



## New Eagle Staff for Aamjiwnaang

AAMJIWNAANG FIRST NATION – In the first year of this millennium there was a changing of the name from Chippewas of Sarnia back to the original name "Aamjiwnaang". With a name change came a new Eagle Staff which represents the community at various functions and gatherings.

Elder and past Chief Ray Rogers cared for the community as well as the Eagle Staff since the passing of Elder Rogers these duties have been passed on to Elder and Councillor Ted White Sr.

Ted White Sr. told the 52 community members who were in attendance of the induction of the new Staff had these words to share.

"I have been working with other Elders in the community and abroad to bring together the materials and feathers to create the new Eagle Staff for created for the Elders Youth and members yet unborn to the Aamjiwnaang Nation," said White Sr.

The former Eagle Staff will be retired and kept in a safe place within the Nation and the new Eagle staff will travel with the Chief and or Elders of the Community to functions as required.

Darren Henry another Aamjiwnang Band Councillor with Aamjiwnaang told the members and the Staff he was was thankful that the new staff and old staff were here today.

"I am here today because of my connection to the Staff, I am not sure if I am a part of the Eagle staff or It was a part of me, we have travelled to many functions and walks together throughout Aamjiwnaang Territory," said Henry.

The Aamjiwnag Ceremony was organized by Elder White who brought in an Elder from a local neighbouring Community of Bkejwanong Eric Issac to conduct the Ceremony and Feast for the new representative of the Aamjiwnaang Nation. The Issac explained the meaning of the Eagle Staff to the community and why we must Feast and explain the meaning of the Staff.

"The young ones here today should remember this day, and other teachings the Elders have for you as in the future you too will be elders and need to keep our Culture and traditions alive." said Issac.

Community members enjoyed a community potluck to welcome the Staff as a representative of Aamjiwnaang.

Story and Picture submitted by Greg Plain



Chief Chris Plain with Aamjiwnaang's new Eagle Staff, Elder Ted White Sr. and former Chief Philip Maness holds the retired Eagle Staff.

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All Band Operations will be  
**CLOSED on**  
**Monday May 18, 2015 for**  
**Victoria Day**  
 Back to regular hours on  
**Tuesday May 19, 2015**

### Enniskillen Land Claim Settlement Purchase Community Information Meeting



Approximately 50 community members attended the meeting on Sunday, May 3, 2015. A handout of information was provided. Band Members can receive a copy of the handout at the Band Office or the Maawn Doosh Gumig Community Centre.

## MEMORANDUM



TO: **Grass Cutting Clients**

From: Linda Henry, A/Band Administrator

Date: 4/17/2015

Re: Grass Cutting Services

Another grass cutting season is well underway at Aamjiwnaang. It would be greatly appreciated if you could ensure the safety of the workers and the protection of property by making sure there are no small objects on your lawn. There have been instances when these objects get thrown by equipment causing damage to windows and vehicles. The crew has been instructed to be aware of this safety hazard as well.

The crew is not responsible for moving heavy lawn furniture or other objects; however they will trim the grass around these areas.

Thank you for your cooperation. If you have any other questions or concerns please speak directly to Brian Bois.

**NOTICE****Aamjiwnaang School Bus  
Transportation Notifications**

Any change must go through the Aamjiwnaang Education Department

- Address change
- Telephone number update
- Change of School
- New students
- Bus Service no longer required

**Please advise the Education  
Department at the Band  
Administration Building of any changes.  
519 – 336-8410**

**Diane Aiken ext. 246, or  
Vicki Ware ext. 247.**

***Bus Drivers will only accept changes as approved by the Education Department.***

The Aamjiwnaang Bus Transportation Policy is available upon request. To ensure the bus safety of our students, we must all work together.

**NOTICE****Education Committee Vacancy**

There is a community member vacancy on the Education Committee. If you would be interested in serving on this committee for the rest of the 2015-16 term, please submit a letter of interest to Chief and Council by  
**4:00 pm on Wednesday, May 27, 2015**

**NOTICE****Seeking Licensed Security  
Guards**

If you have your Security License and are seeking employment, Please Contact the Aamjiwnaang Employment & Training Department  
**519-336-8410 Ext. 249**  
**I will be accepting resumes for upcoming employment**





## **COUNCIL AGENDA ITEM SUBMISSION DEADLINE!!**

### **FRIENDLY REMINDER**

To whom it may Concern:

Please be advised that the Council Meeting Agenda Item deadline is the Wednesday prior to the next Regular Council Meeting (RCM) at 4:00 p.m. Sorry, no exceptions. Any items submitted after the deadline will placed on the next RCM Agenda/Meeting.

RCM's are every 1st and 3rd Monday of each month. Should the RCM fall on a holiday, then it will be held on the following Tuesday.

Miigwech for your co-operation and understanding.

Respectfully,  
Shelley, Band Council Clerk

Please Note:

If you have any discussion items for  
Chief and Council on:

**Tuesday, May 19, 2015**

The deadline for submission is:

**Wednesday, May 13, 2015, 4:00 PM**



Aboriginal Affairs and  
Northern Development Canada

### **IF YOU DO NOT HAVE THE MANDATORY IDENTIFICATION TO OBTAIN A STATUS CARD, PLEASE CALL: 1-800-567-9604**

- Advise the call centre representative that you want to obtain a Temporary Confirmation of Registration Document (TCRD).
- They will ask a series of questions to confirm your identity and then mail a Temporary Confirmation of Registration Document (TCRD) to you.
- **This document will state your registration number and can be used in place of a Status Card to access benefits and services.**

## **Medical Travel Drivers**

Terry Plain (Monis)	.....402-5535
Ron Simon	.....328-0203
Sheila Firth	.....383-1073
Mary Lou Williams	.....337-9342
Carol Miller	.....332-0751
Christine Plain	.....466-0054

## **ANIMAL CONTROL OFFICER**

**Ron Simon - Text/Call 519-330-7450**

### **For animal control issues only!**

- Primary duties are to follow up on loose dog.
- complaints and monitor quarantined dogs.
- If you are a dog owner and your dog is loose, it is your responsibility to retrieve your dog.
- Traps available at Band Garage for use by community members. 519-336-0510



## SUMMER EMPLOYMENT OPPORTUNITY AAMJIWNAANG FIRST NATION

**Employment Term:** June 15 to August 21, 2015 (10 weeks)

**Supervision:** Reports to and works under the direction of the Community Health Nurse or the Healthy Babies Healthy Children Nurse

**Qualifications:**

One of the two positions requires enrollment in a post-secondary institution for the 2015/16 school year with education and/or experience in health or a related field

One of the two of the positions requires proof of enrollment in a health related field for the 2015/16 school year and proof of Aboriginal ancestry

Access to reliable transportation

Enjoy working with youth and serve as a positive role model

Ability to work independently

Good communication and computer skills

**Responsibilities:**

To plan, implement and evaluate the Healthy Kids for Life summer program for children ages 7-12 years

To develop and deliver educational materials to promote healthy living, such as presentations, pamphlets and display boards

To create and attend a health display at the Pow Wow

To research information and develop articles for the Tribe-Une

To assist in the delivery of other health programs and services, including Healthy Babies Healthy Children activities

To help with organization of current program resources

To assist Health Centre staff as needed

Include a cover letter, resume and three references.

**Forward to:** Assistant Band Administrator  
Aamjiwnaang First Nation  
978 Tashmoo Ave.  
Sarnia, Ontario N7T 7H5  
Fax: 519-336-0382

**Deadline:** All Applications must be received by May 29 at 4:00 pm

**Thames River First Nations Youth Stewardship Project - Group Leader Job Description**  
**Thames River Clearwater Revival First Nations Engagement Committee 2015**

**Summer Employment Opportunity**

*Do you enjoy and have experience working with high school aged First Nations youth?*

*Do you enjoy or want to explore environmental work?*

*Are you responsible, hard-working, and willing to learn and participate in new activities?*

*Are you interested in working outside and learning how to do a broad range of work activities related to the environment?*

*Are you interested in visiting other First Nation communities and learning about the environment, history, culture, and Traditional knowledge of the Thames River?*

*Do you want to build your leadership skills and gain valuable training and work experience?*

*If so, then the **Thames River First Nation Youth Stewardship Project (TRFNYSPP)** might be a great summer employment opportunity for you!!!*

**Thames River First Nations Youth Stewardship Project Group Leader Description of Duties:**

The TRFNYSPP Group Leader will be responsible for:

Phase 1 Program Planning – During the first 5-6 weeks of this position you will be responsible for planning and scheduling all activities for the pilot year of the TRFNYSPP. You will work under the guidance of the Thames River Clear Water Revival First Nations Engagement Committee to make contacts and schedule work projects, training, and travel for yourself and 4 high school aged First Nation youth from Aamjiwnaang, Chippewa of the Thames, Caldwell, and Walpole Island.

Phase 2 Implementation – During the final 8 weeks of employment you will be responsible for working with and providing supervision to the TRFNYSPP Crew. You will be required to transport the crew to and from work sites, participate in projects, ensure that the crew works in a safe manner consistent with all policies of the TRFNYSPP. You will be required to camp with the Crew for up to 3 nights and 4 days per week in various remote locations during this phase of the project. You will also be responsible for preparing a final report at the end of the summer.

