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Aamjiwnaang
Population Stats
Current: 2320

Tuesday, November 11, 2014



Aamjiwnaang Remembrance Day Service

Monday, November 10, 2014, 11:00 am

@ the Aamjiwnaang Cenotaphs

Lunch to Follow at St. Clair United Church

Please Note that All Band Operations will be closed on
Tuesday, November 11, 2014. Miigwech!!



lest we forget....

Mino Dbishkaan-Happy Birthday

Nov. 8 - 21, 2014

Douglas	McKay	Nov. 8	Thomas	Maness	Nov. 14
Lilee	Noah	Nov. 8	Bonnie	Plain	Nov. 14
Joanna	White	Nov. 8	Curtis J	Plain	Nov. 14
Syndel	Baker	Nov. 9	Daniel A	Plain	Nov. 14
Jeanne	Briones	Nov. 9	Jaxon	Aviles	Nov. 15
Darren	Cumming	Nov. 9	John Joseph Jr.	Chad	Nov. 15
James	Lawrence	Nov. 9	Allison	Janson	Nov. 15
Kyra	Lawrence	Nov. 9	Wade	Joseph	Nov. 15
Dennis	Plain	Nov. 9	Charles	Lucas	Nov. 15
Ryan	Stone	Nov. 9	Karleigh	Maness	Nov. 15
Wallace	Fawcett	Nov. 10	Kelley	Williams	Nov. 15
Steven	George	Nov. 10	Anthony	Adams	Nov. 16
Kevin	Giacchina	Nov. 10	Cole	Ransom-Oliver	Nov. 16
Brennan	Green-Bird	Nov. 10	Steven	Gray	Nov. 17
Kathleen	Hounsoume	Nov. 10	Shyanna	Joseph	Nov. 17
Herbert	Jacobs	Nov. 10	Justin	Robertson	Nov. 17
Flying Low Eagle Woman	Matte	Nov. 10	Bradley	Rogers	Nov. 17
Ronald	Plain	Nov. 10	Linda	Rogers	Nov. 17
James	Stager	Nov. 10	Ashley	Stone	Nov. 17
Chloe	Briggins	Nov. 11	Katessa	Clark	Nov. 18
Carter	Cottrelle	Nov. 11	Jon	David	Nov. 18
Cianna	Mitchell	Nov. 11	Jennifer	Joseph	Nov. 18
Jessy	Munroe	Nov. 11	Summer	Maness	Nov. 18
Christopher	Plain	Nov. 11	Frank	Steele	Nov. 18
Glenn	Williams	Nov. 11	Mary	Tyson	Nov. 18
Mika	Casto	Nov. 12	Jaelah	Barr	Nov. 19
Cynthia	Bearhart	Nov. 12	Rahmya	Cottrelle	Nov. 19
Russell	Crowley	Nov. 12	Chloe	Plain	Nov. 19
Jordynn	Plain	Nov. 12	Aaron	Prevost	Nov. 19
Samantha	Plain	Nov. 12	Janice	Rising	Nov. 19
Christine Lee	Rogers	Nov. 12	Jessi	Bullock	Nov. 20
Tyler	Schleen	Nov. 12	Niki	Cottrelle	Nov. 20
Natasha	Adams	Nov. 13	Ronald	DeLauter	Nov. 20
John	Charlton	Nov. 13	Shelly	Dodge	Nov. 20
Sheridan	Sinopole	Nov. 13	Kerry	Rogers	Nov. 20
Lucille	Williams	Nov. 13	John	Rose	Nov. 20
Mary M	Williams	Nov. 13	Maddox	Bois	Nov. 21
Emma	Gravelle	Nov. 14	Daniel	Kota	Nov. 21
Wanda	Gray	Nov. 14	Jayden	Nutt-Adams	Nov. 21
Angela	Joseph	Nov. 14	Jayden	Nyquist	Nov. 21
Dennis	Kettle	Nov. 14			



*Mino Dbishkaan...
Bonnie on November
14th, We Love you to
the moon and back, have
yourself a Super Senior
Fantabulous Day!!*

Happy Birthday
*To my son Daniel Plain, on
November 14th, I'm so proud
of you & your goals.*
Love Mom !!



***Special Birthday
Wishes being sent
out to Dennis Plain
on November 9th,
Love Mom,
Demetrio, Danielle & Carlos,
McKay & Santana***



NOTICE

ATTENTION-AAMJIWNAANG COMMUNITY MEMBERS

Owners are responsible for the care and control of their pet. When a dog is running at large in the community, if possible please try to alert the owner of the dog that it is loose. If this fails to produce satisfactory results, the Animal Control Officer will notify the dogs owner and if that does not improve the situation, the Animal Control Officer will take the dog to the pound if the dog is found to be running at large and in violation of the Dog by-law.

VICIOUS DOGS

When there is a report that a dog has bitten a person or a domestic animal, the Animal Control Officer will act in accordance with the By-law. For the protection of the community, the Animal Control Officer will attempt to remove a vicious dog, with the help of a Police Officer if necessary.

BE A RESPONSIBLE DOG OWNER

Keep your dog on a leash, tie out or in a fenced-in yard when outdoors. Supervise your dog at all times. Do not let your dog wander the neighborhood or get out of your sight. Please be a considerate neighbor and do not allow your dog to continuously bark. Pick up after your dog in public areas of the First Nation.

Miigwech for your co-operation.



AAMJIWNAANG FIRST NATION
Notice to Band Members
Re: Distribution

FRIDAY, DECEMBER 5, 2014
\$200.00 PER CAPITA
at Maawn Doosh Gumig
(Community Centre 1972 Virgil Ave)
8:45-12:00 PM to 1:00-4:15 PM

Eligible Members: To inform us about births during the year, changes to address or child custody arrangements please call:

Carolyn Nahmabin, Lands & Membership Officer
519-336-8410 ext. 230 or email CNahmabin@aamjiwnaang.ca
To ensure payment on Dec.5 changes must be received by Nov.21

Please note:

- **To authorize another person to pick up your cheque, please fill in the form provided in the Tribe-Une or available at the Band Office. The form is also available online at <https://sites.google.com/site/chippewatribeune/> (or by searching “Chippewa Tribe Une” on Google.ca)**
- **Proper documentation must be provided for custody of minor children; otherwise money will be put in Trust.**
- **Any members who wish to have their share mailed must contact the Band Office to update and/or verify their current mailing address. No distribution checks will be mailed without verification each**

**For your convenience, the Distribution Authorization Form
has been provided on the last page of this issue.**



COUNCIL AGENDA ITEM SUBMISSION DEADLINE!!

FRIENDLY REMINDER

To whom it may Concern:

Please be advised that the Council Meeting Agenda Item deadline is the Wednesday prior to the next Regular Council Meeting (RCM) at 4:00 p.m. Sorry, no exceptions. Any items submitted after the deadline will placed on the next RCM Agenda/Meeting.

RCM's are every 1st and 3rd Monday of each month. Should the RCM fall on a holiday, then it will be held on the following Tuesday.

Miigwech for your co-operation and understanding.

Respectfully,
Shelley, Band Council Clerk

Please Note:

If you have any discussion items for
Chief and Council on:

Monday, November 17, 2014

The deadline for submission is:

Wednesday, November 12, 2014, 4:00 PM



Aboriginal Affairs and
Northern Development Canada

**IF YOU DO NOT HAVE THE
MANDATORY IDENTIFICATION TO
OBTAIN A STATUS CARD,
PLEASE CALL: 1-800-567-9604**

- Advise the call centre representative that you want to obtain a Temporary Confirmation of Registration Document (TCRD).
- They will ask a series of questions to confirm your identity and then mail a Temporary Confirmation of Registration Document (TCRD) to you.
- **This document will state your registration number and can be used in place of a Status Card to access benefits and services.**

TRIBE-UNE SUBMISSION INFO!! SUBMISSION DEADLINE

Please Note that the submission deadline for the next Tribe-Una is:

Tuesday, November 18 @ 4:00 pm

This is to ensure that the Tribe-Una will be distributed by the end of the week,
Meegwech for your support!!

Please submit your documents in **Word, Excel, Publisher** formats or info can be hand written; **jpeg** for pictures.



