



AAMJIWNAANG FIRST NATION

EMERGENCY PLANNING

Office – (519) 336-8410



Home Emergency Kits

Your home emergency kit should have everything you and your family would need to be safe and take care of yourselves for at least three days immediately following an emergency. You may have some basic emergency kit items already. The key is to make sure they are organized, easy to find and easy to carry (in a suitcase with wheels or in a backpack) in case you need to evacuate your home.

Whatever you do, don't wait for a disaster to happen. Be prepared!!

Basic Emergency Kit Items

Water...Four litres of bottled water per person per day

Food...that won't spoil, such as canned food, energy bars and dried foods (remember to replace the food and water once a year). Include a manual can opener

Blankets

Flashlight and batteries (or wind-up flashlight)

Candles and matches or lighter

Battery-powered or wind-up radio (extra batteries, if needed)

First aid kit

Special needs items (prescription medications, infant formula, diapers, equipment for people with disabilities)

Extra keys for your car and house

Cell phone or mobile device (include charger)

Cash...include smaller bills (traveler's cheques are also useful, if available) and change

Emergency plan...include a copy with in-town and out-of-town contact information

Additional Emergency Supplies

Change of clothing and footwear (for each household member)

Sleeping bag (for each household member)

Toiletries, toilet paper, hand sanitizer

Utensils

Garbage bags. Zip-lock bags to keep things dry.

Soap, shampoo, toothpaste, toothbrush

Household chlorine bleach or water purifying tablets

Basic tools (hammer, pliers, wrench, screwdrivers, work gloves, pocket knife)

Small fuel-operated stove and fuel (if available)

Whistle (to attract attention)

Duct tape.

Any other items specific to suit your family's needs.

To sign up for the **Aamjiwnaang Notification System**, visit to the Aamjiwnaang website, www.aamjiwnaang.ca and follow the links to the Emergency Planning page. Click on the sign up link.

You can also sign up from the '**Aamjiwnaang First Nation Emergency Planning**' page on Facebook.



AAMJIWNAANG
NOTIFICATION SYSTEM
NOONDAN GEZHAWEBAG
(to hear what will happen)

