



CHIPPEWA TRIBE-UNE

Editor
Sandy Waring

Aamjiwnaang you're invited to the...

Wednesday,
August 12, 2015

11 AM -1 PM

Maawn Doosh
Gumig
Community &
Youth Centre

LET'S HAVE A GARDEN PARTY



LETTUCE TURNIP THE BEET

Please Join us...

Agenda:

- 11:00 AM Opening & Prayer
- 11:30 AM Ribbon Cutting Ceremony
- 11:45 AM Greenhouse Initiative
- 12:00 PM Acknowledgements & Logo contest
- 12:30 PM Closing remarks
Light snacks and coffee/tea

Greenhouse Grand Opening!!

Please join us in our grand opening ceremony and celebrate this wonderful addition to our First Nation. Logo Contest will be announced during event!



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NOTICE

Development Committee Vacancy

There is a community member vacancy on the Development Committee. If you would be interested in serving on this committee for the rest of the 2015-16 term, please submit a letter of interest to Chief and Council by 4:00 pm on Friday, August 7, 2015.

NOTICE

In an effort to be more environmentally friendly, starting in September the Tribe-Une will only be delivered to Community Members who specifically request the delivery. Community Members are encouraged (if you are able) to read the paper in an electronic version either online or by email.

The Tribe-Une is available:

- online at: <https://sites.google.com/site/chippewatribeune/> or
- by email in a pdf version (if you provide me with your email address)

If you would still prefer to have the Tribe-Une delivered to your home, please let me know. I can be reached at 519-491-2160 or at editor@aamjiwnaang.ca

Copies of the Tribe-Une will continue to be available at the Band Office, the Community Centre and at the Seniors Complex.

Thank you for your understanding.

Sandy Waring, Editor

WANTED

Musician to play the piano or organ, each Sunday and Special Occasions.
Small stipend provided.

Apply to: St. Clair United Church,
984 Tashmoo Ave.,
Sarnia, ON N7T 7H5

Aamjiwnaang
Population Stats
Current: 2342



**COUNCIL AGENDA
ITEM SUBMISSION
DEADLINE!!**

FRIENDLY REMINDER

To whom it may Concern:

Please be advised that the Council Meeting Agenda Item deadline is the Wednesday prior to the Regular Council Meeting (RCM) at 4:00 p.m. (unless otherwise noted below). Sorry, no exceptions. Any items submitted after the deadline will placed on the next RCM Agenda/Meeting. RCM's are every 1st and 3rd Monday of each month. Should the RCM fall on a holiday, then it will be held on the following Tuesday.

Miigwech for your co-operation and understanding.

Respectfully,
Lynn, A/Band Council Clerk

Please Note:

If you have any discussion items for
Chief and Council on:

Monday, August 17, 2015

The deadline for submission is:

Wednesday, August 12, 4:00 PM



Aboriginal Affairs and
Northern Development Canada

**IF YOU DO NOT HAVE THE
MANDATORY IDENTIFICATION TO OB-
TAIN A STATUS CARD,
PLEASE CALL: 1-800-567-9604**

- Advise the call centre representative that you want to obtain a Temporary Confirmation of Registration Document (TCRD).
- They will ask a series of questions to confirm your identity and then mail a Temporary Confirmation of Registration Document (TCRD) to you.
- **This document will state your registration number and can be used in place of a Status Card to access benefits and services.**

Medical Travel Drivers

Terry Plain (Monis)	...519-402-5535
Ron Simon	...519-330-7450
Sheila Firth	...519-383-1073
Mary Lou Williams	...519-337-9342
Carol Miller	...519-332-0751
Christine Plain	...519-466-0054



**Are you interested in becoming
a Medical Driver?**

Responsibilities:

- Transportation to and from medical appointments for on-reserve members.
- Maintaining accurate records of all trips.

Requirements:

- Must have a valid driver's license, clean driver's abstract, proof of insurance related to the 'carriage of passengers', provide recent police check and Safety Standards Certificate for your vehicle.
- Some financial assistance is available to help offset these additional expenses. To learn more, please contact Trudy Maness at the Health Centre.
- Ability to maintain strict confidentiality

Please contact Trudy Maness at the Health Centre (519) 332-6770. Miigwech!



CHIPPEWA INDUSTRIAL DEVELOPMENTS LIMITED

978 Tashmoo Avenue

Sarnia, Ontario

N7T 7H5

TELEPHONE
(519) 336-9053
FAX (519) 339-9079
www.cidl.net

NOTICE

The Shareholder's of Chippewa Industrial Developments Limited (Band Council) are accepting applications to serve as Board of Directors.

Band Members interested in serving on the Board of Directors of Chippewa Industrial Developments are asked to submit your letter outlining your interest and experience to:

c/o Tom Maness

Chippewa Industrial Developments Ltd.

978 Tashmoo Ave., Sarnia, Ontario N7T 7H5

Closing date: **Friday, July 31, 2015 @ 4:30 p.m.**

NOTICE

Aamjiwnaang School Bus Transportation Notifications

Any change must go through the Aamjiwnaang Education Department

- Address change
- Telephone number update
- Change of School
- New students
- Bus Service no longer required

Please advise the Education Department at the Band Administration Building of any changes at 519 – 336-8410

Diane Aiken ext. 246, or Vicki Ware ext. 247.

Bus Drivers will only accept changes as approved by the Education Department.

The Aamjiwnaang Bus Transportation Policy is available upon request. To ensure the bus safety of our students, we must all work together.



AAMJIWNAANG FIRST NATION JOB OPPORTUNITY

Community Health Representative

Employment Term: 6 month contract to permanent

Qualifications:

- Graduation from a post secondary program in social services, public/community health, nursing or equivalent; must hold current CPR and First Aid Certification
- Excellent working knowledge of public health programs and services
- Working knowledge of computer-based data management programs for administrative purposes
- Facilitation and presentation skills would be an asset
- Exhibits a high degree of initiative and self direction; good analytical, organizational and communication skills
- Well developed interpersonal skills; strong interest in public health issues
- High level of appreciation of First Nations issues

Job Summary:

- Assists in providing health education to the people of Aamjiwnaang First Nation, including, but not limited to health promotion and prevention, and ensuring awareness of the availability of general health care services
- Organizes and arranges for the delivery of health care seminars, workshops, special events and other educational programs and services
- Assists in ensuring the availability of, and access to medical/dental/health programs and services for the people of Aamjiwnaang First Nation
- Assists other health staff in the provision of health programs and services
- Collects and submits weekly drinking water samples
- Performs home visits in consultation with other health programs
- Prepares work plans, budgets and reports
- Performs such other related duties as may reasonably be required by the Director of Health Services

Interested Applicants: Include a cover letter, resume and two references. Please forward to:

**Assistant Band Administrator
Aamjiwnaang First Nation
978 Tashmoo Ave.
Sarnia, Ontario
N7T 7H5
Fax: 519-336-0382**

Deadline: All applications must be received by **4:00 p.m. on August 21, 2015**



EMPLOYMENT OPPORTUNITY AAMJIWNAANG FIRST NATION

Project Coordinator – Strengthening Families for Parents and Youth Temporary Part-Time

Employment Term: 11 weeks – September to November (average 8hrs/week)

The Project Coordinator will coordinate and oversee the delivery of a 9 week family prevention program.

Qualifications:

- Ontario Secondary School Diploma (O.S.S.D.) or equivalent
- Strong organizational skills
- Excellent communication and problem solving skills
- Ability to work independently and as part of a team
- Good computer skills
- Ability to maintain records and prepare reports
- Available to work flexible hours, including evenings
- A valid drivers license and access to reliable transportation

Job Summary:

- Organize program facilitators and volunteers
- Coordinate weekly child care, transportation and catering
- Responsible for participant reminders and outreach
- Purchase supplies and prepare program materials
- Organize the set up and clean up of program rooms
- Assist facilitators with program delivery as required
- Maintain all program documentation
- Oversee program evaluation and final report

Include a cover letter, resume and two references.

Forward to: **Assistant Band Administrator**
Aamjiwnaang First Nation
978 Tashmoo Ave.
Sarnia, Ontario N7T 7H5
Fax: 519-336-0382

Deadline: All applications must be received by 4:00 p.m. on August 14, 2015.

EXTERNAL/INTERNAL POSTING

The North Lambton Community Health Centre is a community governed health centre serving identified priority populations in a defined catchment area. The Centre operates multiple sites in Ontario: Forest, Kettle & Stony Point, Watford, and Samia. Our interdisciplinary team of providers includes: physicians, nurse practitioners, registered nurses, social workers, health promoters, dietitians and physiotherapists.

Peer Worker – Diabetes Prevention

15 hours/week – 7 month contract

The Peer Worker position is based on funding provided through the Ministry of Health and Long Term Care, Health Promotion Division. The Peer Worker will work mainly with the Diabetes Education Program implementing diabetes prevention programs aimed at increasing food and activity skills.

The job will involve working in a variety of community settings with Health Centre clients, which include, First Nations, seniors and rural families.

QUALIFICATIONS

The Peer Worker should have an interest in and knowledge of cooking and nutrition. Experience working with First Nations, seniors and rural families is an asset.

For additional information/apply to:

Katelyn Black, Human Resources Assistant
North Lambton Community Health Centre
3 - 59 King Street West
Forest, Ontario, N0N 1J0
Phone: 519-788-4545
Fax: 519-788-6318
Email: kblack@nlchc.com



North Lambton Community Health Centre is committed to Employment Equity, welcomes diversity in the workplace, and encourages applications from all qualified individuals including women, members of visible minorities, aboriginal persons, and persons with disabilities. Only applicants selected for an interview will be contacted.

