



AAMJIWNAANG FIRST NATION

CHIPPEWA TRIBE-UNE

January 17, 2013

Issue 13.01

Editor: Bonnie Plain

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Aamjiwnaang Child Care Centre Idle No More Rally Against Shell

Happy Birthday



Jan. 19th, to Jan. 31st, 2013

Byron	Bird	Jan.	18	Donovan	Fisher-Cristovao	Jan.	25
Betty	Gray	Jan.	18	David	Nahmabin	Jan.	25
Brady	Medeiros	Jan.	18	Janice	Nelles	Jan.	25
Natalie	Nahmabin	Jan.	18	Marcellus	Plain	Jan.	25
Mazl	Olds	Jan.	18	Connie	Rogers	Jan.	25
Audrey	Williams	Jan.	18	Anthony	Williams	Jan.	25
Raven	Williams	Jan.	18	Malikia	Williams	Jan.	25
Roger	Bourque	Jan.	19	Raisa	Williams	Jan.	25
Sharren	Fisher	Jan.	19	Jocelyn	Hajas	Jan.	26
Malysa	Williams	Jan.	19	Christen	Hignett	Jan.	26
Holly	Foster	Jan.	20	Victoria	Maydwell	Jan.	26
Tiffany	Gilbert	Jan.	20	Taylor A	Plain	Jan.	26
Noal	Grondin	Jan.	20	Lacey	Williams	Jan.	26
Alexander	Maness	Jan.	20	Patricia	Glauner	Jan.	27
Brandon	Nahmabin	Jan.	20	Jessica Anne	Gray	Jan.	27
Ernest	Plain	Jan.	20	James	Plain	Jan.	27
Joshua	Plain	Jan.	20	Mary Lee	Schmidt	Jan.	27
Heather	Robertson	Jan.	20	Sydney	Bird-Little	Jan.	28
Anikka	Witting	Jan.	20	Lance	Rising	Jan.	28
Christopher Llyod	Flegg	Jan.	21	Shaylee	Doxtator	Jan.	29
James	Gray	Jan.	21	Phyllis	Fisher	Jan.	29
Tirah	Oliver	Jan.	21	Courtney	Hubert	Jan.	29
Bertram	Partin	Jan.	21	Norma	Maness	Jan.	29
Carrie	Plain	Jan.	21	Michael	Meza	Jan.	29
Corrie	Plain	Jan.	21	Alan Dale	Plain	Jan.	29
Barry	Bird	Jan.	22	Melissa	Ramsay	Jan.	29
Sylvia	Kearse	Jan.	22	Carole	Rose	Jan.	29
Corina	Lawrence	Jan.	22	Julie	Plain	Jan.	30
Cassidy	Nahmabin	Jan.	22	Wilson	Plain Jr.	Jan.	30
Deon	Wrightman	Jan.	22	Florence	Williams	Jan.	30
John Darren	Adams	Jan.	23	Jaiden	Aviles	Jan.	31
Donald	Gray	Jan.	23	Tanisha	Cottrelle	Jan.	31
Lynda	Hajas	Jan.	23	Lorna	Hubert	Jan.	31
Dawn	Kulanda	Jan.	23	Skye	Lawrence	Jan.	31
Sandra	Lacroix	Jan.	23	Lynda	Rogers	Jan.	31
Sandra	Waring	Jan.	23	Theodore	White Jr.	Jan.	31
Harold	Zee	Jan.	23				
Lillian	Bressette	Jan.	24				
Alaric	Campbell	Jan.	24				
Chance	Maness	Jan.	24				
Kyle	Maness	Jan.	24				
Patrick N	Nahmabin	Jan.	24				
Midajah	Rogers	Jan.	24				
Denay	Shaw	Jan.	24				

Happy 12th Birthday Brady Keegan!!

We hope you enjoy every minute
of your special day

*Love Uncle Pooch, Auntie Naomi,
Kitty and Blue*

HAPPY 4TH BIRTHDAY

To Brandon on Jan. 20th
Love, Mommy & Daddy

Happy Birthday

To Alan and Julie
Lots of love from Auntie Bon

Happy 27th Anniversary

*to our wonderful Parents
 Calvin and Cheryl Deacon
 We love you both to pieces and
 hope you have a fabulous day!
 Love: Juanita and Kids, Jen, Pat and Kids,
 and Naomi, Matt and Kailynn*

Mobileyez

**Will be at the Health Centre
 Jan 24, 2013 from 10am - 3pm**

Appointments can be scheduled
 by calling 1-866-920-6480

POW-WOW COMMITTEE

**2013 Pow-Wow Committee
 Is looking for interested members**

**First Meeting is on
 Wednesday, Feb. 5th, 2013
 At the Community Centre
 At 5:00 p.m.**

More info to follow

If you have any questions,
 please contact Tracy Williams at
 519-336-8410 ext. 237

Attention:

Christine Rogers will be taking
 names to meet either **One on One**
 or in a **Group Setting** with
 Nil Basu from the University of
 Michigan Health Study.

Nil will be here in the
Afternoon of January 22nd
 and the

Morning of January 23rd

*If anybody is interested
 they can call the Band Office
 at **519-336-8410**
 extension **250** to sign up.*

**Post Secondary
 Information Day**

*With Don Salter from the
 Southern First Nations Secretariat*

Friday, January 25, 2013

9:30 a.m. to 3:30 p.m.

Board Room – Band Office

Weather permitting. Don Salter will contact
 Diane Aiken if he cancels due to the weather.

**Information on how to complete an
 application, funding, policy,
 and procedures.**

No appointment necessary, please drop in.

**Don Salter will also be at
 SCITS on January 16, 2013 and
 St. Clair on January 17, 2013.**

*Please contact Norma Romlewski
 for schedule at the Secondary Schools.*



Couple's Valentine's Day Banquet

“The Glue of a Great Relationship”

With Guest Speakers: Tom & Brenda Seppo

In this *fun & practical* session, participants will explore ways to enhance their partnerships. Attend this *dynamic* couple's session if you want to find ways to improve your relationship

Topics to enjoy include: Dating (the element of fun)
& Conflict Resolution

Door Prizes

**BANQUET at
Community Centre**

Delicious
Food

Thursday, February 7th, 2013

5:30 pm to 8:30 pm

Please Call and Register By

FRIDAY, FEB. 1st, 2013

with Jessica Joseph at 519-332-6770 Ext. 25

Limited to 15 Couples



**** You can still come even if your better half cannot make it ****

Tom and Brenda Seppo have been married since 1979 and have 3 children. They have a passion to see marriages & families raised up and to see the strengthening of the home in today's society. Tom & Brenda's education and life experience has qualified them to specialize in this area. Together they have lead/taught many Marriage and Family Seminars in the U.S. and Canada for a variety of groups. They have also appeared as guests on national TV in Canada speaking on this subject.

