



## **Our Creation Story**

**Free with**

**Marie Eshkibok Trudeau  
and Wilfred Trudeau**



Soups will be  
provided. Pot-  
luck, please  
bring a side,  
drinks, pastry

**Wednesday, September 30, 2015**

**@ 10am-3pm**

**Maawn Doosh Gumig Community Centre**

**This event is for;**

- . Everyone, all welcome**
- . Community**
- . Educators**
- . Students**

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Aamjiwnaang  
Population Stats  
**Current: 2342**

**NOTICE**

**Home & Community  
Care Conference**

AAMJIWNAANG FIRST  
NATION

**Attention Home & Community Care  
Clients & Family**

**Our H&CC Workers will be attending  
this year's conference on  
October 2, 3, 4, 2015**

**There will be NO SERVICE after Noon  
on Friday October 2, 2015**

**Regular hours will commence on  
Monday October 5th, 2015**

**Please make arrangements with family on these days.**

**These conference's are very important for your workers  
to learn new things to help benefit our clients.**

**Thank you for your co-operation and understanding.**

**Respectfully Yours, Becky Adams**

**NOTICE**

Due to a Staff Training day the Band Office  
will be closed and Public Works services will be  
available on an emergency basis only on

**Friday, October 2, 2015.**

The office and Public Works will resume regular  
operations on Monday, October 5<sup>th</sup>.

We apologize for any inconvenience.



## **COUNCIL AGENDA ITEM SUBMISSION DEADLINE!!**

### **FRIENDLY REMINDER**

To whom it may Concern:

Please be advised that the Council Meeting Agenda Item deadline is the Wednesday prior to the Regular Council Meeting (RCM) at 4:00 p.m. (unless otherwise noted below). Sorry, no exceptions. Any items submitted after the deadline will be placed on the next RCM Agenda/Meeting. RCM's are every 1st and 3rd Monday of each month. Should the RCM fall on a holiday, then it will be held on the following Tuesday.

Miigwech for your co-operation and understanding.

Respectfully,  
Lynn, A/Band Council Clerk

Please Note:

If you have any discussion items for  
Chief and Council on:

**Monday, October 5, 2015**

The deadline for submission is:

**Wednesday, September 30, 4:00 PM**



Aboriginal Affairs and  
Northern Development Canada

**IF YOU DO NOT HAVE THE  
MANDATORY IDENTIFICATION TO OBTAIN A STATUS CARD,  
PLEASE CALL: 1-800-567-9604**

- Advise the call centre representative that you want to obtain a Temporary Confirmation of Registration Document (TCRD).
- They will ask a series of questions to confirm your identity and then mail a Temporary Confirmation of Registration Document (TCRD) to you.
- **This document will state your registration number and can be used in place of a Status Card to access benefits and services.**



## **Community Information Meeting 2014/15 Audit Presentation Sunday, September 27, 2015 6 - 7 pm at the Maawn Doosh Gumig Community Centre**

Auditors from Hazlitt Steeves Harris Dunn LLP will present the 2014/15 Aamjiwnaang First Nation Financial Statements.

Copies of the Audited Statement will be made available for hand out at the meeting, or in advance at the Band Office.



Light refreshments will be served.

## Maternity Leave Notice

After Thanksgiving I will be on leave for one year. Big thanks to our awesome Health Centre staff for stepping up and covering my duties while I'm away.

For any issues that you would normally bring to me, please see Trudy Maness.

Enjoy the fall season and I will see you around the community!

Sincerely,  
Sara Plain  
Director of Health Services

## NOTICE

### Aamjiwnaang School Bus Transportation Notifications

Any change must go through the Aamjiwnaang Education Department

- Address change
- Telephone number update
- Change of School
- New students
- Bus Service no longer required

Please advise the Education Department at the Band Administration Building of any changes at 519 – 336-8410

Diane Aiken ext. 246, or Vicki Ware ext. 247.  
*Bus Drivers will only accept changes as approved by the Education Department.*

The Aamjiwnaang Bus Transportation Policy is available upon request. To ensure the bus safety of our students, we must all work together.

### TNT Auto Detailing & Upholstery

Call for free quote or to book appointment

Owner: Greg Gray  
1909 Virgil Ave-Sarnia, Ontario  
(226)-349-1865  
Auto Detailing

## Medical Travel Drivers

Terry Plain (Monis)	...519-402-5535
Ron Simon	...519-330-7450
Sheila Firth	...519-383-1073
Mary Lou Williams	...519-337-9342
Carol Miller	...519-332-0751
Christine Plain	...519-466-0054
Fenton (Wimpy) Plain	H: 519-491-5248 C: 519-466-8717
Lorna Lawrence (no trips before 9:00 am)	H: 519-336-5088 C: 519-328-5247

## All Candidates Meeting on Social Issues

Presented by the Social Services  
Network of Sarnia Lambton  
Moderated by Sue Storr

Thursday October 1

7:00 pm

At The Dante Club

1330 London Rd

(Upper hall – side entrance)

Come hear the candidates and their party's views on social issues such as:

**housing, poverty, employment, aging and aboriginal issues!**

### RP Home Renos

Interior and Exterior

For free estimates 7 days a week call

Ryan Pitre

519-312-7537

# Do you need to improve your computer skills for the workplace?



If you do, and you are 19 years of age or older, then come and join our free

6 week

## Computer Job Readiness Workshop at the Resource Centre

**Every Monday (2:30-4:00pm) and Friday (2:00-4:00pm)**

Starting on Monday, October 26 to Friday, December 4, 2015

To pre-register, call Terry (Monis) at 519- 336-8410 x 285, Mondays, Tuesdays or Thursdays between 9:30-2:30. Limited Spaces. Pre-registration required. Computers are provided.

**Presented by Aamjiwnaang's Literacy and Basic Skills Program**  
Part of Aamjiwnaang Alternative & Continuing Education (AACE)

**EMPLOYMENT  
ONTARIO**  
Ontario's employment & training network

## AAMJIWNAANG ALTERNATIVE & CONTINUING EDUCATION

*AYAA ENJIMAAJTAANG - "WHERE LEARNING BEGINS"  
FOR OUR ADULT LEARNERS...*



Monday/Tuesday/Thursday  
9-2:30 pm.

- Literacy and Basic Skills
- credit program
- Computers, Printer, Photocopier, facsimile & courtesy phone access
- Employment workshops
- Boutique workshops ☺

**When you succeed, we succeed!**

Need some academic upgrading? Help with homework? Need to fax, make copies, print? DO IT, at the RESOURCE CENTRE!



**AAMJIWNAANG RESOURCE CENTRE**  
978 TASHMOO AVE.  
(519) 336-8410 EXT. 286

# CALL FOR INTERESTED SENIORS/ELDERS



The Judith Norman Alix Art gallery is beginning a program titled **Active Through Art** which encourages seniors to engage with art in a variety of ways; **no artistic inclination necessary.**

The program will include activities such as floral arrangement, dance and seeing the behind the scenes at the art gallery.



It consists of **6 sessions starting in October and ending in February.** There will be limited spots available in the program, the gallery hoping to have a good turn out from Aamjiwnaang.

TRANSPORTATION CAN BE ARRANGED

INTERESTED PARTIES PLEASE CONTACT ANY HERITAGE CLUB MEMBER  
AND/OR:

Contact Marina Plain 519-336-8410

[mdplain@gmail.com](mailto:mdplain@gmail.com)



# COMMUNITY SHOWCASE & Art Competition

THE CULTURE AND HERITAGE CLUB INVITES EVERYONE TO OUR FIRST ANNUAL:

# ARTFEST

## "CELEBRATING OUR GIFTS THROUGH ART"

**WHEN : OCTOBER 3rd 2015 11 - 3**

**WHERE: MAAWN DOOSH GUMIG BEAR PARK**

**GREAT PRIZES!**  
50/50's  
SOCIALIZE w/  
Friends and family

WILD GAME  
PREPARATON  
DEMO

STORYTELLING w/  
FERGUSON PLAIN

BABY , TINY TOT  
PAGEANT &  
PHOTO SHOOT

FEATURING AN ALL AGES

ART COMPETITION with GREAT PRIZES!

ALL MUSICAL ACTS WELCOME, DRUMMERS, FLUTE, HAND DRUM ETCALL MEDIUMS OF ART ENCOURAGED , WRITERS, IMAG-ES, DIGITAL ETC VENDORS WECOME FREE TO SET UP!

