



The Aamjiwnaang First Nation

# CHIPPEWA TRIBE-UNE

Issue No. 19:4  
Date: March 1, 2019  
Editor: Shawnacey Fay



**Attention all TYKE fans**

**Exhibition Game:**

**Aamjiwnaang Tyke's Vs Walpole Tyke's**

**Place: Mooretown Area Rink 2**

**Time: 7:30 PM**

**Date: Friday March 1, 2019**

**No fee at the door just asking a donation or CAN GOOD to donate to Aamjiwnaang Food Bank**

*Come support the Aamjiwnaang Tyke's - the parents are fundrasing for Little NHL. Little NHL is from March 10-14, 2019 in Mississauga, ON*

**50/50 Draw**



**Bake Sale Table**



**Toonie Table**





**Aamjiwnaang Chief & Council**  
**Agenda Item Submission**  
**Information and Deadlines**

- \* Regular Council Meetings - 1st & 3rd Monday of every month. If Monday falls on a statutory holiday the meeting is generally held the following day. Please note, that from time to time meetings may be cancelled or postponed.
- \* Deadline - Tuesday's prior to the regularly scheduled meeting date, by 12:00 noon, for Band Manager review.
- \* Agenda Item Request Form is available at reception for the following locations: Administrative Complex (Band Office), E'Mino Bmaad-Zijig Gumig (Health Centre) & Maawn Doosh Gumig (Community Centre); and, on the Aamjiwnaang website.
- \* Your completed request form can be submitted in person or email, you may also wish to attach additional documentation and information to support your request (i.e. acceptance letters, budget, personal summary, etc.).
- \* Requests will be reviewed by June Simon, Band Manager, to ensure that the appropriate personnel/department have the opportunity to respond or resolve the request, prior to being placed on the Council agenda.
- \* The guidelines set out above are in place to ensure that the flow of information to and from the Council table is efficient, and that your matter is addressed and resolved in a timely manner.

If you have discussion items for Chief and Council on:

**Monday, March 18th, 2019 by 5 PM**

Your information is due by:

**Tuesday, March 12th, 2019 by 3 PM**

Miigwech, for your co-operation and understanding.

Lynn M. Rosales, Aamjiwnaang Council Clerk  
[lrosales@aamjiwnaang.ca](mailto:lrosales@aamjiwnaang.ca)

**COUNCIL AGENDAS**

Presently a copy of the Council Agenda is posted on the front doors of the Band Office and Community Centre.

If you would like to receive an "electronic" copy of the Council Agenda, please send an email to: [swaring@aamjiwnaang.ca](mailto:swaring@aamjiwnaang.ca) providing your name and band number.

Only band members can receive an electronic copy of the Agenda.

Thank you.  
 Sandy Waring  
 Community Information Officer



**Aboriginal Affairs and Northern Development Canada**

**IF YOU DO NOT HAVE THE MANDATORY IDENTIFICATION TO OBTAIN A STATUS CARD, PLEASE CALL: 1-800-567-9604**

- Advise the call centre representative that you want to obtain a Temporary Confirmation of Registration Document (TCRD).
- They will ask a series of questions to confirm your identity and then mail a Temporary Confirmation of Registration Document (TCRD) to you.
- This document will state your registration number and can be used in place of a Status Card to access benefits and services.



## TOBACCO ALLOCATION DISTRIBUTION NOTICE

February 2019

---

All Aamjiwnaang Band Members who are interested in retailing quota cigarettes through the Ministry of Finance are asked to submit a complete application in a **SEALED ENVELOPE** to:

Band Manager  
978 Tashmoo Ave  
Sarnia, ON  
N7T 7H5

APPLICATIONS AND THE APPROVED POLICY ARE AVAILABLE AT THE BAND OFFICE.

- Complete application must be received by **4:30 PM on March 15, 2019**.
- Applicants must have the ability to purchase a minimum number of cartons in advance.
- Late applications for request of quota cigarettes **will not** be considered.
- Incomplete applications **will not** be considered.
- Cigarettes include Export A, Players, DuMaurier and other non-generic brands.
- A decrease in allocation may occur year to year due to an increase in retailers.
- For business that received an allocation in 2018/9 **YOU MUST PAY THE TOBACCO surcharge** for the period of April 1, 2018 to March 31, 2019 by **March 15, 2019**. If this fee is not paid you will not be eligible for quota for 2019/2020
- **TOBACCO CONTROL FOR MINORS**
  - a) Chief and Council is conscious of provider compliance to eliminate the ability of children and youth younger than nineteen to purchase tobacco products in community retail operations.
  - b) Retailers shall sell tobacco in accordance to federal guidelines regarding "the sale of tobacco to minors".



# Celebration of Marriage



Chief, Council and Aamjiwnaang are Celebrating couples that have been Married for 25 years, or more. If you know of, or a part of one of these awesome couples let us know! Call the Community Centre to sign up for this evening of entertainment...

**Date: To Be Determined**

When you call to sign up, we would like your anniversary date, and any photos you have of the happy couple.  
Front Desk 519-491-2160

## **NOTICE - Band Members**

RE: Youth Funding Policy / Funding Applications

Chief and Council along with the Community Services Committee have developed a new Funding Policy to help our youth with their Sports, Arts and Recreational activities. This application is for youth to the age of 25 years. The maximum funding is \$800/CA per fiscal year. This maximum will take into consideration LNHL reimbursement and any other recreational funding. Applications can be picked up at the Community Centre or Band Office. For more information please contact the Community Centre – 519-491-2160



## **NOTICE – Aamjiwnaang Seniors**

RE: Seniors Travel and Recreation Funding

Chief and Council along with the Community Services Committee have developed a new Seniors Travel and Recreation Funding Policy to help assist Seniors with Travel and Recreational activities. This application is for Seniors who have reached the age of fifty-five (55) years and over. The maximum funding is \$500/CA per fiscal year. Applications can be picked up at the Community Centre or Band Office. For more information please contact the Community Centre – 519-491-2160





## How to get Help

Find the right time and place to talk. Be calm, caring, non-threatening. Listen. Talk about the concerns by using facts and accurate information.

Encourage the person to see a doctor. Encourage the person to seek professional help.

## Where to Get Help

- Emergency 911
- Kids Help Phone 1-800-668-6868
- Distress Line 519-336-3000
- LGBTQ Two Spirited Youth Line 1-800-268-9688
- Text: 647-694-4275
- Bluewater Health Addictions and Problem Gambling 519-464-4400 ext.5370
- Withdrawal Management 519-332-4673
- Women's Interval Home 519-336-5200
- Sarnia-Lambton Children's Aid Society 519-336-0623
- Westover Addiction Assistance 1-800-721-3232
- Windsor Withdrawal Management (detox) 519-257-5225
- Grand River Withdrawal Management (detox) 519-749-4318
- London Withdrawal Management (detox) 519-432-7241
- Lambton Mental Health Crisis Line 519-336-3445
- Victim Services Support Line 1-888-281-3665 ext. 5238
- Alcoholics Anonymous 519-337-5211
- Drug & Alcohol Registry of Treatment 1-800-565-8603
- Aamjiwnaang Mental Wellness 519-332-6770
- Pregnancy Centre 519-383-7115
- Sexual Assault Victims 519-337-3320
- Problem Gambling 1-888 230-3505

For more information or support please call 519-332-6770

## Chief Chris Plain meets with Lieutenant Governor of Ontario Elizabeth Dowdeswell



# What's Been Happening...



Men's Wellness



Tai Chi



Thank-you Marion Waters for teaching us how to create such wonderful blankets.

Thank-you for all your knowledge and your time and especially your patience 🙏🙏

It was an awesome day on February 26th, 2019

## DAGO MAAJIIGOOG BINOOSIINYAG STAFF HONOURED AS HEROES IN HEALTH



Malynda Maness-Henry, Anishinabek Nation Grand Chief Glen Hare and Joanne Culley pictured at the Anishinabek Nation Health Conference

Aamjiwnaang's Dago Maajigoog Binoosinyag Coordinator – Malynda Maness-Henry and Nurse – Joanne Culley were honoured with a Heroes in Health Award at the 2019 Anishinabek Nation Health Conference. Malynda has been with the program for 26 years and Joanne for 11 years. They work hard to provide quality services and are always looking for ways to make the program even better. This past year they were successful in obtaining funding to grow the program in ways we never thought possible. While their knowledge, commitment and passion have much to do with their success, Malynda and Joanne attribute the program's success to the staff, helpers and most importantly the families. Nishin!

**Funding partners:**

First Nations and Inuit Health Branch – Healthy Child Development  
Indigenous Healing and Wellness Strategy – Healthy Babies Healthy Children Program  
Ministry of Education, Journey Together – EarlyON  
Ministry of Children and Youth Services – Family Well-Being Program



# My Records, My Choice

The Indian Residential Schools Settlement Agreement lets claimants preserve their IAP or ADR records at the National Centre for Truth and Reconciliation (NCTR).



