



Orange Shirt Day

September 30th



Orange Shirt Day is held to honour the children who survived the Indian Residential Schools, and remember those who did not

This year we will be collecting photos of those who attended Residential Schools, and placing them around the community on an orange shirt.

Please send scanned copies to rsimon@aamjiwnaang.ca or bring a photo to the Health Centre to be scanned

Details of the days event to follow shortly

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Aamjiwnaang's Alternative and Continuing Education

Classes resume on, Tuesday, September 6, 2016

Computer use available at the Maawn Doosh Gumig Community centre, 2972 Virgil Ave, Sarnia, ON

NOTICE

The Band Office, Health Centre and Community Centre

will be closed on

Friday, September 23, 2016.

We apologize for any inconvenience.

RATIFICATION VOTES

NOTE: There are two (2) Ratification Votes coming up in October and November, 2016. Please remind all your off-reserve friends and family to provide their up-to-date mailing address to Carolyn Nahmabin at 519-336-8410 or to cnahmabin@aamjiwnaang.ca to ensure that they receive their information package and mail-in ballot in a timely manner.

Aamjiwnaang Population Stats
Current: 2370



COUNCIL AGENDA ITEM SUBMISSION DEADLINE!!

FRIENDLY REMINDER

Please be advised that the Council Meeting Agenda Item deadline is the Wednesday prior to the Regular Council Meeting (RCM) at 4:00 p.m. (unless otherwise noted below). Sorry, no exceptions. Any items submitted after the deadline will placed on the next RCM Agenda/Meeting.

RCM's are every 1st and 3rd Monday of each month. Should the RCM fall on a holiday, then it will be held on the following Tuesday.

Miigwech for your co-operation and understanding.

Respectfully,
Lynn, A/Band Council Clerk

If you have any discussion items for
Chief and Council on:

Monday, September 19, 2016

The deadline for submission is:

Wednesday, September 14, 2016



Aboriginal Affairs and
Northern Development Canada

**IF YOU DO NOT HAVE THE
MANDATORY IDENTIFICATION TO
OBTAIN A STATUS CARD,
PLEASE CALL: 1-800-567-9604**

- Advise the call centre representative that you want to obtain a Temporary Confirmation of Registration Document (TCRD).
- They will ask a series of questions to confirm your identity and then mail a Temporary Confirmation of Registration Document (TCRD) to you.
- **This document will state your registration number and can be used in place of a Status Card to access benefits and services.**

COUNCIL AGENDAS

Presently a copy of the Council Agenda is posted on the front door of the Band Office.

If you would like to receive an "electronic" copy of the Council Agenda, please send an email to:

editor@aamjiwnaang.ca

providing your name and band number.

Only band members can receive an electronic copy of the Agenda.

Thank you.

Sandy Waring
Community Information Officer

Constitution Development News

The Aamjiwnaang Chi'Naaknigewin (Community Constitution) has now been approved by Council.

Members of the Constitution Development Team will be attending community functions to share our information.

Copies are available at the Band Office or Community Centre.

**RATIFICATION VOTE DATE:
OCTOBER 27 - 2016**

NOTICE

Aamjiwnaang School Bus Transportation Notifications

Any change must go through the Aamjiwnaang Education Department

- Address change
- Telephone number update
- Change of School
- New students
- Bus Service no longer required

Please advise the Education Department at the Band Administration Building of any changes at 519-336-8410 Diane Aiken ext. 246, or Vicki Ware ext. 247.

Bus Drivers will only accept changes as approved by the Education Department.

The Aamjiwnaang Bus Transportation Policy is available upon request. To ensure the bus safety of our students, we must all work together.

RP Home Renos
Interior and Exterior
For free estimates
7 days a week call
Ryan Pitre
519-312-7537

TNT Auto Detailing & Upholstery
Call for free quote or to book appointment
 Owner: Greg Gray
 1909 Virgil Ave-Sarnia, Ontario
 (226)-349-1865
 Auto Detailing
 Upholstery & Carpet Cleaning

Medical Travel Drivers

Terry Plain (Monis)	...519-402-5535
Ron Simon	...519-330-7450
Sheila Firth	...519-383-1073
Mary Lou Williams	...519-337-9342
Carol Miller	...226-932-2419
Christine Plain	...519-466-0054
Fenton (Wimpy) Plain	H: 519-491-5248 C: 519-466-8717

Aamjiwnaang First Nation now has a wheelchair accessible van which can provide transportation services to persons with a physical functional mobility challenge. Anyone who is unable to or finds it difficult to use conventional transit due to their mobility issues will be able to access this van.

This van may be used for the following purposes:

- i. For medical transportation appointments. Medical Transportation Appointments will take precedence over all other bookings. Please note: When using it to attend a medical appointment, you will be required to have a Medical Transportation Form signed at your appointment.
- ii. Community Events during regularly scheduled business hours.

How to Book the Van:

You can book the Wheelchair Accessible Van by calling the Health Centre and speaking with Dorothy. Dorothy will schedule you with a driver.

When calling to book the wheelchair van, please provide a 48 hour notice or longer to avoid being disappointed.

Pick up and drop off of the van will be done at the Health Centre. If returning after hours, there will be a drop box located at the front doors of the Health Center where the keys may be left.



AAMJIWNAANG FIRST NATION CHIPPEWAS OF SARNIA

978 Tashmoo Avenue
Sarnia, Ontario
N7T 7H5
Phone: (519) 336-8410
Fax: (519) 336-0382

Education Department

Before and After School Care

Junior/Senior Kindergarten

2016 Pilot Project

Aamjiwnaang will offer a Before and After School Care Program to assist working families with childcare options. The program will be offered on a trial basis until December 23, 2016, at which time it will be re-evaluated to determine if the need still exists. Children must be enrolled at the following schools:

SCHOOLS:

Junior Kindergarten (JK) - Aamjiwnaang Junior Kindergarten

Senior Kindergarten (SK):

- Sir John Moore Community School – Corunna
- Queen Elizabeth II Elementary– Sarnia
- Lansdowne Elementary School – Sarnia

TIME:

Start Date: Monday, September 6, 2016

Start time: 7:15 am

End time: 5:00 pm

Students attending the LKDSB will be transported by the Hull Bus Lines to their school at the scheduled start times. They will return to the Aamjiwnaang Junior Kindergarten Program at the end of their school day.

FEES:

Daily Fees: \$7/day

Half Day Fees: \$3.50/day

Fees are due on the 20th of each month; if payment is not received prior to the 20th, children will not be allowed to attend the Before and After School Program until full payment is received.

- Morning and afternoon snacks will be provided. If you are interested in registering please contact Vicki Ware, Education Coordinator at 519-336-8410.

STARTS

Saturday, September 10

Honouring Life Photo Contest

For the month September we will be celebrating World Suicide Prevention and want to see how you honour life!

SNAP

A photo showing how you honour life

POST

Your photo to our Facebook page @AamjiwnaangHealthCentre with the hashtag #honouringlife

ENTER

Your name will be entered to win a \$50 Cineplex gift card and a selfie stick



Contact Rachael
with any questions



Visit us on Facebook!
Aamjiwnaang Health Centre

Creative Journaling

Doodle and De-stress



Every other Tuesday starting September 20th
10am – noon

A bullet journal can help you:

- Keep track to your schedule
- Relieve stress
- Focus on the important tasks
- Get more done
- Improves your memory
- Set and achieve goals



Call Rachael at the Health Centre to register



Visit us on Facebook!
Aamjiwnaang Health Centre

Healthy Meal Prep



When – Tuesday,
September 27 from
5:30pm – 7pm

Where – Community
Centre

What – 20 freezer
ready breakfasts

Sleep in too late? Are you and the kids always running out of the house without breakfast? Freezer meals can help you and your busy family!