Lambton Mosaic  
Project Info Booth

PRIZES

# FREE ADMISSION

OPEN MIC

For further information contact  
[mdplain@gmail.com](mailto:mdplain@gmail.com)

LAMBTON  
COLLEGE BOOTH



SPONSORS | DONATIONS APPRECIATED  
ALCOHOL & SUBSTANCE FREE EVENT

**Sharing an excerpt written by my grandfather  
Aylmer N Plain, published in 1975.**

**Re: A History of the Sarnia Indian Reserve.  
Submitted by Marina D Plain**

Animikence "was one is the Chiefs who signed the treaty. He has a family and one son named "Misquahwegezhigk, " who is the father of O-zah-shke-da-wa meaning "on the Plain", who was left an orphan in early childhood and was adopted by a kindly old lady from across the river from Sarnia. He was eight years old when the treaty was signed in 1827 and was counted in the first enumeration of Sarnia and came across in the year 1834 and married one of ""Chepekun's daughters who died. One son James, survived this union and Ozshshedewa" (Christian name, Nicholas) married Zuakewen's daughter named Jemima, and out of this union came three sons and two daughters were born, Levi, Nicholas, Amos, Lucy and Susanna.



**Tuesday, October 20<sup>th</sup>, 2015**

**Maawn Doosh Gumig Community Centre**  
1972 Virgil Avenue, Aamjiwnaang First Nation

# Making the Recommendations Real

**Understanding the 94 final recommendations of the  
Truth and Reconciliation Commission.**

Many wonder what that means to us as: individuals, communities of faith, community groups - both Aboriginal and Non Aboriginal. Come, join commissioner **Dr. Marie Wilson** as we discover ways to make the Recommendations Real.

[www.trc.ca/websites/trcinstitution/File/2015/Findings/Calls\\_to\\_Action\\_English2.pdf](http://www.trc.ca/websites/trcinstitution/File/2015/Findings/Calls_to_Action_English2.pdf)

**Pre-Registration must be received before October 5<sup>th</sup>, 2015**  
*(Due to limited space you must register for the meal)*

5:00 - 5:30 p.m. - Registration

5:30 - 6:30 p.m. - Indian Taco Feast *(limited to the first 150 registered)*

6:30 - 8:00 p.m. - Dr. Marie Wilson, Commissioner

Truth and Reconciliation Commission

*(An additional 100 people will be admitted)*

**RSVP Pre-Registration to Pat Whitton - before October 5th**

**Telephone: 519 344-2564 or Email: [whittons@xcelco.on.ca](mailto:whittons@xcelco.on.ca)**



Aamjiwnaang  
First Nation



County of  
Lambton



Right Relations Committee  
London Conference - U.C.C.

### Job Search Websites

- A. **OFIFC**, <http://www.ofifc.org/>
- B. **Nokee Kwe**, <http://www.nokekwe.ca/>
- C. **Southern First Nation Secretariat**, <http://www.sfns.on.ca/index.html>
- D. N' Amerind Friendship Centre (London), <http://www.namerind.on.ca/>
- E. **Anishnawbe Health Toronto**, <http://www.aht.ca/>
- F. **SOAHAC** London, Chippewas of the Thames, Owen Sound, <http://www.soahac.on.ca/>
- G. **Six Nations** (Ohsweken, ON), <http://www.sixnations.ca/>

#### Other Job Search Engines:

- <http://www.aboriginalcareers.ca/>
- <http://ca.indeed.com/Aboriginal-jobs>
- <http://www.wowjobs.ca/jobs-aboriginal-jobs>
- <http://www.turtleisland.org/front/front.htm>
- <http://www.eluta.ca/>
- <http://www.monster.ca/>
- <http://www.workopolis.com/>
- <http://www.jobs.ca/>
- <http://www.servicecanada.gc.ca/eng/sc/jobs/jobbank.shtml>
- <http://www.ofifc.org/>

For Up-To-Date News and Information in the First Nations Political Arena you may visit the following sites:

Chiefs of Ontario visit:

<http://www.chiefs-of-ontario.org/>

Union of Ontario Indians visit:

<http://www.anishinabek.ca/>

Assembly of First Nations visit:

<http://www.afn.ca/>

Southern First Nation Secretariat

<http://www.sfns.on.ca/>

Aboriginal Affairs and Northern Development Canada

<http://www.aadnc-aandc.gc.ca/>

## **ANIMAL CONTROL OFFICER**

**Ron Simon**

**Text/Call 519-330-7450**

### **For animal control issues only!**

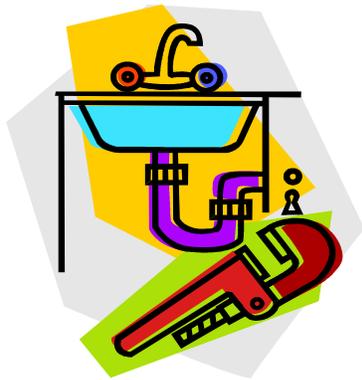
- Primary duties are to follow up on loose dog.
- complaints and monitor quarantined dogs.
- If you are a dog owner and your dog is loose, it is your responsibility to retrieve your dog.
- Traps available at Band Garage for use by community members. 519-336-0510

## What is RRAP?

- It is a CMHC program for **LOW-INCOME** homeowners
- Provides loans, a part of which may not have to be paid back
  - Available to repair substandard living units

## What repairs qualify my house?

- Your house must be substandard or deficient in one or more of the following:



- Structural
- Heating
- Disabled
- Electrical
- Fire Safety
- Plumbing

- Adaptations to make a unit accessible for a disabled occupant also qualifies for the Disabled RRAP program

## Who is eligible?

- The **TOTAL** household's income must be lower than \$42,000.00.  
**Written verification of household income is required from all residence of the home.**

The Inspector is available every Monday to do RRAP inspections. Please call the Housing Department at 519-336-8410. Deadline is September 30, 2015 to submit all required paperwork and quotes.





# Senior's & Youth Fall Dinner & Language Bingo

*Wednesday October 21, 2015*

*5 pm*

*Community Center*

*30 Seniors / 30 Youth*

*( Youth Ages 10-18 yrs.)*

**Please Call Valerie at the Community  
Center to Sign-up-519-491-2160**



## **Request for Tenders** **Seniors & Youth Fall Dinner**

Roast Beef Dinner  
Mashed Potatoes, Gravy  
A Veggie, Coleslaw, dinner rolls,  
relish trays,  
Coffee, Tea, Juice or pop, Water  
Dessert & There needs to be some  
kind of diabetic Dessert  
Responsible for paper products  
65 People

Date: October 21, 2015  
Dinner at 5:00

Tenders in by : **October 13, 2015** by  
12:00.

Aamjiwnaang Community &  
Youth Center  
1972 Virgil Ave., Sarnia, ON,  
N7T 8E5  
Attn: Jamie Maness

**Travelling Seniors Monthly Fundraiser**

# **MIEAT BINGO**

**All Scheduled Fundraisers are held at  
Maawn Doosh Gumig Youth & Community Centre  
At 6 pm  
2 Strip Book for \$15 (extra strip for \$5 more)**

**Thursday, October 29, 2015**

**Kitchen opens at 5 pm  
Menu includes: Hamburgers, Hotdogs, Soup**



- **Everyone Welcome to Play!**
- **Ages 10+ w/adult supervision**
- **Bring a Friend or more!!**

**Students, come out and get your volunteer hours**

**Come on out and Support the Travelling Seniors!!**



## Seniors Movies



**Wednesday, Sept. 30**

**1:30 - 3:30**

### Seniors Drop-In Room

Snacks and refreshments  
will be supplied

## ANISHINABE ININIWAG GROUP



### Men's Group

This next get together we will be talking more about the drum and having a few draws for door prizes. Not sure what is on the menu yet. So that will be a surprise. LOL

So if you want to learn more about the drum plan on attending and if you want to share your knowledge please don't be shy and come out and share.

**September 30, 2015 5:00 pm and every other week after at the Health Centre**

## *Travelling Seniors News & Updates...*

Travelling Seniors hold monthly meetings the first Wednesday of every month at 6:00 pm at the Community Centre in the Seniors Room.

Next meeting will be  
October 7.

Fundraising Bingos will be held on October 29 and November 26 . Plan to attend and support the travelling seniors!!

### Attention High School Students!!

If you are looking for volunteer opportunities please consider the Travelling Seniors functions and events. Your assistance would be

### Language Classes

With Francis Pawis  
every Tuesday from 6-8 pm  
Community Centre Room "C".

Everyone is welcome!



**Saturday, September 26**

**11 AM - 1 PM**

**Community Centre  
RAIN OR SHINE**



**Lots of games and activities for the whole family!**

**PIZZA !**

**TSHIRTS!**

**PRIZES!**

**Dress up as your  
favourite character or Superhero  
Prizes for 1st, 2nd, & 3rd place**



**Please bring a non-perishable item or canned good for the  
Aamjiwnaang Food Bank**

**This activity is sponsored by the New Horizons for Seniors  
Program— “STRENGTHENING OUR COMMUNITY”**



**Volunteers are needed for  
Saturday, September 26, from  
9 am – 3 pm**

**Plans are being made for a Community Carnival for this day.**

**If you are able to help us throughout the day, please call  
Peggy at the Health Centre,  
519-332-6770, ext. 31.**

**Leave your name and contact information.**

**GREAT INCENTIVES FOR YOUR VOLUNTEERING!!**



# NAAAW



## 2015 National Aboriginal Addictions Awareness Week

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### Call for Nominations

The 2015 NAAAW Committee would like to announce  
a call for nominations for the

*“Bertha Adams Award for Living the Good Life”*

To be eligible one must live a healthy lifestyle, experience a life altering change  
of overcoming addiction. Must be the age of 26 or older.

