



# CHIPPEWA TRIBE-UNE

Editor  
Sandy Waring



SARNIA JR. STING  
TOP SHOT CHALLENGES,  
BBQ & COOL TREATS Food  
Sale



SARNIA POLICE SERVICES  
CHILD FIND ID'S



OVERDOSE  
AWARENESS  
BASEBALL  
TOURNAMENT  
AUGUST 29, 2015

JR. HITMEN

BBQ  
&  
SWEET TREATS  
Food Sale



*Life's Seasons*



NEW HORIZONS

*A time for help, a time for healing*

COMMUNITY BINGO

1:00 P.M  
CORN ROAST  
&  
JAMBOREE  
5-7 P.M



NACHO & CHEESE  
CANDY SKEWS



PROCEEDS FOR THE AAMJIWNAANG  
BEREAVEMENT COMMUNITY CUPBOARD

FACE PAINTING

FOR MORE INFORMATION ON THESE EVENTS  
SEE FLYERS ON PAGES 33—35.

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Aamjiwnaang  
Population Stats  
**Current: 2341**

All Band Operations will be  
**CLOSED ON**  
**Monday, September 7, 2015 for**  
**Labour Day**  
Back to regular hours on  
Tuesday, September 8, 2015.

**Home & Community Care  
Conference**

AAMJIWNAANG FIRST NATION

**Attention Home & Community Care Clients & Family**

**Our H&CC Workers will be attending this year's conference on**

**October 2, 3, 4th, 2015**

**There will be NO SERVICE after Noon on Friday October 2, 2015**

**Regular hours will commence on**

**Monday October 5th, 2015**

**Please make arrangements with family on these days.**

**These conference's are very important for your workers to learn  
new things to help benefit our clients.**

**Thank you for your co-operation and understanding.**

**Respectfully Yours, Becky Adams**



**COUNCIL AGENDA  
ITEM SUBMISSION  
DEADLINE!!**

**FRIENDLY REMINDER**

To whom it may Concern:

Please be advised that the Council Meeting Agenda Item deadline is the Wednesday prior to the Regular Council Meeting (RCM) at 4:00 p.m. (unless otherwise noted below). Sorry, no exceptions. Any items submitted after the deadline will placed on the next RCM Agenda/Meeting. RCM's are every 1st and 3rd Monday of each month. Should the RCM fall on a holiday, then it will be held on the following Tuesday.

Miigwech for your co-operation and understanding.

Respectfully,  
Lynn, A/Band Council Clerk

Please Note:

If you have any discussion items for  
Chief and Council on:

**Monday, September 21, 2015**

The deadline for submission is:

**Wednesday, September 16, 4:00 PM**



Aboriginal Affairs and  
Northern Development Canada

**IF YOU DO NOT HAVE THE  
MANDATORY IDENTIFICATION TO OB-  
TAIN A STATUS CARD,  
PLEASE CALL: 1-800-567-9604**

- Advise the call centre representative that you want to obtain a Temporary Confirmation of Registration Document (TCRD).
- They will ask a series of questions to confirm your identity and then mail a Temporary Confirmation of Registration Document (TCRD) to you.
- **This document will state your registration number and can be used in place of a Status Card to access benefits and services.**

**Medical Travel Drivers**

Terry Plain (Monis)	...519-402-5535
Ron Simon	...519-330-7450
Sheila Firth	...519-383-1073
Mary Lou Williams	...519-337-9342
Carol Miller	...519-332-0751
Christine Plain	...519-466-0054



**IN NEED OF MEDICAL DRIVERS**

As a medical driver you will receive the following rates to drive members to their appointments:

Sarnia	\$15.20	Petrolia	\$27.20
Corunna	\$14.40	Strathroy	\$51.19
London	\$86.60	Chatham	\$69.00
Windsor	\$103.64	Kettle Point	\$39.17
Forest	\$37.23	Health Centre	\$7.50

**If you are interested please contact Trudy Maness at the Health Centre (519) 332-6770.**



## Aboriginal Youth Entrepreneurship Program (AYEP)

### Calling all Aboriginal youth living in Southwestern Ontario

Tecumseh Community Development Corporation (TCDC) is partnering with I DO BUSINESS. to deliver an entrepreneurship training program that will help you to learn, launch, and grow your very own business in less than a year!

Our **FREE** 14-week training program will help you:

- Come up with your brilliant business idea and create a plan to reach success
- Apply for a chance to get up to \$3000 to help you start your business
- Market your business to get customers, make money, and find personal success
- Learn about business loans and other ways to get money to start your business
- Build your skills and confidence to be a successful entrepreneur
- Provide you with post-training business launch support for up to 10 weeks
- Match you with a business mentor

### Am I eligible?

To participate in this program, you must

- Be 18 to 29 years of age
- Self-identify as Aboriginal, First Nation, Métis, or Inuit
- NOT be currently enrolled in school full-time
- Commit to the full 14 week training program

### When does the program start?

The program begins September 30, 2015.

Visit [www.idobusiness.ca/tcdc1.html](http://www.idobusiness.ca/tcdc1.html) for more information

### Where is the program located?

The program will be located at the Goodwill Career Centre at 1249 London Road, Sarnia,

### When is the program held?

Main classroom hours are on Wednesdays and Thursdays between 9 a.m. and 5 p.m. If you cannot attend the program on these days, individual meetings can be organized with you at public locations such as the Sarnia Library.

### How much time will I need to commit to the program?

Expect to spend 10 to 20 hours per week to getting your business started while participating in this program. This time will be divided between in-class hours, individual support time with our Business Development Facilitator, and independent work on your own.

### Is food provided?

Lunches and snacks will be provided during our Wednesday and Thursday classroom hours.

### Are there supports to help me overcome obstacles to participation such as child-care or transportation costs?

Yes, once you are accepted into the program we will work with you to find out what challenges you have that could threaten your ability to complete the program. We will then help you to make arrangements to overcome these obstacles. Some funding is available to help pay for challenges such as child-care while in class.

### Who do I contact to learn more?

Dougall Meloney, Business Development Facilitator

Email: [dougall.tcdc@gmail.com](mailto:dougall.tcdc@gmail.com)

Phone: (519) 332-8143

### How do I apply to the program?

Print and complete the form on the following pages.

Submit the form by email, fax, or mail.

Email: [dougall.tcdc@gmail.com](mailto:dougall.tcdc@gmail.com)

Phone: (519) 332-8143

Fax: (855) 301-2737

Mail: Tecumseh Community Development Corp.

ATTN: Aboriginal Youth Entrepreneurship Program

311 Jubilee Rd., Muncey, ON N0L 1Y0

**I DO BUSINESS, Aboriginal Youth Entrepreneurship Program  
Tecumseh Community Development Corporation (TCDC)**

**Participant Application Form**

First Name:		Last Name:		Middle Name:	
<b>Details</b>					
Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Undisclosed					
Date of Birth (day/month/year)			Application Date (day/month/year)		
Are you of Aboriginal Ancestry? If yes, please select all that apply: <input type="checkbox"/> First Nation <input type="checkbox"/> Inuit <input type="checkbox"/> Metis <input type="checkbox"/> Other (please explain): _____			If you are a member of a First Nation, please indicate which First Nation you are registered with:  Do you live on Reserve? <input type="checkbox"/> Yes <input type="checkbox"/> No		
<b>Contact Information</b>					
<b>Primary Mailing Address</b>					
Unit/Suite/Apt.		Street No.	Street Name		PO Box
City/Town		Province	Postal Code		
<b>Other Contact Information</b>					
Phone		Cell		Email	
<b>Alternate Mailing Address</b>					
Unit/Suite/Apt.		Street No.	Street Name		PO Box
City/Town		Province	Postal Code		

Visit [www.idobusiness.ca/tcdc1.html](http://www.idobusiness.ca/tcdc1.html) for more information

3

<b>Education</b>	
What is the highest level of education that you have completed? <input type="checkbox"/> Grade 0-8 <input type="checkbox"/> Some High School <input type="checkbox"/> High School Graduate or GED <input type="checkbox"/> Some College/University <input type="checkbox"/> College Certificate/Diploma <input type="checkbox"/> University Bachelors Degree <input type="checkbox"/> Post Graduate	
<b>Employment</b>	
List below your most recent work experience, including volunteer work.	
Employment Type <input type="checkbox"/> Paid <input type="checkbox"/> Self-Employed <input type="checkbox"/> Unpaid <input type="checkbox"/> Volunteer	Name of Employer
Job Title	Duties
Employment Start Date	Employment End Date
Employment Hours per Week	Reason for Leaving
<b>Program Commitment</b>	
This program will provide you with the skills and resources you need to successfully start up your own business. How interested are you in starting your own business? <input type="checkbox"/> I am not interested <input type="checkbox"/> I am somewhat interested <input type="checkbox"/> I am very interested	
This training program is 14 weeks in length and may include up to 10 to 20 hours per week of your time. This time will include in-class time, one to one support, and independent work. Afterwards, your time will be focused on actually starting your business, with program check-ins and supports. Are you able to commit to this program over the next 14 weeks? <input type="checkbox"/> Yes, I can commit to this amount of time <input type="checkbox"/> Maybe, I want to participate but I have some challenges that I would need help with <input type="checkbox"/> No, I am not willing to commit this amount of time to the program	
If you answered "Maybe", what challenges do you have that we can help you with? <input type="checkbox"/> Child care <input type="checkbox"/> Travel to program <input type="checkbox"/> I have a full-time job <input type="checkbox"/> I have a part-time job <input type="checkbox"/> I have other time commitments that may get in the way (please explain):  <input type="checkbox"/> Other (please explain):	
See next page	

**Notice of Collection and Consent**

The Ministry of Economic Development, Employment and Infrastructure is the government organization that gives funding for this program.

In order to administer and fund this program, the Ministry needs to collect some personal information about you, including:

- The services provided to you;
- Your training progress in the program as well as your results when you finish the program; and
- How happy you are with the services you received

In addition, Service Provider must share its books and records with the Ministry when asked. This allows the Ministry to confirm that your Service Provider is delivering the program as it has agreed to do in its contract with the Ministry.

To administer and fund the program, the Ministry will use your personal information for such purposes as:

- Looking at how well your Service Provider is performing and if it is doing everything it has agreed to in its contract with the Ministry;
- Looking at participants' progress and results to see how the program is working in the province and whether any changes are needed.

The Ministry collects your personal information in accordance with s.32(2) of the Freedom of Information and Protection of Privacy Act, R.S.O. 1990, c.F.31, as amended, which is a law that the Ministry must follow to ensure that your personal information is protected.

By signing below, I give consent to the Ministry to indirectly collect, use and disclose my personal information for the purposes set out above.

