



AAMJIWNAANG FIRST NATION

CHIPPEWA TRIBE-UNE

August 30, 2013

Issue 13.17

Editor: Bonnie Plain

Assistant Editor:
Judith Plain

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Rekindle
TECUMSEH'S
Vision
7 DAY WORLD UNITY GATHERING
SEPT 29
TO
OCT 5
2013

FOR MORE INFORMATION GO TO:
SFNS.ON.CA
SOUTHERN ONTARIO, CANADA

COME TO OUR TERRITORY

Design by: Patricia Whelan | info@earthlink.ca

Happy BirthdayAug. 31st to Sept. 14th 2013

Melissa	Boone	Aug.	31	Kiona	Buffalo	Sept.	7
Amanda	Keusch	Aug.	31	Justin	Firth	Sept.	7
Michael	Montemayor	Aug.	31	Beverly	Fisher	Sept.	7
Renee	Rogers	Aug.	31	Jennifer	Hiller	Sept.	7
Willard	Williams	Aug.	31	Keegan	Kewaquom	Sept.	7
Jordan	Adams	Sept.	1	Trevor	Romlewski	Sept.	7
Calvin	Chad	Sept.	1	Landen	Cox	Sept.	8
Owen	Freeman	Sept.	1	Knute	Oliver	Sept.	8
Wendy	George	Sept.	1	Yvonne	Williams	Sept.	8
Nathan	Gray	Sept.	1	Justin	Worsley	Sept.	8
Trevelyan	James	Sept.	1	Laurie	Goulais	Sept.	9
Christopher	Joseph	Sept.	1	David	Oliver	Sept.	9
River Fox	Rogers	Sept.	1	Ashleigh	Pettit	Sept.	9
Alexander	Fisher	Sept.	2	Christopher	Pettit	Sept.	9
Karla	Laws	Sept.	2	Tracy	Williams	Sept.	9
Darryl	Maness	Sept.	2	Gary	Bird II	Sept.	10
Kaiya	Rogers	Sept.	2	Nickoma Earle	Cottrelle	Sept.	10
Duane	Stone	Sept.	2	Edward	Jacobs	Sept.	10
Jada	Williams	Sept.	2	Connie	John	Sept.	10
Zailen	Firth	Sept.	3	Michele	Keusch	Sept.	10
Elijah	Gray	Sept.	3	Pamela	Plain	Sept.	10
Rosemary	Herron	Sept.	3	Candice	Rogers	Sept.	10
Kendall	Jacobs	Sept.	3	Sandra	Stocum	Sept.	10
Gerald Maynard	Maness	Sept.	3	Noah	Stokes	Sept.	10
Christopher	Pitre	Sept.	3	Meddie	Wood	Sept.	10
Clyde	Simon	Sept.	3	Diana	David	Sept.	11
Kevin	Williams	Sept.	3	Thomas	Joseph	Sept.	11
Shari	Eyre	Sept.	4	Michael	Maness	Sept.	11
David	Jacobs	Sept.	4	Deborah	Plain	Sept.	11
Mateo	Martinez	Sept.	4	Demetrio	Plain	Sept.	11
Dawn Marie	Smith	Sept.	4	Colette	Vallieres	Sept.	11
Brian	Bois	Sept.	5	Louis	Desjarlais	Sept.	12
Rhonda	Bois	Sept.	5	Caitlyn	Ford	Sept.	12
Robert	Maness	Sept.	5	Brianne	Hewitt	Sept.	12
Julie	Pouget	Sept.	5	Brian	Jacobs	Sept.	12
Tammy	Rogers	Sept.	5	Andrew	Munoz	Sept.	12
Darren	Cottrelle	Sept.	6	Alaska	Hanna	Sept.	13
Ferne	Cottrelle	Sept.	6	Sydney	Jonker	Sept.	13
Christopher	Dumouchel	Sept.	6	Ethan	Adams	Sept.	14
Sheila	Firth	Sept.	6	Raenae	Adams	Sept.	14
Jason	Williams	Sept.	6	Shawna	Parker	Sept.	14
Tyler	Williams	Sept.	6	M'Nodeh	Plain	Sept.	14
Twila	Wilson	Sept.	6	Elan	Rogers	Sept.	14



Yes you're Fifty!
Happy Birthday To You
 Cheers to Many More.
With much Love: Your Family

Good day ☺

I have returned to work on a gradual return basis. Regular Council Meetings are held every 1st & 3rd Monday of each month. Should the Monday be a holiday the Council Meeting will be held on the Tuesday.

The deadline for agenda item submissions is the Wednesday prior at 4:00 p.m. You **MUST** submit documentation or your item will be on the next regular Council Meeting Agenda.

I look forward to working with Aam-jiwnaang.

Miigwetch;
 Shelley, Band Council Clerk

NEW ANIMAL CONTROL OFFICER
Ron Simon - Call 519-330-7450
 (for animal control issues only)

Primary duties are to follow up on loose dog complaints and monitor quarantined dogs. If you are a dog owner and your dog is loose, it is your responsibility to retrieve your dog. Traps are available at the Band Garage for use by community members.(519-336-0510)

Rekindle TECUMSEH'S Vision

We are planning to take a van to Delaware Nation to attend their portion of "Rekindle Tecumseh's Vision" on Oct 3-5, 2013
 Please indicate if you would like your name added to the list.

Please sign up if you are interested in attending
LIMITED SEATING

Contact: Marina Plain
519-336-8410

Also, we will be hosting an
Information Night
With Author David Plain & Elder Mike Plain Sept 19th at the Community Centre 6—8 pm
Contact: Marina Plain



E'Mino Bmaad-zijig Workshops

What kind of workshops would you like to see?

Call 519-332-6770 or email
 tgeorge@aamjiwnaang.ca



Attention Community Members

A number of dirty needles have been found on the reserve in various areas. Please speak with your children and tell them not to pick up any needles that they may see when outside playing in the community.  Children should tell an adult if they see/find a needle. Used syringes can contain blood which can be infectious. If you are stuck by a used syringe you are exposed to HIV, and Hepatitis-C or Hepatitis-B which affects your liver.  You should seek Medical attention at your local hospital as soon as possible if you are stuck by a needle. The proper disposal of syringes  should be in a sharps container.  If you require a sharps container for needle disposal please stop by the Health Center 1300 Tashmoo Ave., Sarnia or call 1-519-332-6770.

Yours in Health

Prostate Cancer Awareness Week Presents.....

Men's Dinner at Stokes Bay Bar & Grill

Monday, September 23, 2013

5:30 – 7:30 pm

Guest Speaker

Limited Seated



Please call the Health Centre at
519-332-6770 to register.

Home & Community Care Conference

AAMJIWNAANG FIRST NATION

ATTENTION:

**Home & Community Care
Clients & Family**

Our H&CC Workers will be attending
this year's conference on
September 27th, 28th, 29th, 2013

There will be **NO SERVICE** after
Noon on Friday September 26th,
Regular hours will commence on
Monday September 30th, 2013

**Please make arrangements with
family on these days.**

These conference's are very important
for your workers to learn new things
to help benefit our clients.

**Thank you for your co-operation
and understanding.**

Respectfully Yours, Becky Adams

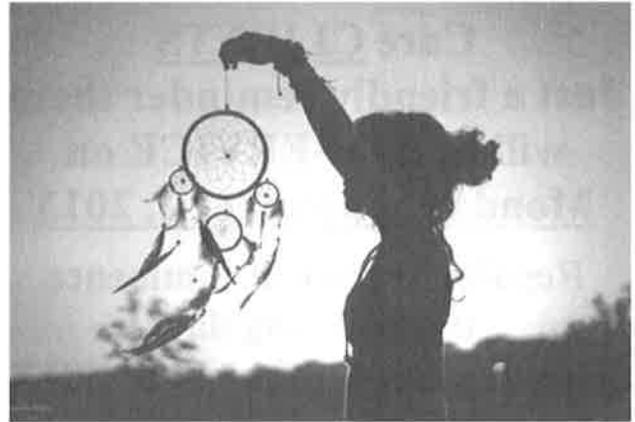


Quote

The body is a sacred garment. It's your
first and last garment; it is what you
enter life in and what you depart life with,
and it should be treated with honor.