## INDIAN RESIDENTIAL SCHOOL CLAIMANTS MAY CHOOSE TO SHARE THEIR RECORDS OR KEEP THEM CONFIDENTIAL

If you made a claim in the Indian Residential Schools Independent Assessment Process (IAP) or Alternate Dispute Resolution Process (ADR), you have choices:

- Do nothing: your records will remain confidential and then will be destroyed on September 19, 2027
- Get a copy for yourself to keep or share with others
- Preserve your records at the NCTR for history, education and research
- Get a copy for yourself *and also* preserve your records at the NCTR for history, education and research

**THE CHOICE IS YOURS  
AND YOURS ALONE**

### TO LEARN MORE ABOUT YOUR CHOICES, CONTACT:

#### IAP INFORMATION

Phone: 1-877-635-2648 (toll free)  
Email: MyRecordsMyChoice@irsad-sapi.gc.ca  
Online: [www.MyRecordsMyChoice.ca](http://www.MyRecordsMyChoice.ca)

#### ASSEMBLY OF FIRST NATIONS

Phone: 1-833-212-2688 (toll free)  
Email: [iapdesk@afn.ca](mailto:iapdesk@afn.ca)  
Online: [www.afn.ca](http://www.afn.ca)

#### INUIT REPRESENTATIVES

Contact for the Inuvialuit:  
Phone: 1-867-777-7018  
Email: [ggruben@inuvialuit.com](mailto:ggruben@inuvialuit.com)  
Online: <http://www.irc.inuvialuit.com/>

#### Contact for Makivik:

Phone: 1-800-369-7052  
Electronic communications can be submitted at:  
<http://www.makivik.org/contact/>  
Online: <http://www.makivik.org>

#### To learn more about the National Centre for Truth and Reconciliation (NCTR), contact:

Phone: 1-855-415-4534 (toll free)  
Email: [NCTRrecords@umanitoba.ca](mailto:NCTRrecords@umanitoba.ca)  
Online: [www.NCTR.ca](http://www.NCTR.ca)

If you are feeling pain or distress because of your residential school experiences please call the free 24-hour crisis line:

Residential Schools Crisis Line: **1-866-925-4419**



## Aamjiwnaang Tyke Team

- Coach – Ronald Codey Simon
- Assist Coach – Kyle Maness
- Trainer – Cameron Crowley
- Manager – Sherri Crowley

My contact information is cell 519-490-3131

or email [sherri.crowley@hotmail.ca](mailto:sherri.crowley@hotmail.ca)

# LOOKING FOR A ROOM

Looking for a room to rent, if possible. Price negotiable.

Also, looking for people who would like to get together, tell stories and play Contract Bridge!

For more information, please contact  
Tim Adams at:  
**289-925-7992**

## ATTENTION: AAMJIWNAANG HUNTERS:



Are there any hunters that can donate Venison to the Seniors program?

If so, please contact Peggy Rogers  
at 519-332-6770, ext. 312  
Miigwetch! Greatly appreciated!

## ATTEN: LOAN CUPBOARD

Please return any medical equipment borrowed from the Health Centre which you are not using.

Thank you,  
Home and Community Care



**RETURN TO  
SENDER**

**NOTICE:**

We are looking for people interested in helping to organize our 58<sup>th</sup> annual Pow wow.

Anyone interested please leave your name and contact number at the Maawn Doosh Gumig Community and Youth Centre.

We can be reached at: 519-491-2160



**ATTN: AAMJIWNAANG COMMUNITY**



Interested in going to the Anishinaabemowin Teg Language Conference, in Sault St Marie, ON; on March 27 to March 31 , 2019?

There will be a random draw from names that are submitted. People who were funded last year are not eligible for the draw this year.

Call the Community Centre, leave your name and phone number with Verlynn Plain, to be entered into the draw at:

**519-491-2160**



**Help Sereena to 2019 Super Channel Championships**

I am a twenty-three year old, indigenous woman who lives in London, Ontario. I have been selected to represent Ontario at the "2019 Super Channel Championships" taking place in April, at Langford B.C. I am seeking out sponsorship or any sort of donations to help towards my dream of becoming a "2019 National Champion"! I have set up a gofundme page at [www.gofundme.com](http://www.gofundme.com).

Thank you for your support and encouragement!



**LNHL OPENING CEREMONIES**

On March 10, 2019

The Maawn Doosh Gumig Community and Youth Centre will be hosting a livestream viewing of the Little NHL opening ceremonies in our Youth Lounge.

Stream begins at 5pm.

# AAMJIWNAANG FIRST NATION CHIPPEWAS OF SARNIA

---

## EMPLOYMENT OPPORTUNITY

**Position Title:** Preschool Float (Registered Early Childhood Educator)

**Location:** Sarnia, ON

**Duration:** Permanent

**Posting Closes/Deadline:** March 15<sup>th</sup>, 2019

**Wage:** \$19.22 Hourly

**Schedule:** M-F 9:30am-4:30pm

**Pension and Benefit waiting period:** 6 months

### Position Summary:

The Preschool Float will support the Preschool program with the coverage of breaks, lunches, and with ratio throughout the day. You will be responsible for supporting and implementing the classroom's program planning while in the room for coverage; develops partnerships with parents and caregivers, in accordance with the goals and curriculum plans of the centre and the philosophy and policies of the Centre and in compliance with the Child Care and Early Years Act. This position reports to the Child Care Centre Supervisor.

### Responsibilities:

1. Plan, carry out, and assess developmentally appropriate activities and experiences in harmony with the centre's philosophy
  - Provide a daily balance of active/quiet, indoor/outdoor, and individual/group activities
  - Establish and carry out a daily activity schedule that incorporates child directed activity, care routines and transition times
  - Organize space, equipment and materials before activities
  - Assist children in expressing themselves by listening and responding with questions or comments that extend conversations
  - Use a variety of teaching techniques including modelling, observing, questioning, demonstrating, and reinforcing
  - Encourage and assist children to practice self help daily
  - Plan and carry out experiences that foster an understanding of a variety of cultures and value systems
  - Provide opportunity for child directed play experience
  - Plan and carry out activities that encourage problem solving

- Provide experiences and play materials that actively promote diversity and acceptance in interactions and attitudes
  - Participate in short and long term planning and evaluation and staff program reviews
  - Learn and use the activities and skills provided to assist children in developing the necessary coping skills for addressing unique life issues
2. Individualize the curriculum
    - Set Observe how children use materials and interact with each other and adults
    - Use observations to expand play and plan activities that recognize individual difference
    - Initiate referrals or additional services for parents and children
  3. Ensure guidance of children's behaviour that encourages positive self-concept
    - Set reasonable behaviour expectations consistent with center's philosophy and policies
    - Provide positive guidelines such as redirecting, positive language, and positive reinforcement
    - Immediately address problem behaviour without labelling the child
    - Follow behaviour guidance and policies established by the centre and consistent with accepted practice in the field
  4. Ensure the child's environment is healthy and safe
    - Follow the centre's procedures for administering medications and maintaining health records
    - Report all accidents, injuries and illnesses to the supervisor or delegate and record such incidents in the daily log book and as a serious occurrence if necessary
    - Monitor the environment for hazards
    - Update self daily on children's allergies and other special conditions
    - Establish daily eating routines that are fun for children
    - Attend to children's physical needs for toileting, diapering, eating and sleeping as promptly as possible
  5. Ensure positive communication with parents
    - Plan for parent conferences
    - Discuss the programs daily events and the child's daily progress with parents
    - Accommodate the parent's instructions for daily routines when possible within group routines
    - Encourage parents to participate whenever possible
  6. Contribute to the ongoing operations of the centre
    - Follow licensing requirements
    - Carry out the responsibilities assigned to you
    - Attend regular staff meetings
    - Maintain confidentiality of all information related to the centre's children, their parents, and staff
    - Plan and carry out annual personal development
    - Keep up to date with early childhood advocacy developments
    - Maintain regular attendance and punctuality

7. Promote the centre within the community
  - Actively participate in Aamjiwnaang staff activities whenever possible
  - Maintain a positive working relationship with other Aamjiwnaang staff and others who work within the building

**Knowledge, Skills and Abilities:**

- Believes in and practices the mission, goals of the program
- Ability to build trust and positive relationships with families in the program
- Act as a role model of appropriate behaviour
- Ability to work cooperatively as a member of the childcare team, facilitating a team environment through personal behaviour, work contributions and the sharing of expertise and knowledge
- Participates in the developing of new ideas and methods for program enhancement and has the ability to adjust and adapt to changes
- Ability to be energetic, resilient and maintains a sense of humour when personal resources challenged
- Achieves results with positive outcomes for children in the program
- Effective interpersonal skills under all types of conditions, exhibiting a supportive, positive approach
- A high degree of personal initiative with good planning and organizational skills
- Maintains timely and accurate files
- Continuing personal and professional development in related areas
- Ability to lift (up to 25 kg)

**Requirements:**

- Post Secondary Diploma in Early Childhood Education
- Current ON Registration (College of ECE)
- Sensitivity to Native issues

**Application Process:**

If you are interested in this opportunity, kindly forward your resume and cover letter via mail or email or fax or in person to:

Aamjiwnaang First Nation  
978 Tashmoo Avenue  
Sarnia, ON  
N7T 7H5  
Attention: Lorrie Guggisberg  
Human Resources Officer  
Or  
[humanresource@aamjiwnaang.ca](mailto:humanresource@aamjiwnaang.ca)  
Or  
519-336-0382 fax

For more information, check us out online at [www.aamjiwnaang.ca](http://www.aamjiwnaang.ca)

# AAMJIWNAANG FIRST NATION CHIPPEWAS OF SARNIA

---

## EMPLOYMENT OPPORTUNITY

**Position Title:** Lands Management Officer

**Location:** Sarnia, ON

**Posting Closes/Deadline:** Open until filled

### Position Summary:

The Lands Management Coordinator is responsible for the comprehensive management of the Lands Office and Land Registry relating to reserve lands. The Lands Management Coordinator manages all aspects of the Lands Office including supervision of lands staff and development of the annual departmental budget, work plans and policies and procedures. The Lands Management Coordinator reports to the Band Manager.

### Responsibilities:

- Manages the day to day activities of the Lands Department including providing the public with information on Lands Department responsibilities, goals, and procedures.
- Assists band members with land transactions as requested.
- Provides accurate information regarding land descriptions, Certificate of Possession holders, right of ways and encumbrances to other departments as requested.
- Provides recommendations and administrative support to the Band Administrator and Chief and Council on lands management issues and policies.
- The direct contact person internally and externally for leases, permits, and other lands related documents for implementation and compliance with the lease terms. Notifies lessors and permit holders of agreement expiry dates as well as working rights protocols and procedures.
- Liaises with Finance staff to ensure proper invoices are sent out to lessors.
- Communicated internally and externally on land management issues relating to legislation (e.g. FNLMA-First Nation Land Management Act, Indian Act).
- Compiles, maintains, and archives all land related documentation.
- Prepares funding applications for special land projects.

### Other:

- Other duties as assigned.

### Knowledge, Skills and Abilities:

- Excellent oral and written communication skills
- Excellent public relations, including an appreciation of the need for confidentiality, tact and discretion
- Comprehensive knowledge of the *Indian Act* and Regulation as they pertain to the administration and management of Indian Reserve Lands.
- Ability to identify, evaluate and correctly interpret evidence relating to interests in, title to and status of reserve land; draft and submit land instruments for approval and registration;

conduct encumbrance checks in ILRS; identify appropriate *Indian Act* legislation as it relates to instrument type and purpose.