ATTENTION

Sting and Legionnaire Flex Tickets will be available at the Band Office, starting Monday, September 15th.

Limit of 4 Per Household.

**ANIMAL CONTROL OFFICER
Ron Simon - Text/Call 519-330-7450**

**For animal control
issues only!**

- Primary duties are to follow up on loose dog complaints and monitor quarantined dogs.
- If you are a dog owner and your dog is loose, it is your responsibility to retrieve your dog.
- Traps available at Band Garage for use by community members. 519-336-0510

anishinabeknews.ca/2014/11/04/calling-on-indigenous-peoples-to-re-establish-our-responsibilities-to-water/

Calling on Indigenous Peoples to re-establish our responsibilities to water

Calling on Indigenous Peoples to re-establish our responsibilities to the waters and those yet unborn by working collaboratively with one common vision – WATER IS LIFE, without healthy waters, nothing will survive.



By Sue Chiblow

A Great Lakes Commons Summit Gathering was held in 2012 to explore strategies to move forward collectively to protect the future of the Great Lakes. The Summit brought together a range of peoples from different backgrounds including Indigenous Peoples. All agreed that the current governance systems managing the Great Lakes are not working as they are geared towards private and commercial interests at the expense of destroying the waters. All agreed that fundamental changes are needed **now** and everyone has a responsibility to the waters and those yet unborn.

The Great Lakes Commons is a collaboration of peoples including many Indigenous Peoples that are seeking ways to restore balance to the Great Lakes. The Great Lakes Commons has drafted common principles and a Charter. The Great Lakes Commons Charter represents the interweaving of Indigenous sovereign traditions, commons governance, public trust doctrine and the aspirations of communities collected over a period of years. It is a living document. It is a movement to re-establish responsibilities as individuals, as communities and as nations to the waters.

The concept of the Great Lakes Commons is not a new concept to Indigenous Peoples as we under-

stood the waters were our highways, a shared responsibility between all living things. Indigenous Peoples understood the connection between life and the waters, that healthy waters provide us with healthy lives. Our Elders have told us we need to seek ways to better preserve the natural way of living to re-connect to the waters. We now have an opportunity to implement what our Elders have told us by joining with others, working collaboratively to ensure the waters are healthy now and in the future.

Our Elders have told us that the health of the Great Lakes is at risk if we do not do something **immediately** to change the current path of destruction we are on. We all have a common vision, a common goal. We all want healthy waters today and for those yet unborn. We want to stop the destruction of the waters by humans and begin to live our responsibilities to the waters and all life. Our Elders have expressed the **urgency** of changing destructive behaviors towards the waters and working collaboratively to ensure we have healthy waters now and in the future.

As the First Peoples of Turtle Island, we were given instructions on how to live on Mother Earth. These instructions included our responsibilities to the waters and to those yet unborn. We understand that no one owns the waters. No one person, industry, government or thing can claim the waters as theirs. We understand that we are borrowing from future generations and our Elders remind us to keep this in mind in all our deliberations.

In the past, we as the First Peoples of Turtle Island have witnessed, lived and survived a massive assault on our Peoples, our languages, our culture, our way of life. Our Elders are now telling us to learn from the lessons of this assault and find new ways to move forward collaboratively for those yet unborn. It is our turn to rise as Indigenous Peoples with our knowledge systems, our responsibilities, and our instructions to stop the assaults on the waters now and into the future so that we can all continue to survive as individuals, as communities and as nations.

For more information visit

<http://www.greatlakescommons.org/>



Requests for Expression of Interest

Disclaimer: this is not a job posting

SFNS is seeking Expressions of Interest from seasoned professionals with conflict resolution skills.

PURPOSE

The mandate of SFNS is to provide efficient and effective services to its member Nations. In this regard, a new initiative is being implemented for a 3-year project commencing in the 2014-15 fiscal year. The ADR (Alternative Dispute Resolution) Roster will facilitate individuals through conflict resolution sessions.

Important considerations to ensure key requirements are met:

- 3 year commitment
- Availability to be on-call (as needed)
- Availability for monthly debriefing meetings
- Availability to attend training sessions

Expression of Interest Packages accepted until: Monday, December 1, 2014 by 4:30 p.m. (late submissions will not be considered)

Package to include: limit of 5 pages

- Statement of Qualifications: i.e. experience, education
- Understanding of the role: i.e. reason for applying; discuss opportunities and challenges; answer what is the role of a roster member/facilitator; understanding of the time commitment and considerations as listed above under the Purpose section
- Contact information

Send package by mail or email to:
Brenda Young, LL.B
Capacity Development Advisor
Southern First Nations Secretariat
22361 Austin Line
Bothwell ON N0P 1C0
brenda.young@sfns.on.ca



Aamjiwnaang



WANT TO GO? *A Halloween Haunted House*

Food Sales

Friday, October 24, 2014 6 - 10 p.m.
 Saturday, October 25, 2014 6 - 9 p.m.
 Sunday, October 26, 2014 10:30 - 1:30 p.m.
 Monday, October 27, 2014 6 - 10 p.m.

\$2 Admission

Located in the Youth Room at the
 Maxine Board Boudry
 Community & Youth Centre

Medical Transportation Update

There have been changes to the medical transportation program over the last couple of years. One thing that you might not be aware of is that, yes, you can drive yourself to your medical appointment and have your travel slips signed. You will be eligible for a 'Private Mileage' reimbursement. This is to help offset your costs somewhat. For instance, a trip to Sarnia will pay \$7.32. Don't forget to turn in your parking slips too! These are also eligible for a reimbursement.

If you have to use one of the contract medical transportation drivers, the medical transportation form still needs to be signed but the driver gets paid the contract driver rate of \$15.20 for a trip to Sarnia.

All drivers/clients handing in slips, please make sure all information is filled out on the forms.

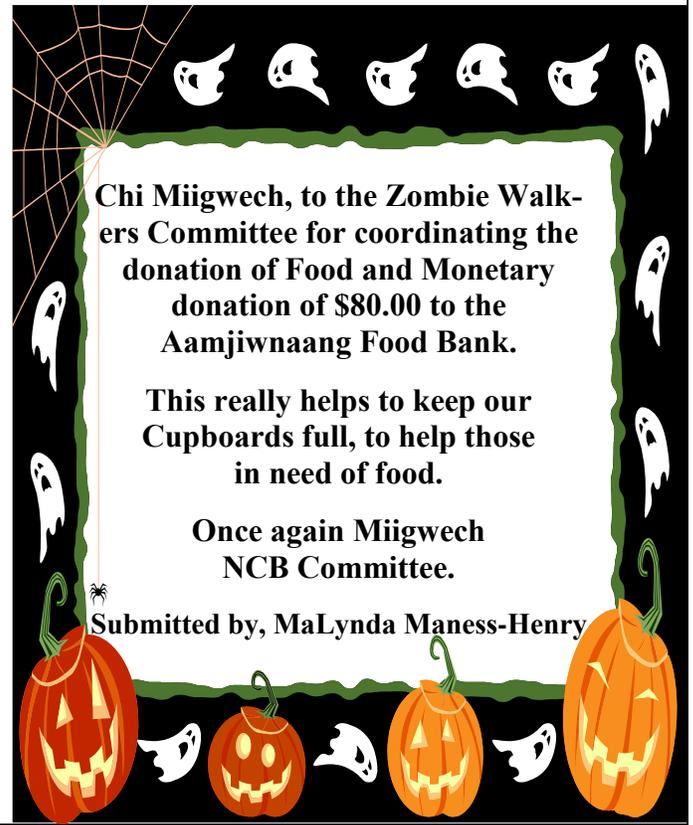
Any information requested is needed when preparing our reports to Health Canada. Many times forms are missing vital information such as dates/times/locations/specialty. Thank you for paying attention to these details.

If you have any questions regarding medical transportation, please do not hesitate to contact the Health Centre at 519-332-6770.

Thank you.

Medical Travel Drivers

Terry Plain (Monis)402-5535
Ron Simon328-0203
Sheila Firth383-1073
Mary Lou Williams337-9342
Carol Miller332-0751
Christine Plain * NEW466-0054



BIG THANK YOU TO COMMUNITY

On behalf of the "ZOMBIE COMMITTEE," we would like to give a big thank you... shout out too:

Jamie Bird for recording our 2014 Zombie Walk
 Alan & Pat Boam for donating apple cider
 And all who donated can goods.