A FAMILY ZUMBA



Monday's
Jan 21, 28
Feb 4, 2013
At 4:00 pm

Community Center
Banquet Room



Youth Kickboxing Continues!!!

Featuring Instructors from
First Infantry MMA
Ages 8-14



FRIDAY NIGHT'S
January 11th – March 22nd
4:30 pm – 5:30 pm

For more information please contact Roberta
at the Health Centre 519-332-6770.



Prenatal Class
January 21, 2013
5:30 to 8:00 p.m.
(Supper Included)

Come on out to learn and meet other
parents and babies of 2013.

We will be talking about parenting, and
arranging classes for the New Year.

Not your first baby—we are planning to
have a refresher evening.

Register with Joanne Culley, HB/HC Nurse
at 519-332-6770 ext. 29

*Childcare and transportation
will be available.*

If you are unable to make it—call and make
arrangements to pick up a prenatal package



Walpole Island Evangelistic Centre
*"A Ministering Community, Ministering to the
Community"*



**Bi-Monthly
Rally
And Special Services
With Evangelist
Lott Thunder**



Friday	Jan. 25 @ 7pm
Saturday Rally	Jan. 26 @ 6pm
Sunday	Jan. 27 @ 10am

WALPOLE ISLAND EVANGELISTIC CENTRE

Dan Shab Rd. Walpole Island

For more info call 519 627 0433
Or email edgilbert3@gmail.com



FREE * FREE * FREE
*** FREE * FREE**

Cooking classes



....budget friendly!!
 with Judy Levert

January 22 2013

9 - 3 pm

At the
MAAWN DOOSH GUMIG

Contact Marina to sign up
519-336-8410 X 231

Employment Assistance

Drop -ins



Maawn Doosh Gumig

January 23rd 2013

10- 2pm

Have some coffee n snack!

A chance to drop off your job search.

Pick up information regarding new programming & suggest new ideas!

Ask questions or just stop in for a quick chat! Enter a draw!

Hope to see you there!!

Danie Mclean

Anyone can attend—whether *you OR your family member*—or friend—is struggling with addiction. Danie provides information and/or counseling to anyone wishing more information regarding treatment options. We are fortunate to have Danie join us

Every second Tuesday of each month.

- ❖ Location – United Church basement
- ❖ 9 am - 12 pm

DANIE CAN BE REACHED AT:

Cell: 519-786-8164 or Home: 519-786-3893

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NOTICE TO ALL BAND MEMBERS



RE: HOUSING APPLICATIONS

The Housing Department is currently accepting applications for the 2013 housing waiting list. **ONLY** those applications **received by January 31, 2013** will be put on the waiting list. Any late submissions will be filed and reviewed the following year.

If you are currently on the waiting list it is your responsibility to update your current application. Please contact the Housing Department if you have any questions. Applications can be picked up at the front desk at the Band Office.

Winter Check List

- Inspect your home for excessive moisture.
- Check electrical cords, outlets and plugs for damage.
- Check caulking and weather-stripping, including around entry door from garage and house.
- Check basement drain trap.
- Have furnace/heating system serviced.
- Check and replace air filters if needed.

NOTICE TO ALL TENANTS IN BAND RENTAL UNITS, CMHC HOUSING UNITS, SENIORS COMPLEX, SENIORS DUPLEX AND APARTMENTS

Re: Contents Insurance

It is the responsibility of the tenant to provide contents insurance for their unit. The Housing Department is not responsible for sewer damage, sewer backup or flooding.

As per the Housing Policy and your signed housing agreement each tenant is to provide a copy of their contents insurance policy to the Housing Department.

Contact an insurance broker for more information.

Home Inspections

Randy Doxtator from the SFNS is here every other Tuesday to perform housing inspections. Please call to book an appointment if you need an inspection done.

Please return any borrowed Humidifiers or Heaters to the Housing Department.

2012 – 2014 Housing Committee

Errnol Gray	Councilor
Sherri Crowley	Councilor
Jacky Cunningham	Band Member
Ada Lockridge	Band Member
Ron Simon	Band Member

Housing Committee meets every 2nd and 4th Monday of the month. If you have items for the agenda please have all information into the Housing Department one week prior to the meeting.

Thank you.

*From our families to yours
Have a Safe and Happy Holiday
and Wishing Everyone a
Prosperous New Year in 2013*

Housing Department

Tracy Williams
Housing Coordinator
twilliams@aamjiwnaang.ca

Clayton Williams
Housing Clerk
cwilliams@aamjiwnaang.ca





**Sarnia Lambton
Crime Stoppers
1-800-222-8477**



Partners

SARNIA LAMBTON CRIME STOPPERS

Our Mission

Crime Stoppers is a community based program that brings local citizens, the media and the police together in partnership to solve crime. This is accomplished by offering cash rewards and guaranteeing anonymity to persons who furnish information leading to the arrest of or laying of charges against offenders.

Crime of the Week

Posted on January 15th, 2013 | Read more [Crimes of the Week](#)

The Sarnia Police Service is currently investigating reports of break and enters to garages in the area of Michigan and Murphy Road in the City of Sarnia. The break-ins occurred sometime between 6 pm January 10th and 7 am on January 11th.

Items taken include three mountain bikes, tools, money and an iPod. The total value of the stolen items is estimated at over \$9,500.00.

If you know who is responsible for these thefts and/or the location of the stolen property, do the right thing and call Crime Stoppers.

Crime Stoppers reminds you to keep your garages and sheds locked, and keep an eye for suspicious activity in and around your neighbourhood. If you see something or someone suspicious, call police immediately.