It should be noted that this position requires a great deal of responsibility and a high level of commitment. Expect outdoor work (for examples, see TRFNYSPP Program Information at the end of this posting) in all types of weather, a great deal of travel, and there may be some heavy lifting involved.

Due to the nature of the work, Group Leader will be trained in First Aid/CPR, Canoe Safety, Safe Boating, Green Check GPS Certification, Health & Safety, and WHMIS (training costs will be covered for the right candidate). There may be other trainings and certifications as well (subject to time and funding).

...continued

***Thames River First Nations Youth Stewardship Project - Group Leader Job Description  
Thames River Clearwater Revival First Nations Engagement Committee 2015***

**Qualifications:**

- Must have a valid G class driver's licence and be able to meet the requirements for renting a vehicle
  - Must have experience working with high school aged First Nation's Youth
  - Must be willing and able to spend up to three nights and 4 days per week (July & August) living and working in remote field sites while supervising 4 high school aged youth
  - Must know how to swim
  - Must have or be able to attain level 3 Ontario Recreational Canoe and Kayak Association Certification (if necessary, training costs will be covered for the right candidate)
  - Must have or be able to attain First Aid and CPR (if necessary, training costs will be covered for the right candidate)
  - Must have experience with planning and coordination of projects.
  - Must be proficient with a variety of computer software and applications (Microsoft Word, Excel, E-mail programs, search engines)
  - Must be an excellent and motivational team worker
  - Must be able to work diligently with little or no direction
  - Must be able to attain a satisfactory Criminal Reference Check
- Background in Natural Resources, Outdoor Education, or Environment and asset

**Term of Employment:** June 1-August 28, 2015

**Hours:** During the first two months, this position will have regular hours from 8:30-4:30 Monday-Friday. Once the Crew is hired (July 6) this position will be supervising 4 high school-aged youth over 8 weeks (youth will be working 4 days/week). Each week may involve spending up to 4 days and 3 nights in different First Nations and on the River. During those times, the Group Leader is responsible for the supervision of the Crew around the clock. The additional day of the week when the youth are off will be for planning/prep/reporting and regular hours will be 8:30-4:30 on those days.

Preference will be given to persons of First Nation Ancestry

For more information please contact:

Aamjiwnaang Environment Coordinator Sharilyn Johnston at 519-336-8410

**Please send applications by Tuesday May 19, 2015 at 12:00 noon to:**

**Email:** [sjohnston@aamjiwnaang.ca](mailto:sjohnston@aamjiwnaang.ca)

**Mail or in person:**

Sharilyn Johnston, Environment Coordinator  
Aamjiwnaang Administration Complex  
978 Tashmoo Ave  
Sarnia On, N7T 7H5

**By Fax:** 519-336-0382

...continued

**Thames River First Nations Youth Stewardship Project - Group Leader Job Description**  
**Thames River Clearwater Revival First Nations Engagement Committee 2015**

**Thames River First Nations Youth Stewardship Project Information:**

This summer pilot program aims to provide community-based work experience, opportunities to learn about and apply knowledge of the natural and cultural heritage of the Thames River watershed and Aboriginal Traditional Knowledge, personal development, and skills and training for youth from the Thames River First Nations, while broadening their experience and understanding of the possibilities for education and careers within the environmental field.

Some of the activities TRFNYSPP Members may participate in may include:

- Identifying and mapping erosion in the Thames River
- Canoe tripping in the Thames River
- Water Quality Monitoring in the Thames and in Lake St. Clair
- Gathering, documenting, and mapping Traditional Knowledge, stories, history, cultural significance, and spiritual significance of the Thames River
- Various river restoration projects
- Learning about Species at Risk
- Fish Identification
- Treaties and Land Claims in the Thames River watershed
- Traditional hunting and fishing techniques
- Invasive species removal
- Developing and implementing a communications & social media strategy
- Presentations to the TRCWR First Nations Engagement Committee, Chiefs & Council, funders, etc
- Wampum teachings
- Benthic Studies
- Electrofishing
- Wetland Evaluation
- Mussel Identification
- Culture and History of the River
- Communications Training



Call Shawnacey Williams:  
**519.312.5477**  
 thegoldcube@gmail.com

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0410

*To book an  
Appointment*





### Job Search Websites

- A. **OFIFC**, <http://www.ofifc.org/>
- B. **Nokee Kwe**, <http://www.nopeekwe.ca/>
- C. **Southern First Nation Secretariat**, <http://www.sfns.on.ca/index.html>
- D. **N' Amerind Friendship Centre (London)**, <http://www.namerind.on.ca/>
- E. **Anishnawbe Health Toronto**, <http://www.aht.ca/>
- F. **SOAHAC** London, Chippewas of the Thames, Owen Sound, <http://www.soahac.on.ca/>
- G. **Six Nations** (Ohsweken, ON), <http://www.sixnations.ca/>

Other Job Search Engines:

- <http://www.aboriginalcareers.ca/>
- <http://ca.indeed.com/Aboriginal-jobs>
- <http://www.wowjobs.ca/jobs-aboriginal-jobs>
- <http://www.turtleisland.org/front/front.htm>
- <http://www.eluta.ca/>
- <http://www.monster.ca/>
- <http://www.workopolis.com/>
- <http://www.jobs.ca/>
- <http://www.servicecanada.gc.ca/eng/sc/jobs/jobbank.shtml>
- <http://www.ofifc.org/>

For Up-To-Date News and Information in the First Nations Political Arena you may visit the following sites:

Chiefs of Ontario visit:

<http://www.chiefs-of-ontario.org/>

Union of Ontario Indians visit:

<http://www.anishinabek.ca/>

Assembly of First Nations visit:

<http://www.afn.ca/>

Southern First Nation Secretariat

<http://www.sfns.on.ca/>

Aboriginal Affairs and Northern Development Canada

<http://www.aadnc-aandc.gc.ca/>



## LOOKING FOR FOSTER PARENTS

Eagle's Nest: A Place to Soar, Inc.

"We are looking for families". Will you open your homes? Be a loving foster parent & role model to Native children in CAS care.

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**FOSTER CARE Agency**

Eagles Nest - will complete Home Studies and prepare you to be A Foster parent.

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Accredited by: CARF International

Please call 519-439-3000 Ext 202

[www.eaglesnestinc.ca](http://www.eaglesnestinc.ca)

## Secure Certificate of Indian Status Application Information

Secure Certificate of Indian Status is accepting applications by mail. All mail in applications will be for the in- Canada format. Applications for the in-Canada SCIS are available at the Band Office (see Carolyn Nahmabin) or at <http://www.aadnc-aandc.gc.ca/eng/1100100032776/1100100032782> or at one of the following Ontario offices: Brantford Business Centre, Anemki Business Centre, Sudbury Business Centre and AANDC Regional Office in Toronto.

You will need to present these identity documents along with your application.

### Registered Indians 16 years of age and older:

- Completed application form: a SCIS Adult Application For Applicants Sixteen (16) Years of Age or Older (83-130)
- Original birth certificate (long or short form); AND
- Two passport style photographs (guarantor must sign and date back of (1) copy); AND
- Valid identification: Canadian or US Passport, SCIS, Enhanced Driver's License, Nexus Card OR two of the following: Driver's License, CIS, Other Government issued ID (Must include name, photo, and signature).; AND
- Guarantor declaration (if applying by mail); AND
- If you have taken your spouses last name - you will need:
- Copy of marriage certificate plus valid ID in your married name, other than a CIS OR
- Original government issued marriage certificate if you do not have valid ID in married name
- Legal change of name document

### Minors 15 years of age and under:

- In addition to long form birth certificate, 1 piece of valid government issued identification for the parent/ legal guardian, and passport photographs; have the parent/legal guardian bring any separation agreement, custody order, or adoption order if there is one in place.

**Note:** Mother's who apply on behalf of their minor child may need to bring their marriage certificate if married after the child was born.

### Dependent adults 16 years of age and older:

- The person applying on behalf of the applicant needs to submit a Order of Guardianship in addition to a birth certificate (long or short form), passport photographs, 1 piece of valid government issued identification of the applicant (named guardian), and a name linking document for the applicant and/or child/ dependent adult if applicable.

**Note 1:** the child/dependent adult does not need to be present at the time of the application.

**Note 2:** if the applicant has been previously issued an SCIS, expired or not, this card must be shown at the time of the application.

**Note 3:** failure to complete all sections and submit all documentation will result in your application being refused and returned to you. A complete application allows improved service for efficient and timely processing of applications.

#### We process SCIS applications:

Monday to Friday (except statutory holidays)  
9:00—11:45 AM and 1:00—3:45 PM  
First come first served. No appointments

#### Sudbury Business Centre

40 Elm Street, Suite 290  
Rainbow Centre - 2nd Floor  
Sudbury, ON P3C 1S8

#### Brantford Business Centre

58 Dalhousie Street, 3rd floor  
Brantford, ON N3T 5W5  
(519) 751-2200

#### Toronto

8th Floor  
25 St. Clair Avenue East  
Toronto, ON M4T 1M2



### Notice of Emergency Response Drill

On Monday, May 11<sup>th</sup>, there will be an emergency response drill taking place at the Sun-Canadian Pipe Line Sarnia station located on Sun Avenue at Vidal Street South between 8am and 12pm.

The drill will involve both Sun-Canadian Pipe Line responders and Suncor Fire Department. You may notice emergency vehicles within the site perimeter.