Closing Date: August 3, 2015



Employment Opportunity

**First Nations Constable
North Caribou Lake Police
Weagamow Lake, Ontario**

North Caribou Lake First Nation is currently accepting applications for the position of First Nations Constable. North Caribou Lake Police is administered by the OPP Aboriginal Policing Bureau while operations are supported and supervised by the Sioux Lookout OPP detachment.

North Caribou Lake First Nation is located on the north shore of Weagamow Lake. It is approximately 320 km north of Sioux Lookout.

ESSENTIAL QUALIFICATIONS:

- Grade 12 with Ontario Secondary School Graduation Diploma or equivalent
- Valid drivers licence in good standing
- 19 years of age or older
- No criminal record for which a pardon has not been granted
- Be of good moral character and habits
- Excellent communication skills, both oral and written
- Must be self-disciplined, motivated and community-oriented
- Must meet health and psychological standards.
- Must meet vision, hearing and physical standards
- Must have an up to date First Aid/CPR Certificate

DESIRABLE QUALIFICATIONS:

- Currently active as a First Nations Constable, Ontario Provincial Police, RCMP or Municipal Police officer
- Knowledge and understanding of aboriginal culture
- Diploma graduate of an accredited law and security program
- Other post-secondary studies in law and justice or native studies
- Experience working with young people in promoting healthy lifestyle choices

MANDATORY DOCUMENTATION:

- Cover letter/resume
- Copy of Grade 12 Ontario Secondary School Diploma or equivalent
- Copy of any other applicable educational post-secondary studies diplomas
- Copy of driver's licence and certificate of birth
- Three recent work related references (names and contact information)
- If applicable, receipt of a diploma from the Ontario Police College or equivalent

DEADLINE: Friday, August 7th, 2015 at 1600 hrs. Late applications will not be accepted. Only those candidates selected for further testing will be contacted.

Further information can be obtained by contacting Sgt. Kevin YOUNG at (807) 737-2020.

Applications must be submitted by e-mail only to: Kevin.Young@OPP.ca



Transportation Research posting

Competition # No mention of MTO in

Currently, we are seeking **Part-Time/Temporary, In-Person Interviewers** for a 4-5 week contract field work assignment scheduled from Wednesday, August 5, 2015. Staff will be conducting short interviews, in-person, with motorists at southwestern border crossings in Sarnia and Windsor.

Interviewers must be able to engage confidently with the public and communicate effectively in English; French communication skills will be considered a strong asset.

R.A. Malatest & Associates Ltd. is one of Canada's largest independently owned and operated research and program evaluation firms. We employ more than 70 dedicated research professionals and 100+ part-time surveying staff members, all of whom provide quality research that contributes to positive social and economic change across Canada. Our company has national office locations in Victoria, Edmonton, Halifax, Ottawa, and Toronto.

Posted: Monday, June 8, 2015

Closing Date: July 10, 2015

No. of Positions: 80

Location: Border Crossings in Windsor and Sarnia

Hours of Work: Various shifts and Hours; training (mid-July) will be provided before staff begin.

Rate of Pay: \$16.00 per hour, plus 4% Vacation Pay (based on experience/position)

Our In-Person Interviewer/Data Collection Clerk:

- ✓ Do you enjoy interacting with people? Are you confident engaging people in conversation?
- ✓ Do you have experience completing interviews/surveys in-person? Are you able to **administer in-person surveys quickly and accurately?**
- ✓ Do you pay attention to details, have an engaging personality that is dynamic and energetic, and have a high level of dedication for everything you do?
- ✓ Want the opportunity to **proactively contribute** your knowledge, strength, organizational and multi-tasking skill to the research project we have been assigned to undertake as a company?
- ✓ Would you represent the company with a matched value for **excellence, professionalism, quality, integrity and efficiency** for the information we will be collecting?

Why work with us?

R.A. Malatest & Associates Ltd. is a proactive, dynamic, progressive evaluation and market research organization always adding new capabilities and expertise to our existing competitive advantages. Our company offers competitive private sector wages, dynamic data collection work opportunities, and research project experiences that contributes to the continuous learning and development of our Surveying staff members (often due to the variety of projects and positions available). R.A. Malatest & Associates Ltd. is a client focused organization that continues to meet and exceed our valued client expectations for the quality and integrity our research survey project completions are known for.

¹ As the nature of our work requires project to project contractual field work assignments, the work hours available will vary based on project demands. The work schedule is subject to change and this project will only retain the services of required data collection clerks to work for the duration of field work without further notice of end date. There is no promise of permanent employment thereafter.



Duties will include, but are not limited to:

- Engaging motorists as they arrive at border crossings to administer a short survey;
 - Completing in-person interviews on a tablet device (Apple iPad);
 - Gathering information, performing person/vehicle counts, and verifying respondent information;
 - Completing the targeted number of interviews/surveys required to inform this specific research study;
-

Expectations:

- Intercepting motorists at border crossing and conducting in-person interviews in an efficient and friendly manner;
 - Counting vehicles and directing drivers according to hold/release protocols;
 - Recording accurate information (survey responses) on a tablet device;
 - Completing in-person interviews according to Malatest project training, established policies, procedures and requirements;
 - Being reliable, punctual, and working independently;
 - Must be willing to stand for long hours;
 - Ability to navigate maps and easily become familiar with geography of the area;
 - Performing to the highest standards for quality assured data collections /survey completions;
-

Qualifications:

- This position reports directly to the onsite Field Supervisor(s) of R.A. Malatest & Associates Ltd.
- Completion of secondary school or post-secondary education within the social sciences, information management, business administration, or other field of study related to our service expectations;
- Experience administering survey questionnaires in-person and/or public speaking, preferred (but not essential);
- Familiarity with mobile/tablet devices (such as iPad technology) and hand held traffic data collectors (Jamar Boards) is considered an asset;
- Knowledge of traffic safety;
- Accurate and efficient document usage and excellent interpersonal communication skills;
- High level of personal integrity required to handle confidential and/or sensitive information;
- The ability to self-start, initiate, motivate and organize responsibilities, in order to meet deadlines, work under pressure and adjust or adapt to changing ongoing project task priorities;
- Strong time management, flexibility, and attention to detail, are all essential;
- Must have access to a vehicle or be able to travel to the border crossings on own;
- Must undergo Canadian Police check (CPIC);
- As a condition of employment on many of our research project contracts, staff members are required to adhere to Malatest privacy, security, confidentiality and quality assurance standards.
- Must be legally entitled to work in Canada and be able to obtain any required security clearances with the Industrial Security Directorate Division of Public Works and Government Services Canada;

¹ As the nature of our work requires project to project contractual field work assignments, the work hours available will vary based on project demands. The work schedule is subject to change and this project will only retain the services of required data collection clerks to work for the duration of field work without further notice of end date. There is no promise of permanent employment thereafter.



Working Conditions:

Field staff will engage in active, fast-paced, sometimes strenuous work, within tight deadlines. The Surveyor will stand for long periods of time, during all assigned shifts, at an outdoor location at the border crossings. Outdoor exposure in all types of weather may occur. This work will require you to independently get to and from sites within the area that you may be assigned to administer survey questionnaires at. Our client has asked that all Surveyors wear black pants and white shirts (vests and/or jackets provided) to easily identify onsite data collection staff for security purposes. Must own a cell phone for ongoing contact, have good communication skills (converse or engage easily with the public), ability to read maps and be able to get to and from the field site location on time. An attention to detail will ensure accurate information is collected. A Surveyor must be able to work for the duration of this temporary field work project contract. Documentation and equipment will be provided, and considered mandatory as they are necessary to effectively work on this temporary project contract. Training (week of July 13) will be provided at yet to be determined locations in Sarnia and Windsor.

How to apply?

Submit your application form, resume, and covering letter stating the competition number # in the subject line of any e-mail or correspondence. **No calls please!** Thank you to all candidates for the expression of interest. Please Note: Only shortlisted candidates will be contacted.

e-mail: resumes@malatest.com	Fax: 1-888-384-2774	By Mail: 415 Yonge St, Suite 1201 Toronto, ON M5B 2E7
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R.A. Malatest & Associates Ltd. is an equal opportunity employer and will not discriminate against any employee or applicant from employment because of physical or mental disability, race, colour, religion, gender, sexual orientation or creed in regard to any position for which the employee or applicant is qualified. We are committed to ensuring employment equity within our workplaces. You are welcome to identify within your application if you belong to one of the four designated equity groups: women, Aboriginal peoples, persons with disabilities and/or members of visible minorities.

The above recruitment notice indicates that the closing date is July 10th. I was advised that it is an ongoing recruitment, but if interested, you are asked to submit resumes as soon as possible as they will be training over the next few weeks.

Sandy Waring

ANIMAL CONTROL OFFICER

Ron Simon - Text/Call 519-330-7450

For animal control issues only!