Congratulations to:

Shayla Adams—on winning the turkey and fix-ings raffle

Best Dressed Costume (Child)
 Shawna Joseph 1st prize winner
 Serenity, Tegan, Dionne, Connor

Best Dressed Costume (Adult)
 Audrey Jacobs 1st prize winner

Remember any donations are more then welcome anytime of the year... you can drop off at health center anytime.

SEE YOU ALL NEXT YEAR !!!!
 Thank you - from "Zombie Committee"



Tuesday November 11, 2014
 There will be NO Home & Community Care SERVICE on this day.

Regular hours will commence Wednesday November 13, 2014

Thank you
HCC Clerk - Becky Adams

Please take the time to pause and remember...



48% of Aamjiwnaang adults smoke vs 16% in the rest of Canada
 If you are thinking about making a change, Health Centre staff will be happy to help



[HTTP://TUBETOBSACCO.COM/CIGARETTE-SMOKING.HTML](http://tubetobacco.com/cigarette-smoking.html)

5 OF YOU MAY BE NEEDED...
 TO GIVE BLOOD FOR 1 HEART SURGERY PATIENT LIKE MADISON.



DONATE BLOOD. SAVE A LIFE TODAY.

Join us for a group donation:
 Tuesday, Nov 18th @ 10am
 Sarnia Donor Clinic
 Bayside Centre

Contact Roberta at 332-6770
 for details.

Book your appointment:
www.blood.ca
 1-888-236-6283




1 888 2 DONATE

Aamjiwnaang Afterschool Program



Invites all children between the ages of 6-12 years of age to join us at the Maawn Doosh Gumig on **Monday November 10, 3-6 pm** to check out our new programming and to make some new friends! New registrations are always welcome.

It will be KIDS CHOICE of the games and activities so

Come out and see what all the FUN is about!

Melissa Joseph-Program Leader
 519-332-6770 ext. 35 or
 226-932-0786
mjoseph@nlchc.com



AAMJIWNAANG COAT DRIVE



Community Giveaway



November 12 – 1:00pm – 4:30pm
November 13 – 12:00pm-1:30pm
November 14 – 9:00am – 4:00pm

Donations were low this year. I would encourage you to attend The Coats for Kids giveaway on November 7th.

Thank you in advance for your support.

If you have any questions please contact:



Roberta Bressette at:
 519-332-6770






Head Start & Healthy Babies / Healthy Children

November Activities

Mon. November 3

10:30 a.m.-1:30 p.m. - Simple Sewing

Wed. November 5

5:00-7:30 p.m. - Poppy Craft

Thurs. November 6

10:00-11:00 a.m. - Parenting Webinar

10:30 a.m.-12:30 p.m. - Play Group & Literacy Specialist

Mon. November 10

10:30 a.m.-1:30 p.m. - New Parents, Blanket Making

Wed. November 12

5:00-7:30 p.m. - Crazy Forts

Thurs November 13

10:30 a.m.-12:30 p.m. - Product Safety

Mon. November 17

10:30 a.m.-1:30 p.m. - Holiday Craft

Wed. November 19

5:00-7:30 p.m. - Pajama Day

Thurs November 20

10:30 a.m.-12:30 p.m. - NAAAW Week—MAAD Presentation

Mon. November 24

10:30 a.m.-1:30 p.m. - Kids in the Kitchen

Wed. November 26

5:00-7:30 p.m. - Gym night

Thurs November 27

10:30 a.m.-12:30 p.m. - Nutrition with Nikki



HB/HC New Parents Group: Baby Blanket Making (For Prenatal and Parents with children 0-6 months)

Monday, Nov. 10, 2014

10:30 a.m.-1:30 p.m.

Sign up required with

Dorothy 519-332-6770

Childcare and transportation available



Thursday, November 13, 2014

Thursday, December 11, 2014

12:00 – 1:30pm

HEALTH CENTRE

In need of a warm meal?

Want to socialize?

Come out and join us and have a nice warm bowl of soup on us!

For further information please call Jessica at the Health Centre at 519-332-6770

Contact Jessica @ 519-332-6770 for more information



E'Mino Bmaad-Zijig Gamig Health
Centre Presents:

I'm Proud to be...!

with **Earl Lambert**

Cree/Métis Motivational Speaker & Inspirational Storyteller

Friday, Nov. 21, 2014

Community Centre

5:00 – 8:00 pm

Everyone Welcome

Dinner will be served at 5:00 pm



In a dynamic presentation filled with motivation, community building and cultural pride, Earl Lambert, Cree-Métis Motivational Speaker & Inspirational Storyteller, takes you on a journey within to reclaim your spirit and experience a great sense of esteem. In the end, you'll be left feeling strengthened to stand strong and walk tall with a heart full of pride!

A little Music.. Magic.. Humor.. and a whole lotta Motivation!

COME OUT FOR SOME FUN AND YOUR CHANCE TO WIN SOME PRIZES!

OPEN HOUSE & COMMUNITY PRESENTATION

Hear the results from our Mental Health, Substance Use & Violence Study with CAMH

December 2nd
Maawn Doosh
Gumig



3:00 – 4:30 pm
Open House in the Mobile Lab
5:00 – 6:30 pm
Light Dinner & Community Presentation

Please contact the Health Centre for more information 332-6770

Men's Cooking Classes

Thursday, Nov. 13/14
9:00 am - 12:00 pm

Health Centre



Prize for all Participants

Learn to love delicious food made with a few healthy ingredients!!

Call to Register Today!! 519-332-6770
Rides Are Available

Diabetes Awareness Month

NO POP CHALLENGE

November 16 - 22, 2014

Open to all Community Members!

No pop for one week. Reach for water more often, and less often for drinks high in sugar.

Sign up by: Friday, November 14, 2014

Please Contact:
Jessica at the Health Centre to sign up.
519-332-6770

Seniors 55 & Over Congregate Dining

Seniors Drop In Room

Every Wednesday
12 - 1 pm

Come out and enjoy a delicious,
nutritious home cooked meal!
Hope to see you there!



Blood Pressure & Blood Sugar Testing

Robin (Home and Community Care RN) will have her blood pressure cuffs and her glucometer (for testing blood sugars) with her at all Congregate Dining lunches.

If you would like to, or feel you need to, have your blood sugar or blood pressure checked, Robin can do this for you before or after lunch.

Look for her there.



Seniors Healthy Cooking Class

Tuesday, Nov. 14, 2014
Health Centre

Come out and join us! Please call Peggy to register and if you require a ride.

519-332-6770
ext.-31

- * Simple recipes made together
- * Taste food samples to take home
- * Friendly conversation
- * Health related information
- * Nutrition and health questions wel-

Presented by: Sandra Walker



CANCELLED



JUST DROP IN Seniors Smart Phones & iPads

Tuesday, Nov. 22
6 - 8 pm
&

Wednesday, Nov. 26, 2014
1:30 - 3:30 pm

Seniors Drop - In Room

Bring your Smart Phone and/or iPad to receive instructions on how to use them.

Thank you!



Information About Ebola Virus Disease

What is Ebola?

Ebola is a virus that does not spread easily; it is not like the flu. It can only be caught by coming in direct contact with the body fluids of a person who has Ebola and is showing symptoms, or by coming in contact with medical equipment, such as needles, that are contaminated with the body fluids of someone who has Ebola. Someone not showing symptoms cannot spread the virus to others. Symptoms start with a sore throat, fever, chills, headache, muscle pain and weakness. Other symptoms may be a rash, nausea, vomiting, diarrhea and/or bleeding from inside and outside the body.

What's the risk?

It is important to know that **there are no cases of Ebola in Canada**. The chance of someone who has been exposed to an infectious person with Ebola arriving in smaller communities rather than major cities is small.

What are Canada and Ontario doing to prepare?