Since Our Inception In 1986

Arrests: 2158

Charges: 5336

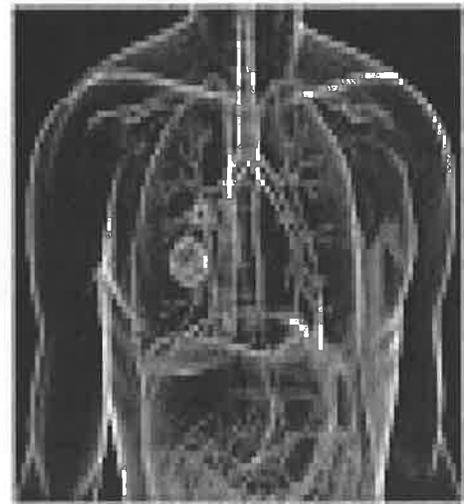
Cases Cleared: 2552

Rewards Paid \$303,788.00

Property Recovered: \$2,505,487.00

Narcotics Seized: \$26,096,193

If you have any information about any serious crimes in Sarnia Lambton, Call Crime Stoppers. If your information leads to an arrest, you may receive a cash reward. You do not have to reveal your identity or appear in court. Crime Stoppers does not use Caller Display or Call Trace. Sarnia Lambton Crime Stoppers can be reached at 332-8477, or toll free at 1-800-222-8477



“BAND TOGETHER 4 HEALTH”

Cooking, Education, & Exercise Class

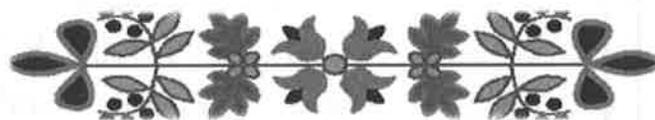


Where? Maawn Doosh Gumig
Community Centre

When? Tuesdays & Thursdays
from 1:30 –3:00 pm
January 15 to March 5

Who? Everyone!

Call Dorothy at
The Health Centre
For more info
519-332-6770



North Lambton
Community Health Centre

FOOD HANDLERS COURSE



Sat., January 26, 2013

TWO SESSIONS

9:00am till 1:00pm

1:00pm till 5:00pm

At the Community Centre
Snacks will be provided

*Call Melissa at the Band Office
to sign up 519-336-8410 ext. 249*

WORDS OF WISDOM

We could learn a lot from crayons. Some are sharp, some are pretty and some are dull. Some have weird names and all are different colours, but they all have to live in the same box.

IDLE NO MORE

Mission Statement

"Idle No More calls on all people to join in a revolution which honors and fulfils Indigenous sovereignty which protects the land and water." The movement says it wants to "stop the Harper government from passing more laws and legislation that will further erode treaty and indigenous rights and the rights of all Canadians."

RESOURCE CENTRE SCHEDULE

Aamjiwnaang's Alternative and Continuing Education for Adults

Tuesday & Thursday

AACE: 9:00—2:00

Are you 18 years or older, and would like to increase your confidence and ability for:

- Greater independence, in today's electronic world?**
- High School course work?**
- GED or Trade's Exams?**
- Employment?**

Then you'll want to check out...
Aamjiwnaang's Literacy and Basic Skills (LBS)

Program Tuesday & Thursday 9 - 2

**EMPLOYMENT
ONTARIO**
Ontario's employment & training network



Beading Class

Every 2nd & 4th Tuesday
of the month

6:00-8:00

At the Youth/Community
Center Craft Room

Make your Own **"Nish" Bling**

Ages: 10 yrs-Adult

For more call Valerie at 519-491-1374

With Sue Williams

Ojibway Language Class

Maawn Doosh Gumig Homework Room

With Fran Pawis

Thursdays 6:00-8:00

Ages: 10 years—Adults

Call Val at 519-491-1374

for more information





Mino Nendmowin Training

(“Good Minds” 101)

facilitated by Bryan Loucks, Naugon Associates

Starting January 21, 2012 - March 6, 2013

2 days/week (Mon. and Fri.)

9:00 am to 3:00 pm

Location: Resource Center

WOULD YOU LIKE:

- ♦ *A supportive and challenging environment where YOU can develop essential skills for life & learning?*
- ♦ *To develop your knowledge, standpoints and skills in areas of cultural teachings, Anishinaabemowin (Ojibway language), Path of Life and relationships?*
- ♦ *Tools to assist you in your movement towards your goals in light of your current situation and experience?*

IF SO, THEN “MINO NENDMOWIN” - GOOD MINDS IS FOR YOU



To register contact Terry Plain at (519) 402 - 5535

Deadline for registration: January 18, 2013

BOOZHOO-MY-NATIVEZ *SMILES2013*****

I always feel that the purpose of a new year is not because you need a new year, it is because you need A NEW YOU. A chance to reminisce good times, recover from pain and setbacks, rejoice in successes, and revive lost dreams... It is a time to recuperate the soul, re-establish hopes, and re-affirm your faith. It's a chance to start new and celebrate what you have achieved throughout the year. Respect the past regardless of what has happened. Don't dwell in it. Learn from it. Get rid of anything that isn't useful and the things that bring you down. Stay away from negativity and open your eyes, heart, and mind to all of God's blessings. The quality of your lives is based on the quality of your thoughts and actions. May you have an inspirational 2013 with a lot of soul and drive. May you be full of compassion, love, and good health and be surrounded by good family and friends. Happy New Year to everyone! You may not get a perfect life but who does? What you can do is work towards having a happy life...starting with things that make you happy. When you subtract all the negative forces in your life you make room for more positivity and that's a good start...

Motivation is everything. You can do the work of two people, but you can't be two people. Instead, you have to inspire the next guy down the line and get him to inspire his people. I mean, you have to be able—you have to have made the commitment within yourself to do whatever it takes to get the job done and to try to inspire other people to do it too; because obviously, the first rule is you can't do it by yourself. Every day, the people I meet inspire me...every day, they make me proud...every day, they remind me how blessed we are to live in the greatest nation on earth. As you navigate through the rest of your life be open to collaboration. Other people and other people's ideas are often better than your own. Find a group of people who challenge and inspire you, spend a lot of time with them, and it will change your life...

Happiness comes from within you.

If your heart is happy, you can do anything you put your mind to do. Purify your heart. Cleanse it. Make it wake-up routine. Your environment may be harsh, difficult, and tumultuous...but if you work on your heart, you can be calm amidst all those challenges in life. So in order to be happy, you not only have to work with your heart, you have to work on your heart. You will glow from the inside out...

Every man is the architect of his own life.

He builds it just the way he wants it. However, after he has built what he wants, he sometimes decides that he doesn't like what he has built and looks for someone or something else to blame, instead of changing things himself...

I've reached a point in my life.

Where it's the little things that matter...I was always a rebel and probably could have got much farther had I changed my attitude. But when you think about it, I got pretty far without changing my attitude and I'm happy with that...

HAPPY '2013' NEW YEARS EVERYONE!!!

By: ANDREW
PLAIN
-2013-

Court to rule on rights of Métis and non-status Indians

The Canadian Press Posted: Jan 7, 2013 6:02 PM ET

With a politically charged First Nations protest movement already on its hands, another aboriginal hot potato may be about to land in the lap of the Conservative government.