Should an actual emergency occur, we will communicate immediately with Aamjiwnaang First Nation's Emergency Planner.

If you have questions please call:

• Sun-Canadian Pipeline 1-800-263-6641

## Aamjiwnaang Afterschool Program



Invites all children between the ages of 6-12 years of age to join us at the Maawn Doosh Gumig

**Mon. Wed. & Thurs. 3-6 pm**

to check out our new programming and to make some new friends! New registrations are always welcome.

It will be KIDS CHOICE of the games and activities so

Come out and see what all the FUN is about!

**Melissa Joseph-Program Leader**

**519-332-6770 ext. 35 or**

**226-932-0786**

***mjoseph@nlchc.com***



**Ontario's Community  
Health Centres**

## NOTICE

As part of the Suncor Sarnia refinery's regular inspection and maintenance schedule to ensure the safe operation of our pipes, I wanted to provide a timeline for work that could be visible to the community.

From May to July, we will be conducting a physical assessment of pipes at Suncor's North and South Docks. During this inspection activity, which will include excavation, the gravel area on River Road next to the docks will be used for parking and to store equipment/materials.

In addition to this inspection work, we will be continuing to take down the old pump house building and install the appropriate facilities needed to manage and collect surface run-off water for processing in our Waste Water Treatment Plant. That work is expected to take approximately three months to complete, so essentially all of this activity will be occurring at the same time.

Both activities have been planned to ensure that there are no traffic disruptions on River Road.

Please let me know if you have any questions,

Jennifer Johnson  
Senior Advisor,  
Communications & Stakeholder Relations  
Refining and Marketing  
Suncor Energy, Sarnia Refinery  
Phone: 519-346-2419

**TNT Auto Detailing & Upholstery**  
*Call for free quote or to book appointment*

Owner: Greg Gray

1909 Virgil Ave-Sarnia, Ontario

(226)-349-1865

Auto Detailing

Upholstery & Carpet Cleaning





Thursday, May 7<sup>th</sup>

4:30pm – 6pm

Aamjiwnaang Community Centre



A special guest speaker from the Sarnia Police will be there to talk about bike safety.

The Bike Shop will be on hand for any minor bike repairs.

The Sarnia Police will be taking the group on a short bike ride; if you have a bike please bring it.

Dinner Provided

To register please Call Roberta or Jessica @ 332-6770.

Sign up before April 30<sup>th</sup> to receive a free helmet



## Men's Cooking Classes

May 28, 2015

11:00am -1:00pm

Health Centre

### Prize for all Participants

Learn to love delicious food made with a few healthy ingredients  
New Participants Welcome!!

Call to Register Today!!

519-332-6770

Transportation Available



COUPONING

for  
Beginners  
Working Group

Come out & share coupons, learn how to get a deal, and share other money saving tips!



WHEN: May 6th & May 20th

WHERE: AAMJIWNAANG HEALTH CENTRE

TIME: 1PM-3PM

Transportation & Childcare provided. Please contact the Health Centre at 332-6770 to register.

Circuit Training  
6 week program

With Diane Tuckey

Begins Saturday, May 2<sup>nd</sup>

9am-10am

Aamjiwnaang Community Centre



Circuit training is a method of resistance training, or weight training that maximizes the volume of work done in a short period of time. Circuit training is a great tool to use for people who are interested in weight loss, muscle gain and overall strength increases.

All Fitness Levels Welcome

No sign up required.

For any questions please contact Roberta at 332-6770.

## Found a needle? Protect yourself. Dispose of it

Children must be taught to never touch a discarded needle, but to show an adult where it is. Adults can safely pick up and dispose of a found needle by following the steps below.

You will need:

- Pliers, tongs, or tweezers
- A non-breakable, puncture proof container with a screw-top lid – like a thick plastic jar, empty bleach or fabric softener bottle



Take the pliers and container to where the needle is.

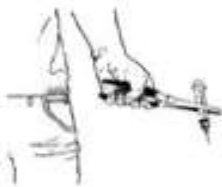
Place the container on a stable surface.

Use the pliers to **carefully** pick up the needle.



Hold the needle tip **away** from you.

Be careful not to prick yourself with the needle.



Carefully put the needle into the container, needle end first.

Close the container tightly.

Wash your hands.



**Do not** dispose of needles in your curbside garbage or Blue Box containers.

### TJ's Salvage & Demolition

Down & Out?? We'll tear it down, cut it down and haul it out... trees, buildings, cats whatever you want removed.

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Let's get  
cooking

**"BAND TOGETHER for  
HEALTH"**

Cooking, Education, &  
Exercise Class



**Where? Maawm Doosh Gumig Community Centre**

**When? Tuesdays & Thursdays from 10:00am-11:30am**



**Call Dorothy at 519-332-6770 for more info**



**Roger Williams'  
AUTHENTIC  
NATIVE CRAFT SHOP**

**Lots to  
choose From &  
Great  
Gift Ideas!**

**STORE HOURS**  
Monday ~ Saturday  
10:00 am ~ 6:00 pm  
Phone 519-344-1243

**"Handyman Work Wanted"**

**Painting, Drywall Repair, etc...**

**Need your Deck done?**

Eaves troughs, Yard Work, Digging, Raking, Snow  
Removal, Weeding Gardens, etc... Grass cutting,  
Ditches Lawnmower repairs, any kind of work.

**Free estimates call**

**Rabbit at 519-344-2774**



**Thursday, May 14, 2015**

**Thursday, June 11, 2015**

**12:00 – 1:30pm**

**HEALTH CENTRE**

In need of a warm meal?

Want to socialize?

Come out and join us and have a  
nice warm bowl of soup on us!

For further information please call Jessica at  
the Health Centre at 519-332-6770

# SHINGLES VACCINATION



**Who is eligible age's 50 & up...  
Can't be on immune modulating medications...  
(ie. Medication for rheumatoid arthritis, like Enbrel)**

**Shingles Vaccination Clinic will be here...  
Location - at Health Centre**

**From 1-4pm**

**The cost is \$170.00 for the vaccination**

**You must contact Health Centre #519-332-6770**

**Prepayment is required upon registration by Monday, May 25, 2015.**

**Shingles (also known as herpes zoster) is a painful, blistering rash that can last several weeks**

**It can occur at any time, with no warning. For most people, the pain from shingles resolves as the rash heals, but for others, it can last for months or even years.**

**For some, the pain from shingles  
can be excruciating  
can interfere with normal, everyday activities,  
can cause long-term pain (known as postherpetic neuralgia or PHN).**

**For many people with PHN, even a breeze or the touch of clothing can cause severe pain.**

**It is very IMPORTANT to get your shot ...**



**FOR NEW PARENTS  
WITH BABIES**

**WHEN**  
**May 6, 13, 20, 27**

**SIGN UP REQUIRED**  
**with MaLynda**  
**519-332-6770**

**TIME: 10:30 to 11:30 am**

**WHERE**  
**Maawn Doosh Gumig Youth  
& Community Centre**

**Rides and Childcare Available**



**HEALTHY BABIES/HEALTHY CHILDREN AND HEAD START**


Monday, May 4th	10:30 a.m. to 1:30 p.m. Simple Sewing (continued)
Wednesday, May 6th	10:30 a.m. to 11:30 a.m. Infant Massage—Sign Up 5:00 p.m. to 7:30 p.m. Literacy Night
Thursday, May 7th	10:30 a.m. to 12:30 p.m. Play and Literacy
Monday, May 11th	10:30 a.m. to 1:30 p.m. Kids in the Kitchen
Wednesday, May 13th	10:30 a.m. to 11:30 a.m. Infant Massage 5:00 p.m. to 7:30 p.m. Sun Catchers
Thursday, May 14th	SIGN UP REQUIRED
Monday, May 18th	Manicure or Pedicure—Limit 12 people Victoria Day No Program
Wednesday, May 20th	10:30 a.m. to 11:30 a.m. Infant Massage 5:00 p.m. to 7:30 p.m. Making Smoothies
Thursday, May 21st	10:30 a.m. to 12:30 p.m. Healthy Lifestyles—TeePee making
Monday, May 25th	10:30 a.m. to 1:30 p.m. Mason Jar Craft
Wednesday, May 27th	10:30 a.m. to 11:30 a.m. Infant Massage 5:00 p.m. to 7:30 p.m. Gym Night
Thursday, May 28th	10:30 a.m. to 12:30 p.m. Nutrition with Nikki Meal Planning
Saturday, May 30th	10:00 a.m. to 12:00 p.m. Ultimate Fathers Caring—Dad's Play Group



## Grief & Loss Counselling Services

Through grief/trauma counselling, Tina can help you work through distressing experiences. Regardless of the kind of loss you're facing, Tina can help guide you through your grief and help you learn healthy ways to cope with your loss/trauma.

Tina provides confidential care and support for individuals, couples and families across the lifespan who are facing difficult seasons in their lives.