The Government of Canada has further strengthened border measures to help prevent the possible importation of Ebola into the country. All travellers identified as having arrived in Canada from an affected West African country are now referred to a Public Health Agency of Canada Quarantine Officer for a mandatory health assessment, including temperature check. The Agency is also increasing its public health presence at Canadian airports to assist in screening of travellers from Ebola-affected regions and to deliver public health education to international travellers. Certain hospitals in Ontario have been identified to care for anyone that enters On-

tario who may have Ebola, and health care workers are being trained on the proper protective equipment to wear. Infection prevention and control guidelines for health care workers are in place.

What is FNIHB-Ontario Region doing to prepare?

FNIHB-OR is monitoring the international situation daily. It has shared information on Ebola with Community Health Nurses and Health Directors and has had teleconferences with them to answer any questions; as new information is received it has been shared. FNIHB-OR also participates in discussions with other FNIHB regions to discuss preparedness and response.

For more information, please visit
www.healthycanadians.ca

NAAAW

2014 National Aboriginal Addictions Awareness Week

SAVE THE DATES!

MARK YOUR CALENDAR!

November 16th—21st

All the events will be listed in the insert that has been prepared for you and your families. Have fun and see you at the events!!





The following workshops are for those aged 16+ and are held at the Health Centre (unless otherwise stated). For more information please call 519-332-6770

If you have any questions about mental health or substance misuse, or if you are concerned about a loved one please give us a call. Your mental health and well being is very important and we will do our best to help you in a way that is most comfortable to you. Times of struggle can be very stressful and overwhelming. Call us to ask about our counseling services or to book an appointment. Asking for help when faced with life's challenges can be difficult—we are here and we want to help you. Please call Tracey for more information.

Coping with Stress

Learn about stress and how to recognize it in your body. Learn the skills to cope.

November 12th @ 5pm—6:30pm
Dinner will be provided.

ARE YOU INTERESTED IN LEARNING TO BECOME **SUICIDE ALERT?** PLEASE CALL WE CAN HELP YOU LEARN THE TOOLS TO BECOME A **SUICIDE ALERT HELPER.**

Livingworks
SafeTALK program.

BWH Withdrawal Management

Information for friends and family about how to help with withdrawal.
November 24th @ 10—noon

COMMUNITY CONVERSATION

about Harm Reduction
November 26th @ 5pm—7pm

November 16th— 21st

National Aboriginal Addictions Awareness Week

Events begin with Breakfast and Opening Ceremony

Sunday, November 16th, 8am—11am @ at the

Maawn Doosh Gumiq Community Centre, Banquet Room.

Please see our full calendar of events in this edition of the TribeUne.

What kind of workshops would you like to see? Call 519-332-6770 or Email tgeorge@aamjiwnaang.ca



URBAN POLING

**Wednesday & Friday
Mornings at 9:30am**

Urban Poling has been extended till the end of November

**Meet at the Community Centre
Dress weather appropriate**

Come out each morning for a chance to enter
the Grand Prize!

Win your own pair of Urban Poles!

More times you come out =
More ballets for you

**BURN 20 – 46% MORE
CALORIES**

**TONE YOUR CORE MUS-
CLES**

**DE-STRESS YOUR HIP
AND KNEES**

**STRAIGHTEN YOUR POS-
TURE**

EASY TO LEARN

**FOR FURTHER
INFORMATION
PLEASE CONTACT
JESSICA AT THE
HEALTH CENTRE
519-332-6770**

**Grief & Loss
Counselling
Services
Are Available
Remember
you are never
alone.**

Through grief/trauma counselling, Tina can help you work through distressing experiences. Regardless of the kind of loss you're facing, Tina can help guide you through your grief and help you learn healthy ways to cope with your loss/trauma. Tina provides confidential care and support for individuals, couples and families across the lifespan who are facing difficult seasons in their lives.

**Please contact Aamjiwnaang
Health Centre
to speak with
Tracey or Penny
about accessing
Grief & Loss Counselling
(519) 332-6770**



Melissa McCormick

The Queen's Daughter
Author...

Motivational Speaker...

Survivor...

Melissa McCormick, her story, an intriguing true account of a brutal attack on the human spirit.

Melissa presented her story to a standing room only group of community members who gathered to hear the words of a true survivor, on Thursday, October 23, 2014.

Melissa shared her family life and the struggles growing up in a strict Orthodox upbringing and eventually moving out to live a good life. That good life that she worked so hard to obtain was changed forever when she became the victim of the most highly publicized case of sexual assault in Detroit history, and lived to talk about it.

The key points of the presentation included: the events that led up to the assault; gang dynamics-leadership, what she did to survive the wrath of her captors; and, the hero who alerted the police and provided critical information in a statement that ultimately led to the conviction of the assailants, some of whom are still serving time today.

As Melissa continued on in her life she suffered from Post Traumatic Stress Disorder (PTSD), became addicted to prescription drugs and has been actively participating in counselling for the past 40 years.

As a result of her experience she has made it life's ambition to help others. She authored a book titled "The Queen's Daughter" that is used as a teaching tool. She conducts seminars for mental health care professionals and first responders about PTSD.

Her book "The Queen's Daughter" is to be made into a feature full length movie by a Canadian filmmaker.

The evening was concluded with a book signing and of course no event would be complete without the draw for door prizes.

L.M.Rosales



Prescription Drug Abuse

Poster Campaign

Show off your creative skills! We are holding an artwork contest (poster campaign) where you and/or your peers create illustrations to showcase what you've learned about prescription drug misuse/abuse.

Start by researching the effects of different types of prescription drugs such as OxyContin, Vicodin, Adderall, Ritalin, Xanax, Wellbutrin, Methadone and Valium. Create a painting, drawing, poster, to illustrate what you have discovered.

During Aamjiwnaang Health Centre's NAAW Week events all the entries received will be on display so that our community can see them and vote! Contact Penny Rogers at the Aamjiwnaang Health Centre for entry details and to pick up your poster board.

FIRST PLACE

\$100.00 Cineplex Gift Card

SECOND PLACE

\$50.00 Cineplex Gift Card

THIRD PLACE

\$25.00 Cineplex Gift Card

Good Luck!!

**Call the Health Centre for more info:
(519) 332-6770**

Let's Talk For The Seniors/Elders

Prevent Your Prescription From Going Missing

Many cases that are investigated were crimes of opportunity. If you remove the opportunity for your medications to be taken you will reduce your chances of being a victim. In the home, elders are sometimes more susceptible targets to medicine theft. Family or friends may steal pills often or regularly, and in some cases, the elder is actually USED exclusively to get access to prescription drugs. Elders in the home may also be victimized by visitors to their residence, such as trade workers, delivery people and even domestic care workers.

- Educate yourselves.
- Communicate the risks of prescription drug abuse to your children and families.
- Safeguard your own medicines. Keep prescription medicine in a secure place, count and monitor the number of pills you have.
- Return old and unused medications to your local pharmacy.

Medication theft can affect everyone

The effects of drug theft from the elderly can be wide ranging and extremely problematic for the senior and society as a whole:

- The senior may be on a limited budget and may not be able to replace stolen drugs due to financial constraints.
- The elder may need the pills in order to live and if they go missing, may suffer an injury or even wrongful death.

Bluewater Health Withdrawal Management Program

The Withdrawal Management Program (WMP) helps people in Sarnia-Lambton who struggle with substance use, including drugs, alcohol, and/or prescription medication. The program supports a harm reduction approach to drug and alcohol addiction, and provides a safe and supportive environment to help people break the cycle of addiction. The free walk-in programs in Sarnia provide information about treatment, coping, harm reduction, and navigating available services. In addition, the Withdrawal Management Program will provide Aamjiwnaang with a variety of bi-weekly psycho-educational groups available to those struggling with substance use and support for their family members and/or loved ones.

Family Support Group - Topic: Healthy Boundaries and Relationships

November 24, 2014 10:00 am - 12:00 pm

E'Mino Bmaad-Zijig

Aamjiwnaang Health Centre

Call Penny for more information (519) 332-6770





FINANCIAL LITERACY WORKSHOP

November 12, 2014

9:30 am - 3:00 pm

At the Resource Centre

Come out and learn how to better manage your money and save for the future!

FREE LUNCH and PRIZES PROVIDED!!!