~ Martha Graham

Honouring Life *- National Suicide Prevention Day*



September 10th, 2013

Agenda

- 5:00 PM Traditional Feast*
- 6:00 PM Yellow Ribbon
Presentation*
- 6:30 PM Butterfly Release*



*Please call the Health Centre
at 519-332-6770 to sign up.*

Labour Day September 2nd

**Attention Home & Community
Care CLIENTS**

**Just a friendly reminder there
will be **NO SERVICE** on
Monday September 2, 2013**

**Regular hours will commence
the following day.**

Tuesday September 3rd, 2013

*Thank you Respectfully Yours,
H&CC Clerk—Becky Adams*

ANNOUNCEMENT

ST. CLAIR UNITED CHURCH

Sunday Worship resumes

September 8, 2013 at 11:00 AM

with services by George Pitfield

We have arranged for Rev. Matthew Stevens to conduct a Baptismal Service on October 20, 2013. Anyone interested in Baptism for yourself or for your children are asked to contact: Janice Rising 519-344-5448 for further details.

While St. Clair United Church is in the process of searching for a new minister, we hope to continue to serve the community as much as possible. We can find a United Church Minister from another Church or a Lay Minister willing to help out in Emergency situations or should you find yourself in need of a minister for pastoral care.

For assistance please contact
Janice Rising at 519-344-5448 or
George Pitfield by leaving a message at
the church 519-344-6119.

Traveling Seniors Trip to Chicago

September 16th—20th, 2013

There are still a few seats available
for Band Members 50+

You will need \$100 U.S. deposit
(non-refundable)

and 2-\$10 gift cards at sign-up.

Contact:

Jackie Cunningham, 519-869-4189

Tina Johnston, 519-337-9959

Willie Williams, 519-332-6771

Attention Aamjiwnaang Members Chippewa Tribe-Une Update

*The following information is in regards to the
recent changes to the Chippewa Tribe-Une*

New Hours Starting in September

Monday—Thursday 9:00 to 2:00

The Tribe-Une will be delivered

Every-other Friday

The deadline will be every other

Wednesday by 12:00 pm

* If you receive your Tribe-Une via email,
and **do not require a paper copy**, please call
the Band Office and let me know. Or leave
your name with Naomi at the front desk.

NOTE: For Status Card Photos

I will **NOT** be available to take pictures on
Fridays! If you require a photo please call in
advance to ensure Carolyn and I are in.

Mii Gwetch, from Bonnie Plain

Museum of Ontario Archaeology 5th Annual Traditional Pow Wow & Harvest Festival

A Celebration of First Nation Culture

September 14 & 15, 2013

10:00 am - 4:30 pm

*Everyone is invited to experience a
traditional aboriginal Pow Wow!*

1600 Attawandaron Rd, London Ontario.

Admission is by donation

**Workshops, Demonstrations, & Performances
Taking Place on Both Days**

Outdoor Village:

- Pow-wow song & dance demonstration
- Pow-wow Grand Entry
- Pow-wow dancing, singing, drumming

Attawandaron Park:

- Children & youth games & activities
- Face painting, archery, beading, hip-hop
- Lacrosse workshop
- Hand drum workshop

Museum Classroom:

- 4 medicine teachings & cedar tea
- Mandala making workshop

Museum Theatre:

- Hand drum making demonstration
- Bossy Ducharme: traditional teaching
- Hip-Hop dance workshop

Museum Gallery:

- Self-guided gallery tours
- Iroquoian Bead Exhibition:
 - "Through the Voices of Beads"
- Bead Loom workshop



This two day Pow Wow festival features traditional Pow Wow dancing, drumming, storytelling, singing as well as additional activities for the whole family.

Host drums include Naahi and Eagle Flight.

Grand Entry is at 12:00 noon—both days.

Dancing continues throughout the afternoon.

ON-GOING THROUGHOUT THE DAY

Activity
Craft & Food Vendors
Children's Craft Activities
Flint Knapping Demonstrations
Traditional brain tanning demonstration
London Potter's Guild Pit Firing
Story Telling in the Longhouse
Bannock tasting in the Longhouse
Try your hand at Archery with Axxkook Archery
Children & Youth Games & Activities
Children's face painting (11am-1pm & 2-4pm)
Display Booths – Local Community Members
Beads of Life Teaching (SOADI display booth)
Self-Guided Tours
Special Exhibition: "Through the Voices of Beads" Iroquois Bead Exhibition on loan from ROM
Unique & hand crafted items available for sale

Parking: The Museum is located in a residential area near Wonderland Road and Fanshawe Park Road in London, Ontario.—**Accessible parking only on site. - No parking is available on the streets around the Museum.**—**Shuttle bus:** Free parking at Emily Carr & Saint Marguerite schools & Masonville Mall transit stop (NW corner behind LTC stop), with *free* ongoing shuttle bus rides to and from the Museum.

(519) 473-1360

www.museumpowwow.ca



CALL FOR FLOATS



**“Rekindle Tecumseh’s Vision”
7 Day World Unity Gathering**

September 29, 2013

**The Fall Fair and Parade at Walpole Island
(Bkejwanong Territory)**

The theme for the Fall Fair and Parade this year will be centered around Chief Tecumseh and the War of 1812. First Nations, towns, organizations, municipalities and anyone else is encouraged to enter a Float to help us Rekindle Tecumseh’s Vision of Unity, Commemorate the War of 1812 and Honor our Veterans’



For further information or to enter a float please contact:

**Caldwell First Nation
Attn: Darryl van Oirschot
14 Orange St. box 388
Leamington, On N8H 3W3
Darryl van Oirschot
Darryl.cfn@live.ca
(519) 322-1766**

Calling Out To All Vendors!

When: Sept. 29, 30 & Oct. 1, 2013

Where: Walpole Island (Bkejwanong Territory) Anglican Church Grounds

When: October 3, 4, 2013

**Where: Delaware Nation
(Moraviantown) Community Centre**

When: October 5, 2013

Where: Delaware Nation (IEC Grounds)

Cost: 2 gifts for the give away

*****Rekindle Tecumseh’s Vision” World Unity Gathering is a long overdue chance to celebrate the contribution of First Nations People to the War of 1812.***



This momentous event is expected to bring well over 25,000 people over the seven days! (VISIT: SFNS.ON.CA for more information)**

For information about or to secure your vendor space at

“Rekindle Tecumseh’s Vision” contact:

**Caldwell First Nation
Attn: Darryl van Oirschot
14 Orange St. Box 388
Leamington, ON N8H 3W3
Darryl.cfn@live.ca
(519) 322-1766**

Taking Strides For A Cure



AAMJIWNAANG'S 3RD ANNUAL CANCER WALK

NEW DATE

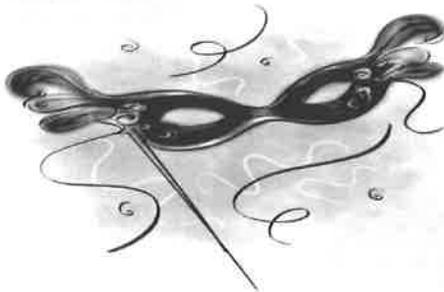
Beginning at Maawn Doosh Gumig
Saturday,

September 7
10:00 am



FEATURING: THEMED LAPS

- Survivors lap
- Mardi Gras lap
- Pirate lap
- Cowgirl/Cowboy lap
- Kids only lap



To register please contact
Roberta at 519-332-6770.

Pledge sheets will be
available at the
Health Centre



Aamjiwnaang's Alternative and Continuing Education for Adults Monday, Tuesday & Thursday AACE: 9:30—2:30

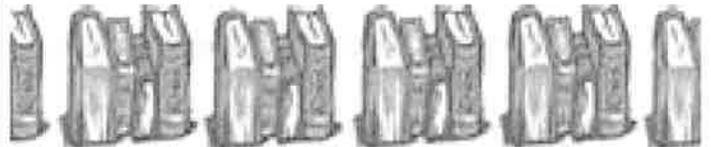
Are you 18 years or older, and want to
increase your confidence for:

- ❑ Greater independence, in
today's electronic world?
- ❑ High School course work?
- ❑ GED or Trade's Exams?
- ❑ Employment?