- Ability to use ICS land registry system to conduct encumbrance checks in ILRS/External Agencies.
- Ability to verify membership as it relates to land management (e.g., estates, allotments, transfers).
- Experience preparing meeting agendas, minutes, letters and memos accurately
- Attention to detail and proofreading skills
- Filing and document organization
- Ability to analyze, interpret and apply basic contract law.
- Ability to identify and interpret the Lands Management Manual.
- Ability to read and understand Canada lands Survey Records (CLSR) and Regional Survey of Ontario (R.S.O.).

**Requirements:**

- Mandatory enrollment or completion of the Reserve Land and Environment Management Program Certification Program.
- Graduation from a related post-secondary program.
- Exhibits a high degree of initiative and self-direction
- Excellent analytical, organizational, verbal, and written communication skills.
- Computer and document management skills.
- Time management skills with adherence to tight deadlines.
- Knowledge of land leasing and environmental issues.
- Strict adherence to confidentiality policies.
- Comprehensive knowledge of the Indian Act and other regulations and legislation as they pertain to the management of First Nation lands.

**Application Process:**

If you are interested in this opportunity, kindly forward your resume and cover letter via mail or email or fax or in person to (for a copy of the complete job description please email request):

Aamjiwnaang First Nation  
978 Tashmoo Avenue  
Sarnia, ON  
N7T 7H5  
Attention: Lorrie Guggisberg  
Human Resources Officer  
Or  
[HumanResource@aamjiwnaang.ca](mailto:HumanResource@aamjiwnaang.ca)  
Or  
519-336-0382 fax

For more information, check us out online at [www.aamjiwnaang.ca](http://www.aamjiwnaang.ca)



# Youth Job Connection

Do you want to change your current life situation?

Ontario's Youth Job Connection program can help. It offers intensive support and training for youth aged 15 to 29 who are not working, not in school, and not in training through:

- » Paid pre-employment workshops
- » Job placement and mentorship
- » Help transitioning to further education or employment



Youth Job  
Connection

**EMPLOYMENT  
ONTARIO**

► [YJC@lambtoncollege.ca](mailto:YJC@lambtoncollege.ca) ► [lambtoncollege.ca/YJC](http://lambtoncollege.ca/YJC)

This *Employment Ontario* program is funded by the Government of Ontario.

## NOTICE

### **Aamjiwnaang School Bus Transportation Notifications**

Any change must go through the Aamjiwnaang Education Department

- Address change
- Telephone number update
- Change of School
- New students
- Bus Service no longer required

**Please advise the Education Department at the Band Administration Building of any changes at 519-336-8410 Chenoa Plain ext. 246, or Vicki Ware ext. 247.**

***Bus Drivers will only accept changes as approved by the Education Department.***

The Aamjiwnaang Bus Transportation Policy is available upon request. To ensure the bus safety of our students, we must all work together.



## **Medical Travel Drivers**

Terry Plain (Monis)	C: 519-402-5535
Ron Simon	C: 519-330-7450
Sheila Firth	C: 519-383-1073
Mary Lou Williams	H: 519-337-9342
Carol Miller	C: 226-932-2419
Christine Plain	C: 519-466-0054
Fenton (Wimpy) Plain	H: 519-491-5248 C: 519-466-8717
Muriel (Toddy) Joseph	H: 519-336-6323 C: 519-312-2403
Stephanie Rogers	C: 226-349-2858
James Gray	C: 519-466-0462

## **Wheelchair Accessible Van**

The van may be used for the following purposes:

1. Medical appointments – we can provide a Medical Driver
2. Personal outings (shopping, visits, etc.) – you provide your own driver
3. Community outings during regular business hours – a driver may be provided if available

### **Who can drive the van?**

All drivers need to be approved and trained by the Public Works department. If you would like to add a family member or friend as a driver, please contact the Public Works department at 519-336-0510.

### **How do I book the van?**

To book the van, please contact the Health Centre at 519-332-6770. Please call ahead to ensure availability. Medical appointments *may* take priority over other bookings.

### **Is there a cost?**

There is no cost to use the van locally. If you travel more than 40kms from Aamjiwnaang, you need to replace the fuel you used.



**Students:** Please register for the shuttle service by sending your class schedule with contact number as well as emergency contact information to [vware@aamjiwnaang.ca](mailto:vware@aamjiwnaang.ca)

Pick up & Drop off points:

- Health Centre – Tashmoo Avenue
  - Bus Stop – White Circle
  - Band Office – Tashmoo Avenue
  - Snack Shack – St. Clair Pkwy
  - Community Centre – Virgil Avenue
  - Lambton College – Pond Entrance
- \*TEMPORARY STOP – Bus Stop/Bridge Entrance\***

**Driver Contact:** Arno Yellowman - 226-349-8459 (cell) *between shuttle hours only 730 am - 430 pm*

### Transportation to Lambton College Shuttle Service Schedule

*\* Please be ready 5 minutes before your scheduled pick-up\**

*\* Shuttle will arrive before and wait 5mins prior to departure time & departs promptly\**

<i>Times are subject to change</i>	Depart	Monday	Tuesday	Wednesday	Thursday	Friday
<b>AM RUN #1</b> (Drop off Only)	Snack Shack	7:40 am				
	Community Centre	7:45 am				
	Health Centre	7:50 am				
	Bus Stop	7:55 am				
	Band Office	8:00 am				
	<b>Arrive at Lambton</b>	<b>8:15 am</b>				
<b>AM RUN #2</b>	Snack Shack	9:40 am				
	Community Centre	9:45 am				
	Health Centre	9:50 am				
	Bus stop	9:55 am				
	Band Office	10:00 am				
	<b>Arrive at Lambton</b>	<b>10:15 am</b>				
	<b>Depart Lambton</b>	<b>10:35 am</b>				
	<b>Arrive at Aamjiwnaang</b>	<b>10:50 am</b>				
<b>MID-DAY RUN</b> (Drop off Only)	Snack Shack	11:40 am				
	Community Centre	11:45 am				
	Health Centre	11:50 am				
	Bus stop	11:55 am				
	Band Office	12:00 pm				
	<b>Arrive at Lambton</b>	<b>12:15 pm</b>				
<b>PM RETURN #1</b>	<b>Depart Lambton</b>	<b>2:05 pm</b>				
	<b>Arrive at Aamjiwnaang</b>	<b>2:15 pm</b>				
<b>PM RETURN #2</b>	<b>Depart Lambton</b>	<b>4:35 pm</b>				
	<b>Arrive at Aamjiwnaang</b>	<b>5:00 pm</b>				



COMMUNICATION IS KEY  
Drug, Alcohol & Fragrance Free Program  
THANK YOU FROM THE EDUCATION DEPARTMENT

Revised September 4, 2018



*In partnership with*

**AAMJIWNAANG FIRST  
NATION**  
*is pleased to host*



**FINANCIAL PLANNING WORKSHOP**

and

**ENTREPRENEURSHIP TRAINING WORKSHOP**

**March 19th and 20th , 2019**

This 2 day session is designed for individuals who want to gain control of their finances and make a financial plan for their future, as well as for individuals who want to explore the possibility of going into business for self.

***WHAT YOU WILL LEARN:***

- Personal Goal Setting
- Financial Planning
- Budgeting
- Money Saving Tips
- Entrepreneurship
- What makes a successful business.
- How to write a Business Plan
- Business Structure

**WORKSHOP  
DETAILS**

- 9:30AM—3:30 PM
- No Registration Fees
- Call to register.
- Meals Included

**WORKSHOP LOCATION**

Aamjiwnaang Community Centre

**INCLUDES**

2 Day Information Session  
Information & Application Package  
Lunch and Refreshments

**TO REGISTER CALL:**

Tecumseh Community Development Corp.: 519-332-5151

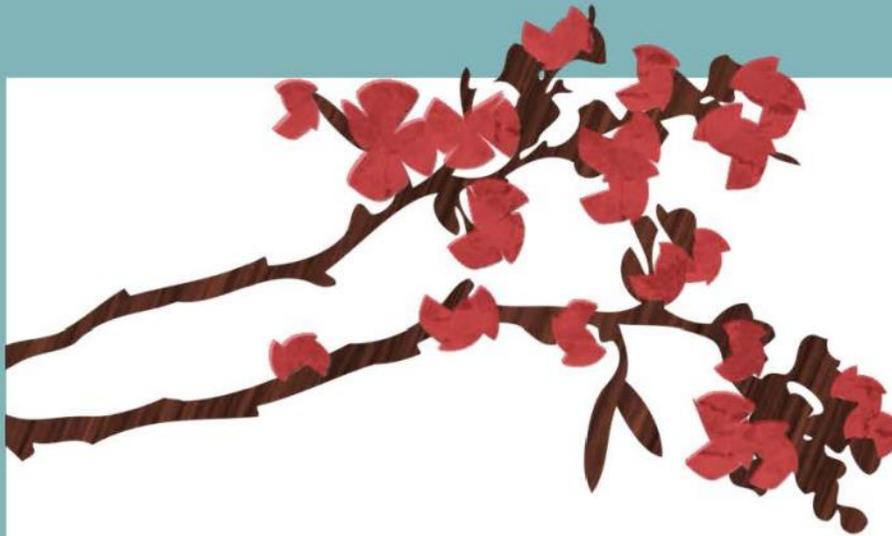
Or

Aamjiwnaang Employment and Training: 519-336-8410 ext. 248



560 Williams Drive  
Sarnia, ON N7T 7H5

Phone 519-332-5151  
Fax 519-332-6196  
Toll Free 1-888-433-1533



## AAMJIWNAANG ALTERNATIVE & CONTINUING EDUCATION

The Aamjiwnaang Alternative & Continuing Education Program will work together to take care of the whole person.

We will work in groups and one on one with you as you choose your goal path!

- Cultural pride and independence
- Secondary School Credit
- Postsecondary
- Employment
- Apprenticeship

We will then work with you to help meet your goals through learning that will be relevant to you.

