



AAMJIWNAANG FIRST NATION

Oct. 9, 2015

# CHIPPEWA TRIBE-UNE

Editor  
Sandy Waring

*Chief and Council Sponsored...*

*Family Day Trip!!!*

Canada's  
**Wonderland**

H A L L O W E E N  
**HAUNT**

Day & Halloween

Haunt Admission *(includes Buffet Dinner)*

*Halloween Haunt recommended for age 13 and over*

## Saturday, October 24

Bus leaves from Community Centre at 9:30 am

Leaves Wonderland at 10 pm

**94 Spots Available... Draw for Seats...**

Call the Community Centre to add your names to the list  
519-491-2160 - Draw to take place on October 15<sup>th</sup>

We are asking for a \$50 Deposit to hold your spots  
*(Deposit will be returned on the day of the trip.)*

Deadline for deposits is Oct 20<sup>th</sup>

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**NOTICE**

**Education Committee Vacancy**

There is a community member vacancy on the Education Committee. If you would be interested in serving on this committee for the rest of the 2015-16 term, please submit a letter of interest to Chief and Council by **4:00pm on Wednesday, October 28, 2015.**

**ATTENTION**

**AAMJIWNAANG RESIDENTS**

Aamjiwnaang First Nation is planning to conduct a live exercise to practice our Emergency Response Plan. There will be several objectives as part of this exercise designed to test certain parts of the Emergency Response Plan.

The exercise is scheduled to take place on:

October 28, 2015  
10 am until noon

The exercise will involve the daycare/school staff and children, Community Centre and staff, Public Works Staff, City of Sarnia Fire Department and Union Gas representatives. Aamjiwnaang’s Emergency Control Group will be meeting at the Community Centre. Virgil Avenue and Chippewa Cres. residents may be directly affected during the exercise.

More information will follow in the next edition.

Miigwetch

*Wilson Plain Jr.*  
Emergency Management Planner

Aamjiwnaang  
Population Stats  
**Current: 2337**



**COUNCIL AGENDA  
ITEM SUBMISSION  
DEADLINE!!**

**FRIENDLY REMINDER**

To whom it may Concern:

Please be advised that the Council Meeting Agenda Item deadline is the Wednesday prior to the Regular Council Meeting (RCM) at 4:00 p.m. (unless otherwise noted below). Sorry, no exceptions. Any items submitted after the deadline will placed on the next RCM Agenda/Meeting. RCM's are every 1st and 3rd Monday of each month. Should the RCM fall on a holiday, then it will be held on the following Tuesday.

Miigwech for your co-operation and understanding.

Respectfully,  
Lynn, A/Band Council Clerk

Please Note:

If you have any discussion items for  
Chief and Council on:

**Monday, October 19, 2015**

The deadline for submission is:

**Wednesday, October 14, 4:00 PM**



Aboriginal Affairs and  
Northern Development Canada

**IF YOU DO NOT HAVE THE  
MANDATORY IDENTIFICATION TO OBTAIN A STATUS CARD,  
PLEASE CALL: 1-800-567-9604**

- Advise the call centre representative that you want to obtain a Temporary Confirmation of Registration Document (TCRD).
- They will ask a series of questions to confirm your identity and then mail a Temporary Confirmation of Registration Document (TCRD) to you.
- **This document will state your registration number and can be used in place of a Status Card to access benefits and services.**

**Medical Travel Drivers**

Terry Plain (Monis)	...519-402-5535
Ron Simon	...519-330-7450
Sheila Firth	...519-383-1073
Mary Lou Williams	...519-337-9342
Carol Miller	...519-332-0751
Christine Plain	...519-466-0054
Fenton (Wimpy) Plain	H: 519-491-5248 C: 519-466-8717
Lorna Lawrence (no trips before 9:00 am)	H: 519-336-5088 C: 519-328-5247

**NOTICE**

**Aamjiwnaang School Bus  
Transportation Notifications**

Any change must go through the Aamjiwnaang Education Department

- Address change
- Telephone number update
- Change of School
- New students
- Bus Service no longer required

**Please advise the Education Department at the Band Administration Building of any changes at 519 – 336-8410**

**Diane Aiken ext. 246, or Vicki Ware ext. 247. Bus Drivers will only accept changes as approved by the Education Department.**

The Aamjiwnaang Bus Transportation Policy is available upon request. To ensure the bus safety of our students, we must all work together.

**TNT Auto Detailing & Upholstery**

*Call for free quote or to book appointment*

Owner: Greg Gray

1909 Virgil Ave-Sarnia, Ontario

(226)-349-1865

Auto Detailing

**Tuesday, October 20<sup>th</sup>, 2015**  
**Maawn Doosh Gumig Community Centre**  
1972 Virgil Avenue, Aamjiwnaang First Nation

# Making the Recommendations Real

**Understanding the 94 final recommendations of the  
Truth and Reconciliation Commission.**

Many wonder what that means to us as: individuals, communities of faith, community groups - both Aboriginal and Non Aboriginal. Come, join commissioner **Dr. Marie Wilson** as we discover ways to make the Recommendations Real.

[www.trc.ca/websites/trcinstitution/File/2015/Findings/Calls\\_to\\_Action\\_English2.pdf](http://www.trc.ca/websites/trcinstitution/File/2015/Findings/Calls_to_Action_English2.pdf)

**Pre-Registration must be received before October 5<sup>th</sup>, 2015**  
*(Due to limited space you must register for the meal)*

5:00 - 5:30 p.m. - Registration

5:30 - 6:30 p.m. - Indian Taco Feast *(limited to the first 150 registered)*

6:30 - 8:00 p.m. - Dr. Marie Wilson, Commissioner

Truth and Reconciliation Commission

*(An additional 100 people will be admitted)*

**RSVP Pre-Registration to Pat Whitton - before October 5th**

**Telephone: 519 344-2564 or Email: [whittons@xcelco.on.ca](mailto:whittons@xcelco.on.ca)**



Aamjiwnaang  
First Nation



County of  
Lambton



Right Relations Committee  
London Conference - U.C.C.

# Do you need to improve your computer skills for the workplace?



If you do, and you are 19 years of age or older, then come and join our free

6 week

## Computer Job Readiness Workshop at the Resource Centre

**Every Monday (2:30-4:00pm) and Friday (2:00-4:00pm)**

Starting on Monday, October 26 to Friday, December 4, 2015

To pre-register, call Terry (Monis) at 519- 336-8410 x 285, Mondays, Tuesdays or Thursdays between 9:30-2:30. Limited Spaces. Pre-registration required. Computers are provided.

**Presented by Aamjiwnaang's Literacy and Basic Skills Program**  
Part of Aamjiwnaang Alternative & Continuing Education (AACE)

**EMPLOYMENT  
ONTARIO**  
Ontario's employment & training network

### Job Search Websites

- A. **OFIFC**, <http://www.ofifc.org/>
- B. **Nokee Kwe**, <http://www.nokekwe.ca/>
- C. **Southern First Nation Secretariat**, <http://www.sfns.on.ca/index.html>
- D. N' Amerind Friendship Centre (London), <http://www.namerind.on.ca/>
- E. **Anishnawbe Health Toronto**, <http://www.aht.ca/>
- F. **SOAHAC** London, Chippewas of the Thames, Owen Sound, <http://www.soahac.on.ca/>
- G. **Six Nations** (Ohsweken, ON), <http://www.sixnations.ca/>

#### Other Job Search Engines:

- <http://www.aboriginalcareers.ca/>
- <http://ca.indeed.com/Aboriginal-jobs>
- <http://www.wowjobs.ca/jobs-aboriginal-jobs>
- <http://www.turtleisland.org/front/front.htm>
- <http://www.eluta.ca/>
- <http://www.monster.ca/>
- <http://www.workopolis.com/>
- <http://www.jobs.ca/>
- <http://www.servicecanada.gc.ca/eng/sc/jobs/jobbank.shtml>
- <http://www.ofifc.org/>

For Up-To-Date News and Information in the First Nations Political Arena you may visit the following sites:

Chiefs of Ontario visit:

<http://www.chiefs-of-ontario.org/>

Union of Ontario Indians visit:

<http://www.anishinabek.ca/>

Assembly of First Nations visit:

<http://www.afn.ca/>

Southern First Nation Secretariat

<http://www.sfns.on.ca/>

Aboriginal Affairs and Northern Development Canada

<http://www.aadnc-aandc.gc.ca/>

## **ANIMAL CONTROL OFFICER**

**Ron Simon**

**Text/Call 519-330-7450**

### **For animal control issues only!**

- Primary duties are to follow up on loose dog.
- complaints and monitor quarantined dogs.
- If you are a dog owner and your dog is loose, it is your responsibility to retrieve your dog.
- Traps available at Band Garage for use by community members. 519-336-0510



**Standard First Aid  
and CPR**

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**Refresher Course**



**Lunch Provided**

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**Please contact  
Melissa Medeiros  
At 519-336-8410  
to register**

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**OCTOBER 19-20  
FIRST AID & CPR**

The Aamjiwnaang Employment & Training Department will be offering the Standard First Aid & CPR Level C Training Course on Monday, October 19, 2015 and Tuesday, October 20, 2015.