Please contact Aamjiwnaang Health Centre  
to speak with Tracey or Penny  
about accessing Grief & Loss Counselling  
(519) 332-6770

### Support for Families, Caregivers and Friends Who are Supporting Someone Struggling With Substance & Alcohol Use

Families can play an important role in supporting a loved one with a substance use problem. Often it is the families and loved ones that deal with the crisis, assist with system navigation, serve as informal case managers, encourage and support treatment. Family members, caregivers and friends may experience anxiety, stress, shame, self-blame, depression, fear and frustration. People dealing with addictions in their family can initially not have adequate information regarding the problem, treatment, self-care or available resources. Facilitators from Bluewater Health Community Withdrawal Program will introduce ideas and concepts to you to support your understanding of substance use, how to better support yourself and how to better support your loved one.

**TOPIC of discussion**

**How To Say No Without Feeling Guilty**

**May 19, 2015**

**Aamjiwnaang Health Centre**

**10-11:30 A.M.**

**Please contact Penny 332-6770**

**for further information**

**EVERYONE WELCOME!**

## Let's Talk

Many families have been touched by mental illness and addictions; it is clear that no one is immune.

Treatment options can vary considerably, and families and the person themselves often don't know where to begin.

The goal of substance abuse treatment is to stop drug use and allow people to lead or return to active lives in the family, workplace and community. One continual challenge, however is keeping patients in treatment long enough for them to achieve this goal. That is why finding the right treatment for a person's specific needs is critical. Substance abuse treatment is not "one size fits all". Treatment outcomes depend on the:

- Extent and nature of the person's problems
- Appropriateness of treatment
- Availability of additional services
- Quality of interaction between the person and his/her treatment providers

Family and friends can play important roles motivating people with substance use problems to enter and remain in treatment. However, trying to identify the right treatment programs for a loved one or for yourself can be a difficult process, especially if you are trying to navigate the addiction system alone. Effective substance treatment can include behavioural therapies, medications or ideally a combination of the two. Behavioural therapies vary in focus and may involve:

- Addressing the clients motivation to change
- Providing incentives to stop taking substances
- Building skills to resist substance use
- Replacing substance using activities with constructive and rewarding activities
- Improving problem-solving skills and self-awareness
- Build healthier personal relationships

Medications can be an important of treatment for many clients, especially when combined with counselling and other behavioural therapies. Different types of medications may be useful at different stages of treatment; to stop substance abuse, to stay in treatment and to avoid/prevent relapse.

No single treatment is right for everyone. The best treatment addresses a person's unique needs, not just on their substance use. Matching treatment settings, programs and services to a person's exclusive problems and level of need is key to their ultimate success in returning to a productive life. It is important for the treatment approach to be broad in scope, taking into account a person's age, gender, ethnicity and culture. The severity of addiction and previous efforts to stop using substances can also influence a treatment approach. The best programs provide a combination of therapy approaches and have a realm of services and supports to meet the client's needs. Finally because addiction disorders and other mental health issues often occur together, a person with one of these conditions should be assessed for the other. And when these problems co-occur, treatment should be able to address both. Individual treatment and service plans must be assessed and modified as needed to meet the changing needs. For most people, continuing care approach provides the best results, with treatment level adapted to a person.

Appropriate time in treatment depends on the type and degree of a person's problems and needs. Research tells us that most addicted people need at least three months in treatment to really stop their substance use and that longer treatment times result in better outcomes. Recovery from addiction is a long-term process that may require several episodes of treatment and ongoing support from family and community.

Self-help groups can complement and extend the effects of professional treatment. The most well known programs are Alcoholics Anonymous (AA) and Narcotics Anonymous (NA) which are based on the 12 step model. This group therapy model draws on the social support offered by peer discussion to help promote and sustain substance-free lifestyles. Most substance abuse treatment programs incorporate and encourage clients to participate in group therapy during and after formal treatment. These groups offer an added layer of community-level social support to help people in recovery with abstinence and other healthy lifestyle goals.

If you would like to meet with an addiction counsellor to have a conversation about your treatment options please call the Health Centre to speak with Tracey, Robin or Penny.





### Who's That Girl....?

Tracey George is the **Mental Wellness Team Lead** at the Aamjiwnaang Health Centre. She's been a member of the Health Centre team since June 2013. Tracey is a registered Art Therapist, intake and crisis counselor and mental health and addictions case manager. She assists children, youth and adults. Therapeutically, Tracey practices from a holistic, client-centered, trauma-informed and harm reduction model. Tracey's professional background includes working with youth in custody and group homes;

and children and youth experiencing various challenges including the following – living with parents who suffer from addictions; mental illness in the family; witness to domestic violence; grief, bullying and abuse. Tracey is also well versed in administering assessments required for attending treatment centers for addictions, specifically the Admission and Discharge Assessment Tools. Tracey offers her assistance to all citizens of Aamjiwnaang First Nation by encouraging and teaching the skills of coping and resiliency, and by facilitating various support groups such as Stress Management, Wellness groups, and Family Support for those with loved ones affected by mental illness and addictions. She also provides crisis intervention and debriefing. Tracey is a Living Works SafeTalk trainer of suicide awareness. Tracey is inspired by and dedicated to helping children, youth and their families live a peaceful, happy and fulfilling life. Outside of work Tracey enjoys time with family and friends, bowling, golfing, reading, watching Netflix and being outdoors enjoying nature. Her first and foremost love is her seven year old son, Jackson, who is the light of her life.



**& SERVICE CENTRE**

**TAX FREE Plus  
COURTESY SHUTTLE**

Full Mechanical, Collision & Rust Repair  
on all Makes & Models



**OIL CHANGES • BRAKES  
SUSPENSION • TUNE-UPS • TIRES**

1069 Tashmoo Ave.

Mon to Fri 8am - 5pm, Weekends 9am - 3pm

**Ken Plain: 519-336-6372**

### Need Work Done?

Man willing to do odd jobs such as cutting grass, cleaning basements, garages, crawl spaces, digging, moving help, windows, eaves troughs, and other small jobs.

Contact: Kevin Cottrelle at 1940 St. Clair  
Pkwy. (Mitch Degurse's)

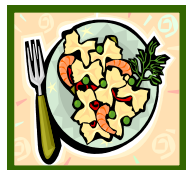
Messages: (519) 312-1468

Or

kevincottrelle@yahoo.ca

## Seniors 55 & Over Congregate Dining

Seniors Drop In Room



**Every Wednesday  
12 - 1 pm**

Come on out...  
Socialize and enjoy a home  
cooked Nutritious, delicious  
meal!

**Hope to see you there!**

**Any Questions give call  
Peggy a call  
519-332-6770**

## Seniors Pizza & Game Night

**Wednesday, May 20,  
@ 6pm**

**Seniors Drop-In  
@Community Center**

**Call Peggy, 519-332-6770  
If signing up**

## Seniors Healthy Cooking Class

**Tuesday, May 12  
Health Centre 10:30 - 1:30**

Come out and join us!  
call Peggy to register and  
if you need a ride.

519-332-6770

- \* Simple recipes made together
- \* Tasty food samples to take home
- \* Friendly conversation
- \* Healthy eating information
- \* Nutrition and health questions welcome



Presented by: **Sandra**



## Attention Seniors:

If you do not have a mailbox,  
the monthly newsletter will be  
available at the Health Centre,  
Band Office, Community  
Centre and Seniors Complex.

Thank you,

**Peggy Rogers  
Seniors Health Worker**




**FREE  
COMMUNITY  
BBQ**

**SATURDAY, May 30 @ noon**

**Community Centre Pavilion**

Bring the family out to enjoy a  
delicious BBQ meal and have some fun!

**Chicken, hotdogs, hamburgers and fixings!**

This activity is sponsored by the New Horizons for Seniors  
Program - STRENGTHENING OUR COMMUNITY






**Seniors Shopping Trip**

**Friday, May 29**  
**8:30 - ?**

**Junk Store Shopping and where ever else you  
would like to shop!**

**We will stop to have lunch somewhere**

**Seating is limited to 6 people**

Call the Health Centre by Thursday, May 28, 4pm. to reserve your  
seat. Leave your name with Peggy, 519-332-6770, ext. 31  
Please leave a voice mail, thank-you!



## ATTENTION SENIORS AND FAMILY MEMBES

**From the Home & Community Care  
Department**

**Please be advised that there will be  
NO SERVICE ON  
Monday May 18th, 2015**

**Regular hours will commence on  
Tuesday May 19th, 2015**

**FYI for Family and Clients**

**Just to let everyone know that our Home &  
Community Care Workers**

**DO NOT DO SPRING CLEANING**

**If you have any questions please contact  
Becky Adams at 519-332-6770**

### LOGO CONTEST

**Design a logo for the**

**New Horizons for Seniors Project -  
STRENGTHENING OUR COMMUNITY**

The goal of this project is to promote inter-generational interaction  
between seniors and all community members developing lasting  
relationships. These relationships will have a lasting impact on the  
community. Recent community surveys and studies demonstrate the  
need for more community-wide activities, as opposed to targeting  
specific groups.

**The winner of the chosen logo will receive a  
\$100.00 Walmart card.**

Please submit entries to Peggy Rogers at the Health Centre  
by Friday, June 5/15, 4:00 p.m.

Contest open to all Aamjiwnaang Band Members.

