



CHIPPEWA TRIBE-UNE

Interim Editor,
Lynn Rosales



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**Aamjiwnaang
Population Stats
Current: 2312**



NOONDAN GEZHAWEBAG

Aamjiwnaang First Nation
Notification System



Aamjiwnaang First Nation has obtained new notification system that is designed to enable residents to be notified of emergency situations. In addition to the emergency notifications, there will be other messages concerning community events and other general messages that can be sent to keep the Aamjiwnaang residents informed.

Thursday, October 16, 2014

4pm to 7pm

Maawn Doosh Gumig (Community Centre)

If you are unable to attend the event, you can also sign up at home on your computer, laptop or tablet. Just use this link to create an account:

<https://member.everbridge.net/index/453003085611503#/login>

- You can choose your preferred contact methods and types of messages you would like to receive from the Noondan Gezhawebag Notification System.
- The Emergency Notifications are the only mandatory notifications required.
- When registering, please be sure to use your HOME ADDRESS as the system will be able to identify areas that may need priority messages.

*****Coffee and snacks will be provided at the session.*****

STUDENTS-This is an opportunity for students to gain some volunteer hours to meet your school requirements

For further information or to sign up for volunteer hours

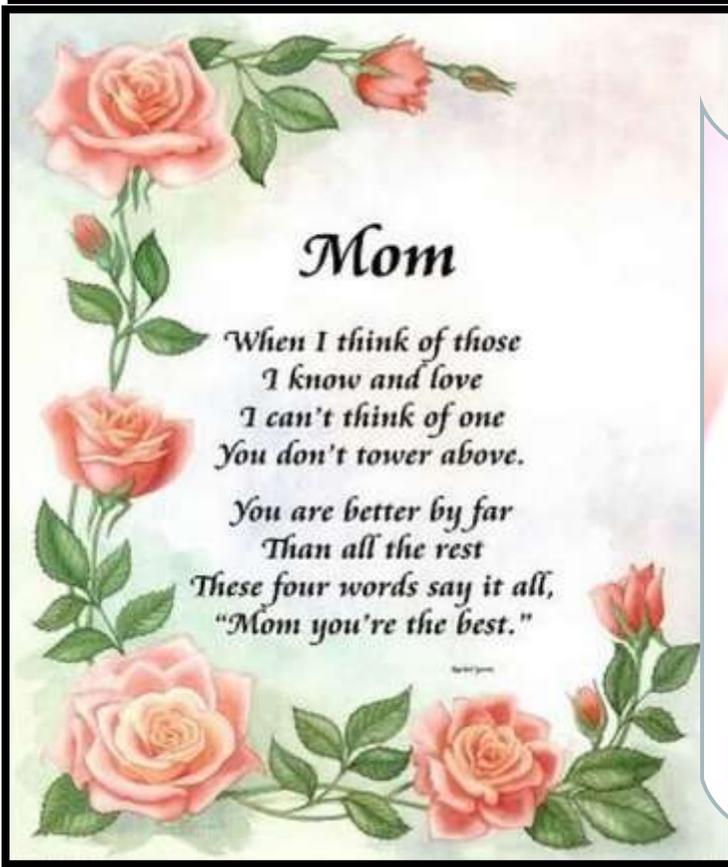
Please contact:

**Wilson Plain Jr. at the band office
(519) 336-8410.**

Mino Dbishkaan-Happy Birthday

Oct. 11 - 24, 2014

Philip	Joseph	Oct.	11	Daniel	Brown	Oct.	18
Allen	Maness	Oct.	11	Corey	Hanna	Oct.	18
Cassandra	Plain	Oct.	11	Trisha	Nahmabin	Oct.	18
Jay	White	Oct.	11	Amanda	Plain	Oct.	18
Michael	Adams	Oct.	12	Neil	Riley	Oct.	18
Allan Dale	Rogers	Oct.	12	Tawnya	Sandy	Oct.	18
Denise	Buchanan	Oct.	13	Lana	Forestell	Oct.	19
Christin	Dennis	Oct.	13	William Robert	George Jr.	Oct.	19
Ericca	Plain	Oct.	13	Shawn	Lamb	Oct.	19
Dean	Reid	Oct.	13	Tracey	Parker	Oct.	19
Constance	Robinson	Oct.	13	Christina	Large	Oct.	20
Isaiah	Joseph	Oct.	14	Denise	Wright	Oct.	20
Mary Ann	Joseph	Oct.	14	Siddra	Yellowman	Oct.	20
Sherry	Rogers	Oct.	14	Rara	Bird	Oct.	21
Amber	White	Oct.	14	Gregory	Maness	Oct.	21
Olivia	Cloud	Oct.	15	Keegan	Nahmabin	Oct.	21
Mary	DeGurse	Oct.	15	Jeffery Edward	Plain	Oct.	21
Nicholas	Elijah	Oct.	15	Alexander	Rogers	Oct.	21
Gordon	Gray Jr.	Oct.	15	Cara	Adams	Oct.	22
Madison	Joseph	Oct.	15	Linda	Banks	Oct.	22
Tyson	Morales-Rogers	Oct.	15	Richard Kelly	Bressette II	Oct.	22
Tammy Dorothy	Plain	Oct.	15	Nash	Broines Jr.	Oct.	22
Diane	Rogers	Oct.	15	Shawn Allan	Little II	Oct.	22
James	Sandy	Oct.	15	Robin	Maness	Oct.	22
Joshua	Sandy	Oct.	15	Chasity	Martens	Oct.	22
Jessica	Smith	Oct.	15	Noble Patrick	Nahmabin	Oct.	22
Roy	Adams	Oct.	16	Avery	Robertson	Oct.	22
Karen	Gold	Oct.	16	Joseph Leroy	Rogers	Oct.	22
Brianne	Lediet	Oct.	16	Raymond	White	Oct.	22
Vicki	Maydwell	Oct.	16	Michael Paul	Williams	Oct.	22
Christian	Rogers	Oct.	16	Wenonah	Bird	Oct.	23
Ryan	Rogers	Oct.	16	Steven	Gold	Oct.	23
John Wayne	White	Oct.	16	Randall	Hubert	Oct.	23
Jennifer	Whiteye	Oct.	16	Azaidreia	Plain-Pagano	Oct.	23
Barry	Backer	Oct.	17	Sherry	Stewart	Oct.	23
Shelley	Kraan	Oct.	17	Aria	Accetta	Oct.	24
Derrick	Oliver	Oct.	17	John Quincy	Adams	Oct.	24
Stephanie	Rogers	Oct.	17	Earl	Cottrelle	Oct.	24
Christie	Smith	Oct.	17	Travis	Gray	Oct.	24
Damian	Smith	Oct.	17	Corey	Maness	Oct.	24
Kree	White	Oct.	17	Freddie	Partin Jr.	Oct.	24
Daniel Jason	Williams	Oct.	17	Sylvia	Plain	Oct.	24
Myrna	Williams	Oct.	17				



UR the best, you are a loving, caring & thoughtful mom "Jo" Rogers,
Happy Birthday to you on the 9th of October
LOVE your children, grandchildren & great-grandchildren....



"Gaabiidaaseged Kwe ba" Sharon Jean Plain

On behalf of the family I would like to say gchi-miigwech for all your kind and loving words; floral tributes; food; songs; prayers; financial contributions; to the fire keepers; pipe carrier; and elders.

My mom was a kind and caring person who did her best to contribute to the community of Aam-jiwnaang. Its no doubt that she loved her family and community.

She lived her life to the fullest and embraced all those she met with an open heart.

Her journey was one of fullness and contentment, she will be truly missed by her clients; co-workers; friends, neighbours and family.

The family is truly grateful for your kindness and compassion during this most difficult time.

"Baamaampii Gaabiidasseged Kwe ba!"

All our love Pam; Charles, Tracey , Fenton and family.