Learn how buying in bulk and setting aside one night a month, can save you time and money!



Call Rachael at the
Health Centre to register



Visit us on Facebook!
Aamjiwnaang Health Centre



Aamjiwnaang Caring Connections Nurturing Program

For Women with Substance Misuse Issues
who are Pregnant or Parenting Children

This program's focus is to help mothers learn to balance their recovery from substance use with being the best parent she can be to her children. These roles are often viewed as being at odds with each other as a woman learns that she is supposed to be as selfish in her recovery as she was in her addiction while acknowledging that being a parent is one of the most selfless roles a woman fulfills in her life. This program teaches a woman to nurture herself in her recovery as she learns to nurture her child so the roles can be parallel to allow a woman to effectively manage both roles. The program aims to improve and strengthen the relationship between mother and child to improve outcomes for their newborns, infants and children while strengthening a mother's path to recovery.

**12 week program to be held weekly
On Wednesdays**

****Individual Sessions are available as well.
Call to set up an appointment****

Location: Aamjiwnaang

Contact:

Tammy Martin @ 519.328.1683 OR

Tracey George @ 519.332.6770





The following workshops are for those aged 16+ and are held at the Health Centre (unless otherwise stated).

For more information please call 519-332-6770

BWH Withdrawal Management

Family Support Drop In

September 13th, 5-7pm

Addiction and the Brain

This meeting is for family members coping with the worry of a loved one living with chronic substance abuse or dependence. We will meet once per month on an ongoing basis. Open to anyone age 16+.

No registration is required. Simply drop in.





Mental Health First Aid CANADA



What is Mental Health First Aid?

Mental Health First Aid (MHFA) is the help provided to a person developing a mental health problem or experiencing a mental health crisis. Just as physical first aid is administered to an injured person before medical treatment can be obtained, MHFA is given until appropriate treatment is found or until the crisis is resolved.

The MHFA Canada program aims to improve mental health literacy, and provide the skills and knowledge to help people better manage potential or developing mental health problems in themselves, a family member, a friend or a colleague.

The program does not teach people how to be therapists. It does teach people how to:

- ✦ Recognize the signs and symptoms of mental health problems.
- ✦ Provide initial help.
- ✦ Guide a person towards appropriate professional help.

MHFA shares the same overall purpose as traditional first aid – to save lives. It aims to:

- ✦ Preserve life where a person may be a danger to themselves or others.
- ✦ Provide help to prevent the mental health problem from developing into a more serious state.
- ✦ Promote the recovery of good mental health.

Provide comfort to a person experiencing a mental health problem.

Why take MHFA Canada?

Mental health problems are common, especially depression, anxiety and misuse of alcohol and other drugs.

There is a stigma associated with mental health problems. People are often ashamed to discuss mental health problems with family, friends and work colleagues.

Many people are not well informed. With greater community awareness, people will be able to recognize their own or others' problems and feel more comfortable about seeking professional assistance.

Professional help is not always on hand. This is when members of the public can offer immediate aid and support the person until they get appropriate professional help.

People may lack the insight to realize they need help or that help is available.

Members of the general public often do not know how to respond.

Mental Health First Aid for Adults who Interact with Youth

Dates: Wed/Thurs Oct 5 / 6, 2016

Times: 8:30am – 4:30 pm

Location: Aamjiwnaang

Contact: Tracey @ 519-332-6770

Nutrition News:

Sarah Kidd, RD Registered Dietitian from Rapids Family Health Team is available for individual or family nutrition counselling at the Health Centre by appointment on Tuesday afternoons by appointment between 1 pm and 4:30 pm.



Initial appointment will be 1 hour minimum.

Call front desk at the Health Center **(519)332-6770** to schedule an appointment.

Diabetic Support group DATES:

Monday, September 19th, 2016

Monday, October 24th, 2016

Monday, November, 21st, 2016

Monday, December 12th, 2016

Women's Wellness

An opportunity to visit with women to learn new skills, crafts, food, home, health, and more... a time to visit with each other and have some fun. All women ages 16 +

No registration required.

Just drop in.

Sept 21st, 5—7pm

Health Centre



The following workshops are for those aged 16+ and are held at the Health Centre (unless otherwise stated).

For more information please call 519-332-6770



FETAL ALCOHOL SPECTRUM DISORDER (FASD)

FASD is a term to describe the full range of harm that can result from drinking alcohol during pregnancy.

FASD is preventable. There is no cure for FASD; it lasts a lifetime. There are supports for parents and children affected by FASD.

FASD Awareness Day is September 9th

A time to reflect on what change has been made, think about those affected by FASD and those affected by addictions.

During pregnancy there is:

No Safe Time to Drink Alcohol

Most organ growth is completed a few weeks after the first three months. Brain growth continues during pregnancy and after birth. Exposure to alcohol anytime during pregnancy can affect the baby's brain.

No Safe Type of Alcohol

All types of alcohol may be harmful to the growing baby.

No Safe Amount

A safe amount of alcohol in pregnancy is not known. It is never too late to stop drinking. Binge drinking and heavy drinking are very harmful to an unborn baby. If you are concerned about the amount of alcohol you drank before knowing you were pregnant, talk with your health-care provider or call Motherisk (1-877-FAS-INFO). The call is confidential.

If a woman is having trouble not drinking alcohol, help is available. Aamjiwnaang Mental Wellness and Healthy Babies/Healthy Children Teams have information on supports.

The amount of alcohol it takes to harm a baby is unknown. Alcohol reaches the unborn baby through the mother's bloodstream. The harms that may result depend on the amount, pattern and timing of consumption as well as the woman's overall health.

SIGNS OF FASD MAY INCLUDE:

- Slow physical growth
- Heart, kidney or bone problems
- Poor memory
- Behaviour problems
- Learning difficulties
- Vision or hearing problems

Common questions:

Q: Does drinking by the biological father affect his unborn baby?

A: If a biological father drinks alcohol, it will not have an effect at the time of conception and does not affect the unborn child yet; he should try to be as healthy as possible before conception. A father or partner can support a woman's choice not to drink when pregnant or when trying to get pregnant by not drinking.

Q: I'm not pregnant but my drinking worries me.

A: Talk to your health-care provider or go online to assess your drinking, www.checkyourdrinking.net

Q: I'm worried I can't stop drinking on my own.

A: You are not alone. Support is available. Contact your healthcare provider or Aamjiwnaang Health Centre.

THE SOUP KITCHEN



12:00 – 1:00pm
HEALTH CENTRE

Want to socialize?

Come out and join us and have a delicious meal on us!

- **Thursday, September 8th, 2016**
- **Thursday, October 13th, 2016**
- **Thursday, November 10th, 2016**
- **Thursday, December 8th, 2016**

If anyone is interested in volunteering to prepare the soup/lunch on any of these dates please do not hesitate to contact Kristal. This will be an opportunity to showcase your talents and to visit with community members.

For further information please call the Health Centre at 519-332-6770



CONGREGATE DINING

...or “Community Dining” is designed to give our Seniors (55 years & older) an opportunity to enjoy a nutritious meal while socializing with others. In addition to the luncheon, short educational or entertainment sessions are often provided.

