**

The blanket exercise is an interactive educational program that teaches the history of indigenous peoples in Canada. Dinner will be provided. Please call to sign up at 519.332.6770.

**MAAWN DOOSH GUMIG COMMUNITY CENTRE GYM**

NAAW National Addictions Awareness Week

Made with PosterMyWall.com

## **Dago Maajiigoog Binoojiinyag Parenting Topic: Cannabis-What Do You Need To Know For Your Children**

**Presentation by Tracey George**

**Thursday, November 28, 2019; 10:00 a.m. to noon**

**Maawn Doosh Gumig Community Centre**

**This is part of the N.A.A.W. information sessions.**

**All community members are welcome to join us for the discussion**

# Community Soup Social

Thurs. Nov. 14/19  
at Noon  
Aamjiwnaang Health Centre

## Seniors & Youth Dinner & Play

19 Seniors/19 Youth

One Senior/One youth Youth Ages 10 - 18

Thursday  
November 28,  
2019

Meet for  
Dinner at Tang's  
6:00  
Imperial Theatre  
Show starts at  
7:30

Must attend both Dinner & Play  
(Tickets are purchased ahead of time) (Transportation is Available.)

Please Call Valerie at the Community Centre-519-491-2160  
Please leave a message with date, time and names.

# CREATIVE NATIVE

October 2, 9, 16, 23, 30  
from 10AM - 12PM  
Maawn Doosh Gumig  
Community Centre

*Come make a beaded poppy  
with  
Lisa Williams*

*We Will Remember Them*

## AAMJIWNAANG HEALTH CENTRE Chef's in Training' Program

# Kids Cooking Classes

We are offering this valuable cooking program to our future 'Chefs' in the community to join us for 5 weeks to participate in and learn healthy cooking skills!

**Starting Wed. Oct. 16/19 – 5 – 7 pm to Dec. 4/19**

Kids ages 5 – 12 as well as parents, are encouraged to sign up by calling The Health Centre at (519) 332-6770. Deadline is Friday, Oct. 11/19.

# WILLARD WILLIE WILLIAMS



Contact Maureen (Mo) Young on Facebook or Willie at 519-332-6771 or 519-384-1957 willie@cogeco.ca



## Shipshewana & Lansing Shopping

### & Clint Black

May 13-15, 2020

Coach Bus, Shipshewana & Lansing Shopping - Clint Black Concert & Dining and 2 Nights at Travelodge Sturgis (2 Double Beds)  
 4 in a Room \$280 US or \$390 CDN  
 3 in a Room \$290 US or \$410 CDN  
 2 in a Room \$315 US or \$440 CDN  
 Single is \$390 US or \$550 CDN  
 \$100 US or \$140 CDN secures your spot with remainder due March 30, 2020.

**US Residents can Call PREFERRED CHARTERS at 1-810-982-7433**

📞 519-384-1957  
 🏠 519-332-6771  
 ✉ willie@cogeco.ca  
 📘 Willie's Adventures  
 🌐 <http://williesadventures.ca>

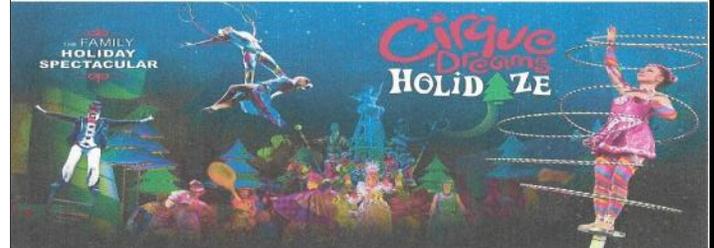


## WILLIE'S ADVENTURES

Having Fun Safely

### Willie Williams

1874 St. Clair Parkway  
 Sarnia, ON, CANADA N7T 7H5  
 Cell: 519-384-1957  
 Home: 519-332-6771



Sunday December 15th at 6:00 PM

**\$120 US or \$170 CDN**

Limo Coach Bus, Floor Ticket (Sec.F5) and stopping at the Brass Rail Port Huron. Limo leaves at 2:30 PM Bad Dog Corunna and Boulevard Grill, Sarnia at 3:00 PM. Soft sided coolers allowed, stopping at Walsh's Party Store. \*\*\*ONLY 30 TICKETS\*\*\*



Tuesday Jan. 7th - 7:30 PM

Coach Bus and Lower Level Ticket  
 \$190 CDN or \$140 US

Coach leaves Bad Dog Corunna at 3:30 PM and Food Basics Sarnia at 4:00 PM.