If you already have your Standard First Aid & CPR certification and require the **1 day refresher course**, it will be held on **Tuesday, October 27, 2015 from 9:00am-4:30pm.**

**AAMJIWNAANG  
FIRST NATION  
Community Centre**

9:00am-4:30pm

Monday, October 19, 2015  
Tuesday, October 20, 2015



## ***CONGREGATE DINING***

...or “**Community Dining**” is designed to give our Seniors (55 years & older) an opportunity to enjoy a nutritious meal while socializing with others. In addition to the luncheon, short educational or entertainment sessions are often provided.

### **Criteria:**

- Be over the age of 55
- Must attend the luncheon

### **Cost: FREE!**

- Please note that there will no longer be any delivery except for in cases of extreme physical limitation. Must be assessed before approved.

LEFTOVERS will be given to any ill person or families in the community, frozen and saved for use in a near future meal, or given to the seniors in the community.

***PLEASE COME OUT AND ENJOY A DELICIOUS  
HOMECOOKED MEAL***

***VOLUNTEERS ARE ALWAYS WELCOME!***

**Call Peggy or Robin for more info 519-332-6770**



### **Seniors Congregate Dining Menu**

Oct. 14	Turkey dinner and fixings	Nov. 4	Meatloaf, mashed potatoes, veggie
Oct. 21	Cabbage, tuna casserole, carrots	Nov. 18	Chicken Stir Fry, rice
Oct. 28	Bloody Mac n Cheese, Eye balls, Brains, Bloody punch	Nov. 25	Ham, Scalloped potatoes, vegie

## Seniors:

It's that time again for the little ones at Daycare and Jr. Kindergarten to come trick-or-treating on **Thursday, Oct. 29th.**

They will be stopping at the Community Centre at **11 am.** The total number of children trick-or-treating is **30.** **You do not have to bring treats if you do not want to.**

Come on out and see all the little ghost and goblins at the Seniors Drop In Room.



## SENIORS HALLOWEEN LUNCH

Wednesday, Oct. 28  
12 pm.

*Seniors Drop In Room*

*PRIZES, FUN, GAMES!*

*Prizes for best costume if you would like to dress up!  
Please bring a canned good for the Aamjiwnaang Food Bank*

Please call Peggy, 519-332-6770,  
if you will be attending



# TRUNK OR TREAT

SAFE FUN FOR THE WHOLE  
FAMILY

Prizes for best decorated table!  
Last year we had approximately 175  
children

**Saturday, October 31**  
**Maawn Doosh Gumig**  
**Gymnasium**  
**5:00 - 7:00 pm.**

# HALLOWEEN

## MOVIE



## NIGHT

**Come out for a terror filled night in the spirit of Halloween  
Popcorn and Hot Chocolate**

**Friday, October 23rd, 2015  
Community Centre**

**7:00 pm Children's Movie  
9:00 pm Teens & Adult  
Everyone Welcome!**

**Please call the Health Centre for more information at 519-332-6770**



# HALLOWEEN DANCE PARTY



Wednesday, October 28<sup>th</sup>

Community Centre ~ 5:30 - 7:30 pm



Carved Pumpkin Contest

Best Costume Contest



DJ / Spot Dances

Food - Music - and...



Fun, Fun, Fun, for all ages!





# Senior's & Youth Fall Dinner & Language Bingo

*Wednesday October 21, 2015*

*5 pm*

*Community Center*

*30 Seniors / 30 Youth*

*( Youth Ages 10-18 yrs.)*

**Please Call Valerie at the Community  
Center to Sign-up-519-491-2160**



## Request for Tenders Seniors & Youth Fall Dinner

Roast Beef Dinner  
Mashed Potatoes, Gravy  
A Veggie, Coleslaw, dinner rolls,  
relish trays,  
Coffee, Tea, Juice or pop, Water  
Dessert & There needs to be some  
kind of diabetic Dessert  
Responsible for paper products  
65 People

Date: October 21, 2015  
Dinner at 5:00

Tenders in by : **October 13, 2015** by  
12:00.

Aamjiwnaang Community &  
Youth Center  
1972 Virgil Ave., Sarnia, ON,  
N7T 8E5  
Attn: Jamie Maness



# AAMJIWNAANG COAT DRIVE



We are requesting donations of the following items:

- Winter coats
- Snow pants
- Winter hats, scarves, mittens, gloves

We will accept all sizes (youth & adult) and ask that all items donated are in good condition. Please drop off all donations at the Health Centre by **Friday, October 30<sup>th</sup>**.

Community Give Away dates will follow.



**Thank you in advance for your support.**

If you have any questions please contact Roberta Bressette at 332-6770



**"BAND TOGETHER for HEALTH"**  
 Education, & Exercise Class



**Where?** Maawn Doosh Gumig Community Centre

**When?** Monday's from 2:00pm-3:30pm

Wednesday's from 10:00am—11:00am



**Call Dorothy at 519-332-6770 for more info**





### Working Group

Are you trying to stretch your household dollar further and further? Couponing, Cash back sites, & Price Matching Can help!

Come out and see what it's all about!

Thursday, October 15th

1pm - 2:30pm

Aamjiwnaang Health Centre



Draw for a \$25 Grocery Card!

For more information please contact Roberta or Trudy at 332-6770.

### Seniors Healthy Cooking Class Tuesday, Nov. 10/15 Health Centre 10:30 - 1:30

Please call Peggy to sign up or this event will be cancelled if not enough participants.

Call Peggy, 519-332-6770 to register and if you need a ride!



- \* Simple recipes made together
- \* Tasty food samples to take home
- \* Friendly conversation
- \* Healthy eating information
- \* Nutrition and health questions welcome



You're Invited

to

### MEN'S COOKING

Thursday, October 29th

11AM - 1PM

Aamjiwnaang Health Centre

Bring a Friend!



Learn to make delicious food with Healthy ingredients!

Call the Health Centre at 332-6770 to register.

Transportation Available



When gambling isn't fun anymore



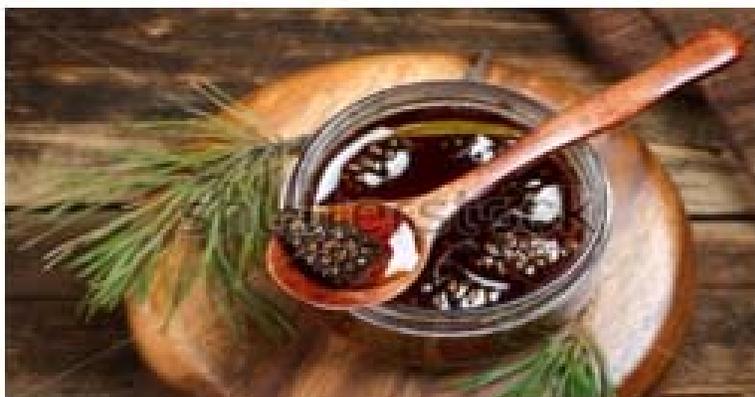
Live answer 24/7.

Confidential, anonymous & free.

We're here 1-888-230-3505

# MEDICINE WORKSHOP

## PINE CONE MEDICINES WITH ERNESTINE MCLEOD



*Ernestine (Esstin) comes from the Mississauga First Nation near Blind River, Ontario. She is an Anishnaabe mother and grandmother. Ernestine has studied and facilitated the healing benefits of medicinal plants and has been incorporating and promoting Aboriginal healing methods as a part of her practice for over twenty (20) years. She spends valuable time with Ojibwa elders in her territory and they have encouraged her to pursue her spiritual beliefs by developing and creating an awareness related to Anishnaabe Healing Methods for the people. Ernestine's life philosophy is, "Within the Circle of Life, Anishinaabe Healing Leads to Empowerment." Often, Ernestine will be asked to guide people through meadows and forests to teach them about the medicinal properties of local plants.*

**FRIDAY, OCTOBER 23RD**

**9am – 4pm**

**HEALTH CENTRE**

For more information please call the Health Centre at 519-332-6770.

