



AAMJIWNAANG FIRST NATION

CHIPPEWA TRIBE-UNE

January 31, 2013

Issue 13.02

Editor: Bonnie Plain

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Mike, Tim, and Michael Jr. were at home the night the fire broke out. Most items were destroyed and the family is struggling to find a place. As days go by, their spirits are lifted, thanks to everyone's thoughts and prayers. ~ Chi Mii Gwetch

There has been Facebook Page set up at:

[https://www.facebook.com/#/!](https://www.facebook.com/#/)

MikePlainFamilyInformationPageForVictimsOfFire

Mike Plain & Family - Information Page for Victims of Fire

This page is solely for the purpose of getting information out to the general community in regards to the recent loss the of their house in a fire on January 26th, 2013. This page will be updated constantly.

There is a "Charity Account" set up for the family at Scotia Bank. If you would like to make a monetary donation, here is the banking information:

Branch #: 10942—Account #: 0210188

Mike is currently at Super 8 - 420 Christina St. - 519-337-3767

The family would really appreciate any kind thoughts, gestures, or donations that would help them through this trying time. Give them a call!

~ A community that Grows Together - Stays Together!

Happy Birthday



Feb. 1st to Feb. 15th, 2013

| | | | | | |
|--------------|---------------|---------|---------------|------------------|---------|
| Tristan | Nahmabin | Feb. 2 | Heidi | Piche | Feb. 10 |
| Trinity | Smith | Feb. 2 | Roderick | Plain | Feb. 10 |
| Patricia A | Williams | Feb. 2 | Michael | Rose | Feb. 10 |
| Albert | Bourque | Feb. 4 | Sharon | Williams | Feb. 10 |
| Brandi | Joe | Feb. 4 | Samantha | Antila | Feb. 11 |
| Glenn | Oliver | Feb. 4 | Carole | Dilion | Feb. 11 |
| Rachel | Piche | Feb. 4 | Janet | Steadman | Feb. 11 |
| Diana | Rogers | Feb. 4 | Matthew | Stone | Feb. 11 |
| Roger | White | Feb. 4 | Joshua | Van Den Assem | Feb. 11 |
| Shayna | Williams | Feb. 4 | Donald | Adams | Feb. 12 |
| Tracy | Buffalo | Feb. 5 | Karen | Davidson | Feb. 12 |
| Richard | Gilbert | Feb. 5 | Clayton | Hamelin | Feb. 12 |
| Raecine | Johnson | Feb. 5 | Patrick R | Nahmabin | Feb. 12 |
| Kyla | Levert | Feb. 5 | Tracey | Williams | Feb. 12 |
| Robin | Maness Sr. | Feb. 5 | Michael G W | James | Feb. 13 |
| Alissa | Myers | Feb. 5 | Tristen Plain | Nahmabin | Feb. 13 |
| Shelley | Nahmabin | Feb. 5 | Timothy A | Plain | Feb. 13 |
| John | Stewart | Feb. 5 | Michael B | Rogers | Feb. 13 |
| Keisha | Walker | Feb. 5 | Tyler | Rogers-Stonefish | Feb. 13 |
| Steven | Fisher | Feb. 6 | Brooke | Tipton | Feb. 13 |
| Errnol David | Gray III | Feb. 6 | Dorothy | White | Feb. 13 |
| Belinda | King | Feb. 6 | Michael | Fisher-Cristovao | Feb. 14 |
| Shawn | Nahmabin | Feb. 6 | Cheyenne | Jackson | Feb. 14 |
| Andrew | Parker | Feb. 6 | Anthony | Quain | Feb. 14 |
| Teresa | Rogers | Feb. 6 | Dennis | Collier | Feb. 15 |
| Thomas | Stager | Feb. 6 | Edna | Cottrelle | Feb. 15 |
| Leona | David | Feb. 7 | David | Davidson II | Feb. 15 |
| Donovan | Gold | Feb. 7 | Stacey | Jonker | Feb. 15 |
| Ronald | Gray | Feb. 7 | Abraham | Meza | Feb. 15 |
| Noah A | Joseph | Feb. 7 | Spencer | Smith | Feb. 15 |
| N'Daanis | Plain | Feb. 7 | | | |
| Marion | Waters | Feb. 7 | | | |
| Patricia L | Williams | Feb. 7 | | | |
| Sara | Williams | Feb. 7 | | | |
| James | Bourgeois | Feb. 9 | | | |
| Branden | Ludlow-Maness | Feb. 9 | | | |
| Anthony R | Plain | Feb. 9 | | | |
| Jusup | Simon | Feb. 9 | | | |
| Rachael | Simon | Feb. 9 | | | |
| Elsie | Williams | Feb. 9 | | | |
| Lisa | Williams | Feb. 9 | | | |
| Brody | Young | Feb. 9 | | | |
| Naomi | Deacon | Feb. 10 | | | |

Happy Birthday

Auntie Bibz & Nephew Tim
Hope your day is filled joy.
Love you both! ~ Bonnie & family

Happy 65th Birthday

To my sister Marion on the 7th
And a Happy Sweet 16
To my grandson Timothy on the 13th
I will Love you always & forever, Liz



TOBACCO ALLOCATION DISTRIBUTION NOTICE

January 2013

All Aamjiwnaang Band Members who are interested in retailing quota cigarettes through the Ministry of Finance are asked to submit an application (available at the Band Office) in a **SEALED ENVELOPE** to:

The Tobacco Allocation Committee
c/o Assistant Band Administrator
978 Tashmoo Ave
Sarnia, ON
N7T 7H5

- The application must be received by **4:30 PM on Monday February 25, 2013.**
- Applicants must have the ability to purchase a minimum number of cartons in advance.
- Late applications for request of quota cigarettes **will not** be considered
- Cigarettes include Export A, Players, DuMaurier and other non-generic brands.
- A decrease in allocation may occur year to year due to an increase in retailers.
- TOBACCO CONTROL FOR MINORS
 - a) The Tobacco Committee is conscious of provider compliance to eliminate the ability of children and youth younger than nineteen to purchase tobacco products in community retail operations.
 - b) Retailers shall sell tobacco in accordance to federal guidelines regarding "the sale of tobacco to minors".

Forklift Training



Industrial Education Cooperative

February 27th, 2013

@ the Maawn Doosh Gumig

" Limited Seating "

ONE DAY

Please contact Marina Plain
519-336-8410 for more details

ATTENTION HOCKEY PLAYERS

Independent LNHL players... We need an accurate count of all band members playing for other reserves.

Please contact Jamie Maness or Verlynn Plain at the Community Centre, please call or email. This is for our records and accounting purposes.

Phone: 519-491-2160

jmaness@aamjiwnaang.ca

vplain@aamjiwnaang.ca

KIDS HELP PHONE

Because life's a challenge—we listen, we help.

(Toll-Free) 1-800-668-6868

Call Anytime – 24/7

Confidential, Anonymous, Professional!

No Need to Give Your Name

*Aamjiwnaang Jr. Hitmen
Little NHL Fundraiser*

**Roast Beef
Dinner Sale!**

**Friday, February 15
11:00 am – Sold Out**

**Aamjiwnaang
Banquet Room**

\$10.00/meal

Dinner Includes:

Roast Beef, Mashed Potatoes,
Gravy, Vegetable, Cole Slaw,
Roll and Desert

Drinks Extra: \$1.00 (Pop/Water)



*Come and sit and eat your lunch
this day or call us for takeout!*

226-402-0567 or 226-402-0151

Delivery available on orders

**FITNESS
B O O T
CAMP**

SATURDAY MORNINGS!

February 9 – March 30

10 AM – 11 AM

Community Centre

****No Classes March 16th****



No sign up required.

For more information please contact
Roberta at 332-6770.

