



The Aamjinaang First Nation

CHIPPEWA TRIBE-UNE

Issue No. 19:2

Date: February 1, 2019

Editor: Shawnacey Fay

Video Dance - Door Prizes - Lunch - FUN

FEB
1st

PD DAY
FUN

Valentine's Dance

MAAWN DOOSH GUMIG
COMMUNITY CENTRE

10 AM - 2 PM

Please join us for a Valentine's Art Day, Lunch & Dance.

We hope to see you there!



Aamjiwnaang Chief & Council
Agenda Item Submission
Information and Deadlines

- * Regular Council Meetings - 1st & 3rd Monday of every month. If Monday falls on a statutory holiday the meeting is generally held the following day. Please note, that from time to time meetings may be cancelled or postponed.
- * Deadline - Tuesday's prior to the regularly scheduled meeting date, by 12:00 noon, for Band Manager review.
- * Agenda Item Request Form is available at reception for the following locations: Administrative Complex (Band Office), E'Mino Bmaad-Zijig Gumig (Health Centre) & Maawn Doosh Gumig (Community Centre); and, on the Aamjiwnaang website.
- * Your completed request form can be submitted in person or email, you may also wish to attach additional documentation and information to support your request (i.e. acceptance letters, budget, personal summary, etc.).
- * Requests will be reviewed by June Simon, Band Manager, to ensure that the appropriate personnel/department have the opportunity to respond or resolve the request, prior to being placed on the Council agenda.
- * The guidelines set out above are in place to ensure that the flow of information to and from the Council table is efficient, and that your matter is addressed and resolved in a timely manner.

If you have discussion items for Chief and Council on:

Monday, February 18th, 2019 by 5 PM

Your information is due by:

Tuesday, February 12th, 2019 by 3 PM

Miigwech, for your co-operation and understanding.

Lynn M. Rosales, Aamjiwnaang Council Clerk
lrosales@aamjiwnaang.ca

COUNCIL AGENDAS

Presently a copy of the Council Agenda is posted on the front doors of the Band Office and Community Centre.

If you would like to receive an "electronic" copy of the Council Agenda, please send an email to: swaring@aamjiwnaang.ca providing your name and band number.

Only band members can receive an electronic copy of the Agenda.

Thank you.
Sandy Waring
Community Information Officer



**Aboriginal Affairs and
Northern Development Canada**

**IF YOU DO NOT HAVE THE
MANDATORY IDENTIFICATION TO
OBTAIN A STATUS CARD,
PLEASE CALL: 1-800-567-9604**

- Advise the call centre representative that you want to obtain a Temporary Confirmation of Registration Document (TCRD).
- They will ask a series of questions to confirm your identity and then mail a Temporary Confirmation of Registration Document (TCRD) to you.
- This document will state your registration number and can be used in place of a Status Card to access benefits and services.



A CHANCE TO WIN STING TICKETS!

Chief and Council purchased a limited number of tickets to the Family Day Sting Game (vs. Saginaw Spirit) on February 18th, 2019 at 2 pm.

**Anyone interested in winning tickets to the game,
please call the Community Centre at 519.491.2160**

**Leave your name, and the name of your guest(s) you wish
to bring (4 people maximum). as well as a contact number.**

Names will be drawn on February 13th, 2019 at the Community Centre.



How to get Help

Find the right time and place to talk. Be calm, caring, non-threatening. Listen. Talk about the concerns by using facts and accurate information.

Encourage the person to see a doctor. Encourage the person to seek professional help.

Where to Get Help

- Emergency 911
- Kids Help Phone 1-800-668-6868
- Distress Line 519-336-3000
- LGBTQ Two Spirited Youth Line 1-800-268-9688
- Text: 647-694-4275
- Bluewater Health Addictions and Problem Gambling 519-464-4400 ext.5370
- Withdrawal Management 519-332-4673
- Women's Interval Home 519-336-5200
- Sarnia-Lambton Children's Aid Society 519-336-0623
- Westover Addiction Assistance 1-800-721-3232
- Windsor Withdrawal Management (detox) 519-257-5225
- Grand River Withdrawal Management (detox) 519-749-4318
- London Withdrawal Management (detox) 519-432-7241
- Lambton Mental Health Crisis Line 519-336-3445
- Victim Services Support Line 1-888-281-3665 ext. 5238
- Alcoholics Anonymous 519-337-5211
- Drug & Alcohol Registry of Treatment 1-800-565-8603
- Aamjiwnaang Mental Wellness 519-332-6770
- Pregnancy Centre 519-383-7115
- Sexual Assault Victims 519-337-3320
- Problem Gambling 1-888 230-3505

For more information or support please call 519-332-6770

My Records, My Choice

The Indian Residential Schools Settlement Agreement lets claimants preserve their IAP or ADR records at the National Centre for Truth and Reconciliation (NCTR).



INDIAN RESIDENTIAL SCHOOL CLAIMANTS MAY CHOOSE TO SHARE THEIR RECORDS OR KEEP THEM CONFIDENTIAL

If you made a claim in the Indian Residential Schools Independent Assessment Process (IAP) or Alternate Dispute Resolution Process (ADR), you have choices:

- Do nothing: your records will remain confidential and then will be destroyed on September 19, 2027
- Get a copy for yourself to keep or share with others
- Preserve your records at the NCTR for history, education and research
- Get a copy for yourself *and also* preserve your records at the NCTR for history, education and research

**THE CHOICE IS YOURS
AND YOURS ALONE**

TO LEARN MORE ABOUT YOUR CHOICES, CONTACT:

IAP INFORMATION

Phone: 1-877-635-2648 (toll free)
Email: MyRecordsMyChoice@irsad-sapi.gc.ca
Online: www.MyRecordsMyChoice.ca

ASSEMBLY OF FIRST NATIONS

Phone: 1-833-212-2688 (toll free)
Email: iapdesk@afn.ca
Online: www.afn.ca

INUIT REPRESENTATIVES

Contact for the Inuvialuit:
Phone: 1-867-777-7018
Email: ggruben@inuvialuit.com
Online: <http://www.irc.inuvialuit.com/>

Contact for Makivik:

Phone: 1-800-369-7052
Electronic communications can be submitted at:
<http://www.makivik.org/contact/>
Online: <http://www.makivik.org>

To learn more about the National Centre for Truth and Reconciliation (NCTR), contact:

Phone: 1-855-415-4534 (toll free)
Email: NCTRrecords@umanitoba.ca
Online: www.NCTR.ca

If you are feeling pain or distress because of your residential school experiences please call the free 24-hour crisis line:

Residential Schools Crisis Line: **1-866-925-4419**



NOTICE - Band Members

RE: Youth Funding Policy / Funding Applications

Chief and Council along with the Community Services Committee have developed a new Funding Policy to help our youth with their Sports, Arts and Recreational activities. This application is for youth to the age of 25 years. The maximum funding is \$800/CA per fiscal year. This maximum will take into consideration LNHL reimbursement and any other recreational funding. Applications can be picked up at the Community Centre or Band Office. For more information please contact the Community Centre – 519-491-2160



NOTICE – Aamjiwnaang Seniors

RE: Seniors Travel and Recreation Funding

Chief and Council along with the Community Services Committee have developed a new Seniors Travel and Recreation Funding Policy to help assist Seniors with Travel and Recreational activities. This application is for Seniors who have reached the age of fifty-five (55) years and over. The maximum funding is \$500/CA per fiscal year. Applications can be picked up at the Community Centre or Band Office. For more information please contact the Community Centre – 519-491-2160



Aamjiwnaang Tyke Team

- Coach – Ronald Codey Simon
- Assist Coach – Kyle Maness
- Trainer – Cameron Crowley
- Manager – Sherri Crowley

My contact information is cell 519-490-3131

or email sherri.crowley@hotmail.ca

Any players interested in playing in the Little NHL 2019 please contact your respective managers:

MANAGERS

TYKE (Initiation) half-ice - Ages 3, 4, 5, 6
Codey Simon

NOVICE - Ages 7 & 8 (full-ice)
Jim Maness

ATOM - Ages 9 & 10
Vicki Ware/Keith Rogers

PEE WEE - Ages 11 & 12
Brian Bois

MIDGET REC - Ages 15, 16 & 17
Earl Cottrelle

MIDGET COMPETITIVE
Nim Plain





Hello! My name is Christine Plug, I am a fourth-year nursing student from Lambton College. I am currently working at the Health Dept., with the nursing staff, for my community placement. I am a member of Kettle and Stoney Point First Nations and the proud mom of two sons. I am looking forward to learning more about the Aamjiwnaang community and how I can help you meet your health needs and goals.



Looking for people who would like to get together, tell stories and play Contract Bridge!

For more information, please contact Tim Adams at:

289-925-7992

ATTENTION:
AAMJIWNAANG HUNTERS:



Are there any hunters that can donate Venison to the Seniors program?

If so, please contact Peggy Rogers at 519-332-6770, ext. 312
Miigwetch! Greatly appreciated!

Aamjiwnaang Notification System
Noondan Gezhawebaa
(to hear what will happen)

You can still sign up for the Aamjiwnaang Notification System.
Go to

<https://member.everbridge.net/index/453003085611503#/login>
and click on the 'Sign Up' button.

It is important to acknowledge the notifications if you are already signed up!!

If you hear a siren go inside and listen to the radio!

If you have questions, contact Wilson Plain Jr. at the band office 519-336-8410.

On behalf of the Fisher Family - Phyllis, Dannis, Bear, Amy, Andrea, Michael, Ashlynn, Donovan, and Whittney. We would like to extend a huge, beautiful thank-you, to all who donated food and comforted us in our heart ache. A big, thank-you to our community who showered us with love. A thank-you to Chief Chris Plain, for your kind words and laughter. We needed that, when you stopped in that evening. Thank-you to our family, you were all awesome in supporting us in our grief and sorrow. Words cannot express the loss of a daughter, a mother, a best friend, an amazing woman. Dove will be missed so much. She has filled our hearts and lives with so many wonderful memories. Dove will always be cherished in our hearts, and carried through the lives of her children.

Thank-you from the Fisher Family

'Write to Us' Judges' Panel for Charity

Presents the 10th Annual, and 1st Annual *Rotating* WRITING CONTEST
Hosted by: Organization for Literacy in Lambton - 2019

Dear Writers,

We want your letters, poems, or short stories that this photo inspires you to write about **'bridging the gap'** between generations and friends; and the value of communications, connections and raising awareness.