Aamjiwnaang Chief and Council
Standing Ad-Hoc Committee
Appointments
& External Appointments

Community Services (3-Councilors/3-Band Members)

Randi Rogers, Council Portfolio
Ted White Sr., Council Portfolio
Lareina Rising, Council Portfolio
Stephanie Rogers, Band Member
Stephanie Stone, Band Member
Charles Rogers, Band Member

Education (2-Councilors/3-Band Members)

John Adams, Council Portfolio
Shawn Plain, Council Portfolio
Janice Rogers, Band Member
Joanne Rogers, Band Member
Verda Maracle, Band Member

Housing (2-Councilors/3-Band Members)

Sherri Crowley, Council Portfolio
Randi Rogers, Council Portfolio
Ada Lockridge, Band Member
Jim Maness, Band Member
Joe Plain, Band Member

Development (2-Councilors/3-Band Members)

Errnol Gray, Council Portfolio
Codey Simon, Council Portfolio
Jackie Cunningham, Band Member
Tine Johnston, Band Member
Jill Joseph, Band Member

Health (2-Councilors/3-Band Members)

Darren Henry, Council Portfolio
Codey Simon, Council Portfolio
June Simon, Band Member
Lynn Rosales, Band Member
Deb Plain, Band Member

Environment (2-Councilors/3-Band Members)

John Adams, Council Portfolio
Ted White Sr., Council Portfolio
Paul Stone, Band Member

Ralph Nahmabin, Band Member
Marina Plain, Band Member

Land Acquisition Taskforce

Errnol Gray Lareina Rising
Sherri Crowley Shawn Plain
Administrative Resource-Jessica Pickett,
Lands Management Officer

Pipeline Committee

Chief Chris Plain Errnol Gray
Shawn Plain Darren Henry
Codey Simon
Administrative Resource-Jessica Pickett,
Lands Management Officer

Clench Defalcation

Chief Chris Plain Shawn Plain
Darren Henry Errnol Gray
Administrative Resource-Kelly Williams,
Assistant Band Administrator

Tobacco Committee

Randi Rogers Lareina Rising
Ted White Sr.
Administrative Resource-Kelly Williams,
Assistant Band Administrator

External Appointments

1. **Mnaasged Board Member**-Sherri Crowley
2. **Tecumseh Board Member**-Darren Henry
3. **Southern First Nation Secretariate**-Shawn Plain
4. **CIDL Council Representative**-Darren Henry with Lareina Rising-being the Alternate Rep.
5. **Stepping Stones Board Member**-Errnol Gray
6. **UOI Governance Committee/Resource Management Council**-Errnol Gray
7. **Indian Oil and Gas Board Member**-Errnol Gray

COUNCIL AGENDA ITEM SUBMISSION DEADLINE!!

FRIENDLY REMINDER

To whom it may Concern:

Please be advised that the Council Meeting Agenda Item deadline is the Wednesday prior to the next Regular Council Meeting (RCM) at 4:00 p.m. Sorry, no exceptions. Any items submitted after the deadline will placed on the next RCM Agenda/Meeting.

RCM's are every 1st and 3rd Monday of each month. Should the RCM fall on a holiday, then it will be held on the following Tuesday.

Miigwech for your co-operation and understanding.

Respectfully,
Shelley, Band Council Clerk

Please Note:

If you have any discussion items for Chief and Council for

Monday, October 20, 2014

the deadline for submission is:

Wednesday, October 15, 2014, 4:00 PM

The Anishinabek Nation 7th Generation Charity and the Union of Ontario Indians are excited to announce a new partnership with Enterprise Rent-A-Car! The agreement will benefit all Anishinabek Nation communities and citizens by providing competitive rates which will help reduce the cost of travel for business or pleasure.

The new partnership agreement will also benefit the Anishinabek Nation 7th Generation Charity (AN7GC) through a rebate program. Enterprise has also agreed to make an annual donation to the AN7GC through their Enterprise Holdings Foundation.

We are extremely pleased to have Enterprise join the growing list of partners and supporters that are dedication to helping out Anishinabek Nation communities and citizens!

To book a rental with special rates: Go to:

<http://www.an7gc.ca/other-fundraising-initiatives.asp>

- Click on the Enterprise logo
- Click on the Enterprise logo;
- Select the community;
- the booking information will be prompted with the special rates pre-loaded, please ensure you book by clicking on the link above. This will make certain that you receive the special rates as well as track the booking for the benefit of the AN7GC.

To learn more about the Anishinabek Nation 7th Generation Charity, please visit: **www.an7gc.ca** If you would like more information or have any questions please call or email.

Miigwech for your help in making a difference!

Jason Restoule, BBA

Manager Anishinabek Nation 7th Generation Charity

P: (705) 497-9127 Ext. 2250

Toll Free: 1-877-702-5200

F: (705) 497-9135

E: jason.restoule@anishinabek.ca

**FEAR is a,
False Expression
Appearing Real....**

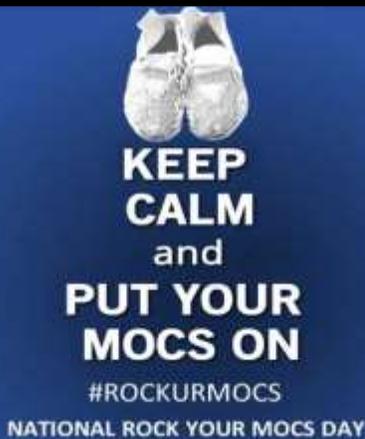
TRIBE-UNE SUBMISSION INFO!!

Please Note that the submission deadline for the next Tribe-Une is

Tuesday, October 21st @ 4:00 pm

This is to ensure that the Tribe-Une will be distributed by the end of the week, Meegwech for your support!!

Please submit your documents in **Word, Excel, Publisher** formats or info can be hand written; **jpeg** for pictures



November is Native American Heritage Month. In honor of that, on November 15 stand together as Native people across the world by wearing your moccasins.

*Wear them all day – to work, school,
and out for dinner!*

And remember to take a photo of you and your friends, co-workers, and family with the Mocs On!

Read More at: <http://www.powwows.com/2014/10/06/2014-rock-your-mocs-day/#ixzz3FTvLzakQ>

There's still time to get your mocs ready for the day, you can click on the link at powwows.com for moc patterns if you'd like to get started on making a pair.

 Aboriginal Affairs and Northern Development Canada

IF YOU DO NOT HAVE THE MANDATORY IDENTIFICATION TO OBTAIN A STATUS CARD, PLEASE CALL: 1-800-567-9604

- Advise the call centre representative that you want to obtain a Temporary Confirmation of Registration Document (TCRD).
- They will ask a series of questions to confirm your identity and then mail a Temporary Confirmation of Registration Document (TCRD) to you.
- **This document will state your registration number and can be used in place of a Status Card to access benefits and services.**

Enterovirus D68 (EV-D68)

Media reports in August and September have indicated an increase in detected EV-D68 cases in the United States, and cases have now been confirmed in British Columbia and Alberta.

What is it?

EV-D68 is a specific enterovirus that causes respiratory illness ranging from mild to severe. Symptoms can include a cold-like illness with coughing and wheezing to severe infections requiring admission to a hospital.

Children and teenagers appear to be at increased risk of infection from EV-D68, although the virus can infect adults as well. Children with asthma seem to have a higher risk for severe respiratory illness.

How is it spread?

EV-D68 can be present in respiratory secretions from the nose and throat and can spread from an infected person when they cough or sneeze. Touching surfaces or objects contaminated with these secretions may also result in infection if the virus then gets into the body by touching the mouth, nose or eyes.

Precautions

As with any viral infection, simple precautions can reduce the chances of getting EV-D68. Please follow the actions described below to avoid a respiratory infection:

- Washing hands frequently with soap and water or an alcohol-based hand rub, including after touching commonly touched objects and surfaces, before touching the face, before preparing food and before eating;
- Avoiding touching the face as much as possible;
- Staying at least two metres (six feet) away from people who are ill;
- Frequently cleaning surfaces and objects that are commonly touched.
- Any person with respiratory symptoms should:
- Stay home from work, school and other activities;
- Cough and sneeze into their elbow and not their hand;
- Wash their hands frequently with soap and water or an alcohol-based hand rub.

People with asthma should ensure that they have their puffers readily available and know how to use them properly. They should be advised to seek medical attention right away if wheezing does not respond to puffers or if they have difficulty breathing.

If you have any questions regarding the above information, please contact the Health Centre at 519-332-6770.

Medical Transportation Update

There have been changes to the medical transportation program over the last couple of years. One thing that you might not be aware of is that, yes, you can drive yourself to your medical appointment and have your travel slips signed. You will be eligible for a 'Private Mileage' reimbursement. This is to help offset your costs somewhat. For instance, a trip to Sarnia will pay \$7.32. Don't forget to turn in your parking slips too! These are also eligible for a reimbursement.

If you have to use one of the contract medical transportation drivers, the medical transportation form still needs to be signed but the driver gets paid the contract driver rate of \$15.20 for a trip to Sarnia.

All drivers/clients handing in slips, please make sure all information is filled out on the forms. Any information requested is needed when preparing our reports to Health Canada. Many times forms are missing vital information such as dates/times/locations/specialty. Thank you for paying attention to these details.

If you have any questions regarding medical transportation, please do not hesitate to contact the Health Centre at 519-332-6770.

Thank you.

Medical Travel Drivers

Terry Plain (Monis)402-5535
Ron Simon328-0203
Sheila Firth383-1073
Mary Lou Williams337-9342
Carol Miller332-0751
Christine Plain * NEW466-0054



IMPORTANT

—If you had borrowed any medical equipment please RETURN it!

PLEASE RETURN WHEEL CHAIRS, ROLATORS, WALKERS, CRUTCHES, and SHOWER CHAIRS TO THE HEALTH CENTRE

If you need some-one to pick up any medical equipment that you have borrowed please call Becky at the Health Centre @ 332-6770**

We are currently NOT looking for any donations of medical equipment at this time. Red Cross is accepting donations and you can call 519-332-6380 to arrange for pick up.