- Primary duties are to follow up on loose dog.
- complaints and monitor quarantined dogs.
- If you are a dog owner and your dog is loose, it is your responsibility to retrieve your dog.
- Traps available at Band Garage for use by community members. 519-336-0510

Job Search Websites

- A. **OFIFC**, <http://www.ofifc.org/>
- B. **Nokee Kwe**, <http://www.nokekwe.ca/>
- C. **Southern First Nation Secretariat**, <http://www.sfns.on.ca/index.html>
- D. N' Amerind Friendship Centre (London), <http://www.namerind.on.ca/>
- E. **Anishnawbe Health Toronto**, <http://www.aht.ca/>
- F. **SOAHAC** London, Chippewas of the Thames, Owen Sound, <http://www.soahac.on.ca/>
- G. **Six Nations** (Ohsweken, ON), <http://www.sixnations.ca/>

Other Job Search Engines:

- <http://www.aboriginalcareers.ca/>
- <http://ca.indeed.com/Aboriginal-jobs>
- <http://www.wowjobs.ca/jobs-aboriginal-jobs>
- <http://www.turtleisland.org/front/front.htm>
- <http://www.eluta.ca/>
- <http://www.monster.ca/>
- <http://www.workopolis.com/>
- <http://www.jobs.ca/>
- <http://www.servicecanada.gc.ca/eng/sc/jobs/jobbank.shtml>
- <http://www.ofifc.org/>

For Up-To-Date News and Information in the First Nations Political Arena you may visit the following sites:

Chiefs of Ontario visit:

<http://www.chiefs-of-ontario.org/>

Union of Ontario Indians visit:

<http://www.anishinabek.ca/>

Assembly of First Nations visit:

<http://www.afn.ca/>

Southern First Nation Secretariat

<http://www.sfns.on.ca/>

Aboriginal Affairs and Northern Development Canada

<http://www.aadnc-aandc.gc.ca/>



Aamjiwnaang's Alternative and Continuing Education is going on *Summer break* in August



Last day of class is

Thursday, July 30th

Computer use available at the Maawn Doosh Gumig Community Centre, 1972 Virgil Ave, Sarnia, ON

Classes resume on

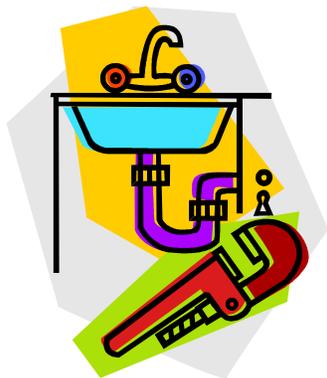
Monday, August 31st

What is RRAP?

- It is a CMHC program for **LOW-INCOME** homeowners
- Provides loans, a part of which may not have to be paid back
 - Available to repair substandard living units

What repairs qualify my house?

- Your house must be substandard or deficient in one or more of the following:



- Structural
- Heating
- Disabled
- Electrical
- Fire Safety
- Plumbing

- Adaptations to make a unit accessible for a disabled occupant also qualifies for the Disabled RRAP program

Who is eligible?

- The **TOTAL** household's income must be lower than \$42,000.00.
Written verification of household income is required from all residence of the home.

The Inspector is available every Monday to do RRAP inspections. Please call the Housing Department at 519-336-8410. Deadline is September 30, 2015 to submit all required paperwork and quotes.





Bonfire & Story Telling

You bring the marshmallows we'll bring the wood!

Location: Bear Park



Bonfire will begin at 8pm. Movie at 9pm.

*****FRIDAY, AUGUST 7TH*****

For more information please contact Roberta Bressette at 332-6770.

22

EMPLOYMENT AND INCOME

Sources of Personal Income among OFN adults



Percentage of OFN adults who work more than 40 hours per week

70%

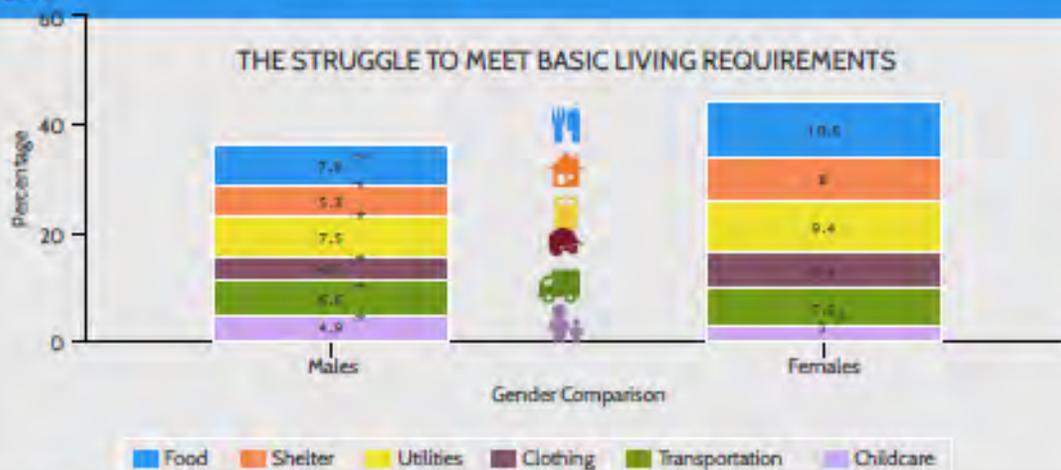


Percentage of OFN adults who work in their own First Nation community

85%



Who is having to borrow money or is missing bill payments MONTHLY in order to satisfy basic living needs?



*High sampling variability. Use figure with caution.

These infographics are from the Regional Health Survey Peoples' Report (on education).

Julia Candlish | **Education Director**

Chiefs of Ontario | 111 Peter St, Suite 804, Toronto M5V 2H1

📞 Office: 416 597-1266 | 📱 Mobile: 416 809-7489

ANISHINABE ININIWAG GROUP



*Door prize's only a
Man would think
were perfect.*

Men's Group

- The group will be for men and young men.
- Learn: Historical information and practices.
- Learn to cook.
- Roles men play in the community.
- Fishing and frying

So if you have any good ideas for activities for the group, please come out share and participate in making the group a success

July 15, 2015 5:00 pm and every other week after at the Health Centre

Men's Cooking Class

Thursday, August 27, 2015
11:00am – 1:00pm
Health Centre

Prize For All Participants

Learn to love delicious food made with a few healthy ingredients.

New Participants Welcome!

Call the Health Centre TODAY to register at 519-332-6770

Transportation available



Wendy Hill – Traditional Healer

Next Dates: August 12 & 13

Please call Aamjiwnaang Health Centre at 519-332-6770 to book your appointment.



THE GOLD CUBE

Call Shawnacey Williams:

519.312.5477

thegoldcube@gmail.com

GRAPHIC/WEB DESIGNER FOR HIRE!

Websites • Business Cards • Flyers • Branding
Brochures • Postcards • Logos • CD Album Design
T-shirts • Apps • Signage • Banners • Custom Design



Roger Williams' AUTHENTIC NATIVE CRAFT SHOP

STORE HOURS

Monday ~ Saturday

10:00 am ~ 6:00 pm

Phone 519-344-1243

**Lots to
Choose From &
Great
Gift Ideas!**



Wednesday trips to the Farmer's Market!

July 29th

August 5, 12, 19, & 26th

Enjoy the benefits of shopping local!

Lower Prices!

Ontario grown!



Healthier!

Fresher Food!

**Limited space available. Please contact
Roberta at 332-6770 to sign up.**

Mens Gathering

Aanishnaabe Niniwag



All Men and Young Men Welcome

August 5th

**Fry Bread & Corn
Soup**



Where: Aamjiwnaang Health Centre

When: BI Weekly Gathering every other
Wednesdays

Time: 5:00pm

For questions please call Robin Maness at



RESEARCH RESULTS LUNCH & LEARN



**August 20th at 12pm
Health Centre**

Since no one was able to make it to our evening presentation back in March, we decided to try a lunch presentation.

Come and hear the results of our household survey, traditional food sampling, water sampling and mercury testing in hair. Dr. Laurie Chan will present the results and answer your questions through an online presentation.

FIRST NATIONS FOOD, NUTRITION & ENVIRONMENT STUDY

"Took a plate of food to her niece who was at home babysitting a bunch of kids"

"Sharing seats on the bus and helping elders carry items"

"Giving a ride to someone who is walking in the rain"

"My mom's neighbour cuts her grass"

RANDOM ACTS OF KINDNESS IN OUR COMMUNITY

24 HR CRISIS SERVICES

911 POLICE FIRE AMBULANCE
 KIDS HELP PHONE 1-800-668-6868
 DISTRESS LINE SARNIA 519-336-3000 TOLL FREE 1-888-347-8737
 SEXUAL ASSAULT SURVIVORS 519-337-3320
 WOMEN'S INTERVAL HOME 519-336-5200 TOLL FREE 1-800-265-1412
 CHILDREN'S AID SOCIETY 519-336-0623
 WESTOVER ADDICTION ASSISTANCE 1-800-721-3232
 WITHDRAWAL MANAGEMENT
 SARNIA Day Program 519-332-4673; 1-844-778-4673
 WINDSOR 519-257-5225
 GRAND RIVER 519-749-4318
 LONDON 519-432-7241
 MENTAL HEALTH CRISIS SERVICE 519-336-3445

For more information please contact: 519-332-6770

Need Work Done?

Man willing to do odd jobs such as cutting grass, cleaning basements, garages, crawl spaces, digging, moving help, windows, eaves troughs, and other small jobs.

Contact: Kevin Cottrelle at 1940 St. Clair Pkwy. (Mitch Degurse's)

Messages: (519) 312-1468
 Or
 kevincottrelle@yahoo.ca

Masters Chair
 Full Service Hair Salon
 107 Mitton St. N
 Open Tues thru Sat 9:00 am to 4:00 pm
 Evenings by appointment only!
 Call 519-328-4066

White Plains

AutoBody

& SERVICE CENTRE

TAX FREE Plus
COURTESY SHUTTLE
 Full Mechanical, Collision & Rust Repair
 on all Makes & Models

OIL CHANGES • BRAKES
 SUSPENSION • TUNE-UPS • TIRES

1069 Tashmoo Ave.
 Mon to Fri 8am - 5pm, Weekends 9am - 3pm
Ken Plain: 519-336-6372
whiteplainsautobody@gmail.com



Erie St. Clair Local Health Integration Network

**LOCAL INDIGENOUS HEALTH
PLANNING COMMITTEE**

HEALTH CARE NEEDS ASSESSMENT

We need your input to help improve the journey through the health care system for Indigenous patients.

Written Survey

Pick up a survey at the Health Centre. Receive a \$10 gift card when you return it & enter to win 1 of 10 - \$50 gift cards.