- All ages welcome • Cash prizes & Book Keeper gift cards

Two age categories

17 and younger is FREE; 18 and over, \$20 entry fee

Contest Opens Wednesday, January 2nd., 2019

Deadline for entries, Wednesday, May 15th., 2019

Contest rules can be found on our website:

www.readsarnia.com

For more information, call Judith at 519-332-4876



AAMJIWNAANG FIRST NATION CHIPPEWAS OF SARNIA



EMPLOYMENT OPPORTUNITY

Position Title: Prevention Worker

Location: Sarnia, ON

Duration: Full Time Permanent

Posting Closes/Deadline: February 12th, 2019

Position Summary:

The Prevention Worker is part of a team that provides life skills information and family support and referral support to individual clients or groups as awareness, promotion and educational activities in areas such as Fetal Alcohol Spectrum Disorder, sex and sexuality, suicide prevention, parenting, addictions abuse, violence, and life skills development. Facilitates access to community and professional resources. Plans, researches, coordinates and facilitates workshops and activities geared at various target groups.

Responsibilities:

Facilitates the service delivery of Family Programs & Services:

- Identifies, reviews, & researches special projects referred to in prevention: as it applies to current trends.
- Plans, coordinates and facilitates workshops, trainings, activities
- Keeps parents informed on group activities and encourages his/her involvement
- Facilitates groups (youth, multi-disciplinary etc.)
- Collaborates with other related services and workers
- Prepares community wide/oriented prevention campaigns related to Youth, parent and family activities explores programs that aim to target the Community and the top health priorities and to promote education within the community
- Determines the gaps in service and identifies and designs programs to address the needs of the target population

Provides education and support services with an emphasis on parenting issues to individual clients/families:

- Develops client goals in collaboration with Social Services Coordinator/Band Representative
- Provides support (awareness, prevention sessions) to individuals, extended families, or groups to provide/share information and discuss issues that impact on client/family
- Works in conjunction with Case Workers, support counsellors and other team members in order to provide parenting support to clients
- Works collaboratively with community organizations as required
- Provides services in various locations ex. Clients home
- Ensures outreach to family systems of clients
- Brings innovative, creative, holistic and cultural approaches to service delivery by integrating traditional and conventional approaches to service delivery (presents information on various methods to clients – individual or group)
- Ensures documentation of case contacts regarding groups and individuals
- Attends case conferences, as needed
- Participates in regular supervision with Social Services Coordinator/Band Representative

Plans, develops, facilitates and promotes Social Services initiatives:

- Delivers prevention information to target groups in the community as required
- Plans, coordinates and facilitates parenting workshops/activities
- Develops tools that will help to evaluate service delivery and maintains a database on projects and activities
- Researches and adapts existing material to develop parenting workshops using culturally relevant curriculum based on needs of the community
- Maintains a resource library of materials related to parenting
- Develops funding proposals and projects that will enhance service delivery
- Maintains positive working relationships with target groups and other team members of the Social Services Department
- Develops and maintains a resource network
- Submits monthly and/or quarterly activity reports
- Develops yearly work plans
- Conducts evaluations of each session delivered

- Participates in budget preparations with immediate Supervisor.
- Promotes programming and activities with the community using all the media available at Aamjiwnaang
- Researches and writes prevention and promotion articles to promote community awareness (i.e. parenting issues via newspaper, website and newsletters)
- Attends parenting training sessions as required
- Attends team and staff meetings regularly

Assists in the implementation, promotion and planning of the Prevention Worker team:

- Identifies special projects, resource people that would enhance existing services (this includes: community, regional and national levels).
- Assists in the facilitation of special projects
- Networks with other First Nation Prevention Workers and other community organizations.
- Participates in Aamjiwnaang First Nation special activities and trainings as required
- Formats various public relations materials and participates in public relation to activities
- Acts as spokesperson regarding program
- Assists in the development of campaigns that are relative and responsive to community needs

Other:

- Other duties as assigned.

Knowledge, Skills and Abilities:

The incumbent must possess knowledge in the following areas:

- Familiar with customs, traditions and social issues of Aamjiwnaang community
- Strong skills in program planning, promotion, implementation and presentation
- Knowledge of statistics
- Strong time management skills with ability to meet deadlines
- Strong interpersonal skills
- Strong communication skills (technical writing & editing, speaking, listening, & presentation)
- Ability to work in a team setting and/or independently
- Ability to facilitate the groups and carry projects forward
- Ability to work with varied populations (children to adult)
- Experience in delivering workshops
- Strong conflict resolution skills
- Individual must be open to working with the holistic approach
- Good computer skills (Word, Outlook, Excel, etc.).
- Ability to work some flexible hours when necessary
- Lifestyle must reflect that of a positive role model

Requirements:

- Post-secondary degree/diploma program in Social Services; Social Worker, Child & Youth
- Knowledge of **The Child and Family Services Act**
- Working knowledge of computer-based data management programs for administrative purposes
- A valid driver's license and access to a vehicle is a requirement.

Application Process:

If you are interested in this opportunity, kindly forward your resume and cover letter via mail or email or fax or in person to (for a copy of the complete job description please email request):

Aamjiwnaang First Nation
978 Tashmoo Avenue Sarnia, ON N7T 7H5
Attention: Lorrie Guggisberg
Human Resources Officer
HumanResource@aamjiwnaang.ca or fax 519-336-0382
For more information, check us out online at www.aamjiwnaang.ca

SPECIAL EDUCATION ADVISORY COMMITTEE FOR LAMBTON KENT DISTRICT SCHOOL BOARD

Aamjiwnaang is seeking **letters of interest** from individuals to serve as the Aamjiwnaang representative and alternate on the Special Education Advisory Committee (SEAC) for a 4-year period, beginning February 2019.

SEAC is a statutory committee of the LKDSB that provides advice about special education programs and services available to students of the LKDSB.

The total 16-member committee meets approximately 10 times during the school year. Generally, meetings are held the third Thursday of the month from 6:00-8:30pm. Meetings are typically held at Wallaceburg District Secondary School but may be held via video-conference between the Sarnia Education Centre and the Chatham Regional Education Centre, if necessary due to inclement weather.

Must be: 18 years of age, Canadian citizen and a resident of Sarnia-Lambton or Chatham-Kent.

For further information: <https://www.lkdsb.net/Board/SpecialEducation/SEAC/Pages/default.aspx>

OPEN UNTIL POSITION FILLED

Submit to: Aamjiwnaang Administration Building

ATTN: Education Department

978 Tashmoo Avenue Sarnia ON N7T 7H5

519 336 8410



Lambton Kent
District School Board
Student Achievement ✓ *Community Success*

Aamjiwnaang First Nation & GardaWorld will be hosting an:

EMPLOYMENT INFORMATION SESSION

Wednesday February 20, 2019

Session Times: 2pm - 3pm & 6pm - 7pm

**Maawn Doosh Gumig Community & Youth Centre
1972 Virgil Ave, Sarnia, On**

**GARDAWORLD IS CURRENTLY LOOKING TO
FILL TEMPORARY PART TIME AND CASUAL PERMENANT
POSITIONS IN THE SARNIA AREA.**

**MUST HAVE A VALID ONTARIO SECURITY GUARD LICENSE
for immediate hiring.**

**Information will be provided on training available for those
that need a security license.**

BENEFITS:

- UNIFORMS SUPPLIED AT NO COST TO EMPLOYEE
- HEALTH AND DENTAL BENEFITS AVAILABLE
- FLEXIBLE SCHEDULES AND WORK HOURS

**PLEASE BRING RESUME with Copy of Driver's License
and 1st Aid/ CPR WITH YOU FOR SUBMISSION WITH
APPLICATION PACKAGES**



GARDAWORLD



In partnership with

**AAMJIWNAANG FIRST
NATION**
is pleased to host



FINANCIAL PLANNING WORKSHOP
and

ENTREPRENEURSHIP TRAINING WORKSHOP
March 19th and 20th , 2019

This 2 day session is designed for individuals who want to gain control of their finances and make a financial plan for their future, as well as for individuals who want to explore the possibility of going into business for self.

WHAT YOU WILL LEARN:

- Personal Goal Setting
- Financial Planning
- Budgeting
- Money Saving Tips
- Entrepreneurship
- What makes a successful business.
- How to write a Business Plan
- Business Structure

**WORKSHOP
DETAILS**

- 9:30AM—3:30 PM
- No Registration Fees
- Call to register.
- Meals Included

WORKSHOP LOCATION

Aamjiwnaang Community Centre

INCLUDES

2 Day Information Session
Information & Application Package
Lunch and Refreshments

TO REGISTER CALL:

Tecumseh Community Development Corp.: 519-332-5151
Or
Aamjiwnaang Employment and Training: 519-336-8410 ext. 248



560 Williams Drive
Sarnia, ON N7T 7H5

Phone 519-332-5151
Fax 519-332-6196
Toll Free 1-888-433-1533

NOTICE

Aamjiwnaang School Bus Transportation Notifications

Any change must go through the Aamjiwnaang Education Department

- Address change
- Telephone number update
- Change of School
- New students
- Bus Service no longer required

Please advise the Education Department at the Band Administration Building of any changes at 519-336-8410 Chenoa Plain ext. 246, or Vicki Ware ext. 247.

Bus Drivers will only accept changes as approved by the Education Department.

The Aamjiwnaang Bus Transportation Policy is available upon request. To ensure the bus safety of our students, we must all work together.



Medical Travel Drivers

Terry Plain (Monis)	...519-402-5535
Ron Simon	...519-330-7450
Sheila Firth	...519-383-1073
Mary Lou Williams	...519-337-9342
Carol Miller	...226-932-2419
Christine Plain	...519-466-0054
Fenton (Wimpy) Plain	H: 519-491-5248 C: 519-466-8717
Muriel (Toddy) Joseph	H: 519-336-6323 C: 519-312-2403
James Gray	C: 519-466-0462

Wheelchair Accessible Van

The van may be used for the following purposes:

1. Medical appointments – we can provide a Medical Driver
2. Personal outings (shopping, visits, etc.) – you provide your own driver
3. Community outings during regular business hours – a driver may be provided if available

Who can drive the van?

All drivers need to be approved and trained by the Public Works department. If you would like to add a family member or friend as a driver, please contact the Public Works department at 519-336-0510.

How do I book the van?

To book the van, please contact the Health Centre at 519-332-6770. Please call ahead to ensure availability. Medical appointments *may* take priority over other bookings.

Is there a cost?

There is no cost to use the van locally. If you travel more than 40kms from Aamjiwnaang, you need to replace the fuel you used.