Respectfully Yours, HCC Clerk —
Becky Adams

Wendy Hill

Traditional Healer

Dates Available

November 5 & 6, 2014

**Please Call the Health Centre to Book an Appointment
519-332-6770**



Just a friendly reminder to all Home
& Community Care Clients
That there will be
NO SERVICE

On Monday October 13th, 2014
All regular hours will commence
On Tuesday October 14th, 2014

**IMPORTANT MESSAGE FOR CLI-
ENTS & FAMILY MEMBERS**

There will be **NO SERVICE** this day
Please makes arrangements on the
date above with family. From our
home to yours we hope you have a
wonderful Thanksgiving
Day.



From the Home & Com-
munity Care Department

Robin Wood—HCC Case Manager
Rebecca Adams—HCC Clerk

ANIMAL CONTROL OFFICER

Ron Simon - Text/Call 519-330-7450

For animal control issues only!

Primary duties are to follow up on loose dog
complaints and monitor quarantined dogs.

If you are a dog owner and your dog is loose, it is
your responsibility to retrieve your dog.

Traps available at Band Garage for use by
community members. 519-336-0510



**URBAN POLING
WALKING PROGRAM**

October Dates

for the program are:

Wednesday 1, 8, 15, 22 & 29

Every Morning at 9:30 am

At Maawn Doosh Gumig

You can still register for the
program by calling Jessica at the
Health Centre 519-332-6770



FREE Afterschool Programs

**Physical Activity, Food & Fun!
Children in Grades 1—8**

Aamjiwnaang Afterschool Program

Mondays, Wednesdays & Thursdays
Maawn Doosh Gumig
Community Centre

From: 3—6 pm

Everyone Welcome!

**Program started Monday,
September 8, 2014**

For more information please
call 519-786-4545 x235

Drinking Water Monitoring Program

Hello Aamjiwnaang Community Members—The Drinking Water Monitoring Program has begun again. I will be conducting water sampling each week throughout the community buildings and homes in the community.

The Drinking Water Monitoring Program will consist of testing for chlorine residual and bacteria, such as E.Coli.

If you are interested in having your home drinking water source tested, please contact me at the Health Centre at 519-332-6770.

Kindly, Jessica Joseph, RPN, CHR



Head Start & Healthy Babies Healthy Children

October Activities

- Mon. October 6, 10:30 a.m.-1:30 p.m.
Turkey Craft
- Wed. October 8, 5:00-7:30 p.m.
Painting Pumpkins
- Thur. October 9, 10:30 a.m.-12:30 p.m.
Natural Canning
- Mon. October 13, No Program
Happy Thanksgiving**
- Wed. October 15, 5:00-7:30 p.m.
Halloween Flashlights
- Thur. October 16, 10:30 a.m.-12:30 p.m.
Fall Craft
- Mon. October 20, 10:30 a.m.-1:30 p.m.
Footprint Craft
- Wed. October 22, 5:45 - 7:30 pm
Dad's Program @ Korny Korners
Please SIGN UP, see flyer on page 8 for more info
- Thur. October 23, 10:30 a.m.-12:30 p.m.
Urban Poling
- Mon. October 27, 10:30 a.m.-1:30 p.m.
Kids in the Kitchen
- Wed. October 29, 5:00-7:30 p.m.
Halloween Fun, Wear Your Costume
- Thur. October 30, 10:30 a.m.-12:30 p.m.
Nutrition with Nikki

"BAND TOGETHER
FOR HEALTH"
EXERCISE FOR GOOD
HEALTH



Where: Maawn Doosh Gumig
Community Centre

When: Tuesdays & Thursdays

Time: 10 - 11 am

Starting: September 30, 2014



CALL DOROTHY AT
519-332-6770 FOR
MORE INFO



For Dads, Grandpas, Uncles, Brothers,
Cousins with children under 6 years old

Evening at the Pumpkin Patch

Hay ride to pumpkin patch, mini-putt, cedar or corn maze, playground
and animals. Dress for the weather.

Rain day activity at Community Centre.

Registration required with Dorothy at Health Centre
519-332-6770. Transportation available.

Where: Korny Korner's, 6139 Blackwell Side Road

When: Wed., October 22, 2014

Time: 5:45-7:30 p.m.



Seniors Healthy Cooking Class

Tuesday, Oct. 14, 2014
Health Centre
10:30 - 1:30

Come out and join us!
Please call Peggy to register
and if you require a ride.

519-332-6770 ext.-31

By Thursday, Oct. 9,
2:00 pm.
to register!



- * Simple recipes made together
- * Tasty food samples to take home
- * Friendly conversation
- * Healthy eating information
- * Nutrition and health questions welcome



Presented by: **Sandra Walker**



Seniors Pizza and Game Night



When:
Wednesday, Oct. 15,
2014 @ 6 pm

Where:
Seniors Drop-In @ Community Center

Call Peggy, 519-332-6770
If signing up



SENIORS HALLOWEEN LUNCH

Wednesday, Oct. 29 @ 12 pm.
Seniors Drop In Room

PRIZES, FUN, GAMES!

Prizes for best costume if you would like to dress up!

Please bring a canned good for the Aamjiwnaang Food Bank



Please call Peggy
519-332-6770
If you will be attending

SENIOR'S HALLOWEEN TEA

THURSDAY, OCTOBER 30, 2014

1:30 - 3:30

WIIDSEMSHIN

ASSISTED LIVING FACILITY

6280 HAWK CRESENT

CALL TO REGISTER

519-786-2860

PRIZE for BEST COSTUME

FRIGHTFUL GAMES - PRIZES

SERVING the MOST GROSS-LOOKING FOOD

UGLIEST HOSTESSES AROUND

If you would like to attend, call Peggy,

519-332-6770 to sign up.

Seniors 55 & Over Congregate Dining

Seniors Drop In Room

Every Wednesday

12 - 1 pm

Come out and enjoy a delicious,
nutritious home cooked meal!
Hope to see you there!



Seniors Smart Phones & IPads Instruction Classes

Wednesday, Oct. 22
1:30 - 3:30 pm

Seniors Drop - In Room

Bring your Smart Phone and/or
IPad to receive instructions on
how to use them.

Please call Peggy at
519-332-6770

If you will be attending
one of the sessions.

Thank you!



Blood Pressure & Blood Sugar Testing

Robin (Home and Community Care RN) will have her blood pressure cuffs and her glucometer (for testing blood sugars) with her at all Congregate Dining lunches.

If you would like to, or feel you need to, have your blood sugar or blood pressure checked, Robin can do this for you before or after lunch.

Look for her there.



CRYSTAL METH

LETS HAVE A
CONVERSATION ABOUT
THE EFFECTS OF CRYSTAL
METHAMPHETAMINE ON
INDIVIDUALS, FAMILIES
AND THE COMMUNITY.

WHEN

LUNCH & LEARN
Thursday, October 16th
Noon - 1:00 pm



WHERE

E'Mino Bmaad Zijig Gumig
Health Centre
1300 Tashmoo Ave, Sarnia Reserve
For More Info Call Tracey: 519-332-6770

GET THE FACTS ABOUT CRYSTAL METH?

Topics of Discussion

- * What is Crystal Meth?
- * Why is Crystal Meth Dangerous?
- * How to Recognize a Meth Lab
- * Environmental Impact of Crystal Meth Production
- * Impact of Addiction to Crystal Meth



TERMS USED FOR THE FEELING OF INTOXICATION

Have you heard these terms?? If you have you may be in the presence of a user, How will you respond??

Ampin'	Amped
Bache Knock 2 Rock	Bachin
Baked	Bake-aked
"BOB" as is discombobulated	
Buzzed	
Cheesed	Cranked Up
Crank Whore Jamie	Feelin Shity
Foiled	Frankensteinin
Fried	Gakked
Gassing	Geeked
Geekin	Geetered
Gonz	Going to the MOON
GOOBING; playing, working, etc... with anything while high	
Gurped	Heated
Jacked	Kickin
Lit	
ON THE MOON...indicating one is currently "high"	
Nups; used to describe being high (nups is spun backwards)	
Pissed	Pumped
PUT ON YOUR MOON BOOTS....get high on better quality stuff	
Psychosis	Ring Dang Doo
Riped	Rollin or Rollin Hard
Scattered	Schlep Heads
Sketching	Spin-Jo
Speeding	Spigakled
Sparked	Spracked
Spagackadoodledoo	Spun
Spun like a bun on the run	Spun Like a Duck
Spun Monkey or Spun Turkey	Spun Out
Spun to the Hubs (extremely high)	
Stealth Mode (U r moving really fast & feel invisible)	
Stoked	Toasted
Too high 2 qualify	
Tore up from the floor up	Twacked
Tweaked	Tweaked
Tweak Mission (activities STARTED while high, and never finished. IE: "repairing" a car / VCR / walkman and not finishing the job (ran out of meth)	
Twisted	Wide Open or Awake
Wired	Worked
Woop Chicken	Your Poked
Your Smoked	Zipper
Zoomin	

Source: http://www.kci.org/meth_info/slang_names.htm
(There are many resources available just google Crystal Meth)

Let's Talk

As some of you already know, I have recently secured the Prescription Drug Abuse Project Planner position with Aamjiwnaang Health Centre. I thought this would be a wonderful opportunity to introduce myself, Penny Rogers and share with you my experience.