Online Survey

Visit:

www.surveymonkey.com/r/LYCX5PT

Enter to win 1 of 10 - \$50 gift cards.

**GIFT
CARDS!**

This is the same survey that was completed at the Pow Wow. Miigwech to those who participated in our focus group on July 21.

NEW TRADITIONAL HEALING SERVICES

SUGAR BEAR will now be providing one to one visits at the Health Centre. He will be here 4 times per year, starting September 9.

WENDY HILL will continue to provide one to one visits every other month. Her next visit will be on August 12 & 13.

Please call the Health Centre to book your appointment 332-6770.

When you approach the Healer, you should present them with tobacco and explain why you have come to see them. We have tobacco ties available at the Health Centre if you need one. You might feel a bit nervous about approaching a Healer for the first time, this is normal and natural. Our Healers will try their best to help you to feel comfortable and relaxed during your visit.



UPCOMING WORKSHOPS

ERNESTINE MCLEOD will deliver a medicine workshop on August 21 to help you prepare for the upcoming cold & flu season.

RICHARD ASSINEWAI will deliver community teachings on September 17.

Watch the Tribe-Una for more information about the workshops...



Seniors Movies
Wednesday, Aug. 12 & 26
1:30 - 3:30



Seniors Drop-In Room
 Snacks and refreshments will be supplied

Seniors Games
Tuesday, Aug 4 & 18
1:30 - 3:30



Seniors Complex
 Snacks and refreshments
 will be supplied



MOBILEYEZ

Mobileyez has been visiting our community for a few years now. We'd like to know if you've been satisfied with the service you have received. If you would like to share your experience, please get in touch with Sara Plain at the Health Centre (519) 332-6770 or health@aamjiwnaang.ca.

We'd love to hear from you!

MOSQUITO SURVEILLANCE & CATCH BASIN LARVICIDING TO BEGIN

We've been hearing the mosquitoes are bad again this year! We are working with St. Clair Region Conversation Authority and Health Canada once again to reduce the mosquito population. Larvicidal treatments of the catch basins will begin soon and continue throughout the summer.

With the help of Danielle Nahdee, we'll also be trapping mosquitoes throughout the community to test them for West Nile Virus.

Please remember to remove stagnant water around your home to eliminate potential mosquito breeding sites.



TJ's Salvage & Demolition

Down & Out?? We'll tear it down, cut it down and haul it out... trees, buildings, cars whatever you want removed.

Reasonable Rates...

Prompt Service...

Call Jamie, Jacob or Triah at
226-932-5784

Seniors 55 & over
Congregate Dining
Is cancelled for the month of August.
Lunches will resume on
Wednesday, September 2
Enjoy your summer!

September Lunch Menu

- 2 BLT, English style chips, pickles, dessert
- 9 Chicken Quesadilla, vegies and dip, dessert
- 16 Fried Bologna sandwich, Bean soup,
dessert
- 23 Egg salad on a croissant, Soup, dessert
- 30 Cabbage rolls, mashed potatoes, dessert



SENIORS GOODY STORE SHOPPING

Thursday, August 27

8:30 - ?

We can go shopping wherever you like.

We will stop for lunch along the way.

Limited to 6 people.

Contact Peggy at Health Centre,
519-332-6770, to reserve your spot.



Seniors Bingo!



Thursday, Aug. 20

12:00

Community Centre

- ❖ Have some yummy lunch!
- ❖ And then, let's play some BINGO!!!

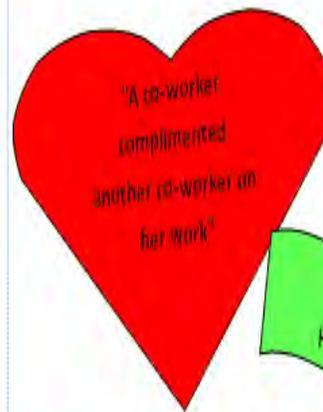
Potluck lunch!

Bring your favourite dish or dessert!

Bring a prize for the bingo table!

Please call Peggy if you plan on attending,

(519)332-6770. Miigwech!



RANDOM ACTS OF KINDNESS IN OUR COMMUNITY



COMMUNITY



Saturday, August 29 @ 1 pm.
Behind the Church

Bring your own prize, limit of up to 4 prizes per person. Nothing under \$5.00 and nothing over \$20.00. For each prize you bring, you will receive one strip of cards.

****Please bring a non perishable item or canned good for the Aamjiwnaang Food Bank****

This activity is sponsored by the New Horizons for Seniors Program— “STRENGTHENING OUR COMMUNITY”



JAMBOREE

With "Rambling Fever" & CORN ROAST



Saturday, Aug. 29



5 - 7 pm

(or until corn runs out)

Ball Diamond

****Please bring a non perishable item or canned good for the
Aamjiwnaang Food Bank****

This activity is sponsored by the New Horizons for Seniors Program -
"Strengthening Our Community"

"Rides to town when I need them"

"Helped carry a neighbours groceries"

***Show kindness to fellow co-workers by standing up for them if you hear gossip about them. Stop the**

RANDOM ACTS OF KINDNESS IN OUR COMMUNITY

TCI  **TRIBAL CUSTOM INSURANCE SERVICES INC.**

Do you feel your insurance is too high?
We can help you find the right price and provide you with great service.

Call NOW for a no-obligation quote!

Head Office — 1000 Degurse Drive, Suite 2,
Sarnia, Ontario N7T 7H5
Tel (519)332-4894 Fax (519)332-5982

"Our Vision—Your Well Being—Our Coverage"



Grief & Loss Counselling Services

Through grief/trauma counselling, Tina can help you work through distressing experiences. Regardless of the kind of loss you're facing, Tina can help guide you through your grief and help you learn healthy ways to cope with your loss/trauma.

Tina provides confidential care and support for individuals, couples and families across the lifespan who are facing difficult seasons in their lives.

Please contact Aamjiwnaang Health Centre
to speak with Tracey or Penny
about accessing Grief & Loss Counselling
(519) 332-6770

Support for Families, Caregivers and Friends Who are Supporting Someone Struggling With Substance & Alcohol Use

Families can play an important role in supporting a loved one with a substance use problem. Often it is the families and loved ones that deal with the crisis, assist with system navigation, serve as informal case managers, encourage and support treatment. Family members, caregivers and friends may experience anxiety, stress, shame, self-blame, depression, fear and frustration. People dealing with addictions in their family can initially not have adequate information regarding the problem, treatment, self-care or available resources.

Facilitators from Bluewater Health Community Withdrawal Program will introduce ideas and concepts to you to support your understanding of substance use, how to better support yourself and how to better support your loved one.

TOPIC of discussion: **Understanding the Irrationality of Addiction**

August 6, 2015

Aamjiwnaang Health Centre
10:00-11:30 P.M.

Please contact Penny @ 332-6770 for further information.

EVERYONE WELCOME!

[Overdose]

Prevention & Intervention

What's the deal with Fentanyl and Overdoses?

Fentanyl is an extremely concentrated/ potent opiate. Some heroin dealers mix Fentanyl powder with larger amounts of heroin in order to increase potency or compensate for low-quality heroin. If it is not well mixed a small bit of highly potent Fentanyl could cause an OD in a user that is expecting just heroin. Fentanyl patches can also be used by either slapping them on the skin to get the time released medication, and then using other drugs on top of that, or by placing the patch inside the cheek, which allows the medication to release quicker, or by shooting or snorting the gel inside the patch (a bit of a process to get it into injectable form, but it can be done!). Very risky in terms of overdose, Fentanyl is extremely potent and short-acting and can flood the receptors in the brain very quickly. Fentanyl is designed to treat pain for people who are already dependent on opioids for pain management, so it is designed to be very strong to handle the pain someone experiences despite already taking sometimes high doses of opioids.

Evidence suggests that 15-20 minutes of education is all it takes to effectively recognize and respond to an overdose with the lifesaving drug naloxone. The findings contribute to a growing body of evidence that brief overdose education to opioid users is sufficient for effective naloxone distribution. The benefit of naloxone is that it is a short acting opioid antagonist which rapidly reverses the life-threatening depression of the central nervous system and respiratory system stemming from an opioid overdose, allowing the person to breathe normally.

Did you know?

Regional HIV/AIDS Connection in London, ON distributes naloxone (take home program) through their syringe access program and is easily accessible to all opioid users in our community. Call Penny at the Health Centre (332-6770) for more information about receiving this life saving education.

RANDOM ACTS OF KINDNESS IN OUR COMMUNITY

"Saw a lady buy an older woman lunch"

"A man helped a girl move out A.S.A.P. from an abusive friendship"

"Drove a lady home"

RP Home Renos
Interior and Exterior
For free estimates
7 days a week call
Ryan Pitre
519-312-7537

Youth Screen Time Challenge

Ages 5-18



August 9th – August 15th

“Screen Time” refers to activities done in front of a screen such as watching tv, working on a computer, or playing video games.

Screen-time recommendations

0-2 years
No screen-time

2-5 years
1 hour/day

+6 years
1-2 hours/day



Track your screen usage for the week of August 9th on the tracking sheet provided staying within the recommended guidelines. Return the sheet to the Health Centre **Monday, August 17th** and be entered to win one of three prizes!

1st Place - \$50 Lambton Mall bucks

2nd Place - \$35 Lambton Mall bucks

3rd Place - \$25 Lambton Mall bucks

Please contact Roberta Bressette at the Health Centre at 332-6770 to sign up.