Students: Please register for the shuttle service by sending your class schedule with contact number as well as emergency contact information to vware@aamjiwnaang.ca

Pick up & Drop off points:

- Health Centre – Tashmoo Avenue
 - Bus Stop – White Circle
 - Band Office – Tashmoo Avenue
 - Snack Shack – St. Clair Pkwy
 - Community Centre – Virgil Avenue
 - Lambton College – Pond Entrance
- *TEMPORARY STOP – Bus Stop/Bridge Entrance***

Driver Contact: Arno Yellowman - 226-349-8459 (cell) *between shuttle hours only 730 am - 430 pm*

Transportation to Lambton College Shuttle Service Schedule

** Please be ready 5 minutes before your scheduled pick-up**

** Shuttle will arrive before and wait 5mins prior to departure time & departs promptly**

<i>Times are subject to change</i>	Depart	Monday	Tuesday	Wednesday	Thursday	Friday
AM RUN #1 (Drop off Only)	Snack Shack	7:40 am				
	Community Centre	7:45 am				
	Health Centre	7:50 am				
	Bus Stop	7:55 am				
	Band Office	8:00 am				
	Arrive at Lambton	8:15 am				
AM RUN #2	Snack Shack	9:40 am				
	Community Centre	9:45 am				
	Health Centre	9:50 am				
	Bus stop	9:55 am				
	Band Office	10:00 am				
	Arrive at Lambton	10:15 am				
	Depart Lambton	10:35 am				
	Arrive at Aamjiwnaang	10:50 am				
MID-DAY RUN (Drop off Only)	Snack Shack	11:40 am				
	Community Centre	11:45 am				
	Health Centre	11:50 am				
	Bus stop	11:55 am				
	Band Office	12:00 pm				
	Arrive at Lambton	12:15 pm				
PM RETURN #1	Depart Lambton	2:05 pm				
	Arrive at Aamjiwnaang	2:15 pm				
PM RETURN #2	Depart Lambton	4:35 pm				
	Arrive at Aamjiwnaang	5:00 pm				



COMMUNICATION IS KEY
Drug, Alcohol & Fragrance Free Program
THANK YOU FROM THE EDUCATION DEPARTMENT

Revised September 4, 2018



AAMJIWNAANG ALTERNATIVE & CONTINUING EDUCATION

The Aamjiwnaang Alternative & Continuing Education Program will work together to take care of the whole person.

We will work in groups and one on one with you as you choose your goal path!

- Cultural pride and independence
- Secondary School Credit
- Postsecondary
- Employment
- Apprenticeship

We will then work with you to help meet your goals through learning that will be relevant to you.

The AACE Program works closely with our onsite Credit Granting Program. Helping community members achieve their OSSD!



FOR MORE INFORMATION CONTACT: EMILY WILLIAMS AT THE RESOURCE BUILDING
MONDAY-FRIDAY 8:30AM-4:30PM (519) 336-8410 EXT. 285

JORDAN'S PRINCIPLE

Funding that is available to all First Nations children in Canada.

Available for children under the age of 18 years old no matter where they live in Canada.

Traditional Healing Services

Services from Elders

Services for Children in Care

Medical Supplies and Equipment

Assessments and Screenings



Respite Care

PSW

Land-based Activities

Specialized Summer Camps

Transportation to Appointments

Jordan's Principle Call Centre: 1-855-572-4453; open 24 hours a day, 7 days a week

Or Elizabeth Cronk, CHR at Aamjiwnaang Health Centre 519-332-6770

Girl Talk

Date: Feb 7th, 2019

Time: 4pm - 6pm

We believe in supporting our community by empowering our young women to become strong and independent! We want to educate them on life skills, healthy relationship, dangers in a relationship, and self-care. Our goal is build each other up and maintain a positive view on life.

Group Name to be Announced

Who?

Girls 14-18 years

Where?

Aamjiwnaang Health Center

Phone: 519-332-6770

Email:

brandall@aamjiwnaang.com

or

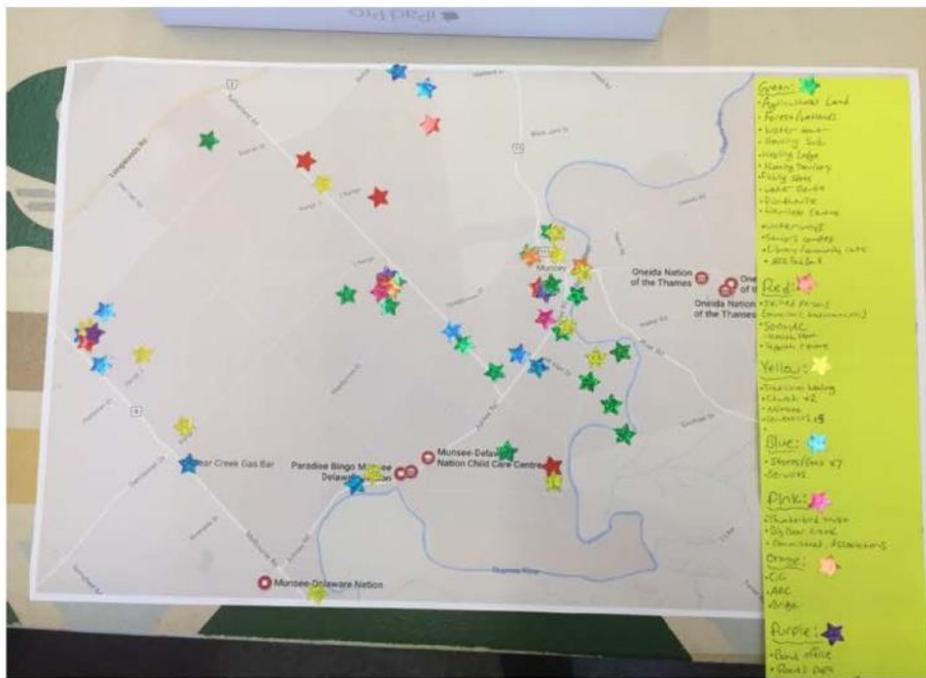
kjoseph@aamjiwnaang.com

Bonus Features!

FREE makeup + SEPHORA gift

+ community hours !

DINNER INCLUDED



**“Let us put our minds together and see what life we can make for our children”
(Sitting Bull)**

Help support Aamjiwnaang’s economic development by completing a survey about your household.

The 1st 200 people who fill in the survey receive a \$10 Tim Horton’s Gift Card!

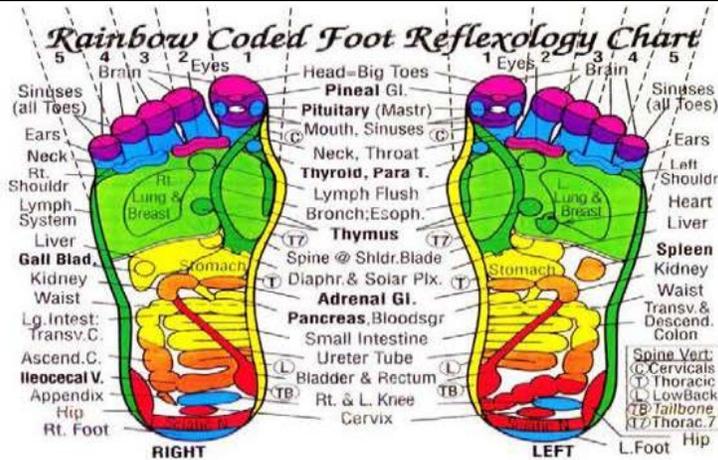
FEBRUARY 7TH, 5 PM
MAAWN DOOSH GUMIG COMMUNITY & YOUTH CETNRE
1972 VIRGIL AVE, SARNIA, ON

ASSET MAPPING + FOCUS GROUP:
COME AND DISCUSS AAMJIWNAANG'S COMMUNITY STRENGTHS AND HELP CREATE A MAP TO SUPPORT COMMUNITY PLANNING!

Online Surveys can be found at:
www.sfnleakagesurveys.com

Paper Copies are available at Band Office





Reflexology Sessions

**(Beneficial therapy for stress, enhance circulation,
helps sleep disorders and pain)**

With Lynn Sproviero, Registered Reflexologist

Will be offered at the Health Centre:

Monday, February 11, 2019

Monday, February 25, 2019

Monday, March 4, 2019

Monday, March 11, 2019

Monday, March 18, 2019

Monday, March 25, 2019

One Hour Sessions

Starting at 9:00 am – 12:00 pm

Afternoon – 1:00 pm – 4:00 pm

Limit to ONE session per person.

**Preference will be given to those without benefits
to cover reflexology sessions.**

Call Reception at the Health Centre for an appointment at (519) 332-6770.





COMMUNITY MEETING

SARNIA AREA ENVIRONMENTAL HEALTH PROJECT

The new Minister of the Environment, Conservation and Parks has announced they are committed to this project. With feedback from our community meeting on March 20, 2018, the Ministry has drafted an Exposure Assessment for Aamjiwnaang and surrounding area. The Ministry will be here on February 12th to present this project and get community input before moving on to the next step.

We need you to help guide this project to make sure it meets the needs of OUR community.

Date: Tuesday, February 12

Time: 6:00pm – dinner will be provided

Where: Maawn Doosh Gumig Community & Youth Centre



What are we being exposed to?

What are the health risks related to our exposures?

How are we impacted by noise, light and vibration?

WE NEED YOUR VOICE

LOCATIONS

FEBRUARY 13th @
Pathways Health Centre
for Children

FEBRUARY 20th @
The Children’s Treatment
Centre of Chatham-Kent

TIME

5:30 PM – 7:00 PM

COST

Free

Fetal Alcohol Spectrum Disorder (FASD) Learning Series

Pathways Health Centre for Children and the Children’s Treatment Centre of Chatham-Kent are eager to present a learning series open to parents and caregivers interested in gaining knowledge about FASD with guest speaker Dr. Melanie Freeman, C.Psych.

Dr. Melanie Freeman, C.Psych. is a clinical psychologist, working with children, adolescents and families. Melanie has over fifteen years working in the field and with this population. Melanie helped develop and pilot the FASD assessment clinic in Chatham-Kent and was the lead psychologist for this clinic while it operated. Melanie remains a member of the Chatham-Kent FASD Network and is currently working at the Greater Essex County District School Board. She also operates Kaleidoscope Child and Family Care where she primarily completes assessments for individuals between the ages of 2-19 years of age.

SAVE THE DATES
FEBRUARY 13 & 20, 2019



FASD – Let’s talk about it...