After several years of working directly with people experiencing addictions, homelessness, mental health issues and trauma, I am eager to share my knowledge and life experience with Aamjiwnaang First Nation community members. I am a certified addiction worker receiving my certificate from Everest College in Kitchener, ON. While in the Cambridge area I was honored to maintain a Harm Reduction Street Outreach Worker position, providing harm reduction supplies such as safer inhalation kits, safer injection kits and safer sex kits and education to a high risk population.

In 2011 I returned to my home town of Sarnia where I was able to secure the NNADAP position with Kettle and Stony Point First Nation. During my 2 ½ years with Kettle & Stony Point Health Services I was successful in providing a variety of services and programs such as addiction counseling, Mom's In Recovery and the Medicine Wheel & 12 Steps. In addition to providing community supports I was responsible for treatment plans and securing appropriate in/out patient treatment for clients and developing aftercare for the clients returning home.

I am excited to be a part of the Aamjiwnaang health team. Our Health Centre services responds to the needs of those individuals with mental health issues, addictions, youth-at-risk and those affected by someone experiencing these issues at any stage of their life. Our services are client/family friendly centered and focus on wellness, recovery, health education and prevention. We attempt to assist our community members in a safe, confidential, compassionate, non-judgmental and empathetic environment, with a wide variety of programs developed with the community needs in mind.

With your support I'm confident in bringing prescription drug abuse education, awareness and

prevention to the community.

To respond to some of the questions and concerns already brought to my attention, I'm eager to launch a discussion series, *Let's Talk* that will be published bi-weekly in the Tribune. I will use the opportunity to educate and address concerns in the areas of addictions in our community, mental health issues, harm reduction strategies and healthy relationships to list a few. In addition Tracey George and I will be hosting monthly community conversations held the last Tuesday of each month.

I encourage all community members (including past and current substance users) to feel free to contact me at the Health Centre during my **regular office hours, Monday-Thursday 9-3** with any questions or concerns.

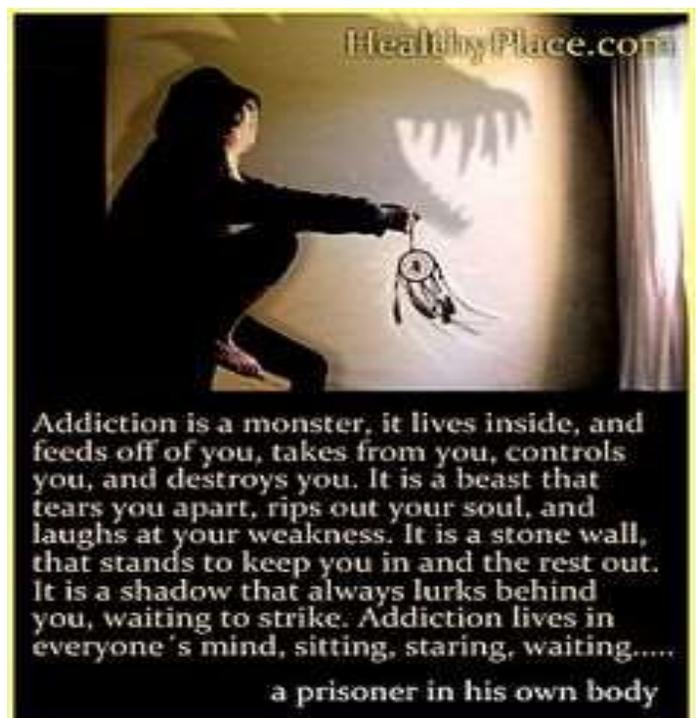
I look forward to meeting each community member or if you prefer to meet outside the Health Centre I'm also available to meet where you are most comfortable. Please don't hesitate to contact me by phone, email or dropping in during office hours.

Penny Rogers

pennyrogers@aamjiwnaang.ca
(519) 332-6770

*You are more than the choices you've made
You are more than the sum of your past mistakes
You are more than the problems that you create*

*Tenth Avenue North
You are more*



Substance Abuse Planning Update

Greetings Community Members,

A lot of work in addictions has been happening behind the scenes, so I thought I would send out an update.

In 2012, we completed a community survey which told us the community would like to see more prevention, education and treatment options. Since then, we have introduced two onsite treatment programs - Caring Connections and RedPath Addictions. We have been hosting monthly workshops on various topics in mental health and addictions, including overdose prevention/intervention for staff and community. We have also been working with Bluewater Health in the development of their Withdrawal Management Services (detox) and will be starting a Day Program at the Health Centre very soon.

In 2013, we worked with a team of professionals out of Native Horizons Treatment Centre. They helped us to complete a service profile and host a community engagement session. Five priority areas were identified to develop a 3 year plan. Staff have been meeting regularly to work on this plan, which focuses on trauma/loss, addictions awareness, lateral violence, lack of trust in services and life skills.

In 2013, we also participated in the CAMH Research Study (the mobile lab that was parked at the Community Centre). The Health Committee will review the draft report this month. If approved by Chief and Council, we will host a community presentation on December 2nd. Also as part of this study, we'll be hosting discussion groups with local mental health and addictions service providers to find out how we can work together to improve the system for our members.

This year, we applied for funding from Health Canada to address some of our priority areas. Penny Rogers has been hired as the Project Planner for 6 months. She will be working on an awareness and education campaign, grief programs and services, staff training and working with other departments to develop an aftercare support team.

We will then use all of the information we have gathered to come up with a plan to improve services and supports for people with addiction. All of your feedback and participation has been extremely help-

ful during this process. We hope to see you at the community presentation on December 2nd. As always, if you have any questions or suggestions please feel free to stop in for a visit.

Meegwech,
Sara Plain, Health Director



No Cook Overnight Oatmeal

A quick & wholesome breakfast idea for the whole family

¼ cup oats

¼ cup yogurt

¼ cup milk

Put all ingredients together in a container, mix and store in fridge overnight (will last a couple of days in the fridge). In the morning you'll have a delicious breakfast to go. Try some of the flavour ideas below to add more nutrition or spice it up a bit!

FLAVOUR IDEAS

- Applesauce & cinnamon
- Blueberries & maple syrup
- Banana, peanut butter & honey
- Strawberries & vanilla
- Mango, almond & honey



OPTOMETRIST EYE EXAMS AND DESIGNER GLASSES

mobileyez

AAMJIWNAANG, OCTOBER 16
ALL AGES WELCOME



GLASSES OPTOMETRIST EYE EXAM BOOK APPOINTMENT HOST SERVICES

THURSDAY, OCTOBER 16TH, 11AM-6PM
HEALTH CENTRE PARKING LOT, 1300 TASHMOO AVENUE

TO BOOK YOUR EYE EXAM
CALL TOLL FREE: **1-866-920-6480**

\$49* \$99* \$199

GUCCI PRADA RUBY PROBABLY TOM FORD designer | designer | designer | designer Ray-Ban

FREE FRAMES WITH PURCHASE OF LENS**

PLEASE HAVE YOUR REGISTRY NUMBER WHEN YOU SCHEDULE YOUR APPOINTMENT
* Price includes frame and complete pair of single vision lenses or bifocal lenses, net of NIHB contributions.
** Selected models. One per customer. While quantities last.

Men's Cooking Class

Thurs, Oct. 30, 2014
11am – 1pm
Health Centre

Happy Halloween

Prize For All Participants

Learn to love delicious food made with a few healthy ingredients.

Call the Health Centre TODAY to register at 519-332-6770

Transportation available



IN YOUR COMMUNITY

Just because you **feel** normal doesn't mean everything **is** normal.

Join us for this interactive event to learn about cervical cancer and complete a Pap test, a simple screening test that will be completed by a female health care provider.