Youth Screen Time Challenge

Tracking Sheet

August 9th- 15th

SUNDAY 9	MONDAY 10	TUESDAY 11	WEDNESDAY 12	THURSDAY 13	FRIDAY 14	SATURDAY 15

Name of Participant _____

Participants Age _____

Parent's Signature _____

Please return to the Health Centre by Thursday, August 20th

Screen-time recommendations

0-2 years
No screen-time



2-5 years
1 hour/day



6 years & older
1-2 hours/day

learn

Sudoku #213 (Medium)

		4	8			
8		2	7	9		6
5						
	3	1	9	2		
	2		8		4	5
	7					9
6					8	
	3			5		
	1					

Sudoku #213 (Hard)

	8	9					5
						6	
			8	1		3	
			9			4	
		8					7
		1	5		4		
				3			
	7						9
	4			6	1		8

Let's Talk

Understanding addict behavior is difficult because addicts act irrationally when it comes to drugs — they continue to use them obsessively and their use escalates as they develop greater and greater tolerance. For their families and friends who don't have drug problems, it's hard to understand why. It's even harder to watch their downhill slide. It's extremely painful and baffling to see someone you love descend into the depth of addiction, a decline if left untreated that sooner or later results in death. It's like watching a slow-motion suicide. And sometimes it's not so slow.

Why Do Addicts Act Irrationally?

Addiction is a disease of fundamental irrationality. Addicts continue to use drugs despite worsening physical, social, psychological, and often, legal consequences, even the threat of death. No rational person would do this, but addicts do.

Why Are Addicts Irrational When It Comes To Drug Use?

Addicts act irrationally because the disease skews their motivations. They over-value immediate emotional needs — and the drugs that meet those needs — and under-value the rational consequences of drug abuse. Drug abuse causes significant changes to the neurons and neurotransmitters in the brain's reward system, the network responsible not only for feeling pleasure, but also central to learning, memory and motivation. Addiction is a form of toxic learning that results in unkind memories and motivations, over-stressing the pleasures of drug use and under-valuing the repercussions.

Neuroscientists say that drug abuse shifts the normal balance between emotional necessities and reasonable checks-and-balances overwhelmingly in favor of the immediate emotional need for drugs. This is most often seen in addicts' denial that they have drug problems even after it's become apparent to everyone else. That and fear of withdrawal combine and feeling unwelcoming emotions, creating conditions where addicts will do crazy things in furtherance of drug-taking.

Understanding the Irrationality of Addiction

Perhaps the hardest part of understanding addiction is its fundamental irrationality. What family and friends of addicts see in their afflicted loved one is a person who refuses to face reality. Addicts are in denial about their drug problems and view

even the slightest suggestion otherwise as an attack. They not only continue using, but whether they admit it or not, intensified use — taking more drugs more frequently. They ignore ever-worsening consequences, up to and including flirting with death. As long as an addict continues his drug use, the emotional appeal of drugs outweighs the rational dangers associated with continued use. Why? Because emotional and intellectual brain systems, which normally contend with equal strength in a system of checks-and-balances, become pathologically unbalanced from drug abuse. The addict brain boosts the strength of the emotional brain circuits that find drug rewarding to such an extent they overpower the rational systems that warn of consequences. The normally balanced tug-of-war between the brain systems involved is stacked heavily in favor of the emotional need for drugs. Thus, appeals to all the sensible, reasonable and rational justifications for quitting drug use will rarely be enough to motivate an addict into treatment. Usually, that requires an emotional breakthrough. That's what a bottom is. It's an emotional confrontation that pierces the dense fog of denial and forces an addict to surrender and seek help.

But Surrender To What?

AA says that one surrenders to powerlessness, that willpower is useless as a defense to addiction. In other words, one surrenders to the irrationality of drug abuse. Particularly in early sobriety, before the brain's balance is restored, the most important battles will continue to be joined in emotional systems rather than rational ones. With continued sobriety over time, the toxic emotional memory of the benefits of drug use subside and others can look forward to dealing with a much more rational loved one.

Families and friends of alcoholics and addicts have to surrender to the irrationality of addiction too. It's not something that's natural for people who prize rationality — which is most of us. Nor is it easy to do. It has to be learned and practiced.

So if advice to families and friends of addicts can be boiled down to one bumper-sticker slogan, it's: "contact staff at the Health Centre or go to Al-Anon or Al-Ateen!" The primary reason to connect is that its members are the most qualified people to learn from: they have experience dealing with the everyday irrationality of addiction.

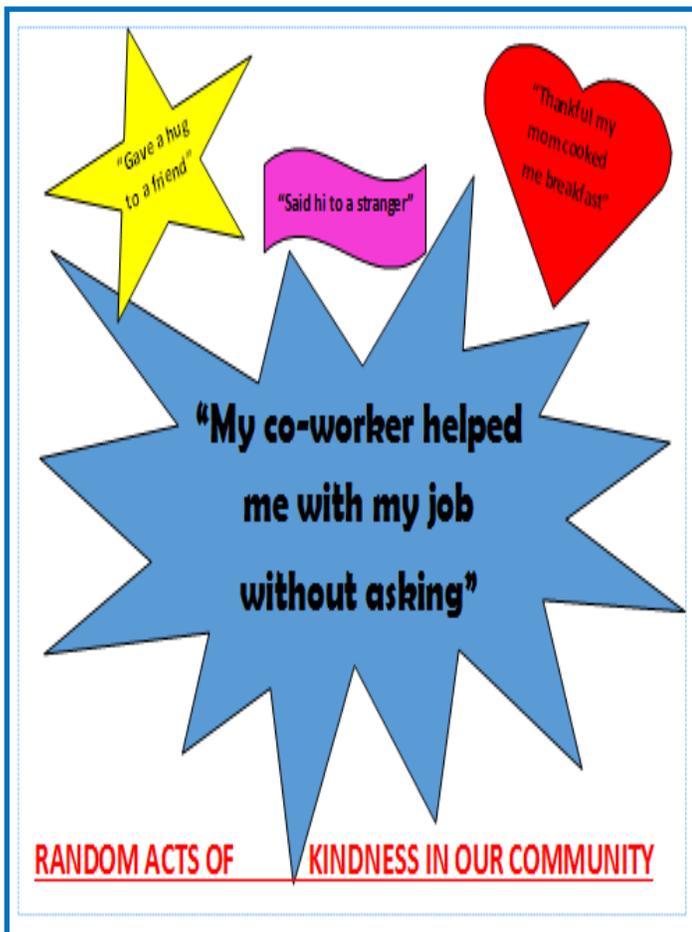


When Your Teen Has An Alcohol OR Drug Problem

Discovering your child uses drugs can generate fear, confusion, and anger in parents and caregivers. It's important to remain calm when confronting your teen, and only do so when everyone is sober. Explain your concerns and make it clear that your concern comes from a place of love. It's important that your teen feels you are supportive.

Five steps parents & caregivers can take:

- **Lay down rules and consequences.** Your teen should understand that using drugs comes with specific consequences. But don't make hollow threats or set rules that you cannot enforce. Make sure your spouse agrees with the rules and is prepared to enforce them.
- **Monitor your teen's activity.** Know where your teen goes and who he or she hangs out with. It's also important to routinely check potential hiding places for drugs—in backpacks, between books on a shelf, in DVD cases or make-up cases, for example. Explain to your teen that this lack of privacy is a consequence of him or her having been caught using drugs.
- **Encourage other interests and social activities.** Expose your teen to healthy hobbies and activities, such as team sports and afterschool clubs.
- **Talk to your child about underlying issues.** Drug use can be the result of other problems. Is your child having trouble fitting in? Has there been a recent major change, like a move or divorce, which is causing stress?
- **Get help.** Teenagers often rebel against their parents but if they hear the same information from a different authority figure, they may be more inclined to listen. Try a sports coach, family doctor, therapist, or drug/addiction counsellor.



"BAND TOGETHER for HEALTH"

Cooking, Education,
& Exercise Classes
have been
cancelled
for the summer.

Classes will resume
in September

Catch & Release Fishing with Tailgate Supper!

**FOR DADS, GRANDPAS,
UNCLES, BROTHERS
WITH CHILDREN
6YRS OLD AND UNDER**



A limited amount of children's fishing rods will be available for the event. Bring your own if you have one.

WHEN:

*Wednesday,
August 19, 2015
5:30 p.m.-7:30 p.m.*

WHERE:

*LITTLE TURTLE POND
(LaSalle and Highway 40)*

**SIGN UP by August 17th
Health Centre Reception
(519)332-6770
Rides Available**



Helping parents & teens to get along better

A 9-WEEK PROGRAM FOR PARENTS & TEENS AGES 12-16

Interactive

Fun

Gifts & Rewards

STRENGTHENING FAMILIES FOR PARENTS & YOUTH



Dinner, transportation & childcare provided

DON'T MISS THE REGISTRATION DEADLINE!

Monday evenings at 5pm starting September 14. Contact Sara Plain to register by **AUGUST 28th** at 332-6770 or health@aamjiwnaang.ca.

Mnaasged Child & Family Services, Health Centre and Parent Action on Drugs



Healthy Babies/Healthy Children and Head Start

Thursday group will resume in September.

During the summer we will be spending some time programming outdoors. Please remember to bring your sunscreen, bug spray, bathing suit, towel, etc.

Monday, August 3rd	Civic Holiday! All band operations closed.
Wednesday, August 5th	Activity to Be Announced SIGN UP with Tanya
Monday, August 10th	10:30 a.m. to 1:30 p.m. Mike Weir Park
Wednesday, August 12th	5:00 p.m. to 7:30 p.m. Splash Pad at Community Centre
Monday, August 17th	10:30 a.m. to 1:30 p.m. Making Salsa
Wednesday, August 19th	5:30 p.m. to 7:30 p.m. Ultimate Fathers Caring (Dads and Kids) Fishing-SIGN UP
Monday, August 24th	10:30 a.m. to 1:30 p.m. Ojibwe Circle with Sophie
Wednesday, August 26th	5:00 p.m. to 7:30 p.m. Movie and Sundaes Bring a topping to share
Monday, August 31st	10:30 a.m. to 1:30 p.m. Kids in the Kitchen

NOTICE

The Soup Kitchen will not be run in July or August.
The Soup Kitchen will resume in the Fall.