Enactus is an international non-profit organization that brings together student, academic and business leaders who are committed to using the power of entrepreneurial action to improve the quality of life and standard of living for people in need. Enactus Lambton College is a passionate and committed student team that is built with some of the brightest Lambton College students. We continuously seek to create solutions to economic, social, and environmental matters through business ventures and outreach projects that benefit those individuals who need it most.

Enactus will be delivering their award-winning financial literacy program, *Strength in Numbers*, which is aimed at improving an individual's ability to make informed financial decisions. We are offering a full-day program to educate in topics such as: money management and financial goal-setting, budgeting and expense tracking, credit and debt management, price awareness, and planning for life events.

Visit us at: www.enactuslambton.ca



Dream Endlessly. Believe Absolutely. Instill Knowledge. Inspire Success.



Come out & speak with visiting Colleges & Universities from across Ontario at the Maawn Doosh Gumig Community Centre on

TUESDAY, NOVEMBER 25TH
5 to 7 pm

Aboriginal Post Secondary Information Program Night (APSIP)

Aboriginal Post-Secondary Information Program (APSIP) is a group of Aboriginal representatives from colleges and universities from across Ontario that provide the most up-to-date information regarding post-secondary education opportunities for Native students at their institutions.

Employment Opportunities

(for complete job description or other employment listings please visit the website listed with posting info)

- A. **Healing Wellness Manager**, OFIFC, Toronto, Deadline to apply: Friday, November 21, 2014; <http://www.ofifc.org/>
- B. **Violence Against Aboriginal Women Coordinator**, OFIFC, Toronto, Deadline to apply: Friday, November 21, 2014; <http://www.ofifc.org/>
- C. Nokee Kwe, Native Education Centre, London, ON, several job listing check it out at; <http://www.nokekwe.ca/>
- D. **Child and Youth Tele-Mental Health Coordinator**, SOAHAC, London, ON, Deadline to apply: Friday, November 7, 2014; <http://www.soahac.on.ca/>
- E. **Clinical Services Supervisor**, Six Nations Child & Family Services/Social Services, Ohsweken, ON, Deadline to apply: Wednesday, November 12, 2014; <http://www.sixnations.ca/>
- F. **Alternative Care Resources Team Leader**,

Ogwadeni:Deo, Ohsweken, ON, Deadline to apply: Wednesday, November 12, 2014; <http://www.sixnations.ca/>

- G. **Director of Operations**, Atlohsa Native Family Healing Services Inc. and Zhaawanong Shelter, London, ON, Deadline to apply: Friday, November 7, 2014; <http://www.atlohsa.com/>
- H. **First Nations Police Constable/SGT. - Supervisor**, Oneida Nation of the Thames, Oneida, ON, Deadline to apply: Thursday, November 13, 2014; <http://oneida.on.ca/>
- I. **Employment Counsellor** Oneida Nation of the Thames, Oneida, ON, Deadline to apply: Thursday, November 13, 2014; <http://oneida.on.ca/>

Other Job Search Engines:

- <http://www.eluta.ca/>
- <http://www.monster.ca/>
- <http://www.workopolis.com/>
- <http://www.jobs.ca/>
- <http://www.servicecanada.gc.ca/eng/sc/jobs/jobbank.shtml>



**ONTARIO WORKS
EMPLOYMENT
SUPPORT PROGRAM
NOTICE**

**PARTICIPATION AGREEMENTS
ACTIVITY REVIEW**

Clarification of the OW compliance process.

Those not completing agreed upon activities are added to the list of cheque holds for file review on the 1st of each month.

This is the PARTICIPATION AGREEMENT process to ensure I am being accountable to both you, my employer and Ministry legislation.

We understand that life happens, but this is just a reminder that it is important to communicate your circumstances with myself, the Ontario Works- Employment counselor.

There are things that we can assist with when it comes to referrals, letters of support etc.

MIIGWETCH

MARINA PLAIN @ 519-336-8410

marinaplain@aamwjinaang.ca

[https://www.facebook.com/](https://www.facebook.com/AamjiwnaangOntarioWorksEmploymentSupports?ref=hl)

[AamjiwnaangOntarioWorksEmploymentSupports?ref=hl](https://www.facebook.com/AamjiwnaangOntarioWorksEmploymentSupports?ref=hl)



**Aamjiwnaang First Nation
Employment & Support**

Information : Fall / WINTER 2015

Passport for Youth - September thru December

***CANADIAN ARMED FORCES INFO SESSION -November 5**

"AT YOUR SERVICE" a YOUTH COMMUNITY PROJECT

November 19 & 20

Lambton College Tour -November 27

WARRIOR WITHIN Nahmah Miigwan - November 24 &25

Dress for Success - December

Quantum Integration - Diane Hill - February 17-19

Resume development - Ongoing

ALC / Resource Centre - monthly

Volunteer & Referral Services—Ongoing

For more information contact

Marina Plain 519-336-8410

marinaplain@aamjiwnaang.ca



AT YOUR SERVICE

A youth community project development

OFFERING...

**TO THE FIRST 10 -12 SENIORS TO
SIGN UP WILL HAVE THEIR YARDS
RAKED!**

Nov. 19 & 20

10am-2 pm

Alt. date

Nov. 26 & 27

First Come /First Served

**Contact Marina Plain to sign up
(519)336-8410**



THE WARRIOR FROM WITHIN

COMMUNITY-HOURS



Patrick Kent
Nahmah Mitgwan

MAAWN DOOSH
GUMIG

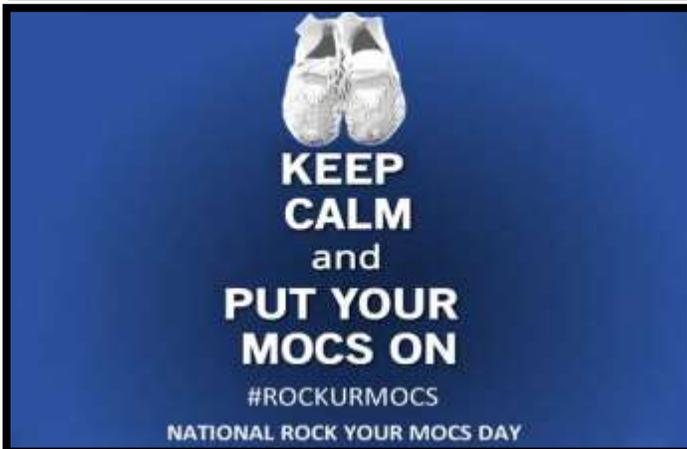
THE WARRIOR FROM WITHIN



NOV 24 & 25

9:30 - 3:30

TO REGISTER CONTACT MARINA PLAIN 519-336-8410
LUNCH PROVIDED



November is Native American Heritage Month

In honor of that, on **November 15** stand together as Native people across the world by wearing your moccasins.

Wear them all day – to work, school, and out for dinner!

And remember to take a photo of you and your friends, co-workers, and family with the Mocs On!

Read More at:

<http://www.powwows.com/2014/10/06/2014-rock-your-mocs-day/#ixzz3FTvLzakQ>

There's still time to get your mocs ready for the day, you can click on the link at powwows.com for moc patterns if you'd like to get started on making a pair.



Wee Wishes 2014 Memorial Toonie Auction

When: November 15, 2014
 Where: Kettle & Stony Point Hillside School
 Time: Doors open 5:00 pm
 Auction: Begins 6:00 PM - 9:00 PM
 Food: Hot Dogs, Chili, Desserts, Drinks, Coffee

LOTS OF FABULOUS LARGE AND SMALL TABLE PRIZES!!!!
 Entertainment: by local Kettle Point & Aamjiwnaang talent 5-6 PM



(Xbox One, Apple mini-iPad, Apple iPod, Bushmaster Hunting Parka, 6' Pre-lit Christmas Tree, Pendleton Blanket and more)

Mystery Prize, exciting mystery popcorn prize, 50/50 draw, \$2.00 per ticket for live auction

***** Prizes may not be exactly as depicted. Wee Wishes organizers, volunteers and donor's are not responsible for manufacturer defects or associated problems *****

DONATIONS PROVIDED BY: Gilpin Funeral Home, Forest, ON; Two Eagle Variety, Kettle & Stony Point; Dowler-Karn Propane & K.L. Associates, Osheweken, ON; Lumberjack Building Centre, Petrolia, ON; Kettle Point Tourist & Tobacco & Al's Variety, Kettle Point, ON; Tim Horton's, Forest ON; Bob & Sharon Bressette, Kettle Point; Veronica George, Tammy Jackson, Snooks Storr.