Signature of applicant

Date (day/month/year)

### Job Search Websites

- A. **OFIFC**, <http://www.ofifc.org/>
- B. **Nokee Kwe**, <http://www.nokekwe.ca/>
- C. **Southern First Nation Secretariat**, <http://www.sfns.on.ca/index.html>
- D. N' Amerind Friendship Centre (London), <http://www.namerind.on.ca/>
- E. **Anishnawbe Health Toronto**, <http://www.aht.ca/>
- F. **SOAHAC** London, Chippewas of the Thames, Owen Sound, <http://www.soahac.on.ca/>
- G. **Six Nations** (Ohsweken, ON), <http://www.sixnations.ca/>

#### Other Job Search Engines:

- <http://www.aboriginalcareers.ca/>
- <http://ca.indeed.com/Aboriginal-jobs>
- <http://www.wowjobs.ca/jobs-aboriginal-jobs>
- <http://www.turtleisland.org/front/front.htm>
- <http://www.eluta.ca/>
- <http://www.monster.ca/>
- <http://www.workopolis.com/>
- <http://www.jobs.ca/>
- <http://www.servicecanada.gc.ca/eng/sc/jobs/jobbank.shtml>
- <http://www.ofifc.org/>

For Up-To-Date News and Information in the First Nations Political Arena you may visit the following sites:

Chiefs of Ontario visit:

<http://www.chiefs-of-ontario.org/>

Union of Ontario Indians visit:

<http://www.anishinabek.ca/>

Assembly of First Nations visit:

<http://www.afn.ca/>

Southern First Nation Secretariat

<http://www.sfns.on.ca/>

Aboriginal Affairs and Northern Development Canada

<http://www.aadnc-aandc.gc.ca/>



**Aamjiwnaang's Alternative and Continuing Education** is going on *Summer break* in August



**Last day of class is**

**Thursday, July 30<sup>th</sup>**

Computer use available at the Maawn Doosh Gumig Community Centre, 1972 Virgil Ave, Sarnia, ON

**Classes resume on**

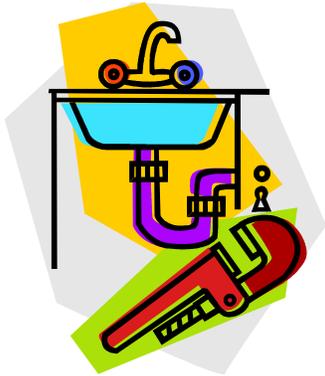
**Monday, August 31<sup>st</sup>**

## What is RRAP?

- It is a CMHC program for **LOW-INCOME** homeowners
- Provides loans, a part of which may not have to be paid back
  - Available to repair substandard living units

## What repairs qualify my house?

- Your house must be substandard or deficient in one or more of the following:



- Structural
- Heating
- Disabled
- Electrical
- Fire Safety
- Plumbing

- Adaptations to make a unit accessible for a disabled occupant also qualifies for the Disabled RRAP program

## Who is eligible?

- The **TOTAL** household's income must be lower than \$42,000.00.  
**Written verification of household income is required from all residence of the home.**

The Inspector is available every Monday to do RRAP inspections. Please call the Housing Department at 519-336-8410. Deadline is September 30, 2015 to submit all required paperwork and quotes.



# Day of Caring



**September 2, 2015**



Eligibility is open to single parent, seniors, disabled persons where the disability makes it difficult to perform physical labour.

There will be a maximum of twenty households.

If there are more than twenty applicants signed up, names will be drawn at random.

**Deadline to sign up: Thursday August 27, 2015 4:00pm**

Limited to the following items:

- Landscaping or gardening
  - Pruning or removing dead brush
  - Cleaning eavestroughs
  - Power washing (home only)
    - Wash outside windows
    - Painting – Limit to one room  
*(NOTE: prep is to be done by tenant/homeowner and all supplies are to be purchased by tenant/homeowner in advance)*



Please contact the Housing Department to sign up 519-336-8410

## NOTICE

### **Aamjiwnaang School Bus Transportation Notifications**

Any change must go through the Aamjiwnaang Education Department

- Address change
- Telephone number update
- Change of School
- New students
- Bus Service no longer required

**Please advise the Education Department at the Band Administration Building of any changes at 519 – 336-8410**

**Diane Aiken ext. 246, or Vicki Ware ext. 247.**

***Bus Drivers will only accept changes as approved by the Education Department.***

The Aamjiwnaang Bus Transportation Policy is available upon request. To ensure the bus safety of our students, we must all work together.



**AAMJIWNAANG FIRST NATION  
CHIPPEWAS OF SARNIA**  
Education Department

978 TASHMIDJ AVENUE  
SARNIA, ONTARIO  
N7T 7H5  
Phone: (519) 336-8410  
Fax: (519) 336-0382

## *WELCOME BACK TO SCHOOL INFO*

### Aamjiwnaang Secondary School Students 2015-2016

**School Registration** – see attached school listing for registration dates and fees for the Lambton Kent District School Board.

- Aamjiwnaang will cover Activity and Locker Rental Fees up to \$35.00.
- Students on the Aamjiwnaang bus list for the following schools: Alexander Mackenzie, SCITS, and St. Clair High School, must identify themselves as an Aamjiwnaang student to have your Activity and Locker Rental Fees waived at registration. The school will invoice the Education Department for the fees.
- Students with Aamjiwnaang membership attending other schools will be reimbursed up to \$35; receipts must be submitted to the Education Department.

**School Supplies** – Secondary students with Aamjiwnaang membership are eligible to receive one Walmart Gift Certificate valued at \$45 to purchase school supplies.

- The gift certificate may be picked up at the Education Department after September 3, 2015 and up to December 15<sup>th</sup> of given year.
- Signatures are required by student and/or parent/guardian. A note is required to authorize other individuals to pick up gift certificate.
- Off-reserve students must provide proof of registration.

*Wishing you success in the 2015-2016 school year!*

Vicki Ware  
Education Coordinator  
519.336.8410 ext. 247  
[vware@aamjiwnaang.ca](mailto:vware@aamjiwnaang.ca)

Diane Aiken  
Education Service Assistant  
519.336.8410 ext. 246  
[daiken@aamjiwnaang.ca](mailto:daiken@aamjiwnaang.ca)

This Registration form can also be found on the LKDSB website: <http://www.lkdsb.net/>, then see the Registration link, and it is in the Secondary Schools in the North (Sarnia). Direct link: <http://www.lkdsb.net/Parents/registration/Northelem.pdf>



WELCOMES ALL STUDENTS  
TO SCHOOL YEAR  
2015-2016

PUBLIC ELEMENTARY AND SECONDARY SCHOOL STUDENTS MAY REGISTER  
TUESDAY, SEPTEMBER 1 & WEDNESDAY, SEPTEMBER 2, 2015

CLASSES BEGIN TUESDAY, SEPTEMBER 8, 2015

ELEMENTARY SCHOOL REGISTRATION HOURS: 9:00 A.M. TO 12:00 NOON & 1:30 P.M. TO 3:30 P.M.  
SECONDARY SCHOOL TIMES AND DATES MAY VARY – CHECK YOUR SCHOOL LISTING FOR DETAILS  
Contact your school Principal with questions about any of the listings.

Public elementary and/or secondary students, who are new to a school and not pre-registered, are to register at their new school. New elementary and/or secondary students must provide legal documentation showing proof of age.

Visit our website at [www.lkdsb.net](http://www.lkdsb.net) for a complete listing of our elementary schools.