Then check out...Aamjiwnaang's
Literacy and Basic Skills (LBS)

**EMPLOYMENT
ONTARIO**

Ontario's employment & training network



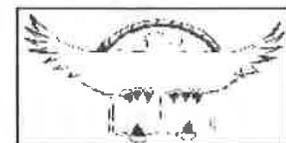
Missing Grade 9 and 10 Credits?

The Aamjiwnaang LBS Program will be hosting a
workshop to assist people with completing their 9
and 10 credits. This 6 week workshop will be held
on Wednesdays and Fridays from 9:30—2:30, start-
ing September 11, 2013. An instructor will be there
to incorporate hands on learning and provide an in-
teractive environment.

What do you need to Join?

Contact us at the Resource Centre before August
30th with a copy of your transcript. If you are hav-
ing a hard time getting yours, we will help you.

Aamjiwnaang LBS Program
978 Tashmoo Ave
The Resource Centre
(519) 336-8410 ext 285



FUNDRAISING INITIATIVE**Community "R" us!**

Taco , corn soup, one pop
& 1 ticket for door prize
10.00 each

AAMJIWNAANG Employment Supports

in partnership w/

MENTAL WELLNESS TEAM

& COMMUNITY WELLNESS

September
26th
12- Sold out
Community Centre



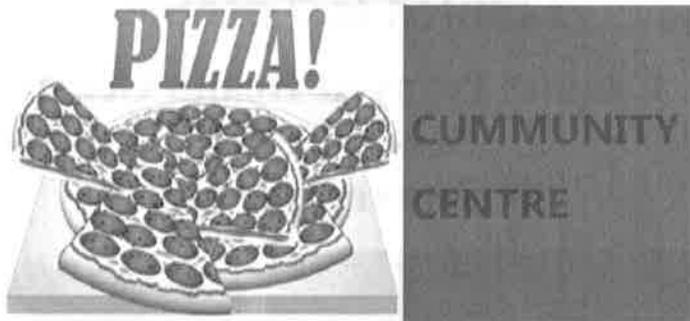
Proceeds of this fundraiser will to OUR
Local Food Bank & the

AAMJIWNAANG MENTAL HEALTH PROGRAM

For more info Contact Marina Plain 519-336-8410

YOUTH WANTED!!

Discussion meeting Time: 2 - 4:30
Topic:
Event planning for youth focused Programming 18-30 Date: Sept. 10

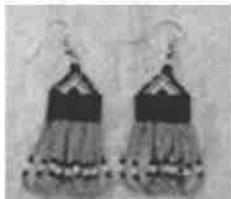


MARINA PLAIN
 519-336-8410

Beading Class

Beading with Ada
 Maawn Doosh Gumig
 Every 2nd & 4th Thursday
 September 12 & 26
 6-8 pm

Come out and learn to bead
 All levels are welcome!!



Contact:
Marina Plain
519-336-8410

MOBILE MARKET

MONDAYS until the end of October

Community Centre Pavilion

Time: 1:00pm - 2:00pm

A program of The Inn of the Good Shepherd
Fresh produce is available at no cost (while supplies last) Many thanks to the farmers, greenhouses and gardeners who support this program with donations of produce!

To access the Mobile Market, please bring one of the following:

- ✓ Inn or food bank client card
- ✓ ID and proof of residence in Lambton County or Co-op Housing
- ✓ Proof of social assistance income (OW or ODSP or OAS)

Host Employment Supports Contact person
 Marina Plain 519-336-8410

Aamjiwnaang

Ontario Works
 Community Placement program

Volunteers



Looking for volunteers to help with that project?

Employment Supports will help participants with supplies, child care & transportation costs

How does Community Placement benefit our community?

For our community, Community Placement enhances the community services and programs offered by its agencies and projects. Through the program it gains members with knowledge, skills, and experience leading to paid work and a reduction in reliance on the social assistance system.

- Participant will receive work experience
- Groups will gain an additional worker
- The project cannot go over 70 hours monthly

For additional information contact:
Marina Plain 519-336-8410

Request for Tenders
Seniors & Youth
Thanksgiving Dinner

Turkey Dinner for 80 People:

- Turkey, Mashed Potatoes, Gravy
- Veggie, Stuffing, Dinner Rolls
- Cranberries, Coleslaw, Relish Tray,
- Coffee, Tea, Juice, Water
- Dessert—Plus Diabetic Dessert

****There needs to be some kind of diabetic Dessert**

- Responsible for paper products

Date: October 10, 2013

Dinner at 5:00

Submit Tenders By:

September 20, 2013 by 4:00 pm.

Health Center

1300 Tashmoo Ave.

Sarnia, ON N7T 8E5

Attn: Peggy & Val

**SENIORS PAINTING
 LESSONS BY "DAANIS"**

**Sessions will be held on
 Wednesday &**

Thursday afternoons

**September 4, 5, 11, 12, 18
 & 19 from 1:30 - 3:30 pm**

All supplies will be provided

first 8 seniors to sign up

Light snacks & refreshments served

**Sign up with Peggy,
 519-332-6770, ext. 31**

**SENIORS
 SHOPPING TRIP**

Wednesday, Sept. 4/13

8:30 - 11:00 am

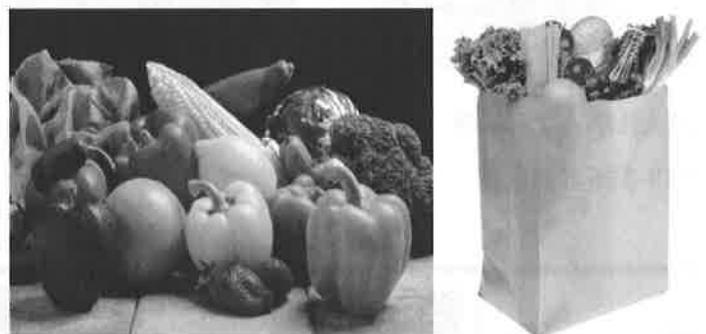
**I can take you to the
 Farmer's Market and
 grocery shopping.**

Limited to 7 people.

Contact Peggy at Health Centre

519-332-6770

to reserve your spot.



**THURSDAY
 AFTERNOONS**

1:30 - 3:30 PM

SENIORS

DROP-IN ROOM

Come on in & beat the heat!

**We can watch movies, play card
 games, Scrabble, Dominoes.....**





theRedPath

RED PATH - ADDICTIONS TREATMENT PROGRAM

WHEN :

Starting in September

WHERE :

HEALTH CENTRE

**FOR MORE INFORMATION OR IF
YOU ARE INTERESTED IN SIGNING
UP FOR THIS PROGRAM, PLEASE
CONTACT ROBIN MANESS AT THE
HEALTH CENTER (519) 332-6770
LIMITED TO 12 INDIVIDUALS**

The RedPath process provides a safe haven, a trusted step-by-step process that when followed allows us to identify and express long-buried emotion, overcome guilt and vulnerability and free ourselves of the oppressive energy of long-standing pain.

- This program is for individuals who wish to increase their awareness of addictive patterns and how addictions affect all aspects of their daily lives.
- This program offers skills to address the underlying problems associated with addictive behaviors.
- Through the use of stories and teachings participants will learn to identify, understand, distinguish & label emotions, gain the ability to tolerate stress & control impulses, resolve conflict, practice empathy, work on communication skills and learn responsibility.
- Participants will be given the opportunity to express their thoughts and feelings through portfolio assignments and group discussions throughout the program.
- Program topics include the following: overview & outcomes of addictions, identifying learned behaviors, problems with immediate gratification, recognizing patterns, mapping destructive patterns, taking ownership, examining self-image, examining shame & guilt, building trust, learning how to problem solve, understanding power & control, exploring acting vs reacting, identifying and managing emotions, developing effective communication, learning about stress management & guided imagery, exploring intimate relationships, honesty & friendships, taking responsibility, goal setting, planning for obstacles, dealing with setbacks, building a support network and practicing skills learned.