Day Care Fundraiser for Christmas

December 4, 2014

6:00 pm @

Maawn Doosh Gumig Youth
& Community Centre
Anishinaabemowin
N'Baknaage

Means... *I win"or I got it"*

We will also be hosting our 2nd
Children's Art Auction



- ⇒ Bidding will take place from 5:30 - 7:00pm,
- ⇒ Artwork from each child will be on display throughout Bingo,
- ⇒ Artwork will be framed,
- ⇒ The highest bidder wins!!

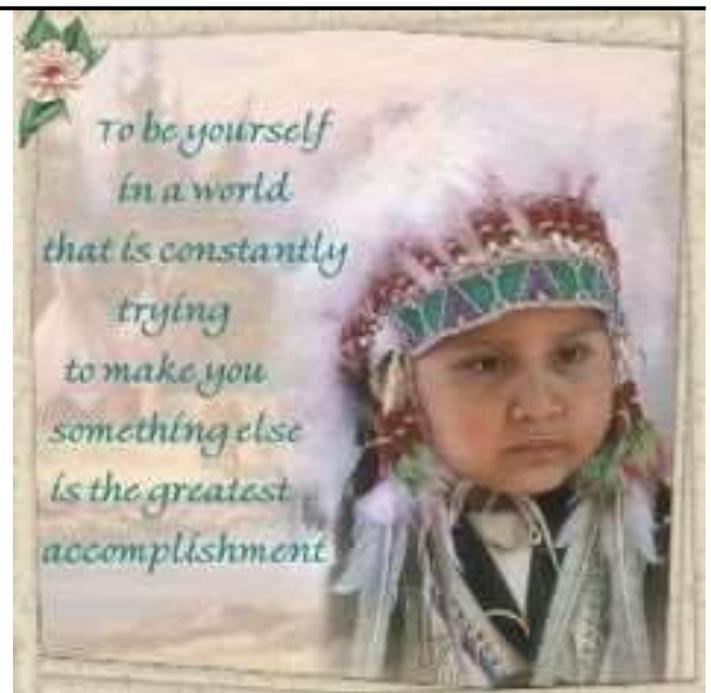


Win Gifts and/or Certificates

(Walmart, Toys R Us, etc.)

Snacks and Drinks
Will Be Available

So, plan on coming out and supporting the Day Care while spending quality time with family



Maawn Doosh Gumig

Wednesday December
3rd
6 - 8 pm



Aamjiwnaang Hoodie,
Jacket & Golf Shirt



HERITAGE & CULTURE CLUB FUNDRAISER

Beyzhig , Niizh , Nswi

SOUP SALE & TOONIE AUCTION

Mii iw minik waabtaageyiin Niizh waabik

Local First Nation Art



Please bring a
donation for
the food bank



FOR MORE INFORMATION:
MARINA PLAIN 519-328-0942



**St. Clair United Church
Christmas Sale &
Breakfast**

**Aamjiwnaang Community Centre
Saturday, December 6, 2014
8:00 AM– 12:00PM Aamjiwnaang
Community Centre**

**Bake Table, Candles, Art, Crafts, Jewelry & more
Everyone is Welcome!**

**To Rent a Table call Janice Rising
519-383-0404 or 519-344-6119**



November 21, 2014

MC: Kirby Mianskum

Stickman: Vydel Sands

Feast at 6:00pm with the Round Dance to follow

All Round Dance singers welcome. Lead Singers will be paid honorarium, all singers will be acknowledged.

Stickman will choose lead singers.



Midnight snack. Concession stand open all night. 50/50s and Raffles all night.

Invite your friends!! Bring your family and relatives!!

**Closest accommodations are in Strathroy and London.
 Always a rockin' good time at Chippewa of the Thames First Nation!!
 Sponsored by: the Chippewas Social Initiatives (CSI) Committee.**

anishinaabemowin naakaazdaa enweying (lets speak our language)

More Weather Words

Gii-gimiwan - It rained.
 Gii-zoogipon - It snowed.
 Gii-gisinaa - It was cold.
 Wii-mino-giizhigad - It is going to be a good day.
 Wii-mino-giizhigan - It is going to be a good day.
 Wii-mino-gizhide - It is going to be hot.
 Wii-gimiwan - It is going to rain.
 Da-gimiwan - It will rain.
 Wii-gimiwan waabang - It is going to rain tomorrow.
 Waabang wii-gimiwan - It is going to rain tomorrow.
 Da-gimiwan waabang - It will rain tomorrow.
 Gii-gimiwan noongom - It rained today.
 Gii-mino-giizhigad bijiinaago - It was a good day yesterday.
 Gii-mino-giizhigan bijiinaago - It was a good day yesterday.
 Gii-zoogipon bijiinaago - It snowed yesterday.
 Gii-gimiwan bijiinaago - It rained yesterday.
 Gii-gimiwan dibikong - It rain last night.
 Gimiwan minawaa - It is raining again.
 Geyaabi gimiwan - It is still raining.
 Megwaa gimiwan - It is raining now.
 Mego gimiwan - It is raining now.
 Maagizha da-zaagaate waabang - Maybe it will be sunny tomorrow.
 Aazha gimiwan - It is already raining.
 Gii-gimiwan aazha - It rained already.
 Wii-zoogipon dibikak - It is going to snow tonight.

New Words:

gii- is placed before verbs to make statements

referring to past time, and describe situations or events that occurred before the time of speaking. This is a past tense prefix.

da- is placed before verbs to make statements referring to future, and describe situations or events that will occur after the time of speaking. This is a future tense prefix.

wii- is also placed before verbs to make statements referring to future, but with meaning of 'wish' or 'want'. This is also a future tense prefix.

Wii- is usually translated as "want to do something", "going to do something", or "going to happen", and da- - as "will (definitely) do", "will (definitely) happen". Since weather is too unpredictable to say "will definitely happen" about it, wii- is usually used with weather verbs.

noongom - today, now

waabang - tomorrow

bijiinaago - yesterday

dibikong - last night

dibikak - this night (which will be)

megwaa, or mego - now; when; at the time when

geyaabi - still

maagizha - maybe

aazha - yet

Note.

Words, which provide an additional information about a situation, could be placed before or after verbs. However such words of time noongom 'today', bijiinaago 'tomorrow', waabang 'yesterday', dibikak 'this night', dibikong 'last night' are usually placed after verbs. But this is not a rule.

The language being presented is using the Fiero spelling.

Source: http://weshki.atwebpages.com/ok_1.html



**Southwest Ontario
Aboriginal Health
Access Centre**

**TRADITIONAL HEALING
PROGRAM
NOVEMBER 2014**

To schedule an appointment at either our London or Chippewa sites, please call 519-289-0352 and ask for Stephanie Trudeau with the Traditional Healing Program. Schedules are subject to change with short notice. Migwetch/Yaw'ko/Thank you

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 Bruce Elijah Chippewa	4 Bruce Elijah London	5 Joanne Cheechoo London	6 Elva Jamieson Chippewa	7 Elva Jamieson London	8
9	10 Ernestine McLeod Chippewa Richard Assinewai Chippewa	11 STAT Ernestine McLeod Chippewa Richard Assinewai Chippewa	12 Richard Assinewai London Joanne Cheechoo Chippewa	13 Richard Assinewai London	14 Joanne Cheechoo London	15
16	17 Joanne Cheechoo Chippewa	18	19	20 Joanne Cheechoo Chippewa	21	22
23	24	25	26	27	28	29
30	Please be advised, while visiting Traditional Healers are in office your calls may not be returned promptly, however will be returned the moment I am back. Migwetch/Yaw'ko/Thank you					



saveONenergy™
HOME ASSISTANCE

Having trouble making ends meet?



The saveONenergy HOME ASSISTANCE Program may be able to help!

What is it?

The HOME ASSISTANCE program is designed to help Ontario homeowners and tenants manage their electricity costs and make their homes more energy efficient. The HOME ASSISTANCE program is offered by Bluewater Power and is funded by the Ontario Power Authority.