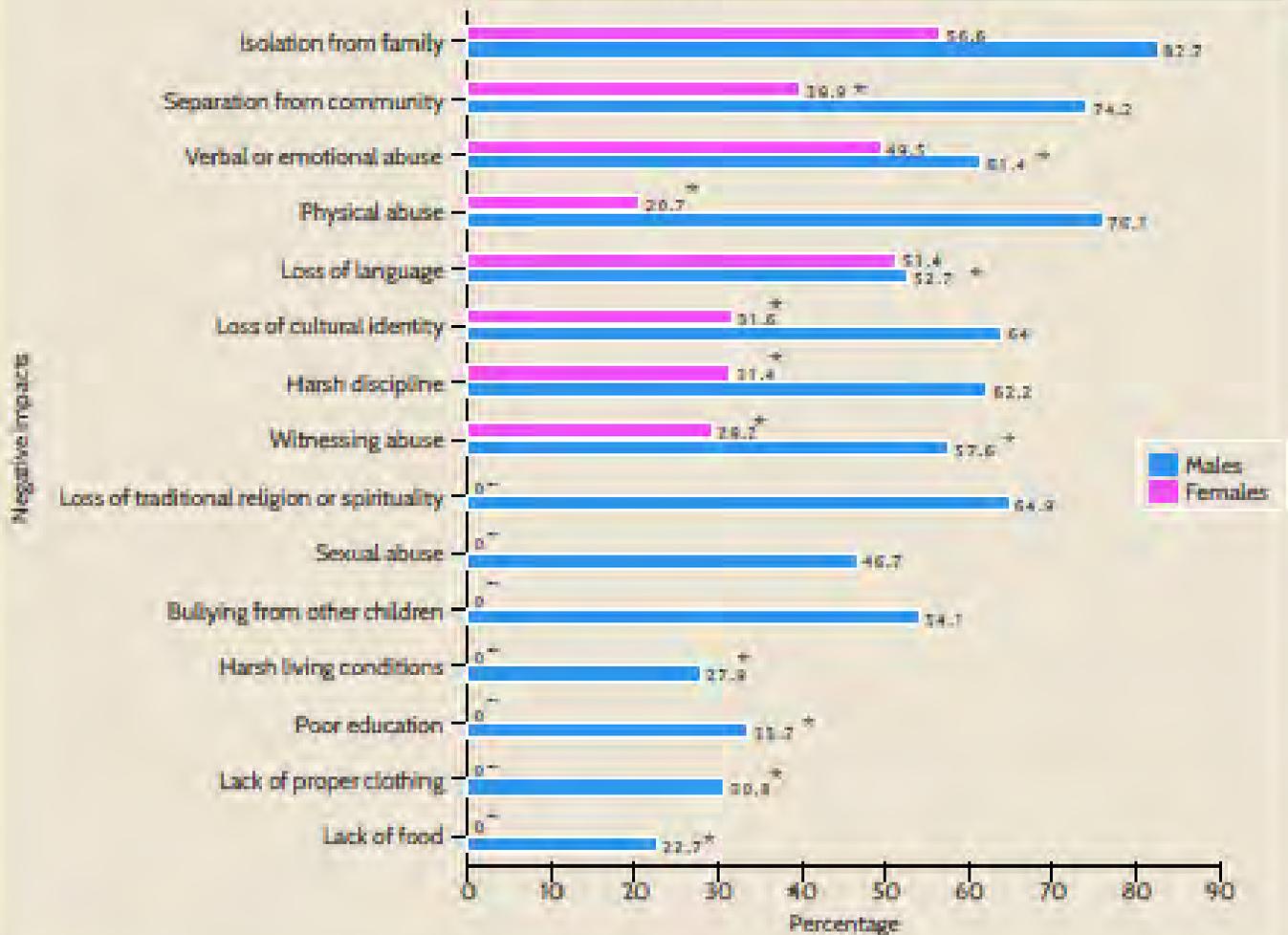
<p><b>Alexander Mackenzie Secondary School</b> 1257 Michigan Avenue, Sarnia 519-542-5505</p> <p>Tuesday, September 1 - Grade 9 ORIENTATION DAY: 8:30 - 11:30 a.m. Wednesday, September 2 - Grades 10 -12: 8:30 - 11:00 a.m. &amp; 1:00 - 3:00 p.m.</p> <p><b>REGISTRATION IN CAFETERIA</b></p> <p>Activity - \$ 30.00      Phys Ed T-shirt - \$ 15.00 Locker Rental - \$ 5.00      Phys Ed Shorts - \$ 15.00 Yearbook - \$50.00</p> <p>Payment by CASH only.</p> <p>Principal - James Stewart <a href="http://james.lkdsb.net">http://james.lkdsb.net</a></p>	<p><b>Northern Collegiate Institute &amp; Vocational School</b> 940 Michigan Avenue, Sarnia 519-542-5545</p> <p>Tuesday, September 1 - Grade 9 ONLY: 8:30 a.m. - 11:00 a.m. Tuesday, September 1 - All Grades: 12 Noon - 2:30 p.m. Wednesday, September 2 - All Grades: 8:30 a.m. - 11:00 a.m. Wednesday, September 2 - All Grades: 12 Noon - 2:30 p.m.</p> <p><b>REGISTRATION IN CAFETERIA</b></p> <p>Activity - \$ 30.00      Phys Ed Uniform - \$ 30.00 Locker Rental - \$ 5.00      Yearbook - \$ 50.00</p> <p>Payment by CASH only.</p> <p>Principal - Susan Ferguson <a href="http://northern.lkdsb.net">http://northern.lkdsb.net</a></p>
<p><b>Lambton Central Collegiate &amp; Vocational Institute (L.C.C.V.I.)</b> 4141 Dufferin Avenue, Petrolia 519-882-1910</p> <p>Tuesday, September 1 (One Day Only)</p> <p>Lancer Lift-off - 8:00 a.m. to 12 Noon Incoming Grade 9'S ONLY</p> <p>Includes registration, orientation activities, BBQ Lunch</p> <p>Grade 10 - 12 Students may begin to register at 10:00 a.m. All Grades: 10:30 a.m. - 12 Noon All Grades: 2:00 p.m. - 4:30 p.m. All Grades: 6:00 p.m. - 7:30 p.m.</p> <p><b>REGISTRATION IN CAFETERIA</b></p> <p>Activity - \$ 30.00      Phys. Ed. Uniforms - \$40.00 Locker Rental - \$ 5.00      Lancer Deal - 2 shirts &amp; 1 short - \$40.00 OR shirt \$15.00 / shorts - \$20.00 Yearbook - \$50.00</p> <p>Payment by CASH or DEBIT only.</p> <p>Principal - Linda Jared <a href="http://lccvi.lkdsb.net">http://lccvi.lkdsb.net</a></p>	<p><b>Sarnia Collegiate Institute and Technical School (S.C.I. &amp; T.S.)</b> 275 Wellington Street, Sarnia 519-335-6131</p> <p>Monday, August 31 - 10 a.m. - 12 Noon: Grade 9 ONLY - ORIENTATION DAY</p> <p>Tuesday, September 1 - Grade 10 - 12 8:30 a.m. - 11:00 a.m. &amp; 12 Noon - 4:00 p.m.</p> <p><b>REGISTRATION IN CAFETERIA - Enter West Parking Lot</b></p> <p>Activity - \$ 30.00      Phys Ed. Uniforms - \$30.00 (1 shirt + 1 pair shorts) Locker Rental - \$ 5.00      Phys Ed Uniform - \$40.00 (2 shirts + 1 pair shorts) Phys Ed Uniform - \$50.00 (2 shirts + 2 pair shorts) Yearbook - \$50.00</p> <p>Payment by CASH only.</p> <p>Principal - Sean Keane <a href="http://scits.lkdsb.net">http://scits.lkdsb.net</a></p>
<p><b>North Lambton Secondary School</b> 15-17 George Street, Forest 519-786-2166</p> <p>Tuesday, September 1 (One Day Only)</p> <p>Grade 9 ONLY: 8:00 a.m. - 9:30 a.m. Grade 9 ORIENTATION: 9:30 a.m. - 11:30 a.m. All Grades: 9:30 a.m. - 11:00 a.m. All Grades: 12:30 p.m. - 3:30 p.m. All Grades: 5:00 p.m. - 7:00 p.m.</p> <p><b>REGISTRATION IN CAFETERIA</b></p> <p>Activity - \$ 30.00      Phys Ed. Uniforms - 2 shirts &amp; 1 short - \$35.00 Locker Rental - \$ 5.00      Or 1 shirt \$10.00 / 1 short \$18.00</p> <p>Payment by CASH only. Separate payment for Phys Ed Uniforms please.</p> <p>Principal - Laura Smith-McKehle <a href="http://nlss.lkdsb.net">http://nlss.lkdsb.net</a></p>	<p><b>St. Clair Secondary School</b> 340 Murphy Road, Sarnia 519-332-1140</p> <p>Tuesday, September 1 (One Day Only) 8:30 a.m. - 3:00 p.m.</p> <p>"New students are expected to call the school for an appointment to register."</p> <p><b>REGISTRATION IN CAFETERIA</b></p> <p>Activity - \$ 30.00      Phys Ed Uniform - \$ 35.00 Locker Rental - \$ 5.00</p> <p>Payment by CASH only.</p> <p>Principal - Paul Weesma <a href="http://scss.lkdsb.net">http://scss.lkdsb.net</a></p>
<p><b>Wallaceburg District Secondary School</b> 920 Elgin Street, Wallaceburg 519-627-3368</p> <p><u>Registration For Grade 9 - 12 Students.</u></p> <p><b>REGISTRATION TIMES</b> Tuesday, September 1 (One Day Only) 10:00 a.m. - 12:00 p.m. &amp; 1:30 p.m. - 4:00 p.m. &amp; 5:00 p.m. - 7:00 p.m.</p> <p><b>REGISTRATION IN ROOM 123 - GYMNASIUM</b></p> <p>Activity - \$ 30.00      Phys Ed Uniform - \$ 30.00 Locker Rental - \$ 5.00      Yearbook - \$ 50.00</p> <p>Payment by CASH only.</p> <p>Principal - Rob Lee <a href="http://wds.lkdsb.net">http://wds.lkdsb.net</a></p>	<p><b>Visit the Lambton Kent District School Board Website at <a href="http://www.lkdsb.net">www.lkdsb.net</a></b></p> <p>SARNIA EDUCATION CENTRE 200 Wellington Street, Sarnia, Ontario N7T 7L2</p> <p>519-336-1500 (Sarnia)      519-354-3776 (Chatham) Scott McKinlay      Jim Costello Chair of the Board      Director of Education</p>

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# RESIDENTIAL SCHOOL

## Negative Impacts

NEGATIVE IMPACTS ON HEALTH AND WELL-BEING AMONG THOSE OFN ADULTS WHO ATTENDED RESIDENTIAL SCHOOL



<sup>†</sup> Low cell count. Figure suppressed.  
<sup>††</sup> High sampling variability. Use figure with caution.

These infographics are from the Regional Health Survey Peoples' Report (on education).

Julia Candlish | **Education Director**  
 Chiefs of Ontario | 111 Peter St, Suite 804, Toronto M5V 2H1  
 📞 **Office:** 416 597-1266 | 📱 **Mobile:** 416 809-7489

**AAMJIWNAANG'S ANNUAL SECONDARY & POST-SECONDARY AWARDS BANQUET—2015**



Union Gas Recipients from left to right: Talon White-Eye, Celsie Williams-Bressette, (Ken McCorkle, Union Gas Rep.) Joshua Daws, Timothy Plain and Sara Williams



Suncor Energy Inc. Recipients from left to right: Timmothy Pickett, Brandon Rogers, Judith Plain and Joshua Daws with Suncor Reps. Jennifer Johnson, Barb LeBlanc & Mark Hiseler. (Missing is Kaitlind Peters)



Shell Recipients from left to right: Sara Williams, Brandon Rogers, Timmothy Pickett, Tiffany Plain, Joshua Daws with Shell Rep. Kristina Zimmer



Nova Chemicals Recipients from left to right: Sara Williams, Rachael Simon, Brandon Rogers, Timmothy Pickett with Nova Rep. Nichole Workman. (Missing is Kaitlind Peters)



Jane Manning and Kurtis Gray from Lambton College with recipient - Lisa Joseph



Curtis Hopkins Memorial Award Recipient Brandon Rogers with Diane Aiken, Kelly Rogers and Amanda Hopkins



Keynote Speaker Jessie Plain.



Honour Song by Lightning Clark



### How to Help

Find the right time and place to talk. Be calm, caring, non-threatening. Listen. Talk about the concerns by using facts and accurate information. Encourage the person to see a doctor. Encourage the person to seek professional help.

### Where to Get Help

Emergency 911

Kids Help Phone 1-800-668-6868

Distress Line 519-336-3000

LGBTQ Two Spirited Youth Line 1-800-268-9688 Text: 647-694-4275

Bluewater Health Addictions and Problem Gambling 519-464-4400 ext. 5370

Withdrawal Management 519-332-4673

Women's Interval Home 51-336-5200

Sarnia-Lambton Children's Aid Society 519-336-0623

Westover Addiction Assistance 1-800-721-3232

Windsor Withdrawal Management (detox) 519-257-5225

Grand River Withdrawal Management (detox) 519-749-4318

London Withdrawal Management (detox) 519-432-7241

Lambton Mental Health Crisis Line 519-336-3445

Victim Services Support Line 1-888-281-3665 ext. 5238

Alcoholics Anonymous 519-337-5211

Drug & Alcohol Registry of Treatment 1-800-565-8603

Aamjiwnaang Mental Wellness 519-332-6770

Pregnancy Centre 519-383-7115

Sexual Assault Victims 519-337-3320

Problem Gambling 1-888-230-3505

For more information or support please call 519-332-6770



**Seniors Movies**  
**Wednesday, Sept. 30**  
**1:30 - 3:30**



**Seniors Drop-In Room**

Snacks and refreshments will be supplied



**Seniors Games**  
**Tuesday, Sept. 1**  
**1:30 - 3:30**



**Seniors Complex**

Snacks and refreshments will be supplied



**SENIORS GOODY STORE SHOPPING**

**Tuesday, Sept. 29 8:30 - ?**

**We can go shopping wherever you like.**

**We will stop for lunch along the way.**

**Limited to 6 people.**

**Contact Peggy at Health Centre,  
519-332-6770, to reserve your spot.**



## **Seniors 55 & Over Congregate Dining**

Is resuming on Sept. 2, 2015

Seniors Drop In Room

**Wednesdays, 12 - 1 pm**

Come out enjoy a nutritious home  
cooked meal!

**Hope to see you there!**



### **September Lunch Menu**

- 2 BLT, English style chips, pickles, dessert
- 9 Chicken Quesadilla, vegies and dip, dessert
- 16 Fried Bologna sandwich, Bean soup,  
dessert
- 23 Egg salad on a croissant, Soup, dessert
- 30 Cabbage rolls, mashed potatoes, dessert

# Seniors Healthy Cooking Class

## Thursday, Sept. 3/15

### Health Centre

### 10:30 - 1:30

Come out and join us!  
Call Peggy, 519-332-6770  
to register  
and if you need a ride!