AND

The *“Peggy Bird Award for Youth Living the Good Life”*

This award is for those ages 13—25. To be eligible the nominees must  
abstain from substances; exhibit excellent attendance at school or have  
graduated, and must be actively involved in the community.

To nominate a candidate please write a paragraph or two explaining  
why you believe your nominee should receive the award. You can  
email the submission to [tgeorge@amjiwnaang.ca](mailto:tgeorge@amjiwnaang.ca) or drop it off at the  
Health Centre.

**DEADLINE:**

**NOVEMBER 9th @ 4:00PM**

Please feel free to call if you have questions or concerns.  
519-332-6770



## ***CONGREGATE DINING***

...or “**Community Dining**” is designed to give our Seniors (55 years & older) an opportunity to enjoy a nutritious meal while socializing with others. In addition to the luncheon, short educational or entertainment sessions are often provided.

### **Criteria:**

- Be over the age of 55
- Must attend the luncheon

### **Cost: FREE!**

- Please note that there will no longer be any delivery except for in cases of extreme physical limitation. Must be assessed before approved.

LEFTOVERS will be given to any ill person or families in the community, frozen and saved for use in a near future meal, or given to the seniors in the community.

***PLEASE COME OUT AND ENJOY A DELICIOUS  
HOMECOOKED MEAL***

***VOLUNTEERS ARE ALWAYS WELCOME!***

**Call Peggy or Robin for more info 519-332-6770**



### **WANTED**

Musician to play the piano or organ, each  
Sunday and Special Occasions.  
Small stipend provided.

Apply to: St. Clair United Church,  
984 Tashmoo Ave.,  
Sarnia, ON N7T 7H5

### **TJ's Salvage & Demolition**

Down & Out?? We'll tear it down, cut it down  
and haul it out... trees,  
buildings, cars whatever you want  
removed.

Reasonable Rates...

Prompt Service...

Call Jamie, Jacob or Triah at  
**226-932-5784**

## Youth Relationships Program

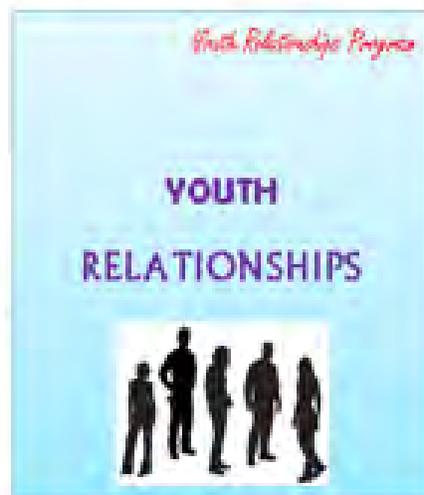
Is...

A 6 week program designed for youth ages 16-21 who are interested in relationships.

The group is free and will run on Thursday's from 4pm – 6pm starting September 24, 2015 at the Aamjiwnaang Health Centre. This program is being run in collaboration with the Women's Interval Home of Sarnia-Lambton

Students will learn...

- ✓ To define different aspects of healthy relationships
  - ✓ Assertiveness skills for handling dating pressure
  - ✓ To define woman abuse
  - ✓ About their rights and responsibilities in dating relationships
  - ✓ About community resources
- And much, much more!



**Week 1: September 24 – Power in Relationships Part 1**

**Week 2: October 1 – Power in Relationships Part 2**

**Week 3: October 8 – Dating Violence (physical, verbal, emotional, sexual)**

**Week 4: October 15 – Digital Abuse and Media Impact on Gender and Violence**

**Week 5: October 22 – Staying Safe in Dating Relationships**

**Week 6: October 29 – Building Blocks of a Healthy Relationship**

**Starts Thursday, September 24, 2015 and will continue every Thursday for 6 weeks from 4pm – 6pm. To sign up please contact Roberta @ 332-6770.**

**WEEKLY  
INCENTIVES!**

**VOLUNTEER  
HOURS!**

**DINNER  
PROVIDED!**

# Seniors Healthy Cooking Class

Tuesday, Oct 6/15

Health Centre

10:30 - 1:30

Please call Peggy to sign up or this event will be cancelled if not enough participants.

Call Peggy, 519-332-6770

to register

and if you need a ride!



- \* Simple recipes made together
- \* Tasty food samples to take home
- \* Friendly conversation
- \* Healthy eating information
- \* Nutrition and health questions welcome





## Working Group

Are you trying to stretch your household dollar further and further? Couponing, Cash back sites, & Price Matching can help!

Come out and see what it's all about!

Thursday, October 1<sup>st</sup>

1pm – 2:30pm

Aamjiwnaang Health Centre



Draw for a \$25 Grocery card!

For more information please contact Roberta or Trudy at 332-6770.



# LIVING LIFE TO THE FULL

helping you to help yourself

## 8 weeks that will change your life.



### Topics Include



### TUESDAY'S

Date: October 27<sup>th</sup> – December 15<sup>th</sup>

Time: 2pm- 4pm

Where: Aamjiwnaang Health Centre

Space limited.

Please call the Health Centre at 332-6770 to sign up.

Transportation Available.



CANADIAN  
MENTAL HEALTH  
ASSOCIATION



## THANK YOU FROM THE BEREAVEMENT COMMITTEE

We want to say a big thank you to all who have helped in providing an abundant meal after of these past funerals. It would have been overwhelming without each of you.

Thanks to Chief Chris for putting out the notice on Facebook that the community's help was needed.

Helpers came to assist in preparation – even the 150 lbs. of potatoes didn't seem like a big deal when there were lots of people.

Many asked what was needed. Soon water and pop was stacked in the cooler. Also generous gifts of money came in, casseroles, meat, corn on the cob and many desserts kept coming.

Even though there were four meals within five days, nothing was lacking. A number of people even stayed to help clean up.

Thanks again, you were a big help to the families and to us on Bereavement Committee.

## Bereavement Outreach

The Health Centre will now be doing outreach visits when there is a death in our community. Staff will visit the family to deliver a small basket of goods (i.e. coffee supplies, plates, etc.) with information about financial assistance offered by the Band, meal assistance through the volunteer Bereavement Committee and counseling services. We hope you find this helpful during a difficult time.

### Donations

Donations of food are always needed and appreciated.

### Volunteers Needed

The Bereavement Committee is a group of community members who volunteer their time to help prepare meals for community funerals. Their commitment is outstanding and they are certainly appreciated in our community! They could really use some help with clean up after the meals. If you'd ever like to help out, please feel free to stop by the kitchen and lend a hand. If you'd like to help with meal preparation, please get in touch with Malynda Maness-Henry (519-332-6770) or Melanie Williams (519-336-8410) and they can add you to their list of volunteers.



Miigwetch

## Naloxone kits reverse at least 14 overdoses since summer

Otiena Ellwand, Edmonton Journal, Edmonton Journal 09.20.2015



Jerry Jackknife jokes he's not a super hero, just "a plain, ordinary hero," for helping save his friend's life.

Last fall, Jackknife was with a couple of friends at his house when one of them overdosed on heroin. He ran to his medicine cabinet and grabbed a naloxone kit he'd got at Streetworks, Edmonton's needle exchange.

He and his friend administered the drug, which can revive people who overdose on opioids such as fentanyl, morphine or heroin, and watched as she "snapped" back to life.

"She would have died if I hadn't had that kit," Jackknife, 59, a former opiate user, said Monday.

Jackknife learned how to use naloxone at Streetworks about three years ago. The organization has had an overdose prevention program since 2005 and became the first in Canada to distribute and train people to use the kits.

This summer, Alberta Health launched a year-long \$300,000 grant to fund take-home naloxone kits in response to the steep rise in deaths related to fentanyl, a dangerous opioid that's used in medical settings as a painkiller. In 2011, there were six deaths linked to fentanyl in Alberta; that's now up to more than 145 this year.

The funding covers 3,250 kits and the cost of a registered nurse one day a week at each of

participating organizations. The free kits are available at seven organizations across the province and are given to people who show they are at high risk of opioid overdoses. They must get a prescription as required by the federal government and take a brief training session.

At least 14 people have been saved from possibly fatal opioid overdoses and more than 150 kits have been distributed since the program launched this summer. The province's outgoing chief addiction and mental health officer Dr. Michael Trew said that's a great start, but there are still a lot of people who need the drug but aren't getting it.

"If we really want to save lives, we have to go beyond the injection drug users," he said, pointing out that opioids can be snorted and smoked and those people might not be frequenting needle exchanges.