Criteria:

- Be over the age of 55
- Must attend the luncheon

Cost: FREE!

- Please note that there will no longer be any delivery except for in cases of extreme physical limitation. Must be assessed before approved.

LEFTOVERS will be given to any ill person or families in the community, frozen and saved for use in a near future meal, or given to the seniors in the community.

**PLEASE COME OUT AND ENJOY
A DELICIOUS HOMECOOKED
MEAL
VOLUNTEERS ARE ALWAYS
WELCOME!**

**Call Peggy or Robin for more
Info at 519-332-6770**

September Menu

Sept. 14	Chicken pot pie, salad, roll & dessert
Sept. 21	Ham, scalloped potatoes, veggie, roll or bread. Dessert
Sept. 28	Shepherd’s pie, salad, roll or bread. Dessert

October Menu

Oct. 4	Thanksgiving Dinner.
Oct. 12	Hamburg steak & mushroom gravy, mashed potatoes, veggie, bread or roll. Dessert
Oct. 19	Soup & sandwich, salad and Dessert
Oct. 26	Bat wings, Ghoulish Mac & Cheese, Veggie, Mud Pie & Witches Brew!

Language Classes

With Francis Pawis will resume in September.
Tuesdays from 6—8 pm
Community Centre Room C.
Everyone is welcome!



THE GOLD CUBE

Call Shawnacey Williams:

519.900.6549

thegoldcube@gmail.com

**GRAPHIC/WEB DESIGNER
FOR HIRE!**

Websites • Business Cards • Flyers • Branding
Brochures • Postcards • Logos • CD Album Design
T-shirts • Apps • Signage • Banners • Custom Design



September



Healthy Babies/Healthy Children & Head Start	
Monday, September 5th	No program-all band operations closed
Wednesday, September 7th Head Start	5:00 p.m. to 7:30 p.m. Literacy Night
Thursday, September 8th Healthy Babies/Healthy Children	10:30 a.m. to 12:30 p.m. Play & Literacy 12:00 Lunch and Learn FASD
Monday, September 12th Head Start	10:30 a.m. to 1:30 p.m. Simple Sewing
Wednesday, September 14th Special Event & Head Start	9:00 a.m. to 3:30 p.m. A Spirit's Journey Traditional Teacher-Mike Bisson Special Event-Registration required
	5:00 p.m. to 7:30 p.m. Handprint Craft
Thursday, September 15th Healthy Babies/Healthy Children	10:30 a.m. to 12:30 p.m. Fall Craft
Monday, September 19th Head Start	10:30 a.m. to 1:30 p.m. Simple Sewing
Wednesday, September 21st Head Start	5:00 p.m. to 7:30 p.m. Pajama Day
Thursday, September 22nd Healthy Babies/Healthy Children	10:30 a.m. to 12:30 p.m. Breakfast and Shopping on a Budget Sign-up: Limited to 10 families
Monday, September 26th Head Start	10:30 a.m. to 1:30 p.m. Baking with Apples
Wednesday, September 28th Head Start	5:00 p.m. to 7:30 p.m. Apple Crafts
Thursday, September 29th Healthy Babies/Healthy Children	10:30 a.m. to 12:30 p.m. Nutrition with Nikki

HOME WITH A HEART



Are you ready to make positive changes in your life? Want to be organized, on budget, enjoy cooking, have time for you, and enrich parenting. This is the program for you.

Community Health Rep and Ontario Works are partnering to bring this life enriching program to the Community. There is room for **12 participants** and it is a weekly session over 6 weeks.

Start date: **September 15th, 2016**

End Date: **October 20th, 2016**

Call the Health Center to register 519-332-6770
ask for Kristal Nahmabin, CHR

Home with a Heart is a unique program designed to help a woman make **her** home a special place for the family. It includes a step-by-step 12-Week Plan that is easy to understand and fun to apply.

- Join the 12-week program with instruction for 2-3 hours weekly
- Apply lessons in your own home
- One-on-one mentoring support provided as needed
- High school accreditation may be available
- Sponsorship may be available
- Some locations offer one-week schools

Life-Changing Benefits

- Effectively manage your home
- Restore family relationships
- Improve financial & social status
- Receive life-long skills
- Build ongoing friendships





Tuck for Fitness—Personal Trainer

Starting **Tuesday evenings on September 6th, 2016 to September 27th, 2016.** Diane Tuckey will be providing her personal training expertise to provide opportunities to community members. Diane will help you design your personal fitness goals.

We are scheduling appointments for Tuesdays between 5 and 5:30 pm for new individual sessions. Anyone who has been participating in the program is welcome to attend at 5:30 for there individual program.

This is a great opportunity for you to get healthy and use a personal trainer for **free**. Please take this opportunity to get into a routine that suits your needs and your level of activity. We need to keep moving to stay healthy. *Call today 519-332-6770—Kristal Nahmabin, CHR*

WHERE: Maawn Doosh Gumig Community Center and Youth Center—fitness room

WHEN: Tuesday evenings 5:00 to 6:00 pm

By appointment for first session



Spin class



Mooretown Arena

Thursday, 7 – 8pm

September 15th – October 20th

Come out every Thursday to participate in a high energy work out lead by our own band counsellor Sherrri Crowley!

Why should you attend?!

- One class can burn on average 500 calories
- Improve cardiovascular health
- Low impact workout that takes the pressure off your knees and feet
- Progress at your own pace!



Limited bikes. To register please call the Health Centre 519-332-6770



Like us on Facebook!
Aamjiwnaang Health Centre



RICHARD ASSINEWAI

To book your
appointment
call SOAHAC @
519-289-0352
Or toll free @
1-877-672-4079
September 13th

Richard (Animkii-Ankwad) is Anishnaabe from Wikwemikong First Nation on Manitoulin Island. He currently lives in the city of North Bay. Richard is actively involved in the preservation of his culture and traditions and is a fluent Anishnaabemwin (Ojibwa) speaker. He has worked with Aboriginal people struggling with the justice system and has worked inside Community Corrections facilities. Richard had endured many difficult life situations and he openly shares these experiences, his acquired knowledge and his wisdom through his personal story of spiritual development. Although Richard is familiar with many modalities of Traditional Healing, he is most often called upon to create sacred space and facilitate spiritual ceremony, communicating with our ancestors, and assisting people to find their original connections to creation.

One to one visits

our visiting Traditional Healers/Elders are required to have a Shkaabewis – a Helper – present at all times. Our Shkaabewis will assist you and the Traditional Healers with all aspects of your visit, including note taking to help you remember your conversation. You might feel a bit nervous about approaching a Traditional Healer during your first visit; this is normal and natural. Our Traditional Healers will do everything they can to try and put your mind at ease so you can be relaxed and comfortable as possible.



Southwest Ontario
Aboriginal Health
Access Centre





**** Attention Aamjiwnaang ****



The Culture and Heritage Committee has decided to preserve Aamjiwnaang's precious Oral History and we are seeking Community members to contribute their histories!

If you have stories relating to the History of Aamjiwnaang, and particularly Creation < Precontact, Treaties < Post Contact, Wars (Any war that our ancestors took part in) Educational history and Petrochemical Industries, please consider contributing. Contact us with a contact number where you can be reached. We are expecting this project to take a minimum 2 years to compile.

Miigetch!