We want to hear from you!

The public is invited to attend

Open Houses

to discuss options for

Managing Contaminated Sediments in the St. Clair River

Tues. Feb. 12 (3-7 pm)

Mooretown

St. Clair Township Office,
1155 Emily Street

Wed. Feb. 13 (3-7 pm)

Sarnia

Clearwater Arena,
1400 Wellington Street

Wed. Feb. 20 (3-7 pm)

Wallaceburg

CBD (Canadian Belgian Dutch) Club,
1342 Dufferin Ave

Tues. Feb. 26 (3-7 pm)

**Aamjiwnaang First Nation
Community Centre,
1972 Virgil Ave**

Mon. March 4 (3-7 pm)

Walpole Island First Nation
Walpole Island Sports Complex,
Tecumseh Road

Presentations at 3:30 and 5:30 pm
followed by questions-and-answers.

For more information:

[http://www.scrca.on.ca/sediment/
sed_management.html](http://www.scrca.on.ca/sediment/sed_management.html)

or call (519) 245-3710 Ext. 228

Letter of Appreciation

The George and Levy families would like to express our heartfelt thanks to everyone who offered their care, compassion, and prayers with the loss of our loved one William "Bill" Calvin George.

A special thanks to our dear friends and family for being there, at our sides, to help us and give us strength. A personal thank you to Chief and Council, Administration Staff, Health Centre Staff, Community Members, K&SPFN Fire Department, Anishinabek Police, Ontario Provincial Police, Search and Rescue Teams, Kettle & Stony Point FN Fishermen, Fire Keepers, Ontario Fisheries, all surrounding First Nations, Victim Services, surrounding Churches, Gilpen's Funeral Home Staff, and Pastor Murray Shawnoo.

Never are we more aware of the meaning of "community" than at a time of bereavement. Your thoughtfulness helped to ease our sorrow. We are very appreciative for your expressions of sympathy through the many cards, beautiful flowers and tributes, monetary donations, provisions of food and refreshments from businesses and families, including the preparation, serving, and clean-up. Your contributions of shelter, fuel, and firewood helped to bring comfort and keep us strong. Your overwhelming demonstration of kindness and support will continue to ease our pain.

The wonderful memories of Bill will remain in our hearts forever. He is cherished and will be remembered as a loving father, partner, grandfather, brother, uncle, cousin, and friend. His teachings will be passed on through generations as we remember his love of life, kindness, courage, and wisdom.

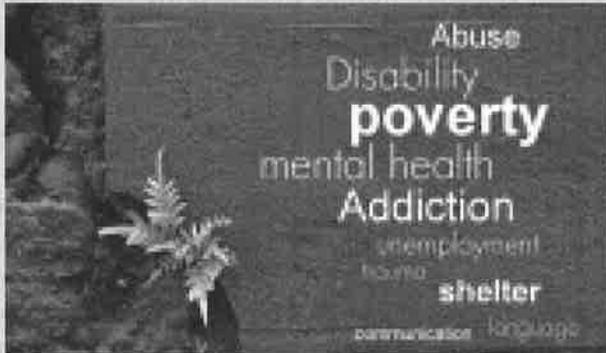
Please accept our sincere appreciation for the outpouring of care and concern through your presence and your personal offerings. We are forever grateful.

Sincerely:

The George and Levy Families



Breaking Barriers Call for Submissions



The Breaking Barriers exhibition focus is to create an understanding of lived experiences. The exhibition seeks to highlight resilience and resourcefulness in coping with barriers. A barrier can be anything that one must overcome to reach a goal, even if the goal is simply to survive. Breaking Barriers is an exhibition for creative expression that empowers, builds awareness, and facilitates partnerships and collaborations.

Open to all 2D and 3D visual art (painting, mixed media, photography, sculpture, textile art, installations, etc.) Please include a typed "Artists Statement" relating to the theme, Breaking Barriers, to be displayed with your artwork. Artists must attach a contact card and a sale price if your art is for sale, or NFS (not for sale) to the back of the artwork and in a separate envelope.

Deadline

Sat., March 2, 2013 @ 4pm

Art Exhibition

March 5 - 30, 2013

Entries must be submitted to:

**Left Wing Art Gallery and Tattoo Parlour
43 William Street North
Chatham, ON N7M 4L3**

Gallery Hours:

Tues.—Sat. 11am—7:00pm

For more information on how to submit:

<http://www.leamingtonartscentre.com/>

*Sponsored by: Art Indeed,
Wellness Through Creativity & B.J. Décor*

See Bonnie Plain at the Band Office if you wish to have a detailed flyer/entry form.

INDOOR WALKING



TUESDAY'S

**STARTING February 5
TILL March 26**

(No class on March 5)

Community Centre - GYM

Open to everyone

9:30 - 10:30 am

No sign-up required

Walking Benefits

- ◆ Lower "bad" cholesterol
- ◆ Raise "good" cholesterol
- ◆ Lower blood pressure
- ◆ Reduce your risk of or manages type 2 diabetes
- ◆ Manage your weight
- ◆ Improve your mood
- ◆ Stay strong and fit



****Please bring clean footwear****

For more information please call
Peggy or Jessica at 519-332-6770

1st Annual Honoring our Grandparents Round Dance

February 23, 2013

Konung Dguc6

Pipe Ceremony: 5:00pm (Anishinabe Time)
 Pot Luck Feast: Following Pipe Ceremony
 Round Dance: 7:00pm—1:00am
 4th Meal: 11:00pm
 Stickmen: Dan Isaac & Matt Isaac
 Emcee: Nathan Isaac

All Singers Invited!

The lead singers chosen to lead a set of songs will receive an honorarium. All participating singers will be acknowledged.

- ⇒ 50/50 Raffles
- ⇒ Cake Walk Round Dance
- ⇒ Prize Raffle (Possible Toonie Auction)
- ⇒ Concession Booth

- *All proceeds/donations support this Round Dance by providing honoraria to Singers.
- *Bring folding chairs/blankets to sit on
- *Sound provided by ReZonance Productions
- *Singers bring your own hand drum & stick
- *Bring a dish for the Pot Luck Feast

Maawn Doosh Gumig Community Centre
 1972 Virgil Ave. Sarnia, Ontario, Canada
 Aamjiwnaang First Nation

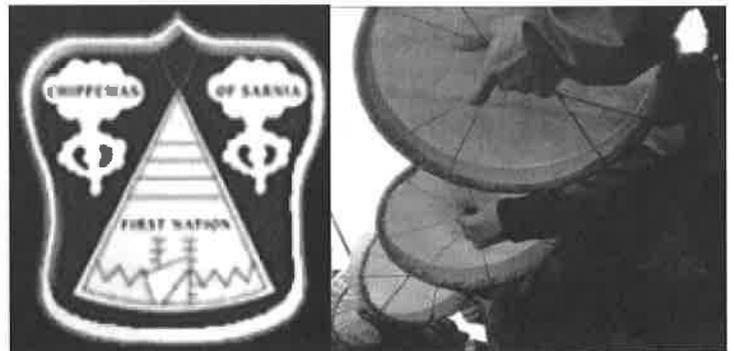
Hosted by the family, friends and
 communities of
Crazy Spirit Singers

Crazy Spirit would like to honor their grandparents and celebrate the life of their late grandmother, Val White. It's been 3 years since she passed into the spirit world. As a long time employee at the community's day care, she touched the lives of many children. She is a grandmother to many.

All communities are invited to enjoy this celebration of grandparents. Bring your grandparents/beloved elders to honor them. There will be time throughout the evening for words of gratitude and love to be shared. In this way we can say "Chi-Miigwetch" to all our grandparents for the many gifts they have provided for us over the years. This is also a time to remember our grandparents/elders who have passed into the Spirit World.