## Travelling Seniors

# MEAT BINGO

All Scheduled Fundraisers are held at Maawn Doosh Gumig Youth & Community Centre

At 6 pm

2 Strip Book for \$15

(extra strip for \$5 more)

**Thursday, October 29, 2015**

**Kitchen opens at 5 pm**

Menu includes:

Hamburgers, Hotdogs, Soup



- Everyone Welcome to Play!
- Ages 10+ w/adult supervision
- Bring a Friend or more!!

Students, come out and get your volunteer hours

**Come on out and Support the Travelling Seniors!!**

## *Travelling Seniors News & Updates...*

Travelling Seniors hold monthly meetings the first Wednesday of every month at 6:00 pm at the Community Centre in the Seniors Room.

Next meeting will be

November 4.

Fundraising Bingos will be held on October 29 and November 26 . Plan to attend and support the travelling seniors!!

### **Attention High School Students!!**

If you are looking for volunteer opportunities please consider the Travelling Seniors functions and events. Your assistance would be

### **Language Classes**

With Francis Pawis every Tuesday from 6-8 pm Community Centre Room "C".

Everyone is welcome!

## Calendar of Events

### October 9 - October 22

<u>Date</u>	<u>Time</u>	<u>Event Name</u>	<u>Location</u>
Oct. 9, 10 & 11		No report of events	
Mon., Oct. 12		Thanksgiving Day - Band Office Closed	
Tues., Oct. 13	6 - 8 PM	Language Class with Francis Pawis	Community Centre
Wed., Oct. 14	9:30 AM - 3 PM	Traditional Healer - Wendy Hill New Parents Group - Making Moss Bags	Health Centre Community Centre
	9:30 - 11 am	Wab Kinew - Book Talk & Signing	Community Centre
	10 - 11 AM	Band Together for Health	Health Centre
	12 - 1 PM	Seniors Congregate Dinning	Community Centre
	3:30 - 6 PM	After-School Program	Community Centre
	5 - 7:30 PM	Head Start - Pumpkin Craft	Community Centre
Thurs., Oct. 15	10:30 AM - 12:30 PM	Traditional Healer - Wendy Hill HB/HC - F.A.S.D. Presentation with Chochi	Health Centre Community Centre
	1 - 2:30 PM	Couponing 101	Health Centre
	3:30 - 6 PM	After-School Program	Community Centre
	4 - 6 PM	Youth Relationships Program	Health Centre
	5 PM	Health Committee Meeting	Health Centre
	5 PM	Housing Committee Meeting	Band Office
	Oct. 16, 17 & 18		No report of events
Mon., Oct. 19	9 AM - 4:30 PM	CPR Training	Community Centre
	10:30 AM - 1:30 PM	Head Start - Painting Pumpkins	Community Centre
	12:30 - 1:30 PM	Mobile Market	Community Centre
	2 - 3:30 PM	Band Together for Health	Health Centre
	3:30 - 6 PM	After-School Program	Community Centre
	5 PM	SFPY	Health Centre
	5 PM	Council Meeting	Band Office
		Federal Election	
Tues., Oct. 20	9 AM - 4:30 PM	CPR Training	Community Centre
	5 - 8 PM	Making the Recommendations Real	Community Centre
	5 PM	Environment Committee Meeting	Band Office
	5 - 7 PM	Family Support Group	Health Centre
	6 - 8 PM	Language Class with Francis Pawis	Community Centre

## Calendar of Events (continued)

October 9 - October 22

<u>Date</u>	<u>Time</u>	<u>Event Name</u>	<u>Location</u>
Wed., Oct. 21	9:30 - 11:30 AM	Caring Connections Nurturing Program	Health Centre
	10 - 11 AM	Band Together for Health	Health Centre
	12 - 1 PM	Seniors Congregate Dinning	Community Centre
	3:30 - 6 PM	After-School Program	Community Centre
	5 - 7:30 PM	Head Start - Activity TBA	Community Centre
	5 PM	Seniors & Youth Fall Dinner & Language Bingo	Community Centre
Thurs., Oct. 22	10:30 AM - 12:30 PM	HB/HC - Halloween Craft	Community Centre
	3:30 - 6 PM	After-School Program	Community Centre
	4 - 6 PM	Youth Relationships Program	Health Centre



**LIVING LIFE TO THE FULL**  
helping you to help yourself

8 weeks that will change your life.



Topics Include



TUESDAY'S

Date: October 27<sup>th</sup> – December 15<sup>th</sup>  
Time: 2pm- 4pm  
Where: Aamjiwnaang Health Centre

Space limited.

Please call the Health Centre at 332-6770 to sign up.

Transportation Available.





# Aamjiwnaang First Nation “on reserve” 2015 Mobile Veterinary Spay/Neuter & Wellness Clinic



**Veterinary Spay/Neuter Clinic Day 1 &2**  
**Veterinary Wellness Clinic Day 3**

**October 23,24**  
**October 25**

### **Veterinary Spay/Neuter Mobile Clinic**

Aamjiwnaang will cover \$40.00 for the FIRST 25 spay or neuters of either cats or dogs; therefore the first 25 band members only pay \$40/CAT spay or neuter; or \$100/DOG spay or neuter

**Canine (male or female)**  
\$140 flat rate per dog whether adult/puppy  
Includes physical examination, spay/neuter and microchip.

**Feline (male or female)**  
\$80 flat rate per cat whether adult/ kitten  
Includes physical examination, spay/neuter and microchip.

An additional cost of \$20 can be paid to include rabies vaccination, core vaccinations (Dogs: DA2PP and Cats: FVRCP) and dewormer.

### **Veterinary Wellness Clinic**

Note that having the Wellness Clinic on Day 3 will allow spay/neuter clients to return if there are any reactions or complications.

**Canine and Feline**  
\$20 fee for a full physical examination and consultation, rabies vaccination, core vaccinations (Dogs: DA2PP and Cats: FVRCP), dewormer if needed, and microchip

**Contact: Roberta Bressette**  
**Aamjiwnaang Health Centre**  
**(519) 332-6770 to register and prepay**

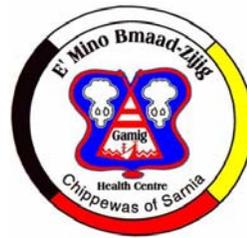
### **Heartworm Testing**

Heartworm test (dogs only) will be included if donations permit, otherwise an additional cost of \$30 will be required.

This can be paid on clinic day to the Health Centre Representative in the morning unless the test is available as a donation.

If heartworm test is negative then a free dose of Proheart (moxidectin) injection preventative is administered for the remaining heartworm season; all heartworm positive dogs must have some education done by the Veterinarian as well; it will be up to residents to treat the animal at a nearby clinic if their dog is heartworm positive; heartworm positive dogs will be provided with information for the nearest clinic for treatment at the rate of that clinic.

# NAAAW



## 2015 National Aboriginal Addictions Awareness Week

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### Call for Nominations

The 2015 NAAAW Committee would like to announce  
a call for nominations for the

*“Bertha Adams Award for Living the Good Life”*

To be eligible one must live a healthy lifestyle, experience a life altering change  
of overcoming addiction. Must be the age of 26 or older.

AND

The *“Peggy Bird Award for Youth Living the Good Life”*

This award is for those ages 13—25. To be eligible the nominees must  
abstain from substances; exhibit excellent attendance at school or have  
graduated, and must be actively involved in the community.

To nominate a candidate please write a paragraph or two explaining  
why you believe your nominee should receive the award. You can  
email the submission to [tgeorge@amjiwnaang.ca](mailto:tgeorge@amjiwnaang.ca) or drop it off at the  
Health Centre.