**The Heritage and Culture Group
519-328-0942 or mdplain@gmail.com**

**Aamjiwnaang Culture
and Heritage**

We are an open community group with strengths in various areas and bring a dynamic team to the table.

We specialize in various cultural and heritage information including:

- Historical research
- Workshops
- Volunteering
- Ceremonial information & much more.

Meetings are on the first and third Wednesday of each month starting at 6 pm. Location: Maawn Doosh Gumig Community Center.

We always accept new group members, requests & presentations.

For more information, contact Marina at mdplain@gmail.com or any Heritage member.



Our interactive, practical workshops support suicide prevention initiatives all over the world. Virtually anyone can learn the skills to save a life, and more than 1,000,000 people have attended since 1983. With a variety of workshops to suit all needs, there is a program for everyone who wants to help.

ARE YOU INTERESTED IN LEARNING HOW TO HELP IF SOMEONE SAYS
THEY WANT TO DIE ?

ASIST Suicide Intervention Training

OCTOBER 20—21, 2016

Native Wind Consultants

Community Centre

Call the Health Centre to register.

Seats are limited so register as soon as possible.



NATIVE WIND CONSULTING

ANISHINABE ININIWAG GROUP



Men's Group

The group are working on drum sticks and medicine bags and planning a barbeque.

So if you want to learn more about the drum making, drum sticks or have other suggestions of things we can do as a group, please attend. If you want to share your knowledge please don't be shy and come out and share and have some laughs.

September 21, 2016 at 5:00 pm
and every other week after at the
Community Centre. Call the
Health Centre at 519-332-6770 to
confirm dates.

TJ's Salvage & Demolition

Down & Out?? We'll tear it down, cut it down and haul it out... trees, buildings, cars whatever you want removed.

Reasonable Rates...

Prompt Service...

Call Jamie, Jacob or Triah at
226-932-5784

Travelling Seniors News & Updates...

Travelling Seniors hold monthly meetings the first Wednesday of every month at 6:00 pm at the Community Centre in the Seniors Room. Note: The next meeting will be held on October 5th.

**Shopping Trips to the
Farmer's Market
for 55 & over members
Wednesday's
8:30 - 10:30
Starting June 8 - Sept. 28**

**If you would like to be
picked up,
please give Peggy at call,
519-332-6770, ext. 31**

We Are Fitness



Youth Program & We are Fitness presents....

Those signed up for Kick Boxing Classes

Who: Youth already signed up

When: Tuesday Evenings- 5:45-6:45* TIME CHANGE*

Starting Date: September 26, 2016

Where: Community Centre Gym

If your youth is interested, there are a couple of spots that became available.

This is not a Fight Club.

Adults will Gain:

~Self -Esteem

~Goal Setting

~ Physical Activity

~Healthy Living

~Discipline and positive interactions with peers

Please call Valerie Cottrelle If you have any further questions.

@ 519-491-2160

We Are Fitness



Aamjiwnaang's Community Health & We are Fitness presents....

Kick Boxing Classes

For Adults

Who: Ages 21 year & older (Families welcome)

When: Tuesday Evenings- 7:00-8:00

Start Date: September 26, 2016

Where: Community Centre Gym

18 Spaces Available

This is not a Fight Club.

Adults will Gain:

~Self -Esteem

~Goal Setting

~ Physical Activity

~Healthy Living

~Discipline and positive interactions with peers

Please call Kristal Nahmabin to sign-up or If you have any further questions. @ 519-332-6770

AAMJIWNAANG HEALTH CENTER INFORMATION



Back to School—the most wonderful time of the year

September 2016

What are head lice?

Head lice can affect anyone, but generally affects young children, especially girls with longer hair. It does not matter if you are rich or poor, nor is it affected by how clean you are. Lice are simply transferred from one human host to another.

The louse is small wingless insect which generally attaches itself to the shaft of a human hair, and feeds off human blood through the scalp. Related species of lice can also live on clothing items, while pubic lice generally live on hair in the pubic region. They are different from fleas (which mostly infect pets) in that they spend their entire life on their host.

Preventing Head Lice

Transfer usually comes through direct head-to-head contact with an infested person, but can also be spread by sharing combs, stocking caps, scarves, towels or bedding.

Children are often the most affected, particularly those between the ages of 3 and 10. Additionally, females often get head lice more than males, possibly due to having longer hair. Pets are generally not carriers.

To prevent transfer of lice from affected individuals you need to:

1. Treat the affect individual(s) by removing all nits and live lice.
2. Launder all clothing including coats, head gear, bedding and towels.
3. Vacuum furniture and carpets (make sure to throw away the vacuum bags when finished).
4. Place all stuffed animals in garbage bags as a preventative.



You're never too old,
too wacky, too wild,
to pick up a book
and read to a child.

-Dr. Seuss

Some home remedies for prevention may includes;

- Tea tree oil
- Coconut oil
- Coconut shampoo and Conditioner
- Prescribed medication from Physician or NP

For more info contact Health Center at 519-332-6770

A display of helpful information is available in the lobby.

Anyone interested in helping out making a Canoe!

WATER WARRIORS - OGITCHIDAWE NIBI

Youth (8 yrs & up), Families, Community Members
Help build the Canoe from beginning to end!

Starting Monday, September 12th
Every Monday & Wednesday
3:30 - 6:30 pm

At the Community Centre
- Until finished - Come when you can!

Master Canoe Builder - Rene Boogeman

Finished product to be raced by those who built it,
at the 2017 NAIG opening ceremonies, in Toronto.
This will be Aamjiwnaang's Canoe

Any Questions contact Valerie Cottrelle or Sharilyn Johnston.



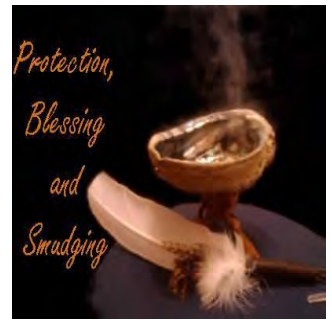


Woman's Talking Circle

Starting September 22, 2016

Maawn Doosh Gumig Community Centre

6:00—8:00 p.m.



With the days getting shorter, Season Affective Disorder (SAD) and Depression can creep up on us without forewarning. This talking circle is an opportunity to sit and share, learn from and lean on other's who may be experiencing a rough time through the long winter days.

Although we are strong women on a daily basis tackling home life, family, work and other unforeseen obstacles, together we can become a fortress!

If you are interested in joining in and just needing a support system, please give me a call, Laurie Goulais evenings 519-491-2160 or cell 519-464-2294.