A Federal Court ruling Tuesday on the rights of Métis and non-status Indians could change the way Ottawa deals with the more than 600,000 aboriginal people who live off-reserve, says one of the groups behind the lawsuit.

"It would end the finger-pointing between the federal and provincial governments about who would sit down with Métis and non-status Indian people and negotiate," said Ron Swain, national vice-chief of the Congress of Aboriginal Peoples.

Métis and non-status Indians are currently in "a jurisdictional limbo" between Ottawa and the provinces, which has resulted in off-reserve aboriginals being denied a seat at various talks, he added.

The Congress and several Métis and non-status Indians took the federal government to court in 1999 alleging, in their statement of claim, "deprivations and discrimination" because they are not considered "Indians" under the Constitution Act.

They say past talks with the federal government have been hampered by Ottawa's refusal to grant Métis and non-status Indians some or all of the same rights as on-reserve aboriginals.

"As a result of such denials and refusals, Métis and non-status Indians have suffered deprivations and discrimination," they allege in a court document.

The lawsuit does not seek specific benefits. However, it does allege Métis and non-status Indians have been denied a host of benefits, including:

Access to the same health-care, education and other benefits made available to status Indians. Being allowed to hunt, trap, fish and gather on public lands. The ability to negotiate and enter into treaties with the federal government.

If the court rules in their favour, it opens the door for Métis and non-status Indians to seek those and other benefits.

"We've been shut out for so long," Swain said. "A win

for us would mean we could unlock our incredible human potential."

The congress has scheduled a news conference for Tuesday after the Federal Court decision is released.

Decision comes amid Idle No More protests

The decision comes as emotions — and tensions — are already running high in Canada's First Nations community.

A movement dubbed Idle No More began last month in protest of the Harper government's omnibus budget bill, which First Nations groups claim threatens their treaty rights as set out in the Constitution.

Protesters have blocked road and rail lines, staged demonstrations and held flash mobs across the country.

The Idle No More protests are taking inspiration from Theresa Spence, chief of northern Ontario's Attawapiskat First Nation, who has been subsisting solely on water and fish broth since Dec. 11 in hopes of prodding Ottawa into action.

But Spence herself was under fire Monday amid fresh questions about how her troubled northern Ontario reserve has been spending and accounting for millions in federal funding.

Aboriginal Affairs and Northern Development released a scathing independent audit Monday that catalogues poorly documented, undocumented or questionable spending in Attawapiskat over almost seven years.

Spence has vowed to continue her meagre diet until after Prime Minister Stephen Harper meets First Nations leaders later this week.

'A win for us would mean we could unlock our incredible human potential.'

— Ron Swain,
Congress of Aboriginal Peoples

QUILTING WITH SENIORS

January 22 - March 31

Tuesday evenings 6-8 pm

Community Centre
Library Room

We can also quilt on Thursday afternoons from 2:00 - 4:00.

If you have any squares, please bring them or drop them off.

We will be sewing the quilt together.

Please bring your own scissors.

12 years -100 years.

Everyone welcome.

Sign up with Peggy,
519-332-6770

Seniors Pizza & Game Night Wednesday

Jan. 23, 2013

5:30 pm

Seniors Drop-In Room

If you plan on attending, call Peggy, 519-332-6770

New Horizons Planning Dinner Meeting

When:

Monday, Jan. 21, 2013
@5pm

Where:

Seniors Drop-In Room
@Community Center

*Call Peggy, 519-332-6770
if you plan on attending*

"CONGREGATE DINING"

**Wednesdays,
Seniors Drop-In Room
12 - 1 pm**

Come on out.....
socialize and enjoy a home-cooked,
nutritious, delicious meal!



Hope to see you there!

**Any questions,
give Peggy a call at
519-332-6770**

Natural Way to Survival

By Bonnie Plain

I was moved to write this article by hearing, reading, and seeing the destruction of Mother Earth and the stripping of environmental and human rights around the world. I can't help but feel saddened and helpless as what I can do to help. For hundreds of years there have been too numerous attempts of genocide and assimilation against our people all across Turtle Island and it's disturbing; yet astonishing, to know that it's happening at this very moment, in the time of the seventh fire.

Steven Harper is running around swinging deals with Countries over-seas and building homes for immigrants to come and work in Northern Canada to continuously and consciously destroy our Mother Earth. The so-called Harper Government is pushing to pass bills that will take more rights away from First Nations and Environmental Protection Acts. Why? So he can get his way, gain all rights to natural resources, and greedily reap the profits. Meanwhile, there are homeless people in every city across Canada, not to mention the high percentage of ORIGINAL peoples on welfare and living in sub-standard housing on/and off reserve. The Omnibus Bill has been through second reading and if it gets passed things will be way worse. Before Harper finishes his four-year term we won't have any rights at all and by 2020 all natural resources will most likely be depleted and there will be no safe, clean drinking water.

In light of all the destruction, the Idle No More movement is sweeping the country, bringing awareness and gaining support far and wide. Idle No More has made impact world-wide, in countries like: Italy, Germany, Australia, Russia, Japan, Africa, England, and France to name a few. The Idle No More Movement is growing daily and it's not about to end anytime soon. The women have spoken and our youth, the generation of the seventh fire, are waking up and learning the teachings and standing up for their rights, **YOUR** rights, and the rights of future generations.

It's a very serious time in evolution as prophecies come into play. Not only are we living in the seventh fire, **(Seven Fires Prophecy of the Anishinabe People)** the bible states that there would come a time of "great distress" and "unequaled suffering" and "If those days had not been cut short, no one would survive, but for the sake of the elect those days will be shortened" and "Nation will rise against nation, and kingdom against kingdom. There will be famines and earthquakes in various places". (**Matthew 24:21-22 & 24:7**). **The Hopi Prophecy Rock** shows that we have a choice of choosing to start thinking with our hearts or continue to think with our heads. If we chose the latter, it will lead to self-destruction; if we chose to think with our hearts we would gradually return to the natural way and our own survival. We need to choose which road to walk and be fearless in our quest.

http://www.oneprayer.org/Seven_Fires_Prophecy.html

<http://www.aboutbibleprophecy.com/bible-prophecies.htm>

The Seven Fires Prophecy of the Anishinabe is spiritually encoded in the Wampum Belt. The belt is sewn with thousands of tiny, polished, cylindrical purple and white sea shell beads woven together with leather strips. This Wampum Belt has been handed down among the Algonquin for hundreds of years. It has seven Diamonds which represent the Seven Fires. Grandfather Commanda and other Traditional Leaders believe that we have entered the time of the Seventh Fire, which is the time of decision between the two roads of materialism and of spirituality. If the light skinned race chooses the right road, then the Seventh Fire will light the Eighth and final Fire, an internal Fire of peace, love, brotherhood and sisterhood.