#RoundDanceRevolution



**The Anishinabek of Aamjiwnaang invite
 all nations to attend!**

**Good food, Good friends, Good laughs,
 Good music, Good times, Good life!**

Nathan (989)954-4471
 Cid (519)330-3596

RESEARCHING HEALTH IN ONTARIO COMMUNITIES is coming to Aamjiwnaang



This project will lead to a better understanding of mental health, substance use, and violence problems. It will help us to develop strategies for improving prevention and treatment programs.



The Centre for Addiction and Mental Health (CAMH) will be coming to our community to conduct research on mental health, substance use, and violence. This project has been recommended by the Aamjiwnaang First Nation Health Committee and approved by Chief and Council.

CAMH, in partnership with the Health Centre, is currently recruiting a Research Associate and 3 Research Assistants to work with our community to collect the data. CAMH's new mobile research lab will be parked at the Community Centre for 3 months while data is collected.

Participants will be randomly selected to complete a questionnaire about community well-being, mental health, substance use and violence. They will also be asked to provide a hair and saliva sample to examine biological factors associated with mental health and alcohol use. Participation is voluntary and participants will be compensated for their time (\$50 in gift certificates).

For the second part of the study we will be recruiting individuals and/or their family members to share their experience in trying to access help for mental health, substance use or violence problems. Participants will be interviewed and compensated for their time (\$25 in gift certificates).

At the end of the study, CAMH will provide community data that will be very useful in planning programs and services for our community. They will also help us in designing a model of treatment and services for mental health, substance use and violence.

Please watch for upcoming notices and information.

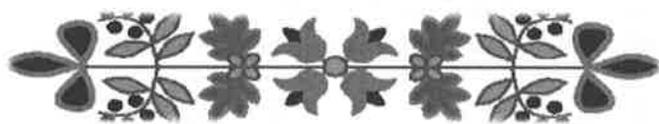
The mobile research lab has been housed in Kettle & Stony Point for the last few months and will make its way to Aamjiwnaang in February.





“BAND TOGETHER 4 HEALTH”

Cooking, Education, & Exercise Class



Where? Maawn Doosh Gumig
Community Centre

When? Tuesdays & Thursdays
from 1:30 –3:00 pm
January 15 to March 5

Who? Everyone!

Call Dorothy at
The Health Centre
For more info
519-332-6770



North Lambton
Community Health Centre

A FAMILY ZUMBA



Monday
Feb 4, 2013
At 4:00 pm

Community Center
Banquet Room



RESOURCE CENTRE SCHEDULE

Aamjiwnaang's Alternative and
Continuing Education for Adults

Tuesday & Thursday

AACE: 9:00—2:00

Are you 18 years or older, and would like to increase your confidence and ability for:

- Greater independence, in today's electronic world?
- High School course work?
- GED or Trade's Exams?
- Employment?

Then you'll want to check out...

Aamjiwnaang's Literacy and
Basic Skills (LBS)

Program Tuesday & Thursday 9 - 2

**EMPLOYMENT
ONTARIO**
Ontario's employment & training network



Youth Kickboxing Continues!!!

Featuring Instructors from
First Infantry MMA
Ages 8-14



FRIDAY NIGHT'S

January 11th – March 22nd
4:30 pm – 5:30 pm

For more information please contact Roberta
at the Health Centre 519-332-6770.



Beading Class

Every 2nd & 4th Tuesday
of the month

6:00-8:00

At the Youth/Community
Center Craft Room

Make your Own "Nish" **Bling**

Ages: 10 yrs-Adult

For more call Valerie at 519-491-1374

With Sue Williams

Ojibway Language Class

Maawn Doosh Gumig Homework Room

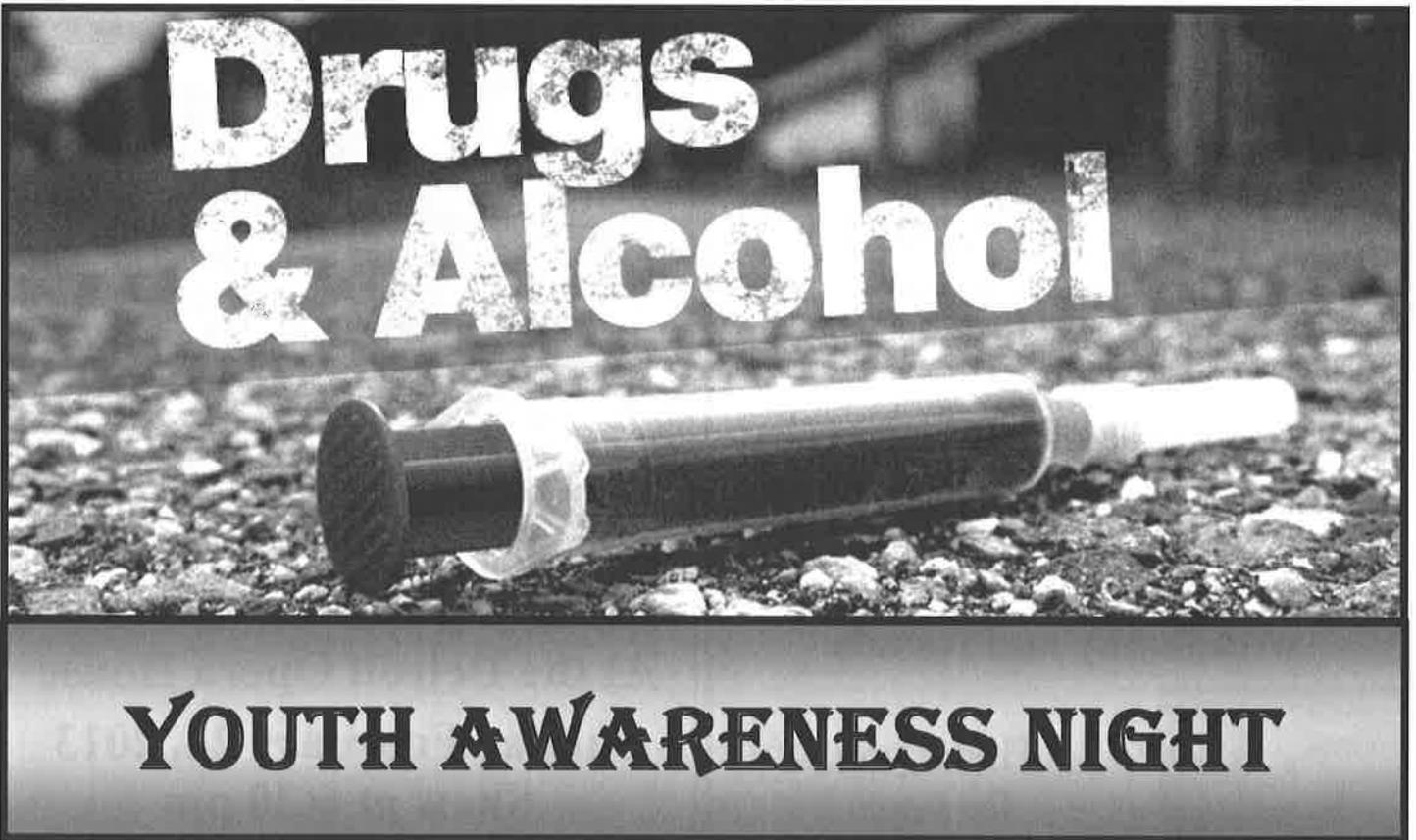
With Fran Pawis

Thursdays 6:00-8:00

Ages: 10 years—Adults

Call Val at 519-491-1374
for more information





- Learn about harmful drugs
- Learn the effects of harmful drugs
- Learn great tips that'll help you deal with peer pressure

Wednesday, February 6, 2013



5:00 – 7:00 pm

**Youth Room
Special Guests**



☺ Awesome Door Prizes ☺

For further information please call Val at 519-491-2160

Attention
Home & Community Care
Clients & Family Members

February 11th, 2013
Is Family Day

There will be **NO SERVICE** on this day.