- \* Simple recipes made together
- \* Tasty food samples to take home
- \* Friendly conversation
- \* Healthy eating information
- \* Nutrition and health questions welcome



**North Lambton  
Community Health Centre**

You're Invited to  
**MEN'S COOKING**

Thursday, September 24<sup>th</sup>  
11AM - 1PM  
Aamjiwnaang Health Centre

Bring a Friend!



Learn to make delicious food with Healthy ingredients!

Call the Health Centre at 332-6770 to register.

Transportation Available



Salsa Making  
Workshop



**WHEN:** Monday, August 31st  
**TIME:** 9 AM - 12 PM  
**WHERE:** Aamjiwnaang Health Centre



For more information please contact Roberta or Peggy at 332-6770.



Come out and enjoy a nice hot bowl of soup over good conversation and a good laugh!

**THURSDAY, SEPTEMBER 10TH**  
**12PM-1PM**  
**AAMJIWNAANG HEALTH CENTRE**

For further information please contact Roberta at 332-6770.

Found a needle? Protect yourself. Dispose of it safely!

Children must be taught to never touch a discarded needle, but to show an adult where it is. Adults can safely pick up and dispose of a found needle by following the steps below.

You will need:

- Pliers, tongs, or tweezers
- A non-breakable, puncture proof container with a screw-top lid – like a thick plastic jar, empty bleach or fabric softener bottle



Take the pliers and container to where the needle is.

Place the container on a stable surface.

Use the pliers to carefully pick up the needle.



Hold the needle tip away from you.

Be careful not to prick yourself with the needle.



Carefully put the needle into the container, needle end first.

Close the container tightly.

Wash your hands.



Do not dispose of needles in your curbside garbage or Blue Box containers.

Please drop off discarded needles at the Health Centre.

# TRADITIONAL TEACHINGS

## Life Stages & Men's Teachings

### WITH RICHARD ASSINEWAI



Richard (Animkii-Ankwad) is Anishnaabe from Wikwemikong First Nation on Manitoulin Island. He currently lives in the city of North Bay. Richard is actively involved in the preservation of his culture and traditions and is a fluent Anishnaabemwin (Ojibwa) speaker. He has worked with Aboriginal people struggling with the justice system and has worked inside Community Corrections facilities. Richard had endured many difficult life situations and he openly shares these experiences, his acquired knowledge and his wisdom through his personal story of spiritual development. Although Richard is familiar with many modalities of Traditional Healing, he is most often called upon to create sacred space and facilitate spiritual ceremony, communicating with our ancestors, and assisting people to find their original connections to creation.



**THURSDAY, SEPTEMBER 10<sup>th</sup>**  
**HEALTH CENTRE**

**9:00-12:00**      **Life Stages**  
**12:00**            **Soup Kitchen Lunch**  
**1:00-4:00**      **Men's Teachings (women are welcome)**

## Youth Relationships Program

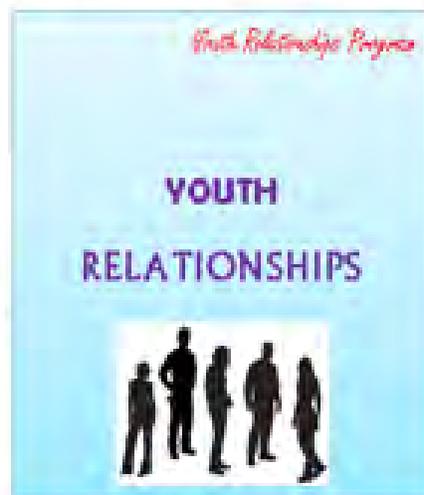
Is...

A 6 week program designed for youth ages 16-21 who are interested in relationships.

The group is free and will run on Thursday's from 4pm – 6pm starting September 24, 2015 at the Aamjiwnaang Health Centre. This program is being run in collaboration with the Women's Interval Home of Sarnia-Lambton

Students will learn...

- ✓ To define different aspects of healthy relationships
  - ✓ Assertiveness skills for handling dating pressure
  - ✓ To define woman abuse
  - ✓ About their rights and responsibilities in dating relationships
  - ✓ About community resources
- And much, much more!



**Week 1: September 24 – Power in Relationships Part 1**

**Week 2: October 1 – Power in Relationships Part 2**

**Week 3: October 8 – Dating Violence (physical, verbal, emotional, sexual)**

**Week 4: October 15 – Digital Abuse and Media Impact on Gender and Violence**

**Week 5: October 22 – Staying Safe in Dating Relationships**

**Week 6: October 29 – Building Blocks of a Healthy Relationship**

**Starts Thursday, September 24, 2015 and will continue every Thursday for 6 weeks from 4pm – 6pm. To sign up please contact Roberta @ 332-6770.**

**WEEKLY  
INCENTIVES!**

**VOLUNTEER  
HOURS!**

**DINNER  
PROVIDED!**

## Freezing Fresh Vegetables

Wednesday, Sept. 23

2 - 4 pm

Health Centre



Seniors: If you would like to learn how to freeze fresh vegetables, call Peggy at 519-332-6770 to sign up. Vegetables will be supplied.



Volunteers are needed for Saturday,  
September 26, from 9 am – 3 pm  
Plans are being made for a Community  
Parade and a Carnival for this day.

If you are able to help us throughout the day,  
please call Peggy at the Health Centre,  
519-332-6770, ext. 31.

Leave your name and contact information.

**GREAT INCENTIVES FOR YOUR VOLUNTEERING!!**



# Fall Carnival



**Saturday, September 26**

Right after parade  
Community Centre

**Lots of games and activities for the whole family!**



**CARNIVAL**  
Games

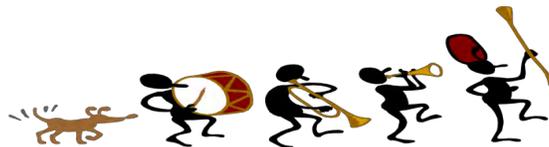


**PIZZA  
AND  
PRIZES!**



Please bring a non-perishable item or canned good for the Aamjiwnaang Food Bank  
This activity is sponsored by the New Horizons for Seniors  
Program— “STRENGTHENING OUR COMMUNITY”

## COMMUNITY PARADE



**SATURDAY, SEPT. 26 @ 10 AM.**

Parade route leaves from Community Centre and will  
circle around Seniors Complex

The theme will be Families dressed as their favourite family TV show or  
family cartoon show. Such as superheroes,  
Minions, Simpsons, etc.....

**1st, 2nd and 3rd place prizes for family**

**Please pre-register with Peggy, 519-332-6770, ext. 31 by Sept. 23.**

This activity is sponsored by the New Horizons for Seniors  
Program— “STRENGTHENING OUR COMMUNITY”



**"BAND TOGETHER for HEALTH"**  
 Cooking, Education, & Exercise Class



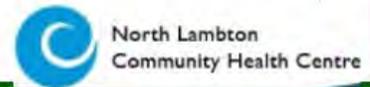
**Where?** Maawm Doosh Gumig Community Centre

**When?** Monday's from 2:00pm-3:30pm

**BEGINS SEPTEMBER 14TH, 2015**



**Call Dorothy at 519-332-6770 for more info**



THE GOLD CUBE

Call Shownacey Williams:

**519.312.5477**

thegoldcube@gmail.com

# GRAPHIC/WEB DESIGNER FOR HIRE!

Websites • Business Cards • Flyers • Branding  
Brochures • Postcards • Logos • CD Album Design  
T-shirts • Apps • Signage • Banners • Custom Design

## TNT Auto Detailing & Upholstery

*Call for free quote or to book appointment*

Owner: Greg Gray

1909 Virgil Ave-Sarnia, Ontario

(226)-349-1865

Auto Detailing

## RP Home Renos Interior and Exterior

For free estimates

7 days a week call

Ryan Pitre

519-312-7537



## Roger Williams' AUTHENTIC NATIVE CRAFT SHOP

STORE HOURS

Monday ~ Saturday

10:00 am ~ 6:00 pm

Phone 519-344-1243

**Lots to  
Choose From &  
Great  
Gift Ideas!**



## **CARING CONNECTIONS NURTURING PROGRAM**

For Women with Substance Misuse Issues

This program's focus is to help mothers learn to balance their recovery from substance use with being the best parent she can be to her children. These roles are often viewed as being at odds with each other as a woman learns that she is supposed to be as selfish in her recovery as she was in her addiction while acknowledging that being a parent is one of the most selfless roles a woman fulfills in her life. This program teaches a woman to nurture herself in her recovery as she learns to nurture her child so the roles can be parallel to allow a woman to effectively manage both roles. The program aims to improve and strengthen the relationship between mother and child to improve outcomes for their newborns, infants and children while strengthening a mother's path to recovery.

**12 week program to be held weekly  
On Wednesdays from 10am-noon**

**Starts September 16, 2015**  
**AAMJIWNAANG Location**

**Contact: Tracey George 519-332-6770**  
**[tgeorge@aamjiwnaang.ca](mailto:tgeorge@aamjiwnaang.ca)**

**OR Charity @ 519.328.1683, [Charitys@sophrosyne.ca](mailto:Charitys@sophrosyne.ca)**



## Environmental Health Research Update

Greetings Community Members,

I would like to provide an update on some of the activities the Health Centre has been working on in environmental health research.

1. **Sex Ratio Update**

We are working with Dr. Laurie Chan from the University of Ottawa to update our 2005 Sex Ratio study. The original study looked at births between 1984-2003 and found that a higher proportion of girls were born between 1994-2003. We are expanding the study over a longer period of time, from approximately 1970-2014. We are also working with Lambton Public Health to compare with their data. Depending on the findings and recommendations, Dr. Chan is prepared to help us with the next step, which may be trying to determine a cause if any abnormalities are found.

2. **Community Cancer Profile**

We have been working with the Aboriginal Cancer Control Unit at Cancer Care Ontario for quite some time to establish the rates of cancer in our community. We expect to have some results back within the next 6 months. The Aboriginal Cancer Control Unit is also working with the Chiefs of Ontario to establish cancer rates for all First Nations in Ontario. This means we should be able to compare our community's rates to those found in other First Nations across Ontario.

Cancer Care Ontario is also working on a research study, where they have identified cancer rates for Lambton County, including Aamjiwnaang. They have also looked at risk factors and how they influence cancer rates, such as fruit/vegetable intake, smoking and alcohol. I have reviewed their raw, unpublished data and are working with them on the release of this data, through the Lambton Community Health Study. Cancer Care Ontario plans to publish this study by summer 2016.

3. **First Nations Food, Nutrition & Environment Study**

This study was completed through the Assembly of First Nations. Our drinking water sampling demonstrated there are no concerns with the levels of heavy metals. We did not test for any other contaminants. Our traditional food sampling demonstrated that our traditional foods are safe to eat. We tested for various metals and contaminants in wild game, birds, fish and plants. The levels of contaminants found in our foods were similar to those found in traditional foods tested across Ontario. The mercury testing in hair showed that none of the 83 participants exceeded guideline levels. They also compared mercury levels to those found in a past study from 1979 and found that mercury levels have decreased. Our mercury levels were similar to those found in the general Canadian population. A community presentation was scheduled back in March, but no one attended. We are now hosting a lunch & learn on August 20 to present the results and answer questions.