**DEADLINE:**

**NOVEMBER 9th @ 4:00PM**

Please feel free to call if you have questions or concerns.  
519-332-6770



## Healthy Babies/Healthy Children and Head Start

Monday, October 12 <sup>th</sup>	Thanksgiving No Program
Wednesday, October 14 <sup>th</sup>	9:30 a.m. to 3:00 p.m. New Parents Group-Moss Bags Sign-up 5:00 p.m. to 7:30 p.m. Pumpkin Craft
Thursday, October 15 <sup>th</sup>	10:30 a.m. to 12:30 p.m. F.A.S.D. Presentation with Chochi
Monday, October 19 <sup>th</sup>	10:30 a.m. to 1:30 p.m. Painting Pumpkins
Wednesday, October 21 <sup>st</sup>	5:00 p.m. to 7:30 p.m. Activity T.B.A.
Thursday, October 22 <sup>nd</sup>	10:30 a.m. to 12:30 p.m. Halloween Craft
Monday, October 26 <sup>th</sup>	10:30 a.m. to 1:30 p.m. Kids in the Kitchen: Spooky Foods
Wednesday, October 28 <sup>th</sup>	Community Halloween Dance
Thursday, October 29 <sup>th</sup>	10:30 a.m. to 12:30 p.m. Nutrition with Nikki

### *Masters Chair*

*Full Service Hair Salon*

**107 Mitton St. N**

**Open Tues thru Sat 9:00 am to 4:00 pm**

*Evenings by appointment only !*

Call 519-328-4066

### **RP Home Renos**

**Interior and Exterior**

**For free estimates 7 days a week call**

**Ryan Pitre—519-312-7537**





## Aamjiwnaang Caring Connections Nurturing Program

For Women with Substance Misuse Issues  
who are Pregnant or Parenting Children

This program's focus is to help mothers learn to balance their recovery from substance use with being the best parent she can be to her children. These roles are often viewed as being at odds with each other as a woman learns that she is supposed to be as selfish in her recovery as she was in her addiction while acknowledging that being a parent is one of the most selfless roles a woman fulfills in her life. This program teaches a woman to nurture herself in her recovery as she learns to nurture her child so the roles can be parallel to allow a woman to effectively manage both roles. The program aims to improve and strengthen the relationship between mother and child to improve outcomes for their newborns, infants and children while strengthening a mother's path to recovery.

**12 week program to be held weekly  
On Wednesday from 9:30am-11:30am**

**Starts October 21, 2015**

**\*\*Individual Sessions are available as well.**

**Call to set up an appointment\*\***

**Location: Aamjiwnaang**

**Contact:**

Charity Smith @ 519.328.1683 OR

Tracey George @ 519.332.6770



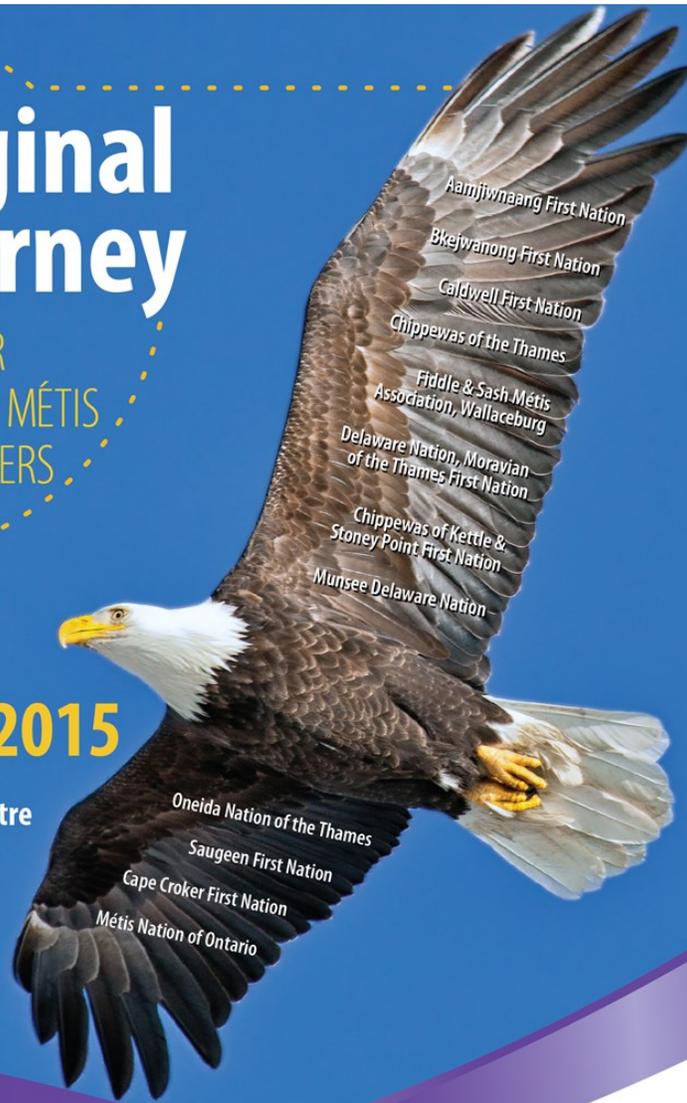
# The Aboriginal Cancer Journey

A GATHERING FOR  
FIRST NATIONS, INUIT & MÉTIS  
COMMUNITY MEMBERS

## Friday Nov. 6th, 2015

Maawn Doosh Guming Community Centre  
1972 Virgil Avenue, Sarnia, Ontario

9 -10 am: Registration and Breakfast  
10 am - 4 pm: Conference



## All are welcome.

- Hear stories firsthand from First Nations people, physicians and health care providers
- An interactive and informative day
- Learn about the cancer journey for patients and their families
- Get information and tips on the prevention and early detection of cancer
- Connect with local and regional resources and supports



## REGISTER TODAY!

### Registration Contact Name

Dorothy Gilbert.  
Email: [dgilbert@aamjiwnaang.ca](mailto:dgilbert@aamjiwnaang.ca)  
Phone: 519-332-6770

### Information Contact Name

Gail Nahmabin  
Email: [gnahmabin@aamjiwnaang.ca](mailto:gnahmabin@aamjiwnaang.ca)  
Phone: 519-332-6770 Ext 23

**Registration Deadline:** October 15, 2015

# Grief & Loss Counselling Services

Through grief/trauma counselling, Tina can help you work through distressing experiences. Regardless of the kind of loss you're facing, Tina can help guide you through your grief and help you learn healthy ways to cope with your loss/trauma.

Tina provides confidential care and support for individuals, couples and families across the lifespan who are facing difficult seasons in their lives.

Please contact Aamjiwnaang Health Centre to speak with Tracey



## Caring Hearts Children's Program Calendar October 2015

475 N. Christina St. Sarnia ON  
519-337-0537



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Bereavement Group - Closed, weekly sessions for 6 weeks.                      Anticipatory Support - Open, bi-weekly drop-in for children dealing with the terminal illness of a loved one.                      *All children must have an assessment before entering any of the groups. Please contact the program coordinator, Orley Culverhouse to set up an appointment.</p>				1	<p><b>Upcoming fall programs:</b></p> <ul style="list-style-type: none"> <li>*Bereavement group Ages 10-13, (6 wks) October 28—December 2</li> <li>*Bereavement group Ages 9—12, (6 wks) November 5—December 10</li> <li>*Bereavement group Ages 3—6, (4 wks) November 17—December 8</li> <li>Children's Grief Awareness Day Thursday November 19, 2015                      *These dates are tentative and may be changed due to availability.</li> </ul>	
4	5	6	7	8 <b>Volunteer Meet and Greet: 3pm</b>		
11	12 <b>Thanksgiving</b> 	13	14	15 Anticipatory Grief Group (Drop in) 3pm—4pm	16	17
18	19	20	21	22	23	24
25	26	27	28 Bereavement Group (Ages 10-13) #1 4pm—5:30pm	29 Anticipatory Grief Group (Drop in) 3pm—4pm	30	31 <b>HALLOWEEN!</b> 
<p>Contact: Orley Culverhouse, Children's Program Coordinator                      519-337-0537 x 114 or oculverhouse@sjhospice.ca</p>						

## Strategies to Reduce Stress

Found from Student Health Services at the University of Windsor 2015

### Signs and symptoms of stress:

Sleep disturbances, skin rashes, decreased/increased appetite, heart problems, increased blood pressure, decreased sex drive, migraines or headaches, increased tobacco/alcohol/upper use, increased fatigue and illness, increased difficulty making decisions or concentrating and decreased motivation.