Topics covered:

- The screening and diagnostic process for FASD
- The role of a Psychologist, Speech Language Pathologist and Occupational Therapist in the diagnostic process
- How to interpret assessment results
- How FASD impacts behaviour and functioning
- Establishing common language for parents, caregivers and professionals
- Developing connections and opportunities to exchange knowledge through discussion

REGISTRATION

Please register by
February 11th
by contacting:

Amber Arnold
519-542-3471 ext. 304
aarnold@pathwayscentre.org

or

Jessica Constancio
519-354-7355 ext. 259
jconstancio@ctc-ck.com

For general inquiries please contact:
Jessica Constancio at jconstancio@ctc-ck.com or
Amber Arnold at aarnold@pathwayscentre.org
Funding provided by Health Nexus–Family/Caregiver Support Group Grant



Aamjiwnaang Health Centre

Naloxone Kits + Safe Supplies

**FREE
OFFER**

Location: Health Centre

Time of Operation: 8:30 — 4:30

No appointment needed. No questions asked.



P. 519-332-6770

Email:
kjoseph@aamjiwna
ang.ca
Or
rstewart@aamjiwnaang.ca

If you or someone you know is affected by opioid addiction, come and pick up **TWO FREE DOSES OF NASAL NALOXONE** from the Health Centre today. Our team can teach you how to recognize an overdose, how to react if someone is overdosing, and where to find substance abuse help afterwards. Appointments are not needed; walk ins welcomed. Our health team will not question your drug use or the use of other individuals. We also provide clean supplies, sharp containers, and safe use tips.

**For any more questions or concerns,
please contact Rhona Stewart or Kayla Joseph
at the Health Centre.**



Mental Health
Commission
of Canada

Commission de
la santé mentale
du Canada



MENTAL HEALTH FIRST AID

Feb 5—6, 2019

8:30am—4:30pm

Maawn Doosh Gumig Community Centre

Learn steps to encourage someone to access help

- **Gain awareness & understanding of mental health concerns**
 - **Promote good mental health**
 - **Provide comfort to a person experiencing a mental health concern**

Facilitated by:

Community Wellness Development Team

Brenda Johnson

Lunch will be provided

**Call Dorothy to sign up
Contact Tracey for more info**

519-332-6770



Aamjiwnaang Caring Connections Nurturing Program

**For Women with Substance Misuse Issues
who are Pregnant or Parenting Children**

This program's focus is to help mothers learn to balance their recovery from substance use with being the best parent she can be to her children. These roles are often viewed as being at odds with each other as a woman learns that she is supposed to be as selfish in her recovery as she was in her addiction while acknowledging that being a parent is one of the most selfless roles a woman fulfills in her life. This program teaches a woman to nurture herself in her recovery as she learns to nurture her child so the roles can be parallel to allow a woman to effectively manage both roles. The program aims to improve and strengthen the relationship between mother and child to improve outcomes for their newborns, infants and children while strengthening a mother's path to recovery.

**12 week program to be held weekly on Wednesdays
Start Date TBA 10am – 12pm
Transportation will be provided
Lunch will be included**

**Location:
Aamjiwnaang FN**

To Register please Contact:
Sarah Vanroboys @ 519.328.1683 OR
Tracey George @ 519.332.6770



“FATHERS IN RECOVERY”



An evidence based program offered to Fathers with Substance Misuse who are Parenting Children

“Fathers in Recovery” assists:

- Fathers who want to learn to balance their recovery from substance use with being the best parent they can be for their children
 - Fathers who want to improve and strengthen their relationship with their children.
- Fathers who want to learn and grow through sharing life experiences, challenges and successes of being a father in recovery

Groups are led by male and female facilitators.

13 week program

Start date: January 16, 2019

1:00 – 3:00pm

To register call Tracey or Alphonse **519.332.6770** or Sarah **519.328.1683**

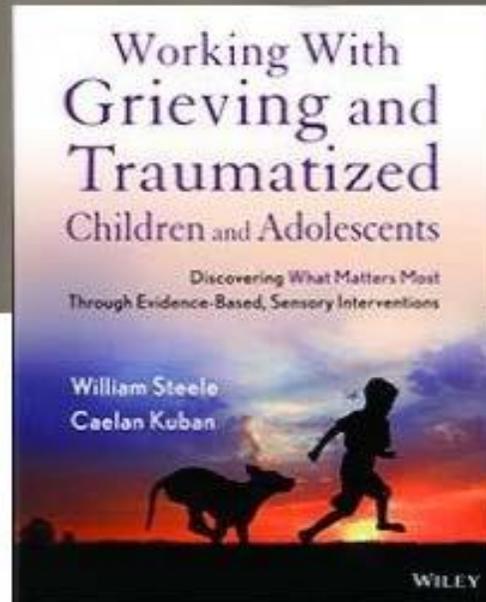
Aamjiwnaang Health Centre in collaboration with the House of Sophrosyne





CHILDREN *of* TRAUMA

A Starr Global Learning Network Training



FEBRUARY 26, 2019

8:30AM—4:30PM

Tina Hunter RSSW RP ACTP

Starr Global Learning Network Trainer

Children of Trauma

Designed for school and clinical professionals who work with at risk and traumatized children. This course provides content related to grief versus trauma, trauma exposure, trauma to be viewed as an experience rather than a diagnostic category, trauma's impact on the brain, the Adverse Childhood Experience's Study and additional information and strategies to support the evidence-based structured sensory interventions TLC developed.

MAAWN DOOSH GUMIG COMMUNITY CENTRE

LUNCH WILL BE PROVIDED. PLEASE SIGN UP WITH DOROTHY.

QUESTIONS? PLEASE CONTACT TRACEY 519-332-6770



MEN'S WELLNESS

14
JAN

DINNER, CONVERSATION & CRAFTS
COMMUNITY CENTRE | 6:00 PM

28
JAN

DINNER, CONVERSATION & CRAFTS
COMMUNITY CENTRE | 6:00 PM

11
FEB

DINNER, CONVERSATION & CRAFTS
COMMUNITY CENTRE | 6:00 PM

25
FEB

DINNER, CONVERSATION & CRAFTS
COMMUNITY CENTRE | 6:00 PM

11
MAR

DINNER, CONVERSATION & CRAFTS
COMMUNITY CENTRE | 6:00 PM

25
MAR

DINNER, CONVERSATION & CRAFTS
COMMUNITY CENTRE | 6:00 PM



Beginner

Line Dancing Class

Is Returning!

Starting Wed. January 23, 2019

6:00 pm to 7 pm

With Instructor, Diane Aiken

Classes will be held at the Community Centre.

Men & women adults 18+ are welcome!

Call Natalie at the Health Centre at (519) 332-6770
for more info.



Pam Kelly

Ontario Disability Support Program
Caseworker. Will be at the Aamjiwnaang
Ontario Works Office Every 2nd Wednesday
of each month from 1-4pm

Schedule an appointment or you can drop
into 978 Tashmoo Ave. Aamjiwnaang, ON

Please call a head of time at
519-337-3735 ext. 2280

PARENT SUPPORT GROUP



Tuesday 5-7pm
January 29, February 26,
March 26

Please JOIN US FOR
An evening for parents of children with
special needs to be supported and share
their experience with other parents

* Dinner and childcare provided *

Registration Encouraged:

Contact Rachael Simon
@ (519)344-4132

Low Cost Spay/Neuter Clinic

Maawn Doosh Gumig Community & Youth Center

Location: 1972 Virgil Ave.

Dates:

February 21st &

22nd, 2019



Appointments will not be given until payment is made.

Dogs must be on leashes and cats must be in carriers

Dog spay/neuter	\$150.00
Cat spay/neuter	\$90.00
Wellness	\$25.00

Pets who are coming in to be spayed/neutered will be vaccinated at no additional charge.

Contact Roberta @ 332-6770 to sign up.

PosterMyWall.com

DRIVERS NEEDED



We are currently looking for safe, responsible drivers to provide transportation for children and/or families. Transportation would be required for days, evenings, and/or weekends for Aamjiwnaang, Sarnia, and the surrounding area. A driving extract and criminal records check/ vulnerable person check is required.

If interested, please inquire by calling Patty Gilbert ext. 295, Vicki Jacobs ext. 292, or Crystal George ext. 223 at Aamjiwnaang Social Services at 519 336-8410.



Diabetes Support Group

- An open monthly support group that meets every third Monday at the Health Centre. (unless otherwise notified). Group is from 9:30 am until noon.
- Anyone who is diabetic, newly diabetic, pre-diabetic or is caring for a diabetic are welcome to attend.
- A Registered Dietitian teaches the group about valuable diabetes-related education as well as healthy eating with an interactive cooking session.
- We start with some fun warm up chair exercises!
- Our Community Health Nurse is also available to check Blood sugar levels as well as Blood pressure.
- Transportation is provided, please call Health Centre (519) 332-6770, if a ride is needed.



Influenza Vaccine available at the Health Centre now!

For more information, call (519) 332-6770.



Tai Chi Classes will be Starting!

Monday, January 21, 2019
at the Community Centre!
This program will run for 8 weeks.
Time: 6:30 pm to 7:30 pm

If interested, please contact Natalie at the Health Centre at (519) 332-6770 or leave a message with Reception.



ATTENTION!

Joanne Cheechoo Massage Therapy

We are booking into the new fiscal year:
April 2019

If you are interested in scheduling an appointment, please call the Health Centre at:
519-332-6770

Note: there is no cost to the patient for scheduling an appointment and bookings fill up quick.

KETTLE BELL WEIGHT EXERCISE CLASS



**WHEN: Tuesday evenings
6:00 PM TO 7:00 PM**

**WHERE: AAMJIWNAANG COMMUNITY CENTRE
OPEN TO ANYONE – MEN OR WOMEN 18+
THIS WEIGHT EXERCISE IS GREAT FOR STRENGTH
BUILDING AS WELL AS AN OVERALL BODY EXERCISE!**

For more information, please call Natalie
at the Health Centre at (519) 332-6770.



Healthy Chinese Food Cooking Class

Come on out and learn how to prepare some healthy Chinese Food recipes!

**When: Thursday, February 14, 2019
11:00 am -1:00 pm**

**Where: Health Centre
Open to anyone 18+**

If interested in attending, please call Health Centre
and leave your name with Reception or Natalie at (519) 332-6770.
If you need a ride, let reception know! We will plan arrangements.



WALK IN CLINICS

Good Doctors Walk—in

889 Exmouth St. Unit 3,
Sarnia, ON N7T 5R3
Phone: 226-778-4811

Hours

Monday: 9am-6pm
Tuesday—9am-6pm
Wednesday—9am-6pm
Thursday—9am-6pm
Friday—9am—6pm
Saturday—9am-3pm

Good Doctor's Walk-in

112-704 Mara St.
Point Edward, ON N7V 1X4
Phone: 226-400-4010



Community Soup Day

Thursday, Feb. 7, 2019

Noon

At the Health Centre

Come on out for a warm bowl of soup!