Travelling Seniors Monthly Fundraiser

# MEAT BINGO

All Scheduled Fundraisers are held at  
Maawn Doosh Gumig Youth & Community Centre

At 6 pm

2 Strip Book for \$15 (extra strip for \$5 more)

**Thursday, May 21, 2015**

**Kitchen open at 5 pm**

Menu includes: Loaded Nachos, Burgers & Hotdogs



- Everyone Welcome to Play!
  - Ages 10+ w/adult supervision
  - Bring a Friend or more!!
  - Students, come out and get your volunteer hours
- Come on out and Support the Travelling Seniors!!
- For more information call Pat Oliver at 519-336-7244





## "STRENGTHENING FIRST NATIONS FAMILIES"



Mnaasged Child and Family Services is looking  
to build Resources Parents within our  
communities.



We are looking for  
interested participants in  
becoming potential  
customary care/foster  
parents, and short/long  
term relief homes in our  
communities. You are  
invited to participate in  
our Indigenous S.P.I.R.I.T.  
training program

When: May 19, 20, 21, 22, 25, 26, 27

Where: Aamijwaaang Community Centre

Time: 9 am to 3 pm

- Lunch will be provided
- Participants will be awarded an honorarium upon completion of this training (funding for this project attained through a grant)
- Please register before May 15, 2015



For more information please  
contact:

Vicki Jacobs

Mnaasged Child and Family Services

Phone: 519-383-0404 Ext. 221

Email: [Vicki.jacobs@mnaasged.com](mailto:Vicki.jacobs@mnaasged.com)





# AAMJIWNAANG FIRST NATION



## Aamjiwnaang Notification System

Aamjiwnaang First Nation has obtained a new notification system for our exclusive use. It has the capability to mass notify community residents of emergency situations (real or potential). It is designed to send out the same message to all who have signed up for the service. This avoids potential confusion in the details that are being forwarded to residents. The Aamjiwnaang Notification System replaces the old call out system as many people have chosen to use a cell phone as their primary contact numbers instead of a home phone under the old system. Our system can issue messages as text messages, voice messages (home or cell), email notifications and also has the capability to use TTY service.

**Home phone messages are still available for those who have a home phone.**

The intent of the system is to have all Aamjiwnaang residents sign up for the service in order to be aware of any emergency that affects the First Nation. The emergency may or may not occur within the borders of Aamjiwnaang but it could have the potential to affect residents. For this reason notification messages would be sent out.

Sign up for the system is fairly quick and easy. It can be done from a PC, laptop, tablet or smartphone. The link to get to our sign up site is: <https://member.everbridge.net/index/453003085611503#/login>

The link has also been posted to the “Aamjiwnaang First Nation Emergency Planning” Facebook page at: <https://www.facebook.com/pages/Aamjiwnaang-First-Nation-Emergency-Planning/684609621613009?ref=hl>

The minimum for signing up for the system is for the emergency notifications. There are other possible messages that users can also sign up for. The user can make their choices when they create their profiles. And, those choices can be edited at a later date. Just login to the link and modify their choices, then save the profile again.

The method of contact is also the choice of the user. When creating your profile, you have the option to have more than one method of contact. Simply select your preferred methods of contact and include the appropriate phone numbers or email addresses you can be reached at. Those information boxes are to the right of the methods of contact choices. There must be a minimum of one choice for contact.

Test messages will be sent out occasionally as the system works best when those test messages are sent out.

The messages may or may not require a response from users. Just follow instructions included with the message.

This system is designed to mass notify community residents in the event of an emergency. This relates to all types of emergencies that may affect our community. If you are prepared for emergencies, then disruptions to you and your families could be minimized.

**Sign-up sheets are available in the lobby of the band office. Or contact Wilson Plain Jr for information .**

**Reminder: If you haven't signed up for our notification system, use this link:**

**<https://member.everbridge.net/index/453003085611503>**

**Or, complete one of the sign-up sheets and drop it off at the Band office**

**If you have any problems, contact Wilson Plain Jr. at the Band office (519) 336-8410**



**AAMJIWNAANG**  
**NOTIFICATION SYSTEM**  
NOONDAN GEZHAWEBAG  
(to hear what will happen)



## JOB FAIR & *NETWORKING* EVENT



MAAWN DOOSH GUMIG

**MAY 14**

1972 Virgil Ave Sarnia ON

9:30 - 1:00 pm




**KINA WIIYA**

**“ Everyone’s invited ”**

Please join us at our job fair youth focused JOB FAIR and NETWORKING event. Vendors include a variety of industries, post secondary institutions entrepreneurs & service providers.

**YOUTH AND ALL JOB SEEKERS** can look forward to learning more about the requirements to enter various professions.




CHANCE TO WIN A  
IPAD MINI!!

**VENDORS** will have the opportunity to **MEET & GREET** the *fastest growing population* in Canada **#ABORIGINAL\_YOUTH**

For more info contact : Marina

HOSTED BY :ONTARIO WORKS

Employment Supports & the Job fair 2015 planning  
committee members



DOOR PRIZES



# Friday Night Golf League

IS BACK STARTING MAY15!!!!!!

St. Clair Parkway Golf Course (Mooretown).

Tee off from 4:30 to 6:00pm.

\$20.00 a person includes cart and 9 holes.

\$10.00 Golf fee that will go towards year end banquet and prizes.

Weekly longest drives, closest to the pins and skins.



Proper golf attire is required.

## POW WOW News

### Aamjiwnaang Senior Ambassador

If you are between the ages of 18-35 and are interested in running for Senior Ambassador please fill out the form below and return to Naomi at the **Band Office** by **Friday June 5, 2015 @ 4:00pm**

**We hope to see some of our past Princesses trying out!**

#### *Registration Form – Senior Ambassador*

Name \_\_\_\_\_ D.O.B \_\_\_\_\_

Band # \_\_\_\_\_ Phone # \_\_\_\_\_

I, \_\_\_\_\_, am running for Aamjiwnaang Senior Ambassador 2015/16

Signature \_\_\_\_\_

Date \_\_\_\_\_

SUBMIT to the BAND OFFICES c/o POWWOW Committee no later than 4:00p.m. June 5, 2015



# Aamjiwnaang First Nation

## 54<sup>th</sup> Annual



# POW WOW

**PUBLIC  
WELCOME!**

**SATURDAY JUNE 20<sup>TH</sup>**  
**SUNDAY JUNE 21<sup>ST</sup>**  
**2015**

**COMPETITION DANCING & SINGING**  
**GRAND ENTRY AT 12PM & 6PM ON**  
**SATURDAY & 12PM SUNDAY... SHARP!**

**GATES OPEN @ 10am**  
**BOTH DAYS**



### EMCEE:

**ADRIAN HARJO**  
 a fine Kikapoo/Seminole

### ARENA DIRECTOR:

**ADAM NORDWALL**  
 Chippewa, Shoshone, Navajo

### DRUM JUDGE:

**DANNY "BUNDIGAYGIZHIG"**  
**DELEARY**  
 Chippewa of the Thames

### DANCE JUDGE:

**WESLEY CLELAND**

### HEAD VETERAN:

**TBA**

### HOST DRUM:

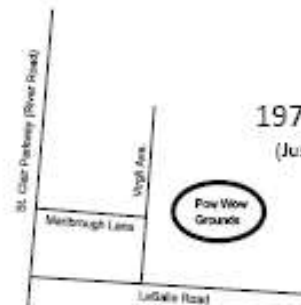
**CHARGING HORSE**

FOR MORE INFORMATION CONTACT TRACY WILLIAMS

**519.336.8410**

twilliams@aamjiwnaang.ca

**Prize Board**  
**Over**  
**\$52,000**  
**In CASH**



## BEAR PARK

1972 Virgil Avenue – Sarnia, ON  
 (Just minutes away from the Bluewater Bridge)

## ADMISSION:

**\$8 PER DAY/AGES 13-54**

**\$5 PER DAY/AGES 6-12**

**SENIORS 55+, KIDS 5 & UNDER**  
**Are FREE**

### Dance Contest

**\* All Prizes Paid In Cash\***

**All Dancers Must**

**Register In Person**

Golden Age Man 50 & Up – All Categories Combined  
 Golden Age Women 50 & Up – All Categories Combined  
 Mens 18-49 – Traditional, Grass, Fancy  
 Womens 18-49 – Traditional, Jingle, Fancy  
 Teen Boys & Girls 13-17 – Traditional, Grass, Jingle, Fancy  
 Junior Boys & Girls 6-12 – Traditional, Grass, Jingle, Fancy  
 Tiny Tots & Baby Contest

### SPECIALS

Mens & Womens Smoke Dance – 8+  
 Mens & Womens Fancy Iron Dance – 18+  
 Couples Two Step – 18+  
 Hand Drum – 8+

### Registration: **MUST REGISTER IN PERSON**

For ALL Dance Categories including Tiny Tots, Baby Contest & Specials  
 Friday 19<sup>th</sup> – 6-8pm  
 Saturday 20<sup>th</sup> – 10am-12pm

Registration closes at Grand Entry on Saturday – **NO EXCEPTIONS!**

Committee is not responsible for theft, accidents, lodging, inclement weather or lack of traveling funds. NO drugs, alcohol or pets allowed on the premises.