October 28, 2014
10:00 - 3:00 pm
1300 Tashmoo Avenue
Aamjiwnaang First Nation

To Register:
Dorothy Gilbert
(519) 332-6770

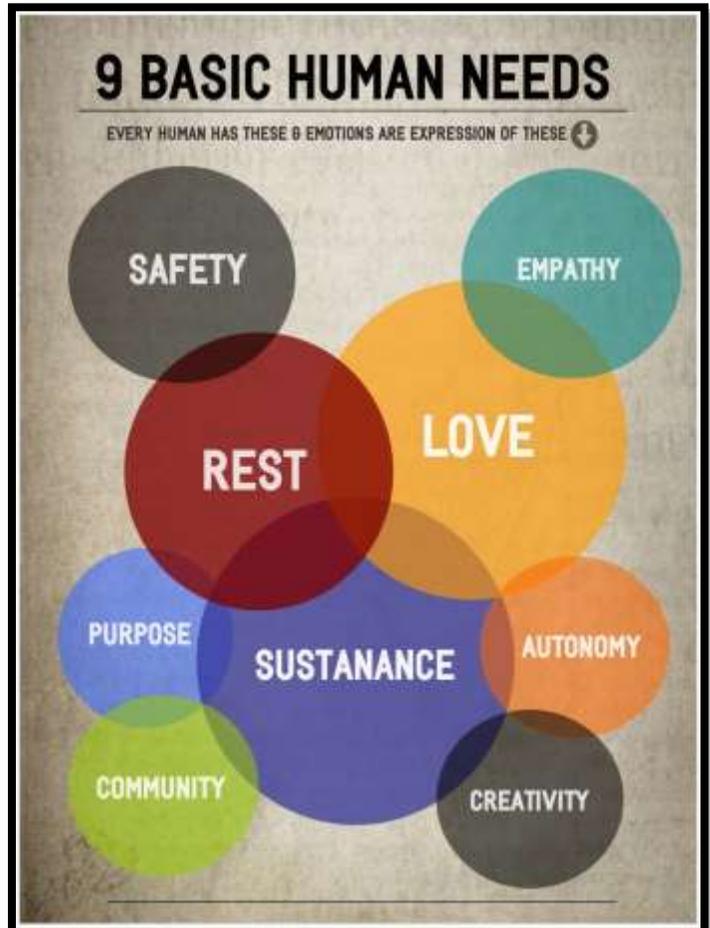
or contact your
Community Health Centre.

Get your Pap Test today.
Pap Tests save lives.



9 BASIC HUMAN NEEDS

EVERY HUMAN HAS THESE & EMOTIONS ARE EXPRESSION OF THESE



- SAFETY
- EMPATHY
- LOVE
- REST
- PURPOSE
- SUSTANANCE
- AUTONOMY
- COMMUNITY
- CREATIVITY



Introducing

Melissa McCormick

Author... Motivational Speaker... Survivor...

At the age of 19...

She survived a woman's worst nightmare.

Kidnapped, beaten...
gang raped at gunpoint...
wanting to die...

begging her assailants to kill her.

This is Melissa's riveting story of her escape, the night she became...

The Queen's Daughter

Melissa's story will inspire you. It will make you want to know her better. It will surely lead you to conclude that change occurs in tiny steps, by those who care.



Date:

Thursday, October 23

Time:

5:00 - 7:00 pm

Place:

Maawn Doosh Gumig
(Community Centre)

Dinner Provided

Please call the Health
Centre to sign up
519-332-6770



LivingWorks

SAFETALK

October 22, 2014 from 5-7 pm
At the Health Centre

Suicide Awareness for Everyone

This 2 hour workshop alerts one to warning signs indicating risk of suicide. The workshop emphasizes the importance of recognizing the signs, communicating with the person at risk and getting help or resources for the person at risk.

- Teaches you to recognize the warning signs
- 2-hour workshop
- Instructed by Roberta Bressette & Tracey George
- Certificate Program
- Dinner Provided

World Mental Health Day



October 10, 2014

11am-3pm

E'Mino Bmaad Zijig Gumig
(Aamjiwnaang Health Centre)

- Stress Management Presentation
11:00 am
- Lunch 12:00 noon
- Self Care 1:00 - 3:00 pm

To register call Roberta Bressette at the Health
Centre: 519-332-6770



AAMJIWNAANG COAT DRIVE

We are requesting donations of the following items:

- Winter coats
- Snow pants
- Winter hats, scarves, mittens, gloves



We will accept all sizes (youth & adult) and ask that all items donated are in good condition. Please drop off all donations at the Health Centre by Friday, October 31st. Community Give Away dates will follow.

Thank you in advance for your support.



If you have any questions please contact Roberta Bressette at: 519-332-6770



Please contact Lambton Public Health if you require access to this information in another format.

DO YOU WANT TO QUIT SMOKING CIGARETTES?

The **STOP program** delivers research-based, cost-free smoking cessation workshops in local communities.

Eligible participants will:

- Attend an **educational session**
- Receive a five-week course of **nicotine patches**

**Workshop(s) will be held at
Aamjiwnaang on**

October 22, 2014 at 1:00 pm
To learn more, see if you qualify, and to register, contact:

Marie at
519-344-2062 ext. 2350
***Confidentiality assured**



5 OF YOU MAY BE NEEDED...
TO GIVE BLOOD FOR 1 HEART SURGERY PATIENT LIKE MADISON.

DONATE BLOOD. SAVE A LIFE TODAY.

Join us for a group donation:
Tuesday, Nov 18th @ 10am
Sarnia Donor Clinic
Bayside Centre

Contact Roberta at 332-6770
for details.

Book your appointment:
www.blood.ca
1-888-236-6283




1 888 2 DONATE





For more detailed information on the STOP program, please call 416-535-8501 x4455 or email stop_study@camh.ca. CAMH is a research and teaching hospital fully affiliated with the University of Toronto and is a Pan American Health Organization/World Health Organization Collaborating Centre. For information on other CAMH treatment programs and services, visit www.camh.ca or call 416-535-8501 (1-800-463-6273).

NAAAW



2014 National Aboriginal Addictions Awareness Week

Call for Nominations

The 2014 NAAAW Committee would like to announce a call for nominations for:

The ***“Bertha Adams Award for Living the Good Life”***

To be eligible one must live a healthy lifestyle, experience a life altering change of overcoming addiction. Must be the age of 26 or older.

AND

The ***“Peggy Bird Award for Youth Living the Good Life”***

This award is for those ages 13—25. To be eligible the nominees must abstain from substances; exhibit excellent attendance at school or have graduated, and must be actively involved in the community.

To nominate a candidate please write a paragraph or two explaining why you believe your nominee should receive the award. You can email the submission to tgeorge@aamjiwnaang.ca or drop it off at the Health Centre. The committee will choose a nominee and present the awards at the NAAAW Breakfast.

DEADLINE: MONDAY, NOVEMBER 3rd @ 4:00PM

Please feel free to call if you have questions or concerns.
519-332-6770

2014 National Aboriginal Addictions Awareness Week

SAVE THE DATES!

MARK YOUR CALENDAR!

November 16th—21st

**All the events will be happening the 3rd week of
November.**

**Details of the events will be posted in the
TribeUne soon.**

STRENGTHENING FAMILIES FOR THE FUTURE

For families with children ages 7-11



This program will help families to:

- Strengthen family relationships
- Improve parenting skills
- Teach children how to handle feelings and solve problems
- Reduce the chance of children having problems in the future

- FAMILY DINNER
- PARENT & CHILD SESSIONS
- FAMILY SESSION



Childcare & transportation provided

Dates: Mondays from November 3rd to February 2nd

Time: 5:00 – 7:30 pm

Location: Maawn Doosh Gumig

Great incentives for completing the program!

Interested families are asked to contact the Health Centre 332-6770. Space is limited.

Registration deadline:
October 17th



Provided by Mnaasged Child and Family Services and Aamjiwnaang Health Centre



ONTARIO WORKS EMPLOYMENT SUPPORT PROGRAM NOTICE

PARTICIPATION AGREEMENTS ACTIVITY REVIEW

Clarification of the OW compliance process.

Those not completing agreed upon activities are added to the list of cheque holds for file review on the 1st of each month.

This is the PARTICIPATION AGREEMENT process to ensure I am being accountable to both you, my employer and Ministry legislation.

We understand that life happens, but this is just a reminder that it is important to communicate your circumstances with myself, the Ontario Works- Employment counselor.

There are things that we can assist with when it comes to referrals, letters of support etc.

MIIGWETCH
MARINA PLAIN @ 519-336-8410
marinaplain@aamwjinaang.ca

<https://www.facebook.com/AamjiwnaangOntarioWorksEmploymentSupports?ref=hl>

P.A.S.S.P.O.R.T For Youth Program

**The Program started on,
Wednesday,
September 17, 2014**

And will continue to run for several months with a session once a month on Wednesday's, and additional workshop sessions that will be focused on providing certification for employment readiness.

9:30 am - 3:00 pm

@ Maawn Doosh Gumig

**Remember, you must
pre-register for the program**

**So call Marina Plain to
sign up ASAP!!**



Food Handlers Workshop Friday, October 24, 2014

The *Aamjiwnaang Resource Centre* will be hosting a Food Handlers Workshop on October 24, 2014.

- Workshop is free to Aamjiwnaang O.W & ODSP Clients
- If you live off reserve and wish to participate a \$40.00 fee is required

**Please contact Marina Plain
at the Band Office if you
would like to register
(519-336-8410)**



RENEWABLE ENERGY CONNECTIONS CAREER FAIR

THURSDAY OCTOBER 16, 2014 | 10:00AM – 2:00PM

The **Renewable Energy Career Connections Fair** will be a great opportunity for members of First Nations in southwestern Ontario to explore career opportunities in renewable energy and network with companies working in the sector. Representatives of the industry will be on hand to discuss potential internships and job placements.