## Boston Bruins vs Detroit Red Wings

Sunday, Feb. 9th at 12:30 PM

\$160.00 US or \$225 CDN - Lower Level - Coach Bus & Ticket

Bus leaves Bad Dog, Corunna at 7:30 am and Food Basics at 8:00 am SHARP. Small Soft Sided Coolers Allowed "NO STYROFOAM" stopping at Walsh's.

## DETROIT LIONS FOOTBALL

Thurs (THANKSGIVING) - November 28th - 12:30 PM

Chicago Bears vs Detroit Lions

\$200 US or \$280 CDN

Bus leaves Bad Dog Corunna 7:30 am SHARP and the Moose Lodge, Sarnia 8:00 am SHARP. We will be stopping at Walsh's Party Store Soft Sided Coolers Allowed. NO STYROFOAM COOLERS. Contact Willie at 519-332-6771, 519-384-1957 or at willie@cogeco.ca Ticket's also can be purchased at Preferred Charters 1-810-982-7433



COBO CENTER

Feb. 28 - Mar. 1, 2020

[www.autorama.com](http://www.autorama.com)

Cobo Center, Detroit Michigan  
 Saturday Feb. 29th

**\$60US or \$85CDN Per Person**

Includes: Ticket, Preferred Coach Bus, and Goody Bag. Bus leaves Bad Dog Corunna at 7:30am SHARP and Food Basics at 8:00 amSHARP.



National League Lacrosse at KeyBank Center, Buffalo N.Y.

Featuring Aamjiwnaang's - Kyle Jackson

**HALIFAX THUNDERBIRDS**

VS

**BUFFALO BANDITS**

Saturday December 28th at 7:00PM

**\$95 US or \$135 CDN Per Person**

Coach Bus and Lower Bowl Ticket  
 Coach Bus will leave Bad Dog Corunna at 1:30 PM and Food Basics at 2:00 PM  
 Soft Sided Coolers Allowed.

All language levels welcome!

# AABJITON ANISHINAABEMOWIN

(Use the language)  
**WITH HELEN ROY**

Come listen and engage in Ojibwe language lessons with Helen Roy for the day!  
Thursday November 28, 2019  
or  
Friday November 29, 2019  
Maawn Doosh Gumig  
Aamjiwnaang First Nation  
9:00am-4:00pm  
Lunch provided

Hosted by the Aamjiwnaang Education Department.  
To sign up call Jessie Plain @519-336-8410 in the Education Department @ the Band Office.

**CALL OUT TO Aamjiwnaang & Community members WHO HAS MADE A DRUM IN THE PAST.**  
Please join us in feasting your drum & learn a song or two.

**FEASTING  
the  
DRUM**

**CELEBRATION**  
**5PM - 7PM**  
**November 5, 2019**

**BRING YOUR DRUMS**

Please call the Health Centre to sign up 519.332.6770  
**MAAWN DOOSH GUMIG COMMUNITY CENTRE**