YARD SALE

Saturday, September 10, 2016

9am - 1pm

at Sue Williams

1898 River Road

Housewares, clothing, jewellery

Food - Scone Dawgs, water, pop



YARD SALE

Saturday, September 10, 2016

1118 Tashmoo Ave

9:00 - 3:00

Boys: shoes, clothes, skates

Women's: clothes - various sizes

Nic-nacks, housewares

Speakers, bird cage, aquarium

Miscellaneous items





**Southwest Ontario
Aboriginal Health
Access Centre**

**TRADITIONAL HEALING
PROGRAM
SEPTEMBER 2016**

To schedule an appointment. Contact Stephanie at our Chippewa site, 519-289-0352. Contact Sissy at our London Site, 519-672-4079.
Please note calendars are subject to change with short notice. Miigwetch/Yaw^{ko}/Thank you

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>SCHEDULING ALL HEALERS/ELDERS: Priority appointments for those supported by proper referral sources from SOAHAC's Traditional Healers/Elders and SOAHAC staff where individuals suffer with chronic illness, in need of pain management and the elderly. Please be reminded to bring tobacco with each visit - females are asked to wear long skirts. Our visiting Healers/Elders are with us monthly. SOAHAC's onsite Resident Healer/Elder, Joanne Jackson, London Site. Miigwetch/Yaw^{ko}/Thank you</p>				1 Joanne Cheechoo London	2 Joanne Cheechoo London	3
4	5 STAT Labour Day	6	7	8	9	10
11	12 Joanne Cheechoo Chippewa	13 Richard Assinewai Outreach-Sarnia	14 Richard Assinewai Outreach-Kettle Point	15 Richard Assinewai Chippewa	16 Richard Assinewai London	17
18	19 Bruce Elijah London	20 Bruce Elijah Chippewa	21	22 Elva Jamieson Chippewa	23 Elva Jamieson London	24
25	26 Liz Akiwenzie Chippewa	27 Liz Akiwenzie London	28 Esstin McLeod Owen Sound	29 Esstin McLeod Owen Sound	30 Esstin McLeod Chippewa	



**Smoking & Tobacco
Cessation**

**THINKING ABOUT QUITTING/READY TO QUIT
LEARN ABOUT AIDS TO HELP YOU QUIT**

FIRST SESSION: MONDAY, AUGUST 15TH, 2016
4:00-6:00 PM
HEALTH CENTRE

Subsequent weekly one on one sessions to follow on August 22nd and September 12th, 2016 and monthly group sessions held on the first Wednesday of each month to December 2016

FOR MORE INFORMATION OR TO SIGN UP PLEASE CALL KRISTAL NAHMABIN OR RACHEL SIMON AT 519-332-6770



Help shape the National Housing Strategy

The Government of Canada believes that all Canadians deserve access to housing that meets their needs and that they can afford.

Achieving good housing outcomes for Canadians requires collaboration among many partners. Provinces and territories play an important role in housing. We are working with them to develop a new **National Housing Strategy**.

Canada's National Housing Strategy will meet the needs of all Canadians. And it must improve the lives of those in greatest need. Everyone's situation is unique.

We know that many Indigenous and Northern communities lack adequate housing. Targeted consultations will ensure we devote energy to these important issues. We are talking to Indigenous governments and organizations to determine how best to do this.

Together, we can accomplish more. The private sector, non-profits, municipalities and housing experts all have a role to play.

We want to hear bold and innovative ideas from all Canadians.

We want to hear what you have to say. Make your voice heard by taking this [brief survey](#) or [submit your views in writing](#) before October 21, 2016. Your ideas will help shape the future of housing in Canada.

To share your thoughts or submit your ideas visit: <http://www.letstalkhousing.ca>



TRIBAL CUSTOM
INSURANCE SERVICES INC.

Do you feel your insurance is too high?
We can help you find the right price and
provide you with great service.

Call NOW for a no-obligation quote!

Head Office — 1000 Degurse Drive, Suite 2,
Sarnia, Ontario N7T 7H5

Tel (519)332-4894 Fax (519)332-5982

“Our Vision—Your Well Being—Our Coverage”



Roger Williams'
A U T H E N T I C
NATIVE CRAFT SHOP

STORE HOURS

Lots to
choose From &
Great
Gift Ideas!

Monday ~ Saturday

10:00 am ~ 6:00 pm

Phone 519-344-1243

EMPLOYMENT AND TRAINING WILL BE OFFERING:

DRIVER'S EDUCATION COURSE



The Employment and Training Department will be offering the 30 hr. Driver Education Course. The course offers a combination of classroom studies & in-vehicle training. Leaving each student with full comprehension of the rules of the road as well as techniques in handling their local road conditions. Each participant will be asked to leave a \$100.00 deposit to obtain a spot in the training, once the training is complete the deposit will be returned to each participant.

If you are interested in attending the course, please contact the Employment & Training Department, Melissa Medeiros at 519-336-8410 to leave your name and phone number. Once all arrangements are complete the department will contact each participant with dates and times that are available. There will be 2 Sessions set up to start off the course.



Mobile Market 2016

Coming to a community near you!

Mondays

Petrolia – Food bank – 4156 Petrolia Line 9:30 – 10:30
Corunna – All Saints Anglican – Hill St 1 1:00 – 12:00
Aamjiwnaang – Community Centre Pavilion 12:30 – 1:30
Lambton College – Events Centre—1485 London Rd 12:30 – 1:30

Tuesdays

Forest – Contact House - 6276 Townsend Line 10:00—11:00
Theford – Meadowville – 76 Mill Street St. 11:30—12:30
Kettle Point – Hillside School – 6265 Indian Lane 1:00—2:00

Wednesdays

Wyoming – 587 Ontario Street 9:15 – 10:15
Watford – United Church – 555 Ontario St 10:45 – 11:45
Alvinston – Township Office – 3236 River Rd 12:15 – 1:15

Fridays

Rogers St. – parking lot 9:30 – 10:30
Kathleen Ave – park 11:00 – 12:00
Veteran's Park – along Victoria St N 12:30 – 1:30
YMCA Learning & Career Centre – 660 Oakdale Ave 2:00 – 3:00

Starts the week of July 11th until the end of October

The Mobile Market ...

Community Kitchen nights!!!

In August & September join us for a couple evenings to learn how to prepare & freeze corn, squash and applesauce then get to take quantities home to stock your freezer for the winter! Dates & locations will be announced at the markets, 2-3 weeks prior to the kitchen nights.



LOGO DESIGN CONTEST

Do you like to design logos? Do you have an artistic flair? Do you want to win some prize money?

Legal Assistance of Windsor is looking for logo submissions for our new program. The program, run by the Aboriginal Justice Coordinator, facilitates access to justice for Aboriginal clients living in the Windsor-Essex/Chatham-Kent areas through advocacy, referrals, outreach, and education.

Requirements:

- The logo must incorporate components of all three of Canada's Indigenous peoples (First Nations, Métis, and Inuit).
- The designer must reside in Ontario.

Prize: The designer of the selected logo will receive \$250.00

Details: Please send your submission to baltzerk@lao.on.ca by Friday October 28th at 4:30pm. Once all submissions are received, the Aboriginal Steering Committee will review them and make their decision. Only the designer of the winning logo submission will be notified.

If you have any questions please contact Katie Baltzer, Aboriginal Justice Coordinator at baltzerk@lao.on.ca or 519-256-7831 x4205



PROGRAM NAME CONTEST

Do you have a creative mind? Do you want to win some prize money?

Legal Assistance of Windsor is looking for a name for our new program. The program, run by the Aboriginal Justice Coordinator, facilitates access to justice for Aboriginal clients living in the Windsor-Essex/Chatham-Kent areas through advocacy, referrals, outreach, and education.

Requirements:

- The person submitting the program name must reside in Ontario.

Prize: The person who submits the winning program name will receive \$100.00.

Details: Please send your submission to baltzerk@lao.on.ca by Friday September 30th at 4:30pm. Once all submissions are received, the Aboriginal Steering Committee will review them and make their decision. Please note, only the winner will be notified.