If you ever have any questions, please feel free to come and see me. I will do my best to try and answer them for you.

Miigwech,

Sara Plain  
Director of Health Services

## Infectious Diseases Prevention and Control

## FACT SHEET

# Rabies

### What is rabies?

Rabies is a deadly viral disease carried in the saliva of an infected animal. Rabies attacks the nervous system, and is fatal most of the time. Rabies occurs worldwide except Antarctica. Most human deaths occur in Asia and Africa and the disease is mainly transmitted by dogs. In Ontario, bats or wild animals such as skunks, foxes, and raccoons have been known to carry rabies, but domestic animals such as dogs, cats, and ferrets can also become infected.

### How is rabies spread?

Humans and other animals can become infected through licks, bites or scratches from an animal with rabies, or if the rabies virus comes in contact with an open cut or the moist tissues of the mouth, nose or eyes.

### How do I tell if an animal has rabies?

The following are symptoms animals with rabies may exhibit, however rabies can only be diagnosed in the lab.

There are 2 types of rabies: 'furious rabies', and 'dumb rabies'.

- Animals with "furious rabies" is more common, and may appear excitable and overly aggressive.
- Animals with dumb rabies may appear quiet and unusually friendly. They may also hide, or show signs of paralysis.

### What if I am exposed?

Immediately clean the wound right away by washing and flushing with soap and water for at least 14 minute. Get the animal owner's contact information and seek medical attention. All possible rabies exposure incidents **must** be reported to Lambton Public Health.

In the case of dogs, cats and ferrets, a public health inspector will isolate the animal for 10 days to see if

transmitted rabies at the time when the exposure occurred.

If the exposure involved a wild animal or a bat, they may be tested in a lab.

### What can I do to help prevent rabies?

- Make sure your pet has up-to-date rabies vaccination.
- Do not touch or play with animals you do not know.
- Keep your pets under control. Do not let them run free, especially at night.
- Do not touch animals that look sick, even if you may want to help them.
- Do not touch dead animals.
- Stay away from wild animals.

### Can rabies be treated?

If you have been exposed to the virus (bitten or scratched), shots (called post-exposure prophylaxis) can be effective at preventing the disease, as long as they are received as soon as possible.

Post-exposure prophylaxis is available worldwide, but it is often difficult to obtain.

There is no specific treatment for rabies once symptoms appear.

### Where can I get more information?

For more information, call Lambton Public Health at 519 383-8331 ext. 3578, toll free at 1-800-667-1839.

Or visit the following websites:

- Lambton Public Health:  
[www.lambtonhealth.on.ca](http://www.lambtonhealth.on.ca)
- Ministry of Natural Resources  
[www.mnr.gov.on.ca](http://www.mnr.gov.on.ca)
- Ministry of Health and Long-Term Care  
[www.health.gov.on.ca](http://www.health.gov.on.ca)

# Grief & Loss Counselling Services

Through grief/trauma counselling, Tina can help you work through distressing experiences. Regardless of the kind of loss you're facing, Tina can help guide you through your grief and help you learn healthy ways to cope with your loss/trauma.

Tina provides confidential care and support for individuals, couples and families across the lifespan who are facing difficult seasons in their lives.

Please contact Aamjiwnaang Health Centre  
to speak with Tracey  
about accessing Grief & Loss Counselling  
(519) 332-6770

## NEW TRADITIONAL HEALING SERVICES

**SUGAR BEAR** will be taking appointments on Wednesday September 9, 2015 at the Aamjiwnaang Health Centre.

Please call 519-332-6770 to book your appointment.

## **TJ's Salvage & Demolition**

Down & Out?? We'll tear it down, cut it down and haul it out... trees, buildings, cars whatever you want removed.

Reasonable Rates...

Prompt Service...

Call Jamie, Jacob or Triah at

**226-932-5784**

## **ANIMAL CONTROL OFFICER**

**Ron Simon**

**Text/Call 519-330-7450**

### **For animal control issues only!**

- Primary duties are to follow up on loose dog.
- complaints and monitor quarantined dogs.
- If you are a dog owner and your dog is loose, it is your responsibility to retrieve your dog.
- Traps available at Band Garage for use by community members. 519-336-0510

## Let's Talk

Children living in homes where there is a substance use problem need to have the problem explained. Life at home may be chaotic. There may be strange behaviour, arguments and tears. Outside the home, family members may act normal, keeping their problems hidden. If no one explains the problem, children may draw their own, often wrong, conclusions. They may respond to the situation in unhealthy ways. For example, they may:

- take on an unusual amount of family responsibility
- try to be perfect at everything they do
- become withdrawn and isolated
- become aggressive or act out in other ways
- use substances themselves.

Children living in homes where there is a substance use problem are likely to experience a variety of confusing feelings, including:

- worry
- anger
- sadness
- uncertainty
- fear
- blame
- resentment
- guilt
- rejection
- shame.

Children need to know that it's ok to have these feelings, even the scary ones. They need to know that it's all right to reach out for help and to talk about their feelings. Having a healthy, caring, trustworthy adult in their lives can help them to sort things out.

Children in this position need to be helped to:

- identify and express their feelings in healthy ways
- know that other families have similar situations
- realize that they are not responsible for the person's problems or the person's recovery
- understand that recovery is a long and complex process with many ups and downs.

Tracey George at the Aamjiwnaang Health Centre is a great resource available to help parents and children navigate their feelings and issues in a safe environment.

Explaining a substance use problem to children can be difficult and awkward. Give them only the amount of information appropriate to their age group. Here are some guidelines to keep in mind:

- **Toddlers and preschool children** understand simple, short sentences. They need concrete information and not too much technical language. Explain the problem simply and then try to make the child's life as normal as possible. After explaining the problem, engage the child in a fun activity.
- **School-aged children** can handle more information than younger children. They might already have had drug information sessions at school. Be prepared to answer their questions honestly.
- **Teenagers** can manage most information. They will have had drug awareness lessons at school, and may have questions about the substance their relative is using. Teenagers need to discuss their own thoughts and feelings about the situation. They may worry about what other people, especially their peers, think of them and their family. Sharing information encourages teenagers to talk and to ask questions.

What to tell children

- **Let children know that the family member has a problem with alcohol or other drug use.** Explain that this affects the person's behaviour, mood and judgment; when the person is using, he or she may say or do things that same person wouldn't say or do if sober.
- **Reassure children that they did not cause the problem.** Children may blame themselves for the person's problem. Explain that no matter what their behaviour, they did not cause the person to drink or use drugs, nor can they change or stop the way the person behaves. Children may need to hear this often.
- **Tell children that it is not their responsibility to take care of the person with the substance use problem. Children may worry about the person's health.** Explain that it is not their problem to solve. It is an adults job, such as a doctor, to look after

## Let's Talk

after the person.

- **Encourage children to continue with regular routines and to find other activities and interests outside the home that they enjoy, such as sports or drama.** Allow children to be children. They should not take on the problems of the family home.
- **Help children to identify a trusted adult whom they can contact if they need someone to talk to, or feel unsafe.** Letting children work out who to ask for help can make them feel less isolated and more empowered. Make sure the person knows that the child may call, and that the child has that person's number. If children need to talk to someone but want to stay anonymous, suggest they call the Kids Help Phone (1 800 668-6868).

### Outside the home

Talk with children about what to say to people outside the family. Families and children may not want others to know about the substance use problem. They may worry that others would view them negatively if they knew about the problem. However, if friends don't know about the problem, they can't offer support. This support can help everyone cope with the situation. Each family needs to discuss and decide how open to be about this issue. Encourage children to engage in healthy activities with their friends.

### During recovery

Once the person with the substance use problem has reached his or her recovery goals, children need to be reassured that the person is again available and interested in them. To re-establish a relationship with the children, the person may need to explain past behaviour and to plan special times together. Children may need to talk about their feelings, and to have those feelings understood and accepted.

*[ Overdose ]*

*Prevention &  
Intervention*

## Overdose FAQs

### How long does naloxone take to work?

Naloxone acts in 2-5 minutes. If the person doesn't wake up in 5 minutes, bystanders should give a second dose. (Rescue breathing should be done while you wait for the naloxone to take effect to that the person gets oxygen to their brain.)

### Can naloxone wear off before the drugs that cause the overdose?

Naloxone typically wears off in 30-90 minutes and the person can stop breathing again unless more naloxone is available. For this reason, it is safest to call 911 and have the person taken for medical care.

## Did you know?

Regional HIV/AIDS Connection in London, ON ( (519) 434-1601 distributes naloxone (take home program) through their syringe access program and is easily accessible to all opioid users in our community. Call Penny at the Health Centre (332-6770) for more information about receiving this life saving education and training.



In the city of Sarnia Fentanyl abuse is a serious problem according to police, medical officials and front-line workers. The local death rate is four times the provincial average. The numbers show the city has a major problem with Fentanyl. Five deaths in 2013 may not sound like many, but for a city of 72,000 it's four times the province-wide rate, according to the Ontario coroner's stats.

The painkilling patches can be cut-up and sucked, heated on tinfoil and inhaled, or sometimes cooked in a spoon and injected. Opioid pain meds such as OxyContin and Fentanyl affect the human respiratory system, and the amount of drugs in your system required to render you unconscious is "only slightly below" the level that shuts down your breathing.

### **Vicious Cycle?**

After Oxycontin was de-listed from the approved drug list in Ontario in 2012, addicts went searching for a replacement. Anticipated by many, heroin would become the main replacement as has happened in other places, but the heroin coming into Sarnia was "lousy," and users are more comfortable when something has a pharmaceutical stamp on it. Fentanyl patches became easily accessible and accepted among Opioid dependent users as a reasonable substitute for the de-listed OxyContin.

### **Patch 4 Patch**

Sarnia police have taken the lead on the rollout of the Patch 4 Patch program – an Ontario Association of Chiefs of Police-endorsed initiative addressing the community's ongoing opioid abuse epidemic. Sarnia Police hope to have the program up and running October 2015.

### **What does this mean?**

Doctors will up their efforts to screen possible patients, and prescriptions will be faxed directly to the pharmacy, to avoid tampering with the prescription. (Adding a zero to the number of patches prescribed is a common trick.) Pharmacists will also give patients a paper to stick their used patches on before they come back for a prescription renewal. The returned patches will be examined carefully for signs of tampering. Opioid dependent users will be in search of a new substitute in the near future, accomplishing nothing with the patch 4 patch program.

### **Bereavement Outreach**

The Health Centre will now be doing outreach visits when there is a death in our community. Staff will visit the family to deliver a small basket of goods (i.e. coffee supplies, plates, etc.) with information about financial assistance offered by the Band, meal assistance through the volunteer Bereavement Committee and counseling services. We hope you find this helpful during a difficult time.

### **Donations**

Donations of food are always needed and appreciated.