## Dago Maajiigoog Binoojiinyag

Baashkaakodin Giizis-Freezing Moon  
November 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Nurturing the Seed/ Fall craft 12:00-4:00 Bow and Arrows teaching (Gym) 4:30-7:30	5 Finger print Poppy craft 9:00-1:00	6 Literacy Fun 12:00-4:00 Literacy with Stephanie 4:30-7:30	7 Play group / Scrap booking 9:00-1:00	8	9 Interactive Anishinaabemowin 10:00-12:00
10	11 <b>Closed Remembrance Day</b>	12 Make a bird Feeder & Nature Walk 9:00-1:00	13 Pancake and Pj & Movie 12:00-4:00 4:30-7:30	14 Reading Pillows (Simple Sewing) 9:00-1:00	15	16
17 NAAW Week	18 Come dressed as your favorite Super Hero & Princess 12:00-4:00 4:30-7:30	19 Giant Ginger Bread Man 9:00-1:00	20 Race Car Racing & Craft 12:00-4:00 Autumn Bingo 4:30-7:30	21 Nutrition with Sara 9:00-1:00	22	23 Interactive Anishinaabemowin 10:00-12:00
24 Sign up & child minding available	25 Salt Dough Craft 12:00-4:00 Blanket Exercise 4:30-7:30	26 Christmas Canvas 9:00-1:00	27 Kids in the Kitchen 12:00-4:00 Open Mic/gym Night 4:30-7:30	28 Cannabis -what do you need to know for your Children 9:00-1:00	29	

THE LIGHTHOUSE MINISTRY IS OFFERING

# SOILD ROCK Training Sessions

BROUGHT TO YOU BY INTERNATIONAL CHRISTIAN CONTACT MINISTRIES WITH FOUNDING PASTORS BART & CARMEN DEVRIES

STARTING SATURDAY OCTOBER 12TH AND WILL BE ONGOING FOR A PERIOD TO BE DETERMINED

SESSION OUTLINE:

1. The Bible God's word and it's central figure
2. Why we need a foundation
3. Repentance from dead works and faith towards God
4. the doctrine of baptisms
5. The baptism in the Holy Spirit
6. The laying on of hands
7. Resurrection of the dead and eternal judgement
8. Worship
9. The local church
10. Christian ethics
11. Giving
12. Commitment

\$10 per session estimated 12 sessions  
Certificate upon completion

LOCATION AT THE UNITED CHURCH 978 TASHMOO AVE  
TO SIGN UP OR FOR MORE INFORMATION PLEASE CONTACT  
CRYSTAL DOWLING 226 886 3812

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## Nishnaabeman! - Speak Ojibwe!

Boozhoo kina wiya! As part of a language and culture revitalization initiative we will be including new Ojibwe words every Tribe-une for you to practice on your own. Watch for our bi-weekly language to practice with your family and friends!

**Tasenhwang**  
*All Souls Day (Halloween)*

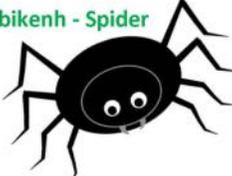
**Kanan-nini - Skeleton**  


**Pakwaanaajiinh - Bat**  


**Zegzi - Scared**  


**Kosmaan - Pumpkin**  


**Zisbaakdoonsan - Candy**  


**Esbikenh - Spider**  


# JESUS IGNITE

Your Fire IN ME

## Tuesday Fellowship, Worship & Praise

Potluck dinner 5pm  
Service 7pm

United Church 978 Tashmoo Ave  
The Lighthouse Church  
With Pastor  
Crystal Dowling  
226 886 3812

Made with PosterMyWall.com



## St. Clair United Church Aamjiwnaang First Nation

978 Tashmoo Avenue,  
Sarnia, Ontario, N7T 7H5

If anyone is wishing to be baptized, please call Pastor Brenda at 519-336-6216

---

Sunday School will begin again at 10 am.

**NEEDED - PIANIST**

Musician to play the piano or organ, each Sunday and on special occasions. Payment provided. Please inquire.