If you are experiencing any of the above, here are a few ways you can “chill out”:

1. **Physical Exercise** – “stored energy” that results from one’s stress response will cause you to become tense if it isn’t released. Release it through exercise that you enjoy and can do on a regular basis. Walking, biking, swimming, aerobics, sports, climbing stairs, etc. for 30 minutes/day.
2. **Diet** – A balanced diet, based on a variety of foods is a major defense against stress.
3. **Emotional/Social Outlet** – Form a support system for yourself. It is important that you have people to talk to and people who can talk to you. Being able to express the way you are feeling, even in writing, helps you to sort out your thoughts and deal with them constructively. Otherwise, give yourself a change of scenery. Go out for coffee or lunch somewhere new.
4. **Pets** – Just talking to an animal has been shown to slow the heart rate to below its normal resting state (which is the goal of relaxation therapies). Hugging a pet can help satisfy the human need for touch.
5. **Progressive Relaxation** – Begin by sitting or lying in a comfortable position. Close your eyes and focus on the various muscles in your body, group by group. Tense the muscles in your hand, make a tight fist. Then let your fist open and allow your entire hand to relax. Continue this procedure with each muscle group in your body: your feet, calves, thighs, buttocks and pelvis, forearms, upper arms, stomach, upper back and shoulders, jaw, forehead, eyes. Start at the bottom and work up. When all muscle groups are relaxed, remain in this state of deep relaxation for 10 minutes. Then allow yourself 5 more minutes to slowly emerge from your relaxed state. Or, do the exercise just before sleep and slip off into oblivion.
6. **Visualization** – Use fantasy to counteract stress. Close your eyes and think.. e.g. visualize a beautiful beach, curling waves, sparkling sand, palm trees... and you’re there, a million miles away. Keep this picture in your mind until a calming sensation takes over – usually in about 10 minutes.
7. **Yell “STOP”** – When you are feeling overwhelmed and stressed tell yourself out loud to “STOP!” Re-group, tell yourself you can handle this, and figure what you have to do and when. Realistically schedule your time and stick to it! Make a to-do list and post it somewhere to remind yourself. Set your priorities, schedule your time accordingly with breaks in between (so you don’t burn out) and you’ll get through it. You have in the past, if you’ve made it this far, and you can do it again.
8. **Meditation** – Pick a quiet, warm spot where you will not be interrupted and where you can sit or lie comfortably. Clear your mind of all thoughts – many people find concentrating on a one syllable word or sound helps – clearing your mind will relax your body. Your breathing and heart rate should slow. Imagine stress and tension running out of your body into the ground.
9. **Relabeling** – Change your perception on things. Changing your attitude toward a task or situation will help you approach it in a more positive way. Think of things as challenges to work up to and a chance to excel, not a threat that can destroy you.
10. **Atmosphere and Aromatherapy** – When doing relaxation techniques or just lying around, set the mood with some soft music, low lighting and pleasant aromas. You’ll be surprised how much the environment can affect your stress level.



# LOOKING FOR FOSTER PARENTS

Eagle's Nest: A Place to Soar, Inc.

**"We are looking for families". Will you open your homes? Be a loving foster parent & role model to Native children in CAS care.**

**We all need to feel safe, wanted and loved.**

**Will you welcome a child into your Nest, you do not have to be native, we provide cultural teaching.**

**EAGLE'S NEST: A PLACE TO SOAR, INC.  
FOSTER CARE Agency**

**Eagles Nest - will complete Home Studies and prepare you to be A Foster parent.**

**Licensed by: Ministry of Children & Youth Services**

**Accredited by: CARF International**

**Please call 519-439-3000 Ext 202**

[www.eaglesnestinc.ca](http://www.eaglesnestinc.ca)

## Found a needle? Protect yourself. Dispose of it safely!

Children must be taught to never touch a discarded needle, but to show an adult where it is. Adults can safely pick up and dispose of a found needle by following the steps below.

You will need:

- Pliers, tongs, or tweezers
- A non-breakable, puncture proof container with a screw-top lid – like a thick plastic jar, empty bleach or fabric softener bottle



Take the pliers and container to where the needle is.

Place the container on a stable surface.

Use the pliers to carefully pick up the needle.



Hold the needle tip away from you.

Be careful not to prick yourself with the needle.



Carefully put the needle into the container, needle end first.

Close the container tightly.

Wash your hands.



Do not dispose of needles in your curbside garbage or Blue Box containers.

Please drop off discarded needles at the Health Centre.

# Mobile Market 2015

Coming to a  
community near yo



**Mondays – Petrolia, Corunna & Aar**

**Petrolia**—Food Bank—4156 Petrolia I  
9:30—10:30

**Corunna** – All Saints Anglican – Hill St  
11:00 – 12:00

**Aamjiwnaang** - Community Centre Pavilion  
12:30 – 1:30

**Tuesdays – Forest, Thedford & Kettle Point**

**Forest** – Contact House - 6276 Townsend Line  
9:30 – 10:30

**Thedford** – Meadowville – 76 Mill Street St.  
11:00 – 12:00

**Kettle Point** – Hillside School – 6265 Indian  
Lane 12:30 – 1:30

**Wednesdays—Watford & Alvinston**

**Wyoming**—587 Ontario Street 9:15—10:15

**Watford**—United Church—555 Ontario Street  
10:45—11:45

**Alvinston**—Township Office—3236 River Road  
12:15—1:15

**Fridays – Sarnia**

**Rogers St.** – parking lot 9:30 – 10:30

**Kathleen Ave** – park 11:00 – 12:00

**Veteran’s Park** – Victoria St N 12:30 – 1:30

**YMCA Learning & Career Centre**—660  
Oakdale Ave.—2:00—3:00

**Until the end of October**

## Accessing the Mobile Market

To access the Mobile Market, please bring one of the following:

- The Inn or any food bank client card
- ID and proof of residence in Lambton County or Co-op Housing
  - Proof of social assistance income (OW or ODSP or OAS)



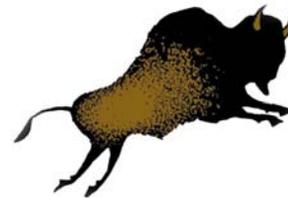
**The Inn**  
Of The Good Shepherd  
Caring hands of the community

Est. 1981

## RedPath Addictions Program

Starts September 29, 2015

For more information contact:  
Robin Maness or Sue Rogers  
Health Centre: 519-332-6770  
Massaged: 519-383-0404



## Wendy Hill Traditional Healer

October 14 - 15, 2015

Please call the Health Centre  
to book an appointment.

519-332-6770

## FEDERAL ELECTION

The Federal Election is on October 19, 2015.

If you want to check to ensure that you are on the voters list please contact Cheryl Williams through Elections Canada. Their numbers are:

Toll Free: 1-866-281-4745 or they have a reception office at: 519-344-6270

### Have your ID ready Three options to prove your identity and address

#### 1 Show one of these pieces of ID

- your driver's licence
- your provincial or territorial ID card
- any other government card with your photo, name and current address



or

#### 2 Show two pieces of ID

At least one must have your current address.

- |  |   |  |
|--|---|--|
| <ul style="list-style-type: none"> <li>• health card</li> <li>• Canadian passport</li> <li>• birth certificate</li> <li>• certificate of Canadian citizenship</li> <li>• citizenship card</li> <li>• social insurance number card</li> <li>• Indian status card</li> <li>• band membership card</li> <li>• Métis card</li> <li>• card issued by an Inuit local authority</li> <li>• Canadian Forces identity card</li> <li>• Veterans Affairs health card</li> <li>• old age security card</li> <li>• hospital card</li> <li>• medical clinic card</li> <li>• label on a prescription container</li> <li>• identity bracelet issued by a hospital or long-term care facility</li> <li>• blood donor card</li> <li>• CNIB card</li> </ul> | <ul style="list-style-type: none"> <li>• credit card</li> <li>• debit card</li> <li>• employee card</li> <li>• student identity card</li> <li>• public transportation card</li> <li>• library card</li> <li>• liquor identity card</li> <li>• parolee card</li> <li>• firearms licence</li> <li>• licence or card issued for fishing, trapping or hunting</li> <li>• utility bill (e.g. electricity; water; telecommunications services including telephone, cable or satellite)</li> <li>• bank statement</li> <li>• credit union statement</li> <li>• credit card statement</li> <li>• personal cheque</li> <li>• government statement of benefits</li> <li>• government cheque or cheque stub</li> <li>• pension plan statement</li> <li>• residential lease or sub-lease</li> </ul> | <ul style="list-style-type: none"> <li>• mortgage contract or statement</li> <li>• income tax assessment</li> <li>• property tax assessment or evaluation</li> <li>• vehicle ownership</li> <li>• insurance certificate, policy or statement</li> <li>• correspondence issued by a school, college or university</li> <li>• letter from a public curator, public guardian or public trustee</li> <li>• targeted revision form from Elections Canada to residents of long-term care facilities</li> <li>• letter of confirmation of residence from a First Nations band or reserve or an Inuit local authority</li> <li>• letter of confirmation of residence, letter of stay, admission form or statement of benefits from one of the following designated establishments:               <ul style="list-style-type: none"> <li>- student residence</li> <li>- seniors' residence</li> <li>- long-term care facility</li> <li>- shelter</li> <li>- soup kitchen</li> </ul> </li> </ul> |
|--|---|--|

We accept e-statements and e-invoices. Print them or show them on a mobile device.

or

#### 3 If your ID does not have your current address, take an oath

Show two pieces of ID with your name and have someone who knows you attest to your address. This person must show proof of identity and address, be registered in the same polling division, and attest for only one person.