### **Volunteers Needed**

The Bereavement Committee is a group of community members who volunteer their time to help prepare meals for community funerals. Their commitment is outstanding and they are certainly appreciated in our community! They could really use some help with clean up after the meals. If you'd ever like to help out, please feel free to stop by the kitchen and lend a hand. If you'd like to help with meal preparation, please get in touch with Malynda Maness-Henry (519-332-6770) or Melanie Williams (519-336-8410) and they can add you to their list of volunteers.

Miigwetch



# The Aboriginal Cancer Journey

A GATHERING FOR  
FIRST NATIONS, INUIT & MÉTIS  
COMMUNITY MEMBERS

## Friday Nov. 6th, 2015

Maawn Doosh Guming Community Centre  
1972 Virgil Avenue, Sarnia, Ontario

9 -10 am: Registration and Breakfast  
10 am - 4 pm: Conference



Aamjiwnaang First Nation  
Bkejwanong First Nation  
Caldwell First Nation  
Chippewas of the Thames  
Fiddle & Sash Métis  
Association, Wallaceburg  
Delaware Nation, Moravian  
of the Thames First Nation  
Chippewas of Kettle &  
Stoney Point First Nation  
Munsee Delaware Nation

Oneida Nation of the Thames  
Saugeen First Nation  
Cape Croker First Nation  
Métis Nation of Ontario



## All are welcome.

- Hear stories firsthand from First Nations people, physicians and health care providers
- An interactive and informative day
- Learn about the cancer journey for patients and their families
- Get information and tips on the prevention and early detection of cancer
- Connect with local and regional resources and supports



## REGISTER TODAY!

### Registration Contact Name

Dorothy Gilbert.  
Email: [dgilbert@aamjiwnaang.ca](mailto:dgilbert@aamjiwnaang.ca)  
Phone: 519-332-6770

### Information Contact Name

Gail Nahmabin  
Email: [gnahmabin@aamjiwnaang.ca](mailto:gnahmabin@aamjiwnaang.ca)  
Phone: 519-332-6770 Ext 23

**Registration Deadline:** October 15, 2015

Travelling Seniors Monthly Fundraiser

# MEAT BINGO

All Scheduled Fundraisers are held at

Maawn Doosh Gumig Youth & Community Centre

At 6 pm

2 Strip Book for \$15 (extra strip for \$5 more)

**Thursday, October 22, 2015**

Kitchen opens at 5 pm

Menu includes: Hamburgers, Hotdogs, Soup



- Everyone Welcome to Play!
- Ages 10+ w/adult supervision
- Bring a Friend or more!!

Students, come out and get your volunteer hours

**Come on out and Support the Travelling Seniors!!**



TRIBAL CUSTOM  
INSURANCE SERVICES INC.

Do you feel your insurance is too high?  
We can help you find the right price and  
provide you with great service.

**Call NOW for a no-obligation quote!**

**Head Office** — 1000 Degurse Drive, Suite 2,  
Sarnia, Ontario N7T 7H5

Tel (519)332-4894 Fax (519)332-5982

**“Our Vision—Your Well Being—Our Coverage”**

## *Travelling Seniors News & Updates...*

Travelling Seniors hold monthly meetings the first Wednesday of every month at 6:00 pm at the Community Centre in the Seniors Room.

Next meeting will be September 2nd.

Fundraising Bingos will be held on October 22 and November 26 . Plan to attend and support the travelling seniors!!

### **Attention High School Students!!**

If you are looking for volunteer opportunities please consider the Travelling Seniors functions and events. Your assistance would be greatly appreciated!!

## *Masters Chair*

Full Service Hair Salon

107 Mitton St. N

**Open Tues thru Sat 9:00 am to 4:00 pm**

*Evenings by appointment only !*

Call 519-328-4066



Love art? Need community hours?  
**WE NEED YOU!**

**WE ARE LOOKING FOR VOLUNTEERS**



**Community Showcase & All Ages Art Contest**

**ATTENDANTS NEEDED FOR**

- ART CONTEST
- PROMOTIONS
- FOOD SALE
- SET UP/ TEAR DOWN

**Aamjiwnaang Culture & Heritage Club**

For more info contact Marina Plain  
mdplain@gmail.com

**CULTURE \*IDENTITY \*KNOWLEDGE**

# COMMUNITY BINGO

**Saturday, August 29 @ 1 pm.**

**Behind the Church**

Bring your own prize, limit of up to 4 prizes per person. Nothing under \$5.00 and nothing over \$20.00. For each prize you bring, you will receive one strip of cards.

**\*\*Please bring a non perishable item or canned good for the Aamjiwnaang Food Bank\*\***

This activity is sponsored by the New Horizons for Seniors Program—  
"STRENGTHENING OUR COMMUNITY"



## JAMBOREE With "Rambling Fever"



&



## CORN ROAST

**Saturday, Aug. 29**  
**5 - 7 pm**  
**(or until corn runs out)**  
**Ball Diamond**

**\*\*Please bring a non perishable item or canned good for the Aamjiwnaang Food Bank\*\***

This activity is sponsored by the New Horizons for Seniors Program -  
"Strengthening Our Community"

## OVERDOSE AWARENESS BASEBALL TOURNAMENT TEAM & SCHEDULE

**TEAM # 1 Ian Hunter**

**TEAM # 2 Charlie Maness**

**TEAM # 3 Dustin Herman**

**TEAM #4 Candy Joseph**

**TEAM #5 Sara Williams**

**TEAM #6 Justin Adams**

**TEAM #7 Shawni George**

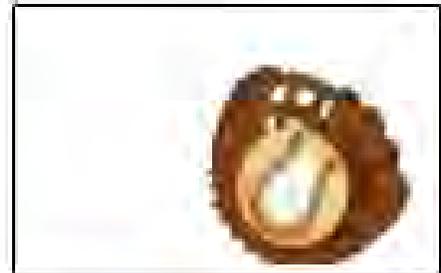


**9:00 A.M. TEAM #2 VS. TEAM #4**

**10:00 A.M. TEAM #3 VS. TEAM #6**

**11:00 A.M. TEAM #1 VS. TEAM #7**

**12:00 P.M. TEAM #5 VS. Winner of game #1**



**HOMERUN DERBY AUGUST 29<sup>th</sup> 6:00 P.M.**

**10 BALLS FOR \$10.00**

**MENS & LADIES**

**EVERYBODY WELCOME**



AAMIJWNAANG OVERDOSE AWARENESS BASEBALL TOURNAMENT AUGUST 29th, 2015



**ALFIE'S DELI  
SANDWICHES  
&  
DRINKS**



**TAQUITOS, DILL PICKLES  
& SNOWIES  
BY TIFFANY PLAIN**



**INDIAN TACOS & DRINKS  
BY JACKIE JOSEPH**



**HOT DOG, HAMBURGERS, CHIPS  
& DRINKS  
FOOD SALE FOR THE JR. HITMEN**



**SWEET TREATS  
BY TRUDY MANESS**



**NACHO'S & CHEESE, CANDY SKEWS  
FOOD SALE BY LIFE SEASONS  
COMMUNITY GRIEF & LOSS  
COUNSELLING**



**SAUSAGE, CHIPS & FREEZIES  
FOOD SALE BY THE SARNIA AA JR  
STING**

# Mobile Market 2015

Coming to a community near you!



**Mondays – Petrolia, Corunna & Aamjiwnaang**

**Petrolia**—Food Bank—4156 Petrolia Line 9:30—10:30

**Corunna** – All Saints Anglican – Hill St 11:00 – 12:00

**Aamjiwnaang** - Community Centre Pavilion 12:30 – 1:30

**Tuesdays – Forest, Thedford & Kettle Point**

**Forest** – Contact House - 6276 Townsend Line 9:30 – 10:30

**Thedford** – Meadowville – 76 Mill Street St. 11:00 – 12:00

**Kettle Point** – Hillside School – 6265 Indian Lane 12:30 – 1:30

**Wednesdays—Watford & Alvinston**

**Wyoming**—587 Ontario Street 9:15—10:15

**Watford**—United Church—555 Ontario Street 10:45—11:45

**Alvinston**—Township Office—3236 River Road 12:15—1:15

**Fridays – Sarnia**

**Rogers St.** – parking lot 9:30 – 10:30

**Kathleen Ave** – park 11:00 – 12:00

**Veteran’s Park** – Victoria St N 12:30 – 1:30

**YMCA Learning & Career Centre**—660 Oakdale Ave.—2:00—3:00

**Until the end of October**

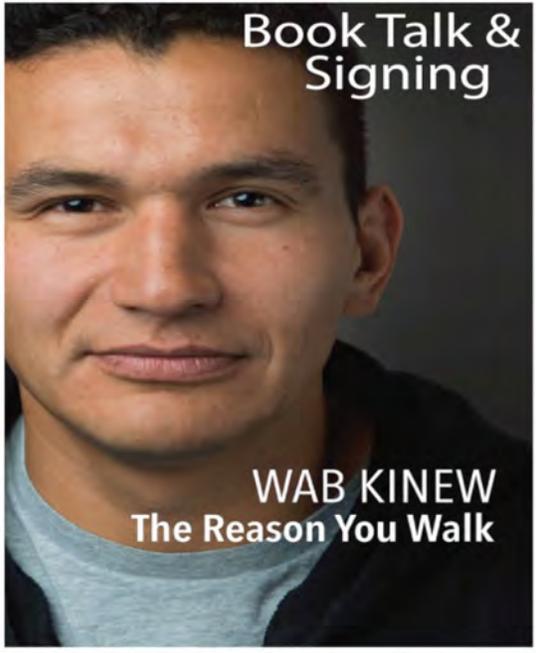
## Accessing the Mobile Market

To access the Mobile Market, please bring one of the following:

- The Inn or any food bank client card
- ID and proof of residence in Lambton County or Co-op Housing
  - Proof of social assistance income (OW or ODSP or OAS)



## Book Talk & Signing



**WAB KINEW**  
**The Reason You Walk**

Tuesday, October 13th ~ Sarnia Library Auditorium ~ 7 p.m.  
Tickets \$10 @the book keeper

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Wednesday, October 14th ~ Maawn Doosh Gumig Community & Youth Centre  
9:30 ~ 11:00 a.m. ~ Free ~ All Welcome





[www.onlinecrosswords.net/solution-6572.png](http://www.onlinecrosswords.net/solution-6572.png)

Puzzle Solution © OnlineCrosswords.net

A	C	T	S		A	G	E	N	T		P	S	S	T	
B	O	O	T		B	A	Y	O	U		A	Q	U	A	
B	A	R	E	L	Y	B	E	A	T		S	U	M	P	
E	L	O	P	E	S			H	O	S	T	E	S	S	
					P	A	S	S	E		R	A	R	E	
P	A	W	E	D		A	N	T		M	A	Z	D	A	
I	T	O			S	W	I	V	E	L		M	E	E	T
P	A	N	S		A	L	I	N	E		I	D	E	E	
E	L	B	A		D	O	O	D	A	D		B	R	A	
S	L	Y	L	Y		R	U	T		A	S	Y	E	T	
					A	V	I	D		S	O	T	T	O	
B	A	N	A	N	A	S				R	E	P	E	A	L
A	G	O	G		C	L	O	S	E	S	H	A	V	E	
R	U	S	E		C	A	D	E	T		I	R	O	N	
D	E	E	D		A	B	E	T	S		A	N	N	A	



Aamjiwnaang you're invited to the...