Thank you.



Mobile Market 2015



Coming to a community near you!

Mondays – Petrolia, Corunna & Aamjiwnaang

Petrolia – Food bank – 4156 Petrolia Line 9:30 – 10:30

Corunna – All Saints Anglican – Hill St 11:00 – 12:00

Aamjiwnaang – Community Centre Pavilion 12:30 – 1:30

Tuesdays – Forest, Thedford & Kettle Point

Forest – Contact House - 6276 Townsend Line 9:30 – 10:30

Thedford – Meadowville – 76 Mill Street St. 11:00 – 12:00

Kettle Point – Hillside School – 6285 Indian Lane 12:30 – 1:30

Wednesdays – Watford & Alvinston

Wyoming – 587 Ontario Street 9:15 – 10:15

Watford – United Church – 555 Ontario St 10:45 – 11:45

Alvinston – Township Office – 3236 River Rd 12:15 – 1:15

Fridays – Sarnia

Rogers St – parking lot 9:30 – 10:30

Kathleen Ave – park 11:00 – 12:00

Veteran's Park – along Victoria St N 12:30 – 1:30

YMCA Learning & Career Centre – 660 Oakdale Ave 2:00 – 3:00

Starts the week of July 6th until the end of October

A program of The Inn of the Good Shepherd, Fresh produce is available every week at no cost

(while supplies last).

Many thanks to the farmers, greenhouses and gardeners who support this program with donations of produce!

Accessing the Mobile Market

To access the Mobile Market, please bring one of the following:

- The Inn or any food bank client card
- ID and proof of residence in Lambton County or Co-op Housing
- Proof of social assistance income (OW or ODSP or OAS)

Many thanks to Mainstreet Credit Union for its financial support of the 2015 Mobile Market program

mainstreet Credit Union

Healthy Activities ... Healthy Lifestyles

Following up on the successes of last summer, Lambton Public Health and North & West Lambton Community Health Centres will be attending various mobile markets with health activities and providing resources with recipes and tips to preparing the vegetables.

The Mobile Market ...Community Kitchen!!!

In August & September join us for a couple evenings to learn how to prepare & freeze corn, squash and applesauce then get to take quantities home to stock your freezer for the winter!

Dates & locations will be announced at the markets, 2-3 weeks prior to the kitchen nights.

OVERDOSE AWARENESS 2-PITCH CO-ED BASEBALL TOURNAMENT

PRIZES AWARDED TO
1st 2nd 3rd

FUN ACTIVITIES FOR THE WHOLE FAMILY

GREAT FOOD & PRIZES

August 29-30, 2015

Aamjwnaang

Baseball

Diamonds

Call Penny to register your

team today @

(519) 332-6770

\$100.00 entry fee

LIMITED SPOTS

AVAILABLE!

(August 19th deadline)

THIS IS A SUBSTANCE

FREE EVENT

NON PARISHABLE FOOD ITEMS ARE WELCOMED FOR
AAMJWNAANG FOOD BANK



VOLUNTEERS NEEDED FOR AUGUST 29th & 30th

**LOOKING FOR
RESPONSIBLE
VOLUNTEERS TO HELP
MAKE THIS EVENT A
SUCCESS!**

**RESPONSIBILITIES WILL
INCLUDE**

- **ASSISTING WITH THE
FIRST AID TENT (valid
CPR and first aid required)**
- **MAINTENANCE AND UP-
KEEP OF THE DIAMOND
AND SURROUNDING AREA**
- **EXPERIENCED UMPIRES
(protective gear required)**
- **EXPERIENCED
SCOREKEEPERS**
- **COMMUNITY
ENGAGEMENT
VOLUNTEERS TO HAND
OUT PAMPHLETS AND
PRIZES**



**FOUR HOUR SHIFTS CAN BE EXPECTED AND THIS EVENT QUALIFIES
FOR ONTARIO WORKS COMMUNITY PLACEMENT \$\$\$\$\$\$**

(PLEASE CONTACT MARINA PLAIN)

AND

HIGH SCHOOL VOLUNTEER HOURS.

**EACH VOLUNTEER WILL RECEIVCE A BBQ MEAL AS A GESTURE OF
THANKS.**

PLEASE CALL PENNY TO VOLUNTEER

(519) 332-6770



AAMJIWNAANG FIRST NATION EMERGENCY PLANNING



TORNADOS

Tornado facts:

- Canada gets more tornadoes than any other country with the exception of the United States.
- Tornadoes are rotating columns of high winds.
- Sometimes they move quickly (up to 70 km/hour) and leave a long, wide path of destruction. At other times the tornado is small, touching down here and there.
- Large or small, they can uproot trees, flip cars and demolish houses.
- Tornadoes usually hit in the afternoon and early evening, but they have been known to strike at night too.

Warning signs of a potential tornado include:

- Severe thunderstorms, with frequent thunder and lightning
- An extremely dark sky, sometimes highlighted by green or yellow clouds
- A rumbling sound or a whistling sound.
- A funnel cloud at the rear base of a thundercloud, often behind a curtain of heavy rain or hail.

During a tornado

If you are in a house

- Go to the basement or take shelter in a small interior ground floor room such as a bathroom, closet or hallway.
- If you have no basement, protect yourself by taking shelter under a heavy table or desk.
- In all cases, stay away from windows, outside walls and doors.

If you are in an office or apartment building

- Take shelter in an inner hallway or room, ideally in the basement or on the ground floor.
- Do not use the elevator.
- Stay away from windows.

If you are in a gymnasium, church or auditorium

- Large buildings with wide-span roofs may collapse if a tornado hits.
- If possible, find shelter in another building.
- If you are in one of these buildings and cannot leave, take cover under a sturdy structure such as a table or desk.

Avoid cars and mobile homes

- More than half of all deaths from tornadoes happen in mobile homes.
- Find shelter elsewhere, preferably in a building with a strong foundation.
- If no shelter is available, lie down in a ditch away from the car or mobile home. Beware of flooding from downpours and be prepared to move.

If you are driving

- If you spot a tornado in the distance go to the nearest solid shelter.
- If the tornado is close, get out of your car and take cover in a low-lying area, such as a ditch.

Reminder: If you haven't signed up for our notification system, use this link:

<https://member.everbridge.net/index/453003085611503>

Or, complete one of the sign-up sheets and drop it off at the Band office

If you have any problems, contact Wilson Plain Jr. at the Band office (519) 336-8410



AAMJIWNAANG
NOTIFICATION SYSTEM
NOONDAN GEZHAWEBAG
(to hear what will happen)



Notice of Public Community Meeting For a Project Proposal Under the Large Renewable Procurement

The proponent identified below is proposing to submit a proposal to the Independent Electricity System Operator (IESO) to design, build, and operate a Large Renewable Project for the generation of electricity under the IESO's Large Renewable Procurement (LRP).

The LRP is a competitive process for procuring large renewable energy projects generally larger than 500 kilowatts. At the conclusion of the LRP, the IESO may award contracts for successful projects up to the specified procurement targets for each renewable fuel: 300 megawatts (MW) for wind, 140 MW for solar, 75 MW for waterpower, and 50 MW for bioenergy.

This notice is being distributed to notify members of the public of a public community meeting that has been scheduled to discuss the Large Renewable Project proposal. Information regarding the proponent, the Large Renewable Project proposal, and the meeting details are described below.

This public community meeting is being held as part of the early community engagement requirements of the LRP. The public community meeting will present details about the Large Renewable Project and its proposed connection line. Representatives of the proponent will be available to discuss the Large Renewable Project and the overall LRP process. Should this Large Renewable Project be awarded a contract, the Large Renewable Project would need to obtain all required permits and approvals and conduct any further required community engagement activities.

Further details regarding the LRP are available at www.ieso.ca/lrp.

Proponent and the Large Renewable Project proposal

Proponent:	Corunna Limited Partnership
Qualified Applicant from the LRP Request for Qualifications stage associated with the proponent:	BluEarth Renewables Inc.
Name of the Large Renewable Project proposal:	Corunna Solar Project
Renewable fuel of the Large Renewable Project:	Non-rooftop Solar
Proposed capacity of the Large Renewable Project (MW):	15 MW
Proposed connection point of the Large Renewable Project:	Scott Rd. north of La Salle Line

Proposed location of the Large Renewable Project and proposed connection line

The Large Renewable Project Site (the "Site") will be located in the Township of St. Clair. The proposed Site, consisting of solar panel arrays and associated equipment, will be on private property owned by Pembina Pipeline Corporation. The Site is proposed to be located on both sides of Highway 40 between La Salle Line and Petrolia Line. The Connection Line is proposed to be located adjacent to portions of La Salle Line and Scott Rd. Please refer to accompanying map.