"We know that some of the people who have died from this didn't know what they were taking and some of them did. Until the culture of abusing these kinds of substances shifts, we're going to have to figure out different ways of reaching out to the people who are really at risk."

Trew believes the program should be renewed and expanded to make naloxone available to more people who are at high-risk, such as party users, people who might be prone to relapse, First Nations and other isolated communities and prison inmates.

Streetworks program manager Marliiss Taylor would also like to see funding continue, a Good Samaritan law to protect drug users who call for help when they or a friend overdoses, and for naloxone to be affordable and available to people without a prescription.

"We need to flood society with naloxone in a lot of ways," she said.

Jackknife says he wouldn't hesitate if he had to use naloxone again. "I see what it does. It saves lives. It brings back a life."

## Toronto overdose deaths jump dramatically

A 41% rise in nine years is blamed in part on increasing use of heroin and fentanyl.



By: May Warren Staff Reporter, Published on Mon Sep 21 2015

Peter Leslie remembers that late spring day well.

While standing in the lobby of a Parkdale apartment building, someone told him a man was overdosing on heroin upstairs.

Leslie rushed into the apartment and was able to revive the unconscious man by injecting naloxone, an antidote to opioid drug overdoses, saving his life.

But many more people in Toronto were not so lucky.

Reported deaths from drug overdoses jumped dramatically between 2004 and 2013, according to Toronto Public Health. Numbers collected [in a report to be presented](#) next Tuesday show overdose deaths rose by 41 per cent in that period, from 146 in 2004 to 206 in 2013.

"This is a serious, almost plague-like situation," said Leslie, a former paramedic and harm reduction worker.

Ward 20 Councillor Joe Cressy, who is chair of Toronto Drug Strategy Implementation Panel, blamed the increase on rising use of opioids, including heroin [and fentanyl](#), a potent painkiller that can be abused in its patch form or ingested through an illegal pill or powder.

"Deaths due to overdose are on the increase in our city, and they needn't be," Cressy told the Star.

The city runs several programs to try to reduce overdoses, including distributing naloxone to people who use opioid drugs, he said. Leslie, who uses prescription opioid drugs for pain management, was given training and a naloxone kit through a Toronto Public Health Program.

To get naloxone, people must be known opioid drug users and complete the program.

Cressy believes it should be easier to access and available over the counter.

Natalie Kallio, harm reduction program lead at the Parkdale Community Health Centre, agrees. She said she's frustrated by the fact that naloxone isn't more easily available.

"We've lost some very beloved members of this community recently in quick succession," she said, of the overdoses she calls an "epidemic" in the neighbourhood.

"In every case there's a family, that we may or may not know about, that comes out and is just devastated."

Kallio said she's noticed an increase in overdoses, particularly in the last six months.

"There are a variety of reasons that people think it's happening," she said. One is that since OxyContin was taken off the market, people are replacing it with "whatever they can get."

In addition, "[fentanyl is obviously](#) a problem, and it's unstable," she said.

Kallio said she's frustrated by the fact that naloxone isn't more easily available.

Good Samaritan laws are needed to protect people from facing potential drug charges when they call 911 after someone they're with overdoses. "It's all preventable," she said.

# The Aboriginal Cancer Journey

A GATHERING FOR  
FIRST NATIONS, INUIT & MÉTIS  
COMMUNITY MEMBERS

## Friday Nov. 6th, 2015

Maawn Doosh Guming Community Centre  
1972 Virgil Avenue, Sarnia, Ontario

9 -10 am: Registration and Breakfast  
10 am - 4 pm: Conference



## All are welcome.

- Hear stories firsthand from First Nations people, physicians and health care providers
- An interactive and informative day
- Learn about the cancer journey for patients and their families
- Get information and tips on the prevention and early detection of cancer
- Connect with local and regional resources and supports



## REGISTER TODAY!

### Registration Contact Name

Dorothy Gilbert.  
Email: [dgilbert@aamjiwnaang.ca](mailto:dgilbert@aamjiwnaang.ca)  
Phone: 519-332-6770

### Information Contact Name

Gail Nahmabin  
Email: [gnahmabin@aamjiwnaang.ca](mailto:gnahmabin@aamjiwnaang.ca)  
Phone: 519-332-6770 Ext 23

**Registration Deadline:** October 15, 2015



## Healthy Babies/Healthy Children and Head Start

- Saturday, Sept. 26<sup>th</sup>      10:00 a.m. to 2:00 p.m.  
Parade & Penny Carnival  
Lots of Family Fun
- Monday, Sept. 28<sup>th</sup>      10:30 a.m. to 1:30 p.m.  
Kids in the Kitchen
- Wednesday, Sept. 30<sup>th</sup>      5:00 p.m. to 7:30 p.m.  
Gym Night

New Parents Group: Save the Date—October 14th Moss Bags  
Sign Up with Joanne



## New Parents Group

(Prenatal Parents & Parents with Babies up to 6 months)

## Making Moss Bags

Notice Date Changed

**Wed., Oct. 14, 2015**

9:30 a.m. to 3:00 p.m.

Limited to 8-priority to parents who  
have not made a moss bag before for current baby.

Sign up with Joanne 519-332-6770  
cell 519-330-6243



## Healthy Babies/Healthy Children and Head Start

Thursday, October 1 <sup>st</sup>	10:30 a.m. to 12:30 p.m. Play Group and Literacy Specialist
Monday, October 5 <sup>th</sup>	10:30 a.m. to 1:30 p.m. Fall Craft
Wednesday, October 7 <sup>th</sup>	5:00 p.m. to 7:30 p.m. Literacy Night
Thursday, October 8 <sup>th</sup>	10:30 a.m. to 12:30 p.m. Visit to Organic Warehouse Sign-up
Monday, October 12 <sup>th</sup>	Thanksgiving No Program
Wednesday, October 14 <sup>th</sup>	9:30 a.m. to 3:00 p.m. New Parents Group-Moss Bags Sign-up 5:00 p.m. to 7:30 p.m. Pumpkin Craft
Thursday, October 15 <sup>th</sup>	10:30 a.m. to 12:30 p.m. F.A.S.D. Presentation with Chochi
Monday, October 19 <sup>th</sup>	10:30 a.m. to 1:30 p.m. Painting Pumpkins
Wednesday, October 21 <sup>st</sup>	5:00 p.m. to 7:30 p.m. Activity T.B.A.
Thursday, October 22 <sup>nd</sup>	10:30 a.m. to 12:30 p.m. Halloween Craft
Monday, October 26 <sup>th</sup>	10:30 a.m. to 1:30 p.m. Kids in the Kitchen: Spooky Foods
Wednesday, October 28 <sup>th</sup>	Community Halloween Dance
Thursday, October 29 <sup>th</sup>	10:30 a.m. to 12:30 p.m. Nutrition with Nikki



## Aamjiwnaang Caring Connections Nurturing Program

For Women with Substance Misuse Issues  
who are Pregnant or Parenting Children

This program's focus is to help mothers learn to balance their recovery from substance use with being the best parent she can be to her children. These roles are often viewed as being at odds with each other as a woman learns that she is supposed to be as selfish in her recovery as she was in her addiction while acknowledging that being a parent is one of the most selfless roles a woman fulfills in her life. This program teaches a woman to nurture herself in her recovery as she learns to nurture her child so the roles can be parallel to allow a woman to effectively manage both roles. The program aims to improve and strengthen the relationship between mother and child to improve outcomes for their newborns, infants and children while strengthening a mother's path to recovery.

**12 week program to be held weekly  
On Wednesday from 9:30am-11:30am**

**Starts October 21, 2015**

**\*\*Individual Sessions are available as well.**

**Call to set up an appointment\*\***

**Location: Aamjiwnaang**

**Contact:**

Charity Smith @ 519.328.1683 OR

Tracey George @ 519.332.6770





### **Caralee Tice – Placement student at Aamjiwnaang First Nation Health Centre**

Hello Aamjiwnaang community members, my name is Caralee Tice and I am a 4<sup>th</sup> year BSW (Bachelor of Social Work) placement student at the Health Centre.

My placement began second week of September, and continues into late April. Before entering the area of Social Work, I attended Lambton College to obtain my Child and Youth Worker diploma. I found myself consumed with great passion in working with children and youth in the Sarnia-Lambton area, but I knew that there was much more for me to explore and learn. After awaiting the decisions to be made, I was accepted into the 3<sup>rd</sup> year BSW program through University of Windsor and, here I am now!



Now that you know a little about my academic profile, I thought it would be important to include some things in other areas of my life. I have a love for music, dirt biking, and watching movies. If you're a fan of fish and chips, you may have seen me before at the Wharf in Sarnia. I recently finished my final shift for the summer – and I will miss it dearly as I worked there for five years.

I have met so many wonderful people at my placement so far. If we have not met yet, or you'd like to know more about me, please feel free to say hello!