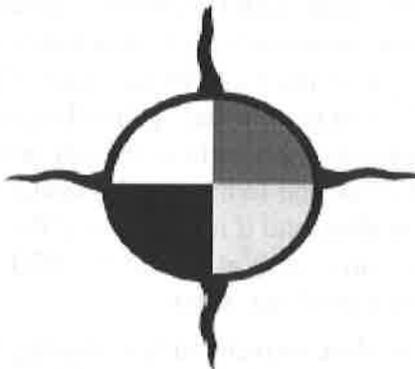
Public Legal Education

In order to raise and maintain awareness of basic legal rights and responsibilities, educational seminars and training will be made available to interested individuals, groups and communities.

Community Legal Assistance Sarnia

We are a Community Legal Clinic funded by Legal Aid Ontario, staffed by lawyers, paralegals and community legal workers and administrative staff. We offer legal services to eligible clients in Lambton County. We seek to help our clients assert their legal rights pursuant to the democratic protection of the rule of law.

"The strength and courage we show ... Will make our children wiser than we are today"



Baamsedaa is a project developed through consultation with and the continuing advice of our Aboriginal stakeholders.

For more information our web address is:
www.sarnialegalclinic.com



Baamsedaa



let's walk together

Working alongside Aboriginal peoples with legal issues who live in Sarnia and surrounding communities.

C.L.A.S.
Community Legal Assistance Sarnia

201 Front St. North (corner of Front and Lochiel)
Suite 407 (4th Floor)
Sarnia, Ontario N7T 7T9

Phone: 519-332-8055
Toll free: 1-888-916-2527
Fax: 519-336-0830

www.sarnialegalclinic.com

Hours: 8:30 to 4:30 Monday to Friday*
(closed for lunch 12:00 to 1:00)
*Closed to public on Friday afternoons from 12:30

Aboriginal Community Legal Worker

The worker will provide referrals, support services, appropriate interventions and assistance along the justice continuum. In doing so, the services provided may help to stabilize the basic needs, of the client and their families.

The worker will coordinate services for clients with other legal aid services, the broader justice sector and social service agencies.

The worker, and other C.L.A.S staff, will provide civil legal services using culturally respectful and appropriate means.

For easier access, outreach services will be made available at appropriate locations.

Call and ask to speak to someone about your legal issue.

If you have transportation issues please let us know so we can make arrangements to see you.

What we do

Legal help with issues relating to:

- Ontario Disability Support Program (ODSP)
- Ontario Works (O.W.)
- Landlord/Tenant issues
- Housing issues
- Employment Insurance/Standards
- Canada Pension Plan Disability
- Old Age Pensions
- Legal Aid denial appeals
- Criminal Injuries Compensation
- Police complaints
- Debtor and creditor issues
- Human Rights and discrimination issues

Note: We do not give advice or represent in Criminal Law and Family Law matters. For help with these issues call Legal Aid Ontario at 1-800-668-8258. If you need referral help to these services please ask us.

Are you eligible for these services?

- You must live in Lambton County or be a member of a First Nation community located in Lambton County.
- Your income must be below a certain level. Brief advice can be given without asking about your financial situation.
- Your problem must relate to legal issues in the area of law that CLAS deals with.



Baamsedaa

Building strong relationships through trust, respect and understanding, in a non-judgmental atmosphere.

The Health Centre and Community Centre are now equipped with AEDs (Automated External Defibrillators)

AED
Automated External Defibrillator



These days you don't have to be a doctor to save a life.

Automated External Defibrillators (AED) make it possible for even non-medical personnel to restore heart rhythm and life.

An AED is a machine that can monitor heart rhythms. It can tell if the heart has stopped beating effectively. If required, the machine can then deliver an electric shock to the heart. Most of the time, this shock will restart the heart.

Staff at both facilities have been trained to use the AEDs.

AEDs and training were provided by the Heart & Stroke Foundation through the *Restart a Heart, Restore a Life* program.



AED/CPR TRAINING

Are you interested in learning how you can save a life?

Would you like to learn how to use the AED?

Would you like to earn a CPR certificate?

Lambton County EMS has offered to train up to 200 community members.

The course is only 2 hours and can teach you how to save a life!

If you are interested, please leave your name with Dorothy at the Health Centre. (519-332-6770)

The course will be scheduled for early in the new year if we have enough interest.

Extended Funding for HPV Vaccine

Ontario government funding has been extended to provide the Human Papillomavirus (HPV) vaccine Gardasil® **FREE** to females in grades 9-12 and to females who were in Grade 8 during the 2007/2008 school year.

With more than 100 types, Human Papillomavirus is one of the leading sexually transmitted infections (STIs). HPV can infect many parts of the body of men and women, and most people infected with HPV don't even know they have it. Some types of HPV are harmless and go away; some can cause genital warts or cancer.

The main risk factor for developing cervical cancer is infection with HPV. Each year in Ontario, approximately 500 females are diagnosed with cervical cancer and 140 die from the disease. Getting the HPV vaccine is one of the best ways to protect against cervical cancer.

FREE Gardasil® vaccines at Lambton high schools in November or contact Gail Nahmabin at Aamjiwnaang Health Centre for an appointment 519-332-6770.

Jr. Hitmen Ice-Time Schedule

Tyke - Sat. Jan, 26 at 4pm GAME

Novice - Sat. Jan. 26 at 5pm GAME

Atoms - Sat. Jan. 26 at 6pm GAME

January 19, 26

February 2, 8, 16, No ice-time Feb 23

March 2

Peewee - Sundays at 6pm

Peewee - Sat. Jan. 26 at 7pm GAME

January 20, 26

February 3, 10, 17, 24

March 3



SATURDAY SKATE/SWIM SCHEDULE MOORETOWN SPORTS COMPLEX

	<u>SWIM</u>	<u>SKATE</u>
December 15	3 – 4 pm	7 – 8 pm
December 22	3 – 4 pm	7 – 8 pm
December 29	3 – 4 pm	7 – 8 pm
January 12	3 – 4 pm	7 – 8 pm
January 19	3 – 4 pm	7 – 8 pm
January 26	3 – 4 pm	7 – 8 pm
January 27	SUNDAY	7 – 8 pm
February 2	3 – 4 pm	7 – 8 pm
February 9	3 – 4 pm	7 – 8 pm
February 16	3 – 4 pm	7 – 8 pm
March 2	3 – 4 pm	7 – 8 pm

Children need to be accompanied by an adult at all times during Skate and Swim times.