Regular hours will resume
Tuesday February, 12th, 2013

Enjoy your Family Day
with family and friends.



Thank you
 for your
 cooperation
 & understanding.

Becky Adams, H&CC Clerk

POW-WOW COMMITTEE



2013 Pow-Wow Committee
Is looking for interested members

First Meeting is on
Wednesday, Feb. 6th, 2013
At the Community Centre
At 5:00 p.m.

More info to follow

If you have any questions,
 please contact Tracy Williams at
 519-336-8410 ext. 237



Senior & Youth
(Youth 10-18 Yrs.)

At the Detroit Opera House

Sunday February 24, 2013

Show at 6:30 pm

We will be leaving the
 Community Center at 2:30 am

Supper will be on your own.

22 Senior/ 22 youth

One youth per Senior

Sign-up starts at 9am

February 6, 2013

Please call Valerie at
 519-491 2160

We will need everyone's name and
 Birth date.

***Please bring your status card**

NOTE: It is very important that you
 call to let us know if you cannot
make the trip. Tickets are expensive
 and there is usually a waiting list.

Wisdom of the Mam Mayan

"When a wise one speaks, it is not to convince the incredulous. They do it to guide and awaken the consciousness of those that follow the path towards consciousness. Their words are not only for intellectual debate or for the nourishment of the spirit. In actuality, the spirituality of these prophetic times are not limited to contemplation and meditation. Today spirituality is synonymous with action; and action is every act of your life, in harmony with Mother Nature, and most importantly the harmony within ourselves, and in relation to the way in which we live."

This message begins from being with the elders and Aj'qij'ab (Mayan priests) of the Quiche Maya people on the Cerro Turkaj of Chichicastenango in the highlands of Guatemala on April 9th, 2002, at the start of the celebration for the beginning of the cycle of the sacred Tzolkin, known as the sacred Mayan calendar of 260 days. We received a phone call from a spiritual brother, Dr. Marco Cagastume G., that transmitted the words of the eldest wise one from the town of the Mam, member of the council of the grand confederation of Ajq'ij'ab, wise-ones, elders and Mayan principals. His call was of simple but very strong words.

There was a tone of desperation, incredulousness; his strength and desire was to shake us from unconsciousness. He told us, "Enough is enough! Don't you realize the damage that you are doing to your home? When did you lose your sense of reason? When did you lose the respect for our mother earth?" He would ask, "Why haven't we taken action towards the implacable destruction we make every day, all the contamination? How is it that you can sleep at night, having this knowledge? Is it that perhaps we don't feel a responsibility for what is happening? The reality is we do have a responsibility, a very big one. By our permitting a few others who have suspect economic interest to do what they want without our putting a stop to this action, we become equally responsible. Is it not enough to see how the climate has changed? How the earth is contaminated, as well as the air? How the rivers are poisoned, and without mentioning, the oceans as well? Where are our green Mountains? Where did the spiritual guardians run off to? Where will the jaguars, the birds and the flowers inhabit? And the rest of the brothers and sisters that gives joy and balance to life? Why have we let mother earth dry up? And then we become frightened of the floods, the plagues and the earthquakes? All of this, WHY? You know the answer. It seems we only live for the moment. We only live to obtain the material illusions, the uncontrollable consumerism of things that don't serve us. Things that pacify us, distract

us and make us feel as though we are somebody. What to say of the spiritual guides? This call is primarily for them, and for all the beings that are working for the light. Let's take awareness - it is time to assume the role that they are responsible for. It can all be put into one simple word: UNITY! Let it bring us harmony and a return of consciousness. Harmony with mother earth, respect for each other, respect to our brothers and sisters the animals, towards the plants and most of all, toward ourselves. Ask your grandmother, your grandfather, the elders - they have the peace and the wisdom, the awareness. Listen to the wind. Hug the ancient trees and ask them. Listen to the river or simply quiet your mind. You will see that the answer, the truth is within yourself, in the depth of your soul - then you will know that you are a warrior of the light, of the peace, of love and of harmony. And then raise your voice - without violence, but with strength. All of us united will reconstruct the wonder of life. Please, let's return to be human beings!"

Those working with the negativity are clear in their purpose. They are the owners and lovers of the material world. They govern with their power and with the illusions that they create. They have most of humanity half asleep. A human being has become an object for the purpose of production, to generate certain output during their lives. Today, s/he is a number, and object which creates necessities and useless gratifications that fills the void of their unconsciousness. Those working with the negativity are clear in their roles - they don't discuss hierarchy, they know who the boss is in the different levels of power and they do their job with precision. The contrary exists in the side of the light. Here there is no idea of hierarchies - every person goes off on their own, each one with their own ego. They believe they are the owners of the truth, the wisdom and in their egoism scream to the four winds that they are the path of salvation. Many don't have a sense of what is happening. They have sold the knowledge that has been given to them. One of the gravest situations is that many cults and "new age" movements have emerged. Let it be clear that we are not against their work, but we are suggesting they return to the origin where their techniques came from. Many of them were taken from ancestral traditions - but only in bits and pieces, not in their entirety. Although it may work for specific aspects, the most essential elements have been left aside - the integral and harmonious development. We know that they are necessary steps for development and are a bridge or a path towards the essence of the great traditions, but it is important to recognize the origin of their techniques and to guide the persons towards the depth of the highest spirituality. The call is for unity, to leave aside all differences, to find respect and tolerance, to create the balance. It is true that when a white magician is born, a dark magician is born as well. The ones that are being born now are not wasting any time and they are clear on their mission.

Cont'd...

QUILTING WITH SENIORS

**January 22 - ongoing
Tuesday evenings 6-8 pm**

**Community Centre
Library Room**

We can also quilt on Thursday
afternoons from 2:00 - 4:00.

If you have any squares,
please bring them
or drop them off.

We will be sewing the quilt
together.

Please bring your own scissors.

**12 years -100 years.
Everyone welcome.**

Sign up with Peggy,
519-332-6770

SENIORS MOVIE NIGHTS



**Wednesday,
February 13 & 27
6 pm - 8 pm**

**Seniors Drop-In Room
Popcorn and refreshments
will be supplied
Come on out and relax**

"CONGREGATE DINING"

**Wednesdays,
Seniors Drop-In Room
12 - 1 pm**

**Come on out.....
socialize and enjoy a home-cooked,
nutritious, delicious meal!**



***Hope to see
you there!***
**Any questions,
give Peggy a call
519-332-6770**

**Senior's
Pizza & Euchre Night**

**Wednesday,
February 20, 5-8pm**

Seniors Drop-In Room

**Call Peggy, 519-332-6770,
if you plan on attending.**

“A Medicine Bag for Life”

***Practical Youth Teachings
Aamjiwnaang First Nation
Community Centre***

***Tuesday, March 5, 2013
9:00 am – 3:15 pm***



***Presented by:
Billy Rogers***

Billy Rogers is a nationally recognized trainer and speaker who has been working in Native North America Communities for 27 years. He provides training sessions in many areas including native leadership, staff development, self-care, parenting, healthy relationships, youth life skills and personal lifestyle change. Billy is well known for his *direct, down to earth, yet humorous* style of teaching.

Youth ages 13—18 yrs.

Call reception at Health Centre,
519-332-6770, before
February 15 to attend.

Attendance will be taken when
attending workshop

**SNACKS AND LUNCH WILL
BE PROVIDED**

GREAT DOOR PRIZES TO BE WON!!