**ROUGH CAMPING AND SHOWERS AVAILABLE**

# Aamjiwnaang Binoojiinyag Kino

## Maagewgamgoons



# JINGTAMOK

## Day Care Mini Pow Wow

**Wednesday, June 17, 2015**

**10:00am – 12:00pm**

**Food for Sale**

**\*Crafts\***



**Featuring: *Crazy Spirit***

**Special Guest: *Bkejwanong CC, Healthy Babies/Head Start, Health Centre, RTP, SOAHAC***

*Correction there is no special for Moccasin Making  
Spot dances – Father's Day Special – Exhibitions*

**"Nūmdaa" - Everybody Dance**

**All Welcome to Participate! Please contact Sophie at (519)344-4132.**





# MIIGWECH! THANK YOU!

## Aamjiwnaang

- a total of 83 garbage bags collected!
- a total of 47 recycling bags collected!
- over 150 participants!

## Volunteers

- Many community members volunteer throughout the event
- Aamjiwnaang Public Works Department
- Companies volunteered during event (Suncor, Union Gas & Lanxess)

## Sponsors

Aamjiwnaang First Nation, VIP, Lanxess, Return the Landscape, Suncor Energy, Imperial Oil, St. Clair Conservation, Union Gas



*Please accept our apologies if anyone has been missed and we Thank You all for helping make this event a huge success.*



# Aamjiwnaang you're Invited to a

## Community Meeting

### When:

Wednesday, May  
13, 2015

### Time:

5-7 PM

### Where:

Aamjiwnaang  
Community Centre



## Benzene Remediation Update

Please mark your calendar and plan to attend this very important discussion on the benzene remediation update. Learn the history of the benzene from when it was discovered and what the next steps are. Dragun Corporation will present on the following topics and will be available to answer your questions.

### Groundwater Investigation Near Cemetery:

- What was done
- Findings
- Latest Data

### Vidal Street Benzene Release:

- Brief History
- Investigation Conducted
- Remedial Action Plan
- Air Quality Monitoring Plan



### Aamjiwnaang Environment

978 Tashmoo Avenue  
Sarnia, ON N7T 7H5  
Ph: 519-336-8410

[www.aamjiwnaangenvironment.ca](http://www.aamjiwnaangenvironment.ca)

Facebook: Aamjiwnaang  
Environment

**Dragun Corporation**  
Environmental Advisors



## Traditional Land Use Study

### Why is it important for you to participate?

- Every body's stories are unique and will play an important part in the overall outcome
- Future generations will learn stories about how the land was used and is currently used by you and your family
- Your input will help protect wildlife and habitat within our pristine eco-system

### What can you do to help?

- You can fill out the questionnaire provided by May 15 for a chance to win a \$100 gift card and have your say in what you want in the survey
- You can attend one of the community Focus Groups and/or Information Sessions
- You can volunteer to be interviewed
- You will help preserve our inherent rights to our Traditional Territory!

### What does it all mean?

- Your participation will improve the efficiency and effectiveness of land use planning, resource management, and policy development. These processes will be based on community input and provide best practices for future mitigations/agreements.
- You will receive a copy of your interview to be passed down for your grandchildren to learn their history.

**We Want to Hear  
From You.**

**Your Opinion  
Matters!**

**Watch Tribe-Une  
for upcoming  
events.**



Name: \_\_\_\_\_ Contact Number: \_\_\_\_\_

**Fill out Survey & Return to Band Office for your chance to win a \$100 Gift Card!!**

<b>Community Input on Traditional Land Use Study Objectives</b>			
Insert your priority for the items listed below to be added in the upcoming Traditional Land Use Study. Please add additional comments below and return this form to the Environment Department. 1 = most important, 2 = important, 3 = not as important			
	1	2	3
1. Identify ecosystems of importance and areas that need to be protected from encroachment to assist with:			
• Developing a governance guide for future projects			
• Land Use planning			
• Protecting land base for future generations			
• Proposing a protected greenbelt area in the community			
2. Gather oral history to keep culture and traditions alive including:			
• Stories about waterways			
• Family/community history			
• Traditional teachings			
• Story about parker mounds			
• How old river used to freeze up			
• Traditions teachings about the water, fire, moss work			
• What are our values of the plants, water, air			
3. Identify areas that people use for hunting, fishing, medicinal lands to:			
• "Show how the land is still good to us"			
• "Prove that we are still using the land."			
• Identify important areas people currently use to possibly consider obtaining these lands through land claims instead of most economically viable lands			
• Show companies how we use the land – "this is how we use the land if you are impacting these uses you need to mitigate those impacts"			
• Be able to provide the best information to industry			
4. Gather Anishinabek place names/meanings for language revitalization			
5. Gather, record and share pre treaty land use:			
• How we used and shared space with others,			
• Where old pathways were			
• History of old shorelines			
6. Map occupancy including burial sites, ceremonial sites, where old buildings used to stand, where people lived and farmed			
Additional Comments:			

**SUBMIT BY MAY 15, 2014 AT 4 PM. DRAW WILL BE MAY 15, 2015 AT 4 PM**

**Fill out Questionnaire and Return to Band Office for your chance to win a \$100 Gift Card. For Questions or Concerns contact the Environment Department 519-336-8410.**



# Environmental Field Seminar

WED. MAY 13, 2015 *With Dragun Corporation*  
9:30 AM – 2:30 PM  
AAMJIWNAANG COMMUNITY CENTRE



**Please join us! Space is Limited!**

What happens to water/soil sampling after it has been tested? What can cause a false reading or issues to sampling? What are some sample techniques?....

This seminar will answer all your questions and more! There are many topics to be discussed in this seminar and Dragun Corporation will provide some hands on demonstrations and activities.

*Lunch will be provided.*



**Dragun Corporation**  
Environmental Advisors

## Topics on Agenda

### Monitoring Activities

- Tap/ground water sampling
- Chain-of-custody
- Surface water sampling
- Bottle requirements
- Sample technique

### Construction/Remediation Activities

- Soil sampling
- Soil boring logs
- Why sampling
- Photoionization detector

### Field Demonstrations

- Photoionization detector
- Soil sampling
- Groundwater sampling
- Interface probe

**Please call Courtney at (519) 336-8410 to reserve a spot. Space is limited!**

# Environmental Field Seminar Agenda

**Wednesday, May 13, 2015**

<b>9:30 am – 10:00 am</b>	<b>Registration &amp; Coffee Break</b>
<b>10:00 am – 10:05 am</b>	Introductions Purpose Overview of seminar
<b>10:05 am – 11:00 am</b>	<b>Monitoring Activities (classroom)</b> <ul style="list-style-type: none"> <li>• Tap water sampling</li> <li>• Chain-of-custody</li> <li>• Interface probe/water level meter</li> <li>• Drilling: rig vs. Geoprobe®</li> <li>• Surface water sampling</li> <li>• Bottle requirements</li> </ul>
<b>11:00 am – 11:15 am</b>	<b>Morning Break</b>
<b>11:15 am – 12:00 pm</b>	<b>Monitoring Activities (classroom)</b> <ul style="list-style-type: none"> <li>• Groundwater sampling: Classic well volume purge vs. low flow</li> <li>• Sample technique</li> <li>• Hints</li> <li>• Purge chemistry</li> <li>• Well elevation survey</li> </ul>
<b>12:00 pm – 12:30 pm</b>	<b>Lunch (Provided)</b>
<b>12:30 pm – 1:15 pm</b>	<b>Construction/Remediation Activities (classroom)</b> <ul style="list-style-type: none"> <li>• Soil sampling</li> <li>• Soil boring logs</li> <li>• Why sampling</li> <li>• Photolionization detector</li> <li>• Test pits/excavation work</li> <li>• Observations that could indicate issues</li> </ul>
<b>1:15 pm – 1:30 pm</b>	<b>Afternoon Break</b>
<b>1:30 pm – 2:30 pm</b>	<b>Field Demonstrations</b> <ul style="list-style-type: none"> <li>• Photolionization detector</li> <li>• Soil sampling</li> <li>• Groundwater sampling</li> <li>• Interface probe</li> </ul>
<b>2:30 pm</b>	<b>Closing</b>

Please call Courtney Jackson at (519) 386-8410 to reserve a spot. Space is limited.



## Talfourd Creek Assessment

May 14th , 5 p.m.  
Community Centre

### Screening Level Human Health Risk Assessment of Recreational Use of Talfourd Creek, Ontario

Recently the Ministry of the Environment and Climate Change (MOECC) has completed an assessment of recreational use of the Talfourd Creek in Aamjiwnaang. The Environment Committee would like to invite you to come and hear the summary of this report that has been prepared for our Community.



Aamjiwnaang  
Environment

Dinner served  
at 5 pm!

Call For More Info:  
Environment Department  
519-336-8410

# Lambton College

invites the Aamjiwnaang Community to a Fire & Public Safety Centre of Excellence

## OPEN HOUSE

### The agenda for the day will include:

#### 11:00 a.m.

Informal chats question and answer at booth space, plus guided tours by faculty and staff

#### 11:30 a.m.

Q & A Information Session

Hosted by fire training specialists

#### 12:00 p.m.

Free BBQ Lunch served

#### 12:30 p.m. - 2:00 p.m.

Fire demonstrations guided tours fire extinguisher training and fun activities for families

### Please join us!!

Lambton College welcomes you to our Fire & Public Safety Centre of Excellence to learn about the day-to-day operations, training and activities at this world-class facility.

This free event is being offered exclusively to the Aamjiwnaang community to participate in fire safety activities, guided facility tours, fire demonstrations and an opportunity to win free prizes.