The AACE Program works closely with our onsite Credit Granting Program. Helping community members achieve their OSSD!

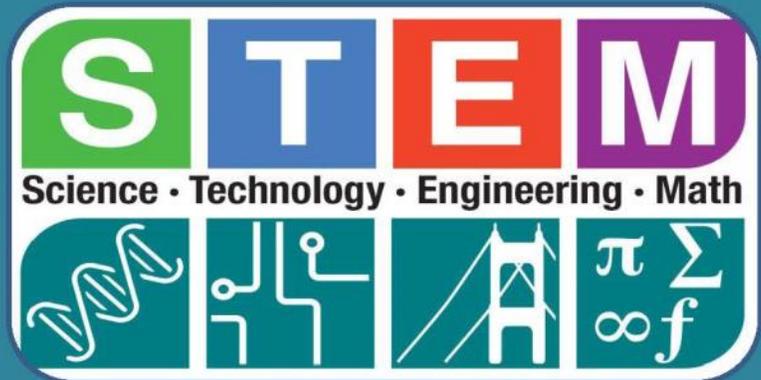


FOR MORE INFORMATION CONTACT: EMILY WILLIAMS AT THE RESOURCE BUILDING  
MONDAY-FRIDAY 8:30AM-4:30PM (519) 336-8410 EXT. 285

# STEM ADVENTURE CLUB



**“The kids had an amazing time at each and every session.”**  
Debbie, parent



**Imagine, Invent, Inspire;  
Join our Club**

***Ages: 6-12***

***PD Days***

***\$35/session***

***March Break***

***3 hours/session***

***Starting Feb 1<sup>st</sup>***

**Participate, Explore and Apply the scientific method in fun and innovative Science, Technology, Engineering, and Math activities.**

**\*Minimum of 4 participants per session**

# STEM ADVENTURE CLUB

## March Break Camp - 2019

This program is designed for children ages 6-12 to learn the scientific process in exploring different branches of science, technology, engineering, and math in fun and engaging ways. It is a group based program with (4-8) participants per group.

**Half-Day: 9:00 am – 12:00 pm**

**Camp Fees: \$175 per child**

### Themes & Dates

#### **“Chemistry Fun” Monday**

Chemistry is the branch of science that fulfills your adventure seeking nature with results you can see, touch, smell and sometimes even taste. In this session children get to experiment with mixtures, textures and edible chemistry in fun and safe environment.

#### **“Aerodynamics” Tuesday**

Have you ever wondered how things fly? Join our STEM Adventure Club to learn about aerodynamics; the science of flying. In addition to learning, you will get a chance to design, build and test your own plane, parachute, rocket, or hovercraft and compete with your colleagues.

#### **“Bob the Builder” Wednesday**

Have you got a chance to build your own project? During this session you will work with your group to design, build, and test the City of your Dreams! So, get your thinking cap on, roll up your sleeves and let the adventure begin!

#### **“Math Contest” Thursday**

Math is the foundation of many science, technology and engineering projects and applications. To excel in math is to prepare a fertile ground for your future inventions and promising careers. Join us in this fun filled competitive session to learn and compete in math with your peers.

#### **“Project Environment” Friday**

Our environment is full of factors that will positively or negatively impact our lives. In this session we embark on a journey to explore some of those factors. Then you will have a chance to work on a project to help improve your environment in any way you can.

# JORDAN'S PRINCIPLE

Funding that is available to all First Nations children in Canada.

Available for children under the age of 18 years old no matter where they live in Canada.

Services from Elders

Traditional Healing Services

Services for Children in Care

Medical Supplies and Equipment

Assessments and Screenings



Respite Care

PSW

Land-based Activities

Specialized Summer Camps

Transportation to Appointments

Jordan's Principle Call Centre: 1-855-572-4453; open 24 hours a day, 7 days a week

Or Elizabeth Cronk, CHR at Aamjiwnaang Health Centre 519-332-6770

# Boosting Balance & Bone Health Program



**TUESDAYS 1:30 PM — 3:30 PM**

**STARTING FEBRUARY 26<sup>th</sup> (5 WEEK PROGRAM)**

This 5 week program, run by a registered occupational therapist, is designed to gradually improve balance and strength to avoid falls and maintain independence, as well as educate individuals on keeping bones healthy.

- ◆ One hour is designated for group exercise, and one hour is designated for education on bone health and falls prevention.
- ◆ Education sessions include an overview of bone health, dietary and medication practice to maintain strong bones, and home safety tips.
- ◆ Individuals who are able to safely take part in a supervised exercise program are invited to register.



**KEEP BONES HEALTHY**

**MAINTAIN HEALTHY LIVING**

**IMPROVE BALANCE**

## LOCATION

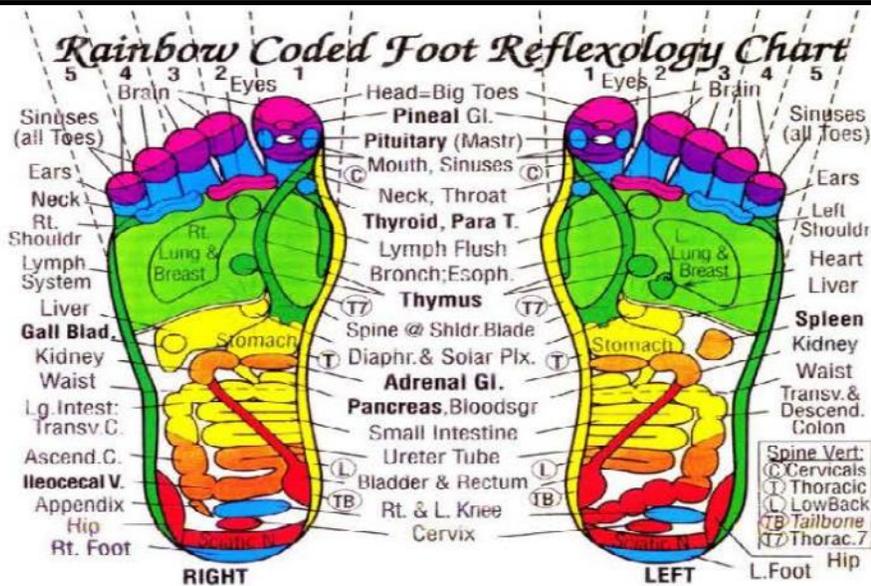
Maawn Doosh Gumig Community Centre  
1972 Virgil Ave.



**CALL TO REGISTER:**

**519-332-6770**

**\*SPOTS ARE LIMITED**



## Reflexology Sessions

(We added more!)

(Beneficial therapy for stress, enhance circulation, helps sleep disorders and pain)

**With Lynn Sproviero, Registered Reflexologist**

**Will be offered at the Health Centre:**

**Tuesday, March 5, 2019 - 9 am – 12 pm**

**Thursday, March 7, 2019 - 9 am – 4 pm**

**Tuesday, March 12, 2019 - 9 am – 12 pm**

**Friday, March 15, 2019 - 9 am – 4 pm**

**Tuesday, March 19, 2019 - 9 am – 12 pm**

**Friday, March 22, 2019 - 9 am – 4 pm**

One Hour Sessions

Limit to **ONE** session per person.

Call Reception at the Health Centre for an appointment at:

**(519) 332-6770.**



Aamjiwnaang Health Centre

# Naloxone Kits + Safe Supplies

**FREE  
OFFER**

**Location: Health Centre**

**Time of Operation: 8:30 — 4:30**

No appointment needed. No questions asked.



**P. 519-332-6770**

**Email:**  
**kjoseph@aamjiwna**  
**ang.ca**  
Or  
**rstewart@aamjiwnaang.ca**

If you or someone you know is affected by opioid addiction, come and pick up **TWO FREE DOSES OF NASAL NALOXONE** from the Health Centre today. Our team can teach you how to recognize an overdose, how to react if someone is overdosing, and where to find substance abuse help afterwards. Appointments are not needed; walk ins welcomed. Our health team will not question your drug use or the use of other individuals. We also provide clean supplies, sharp containers, and safe use tips.

**For any more questions or concerns,  
please contact Rhona Stewart or Kayla Joseph  
at the Health Centre.**



## Aamjiwnaang Caring Connections Nurturing Program

For Women with Substance Misuse Issues  
who are Pregnant or Parenting Children

This program's focus is to help mothers learn to balance their recovery from substance use with being the best parent she can be to her children. These roles are often viewed as being at odds with each other as a woman learns that she is supposed to be as selfish in her recovery as she was in her addiction while acknowledging that being a parent is one of the most selfless roles a woman fulfills in her life. This program teaches a woman to nurture herself in her recovery as she learns to nurture her child so the roles can be parallel to allow a woman to effectively manage both roles. The program aims to improve and strengthen the relationship between mother and child to improve outcomes for their newborns, infants and children while strengthening a mother's path to recovery.

**12 week program to be held weekly on Wednesdays**  
**Start Date TBA 10am – 12pm**  
**Transportation will be provided**  
**Lunch will be included**

**Location:**  
Aamjiwnaang FN

**To Register please Contact:**  
 Sarah Vanroboys @ 519.328.1683 OR  
 Tracey George @ 519.332.6770



# “FATHERS IN RECOVERY”



## An evidence based program offered to Fathers with Substance Misuse who are Parenting Children

“Fathers in Recovery” assists:

- Fathers who want to learn to balance their recovery from substance use with being the best parent they can be for their children
  - Fathers who want to improve and strengthen their relationship with their children.
- Fathers who want to learn and grow through sharing life experiences, challenges and successes of being a father in recovery

Groups are led by male and female facilitators.