“Living A Life With Grace”

***Seniors & Elders Session
Aamjiwnaang First Nation
Community Centre***

***Wednesday, March 6, 2013
9:00 am – noon***



***Presented by:
Billy Rogers***

Billy Rogers is a nationally recognized trainer and speaker who has been working in Native North America Communities for 27 years. He provides training sessions in many areas including native leadership, staff development, self-care, parenting, healthy relationships, youth life skills and personal lifestyle change. Billy is well known for his *direct, down to earth, yet humorous* style of teaching.

Call Peggy at Health Centre,
519-332-6770, by
February 26 to attend.

**SNACKS AND LUNCH
WILL BE PROVIDED**

**GREAT DOOR PRIZES
TO BE WON!!**



Anishinaabewin NIIWIN

FOUR RISING WINDS

A conference celebrating all things Anishinaabe, in the voices of our own elders, youth, teachers and scholars. Presented by the Ojibwe Cultural Foundation. Open to all!

REGISTRATION

EARLYBIRD (until Feb 8):
\$200 both days, \$110 single day

REGULAR (after Feb 8):
\$250 both days, \$135 single day

STUDENTS AND ELDERS:
\$140 both days, \$75 single day

MAIL Ojibwe Cultural Foundation
P.O. Box 278, 15 Hwy 551
M'Chigeong, ON, P0P 1G0

PHONE (705) 377-4902
FAX (705) 377-5460
EMAIL info@ojibweculture.ca

VENUE AND ACCOMMODATIONS

Holiday Inn, 1696 Regent St, Sudbury, Ontario

Conference rate \$119 (standard), or \$130 (business), before Feb 13 only, with code "ANI".

Call the Holiday Inn at (705) 522-3000 to reserve.

VENDORS

\$75 both days, \$50 single day. Contact OCF to reserve

CRAFT WORKSHOPS

Beadwork and quillwork sessions throughout both days, \$10 / session, 10 spots daily, sign up at registration desk.



MARCH 8-9, 2013

@ THE HOLIDAY INN, SUDBURY



Aboriginal Affairs and
Northern Development Canada

Affaires autochtones et
Développement du Nord Canada

WWW.OJIBWECULTURE.CA

(705) 377-4902

Anishinaabewin NIIWIN

FOUR RISING WINDS

MARCH 8-9, 2013

Name: _____

Organization: _____

Address: _____ Phone: _____

_____ Fax: _____

_____ Email: _____

Registration – earlybird deadline February 8

| | | | | |
|----------------|---|---|---|---|
| Both days: | <input type="checkbox"/> Regular price: \$250 | <input type="checkbox"/> Earlybird: \$200 | <input type="checkbox"/> Student/Elder: \$140 | <input type="checkbox"/> Vendor: \$75/table |
| Friday only: | <input type="checkbox"/> Regular price: \$135 | <input type="checkbox"/> Earlybird: \$110 | <input type="checkbox"/> Student/Elder: \$75 | <input type="checkbox"/> Vendor: \$50/table |
| Saturday only: | <input type="checkbox"/> Regular price: \$135 | <input type="checkbox"/> Earlybird: \$110 | <input type="checkbox"/> Student/Elder: \$75 | <input type="checkbox"/> Vendor: \$50/table |

- Includes refreshments and all conference sessions. Vendor registration includes refreshments but not sessions.
- Application AND payment must reach our office by February 8 for early-bird prices, and by March 4 for all mail-in forms. Registration and payment also available at the door both days.

Payment - made out to the *Ojibwe Cultural Foundation*

Cash/Cheque

Purchase order Purchase order # _____ Organization: _____

Credit Card Name on card: _____ Card Type: _____

Card Number: _____ Expiry Date: _____

I hereby authorize Ojibwe Cultural Foundation to charge \$ _____ to the above credit card.

Signed: _____, Date: _____

Cancellation/Substitutions

Cancellations must be faxed in no later than March 4 for a full refund. No refunds issued for cancellations after this date, or for no-shows. Substitutions accepted at any time.

Venue and Accomodations

Holiday Inn Sudbury (1696 Regent St), to reserve rooms call 705-522-3000, or visit www.hisudbury.ca.

Reserve your room by February 13 using code "ANI" for conference discount of \$119 (standard) or \$130 (business).

Contact info

Anishinaabewin Conference
Ojibwe Cultural Foundation
PO Box 278, 15 Hwy 551
M'Chigaming, ON, P0P 1G0

phone: 705-377-4902
fax: 705-377-5460
info@ojibweculture.ca

3rd Annual I.E.C. Hockey Challenge

I.E.C. Sports Program

Date: Monday February 4, 2013

Hosted By:
IEC FNSSP Physical Wellness Program



@ Mooretown Sports Complex

There will be a Sr. & Jr. Division

- ♦ Senior Division—Grades 7 & 8
- ♦ Junior Division—Grades 4, 5 & 6

No cost for entry

- * Must provide own transportation
- * Food & refreshments available for sale
- * Participants receive a meal ticket for lunch
- * Trophy for championship (division teams)
- * Individual medallions (championship teams)

To register contact Norm Logan
519-692-3651 or by email at:
norm@ieceducation.com

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Sarnia, Ontario N7T 7H5
Tel (519)332-4894 Fax (519)332-5982

“Our Vision— Your Well Being—Our Coverage”

Jr. Hitmen Ice-Time Schedule

| | | |
|-------------------------|---------------|--------------------|
| Tyke - Sat. at 4 pm | | |
| Novice - Sat. at 5pm | | |
| Atoms - Sat. at 6pm | | |
| February | 2, 8, 16, | No ice-time Feb 23 |
| March | 2 | |
| Peewee - Sundays at 6pm | | |
| February | 3, 10, 17, 24 | |
| March | 3 | |

SATURDAY SKATE/SWIM SCHEDULE MOORETOWN SPORTS COMPLEX

| | | <u>SWIM</u> | <u>SKATE</u> |
|----------|----|-------------|--------------|
| February | 2 | 3 – 4 pm | 7 – 8 pm |
| February | 9 | 3 – 4 pm | 7 – 8 pm |
| February | 16 | 3 – 4 pm | 7 – 8 pm |
| March | 2 | 3 – 4 pm | 7 – 8 pm |

Children need to be accompanied by an adult at all times during Skate and Swim times.

Hockey sticks and pucks are not allowed on the ice during these Skating sessions (smaller kids might get hurt).

Everyone is Welcome...as it is funded by NCB (National Child Benefit) program

Danie Mclean

Anyone can attend—whether **you OR your family member**—or friend—is struggling with **addiction**. Danie provides information and/or counseling to anyone wishing more information regarding treatment options. We are fortunate to have Danie join us

Every second Tuesday of each month.

❖ **Location – United Church basement**

❖ **9 am - 12 pm**

DANIE CAN BE REACHED AT:

Cell: 519-786-8164 or

Home: 519-786-3893

Travelling Seniors

Wanted: STUDENT Volunteers

Did you know that the Travelling Seniors are seeking High School Students.

With us, you :

Will gain experience on Fund Raising activities

Will gain new friendships with older members of the community

May see the value of helping others in need of support

Will be able to use volunteer hours towards your Secondary School diploma.

You can work as many or as little hours as you wish throughout your secondary school year(s). If you are interested sign up below or why not give us a call :

| NAME (PLEASE PRINT) | HOME PHONE or CELL |
|---------------------|--------------------|
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |

Tina Johnson @ 519-337-9959 or

Jacky Cunningham @ 519-339-2444 (work phone)

Wanted: New Members

Why not join The Travelling Seniors and find new friends.

If you will be 55 or older in 2013 AND you want to belong to a fun group of people. Don't wait any longer, join our group.