Ready  
to vote

Additional pieces of ID may be added.  
Visit [elections.ca](http://elections.ca) or call 1-800-463-6868.

 Elections Canada  
EC 90189 (07/2015)

# Mino Dbishkaayin-Happy Birthday Oct. 9—Oct. 22, 2015

Brian	Adams	Oct.	9	Christian	Rogers	Oct.	16
Tabatha	DeWit	Oct.	9	Ryan	Rogers	Oct.	16
Dallas	Plain	Oct.	9	John Wayne	White	Oct.	16
Danielle	Rogers	Oct.	9	Jennifer	Whiteye	Oct.	16
Muriel	Rogers	Oct.	9	Barry	Baker	Oct.	17
Bridan	Hardcastle	Oct.	10	Shelley	Kraan	Oct.	17
Nadine	Elie	Oct.	10	Derrick	Oliver	Oct.	17
Thomas	Slade	Oct.	10	Stephanie	Rogers	Oct.	17
Cheyenna	Williams	Oct.	10	Christie	Smith	Oct.	17
Philip	Joseph	Oct.	11	Damian	Smith	Oct.	17
Allen	Maness	Oct.	11	Kree	White	Oct.	17
Cassandra	Plain	Oct.	11	Daniel Jason	Williams	Oct.	17
Jay	White	Oct.	11	Myrna	Williams	Oct.	17
Alyssa	Johnson	Oct.	11	William	Smith	Oct.	18
Michael	Adams	Oct.	12	Daniel	Brown	Oct.	18
Allan Dale	Rogers	Oct.	12	Corey	Hanna	Oct.	18
Denise	Buchanan	Oct.	13	Trisha	Nahmabin	Oct.	18
Christin	Dennis	Oct.	13	Neil	Riley	Oct.	18
Ericca	Plain	Oct.	13	Tawnya	Sandy	Oct.	18
Dean	Reid	Oct.	13	Lana	Forestell	Oct.	19
Constance	Robinson	Oct.	13	William Robert	George Jr.	Oct.	19
Stephanie	Lock	Oct.	14	Shawn	Lamb	Oct.	19
Isaiah	Joseph	Oct.	14	Tracey	Parker	Oct.	19
Mary Ann	Joseph	Oct.	14	Christina	Large	Oct.	20
Sherry	Rogers	Oct.	14	Denise	Wright	Oct.	20
Amber	White	Oct.	14	Siddra	Yellowman	Oct.	20
Olivia	Cloud	Oct.	15	Rara	Bird	Oct.	21
Desirre	Knowles	Oct.	15	Gregory	Maness	Oct.	21
Mary	DeGurse	Oct.	15	Keegan	Nahmabin	Oct.	21
Nicholas	Elijah	Oct.	15	Jeffery Edward	Plain	Oct.	21
Gordon	Gray Jr.	Oct.	15	Alexander	Rogers	Oct.	21
Madison	Joseph	Oct.	15	Cara	Adams	Oct.	22
Tyson	Morales-Rogers	Oct.	15	Linda	Dunn	Oct.	22
Tammy Dorothy	Plain	Oct.	15	Richard Kelly	Bressette II	Oct.	22
Diane	Rogers	Oct.	15	Nash	Broines Jr.	Oct.	22
James	Sandy	Oct.	15	Shawn Allan	Little II	Oct.	22
Joshua	Sandy	Oct.	15	Robin	Maness	Oct.	22
Jessica	Smith	Oct.	15	Chasity	Martens	Oct.	22
Roy	Adams	Oct.	16	Noble Patrick	Nahmabin	Oct.	22
Karen	Gold	Oct.	16	Avery	Robertson	Oct.	22
Brianne	Lediet	Oct.	16	Joseph Leroy	Rogers	Oct.	22
Vicki	Maydwell	Oct.	16	Raymond	White	Oct.	22

# Mino Dbiskkaayin-Happy Birthday Oct. 9—Oct. 22, 2015

Michael Paul Williams Oct. 22

Happy Birthday Uncle Derrick  
When is the pop & chip party?  
Love, DeeJay

Happy 19<sup>th</sup> Birthday  
Hope you have a great day  
Love, Mom & Knute

Happy Birthday Auntie  
Hope you have a great day  
Jaicene, Justin, Shy & DeeJay

Happy Birthday Uncle Derrick  
Love, Jaicene, Justin & Shy

Happy Birthday Josh & James  
Hope you have a great one.  
Love always, Knute, Jenn, Twins & Shy

Happy Birthday sister  
Love you always, Knute & Jenn

Happy Birthday Derrick  
Love always, Knute & Jenn



## 1<sup>ST</sup> AAMJIWNAANG CUB SCOUTS



On Monday, October 5, 2015, Chief and Council approved funding for a Cub Scouts Program, under the guidance of Scouts Canada.

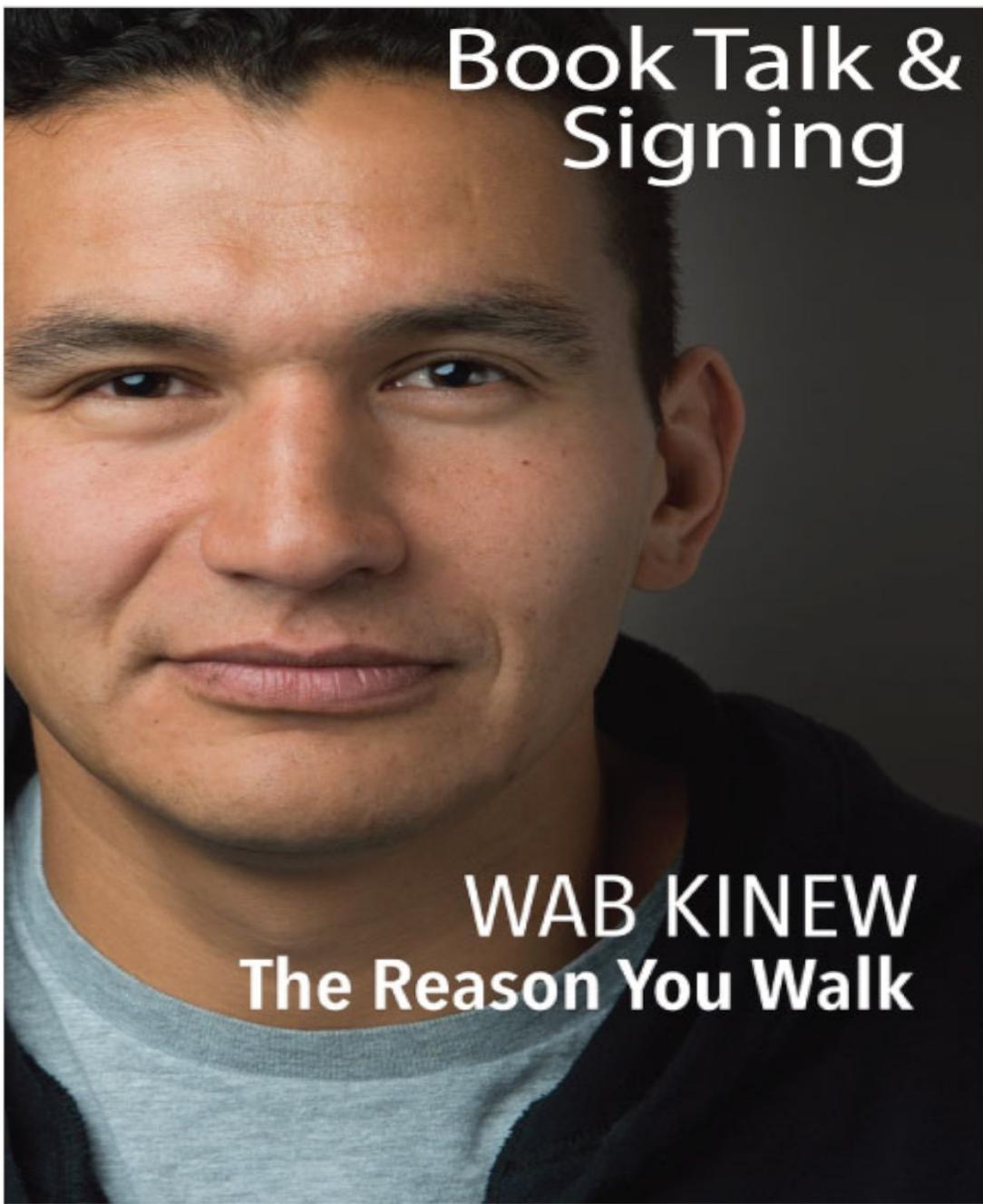
**Twelve (12)** spots are available for children 8, 9 and 10 years old. Uniforms will be provided.