Hockey sticks and pucks are not allowed on the ice during these Skating sessions (smaller kids might get hurt).

Everyone is Welcome...as it is funded by NCB (National Child Benefit) program



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Travelling Seniors

Wanted: STUDENT Volunteers

Did you know that the Travelling Seniors are seeking High School Students.
With us, you :

Will gain experience on Fund Raising activities

Will gain new friendships with older members of the community

May see the value of helping others in need of support

Will be able to use volunteer hours towards your Secondary School diploma.

You can work as many or as little hours as you wish throughout your secondary school year(s). If you are interested sign up below or why not give us a call :

NAME (PLEASE PRINT)	HOME PHONE or CELL

Tina Johnson @ 519-337-9959 or
Jacky Cunningham @ 519-339-2444 (work phone)

Travelling Seniors

Wanted: New Members

Why not join The Travelling Seniors and find new friends.

If you will be 55 or older in 2013 AND you want to belong to a fun group of people. Then do not wait any longer, join our group.

Fundraising gets our senior members out to socialize and help earn cash towards our trips.

The 2013 Fundraising has begun. Help to decide where our next trip takes us. **YOUR** New ideas are always **Welcome**.

You only need a desire to Help. **PLEASE COME OUT !!**

Upcoming Meetings:

Wednesday, January 09, 2013

Wednesday, February 06, 2013

Where: Community Centre - Senior's Lounge @ 6 PM

Idle No More <http://www.cbc.ca/news/canada/story/2013/01/04/f-idlenomore-faq.html>

It dates back just two months but a grassroots movement called Idle No More has gained a serious following and significant media attention through **rallies, teach-ins, and social media.**

How did Idle No More get started?

In late October, four women in Saskatchewan began exchanging emails about Bill C-45, which had just been introduced in Ottawa. Jessica Gordon, Sheelah McLean, Sylvia McAdams and Nina Wilsonfeld were concerned the bill would erode indigenous rights. They decided to organize an event in Saskatoon, set for Nov. 10, and to help spread the word they turned to Facebook. They chose to call the page "Idle No More" as a motivational slogan. A week after that small meeting, there were events in Regina, Prince Albert and North Battleford, Sask., and Winnipeg. A movement was born. Exactly one month after that first meeting Idle No More held a National Day of Action in locations across the country.

What is Bill C-45?

That's the number of the bill introduced by the Harper government on Oct. 18 with the title, "A second Act to implement certain provisions of the budget tabled in Parliament on March 29, 2012, and other measures."

The bill passed and then received royal assent on Dec. 14 and is now known as the "Jobs and Growth Act, 2012."

What's the issue?

C-45 is better known as the second omnibus budget bill. The act changes the legislation contained in 64 acts or regulations. The act itself runs over more than 400 pages.

The changes that most concern the Idle No More movement are the ones to these acts:

- Indian Act.
- Navigation Protection Act (former Navigable Waters Protection Act).
- Environmental Assessment Act.

In addition to the changes, those involved in the movement were angered by what they call a lack of consultation with indigenous peoples. The movement has also expressed concern about other acts and bills from the Harper government.

What are some of the movement's key objections to the changes to those 3 acts?

Indian Act: First Nations communities can now lease designated reserve lands if a majority attending a meeting called for that purpose vote to do so, regardless of how many people show up. Previously, approval required the support of a majority of eligible voters. The Aboriginal Affairs minister can call the meeting to consider surrendering band territory. The minister can choose to ignore a resolution from the band council that's in opposition to a decision at the meeting. Idle No More says these changes allow "for easier opening of treaty lands and territory."

Navigation Protection Act: Under the act, major pipeline and power line project advocates aren't required to prove their project won't damage or destroy a navigable waterway it crosses, unless the waterway is on a list prepared by the transportation minister. Idle No More claims the amendments remove that protection for 99.9 per cent of lakes and rivers in Canada.

Environmental Assessment Act: The first omnibus budget bill had already overhauled the assessment process and the second one reduces further the number of projects that would require assessment under the old provisions. Idle No More objects to the faster approval process.



Shawn Atleo, the national chief of the Assembly of First Nations, drums at the centre of the Idle No More protest on Parliament Hill Dec. 21. (Fred Chartrand/Canadian Press)

Aboriginal Adult Education

Bachelor of Education Degree/Certificate Program

If you are looking for a university program to add a diploma to your current degree, or specialize with a certificate, why not do it through our Bachelor of Education in Aboriginal Adult Education program.



Free Information Session
Wednesday January 23, 2013
Aamjiwnaang First Nation Community Centre
1972 Virgil, Sarnia, Ontario
6:00 pm – 8:00 pm

You can send an email to Judith Knight to let her know that you will be attending.
 Light refreshments will be served

THIS PROGRAM IS FOR YOU if you are currently working with or would like to work with Aboriginal Adults in the areas of:

- Community, Social and Economic Development
- Employment Counseling
- Community Services
- Program Development
- Education
- Health
- Training

**January/
September
start**

Contact: Judith Knight

P: (905) 688 - 5550 x4574

F: (905) 984-4869

E: jknight@brocku.ca

[http://www.brocku.ca/education/
futurestudents/adulted/aboriginaladulted](http://www.brocku.ca/education/futurestudents/adulted/aboriginaladulted)

Brock
University

Valentine's Day Workshops

with

Diane Forbes
Motivation Through Inspiration



Date: Wednesday, January 30, 2013

Time: 10:00 am to 3:00 pm

Positive Living Workshop

Attitude is everything for living a positive life! Being positive gives you a better quality of life, whereas negativity can pull you in a downward spiral leaving you feeling helpless and drained. When faced with challenges, looking for the lessons learned gives us an opportunity to grow on our life journey. Learn tips on how to have more positive energy on your path to self empowerment and goal setting success.

Be Thankful

Be thankful that you don't already have everything you desire.

If you did, what would there be to look forward to?

Be thankful when you don't know something, for it gives you the opportunity to learn.

Be thankful for the difficult times. During those times you grow.

Be thankful for your limitations because they give you opportunities for improvement.

Be thankful for each new challenge because it will build your strength and character.

Be thankful for your mistakes. They will teach you valuable lessons.

Be thankful for the good things.

A life of rich fulfillment comes to those who are also thankful for the setbacks.