NEW 24-hour Crisis Response Team



1-866-289-0201

Everyone Welcome
E'Maawizidijig
POTLUCK FEAST
SPECIAL GUESTS
5th Year Anniversary
CELEBRATION

**DRAW FOR:
55" SMART TV**

SATURDAY FEBRUARY 16

11 - 2

MAAWN DOOSH GUMIG | Community Centre

Men's Cooking Class

Feb. 12, 2019 at 12:30 pm



Contact the Health Centre
at (519) 332-6770
if a ride is needed.

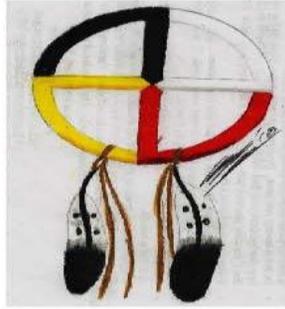
Nutrition News:

Sarah Kidd, RD Registered Dietitian from Rapids Family Health Team is available for individual or family nutrition counselling at the Health Centre by appointment on **Tuesday afternoons by appointment between 1 pm and 4:30 pm.**

Initial appointment will be 1 hour minimum.

Call front desk at the Health Center (519)332-6770 to schedule an appointment.



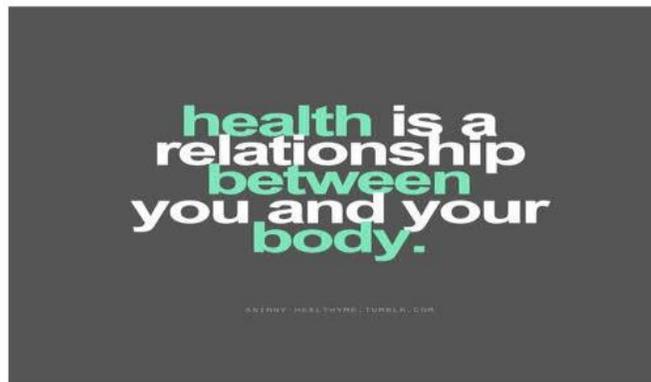


'HEALTHY NEW YOU' PROGRAM! 2019

ANYONE WHO SUFFERS FROM A CHRONIC DISEASE SUCH AS ARTHRITIS, DIABETES, COPD, HIGH CHOLESTEROL, HISTORY OF HEART DISEASE (ATTACKS OR STROKES) OR YOU WANT TO PREVENT FURTHER COMPLICATIONS:

(WITH YOUR DOCTOR'S APPROVAL)

COULD BENEFIT FROM A PERSONALIZED EXERCISE PROGRAM WITH THE ASSISTANCE FROM PERSONAL TRAINER, DIANE TUCKEY!



WHERE? MAAWN DOOSH GUMIG COMMUNITY CENTRE

WHEN? TUESDAY & THURSDAY MORNINGS

TIME? 10:30 AM – 11:30 AM

THIS PROGRAM IS FOR ALL AGES.

PLEASE CONTACT HEALTH CENTRE @ (519) 332-6770 FOR MORE INFO.





Canadian Mental
Health Association
Lambton Kent
Mental health for all

Association canadienne
pour la santé mentale
Filiale de Lambton Kent
La santé mentale pour tous

Mental Health Support

With Indigenous Clinical Case Manager Jessica Joseph, RPN

Monday, Tuesday & Wednesday

8:30 am – 4:30 pm

Aamjiwnaang Health Centre

Drop-In or Appointments are Available

For more information or to schedule an appointment, please call the Health Center at 519-332-6770



**justice
film
festival**
2018-2019



Recovery Boys

Saturday, February 16, 2019 7 p.m.

In a region ravaged by opioid abuse, four young men in a farming-based rehab forge a bond as they try to reinvent their lives after years of addiction.



At the Fork

Saturday, March 23, 2019 7 p.m.

A refreshingly unbiased look at how farm animals are raised for our consumption. The filmmaker asks the tough questions behind every hamburger, glass of milk and baby-back rib. What he discovers are not heartless industrialists, but America's farmers - real people who, along with him, are grappling with the moral dimensions of farming animals for food.

*Seniors of Aamjiwnaang
News & Updates...*

**55 & over: Program updates
will be posted here!**

06- Feb	Chicken	Fried Rice	Mixed	Veggies	Bread	Carrot Cake
13- Feb	Stuffed Meatballs	Perogies	Salad			Lemon Squares
20- Feb	Indian Tacos	Asst Pickles				Cherry Cheesecake
27- Feb	Soup	Asst Sandwiches				Cake



CONGREGATE DINING

“Community Dining” is designed to give our Seniors (55 years & older) an opportunity to enjoy a nutritious meal while socializing with others. In addition to the luncheon, short educational or entertainment sessions are often provided.

Criteria:

- Be over the age of 55
- Must attend the luncheon



Cost: FREE!

- Please note that there will no longer be any delivery except for in cases of extreme physical limitation. Must be assessed before approved.

LEFTOVERS will be given to any ill person or families in the community, frozen and saved for use in a near future meal, or given to the seniors in the community.

**PLEASE COME OUT AND ENJOY A DELICIOUS
HOMECOOKED MEAL VOLUNTEERS ARE ALWAYS
WELCOME! Call Peggy or Robin for more
Info at 519-332-6770**



**Aamjiwnaang Health Centre
Friendly Visiting Program**



- Do you feel that you would like company sometimes?
- Need someone to come to your home and talk over a cup of coffee or tea?
- Maybe play a game of cards, etc. or do a craft?
- Do you need help with filling out forms or other tasks?

**Please contact Natalie Nahmabin
at the Health Centre at (519) 332-6770**

Ottawa—Presentation

Thursday February 21, 2019
Banquet Room—5-8pm
Community Centre
Seniors 55+



Come on out to listen to shared experiences and stories

You must sign up for this evening event

Dinner will be supplied

Contact Becky Adams @ 519-3332-6770

Blanket Making with

Marion Waters

Limited to 10 participants for Seniors 55+

Cutting material

February 11
from 8:30—1

February 12 *from*
8:30—4:30

Please bring the following items:

- Sewing machine
- Flannel 44/45 inches
- 2 3/4 yards of Fabric A
- 1 1/2 yards of Fabric B
- 1 1/2 yards of Fabric C
- 1/4 yards each color of choice

Blanket size 45 x 60

****FLANNEL WORKS THE BEST****

Participants MUST have the ability to complete both sessions

Community Centre—Banquet Room

Seniors Coffee Drop-In

SENIORS COMPLEX

2-4pm

Come on out have a coffee and snack

Scheduled for

Jan 24, Feb 7 and March 21. 2019



What's in Your Water?



Aamjiwnaang Health Centre Is providing Tap Water Testing

Water is tested for turbulence and free chlorine and then sent away to lab to test for E.Coli and other testing. These tests are done weekly please call Liz at Health Centre if you would like her to come to your home and test your water.

CROSSWORDS

Across

- 1. What push comes to
- 6. About, formally
- 10. Australian natives
- 14. Purplish
- 15. Must-have
- 16. Ready to eat
- 17. Start of a sports fan's weighty remark
- 20. Prefix for phone
- 21. Best-rated
- 22. No longer squeaking
- 23. Composer Bacharach
- 25. Bookies' concerns
- 27. Part 2 of the remark
- 31. Garland's "Babes in Arms" co-star
- 32. Head or neck preceder
- 33. Broadway's "___ Loves Me"
- 36. Thin nails
- 37. River bottom
- 38. Italy's chief port
- 40. Coltrane's instrument
- 41. Old theatre name
- 42. Calendar babes
- 43. Part 3 of the remark
- 46. Bellowed
- 49. "Betsy's Wedding" actor
- 50. Saucy dish
- 51. Narcotic leaf
- 53. All ears
- 57. End of the remark
- 60. What some put on athlete's foot?
- 61. Take off
- 62. Drug treatment
- 63. Christmas cookie shape
- 64. Curdle
- 65. Vote into law

1	2	3	4	5		6	7	8	9		10	11	12	13	
14						15					16				
17						18					19				
20					21				22						
			23	24				25	26						
27	28	29						30							
31							32					33	34	35	
36						37				38	39				
40					41				42						
			43	44				45							
46	47	48							49						
50							51	52				53	54	55	56
57						58					59				
60						61					62				
63						64					65				

Down

- 1. Pickens in "Hawmps!"
- 2. Many-celled structure
- 3. Fashionable name
- 4. Drifter
- 5. Italian writer Umberto
- 6. Completely
- 7. It lights up the night
- 8. In an alcove
- 9. End of a campus e-mail address
- 10. Swirled
- 11. Greenbacks
- 12. Single
- 13. Dispatches
- 18. Failing to beat the bell
- 19. Conflicted
- 24. Indians of Utah and Colorado
- 26. Where to go out to launch
- 27. Sun and moon
- 28. Writer-director Ephron
- 29. Trickster's deception
- 30. Flamenco dancer José
- 33. Cozy
- 34. Optimism
- 35. ___ Timor
- 37. Audubon recording
- 38. Coat with gold
- 39. Expanded in scope
- 41. Sign of triumph
- 42. Rice dish
- 43. Popular suspect
- 44. List shortener
- 45. Novotna's requirement
- 46. Bridge sections
- 47. Ingrained activity
- 48. 1970 World Expo site
- 52. Sweet treat
- 54. Motor Trend focus
- 55. Support (with "up")
- 56. Alternative to graphics
- 58. Army enlistee
- 59. She's "sweet as apple cider"

CROSSWORD SOLUTION FOUND WITHIN THE TRIBE-UNE NEWSLETTER

INAC

Outstanding Estate Individual Sessions

(This is not a Will writing session)

Tuesday February 12, 2019

9am – 4pm

Maawn Doosh Gumig – Community/Youth
Center

Please call: Naomi Deacon – Lands Clerk at the Band Office to sign-up!

519-336-8410





Aamjiwnaang First Nation in partnership with
Rondeau Provincial Park Presents:

Bears Lodge / Makwa Endaad

Painting by John Williams & Theo Wolfe
Unveiling Day at Rondeau Provincial Park

Family Day Weekend Special Event
Saturday, February 16th, 2019
11:00am—2:00pm Rondeau Visitor Centre
Meet the artist, community members
& share in refreshments.



For More Information Please Call John at: (519)331-0138

Information Session
February 2, 2019
1pm - 2pm

WHAT IS IT?
CANNABIS
MARIJUANA
WEED
CBD
THC
INDICA
SATIVA



What we should know about MARIJUANA

MAAWN DOOSH GUMIG

Saturday February 2nd, 2019, 1pm - 2pm.

Creative Native
is back!!