**13 week program**

**Start date: January 16, 2019**

**1:00 – 3:00pm**

To register call Tracey or Alphonse **519.332.6770** or Sarah **519.328.1683**

Aamjiwnaang Health Centre in collaboration with the House of Sophrosyne



# MEN'S WELLNESS

14  
JAN

**DINNER, CONVERSATION & CRAFTS**  
COMMUNITY CENTRE | 6:00 PM

28  
JAN

**DINNER, CONVERSATION & CRAFTS**  
COMMUNITY CENTRE | 6:00 PM

11  
FEB

**DINNER, CONVERSATION & CRAFTS**  
COMMUNITY CENTRE | 6:00 PM

25  
FEB

**DINNER, CONVERSATION & CRAFTS**  
COMMUNITY CENTRE | 6:00 PM

11  
MAR

**DINNER, CONVERSATION & CRAFTS**  
COMMUNITY CENTRE | 6:00 PM

25  
MAR

**DINNER, CONVERSATION & CRAFTS**  
COMMUNITY CENTRE | 6:00 PM

## Aamjiwnaang & Twin Bridges

# NURSE PRACTITIONER CLINIC

### EXPANDING HOURS & ACCEPTING NEW PATIENTS

**Aamjiwnaang Health Centre hours:**  
**Monday – all day**  
**\*NEW\* Wednesday – afternoon**  
**Thursday - afternoon**

This is for registered patients of Twin Bridges. To register or book an appointment, please call the Health Centre at 519-332-6770.

Patients are also able to book appointments at their main office on Christina St. in Sarnia. Urgent appointments are available for existing patients.



**Twin Bridges**  
Nurse Practitioner-Led Clinic

**WHAT DO NURSE PRACTITIONERS DO?**

- Health promotion/disease prevention
- Treatment of minor injuries
- Maintenance & monitoring of chronic diseases
- Immunizations
- Prescriptions
- Well baby care
- Well women/men care
- Laboratory services
- Wound care services
- Smoking cessation
- Management of pain
- Monitoring of blood pressure
- Referrals to other health care specialists
- Suture removal



# Pam Kelly

Ontario Disability Support Program  
Caseworker. Will be at the Aamjiwnaang  
Ontario Works Office Every 2<sup>nd</sup> Wednesday  
of each month from 1-4pm

Schedule an appointment or you can drop  
into 978 Tashmoo Ave. Aamjiwnaang, ON

Please call a head of time at  
519-337-3735 ext. 2280

# PARENT SUPPORT GROUP



**Tuesday 5-7pm**  
**January 29, February 26,**  
**March 26**

**Please JOIN US FOR**  
**An evening for parents of children with special needs to be supported and share their experience with other parents**

**\* Dinner and childcare provided \***

**Registration Encouraged:**  
**Contact Rachael Simon**  
**@ (519)344-4132**

## **FAMILY SUPPORT GROUP**

Hope and support through addiction for families dealing with an addicted loved one



### **Who:**

Anyone effected by a loved one's addiction  
(kids + adults)

### **When:**

March 5, 2019  
from 5 to 7 p.m.

**Where:** Aamjiwnaang Health Centre

Being a parent, family member, or friend to someone in active addiction or recovery can be both confusing and terrifying. You want to be supportive but are unsure how without enabling. You are often conflicted as to what is normal behaviour and what might be behaviour that indicates relapse. It is for these reasons, and so many more, the Community Outreach Team is offering support and education!

## **Dinner is Provided**

---

*Please call Dorothy at the Health Centre to sign up 519-332-6770*

---

# Cultural Self Care & Grief

With Liz Akiwenzie

LUNCH PROVIDED

WEDNESDAY, MARCH 6TH, 2019  
9:00AM - 4:00PM  
AAMJIWNAANG HEALTH CENTER

Please sign up by calling the Health Center at 519-332-6770.



PosterMyWall.com



## Community Soup Day

Thursday, Mar. 7, 2019

Noon

At the Health Centre



*Come on out for a warm bowl of soup!*



## KETTLE BELL WEIGHT EXERCISE CLASS



**WHEN: Tuesday evenings  
6:00 PM TO 7:00 PM**

**WHERE: AAMJIWNAANG COMMUNITY CENTRE**  
**\*OPEN TO ANYONE – MEN OR WOMEN 18+\***  
**THIS WEIGHT EXERCISE IS GREAT FOR STRENGTH BUILDING AS WELL AS AN OVERALL BODY EXERCISE!**

For more information, please call Natalie at the Health Centre at (519) 332-6770.



## 'Chefs In-Training' Class

March Break 2019



**Healthy Kids – Chefs in Training**  
**A class for children ages 5 – 12 interested**

**in cooking and nutrition.**

**March 11 – 14, 2019**

**10:00 am – 12:00 pm at the Health Centre**

Parents/caregivers are encouraged to come with their child/ren to participate in this fun class in which they will also be able to enjoy the meal that they help to prepare.

\*This would be a great opportunity for any high school students to earn their community hours by assisting with this program! If you are interested, please contact Natalie at (519) 332-6770.

To register, please contact the Health Centre at (519) 332-6770.





### **Diabetes Support Group**

- **An open monthly support group that meets every third Monday at the Health Centre. (unless otherwise notified). Group is from 9:30 am until noon.**
- **Anyone who is diabetic, newly diabetic, pre-diabetic or is caring for a diabetic are welcome to attend.**
- **A Registered Dietitian teaches the group about valuable diabetes-related education as well as healthy eating with an interactive cooking session.**
- **We start with some fun warm up chair exercises!**
- **Our Community Health Nurse is also available to check Blood sugar levels as well as Blood pressure.**
- **Transportation is provided, please call Health Centre (519) 332-6770, if a ride is needed.**



## *Nutrition News:*

**Sarah Kidd, RD Registered Dietitian** from **Rapids Family Health Team** is available for individual or family nutrition counselling at the Health Centre by appointment on **Tuesday afternoons by appointment between 1 pm and 4:30 pm.**

Initial appointment will be 1 hour minimum.

Call front desk at the Health Center **(519)332-6770** to schedule an appointment.



### **Tai Chi Classes will be Starting!**

**Monday, January 21, 2019**  
at the **Community Centre!**

This program will run for **8 weeks.**  
Time: **6:30 pm to 7:30 pm**

*If interested, please contact Natalie at the Health Centre at (519) 332-6770 or leave a message with Reception.*



## **ATTENTION!**

### **Joanne Cheechoo Massage Therapy**

We are booking into the new fiscal year:  
**April 2019**

If you are interested in scheduling an appointment, please call the Health Centre at:  
**519-332-6770**

**Note:** there is no cost to the patient for scheduling an appointment and bookings fill up quick.

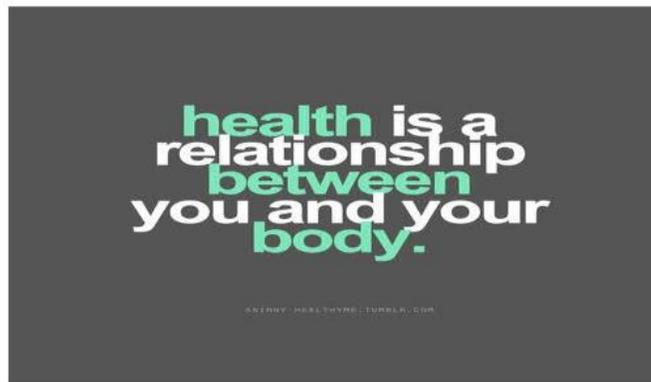


## **'HEALTHY NEW YOU' PROGRAM! 2019**

**ANYONE WHO SUFFERS FROM A CHRONIC DISEASE SUCH AS ARTHRITIS, DIABETES, COPD, HIGH CHOLESTEROL, HISTORY OF HEART DISEASE (ATTACKS OR STROKES) OR YOU WANT TO PREVENT FURTHER COMPLICATIONS:**

**(WITH YOUR DOCTOR'S APPROVAL)**

**COULD BENEFIT FROM A PERSONALIZED EXERCISE PROGRAM WITH THE ASSISTANCE FROM PERSONAL TRAINER, DIANE TUCKEY!**



**WHERE? MAAWN DOOSH GUMIG COMMUNITY CENTRE**

**WHEN? TUESDAY & THURSDAY MORNINGS**

**TIME? 10:30 AM – 11:30 AM**

**THIS PROGRAM IS FOR ALL AGES.**

**PLEASE CONTACT HEALTH CENTRE @ (519) 332-6770 FOR MORE INFO.**





Canadian Mental  
Health Association  
Lambton Kent  
*Mental health for all*

Association canadienne  
pour la santé mentale  
Filiale de Lambton Kent  
*La santé mentale pour tous*

# Mental Health Support

With Indigenous Clinical Case Manager Jessica Joseph, RPN

**Monday, Tuesday & Wednesday**

**8:30 am – 4:30 pm**

**Aamjiwnaang Health Centre**

**Drop-In or Appointments are Available**

For more information or to schedule an appointment, please call the Health Center at 519-332-6770



**sarnia**

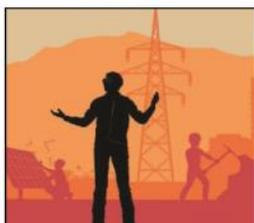
**justice  
film  
festival**  
2018-2019



## At the Fork

**Saturday, March 23, 2019 7 p.m.**

A refreshingly unbiased look at how farm animals are raised for our consumption. The filmmaker asks the tough questions behind every hamburger, glass of milk and baby-back rib. What he discovers are not heartless industrialists, but America's farmers - real people who, along with him, are grappling with the moral dimensions of farming animals for food.



## Happening

**Saturday, April 13, 2019 7 p.m.**

An uplifting and colourful journey into the dawn of the clean energy era as it creates jobs, turns profits and makes communities stronger and healthier.

*Seniors of Aamjiwnaang  
News & Updates...*

**55 & over: Program updates  
will be posted here!**

Mar-06	Ribs Manicotti Pasta	Roasted Potato Baked Beans & Asst. Chips	Mixed Veggies Caesar Salad	Rolls Garlic Bread	Ambrosia Asst Cookies Tarts Squares
Mar-13	& Mini Pizzas	Mashed Potatoes & Gravy	Peas & Corn	Cornmeal Bread	Rice Pudding
Mar-20	Roast Beef	Mac Beef & Chicken Noodle Soups		Rolls	Chocolate Cake
Mar-27	Asst Sandwiches Reg/Cheese				
Apr-03	Hamburgs	Macaroni & Cheese	Asst Pickles		Lemon Pie
Apr-10	Spaghetti & meatsauce		Salad w Fruit	Cheesy Garlic Bread	Fruit Fluff
Apr-17	Turkey & Ham Chicken/Turkey	Scalloped Potatoes au Gratin	Turnip Carrots Corn	Rolls	Asst Pies
Apr-24	Sandwiches	Cabbage Sausage & Beef Veggie Soups	Devilled Eggs		White Cake



**SENIORS COFFEE DROP-IN  
AT THE SENIORS COMPLEX**

**12 pm -3 pm**

**Come on out have a coffee and  
snack. Scheduled for:**

**March 21. 2019**



**Aamjiwnaang Health Centre  
Friendly Visiting Program**



- Do you feel that you would like company sometimes?
- Need someone to come to your home and talk over a cup of coffee or tea?
- Maybe play a game of cards, etc. or do a craft?
- Do you need help with filling out forms or other tasks?