Apply to: St. Clair United Church,  
984 Tashmoo Ave.,  
Sarnia, ON N7T 7H5

Rev. Brenda Mac Main  
Church Phone: 519.344.6119  
Home Phone: 519.336.6216



# Mino Dbishkaayin-Happy Birthday

Donna	Adams	Oct.	25	Kyle	Bird	Nov.	1
Karen	Bressette	Oct.	25	Maxine	Farris	Nov.	1
Kimberley	Chabot	Oct.	25	Rachel	Jackson	Nov.	1
Olivia	Forestell	Oct.	25	Geraldine	Robertson	Nov.	1
Kevin	Plain	Oct.	25	Jessica	Stager	Nov.	1
Stephanie	Buchanan	Oct.	26	Clay	Harvey	Nov.	2
Floyd	Joseph	Oct.	26	Norien	Plain	Nov.	2
Marion	Oliver	Oct.	26	Terri	Simerson	Nov.	2
Orenda	Yuzicapi	Oct.	26	Lariah	Sinopole	Nov.	2
Aniyla	Bird	Oct.	27	Presley	Smith	Nov.	2
John	Chad	Oct.	27	Dante	Williams	Nov.	2
Otis	Haselden	Oct.	27	Darren	Wrightman	Nov.	2
Dale Timothy	Plain	Oct.	27	Michael B	Ayers	Nov.	3
Tiffany	Plain	Oct.	27	Robert	George	Nov.	3
Todd	Williams	Oct.	27	Robert	Kulanda	Nov.	3
Irene	Bunce	Oct.	28	Jeanette	Maness	Nov.	3
April	Gray	Oct.	28	Chelsey	Maracle	Nov.	3
Sadee	Hare	Oct.	28	Joseph Lewis	Rogers	Nov.	3
Holly	Koglin	Oct.	28	Cynthia	Rowark	Nov.	3
Jade	McCallum	Oct.	28	Joshua	MacLean	Nov.	4
Darcy	Rogers	Oct.	28	Alan	Bond	Nov.	5
Amelia	Walker	Oct.	28	Necon	Cottrelle	Nov.	5
Tabatha	Williams	Oct.	28	Caroline	Jackson	Nov.	5
Kelly	Buchanan	Oct.	29	Tavis	Schleen	Nov.	5
Jessica	DeVost	Oct.	29	Marissa	Velasquez	Nov.	5
Wilson	Maness	Oct.	29	Jesse	Webb	Nov.	5
Jonathan	Parker	Oct.	29	Larry E	Hanna Jr.	Nov.	6
Aaron	Rogers	Oct.	29	Lola	Maydwell	Nov.	6
Taislyn	Rogers-Snake	Oct.	29	Darlene	Rogers	Nov.	6
Alexander	Riley-Rogers	Oct.	29	Jolene	Smith	Nov.	6
Royce	Haselden	Oct.	29	Brenna	Stone	Nov.	6
Rose	Adams	Oct.	30	Wilfred W L	Gray IV	Nov.	7
Gordon	Gray	Oct.	30	Valerie	Plain	Nov.	7
Paula	Harris	Oct.	30	Thomas	Rogers	Nov.	7
Douglas	Henry	Oct.	30	Tanner	Walker-Gray	Nov.	7
Emily	Williams	Oct.	30				
Paulette	Worshan II	Oct.	30				
Sean	Bibassub	Oct.	31				
Jeremiah	Fawcett	Oct.	31				
Natasha	Montano Ramos	Oct.	31				
Daanis	Joseph	Oct.	31				
Stephan	McDonald	Oct.	31				
Xochilt	Meza	Oct.	31				



## RIVERSIDE LUNCH

1666 St. Clair Pkwy, Sarnia, ON

**NEW PHONE # (226) 776-1527**

Sausage (hot & mild)	\$6.00	or (combo)	\$8.75
Hamburg	\$4.50	or (combo)	\$7.25
Cheeseburg	\$5.00	or (combo)	\$7.75
Bacon Cheeseburg	\$5.75	or (combo)	\$8.25
Chicken Burg	\$5.00	or (combo)	\$7.75
Hot Dog (jumbo)	\$4.50	or (combo)	\$7.00
Coney Dog	\$5.50	or (combo)	\$8.00
Nish Moosh	\$6.00	or (combo)	\$8.75