"The RedPath Program has given me hope and a teaching I will carry for the rest of my life."

Edna White

Program Participant, Walpole Island

**NATIONAL F.A.S.D.
AWARENESS DAY
(FETAL ALCOHOL SPECTRUM DISORDER)**

LUNCH & LEARN

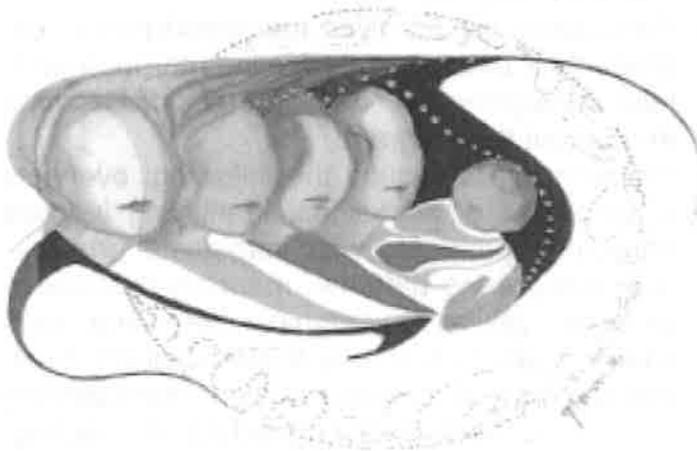
MONDAY

SEPTEMBER 9, 2013

11:30 TO 12:30 AM

***Families and Fetal Alcohol
Spectrum Disorder***

Creating a culture of prevention,
acceptance and belonging



- ☉ Come join us to view a locally produced DVD—Families and Fetal Alcohol Spectrum Disorder
- ☉ Location: E'Mino Bmaad-Zijig Health Centre
- ☉ Register with Dorothy by September 5th at 519-332-6770
- ☉ Lunch to follow for those who are registered

**Enter the Union of Ontario Indians
FASD Program Draw and
you could WIN!!**

Our program is launching an FASD Awareness Campaign with lots of cool prizes and guess what? **It's FREE!!**

All you have to do is fill out a quiz:

Quiz #1 is for those ages 13 and under) and **Quiz #2** is for everyone over the age

of 13. Prizes include an:

Xbox 360 Kinect, iPod Shuffle

HP Mini Laptop (just in time for the new school season), or a

\$100.00 Future Shop gift card!!

It's easy to enter, simply fill out the True or False Quiz and send it to Anna by regular mail, email or fax (contact info is on the form). **Drop quiz off to Joanne Culley at Aamjiwnaang Health Centre by Thursday, September 5, 2013 by 4:30 p.m.**

The deadline is Sept. 6th at noon with the official draws to be made on Sept. 9th which is **International FASD Day**. No personal information will be shared outside of our Health Program, only those who win will be contacted. Quizzes are located on the back pages of this week's Tribe-Une and can be sent to Anna via email at:

knowfasd2@anishinabek.ca or she may be reached at the toll-free telephone number listed below. Please be sure to pass it on to all your friends! Chi-Miigwetch & Good luck!

Chochi Knott

FASD Regional Worker Southeast & Southwest
Union of Ontario

Curve Lake Satellite Office

1024 Mississauga Street

Curve Lake, Ontario K0L 1R0

Tel: (705) 657-9383

Fax: (705) 657-2341

www.anishinabek.ca

Packing Healthy School Lunches



Why are healthy lunches and snacks important —Your child's school lunches are a major source of essential vitamins and minerals needed to grow and develop. The foods you pack for your child will give them the energy and nutrients they need to learn and play at school. Without enough energy from food, they may feel tired and find it difficult to concentrate in class. Just like adults, if tasty healthy foods are not available when your child is hungry, the chances that he or she will reach for unhealthy junk food is greater.

Here's what you need to know about packing a healthier lunch — 1.) Think food groups. Aim to have at least three of the four food groups represented in your child's lunch. Check out [Canada's Food Guide](#) to review the food groups. 2.) Think outside the sandwich! Get creative when picking items for your child's lunch. Sometimes changing something as simple as the type of grain. For example, using pita, flatbread, tortilla, or cereal instead of bread can make lunch more interesting for your little eater. You may even want to write up a simple chart to brainstorm different options. Here are some ideas to get you started. Mix and match the options in the different columns to get a variety of lunch meals.

Back to School ~ Healthy Lunch Ideas

Veggies	Fruit	Grains	Dairy	Meat
Pepper Strips	Melon Balls	Wheat Tortillas	Yogurt	Hard Boiled Eggs
Snow Peas	Apples & Dip	Hot/Cold Cereal	Yogurt Dip	Tuna Salad
Baby Corn	Sliced Mango	English Muffins	Milk/Soy Drinks	Chicken Salad
Cherry Tomatoes	Bananas	Oatmeal Muffins	Cheese Strings	Egg Salad
Cucumbers	Grapes	Rice Cakes	Pudding w/Milk	Sliced Ham
Carrot Sticks	Oranges	Grain Crackers	Cottage Cheese	Sliced Turkey
Broccoli Trees	Pears	Bread Sticks	Pasta w/Cheese	Chicken Breast
Pickles	Mixed Berries	Pita/Flat Bread	Milk-based Soup	Baked Beans
Celery Sticks	Pineapple Cubes	Wild/Brown Rice	Hot Chocolate	Marinated Tofu

Example of peanut-free lunches?

Leftovers

- Vegetarian chili, small whole wheat roll with slice of hard cheese, fruit cup, water
- Curried beef with vegetables, pita wedges, kiwi, mini banana muffin, water
- Chicken thigh, whole wheat couscous, raw carrots, wedge of cantaloupe, milk

Fun sandwiches and wraps

- Whole wheat bagel with sliced hard cheese and apples, yogurt, graham crackers, water
- Whole wheat hot dog bun, tzatziki as spread, leftover chicken with thinly sliced peppers, an orange, chocolate milk
- Leftover stir fry wrapped in a whole wheat tortilla, a nectarine, milk

Simple nutritious snack ideas

- Whole grain crackers with a cheese stick.
- Fresh cut fruit with yogurt dip
- Yogurt tube and small oatmeal muffin
- Nut-free trail mix — Combine dried cranberries, raisins, dried apricots, and apple rings with sunflower and pumpkin seeds, along with your kid's favourite cold cereal

Tasty tidbits

- Cheese and fruit kabob, whole wheat pita wedges, salsa and refried beans for dipping, fortified soy beverage
- Pieces of cold cooked meat (ham, beef or chicken), frozen berries mixed into yogurt, bread sticks, water
- Chickpeas, tomato and green pepper salad, yogurt, whole wheat crackers with hard cheese, water

Involve your child in shopping and deciding which healthy foods to buy for their lunch

CHIEFS OF ONTARIO HIGHLIGHT 3RD DEATH OF FIRST NATION WOMAN IN CITY OF TORONTO AS CALLS FOR INQUIRY INTO MISSING AND MURDERED ABORIGINAL WOMEN ARE DISMISSED BY FEDERAL TORIES

FOR IMMEDIATE RELEASE

Toronto, ON (August 13, 2013) As calls for a National Inquiry into missing and murdered Aboriginal women are dismissed by the federal Tories in Canada, the list of suspicious deaths of First Nations women in Ontario mounts. Just eight months into this year, three suspicious deaths of First Nations women have occurred in the City of Toronto alone raising alarm from the Chiefs of Ontario Women's Caucus. The deceased include Cheyenne Fox (Sheguiandah First Nation), Terra Gardner (Nigigoonsiminikaaning First Nation) and more recently, Bella Laboucan McLean (Sturgeon Lake Cree First Nation). Some of the families of these women who have died in the City of Toronto have raised concerns about the under-investigations of their deaths and inadequate police complaint mechanisms and oversight procedures.