If you have any questions please contact Katie Baltzer, Aboriginal Justice Coordinator at baltzerk@lao.on.ca or 519-256-7831 x4205



Mino Dbishkaayin-Happy Birthday

September 9—22, 2016

Laurie	Goulais	Sept.	9	Anthony	Stocum	Sept.	15
David	Oliver	Sept.	9	David	Chaisson	Sept.	16
Ashleigh	Pettit	Sept.	9	Glenda	Hawke	Sept.	16
Christopher	Pettit	Sept.	9	Valerie	Herron	Sept.	16
Jamie	Stager	Sept.	9	Carlie	Letham	Sept.	16
Tracy	Williams	Sept.	9	Terrence Lee III	Nahmabin	Sept.	16
Gary	Bird II	Sept.	10	Skylar	White	Sept.	16
Nickoma Earle	Cottrelle	Sept.	10	John Wayne	Cottrelle	Sept.	17
Edward	Jacobs	Sept.	10	Kelly	Levert	Sept.	17
Connie	John	Sept.	10	Evelyn	MacPherson	Sept.	17
Michele	Keusch	Sept.	10	Ernest Anthony	Nahmabin	Sept.	17
Michelle	Koglin	Sept.	10	Melody	Rogers	Sept.	17
Pamela	Plain	Sept.	10	Joseph	Vallieres	Sept.	17
Candice	Rogers	Sept.	10	Trent	Verge	Sept.	17
Sandra	Stocum	Sept.	10	Chase	Williams	Sept.	17
Noah	Stokes	Sept.	10	Jacob	Williams	Sept.	17
Meddie	Wood	Sept.	10	Hailee	Buswa	Sept.	18
Diana	David	Sept.	11	William	Cottrelle	Sept.	18
Thomas	Joseph	Sept.	11	Donelda	Day	Sept.	18
Michael	Maness	Sept.	11	Lauren	Jewell	Sept.	18
Deborah	Plain	Sept.	11	Darryl	Ireland	Sept.	18
Demetrio	Plain	Sept.	11	William	Jacobs	Sept.	18
Colette	Vallieres	Sept.	11	Chloe	Bird-Little	Sept.	19
Louis	Desjarlais	Sept.	12	Danielle	Broer	Sept.	19
Caitlyn	Ford	Sept.	12	Kim	Waters	Sept.	19
Brianne	Hewitt	Sept.	12	Nicholas	McDonald	Sept.	19
Andrew	Munoz	Sept.	12	Jessica	Pickett	Sept.	19
Alaska	Hanna	Sept.	13	Aaron Ferguson	Plain	Sept.	19
Haley	Williams	Sept.	13	Stephanie	Plain	Sept.	19
Sheldon	Williams	Sept.	13	Robert Jr.	Rogers	Sept.	19
Daelyn	Routheaux-Mane	Sept.	13	Nevaeh	Williams	Sept.	19
Sydney	Jonker	Sept.	13	Coda	Adams	Sept.	20
Ethan	Adams	Sept.	14	Natasha	Elie	Sept.	20
Raenae	Adams	Sept.	14	Melanie	George	Sept.	20
Shawna	Parker	Sept.	14	Jaclyn	Joseph	Sept.	20
M'Nodeh	Plain	Sept.	14	Gregory	Plain	Sept.	20
Elan	Rogers	Sept.	14	Mickinley	Rescigno	Sept.	20
Blake	Adams	Sept.	15	Faith	Rogers-James	Sept.	20
Stephanie	Adams	Sept.	15	Jacob	Solomon	Sept.	20
Ellison	Fisher	Sept.	15	Michael	Williams	Sept.	20
Gregory Keith	Gray	Sept.	15	Rose	Cottrelle	Sept.	21
Michael	Rogers	Sept.	15	Christopher	George	Sept.	21

Birthdays cont'd

Tiana	Hignett	Sept.	21
Marjorie	Powers	Sept.	21
Starr	Rogers	Sept.	21
Austin	Williams	Sept.	21
Theo	Wolfe	Sept.	23
Tahnesia	Bird Burrell	Sept.	22
Crystal	Dick	Sept.	22
Jeffery	Fisher	Sept.	22
Patti	Jones	Sept.	22
Kayla	Joseph	Sept.	22
Trudy	Rogers-Moore	Sept.	22



LEGAL AID ONTARIO
AIDE JURIDIQUE ONTARIO

Representatives from Legal Aid Ontario are offering free “Advice Counsel Clinics” for Band Members.

The clinics will be held on the 1st, 3rd and 4th Wednesdays of the month from 2 pm to 4 pm at the Maawn Doosh Gumig Community Centre.

Lawyer, Matt Stone and Legal Aid Worker, Sondra Gilbert will be present to assist you with legal questions.

You can drop in or if you would like to make an appointment call 226-402-1600.



LOOKING FOR FOSTER PARENTS

Eagle's Nest: A Place to Soar, Inc.

"We are looking for families". Will you open your homes? Be a loving foster parent & role model to Native children in CAS care.

We all need to feel safe, wanted and loved.

Will you welcome a child into your Nest, you do not have to be native, we provide cultural teaching.

**EAGLE'S NEST: A PLACE TO SOAR, INC.
FOSTER CARE Agency**

Eagles Nest - will complete Home Studies and prepare you to be A Foster parent.

Licensed by: Ministry of Children & Youth Services

Accredited by: CARF International

Please call 519-439-3000 Ext 202

www.eaglesnestinc.ca



Sounds Like Noise



A Music Based Group for Youth (12-18)

- Express feelings and emotions through music (style, sound, lyrics)
- Develop healthy coping skills
- Improve interpersonal skills
- Keep safe & well
- Be yourself and express what's on your mind

Bus tickets and child minding available

**8 Week Session begins Tuesday, October 18, 2016
4:00 p.m. to 5:15 p.m.**

Pizza party on last day - December 6th

372 Maitland Street, London (in the annex at back of house)

Registration required by calling 519-433-0334



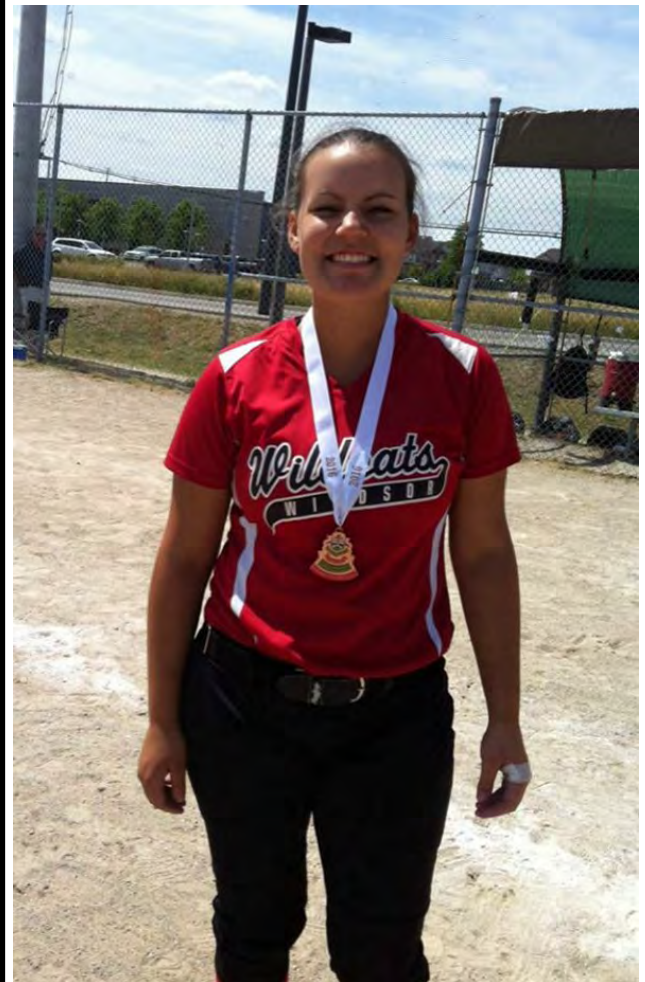


Thank you!