## **Grief & Loss Counselling Services**

**Through grief/trauma counselling, Tina can help you work through distressing experiences. Regardless of the kind of loss you're facing, Tina can help guide you through your grief and help you learn healthy ways to cope with your loss/trauma.**

**Tina provides confidential care and support for individuals, couples and families across the lifespan who are facing difficult seasons in their lives.**

**Please contact Aamjiwnaang Health Centre to speak with Tracey about accessing Grief & Loss Counselling (519) 332-6770**



# LOOKING FOR FOSTER PARENTS

Eagle's Nest: A Place to Soar, Inc.

**"We are looking for families". Will you open your homes? Be a loving foster parent & role model to Native children in CAS care.**

**We all need to feel safe, wanted and loved.**

**Will you welcome a child into your Nest, you do not have to be native, we provide cultural teaching.**

**EAGLE'S NEST: A PLACE TO SOAR, INC.  
FOSTER CARE Agency**

**Eagles Nest - will complete Home Studies and prepare you to be A Foster parent.**

**Licensed by: Ministry of Children & Youth Services**

**Accredited by: CARF International**

**Please call 519-439-3000 Ext 202**

[www.eaglesnestinc.ca](http://www.eaglesnestinc.ca)

## Found a needle? Protect yourself. Dispose of it safely!

Children must be taught to never touch a discarded needle, but to show an adult where it is. Adults can safely pick up and dispose of a found needle by following the steps below.

You will need:

- Pliers, tongs, or tweezers
- A non-breakable, puncture proof container with a screw-top lid – like a thick plastic jar, empty bleach or fabric softener bottle



Take the pliers and container to where the needle is.

Place the container on a stable surface.

Use the pliers to carefully pick up the needle.



Hold the needle tip away from you.

Be careful not to prick yourself with the needle.



Carefully put the needle into the container, needle end first.

Close the container tightly.

Wash your hands.



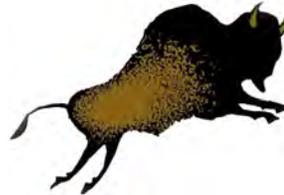
Do not dispose of needles in your curbside garbage or Blue Box containers.

Please drop off discarded needles at the Health Centre.

# RedPath Addictions Program

Starts September 29, 2015

For more information contact:  
Robin Maness or Sue Rogers  
Health Centre: 519-332-6770  
Massaged: 519-383-0404



**NATIVE FRIENDSHIP CENTRE**

Join Us Every Wednesday  
in September for *Beginner*  
Language Classes  
starting September 9<sup>th</sup>,

**Registration Required**  
Please Contact Candace at  
(519) 344-6164 or  
[wasa-nabin@snfc.org](mailto:wasa-nabin@snfc.org)

**FREE**

6pm-8pm

Materials & Booklets Provided  
As well as  
Food & Refreshments

233 Lochiel Street, Sarnia ON

## FEDERAL ELECTION

The Federal Election is on October 19, 2015.

If you want to check to ensure that you are on the voters list please contact Cheryl Williams through Elections Canada. Their numbers are:

Toll Free: 1-866-281-4745 or they have a reception office at: 519-344-6270

### Have your ID ready Three options to prove your identity and address

#### 1 Show one of these pieces of ID

- your driver's licence
- your provincial or territorial ID card
- any other government card with your photo, name and current address



or

#### 2 Show two pieces of ID

At least one must have your current address.

- |  |   |  |
|--|---|--|
| <ul style="list-style-type: none"> <li>• health card</li> <li>• Canadian passport</li> <li>• birth certificate</li> <li>• certificate of Canadian citizenship</li> <li>• citizenship card</li> <li>• social insurance number card</li> <li>• Indian status card</li> <li>• band membership card</li> <li>• Métis card</li> <li>• card issued by an Inuit local authority</li> <li>• Canadian Forces Identity card</li> <li>• Veterans Affairs health card</li> <li>• old age security card</li> <li>• hospital card</li> <li>• medical clinic card</li> <li>• label on a prescription container</li> <li>• identity bracelet issued by a hospital or long-term care facility</li> <li>• blood donor card</li> <li>• CNIB card</li> </ul> | <ul style="list-style-type: none"> <li>• credit card</li> <li>• debit card</li> <li>• employee card</li> <li>• student identity card</li> <li>• public transportation card</li> <li>• library card</li> <li>• liquor identity card</li> <li>• parolee card</li> <li>• firearms licence</li> <li>• licence or card issued for fishing, trapping or hunting</li> <li>• utility bill (e.g. electricity; water; telecommunications services including telephone, cable or satellite)</li> <li>• bank statement</li> <li>• credit union statement</li> <li>• credit card statement</li> <li>• personal cheque</li> <li>• government statement of benefits</li> <li>• government cheque or cheque stub</li> <li>• pension plan statement</li> <li>• residential lease or sub-lease</li> </ul> | <ul style="list-style-type: none"> <li>• mortgage contract or statement</li> <li>• income tax assessment</li> <li>• property tax assessment or evaluation</li> <li>• vehicle ownership</li> <li>• insurance certificate, policy or statement</li> <li>• correspondence issued by a school, college or university</li> <li>• letter from a public curator, public guardian or public trustee</li> <li>• targeted revision form from Elections Canada to residents of long-term care facilities</li> <li>• letter of confirmation of residence from a First Nations band or reserve or an Inuit local authority</li> <li>• letter of confirmation of residence, letter of stay, admission form or statement of benefits from one of the following designated establishments:               <ul style="list-style-type: none"> <li>- student residence</li> <li>- seniors' residence</li> <li>- long-term care facility</li> <li>- shelter</li> <li>- soup kitchen</li> </ul> </li> </ul> |
|--|---|--|

We accept e-statements and e-invoices. Print them or show them on a mobile device.

or

#### 3 If your ID does not have your current address, take an oath

Show two pieces of ID with your name and have someone who knows you attest to your address. This person must show proof of identity and address, be registered in the same polling division, and attest for only one person.

Ready  
to vote

Additional pieces of ID may be added.  
Visit [elections.ca](http://elections.ca) or call 1-800-463-6868.

 Elections Canada  
EC 90189 (07/2015)



**ANISHINABEK NATION**  
Union of Ontario Indians

Head Office  
1 Migizii Miikan  
P.O. Box 711  
North Bay, ON P1B 8J8

Ph: 705-497-9127  
F: 705-497-9135  
Toll Free: 1-877-702-5200  
Web: [www.anishinabek.ca](http://www.anishinabek.ca)

# NEWS RELEASE

## Anishinabek remember storyteller Basil Johnston

UOI OFFICES (Sept. 10, 2015) – Anishinabek today mourn the passing of storyteller, writer and educator who had devoted his career to the celebration and preservation of Anishinaabe heritage – Basil Johnston.

“He was a long-time friend who I played hockey with,” says Anishinabek Nation Grand Council Chief Patrick Madahbee. “He was a great storyteller. Basil kept you captivated with his great oratory skills. He was also an excellent historian. This is a great loss.”

Johnston, who is a citizen of Chippewas of Nawash, was born in Wasauksing First Nation. He had written 25 books in English – including *Ojibway Heritage* and *Ojibway Ceremonies* — and five in Anishinaabemowin.



He was honoured with the Anishinabek Nation Debwewin Citation for excellence in storytelling in 2012. He spent 25 years at the Ethnology Department of the Royal Ontario Museum with a focus on Anishinaabe heritage – particularly on recording language and mythology.

Over the years, Johnston had received many honours. He was a recipient of the 2013 Ontario Arts Council Aboriginal Arts Award, Order of Ontario, the 2004 National Aboriginal Achievement Award for Heritage and Spirituality and the 125<sup>th</sup> Anniversary of the Confederation of Canada Medal. He received honorary doctorates from the University of Toronto, Laurentian University and Brandon University.

The Anishinabek Nation established the Union of Ontario Indians as its secretariat in 1949. The UOI is a political advocate for 39 member communities across Ontario, representing approximately 60,000 people. The Union of Ontario Indians is the oldest political organization in Ontario and can trace its roots back to the Confederacy of Three Fires, which existed long before European contact.