According to the database held by the Native Women's Association of Canada, there are 70 cases of missing and murdered Aboriginal women in Ontario, almost all (90%) of these women are or were mothers and almost half (45%) of these cases remain unsolved. "I am not sure who else besides the Conservative government *doesn't* want a National Inquiry, focusing on prevention will not address this growing problem," stated Ontario Regional Chief Stan Beardy. Three weeks ago the Premiers of the Provinces in Canada, unanimously also backed this call. Numerous other civil society organizations both in Canada and internationally have done the same. A provincial working group and a federal special parliamentary committee have also been working to address violence against Aboriginal women but First Nations leaders say they are no substitute to an independent National Inquiry process which will hear directly from families and communities of victims and will lead to an examination of root causes and a national strategy.

Through the Assembly of First Nations and on their own, the 133 First Nations in Ontario have been demanding a National Inquiry into missing and murdered Aboriginal women. At their annual meeting in June 2013 they endorsed a very significant declaration to support ending violence and abuse in communities and against First Nations peoples. This declaration arose out of the growing epidemic of violence and abuse facing many First Nations peoples, especially women and girls, in their families, in their communities and elsewhere. "First Nations leaders have affirmed their commitment to ensure women are safe in First Nation communities but in society at large, we hold the governments accountable for their respectful treatment, safety and protection," stated Beardy.

Many First Nations women and girls face unbelievable conditions that put them in an extremely vulnerable and unsafe position. First Nations women in Ontario are not only at very high risk of enduring violence and abuse wherever they live, they are also severely overrepresented in the correctional system. While First Nations people represent only 2% of the total population in Ontario, First Nations women represent 53% of the prison population in the northern region of Ontario and 20% of female prison population province-wide. Systemic discrimination has been cited as one of the root causes.

On the week of August 5, 2013, representatives of the Inter-American Commission on Human Rights came to Canada to analyze the situation of missing and murdered Aboriginal women in British Columbia. They will be issuing a report on their findings. Next month, the United Nations Committee on the Elimination of Discrimination against Women will also be sending two experts to investigate the issue. The Chiefs of Ontario Women's Caucus is hoping to file an intervention on the situation in the province.

The Chiefs of Ontario is a political forum, and a secretariat for collective decision making, action, and advocacy for the 133 First Nation communities located within the boundaries of the province of Ontario, Canada.



Canadian Centre
on Substance Abuse
Centre canadien de lutte
contre les toxicomanies

Partnership. Knowledge. Change.
Collaboration. Conscience. Changeament.

CCENDU

Canadian Community Epidemiology
Network on Drug Use

www.ccsa.ca • www.ccl.ca

CCENDU Drug Alert, June 2013

CCENDU Drug Alert

Illicit Fentanyl

CCENDU Drug Alerts use rapidly assembled evidence, ranging from scientific literature to qualitative reports from those directly serving local, high-risk populations, to provide timely information on drug-related topics or patterns of immediate concern that have the potential for serious health-related consequences.

Summary Information

- Recently, reports from Canada and the United States indicate that illicit fentanyl (i.e., produced in clandestine laboratories), rather than diverted prescription-grade fentanyl, has been appearing for sale on the streets.
- In some jurisdictions illicit fentanyl has been appearing in pill and powder form and has been sold as Oxycontin®, heroin or other substances.
- Fentanyl analogues made in clandestine laboratories can be significantly more toxic than pharmaceutical-grade fentanyl.¹ Therefore, individuals who are using heroin, Oxycontin or other substances, but mistakenly take fentanyl, are at greater risk of an accidental overdose.
- Fentanyl overdoses are harder to reverse than other opioids and might require significantly higher dosages of naloxone.²
- Illicit fentanyl was first brought to the attention of CCENDU members in May 2013 when the presence of fentanyl analogues was reported in Montreal, Quebec. Illicit fentanyl has since appeared in a number of other Canadian communities and the availability of this drug might continue to spread.
- Care must be taken when advising substance using populations about the dangers of illicit fentanyl. Advisories should avoid terms that might, indirectly, attract users, such as “strong” or “more powerful.” Such terms could inadvertently result in an increase in people seeking out the drug. Vancouver Coastal Health has developed a poster that uses language intended to warn people of the dangers associated with illicit fentanyl without increasing demand.³

What Is Fentanyl?

Fentanyl is an opioid that is prescribed as a prescription drug to treat chronic pain; however non-medical use has been observed. Prescription-grade fentanyl is available as a transdermal patch, injectable citrate and transmucosal lozenges.

Reports from CCENDU Partners

The following table summarizes the situation across Canada regarding the presence of illicit fentanyl in local communities as reported by the eight CCENDU members.

City	Reports of illicit fentanyl	Local situation
Vancouver, BC	Yes	Vancouver Police encountered a powder and pills that tested positive for fentanyl. The RCMP in Kelowna and Prince George are also aware of it in their local community. The Provincial Public Health Officer of BC issued an information bulletin to emergency services. Public health warned service providers of its presence in the province (see Table 2 below).
Saskatoon, SK	Yes	Local addiction counsellors are reporting the presence of illicit fentanyl among clients seeking methadone treatment. Clients are self-reporting the use of street fentanyl or fake oxy 80's (i.e., Oxycotin pills made with fentanyl) at intake. Drug testing has also confirmed the presence of fentanyl among these clients.
Prince Albert, SK	No	No reports of illicit fentanyl.
Winnipeg, MB	No	No reports of illicit fentanyl.
Toronto, ON	No	No reports of illicit fentanyl.
Ottawa, ON	Yes	One (non-fatal) overdose when a female ingested an illicitly made pill that contained fentanyl.
Halifax, NS	No	No reports of illicit fentanyl.
St. John's, NL	Unclear	Two instances in Goose Bay, Labrador, when illicitly produced fentanyl was sold as opioids such as heroin or Oxycotin.

Recent Advisories

The following table lists examples of warnings, alerts, advisories issued by national, provincial or municipal authorities.

Location	Date	Issuing Authority	Summary
Montreal, QC	May 13, 2013	Montreal police	Police discuss and describe extremely powerful drug (diamorphyl fentanyl) seized in Montreal.
Prince George, BC	May 17, 2013	RCMP	RCMP public health warning regarding fentanyl being sold as heroin.
British Columbia	May 30, 2013	Office of the Provincial Health Officer	BC Provincial Health Officer urges health workers to be watchful for potential overdoses associated with fentanyl. ²
Kelowna, BC	June 07, 2013	RCMP	RCMP provides overview of fentanyl and its associated dangers and warns of its recent appearance in many local street drugs.
Waterloo and Peterborough, ON	June 12, 2013	Peterborough Lakefield Community Police	Community advisory of the presence of fentanyl analogues (in oxycodone, heroin and other substances) and the risk of overdose.
United States	June 20, 2013	Centers for Disease Control and Prevention (CDC)	CDC recommends laboratory testing of acute fentanyl and patient evaluation and treatment for overdose with synthetic opioids.

CCENDU will continue to monitor the presence of illicit fentanyl across Canada. If you have any questions, comments, information to contribute, or corrections to the information contained in this alert, please contact CCENDU@ccsa.ca. For more information on CCENDU and to review previous CCENDU Drug Alerts and Bulletins please visit www.ccsa.ca/Eng/Priorities/Research/CCENDU.

Prepared by the CCBA in partnership with the Canadian Community Epidemiology Network on Drug Use (CCENDU)



You're Invited

Community Conversation with Suncor Energy

*Pease join us to talk about
our activity in the community.*

Hear updates and ask questions about issues including the construction on the St. Clair River Water Pump House and the Vidal St. ditch remediation.

Talk with employees from Suncor and help us to understand your concerns.

Learn about Suncor.

Have a meal.

Offer us your feedback.

**Suncor Energy
Community
Dinner and
Conversation**

Wednesday

Sept. 11, 2013

Drop-in from 4-7pm

Dinner at 5pm

Maawn Doosh Gumig

Community & Youth

Centre

1972 Virgil Ave.

What To Expect When Going Into Secondary School



For all you elementary students that have recently graduated Elementary school and are transferring to Secondary school, this article is for you! All your older siblings, cousins, friends, etc know the feeling you get on that first day of high school or even the night before! That feeling of being excited/nervous as heck, well there's no need to feel nervous at all, you should be more excited! On that first day, don't worry about what people will think of you, just be yourself, be original! Because the friends you have or the friend you make will like you, for the person you are.