Fundraising gets our senior members out to socialize and help earn cash towards our trips. The 2013 Fundraising has begun. Help to decide where our next trip takes us. **YOUR** New ideas are always **Welcome**.

You only need a desire to Help.

Upcoming Meetings:

Wednesday, February 06, 2013

Where: Community Centre - Senior's Lounge @ 6 PM
PLEASE COME OUT !

Winners of the TV and 50/50 are:

TV - **Geovanni Verrachario** of Corunna

50/50 - **Joan Sparks** of Sarnia



Travelling Seniors Fundraiser **MEAT BINGO**

Thursday, February 21, 2013

Time: 6:00 PM ~ Kitchen opens 5 PM

Where: Community Centre

Cost: When you purchase a 2 Strip Book @ \$15,
get 1 strip for \$5 more

**** NEW ****

**2 mid game Specials
Family Size
Meat Package Prizes**



First Nations and Mental Wellness

In many First Nations communities, good health was, and often still is, a result of a balance of ones entire being, 'mind, body and spirit.' Mental health is but one component of an intricate web of First Nations peoples' genealogical make up. For First Nations, history, culture, traditions, spirituality and identity are all critical to well being and positive mental health. Without these essential foundations, well-being and good health cannot be attained. (Source: NAHO)

Through extensive dialogue and consultation, the Mental Wellness Advisory Committee helped develop a definition of mental wellness that is accepted by First Nations people. Mental wellness is described as: "a lifelong journey to achieve wellness and balance of body, mind and spirit. Mental wellness includes self-esteem, personal dignity, cultural identity and connectedness in the presence of a harmonious physical, emotional, mental and spiritual wellness. Mental wellness must be defined in terms of the values and beliefs of Inuit and First Nations people."

The Mental Health Advisory Committee helped develop a broad vision of mental wellness for First Nations and Inuit). The vision is that: "First Nations and Inuit embrace the achievement of whole health (physical, mental, emotional, spiritual, social and economic well-being) through a comprehensive and coordinated approach that respects, values and utilizes traditional and cultural knowledge, methodologies, languages and ways of knowing."

Medicine Wheel

The number four is very sacred to the First Nations. The Medicine Wheel is an ancient Aboriginal abstract symbol that stands for "the sacredness of four." It is used by many First Nations and Métis as a symbol of the life, health and values of an individual, community or Nation. It is generally thought to have come from the Indigenous cultures of the Great Plains, but it's used by many different cultures throughout North America. However, it's not used in all the traditions of all First Nations and Métis. It isn't an Inuit concept and isn't used in Inuit cultural practices in any way.

Each Nation has its own concepts, relationships and teachings about the Medicine Wheel, but as an example, here is some information about the Medicine Wheel from the Ojibway (or Anishinaabe) perspective.

How does the number four work in the Medicine Wheel?

Usually, four spokes create four quadrants on the Wheel. The quadrants can represent many different ideas or concepts and their relationship to each other, the universe and the individual, such as:

- ◆ The four directions
- ◆ The four seasons
- ◆ The four parts of a person: mental (mind), physical (body), spiritual and emotional
- ◆ The four stages of life: childhood, youth, adulthood and Elder
- ◆ The four distinct colours which also have symbolic meanings

There are also four sacred medicines that represent each colour and wind direction:

- 1) **Wiingashk** (*sweetgrass*) represents the hair of mother earth, so it is often braided. Wiingashk is known for its beautiful aroma when it's used for cleansing. The end of the sweetgrass braid is lit, which produces a cleansing and purifying smoke.
- 2) **Semma** (*tobacco*) is used to offer prayers at the Sacred Fire where people burn semma and/or tobacco ties. Semma is also smoked in a sacred pipe or can be placed on the ground.
- 3) **Keezhik** (*cedar*) is cleaned from the branches and is used to make tea, to bath in, or as an offering to the sacred fire. Keezhik is useful for cleansing and helping to get rid of negative energy.
- 4) **Shkodawabuk** (*sage*) is generally used for smudging but you can make a tea to detoxify. Sage and cedar are women's medicines. They are the only medicines that women on their moon can use to smudge with.



What does wellness mean to you?

The Assembly of First Nations (AFN) invites you and your community to contribute to a First Nations Mental Wellness Storybook. We are looking for stories, poems and artwork that express mental wellness within your community and highlight what makes your community great! The AFN wants to honour the remarkable projects and activities happening in First Nations communities across Canada that support and promote mental wellness and community empowerment. The final document will be shared with communities, policy makers and other organizations across Canada as a way of honouring some of the great things happening in the area of mental wellness.

Remember, be creative!! Photos, stories, written works, drawing, painting, artwork—use anything that helps you express wellness. Submissions are encouraged to cover all aspects of mental wellness including, but not limited to: sports and recreation, peer counseling, community projects or events, children and youth activities, educational programs, etc.

Please note: any original submission received by mail to AFN will not be returned to the artist and any personal identifiers will be removed.

Storybook submissions and artwork, with your name and contact information included, will be due into the AFN no later than, **Friday February 15, 2013**. Submissions can be sent by mail to:

Sarah MacDonald
Assembly of First Nations
473 Albert Street, 9th Floor
Ottawa, ON
K1R 5B4

Or by email to: smacdonald@afn.ca

This is a great opportunity to have your creative expressions featured in a national publication; we look forward to hearing about some of the great things happening in your community.





Kanawayhitowin



*Community Action Campaign to Prevent
Woman Abuse in Aboriginal Communities*

Date: February 28th & March 1st
Time: 9:00 am – 4:00 pm
Place: Aamjiwnaang Health Centre
Lunch & Snacks provided

**2 - Day
Facilitator
Training**

*****Space is limited please contact Roberta Bressette
at 519-332-6770 to sign up.*****

For more information visit <http://www.kanawayhitowin.ca/>



RISE AGAINST VIOLENCE * DANCE FOR THE EMPOWERMENT OF ALL

When one billion people
around the world rise
and dance in solidarity,
we shake in a new
consciousness.

SHAKE IT SARNIA-LAMBTON



Unmute our voices.

**According to the UN,
over 1 billion women in the world will face violence in their lives.
And men suffer too. It is about respect for all.**

**Dancing moves beyond awareness into inspired action
Join together for joyful expression
A multi-generational community-building event
Wear red as the colour of love**

**Gather Downtown at The Peace Square
Corner of Lochiel & Christina
12:00-1:00 PM**



Aamjiwnaang First Nation
Employment Opportunity
POSITION DESCRIPTION
Literacy Specialist

REPORTING RELATIONSHIP:

Reports to, and works under the direction of, the Education Services Coordinator.

PURPOSE OF THE POSITION:

The Literacy Specialist position was established to improve success for students who struggle in reading and comprehension skills. This community reading program will help students improve their literacy levels and future outcomes.

SCOPE OF THE POSITION:

To provide leadership, coordination, collaboration, and innovation to plan and implement a quality reading program that meets the needs of all students. Provides direct services to students individually and in small group sessions, along with assessing and monitoring student progress is a key function of the position. The literacy program shall be offered within the policies and procedures established by the Band Administrator and as directed by the Education Services Coordinator.

RESPONSIBILITIES:

- Work collaboratively with the education department to plan, guide and implement a reading intervention program.
- Develop lesson plans, provide a variety of instructional techniques and teaching strategies and activities (e.g. phonemic awareness, vocabulary development, site words, leveled reader books)
- Evaluate and make recommendation for interventions for students
- Provides personal attention to individuals and/or small group instruction
- Familiarity with early reading assessment reports
- Collects information to track student's data, learning, progress, and level of achievement
- Works with staff to maintain the literature collection
- Mentor support staff in literacy instruction and attends planning meetings as needed
- Communicates with parents and teachers as needed
- Ability to research for best practices in literacy development
- Ability to incorporate technology into the reading program
- Perform any and all other related duties assigned by the Education Services Coordinator

QUALIFICATIONS

Bachelor's Degree with related teaching experience preferred.