Here are a list of the following dates:

Moccasins February 8, 2019
February 15, 2019
~~February 22, 2019~~ **No class**
March 1, 2019
March 8, 2019
~~March 15, 2019~~ **No class**
March 29, 2019

Held at the Health Centre from 10-noon

Please call Amy to sign up at
519.332.6770

MOORETOWN SPORTS COMPLEX

FAMILY SKATE IN SWIM

SUNDAY'S

SWIM 4PM - 5PM
DATES:
JANUARY 20TH
FEBRUARY 3RD, 17TH

SKATE 10:45AM - 12PM
DATES:
FEBRUARY 10TH

FOR MORE INFORMATION
PLEASE CONTACT
ROBERTA BRESSETTE
@ 332-6770



Sweat Lodge (Co-ed)

Jordan Williams-Whiteye
Conducting Ceremony

February 16, 2018
5:30PM Start time, Please arrive early!
Maawn Doosh Gumig Community Centre

Women bring skirts
Bring your sema (tobacco)
Feast after Ceremony

Everyone Welcome, Rides Available call: 519-332-6770
Please call Alphonse Aquash for more information:
519-490-5956

Food Banks

Aamjiwnaang First Nation
Health Centre
Food Bank: Mondays: 9am- 12 noon
Thursdays: 1pm- 4pm

St Vincent de Paul Help Centre 519 338-1058
228 Davis. St., Sarnia
Food Bank: Monday & Wednesday 11am- 3pm
Friday 1pm- 4pm

Salvation Army 519 344-1142
970 Confederation. St., Sarnia
Food Bank: Tuesday to Friday 1pm- 3:30pm

Inn of the good Shephard 519 344-1746
115 John St., Sarnia
Food Bank: Monday to Friday 9:30- 11:15am



Dago Maajiigoog Binoojinyag February - M kwa Giizis 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 <i>Hand Drum Making</i> 9:00-3:00 Sign up
3	4 <i>*Enhancing Personal Development Rescheduled*</i> 9:30-2:30 <i>Painting with Moses</i> 4:30-7:30 Sign up	5 <i>Infant/Toddler Large Motor Play</i> 9:00-1:00	6 <i>Brown Bear Literacy</i> 12:00-4:00 <i>Literacy with Dianne</i> 4:30-7:30	7 <i>Play Group & Culture Family Bundle</i> 9:00-1:00	8	9
10	11 <i>PJ & Movie Day</i> 12:00-4:00 & 4:30-7:30	12 <i>Kids in the Kitchen Heart Cookies</i> 9:00-1:00	13 <i>Valentine Card Making</i> 12:00-4:00 & 4:30-7:30	14 <i>Valentines Day Paint Project with Kim Waters</i> 9:00-1:00	15	16
17	18 Family Day All Band Operations Closed	19 <i>Handprint Bear Craft</i> 9:00-1:00	20 <i>Interactive Creation Story With make and take Necklace</i> 12:00-4:00 & 4:30-7:30	21 <i>Family Bundles</i> <i>7 Grandfather Stones</i> 9:00-1:00		
24	25 <i>Beading</i> 12:00-4:00 & 4:30-7:30	26 <i>The Mitten Story and Craft</i> 9:00-1:00	27 <i>Math Activities</i> 12:00-4:00 <i>Gym Night</i> 4:30-7:30	28 <i>Parent Topic: Wills and Estates</i> 9:00-1:00		

Call Paula for Transportation 226-349-2427



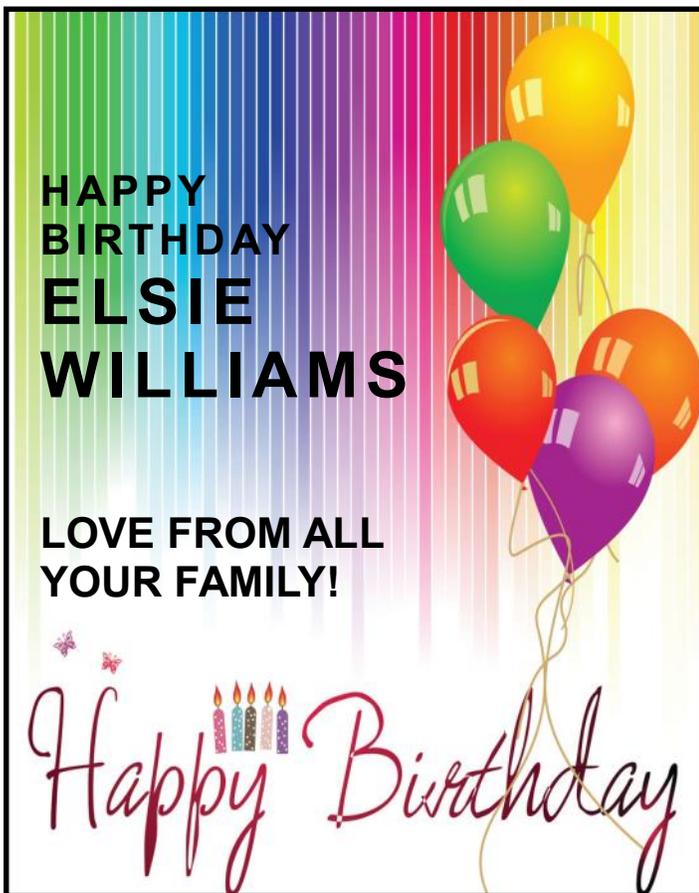
**Southwest Ontario
Aboriginal Health
Access Centre**

To Schedule appointments please contact:
Chippewa and Outreach sites Kelly D. or Bev E. at 519-289-0352.
London - Chanda D. 519-672-4079
Delaware / Moraviantown - Lacey G. at 226-494-1787
Windsor - Lacey G. at 519-916-1755
Owen Sound - Charmaine J. at 519-376-5508

**Traditional Healing Service
February 2019**

Proper referral sources from SOAHAC's Traditional Knowledge Helpers and SOAHAC staff where individuals suffer with chronic illness, in need of pain management and the elderly. Please be reminded to bring tobacco with each visit - females are asked to wear long skirts. Our visiting Knowledge Helpers are with us monthly. SOAHAC's onsite Resident Knowledge Helper Farley Eagle Speaker, Chippewa Site. Miigwetch/Yaw*ko/Thank you

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 <i>Joanne Cheechoo</i> London	5 <i>Joanne Cheechoo</i> London <i>Elva Jamieson</i> Chippewa	6 <i>Joanne Cheechoo</i> Chippewa <i>Elva Jamieson</i> London	7 <i>Richard Assinewai</i> Owen Sound	8 <i>Richard Assinewai</i> Owen Sound	9
10	11	12	13 <i>Singing & Drumming</i> 10am—3pm— Chippewa <i>Drum Group</i> 6-8pm —Chippewa	14	15	16
17	18 <i>Family Day</i> Closed	19 <i>Richard Assinewai</i> Windsor	20 <i>Richard Assinewai</i> Delaware	21 <i>Richard Assinewai</i> London <i>Sonny Hill</i> Chippewa	22 <i>Richard Assinewai</i> Chippewa <i>Sonny Hill</i> London	23
24	25 <i>Sweet Lodge</i> Chippewa	26	27 <i>Singing & Drumming</i> 10am—3pm— Chippewa <i>Drum Group</i> 6-8pm —Chippewa	28		Please Note Calendars are subject to change with short notice



WILLARD WILLIE WILLIAMS



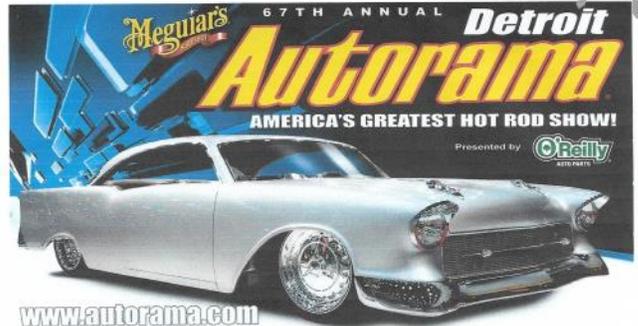
Contact Maureen (Mo) Young on Facebook or Willie at 519-332-6771 or 519-384-1957 willie@cogeco.ca

Little Native Hockey League hosted by Aamjiwnaang



March 10 - 14, 2019

Badder Coach Bus, 4 Nights at Hilton Garden Inn Matheson Blvd, Mississauga with 2 - Queen Beds in Room. Free Wi-Fi and 25% Off Breakfast
 2 in a Room is \$650 per Person
 3 in a Room is \$470 per Person
 4 in a Room is \$400 per Person
 \$100 Deposit secures your spot. Contact Willie at 519-332-6771, 519-384-1957 or willie@cogeco.ca



www.autorama.com

MARCH 1-3, 2019 • COBO CENTER

\$75 CDN Per Person
Saturday March 2nd, 2019

Includes: Ticket, Preferred Coach Bus, and Goodie Bag, Stopping at Walsh's Party Store, Soft-Sided Coolers Allowed. Also we will be stopping at Anita's in Marine City for Supper. Bus leaves Bad Dog Corunna at 8:00am SHARP and Food Basics at 8:30 am SHARP. Contact Willie at 519-332-6771, 519-384-1957 or willie@cogeco.ca

WEEKEND OF NLL LACROSSE

with



SARNIA'S KYLE JACKSON

March 15-17, 2019

Georgia Swarm vs Knighthawks - March 15th in Rochester, NY
 Toronto Rock vs Knighthawks - March 16th in Toronto
 Includes; Limo Bus, Hotel Rooms at Rochester Riverside & Novotel, Toronto. And ticket's to both Games Lower Level at Blue Cross Arena, NY & Air Canada Center, Toronto
 4 in a Room - \$400 Per Person
 3 in a Room - \$440 Per Person
 2 in a Room - \$520 Per Person
 Single is \$770
 All Prices are in Canadian Funds
 Bus leaves Maawn Doosh Gumig at 8:30am SHARP & Clearwater Arena at 9:00 am SHARP.
 Contact Willie at 519-332-6771, 519-384-1957 or willie@cogeco.ca