Wednesday,  
September 16, 2015

11 AM -1 PM

Maawn Doosh  
Gumig Community  
& Youth Centre



*Please join us...*

Agenda:

- 11:00 AM Opening & Prayer
- 11:30 AM Ribbon Cutting Ceremony
- 11:45 AM Greenhouse Initiative
- 12:00 PM Acknowledgements & Logo contest
- 12:30 PM Closing remarks  
Light snacks and coffee/tea

# Greenhouse Grand Opening!!

Please join us in our grand opening ceremony and celebrate this wonderful addition to our First Nation. Logo Contest will be announced during event!



Check out the [Big Book of Crosswords for 2014](#), one crossword puzzle for each day of 2014 for only \$5.99. Our daily puzzles will continue to be free but you might appreciate the convenience of the "Big Book", while at the same time supporting this website. Immediate digital delivery!

**Across**

- 1. Circus lineup
- 5. Classic TV's 86, for one
- 10. Subtle "Over here!"
- 14. Start up a computer
- 15. Louisiana waterway
- 16. Lung opening?
- 17. Narrowly avoid overtime, in a way
- 19. Drainage pump
- 20. Splits to unite
- 21. Party leader?
- 23. Old hat
- 26. Chophouse request
- 27. Handled clumsily
- 30. Exterminator's target, perhaps
- 32. Nissan rival
- 35. Japanese Prime Minister Hirobumi
- 36. Office chair feature
- 39. Track encounter
- 40. Searches for gold, in a way
- 42. Flared dress
- 43. --- fixe (obsession)
- 44. Isle of exile
- 45. Thingamajig
- 47. Sports-car protector
- 48. With cunning
- 50. Dead-end job
- 51. So far
- 53. Gung-ho
- 55. --- voce (softly)
- 57. Loco
- 60. Undo, as an amendment
- 64. Bug-eyed
- 65. Narrow escape
- 68. Bit of chicanery
- 69. West Pointer
- 70. Vitamin pill addition
- 71. Monopoly card
- 72. Helps in the worst way
- 73. Tolstoy's "--- Karenina"

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17				18							19			
20								21		22				
			23			24	25		26					
27	28	29				30		31		32			33	34
35				36	37				38		39			
40			41		42						43			
44					45					46		47		
48				49		50				51	52			
		53			54		55		56					
57	58					59			60			61	62	63
64					65		66	67						
68					69						70			
71					72						73			

**Down**

- 1. French clergyman
- 2. Santa's revenge
- 3. Matador's victim
- 4. Treeless plain
- 5. Bottomless gulf
- 6. Yakker's gift
- 7. Suggested object for a tit for tat
- 8. Life preserver?
- 9. Teach one-on-one
- 10. Deli offering
- 11. Made it out of a packed aisle
- 12. Some bottom lines, in math
- 13. Good night for soldiers
- 18. Data for detectives
- 22. 2001 title role for Sean Penn
- 24. Hand on deck
- 25. Jealous
- 27. Vocal cords, in slang
- 28. In the least bit
- 29. Eked out the victory
- 31. Take care of, as a nurse
- 33. Plow innovator John
- 34. Bothered incessantly
- 37. High roller's roll
- 38. Place for a shepherd
- 41. Saved, as a shipwreck
- 46. Historical info
- 49. Yang's counterpart
- 52. First name among Italian leading ladies
- 54. Bangladesh's capital
- 56. Waste allowances
- 57. Shakespeare, for one
- 58. Chills and fever
- 59. Hunk of marble
- 61. Entitle oneself to
- 62. River to the Severn
- 63. Melodious Horne
- 66. Keats specialty
- 67. Place for an acting president?



**TRIP TO MICHIGAN  
INT'L SPEEDWAY**

**Sunday, August 16<sup>th</sup>**

Turn 1, Section 63, Row 36-39

**\$130 U.S. per PERSON**

Coach Bus, Ticket, \$10 Food Voucher,  
Pit & Paddock Passes

Bus Leaves Food Basics at 6:00 am SHARP  
Proper ID for Border Crossing

Contact Willie at  
519-332-6771 or 519-384-1957



**AC/DC - BUS ONLY**

**TUESDAY SEPTEMBER 8<sup>TH</sup>**

**\$30 U.S. PER PERSON**

Bus leaves Corunna Ball Fields  
Parking Lot at 2:00 pm. Maawn  
Doosh Gumig at 2:15 pm and Food  
Basics at 2:30 pm SHARP

**Must Purchase Your Own Ticket**

Contact Willie at 519-332-6771 or 519-384-1957,  
Tracy at 519-333-7472, or  
Preferred Charters at 1-810-983-7433

**PINK OUT THE PARK  
KANSAS CITY vs DETROIT**



**Friday, Sept. 18th @ 7:08 PM**

TICKET(Sec.143), COACH BUS,  
T-SHIRT, Shuttle from Nemo's Bar &  
Grill, Fireworks after Game

**\$ 90.00 U.S.**

TICKET'S Call Willie- 519-332-6771 or  
519-384-1957

**MUST HAVE PROPER ID FOR  
BORDER CROSSING**

**BUS LEAVES 4:00 PM SHARP FROM  
CORUNNA BALL FIELDS PARKING  
LOT & 4:15 PM EASTLAND PLAZA,  
SARNIA**

**BLUE JAY'S TICKET'S  
DETROIT vs TORONTO**



ROGERS CENTER



**Saturday, Aug. 29 @ 1:05 PM**

TICKET(Sec.234 L, Row 2-7), COACH BUS

**\$ 100.00 CDN or \$80.00 US**

TICKET'S AVAILABLE @ DEMPSEY'S  
BAR & GRILL

Or Call Willie at 519-384-1957

**BUS LEAVES 9:00 AM SHARP  
FROM SARNIA ARENA**



**DETROIT RED WINGS**

**VS**

**TORONTO MAPLE LEAFS**



Friday October 9<sup>th</sup> AT 7:30 PM

**\$160.00 U.S.**

**INCLUDES: COACH BUS, TICKET (Sec.228, Row 7-10), and Shuttle from Nemo's Bar & Grill**

**Proper ID for Border Crossing**

**BUS LEAVES CORUNNA BALL FIELD AT 2:00 PM SARNIA MARKET PARKING LOT AT 2:30 PM SHARP**

**Ticket's Available at Dempsey's Bar & Grill or Willie at 519-384-1957 or 519-332-6771**



**DETROIT TIGERS**



**vs MINNESOTA TWINS**

**Sunday - Sept. 27 @ 1:05 pm**

**\$70.00 U.S.**

**( Coach Bus & Ticket Sec.113)**

**Ticket includes – Shuttle from Nemo's - Kids Under Age of 14 – Get a Anibel Sanchez Bobble Head, Face Painting, Carousal & Ferris Wheel Rides, Running of the Bases after the Game. Kids 16 and Under must be accompanied by a Adult.**

**Proper ID for Border Crossing.**

**Bus leaves Corunna Ball Field @ 8:00 am & Sarnia Market @ 8:30 am SHARP**

**Tickets Available Dempsey's Bar and Grill or Willie – 519-384-1957**



# LOOKING FOR FOSTER PARENTS

Eagle's Nest: A Place to Soar, Inc.

**"We are looking for families". Will you open your homes? Be a loving foster parent & role model to Native children in CAS care.**

**We all need to feel safe, wanted and loved.**

**Will you welcome a child into your Nest, you do not have to be native, we provide cultural teaching.**

**EAGLE'S NEST: A PLACE TO SOAR, INC. FOSTER CARE Agency**

**Eagles Nest - will complete Home Studies and prepare you to be A Foster parent.**

**Licensed by: Ministry of Children & Youth Services**

**Accredited by: CARF International**

**Please call 519-439-3000 Ext 202**

[www.eaglesnestinc.ca](http://www.eaglesnestinc.ca)

## Dawn's Hair & Spa

1736 St Clair Pkwy

**Call**

**519-332-0410**

*To book an Appointment*



# Mino Dbishkaayin-Happy Birthday Aug. 28—Sept. 10, 2015

Avery	Fearns	Aug.	28	Rhonda	Bois	Sept.	2
Angela	Jacobs	Aug.	28	Zailen	Firth	Sept.	3
Jeffrey	Joseph	Aug.	28	Elijah	Gray	Sept.	3
Gail	Reid	Aug.	28	Rosemary	Herron	Sept.	3
Laura	Rogers	Aug.	28	Kendall	Jacobs	Sept.	3
Nimkii-Waasmokwe	Walker	Aug.	28	Gerald Maynard	Maness	Sept.	3
Melanie	Williams	Aug.	28	Christopher	Pitre	Sept.	3
Silas	Hanna-Miller	Aug.	29	Clyde	Simon	Sept.	3
Christian	Page	Aug.	29	Kevin	Williams	Sept.	3
Danielle	Schornick	Aug.	30	Shari	Eyre	Sept.	4
Nathan	Adams	Aug.	30	David	Jacobs	Sept.	4
Patricia	Adams	Aug.	30	Mateo	Martinez	Sept.	4
Aaron	Ayers	Aug.	30	Dawn Marie	Smith	Sept.	4
Robert	Battista	Aug.	30	Brian	Bois	Sept.	5
Joseph	Gray (Brickey)	Aug.	30	Robert	Maness	Sept.	5
Linda	Collier	Aug.	30	Julie	Pouget	Sept.	5
LaDonna	Maness	Aug.	30	Tammy	Rogers	Sept.	5
Neesa	Nahmabin	Aug.	30	Darren	Cottrelle	Sept.	6
Kaden	Plain	Aug.	30	Ferne	Cottrelle	Sept.	6
Logan	Rogers	Aug.	30	Christopher	Dumouchel	Sept.	6
Rhonda	Rogers	Aug.	30	Sheila	Firth	Sept.	6
Gabriel	Smith	Aug.	30	Jason	Williams	Sept.	6
Melissa	Boone	Aug.	31	Tyler	Williams	Sept.	6
Amanda	Keusch	Aug.	31	Twila	Wilson	Sept.	6
Michael	Montemayor	Aug.	31	Kiona	Buffalo	Sept.	7
Renee	Rogers	Aug.	31	Justin	Firth	Sept.	7
Willard	Williams	Aug.	31	Beverly	Fisher	Sept.	7
Jordan	Adams	Sept.	1	Jennifer	Hiller	Sept.	7
Calvin	Chad	Sept.	1	Keegan	Kewaquom	Sept.	7
Owen	Freeman	Sept.	1	Trevor	Romlewski	Sept.	7
Wendy	George	Sept.	1	Landen	Cox	Sept.	8
Nathan	Gray	Sept.	1	Knute	Oliver	Sept.	8
Rayah	Isaac	Sept.	1	Yvonne	Williams	Sept.	8
Trevelyan	James	Sept.	1	Justin	Worsley	Sept.	8
Christopher	Joseph	Sept.	1	Laurie	Goulais	Sept.	9
River Fox	Rogers	Sept.	1	David	Oliver	Sept.	9
Alexander	Fisher	Sept.	2	Ashleigh	Pettit	Sept.	9
Karla	Laws	Sept.	2	Christopher	Pettit	Sept.	9
Darryl	Maness	Sept.	2	Tracy	Williams	Sept.	9
Kaiya	Rogers	Sept.	2	Gary	Bird II	Sept.	10
Duane	Stone	Sept.	2	Nickoma Earle	Cottrelle	Sept.	10
Jada	Williams	Sept.	2	Edward	Jacobs	Sept.	10