-30-

**For more information contact:**

Marci Becking, Communications Officer

Phone : 1-877-702-5200 ext. 2290

Email : [becmar@anishinabek.ca](mailto:becmar@anishinabek.ca)

[www.anishinabek.ca](http://www.anishinabek.ca)

[www.anishinabeknews.ca](http://www.anishinabeknews.ca)

Follow us on Twitter Facebook YouTube

# Mobile Market 2015

Coming to a  
community near yo



**Mondays – Petrolia, Corunna & Aar**

**Petrolia**—Food Bank—4156 Petrolia 1  
9:30—10:30

**Corunna** – All Saints Anglican – Hill St  
11:00 – 12:00

**Aamjiwnaang** - Community Centre Pavilion  
12:30 – 1:30

**Tuesdays – Forest, Thedford & Kettle Point**

**Forest** – Contact House - 6276 Townsend Line  
9:30 – 10:30

**Thedford** – Meadowville – 76 Mill Street St.  
11:00 – 12:00

**Kettle Point** – Hillside School – 6265 Indian  
Lane 12:30 – 1:30

**Wednesdays—Watford & Alvinston**

**Wyoming**—587 Ontario Street 9:15—10:15

**Watford**—United Church—555 Ontario Street  
10:45—11:45

**Alvinston**—Township Office—3236 River Road  
12:15—1:15

**Fridays – Sarnia**

**Rogers St.** – parking lot 9:30 – 10:30

**Kathleen Ave** – park 11:00 – 12:00

**Veteran’s Park** – Victoria St N 12:30 – 1:30

**YMCA Learning & Career Centre**—660  
Oakdale Ave.—2:00—3:00

**Until the end of October**

## Accessing the Mobile Market

To access the Mobile Market, please bring one of the following:

- The Inn or any food bank client card
- ID and proof of residence in Lambton County or Co-op Housing
  - Proof of social assistance income (OW or ODSP or OAS)



**DETROIT TIGERS**  
**vs MINNESOTA TWINS**



**Sunday - Sept. 27 @ 1:05 pm**

**\$70.00 U.S.**  
**(Coach Bus & Ticket Sec.113)**

**Ticket includes – Shuttle from Nemo’s - Kids Under Age of 14 – Get a Anibel Sanchez Bobble Head, Face Painting, Carousal & Ferris Wheel Rides, Running of the Bases after the Game. Kids 16 and Under must be accompanied by a Adult.**

**Proper ID for Border Crossing.  
Bus leaves Corunna Ball Field @ 8:00 am & Sarnia Market @ 8:30 am SHARP  
Tickets Available Dempsey’s Bar and Grill or Willie – 519-384-1957**



**DETROIT RED WINGS**

**VS**



**TORONTO MAPLE LEAFS**

**Friday October 9<sup>th</sup> AT 7:30 PM**

**\$160.00 U.S.**

**INCLUDES: COACH BUS, TICKET (Sec.228, Row 7-10), and Shuttle from Nemo’s Bar & Grill  
Proper ID for Border Crossing  
BUS LEAVES CORUNNA BALL FIELD AT 2:00 PM SARNIA MARKET PARKING LOT AT 2:30 PM SHARP  
Ticket’s Available at Dempsey’s Bar & Grill or Willie at 519-384-1957 or 519-332-6771**



## Maajiigin Gumig

“place where plants start to grow”  
Greenhouse Grand Opening  
September 16, 2015



Chief Chris Plain provided opening remarks, he mentioned that the location of the greenhouse is central place where everyone gathers. It's a positive outcome for our community.



A prayer was provided by Lynn Rosales. She describes in our language the importance of health, protecting our land and water and air and this is a great way to provide growth to our community.



## Ribbon Cutting

With Chief and Council, Environment Committee, Return the Landscape, Shell Canada, Union Gas & Nature's Way



Kristina Zimmer (Shell Canada) - “Since 2014, this project has been a positive partnership between Shell and Aamjiwnaang First Nation. The community is excited about the environmental and learning opportunities this greenhouse will provide, and I am eager to watch it flourish.”



Bobby-Jo Joseph Viscount's logo was chosen. She describes her logo as protecting our future generations. Using the child and elder hand circling the flowing in the centre.



Joe Plain, winner of the name the Greenhouse contest. Maajiigin Gumig—A place where it starts to grow. He says he likes naming things, he mentioned that he also named the Aamjiwnaang Community Centre.

Kim Gledhill (Nature's Way) - expressed how happy she was that this project has finally happened and our community will gain so much knowledge from our greenhouse with training programs.

On September 16, 2015 the Environment Committee along with Aamjiwnaang Chief and Council, and Environment Staff and fellow Community Members participated in a Grand Opening Ceremony of the Maajiigin Gumig (Aamjiwnaang's Greenhouse). The Green House is 54 x 34 it sits just outside of the Maawn Doosh Gumig parking lot. Maajiigin Gumig is a native plant greenhouse focusing on growing native plants for the Aamjiwnaang community and surrounding Sarnia-Lambton Area.

Some initiatives of the green house will be Native plant rescue and restoration, seed collection and cleaning, native plant propagation, multi-generation teaching and learning, ecology stewardship education, and reconnecting with the Earth. The greenhouse will also be a gathering place for learning how to help native plants thrive once planted. There will be upcoming workshops coming in 2016 to learn how to take care of native plants, as well as what to plant where, and purposes for traditional medicinal plants. A full time greenhouse caretaker job posting is being created and further details will be posted in an upcoming Tribe Une. As always if you have any questions or concerns please contact the Environment Staff at the Band Office 519-336-8410.



John Bonin (Union Gas) - provided a sponsorship for the community project. He has worked on other projects with other First Nations and believes it will provide growth and employment opportunities for the community.



Shawn McKnight & Larry Cornelis (Return the Landscape) - They have been working with Aamjiwnaang Environment Department on other projects and will continue to provide training to help operate the greenhouse. They're looking forward to continuing the relationship with Aamjiwnaang First Nation.

# Mino Dbishkaayin-Happy Birthday

Sept. 25– Oct. 8, 2015

Carson	Rising	Sept.	24	Keith	Rogers	Oct.	2
Cristina	Battista	Sept.	25	Douglas	Simon	Oct.	2
Abigail	Feather	Sept.	25	Autumn Lynn	Williams	Oct.	2
Keely	Adams	Sept.	26	Naomi	Beauchesne	Oct.	3
Zachary	Cloud	Sept.	26	Jodi	Branton	Oct.	3
Megan	Nahmabin	Sept.	26	Jacob	Dick	Oct.	3
Brian	Noganosh	Sept.	26	Kaylea	Eyre	Oct.	3
Andrea	Parker	Sept.	26	Ernest	White	Oct.	3
Ava	Pentland	Sept.	26	Aaliyah	Adams	Oct.	4
Arianna	Bird	Sept.	27	Aimee	Bird	Oct.	4
Jeremy	Hewitt	Sept.	27	Melissa	Bird	Oct.	4
Monae	Howell	Sept.	27	Steven	DeGurse	Oct.	4
Karlee	Jackson	Sept.	27	Montana	Gray	Oct.	4
Bruce	Maness	Sept.	27	Charles	Howell Jr. II	Oct.	4
Christa	Williams	Sept.	27	Alexander	Mejia-Smith	Oct.	4
Landyn	Williams	Sept.	27	Orin	Oliver	Oct.	4
Nancy	Williams	Sept.	27	Erin	Smith	Oct.	4
Mystique	Bressette	Sept.	28	Robert Glenn	Williams	Oct.	4
Easton	Nahmabin	Sept.	28	Timothy James	Williams	Oct.	4
Fenton	Plain	Sept.	28	Errnol	Gray	Oct.	5
Kiona	Porter-Plain	Sept.	28	Emily Rose	Pentland	Oct.	5
Warren Jr.	Williams	Sept.	28	Andrew	Pimentel	Oct.	5
James	Wrightman	Sept.	28	Serenity	Schurman	Oct.	5
Angela	Bowron	Sept.	29	Michael Wayne	Williams	Oct.	5
Candice	Fisher	Sept.	29	Margaret	Devries	Oct.	6
Shay-Lynn	George	Sept.	29	Autumn	Ireland	Oct.	6
Tiauni	Gray	Sept.	29	Elizabeth	Jacobs	Oct.	6
Michael	Mills	Sept.	29	Donna	Jones	Oct.	6
Mariah	Partin	Sept.	29	Jasmine	Joseph	Oct.	6
Dan George	Pimentel	Sept.	29	Mariah	Maness-Henry	Oct.	6
Eric	Plain	Sept.	29	Seth	Davidson	Oct.	7
Ashley	Jackson	Sept.	30	Rianna	Gergi-Rogers	Oct.	7
Connor	Ludlow-Maness	Sept.	30	Brandon	Gilbert	Oct.	7
Lexi	Whiteye	Sept.	30	Dorothy	Gilbert	Oct.	7
Brenda	George	Oct.	1	Robyn	Gray	Oct.	7
Jeffery	Maness	Oct.	1	Joyce	Schornick	Oct.	7
Sereena	Nahmabin	Oct.	1	Hallie	Snake	Oct.	7
Andrew	Plain	Oct.	1	Evelia	Adams	Oct.	8
Erika	White	Oct.	1	Jasmine	Delorme	Oct.	8
Makenzie	Anderson-Rogers	Oct.	2	Paul	George	Oct.	8
James	Bird	Oct.	2	Memengwaans	Ireland	Oct.	8
Denise	Gray	Oct.	2	Amanda	Nahmabin	Oct.	8

# Mino Dbishkaayin-Happy Birthday Sept. 25– Oct. 8, 2015

David Jeremiah	Plain	Oct.	8
Zhaawshkwaa-Maksin-Kwe	Stone	Oct.	8
McKay	Swanson	Oct.	8
Terrell	Walker-Gray	Oct.	8



*3 Generations*



**Fenton**



**Kiona**



**James**

*Happy Birthday*

*7th  
Birthday  
Princess*



*KIONA  
BORN  
LIVE*

You are one of a kind, my girl. With a heart as big as the sun and a smile that shines just as bright.