Lunch will be provided.

Location:

Chippewa of the Thames Community
Centre (Gymnasium)
328 Chippewa Road
Muncey, ON, N0L 1Y0

Companies in attendance:

AMP Solar
Centennial College
EDF EN
Ontario Energy Matrix
and more



To register contact:

Wesley Normington, Development Manager
TREC Education wesley@trec.on.ca | 416-977-5093 x. 2460



Mobile Market 2014

Coming to a community near you!



Mondays – Petrolia, Corunna & Aamjiwnaang

Corunna – All Saints Anglican – Hill St
11:00 – 12:00

Aamjiwnaang - Community Centre Pavilion
12:30 – 1:30

Tuesdays – Forest, Thedford & Kettle Point

Forest – Contact House - 6276 Townsend Line
9:30 – 10:30

Thedford – Meadowville – 76 Mill Street St.
11:00 – 12:00

Kettle Point – Health Services – 6275 Indian Lane
12:30 – 1:30

Fridays – Sarnia

Rogers St. – parking lot 9:30 – 10:30

Kathleen Ave – park 11:00 – 12:00

Veteran’s Park – Victoria St N 12:30 – 1:30

October 27 will be the last day for the Mobile Market at the Aamjiwnaang location.

Accessing the Mobile Market

To access the Mobile Market, please bring one of the following:

- The Inn or any food bank client card
- ID and proof of residence in Lambton County or Co-op Housing
- Proof of social assistance income (OW or ODSP or OAS)



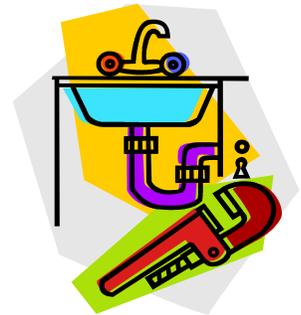
What is RRAP?

- It is a CMHC program for **LOW-INCOME** homeowners
- Provides loans, a part of which may not have to be paid back
- Available to repair substandard living units

What repairs qualify my house?

- Your house must be substandard or deficient in one or more of the following:

- Structural
- Heating
- Disabled
- Electrical
- Fire Safety
- Plumbing



Adaptations to make a unit accessible for a disabled occupant also qualifies for the Disabled RRAP program

Who is eligible?

The **TOTAL** household’s income must be lower than \$42,000.00.



Written verification of household income is required from all residence of the home.

The Housing Department is currently accepting RRAP applications and doing RRAP inspections.

For more information please call the Housing Department at 519-336-8410.

On Turtle Island “North America” the Indigenous people have traditionally used the Sweat-lodge for purification, cleansing and healing of mind, body, emotions and spirit.

THE SWEATLODGE REPRESENTS HEALING AND REBIRTH IN MOTHER EARTH’S THE SWEATLODGE REPRESENTS HEALING AND RE-BIRTH IN MOTHER EARTH’S WOMB



Southwest Ontario
Aboriginal Health
Access Centre

Saturday Oct 18/14 at 1:00 pm at

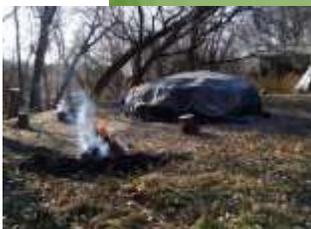
Kiikeewanikaan (Southwest Healing Lodge), 275 Jubilee Road, Muncey, ON.

Please contact Stephanie Trudeau at SOAHAC to register, 519-289-0352, Toll Free: 1-877-289-0381.

The ancestors visioned the Sweatlodge as a gift from The Creator to help in healing, purification, and connection to the spirit world. The Sweatlodge “Womb of Mother Earth” is connected to all directional powers of the universe: above, below, east, south, west and north. Intent within integrity is the key to the positive outcome of the ceremony. It is said that the Sweatlodge ceremony "responds" to what the people need. The sweat will be conducted by a visiting Healer/Elder, Richard Assinewai. This will be a Co-ed (mixed) sweat.

Protocol for the Sweatlodge Ceremony

An offering of tobacco, gift and love offering is made to the Sweatlodge Conductor. The love offering is used to pay for the wood and gas. You should abstain from alcohol or drugs for at least four days prior to the sweat. It is very important that you inform the sweatlodge conductor of any health problems such as asthma or high blood pressure.



What to wear and bring to the Sweatlodge Ceremony:

Tobacco,

Towel and small blanket,

Men wear longer boxing style swimming trunks or shorts without metal.

Women wear long dark collared dress-like garments – could be a long nightgown or t-shirt and long skirt together.

Water and a snack to share with others after the Sweatlodge.

Women on their moon-time (menstruation) will sit outside the lodge as they are naturally purifying.

RedPath Addictions Program

Learning to live without addictions

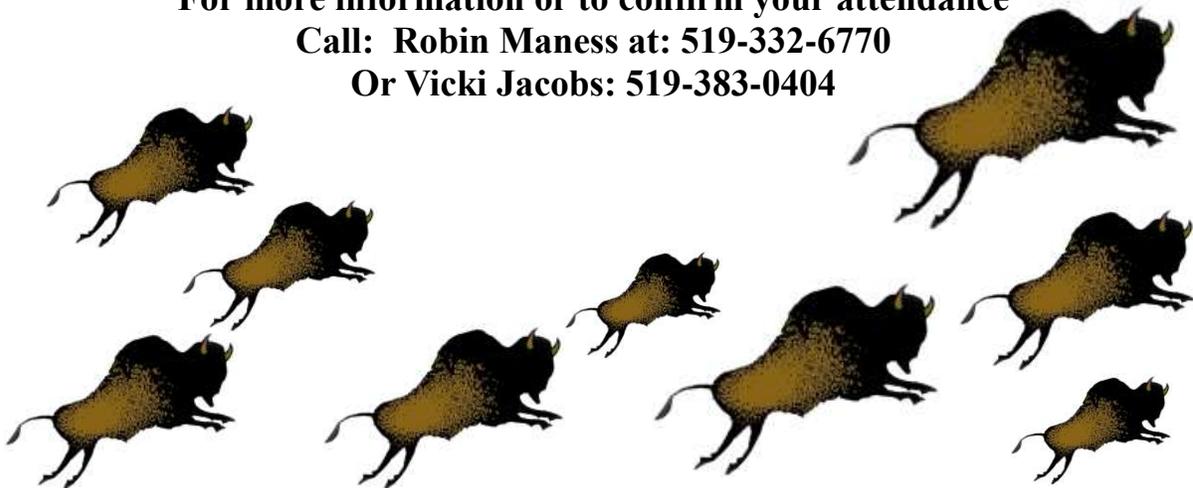
Start date of program : October 7, 2014

**There is still time to join the group,
sign up will continue until,
Oct. 16th, possibly the 20th, 2014**

For more information or to confirm your attendance

Call: Robin Maness at: 519-332-6770

Or Vicki Jacobs: 519-383-0404



First Steps to Reconciliation

A follow-up to:

“Going Beyond the Words”

Tuesday, October 21, 2014

MAAWN DOOSH GUMIG COMMUNITY AND YOUTH CENTRE

Virgil Avenue, Sarnia

https://www.facebook.com/MaawnDooshGumig/page_map

Begins with dinner at **5:00 p.m.**

It is encouraged that you become Familiar with the following resources:

1. “They Came For The Children” found on The Truth and Reconciliation Commission web-site, www.trc.ca click “resources”
2. “We Were Children” available on Netflix and/or “Speaking My Truth” a resource available thru the Aboriginal Healing Foundation

Sponsored by: St. Clair United Church, Lambton Presbytery of The United Church of Canada and The Right Relations Committee, London Conference of The UCC

Please register before Sunday, October 5, 2014 so that food quantities can be ordered:

Call or email Pat Whitton at 519 344-2564 or whittons@xcelco.on.ca

Leave you Name & Contact Information (Email/phone #)

Heritage & Culture Club

"Hold the date"



FALL AGENDA



START TIME FOR ALL 6 is 6 pm

OCTOBER - VOLLEYBALL DATE TBD (9-2)

OCTOBER 15: Genealogy workshop

NOVEMBER 6 - Toonie Auction

NOVEMBER 20 - Social

Contact Marina Plain for more info 519-336-8410

OCTOBER 15th 2014 6 PM

Maawn Doosh Gumig

Hosted by:

Aamjwnaang

Heritage & Culture Club

Guest speaker: Diane Aiken

Genealogy Workshop

OCTOBER 15th 2014

Maawn Doosh Gumig

Hosted by : Aamjwnaang Heritage & Culture Club

Special guest : Diane Aiken

Ancestry
Family Connections
Internet Resources



anishinaabemowin naakaazdaa enweying (lets speak our language)

The language being presented is
using the Fiero spelling.