We would also like to send out our sincere gratitude to the Dreamcatcher Charitable Foundation for their generous support for our daughter Macklyn Beauchesne. Macklyn played with the 16u Windsor Wildcats, competing in tournaments in Ohio and Ontario. Macklyn helped her team win 2 gold medals and 1 silver while in Ohio. Then went on to win Bronze at the P.W.S.A Grands

Thank-you Dreamcatcher Charitable Foundation for helping to make dreams come true!

From the Beauchesne/George Family



Thank you!

We would like to express our sincere gratitude to the Dreamcatcher Charitable Foundation for their tremendous support for our daughter Naomi Beauchesne. Naomi played with the 13u Windsor Wildcats, with a record of 44 wins 11 losses and 2 ties. They competed in tournaments in Ohio, Michigan and Ontario. Naomi had a successful year being named MVP in 4 games and being asked to play with 2 other teams, one from Michigan and the other from our 16u Wildcat team. Naomi and her team also won the bronze medal at the P.W.S.A (Provincial Women's Softball Association) Grands and qualified for Nationals which was held in Winnipeg MB., where they placed 5th.

Thank-you Dreamcatcher Charitable Foundation for helping to make dreams come true!

From the Beauchesne/George Family



St. Clair United Church
Aamjiwnaang First Nation
 978 Tashmo Avenue, Sarnia, Ontario, N7T 7H5

Psalm 31:2 *Bow down Your ear to me, deliver me speedily! Be my Rock of refuge, a strong Fortress to save me!*

In the first years of the space program, military personnel in helicopters would rescue astronauts whose space capsule had splashed down into the large and encompassing sea. They would track the capsule's location, fly there, and use a pulley system to lift the astronauts securely into the helicopter. Then the helicopter would fly the astronauts to safety.

God knows when you have splashed down in a threatening sea. He sees the difficulties you get into sometimes. He is aware of the problems that come your way. There is nothing about your challenges, trials, and tests that escapes the attention of God. God knows when you need to be picked up and rescued.

God knows when you need his help. He lifts you up and makes you safe.

Rev. Brenda Mac Main
 Phone: 519.344.6119 (Church)
 519.336.6216 (Home)

RIVERSIDE LUNCH

Ph: (519) 312-2502
 1666 St. Clair Pkwy, Sarnia, ON

Sausages (hot & mild)	\$5.75	(combo)	\$8.50
Hamburgs	\$4.25	(combo)	\$7.00
Cheeseburgs	\$4.75	(combo)	\$7.50
Bacon Cheeseburg	\$5.50	(combo)	\$8.00
Chicken Burg	\$4.75	(combo)	\$7.50
Hot Dogs (jumbo)	\$4.25	(combo)	\$6.75
Coney Dog	\$5.00	(combo)	\$7.75
Nish Moosh	\$5.75	(combo)	\$8.50

(*Nish Moosh" is, Jumbo Dog, fried onions, bacon strip, chz slice, chili and mustard)

Combos Include: Fries & Pop (Gravy \$1.00 xtra)
 instead of regular fries in combo add
 (\$1.50/poutine), (\$1.75/chili chz fry), (\$2.25/fry supreme)

	Sm	Med	Lrg(fam)
Fresh Cut Fries	\$3.00	\$4.00	\$7.25
Poutine	\$4.50	\$5.50	\$9.25
Chili Chz Fry	\$4.50	\$5.50	\$9.25
Fry Supreme	\$5.25	\$6.25	\$10.00
Gravy	\$1.00		
Jumbo Pickle	\$1.00		
Chili, Melted chz topping, or Chz slice	\$0.75 ea.		
Pop	\$1.00	Juice Box	\$0.75
Water	\$1.00	Freezies	\$1.00

Phone in Advance (for faster service)
 (Name, Ph. #, Order and condiments, Pick up time)

New Hours For Fall

Starting: NOW

Mon – Wed - 11:30 am – 3 pm
Thurs – Fri - 11:30 am – 6 pm

**Aamjiwnaang
 Afterschool Program**

Invites all children between the ages of 6-12 years of age to join us at the
 Maawn Doosh Gumig Community Centre

Mondays, Wednesdays & Thursdays from 3-6 pm

New registrations are always welcome.

Contact: Kayla Pashalinos, Program Leader—226-932-0786



Aamjiwnaang gets two green thumbs up for second annual Envirofest

 anishinabeknews.ca/2016/08/25/aamjiwnaang-gets-two-green-thumbs-up-for-second-annual-envirofest/

By Marina Plain

AAMJIWNAANG FIRST NATION—Approximately 150 Aamjiwnaang community members attended the second annual Envirofest on August 13, 2016.

The Envirofest is an interactive community event that highlights Environment Department initiatives and priorities.

Some initiatives and projects that the department is conducting include projects such as Habitat Restoration, Species at Risk, Antler River Project, Greenhouse, and a Shoreline Softening Project that were on display for all to learn about.

Several oil industries such as Shell, Lanxess, Imperial Oil, Plains Midstream, and Suncor were also set up at Envirofest with information booths throughout the grounds to provide more information about their site operations.

It was a great day of information sharing and a good show of community spirit.

Aamjiwnaang continues to become more educated and practice engagement in regard to the environmental conditions that are part of everyday life.

The Aamjiwnaang Environment committee and community members are committed to preserving the environment they currently live in so that it is healthy for future generations. In doing so, Aamjiwnaang will be a healthy and united Anishinabek community.

For more information about the Aamjiwnaang Environment visit their [Facebook page](#) or [website](#).



Chief Joanne Rogers and husband Charlie Rogers participating in the second annual Envirofest on August 13, 2016 in Aamjiwnaang First Nation.

Recently, during the daytime a golf ball landed in my yard, dropped with a heavy thud. I had my 2 yr old grandson over for a visit, running around in the backyard playing. We were all outside having a barbecue. The ball could have hit any one of us, it could've done major damage or could have been fatal. Please go to one of the many golf clubs located around the area, and use their facilities, not the backyard.

Sue Williams

**THINK
BE
CAREFUL**

**Janelle Nahmabin
Mary Kay Cosmetics
Senior Independent Beauty Consultant
1116 Tashmoo Ave.
519-402-0404**

Available Classes:
Skin Care, Makeup Application
Spa Nights

My studio has all the skin care and beauty products that you may be looking for!

Try before you buy!

Free consultations!

Call to book an appointment!



TD Sponsors NEW Aboriginal Category

Enter for a chance to win \$20,000 in Start-Up Capital!



HOW DOES IT WORK?



Ignite Capital is a non-profit organization founded to help provide aspiring Ontario entrepreneurs, who have limited access to startup financing, the opportunity to compete for up to \$20,000 (combination of a \$10,000 grant and \$10,000 loan). *Second runner up receives a \$10,000 loan, third runner up receives a \$5,000 loan.*

4 CATEGORIES AVAILABLE

- Women
- Indigenous
- Youth
- Immigrant

ENTRIES NOW OPEN ONLINE!
DEADLINE SEPTEMBER 2ND, 2016

Contact Kyle Monczak
kyle@ignitecapital.ca or
(416) 934-1545
www.ignitecapital.ca

ADDITIONAL 2016 OFFICIAL PARTNERS



ScoutShop



It starts with Scouts.
Tout commence avec les Scouts.