Excellent communication skills and sensitivity to the developmental stages and well-being of children

TERMS OF EMPLOYMENT

The position is a contract for 10 hours per week until the end of 2013 school year.

APPLICATIONS MUST INCLUDE:

1. Cover letter with contact information
2. Resume listing education and work experience
3. At least two letters of reference

Please submit resumes through the Band Office, email, or fax to:

Vicki Ware, MSW
Education Coordinator
Aamjiwnaang First Nation
978 Tashmoo Avenue
Sarnia, ON N7T 7H5
Email: vware@aamjiwnaang.ca
Fax: 519-336-0382

Deadline for applications is:

February 1, 2013 at 4:30 p.m.



EMPLOYMENT OPPORTUNITY AAMJIWNAANG FIRST NATION

Congregate Dining Cook (Casual)

Qualifications:

- Experience in food planning and food preparation for groups of 20 or more
- Demonstrated knowledge and commitment to healthy food selections
- Must have an understanding of proper nutrition for seniors
- Experience operating and cleaning various kitchen equipment
- Knowledge of infection control measures
- Good interpersonal skills and enjoy working with seniors
- Able to accept direction, work independently and as a team player
- Valid driver's license and access to a dependable vehicle
- Must be willing to obtain requirements for: Food Handler's Course, CPR/First Aid, Convection Oven

Job Summary:

- Responsible to the Home and Community Care Case Manager
- Will prepare a weekly meal for the Senior's Congregate Dining Program. Program schedule subject to change based upon the budget, participation and other special circumstances.
- Create a weekly menu plan in accordance with Canada's Food Guide; taking into consideration the special dietary needs of clients
- Assist in planning and monitoring the food and supply budget
- Purchase and store groceries and supplies in a cost-efficient manner
- Meal preparation; including prep work, cooking and plating
- Clean the kitchen area and assist in cleaning the dining area after each meal
- Attend training opportunities as directed by the program supervisor

Include a cover letter, resume and **three references.**

Forward to: Band Administrator
Aamjiwnaang First Nation
978 Tashmoo Ave.
Sarnia, ON N7T 7H5
Fax: 519-336-0382

Deadline: All applications must be received by **February 15, 2013 at 4:00pm**

"EMPLOYMENT OPPORTUNITY"
SARNIA-LAMBTON NATIVE FRIENDSHIP CENTRE
requires a
WASA-NABIN YOUTH PROGRAM WORKER

LOCATION: SARNIA, ON

START DATE: MARCH 2013

SALARY: D.O.E. (CONTRACT)

Wasa-Nabin is an Ojibway word meaning "to look ahead". The purpose of the Wasa-Nabin Youth Program is to provide support and guidance within a cultural framework for youth aged 13 - 18 who are at-risk for specific negative behaviours and outcomes as a result of their circumstances in life. It is hoped that youth involved with the Program will enhance their skills, knowledge, attitudes and values and will demonstrate positive personal choices and awareness of the consequences of negative behaviours.

SUPERVISION: Employed by Sarnia-Lambton Native Friendship Centre, supervised by the SLNFC Executive Director.

DUTIES AND RESPONSIBILITIES:

1. To promote awareness and ensure access to the Wasa-Nabin Youth Program.
2. To plan, organize, supervise and evaluate Wasa-Nabin Youth sponsored activities.
3. To increase cultural understanding and to promote inter-generational activities.
4. To ensure accurate records and reports are completed for all Wasa-Nabin Youth Program activities.
5. To ensure the maintenance and security of confidential information.
6. To engage in 'one-on-one' and family counselling and support for Wasa-Nabin youth/families.
7. To ensure that referral systems are in place for area social/support agencies for youth/family services.
8. To refer youth/families to appropriate services as required to meet their needs and to document the results of those referrals.
9. To participate in the training and evaluation process to ensure continued growth and development of the Wasa-Nabin Youth Program.
10. Other relevant duties as assigned by the Executive Director.

QUALIFICATIONS:

1. MUST have a High School Diploma or equivalent and MUST have College/University related courses, certification or diploma in Children/Youth Services and/or a related Social/Human Services field.
2. MUST have a minimum of 3 years working knowledge and experience of social, cultural and recreational needs and interests of youth between the ages of 13 - 18.
3. MUST have a working knowledge of Aboriginal and diverse cultures common to area.
4. MUST have experience with case management and the ability to work collaboratively with youth, their families as well as with local and provincial agencies.
5. MUST have a clean/clear Vulnerable CPIC (Police clearance is mandatory, before employment can be offered)
6. MUST have a valid Canadian driver's license - Class G (Class F is preferable)
7. MUST have a clean driving record and provide a Driver's Abstract (3 years)
8. MUST be able to travel to attend local, provincial, national training and conferences, as required.
9. Should have excellent planning and communication skills (both written and oral)
10. Should have working experience writing detailed written reports and working within a budget.
11. Aboriginal ancestry an asset

SUBMIT RESUME, COVER LETTER, CPIC, DRIVERS ABSTRACT AND THREE WORK REFERENCES TO:

Sarnia-Lambton Native Friendship Centre
Naomi R. Wilson, Executive Director
233 Lochiel Street, Sarnia ON N7T 4C9
RE: WASA-NABIN YOUTH PROGRAM WORKER

DEADLINE FOR APPLICATIONS: Friday February 15th, 2013 @ 4:30 pm (no exceptions)

We would like to thank all applicants, however, only those selected for an interview will be contacted.

London
Museum of Archaeology

AN AFFILIATE OF THE UNIVERSITY OF WESTERN ONTARIO



WINTER VILLAGE FAMILY FUN DAY

*Experience Wintertime Fun
in London's First Village*

Family Day

Monday, February 18

10am—4pm



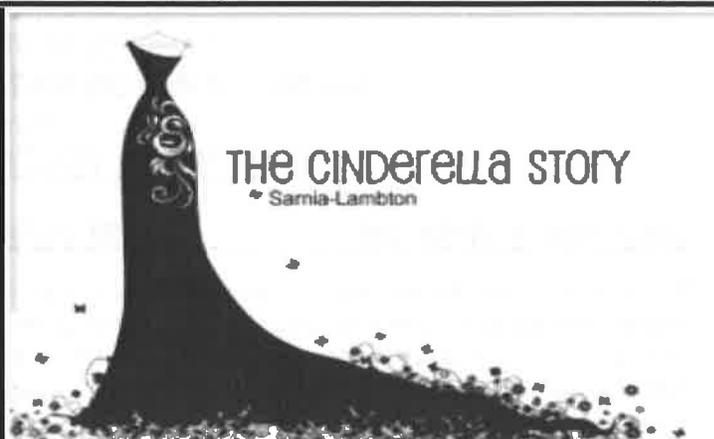
Family Winter Activities Include:

- ◆ **Snowsnake throwing**
- ◆ **Dog sled rides & demonstrations**
- ◆ **Snowshoeing**
- ◆ **Winter crafts & activities**
- ◆ **Touring Museum Exhibits**

**** Admission by Donation**

**1600 Attawandaron Road
North London 519-473-1360
www.archaeologymuseum.ca**

**Join us on Facebook and learn more about
traditional winter activities**



THE CINDERELLA STORY
Sarnia-Lambton

4th Annual

Prom Dress Boutique

April 12 (6-9 pm) and April 13th (11-3 pm)

Sarnia Lambton Business

Development Corporation

109 Durand Street (corner of Christina)

519-864-1161

Register Online @ www.cinderellasarnia.org

First 60 girls registered get gift bags!