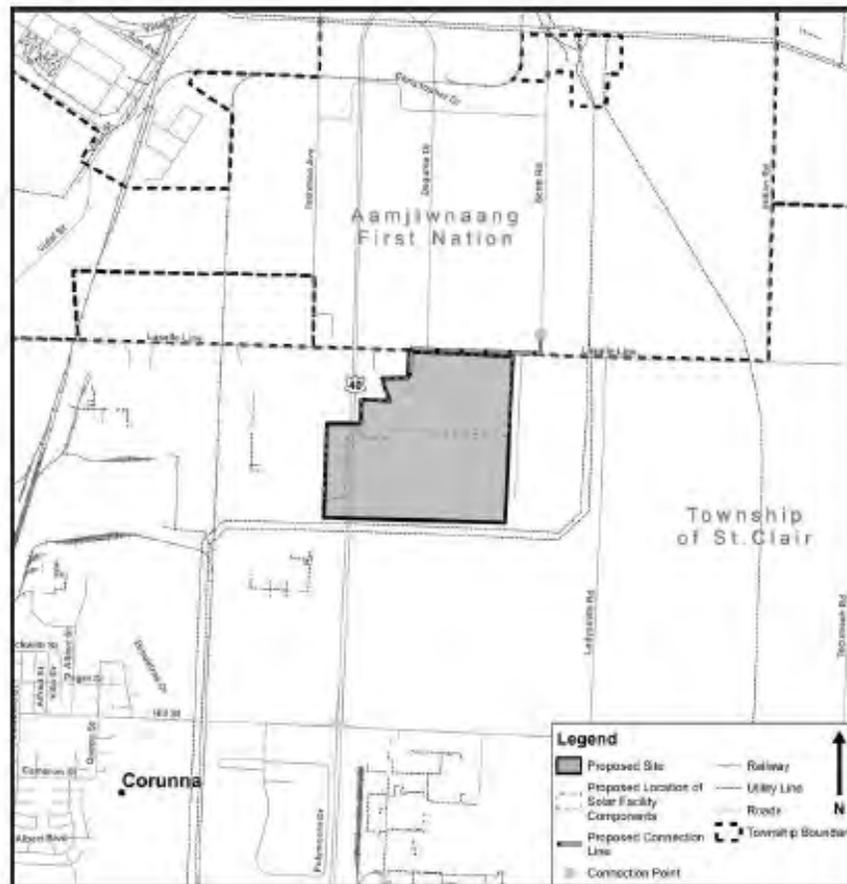
Public community meeting information

Location: Aamjiwnaang First Nation
Community Centre
1972 Virgil Avenue, Sarnia

Date: August 24, 2015
5:00 pm to 7:00 pm

Contact information for the proponent:

Tom Bird, Regulatory Lead
BluEarth Renewables Inc.
1-844-214-2578 projects@blueearth.ca
34 Harvard Rd, Guelph, ON N1G 4V8
Project website: blueearth.ca/corunna



Science Camp



For Girls and Boys ages 11-13. This camp is FREE!
Space is limited. Register early!

Date: August 4 – 7 2015

Time: Camp day – 9am-4pm; Drop off – 8:30am-9:00am; Pick up – 4:00pm-4:30pm

Location: Maawn Doosh Gumig Community Centre

To register, contact Janice Rising at 519-383-0404 or 978 Tashmoo Avenue, Sarnia

An Actua camp

Delivered by:

Supported by:



Pat Nahmabin Memorial Golf Tournament

Friday, August 14, 2015
 8 am Registration ~ 9 am Shot Gun Start

Greenwood Golf Course
 London Line, Sarnia ON

\$400 Team / 4 Person Scramble - \$100 Hole Sponsorship
 First 36 Paid by Aug 7th

Entry Fee includes... 18 Holes, Cart, Dinner & Golf Shirt

Proceeds go towards the Pat Nahmabin Memorial Fund
 To register your team or for more info contact Jamie Maness at 519-491-2160
 or Duffy Simon at 519-344-6757



Southwest Ontario
 Aboriginal Health
 Access Centre

TRADITIONAL HEALING PROGRAM AUGUST 2015

To schedule an appointment at either our London or Chippewa sites, please call 519-289-0352 and ask for Stephanie Trudeau, Shkaabewis Kwe with the Traditional Healing Service. Schedules are subject to change with short notice. Miigwetch/Yaw'ko/Thank you

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 STAT Civic Holiday	4 Joanne Cheechoo London	5	6	7 Joanne Cheechoo London	8
9	10 Richard Assinewai Outreach	11 Richard Assinewai Chippewa Joanne Cheechoo Chippewa	12 Richard Assinewai London	13 Richard Assinewai Outreach	14 Joanne Cheechoo Chippewa Diane Hill Chippewa	15 Diane Hill Chippewa
16 Diane Hill Chippewa	17 Elva Jamieson Chippewa	18 Elva Jamieson London	19 Ernestine McLeod London Joanne Cheechoo Chippewa	20 Ernestine McLeod Chippewa	21 Ernestine McLeod Outreach	22
23	24 Bruce Elijah Chippewa	25 Bruce Elijah London	26	27	28	29
30	31	<p>BOOKING WITH JOANNE CHEECHOO: Individuals with chronic illness, the elderly, and those supported by proper referral sources such as SOAHAC's Traditional Healers and Primary Care will be given priority for appointments.</p> <p>Please be advised, while visiting Traditional Healers are in office, your calls may not be returned efficiently by myself, speak with administrators for assistance. Miigwetch/Yaw'ko/Thank you</p>				



**TRIP TO MICHIGAN
INT'L SPEEDWAY**

Sunday, August 16th

Turn 1, Section 63, Row 36-39

\$130 U.S. per PERSON

Coach Bus, Ticket, \$10 Food Voucher,
Pit & Paddock Passes

Bus Leaves Food Basics at 6:00 am SHARP
Proper ID for Border Crossing

Contact Willie at
519-332-6771 or 519-384-1957



AC/DC - BUS ONLY

TUESDAY SEPTEMBER 8TH

\$30 U.S. PER PERSON

Bus leaves Corunna Ball Fields
Parking Lot at 2:00 pm. Maawn
Doosh Gumig at 2:15 pm and Food
Basics at 2:30 pm SHARP

Must Purchase Your Own Ticket

Contact Willie at 519-332-6771 or 519-384-1957,
Tracy at 519-333-7472, or
Preferred Charters at 1-810-983-7433

PINK OUT THE PARK
KANSAS CITY vs DETROIT



Friday, Sept. 18th @ 7:08 PM
TICKET(143), COACH BUS,
T-SHIRT, Shuttle from Nemo's Bar &
Grill, Fireworks after Game

\$ 100.00 U.S.

TICKET'S AVAILABLE @
HOLLYWOOD TAN, Corunna
or Tracey- 519-333-7472
or Willie- 519-384-1957

MUST HAVE PROPER ID FOR
BORDER CROSSING

BUS LEAVES 2:00 PM SHARP FROM
CORUNNA BALL FIELDS PARKING
LOT & 2:30 PM EASTLAND PLAZA,
SARNIA



CEDAR POINT BUS TRIP

Thurs., Aug. 20th

COST: \$90.00 U.S..INCLUDE
COACH BUS AND ALL DAY AD-
MISSION. BUS LEAVES CORUN-
NA AT 5:00 AM, MAAWN DOOSH
GUMIG AT 5:15 AM AND FOOD
BASICS AT 5:30 AM. **SHARP**

CALL Willie 519-332-6771 or 519-
384-1957 FOR SEATS
LIMITED SPACE AVAILABLE.



DETROIT RED WINGS
VS
TORONTO MAPLE LEAFS



Friday October 9th AT 7:30 PM

\$160.00 U.S.

INCLUDES: COACH BUS, TICKET
 (Sec.228, Row 7-10), and Shuttle
 from Nemo's Bar & Grill

Proper ID for Border Crossing
 BUS LEAVES CORUNNA BALL FIELD AT
 2:00 PM SARNIA MARKET PARKING LOT
 AT 2:30 PM SHARP

Ticket's Available at Dempsey's Bar & Grill or
 Willie at 519-384-1957 or 519-332-6771



DETROIT TIGERS
vs MINNESOTA TWINS



Sunday - Sept. 27 @ 1:05 pm

\$70.00 U.S.
(Coach Bus & Ticket Sec.113)

Ticket includes – Shuttle from Nemo's - Kids
 Under Age of 14 – Get a Anibel Sanchez Bobble
 Head, Face Painting, Carousal & Ferris Wheel
 Rides, Running of the Bases after the Game.
**Kids 16 and Under must be accompanied
 by a Adult.**

Proper ID for Border Crossing.
 Bus leaves Corunna Ball Field @ 8:00 am &
 Sarnia Market @ 8:30 am SHARP
 Tickets Available Dempsey's Bar and Grill or
 Willie – 519-384-1957