**Volunteers** are needed for: Two (2) Group Leaders, a Secretary, and Treasurer.

Screening and Training of the Group leaders is required before a Cub Scouts Program can begin.

**PLEASE CONTACT JOANNE ROGERS AT: (519) 337-7362 A.S.A.P. IF YOU WOULD LIKE TO VOLUNTEER YOUR TIME, ENERGY AND ENTHUSIASM as a Group Leader, Secretary or Treasurer and to sign up your child for Cubs!**

**“Scouts is the start of something great”!**



Tuesday, October 13th ~ Sarnia Library Auditorium ~ 7 p.m.  
Tickets \$10 @the book keeper

Wednesday, October 14th ~ Maawn Doosh Gumig  
Community & Youth Centre  
9:30 ~11:00 a.m. ~ Free ~ All Welcome



# Aamjiwnaang First Nation

## Instructional Hockey Program

### Five and Six Year Olds

Learn the basic fundamental of skating, stopping, puck handling and shooting.

#### Session One

The basic fundamental of skating will be 8 sessions at Mooretown Arena starting October 10 Saturday 5:00 to 6:00

#### Session Two

Hockey basis will be Exhibition games and practices 8 sessions January 2 to March 12 2016

### EQUIPMENT REQUIREMENTS

- Helmet with mask or shield is a must (No bike helmets)

#### Optional

Hockey stick, Hockey gloves, Elbow pads, Shin pads, Hockey pants, Shoulder pads

**Cost \$30.00**

### Registration Form

Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

For more information contact Jim Maness 519 332-0410 or Jamie Maness at Community Centre 519 491-2160



### How to Help

Find the right time and place to talk. Be calm, caring, non-threatening. Listen. Talk about the concerns by using facts and accurate information. Encourage the person to see a doctor. Encourage the person to seek professional help.

### Where to Get Help

Emergency 911

Kids Help Phone 1-800-668-6868

Distress Line 519-336-3000

LGBTQ Two Spirited Youth Line 1-800-268-9688 Text: 647-694-4275

Bluewater Health Addictions and Problem Gambling 519-464-4400 ext. 5370

Withdrawal Management 519-332-4673

Women's Interval Home 51-336-5200

Sarnia-Lambton Children's Aid Society 519-336-0623

Westover Addiction Assistance 1-800-721-3232

Windsor Withdrawal Management (detox) 519-257-5225

Grand River Withdrawal Management (detox) 519-749-4318

London Withdrawal Management (detox) 519-432-7241

Lambton Mental Health Crisis Line 519-336-3445

Victim Services Support Line 1-888-281-3665 ext. 5238

Alcoholics Anonymous 519-337-5211

Drug & Alcohol Registry of Treatment 1-800-565-8603

Aamjiwnaang Mental Wellness 519-332-6770

Pregnancy Centre 519-383-7115

Sexual Assault Victims 519-337-3320

Problem Gambling 1-888-230-3505

For more information or support please call 519-332-6770

# Aboriginal Artists in Schools



A funding program to support Aboriginal artists and Elders to teach arts workshops in schools.

To find out more:  
1 800 387 0058 ext 7401 or 416 969 7401  
[tgitersos@arts.on.ca](mailto:tgitersos@arts.on.ca)



ONTARIO ARTS COUNCIL  
CONSEIL DES ARTS DE L'ONTARIO  
an Ontario government agency  
un organisme du gouvernement de l'Ontario

COPIES OF FURTHER INFORMATION IS AVAILABLE IN THE BAND OFFICE LOBBY.

# ACTIVE THROUGH ART

## AN INSPIRED PROGRAM FOR SENIORS

### Get On The Art Bus!

With Lambton Elderly Outreach, we are proud to offer accessible transportation to and from Kettle & Stony Point, Forest, Aamjiwnaang, Petrolia, and Sarnia. Available for participants who would otherwise be unable to attend. **FREE, but capacity limited. RSVP required.**

### Behind the Scenes | October 7, 1:00 - 3:00 pm

Learn what goes into hosting an exhibition like the *Masterworks from the Beaverbrook Art Gallery*, see the vault with the JNAAG's Permanent Collection, tour the gallery exhibitions, and more.

### Arranging Beauty | October 28, 1:00 - 3:00 pm

Be inspired by the floral beauty and symbolism in selected art works and learn how to create an outstanding floral display. Led by Margaret Taylor, Coordinator of Floral Design at the Toronto Botanical Garden.

### Through Generations | November 18, 10:00 am - 12:30 pm

After looking at artworks depicting stories from the past, participants will team up in intergenerational pairs to share their unique stories that will then be represented in paint.

### Tis the Season | December 9, 1:00 - 3:00 pm

Get a dose of seasonal cheer with some delightful winter scenes from our exhibitions. Then, share in the community spirit through a group potluck and an interesting workshop where we get to play with food as art.

### Dance, Line, and Rhythm | January 13, 1:00 - 3:00 pm

Great artwork can often portray and embody a sense of rhythm, movement, speed, and repetition. After exploring examples in our exhibitions, we will replicate the visual experience with our bodies.

### Portrait of a Lifetime | February 3, 1:00 - 3:00 pm

The best portraits display the sitter's identity and go beyond mere representation. Consider the key to representing yourself and then choose five symbols to make a non-representational self-portrait.

RSVP to attend workshop(s), or for the Art Bus, by contacting Caitlyn McMillan at [caitlyn.mcmillan@county-lambton.on.ca](mailto:caitlyn.mcmillan@county-lambton.on.ca) 519-336-8127 x 3223



CULTURAL SERVICES DIVISION  
Judith & Norman Alix Art Gallery  
147 Lochiel Street  
Sarnia, ON N7T 0B4  
519.336.8127 | [jnaag.ca](http://jnaag.ca)

Canada

Supported by the Government of Canada's  
New Horizons for Seniors Program



Sponsored By SERV-A-YARD SINCE 1973

# Fear the Reaper

NEW FOR 2015!  
**OAKWOOD'S HAUNTED CASTLE**

**6 TERRIFYING ATTRACTIONS**

SAT., SEPT. **26**  
OPENING NIGHT

**Reapers Realm**  
Haunted Forest Ride  
Whatever You Fear Will Find You in Here!

[WWW.REAPERSREALM.CA](http://WWW.REAPERSREALM.CA)

Get Your Tickets Here



## CALLING ALL BOWLERS!



WE ARE LOOKING FOR BOWLERS FOR THE  
**SARNIA RESERVE FRIDAY NIGHT LEAGUE**

AT MARCIN BOWL IN POINT EDWARD

REGULAR LEAGUE BOWLING BEGINS FRIDAY, SEPTEMBER 11, 2015

BOWLING IS FROM 6:15 – 9:00 PM

IF YOU ARE INTERESTED IN BOWLING CONTACT ZEEBEE AT 519-332-1799

SACTION FEE IS \$25 / WEELY BOWLING \$20

The Jacobs family would like to express our appreciation to Chief and Council for all their assistance, with a special thank you to Chief Chris Plain for delivering the eulogy and sharing his kind words about our dear brother, Jake.

Miigwech to the bereavement committee, for the wonderful dinner; Jamie, Winterson and the rest of the Community Centre staff for all your assistance throughout Jakes services; Ron Y, Mike P, the drummers and fire keepers for taking care of the traditional aspects throughout the week, Ken & Shawn P for their donations; Brian and the Maintenance Crew; Duffy at Planet Stitch for his kind generosity for the personalized t-shirts; Adam from Smith Funeral Home for their understanding of our cultural ways; everyone who brought food and or drinks. We would also like to thank the Minister Brenda for sharing her nice words and the singers for sharing their beautiful voices through song.

Our sincerest apologies, if we have missed anyone; just know that we are forever grateful for all that have supported and continue to support us.

Lastly, a Chi-Miigwech to all of our families and friends that gave us loving comfort, support and prayers during this time of sorrow; it was all very much appreciated.