Source: [http://
weshki.atwebpages.com/
ok_1.html](http://weshki.atwebpages.com/ok_1.html)



Numbers:

Gaawiin-gegoo - 0	Bezbig - 1
Niish - 2	Niswi - 3
Niiwin - 4	Naanan - 5
Ningodwaaswi - 6	Niishwaaswi - 7
Nishwaaswi - 8	Zhaangaswi - 9
Midaaswi - 10	Midaaswi shi bezbig - 11
Niizhdana - 20	Nisimidana - 30
Nimidana - 40	Naanimidana - 50
Ningodwaasimidana - 60	Niizhwaasimidana - 70
Nishwaasimidana - 80	Zhaangasimidana - 90
Ngodwaak - 100	

New Words:

gaawiin-gegoo - zero, nothing (gaawiin - no; gegoo - something)
shi - plus in counting.

Note:

With shi all compound numbers are
Formed;

e.g.: midaaswi shi niiwin - 14,
niizhdana shi niizhwaaswi - 27,
etc.





AAMJIWNAANG FIRST NATION
EMPLOYMENT OPPORTUNITY

COMMUNITY CENTRE CUSTODIAN
Full-time Contract to Permanent

JOB DUTIES:

- Provides cleaning and maintenance service for the Community Centre facility including, but not limited to, the care and cleaning of all surfaces and service facilities; waste collection and disposal; and window washing.
- Complete room set-up for events as directed.
- Provides informal inspections of Community Centre facility and reports any necessary repairs to the Community Centre supervisor.
- Responsible for adherence to Occupational Health and Safety procedures.
- Performs other related duties as may be reasonably required by the Community Centre Supervisor.

QUALIFICATIONS:

- Ontario Secondary School Graduation Diploma or equivalent.
- Knowledge of cleaning and minor maintenance procedures.
- Exhibits a strong work ethic and self direction
- Initiative, judgment and the ability to handle the physical requirements of all duties.
- An understanding of occupation health and safety requirements and procedures.
- Must be able to work evenings.

APPLICATION TO INCLUDE;

- 1 Cover letter with contact information.
- 2 Resume listing education and work experience.
- 3 At least two references with contact information.

**Please forward applications to:
Assistant Band Administrator
978 Tashmoo Ave
Sarnia, ON N7T 7H5
FAX 519-336-0382**

**Deadline for applications is October 17, 2014
AT 4:00PM.**

**The successful candidate must provide a Police
Record Check. (C.P.I.C.)**



AAMJIWNAANG FIRST NATION

EMPLOYMENT OPPORTUNITY

DAYCARE-FLOAT POSITION
Contract to Permanent
Part-time (hours to be determined)

JOB DUTIES:

- To provide relief to infant room teachers during their breaks and lunches
- To assist the children with their personal care needs.
- Assist in housekeeping duties.
- Responsible for assisting in the supervision of children on a 1:1 or group basis.
- Performs other related duties as may reasonably be required

QUALIFICATIONS:

- Graduation from a post-secondary program in Early Childhood Education is preferred.
- Ability to appreciate and empathize with the needs of young children
- Adherence to confidentiality practices.
- A high degree of initiative and self-direction; good oral and written communication skills; good organizational skills and ability to work as a team member.
- Must enjoy working with children.

APPLICATION TO INCLUDE;

1. Cover letter with contact information.
2. Resume listing education and work experience.
3. At least two reference letters with contact information.

**The successful candidate must provide a Police
Record Check. (C.P.I.C.)**

**Please forward applications to:
Assistant Band Administrator
978 Tashmoo Ave
Sarnia, ON N7T 7H5
FAX 519-336-0382**



AAMJIWNAANG FIRST NATION EMPLOYMENT OPPORTUNITY

Community Information Officer Contract to Permanent

Job Summary:

The Community Information Officer to undertake duties related to the implementation and maintenance of a direct communication program within the Aamjiwnaang First Nation community, through a newsletter (TribeUne), website, social media websites and media and public information releases. Will also do research and provide information and briefing notes to the Band Administrator and Chief and Council as required. Special projects may be assigned.

- Layout and publish and distribute the TribeUne newsletter biweekly
- Manage and update the Aamjiwnaang First Nation website
- Update and manage official Aamjiwnaang social media presence on Facebook, Twitter, etc
- Research, speech writing and briefing notes for Chief and Council as requested
- Liaisons with various media outlets regarding stories related to the Aamjiwnaang Community
- Provides draft correspondence, media/public information releases as needed by senior management
- Provide support to Coordinators on communications and information presentation for their specific programs
- Conducts information workshops for the Aamjiwnaang Community
- To complete funding applications for grants as applicable

Qualifications:

- Post-secondary level diploma or degree. Additional post-secondary level courses in journalism or communications
- Well-developed interpersonal skills, excellent oral and written communication skills
- High level of appreciation of First Nation issues.
- Excellent public relations skills, including an appreciation of the need for tact, discretion and a positive, cheerful and informed approach with the public.
- Flexibility and adaptability
- Exceptional working knowledge of Microsoft Office suite (Word, Excel, PowerPoint Outlook, etc.) and website management, preferably WordPress
- Demonstrated ability to adapt to new technologies and online communities

Interested Applicants: Include a cover letter, resume and two reference letters. Please forward to:

**Assistant Band Administrator
Aamjiwnaang First Nation
978 Tashmoo Ave., Sarnia, Ontario N7T 7H5
Fax: 519-336-0382**

Deadline: All applications must be received by 4:00 p.m. on November 7, 2014. A complete job description is available at the reception desk at the Band Office



ABORIGINAL LEADERSHIP OPPORTUNITIES YEAR

The Aboriginal Leadership Opportunities Year (ALOY) gives you a highly positive, productive, one-year educational and leadership experience through the Royal Military College of Canada (RMC) in Kingston, Ontario. The ALOY program includes sports, field trips, leadership development, military training, cultural support activities, and individual learning plans. Through these learning plans, you take part in individual and small group tutorials for pre-university (non-credit) and first-year university courses.

As part of the program, you are enrolled in the Forces for one year as an Officer Cadet and receive free tuition and books at RMC. You may request to leave the program at any point in the year. At the end of the year, you may apply to continue at RMC in a degree program through either the Regular Officer Training Program or the Reserve Entry Training Plan.

To apply for the ALOY program you must have completed at least Grade 12 or Secondaire V, or have obtained your GED. Applications are due February 15 so that all the arrangements can be made for the beginning of the school year in September. In addition to filling out the online application, you must also submit the ALOY enrolment form.

SUMMER TRAINING PROGRAMS

The Forces offers three Summer Training Programs that combine military lifestyle with cultural awareness: Bold Eagle, Raven and Black Bear. These six-week long programs give you a taste of military training with the option - but no commitment - to join the Forces. The training is based on the Army Reserve Basic Military Qualification and is taught by military instructors. Subjects include General Military Knowledge, Weapons Handling, Navigation, First Aid, Drill, and Survival Skills.

All three Summer Training Programs begin with a Culture Camp. The camp is designed to ease the transition from civilian to military lifestyle, and focuses on common spiritual beliefs. All Culture Camps are conducted by Elders of different First Nations and Aboriginal groups.

RAVEN is the Navy's summer program for Aboriginal Peoples from across Canada. Participants train in Esquimalt, British Columbia

BLACK BEAR is an Army training program for Aboriginal Peoples from across Canada that takes place in Oromocto, New Brunswick.

We arrange your travel to and from the program, living accommodations, food, clothing and all equipment. While you are in the program you are temporarily a Forces member and are paid around \$3,500 for completing the full six weeks.

To qualify for the summer training programs, you must have completed at least Grade 10 (Sec IV in Quebec). Applications are due by the end of March so that all the arrangements can be made for the beginning of the programs in July. When filling out the online application, indicate the Summer Training Program you are interested in under "Program Choices."

For More Information Visit: <http://www.forces.ca/en/page/aboriginalprograms-93>

Native Trustee Position Effective December 2014

The Role of Native Representatives

Section 188 (5) of the Education Act allows for a regulation to provide Native representation on school boards. Regulation 462/97, Native Representation on Boards, lists the conditions for appointing Native trustees, provided a tuition agreement is in place. These are:

- When the lesser of 10 percent of the students of a board or 100 students are from First Nations communities, the First Nations communities may name, and the board must appoint, one representative. That person is deemed to be elected to the board.
- When 25 percent of the students of a board are from First Nations communities, the board may appoint a second representative.
- When First Nations students number less than 100, or less than 10 percent of the total student enrolment, the appointment of the Native representative is at the discretion of the board.

The role of all trustees is to help create the vision and set the strategic direction that will guide the board and its schools. As the representative of the First Nations community on the school board, the Native trustee is in a unique position to ensure that the Native culture is part of that vision and that the strategic direction of the board includes the interests of the First Nations community.

Representation

Under the Education Act, Lambton-Kent may appoint one representative from the four First Nations (Chippewas of Kettle and Stony Point First Nation, Aamjiwnaang First Nation, Walpole Island First Nation and Delaware First Nation).