BLUE JAY'S TICKET'S
DETROIT vs TORONTO



ROGERS CENTER



Saturday. Aug. 29 @ 1:05 PM

TICKET(Sec.234 L, Row 2-7), COACH BUS

\$ 100.00 CDN or \$80.00 US

TICKET'S AVAILABLE @ DEMPSEY'S
 BAR & GRILL

Or Call Willie at 519-384-1957

BUS LEAVES 9:00 AM SHARP
FROM SARNIA ARENA

WILLIE'S CUBAN GOLF TRIP



January 15, 2016 to January 22, 2016 – 7 Days

\$1281.00 CDN Taxes Included

\$173.00 Deposit ASAP

MELIA LAS AMERICAS GOLF & BEACH
RESORT – 18+

5 Star All-Inclusive & Unlimited Golf

Flying with Transat from Toronto To Varadero

Sign Up & Pay Marlin TRAVEL SARNIA
 Just mention the Trip to Cristel Hebert

You can contact Willie with any questions
 @ 519-332-6771 or 519-384-1957

Mino Dbishkaayin-Happy Birthday**August 1 - 13, 2015**

Genesee	Bird-Hemphill	Aug.	1	Steven	DeGurse	Aug.	8
Elgin	George	Aug.	1	Frances	Gray	Aug.	8
Aaliyah	Harbin	Aug.	1	Ralph	Nahmabin	Aug.	8
Juanita	Plain	Aug.	1	Faith	Oliver	Aug.	8
Richard	Stone	Aug.	1	Melissa	Priboj	Aug.	8
Sheila	Yendall	Aug.	1	Sara	Price	Aug.	8
Catina	Gray	Aug.	2	Naomi	Reid	Aug.	8
Jill	Henry	Aug.	2	Geri	Smith	Aug.	8
Natasha	Jacobs	Aug.	2	Reid	Williams	Aug.	8
Jolene	Kearse	Aug.	2	Amanda	Joseph	Aug.	9
Raymond	White Jr.	Aug.	2	Cody	Rogers	Aug.	9
Isabella	Goulet	Aug.	3	Evan	Beilby-Plain	Aug.	10
Sharon	Partin	Aug.	3	Teresa	Fisher	Aug.	10
Evan	Simon	Aug.	3	Launa	Romlewski	Aug.	10
Richard	Smith	Aug.	3	Kathryn	Shaw	Aug.	10
Annlee	Stewart	Aug.	3	Lilyana	Solares	Aug.	10
Lasalle	Yellowman	Aug.	3	Paige	Bird-Carroll	Aug.	11
Mary Lisa	Bourque	Aug.	4	Keegan	Bressette	Aug.	11
Troy	Coker	Aug.	4	Ronald	Cooling	Aug.	11
Paul	Farrugia	Aug.	4	Destiny	Nahdee	Aug.	11
Lauren	Peters	Aug.	4	Ryan	Williams	Aug.	11
Bryan	Rosales	Aug.	4	Jessica	Joseph	Aug.	12
Megan	Tipton	Aug.	4	Virgina	Nahmabin	Aug.	12
Katie	Cottrelle	Aug.	5	Maggie	Parkinson	Aug.	12
Sonya	Pimentel	Aug.	5	Dakota	Plain	Aug.	12
Hannah	Adams	Aug.	6	Nicole	Robertson	Aug.	12
Kevin	Bird	Aug.	6	Irene	Bois	Aug.	13
Zachary	Dunning	Aug.	6	Charity	Corner	Aug.	13
Kimberly	Hunt	Aug.	6	Roxanne	Elie	Aug.	13
Courtney	Jackson	Aug.	6	Dayton	Gray-Wright	Aug.	13
Animikeence	Plain	Aug.	6	Richard	Gray	Aug.	13
Darlene	Rising	Aug.	6	Loraine	Hewitt	Aug.	13
Danalynn	Williams	Aug.	6	Michael	Meloche	Aug.	13
Maria	Cottrelle	Aug.	7	Harold	Plain	Aug.	13
Derrick	Hill	Aug.	7	Shawnessy	Plain	Aug.	13
Brooke	Jacobs	Aug.	7				
Carey	Joseph	Aug.	7				
Heather	Plain	Aug.	7				
Michael F	Plain	Aug.	7				
Candace	Rogers	Aug.	7				
Janet	Stager	Aug.	7				
Kathleen	Coates	Aug.	8				



Dawn's Hair & Spa

1736 St Clair Pkwy

Call

519-332-0410

*To book an
Appointment*



TNT Auto Detailing & Upholstery

Call for free quote or to book appointment

Owner: Greg Gray

1909 Virgil Ave-Sarnia, Ontario

(226)-349-1865

Auto Detailing

Upholstery & Carpet Cleaning

Friday Night Golf League

St. Clair Parkway Golf Course
(Mooretown).

Tee off from 4:30 to 6:00pm.

\$20.00 a person

includes cart and 9 holes.

\$10.00 Golf fee that will

go towards year

end banquet and prizes.

Weekly longest drives,
closest to the pins and skins.

Proper Golf Attire is Required.



LOOKING FOR FOSTER PARENTS

Eagle's Nest: A Place to Soar, Inc.

"We are looking for families". Will you open your homes? Be a loving foster parent & role model to Native children in CAS care.

We all need to feel safe, wanted and loved.

Will you welcome a child into your Nest, you do not have to be native, we provide cultural teaching.

**EAGLE'S NEST: A PLACE TO SOAR, INC.
FOSTER CARE Agency**

Eagles Nest - will complete Home Studies and prepare you to be A Foster parent.

Licensed by: Ministry of Children & Youth Services

Accredited by: CARF International

Please call 519-439-3000 Ext 202

www.eaglesnestinc.ca

"Handyman Work Wanted"

Painting, Drywall Repair, etc...

Need your Deck done?

Eaves troughs, Yard Work, Digging, Raking, Snow Removal, Weeding Gardens, etc... Grass cutting, Ditches Lawnmower repairs, any kind of work.

Free estimates call

Rabbit at 519-344-2774

ODSP INFO SESSION

LOCATION: **FREE ODSP INFO!!**

HEALTH CENTRE



GUEST SPEAKERS FROM:

COMMUNITY LEGAL ASSISTANCE - SARNIA

AUGUST 13 2015

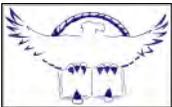
8:30 - 10:00 am

FOR QUESTIONS CONTACT:

**ONTARIO WORKS EMPLOYMENT SUPPORTS OR
AAMJIWNAANG HEALTH CENTRE**

ODSP: INFO SESSION JULY 30

Literacy and Credit Recognition Celebration 2014/15



A.A.&C.E. (Aamjiwnaang's Alternative & Continuing Education) program opened its doors to the community in 1987. To commemorate the ongoing achievements of learning excellence, the program, some 28 years later, celebrated its 27th Annual Awards Ceremony on Thursday, July 16, 2015.

The A.A. & C.E. program consists of two programs: the LBS (Literacy and Basic Skills) upgrading program which assists individuals in increasing needed skills for further education, employment and/or further independence in their everyday lives; and the adult high school credit program which works with individuals to attain the credits needed to obtain their Ontario Secondary School Diploma (O.S.S.D.). The two programs work hand in hand.

There were six (6) Grade 12, O.S.S.D., graduates this year. In addition to the graduates, pictured above are some of the recipients representing other categories and programs offered throughout the year, as well: Seniors' Computer course, Four Direction: Anishinaabe Self-Growth program, Pre-Credit PLAR (Prior Learning Assessment and Recognition) program, and high school credit completions.

A big congratulations to this year's recipients!!

G'Chi-Mii-gwetch to Chief & Council for their continued support; the Ween-gushk Singers; elder Mike Plain; Craig Dooley for his exquisite barbequing skills; the crew of students who prepared food and cleaned up; the Aamjiwnaang Maintenance crew; the A.A.&C.E. staff: Brenda, Natalie, Fred, Terry, and Vicki; The Aamjiwnaang A. & C. E. program would also like to acknowledge and thank the Ministry of Training Colleges and Universities. Also with-in the Ministry, employment and training initiatives through Employment Ontario provide ongoing support to adult education programs across the province.

Awesome coverage of the event! Thanks again to the Editor.

A. A. & C. E. Staff

P.S. Great baseball game, everyone!

Highlights from Awards Ceremony



Everyone participating in the round dance.



The Ween-gushk Singers with Volunteer Fred Rigby (and wife Betty) in the background.



Dawn Maness receiving certificate for completion of Senior's Computer Workshop.



SUDOKU ANSWERS

Sudoku #213 (Hard)

3	8	9	6	4	7	2	5	1
1	2	4	3	9	5	6	7	8
5	6	7	8	1	2	3	9	4
7	3	2	9	8	6	4	1	5
4	5	8	1	2	3	9	6	7
6	9	1	5	7	4	8	2	3
8	1	5	2	3	9	7	4	6
2	7	6	4	5	8	1	3	9
9	4	3	7	6	1	5	8	2

Sudoku #213 (Medium)

3	2	6	4	9	8	7	5	1
8	1	4	2	5	7	9	3	6
5	7	9	6	3	1	8	2	4
4	5	3	1	6	9	2	7	8
9	6	2	7	8	3	1	4	5
1	8	7	5	2	4	3	6	9
6	9	5	3	1	2	4	8	7
7	3	8	9	4	6	5	1	2
2	4	1	8	7	5	6	9	3



Healthy Kids for Life Car Wash



Date: Monday, August 10th

Time: 9:30-1:00

Location: Health Centre



HKFL Camp 2015 would greatly appreciate the community's help raising funds for our end of the year trip!

BBQ will be on site.
Hamburgers, hot dogs, pop and water.



Everyone is welcome!

Chi-Miigwetch



MINI POW WOW 2015



ENVIROFEST—2015



*Happy 11th Birthday
Launa!
Lots of love, hugs and
kisses from
Mom, Allan,
Nana, Papa and all
your Aunts & Uncles.*

**CYRUS & DARRIUS
TACO SALE**



Date: Friday, August 14, 2015
Time: 11 am - until "Sold Out"
Location: 1084 Tashmoo Ave.

Taco's	\$6.00
Pop	\$1.00

Please come out and support Cyrus and Darrius as they both made travel teams for their 2015-2016 Hockey Season.
Cyrus will be playing for Sarnia Sting Peewee MD Team.
Darrius will be playing for Sarnia Sting Minor Novice MD Team.
Both teams are looking to have a very promising year in their respective divisions.

CHIPPEWA TRIBE-UNE

The next issue is due out on
Friday, August 14 2015

The deadline for
submissions is
Tuesday, August 11 at 4:00 pm

Please submit your documents in
Word, Excel, or Publisher formats or info
can be hand written; **jpeg** for pictures.

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Sarnia, Ontario N7T 7H5
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Fax: 519-491-0912
E-mail: editor@aamjiwnaang.ca

[https://sites.google.com/site/
chippewatribeune/home](https://sites.google.com/site/chippewatribeune/home)

*Sandy Waring
Editor*

Outdoor Movie Night

August 21, 2015
at the Community Centre
9 pm

Bring a lawn chair/blanket
Admission: Monetary Donation

Fundraiser for Headstone for the
late Jennifer George
Popcorn—\$2.00
Pop—\$1.00

If raining will be held indoors