("Nish Moosh" is, Jumbo Dog, fried onions, bacon strip, chz slice, chili and mustard)

**Combos Include: Fries & Pop (Gravy \$1.00 xtra)**  
instead of regular fries in combo add  
(**\$1.50/poutine**), (**\$1.75/chili chz fry**), (**\$2.25/fry supreme**)

	<u>Sm</u>	<u>Med</u>	<u>Lrg(fam)</u>
Fresh Cut Fries	\$3.00	\$4.00	\$7.50
Poutine	\$4.50	\$5.50	\$9.50
Chili Chz Fry	\$4.50	\$5.50	\$9.50
Fry Supreme	\$5.25	\$6.25	\$10.50
Gravy	\$1.00		
Jumbo Pickle	\$2.00		
Chili, Fried Onions, Melt'd Chz, or Chz slice	\$1.00 ea.		

Pop	\$1.00	Juice Box	\$0.75
Water	\$1.00	Freezies	\$1.00

**Phone in Advance (for faster service)**

**Fall Hrs: Mon.-Wed. 11am-4pm**  
**Thurs.-Fri. 11am-6pm**

# CROSSWORD SOLUTION

R	A	M	S		A	B	L	E		A	R	R	O	W		
A	W	E	S		L	E	E	R		R	E	E	S	E		
L	A	M	E		I	D	E	A		M	A	P	L	E		
P	R	O		D	E	S	K	S		P	R	O	D			
H	E	S	T	O	N					P	O	S	E			
					R	E	S	I	S	T	E	R		S	O	S
A	S	T	E	R		S	T	A	T	E	M	E	N	T		
S	H	E	A		P	L	A	N	E		I	N	C	A		
E	A	S	T	E	R	E	G	G		A	N	T	E	S		
A	G	T			M	I	S	S	O	U	R	I				
					P	L	U	M			T	I	S	S	U	E
B	R	I	E					A	R	O	M	A		A	P	R
R	E	L	A	Y				L	I	M	O		A	L	S	O
A	B	O	V	E				O	L	E	S		U	S	E	D
D	A	T	E	S				T	E	N	T		G	A	T	E

**858 Colborne Rd, Sarnia, ON**

## CALM N' SCENTS® AROMATHERAPY & METAPHYSICAL STORE

**Essential Oils**  
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**Yoga Mats**  
**& more!**

We support fellow entrepreneurs and offer consignment.  
For more details please contact us at Calm n' Scents,  
phone number 519-332-2929.

### Store Hours

Tuesday-Friday 10:00am - 5:30pm

Saturday 10:00am - 5:00pm

**The hidden gem, located in the Northgate Plaza ;)**

Job Search Websites

- A. **OFIFC**, <http://www.ofifc.org/>
- B. **Nokee Kwe**, <http://www.nokekwe.ca/>
- C. **Southern First Nation Secretariat**,  
<http://www.sfns.on.ca/index.html>
- A. **N'Amerind Friendship Centre (London)**, <http://www.namerind.on.ca/>
- B. **Anishnawbe Health Toronto**,  
<http://www.aht.ca/>
- A. **SOAHAC** London, Chippewas of the Thames, Owen Sound,  
<http://www.soahac.on.ca/>
- B. **Six Nations** (Ohsweken, ON), <http://www.sixnations.ca/>

**Other Job Search Engines:**

- <http://www.aboriginalcareers.ca/>
- <http://ca.indeed.com/Aboriginal-jobs>
- <http://www.wowjobs.ca/jobs-aboriginal-jobs>
- <http://www.turtleisland.org/front/front.htm>
- <http://www.eluta.ca/>
- <http://www.monster.ca/>
- <http://www.workopolis.com/>
- <http://www.jobs.ca/>
- <http://www.servicecanada.gc.ca/eng/sc/jobs/jobbank.shtml>
- <http://www.ofifc.org/>

For Up-To-Date News and Information in the First Nations Political Arena you may visit the following sites:

Assembly of First Nations visit:

<http://www.afn.ca/>

Southern First Nation Secretariat

<http://www.sfns.on.ca/>

Chiefs of Ontario visit:

<http://www.chiefs-of-ontario.org/>

Aboriginal Affairs & Northern Development Canada

<http://www.aadnc-aandc.gc.ca/>

Union of Ontario Indians visit:

<http://www.anishinabek.ca/>

## TJ's Salvage & Demolition

Down & Out?? We'll tear it down, cut it down and haul it out... trees, buildings, cars or whatever you want removed. Reasonable Rates... Prompt Service...