There are many secondary schools you can choose to attend, but this also depends if you live in the region where that school is located. For example most of the reserve's youth will attend either St. Clair, SCITS, or Alexander Mackenzie because those are the schools closest to us. But there are other schools in the Lambton Kent region such as St Patrick's, Northern, St Christopher, and LCCVI.



The first week of school is the week where you want to make an impression of yourself to people, but a good impression not a bad one. Make a good impression towards your teachers and peers, because that is how they will see you throughout your high school career. For example, try and be on time for every class and hand in assignments on their due dates, because teachers look at those aspects. Another thing you might want to do, is find someone that you know, and see if they have a similar class schedule, that way you two can find your way to classes together. So you make it to class on time, or not show up late by yourself! The one thing a lot of people find tricky the first week of high school, is knowing how to open up your locker! Now this is tough, and will take some practice and time to master.

The first thing you will want to do reset the lock, you do this by turning the knob twice clockwise,. After resting, you then turn the knob clockwise to the first digit of your combination, next you will turn the knob counter-clockwise to the next digit, finally you will turn the knob one last time clockwise towards the last digit of your combination, you will then pull down on the lock and it will unlock for you.

The days when you aren't in the best of mood, try and stay positive and be friendly in the hallways. Just by saying hi to fellow classmates and friends, because your mood not just affects you but others around you as well. School work wise, you want to stay organized, always! Once you become organized you will feel lost. You no longer have a desk and one classroom! You have 4 different desks, in four different classes, and you wouldn't want to mix your classes up.

Some of the school supplies you will need are four binders, therefore you have a binder for each class, then for your second semester you could just re-use the binders. Or instead of buying four, you could always just buy two for around the same price. You then will use one binder for the morning classes and the other for the afternoon. You will also need the basics such as pencils, erasers, a ruler, pencil case, pens, whiteout, a calculator, and lots of lined paper! You might also need pencil crayons, and marker for the open classes such as art and crafts. And don't forget extra money for tech fees, art fees, a gym uniform, and music fees! They're a lot of class fees, but you can also get those reimbursed at the band office.

Lastly, in high school you are going to have to get use to the idea of change. Not only school wise, but life wise. Because as you get older and more mature, there comes responsibilities For example, all those sports you want to play, or those extra circular activities you want to be in! Well you will have to learn how to balance out the two of them, plus wanting time for friends, or even a job! These are just some of the things you can expect in secondary school, the rest you will have to experience yourself and hopefully make memories from those experience. But have a fun filled school year all!



The world needs people
 Who cannot be bought;
 Whose word is their bond;
 Who put character above wealth;
 Who possess opinions and a will;
 Who are larger than their vocations;
 Who do not hesitate to take chances;
 Who will not lose their individuality in a crowd;
 Who will be as honest in small things as in great things;
 Who will make no compromise with wrong;
 Whose ambitions are not confined to their own selfish desires; Who will not say they do it "because everybody else does it;
 "Who are true to their friends through good report and evil report, in adversity as well as prosperity;
 Who do not believe that shrewdness, cunning, and hard-headedness are the best qualities for winning success;
 Who are not ashamed or afraid to stand for the truth when it is unpopular;
 Who can say "no" with emphasis, although all the rest of the world says "yes".

~Ted W. Engstrom

Drug Overdose Awareness Day 2nd Annual 2 Pitch Baseball Tournament

September 13-15, 2013

[Kettle Point Baseball diamond]

Kettle and Stony Point Health Centre will be hosting the second annual Drug Overdose Awareness Day Baseball Tournament to be held September 13 to the 15 at the Kettle Point Baseball diamond.

- **10 Teams (10 players min)**
 - 4 Females
 - 4 Males
 - 1 Female youth aged 13-18
 - 1 Male youth aged 13-18
- **Round Robin format**
- **\$100.00 entry fee per team**
- **Prize Money will be determined according to # of teams registered**
- **Home run derby**
- **Team shirts to be provided**
- **Food Booth available**
- **Bring a non perishable food item and receive a free hotdog**
- **Much More prizes to be won**



**Register by
 September 5th, 2013**

**THIS IS A
DRUG AND ALCOHOL
FREE EVENT!**

For more details and to complete your registration form please contact Penny or Tammy at 519-786-6588



Canadian Forces Aboriginal Employment Program Info

At the Community Centre
 Aamjiwnaang First Nation
 Tuesday, Sept 24, 2013
 2:00-4:30 PM



Sgt. Ray Starks
 226-346-0790
www.forces.ca



Aamjiwnaang
 First Nation
 Marina
 519-336-8410



COACH BUS
\$20 Voucher for Gaming
Monday, Sept. 30th

\$40 per Person
 Ticket's Available at
White Knight

Proper ID for Border Crossing
 Bus Leaves at 9:00 am **SHARP**



C&M Take-out food

Opening Soon!

Aanii, community members,
 friends and family.

Forty three years of my life I've been sitting here, thinking what I can do to benefit the community that my loving parents had passed down to myself Crystal Dowling (Williams).

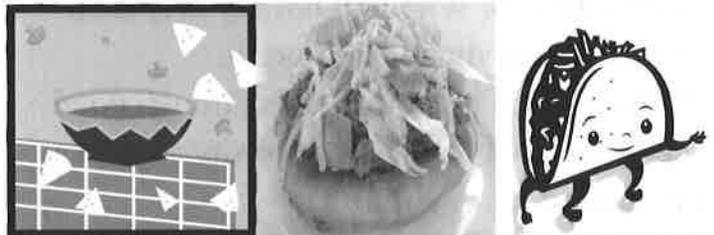
I remember years ago when we had BBQ's, cookouts with the family, friends would come around just looking forward to that cup of tea/ coffee or bowl of homemade soup and fried bread. I really enjoyed having those occasions. When friends, family, or people would drop by for a drink or some food. So that's why I've decided to open up C&M's take-out food to enjoy those get-togethers once again.

Saturday

August 31st, 2013

12:00—6:00p.m.

@ 123 Maness Court



Opening Day Items Being Sold

Indian Taco	\$6.00
Big Soft Taco	\$5.00
Nacho Supreme	\$5.00
Pop/water	\$1.00

Please call ahead for any LRG
 orders: (519)-337-6143



AAMJIWNAANG FIRST NATION
EMPLOYMENT OPPORTUNITY
Contract to Permanent—DAY CARE CUSTODIAN

JOB DUTIES:

Provides cleaning and maintenance service for the Day Care facility including, but not limited to, the care and cleaning of all surfaces and service facilities; waste collection and disposal; and window washing.

Must be available to shovel and salt walkways as necessary.

Provides informal inspections of day care facility and reports any necessary repairs to the day care supervisor.

Responsible for adherence to Occupational Health and Safety procedures.

Performs other related duties as may be reasonable required by the Day Care Supervisor.

QUALIFICATIONS:

- Ontario Secondary School Graduation Diploma or equivalent.
- Knowledge of cleaning and minor maintenance procedures
- Exhibits a strong work ethic and self direction
- An understanding of occupation health and safety requirements and procedures.
- WHMIS certified.

Must be able to work evenings.

1 APPLICATION TO INCLUDE;

2

1. Cover letter with contact information.

Resume listing education and work experience.

The successful candidate must provide a Police Record Check. (C.P.I.C.)

Please forward applications to:

Assistant Band Administrator

978 Tashmoo Ave

Sarnia, ON N7T 7H5

FAX 519-336-0382

Deadline for applications is September 6, 2013 at 4:00pm.

NOTICE TO ALL BAND MEMBERS RE: HOUSING APPLICATIONS

The Aamjiwnaang First Nation Housing Department are taking new applications for the 10 New Duplexes currently being built at the end of Tashmoo Ave. Estimated move in date: Nov. 1st, 2013.

- 2 & 3 bedrooms
- Two units are 2bdrm "Wheelchair" Accessible/Handicap Units
- \$600 +utilities & \$625 +utilities
- Fridge & Stove NOT Supplied

Deadline for new applications: September 20, 2013.