RAFTING THE GRAND-RIVER

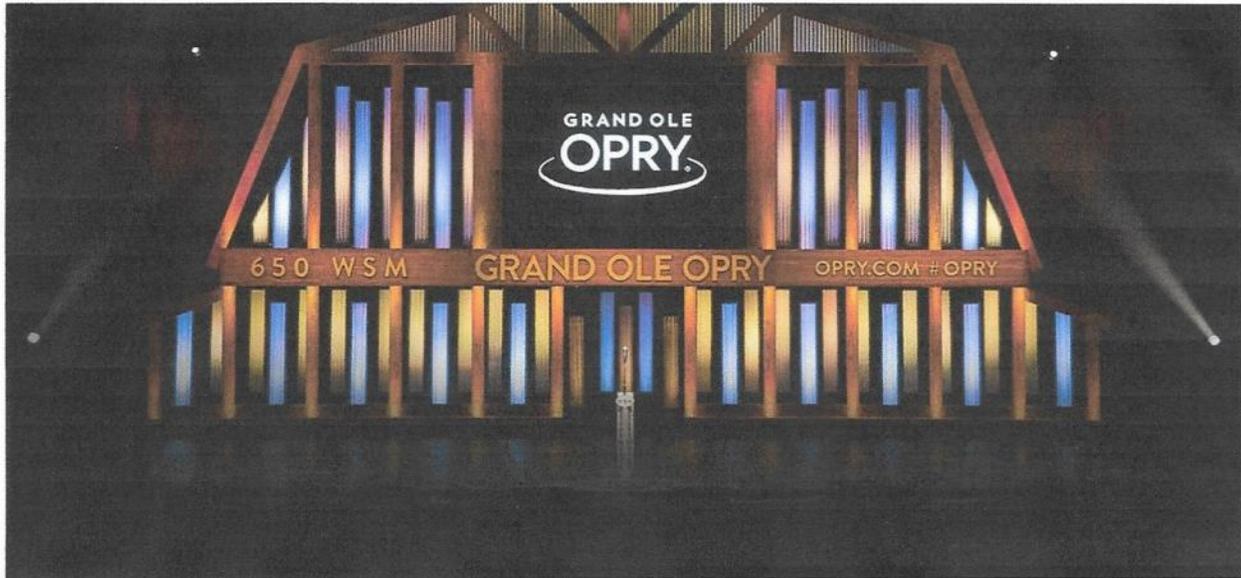


Sunday, August 4th

\$130 CDN

Coach Bus, Turbo Raft tube, life jacket, floating dry bag and shuttle ride. Food at Legends Sports Bar, and Shirt. Small Soft Sided Coolers allowed on Bus. Bus leaves Bad Dog Corunna at 7:30 am SHARP and Village Gardens at **8:00 am SHARP.**

Contact Willie at 519-332-6771 or 519-384-1957.
 E-Transfer to willie@cogeco.ca

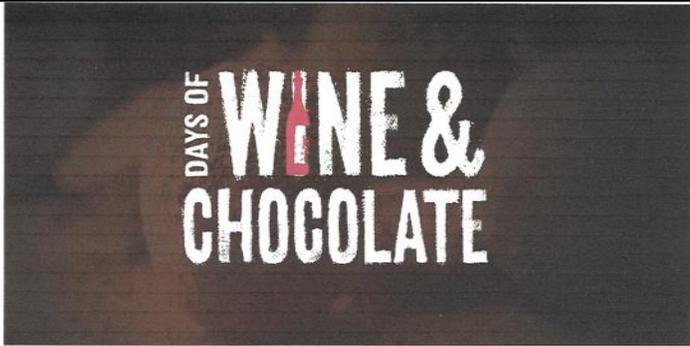
WILLARD WILLIE WILLIAMS**ROAD TRIP!**Contact Maureen (Mo) Young on Facebook or Willie at 519-332-6771 or 519-384-1957 willie@cogeco.ca**Nashville - Sept.29th - Oct. 3rd 2019**

Coach Bus, 4 Nights Accommodation at "Embassy Suites Vanderbilt" Nashville with Breakfast and 2 Hour Managers Party including Appetizers and FREE Adult Beverages each day, 2 Queen Beds, and Sofa Bed in each Room. Ticket's to Grand Ole Opry, Nashville Predators Hockey Game and Dinner at Blake Shelton's Restaurant "Ole Red", Nashville and Lunch going to and from Nashville at the Golden Corral, Dayton Ohio. 4 in a room \$755 US, 3 in a Room \$825 US per Person and 2 in a Room \$965 US per Person. Bus leaves Bad Dog, Corunna at 5:00 am SHARP, Maawn Doosh Gumig at 5:30 am SHARP and Food Basics at 6:00 am SHARP. Contact Willie at 519-332-6771, 519-384-1957 or willie@cogeco.ca A \$300 US Deposit secures your spot.:) With remainder due August 6th, 2019.

WILLARD WILLIE WILLIAMS



Contact Maureen (Mo) Young on Facebook or Willie at 519-332-6771 or 519-384-1957 willie@cogeco.ca



February 22-24

Includes: Limo Bus, Two Nights at the Comfort Inn in St. Catherines, Wine Tasting and Instruction at 13th Street Winery in St. Catherines, Friday, Ticket for Days of Wine & Chocolate at Niagara on the Lake Winery's, Dinner on way home on Sunday.

We will be visiting the following Winery's:
 Coyote's Run, Inniskillin, Jackson-Triggs,
 Joseph's, Konzelmann, Peller, Rief, Small Talk,
 Wayne Gretzky's, 13th Street.

4 in a Room - \$350 Per Person
 3 in a Room - \$370 Per Person
 2 in a Room - \$420 Per Person
 \$470 for a Single

Bus leaves Bad Dog Corunna at 8:30 am and Food Basics Sarnia at 9:00 am. Contact Willie at 519-332-6771, 519-384-1957 or willie@cogeco.ca

WINE & CHOCOLATE TASTING WITH TICKET AT NIAGARA WINERYS



@ Comerica Park, Detroit

DETROIT vs TORONTO
TIGERS BLUE JAYS

Sun. July 21st, 2019 @ 1:10pm
\$170.00 CDN

Includes: Coach Bus, Ticket's (Pavilion & Sec. 148)
 The Chevrolet Pavilion is the only all-inclusive party area located on the lower level (behind section 148 under the scoreboard).

The Chevrolet Pavilion hosts 50-65 guests.
 Chevrolet Pavilion Parties include game tickets in the exclusive Pavilion Patio and an all-star buffet.

Buffet includes: Hot Dogs, Boneless Chicken Wings, Little Caesars Pizza (served in the 5th inning), Vegetable Spring Rolls, Lay's Potato Chips, Pepsi Products/Aquafina, Domestic Beer and House Wine. Food is served rain or shine. Food service starts when gates open and runs until the 7th inning or 2 hours after the regularly scheduled start time. Bus Leaves Bad Dog Corunna at 9:00 am Sharp and Food Basics at 9:30 am Sharp. For tickets contact Willie at 519-332-6771, 519-384-1957 or willie@cogeco.ca

CROSSWORD SOLUTION

S	H	O	V	E	I	N	R	E	E	M	U	S		
L	I	L	A	C	N	E	E	D	D	O	N	E		
I	V	E	G	O	T	T	O	C	U	T	D	O	W	N
M	E	G	A	A	O	N	E	O	I	L	E	D		
			B	U	R	T	S	P	R	E	A	D	S	
O	N	H	O	T	D	O	G	S	A	N	D			
R	O	O	N	E	Y	R	E	D	S	H	E			
B	R	A	D	S	B	E	D	G	E	N	O	A		
S	A	X	V	I	C	P	I	N	U	P	S			
			B	E	E	R	O	R	I	L	L	G	E	T
S	H	O	U	T	E	D	A	L	D	A				
P	A	S	T	A	C	O	C	A	R	A	P	T		
A	B	A	L	L	P	A	R	K	F	I	G	U	R	E
N	I	K	E	F	L	E	E	D	E	T	O	X		
S	T	A	R	C	L	O	T	A	D	O	P	T		



St. Clair United Church Aamjiwnaang First Nation

978 Tashmoo Avenue,
Sarnia, Ontario, N7T 7H5

If anyone is wishing to be baptized, please
call Pastor Brenda at 519-336-6216

Sunday School will begin again at 10 am.

NEEDED - PIANIST

Musician to play the piano or organ, each
Sunday and on special occasions.
Payment provided. Please inquire.

Apply to: St. Clair United Church,
984 Tashmoo Ave.,
Sarnia, ON N7T 7H5



Rev. Brenda Mac Main
Church Phone: 519.344.6119
Home Phone: 519.336.6216
stclairunited@rogers.com

The Lighthouse Church

TUESDAYS

6:30 PM

Worship * Praise * Testomonies * Childcare * Fellowship

Matthew 28:19-20

19 Therefore go and make disciples of all nations, baptizing them in the name of
the Father and of the Son and of the Holy Spirit, 20 and teaching them to obey
everything I have commanded you. And surely I am with you always, to the very
end of the age."

978 Tashmoo Ave | United Church | Aamjiwnaang Rez

Visiting Pastor Jenny George | Crustel Dowling | 226 886 3812

Womans STUDY

Thursdays at 7pm

123 Maness Court
Sarnia Reservation
Crystal Dowling 226 886 3812

Group of ladies that gather together in prayer and
study. Topics may include but are not limited to
Family, Marriage, Divorce, Children and The Home.
Our study is looked at from a biblical point as
we relate with one another and support eachother
though lives mountains and valleys.

Free Belgian Waffles

Provided By The Lighthouse Church

Tuesday February 12th
11am - Gone

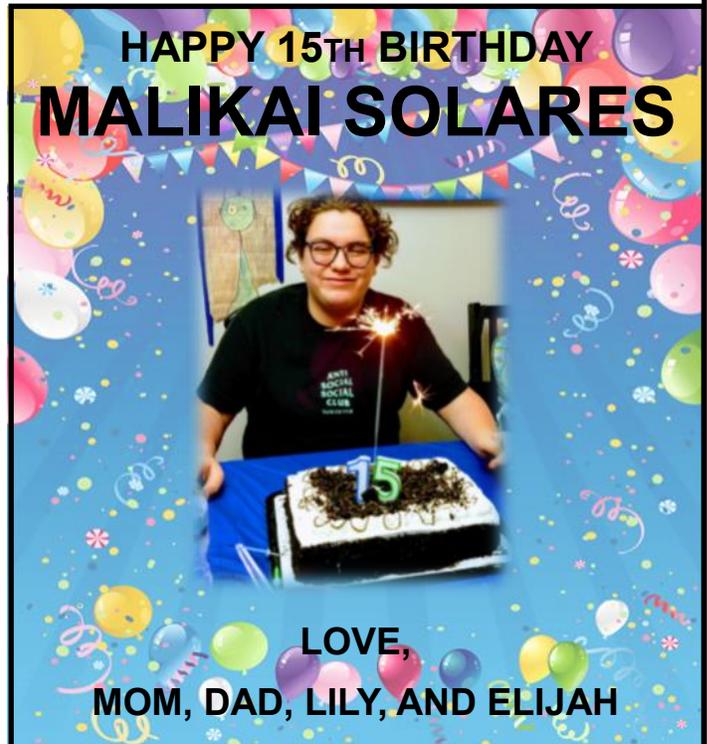
United Church
978 Tashmoo Ave
Aamjiwnaang Rez