What's in it for you?

A Bluewater Power HOME ASSISTANCE technician will assess how energy efficient your home is, provide energy efficiency tips, and install **FREE** energy efficient upgrades* for which your home qualifies. These upgrades may include:

- Energy-efficient *refrigerator*;
- Energy-saving *light bulbs*;
- Energy-saving *smart power bar*;
- And *more* - all **FREE!**

You are eligible if:

1. You live in non-profit, co-operative or social/assisted housing * OR
2. Your name is on the Bluewater Power bill AND any one of the following is true:
You have received any one of the following in the last 12 months:
 - Ontario Works
 - Ontario Disability Support Program
 - Allowance for Seniors
 - Allowance for the Survivor
 - Guaranteed Income Supplement
 - National Child Benefit Supplement, OR

You have received a utility Low Income Energy Assistance Program (LEAP) grant within the last 12 months, OR

The annual before-tax household income* (total of all members age 18 or older) is the same or less than:

1 person: \$31,452	4 persons: \$58,444	7 or more persons: \$83,236
2 persons: \$39,155	5 persons: \$66,288	
3 persons: \$48,137	6 persons: \$74,760	

To learn more about the HOME ASSISTANCE program and to schedule your FREE home energy assessment call:

519-337-8201

Monday to Friday
8:30 a.m. to 4:30 p.m.



*Subject to additional terms and conditions found at saveONenergy.ca/homeassistance. Funded by the Ontario Power Authority and offered by Bluewater Power Distribution Corporation. A mark of the Province of Ontario protected under Canadian trademark law. OM Official Mark of the Ontario Power Authority. Used under licence © Some conditions apply.

**They shall grow not old, as we that
are left grow old:
Age shall not weary them, nor the
years condemn.
At the going down of the sun and in
the morning
We will remember them.**

(from For the Fallen by Robert Laurence Binyon)

I grew up in England and have many memories of my childhood there. On Remembrance Day, I remember my Dad polishing his shoes and shining up his medals in preparation for the service to be held at the cenotaph. I remember walking with him and holding his hand. I remember and how tall he seemed to a little girl. I remember his tears and the tears of those gathered as they recalled their friends who had been injured or had never made it home. I remember the war graves in our local cemetery with names of young people from around the world. I remember the sound of the last post. I remember wearing a poppy, the only living thing that survived in the sea of mud in Flanders, and inspiring a Canadian medical doctor, John McRae to write his now famous poem. Yes, like you, I remember.

To remember is important, not so that we can glorify war but so that we can continue to work for peace. On Remembrance day we stand with veterans at the cenotaph with respect and thanksgiving for all that they have sacrificed. On Remembrance Day we stand in solidarity with people around the world and commit ourselves once more to be peace loving and peace making people. To remember is essential to peace.

Please feel welcome to join us for worship on November 9th at 11 am as we remember our veterans.

And for the Remembrance Day Service to be held on Monday November 10th at the cenotaph beside the United Church at 11 a.m. Lunch to follow.

With thanks

Valerie Pitt minister St Clair United Church.



NOONDAN GEZHAWEBAG

Aamjiwnaang First Nation
Notification System



FACT SHEET

- Our notification system was obtained primarily to notify residents of Aamjiwnaang First Nation of real or potential emergency situations in and around Aamjiwnaang. Notifications can be sent to residents to keep them informed of those situations that may require individual precautions or actions to be taken.
- Other types of messages can be sent for various types of non-emergency activities or community events. Users can select those types of messages they would like to receive.
- Users of our system can register for the system in order to provide a current home address and contact information. Users can log back in to update contact information if it changes. Just remember your username and password in order to make changes to your profile.
- Users will have the option to select the method of receiving the messages. There are numerous choices such as cell phone text, cellphone voice call, home phone voice call, email (personal or work) and TTY.
- Users can also select the types of messages they would like to receive. Just make your selections when registering. The minimum are the emergency notifications.
- The same message will be sent to all registered users which will help eliminate any confusion of an emergency or other situation.
- The messages are received within minutes of being sent. There could be a delay if users have selected only a home phone number and are not at home when the message is sent. Also if the user's cell phone has no power, signal or sufficient text message capability available on the individual service plans.

If residents do not sign up for this system, there will be no direct message from this system. Any information to those that have not signed up will have to come from other sources.

**Your personal information will
not be shared with any other
outside organization**

Equity vs. Equality

Changing The Lens On Diversity

November 10, 2014

Where:

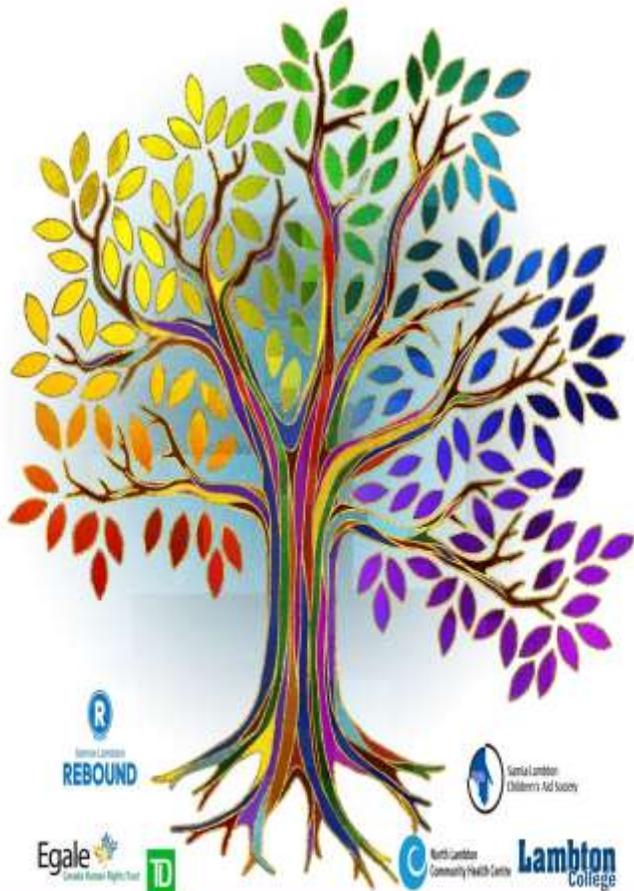
Lambton College Residence and
Event Centre
1435 London Road

When:

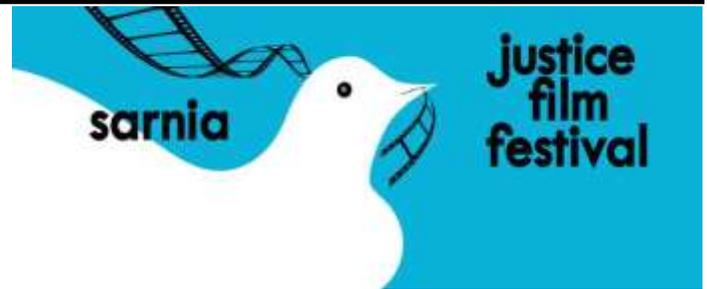
9:00—11:30 a.m.
12:30—3:00 p.m.
6:00—8:30 p.m.

We will provide three identical sessions

Diversity training that will get you thinking about the power of language and the intersectionality of diversity.



RSVP to: michelle.shelswell@lambtoncollege.ca by November 3, 2014



Sarnia Justice Film Festival will be screening **Just Eat It: A Food Waste Story** **Saturday, October 25 at 7pm** at the Sarnia Library Theatre.

Filmmakers and food lovers, Jen and Grant, dive into the issue of waste from farm, through retail all the way to the back of their own fridge. After catching a glimpse of the billions of dollars of good food that is tossed each year in North America, they pledge to quit grocery shopping cold turkey and survive only on foods that would otherwise be thrown away.