**Please contact Natalie Nahmabin  
at the Health Centre at (519) 332-6770**

*You're invited*

**Seniors Congregate Dining**

**March 13**

**12PM**

**Community Centre gym**

Instruction: Please bring a grandchild with you for lunch; and plan to stay for a craft.

**March Break FUN**



# CROSSWORDS

**Across**

- 1. Compares prices
- 6. ICU order
- 10. Alert electronically
- 14. Cut off from escape
- 15. It may be cold or petty
- 16. Differential gear site
- 17. See 28-Down
- 20. Outran everybody
- 21. Royal of Lucknow
- 22. Pancake mixture
- 23. Dust Bowl migrant
- 24. Water source
- 25. Cause for alarm
- 28. Worked as a sub
- 32. Protruding window
- 33. Cockamamie
- 34. St. Gotthard Pass canton
- 35. Rubberneck
- 36. One-way transports
- 37. Blow one's horn
- 38. George W.'s degree
- 39. Ambergris source
- 40. Make a temporary stitch
- 41. Ceres or Eros, e.g.
- 43. His job is a snap
- 44. Light gas
- 45. Holding a grudge, say
- 46. Least tainted
- 49. Natural emollient
- 50. Uppercut setup
- 53. See 28-Down
- 56. Cervine male
- 57. Fit to finish?
- 58. Fifer's drum
- 59. Broadway award
- 60. Bakery offering
- 61. Proficient

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
17					18					19				
20				21					22					
			23					24						
25	26	27					28					29	30	31
32							33					34		
35							36					37		
38							39					40		
41							42					43		
			44											
46	47	48												
53														
56														
59														

**Down**

- 1. "Major Barbara" author
- 2. Long lunch?
- 3. Warning sign
- 4. Zadora of "Butterfly"
- 5. Do some shoal-searching
- 6. It can be stolen
- 7. Hail this
- 8. Cleo's doom
- 9. Poe poem
- 10. Armed engagement
- 11. One type of poll
- 12. Contrariwise
- 13. Jury member
- 18. Type of shake
- 19. Come from behind
- 23. Certain molding
- 24. "Picture of Dorian Gray" author
- 25. Authoritative doctrine
- 26. Graceful horses
- 27. Go after, puppy-style
- 28. This word could follow 25- and 43-Across, 10- and 42-Down
- 29. Political satirist Will
- 30. Angry
- 31. River through Mali
- 33. "Hast thou \_\_\_ the Jabberwock?"
- 36. Fires upon
- 37. Scourge
- 39. Appropriate by force
- 40. Old Robert Blake TV show
- 42. Einstein's "E"
- 43. Ring-tailed critter, informally
- 45. Driving hazard
- 46. Verbal elbow in the ribs
- 47. "What have you been \_\_\_?"
- 48. Horse hue
- 49. State with conviction
- 50. Fore-and-aft maneuver
- 51. At the apex
- 52. One of the Bobbsey twins
- 54. Seventh Greek letter
- 55. In low spirits

CROSSWORD SOLUTION FOUND WITHIN THE TRIBE-UNE NEWSLETTER



**UPDATED Flyer**

*Please join us...*

# ST. CLAIR RIVER

Knowledge & Feedback

Door prizes!

## Area of Concern Event !!

**FUN!**

### St. Clair River Area of Concern

The St. Clair River is one of 43 Areas of Concern that the International Joint Commission has identified within the Great Lakes basin where there are known environmental impacts.

Aamjiwnaang Environment Department Staff invites you to attend a day of learning through games and presentations on the following items. This is a family event; transportation & childcare is available for the little ones if you wish.

#### Topics for Discussion:

- Canadian Remedial Action Plan Implementation Committee (CRIC) – Update
- The St. Clair River Area of Concern (AOC) – Update
- Beneficial Use Impairments (BUIs) – Update
- Shoreline Project – Update
- Permit to Take Water Applications:
  - TransAlta
  - NOVA Chemical
- And more...

Mark your Calendar!!

Date: March 2, 2019

Time: 10 AM – 1 PM

Where: Aamjiwnaang Community Centre \*(Gymnasium)\*

Lunch is provided!

Variety of Gift Cards as Door

Prizes to help with March Break Adventures!!

**Family Event!**



#### Information Booths:

- Maajigin Gumig - "Place where plants start to grow"
- Species at Risk
- Emergency Planner

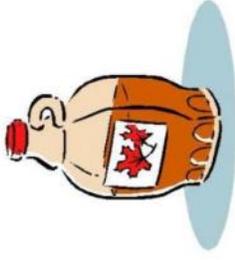
Please bring a canned food donation for Aamjiwnaang's Food Bank and have your name entered into a special door prize draw.

Students!! Do you need volunteer hours? We are looking for VOLUNTEERS!

Please contact Environment Department if you have any questions (519) 336-8410. Miigwech!



# Dago Maajiigoog Binoojiinyag March 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Open Craft 12:00-4:00 Dad's Drum Making SIGN UP 4:30-7:30	5 Pancake Day 9:00-1:00	6 Literacy Activities 12:00-4:00 4:30-7:30	7 Play Group & Culture 9:00-1:00	8	9 Moccasin Making 9:00-2:00 SIGN UP
10 March Break No Programming	11	12	13	14	15	16
17	18 Supaminja Lair 11:00-12:00 The RainbowFish Craft and Story 4:30-7:30	19 Sugar Bush Trip 10:00	20 Kids Cooking 12:00-4:00 & 4:30-7:30	21 Nutrition with Sara 9:00-1:00	22	23
24	25 Making Bath Bombs 12:00-4:00 & 4:30-7:30	26 Finger Painting 9:00-1:00	27 Basic Crochet 12:00-4:00 Gym Night 4:30-7:30	28 St. Clair Child & Youth Handling Difficult Behaviors 9:00-1:00	29	30
31						

Call Paula for Transportation 226-349-2427

# Bowling party

Limited seating available



**MUST SIGN UP**  
**MARCH BREAK FUN**

Hiway Bowl March 12, 2018 11-3PM	1898 London Line, Sarnia, ON N7T 7H2
--	--

Please call Amy at 519.332.6770 ext. 301 to sign up



**LIMITED SPOTS**

# Cinema DAY



MEET AT SARNIA CINEPLEX  
**MARCH 11, 2019 AT 1PM**

Please call Amy to sign up at 519.332.6770 ext. 301

**MARCH BREAK FUN**




Lambton College Corporate Training

## Carpentry Skills Program

Information Sessions

March 19<sup>th</sup> and 26<sup>th</sup>

6:00 pm – 7:00 pm

463 Lasalle - LC Industrial Training Centre

Come out and learn what skills you will gain when you complete the 4 weeks Carpentry Skills Program

For more information please contact Employment and Training 519-336-8410 ext. 248



## WALK IN CLINICS

### Good Doctors Walk—in

889 Exmouth St. Unit 3,

Sarnia, ON N7T 5R3

Phone: 226-778-4811

### Hours

Monday: 9am-6pm

Tuesday—9am-6pm

Wednesday—9am-6pm

Thursday—9am-6pm

Friday—9am—6pm

Saturday—9am-3pm

### Good Doctor's Walk-in

112-704 Mara St.

Point Edward, ON N7V 1X4

Phone: 226-400-4010



# MARCH BREAK FUN

# THE FACTORY

# MARCH 15



“PLAY ALL DAY” PASS INCLUDES UNLIMITED ACCESS TO OUR HIGH ROPES, TRAMPOLINE PARK, WARRIOR COURSE, SOFT PLAY AND 20 ARCADE TOKENS.  
 This will be a lottery draw being held on March 7th

Departure Leaving the Maawn  
 Doosh Gumig  
 Community Centre  
 at 1130  
 Leaving London at  
 5PM

Dinner will be provided at The Factory



Please call Amy to sign up at 519.332.6770 ext. 301



# INAC

## Outstanding Estate Individual Sessions

(This is not a Will writing session)

**Tuesday March 19, 2019**

9am – 4pm

Maawn Doosh Gumig –  
Community/Youth Center



Please call: Naomi Deacon – Lands Clerk  
at the Band Office to sign-up!

519-336-8410

AAMJIWNAANG FIRST NATION

---

**WILL  
WRITING  
WITH  
JOYCE SONEY**

---

MARCH 4 & 5, 2019

8:30AM – 4:30PM

Maawn Doosh Gumig

Aamjiwnaang Lands Department  
will be hosting

1 on 1 Will Writing session with  
Lawyer - Joyce Soney.

Please call Naomi – Lands Clerk at  
the Band Office to sign up!

There are 5 spots available each day

**March 4, 2019**

We would like Seniors who are  
interested

---

**March 5, 2019**

Open to Community Members  
who are interested in writing a  
Will.