### When:

Sat. May 30, 2015  
11 AM - 2 PM

### Where:

459 LaSalle Line  
Sarnia, ON



## For More Information:



### Aamjiwnaang Environment

(519) 336-8410

Facebook: Aamjiwnaang Environment

[www.aamjiwnaangenvironment.ca](http://www.aamjiwnaangenvironment.ca)

Learning & Training Solutions  
**Lambton  
College**

**Fire & Public Safety  
CENTRE OF EXCELLENCE**

[lambtoncollege.ca](http://lambtoncollege.ca)  
[Info@lambtoncollege.ca](mailto:Info@lambtoncollege.ca)  
519-541-2403





## HERITAGE & CULTURE CLUB

### CALENDER OF EVENTS

**MAY 8:** SOCIAL: DRUMMERS AND DANCERS WELCOME  
(Limited # of gas cards provided for drums)

**JUNE:** TBD

**JULY :** TBD

**AUGUST:** FEAST

### NEW MEMBERS WELCOME!

Contact Ada or Marina to see when the next meeting will be

## Aamjiwnaang Community Wide Yard Sale!!

**Saturday, May 9, 2015**

**8:00 am til 1:00 pm**

Some sellers may offer their treasures longer, you'll have to cruise around to find those who are still open longer than 1:00 pm. Yards/Garage sales will be located on Tashmoo Ave, White Circle, Beaver Circle and Wahboose Circle, Chippewa Crescent and along the river on St. Clair Parkway



## GIVE MOM WHAT SHE REALLY WANTS THIS YEAR

Saturday, May 9th from 10-2  
Book now to reserve your spot  
\$30 includes hair styled, makeup application, and mini photo shoot  
(you'll receive one edited photo)

1972 Virgil Ave  
(Aamjiwnaang Community Center)  
Brought to you by Janelle Nahmabin  
with Mary Kay



To book your appointment time  
please call Janelle at 519-402-0404



**WINE AND BEER FEST**  
**MICHIGAN INT'L**  
**SPEEDWAY**

**Saturday, May 9<sup>th</sup>**  
**\$75 U.S. per Person**

Coach Bus, Ticket

\*\*\*Must Be 21\*\*\*

Bus Leaves Food Basics at 7:00 am

Proper ID For Border Crossing

Contact Willie at 519-332-6771 or 519-384-1957



**VS**



**TICKETS AVAILABLE AT**

Friday, July 3<sup>rd</sup> at Jimmy B's Restaurant and Grill

Saturday, July 4<sup>th</sup> at Up's N Downs

Sunday, July 5<sup>th</sup> at Dempsey's Bar & Grill

**\$90 U.S. per Person**

Coach Bus, Ticket (Sec.113), Shuttle from Nemo's Bar & Grill

Any Questions contact Willie at 519-384-1957



**TRIP TO MICHIGAN**  
**INT'L SPEEDWAY**

**Sunday, JUNE 14<sup>th</sup>**

Turn 1, Section 65, Row 26-31

**Sunday, August 16<sup>th</sup>**

Turn 1, Section 63, Row 36-39

**\$130 U.S. per PERSON**

Coach Bus, Ticket, \$10 Food Voucher,

Pit & Paddock Passes

Bus Leaves Food Basics at 6:00 am SHARP

Proper ID for Border Crossing

Contact Willie at 519-332-6771 or 519-384-1957

**WEEK-END IN CHICAGO**

**Aug. 7-9, 2015**

**2 Nights—Embassy Suites,  
Chicago, Lakefront**

Single-\$600, Double-\$350, Triple-\$300, Quad-\$250, All Prices U.S. Funds \$50 non-refundable deposit secures your spot with remainder to be paid in full by July 1, 2015

- Includes : Coach Bus, Breakfast at Hotel and Managers Party Each Day Featuring Free Cocktails and Appetizers.
- Proper ID for Border Crossing
- Bus leaves the Corunna Ball Fields at 7:00 am and Food Basics in Sarnia at 7:30 am & K-Mart Parking Lot, Port Huron at 8:30 am

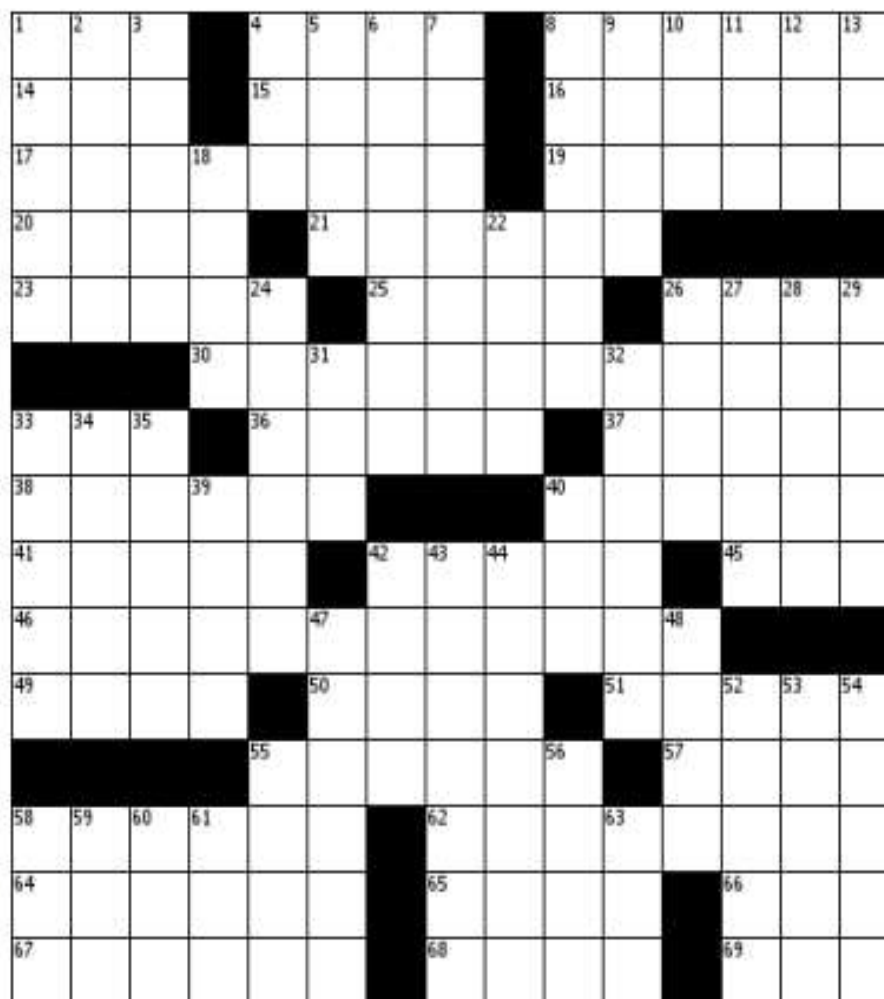
Contact: Willie at 519-332-6771 or  
519-384-1957

Tracey at 519-333-7472 or 519-862-3261 or  
For our American Passengers Contact  
Preferred Charters at 810-982-7433



**Free Printable Crossword Puzzle #1**This is the Daily Crossword Puzzle #1 for **Apr 30, 2015****Find the solution at**<http://onlinecrosswords.net/6613>**Across**

1. Enterprise letters
4. Harvest-ready
8. Solver's quest
14. It's a bit of cheer
15. Rain anagram
16. Lying on one's back
17. The construct-ive criticism begins
19. Not occurring naturally
20. "--- extra cost!"
21. Deck suit
23. "--- say more?"
25. Operatic prince
26. Foreshadow
30. More construct-ive criticism ...
33. Coaching legend Parseghian
36. Mr. of film
37. Confronted
38. His theory was evolutionary?
40. Octogenarian's trait
41. "Doe, --- ..." ("The Sound of Music")
42. African equine
45. 5 1/2 yards
46. The construct-ive criticism continues ...
49. Character on a cel
50. Stuck in --- (working fruitlessly)
51. Short Chopin piece
55. German subs
57. "Once --- a time..."
58. Stupendous
62. End of the construct-ive criticism
64. Consist of, as a plan
65. Gaelic tongue
66. Negative connection
67. Not fine-grained
68. Van --- of "Mary Poppins"
69. Kind of ice

**Down**

1. Rural's opposite
2. French fry?
3. Word with moon or shoe
4. Free, as of a pest
5. Plant worth eyeing?
6. Shepherd's instrument
7. Like a bride-to-be
8. State firmly
9. Off one's trolley
10. Mudbath locale
11. Bald man's bluff?
12. Point for a skipper
13. Tape color?
18. Site of a Napoleon victory
22. Bugs' addressees?
24. Jawaharlal's daughter
26. Script fastener
27. Designer de la Renta
28. San ---, California
29. Finalized
31. Capitol Hill fig.
32. Recently
33. Suit to one's needs
34. Ham's need
35. "Am not!" retort
39. Gradually deprive
40. Dwarf in "The Hobbit"
42. Love, in tennis
43. Was as good as
44. Like soggy popcorn or toast, maybe
47. Raucous crowd
48. Small needle case
52. Flip over
53. Name on a campus building, often
54. Dictionary listing
55. "Exodus" author Leon
56. Canadian prov.
58. Cabernet word
59. Spanish one
60. Harper Valley letters
61. Musician's asset
63. Bridal-notice word

