



March 16, 2020

**AAMJIWNAANG  
FIRST NATION  
Band Council**

978 TASHMOO AVENUE  
SARNIA, ONTARIO  
N7T 7H5  
Phone: 519-336-8410  
Fax: 519-336-0382

## **NOTICE**

### **Attention Aamjiwnaang Band Members :**

**UPDATE:** As a precautionary measure amid the recent developments, **ALL Aamjiwnaang First Nations buildings will be closed starting Tuesday, March 17, 2020 until April 6, 2020.**

All community programming and events will be cancelled until further notice as well. We are advising against any large gatherings.

We also encourage all members who require prescriptions and medications such as EpiPen, inhaler, etc. to get enough to last a few weeks to practice good social distancing and prevent going into public as much as possible.

The Coronavirus situation continues to evolve globally, and no one is certain what course this virus will take. Our primary concern is the health and welfare of the community, so we will continue to evaluate the situation and make decisions that are in the best interest of Aamjiwnaang. We encourage you to review information available to make decisions for yourself and your family.

During this time we also encourage you to check in on loved ones and community members, whether it's a phone call, text, or facetime. It is important to keep in touch and be there for one another during times like this.

**As always, we advise everyone to follow best practices in terms of preventative actions (i.e. wash hands frequently, use hand sanitizer, cover your mouth/nose with tissue if you are coughing/sneezing, and if tissue is unavailable, cough/sneeze into your sleeve/elbow).**

As this situation develops, we will continue to meet regularly and provide updates when necessary. During this time we encourage you to read and stay educated through information posted by the World Health Organization and Health Canada.

If you do develop symptoms, contact your primary care provider for screening and further instruction. You can also go to <https://www.ontario.ca/page/2019-novel-coronavirus> to take a self assesment and learn how to protect yourself, what to do if you're sick after you travel and how to recognize possible symptoms.

Miigwetch,

Chief, Council, and Staff of Aamjiwnaang



**AAMJIWNAANG**  
**FIRST NATION**  
**Band Council**

978 TASHMOO AVENUE  
SARNIA, ONTARIO  
N7T 7H5  
Phone: 519-336-8410  
Fax: 519-336-0382

**ESSENTIAL SERVICES DURING BAND CLOSURE**

The following services will be provided by Administration and Senior Staff to help support community members during this health crisis. Please limit contact to regular business hours. Remember to check in on your loved ones and other members who may be isolated or in need. Cell Numbers are listed below.

- Chief Chris Plain (519) 464-8410
- Band Manager-June Simon (519) 328-6720
- Communication Officer-Patrick Nahmabin (519) 330-2950
- Finance Coordinator- Rosa John (519) 350-0687
- Public Works Coordinator-Brian Bois (519) 330-7375
- Ontario Works Administrator-Lana Forestell (226) 349-4360
- Ontario Works Case Worker -Candida Sinopole (226) 349-4362
- Social Services/Prevention Workers
  - Tanya Aviles (519) 330-2061
  - Vicki Jacobs (519) 328-2229
  - Patty Gilbert (519) 330-3554
- Housing Coordinator-Tracy Williams (519) 490-5996
- Emergency Planner-Wilson Plain Jr. (519) 330-8749
- Education Coordinator -Vicki Ware (519) 330-3384



## ESSENTIAL SERVICES DURING BAND CLOSURE

The following services will be provided by Health Centre staff and partners to help support community members during this health crisis. Please limit contact to regular business hours. Remember to check in on your loved ones and other members who may be isolated or in need.

### **Dago Maajiigoog Binoonjiinyag** – assistance with breastfeeding, advice for parents

Supervisor Malynda Maness-Henry (519) 330-7020  
Nurse Joanne Culley (519) 330-6243

### **Jordan's Principle** – assistance with existing or urgent Jordan's Principle applications

Supervisor Rachael Simon (519) 918-1204

### **Wheelchair Accessible Van** - scheduling

Clerk Kim Waters (226) 349-5859

### **Home and Community Care** – hospital discharge

Administrator Marcella Kudaka (519) 384-4473  
Nurse Elizabeth Cronk (226) 349-4222

### **Senior's Outreach age 65+** – urgent grocery/medication pick up for those with no other means

Senior's Worker Becky Adams (519) 331-5717

Staff will be making weekly phone call check-ins for seniors age 65+ on-reserve.

**Medical Supplies** – limited masks/sanitizer kits available for patients diagnosed with Covid-19 to help prevent spread to others in their household

Nurse Gail Nahmabin (519) 330-7184

### **Nurse Practitioner**

Call Twin Bridges for an appointment/screening (226) 776-9030

**Food Bank** – alternate arrangements are underway

**Mental Wellness** – please call or text for support services

Supervisor Tracey George (226) 349-5712 (call or text)  
Addictions Outreach Team (519) 333-8787 (call or text)  
New supplies will be handed out by appointment only.

Alphonse Aquash – court, addictions (519) 490-5956 (call or text)  
Max Cryderman – secondary students (519) 330-1140 (call or text)  
Gabby Macdonald – elementary students (519) 330-1140 (call or text)

**Mental Health Providers:**

Tina Hunter – trauma, grief	(519) 491-7717 (call only)
Jenny Jolly – trauma, grief	(519) 491-7717 (call only)
Christy Primmer	(519) 384-5715 (call or text)
Jessica Joseph – CMHA	(519) 330-3253 (call or text)

**24 Hour Crisis Services:**

First Nations Hope for Wellness	1-855-242-3310 (call)
Talk for Healing	1-855-554-4325 (call or text)
Kids Help Phone	1-800-668-6868
Text CONNECT to 686868	
Yellow Ribbon Ask4Help	1-800-273-8255
Text 741741	
Sarnia Distress Line	519-336-3000
Mental Health Crisis Service	519-336-3445

**MEDICAL TRANSPORTATION** – drivers will be available for essential trips only: dialysis, cancer treatment, methadone, urgent medical

**Medical Drivers**

Terry Plain (Monis)	C: 519-402-5535
Sheila Firth	C: 519-383-1073
Christine Plain	C: 519-466-0054
Fenton Plain (Wimpy)	H: 519-491-5248
	C: 519-466-8717
Muriel (Toddy) Joseph	H: 519-336-6323
	C: 519-312-2403
Ron Simon	H: 519-332-4433
Marion Waters	C: 519-312-5283
Stephanie Rogers	C: 226-349-2858

**Wheelchair Accessible Van Driver**

Brenda Maness	519-490-8444
---------------	--------------

If you have a cough, fever please do not call our drivers as they are not equipped to prevent the spread of coronavirus. You may get approval for a taxi as below.

**Special Trips** – prior approvals for urgent trips beyond the London to Windsor area and taxi trips

Admin Assistant Peggy Rogers	(519) 312-3852
------------------------------	----------------

Cheques for private mileage will continue to be processed every other week. Please submit your forms in the Health Centre drop-box beside the front entrance on Mondays. Extra forms will be available for pick up at the Petro Canada gas station. Cheques will be mailed.