GRATITUDE can turn a negative into a positive.

Find a way to be thankful for your troubles and they can become your blessings.

Gratitude Plate Workshop

Each one of us can have a lot on our plate. We can all become negative from time to time and feel overwhelmed with life's stresses. When we take the time to focus "gratitude" on what we do have (and can sometimes take for granted) instead of spending our time complaining about what we don't have, we can start healing and breaking the cycle of negative thinking. This Valentine's Day, ask yourself, "what are you grateful for" and have fun making something special for your loved ones!



For information please contact: Marina Plain @ 519-336-8410



Aamjiwnaang First Nation
Employment Opportunity
POSITION DESCRIPTION
Literacy Specialist

REPORTING RELATIONSHIP:

Reports to, and works under the direction of, the Education Services Coordinator.

PURPOSE OF THE POSITION:

The Literacy Specialist position was established to improve success for students who struggle in reading and comprehension skills. This community reading program will help students improve their literacy levels and future outcomes.

SCOPE OF THE POSITION:

To provide leadership, coordination, collaboration, and innovation to plan and implement a quality reading program that meets the needs of all students. Provides direct services to students individually and in small group sessions, along with assessing and monitoring student progress is a key function of the position. The literacy program shall be offered within the policies and procedures established by the Band Administrator and as directed by the Education Services Coordinator.

RESPONSIBILITIES:

- Work collaboratively with the education department to plan, guide and implement a reading intervention program.
- Develop lesson plans, provide a variety of instructional techniques and teaching strategies and activities (e.g. phonemic awareness, vocabulary development, site words, leveled reader books)
- Evaluate and make recommendation for interventions for students
- Provides personal attention to individuals and/or small group instruction
- Familiarity with early reading assessment reports
- Collects information to track student's data, learning, progress, and level of achievement
- Works with staff to maintain the literature collection
- Mentor support staff in literacy instruction and attends planning meetings as needed
- Communicates with parents and teachers as needed
- Ability to research for best practices in literacy development
- Ability to incorporate technology into the reading program
- Perform any and all other related duties assigned by the Education Services Coordinator

QUALIFICATIONS

Bachelor's Degree with related teaching experience preferred.

Excellent communication skills and sensitivity to the developmental stages and well-being of children

TERMS OF EMPLOYMENT

The position is a contract for 10 hours per week until the end of 2013 school year.

APPLICATIONS MUST INCLUDE:

1. Cover letter with contact information
2. Resume listing education and work experience
3. At least two letters of reference

Please submit resumes through the Band Office, email, or fax to:

Vicki Ware, MSW
Education Coordinator
Aamjiwnaang First Nation
978 Tashmoo Avenue
Sarnia, ON N7T 7H5
Email: vware@aamjiwnaang.ca
Fax: 519-336-0382

Deadline for applications is: February 1, 2013 at 4:30 p.m.



Employment Opportunity at Aamjiwnaang in partnership with Aamjiwnaang Health Centre



Research Associate 1 (1 casual position) Social and Epidemiological Research, Social and Community Interventions and Policy Research Group

Project Description:

The Social and Epidemiological Research Department is seeking one (1) Research Associate for a casual position. You will provide support to community-based research as part of two CIHR funded research initiatives: Researching Health in Ontario Communities, a multidisciplinary team project that examines mental health, substance use, and violence problems in communities across the province using the CAMH mobile research lab; and the Partnership for Health Systems Improvement Project, a study that investigates the system of services for people with mental health, substance use, and violence problems in four Ontario communities. Reporting to the Principal Investigator, but also taking direction from the Project Coordinator (who will provide operational assistance and overall guidance); the Research Associate will be responsible for assisting the Project Coordinator in implementing and overseeing numerous aspects of a complex research project, including recruiting participants from both clinical and general populations; organizing and carrying out field work and data collection; ensuring quality control associated with collection and storage of data in the mobile laboratory; monitoring adherence to safety protocol associated with the mobile laboratory; orienting and overseeing the work of research assistants and trainees; arranging on-site training and meetings; compiling and organizing large volumes of data; and any other duties associated with the research, as required. You will be responsible for working independently while liaising regularly with the Project Coordinator and co-Principal Investigators. You will support a workplace that embraces diversity, encourages teamwork, and complies with all applicable and regulatory requirements. This position is located in Aamjiwnaang First Nation; however, occasional travel to the principal investigators' home offices in London and/or Toronto may be required. The Research Associate will support a workplace that embraces diversity, encourages teamwork and complies with all applicable regulatory and legislative requirements.

Qualifications:

The successful candidate will have a Masters degree in a relevant discipline or a Bachelor's degree with a minimum of 3 years experience in health-related research. They will have knowledge of mental health, addiction, and/or vio-

lence problems and services. Familiarity with First Nations history and culture is required. Knowledge of mental health, addictions, and violence among First Nations populations is considered an asset, as well as experience interacting with individuals in a research and/or academic setting. The successful candidate will have demonstrated research and project coordination experience, advanced knowledge of research design and method, and experience with data collection techniques and ability to manage data. Preference will be given to candidates with experience working with people who have substance dependence and/or mental health issues. The successful candidate will have superior problem-solving and organizational skills. The candidate will be detailed-oriented with the ability to meet project deadlines and requirements. In addition, the candidate will show a demonstrated commitment to the principles of community-based research methodologies. The successful candidate will also possess excellent PC software skills. This position requires strong interpersonal skills, and an ability to collaborate effectively with team members. Candidates will possess the ability for self-directed work, as well as collaboration and team work. This role will require you to have a valid driver's license and access to a reliable vehicle. You will also be required to attend a two-day CAMH orientation session in Toronto.

Please Note: This one (1) casual position is not part of any bargaining unit.

Salary Range: **Competitive salary and benefits package.**

Please forward your resume to:

Human Resources
Centre for Addiction and Mental Health
1001 Queen Street West
Toronto, Ontario
M6J 1H4
Fax: (416) 583-4316
E-mail: jobs@camh.net

Please remember to include quote the File Number in the subject line when applying.

Posting Date: January 15, 2013
Closing Date: **January 29, 2013**
File Number: 13013

As an employment equity employer CAMH actively seeks Aboriginal peoples, visible minorities, women, people with disabilities, (including people with who have experienced mental health and substance use challenges), and additional diverse identities for our workforce.