Chi-Miigwech,  
William, Audrey, Wanda, Annette (ZB) and our families



**Southwest Ontario  
Aboriginal Health  
Access Centre**

**TRADITIONAL HEALING  
PROGRAM  
OCTOBER 2015**

To schedule an appointment at either our London Site @ 519-672-4079 or Chippewa site @ 519-289-0352, speak with the Medical Administrators. Please note schedules are subject to change with short notice. Miigwech/Yaw<sup>ko</sup>/Thank you

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>BOOKING WITH JOANNE CHEECHOO:</b> Individuals with chronic illness, the elderly, and those supported by proper referral sources such as SOAHAC's Traditional Healers/Elders and Primary Care will be given priority for appointments.				1	2	3
Please be advised, that our visiting Healers/Elders have waitlists. We do have onsite Resident Healers/Elders, Joanne Jackson at the London Site and Liz Akiwenzie at the Chippewa Site. Miigwech/Yaw <sup>ko</sup> /Thank you						
4	5	6 Richard Assinewai London	7 Richard Assinewai Chippewa Sweat at 5 pm  Joanne Cheechoo London	8 Richard Assinewai Outreach-Moraviantown  Joanne Cheechoo London	9 Richard Assinewai Outreach-Windsor	10
11	12 <b>STAT</b> Thanksgiving Day	13 Joanne Cheechoo Chippewa	14 Joanne Cheechoo Chippewa	15	16	17
18	19 Elva Jamieson Chippewa	20 Elva Jamieson London  Joanne Cheechoo Chippewa	21 Esstin McLeod London	22 Esstin McLeod Chippewa	23	24
25	26 Bruce Elijah Chippewa	27 Bruce Elijah London	28	29	30	31

## THIRD ANNUAL CONFERENCE



Nov. 3 & 4, 2015

9 a.m.—5 p.m.

## CONFERENCE LOCATION:

Six Nations Polytechnic  
2160 Fourth Line, Onswéken, ON N0A 1M0

## CONFERENCE HOTEL:

The Bears Inn	Best Western
Onswéken, ON	Brantford, ON
519 445 4133	519 753 8851

## CONFERENCE COORDINATION:

 TAP Resources An Equal Opportunity Employer	www.tapresources.ca 519 445 1794 Tapresources@bellnet.ca
--	--

**REGISTER NOW**  
[WWW.SNPOLYTECHNIC.COM](http://WWW.SNPOLYTECHNIC.COM)

## FEATURING:

**REGISTER NOW**  
FOR THIS INTERACTIVE AND  
ENGAGING CONFERENCE!



**Key Note Address:**  
**Honourable Justice Murray Sinclair**

The Honourable Justice Murray Sinclair chaired the Truth and Reconciliation Commission of Canada which documented the experiences of residential school survivors and presented recommendations in its 2015 final report: "Honouring the Truth, Reconciling for the Future". Justice Murray Sinclair will share his personal insights into the next steps of reconciliation.



**Rick Hill, Sr. Project Coordinator, Deyohahá:ge:**

Rick Hill, a Hodinohso:ni historian, leads the Six Nations Polytechnic Indigenous Knowledge Centre, Deyohahá:ge. Rick will pose inspiring and thought-provoking questions for Indigenous family health and wellness, in this age of reconciliation.



**JP Gladu, President/CEO, Canadian Council for Aboriginal Business, Cultural Fluency in Progressive Aboriginal Relations**

With a passion for his community, his culture and traditions, Mr. Gladu brings the past, present and future to the table, moving corporate Canada, Educational Institutions and Aboriginal business toward sustainable partnerships and shared economic prosperity.

Begin each day with a thought provoking theatrical presentation setting the stage and focus for the day's collaborative discussions.

**JOIN THE DIALOGUE:** What roles do Indigenous Institutes and their partners have in reconciliation strategies that strengthen Indigenous Health & Wellness?

**PARTICIPATE IN AN EVENING COMMUNITY TOUR:** November 3/15 – sign up early as space is limited.

Enjoy a Celebratory Luncheon honouring Indigenous Knowledge Guardians and Community Scholars. Special Guest appearance by Berta.

## FOR MORE INFORMATION:

Valerie O'Brien Development Officer, tel: 519-445-0023 ext. 236  
email: Development.Officer@snpolytechnic.com



**REGISTRATION FORMS ARE AVAILABLE AT THE BAND OFFICE.**

Sarnia Justice Film Festival will be screening **Secret Trail Five: A film about the human impact of the "War on Terror"**. **Saturday, October 17 @7pm Samia Library Theatre**

Imagine spending years in prison without being charged with a crime or knowing exactly what you're accused of. The Secret Trial 5 is a sobering examination of the Canadian government's use of security certificates, a Kafkaesque tool that allows for indefinite detention without charges, based on evidence not revealed to the accused or their lawyers. Over the last decade, this rare and highly controversial device has been used to detain five men for nearly 30 years combined. To date, none has been charged with a crime or seen the evidence against them. Through the experience of the detainees and their families, the film raises poignant questions about the balance between security and liberty.

All films are screened free of charge at the Sarnia Library Theatre on Saturdays, beginning at 7pm.

For more information contact:  
Thea deGroot – 519-542-5009

**Suncor**  
**connections**

**Community Dinner and Meeting with Suncor**

The first phase of our plan to manage and remove contamination on South Vidal St. will begin soon. Please join us for a meal and update on how that work will be done.

invitation

Tuesday, October 27, 2015  
4:30pm – 7:00pm  
Dinner at 5:00pm  
Maawn Doosh Gumig

For childcare and rides, please call the Environment Department by Monday, October 26 at 4:00pm at: 519-336-8410

[suncor.com/connections](http://suncor.com/connections)



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**519.312.5477**  
[thegoldcube@gmail.com](mailto:thegoldcube@gmail.com)

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THIRD ANNUAL CONFERENCE



Nov. 3 & 4, 2015

9 a.m. – 5 p.m.

**CONFERENCE LOCATION:**

Six Nations Polytechnic  
2160 Fourth Line, Ohsweken, ON N0A 1M0

**CONFERENCE HOTEL:**

The Bears Inn	Best Western
Ohsweken, ON	Brantford, ON
519 445 4133	519 753 8651

**CONFERENCE COORDINATION:**



www.tapresources.ca  
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Tapresources@bellnet.ca

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**Key Note Address:**  
**Honourable Justice Murray Sinclair**

The Honourable Justice Murray Sinclair chaired the Truth and Reconciliation Commission of Canada which documented the experiences of residential school survivors and presented recommendations in its 2015 final report: "Honouring the Truth, Reconciling for the Future". Justice Murray Sinclair will share his personal insights into the next steps of reconciliation.



**Rick Hill, Sr. Project Coordinator, Deyohahá:ge:**

Rick Hill, a Hodinohso:ni historian, leads the Six Nations Polytechnic Indigenous Knowledge Centre, Deyohahá:ge. Rick will pose inspiring and thought-provoking questions for Indigenous family health and wellness, in this age of reconciliation.



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**REGISTRATIONS FORMS AVAILABLE IN LOBBY OF BAND OFFICE.**



**St. Clair United Church**  
**Aamjiwnaang First Nation**  
 978 Tashmoo Avenue, Sarnia, Ontario, N7T 7H5

**A MESSAGE FROM  
 YOUR PASTOR**

Sunday School is once again in full swing. Start time is 10 a.m. All children ages 3 and up are warmly welcomed.

Rev. Brenda Mac Main  
 Telephone 519.344.6119  
 Email: stclairunited@rogers.com

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- Tuesday - Friday, from 9:00 am - 4:00 pm
- Saturdays, from 9:00 am - 3:00 pm
- On Edge Academy of Hair is the only private hairdressing school, Registered and Approved with the Ministry of Colleges and Universities to deliver a diploma program in Sarnia.

Check out our Facebook page & website for more information or call the Academy at 519-383-8017.

**www.onedgeacademy.com**



# YARD SALE

1898 St. Clair Parkway  
(Sue Williams Place)

Fri., Oct. 9 & Sat., Oct. 10  
9 AM - 1 PM

Food, Water & Pop for sale.  
Free Coffee!



Costume Jewellery, Clothing, Shoes & Knick/Knacks



## CHIPPEWA TRIBE-UNE

The next issue is due out on  
**Friday, October 23 2015**

The deadline for  
submissions is  
Tuesday, October 20 at 4:00 pm

Please submit your documents in  
**Word, Excel, or Publisher** formats or info  
can be hand written; **jpeg** for pictures.

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Fax: 519-491-0912  
E-mail: [editor@aamjiwnaang.ca](mailto:editor@aamjiwnaang.ca)

[https://sites.google.com/site/  
chippewatribeune/home](https://sites.google.com/site/chippewatribeune/home)

Sandy Waring  
Editor



## ATTENTION

Sting and Legionnaire Flex  
Tickets will be available  
at the Band Office.

Limit of 4 Per Household.

If you have stories that you would  
like to share, please  
submit them to the Editor at :

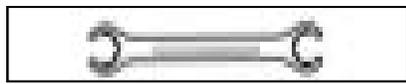
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