**Mino Dbishkaayin-Happy Birthday****May 7 - May 22, 2015**

Jordan	Partin	May	7	MacKenzie	Jackson	May	16
Kadan	Sinopole	May	7	Nicky	Bressette	May	16
Anita	Cloud	May	8	Adrienne	Ervin	May	16
Shirley	Gant	May	8	Drena	Hajas	May	16
Adalia	Plain	May	8	Andrew	Horvat	May	16
Matthew	Williams	May	8	Shannon	Rogers	May	16
Cameron	Baker	May	9	Robert K	White	May	16
Shauna	Eyre	May	9	Vanessa	Anoquot-Walker	May	17
Cassidy	Fisher-Romphf	May	9	Jessie	Buchanan	May	17
Kirra	Hamelin	MAY	9	Donovan	Joseph	May	17
Cylis	Oliver-Williams	May	9	Martin	Pevec	May	17
Jayson	Verge	May	9	Mary-Jo	Smith	May	17
Ryan	Verge	May	9	Aaliyah	Smith-Kockko	May	17
Marcus	Courchesne	May	9	Marilyn	Gray	May	18
Sherri	Crowley	May	10	Pamela	Grinder	May	18
Dakota	Nahdee	May	10	Donald	Hawk Jr.	May	18
Miakoda	Rogers	May	10	Tanner Waasmose	Henry-Plain	May	18
Honour Maria	Cottrelle	May	11	Carey	Joseph Jr.	May	18
Thomas	Jones Jr.	May	11	Wilma	Simon	May	18
Fraser	Letham	May	11	James	Walker	May	18
Gregory P	Nahmabin	May	11	Eric	Day	May	19
Travis	Rogers	May	11	Delina	George	May	19
Crystal	Sinopole	May	11	Jacqueline	Joseph	May	19
Cary	Williams	May	11	Kevin E	Plain	May	19
Kelly	Williams	May	11	Dwight	Simon	May	19
Emma	Brown	May	12	Casey	Sinopole	May	19
Lee-Anne	Disel	May	12	Jeffrey	Stager	May	19
Arnold	Gray	May	12	Derek	Lewis	May	20
Kalene	Walker	May	12	Matthew	Maness	May	20
Diane	Caron	May	13	Justin	Waters	May	20
Nolan	Cottrelle	May	13	Emily	Adams	May	21
Mary Lou	Mayhew	May	13	Beverley	Clark	May	21
Jonas	Oliver	May	13	Chelsea	Whiteye	May	21
Jason	Plain	May	13	Sadie	Disel	May	21
Leonard	Plain	May	13	Danielle	George	May	21
Rena	Sandy	May	13	Chantel	James-Plain	May	21
Zachary	Cowper-Rising	May	14	Erica	Maness	May	21
Nathan	Karttunen	MAY	14	Ronnie	Piche	May	21
Caitlin	Plain	May	14	Shelley	Glombowski	May	22
Tammie	Alton	May	15	Peter John	Lavallee	May	22
Karen	Plain	May	15	Gail	Nahmabin	May	22
Joycee	Snake	May	15	Ashley	Waring	May	22
Arianna	Velasquez	May	15				





**Southwest Ontario  
Aboriginal Health  
Access Centre**

# TRADITIONAL HEALING PROGRAM MAY 2015

To schedule an appointment at either our London or Chippewa sites, please call 519-289-0352 and ask for Stephanie Trudeau, Shkaabewis Kwe with the Traditional Healing Program. Schedules are subject to change with short notice. Miigwetch/Yaw'ko/Thank you

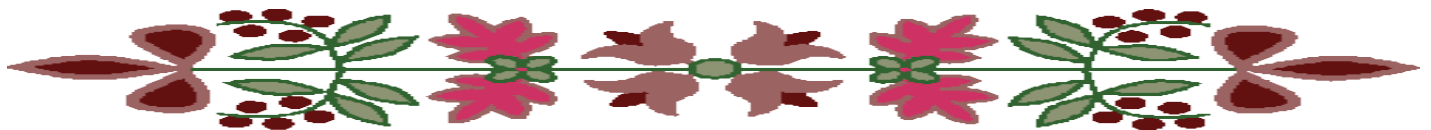
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>BOOKING WITH JOANNE CHEECHOO:</b> Individuals with chronic illness, the elderly, and those supported by proper referral sources such as SOAHAC's Traditional Healers and Primary Care will be given priority for appointments.  Please be advised, while visiting Traditional Healers are in office, your calls may not be returned efficiently by myself, speak with administrators for assistance. Miigwetch/Yaw'ko/Thank you						
3	4 Joanne Cheechoo London	5	6 Joanne Cheechoo London	7	8	9
10	11 Richard Assinewai London  Ernestine McLeod London	12 Richard Assinewai Chippewa  Ernestine McLeod Chippewa  Bruce Elijah Chippewa	13 Joanne Cheechoo Chippewa  Bruce Elijah London	14 Joanne Cheechoo Chippewa	15	16
17	18 <b>STAT</b>  Victoria Day	19 Elva Jamieson Chippewa	20 Elva Jamieson London  Joanne Cheechoo Chippewa	21	22	23
24	25	26	27	28	29	30
31						



### Congratulations to our Grandson Gavin Gray

2014 – 2015 hockey season was an outstanding year for him. His desire and driven spirit for hockey improved his game, beyond our expectations. He always had a love for the game but this year it has really shown itself. His SMAA bantam team for which he was made captain won the "A" Championship. He played with the Aamjiwnaang Bantam Hockey team at the Lil NHL in Mississauga, and helped in taking that team to the "B" Championship. We are very proud of his achievement and readily look forward to the coming year. We'd also like to thank the Dream Catcher Foundation in their generous support to Gavin for season costs and equipment, which made it possible for his great effort, thank you

Bernie and Pub Cottrelle



### **60th Wedding Anniversary**

You are invited  
to the  
60<sup>th</sup> Wedding Anniversary  
celebration for  
**Geraldine & Bob Robertson.**

A Strawberry Social will be held  
on Sunday, May 24, 2015 at  
1187 Chippewa Crescent  
from 1:00 – 3:00 pm.

Best wishes only!





At St Clair United Church

Thursday May 7th 5:30 – 7 p.m.  
For all Ages

Enjoy roasting hot dogs around the camp fire  
Crafts  
Games  
Songs and Stories....

All are welcome! No charge

Children to be with an adult please.

PLEASE BRING LAWN CHAIRS



## Mother's Day and Baptism

Please join us at  
St Clair United Church on  
Sunday May 10<sup>th</sup> at 11 a.m.  
as we celebrate  
Mother's Day and  
the Sacrament of Baptism.

Please contact the church if you or a  
loved one is interested in being  
Baptized.  
519- 344-6119

Thank you.

## Time to start the pruning!

Welcome to the month of May with warm weather, sunshine and time in the outdoors. I've spent the last couple of days raking, cutting grass and trying to get the yard sorted out. There is a lot to do in a garden in spring time. There is all kinds of cutting and pruning to take place if we are going to have healthy plants in the summer. Pruning can be a challenging idea. It's hard to cut a plant back that looks healthy on the outside and trust that with a good trim it can become healthier and stronger.

The same goes for each one of us. Spring is a good time to look at our own lives and wonder about the things we need to cut back so that there can be new growth. In the church we have been talking about the importance of pruning, and letting go of the things that are holding us back from living fully.

As humans we seem to stick with what feels safe and familiar even when we know that it is not helpful or healthy for us. Talk about creatures of habit. It seems that we keep doing the same thing while hoping for different results.

Change one thing they say and everything will change.

In Scripture Jesus describes himself as the vine and each one of us as the branches. He reminds us that to be healthy and whole we will need to find time to connect with our Creator. There will be occasion as well when we will need to prune what is no longer helpful for us.

Spring is a good time to get started, to step out into something new (even when it feels a bit scary) and to trust that we are not alone on this journey we call life.

Miigwetch

With Blessings Val, St Clair United Church





**WANTED**

Musician to play the piano or organ, each Sunday and Special Occasions.

Small stipend provided.

Apply to:

St. Clair United Church  
984 Tashmoo Ave.,  
Sarnia, ON N7T 7H5



## The Spirit of You

You forgive me, though I do not deserve it

You love me, though I do not earn it

You allow your spirit to dwell in me

I hope it shall never flee

You guide me in the right path

Even though I deserve your wrath

I am so happy to have seen the light

The darkness I was in. I now fight

You opened my heart to love and joy

The fruits of your spirit you give to employ

My heart for the world to see

I hope that I can reach a few like me

People who are lost and not free

I pray you free their hearts of gloom

In their hearts, allow your spirit to bloom

Allow me to keep helping your lost sheep

*Therefore, in their hearts, "YOU" they keep.*

By: Derrick Oliver  
04-01-2015

**CHIPPEWA TRIBE-UNE**

The next issue is due out on  
**Friday, May 22, 2015**

The deadline for submissions is  
Tuesday, May 19, at 4:00 pm

Please submit your documents in  
**Word, Excel, or Publisher** formats or info  
can be hand written; **jpeg** for pictures.

1972 Virgil Avenue  
Sarnia, Ontario N7T 7H5  
Phone: 519-491-2160  
Fax: 519-491-0912  
E-mail: [editor@aamjiwnaang.ca](mailto:editor@aamjiwnaang.ca)

[https://sites.google.com/site/  
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Sandy Waring  
Editor

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