Delivery Available for
Seniors
226 886 3812
226 402 0630

Contribute to the needs of the
saints and seek to show
hospitality. Romans 12:13 ESV

Mino Dbishkaayin-Happy Birthday

Marcus	Gray	Feb.	1	Elsie	Williams	Feb.	9
Avery	Matte	Feb.	2	Lisa	Williams	Feb.	9
Tristan	Nahmabin	Feb.	2	Brody	Young	Feb.	9
Trinity	Smith	Feb.	2	Naomi	Deacon	Feb.	10
Patricia A	Williams	Feb.	2	Heidi	Piche	Feb.	10
Liyah	Wilson	Feb.	2	Michael	Rose	Feb.	10
Arianna	Wilson	Feb.	3	Sharon	Williams	Feb.	10
Albert	Bourque	Feb.	4	Samantha	Antila	Feb.	11
Brandi	Joe	Feb.	4	Carole	Delion	Feb.	11
Glenn	Oliver	Feb.	4	Janet	Steadman	Feb.	11
Rachel	Piche	Feb.	4	Matthew	Stone	Feb.	11
Diana	Rogers	Feb.	4	Joshua	Van Den Assem	Feb.	11
Roger	White	Feb.	4	Donald	Adams	Feb.	12
Shayna	Williams	Feb.	4	Karen	Davidson	Feb.	12
Tracy	Buffalo	Feb.	5	Clayton	Hamelin	Feb.	12
Richard	Gilbert	Feb.	5	Patrick R	Nahmabin	Feb.	12
Rylee	Gould	Feb.	5	Tracey	George	Feb.	12
Raecine	Johnson	Feb.	5	Leo	Huggins	Feb.	13
Kyla	Levert	Feb.	5	Michael G W	James	Feb.	13
Robin A	Maness Sr.	Feb.	5	Tristen Plain	Nahmabin	Feb.	13
Alissa	Myers	Feb.	5	Timothy A	Plain	Feb.	13
Shelley	Nahmabin	Feb.	5	Michael B	Rogers	Feb.	13
John	Steele	Feb.	5	Tyler	Rogers-Stonefish	Feb.	13
Keisha	Walker	Feb.	5	Brooke	Tipton	Feb.	13
Lillian	Williams	Feb.	5	Dorothy	White	Feb.	13
Steven	Fisher	Feb.	6	Tahnia	Burrell	Feb.	14
Errnol David III	Gray	Feb.	6	Michael	Fisher-Cristovao	Feb.	14
Belinda	King	Feb.	6	Cheyenne	Jackson	Feb.	14
Shawn	Nahmabin	Feb.	6	Anthony	Quain	Feb.	14
Andrew	Parker	Feb.	6				
Teresa	Rogers	Feb.	6				
Thomas	Stager	Feb.	6				
Jacen	Barr	Feb.	7				
Leona	David	Feb.	7				
Donovan	Gold	Feb.	7				
Ronald	Gray	Feb.	7				
Noah A	Joseph	Feb.	7				
N'Daanis	Plain	Feb.	7				
Marion	Waters	Feb.	7				
Patricia L	Williams	Feb.	7				
Sara	Williams	Feb.	7				
Jacob	Karttunen	Feb.	8				
Layla	Karttunen	Feb.	8				
Dallas Jeffrey Rain	Nahmabin	Feb.	8				
James	Bourgeois	Feb.	9				
Jaqub	Hewitt	Feb.	9				
Branden	Ludlow-Maness	Feb.	9				
Anthony R	Plain	Feb.	9				
Jusup	Simon	Feb.	9				
Rachael	Simon	Feb.	9				
Xander	Stocum	Feb.	9				



Show some LNHL Support!

Insulated Jacket



\$100

Performance Hoodie



\$50

Hockey Team Hoodie



\$65

Team Jersey



\$65



\$20



\$20



\$20

858 Colborne Rd, Sarnia, ON

CALM N' SCENTS®
AROMATHERAPY & METAPHYSICAL STORE

Essential Oils
Crystals
Incense
Jewelry

Loose-leaf tea
Diffusers
Books/Decks
Smudge

Meditation cushions
Tapestry
Yoga Mats
& more!

We support fellow entrepreneurs and offer consignment.
For more details please contact us at Calm n' Scents,
phone number 519-332-2929.

Store Hours

Tuesday-Friday 10:00am - 5:30pm
Saturday 10:00am - 5:00pm

The hidden gem, located in the Northgate Plaza ;)

TAX FREE

FURNITURE WAREHOUSE

Thursday - Sunday
10:00 am - 6:00 pm

Great Prices!

1647 Williams Drive
(at the end of Indian Road)
Sarnia, ON



TAX FREE *Plus* COURTESY SHUTTLE

Full Mechanical, Collision & Rust Repair
on all Makes & Models

OIL CHANGES • BRAKES
SUSPENSION • TUNE-UPS • TIRES

1069 Tashmoo Ave.
Mon to Fri 9am - 5pm

Ken Plain: 519-336-6372

whiteplainsautobody@gmail.com

TNT Auto Detailing & Upholstery

Call for free quote or to book appointment

Auto Detailing
Upholstery & Carpet Cleaning

Greg Gray (Owner)- (226)-349-1865

TJ's Salvage & Demolition

Down & Out?? We'll tear it down, cut it
down and haul it out... trees, buildings, cars
or whatever you want removed. Reasonable
Rates... Prompt Service...

Call Jamie, Jacob or Triah at
226-932-5784

Job Search Websites

- A. **OFIFC**, <http://www.ofifc.org/>
- B. **Nokee Kwe**, <http://www.nokekwe.ca/>
- C. **Southern First Nation Secretariat**,
<http://www.sfns.on.ca/index.html>
- A. N'Amerind Friendship Centre (London), <http://www.namerind.on.ca/>
- B. **Anishnawbe Health Toronto**,
<http://www.aht.ca/>
- A. **SOAHAC** London, Chippewas of the Thames, Owen Sound, <http://www.soahac.on.ca/>
- B. **Six Nations** (Ohsweken, ON), <http://www.sixnations.ca/>

Other Job Search Engines:

- <http://www.aboriginalcareers.ca/>
- <http://ca.indeed.com/Aboriginal-jobs>
- <http://www.wowjobs.ca/jobs-aboriginal-jobs>
- <http://www.turtleisland.org/front/front.htm>
- <http://www.eluta.ca/>
- <http://www.monster.ca/>
- <http://www.workopolis.com/>
- <http://www.jobs.ca/>
- <http://www.servicecanada.gc.ca/eng/sc/jobs/jobbank.shtml>
- <http://www.ofifc.org/>

For Up-To-Date News and Information in the First Nations Political Arena you may visit the following sites:

Chiefs of Ontario visit:
<http://www.chiefs-of-ontario.org/>

Union of Ontario Indians visit:
<http://www.anishinabek.ca/>

Assembly of First Nations visit:
<http://www.afn.ca/>

Southern First Nation Secretariat
<http://www.sfns.on.ca/>

Aboriginal Affairs and Northern Development Canada
<http://www.aadnc-aandc.gc.ca/>



MONAT

AMANDA HOPKINS

Independent Market Partner
#1550947

810.858.3496 | 519.332.0410
amanda.hopkins00@gmail.com
Amandahopkins00.mymonat.com



Tecumseh
Community Development Corporation

1040 Degurse Drive, Sarnia ON N7T 7H5
519-332-5151 | 1-888-433-1533

Where do I begin?
Call Tecumseh Today! 1-888-433-1533

- BUSINESS COUNSELLING
- BUSINESS FINANCING
- COMMUNITY DEVELOPMENT



LOOKING FOR FOSTER PARENTS

Eagle's Nest: A Place to Soar, Inc.

"We are looking for families". Will you open your homes? Be a loving foster parent & role model to Native children in CAS care. We all need to feel safe, wanted and loved. Will you welcome a child into your nest, you do not have to be native, we provide cultural teaching.

EAGLE'S NEST: A PLACE TO SOAR, INC. FOSTER CARE AGENCY
Eagles Nest—Will complete Home Studies and Prepare you to be a Foster Parent. Licensed by: Ministry of Children & Youth Services
Accredited by: CARF International

Please Call—519-439-3000 ext. 202
www.eaglesnestinc.ca

ANIMAL CONTROL OFFICER

Ron Simon
519-330-7450

Brian Bois (alternate)
519-330-7375

For animal control issues only!

- Primary duties are to follow up on loose dog.
- complaints and monitor quarantined dogs.
- If you are a dog owner and your dog is loose, it is your responsibility to retrieve your dog.
- Traps available at Band Garage for use by community members. 519-336-0510



Roger Williams' AUTHENTIC NATIVE CRAFT SHOP

Lots to Choose From & Great Gift Ideas!

STORE HOURS
Monday ~ Saturday
10:00 am ~ 6:00 pm



R&R Renovations - Interior and Exterior ..
Call Ryan for a free estimate
519 312 7537 - 7 days a week

CHIPPEWA TRIBE-UNE

1972 Virgil Avenue
Sarnia, Ontario N7T 7H5
Phone: 519-491-2160 or Fax: 519-491-0912
E-mail: editor@aamjiwnaang.ca

The next issue is due out on **Friday, February 15th, 2019**
The deadline for submissions is **Tuesday, February 12th, 2019 at 4:30 pm**

Please submit your documents in **Word, Excel, or Publisher** formats or info can be hand written; **jpeg** for pictures.

This paper and past editions can also be found on the **Aamjiwnaang website at: www.aamjiwnaang.ca**
If you have stories that you would like to share, please submit them to the Editor at : editor@aamjiwnaang.ca



TRIBAL CUSTOM

Do you feel your insurance is too high?
We can help you find the right price and provide you with great service.

Call NOW for a no-obligation quote!

Head Office — 1000 Degurse Drive, Suite 2,
Sarnia, Ontario N7T 7H5
Tel (519)332-4894 Fax (519)332-5982

"Our Vision—Your Well Being—Our Coverage"



LEGAL AID ONTARIO
AIDE JURIDIQUE ONTARIO

Representatives from Legal Aid Ontario are offering free "Advice Counsel Clinics" for Band Members. The clinics will be held every Friday from 9AM—4PM at the Maawn Doosh Gumig Community Centre. Lawyer, Matt Stone and Legal Aid Worker, Ember Chapdelaine will be present to assist you with legal questions.

Appointments are mandatory please call 519-344-4949