Love, Mom, Dad & River



Roger Williams'

A U T H E N T I C

N A T I V E C R A F T S H O P

**Lots to Choose From & Great Gift Ideas!**

**STORE HOURS**  
 Monday ~ Saturday  
 10:00 am ~ 6:00 pm  
 Phone 519-344-1243



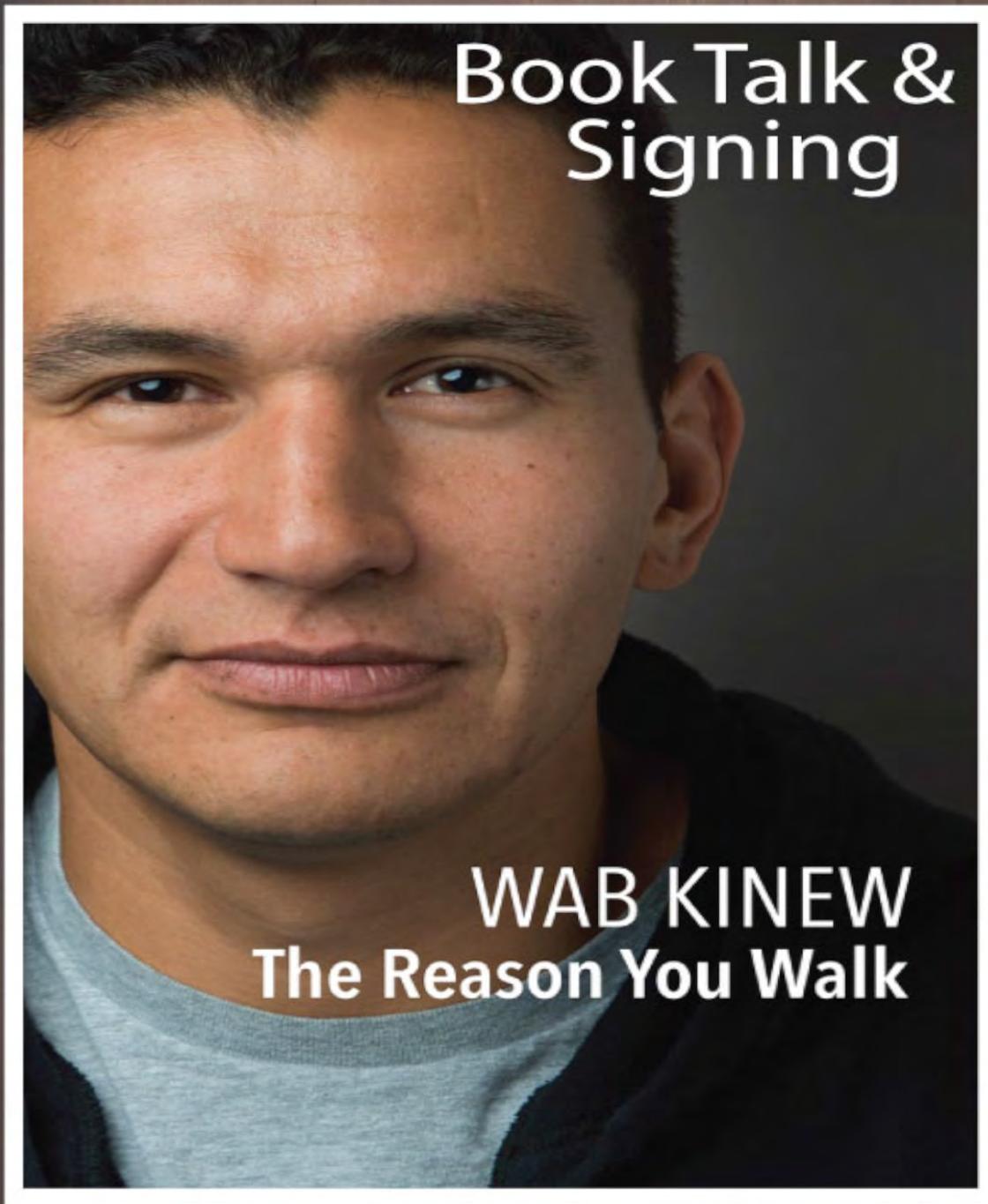
Call Shawnacey Williams:  
519.312.5477  
 thegoldcube@gmail.com

THE GOLD CUBE

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FOR HIRE!

Websites • Business Cards • Flyers • Branding  
 Brochures • Postcards • Logos • CD Album Design  
 T-shirts • Apps • Signage • Banners • Custom Design



# Book Talk & Signing

**WAB KINEW**  
**The Reason You Walk**

Tuesday, October 13th ~ Sarnia Library Auditorium ~ 7 p.m.  
Tickets \$10 @the book keeper

---

Wednesday, October 14th ~ Maawn Doosh Gumig  
Community & Youth Centre  
9:30 ~11:00 a.m. ~ Free ~ All Welcome



# Aamjiwnaang First Nation

## Instructional Hockey Program

### Five and Six Year Olds

Learn the basic fundamental of skating, stopping, puck handling and shooting.

#### Session One

The basic fundamental of skating will be 8 sessions at Mooretown Arena starting October 10 Saturday 5:00 to 6:00

#### Session Two

Hockey basis will be Exhibition games and practices 8 sessions January 2 to March 12 2016

### EQUIPMENT REQUIREMENTS

- Helmet with mask or shield is a must (No bike helmets)

#### Optional

Hockey stick, Hockey gloves, Elbow pads, Shin pads, Hockey pants, Shoulder pads

Cost \$30.00

### Registration Form

Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

For more information contact Jim Maness 519 332-0410 or Jamie Maness at Community Centre 519 491-2160



### How to Help

Find the right time and place to talk. Be calm, caring, non-threatening. Listen. Talk about the concerns by using facts and accurate information. Encourage the person to see a doctor. Encourage the person to seek professional help.

### Where to Get Help

Emergency 911

Kids Help Phone 1-800-668-6868

Distress Line 519-336-3000

LGBTQ Two Spirited Youth Line 1-800-268-9688 Text: 647-694-4275

Bluewater Health Addictions and Problem Gambling 519-464-4400 ext. 5370

Withdrawal Management 519-332-4673

Women's Interval Home 51-336-5200

Sarnia-Lambton Children's Aid Society 519-336-0623

Westover Addiction Assistance 1-800-721-3232

Windsor Withdrawal Management (detox) 519-257-5225

Grand River Withdrawal Management (detox) 519-749-4318

London Withdrawal Management (detox) 519-432-7241

Lambton Mental Health Crisis Line 519-336-3445

Victim Services Support Line 1-888-281-3665 ext. 5238

Alcoholics Anonymous 519-337-5211

Drug & Alcohol Registry of Treatment 1-800-565-8603

Aamjiwnaang Mental Wellness 519-332-6770

Pregnancy Centre 519-383-7115

Sexual Assault Victims 519-337-3320

Problem Gambling 1-888-230-3505

For more information or support please call 519-332-6770



# EAGLE STAFF GATHERING

September 26 & 27, 2015

**Wiikwemkoong  
Unceded  
Territory**

Manitoulin Island, Ontario, Canada

*All Tribal eagle staffs, family eagle staffs, Native American Organizational Eagle Staffs are invited. All approved and registered eagle staff will be compensated with a room and a stipend. Advanced Registration Required by August 7, 2015.*

To register Eagle Staff carriers: or to request further information, please contact the Wiikwemkoong Heritage Organization at (705) 859-2385 or toll free at (877) 859-2385 or email [dpeltier@wikwemikongheritage.org](mailto:dpeltier@wikwemikongheritage.org)

Head Veteran: George Martin, Robert Eshkibok/Robyn Eshkibok  
 Master of Ceremonies: Ogimaa Duke Peltier & Chris Pheasant  
 Head Elder: Willie & Marie Trudeau  
 Head Elder: Ron Yellowman and Martina Osawamick  
 Arena Director: Robert Stonepoint  
 Invited Drums: Wasse Abin Singers, High Eagle Singers  
 Honoured Guest: Doris Boissoneau, Garrett Peltier

**(Camp Day  
September 25, 2015)**

**THIS IS AN ALCOHOL AND SUBSTANCE  
FREE EVENT!!**

Further information available at  
[www.wikwemikongheritage.org](http://www.wikwemikongheritage.org)



## Dawn's Hair & Spa

1736 St Clair Pkwy

**Call**

**519-332-0410**

*To book an  
Appointment*



## "Handyman Work Wanted"

Painting, Drywall Repair, etc...