Please NOTE: IF you are going to apply for one of the new duplexes you must fill out a NEW housing application regardless if you are on the current waiting list. Please contact the Housing Department if you have any questions. Applications can be picked up at the front desk at the Band Office.

SEPTEMBER Check List

- ✓ Check fireplace and chimney; service or clean if needed.
- ✓ Check roofing and flashing for signs of wear or damage.
- ✓ Clean leaves out of eaves troughs.
- At Least Once a Year, Clear Away leaves and other debris from your gutters. If there are trees near the house, this clear-out is best done in the autumn, after the leaves fall. Wear heavy gloves when clearing your gutters and use a trowel to lift the matted leaves. Start at the end of the gutter nearest the downspout.

Housing Inspections

Randy Doxtator from the S.F.N.S. is here every Monday to perform housing inspections. Please call to book an appointment if you need an inspection done.

2012 /14 Housing Committee

Errol Gray	Councilor
Sherri Crowley	Councilor
Jacky Cunningham	Band Member
Ada Lockridge	Band Member
Ron Simon	Band Member

Housing Committee meets every 2nd and 4th Monday of the month. If you have items for the agenda please have all information into the Housing Department one week prior to the meeting. **Thank you.**

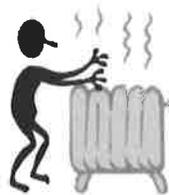
NOTICE TO ALL TENANTS IN BAND RENTAL UNITS, CMHC HOUSING UNITS, SENIORS COMPLEX, SENIORS DUPLEX AND APPARTMENTS

Re: Contents Insurance

It is the responsibility of the tenant to provide contents insurance for their unit. The Housing Department is not responsible for sewer damage, sewer backup or flooding.

As per the Housing Policy and your signed housing agreement each tenant is to provide a copy of their contents insurance policy to the Housing Department.

Contact an insurance broker for more information.



***Please Return Any Borrowed
Humidifiers or Heaters to the
Housing Department.***

Housing Department Staff

Tracy Williams - Housing Coordinator
twilliams@aamjiwnaang.ca

Jeannie Gray - Housing Clerk
housingclerk@aamjiwnaang.ca

Earle Cottrelle - Maintenance Worker
maintenance@aamjiwnaang.ca

Youth Council

Open Invitation

What is a youth council? Youth council is a way for youth to engage their voice about the problems in their community, city, province, country, etc. Youth councils have many purposes, such as expressing their voice, relevant issues, engaging in decision making, and contributing in improving the lives of young people within the Aamjiwnaang community. The Youth Council will consist of 6 youth members, youth volunteers, and one adult mentor.

Youth Council Positions:

- (1) Chairman
- (1) Co-chairman
- (1) Secretary
- (1) Communications Officer
- (2) Treasurer's
- (1) *Adult Mentor/Elder/Role Model

Council Duties:

Chairman:

- Be in charge of the administrative affairs of the youth council with assistance from an Adult Mentor.
- Preside over all meetings of the youth council.
- Shall appoint members when necessary to research issues.

Co-chairman:

- Shall assume the duties of the chairman during the chairman's absence.
- Assist the chairman to perform duties when needed.
- Prepare an annual report with assistance from the council's mentor, summarizing the all activities of the council.

Secretary:

- Record and maintain the minutes of all youth council meetings and file them with the copies of previous minutes.
- Prepare and receive correspondence for the youth council and maintain proper files.
- Perform other duties as ordinarily pertain to the youth council roles and responsibilities.

Communication Officer:

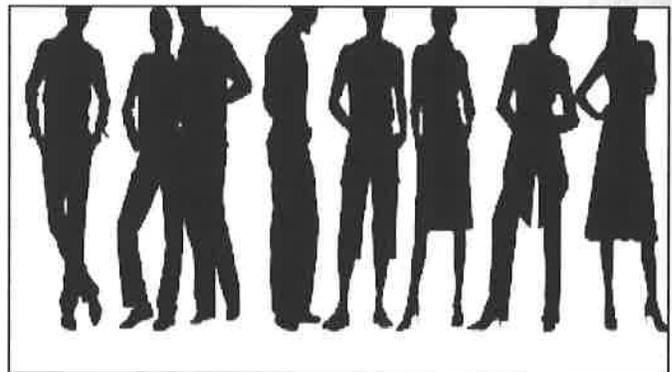
- Shall manage a webpage and create a newsletter for the public to view.
- Provide and manage the communication process between council, subgroups, and general members.

Treasurer:

- Manage all the financial matters. (handle money)
- Maintain financial records (receipts, statements)

All Youth Council Members must:

- Plan, implement and coordinate events for the community's children/youth under the Chairman's/ Mentors guidance and support.
- Be willing and able to voluntarily participate in all meetings and planned activities
- Share input and support in all decision making (i.e.. Who will do what, who will look after the bundle)



How Being Apart of Youth Council Benefits You

Being apart of youth council benefits you in ways such as giving you the chance to meet new people and forming friendships, gaining an understanding of the government process, developing greater self-esteem and self-confidence, gaining self-worth and inner-strength to battle negative peer pressure, Being actively involved in the planning and development of youth facilities, and learning how to take responsibility for your actions.

If you are interested in becoming a member of the Youth Council, please contact one of the following people to set up a date and time to discuss how to get it started. ~ McKay Swanson: Via Facebook, Mike Plain (Elder/Mentor): 226-776-1154 or Via Facebook

Don't Wait, Vaccinate!



What is a vaccine?

A vaccine is the substance given to immunize your child, this substance contains killed or weakened germs of a specific disease in order to protect your child from getting the real disease. Vaccines help your child's immune system produce two important tools: antibodies that fight off the specific disease and immune memory that helps children in case they are exposed to the disease again in the future

Vaccines Protect Children

Elders share knowledge of medicine that have been used for generations, these "good medicines" have been used by First Nations communities to prevent sickness and heal those who are ill. Many of these medicines are still used today.

Vaccines are also good medicines for your child. They help protect children from a number of diseases, some of which can be very serious and cause death.



Your Child and Immunizations

Immunization is an important part of your child's health. Learning the facts about immunization can help you make good decisions to protect your child.

When should I immunize my child?

Timing is very important when it comes to immunizations. Vaccines work best when given on time: beginning when your child is still very young, as a child is most vulnerable to diseases during the first two years of life. An immunization schedule will tell you which immunization to get for your child and at what age. Following the schedule will make sure that your child gets the most benefit from the vaccines.

Vaccines are safe

Vaccines are effective and safe. Canada has a strict approval process for vaccines. Vaccines are monitored from the time they are made to the time they are given and afterwards. Part of this system includes tracking any side effects.

The danger of vaccine preventable disease are much greater than the risks of a serious reaction to the vaccines. It is important for children to receive their vaccines on time. Most children who receive all of their vaccines on time are fully protected from the vaccine preventable diseases they were immunized against. Some children get partial protection from the immunizations. This means that they may still have mild symptoms if exposed to one of these diseases, but generally won't have the potentially serious complications.

Where do I take my child for immunization?

Where you take your child will vary depending where you live—on reserve or in a urban, rural or remote community.

There are a number of different ways to find out where your child can get vaccinated. **You can call E'Mino Bmaad-Zijig Gamig 1300 Tashmoo Ave, Sarnia 519-332-6770**

Why should I keep track of immunizations?

Your child's health and well being are reasons why you should keep track of your child's immunization, you can help ensure that your nurse or health care provider has the proper information and that your child receives the right vaccinations on time.

At your first visit, ask your nurse or health care provider for an immunization record (or card). Remember to bring your child's immunization record to each appointment so that it can be updated each time the child has a vaccination. An immunization records may be required when your child:

- Starts school
- Is transferred to a new school on another area
- Goes to camp
- Receives health care outside the community
- Travels outside the country
- Moves to another community
- Has a new nurse or health care provider

Summer Student Letters of Appreciation

ASSISTANT TRIBE-UNE EDITOR



Aanii, family and friends!

My name is Judith Plain, and as some of you may know, I've been working with Bonnie as the assistant editor through the Secondary Student Summer job Placement. I've learned a lot of things working for the Tribe-Une, such as how to use various computer programs such as publisher, excel, word, and power point in a more in-depth understanding.