# Mino Dbishkaayin-Happy Birthday Aug. 28—Sept. 10, 2015

Connie	John	Sept.	10
Michele	Keusch	Sept.	10
Pamela	Plain	Sept.	10
Candice	Rogers	Sept.	10
Sandra	Stocum	Sept.	10
Noah	Stokes	Sept.	10
Meddie	Wood	Sept.	10



# EAGLE STAFF GATHERING

September 26 & 27, 2015

**Wiikwemkoong  
Unceded  
Territory**

Manitoulin Island, Ontario, Canada

*All Tribal eagle staffs, family eagle staffs, Native American Organizational Eagle Staffs are invited. All approved and registered eagle staff will be compensated with a room and a stipend. Advanced Registration Required by August 7, 2015.*

To register Eagle Staff carriers or to request further information, please contact the Wiikwemkoong Heritage Organization at (705) 859-2385 or toll free at (877) 859-2385 or email [dpeltier@wiikwemkongheritage.org](mailto:dpeltier@wiikwemkongheritage.org)

**Head Veteran:** George Martin, Robert Eshkibok/Robyn Eshkibok  
**Master of Ceremonies:** Ogimaa Duke Peltier & Chris Pheasant  
**Head Elder:** Willie & Marie Trudeau  
**Head Elder:** Ron Yellowman and Martina Osawamick  
**Arena Director:** Robert Stoneypoint  
**Invited Drums:** Wasse Abin Singers, High Eagle Singers  
**Honoured Guest:** Doris Boissoneau, Garrett Peltier

**(Camp Day  
September 25, 2015)**

**THIS IS AN ALCOHOL AND SUBSTANCE  
FREE EVENT!!**

Further information available at  
[www.wiikwemkongheritage.org](http://www.wiikwemkongheritage.org)



## CALLING ALL BOWLERS!

WE ARE LOOKING FOR BOWLERS FOR THE  
**SARNIA RESERVE FRIDAY NIGHT LEAGUE**

AT MARCIN BOWL IN POINT EDWARD

REGULAR LEAGUE BOWLING BEGINS FRIDAY, SEPTEMBER 11, 2015

BOWLING IS FROM 6:15 – 9:00 PM

IF YOU ARE INTERESTED IN BOWLING CONTACT ZEEBEE AT 519-332-1799

SACTION FEE IS \$25 / WEELY BOWLING \$20



## TRADITIONAL HEALING PROGRAM SEPTEMBER 2015

To schedule an appointment at either our London or Chippewa sites, please call 519-289-0352 and ask for **Stephanie Trudeau, Shkaabewis Kwe** with the Traditional Healing Service. Schedules are subject to change with short notice. Miigwetch/Yaw<sup>o</sup>ko/Thank you

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 Joanne Cheechoo London	3	4	5
6	7 <b>STAT</b> Labour Day	8 Richard Assinewai Chippewa	9 Richard Assinewai London	10 Richard Assinewai Outreach-Sarnia  Joanne Cheechoo London	11 Richard Assinewai Outreach-Kettle Point	12
13	14	15 Joanne Cheechoo Chippewa	16 Joanne Cheechoo Chippewa  Ernestine McLeod London	17 Ernestine McLeod Chippewa	18 Ernestine McLeod Chippewa-DEC	19
20	21 Bruce Elijah Chippewa	22 Bruce Elijah London	23 Elva Jamieson Chippewa	24 Elva Jamieson London	25 Joanne Cheechoo Chippewa	26
27	28	29	30	<p><b>BOOKING WITH JOANNE CHEECHOO:</b> Individuals with chronic illness, the elderly, and those supported by proper referral sources such as SOAHAC's Traditional Healers and Primary Care will be given priority for appointments.</p> <p>Please be advised, while visiting Traditional Healers are in office, your calls may not be returned efficiently by myself, speak with administrators for assistance. Miigwetch/Yaw<sup>o</sup>ko/Thank you</p>		

## Federal Elections - Sovereignty and Walking in Two Worlds

### August 25 2015

As a younger man I could not ever remember seeing the signs of a Federal Election on Nation Lands however the Aamjiwnaang properties are beginning to show support for a few of the Federal Parties in the October 2015 Election.

I was once a young Council member and learning the ways of Band Council politics, I began with Chief Ray Rogers (since passed away) and he brought me into the office a few days prior to an upcoming Anishinabek Nation Meeting on Nationhood. He requested of me to attend the meeting along with my Uncle Fred Plain (also since passed away) as he would require a ride to Sault Saint Marie. I agreed to the mission, and off Fred and myself went.

This was a time that the Feds were in Election mode again. So as a young man I decided to ask Fred about his views on Federal Politics and what a Nation member would do In an Election. We drove along for several Miles across the thumb of Michigan while Fred contemplated and put together his response for me. Fred began talking about the reason we were going to this meeting of the Anishinabek Nation. The reason we were going was to talk about Nationhood and how the Anishinabek Nation and its member communities were always a Sovereign Nation and we would work along with the governments of the day, not under them but along with them. In the Treaties we were partners not one over the other. In the Two Row Wampum it shows two rows one is the Europeans and the other is the Nations signatories to that agreement (two canoes travel together), we would travel together in unity but one would not interfere with the others Sovereignty and self-governing of each other's communities. This agreement is still there today.

So with that being said I rode along for a long time still thinking about the Election and what would I do in an Election of the Federals in Canada. The Canadian Government system says we all have a vote as Canadians. So I asked again.

Fred contemplated his answer once again and we rode for a long time (6 hours to Sault Saint Marie) and he answered my question in another manner. From the first Answer I gathered the Sovereignty issue but still felt I didn't get the Election answer.

Fred said "you asked me about Elections and how one would vote as a First Nation member" and I said "yes". Fred continued "So, with the belief in Sovereignty and Nationhood as soon as you place a vote into the Federal Election box you agree that the Canadian government has jurisdiction over you, and you can no longer speak of Sovereignty of your Nation."

This pretty much brought clarity to the issue for me (kind of blew my mind really) – Elders Wisdom.

Over my time working in the Chippewas of the Thames I went through training from the Executive Director Brenda Rivers (since left position) and one of her Professors that has worked all over the World and discussed a lot on the "Two World Views" and how we as Anishinabe must learn to walk in the two worlds but always having a belief in the Anishinabek ways and Traditions of your people.

This was also an eye opening experience as we as Anishinabe people still have a say even within the United Nations as they have passed a resolution on the "United Nations Rights of Indigenous Peoples" (a very good read on Indigenous Rights – UNDRIP).

Trained as a young man with Belief in the Sovereignty of the Nations and taught through Academics in the World view scenes I am still unsure of the ways in which my story will end as the two things do not mesh and I for one will not end it saying "you should do this, or you should do that".

The Assembly of First Nation has put forth a document showing the Federal Ridings where the First Nations can make that difference and turn the election in their favour. At their last "Big Chiefs Meeting" they were pushing for members to get out and vote because with the numbers in our communities can turn an election around in areas.

So, as you read the whole story I am trying to tell is we still have the Sovereignty and Nationhood of the Anishinabek Communities and there is a looming Federal Election in Canada in October 2015.

Tell you what, I am not going to tell you what to do or not to do, and you do not ask what I plan to do.

**To Vote or Not to Vote.... That is the Question.....Miigwech, Greg Plain**



Re: Raymond "Bode" Fisher

Our Family wishes to thank everyone for their kindness, thoughtfulness, generosity and sympathies.

There is no way to reason out why terrible things happen. You are only left wondering why.

We were happy to welcome Bode and his girlfriend Kyla to stay with us. She is quick to help out with chores. We were lucky to have Bode with us for his last month and a half.

We feel sorry for the other Family involved whom may lose their Father, Brother or Friend for a few years, through no fault of their own. What happened was a tragedy for all of us.

We thank everyone again for helping to ease our way.

Fisher Family and Friends



If you have stories that you would like to share, please submit them to the Editor at [editor@aamjiwnaang.ca](mailto:editor@aamjiwnaang.ca).

**“Handyman Work Wanted”**

**Painting, Drywall Repair, etc...**

**Need your Deck done?**

Eves troughs, Yard Work, Digging, Raking, Snow Removal, Weeding Gardens, etc... Grass cutting, Ditches Lawnmower repairs, any kind of work.

**Free estimates call**

**Rabbit at 519-344-2774**

**WANTED**

Musician to play the piano or organ, each Sunday and Special Occasions. Small stipend provided.

Apply to: St. Clair United Church,  
984 Tashmoo Ave.,  
Sarnia, ON N7T 7H5

**Notes from St. Clair United Church**

St. Clair United Church is looking forward to September!

Sunday school will be starting off with a family breakfast on Sunday, September 13th at 10 a.m. Children and families are invited to attend.

A Bible study will begin on Wednesday, September 23rd at 7:30 p.m. at the church. All are welcome.

Baptism is being celebrated on Sunday, September 27th during the regular worship service at 11 a.m. If you wish to have a child baptized, or you yourself would like to be baptized, please call Rev. Brenda Mac Main at 519-344-6119.





### 3-FAMILY YARD SALE

1736 St. Clair Parkway

Saturday, August 29, 2015  
8 AM - 2 PM

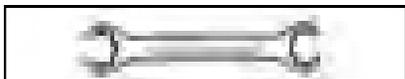


Fall Clothes, Children's,  
Men's and Women's.  
Household items



**TAX FREE *Plus***  
**COURTESY SHUTTLE**

Full Mechanical, Collision & Rust Repair  
on all Makes & Models



**OIL CHANGES • BRAKES**  
**SUSPENSION • TUNE-UPS • TIRES**

1069 Tashmoo Ave.  
Mon to Fri 8am - 5pm, Weekends 9am - 3pm

**Ken Plain: 519-336-6372**

[whiteplainsautobody@gmail.com](mailto:whiteplainsautobody@gmail.com)

### CHIPPEWA TRIBE-UNE

The next issue is due out on  
**Friday, September 11, 2015**

The deadline for  
submissions is  
Tuesday, September 8 at 4:00 pm

Please submit your documents in  
**Word, Excel, or Publisher** formats or info  
can be hand written; **jpeg** for pictures.

1972 Virgil Avenue  
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*Sandy Waring*  
Editor



### **MULTI-FAMILY YARD SALE**

1898 St. Clair Parkway  
(Sue Williams Place)

Fri., Aug. 27 & Sat., Aug. 28  
9 AM - 1 PM

Friday—Yellow Bean Soup—\$2.00  
Saturday—Scone Dogs—\$2.00



Household items, something for everyone!