Childhood and indeed life have key events...milestones that help shape the people we are and the adults that we will become. For young women, Grad and Prom are two moments in time that mark key social highlights. Along the road to create these happy, lifelong memories is the pressure to keep pace with classmates and friends. The expenses associated with Grad and Prom are substantial. Dress, shoes, makeup, hair, prom tickets - the list is long. Many girls in Sarnia-Lambton and their families struggle to meet basic needs each day, so the goal of fitting in and outfitting themselves in a nice dress seems an unattainable dream...like something out of a fairy-tale.

Enter the Cinderella Story of Sarnia-Lambton, a completely volunteer run organization of women who strive to give young ladies a prom dress and some little extras at NO cost to the girl or her family. Founded in 2009 by Debbie Anderson, since inception, Cinderella Story has donated 101 dresses (56 in 2012 alone); Cinderella relies on the generosity of dress donors and volunteers to fit girls with the dress of their dreams. We are NOT a charity...just a group of enthusiastic community members who fondly remember our own special Proms and Grads who want to give each girl in need a dream night of her very own. The transformation and wide smile on a young lady's face who may have never even owned a fancy dress or ever felt like she would be able to attend prom gives you goose-bumps. We expect to give 60 girls a beautiful dress in 2013.

Constitution Act, 1982 - Section 35

Section 35

| | |
|-----|---|
| (1) | <i>The existing aboriginal and treaty rights of the aboriginal peoples of Canada are hereby recognised and affirmed.</i> |
| (2) | <i>In this Act, "aboriginal peoples of Canada" includes the Indian, Inuit and Métis peoples of Canada.</i> |
| (3) | <i>For greater certainty, in subsection (1) "treaty rights" includes rights that now exist by way of land claims agreements or may be so acquired.</i> |
| (4) | <i>Notwithstanding any other provision of this Act, the aboriginal and treaty rights referred to in subsection (1) are guaranteed equally to male and female persons.</i> |

Section 35.1

The government of Canada and the provincial governments are committed to the principle that, before any amendment is made to Class 24 of section 91 of the Constitution Act, 1867, to section 25 of this Act or to this Part,

(a) a constitutional conference that includes in its agenda an item relating to the proposed amendment, composed of the Prime Minister of Canada and the first ministers of the provinces, will be convened by the Prime Minister of Canada; and

(b) the Prime Minister of Canada will invite representatives of the aboriginal peoples of Canada to participate in the discussions on that item.

United Nations Declaration on the Rights of Indigenous Peoples—*Insert*

Article 8

1. Indigenous peoples and individuals have the right not to be subjected to forced assimilation or destruction of their culture.

2. States shall provide effective mechanisms for prevention of, and redress for:

(a) Any action which has the aim or effect of depriving them of their integrity as distinct peoples, or of their cultural values or ethnic identities;

(b) Any action which has the aim or effect of dispossessing them of their lands, territories or resources;

(c) Any form of forced population transfer which has the aim or effect of violating or undermining any of their rights;

(d) Any form of forced assimilation or integration;

(e) Any form of propaganda designed to promote or incite racial or ethnic discrimination directed against them.



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APPOINTMENT*



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P.O. Box 2462, Station Main,

Sarnia, Ontario Ca.

Bruce Wayne Rogers 519-339-7960

Registered: Province of Ontario since 1990 / Fully In-

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Computer Repair &

Virus Removal \$35

Computer Clean Up \$20.00

Call Fred at 519-337-3383 or email

tanyaernesto@bell.net

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Painting, Drywall Repair, etc...

Need your Deck done?

Eves troughs, Yard Work, Digging, Raking, Snow Removal, Weeding Gardens, etc... Grass cutting, Ditches Lawnmower repairs, any kind of work.

Free estimates call

Rabbit at 519-344-2774

The Hair Masters

Full Service Hair Salon

126 Christina St. N

Open Tuesday—Saturday

8:30 am to 4:30 pm

Evenings by appointment only !

Computer Repair

Reasonable rates

Give a description of problem etc., contact info.

Most repairs completed at my home, setting up networks, and training, requires booking and on site.

Thanks, Jason Williams email:

usedgood22@hotmail.ca

Animal Control Officer -Patrick Nahmabin

Call or text Pat at 519-330-7450

(for animal control issues only)

Primary duties: follow up on loose dog complaints and monitor quarantined dogs. **If your dog is loose, it is your responsibility to retrieve your dog.**

Traps are available at the Band Garage for use by community members. **519-336-0510**

February 2013 Calendar of Events

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|-----------------------------|--|---|-----------------------------|------------------------------|
| Indoor Walking—Tuesdays 9:30-10:30 Boot Camp—Saturdays 10:00-11:00 Band Together 4 Health—Tues. & Thurs. 1:30-3:00 Mooretown Saturday—Swim: 3-4, Skate: 7-8 | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 Youth Drug Awareness 5-7 | 7 | 8 PA Day | 9 |
| 10 | 11 | 12 | 13 Sr's Movie Night | 14 Rise Against Violence 12-1 | 15 Lil NHL Dinner | 16 |
| 17 | 18 Family Day | 19 | 20 | 21 Tr. Sr's Bingo 6 Kitchen open at 5 | 22 | 23 Round Dance 5pm |
| 24 Sr's & Youth Lion King Trip Leave at 2:30pm | 25 Tobacco Allocation due | 26 Open House 3-7 | 27 Forklift Training Sr's Movie Night | 28 | | |

CHIPPEWA TRIBE-UNE

978 Tashmoo Avenue
Sarnia, Ontario N7T 7H5

Phone: 519-336-8410 Fax: 519-336-0382

E-mail: tribeune@aamjiwnaang.ca

[https://sites.google.com/site/
chippewatribeune/home](https://sites.google.com/site/chippewatribeune/home)

Your next Chippewa Tribe-Une is due out
on **Thursday, February 14th, 2013**

The **deadline** will be on
Tuesday, February 12th
by **4:00 pm**

*Chi-Miigwetch,
Bonnie Plain ~ Editor*

***News from St. Clair United Church . . .***

Boozhoo! We have learned a valuable lesson in the last few days, a lesson that has pointed out to us in the most poignant way that what we need to survive can also lead to destruction and ruin. The fire that destroyed Mike's house, killed his pet and did a number on his beloved drum is a reminder to us of how quickly everything can change.

Of course, it isn't just fire that has that power to turn everything upside down. Rain needed to nurture the soil results in floods that destroy human and animal habitat. Just ask the people of Australia who are grappling with unbelievable floods at this time. Snow which can provide hours of fun for children and adults alike can lead to dangerous conditions; remember the storm a couple of years ago that had hundreds of cars stuck on the 402?

Relationships which every human being needs in order to be part of something so much greater than a single life can result in violence. Sex which is intended to provide pleasure can be used as a weapon.

Much in life we have little control over; rains will fall, snow will drift, yes fire will burn. We can insure we don't put ourselves in jeopardy, mind you, but there are often situations not of our making which we will have to find our way through.

Relationships though, are something else. We can, we do have the power to insure that we respond to one another only with love, compassion and care. We can commit ourselves to seeking justice for those we love and those we've never met. Of course there will be times when we disagree, often heatedly, with one another but there is never any excuse for violence.

Eons past, our brothers and sisters believed that natural acts were controlled by Creator. Hurricanes and earthquakes were punishment for sin, days of sun and warm breezes reward for life lived well. We know differently. Stuff happens and sometimes the choices we make lead to grief. That includes house fires. But relationships? Those are ours to live with integrity and what the Bible calls righteousness. The only relationship turned upside down needs to be the one that turns from mistreatment to love. Amen.

Take care as always.

Rev. Carolyn