Also, working with the Tribe-Une has given me the possibilities to be more interactive within the community and it's community members. The events I like to consider my "on-assignments" were attending the Right to Play's lacrosse development program, reptiles at risk presentation, and the Talfourd Creek presentation; that the summer student's in the environment department hosted. These were the events I got to take pictures at to present in the Tribe-Une and to also write up articles explaining the days fun and learning!

At this time I would like to give a big thank you to the Aamjiwnaang community for putting together a Summer student job placement program because it gives the community's youth great work experience. I would also like to thank the summer coordinators Celsie and Rachael for hiring me as the Tribe-Une assistant editor. Lastly I would like to thank Bonnie Plain for being a great supervisor, it was pleasure working with you!

Sincerely, Judith Plain

ASSISTANT CUSTODIAN



Hi, community members

My name is Josh, and I worked as one of the assistant custodians this summer. I had a fun time this summer working as an assistant custodian along side my co-workers. I learned lots of new things and how to use new equipment. I feel like I did a good job helping out around the community centre and keeping it clean this summer.

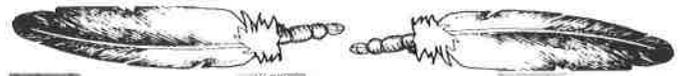
Sincerely, Joshua Daws

ENVIRONMENT DEPARTMENT WORKERS



Hello,

I, Keisha enjoyed my summer job working in the environment department. Having this job has allowed me to become more aware of what happens in my community. I have had lots of fun working with my co-workers to restore Talfourd Creek. We learned about many different jobs that help the environment. I also enjoyed learning about the endangered species and what I can do to help preserve them.



Hey,

I, Austin, really liked having this job. I really liked it because it provided an insight to what a career in this field would be like. The environment field is definitely a path I am considering taking for college/university. Overall this job has been a valuable and exciting experience.

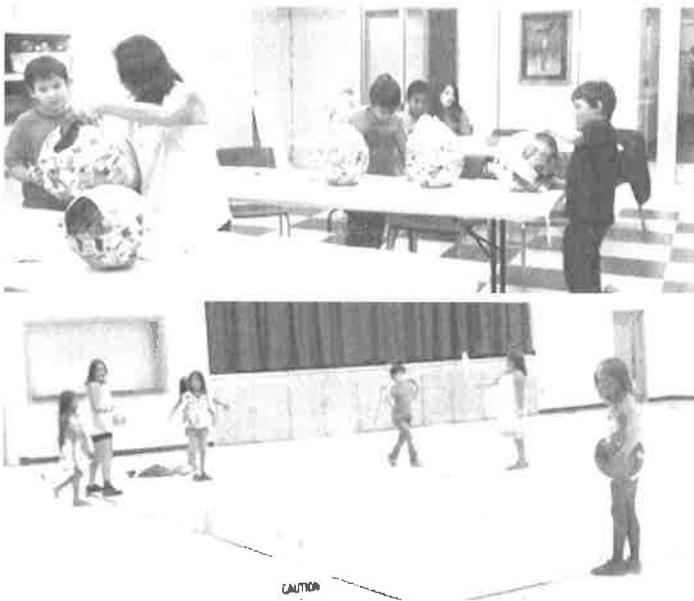
Sincerely,
Summer students,
Keisha Walker and Austin Williams

Summer Student Letters of Appreciation

Aanii, community members

We would like to thank the generous community members who donated craft supplies for KIPS. These supplies were used for a variety of crafts, some of which include: egg carton & toilet paper flowers, bird feeders, bamboo wind chimes, piggy banks, paper mache masks, bracelets, necklaces, rain makers and many more. The kids were taught about the importance of recycling while at camp, and our recycled crafts were a constant reminder of what they had learned. Thank-you for helping our camp members have a memorable and fun summer.

Sincerely,
KIPS Staff and Campers



To all the summer students,

We would like to express our deep gratitude for all the hard work you have done this summer. Each and every one of you has done an incredible job and has made our job a lot easier in the process. We hope that you will continue to utilize all the skills you have gained by working, in every way that you can. We also hope that each of you had an amazing time and wish you luck for your future aspirations. Thank-you again for all that you have done to make this summer an amazing one!

Sincerely,
Celsie Williams-Bressette & Rachael Simon

End of Summer Fun at Wonderland



INDIGENOUS SERVICES
AT WESTERN UNIVERSITY

OPEN HOUSE

GRAND RE-OPENING!

Friday, September 20th

2:00 PM – 4:00 PM

Indigenous Services

Western Student Services Building,
Rm. 2100.

www.indigenous.uwo.ca

EVERYONE IS WELCOME!

Refreshments will be provided.

Meet Indigenous
Services Staff!

Meet our Visiting Elders,
Bruce and Myrna!

Engage with the First
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INDIGENOUS
SERVICES at Western

CHIPPEWA TRIBE-UNE

978 Tashmoo Avenue
Sarnia, Ontario N7T 7H5

Phone: 519-336-8410 Fax: 519-336-0382

E-mail: tribeune@aamjiwnaang.ca

<https://sites.google.com/site/chippewatribeune/home>

Your next Chippewa Tribe-Une is due out on
Friday, September 13th, 2013

The **deadline** will be on
Wednesday, September 11, 2013
by **12:00 pm**

Chi-Miigwetch, ~ Bonnie Plain, Editor



POLITICAL OFFICE:
108 Mission Road
Fort Wilket First Nation, ON
P0 1K7
(867) 626-9138
(867) 626 9404 fax



ADMINISTRATION OFFICE:
111 Peter Street, Suite 804
Toronto, Ontario
M5V 2H1
(416) 597-1266
Fax: (416) 597-5365
Website: www.chiefs-of-ontario.org

CHIEFS OF ONTARIO

IPPERWASH POLICY ANALYST
(Temporary Opportunity)

The Chiefs of Ontario is seeking a highly motivated individual with strong analytical skills to fill the role of Ipperwash Policy Analyst.

BACKGROUND:

The Chiefs of Ontario is a political forum and secretariat established as a coordinating body to assist 133 First Nations in Ontario in advancing their rights through advocacy, lobbying, collective decision-making, and action. The Ipperwash Policy Analyst will work within the Chiefs of Ontario's Justice Department under the direction of the Justice Coordinator.

DUTIES AND RESPONSIBILITIES:

- Conducts research, provides statistical analysis and drafts written materials (including briefing notes, discussion papers, position papers, and reports) on matters relating to the Ipperwash Inquiry and various domestic and international issues affecting First Nations, including Treaty, policing, resource revenue sharing, consultation mechanisms, and Inherent, title and Treaty rights, and other;
- Coordinates and/or participates in various committees or working groups, and assists in preparing materials as required;
- Analyzes new and proposed legislation, policies, regulations that impact First Nation citizens and communities;
- Engages with First Nations leadership and citizens to determine priorities and obtain input;
- Manages projects to meet the needs of First Nation communities;
- Performs other duties, as required.

REQUIREMENTS:

- Proven ability to work constructively as part of a team and independently with limited supervision;
- Individuals of First Nations ancestry preferred;
- Ability to speak, write, and read First Nation language is an asset;
- Experience working with First Nation citizens, communities and/or organizations;
- Degree in law, political science, social science, or an equivalent combination of education, training and experience;
- Knowledge of legal and academic research tools and mechanisms;
- Ability to thrive in a fast-paced and demanding work environment;
- Strong organizational and time management skills;
- Strong verbal and written communication skills;
- Proficiency with computer hardware and software;
- Ability and willingness to travel, as required.

DURATION: Until March 31, 2014, with possible extension

LOCATION: Administrative Office, 111 Peter Street, Suite 804, Toronto, Ontario

SALARY: Negotiable, within salary range

APPLICATION DEADLINE: by 4:00 pm on Friday, September 13, 2013

Applications should include a cover letter, resume and 3 references, and should be submitted VIA EMAIL ONLY to:

Gary Dicks, Executive Director
Chiefs of Ontario
Email: opportunities@coo.org

The Chiefs of Ontario would like to thank all those that apply, but only those granted an interview will be contacted.