Call Jamie, Jacob or Triah at  
**226-932-5784**



MONAT

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Independent Market Partner

#1550947

226.402.4395

amanda.hopkins00@gmail.com  
Amandahopkins00.mymonat.com



**TAX FREE**

## FURNITURE WAREHOUSE

Thursday to Saturday 11 am - 5 pm  
Sunday - 12 pm - 5 pm

**Great Prices!**

1647 Williams Drive  
(at the end of Indian Road)  
Sarnia, ON



Community Development Corporation

1040 Degurse Drive, Sarnia ON N7T 7H5  
519-332-5151

**Where do I begin?**

Call Tecumseh Today! 1-888-433-1533

- BUSINESS COUNSELLING
- BUSINESS FINANCING
- COMMUNITY DEVELOPMENT



## LOOKING FOR FOSTER PARENTS

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Accredited by: CARF International

Please Call—519-439-3000 ext. 202  
[www.eaglesnestinc.ca](http://www.eaglesnestinc.ca)

## ANIMAL CONTROL OFFICER

Brian Bois & Public Works Department  
519-330-7375

### For animal control issues only!

- Primary duties are to follow up on loose dog.
- complaints and monitor quarantined dogs.
- If you are a dog owner and your dog is loose, it is your responsibility to retrieve your dog.
- Traps available at Band Garage for use by community members. 519-336-0510



## Roger Williams' AUTHENTIC NATIVE CRAFT SHOP

Lots to  
Choose From &  
Great  
Gift Ideas!

STORE HOURS  
MONDAY ~ SATURDAY  
10:00 AM ~ 6:00 PM



R&R Renovations - Interior and Exterior ..  
Call Ryan for a free estimate  
519 312 7537 - 7 days a week

## CHIPPEWA TRIBE-UNE

1972 Virgil Avenue  
Sarnia, Ontario N7T 7H5  
Phone: 519-491-2160 or Fax: 519-491-0912  
E-mail: [editor@aamjiwnaang.ca](mailto:editor@aamjiwnaang.ca)

The next issue is due out on  
**Friday, November 8, 2019**

The deadline for submissions is  
**Tuesday, November 5, 2019 at 4:30 pm**

Please submit your documents in  
**Word, Excel, or Publisher** formats or info  
can be hand written; **jpeg** for pictures.

This paper and past editions can also be found on the  
Aamjiwnaang website at: [www.aamjiwnaang.ca](http://www.aamjiwnaang.ca)  
If you have stories that you would like to share, please  
submit them to the Editor at : [editor@aamjiwnaang.ca](mailto:editor@aamjiwnaang.ca)

## TNT Auto Detailing & Upholstery

Call for free quote or to book appointment

### Auto Detailing Upholstery & Carpet Cleaning

Greg Gray (Owner)- (226)-349-1865  
1909 Virgil Ave-Sarnia, Ontario

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"Our Vision—Your Well Being—Our Coverage"



LEGAL AID ONTARIO  
AIDE JURIDIQUE ONTARIO

Representatives from Legal Aid Ontario are offering free "Legal Aid Advice Clinics" for Band Members. The advice clinics will be held every Monday from 9:00AM – 4:00PM at the Maawn Doosh Gumig Community Centre. Lawyer, Matt Stone and Legal Aid Worker, Ember Chapdelaine will be present to assist members with any questions. Appointments are encouraged. To set up an appointment time please call (519) 344-4949.