The Native Trustee will work with the Board and members of senior administration according to the Native Advisory Committee. There are approximately 23,000 residents with schools located in a number of urban and rural communities throughout the Municipality of Chatham-Kent, the City of Sarnia, and the County of Lambton.

This progressive system has 64 elementary and secondary schools, 22,000 students, approximate total staff of 3,400 and a budget of \$257,818,950.

Responsibility of the Native Trustee

The Native trustee is responsible for:

- monitoring the negotiation of the tuition agreement

- ensuring that the actions of the board reflect the tuition agreement
- ensuring that both parties of the agreement are fulfilling their obligations
- ensuring that mechanisms are in place for effective accountability to the First Nations community
- ensuring that racism and harassment are not part of the Native students' experience at school.

The Native trustee is also in a position to encourage the involvement of the parents and the First Nations community in the Native students' education. One of the recommendations of the Report of the Royal Commission of Aboriginal Peoples (Volume 3, page 472) is that "all schools serving Aboriginal children adopt policies that welcome the involvement of Aboriginal parents, elders and families in the life of the school-for example, by establishing advisory or parents committees, introducing teaching by elders in the classroom, and involving parents in school activities."

Tuition agreements also provide for Native representation on school councils and the school board's Special Education Advisory Committee. As well, School Boards are establishing Native Advisory Committees to provide a forum for discussing Native education issues (see "Models for Native Representation" below). In these committees, the Native trustee is usually the co-chair, and membership includes a representative from each of the First Nations communities that have students in the board's schools.

Qualifications

Trustee candidates need not have a background in education.

- Band member of one of the Four First Nations (Walpole, Kettle and Stony Point, Delaware, and or Aamjiwnaang).
- At least 18 years old

Length of Term

The Term is four (4) years effective December 2014. Starting December 2014.

Allowable Expenses

Trustees are entitled to claim expenses related to Board business, including approved attendance at conferences under the guideline of the Lambton Kent District School Board Trustee Handbook.

Allowable expenses include honorariums, travel, accommodation at conferences, meals, long distance telephone call, supplies and repairs to fax machines.

Selection Process

Each of the four First Nations will submit the name of their candidate to the Four First Nations Education Association who will then select one to be named as the appointed representative. Each First Nation must then submit in writing, to the LKDSB, naming the appointed representative. The LKDSB will then appoint the representative as the Native Trustee representing the four First Nations. The Public Sessions for LKDSB meetings are open to all community members.

Further information about the Lambton Kent District School Board is available at www.lkdsb.net

Closing date - October 31, 2014

Interested applicants must submit a Covering letter, resume and Police Criminal Record Check to:

Vicki Ware (Education Committee)
978 Tashmoo Ave.
Sarnia, Ontario
N7T 7H5

Aamjiwnaang Alternative and Continuing Education



Thursday, October 30, 2014

From 11:30 am - 1:00 pm

Intake Day/Open House

Aamjiwnaang Alternative and Continuing Education Program

If you are 18 years or older, you are invited to attend an "Intake Day" at the Resource Centre on Thursday, October 30/2014 from 11:30 am to 1:00 pm.

**** Come in and learn how you can enroll into a credit granting program in working towards your Gr.12 diploma! Also, learn how you can upgrade your skills through the Literacy and Basic Skills Program! ****

- There are no costs/fees to attend
- Free transportation provided for participants
- A light lunch will be provided!



**COMMUNITY
 GIVEAWAY**

FREE!! **FREE!!**

NOVEMBER 5TH
5:00 - 7:30
@ Maawn Doosh Gumig

To show our appreciation of community participation & support.

Examples of what some will be bringing: small household items, Gently used coats, clothing, gloves hats gloves etc for children & adults
 BRING ITEMS TO COMMUNITY CENTRE NOV 5th
 Chi Miigwetch for your continued support.
For more info contact Wavine Phup 521-1160 #211

FREE!! **FREE!!**

****PLEASE BRING A FOOD BANK DONATION****



Wednesday, October 29th

Community Centre ~ 5:30 - 7:30 pm



Carved Pumpkin Contest

Best Costume Contest



DJ / Spot Dances

Food - Music - and...



Fun, Fun, Fun, for all ages!



Equity vs. Equality

Changing The Lens On Diversity

November 10, 2014

Where:

Lambton College Residence and
Event Centre
1485 London Road

When:

9:00—11:30 a.m.
12:30—3:00 p.m.
6:00—8:30 p.m.

We will provide three identical sessions

Diversity training that will get you thinking about the power of language and the intersectionality of diversity.



RSVP to: michelle.shelswell@lambtoncollege.ca by November 3, 2014

Travelling Seniors Fundraiser

MEAT BINGO



Thursday, October 23 2014

**Maawn Doosh Gumig
Community Centre @ 6 pm**

~ Kitchen opens @ 5 pm

Menu includes:

**Sliders, Hot Dogs &
Vegetable Soup**

2 Strip Book for \$15

(extra strip for \$5 more)

- **Everyone Welcome to Play!**
- **Ages 10+ w/adult supervision**
- **Bring a Friend or more!!**
- **Students, come out and get your volunteer hours**

**Come on Out and Support
the Seniors !!**

For more information call

Pat Oliver

@ 519-336-7244



DETROIT RED WINGS VS
TORONTO MAPLE LEAFS
Saturday October 18th

AT 7:00 PM

\$140.00 CDN

INCLUDES: COACH BUS, TICKET (202A

Row 8-9 & 216A Row 9-10),

ADULT BEVERAGES ON BUS

Proper ID for Border Crossing

BUS LEAVES EASTLAND PARKING LOT

AT 3:30 PM

CONTACT Willie at 519-384-1957 or

519-332-6771 or Tracey at 519-862-3263 or 519-333-7472



WEEK-END IN CHICAGO

OCT. 24-26 - 2 Nights -

Embassy Suites - Chicago, Lakefront

Single - \$770., Double - \$450., Triple - \$

\$330., Quad - \$ 280 All Prices U.S.

Funds

Includes : Coach Bus, Breakfast at Hotel and Managers Party Each Day Featuring Free Cocktails and Appetizers.

Proper ID for Border Crossing

Bus leaves the Corunna Ball Park at 7:00 am and Food Basics in Sarnia at 7:30 am.

Contact Tracey at 519-333-7472 or 519-862-3261 or Willie at 519-332-6771 or 519-384-1957

For our American Passengers Contact Preferred Charters at



DETROIT LIONS vs CHICAGO BEARS

THURS. NOVEMBER 27th at 12:30 PM

\$190 US - Includes: Coach Bus,

Ticket (Sec.246, Row 9-10),

Adult Beverages on Bus

***Bus leaves Food Basics Parking Lot at**

8:00 am SHARP

Proper ID for Border Crossing Contact Willie for

Ticket's at 519-332-6771 or 519-384-1957

WILLIE'S CUBAN GOLF



January 27, 2015 to February 3, 2015

7 Days—\$1315.00 CDN Taxes Included

\$150.00 Deposit ASAP or by

September 1st

MELIA LAS AMERICAS GOLF &

BEACH RESORT - 18+

5 Star All-Inclusive & Unlimited Golf

Flying with Sun Wing To Varadero

Sign Up & Pay SEARS TRAVEL SARNIA Just

mention the Trip to Kim or Nicole or you can

contact Willie with any questions @ 519-332-

6771 or 519-384-1957



ATTENTION

Sting and Legionnaire Flex Tickets will be available at the Band Office, starting Monday, September 15th.

Limit of 4 Per Household.



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Removal, Weeding Gardens, etc... Grass cutting,
Ditches Lawnmower repairs, any kind of work.

**Free estimates call
Rabbit at 519-344-2774**

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“Our Vision—Your Well Being—Our Coverage”



Next issue is due out on
Friday, October 24, 2014

The deadline for submissions is
Tuesday, October 21, at 4:00 pm

*Chi-Miigwetch,
Lynn Rosales, Interim Editor*

CHIPPEWA TRIBE-UNE
978 Tashmoo Avenue
Sarnia, Ontario N7T 7H5
Phone: 519-336-8410 Fax: 519-336-0382
E-mail: editor@aamjiwnaang.ca
[https://sites.google.com/site/
chippewatribeune/home](https://sites.google.com/site/chippewatribeune/home)

Community Garden Evaluation

The Community Garden has come to the end of its season but I am very pleased with the way things went this year. We were able to supply the food bank with fresh produce all season as well as can pickles, and salsa. There was enough tomatoes, beans, cucumbers, and peppers to be able to distribute to community members. However, I understand that there is always room for improvement! I am looking for the community's feedback on the Community Garden. Suggestions/ideas are welcome! Please fill out the evaluation form and return it to the Health Centre.

Were you aware of the community garden this year?

Did you receive any produce from the garden?

Would you like to see any different fruits or vegetables grown in the garden? Please list.

Did you attend any of the canning workshops?

Is there anything that you would like to learn how to can? If so, what?

Other comments/suggestions.

THANK YOU FOR YOUR FEEDBACK!