---

**Joyce will be back on March  
7 & 8, 2019 to sign the Wills  
with the clients she had seen**

**Creative Native**  
*is back!!*

Here are a list of the following dates:

**Moccasins** February 8, 2019  
 February 15, 2019  
~~February 22, 2019~~ **No class**  
 March 1, 2019  
 March 8, 2019  
~~March 15, 2019~~ **No class**  
 March 29, 2019

Held at the Health Centre from 10-noon

Please call Amy to sign up at  
519.332.6770

MOORETOWN SPORTS COMPLEX

**FAMILY SKATE N SWIM**

**SUNDAY'S**

SWIM 4PM - 5PM  
 DATES:  
 FEBRUARY 17TH  
 MARCH 3RD, 17TH

SKATE 10:45AM - 12PM  
 DATES:  
 FEBRUARY 10TH  
 MARCH 10TH, 24TH

FOR MORE INFORMATION  
 PLEASE CONTACT  
 ROBERTA BRESSETTE  
 @ 332-6770

**UPCOMING**  
**WOMEN'S WELLNESS**  
**2019**

**CANCELLED**  
 Sorry ladies No program. **MAR 13**

**MAR 27** Spa Night  
 Please join us for a night to pamper ourselves.  
 Ideas are welcome!

Women's Wellness is held at the Health Centre unless otherwise indicated

**5-7 PM**

Please call Amy to sign up at 519.332.6770 ext. 301

**Food Banks**

**Aamjiwnaang First Nation**  
 Health Centre  
 Food Bank: Mondays: 9am- 12 noon  
 Thursdays: 1pm- 4pm

**St Vincent de Paul Help Centre 519 338-1058**  
 228 Davis. St., Sarnia  
 Food Bank: Monday & Wednesday 11am- 3pm  
 Friday 1pm- 4pm

**Salvation Army 519 344-1142**  
 970 Confederation. St., Sarnia  
 Food Bank: Tuesday to Friday 1pm- 3:30pm

**Inn of the good Shephard 519 344-1746**  
 115 John St., Sarnia  
 Food Bank: Monday to Friday 9:30- 11:15am

# WILLARD WILLIE WILLIAMS



Contact Maureen (Mo) Young on Facebook or Willie at 519-332-6771 or 519-384-1957 willie@cogeco.ca

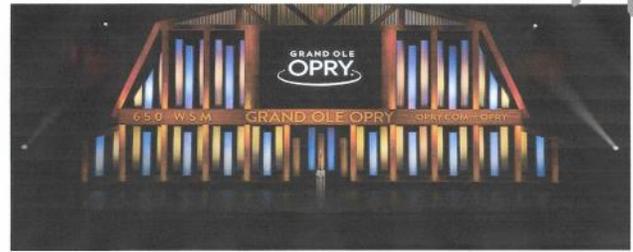
## RAFTING THE GRAND-RIVER



**Sunday, August 4th**  
**\$130 CDN**

Coach Bus, Turbo Raft tube, life jacket, floating dry bag and shuttle ride. Food at Legends Sports Bar, and Shirt. Small Soft Sided Coolers allowed on Bus. Bus leaves Bad Dog Corunna at 7:30 am SHARP and Village Gardens at **8:00 am SHARP**

Contact Willie at 519-332-6771 or 519-384-1957.  
E-Transfer to willie@cogeco.ca



**Nashville - Sept.29th - Oct. 3rd 2019**

Coach Bus, 4 Nights Accommodation at "Embassy Suites Vanderbilt" Nashville with Breakfast and 2 Hour Managers Party including Appetizers and FREE Adult Beverages each day, 2 Queen Beds, and Sofa Bed in each Room. Ticket's to Grand Ole Opry, Nashville Predators Hockey Game and Dinner at Blake Shelton's Restaurant "Ole Red", Nashville and Lunch going to and from Nashville at the Golden Corral, Dayton Ohio. 4 in a room \$755 US, 3 in a Room \$825 US per Person and 2 in a Room \$965 US per Person. Bus leaves Bad Dog, Corunna at 5:00 am SHARP, Maawn Doosh Gumig at 5:30 am SHARP and Food Basics at 6:00 am SHARP. Contact Willie at 519-332-6771, 519-384-1957 or willie@cogeco.ca  
A \$300 US Deposit secures your spot.:) With remainder due August 6th, 2019.

## WEEKEND OF NLL LACROSSE

*with*



**SARNIA'S KYLE JACKSON**

**March 15-17, 2019**

Georgia Swarm vs Knighthawks - March 15th in Rochester, NY  
Toronto Rock vs Knighthawks - March 16th in Toronto  
Includes; Limo Bus, Hotel Rooms at Rochester Riverside & Novotel, Toronto. And ticket's to both Games Lower Level at Blue Cross Arena, NY & Air Canada Center, Toronto  
4 in a Room - \$400 Per Person  
3 in a Room - \$440 Per Person  
2 in a Room - \$520 Per Person  
Single is \$770

All Prices are in Canadian Funds

Bus leaves Maawn Doosh Gumig at 8:30am SHARP & Clearwater Arena at 9:00 am SHARP.

Contact Willie at 519-332-6771, 519-384-1957 or willie@cogeco.ca



@ Comerica Park, Detroit

**DETROIT vs TORONTO**  
**TIGERS BLUE JAYS**

**Sun. July 21st, 2019 @ 1:10pm**

**\$170.00 CDN**

Includes: Coach Bus, Ticket's (Pavilion & Sec. 148)  
The Chevrolet Pavilion is the only all-inclusive party area located on the lower level (behind section 148 under the scoreboard).

The Chevrolet Pavilion hosts 50-65 guests.

Chevrolet Pavilion Parties include game tickets in the exclusive Pavilion Patio and an all-star buffet.

Buffet includes: Hot Dogs, Boneless Chicken Wings, Little Caesars Pizza (served in the 5th inning), Vegetable Spring Rolls, Lay's Potato Chips, Pepsi Products/Aquafina, Domestic Beer and House Wine.

Food is served rain or shine. Food service starts when gates open and runs until the 7th inning or 2 hours after the regularly scheduled start time. Bus Leaves Bad Dog Corunna at 9:00 am Sharp and Food Basics at 9:30 am Sharp. For tickets contact Willie at 519-332-6771, 519-384-1957 or willie@cogeco.ca



**St. Clair United Church  
Aamjiwnaang First Nation**

978 Tashmoo Avenue,  
Sarnia, Ontario, N7T 7H5

**If anyone is wishing to be baptized, please  
call Pastor Brenda at 519-336-6216**

Sunday School will begin again at 10 am.

**NEEDED - PIANIST**

Musician to play the piano or organ, each  
Sunday and on special occasions.  
Payment provided. Please inquire.

Apply to: St. Clair United Church,  
984 Tashmoo Ave.,  
Sarnia, ON N7T 7H5



Rev. Brenda Mac Main  
Church Phone: 519.344.6119  
Home Phone: 519.336.6216  
stclairunited@rogers.com

*Verse of the Day*

The old saying is clearly true, "Tell me who your friends are and I will tell you who you are." Some people still associate with their worldly friends after they have given their lives to Christ. They labor under the delusion that since their lives have changed, their friends will change too. This very seldom happens.

More often a new Christian will gradually go back to his old friends and their standards and eventually to him/her old way of life.

Once you have accepted Christ as the Lord and King of your life, you should do everything in your power to strengthen your relationship with Him.

As you develop a meaningful relationship with Jesus you will have a greater understanding of other people. Your life will be filled with joy and you will attract new friends who also have a living relationship with Jesus Christ. As you seek Him in your fellowship with other believers, He will enrich your life with His glorious presence.

**Womans STUDY**  
Thursdays at 7pm

123 Maness Court  
Sarnia Reservation  
Crystal Dowling 226 886 3812

Group of ladies that gather together in prayer and study. Topics may include but are not limited to Family, Marriage, Divorce, Children and The Home. Our study is looked at from a biblical point as we relate with one another and support each other though lives mountains and valleys.

The Lighthouse Church

**TUESDAYS**  
6:30 PM

Worship \* Praise \* Testomonies \* Childcare \* Fellowship

Matthew 28:19-20

19 Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, 20 and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."

978 Tashmoo Ave | United Church | Aamjiwnaang Rez

Visiting Pastor Jenny George | Crystal Dowling | 226 886 3812

*Free*  
**Belgian Waffles**

**Tuesday March 19th**  
**11am - Gone**

United Church  
978 Tashmoo Ave  
Aamjiwnaang Rez

Delivery Available for  
Seniors  
226 886 3812  
226 402 0630

Contribute to the needs of the saints and seek to show hospitality. Romans 12:13 ESV

Foodability/Wall.com

*Provided By The Lighthouse Church*



Have a Sweet day with our delicious

# Pancakes

for dinner

St. Clair United Church



A fun event for whole family!

**Tuesday, March 5th starting at 4PM**

Pancakes and sausages  
Donations accepted  
978 Tashmoo Ave.

## CROSSWORD SOLUTION

S	H	O	P	S		S	T	A	T		B	E	E	P
H	E	M	I	N		C	A	S	H		A	X	L	E
A	R	E	A	O	F	E	X	P	E	R	T	I	S	E
W	O	N		R	A	N	I		B	A	T	T	E	R
			O	K	I	E		W	E	L	L			
D	A	N	G	E	R		F	I	L	L	E	D	I	N
O	R	I	E	L		S	I	L	L	Y		U	R	I
G	A	P	E		S	L	E	D	S		B	R	A	G
M	B	A		W	H	A	L	E		B	A	S	T	E
A	S	T	E	R	O	I	D		C	E	N	T	E	R
				N	E	O	N		S	O	R	E		
P	U	R	E	S	T		A	L	O	E		J	A	B
S	P	O	R	T	S	E	V	E	N	T	S	I	T	E
S	T	A	G		A	T	E	E		T	A	B	O	R
T	O	N	Y		T	A	R	T		A	D	E	P	T