Employment Opportunity at Aamjiwnaang in partnership with Aamjiwnaang Health Centre

camh
Centre for Addiction and Mental Health
Centre de toxicomanie et de santé mentale

Research Assistant 2 (3 casual positions) Social and Epidemiological Research, Social and Community Interventions and Policy Research Group

Position Description:

The Social and Epidemiological Research Department is seeking three (3) Research Assistants for casual positions. You will provide support to community-based research as part of two CIHR funded research initiatives: Researching Health in Ontario Communities, a multidisciplinary team project that examines mental health, substance use, and violence problems in communities across the province using the CAMH mobile research lab; and the Partnership for Health Systems Improvement Project, a study that investigates the system of services for people with mental health, substance use, and violence problems in four Ontario communities. Reporting to the Principal Investigator, but also taking direction from the Project Coordinator (who will provide operational assistance and overall guidance); the Research Assistants will be responsible for data collection taking place at the CAMH mobile research lab in two Southwestern Ontario communities. Working as a team with the Project Coordinator and Research Associate, the Research Assistants will assist in recruiting and screening eligible study participants, scheduling appointments, conducting interviews, administering questionnaires, and completing other research duties as required. These positions ensure study records are maintained, securely stored, and backed up appropriately. The Research Assistants will support a workplace that embraces diversity, encourages teamwork, and complies with all applicable regulatory and legislative requirements. Adherence to strict protocols for the protection of data privacy and confidentiality is required. The RA's will support a workplace that embraces diversity, encourages teamwork, and complies with all applicable regulatory and legislative requirements.

Hours of work average 20 – 35 hours per week, are variable, and may include some evening and weekend work. These positions are located in the Aamjiwnaang First Nation.

Qualifications:

The successful candidates will have at least three years of Community College and 1 year of related work experience. An equivalent combination of education and experience will be considered. Familiarity with First Nations history and culture is required. Knowledge of mental health, addic-

tions, and violence among First Nations populations is considered an asset, as well as experience interacting with individuals in a research, academic, and/or service agency setting. Candidates require the ability to interact with a diverse group of individuals and must possess strong time management, organizational, and problem solving skills. Candidates will be proficient in using Windows-based operating systems and word processing packages and must be conscientious, detail-oriented, reliable, mature, enthusiastic, and motivated. This position requires strong interpersonal and oral communication skills and the ability to work independently while closely following detailed instructions. This role will require you to have a valid driver's license and access to a reliable vehicle. You will also be required to attend a two-day CAMH orientation session in Toronto. Candidates require the ability to work effectively in a wide range of settings with individuals from diverse backgrounds.

Please Note: These three (3) casual positions are not part of any bargaining unit.

Salary Range: **Competitive salary and benefits package.**

Please forward your resume to:

Human Resources
Centre for Addiction and Mental Health
1001 Queen Street West
Toronto, Ontario
M6J 1H4
Fax: (416) 583-4316
E-mail: jobs@camh.net

Please remember to include quote the File Number in the subject line when applying.

Posting Date: January 15, 2013
Closing Date: **January 29, 2013**
File Number: 13014

As an employment equity employer CAMH actively seeks Aboriginal peoples, visible minorities, women, people with disabilities, (including people with who have experienced mental health and substance use challenges), and additional diverse identities for our workforce.



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works, and training, requires booking and on site.*

Thanks, Jason Williams email:
usedgood22@hotmail.ca

Animal Control Officer -Patrick Nahmabin

Call or text Pat at 519-330-7450
(for animal control issues only)

Primary duties are to follow up on loose dog complaints
and monitor quarantined dogs. If you are a dog owner
and your dog is loose, it is your responsibility to retrieve
your dog. Traps are available at the Band Garage for use
by community members.(519-336-0510)

CHIPPEWA TRIBE-UNE

978 Tashmoo Avenue
Sarnia, Ontario N7T 7H5

Phone: 519-336-8410 Fax: 519-336-0382

E-mail: tribeune@aamjiwnaang.ca

[https://sites.google.com/site/
chippewatribeune/home](https://sites.google.com/site/chippewatribeune/home)

Your next Chippewa Tribe-Une is due out
on **Thursday, January 31st, 2013**

The **deadline** will be on
Tuesday, January 29th
by 4:00 pm

Chi-Miigwetch,
Bonnie Plain ~ Editor

**News from St. Clair United Church . . .**

It is Friday the 11th of January as I write this. I am constantly checking Facebook and even CBC's website for news of what's happening in Ottawa [I realize this may not be the most accurate source!]. *Idle No More Ottawa* has become an event that every Canadian should be watching.

My husband, Joe, and I walked for a good part of the event here in Sarnia on December 24. I was so impressed by the energy, the positive energy that accompanied the walkers. And I was at the CN blockade the afternoon the Mayor and Police Chief were present. Again, I was impressed with the respectful energy from the citizens of Aamjiwnaang. That appears to be true of the crowd in Ottawa this day. Peaceful protest is the way to go; violence just confirms for those who don't seem to know better that the erroneous stereotypes of First Nation women and men they've been fed over the decades are true.

I don't get racism. I mean I understand what it is, I just don't get how in a 21st Century world there are still people who believe any one race or ethnic group is superior to another. It makes no sense to me. Unfortunately it makes sense to a lot of people, a number of whom are moving through the corridors of power in Ottawa. But I don't need to tell you that. You know well the racism that exists in the words and intent of The Indian Act and in the decisions to ignore treaty rights both federally and provincially. You know well the racism that built Residential Schools generations ago and that fills the jails and prisons today. And I suppose that, sadly, there are children in this community who come home from school with stories of bullying that is really racism.

I want to believe that when my ancestors signed the treaties with your ancestors they did so with integrity, anticipating that future generations would live out the treaties. I really want to believe that. I don't know if it is fact, at least in all cases. I am deeply saddened; heck I am downright angry by how things have turned out. I support *Idle No More*. Completely and fully. I haven't been to all the gatherings here in the community because I haven't wanted my presence to be upsetting to those who are more than rightfully incensed by how the dominant culture, of which I am a part, continues to perpetrate injustice against the First Nation, Métis and Inuit people of this country. *Idle No More* is a necessary movement. I wish it wasn't so, but it is.

I wish it wasn't necessary for Chief Spence to fast to the extent that her body is endangered. Her commitment to peaceful resistance is teaching all of us, Native and Non-Native of another way of having our voices heard. Even when attempts are made to discredit her as happened just days ago with the media release around the audit in Attawapiskat, her resolve never wavered. She has become my hero, too.

I appreciate when I hear Chiefs and other leaders declare that *Idle No More* is about all of us, but I don't forget for a minute that they are your voices speaking loudly; I pray we all chime in and bring about long awaited just and respectful relationships.

Rev. Carolyn