3085 Marentette Avenue, Windsor (behind Devonshire Mall)
519-966-0481 scoutingwindsor.ca

The Scout Shop is coming to Sarnia . . .
Wednesday, September 21, 2016
12:00 p.m. to 7:00 p.m.

Cash, Debit Card,
Credit Card or
Group Cheque
accepted.
Sorry, no personal
cheques.

. . . spread the word!

Come over to *St. Paul's United Church, 360 Devine Street (Emma & Devine)* & pick up your Scouting Uniforms, Books, Badges, Crests, Pins, Resources, Apple Day Items, Camp Gear...

Uniform basics:

Beavers: Vest - \$23.99, Hat - \$14.99, Beaver Map - \$9.99, Stamper Markers - \$4.99

T-shirt -13.99, Beaver Lunch Bag - \$3.00 **sale**

Cubs: Jersey - \$29.99-32.99 , Cub Map - \$9.99.

T-shirt - \$15.99, Hats from \$8.99

Scouts: Shirt - \$32.99-\$39.99, Scout Map - \$9.99, Fieldbook - \$14.99.

T-shirt - \$15.99, Hats from \$8.99

Venturers: Shirt - \$39.99-\$43.99, Hats from \$8.99

T-shirt & Polo - \$19.99 & \$23.99

Adults: Shirt - \$39.99-\$43.99, T-shirt & Polo - \$19.99 & \$23.99

Hats from \$8.99, Leather Belt - \$26.99

Be Prepared ...FOR SPECIAL ORDERS or LARGE QUANTITIES, please contact us
1-2 weeks ahead of time so your orders can be filled.

Phone: 519-966-0481 or email: windsorshop@scouts.ca

Get ready for camp...

Check our website below for pricing & fall Promotions

- Mess Kit – melamine plate, bowl, cup & knife/fork/spoon set in a mesh bag
- Sleeping bags & liners
- Sleeping pad - closed cell foam or Self-inflating
- Water bottles, cups, mugs & lots of camp accessories
- Backpacks, Day/School Bags, Duffle Bags, etc.
- Compression bags, Stuff Bags & Dry bags
- Flashlights, Knives, Crest Blankets & Ponchos
- Rainwear, Hoodies, Windbreakers

*Feel free to copy &
distribute this flyer to all
who need to know!*

WINDSOR STORE HOURS – open every day starting in September!

Monday, Tuesday & Wednesday 10:00-5:00

Thursday 10:00-7:00

Friday 10:00-5:00

Saturday 10:00-4:00

Sunday 12:00-4:00

check out our website...

scoutingwindsor.ca

Job Search Websites

- A. **OFIFC**, <http://www.ofifc.org/>
- B. **Nokee Kwe**, <http://www.nokekwe.ca/>
- C. **Southern First Nation Secretariat**, <http://www.sfns.on.ca/index.html>
- D. N' Amerind Friendship Centre (London), <http://www.namerind.on.ca/>
- E. **Anishnawbe Health Toronto**, <http://www.aht.ca/>
- F. **SOAHAC** London, Chippewas of the Thames, Owen Sound, <http://www.soahac.on.ca/>
- G. **Six Nations** (Ohsweken, ON), <http://www.sixnations.ca/>

Other Job Search Engines:

- <http://www.aboriginalcareers.ca/>
- <http://ca.indeed.com/Aboriginal-jobs>
- <http://www.wowjobs.ca/jobs-aboriginal-jobs>
- <http://www.turtleisland.org/front/front.htm>
- <http://www.eluta.ca/>
- <http://www.monster.ca/>
- <http://www.workopolis.com/>
- <http://www.jobs.ca/>
- <http://www.servicecanada.gc.ca/eng/sc/jobs/jobbank.shtml>
- <http://www.ofifc.org/>

For Up-To-Date News and Information in the First Nations Political Arena you may visit the following sites:

Chiefs of Ontario visit:

<http://www.chiefs-of-ontario.org/>

Union of Ontario Indians visit:

<http://www.anishinabek.ca/>

Assembly of First Nations visit:

<http://www.afn.ca/>

Southern First Nation Secretariat

<http://www.sfns.on.ca/>

Aboriginal Affairs and Northern Development Canada

<http://www.aadnc-aandc.gc.ca/>

ANIMAL CONTROL OFFICER

Ron Simon

Text/Call 519-330-7450

For animal control issues only!

- Primary duties are to follow up on loose dog.
- complaints and monitor quarantined dogs.
- If you are a dog owner and your dog is loose, it is your responsibility to retrieve your dog.
- Traps available at Band Garage for use by community members. 519-336-0510



is an Anishinabek, Onyot'a'ka, Lunaapeewak™ driven organization providing business lending, advisory and training services for First Nation people, communities and organizations in Southwestern Ontario and the Bruce Peninsula.

Business Counselling

Learn about how to start a business

Business planning assistance and training

Personalized business advice for entrepreneurs

Business Financing

Start-ups, expansions and acquisitions

Financing for equipment purchases, inventory, working capital and marketing

Competitive interest rates and flexible repayment terms

Community Development

Strategic Planning

Capacity Building

Customized training for individual needs

Thinking about starting your own business?

TCDC can help you with business planning assistance, cash flow analysis and access to funding sources.

Considering expanding your business?

TCDC provides ongoing client support services such as marketing advice, business counseling and access to funding sources.

Wondering where you may qualify for a loan to start or expand your business?

Loans are available for business start-ups, expansions and acquisitions. Interest rates are competitive with flexible repayment terms.

Where do I begin?

Call Tecumseh today, to make an appointment.



1040 Degurse Drive • Samia, Ontario • N7T 7H5

Phone: 519-332-5151

Fax: 519-332-6196

Toll Free: 1-888-433-1533

(Conveniently located on Aamjiwnaang First Nation near the corner of Highway 40 and Degurse Drive.)



How to Help

Find the right time and place to talk. Be calm, caring, non-threatening. Listen. Talk about the concerns by using facts and accurate information. Encourage the person to see a doctor. Encourage the person to seek professional help.

Where to Get Help

Emergency 911

Kids Help Phone 1-800-668-6868

Distress Line 519-336-3000

LGBTQ Two Spirited Youth Line 1-800-268-9688 Text: 647-694-4275

Bluewater Health Addictions and Problem Gambling 519-464-4400 ext. 5370

Withdrawal Management 519-332-4673

Women's Interval Home 51-336-5200

Sarnia-Lambton Children's Aid Society 519-336-0623

Westover Addiction Assistance 1-800-721-3232

Windsor Withdrawal Management (detox) 519-257-5225

Grand River Withdrawal Management (detox) 519-749-4318

London Withdrawal Management (detox) 519-432-7241

Lambton Mental Health Crisis Line 519-336-3445

Victim Services Support Line 1-888-281-3665 ext. 5238

Alcoholics Anonymous 519-337-5211

Drug & Alcohol Registry of Treatment 1-800-565-8603

Aamjiwnaang Mental Wellness 519-332-6770

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The next issue is due out on
Friday, September 23, 2016
The deadline for submissions is
Tuesday, September 20 at 4:00 pm

Please submit your documents in
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