# Mino Dbishkaayin-Happy Birthday

Ricky	Gray	Mar.	1	Miimiikwe Spring	Bird	Mar.	9
Elissa	Joseph	Mar.	1	Anthony M	Plain	Mar.	9
Iris	King	Mar.	1	Sean	Rogers	Mar.	9
Charles P	Maness	Mar.	1	Rain	Simpson	Mar.	9
Keegan	Rich	Mar.	1	Ashley	Williams	Mar.	9
Haiden	Williams	Mar.	1	Courtney	Bird-Little	Mar.	10
Gabriel	Elijah	Mar.	2	Lindsay	Gray	Mar.	10
Adrienne	Jacobs	Mar.	2	Rachel	Hebert	Mar.	10
Jacob	Johnson	Mar.	2	Jasmine	Wright	Mar.	10
Brenda	Maness	Mar.	2	Camilla-Jasmine	Adams	Mar.	11
Justin	Rogers	Mar.	2	Tanya	Bird	Mar.	11
Anthony	Allen	Mar.	3	Cameron	Crowley	Mar.	11
Amanda-Dawn	Arseneault	Mar.	3	Becky	Stewart-Maness	Mar.	11
Shoniqua	Bunce	Mar.	3	Madison	Bois	Mar.	12
Michael	Kilbourne	Mar.	3	Annette	George	Mar.	12
Samuel	Miller	Mar.	3	Michelle	Kilbourne	Mar.	12
Julian	Oliver	Mar.	3	Danielle	Miller	Mar.	12
Tesha	Oliver	Mar.	3	Kristen	Nahmabin	Mar.	12
Lena	Weekes	Mar.	3	Diana	Stewart	Mar.	12
Wilfred L	Gray	Mar.	4	Derrick	Williams	Mar.	12
Brittany	Lewis	Mar.	4	Jackie	Day	Mar.	13
Scott	Maness	Mar.	4	Mason	Hurd	Mar.	13
Rianna	Plain-Nahmabin	Mar.	4	Janelle	Nahmabin	Mar.	13
Justin	Smith-White	Mar.	4	Rachel	Nahmabin-Reid	Mar.	13
Stephanie	Tully	Mar.	4	Levi	Plain	Mar.	13
Darryl	Brooks	Mar.	5		Simon-		
Gail	Drakes	Mar.	5	Jana	Montemayor	Mar.	13
Kole	Huggins	Mar.	5	Cody	Stewart	Mar.	13
Joyce	Lancaster	Mar.	5	Winona	Wright	Mar.	13
Chenoa	Plain	Mar.	5	Vernetta	Wrightman	Mar.	13
Sherwood K	Rogers	Mar.	5	Danielle	Nahdee	Mar.	14
Dakota	Williams	Mar.	5	Brian	Rogers	Mar.	14
Jaymee	Nahmabin	Mar.	6	Eric	Smith	Mar.	14
Morris	Nahmabin	Mar.	6	John	Snake	Mar.	14
Ethan	Pentland	Mar.	6	Amber	Williams	Mar.	14
Susan	Williams	Mar.	6	Waasnode	Adams	Mar.	14
William Adrian	Cottrelle	Mar.	7				
Melissa	Joseph	Mar.	7				
Joel	Williams	Mar.	7				
Nicholas	Cottrelle	Mar.	8				
Elizabeth	Jackson	Mar.	8				
Vincent	Joseph	Mar.	8				
Bailey	Maness	Mar.	8				
Richard	Maness Sr.	Mar.	8				

happy birthday!

Happy Birthday Kris  
Love your girl.

Happy Birthday Jackie  
Love your family.



## Show some LNHL Support!

Insulated Jacket



**\$100**

Performance Hoodie



**\$50**

Hockey Team Hoodie



**\$65**

Team Jersey



**\$65**



**\$20**



**\$20**



**\$20**

858 Colborne Rd, Sarnia, ON

**CALM N' SCENTS®**  
**AROMATHERAPY & METAPHYSICAL STORE**

**Essential Oils**  
**Crystals**  
**Incense**  
**Jewelry**

**Loose-leaf tea**  
**Diffusers**  
**Books/Decks**  
**Smudge**

**Meditation cushions**  
**Tapestry**  
**Yoga Mats**  
**& more!**

We support fellow entrepreneurs and offer consignment.  
For more details please contact us at Calm n' Scents,  
phone number 519-332-2929.

**Store Hours**

Tuesday-Friday 10:00am - 5:30pm  
Saturday 10:00am - 5:00pm

The hidden gem, located in the Northgate Plaza ;)

**TAX FREE**

**FURNITURE WAREHOUSE**

Thursday - Sunday  
10:00 am - 6:00 pm

**Great Prices!**

1647 Williams Drive  
(at the end of Indian Road)  
Sarnia, ON



**TAX FREE *Plus* COURTESY SHUTTLE**

Full Mechanical, Collision & Rust Repair  
on all Makes & Models

OIL CHANGES • BRAKES  
SUSPENSION • TUNE-UPS • TIRES

1069 Tashmoo Ave.  
Mon to Fri 9am - 5pm

Ken Plain: 519-336-6372

[whiteplainsautobody@gmail.com](mailto:whiteplainsautobody@gmail.com)

**TNT Auto Detailing & Upholstery**

Call for free quote or to book appointment

**Auto Detailing**  
**Upholstery & Carpet Cleaning**

Greg Gray (Owner)- (226)-349-1865

**TJ's Salvage & Demolition**

Down & Out?? We'll tear it down, cut it  
down and haul it out... trees, buildings, cars  
or whatever you want removed. Reasonable  
Rates... Prompt Service...

Call Jamie, Jacob or Triah at  
**226-932-5784**

**Job Search Websites**

- A. **OFIFC**, <http://www.ofifc.org/>
- B. **Nokee Kwe**, <http://www.nokekwe.ca/>
- C. **Southern First Nation Secretariat**,  
<http://www.sfnson.ca/index.html>
- A. N'Amerind Friendship Centre (London), <http://www.namerind.on.ca/>
- B. **Anishnawbe Health Toronto**,  
<http://www.aht.ca/>
- A. **SOAHAC** London, Chippewas of the Thames, Owen Sound, <http://www.soahac.on.ca/>
- B. **Six Nations** (Ohsweken, ON), <http://www.sixnations.ca/>

**Other Job Search Engines:**

- <http://www.aboriginalcareers.ca/>
- <http://ca.indeed.com/Aboriginal-jobs>
- <http://www.wowjobs.ca/jobs-aboriginal-jobs>
- <http://www.turtleisland.org/front/front.htm>
- <http://www.eluta.ca/>
- <http://www.monster.ca/>
- <http://www.workopolis.com/>
- <http://www.jobs.ca/>
- <http://www.servicecanada.gc.ca/eng/sc/jobs/jobbank.shtml>
- <http://www.ofifc.org/>

For Up-To-Date News and Information in the First Nations Political Arena you may visit the following sites:

Chiefs of Ontario visit:  
<http://www.chiefs-of-ontario.org/>

Union of Ontario Indians visit:  
<http://www.anishinabek.ca/>

Assembly of First Nations visit:  
<http://www.afn.ca/>

Southern First Nation Secretariat  
<http://www.sfnson.ca/>

Aboriginal Affairs and Northern Development Canada  
<http://www.aadnc-aandc.gc.ca/>



MONAT

**AMANDA HOPKINS**

Independent Market Partner  
#1550947

810.858.3496 | 519.332.0410  
amanda.hopkins00@gmail.com  
Amandahopkins00.mymonat.com



**Tecumseh**  
Community Development Corporation

1040 Degurse Drive, Sarnia ON N7T 7H5  
519-332-5151 | 1-888-433-1533

**Where do I begin?**  
**Call Tecumseh Today! 1-888-433-1533**

- BUSINESS COUNSELLING
- BUSINESS FINANCING
- COMMUNITY DEVELOPMENT



# LOOKING FOR FOSTER PARENTS

Eagle's Nest: A Place to Soar, Inc.

"We are looking for families". Will you open your homes? Be a loving foster parent & role model to Native children in CAS care. We all need to feel safe, wanted and loved. Will you welcome a child into your nest, you do not have to be native, we provide cultural teaching.

EAGLE'S NEST: A PLACE TO SOAR, INC. FOSTER CARE AGENCY  
Eagles Nest—Will complete Home Studies and Prepare you to be a Foster Parent. Licensed by: Ministry of Children & Youth Services  
Accredited by: CARF International

Please Call—519-439-3000 ext. 202  
[www.eaglesnestinc.ca](http://www.eaglesnestinc.ca)

## ANIMAL CONTROL OFFICER

Ron Simon  
519-330-7450

Brian Bois (alternate)  
519-330-7375

### For animal control issues only!

- Primary duties are to follow up on loose dog.
- complaints and monitor quarantined dogs.
- If you are a dog owner and your dog is loose, it is your responsibility to retrieve your dog.
- Traps available at Band Garage for use by community members. 519-336-0510



## Roger Williams' AUTHENTIC NATIVE CRAFT SHOP

Lots to Choose From & Great Gift Ideas!

STORE HOURS  
Monday ~ Saturday  
10:00 am ~ 6:00 pm



R&R Renovations - Interior and Exterior ..  
Call Ryan for a free estimate  
519 312 7537 - 7 days a week

## CHIPPEWA TRIBE-UNE

1972 Virgil Avenue  
Sarnia, Ontario N7T 7H5  
Phone: 519-491-2160 or Fax: 519-491-0912  
E-mail: [editor@aamjiwnaang.ca](mailto:editor@aamjiwnaang.ca)

The next issue is due out on  
**Friday, March 15th, 2019**  
The deadline for submissions is  
**Tuesday, March 12th, 2019 at 4:30 pm**

Please submit your documents in  
**Word, Excel, or Publisher** formats or info  
can be hand written; **jpeg** for pictures.

This paper and past editions can also be found on the  
**Aamjiwnaang website at: [www.aamjiwnaang.ca](http://www.aamjiwnaang.ca)**  
If you have stories that you would like to share, please submit them  
to the Editor at : [editor@aamjiwnaang.ca](mailto:editor@aamjiwnaang.ca)



## TRIBAL CUSTOM

Do you feel your insurance is too high?  
We can help you find the right price and  
provide you with great service.

Call NOW for a no-obligation quote!

Head Office — 1000 Degurse Drive, Suite 2,  
Sarnia, Ontario N7T 7H5  
Tel (519)332-4894 Fax (519)332-5982

"Our Vision—Your Well Being—Our Coverage"



LEGAL AID ONTARIO  
AIDE JURIDIQUE ONTARIO

Representatives from Legal Aid Ontario are offering free  
"Advice Counsel Clinics" for Band Members. The clinics  
will be held every Friday from 9AM—4PM at the Maawn  
Doosh Gumig Community Centre. Lawyer, Matt Stone and  
Legal Aid Worker, Ember Chapdelaine will be present to  
assist you with legal questions.

Appointments are mandatory please call 519-344-4949