Need your Deck done?

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**Free estimates call**

**Rabbit at 519-344-2774**

## CALLING ALL BOWLERS!

WE ARE LOOKING FOR BOWLERS FOR THE  
**SARNIA RESERVE FRIDAY NIGHT LEAGUE**

AT MARCIN BOWL IN POINT EDWARD

REGULAR LEAGUE BOWLING BEGINS FRIDAY, SEPTEMBER 11, 2015

BOWLING IS FROM 6:15 – 9:00 PM

IF YOU ARE INTERESTED IN BOWLING CONTACT ZEEBEE AT 519-332-1799

SACTION FEE IS \$25 / WEELY BOWLING \$20



**Southwest Ontario  
Aboriginal Health  
Access Centre**

## TRADITIONAL HEALING PROGRAM OCTOBER 2015

To schedule an appointment at either our **London Site @ 519-672-4079** or **Chippewa site @ 519-289-0352**, speak with the **Medical Administrators**.  
Please note schedules are subject to change with short notice. *Miigwetch/Yaw^ko/Thank you*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>BOOKING WITH JOANNE CHEECHOO:</b> Individuals with chronic illness, the elderly, and those supported by proper referral sources such as SOAHAC's Traditional Healers/Elders and Primary Care will be given priority for appointments.</p> <p>Please be advised, that our visiting Healers/Elders have waitlists. We do have onsite Resident Healers/Elders, Joanne Jackson at the London Site and Liz Akiwenzie at the Chippewa Site. <i>Miigwetch/Yaw^ko/Thank you</i></p>				1	2	3
4	5	6 Richard Assinewai London	7 Richard Assinewai Chippewa Sweat at 5 pm  Joanne Cheechoo London	8 Richard Assinewai Outreach-Moraviantown  Joanne Cheechoo London	9 Richard Assinewai Outreach-Windsor	10
11	12 <b>STAT</b>  Thanksgiving Day	13 Joanne Cheechoo Chippewa	14 Joanne Cheechoo Chippewa	15	16	17
18	19 Elva Jamieson Chippewa	20 Elva Jamieson London  Joanne Cheechoo Chippewa	21 Esstin McLeod London	22 Esstin McLeod Chippewa	23	24
25	26 Bruce Elijah Chippewa	27 Bruce Elijah London	28	29	30	31



# Biidaaban Healing Lodge Annual Wellness Conference

Presents: Facing the Issue of Suicide  
Prevention, Intervention and Ways to Cope

**November 23, 24, 25, 2015**

**At Victoria Inn Hotel & Convention Centre**

**Who Should Attend?**

Health Care Providers, Child and Family Services Workers, Case Managers, Crisis Workers, Board Members, Social Workers, Community Workers, People working in First Nation communities, and anyone else working with youth in crisis, including family members.

Hotel Info: 555 West Arthur St Thunder Bay, On

Tel. 807-577-8481 Toll Free: 1-800-387-3331.

Booking Cut off Date: November 2, 2015.

When booking state ID #457772

All reservations are held until 4 p.m. unless guaranteed with credit card or purchase order. Check in time is 3 p.m. and Check out time is 11 a.m.

**Conference Fee's**

**\$300. (before October 1) After October 1: \$350.**

Confirm Registration for 3 and get the 4th one free. Early Bird draw—one free registration by October 1.

**Workshop Presenters:**



Darien Thira, PhD., Reg. Psych., has served as a community development/mental health consultant for many Aboriginal communities across Canada for over 20 years. He offers training workshops and clinical consultation related to trauma, suicide, "addictions," and personal and community wellness.



Scott Chisholm—one of Thunder Bay's finest—fire fighter—founder of the Collateral Damage Project—works to prevent suicide by creating proactive dialogue, working to deal with stigma ,creating a series of portraits, provides links on suicide and mental health. Involved with "The Life Promotion Project"



Janet Fox is from Lloydminster, Alberta. Presented in many First Nations across Canada - Family Parenting, Importance of Bonding, Cross Cultural Awareness, Healthy Relationships, Lateral Violence—Train the Trainer—Traditional Family Parenting. Recently added—"The power of Positive Thinking" to her workshops.

Other Tentative Workshops include—Safe Talk Training, Asist Training presentation , other presentations by other service providers

For more information and registration package contact Biidaaban Healing Lodge at 807-229-3592 or Toll free 1-888-432-7102 or [ctwance@biidaaban.com](mailto:ctwance@biidaaban.com)— Carol Twance, Community Conference—Community Outreach Worker

On Turtle Island "North America" the Indigenous people have traditionally used the Sweatlodge for purification, cleansing and healing of mind, body, emotions and spirit.

## THE SWEATLODGE REPRESENTS HEALING AND REBIRTH IN MOTHER EARTH'S WOMB

**WEDNESDAY OCTOBER 7/15 at 5:00 PM** at Southwest Ontario Aboriginal Health Access Centre (SOAHAC), 77 Anishinaabeg Drive, Muncey, ON.



Please contact the Medical Administrator at SOAHAC Chippewa Site to register.

The ancestors visioned the Sweatlodge as a gift from The Creator to help in healing, purification, and connection to the spirit world. The Sweatlodge "Womb of Mother Earth" is connected to all directional powers of the universe: above, below, east, north, west and south. Intent within integrity is the key to the positive outcome of the ceremony. It is said that the Sweatlodge ceremony "responds" to what the people need.

The sweat will be conducted by a visiting Healer/Elder, Richard Assinewaj.

**This will be a Co-ed (mixed) sweat.**

### PROTOCOL FOR THE SWEATLODGE CEREMONY

*An offering of tobacco and a gift is made to the sweatlodge conductor. The offering is used to help in the costs of the wood and gas (where applicable). One would need to abstain from alcohol or drugs for at least four days prior to the sweat, however under circumstances, this may be over looked. It is important that you inform the sweatlodge conductor of any health problems such as asthma or high blood pressure.*

#### WHAT TO WEAR AND BRING TO THE SWEATLODGE CEREMONY:

*Tobacco*

*Towel or small blanket*

*Men wear longer boxing style swimming trunks or shorts without metal.*

*Women wear long dress-like garments-could be a long nightgown or T-shirt and long skirt together*

*Water and a snack to share with others after the Sweatlodge (offering)*

*Women on their moon-time (menstruation cycle) will sit outside the lodge as they are naturally purifying.*

RE: Brian Anthony "Jake" Jacobs

We would like to thank Chief and Council for their donations, the Band Garage staff for setting up the teepee and bringing wood, all the men who helped keep the fire going and the bereavement team that cooked the meal.

Thank you to the community members who stopped by to bring food donations and for saying a prayer for Jake.

We would also like to thank the staff at the community centre for all their help. Mike Plain and drummers, and thanks to Jim's Variety.

We appreciate all your thoughts and prayers at this difficult time.

Chi miigwetch

The Waters and Jacobs Families



Aanii,

FYI - I have graciously accepted the position of After School Program Coordinator. I look forward to working with the Youth Leaders in providing any Aamjiwnaang youth from grade 1 – 8 in a physical, healthy and fun filled program.

The Afterschool Program will run from September till June, Mondays, Wednesdays and Thursdays from 3:30 – 6:00 pm with the exception of snow days and PA days. There will be programming on fog days.

I encourage you to enroll your child in the program. You can do so by having your child get off the bus at the Community Centre on program days and I will send them home with a registration form, or, you can stop by the front desk of the Community Centre and pick up a form. Please fill out the form completely; specify if they are being picked up, if there are any allergies and emergency contacts.

The program will consist of physical activity, interact team play, nutrition break and proper hydration breaks. There will be, from time to time, some group outings and some in group guest speakers.

I shall ask you to have your child prepared for full winter outside programming, proper attire and footwear, thank you.

I look forward to meeting you and your child soon.

Earle Cottrelle  
Program Coordinator

After School Program Phone  
226-932-0786

Mon. 10 – 6, Wed. 12 – 6, Thurs. 12 – 6

**After School**  
program



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**ATTENTION**

Sting and Legionnaire Flex  
Tickets will be available  
at the Band Office.

Limit of 4 Per Household.

If you have stories that you  
would like to share, please  
submit them to the Editor at :

[editor@aamjiwnaang.ca](mailto:editor@aamjiwnaang.ca).

**CHIPPEWA TRIBE-UNE**

The next issue is due out on  
**Friday, October 9 2015**

The deadline for  
submissions is  
Tuesday, October 6 at 4:00 pm

Please submit your documents in  
**Word, Excel, or Publisher** formats or info  
can be hand written; **jpeg** for pictures.

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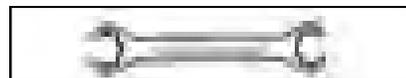
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