Future Films:

November 22, 2014 – **Revolution: Our World's Threatened Oceans** <http://therevolutionmovie.com/>
January 17 2015 - **Girl Rising: The Power of Education to Change the World** <http://girlrising.com>
February 21, 2015 - **Project Wild Thing: The Increasingly Disparate Connection between Children & Nature** <http://projectwildthing.com/film>

March 21, 2015 - Return of the River: Freeing of the Elwa River in Washington from Two Salmon-blocking Dams <http://www.elwhafilm.com/>

April 25, 2015 - Divide in Concord: The Bottled Water Ban Battle <http://divideinconcord.com/>

If you would like to have a poster to print listing all the films of SJFF's 2014-15 season, please respond to this email requesting one.

All films are screened free of charge at the Sarnia Library Theatre on Saturdays, beginning at 7pm. For more information contact:

Thea deGroot – 519-542-5009

justicefilm@sympatico.ca

www.facebook.com/

[SarniaJusticeFilmFestival](#)

Twitter: [@SarniaJusticeFF](#)



COURAGE

Bravery doesn't mean you aren't scared. It means you go anyway.

THANK-YOU VETERANS



If you are looking for a hairdressing school, join **On Edge** Academy of Hair. Our curriculum is custom designed by Master stylist Patricia Pearson who believes that power is knowledge. She created a program with 100% hands on experience, real people, real situations that provides excellent theory.

The program is only 1500 hours, the schedule is:

Tuesday - Friday, from 9:00 am - 4:00 pm

Saturdays, from 9:00 am - 3:00 pm

Check out our Facebook page & website for more information or call the Academy at 519-383-8017.

www.onedgeacademy.com

Fa La La La La! La La La La!

If You Love To Sing &
You Love Music!

If you Love Harmony!

Come & Join In On The Fun With
The Aamjiwnaang
Community Choir!
At the Christmas Concert.
Everyone Welcome!

Practices @ United Church
Every Sunday Starting
November 2nd
4:00 - 6:00 pm

For More Information
Please Contact:
Elsie Williams @
519-332-6478

Candlelight Evening
Of Caroling

Sunday, December 14th
6:00 - 8:00 pm

@ the United Church

Light Refreshments to Follow:

Featuring:

- Aamjiwnaang Community Choir
- Soloist Christmas Specials
- Congregational Christmas Hymns

Everyone Welcome



DETROIT LIONS vs CHICAGO BEARS

THURS. NOVEMBER 27th at 12:30 PM

**\$190 US – Includes: Coach Bus,
Ticket (Sec.246, Row 9-10),
Adult Beverages on Bus**

***Bus leaves Food Basics Parking Lot at
8:00 am SHARP**

Proper ID for Border Crossing Contact Willie for
Ticket's at 519-332-6771 or 519-384-1957

**DETROIT RED WINGS VS
TORONTO MAPLE LEAFS**

Wednesday, December 10th

AT 8:00 PM

\$120.00 CDN

**INCLUDES: COACH BUS, TICKET
(Sec. 201 Row 7-10)**

**Proper ID for Border Crossing
BUS LEAVES**

**Corunna (Old Workout Room) at 4:15 pm
& Point Edward Casino Lot at 4:30 pm**

CONTACT:

Willie at 519-384-1957 or 519-332-6771

Tracey at 519-862-3263 or 519-333-7472

WEEK-END IN CHICAGO, Aug. 7-9, 2015

**2 Nights—Embassy Suites, Chicago, Lakefront
Single-\$600, Double-\$350, Triple-\$300, Quad-\$250,
All Prices U.S. Funds \$50 non-refundable deposit
secures your spot with remainder to be paid in full
by July 1, 2015**

- Includes : Coach Bus, Breakfast at Hotel and Managers Party Each Day Featuring Free Cocktails and Appetizers.
- Proper ID for Border Crossing
- Bus leaves the Corunna Ball Fields at 7:00 am and Food Basics in Sarnia at 7:30 am & K-Mart Parking Lot, Port Huron at 8:30 am
Contact: Willie at 519-332-6771 or 519-384-1957
Tracey at 519-333-7472 or 519-862-3261 or
For our American Passengers Contact Preferred Charters at 810-982-7433

"WILLIE'S CASINO GETAWAY"

New Date: February 4-5, 2015

**\$90.00 US Double Occupancy or \$140.00
Single Occupancy**

Overnight Trip Planned. You must be signed-up and PAID by September 5th. You will visit 3 Casino's on this trip. We depart Sarnia at 6:00 am from the Pt. Edward Casino Parking Lot then to the Port Huron Super K-Mart for a 7:00 am pick-up. Then onward to the Soaring Eagle Casino. After spending time here, we will make are way to the Little River Casino for the night. The following morning after check-out we will depart for Saganing Eagles Landing Casino. After spending time there we depart for the Soaring Eagle Casino and after spending time there back home. The price includes Round-Trip Transportation on a Coach Bus, Accommodations at Little River and Reward Packages from each Casino. You can make payment to:

Willie at 519-332-6771 or
Preferred Charters at 810-982-7433



WILLIE'S CUBAN GOLF TRIP



January 27, 2015 to February 3, 2015
7 Days—\$1315.00 CDN Taxes Included

**\$150.00 Deposit ASAP or by
September 1st**

**MELIA LAS AMERICAS GOLF &
BEACH RESORT – 18+**

**5 Star All-Inclusive & Unlimited Golf
Flying with Sun Wing To Varadero
Sign Up & Pay SEARS TRAVEL SARNIA Just
mention the Trip to Kim or Nicole or you can
Contact: Willie with any questions
@ 519-332-6771 or 519-384-1957**



**TAX FREE Plus
COURTESY SHUTTLE**
Full Mechanical, Collision & Rust Repair
on all Makes & Models



**OIL CHANGES • BRAKES
SUSPENSION • TUNE-UPS • TIRES**
1069 Tashmoo Ave.
Mon to Fri 8am - 5pm, Weekends 9am - 3pm
Ken Plain: 519-336-6372

TNT Auto Detailing & Upholstery
Call for free quote or to book appointment
Owner: Greg Gray
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Next issue is due out on
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*Chi-Miigwech,
Lynn Rosales, Interim Editor*

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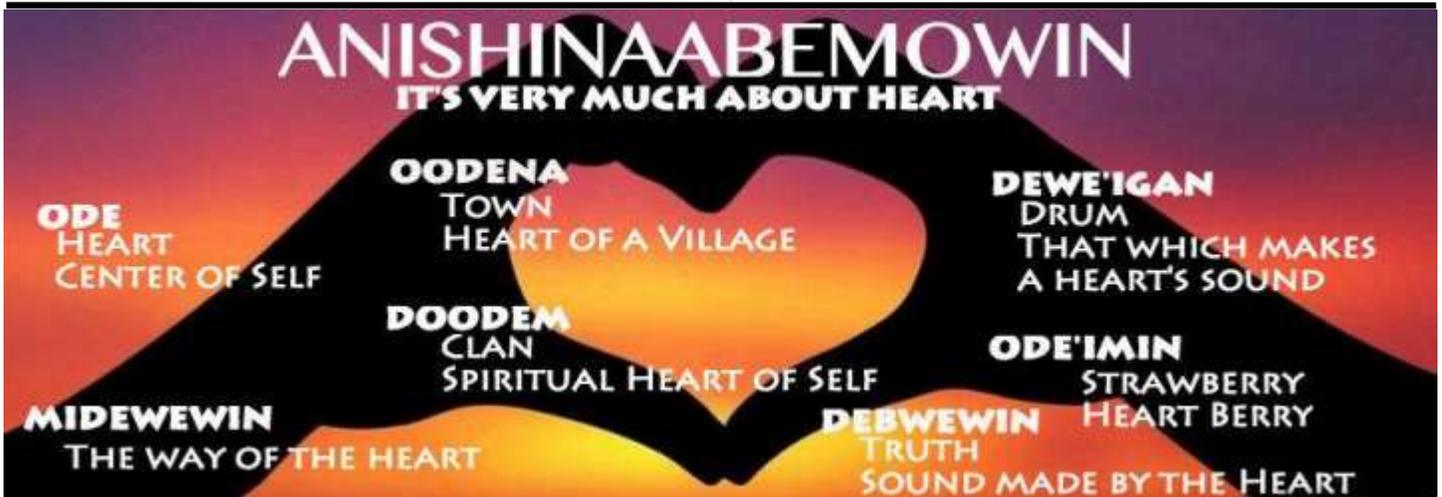
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